

ELT Speeds Rescue

Ottawa (CFB) — An electronic locator transmitter helped in the speedy rescue on Nov 19, of Albert Kaminski of Vernon, BC, after his single engine aircraft crashed into a mountain side. Mr. Kaminski, suffering only slight injuries, was located by Canadian forces aircraft and evacuated to the Vernon hospital by a CF Labrador helicopter, after spending a chilly night on the mountain side. Mr. Kaminski had spent the weekend in Wells Gray Provincial Park with another pilot, Norman Smith of Vernon. The two took off Sunday Nov. 18, flying their planes in tandem and became separated when they ran into thick weather near Kelowna, BC. Mr. Smith was able to make it home to Vernon, and immediately reported Mr. Kaminski's plane as overdue, Sunday night. A Canadian forces Boeing 707 on scheduled flight from Edmonton to Vancouver, picked up a faint electronic signal Sunday night in the area of Enderby. Later

other forces and civilian fliers also reported hearing the radio signal. The next morning, a Labrador and a Buffalo aircraft doing an ELT check in the area of the signals were able to pin it down to within two miles. Later in the day when the weather cleared, the Labrador was able to set down at the 5,500 foot level of the mountain, within 100 feet of the downed aircraft. Mr. Kaminski was found to be only slightly injured and was later airlifted from the site to the Vernon hospital. The rescue co-ordination centre in Esquimalt credited the ELT for the speedy rescue, after only 16 hours of flying time. In other recent Canadian forces search efforts, over 1,000 flying hours have been expended for Canadian Pacific pilot Neil Carey who disappeared Sept. 18 in northern BC. A tracker search aircraft crashed, killing four servicemen while looking for Mr. Carey, whose plane has still not been located.

Voxair

December 5, 1973

CANADIAN FORCES BASE, WINNIPEG

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Centennial Activities Underway

During 1974, Winnipeg will celebrate the 100th Anniversary of its incorporation as a city. To commemorate this historic event many civic and military events are now being planned and will be held as part of the Centennial year celebrations.

There are many military units located in Winnipeg and elsewhere which have helped shape Winnipeg's colorful and historic past, and have thus contributed significantly to its present status as a major city in Canada. Military units and personnel in the Winnipeg area, proud of their past contributions and in anticipation of the future, will join with their civilian counterparts in making Winnipeg's Centennial a memorable one.

Many of the military activities slated during the centennial year are now in the final stages of planning. Some of the major events include a joint PPCLI — TC Band concert in the Centennial Concert Hall, PPCLI Freedom of the City Parade, an Armed Forces display in the Winnipeg arena, and an airshow. In addition to these and many other activities, CFB Winnipeg will host numerous Service and other Canadian Sporting events during this Centennial year. A program of this magnitude is deserving to an occasion such as this, and will require the support of all military personnel in the area to ensure its complete success.

On page 13 of this issue, Voxair features articles and a calendar of military events that are planned during Winnipeg's Centennial year.



The Honourable Edward Schreyer, Premier of Manitoba, is dressed in the style of 1873 during Proclamation Day ceremonies at the Legislature Nov. 8.

Proclamation Day activities on the 100th anniversary of Winnipeg's incorporation as a city, mark the official start of the centennial celebrations.

Training Command Band members providing heraldic trumpets for the occasion are WO Ido Van Den Boek, (left), Cpl David Jones (centre), and Cpl Dennis Gerwin, (right).

