





# Sky is RCAF memorial theme

TRENTON, Ont. (CFP) — Here is how architect Victor Prus of Montreal describes his winning design for the \$3 million RCAF memorial to be built here by contributions from the public.

"A mound, rising gently from the surrounding land, culminates, at its summit, in a complex of glass skylight with a laser beam passing vertically through its centre. "Edges of the mound and rims of the approach valley silhouette as clear horizons against the sky.

"This EMPHASIS ON THE SKY is maintained throughout the inner spaces of the mound by the frequent use of skylights and clerestory lights.

"Thus the basic concept is that of an earthbound form acting as a foil to enhance and dramatize the sky, the air and the space: the essentials of flight . . . ."

He should know. The quiet, bearded man was a wartime RAF Mosquito pilot, now an award-winning contemporary architect in Canada. His wife Maria, also an architect, is with him in Victor Prus, Architects and Urbanists, Montre-

al. They designed the autostad for EXPO, the centre for performing arts in Quebec City and the Rockland shopping centre in Montreal, designs giving them nationwide recognition.

The Victor Prus concept of an RCAF memorial was one of 99 entries by architects in a two-stage competition. The PM's brother, Charles Elliott Trudeau, was one of the judges.

### UPSWEEEPING

Mr. Prus stressed during the CFP interview that his idea of the building complex was to make the eye of the beholder sweep skywards, not to introduce any suggestion of flight in the huge complex itself. Some 40,000 square feet of working space are involved.

"All spaces are constructed of exposed poured-in-place concrete either textured by sand-blasting or bush-hammering or rendered, in relief, by insertion, in the formwork, of sculpted poly-tyrene panels. Coffered and flat concrete slabs rest on concrete walls and service shafts. The shafts supply air and light and may serve to house illuminated display panels or automatic film loops",

his description continues.

### FREE FLOW

Inside the mound is a large area for community activities, two small chapels, offices and service areas with a "free flow" of space from one area to another without barriers, gates and unduly rigid definition." Part of the east slope will be used as seating for an auditorium.

The memorial for which contributions are being asked of airmen and air-minded Canadians will commemorate military aviators of Canada through the years and in future.

### VIABLE

When they began devising the ambitious project two years ago, airmen envisaged the memorial as a hub of activity as well as a place of remembrance.

The RCAF Association and the Air Cadet League of Canada are in the forefront of organizations allied with present efforts to make the memorial a reality. Its completion is due late in 1971 or early in 1972.

In the meantime contributions are being welcomed by the treasurer, RCAF Memorial Fund, P.O. Box 310 Astra, Trenton, Ont.



RCAF Memorial — Tight security wraps weren't taken off the Victor Prus design of the RCAF Memorial at Trenton until unveiling by Defence Minister Leo Cadieux at special Battle of Britain ceremonies there Sept. 28. (CFP)

## Peace Keeper keeps peace

NATO exercise Peace Keeper has ended after seven days of simulated naval wartime operations in the Northern Atlantic. The NATO exercise involved over 40 ships and 200 land and carrier-based aircraft from Canada, the United States, the Netherlands, West Germany

and the United Kingdom. The regularly scheduled NATO training exercise was designed to test the readiness and effectiveness of the NATO Striking Fleet Atlantic in providing naval support to alliance nations.

NATO commander Striking Fleet Atlantic, Vice Admiral Benedict J. Semmes, Jr., USN, supervised the exercise from his flagship, the heavy cruiser USS Newport. Rear Admiral Michael F. Fell, RN, was the tactical commander of the NATO task force.

Major combatant ships participating in Peace Keeper included the Canadian anti-submarine warfare carrier HMCS Bonaventure, the United Kingdom attack carrier HMS Eagle, the United States attack carrier USS Independence and anti-submarine warfare carrier USS Yorktown.

Throughout the exercise both the U.S. and United Kingdom attack carriers launched simulated air strikes and reconnaissance missions against "enemy" targets in western Europe in support of Allied Forces Central and Northern Europe.

NATO's Standing Naval Force Atlantic, the permanent multinational squadron made up of frigates and destroyers from The Netherlands, Germany and the United States was a keystone of exercise Peace Keeper, since its ships contributed to the allied task forces' anti-air and anti-submarine defences to ensure the safety of the NATO forces.



Models Uniform — Lt. L. N. Lafleur from the operating room of the National Defence Medical Centre in Ottawa models nursing sister uniforms to be worn by all nursing sisters in the forces. Sister Lafleur joined the RCAF in January, 1967. (CFP)

## Sea Reserve on the go

WITH CANADIAN FORCE AT SEA (CFP) — More than 100 members of the Canadian forces sea reserve participated in the recent NATO exercise Peace Keeper off the southwest coast of Great Britain.

The reservists, from all parts of Canada, are serving in various ships throughout the fleet, undergoing valuable training and reinforcing the regular force crews.

They volunteered for fulltime duty with the fleet for the duration of the training cruise which began Sept. 10 from Halifax and will end there Nov. 15.

Besides exercise Peace Keeper, the cruise includes visits to Rotterdam, Holland; Goteborg, Sweden, and Portsmouth, England.

## Belgians honour Canadian Soldiers

SOEST, West Germany (CFP) — The memory of Canadian soldiers who fought and died in Belgium during the second world war was honoured earlier this month by citizens of the towns of Ostende, Antwerp and Adegem in ceremonies that marked the 25th anniversary of the liberation of their country.

The first of the ceremonies was held Sept. 6 at the English Channel port of Ostende, a town liberated by Canadian troops in September, 1944. Here ceremonies took place in the city's cathedral and later at the war cenotaph.

Guest of honour at both ceremonies was Canadian ambassador to Switzerland J. R. Roberts. As a lieutenant-colonel

commanding the 12th Manchestrian Dragoons he had led his regiment in the fighting that finally liberated the heavily damaged city.

In another ceremony held today at the Canadian military cemetery in Adegem near the city of Brugge, Canadian military and soldiers joined with local citizens in commemorative services.

The Adegem services were attended by Secretary of Gerard Pelletier, Canadian ambassador to Belgium, Tremblay, Under-Secretary State Jules Leger, and G. H. Sellar, commander base Soest and Mrs. Sellar.

Taking part in the ceremony at the church and at the cemetery was a 40-man guard of honour from the Royal Canadian Horse Artillery regiment, Canada's NATO brigade, 60-man national band of Canadian forces and a detachment from the Belgian navy accompanied by the Belgian naval band.

As the last notes of O Canada concluded the service, a Canadian forces Dakota flew low over the cemetery dropping 20,000 poppies on the graves.

## New savings bonds are best to date

The 1969/70 Canada Savings Bonds are the most attractive series to date, offering purchasers an average annual yield of 8 percent to maturity 1 Nov 1978. Regular annual coupons pay interest at the rate of 7 percent for the first year, 8 percent for the second and third years and 8.25 percent for each of the remaining six years. With compound interest certificates, bonds double in value in just nine years.

Bonds are available in denominations of \$50, \$100, \$500, \$1,000, \$5,000 and \$25,000 and can be easily purchased for cash or on instalments. They are backed by all the resources of Canada and can be redeemed anytime at their full face value plus earned interest. You can buy a \$100 bond for only 29 cents a day.

holders of previous series bonds are urged to take advantage of the high interest rate by converting holdings to new series bonds.



Cadet WO1 Rausch and Major W. Sadonick, CO, presented Major A. H. Morrison of the 170 City of St. James (Kiwanis) Air Cadet Squadron with a scroll on the occasion of his retirement. Major Morrison has been connected with the service for 25 years, the last ten as CO of 170 sqn.

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Major General D. C. Laubman, 47, of Edmonton, has been named commander designate of Canadian Forces Europe. Gen. Laubman, who has served as commander 1 Air Division since July 1, 1969, will assume his new appointment when Headquarters Canadian Forces Europe is formed next year.

## Like life on

BOARD HMCS BONAVENTURE (CFP) — Able Seaman Foster isn't just following in his father's wake — he's

commanding the 12th Manchestrian Dragoons he had led his regiment in the fighting that finally liberated the heavily damaged city.

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New Flight Signature for Ca

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# Memorial theme

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# Van Doos nearing Cyprus tour end

**NICOSIA, Cyprus (CFP)** — Professionalism is the key to "a job well done" by soldiers of the 2nd battalion, Royal 22nd Regiment of Quebec City. Since last March they have been employed in peace-keeping duties with the United Nations Force in Cyprus.

The Van Doos, commanded by Lieutenant-Colonel C. H. Belzile, in October will be replaced in Cyprus by Black Watch soldiers from Gaagetown, N.B.

Col. Belzile has praised his soldiers, particularly his young officers and senior corporals, for using a tremendous amount of initiative in devising ways and means of effectively handling problems which have arisen between the military forces of Greek and Turkish Cypriots in the island's Kyrenia District. "Our people have been able to solve most nasty situations right on the spot", Colonel Belzile stated, "through the development of a high degree of respect and trust by soldiers on both sides. This is what makes them so effective".

**INTERVENE**  
The French-speaking Canadians man nine observation posts

on the plains and high in the Kyrenia mountains. They are each staffed by five or six soldiers, commanded by a master corporal, and in some places separate opposing Cypriot military positions which are only 250 metres apart. Although there have been no serious shooting incidents in the Canadians' district of responsibility, there is no doubt that they could happen anytime.

"Whenever the opposing sides insult each other, commence strengthening their positions or attempt to construct new ones, it's usually a corporal who makes the first contact with the erring party."

**MEDIATE**  
"Suspicion and mistrust between the Greek and Turkish Cypriot soldiers dictate the intercession of a level-headed mediator. That's where our corporal must act swiftly, and there is absolutely no room for a mistake. He is the man on-the-spot who, at that precise moment, is the only person who can prevent the two sides from jumping at each other".

A strong bond of understanding exists between the corporals and their platoon commanders. Negotiation of disputes by the young officers are held at a higher level, usually involving officers of the Cypriot forces.

**SOLUTIONS**  
"We place a lot of faith in these young men", Col. Belzile stated, "although a little shaky at the beginning of their tour, experiences quickly guide them to a sophisticated approach to negotiations which have, without exception, resulted in amicable solutions".

Garrison life in Canada trains men to become soldiers who someday might be called upon to defend our soil. Keeping the peace in a troubled area outside of Canada follows a completely different set of rules.

"The Cyprus tour has made men out of my soldiers", Col. Belzile concluded, "and it has brought home the realization there are many other ways of settling a dispute than by using absolute force".



Cpl. W. H. Williams receives a Certificate of Award and a cheque for \$40.00 from COL W. A. Hockney for a suggestion concerning a modification to D6 and D8 towing tractor hitches for Dakota Aircraft.

# Island of love

**NICOSIA, Cyprus (CFP)** — Peacekeeping on the Island of Love can be exasperating, frustrating and lonely, except...

Wives of a fair number of Canadian servicemen have been able to get away from home to visit hubby on the island of romance during his United Nations leave period. A surprising number of them manage the long trip from Canada, thanks mainly to service airlift.

The better half usually chooses to arrive towards the end of her husband's tour of duty in the UN force in Cyprus. Nearly all the wives who take the big trip on the weekly Yukon

have been able to stay for at least a week.

Arriving by service flight they usually take a quick look at Camp Maple Leaf and then embark on a "second honeymoon" in Kyrenia and Famagusta, seeking swimming and a Cyprus tan to take back home. Touring historical sites, old churches and rugged ruins of civilizations past is also a favorite.

Quite often hubby splurges for a rented car putting the picturesque Troodos mountains and the southern coastal town of Limassol within easy reach.

One wife recently commented her trip was a "dream come true". She had never journeyed out of Canada before and the experience was one she will remember for a long, long time.

# Begin arctic training

**EDMONTON (CFP)** — Four hundred members of the Canadian forces will train in the Arctic in October.

They will operate in the Inuvik area of the Northwest Territories during an exercise conducted by the Canadian airborne regiment to make them familiar with operating in a remote area of the north during the fall season.

The regiment, which will include some of no. 1 commando from Valcartier, Que., will be supported by troops from 1st Canadian signals regiment, Kingston, Ont.; two Buffalo aircraft and two Voyageur transport helicopters from Edmonton and no. 7 tactical air control centre from Calgary.

The main part of the force will leave Edmonton Oct. 13 by Hercules aircraft of Edmonton's 435 Squadron and Ottawa's 436 Squadron. After completing six days of exercises in the Inuvik area they will return to their home bases Oct. 19.

The troops will do their training in the tree line close to Inuvik as well as on the open tundra around Tuktoyaktuk, about 75 miles northeast of Inuvik. If conditions are favourable there, 90 men will be parachuted from the Buffalo aircraft.

# Bird lovers big on larks

**OTTAWA (CFP)** — Bird lovers get that way for various reasons.

Take the world scientific community. It favors larks, it seems. Alouettes I and II are the birds, defence research board the outfit that designed, built and had 'em launched in 1962 and '65 to probe the ionosphere. Now the new federal department of communications looks after them.

This summer Canada decided to allow more countries to siphon information direct from the satellites. Britain, the USA, France, Norway, Japan and Australia already do.

Canada makes the data available to scientists anywhere but many countries want to save time and collect it from the birds themselves. The old method takes months.

Hot on the heels of the announcement that we'll allow any country to tune in, four nations of Asia and Africa said they wanted "in".

# Soldiers honour

commanding the 12th Manitoba Dragoons he had led his regiment in the fighting that finally liberated the heavily damaged city.

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# Like life on Briny

**BOARD HMCS BONAVENTURE (CFP)** — Able Seaman Foster isn't just following in his father's wake — he's living with him.

Foster, 22, of Dartmouth, and his dad, Petty Officer F. B. (Bud) Foster, 48, of Halifax, set sail together in HMCS Bonaventure for anti-submarine exercises with other ships of maritime command on the North Atlantic.

Both Fosters are employed in aircraft carrier's department — father as a clothing salesman and son as a pay clerk. They enjoy going to sea and had requested duty together in the Bonnie.

The older Foster joined the NVR during the second world war and served from

1941 to 1945. His introduction to the sea was aboard a frigate escorting merchant ship convoys between Canada and Britain. He left the navy for a period after the war but found he couldn't swallow the anchor. "I get sea fever if I'm ashore too long", he explained. So he re-enlisted in 1954.

His son joined the navy in 1965 after serving in the air cadets and then the militia. "I opted for the navy," he said, "and I haven't regretted it. I intend to make a career of it". Peter is due for promotion shortly to leading seaman.

PO Foster has three other children, Tom, a surveyor; Michael, recent Dalhousie University graduate, daughter Beverly and three grandchildren.

# USAF starts from scratch

**WASHINGTON (CFP)** — The USAF tactical air command in mid-October will deploy 1,700 men to a bare base in South Carolina, then watch'em get operational, pronto.

North Field has no military facilities other than a runway, a parking area for aircraft and a source of fresh water.

The USAF will "demonstrate air-transportable expandable maintenance and hangar facilities, independent power and water distribution systems, and other newly developed mobility equipment that will convert North Field from a landing strip to a functional operating base." It will load up weapons of a Phantom fighter squadron for simulated operations.

Apparently there are something like 1,400 "bare bases" in the free world and the USAF practises how to set up shop in a hurry as part of its "mobility modernization program" which began in 1966.

A musical director with roots in four countries has taken command of the 60-piece Canadian Armed Forces Training Command Band.

He is Captain A. C. (Con) Furey, (left), who takes the Winnipeg post after four years as assistant director of the NORAD Cavalcade of Music, Colorado Springs, Colo.

Capt. Furey takes over the band from Capt. Alexander Lee, 45 who assumes new duties at Canadian Forces Headquarters, Ottawa, after eight years service in Winnipeg.

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Major W. Sadonick, CO, PR of the 170 City of St. James with a scroll on the occasion Major Morrison has been 25 years, the last ten as C





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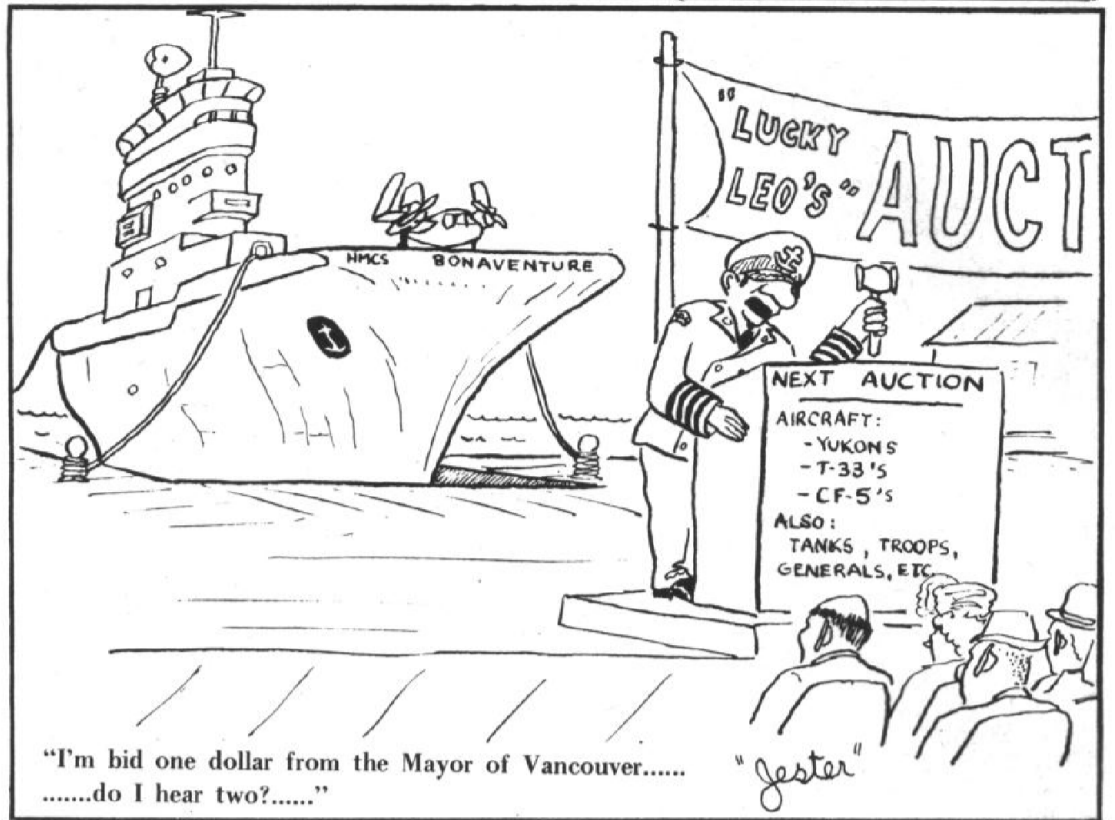
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ADVERTISING RATES: 12¢ per agate line; \$1.70 per column inch. VOXAIR is distributed to every C.A.F. Mess, Lounge, Reading Room and Library in the world. SUBSCRIPTIONS: are \$2.40 (1 year); \$6.50 (3 years), postpaid anywhere.

**NEXT ISSUE DEADLINE OCT. 15**



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(The Plainsman)

**General Charles Foulkes**

**DISTINGUISHED SERVICE**

Twenty-five years ago he took the surrender of German forces in Holland. Before then there had been hard battles in Italy and the invasion of France. In fact, his victory at Walcheren late in 1944 was singled out by the late General Eisenhower as Canada's greatest contribution to the allied victory.

There were conference table battles after the second world war while General Charles Foulkes was serving as chief of the general staff. At 42 he was the youngest ever given the highest post in the Canadian Army. This was a difficult period — demobilization of a big army and restructuring to a postwar organization.

In 1951 he became the first chairman of the chiefs of staff committee. Only 48 years old, he coordinated interservice operational and strategic matters as the cold war made large demands on military forces of the west. He held important NATO responsibilities, therefore, at the same time.

In 1959 he resumed, more officially, his close association with The Royal Canadian Regiment, serving for the next 6 years as its honorary colonel. As a Londoner he had been commissioned in The RCR in 1926.

His country had honoured his wartime services with the CB, CBE, DSO and four mentions in despatches. Six other

nations awarded him high decorations.

His military career finally ended in 1960.

The academic world became another career for this distinguished Canadian soldier. He held a doctorate of laws from the University of Western Ontario and doctorate of science from the Royal Military College of Canada.

In 1967 he became visiting fellow at Carleton University's school of international affairs.

In 1968 when the defence department arranged that several universities establish chairs of military study, he became Carleton's professor of strategic studies, co-chairing with Alistair Buchan who was on leave for the year from directing the international Institute of Strategic Studies in England.

Last year's major project for his students was to draw up a White Paper on defence — a challenging task at a time when major reorganization of Canada's forces was in full cry.

General Foulkes entered the National Defence Medical Centre in Ottawa late last month, with heart trouble. He died on the morning of Sept. 12, aged 66 and was buried in Ottawa Sept. 18.

Canada has lost one of its most distinguished men, one who gave brilliance to the profession of arms throughout his life. (CFP editorial)

**Our new chief**

Name in full: Frederick Ralph Sharp. Born: Dec. 28, 1915. Married: 1940. Five children. Wartime bomber pilot and squadron commander — Post-war organization expert. No. 2 man in NORAD.

**Au revoir**

Our retiring chief recently told us all he's "convinced the Canadian servicemen and women are the finest in the world".

Now any soldier, sailor or airman worth his salt knows when he is good. But how good? A man with 33 years in the regulars, whose chest has fruit salad from hard fighting in the second world war and Korea should know. And he even commanded a division of British regulars in the NATO shield. What more do you need?

The strapping and colourful Quebecker had a reminder for us if you read hard enough between the lines of his farewell: Keep our professionalism by us in difficult times.

He was our first French-Canadian leader. Let the historians sort out what he accomplished. Just remember there's a mountain named after him near base Valcartier.

You might say a mountain is silent, big and strong. When frosts nip its foliage it is colourful. In difficult times, let's make darn sure to hang on to the qualities of the man, and the mountain.

Au revoir, mon general.

But you can't cram everything into a press release.

For example, he's a great supporter of service newspapers. His 1967 memo got the annual editors' conferences going. He thoroughly briefed the editors at the first one. They had plenty of queries from the field for him. Only once did he hesitate but he went on with: "The hell with it, I'll tell you anyway!" And he did.

But he didn't rely too much on other people to get the word out to the field or to find out what was going on away from CFHQ. He went himself. It was usually Sharp at the sharp end, again.

He talked to the troops, to the brass, to the public, in localities of the Far East the Near East, England, Europe and in all regions of Canada.

His diary while VCDS recorded dozens of "visit facilities" trips. But it was a people-to-people situation every time. He was at it again just before



Gen. F. R. Sharp

becoming our new chief — visiting DEW Line sites and getting a feel for things up north the way they are now.

The Ottawa Journal noted in an editorial that his birth place — Moosomin, Sask. — had another famous son in the late Gen. A. G. L. McNaughton and remarked: "Being raised in the prairie atmosphere where man has to bow to the discipline and the contrariness of nature may help Gen. Sharp as he assumes a job that is bound to be stormy and often thankless".

**grains of sand...**

We noted with mild interest the other day that the People Of Canada have recently presented, in an act of international amity, fifty sugar maple saplings to Waseda University in Japan.

The idea is that the saplings will form part of a "sylvan retreat for students to be called *Shii-No-Mori* (Philosophers' Woods)" Further, to quote a university official, the Woods "will provide students with a place where they can study free from the distractions of the city . . . and let the village inhabitants benefit from cultural contacts with the students."

Being fanatical adherents to the cause of international fraternity, we place our benediction upon this worthy act, and lighting a post-prandial cigar, reflect with satisfaction upon Man's nobler aspects.

However, our thoughts are gently disturbed by the phrase "let the village inhabitants benefit from cultural contacts with the students." Assuming that Japanese students are cut from the same cloth as our North American species, with some apprehension we conjure forth a vision of the "benefits" afforded the culture-seeking villagers . . . .

Villager: "Mama-san! Make haste to lay out best kimono and sandals. For extra special treat tonight I taking you to woods called *Shii-No-Mori* to enjoy cultural contacts with students!"

Wife: "Kobayashi, you remembered! Today our wedding anniversary! You too good."

(And so, dressed to the nines in the hopes that their simple peasant folkways might go unnoticed, our villagers arrive at the Woods.)

Villager: "Lo, we are here. Remember, mama-san, if honorable student draws near, hiss politely and assume most humble bearing in his presence."

Wife: "Oh, I so thrilled! But what if student should speak to I?"  
 Villager: "Never hopen. But if so, tremble deferentially and kiss hem of student's robe in reverence. But see! There are students now! Oh Joy! Oh Cultural Blessings!"

Wife: "But husband . . . why do students hang Old Man upside down from maple tree and pour gasoline on him?"

Villager: "Stupid woman! Have you no perception? They prepare to immolate Dean of Studies as outward symbol of inner yearning for academic freedom."

Wife: "Ah, so. Very cultural. But look there . . . students smashing abacus boards and chopping down sugar maple saplings!"

Villager: "Woman, you commence to exasperate me. Do you fail to recognize a manifestation of deliverance from materialistic bondage and unfettering of the spirit when it confronts you!"

Wife: "I sorry, Kobi. But why are students now removing clothes and shrieking obscene slogans?"

Villager: "This is too much! You humiliate me for last time! Ignorant wife unable to appreciate cultural demonstration of demand for impeachment of Board of Governors, abolition of examinations and classes and ultimate establishment of Free Love society."

Wife: "Be patient, husband . . . I just simple housewife. I try very hard to benefit from cultural contacts in future. I promise."

Villager: "You do that. But let us depart from Woods now. Since is our wedding anniversary I take you out now for Chinese food."

**Commander's compass**

In spite of all the benefits derived from fire, the mere word "FIRE!" is one of the most dreaded expressions in every language for fire is as dangerous as it is useful. It seems, however, that the imagination is not really moved until fire results in a disaster.

The Oxford dictionary defines a disaster as a "sudden or great misfortune or calamity; ill luck." How impersonal this definition is until it strikes one of us. In the case of fire, it may be the loss of a loved one, or perhaps someone close to you who is permanently maimed, disfigured, or seriously injured. It could also bring about a material set-back, since every fire involves a permanent and absolute loss of capital. Perhaps there is a measure of ill luck in a disaster, but this seems to imply a contribution by the individual experiencing the disaster. Are we trusting to luck? Can we reduce the likelihood of a disaster?

Disaster may be caused by disorder, where you have encouraged those conditions, which are likely to produce



fires. Once again, the Oxford dictionary defines disorder as "a lack of order, confusion". Can the term disorder be applied to you and your house-keeping practices in the home or particularly the garage? What about your basement? Is

it a storehouse for rubbish or perhaps a confusion of those "odds and ends" we all tend to accumulate? Are you careless in your smoking habits or in the storage of flammable liquids? Do you and your family know what to do in an emergency? Have you assigned responsibilities, planned home evacuation procedures, or actually carried out evacuation drills? Have you taken all possible action to eliminate confusion during an emergency at home? Don't depend upon luck; and don't be disorganized and confused. Plan and prepare in advance to implement good fire prevention practices, and don't let disaster enter your home.