Base Photo

Tribals Join Fleet Workout

Bermuda. — Canadian forces ships and aircraft began assembling in Bermuda Dec 1 to participate in the largest Canadian naval exercise to be held this year. Nine destroyers of maritime command with the fleet replenishment ship preserver were joined by the submarines Okanagan and Onondaga during the peak period of a three-week exercise which began in open Atlantic waters Nov 26. The exercise is designed to provide operational experience to Canada's maritime surface, submarine and air forces in all phases of anti-submarine warfare tactics and procedures. Taking part are the modern 280-class destroyers Iroquois, Athabaskan and Algonquin, the helicopter destroyers Assiniboine, Nipigon, Saguenay and Annapolis, the destroyers QuAppelle and Yukon and the sup-

port ship preserver. Operating with the ships will be Sea King helicopter detachments from Canadian forces base Shearwater, NS other participating aircraft will operate from the naval air station in Bermuda and will include trackers, argus long-range patrol aircraft, T-33S, CF-100 electronic warfare jets, and CF-104 fighter interceptors. Also taking part the exercise are the British Frigate HMS Ashanti and US Navy orion anti-sub aircraft.

The officer conducting the exercise is Captain ND Brodeur, commandant Canadian forces maritime warfare school, Halifax. The ships will be under the operational control of Captain AC McMillin, commander, fifth Canadian destroyer squadron. The exercise is scheduled to end in Bermuda waters Dec 12.

CIA on Base

CFB Winnipeg has four new certified Internal Auditors (CIAs). Major M. D. Mandzuk, Base Comptroller; MWO J. A. Desbiens, Mr. O. Carnahan and Mr. P. L. LeRoy of the Internal Audit Section were recently recognized by the Institute of Internal Auditors for their professional qualifications in the field of Internal Auditing.

augurated this year by the Institute of Internal Auditors as a means of recognizing the professional qualifications of its members and to encourage self-development and the maintenance of high standards for all internal auditors working in government, business, and industry.

A concerted effort has been made by the Internal Audit Sec-

tion at CFB Winnipeg to improve the audit services provided to base sections and integral and lodger units. Part of this program has been regular attendance at the monthly meetings and seminars put on by the Winnipeg Chapter of the Institute of Internal Auditors. Exchanges have also been held with the audit staffs of other Training Command Bases in the Prairie Region.



Presentation Ceremonies in the Base Commander's office, formally recognized the achievements of four personnel from CFB Winnipeg in attaining the professional qualifications required by the Institute of Internal Auditors. Photographed following the

presentation are L to R: MWO J. A. Desbiens; Mr. P. L. LeRoy; Mr. H. W. Cox, President of the Winnipeg Chapter of the Institute of Internal Auditors, Inc.; Maj M. D. Mandzuk, Base Comptroller; Col C. A. LaFrance, Base Commander; and Mr. O. Carnahan. Base Photo

UN Force Enlarged

OTTAWA — Canada will increase the size of its contingent in the United Nations Emergency Force in the Middle East, defence minister James Richardson announced today. The additional Canadians leaving Canada will serve in the support, and logistics role.

In response to the request of the Secretary General of the United Nations, Canada has agreed to provide an aviation unit, a supply company, a maintenance company, a movement control unit, a postal detachment, and Canadian national administrative unit. A Canadian communications unit, already in the Middle East, will continue to provide field communications for the U.N.E.F.

Other logistics support for the multi-nation force will be provided by Poland. This will include engineer, medical and road transport units, including a maintenance element.

All Canadian elements will be under the command of Brig-Gen. Donald S. Nicholson, 53, of Ottawa and Cornwall, Ont. Gen. Nicholson will also serve as a senior logistics adviser to the commander of the UN force, Finnish Maj-Gen. Ensio Siilavsuu.

Canadian Forces personnel will be drawn from several bases across the country, including Calgary, Edmonton, Winnipeg, Kingston,

Petawawa, Ottawa, Montreal, Valcartier and Gagetown, N.B. Departure points will be Edmonton, Trenton and Quebec City.

Mr. Richardson said that the move will begin this weekend and will require 10 Hercules and two Boeing 707 aircraft. Fifty-nine vehicles and 14 trailers will be transported to the Middle East, along with several tons of stores, including hygiene and sanitation equipment. There are 126 Canadian vehicles and 57 trailers now with the force in the Middle East.