The week of Oct. 5 to 11 has been set aside for the observance of Fire Prevention. Like many of the tragedies in life, fire, or at least its worst effects, can be avoided if we only think about it before hand and act wisely. Remember — disorder invites disaster.



# The Roving I

Professors don't know everything, but each one is supposed to know something rather well. As two of these were talking together recently, a man in biology asked one in history whether he could predict when the nuclear holocaust will occur. My ears perked up. There is no controversy about whether (Yes Nancy, what is it? OK, run along now. I'm busy.)

many of us will be burned up within our lifetime, or about whether most survivors will be tortured by external burns and be eaten out by internal disorders within a few years after that. Neither is there any question that lack of uncontaminated food and water and safe shelter, as well as the search for lost members of our families amidst unburied piles of diseased dead will force survivors into sheer savagery against each other. That doesn't interest me. But when?

(Can't you see I'm writing, George? Later, later!)  
I am interested in when I'll die. The construction of a new Sentinel base less than a hundred miles south of me — for my protection, I suppose — has initiated a splendid ABM defense system. The encounter of the aggressive nuclear war-head and the defensive nuclear war-head will hopefully occur to the north of the US. Well, at least the view will

(George, now dammit don't come in here when I'm working!)  
be good right here in Winnipeg. So, the historian said that, if things stay as they are right now, the probability of full-scale nuclear war increases about 2 percent each year. It doesn't require a sliderule to calculate that by 1990 the chances are one in three and that in three decades from now

(For gawd's sake, Nancy, get out of here! I don't have time for you now, and the next one who comes in here'll be spanked, do you understand?)  
Now, where in hell was I?

## UNISKINS by mac



# On perfecting the fine art of sweeping the hangar floor

By G. Johnson

Cleanliness, they say, is next to godliness, and there are therefore, numerous Senior NCO's in the Service today who are godlier than the average technician. A wide expanse of gleaming hangar floor will turn a W.O. on, and this short precis has been prepared to assist junior personnel in the finer art of sweeping.

Brooms, of course, are a requisite, the wider the sweeping head, the better to become unwieldy and catch on locker bottoms and aircraft wheels. If applied properly, with correct directional pressure, one can cause the broom-handle to break with a satisfying "Snap". If done often enough, Supply cannot meet demand, and everyone can forget about the whole nasty mess for a few weeks.

Dustbane, or a similar product should be used, if only to provide a starting point on an already clean floor. One need not become alarmed if Dustbane is unobtainable, as sufficient quantities of it can be found in cracks, drains, and in an emergency, the cache secreted under the drip-trays and ground-ing points.

Oil spots can be spread around with an oilier mop, sprinkled with the dry "Kitty-Litter" type of sweeping compound, and forgotten. The broom will not move it now anyway.

Assuming that the necessary supplies and equipment are on hand, the more difficult task of assembling personnel for the job arises. If it is planned to employ Allied Trades, the surprise attack must be resorted to. Only an older and more experienced W.O. can do this, as it is common knowledge that Allied Trades are taught in Basic Training how to develop their built-in "Hangar-Floor Sweeping Radar-Sensor Warning Device". No professional stage magician has the ability to cause human beings to disappear so effectively and permanently. The use of Army personnel working in an Air environment should be discouraged because of their natural tendency to traverse the floor in a clock-wise direction, against the traffic flow, creating unnecessary hazard and confusion.

Having now presumably overcome all the obstacles in assembling both men and equipment, sweeping can begin. Someone has already spread the Dustbane, on aerostands, crates, jacks, rafters, aircraft, and sometimes, on the floor. Hold the broom at a forty-five degree angle, and bounce it up and down lightly as you walk slowly (repeat, slowly) around the floor. The forty-five degree angle will prevent refuse from collecting in front of your broom, and just in case it does, the bouncing motion will dislodge it, leaving it for the man behind you, who is normally a few feet to one side of you, reading "Playboy", and will miss it anyway. Eventually, someone will open the doors and everything will blow away.

Try to avoid filling the storm drains. When they overflow in a heavy rain, it creates unnecessary work for everyone. Also, if they are full, there is no place for emergency refuse disposal at some later date.

Many hazards are encountered while sweeping, some dangerous, some merely annoying. Expeditor wings are lower than Dak wings — do not try to walk under them.

Try at all times to maintain a minimum distance of four feet between sweepers, and allow the lead man to set the pace. If he is moving too quickly, let him make one complete circuit alone. Now he is safely at the rear.

Boots and coveralls sitting beside their owners' lockers can cause one to trip, and so should be swept away. Pieces of lockwire should be left where they lie, possibly saving your-

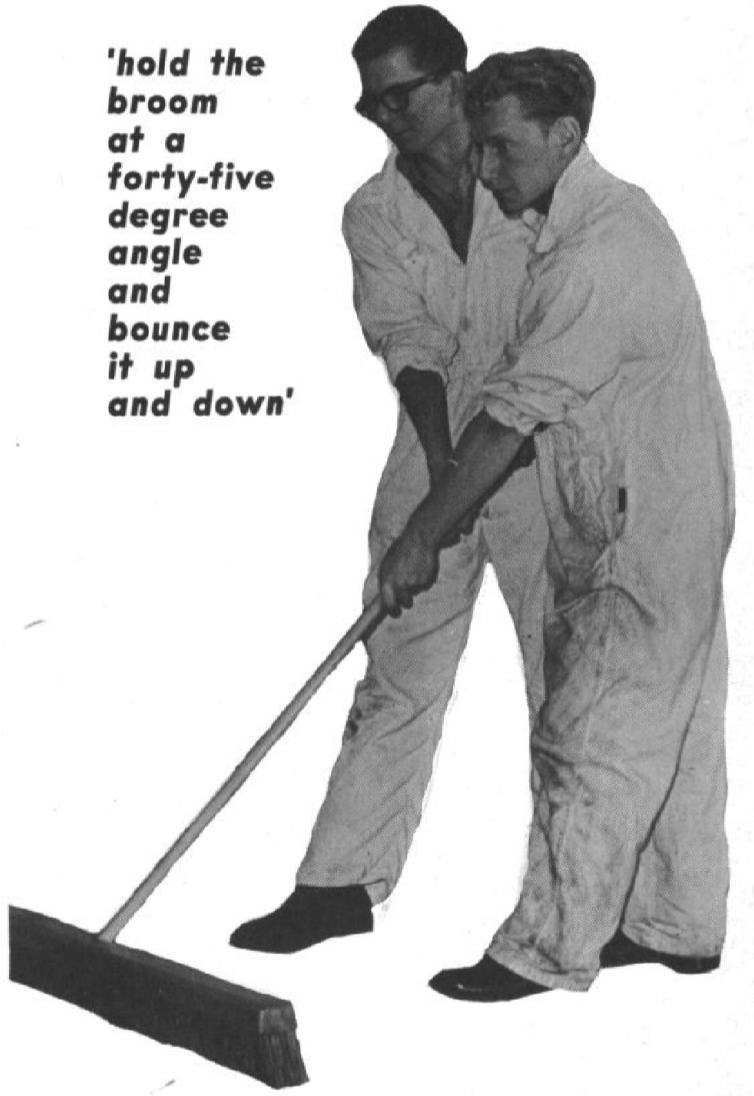
self a trip back to the tool crib at some later date.

If you see a "Brown-Job" sweeping toward you, go for coffee. Chances are, he will soon forget what he is doing and go someplace else.

If done properly, the floor when swept should be dotted with small heaps of sweeping compound, which now must be disposed of. Correct planning and execution will have resulted in these heaps being located near a larger object, behind which there should be

enough room to hide them. If not, find a storm drain with sufficient space left. Do not overcrowd. There may also be space under the drip trays. Spread it around so that the drip-trays are still level and the oil will not attract attention as it flows across the floor towards the W.O.'s office. As a final resort, you can pick it all up with a page torn from a handy E.O. Or you can go home. By this time it is probably four-thirty and you are already late quitting early.

**'hold the broom at a forty-five degree angle and bounce it up and down'**



# Hello George

Several Canadian service papers have recently featured editorials about George.

He's popular fellow at this time of year. No, George is no relation to Mike.

George is the fellow who does all the little things in the community — like organizing and coaching kids' hockey, running a cub pack, or working with the Community Council. His wife, Georgette, is a guide leader, she helps out at the CYC, and makes the rounds with the hospital comforts wagon.

Good Old George! Good Old Georgette!

Trouble is, they've over-extended themselves, and they just don't have time to look after all the extra people absorbed into our community this year.

So if they don't get some help soon, then some kids won't have cub and brownie leaders, some clubs will fold up, some CYC activities might be curtailed, some Community Council projects might not be completed, some people in need might get no help from the Community Services.

We all saw what happened this summer when George went on leave for a few days — he couldn't get anyone to replace him, and as a result there was no little league ball for the kids. But nobody complained.

They just said: that's George's problem, not mine.

What are you doing for your community this year?

How about it? Let's give George some help.

Georgette, too.

(Arrowhead Tribune — RBR)



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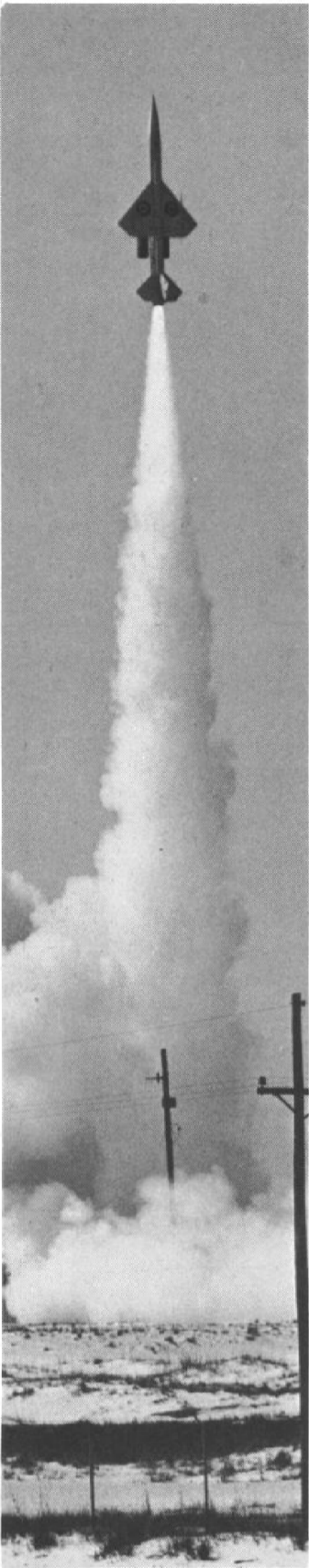
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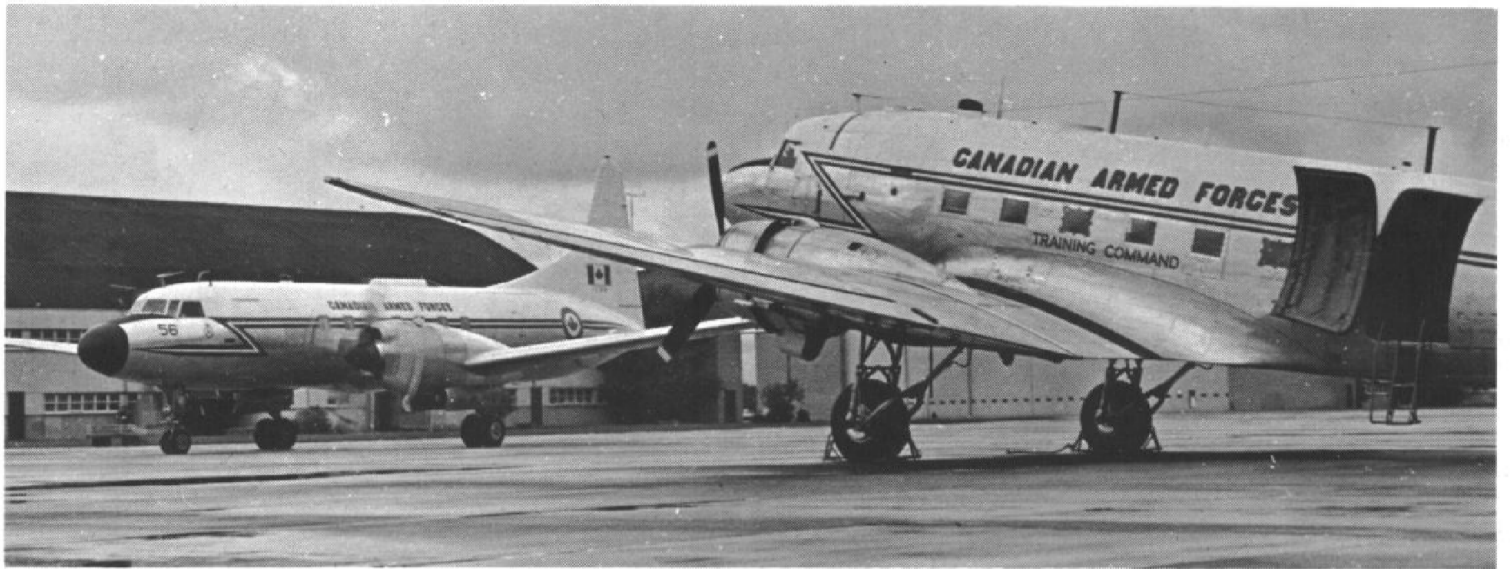
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Nine Cosmopolitans will replace 23 Gooney Birds here in 1972.

## 50 choppers ordered

OTTAWA — Fifty twin-engine Bell helicopters have been ordered for the Canadian Armed Forces.

The aircraft, which were given top priority in Mobile Command's re-equipment program, will be employed in the Tactical Transport and Utility roles.

The helicopters are being purchased by the Department of Supply and Service through the United States government at a contract price of \$50.2 million. Deliveries begin in February, 1971 and will continue throughout that year.

Powered by Pratt & Whitney twin turbo engines designed and manufactured by United Aircraft of Canada, the 15-place machine is built to transport troops in combat operations. With modifications, the helicopter can accommodate six casualty evacuation litters,

carry various types of armament, or additional communications equipment in performing the role of airborne command posts.

Known as the CUH-IN, the helicopter carries the same basic airframe as the single-engine Bell Iroquois now in service with the Canadian Forces. The twin-engine concept improves the helicopter's safety and performance capabilities and increases its range.

The CUH-IN has a speed of 120 mph, with an operational range of 230 miles and a 2,500 lb payload fully fuelled.

The federal government has participated with Bell and United Aircraft of Canada in development of the CUH-IN engine, which will also power U.S. Air Force, Navy and Marine UH-1Ns, and Bell's new commercial helicopter.



Bell CUH-IN—fifty on order



Yukon—reduced from 12 to 4



CF-5 no role defined

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# Complete text of statement

To set the scene for the statement I am about to make, I would refer you to two previous statements: the Prime Minister's on April 3rd and my statement in the House of Commons on June 23rd. In these statements the rationale for changes in Canada's defence posture is set out with the roles for the forces stated as follows:

a. The surveillance of our territory and coastlines, i.e., the protection of our sovereignty;  
b. the defence of North America in co-operation with United States forces;  
c. the fulfilment of such NATO commitments as may be agreed upon; and  
d. the performance of such international peacekeeping roles as we may from time to time assume.

The government, as you will recall, has undertaken to restructure our forces over a period of time so that the equipment and training for the above roles at home and abroad will be compatible. As I informed the House at the beginning of June, we believe, barring unexpected international developments, that we can achieve the transition within a defence budget which will be maintained for the next three years at its current dollar level of 1.815 billion per annum.

It is against this background that I will now enlarge on the outline force structure contained in my June 23rd statement which forecast the changes necessary to give substance to the government policy on defence. There are still some consequential decisions to be made but, by and large, the forthcoming shape of the Canadian Armed Forces can now be enunciated.

The force I am about to describe is considered by my military advisors to be a viable force capable of meeting the tasks set by the government.

Extensive consultations have taken place in NATO over the past three months in fulfilment of the government's undertaking to take account of the views of its allies in bringing about the planned and phased reduction of the size of the Canadian forces in Europe.

During these consultations, Canada has reaffirmed its intention to meet, in a responsible manner, its collective security obligations under the North Atlantic Treaty and to continue to play an active and constructive role in support of the values we share with our allies.

Certain details remain to be worked out before firm commitments for 1970 are made by NATO governments at the annual ministerial meeting in December, but the general makeup and roles of the Canadian forces for NATO can now be given. I can now also outline the changes being made to our forces in Canada.

## NATO - EUROPE

First, I will deal with our NATO commitment in Europe.

We plan to phase out our brigade group and our air division in Germany by the fall of 1970, when we will establish co-located land and air elements under one Canadian headquarters. These will be in southern Germany on our present air division bases at Lahr and Baden Soellingen and will be interim forces for the next three years. They will use present equipment and will have a combined total strength of approximately 5,000 personnel. The Supreme Allied Commander Europe has assured me that this provides a structure which will allow Canadian forces to continue to fulfill in Europe a meaningful though reduced role.

The land force will be a mechanized battle group of approximately 2,800 personnel with an operational role in the Central Army Group area. The air element will be a group of three squadrons of CF-104s, one in the reconnaissance and two in the strike role. The air group will remain under operational command of the 4th Allied Tactical Air Force. The brigade in Germany will drop the Honest John nuclear role when it is reconfigured next year and the nuclear strike role for the air element will continue only until January 1972.

As I said, these are interim forces. For the post-1972 period we plan to equip a land element in Europe, of approximately the same size as the interim group, as a light airmobile force and to convert the air element to a conventionally armed ground support or reconnaissance role.

We will continue to retain the commitment to provide from the forces in Canada an air-sea transportable brigade group to reinforce the NATO northern flank in an emergency. This brigade group will contain the battalion group which is on standby in Canada as an airmobile force for the Allied Command Europe Mobile Force (Land). Our similar commitment of a battalion group to NATO's southern flank will be discontinued in 1970.

## MARITIME COMMAND

Turning now to our NATO maritime commitment, we will continue to earmark virtually all of our Atlantic operational maritime forces for assignment to the NATO Supreme Allied Commander Atlantic (SACLANT) in the event of an emergency.

We will take out of commission the carrier Bonaventure and the escort maintenance ship Cape Scott in 1970. We will retain most of the Tracker aircraft from the carrier for land based operations until 1973. We will retain the Cape Scott as an alongside workshop and accommodation facility in the dockyard in Halifax for the foreseeable future and we will dispose of the Bonaventure as surplus.

Plans are continuing for bringing into service our second new operational support ship and the



CF-104's overfly the Bonaventure which will be soon retired. The Starfighter squadrons have been reduced from six to three.

four helicopter-destroyers now being built. The manning of three existing destroyer escorts will be reduced to training levels over the next two years.

We will retain our Argus long-range patrol aircraft and increase their role in the Arctic while continuing their mid-ocean surveillance duties. We will employ our Tracker aircraft from shore bases on a coastal surveillance role until they are disposed of in 1973. We plan to replace the Argus after 1973.

## MOBILE COMMAND

Mobile Command forces in Canada will remain at approximately their present level but will be restructured in 1970 from four combat groups to three (with headquarters in Calgary, Petawawa and Valcartier) and we will form a task force headquarters, initially at Gagetown (present location of the fourth combat group headquarters), for subsequent location in the far North.

The Airborne Regiment is being retained and will have three Commandos instead of the present two. The third Commando is being formed in the battle group in Europe where it will share infantry duties with the 1st Battalion, Royal 22e Regiment.

Infantry battalions in the combat groups will again have their normal four companies rather than the present three. We are re-equipping our artillery and armoured regiments in the combat groups with the airmobile artillery and airmobile armoured vehicles. Some heavy mechanized equipment is being retained at Gagetown as training support for our interim land force in Europe.

We will move the Combat Arms School from Borden to Gagetown and we will move the Artillery School from Shilo to Gagetown where it will become part of the Combat Arms School.

As part of the reconfiguration in Europe in 1970, we will return the 2nd Battalion, Princess Patricia's Canadian Light Infantry to Canada and station them at Shilo and return the 2nd Battalion, The Royal Canadian Regiment and station them at Gagetown.

We are budgeting over the next few years for some 2,500 new 1 1/4 ton trucks to modernize our land force vehicle fleet and have recently signed a contract for 50 Bell Utility Tactical Transport Helicopters (UTTH) to be used primarily in Mobile Command. These twin-engine helicopters will be powered by Canadian-built engines from United Aircraft of Canada. Delivery will begin in 1971.

A decision to revert to a nine-battalion, three-regiment infantry structure was based on military advice following the experience of recent years which convinced infantry corps officers that regiments of one, or even two battalions posed serious career, manning and morale problems related to the necessity for frequent cross-postings. Consequently, it was decided to

retain the three infantry regiments with the longest history of regular force service; The Royal Canadian Regiment, the Princess Patricia's Canadian Light Infantry and the Royal 22e Regiment.

As a consequence, and regrettably, the following well-known Canadian infantry regiments will no longer form part of the regular force: The Canadian Guards, The Queen's Own Rifles of Canada and The Black Watch (Royal Highland Regiment) of Canada.

The 2nd Battalion, The Canadian Guards will be redesignated as the 3rd Battalion, The Royal Canadian Regiment, and the 1st Battalion, The Queen's Own Rifles of Canada will be redesignated as the 3rd Battalion, Princess Patricia's Canadian Light Infantry.

In our force restructuring it was also found necessary to remove one artillery and one armoured regiment from the regular force. Using the seniority principle, but retaining two recently organized Francophone regiments, we have decided that the Fort Garry Horse and the 4th Regiment, The Royal Canadian Horse Artillery will no longer appear in the regular force order of battle.

Members of the Fort Garry Horse, the Black Watch and 4 RCHA will be transferred to other units as individuals frequently remaining on the same base. For example, members of the Black Watch will be absorbed into the 2nd Bn, RCR when the unit moves to Gagetown.

## AIR DEFENCE COMMAND

We are continuing close consultations with our U.S. allies on the question of the immediate and future structure of North American air defence forces. The Canadian air defence forces will remain much as they are for the present.

## AIR TRANSPORT COMMAND

Air Transport Command's long-range Yukon fleet will be reduced from 12 to 4 by 1973. The nine Cosmopolitans now in that command will be transferred to Training Command in 1972 for a new role. We will retain our 23 Hercules troop and cargo aircraft but will reduce Transport Command's Dakota fleet by approximately 15 during 1970. We are continuing our studies for the requirement for a long-range jet transport to replace the Yukons.

## SEARCH AND RESCUE

Search and Rescue continues to be an important part of our activities. We will maintain our present number of rescue-coordination centres and over the next two or three years, improve our aviation capability in this field although slightly reducing the numbers of aircraft. This will be done by converting six of our Buffalo aircraft to this role and purchasing six new STOL aircraft capable of operating off land, water or snow. We will retire our Albacross aircraft and search and

rescue Dakotas as the new aircraft come into service. We will also make some adjustments to our present helicopter distribution.

## TRAINING COMMAND

Training Command will reflect the reduced size of the forces. The Dakota navigation trainer (23 aircraft) will be retired in 1972 and replaced with the Cosmopolitans from Air Transport Command. During 1970 our Tutor and T33 trainer fleet in this command will be reduced. We will retire the C-45 Expeditor trainer (53 aircraft) also during 1970.

## RESERVES AND CADETS

We intend to reduce the size of our reserve forces and we are consulting with the Conference of Defence Associations on how we can make the most effective use of a smaller reserve force in support of our revised regular force. I should stress, however, that the reserves will continue to play a significant role in our defence structure.

Our support for the cadet programme will continue at the present level of 100,000 cadets.

## BASE CLOSURES

Some weeks ago, I announced the closing of a number of bases and facilities. At that time, I said a further announcement regarding a small number of other bases would be forthcoming. This is still the case. Final decisions have not yet been made on these bases but I expect to be able to make an announcement in a few weeks' time.

## PERSONNEL

To operate the reconfigured force I have just described, we will require approximately 82,000 military personnel and 30,000 civilians. This will mean a reduction of something in the order of 16,000 military and 5,000 civilian positions over the next three years. I previously announced that we will not institute a plan of forced attrition of military personnel for the purpose of reaching the new force levels. This is still our intention, and, in fact, we will continue recruiting at a reduced but still substantial level. A determined effort will be made to assist civilian personnel in finding new employment either in or out of the public service.

## NATIONAL DEVELOPMENT

The Defence Department is vitally interested in, and is contributing to, government studies now going on concerning use of the forces in the field of national development. Particularly, we are interested in such subjects as government maritime operations, government air transport activities, engineering development and international economic aid. The department has traditionally been in the forefront of national development and can be expected to contribute significantly in the future.



Honest John will be dropped next year.



# 3 RCHA Hapnings

BY LT. W. A. TRIMBLE AND CPL. L. PATEY

One day Jeanne, a young mother of three charming children, was standing at the sink washing the after lunch dishes when Linda, the eldest, came bounding into the room. She wore a silly little grin on her face, and slowed right down when she saw that her mother was aware of her presence. Shyly she approached her mother and asked, "Mom, do you and dad have sexual relations?" Well, it just so happened that Jeanne and Harold had been discussing the delicate subject of informing their eldest daughter about certain things that she should know about sooner or later. Consequently Jeanne, feeling that THAT moment had arrived, looked at her daughter and said, "Why of course your daddy and I have sexual relation". Then with a very quizzical look on her face Linda floored her mother by asking, quite seriously, "Well, if you and daddy have sexual relations, how come I have never met any of them?"

Needless to say, we might all be waiting to see who will be appointed to write this column in the future! But in the meantime, things have been happening at quite a pace within the Regiment lately. B Troop went on an adventure training exercise, J Battery has gone to Shilo early to become acquainted with their new weapons and all the messes have been having some really gala parties. But this is certainly all anti-climactic to the big news that was just announced in that 3 RCHA will move to Shilo in 1971 or 1972. Next week this column will feature a 'Viewpoint' article on this recent announcement so, in case you are asked to become part of the survey, you might well ponder an answer to the question, "BEING ASSOCIATED AS YOU ARE WITH THE ARTILLERY, WHAT DO YOU FEEL ABOUT THE MOVE TO SHILO IN 1971 OR 1972 BEARING IN MIND THAT YOU HAVE BEEN GIVEN A TWO TO THREE YEAR WARNING OF THE MOVE?" So watch for the roving reporters on your front doorstep or in your office in the near future. But now, on with all the news that's fit to be called news!