Roles to be performed by the Canadians include the supply function. This will involve the receiving, storing, issuing and accounting of all UNEF supply items, including spare parts, radios, vehicles, food, furniture, construction materials and clothing.

The aviation unit will consist of three 11-passenger twin Huey helicopters and three 34-passenger Buffalo aircraft. The helicopters will be airlifted by C-130 Hercules aircraft, and the Buffalos will fly over by way of Greenland, Scotland, Germany and Cyprus.

To facilitate the movement of men and equipment from Canada, clearance for over-flights and necessary landing clearances have been granted by Belgium, Britain, Cyprus, Denmark, the Federal Republic of Germany, Greece, Iceland, Ireland, the Netherlands, Portugal and Switzerland.

Westwin Elects Community Council

The Westwin Community Council has now been formed. On Monday evening 26 November five of the ten wards in Westwin community elected representatives. These ten new councillors, along with those declared councillors by acclamation two weeks ago will begin work dealing with community affairs shortly after the new year.

Elected on the 26 of November were WO Ron Nelson and Sgt. Monte Allison in Ward 5, WO Don Hinds and Capt. Art Armstrong in Ward 6, Cpl. Gerry Hopkins and M/Cpl. Marv Paine in Ward 7, M/Cpl. Leslie Mathews and Cpl. Guy Thibault in Ward 8, and Lt. Pete Peterson and Sgt. John Spirito in Ward 9. Completing the Council are acclaimed councillors Cpl. Ben Burgess (Ward 1), Cpl. Grant Harrison (Ward 2), M/Cpl. John Ablett and Cpl. Geoffrey Morgan (Ward 3), Sgt. Al Cox and M/Cpl. Mike McSween (Ward 4) and Mrs. Daniel Neilson and Major Bob Stevens (Ward 10).

After the election results were announced the Base Commander, Col. C. A. LaFrance offered his warmest congratulations to the Council members. He reiterated his belief in the Community council concept. He wished the Council every success in their endeavours; he is looking forward to working with with them. He further stated that it was his hope that personnel in MQ's would use the Council as a vehicle for the implementation of programs and ideas to improve service community life.

Approximately 87% of the eligible voters cast ballots in the five wards that were electing members. This high participation in the election indicates the MQ residents are interested in their community affairs and intend to give the Council their support.

It was indeed fortunate that so many fine candidates were willing to stand for election and so offer their services to the community. In all wards, the vote was close, which indicates that all nominees are held in high esteem in their respective areas. Appreciation and thanks for their participation in the election must be extended to those who were not elected into office. All of these have expressed offers of assistance, co-operation, and support to the new Council, and there is no doubt that their aid will be invaluable. Our heartiest congratulations to the new Council members. We extend in advance



Pictured with the Base Commander, Col. C. A. LaFrance, are members of the recently formed Westwin Community Council. **Back Row — left to right** are: M/Cpl. Leslie Mathews, Cpl. Geoffrey Morgan, Cpl. Ben Burgess, M/Cpl. Mike McSween, M/Cpl. Merv Paine, Capt. Art Armstrong, Sgt. Al Cox, Cpl. Gerry Hopkins, Lt. Pete Peterson and Cpl. Grant Harrison. **Front Row — left to right** Cpl. Guy Thibault, Col. C. A. LaFrance, Mrs. Daniel Neilson and WO Ron Nelson. Missing from the photo are Cpl. John Ablett, Sgt. Monte Allison, WO Don Hinds, Sgt. Hohn Spirito and Maj. Bob Stevens.

our appreciation for their efforts on behalf of the Westwin community.

A number of volunteers have spent some considerable time in laying the groundwork for the formation of a Westwin Community Council and ultimately, in setting

up and holding the subsequent election to determine its membership. Capt. Bill Joughin and the Recreation staff provided assistance when needed. Some individuals such as Mrs. Gail Smith, Mike Mercredi and Bob Ferneough, have contributed a

great deal of effort in this regard, for which special thanks are in order. All of those who have played some part in this venture have made a contribution to the quality of our community life. Their endeavours are much appreciated.