### SEPTEMBERFEST

Saturday, 12 Sep 69, saw the Officers Mess beer garden open up as more than 60 people crowded into the beer tents to sip 'pils' and munch on bratwurst, bokwurst and ox-tail soup. Midway between the night, a king and queen of the Septemberfest were chosen. Captain

Art Turnbull, impersonating a German Moslem on a pilgrimage to Yellowknife (??) was voted king and for his queen he selected Susie Trimble. The royal couple were then crowned by Major Stu Green, PMC, and promptly paraded around the beer garden on the shoulders of their happy subjects. (The crowns, incidentally, are accountable.) Everyone then retired inside to the warm fireplace, and chatted and danced until the wee small hours started to unexpectedly roll in again.

### HARD TIMES

Also on Saturday, 12 Sep 69, Sgt Jim Butts organized a Hard Times Dance at the Sergeants Mess and from all reports it was very hard times! One chap even complained that three days after the party he was still picking straw out of his navel. (By the way, that chap did not arrive home until a week later!) Festivities were very gay and, if the line-up of cars still outside the mess after breakfast on Sunday is any indication, the party was a real success. Besides, Jim's shoe couldn't dampen everyone's feeling.

### EX NORTHERN RUN

On Sunday, 28 Sep 69, twenty-six members of B Troop, G Battery, left Winnipeg for a three day adventure training exercise in the Grand Rapids area of Northern Manitoba. The first evening was spent at Fairford, camped alongside the river in plain view of one black bear camped on the other side of the river. Monday the troop continued on its journey to Grand Rapids and set up base camp on a Reserve campsite. The following two days were spent in various aspects of adventure training: mapreading exercises, communication exercises, studies on wildlife and the odd spot of fishing. Although the weather during the exercise left much to be desired, the troop profited by the exercise, learning how to track animals, how to survive in the wilderness using 'backwoodsman' tricks, and generally how to enjoy the ruggedness of Canada's North. To say that we did not come back with many pounds of fish fillets (whitefish, pickerel, pike) would be to lie, and to say that the troop did not return with 40 partridge and several dozen rabbits would also be to tell untruths. But to say that the troop returned, not only with a greater understanding of the ways of the wild, but also with



LCOL CR Simonds, Commanding Officer, 3 RCHA, inspects Cpl. Lewis (RCOC), Cpl. Peck (ROPC) and Gunner Wilson (RCHA) during the Regimental parade held Tuesday, 30 Sept. '69.

a greater respect for Canada and her vast potential in the growing world of tomorrow would be the straight truth. We are not only proud soldiers of B Troop, but also proud citizens of our great nation of Canada.

### COURSES

Recently, two courses were held down in the hallowed halls of B-5 Training Wing. The first was a GPO/CPO REFRESHER COURSE which all the young subalterns in the regiment attended. Several important facets of technical gunnery were learned, but what's this I hear about using objects called 'donuts' to illustrate zone of a howitzer? Sounds fishy. The second course held was a PAY LEVEL 4 COMMUNICATOR COURSE which 25 candidates attended and were taught current signals procedures.

And that is the story up to now. In the future you can look for that long awaited article on your blood and what happens to it after you donate it, an article on Gunner Larkin and his amateur aquarium, a before and after article on the completed decorations in the Grenade Club, and other articles, stories, and anecdotes buzzing around and particular to the Regiment. So in the meantime remember that Family Day in Shilo is only eight months away. And if you think that is bad, Christmas will be all over in only 79 days. Good Shooting.



Mrs. S. C. Trimble and Captain A. Turnbull are held aloft by a host of happy 'subjects' after having been voted and crowned Queen and King of Annual Septemberfest at the Officers Mess on Saturday, 12 Sept. '69.

### GRENADE CLUB

Sunday 12 Oct.

Groove, babe, and do your own thing. HIPPIE LOVE-IN time socks it to on Sunday, 12 Oct., in the Red River Lounge. The Classics will light your fire with a thick and heavy beat starting at 9:00 in the nite time. But glide in at 8:00 that evening for a mixed Happy Hour and get right in your mind for the blast to follow. Bring some bread, because it costs

\$1.50 for drag and 7 cents for stag (in gold please). So make it. And also, do yourself a small favour — bring a pillow you wish to sit!

NEW: Every Tuesday

Starting Tuesday, 14 Oct the Club will be sponsoring a SNOWBALL BINGO at 8:00 pm. First card cost \$1.00 and each additional card is 25 cents. The games will be held in the Red River Lounge.

## Mark Twain Talked Of "Tainted" Money

Author-humorist Mark Twain was once chatting with a friend about a very rich man and his fortune. The man had made his money by selling moonshine liquor. "Of course, his money is tainted," said Twain's friend disdainfully.

"Yes," said Twain. "T'ain't mine and 'tain't yours." Operating a still in your basement may be a profitable way to get money but the police have a habit of cutting that sort of operation short. It's wiser to put money in the bank by making regular deposits in a savings account.

With a Bank of Montreal True Savings Account, you can make money as you save, because the interest rate is six and a half per cent per annum. It's credited semi-annually and calculated on your minimum monthly balance meaning you don't lose interest for as much as a whole quarter should you wish to withdraw funds from time to time. We also have other deposits to seven and three-quarters per cent.

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- 62 Corvaire Conv
- 61 Plymouth Sed.,
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- 61 Monarch, V8,
- 61 Pont., H.T., V8,
- 60 Falcon, 6 cyl.
- 60 Pont., V8, A.T.

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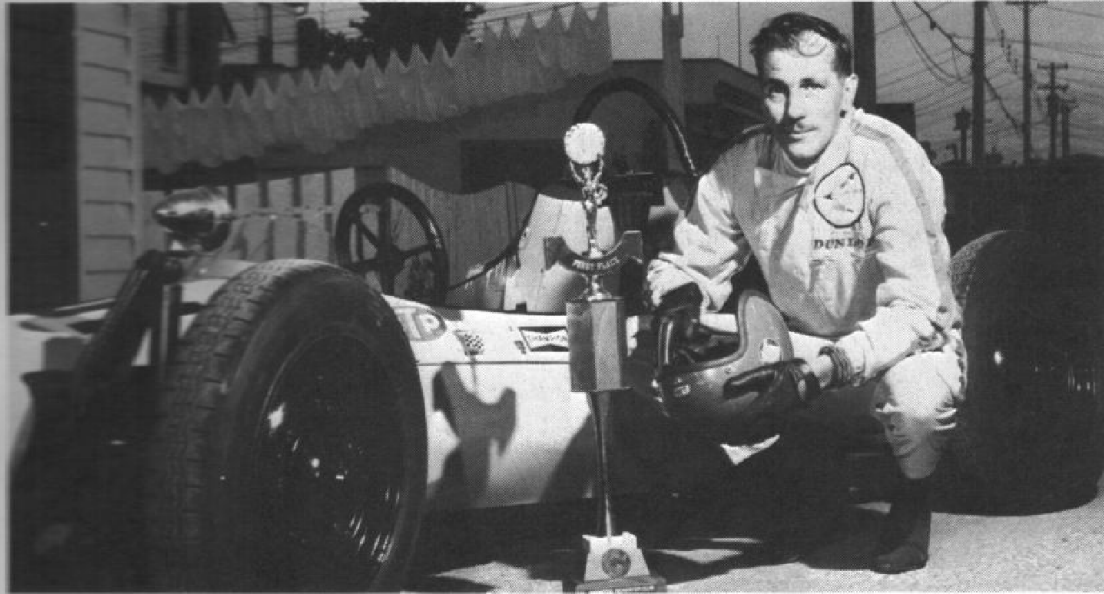
...ptain A. Turnbull are held 'objects' after having been King of Annual Septem on Saturday, 12 Sept. '69

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\$1.50 for drag and 7 cents for stag (in gold please). So make it. And also, do yourself a small favour — bring a pillow you wish to sit!

**NEW: Every Tuesday**

Starting Tuesday, 14 Oct the Club will be sponsoring a SNOWBALL BINGO at 8:00 pm. First card cost \$1.00 and each additional card is 25 cents. The games will be held in the Red River Lounge



Gary Wilson—its nice when you win.



Same car in "exploded" view

# Voxair Delta steps on gas

This summer has been a hectic one for Voxair Delta Rally-Race Team, (more race than rally). Speedway International in Edmonton hosted our team at two race meets — the first being the Can-Am Preliminary Races on July 27th; the second, The Sedan Cup Races on August 31st. (Alberta race officials had expected our arrival and via Johnson's Wax awarded us a pit garage for Gary Wilson's Formula Vee, which was sponsored by Johnson's Wax. The other twenty garages housed Can-Am Group Seven machines, complete with five figure price tags, gold wheels, mink-lined tool chests, platinum wrenches — must I go on? We were privileged to be neighbors to McLaren Car, Ferrari, Lola, Chapparral and proud to be the only regional team worthy of a garage. Not only did we have the smallest car, we had the largest garage!

The "Voxair Vee" was driven by Gary Wilson to a fantastic fifth in its class. Gary succeeded admirably, despite the fact he was plagued by "teething problems", and racing on a track he was not familiar with. Good show Gary!

Speaking of shows, Gary was asked to display his Formula Vee two weeks ago at the Winnipeg Autorama. He did so, and was presented with first prize in Sport Competition Class, first prize being a platinum wrench.

The Voxair Delta team was well represented during the Sedan Cup Races. Doby Dobrostanski's 997 c.c. Mini, (and I do mean mini) Cooper was scheduled to run the Novice Race on Saturday as well as the under 2 litre class race on Sunday, the latter being a 100 mile undertaking. The car was plagued with cooling problems in practise. Enter Graeme Lowden (W.O. from H.M.C.S. "Chippewa") with special secret confidential advice, and parts from his broken transmission Cooper.

The car, (with the amazing Doby at the wheel) ran well and earned first in Class.

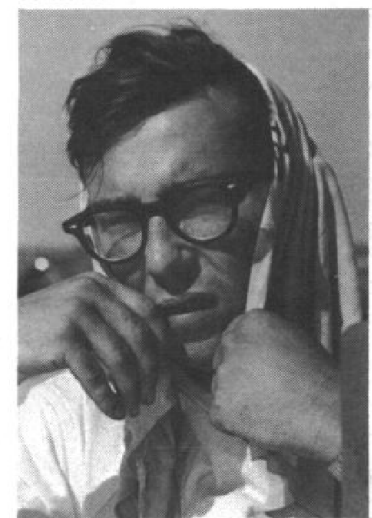
Doby "cornered well and went like hell!"

Pat Barry drove the mini in the Sedan Cup Race the next day. Experiencing difficulty between third and fourth gears, he soon retired from the race. Pat, knowing he and the crippled Mini could have finished, but not healthfully so, returned to the pits. Exit Pat.

The newest members of Voxair Delta are Josh and Martie Mason, formerly of Edmonton. They own a Hermes — Brabham Formula Ford which made its debut at Speedway International during the summer. The Masons possess separate competition licenses and anticipate a successful 1970 racing season.

Voxair Delta team members have recently purchased a Championship holding car, a Triumph TR4A which will be driven by Pat Barry.

Voxair Delta manager Ken Boettger, has for the past few weeks been in close communication with Doug Lowden, the president of the Winnipeg Sport Car Club in negotiating the Manitoba Legislature in obtaining an International Road Racing Course in the vicinity of Winnipeg. It is hoped that the track will be in use by next summer.



Frustration



Orvil Lilke

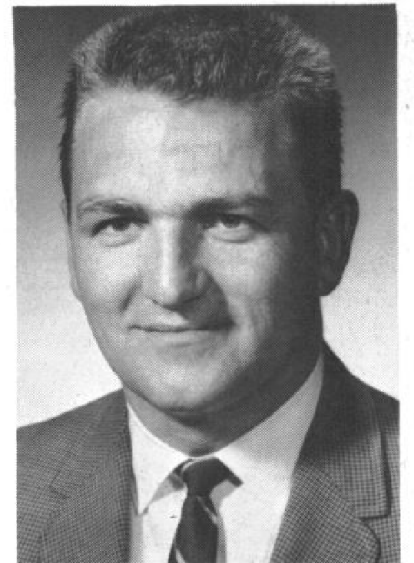
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63 Ford Gal. 500, V8 .....	\$ 757	60 Impala, H.T., A.T. ....	\$ 355	65 Fury III, H.T., V8, A.T. ....	\$1520
63 Taunus Sed., 4 cyl. ....	\$ 93	59 Ford, V8, A.T. ....	\$ 197	65 Ford Coach, 6 .....	\$ 884
62 Merc, V8, A.T., P.S., P.B ..	\$ 560	58 Olds 88, F.P. ....	\$ 98	64 Impala, H.T., V8, A.T. ....	\$1072
62 Falcon, Stn. Wgn. ....	\$ 486	58 Buick Lux Sedan .....	\$ 257	64 Ford Gal. 500 .....	\$ 936
62 Futura, 6 A.T., Rad. ....	\$ 578	67 Chev., Sed., 6 A.T. ....	\$1468	64 Comet, Sed., A.T. ....	\$ 783
62 Corvair Conv. ....	\$ 533	66 Cadillac Conv. ....	\$3374	64 Plym., Sed., 6 A.T. ....	\$ 827
61 Plymouth Sed., 6 A.T. ....	\$ 478	66 Plym., V8, A.T., P.S., P.B. ..	\$1483	64 Vauxhall Stn. Wgn. ....	\$ 563
61 Plymouth Coach, V8, A.T. ....	\$ 453	66 Dodge, Conv., 880 .....	\$1863	64 Austin 1100, Sed. ....	\$ 482
61 Monarch, V8, A.T., P.S. ....	\$ 477	66 T-Bird Landau, FP .....	\$2934	63 Corvair Monza 900 .....	\$ 563
61 Pont., H.T., V8, A.T. ....	\$ 382	65 Futura Conv., P.S. ....	\$1370	63 Consul, 4 spd., Rad. ....	\$ 488
60 Falcon, 6 cyl. ....	\$ 368	65 Beaumont, S.W., A.T. ....	\$1174		
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# Scouts venture into bush



Camp Director Mike Dunbar and scouter John Riley cover up a few wrinkled uniforms with flag of 104th.

by John Riley

Ten boys and two leaders from the 104th Tuxedo Troop spent two rain free weeks at Camp Alloway, located in the Big Whiteshell Lake.

Split into two patrols each was responsible for their own cooking and cleaning. Morning found the boys washing, cooking and preparing for tent inspection. Shortly after flag raising came instructions on the care and handling of axes and knives. This enabled the boys to help Camp Director, Michael Dunbar, erect a 30' bridge across a gully on the fogging trail. A swim before lunch always whets the appetite. A cricket game was held after on the beach.

Only after careful instruction on the maneuvering of their canoes are the boys allowed to paddle across the lake to Castle Rock which has many caves for the boys to climb and explore.

There were plenty of snakes, leeches and woodticks to be found. Woodticks were so attracted to Scouter John (seven in two days) that the boys soon nick-named him "Woodtick."

A few of the "firsts" were, John Steel for a fish, Robert Banfield for a toad and Jim McRae for a snake. No one ventured to capture the bear which was also exploring in and around the same area. The evenings ended with a campfire and snug-in. All was quiet after ten.

The camp offered the opportunity for the boys to go on hikes, and to learn some knots and ropes.

The 104th Tuxedo Troops are looking for more Scout leaders, counsellors, and of course more new scouts. If you are interested in becoming a participant of the 104th then contact John Riley at 489-9664 (home) or 888-3100.

# Padres to take posts

Colonel R. Poirier, senior chaplain, Training Command Headquarters, has announced changes in the Roman Catholic chaplains at Canadian Forces Base Winnipeg.

After 25 years of military service, Army Major John MacGregor will exchange his uniform for a cassock, returning to his native Cape Breton for parish work.

Father John MacGregor, of Donkin, Cape Breton, attended St. Francis Xavier University and was ordained at Holy Heart Seminary, Halifax in 1950.

Since coming to Winnipeg in 1964 he has been chaplain of St. George's at Fort Osborne Barracks. With unification of the Canadian Armed Forces he became base chaplain. Major MacGregor leaves Winnipeg later in September.

Air Force Captain Melvin Arsenault will be the new R.C. Chaplain at Fort Osborne Barracks. Father Arsenault, no stranger to Base Winnipeg, arrived here in 1965, his first assignment as a chaplain in the Canadian Armed Forces.

A native of Cape Egmont, P.E.I. he attended the Sacred Heart University in Bathurst, N.B. and was ordained at the Seminary in Point Gatineau, Quebec.

Air Force Major J. Maurice Sabourin of St. Boniface, Man. will take over the position of base chaplain from Maj. MacGregor, and become Chaplain of Our Lady of The Airways.

He joined the Canadian Armed Forces in 1952 and served in Nova Scotia, Quebec and Manitoba, as well as two separate tours in Europe. In 1957 he was with the United Nations Emergency Force in Naples; in 1962 he was in Marvel, France.

Father Sabourin is on his second tour of Canadian Forces Base Winnipeg. He will occupy the chaplain's residence in the Lady of the Airways Chapel.



Maj. J. H. MacGregor



Capt. M. Arsenault



Maj. J. M. Sabourin

# New Astra building

## CWL holds farewell

A financial institution with its board of directors laced with off-duty servicemen has opened the doors of its fifth branch in Manitoba.

Incorporated as the Astra Credit Union Society Ltd., and with assets approaching \$3,000,000 the organization's spanking-new \$160,000 building becomes the newest financial house on Portage Avenue.

The one-storey building, of concrete block and native tyndal stone runs just under 3,000 square feet in area, and is located at 1907 Portage, at the corner of Rutland St. The branch opens initially with three full-time employees, under J. C. (Jack) Henry of St. James-Assiniboia as manager.

President of the board of directors of Astra Credit Union is L. W. Eaton, who is an air master warrant officer in the daytime. His vice-president is C. F. Gilbert, a land captain. Starting off in 1958 under provincial government charter at the St. James air base, the aim of Astra was to serve servicemen and civilian employees of the defence department. The movement later spread to military bases in Beausejour, Gypsumville and Gimli.

Early this year Astra amalgamated with the St. James community credit union, and last April Mayor Hanks turned the sod for its newest venture. Now the one-time military credit union begins serving all citizens of the newly-amalgamated city of St. James-Assiniboia.

MWO Eaton as president says the organization's various committees now will have several civilian residents of the city.

The C.W.L. of St. George's Chapel, Fort Osborne Barracks wish to express their appreciation to all parishioners and friends who helped to make a success of the farewell party of September 14th, at Building 10, Fort Osborne Barracks, in honor of Padre John MacGregor.

Guest speaker was Command Chaplain Col. Poirier.

Other speakers were Captain J. Powers, Mrs. J. Powers C.W.L. President and Warrant Officer Daer.

Mrs. John Powers made the presentations of gifts in honor of C.W.L. members, parishioners and friends.

A hooked rug was made by C.W.L. members and an antique drop leaf coffee table and matching magazine rack were from the parishioners and friends.



Officially opening ASTRA's new \$160,000 building at 1907 Portage Ave., is St. James-Assiniboia's mayor A. W. Hanks and (left) Master Warrant Officer L. W. (Bill) Eaton, president of ASTRA.

# Air Rangers are sky ward females

Air Rangering is for girls, 14-18, with "an eye in the sky." It's a fascinating branch of the Girl Guides of Canada because the future of aviation is so exciting and of course, aviation is associated with such sciences as meteorology, with space flight and the whole field of communications, radio, television and Telstar.

Aviation training is an essential part of an Air Ranger Flights program, but only a part, accompanying homemaking, service to the community and any other activities of common interest. Air Rangering can open the door to all sorts of terrific careers including air stewardess and pilots on small airline. On the ground, associated jobs include air traffic controller, meteorologist or even a branch of the Canadian Armed Forces.

As man today soars into space, why not take part? Be an Air Ranger and "keep up with the times." Meetings will be held at Silver Heights United Church October 21 from 7 to 9 p.m. Contact Mrs. E. Tofflemire 837-8031 or Mrs. C. Grainger 837-3468.

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H. MacGregor



M. Arsenault



J. M. Sabourin

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an "eye in the sky." It's of Canada because the of course, aviation is as- dio, television and Telstar. of an Air Ranger Flights ng homemaking, service to es of common interest. Air ts of terrific careers includ- all airline. On the ground, roller, meteorologist or even ces. why not take part? Be an mes." Meetings will be held per 21 from 7 to 9 p.m. Con- rs. C. Grainger 837-3468.

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Sammie says au revoir

"Au revoir" is such a beautiful word. I should much rather say "Adieu" or "Vale" or "Farewell" or "Au Revoir". Our language makes it so soft and sweet — and final. Like "The End" or the last page of an exciting novel. ... I find myself thinking of all the things I should do but never got around to actually doing. ... I have always had a wish to visit the Great Canadian Poem Factory and find out for myself how the beautiful poems are really made according to the instructions I have heard. One of my greatest pleasures has been to wander through those de- licious streets in the midst of downtown on a rainy afternoon with the Great Canadian Poem raging inside my head. ... I have yearned to sit in the dusk in a park, watching the setting sun with a group of them. ... I must never understand about their feelings. ... I have been to the call of CFHQ and clear, and go we must, like the good soldiers we are. ... I have loved to meet so many interesting people. My writing has been controversial at times, but I have not written for the sake of stirring up discontent or ill feeling. One should never be afraid of voicing one's opinion on a subject about which he has strong feelings. ... I say not au revoir. I thank EP for her contributions to the "Voxair" page, and also Brenda Cline and Shirley Clark for their excellent management. I am especially grateful to Larry Spencer, the brilliant Peter Van Boeschoten, and John Hoover for their interest and advice and to Capt. Paluschuk for his consideration of my ideas at Voxair.

Candy Stripers perform many tasks

Every week-end and some week nights, young girls between the ages of 15 and 18 set out on their way to Misericordia General Hospital to fulfil their obligations as Candy Stripers. Candy Stripers are volunteers who enter the precise orderly world of the hospital to take on adult responsibilities under professional supervision. In spite of their youth, they perform their duties with an efficiency and maturity that is admirable. Most of the girls have their ambitions set on a nursing career, or some other career in the field of medicine, and their time as Candy Stripers offers them the opportunity to work in a hospital and determine whether or not they are suited to that way of life.



Candy Striper is mother, nurse, big sister and friend combined. Justine Andruchak and Thelma Chaster see mutual benefit.

Besides doing the small yet important jobs such as making beds, delivering flowers, books, and mail, and acting as messengers, these girls also take on nursing care tasks on the wards. These include feeding patients, giving partial baths and back rubs and lifting or turning patients — but it is important to keep in mind that these tasks are never performed without the supervision of a professional nurse or aide. Some wards are naturally more appealing to the Candy Stripers than others. For ex-

ample, all the girls look forward to their turn in the nursery, at which time they don a mask and gown and, again under the supervision of a professional nurse, are allowed to feed and change all those tiny new-born babies who require so much attention. Another popular ward is, of course, the Children's Ward. In these children's eyes, the Candy Striper is mother, nurse, big sister, and friend combined. Not all the work of the Candy Striper is confined to the wards. Some of the girls spend their

time in the hospital pharmacy, and quickly learn the precise job of prepackaging drugs, and once again, this is done under professional supervision. Says Mrs. S. Johnson, Director of Volunteers, "Our Candy Stripers are needed and appreciated by all the hospital staff. They are a valuable part of Misericordia Hospital. It is encouraging to see that, in spite of all the talk about teen-agers today, these girls can come into the hospital and accept adult responsibilities with competency and maturity."

Tea for OWC

The Officers Mess of the Canadian Forces Base, Winnipeg was the scene of the annual Officers' Wives Club tea Wednesday afternoon September 17th.



Receiving Mrs. E. Welsh and Mrs. H. M. Tatarchuk are Mrs. A. Sharrow, Mrs. W. A. Hockney, Mrs. W. K. Carr, and Mrs. R. S. Graham.

The Mess was appropriately decorated with fall flowers and was very well attended. Guests were received by the Club President, Mrs. A. E. Sharrow, together with Mrs. W. K. Carr, Mrs. R. S. Graham, and Mrs. W. A. Hockney. Tea was poured by Mrs. J. V. Cook, Mrs. E. T. Batchelor, Mrs. G. C. Whittington, Mrs. H. M. Fitzgerald, Mrs. M. W. Reilander, Mrs. W. E. Castellano, Mrs. N. H. Jeffries, Mrs. R. D. Okros, Mrs. C. Lowry, Mrs. C. R. Simonds and Mrs. K. D. F. McKenzie.

Distaff with Sammie

A definite date has been set for the Servicewomen's Golf Tournament. The tournament will take place on the 7th October at 2 PM at Assiniboia Golf Course. Participants will be allowed to use one club only, and golf balls are supplied. All Servicewomen, including living-out members are encouraged to take part in the fun. Green fees are two dollars. Diana Pickwick is back from TD at Camp Borden. ("They can't get rid of me that easy!") Diana did very well on her

PERI course and was awarded a plaque for Outstanding Student. Congratulations Diana. We hear you've learned to swim too!!! (Chuckle — By the way, when do you get your thousand pound dumbbells???) Diane Roy has finished the academic phase of her Flight Attendant Course at CFB Trenton and is on her way to spend a week in Copenhagen. After she returns she'll be assigned to the Shearwater run. Also doing well on the course is Gislaine Noel. Paula Thompson, formerly of this base was married Saturday (27th) in Peterborough, Ontario. Paula will be making her new home in Moncton, N.B. Phoned up CP Express the other day to come and pick up my trunk. Said the man on the other end — "The base, eh? What shack?" After a moment's hesitation I replied, "Shack No. 62". And he'll no doubt remember Shack No. 62 for quite a while. Why do express men always come at shower time???

oddsnendsbye

The Quiet Corner — Some go to church just for a walk. Some to stare, to laugh, to talk. Some go there to use their eyes. And newest fashions criticize. Some to learn the latest news. That friends at home they might amuse. Some because it's thought genteel. Some to show their pious zeal. Some foregiveness to implore, Some their sins to vanish o'er, Some to sit and doze and nod — But few to kneel and worship God (Rhoda Llewellyn)

for an extra flour boost. — To keep a salad fresh when going on a picnic, pack it in a double boiler with ice in the bottom container. — Ants are allergic to chalk, so if you draw a heavy line around the edges of a picnic table, they won't make it to the party. — Bubble gum in the hair will completely vanish if you rub it with cold cream and pull a dry rag down the strands several times.

Pot Pourri — There isn't enough darkness in the universe to extinguish the light of one small candle. It's hard to be an atheist when you're setting up stooks of grain in a harvest field.

A Wee Laugh — A little boy, aged five, was playing with the small daughter of new neighbors. They had been wading at the lake and finally decided that the only way to keep their clothes dry was to take them off. As they were going back into the water, the little boy look the little girl over. "Gosh", he remarked, "I didn't know there was that much difference between Catholics and Protestants!"