Base Photo

Recreational Facilities

The recreation facilities available on any Base are provided primarily for the use of servicemen. Therefore, as a dependant of a serving member the same facilities are available as a privilege not a must, hence the rules and regulations that are set down are there for the protection and control of all those who make use of these recreational outlets.

It is the concern of all who have made use of these facilities (note: letter to editor Voxair 7 Nov. 73)

as to the unnecessary happenings that have occurred over the last several months, such as having to spend approximately \$2,000.00 for the repair of ceiling tiles throughout the building and to top it all off the individuals who stuff toilet rolls in the toilets and leave them running the cost is approximately \$15.00 per call not to mention the damage that caused by the water. These are only a few examples of happenings that occur, not to be underdone by the common everyday stealing that goes on by our dependants. People, I'm sure, will say — 'whose looking after the kids when they are over at the rec centre?' In fact each activity has an operator in control of his area, but its the other hard to find places that receive the damage. What's that you say? "Get someone to control these areas." Well that's about as difficult to do as it is to get parents to come on over and lend a helping hand in the programs.

Remember guys, its us who have to pay and its even harder when a dependant gets caught and the father has to pay.

These occurrences are only a sample of the many problems but I don't want to bore you with the details. As the old saying goes "If the shoe fits wear it."

Secondly, it would be appreciated, if we had parents in the community who would like to volunteer their service as locker room attendants. It simply takes a phone call to local 511 and leave your name.

COMPUTER COSTS

Consumers' Association of Canada reports that the Federal Treasury Board study on government computer operations estimates that for every dollar of direct computer spending, another \$2.50 is spent on indirect costs tied to computer-based projects.

December Climatology

Short days and cloudy skies are expected to make for little sunshine in the month of December.

The length — the time from sunrise to sunset — of the first day of December is 8.4 hours and the last day 8.15 hours. The shortest day of the year occurs December 21st is 8.06 hours. December is the month with the least number of daylight hours. Usually December is also a cloudy month. Averages of past Decembers show that the low sun is obscured 69.3 percent of the time while it is above the horizon. Reduced hours of daylight combined with a high frequency of cloudiness reduce the time of recorded sunshine to 80.6 hours — the least of any month.

Normally southerly winds have the greatest frequency in the month but wind speeds greater than 30 miles per hour are from the northwest 52 percent of the time. Winds tend to be from the easterly directions in periods of precipitation and heavy cloud conditions. And blowing snow in frequently associated with a northwest wind or a southerly. December is the worst month for blowing snow, occurring on the average 24 hours in the month.

The daily maximum temperature drops from 21 degrees Fahrenheit at the beginning of the month to 11 degrees F. at the end of the month. The daily minimum temperature in the 31 days drops from 8 degrees above zero to 6 degrees below zero on the Fahrenheit scale. The average daily variation in temperature is less in December than in the warmer months. However, history shows that day to day variations in temperature are quite extreme. Most Decembers have a warm spell or two lasting a few days in

see December Column 4 Page 16

Confligere

by Bob Purvis

What Does Tomorrow Mean to You? A good education for your children? A secure and happy retirement? Ability to meet the steadfast increase in cost of living? The unexpected? Whatever tomorrow means to you, you must plan for it today by investment. Investment in Canada Savings Bonds; private company stocks and bonds; any of the new and varied national bank savings plans, or your local credit unions.

It is said that, "It never rains, but it pours." This statement, in so far as "giving," "support of," and "investment in," always seems to come alive just prior to Christmas ... the big spending and/or credit time.