Tips for Oil Painters 1. Paint from dark shadows to light areas. 2. On soft rounded forms blend the edges of adjacent areas into each other. 3. On hard, angular or highly reflective forms, the lights and darks are painted without blending the edges. 4. Do not concentrate on one object or section, but move from one area to another over the entire canvas. 5. Paint details last. Follow the same procedure from dark to light. 6. Make all corrections as you go. The paint can be wiped or scraped off easily while still wet.

Helpful Hints — Coffee grounds in the sink drain are often grounds for divorce! Keep an empty coffee tin and put the drained grounds into it each day. When the can is full, use the contents to mulch plants in your garden. — Flour meats with pancake mix instead of regular flour

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bon appetit Rolled Sole Fillets 1 lb. fresh or frozen sole fillets 1 cup crushed vegetable crackers 1 tblsp. melted butter 1 tblsp. bottled French dressing 1 tblsp. fresh chopped parsley 2 - 3 tbs. hot water salt, pepper 8 strips bacon If frozen, defrost fish just enough to separate into fillets. Combine cracker crumbs, butter and French dressing and parsley. Moisten well with water. Season with salt and pepper. Spread the dressing on each fillet and roll up. Wrap in bacon which has been sauteed slightly. Secure with toothpicks. Brush with melted butter. Bake in a shallow casserole dish at 450 degrees F. for 10 minutes, or until fish flakes easily. Serves 4.



# Level crossings present hazard

Careless action by drivers of private automobiles is the biggest single cause of accidents at highway-railway level crossings.

This stark fact was confirmed in a recent study conducted by a special committee made up of representatives of the Canada Safety Council, the railway industry and the Canadian Transport Commission. "The study demonstrated that proper driver action is the most effective way of avoiding needless death and injury at level

crossings," said Norman H. Bell, president of the Canada Safety Council.

"Caution, common sense and safe driving are the prescription for safety at highway-railway level crossings."

Less than one-half of one per cent of all highway accidents occur at highway-railway crossings. Yet, death or serious injury to the motorist is more likely to result from a train-car collision than from any other type of highway accident, Mr. Bell said.

"Obviously we need greater public awareness of the potential dangers at crossings."

Other facts revealed by the highway-railway crossing study: — Four of every 10 crossing accidents in the latest five-year period involved motor vehicles being driven into the side of trains.

— Almost one-third of all level crossing accidents took place at crossings protected by automatic warning devices such as bells, flashing red lights and gates.

— 91 per cent of all drivers involved were male.

— 85 per cent of the crossing mishaps happened in good weather.

— 75 per cent of all crossing accidents involved private automobiles.

— 60 per cent occurred during daylight hours.

— 53 per cent of the drivers involved were between 20 and 40 years of age.

Six out of every 10 accidents occurred between October and March.

While investigation of most level crossing accidents showed the prime cause as failure of the driver to make proper observations in approaching a crossing or to abide by existing laws, other factors were also identified. These factors include the physical condition of the crossing, lack of uniformity of laws governing driver action and the fact that jurisdiction is divided among various levels of government.

Safety authorities are agreed that the problem is multi-dimensional and that action should be taken at all levels to eliminate the unnecessary toll in deaths and injuries.

The Canada Safety Council in co-operation with Canada's railways is conducting a Fall Highway-Railway educational campaign with the aim of reducing level crossing accidents.

# Water safety leader course

A water safety Leaders course will be run, for dependents from 15 to 17 years of age, at Lipsett Hall on Friday and Saturday evenings.

Each course will require two weekends.

Interested persons should phone M. W. O. Lamb at Local 511 or appear in person at the Rec Centre, Westwin, or phone Sgt. Clowes at 888-5021 or appear in person at Lipsett Hall.

# Bicycle safety course graduates

The first of four bicycle safety courses was recently held here. These courses are being held under the auspices of Maj. W. J. Bowers, the Base Transportation Officer, whose support and assistance is greatly appreciated by the course supervisor and instructor Cpl. R. Tweed of the Base Transport Section.

The first class consisted of the following boys and girls: Katherine Appleton, David Appleton, Debra Tweed, David Tweed, Tarence Appleton, Timothy Appleton, Jayne Hardy, Suzanne Hardy, Leslie Smith, Mitch Smith, Karen Fisher, Brian Kentzinger, Kendall Collet, Gerald Collet, Debbie Hart, Lee Hart and Paul Watkin.

In the skill test on Sept. 7

first place went to David Tweed with 120 points out of a possible 125. Other positions could not be picked at that time as six participants tied with 110 points. These six: Paul Watkin, Kendall Collet, Leslie Smith, Jayne Hardy, David Appleton and Tarence Appleton, were run through the skill riding test again on Sept. 9. After the run through Kendall Collet and David Appleton were still tied. These two boys were then put through a diminishing lane to pick the second and third place winners. Kendall took second and David third.

Many thanks to Mr. Hardy, Mr. Fisher, and Mr. Hart for their assistance in marking. Thanks also to Mr. Watkin for his assistance as projectionist.

Trophies were donated by the Base Recreation Council and

Silver Dollar Certificates signifying the Optimist Bicycle Safety Award through the St. James-Assiniboia Police Department.



Maj. W. J. Bowers presents trophies to winning pedal pushers.

# 648 die in 63,767 fires

Last year, 63,767 fires in Canada claimed 648 lives. The victims included 241 children. The estimated property loss was \$158,420,000.

The assessment of the annual toll of fire was made by the Joint Fire Prevention Committee of the fire services, based upon provincial reports to the Dominion Fire Commissioner.

Highlights of the holocaust review:



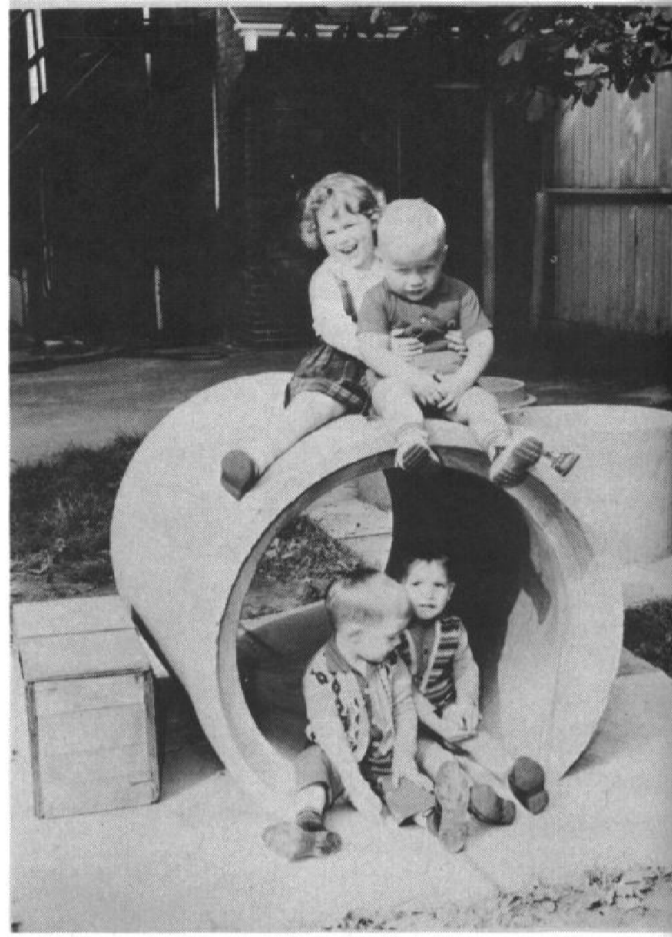
## Corporals' Club

10 October "Bossess Nite" (stag only. Ah tradition dies hard).

11 October Thanksgiving Frolic — Blue Tones, food.

18 October This just has to be the event of the month. "The Oktober Fest" beer steins, brockwürst, Ompa band and kegs of golden mellow beer and more beer. German beer steins will be sold at the door for a small charge.

# Kiddies' Korner



All kinds of them and they need your help. Give United Way.

The success of the fire services in fire prevention education is truly reflected by a decrease in the number of fires. They have come down 25 per cent over the disastrous highs often years ago, despite a population gain of 3,000,000. The 648 deaths compare with 681 in 1967. Multiple family tragedies swell the toll. Many of these fires occur during the winter, particularly at Christmas: In 47 fires alone in which three or more people died, 90 of the 201 victims were children. Despite the inflation trend, the property loss went out to an estimated per cent of \$7.64, compared to \$7.96 the previous year. Fire excludes forest and fed government fires. Nobody escapes the responsibility of fire in the home of the job. Ten years ago the average cost of fire was nearly \$1000. Today it is nearly double.

● FIRE PREVENTION ●

● FIRE PREVENTION ●

**VERY INTERESTING**

● FIRE PREVENTION ●

● FIRE PREVENTION ●

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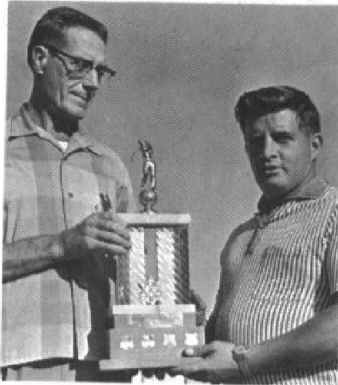




# Space Walk Sponsors

Owing to the fact that such a great multitude of people sponsored our Space Walk, space does not permit us to list all the names in one issue. Please watch for the remainder of the names in following issues.

- Diana Aalders
- Alice Adams
- T. Albert
- Mrs. I. Allen
- Mrs. W. Alock
- Gloria Anderson
- Pat Anderson
- J. Armstrong
- K. V. Armstrong
- Lynne Arnett
- Fr. M. Arsenault
- R. Audet
- Mrs. D. Ayers
- Anne Babiak
- Fr. Babin
- Mrs. Banfield
- Mrs. L. Bangle
- Francine Barbeau
- Mrs. G. Barbeau
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- J. Barnes
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- Dorothy Bates
- Leonard Bates
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- Miss Carol
- Bentein
- Diane Bentein
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- Bruce Carnegie
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- Paul Carnegie
- W. K. Carr
- Mr. Carter
- B. Carter
- Mrs. Castellano
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- E. R. Chambers
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- H. Chapman
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- Helen Curry
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- Mrs. D. Daniels
- Sr. L. Dansereau
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- V. Danyliuk
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- Michael Day
- Mr. DeGagne
- Leone Delamere
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- Don Douglas
- Simone Douglas
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- M. Dube
- R. Dube
- W. Dube
- J. Duff
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- Duncan
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- R. E. Foster
- A. Fowler
- J. Fowler
- Mr. Fraill
- N. Francis
- Mrs. R. Francis
- Mrs. Frantz
- C. Frechette



Capt. Humphreys presents Cpl. Bentein with 733 Golf Trophy.

## 733 Golf Champ

Mike Bentein of 733 Comm. Sqn. came in with an 85 to win the 733 Golf Trophy. He was closely followed by Ed Ehinger with an 87. Although not eligible to win the trophy, Captain Brown of 73 Com. Grp. shot a fine round of 76.

Although Mike has been in Winnipeg for seven years, this is only his fourth year at the game; so take heart all you duffers.

Mike and his wife Darlene and their two children Mike and Cheryl are enjoying their stay in Winnipeg; "If only the winters weren't so cold and the summers so short", end of quote.

Mike parred 12 holes in the round, so with that famous "if" in golf, not putting on one hole, not playing the woods on another, etc., we could conceivably have a par golfer. So 733 congratulates you Mike, and wishes you well in your future endeavours.

DOUG BLAIS

## PHYSICAL FITNESS PROGRAM

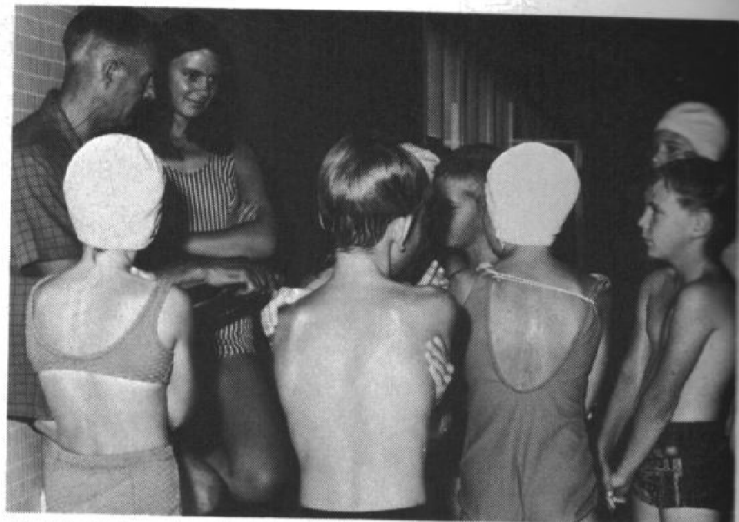
The Base Fitness Programme will be starting on the 6 Oct. 69. Units are requested to give their personnel ample time per week to improve and maintain their fitness standard. A minimum of twice per week, and maximum of three one hour sessions are required to Commanders are requested to phone the Recreation Centre at Local 511 (Sgt. J. McBride) for the time they would like to use the gym or facilities. The following times are available.

- Monday to Friday
- 0800-0900
- 1100-1200
- 1300-1400
- 1530-1630

### TESTING

The Base requirement is that all personnel meet the standard of "FAIR" for 1969 and GOOD for 1970. Many of the Base personnel have already achieved the Good standard. Testing now will commence every 8 weeks from the start of the programme. Those requiring testing, and those wishing to be retested will be able to do so at this time.

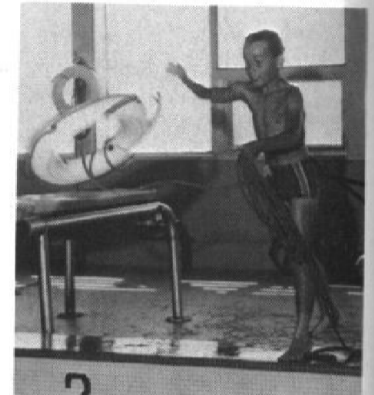
The turnout last year, and the enthusiasm generated by the Base personnel was commendable. Some have never stopped coming in for their daily workouts and, Oh yes, by the way, there's no charge.



M. W. O. Lamb with Miss Sally Jackson and her swimming class, who anxiously await the results of their final test.

## Swimming the Sensible Art

Everybody should know how to swim. Not just because it is a healthy pastime and lots of fun, but because it makes good sense. Unless you shun the water completely (and who does?) you are more than liable to find yourself in a position where swimming skill can save a life. Your own or someone else's. The accompanying photos portray this skill being taught to its best advantage, to the young. The first Junior Swim Class have just completed a 3 week course, and Chief Instructor W. O. Lamb is pleased with the results. The course he says, got a passing percentage of 80 percent, which speaks volumes for the interest shown. W. O. Lamb stated that it couldn't have been achieved without the excellent guidance of its instructors. In the



Donald Jurgens Junior Swim Class

Westwin pool they were — Ellen Nelson, Galene Nikkel, Sally Kackson, Susan Stewart and Manne Getterman. At Lipsett Hall the instructors were — Leslie Martinson, Leslie McQuade, Mariam Martinson, Lynda Harrysing, Wendy Wood, Val Hosking and Coleen Eastveld.

PHOTOS BY CURRY

## Lacrosse "B" Flag Football Champions

The Westwin Pee Wee Lacrosse team coached by Karl Hermann won the City "B" Lacrosse Championship in four straight games for their first honors in the club's two year history. The Locals led by Bruce Gilmore and Murry Bannerman overpowered two teams from Transcona in the Eastern City 17-0, 17-3 and 12-3. In the final match at Kelvin the Locals won the honors by edging the St. James Blues 7-3. Our congratulations to convener Harold Webb, Coach Karl Hermann, manager Wes Keech and the nine members of the Pee Wee Squad.

Flagfootball season is here again and it is anticipated this will be a big year for CFB Winnipeg which will be defending their zone three championship. The Inter-Section League which has already commenced has 4 teams, Maintenance, CFAMS, Club 61, and Flying Wing. Anyone interested in playing flagfootball this season should contact Cpl. Gallant at Local 513 or Sgt. Dick St. Louis at Local 511.

**CFB Winnipeg fastball team draw**  
The winner of the CFB Winnipeg fastball team draw held on the 15th Sept. 69 was Miss Gwen Rathwell of the Astra Credit Union.

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### Bowling Alley Schedule

The Westwin Bowling Season has started. Persons interested in bowling as Spares, please contact Cpl. Valade at Local 511.

- Monday — Ladies League, 1830-2330
- Tuesday — Open Bowling, 1830-2130
- Wednesday — Open Bowling, 1830-2130
- Thursday — Intersection Bowling, 1900-2300
- Friday — Junior League, 1830-2030
- Saturday — Open Bowling, 1300-1630
- Sunday — Junior League, 1230-1800
- Mixed League 1900-2300

Open Bowling as advertised includes all personnel who may wish to participate as individuals or teams.



### Westwin Mixed Bowling League

We still require a few teams for the Westwin Mixed Bowling League, scheduled to commence on Sunday, Oct. 5. We already have eight teams and can accommodate only twelve, so get your entries in early. **Deadline for entries is September 30th** (or sooner if twelve teams are registered before that date). For further information or entry, please contact Lois Carnegie at 837-1100.

Base Halifax Capt. Peter Verney set a new record in the mile run. His time was 4:26.9. It was 13.6 better than Carmichael's 1968 record run. Verney also took the 880-yard event in 2:6.7.



Staff team. Although they lost in football the staff were the overall winners in the ANS semi-annual staff-student sports day.

swimming class,



mens Junior Swim

they were — Ellen, Ene Nikkel, Sally, Susan Stewart and terman. At Lipsett instructors were — rtinson, Leslie Mc, riam Martinson, Lyn- ing, Wendy Wood, n and Coleen East-

PHOTOS BY CURRY



pass through oral test.

### Junior Rifle Club

ooting practices shall be ected every Monday and esday evening from 1800 00 hours. Instructions and ment shall be supplied. otaoba Hunter Safety Course

embership is restricted to ary dependents between o 17 years of age at a cost wo dollars. or further information con- Sgt. Jack Chaston at al 354.

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### Harvest Spiel to Aid United Way Campaign

The Curling Club will open its season this year with a combination Bonspiel and United Way campaign drive. The annual event goes underway on October 18th at both Sites and chairman George Reeves is looking for a full slate of 64 rinks. The United Way will benefit in two ways. First, the entry fee has been raised to a still low \$10.00 per rink, with the extra \$2.00 going to the Charity. In addition to this, the 10 percent of total revenue normally collected by the Club will also be turned over. A full complement of rinks will mean about \$150.00 in the United Way till.

The Spiel will again be an open affair, with men's mixed and ladies' rinks all welcome. As curling ice has already been available for some days now, it is expected that the competition will be keen and the entry heavy. The club is a full month ahead of last year with its opening, which promises a real full year.

For those who have not yet completed their membership applications, these are available at any time from most committee members. Membership chairman this year is Major Don Gallagher, and he can be reached at local 355. Seek Snack Bar Concessionaire

With the early opening this year, the chairman of the Bar committee, Capt. John Beer, (OK, John, no snide remarks) is in the market for people to run the snack bars at both sites. No rental fee will be charged, and the hours of operation will not be extensive. Anyone who thinks they might be interested in this venture may call Capt. Beer at local 415. The profits will be all theirs.

Casual Curling Contact  
Although the ice is already available, it will be another ten days before the Harvest Bonspiel gets underway, and the various leagues will only start after that. Any individual or group who wish to rent ice on a casual basis in the meantime may apply to Major Art Swainson or Mrs. B. Wild at 832-1311, local 677. Since the membership year doesn't start until the leagues do, this ice is open to all on a first-come, first-served basis. The rental fee is nominal.

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**APPLIANCE REPAIRS**  
Small appliances, irons, toasters, kettles, etc. Also repairs to washers and dryers. Fully licenced. Call **KEITH MEERS, 832-5648.**

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**GARAGE, VICINITY OF Grenadier/Kenaston** will pay cash for 1 year in advance. Phone: Local 548.

**2 OR 4 WHEEL CART** suitable for paper route. Phone: CPL Brown Local 307 or 837-8586.

**I WOULD LIKE TO BUY,** private deal only, a three bedroom home in the Crestview Park or Westwood area. Phone: 837-5684 after 5 p.m.

**TRANSPORTATION BETWEEN** North Kildonan and CFB Winnipeg (North Site — CE Section) is required Monday through Friday. Will pay. Phone: Mrs. Wynn Maksymiw at Local 282 or 338-1170.

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**TOWNHOUSE, ST. James,** available immediately. 3 bedroom 1 1/2 baths. \$185.00 monthly. Phone: 837-1591 evenings and weekends.

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**WAREHOUSE SALE:** new chesterfield suites \$79, \$99.50, \$119, \$138 and \$148. French Provincial and Spanish suites \$248 and up. Easy terms. The Furniture Warehouse, 1030 St. James St.

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**AT CORPORAL'S CLUB** or in MDP's, internal casing of ladies watch. Reward. Phone: 888-6786.

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**PART TIME BABYSITTER** wanted in the vicinity of Whytefold Road, Low rental units, starting the 29th September. One 4 year old all day and one 5 year old half days. Phone: 888-4467 Mrs. Campbell.

**FOR SALE**

**WAREHOUSE SALE:** new Mediterranean and Spanish bedroom suites, reg. \$589, warehouse price \$387.60. Easy terms. The Furniture Warehouse, 1030 St. James St.

**FOR SALE**

**CASTNER FULL RACE PREPARED TRIUMPH TR4. COMPLETE WITH SPARE PARTS, WET AND DRY TIRES. READY TO RACE. CAR ALREADY HAS EXCELLENT REPUTATION AND HAS JUST BEEN REBUILT. PHONE: 832-5149 OR LCL 446. ASKING ONLY \$1,500.00. CAN BE CONVERTED TO STREET.**

**WAREHOUSE SALE:** new china cabinets \$25, student desks \$16, coffee tables \$7 and up, lamps \$5 and up. The Furniture Warehouse, 1030 St. James St.

**FOR SALE EATON'S** camp stove, 2 prs. cap shoes 11 & 3, call 837-5304 anytime.

**BEAUTY COUNSELLOR** Cosmetics now being sold. For further information call 832-5008 and ask for Betty.

**GIRL'S BORGLINED** winter coat with matching hat, size 14, \$10.00. Frigidaire 30" stove with automatic oven, timer, clock and pan drawer, \$55.00. 1968 Yamaha 350 motorbike, best offer. Phone 489-8045, C. J. Eddie, Major.

**SINGLE BED WITH BOX** spring and mattress. Book case headboard. Used only one week. Also, one wringer washer. Call CPL Reid 888-3585 days or 489-5831 evenings.

**1 GIRL GUIDE UNIFORM** complete, size 12, \$7.00. 1 Boy Scout uniform, shirt, tam, belt and sash, \$5.00. Phone: 837-9051.

**1969 VW, FASTBACK,** 1600. Phone 786-2530 or 783-6400.

**1 BRAND NEW SNOW** tire 6.85-15 also rim for 1500 VW best offer. Phone: 489-4971.

**1 LARGE 4 BURNER** electric Moffat Range — Best offer — will move for buyer at no cost. Phone: Loc. 548.

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**WAREHOUSE SALE:** new French Provincial 7 piece dining room suite, reg. \$589, sale price \$375. The Furniture Warehouse, 1030 St. James St.

**1957 BUICK ROADMASTER,** excellent condition, good rubber. CPL Cormier Local 524 or 775-4839.

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**1966 MERCURY MONTCALM** fully equipped, low miles, PS, PB, radio, also two new snow tires. CPL G. Gould 524.

**1965, 4 DOOR RAMBLER** 550 Stn. Wagon. Automatic trans. all new tires. Transistor radio. W/S washers. A1 condition. Bob Armstrong 832-2657.

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**1959 MERCURY. CALL** Sue Local 658.

**2 STUDDER SNOW** grips 7.10-15 mounted on '58 Buick wheels. Used one winter \$15.00 each. CPL Cormier Local 524 or 775-4839.

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**HAVE I GOT A CAR FOR YOU . . .** 1961 Volks., Laurie Logan at 837-7514.

**TAPE RECORDER, RCA** Victor, 7" reels, \$75.00 or best offer. Phone: 888-4726.

**1969 ROADRUNNER, HI-**perf. 383, Auto, Polyglass tires and mags. P.S., P.B., Buckets, Vin. Top, other extras Radio and Rever. \$3549. Local 473 LT. Penel BB 74 Rm. 119.

**1966 AUSTIN 1100, NEW** battery and muffler, good condition, asking \$1000. Phone: 837-5645 or Loc. 256.

**HANIMEX SUPER 8** movie camera, seldom used, zoom lens, electric projector, light bar, case, splicer, screen. Phone: 772-3746.

**BROWNIE UNIFORM —** size 10. Complete with hat, belt and purse. New about \$12.00, available for \$5.00. Call Local 652.

**1961 VOLKS. PHONE** 837-8083.

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**WAREHOUSE SALE:** new student desks \$16, continental beds \$48, 5 piece chrome suite \$48, 3 piece bedroom suite \$125. Easy terms. The Furniture Warehouse, 1030 St. James St.

**WAREHOUSE SALE:** new 4 seater deluxe chesterfield and chair, reg. \$529, sale price \$367.40, davenport and chair \$93.40, regular \$149.50, 7 piece living room suite, reg. \$429, warehouse price \$267. Easy terms, The Furniture Warehouse, 1030 St. James St.

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Yes, Voxair does welcome letters to the editor.



Cool Head. So NORAD commander McKee travelled to

**Prince Philip on youth tour**

OTTAWA (CFP) — The Prince of Edinburgh launched a 11-city private tour of Canada on Oct. 16. He will visit 20 schools, sports clubs and youth sports centers in support of the Prince's Award for Young Canadians. Cities to be visited are Saint John, N.B.; Vancouver, B.C.; Toronto, Ont.; Ottawa, Ont.; Peterborough, Ont.; London, Ont.; Calgary, Alberta; and Vancouver, B.C. Major-General George Ing, national co-ordinator of the Prince's Award, will accompany Prince Philip throughout the visit in more than 50 public appearances. During the tour, Prince Philip will see and chat with more than 4,500 boys and girls involved in the Canadian

**Three ways**

CFHQ has advised that new Canadian Forces uniform (officers) from supply sources from supply sources for purchase of "tailor-made" uniforms. The green uniform will be available to both officers and from the Director General. The service outlets, jackets and trousers, are to provide basic clothing kit general issue. While the essentials of the complete list of badges not yet been finally approved. The Directorate of Ceremonial indicate command affiliation. They have not yet been developed. It is expected that in develop replenishment stock all items of the uniform. program will be allowed to