In the past few months you have probably been bombarded with requests for monetary support of a great variety of agencies. e.g.: The United Way, help support 52 health, welfare and recreation organizations. Christian Children's Fund of Canada, sponsor a child in an underprivileged country. United Nations "Pennies for Peace," food for the hungry, medicine for the sick, education for the illiterate. The Ability Fund, special training and educational programmes for the disabled. The Canadian Arthritis and Rheumatism Society, contributions for research. The Canadian Cancer Society, contributions for research, etc. The Canadian Association for the Mentally Retarded, contribute to the flower of hope campaign. Unitarian Service Committee of Canada, support 124 committee-sponsored projects in 13 countries in Asia, Africa and Europe. Care of Canada, support the needy of the world.

You may have also received in the mail Christmas cards produced by Rehandart Canada Ltd., support foot and mouth painting artists; Address labels from the War Amputations of Canada, support war amps; Christmas Seals, support the fight against tuberculosis and other respiratory diseases.

The Boys' Club of Canada, contribute to the provision of training, leadership and encouragement. The Canadian Equestrian Team, contributions required to help defray expenses in world competitions. Run Now for Canada in '76, support Canadian participation in the upcoming Olympics at Montreal. This may be done by purchasing special postage stamps issued each year until 1976, special monetary coins, or partaking of a million dollar sweepstake.

This is also the time of year you find yourself inundated with a flood of mail reminding you that annual dues to the various fraternities, clubs and organizations you belong to must be paid, most of which you will note have been increased due to the high cost of living, wages, etc., also many of these same memberships have some charitable project of their own for which they are requesting special donations. Most local churches and schools also have their individual charitable projects for which they are seeking financial support.

To top it off, this is also the time of year that you are flooded with a pile of "junk mail" advertising all the super-colossal bargains available to you for cash (if you have any left) or easy credit payments until next Christmas. Magazine, book, record and tape companies are offering what appears to be irresistible money-saving proposals at this time of year.

Now, it is realized that all this sounds like a "swan-song," however, if I as an individual were in a financial position to donate the minimal expected for just the charitable requests ... it would cost me in excess of \$500.

This all ties-back to the opening paragraph: "What does tomorrow see Confligere Column Page 4 Page 16

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Bison Brew

Howdy Herd. It seems that this column always commences with some remark about bisons, gooneys, and the weather. This week ain't any different. About three weeks ago an entry was placed against one of the birds in the aircraft unserviceability record which read "Require tape over cold air intakes or polar bears for pilots". For the bison who entered this in such an unstoic manner, and was unwilling to put up with the occasional sub zero blast around the rudder pedals, the polar bears are on demand, and should be through conversion soon.

The standards section had a stitch and bitch session last Wednesday with all the flight training officers, during which Dave Phoenix explained the new semi-automated marking system being established in the standards shop. So far his only problem has been to standardize the standards guys. The system involves a pass/fail random projectile range. A board with the appropriate markings inscribed its attached to the wall. It bears a remarkable resemblance to a dartboard. Projectiles, bearing a striking resemblance to the darts missing from the lounge, are used to represent the pilot being tested. These "pilots" are hurled at the "marking system" in a manner closely resembling a real test, and the results are recorded. Dave's problem is that all the guys over there are not up to the same proficiency level in the use of this time and worry-saving device, and many "dummy runs" are expected before the system goes into full swing. Its quite a way to save gas and airframe time, and the inventor of this system deserves acceptance into the Bison Chip Circle, an exclusive club, so far inhabited only by the OI/C cancelled flight plans, and the bonspiel prize selection officer.

Larry Berry, Dave Nicoll, and Doug Redford spent a couple of unscheduled days out west a couple of weeks ago. Doug is the base flight safety officer, and it seems that the lads wanted to show him how a pair of seasoned gooney goaders could handle incidents. As they sat on the ground beside the bird, Larry was heard to remark to Dave, "I don't think we can use this one again. The pilot leader is getting suspicious."

Congratulations to and a drink from Bill Learmond, who has been promoted to captain rank effective 1 Sep.

The Bonspiel results, as promised:

A Event First: B Flight: Towns, Kozak, Lumley, Faucher. Second, D Flight: Johnston, Salminen, Hamilton, Fox.

B Event: First: C Flight: Gottfried, McCracken, Munro, Heszely. Second: ICP: Agnew, Jensen, Davis, Livesey.

The bonspiel prizes for the winner of an event was a flashlight each, so they could find their way home.



I'M AFRAID YOU'RE MAD DESIRE TO CREATE IS LOST IN THIS NEIGHBOURHOOD DEAR!

All other winners and runners up received varying sized bottles of tablecloth solvent, courtesy of the B Flight Bilgewater officer. There are some photos of the grand presentations on this page. The photographer expresses regret that not all the pictures turned out, and some of the more newsworthy ones are unavailable due to the sale of the negatives to interested parties. Chub Heszely is featured twice because of his innocence, and the rollicking entertainment his unique delivery afforded the herd. He received the screwdriver as a prize so that he can get it all together for the spring bonspiel.

OVERHEARD: Park on Ramp VI? Which one is that?

SEEN AROUND: Berry on a detail!

RUMOURS: Those who consumed their bonspiel prizes are recuperating well. Bill Allan has found a DAK replacement (Details some other time). The guy who writes the brew is sane, but is making a good recovery. TTFN

CURRENT CURRENCY

\$\$\$ \$

Base accounts is still ostensibly oscillating on flexible hours. The basic consensus has been agreed by many as a workable system. This is not a contention of universal agreement but one of a concentration individual remarks. It has created individuals as in all aspects of the definition of the world individual.

The old military definition of teamwork was; "United we stand, divided we fall!" With the flexible hours, each clerk and officer plays their own working hours to their individual means.

Bosses nights are no longer a get together for a few drinks. It's a re-union of old acquaintances, an opportunity for individuals to get together as a team at a set time.

We'll be on this flexible system until the end of December, at least that will be the end of the trial period.

Each section throughout base accounts has slipped into their normal routine of eyes glancing furtively at calendars and minds wandering to Christmas parties and the happy eventful festive holidays.

All in all we'll continue with our tradition of placing the entire Decembers pay in your accounts by the mid-month.

On sale in base accounts are two articles strictly for Logistics personnel. Logistics decals — 35c each. Tie pins — \$1.50 each (Logistics crossed paperclips.) Western Region Finance Bonspiel Tickets — \$1.00 each. Tickets will be drawn on Feb. 16/74 and three prizes will be given away.

The branch extends the deepest sympathy to Linda and Gerry Mayert, on the tragic loss of Gerry's parents.

To all of you from the Base Comptrollers Branch, we wish you, each and every one, a very Merry Christmas and the Happiest of New Years.

CARING FOR SHAG RUGS

A straight suction vacuum cleaner is best for the long yarns of a shag rug. Before vacuuming, loosen the dirt particles with a shag rake which has thick tines that won't untwist the carpet yarns. Professional steam cleaning is the best method for cleaning. Home cleaning with a liquid shampoo or dry chemical cleaner can be tricky, warns the CBC Consumer Affairs Dept.

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JUMP FOR JOY. And they only won the second event! L to R: Dave McCracken, Bob Gottfried, Maj Tom Pollard presenting prizes, Chub Heszely, Al Munro, a loyal fan.



One screwdriver, one curler's cancer cure, one curler? LT CHUB HESZELY accepting the prizes for the most innovative rock tossing style.

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10 Bellavista Crescent, Winnipeg, Manitoba
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PATRICIA REPORT



Winter Warfare

With the first snowfall earlier this month, the 2PPCLI launched its programme of instruction in Basic Winter Warfare. In the classroom the programme included such lectures as winter survival, navigation, dress and equipment, vehicle maintenance, and personal hygiene. Recent heavy snowfalls allowed the soldiers to practice the technique of snowshoeing; the surest and often the only means of transportation in the far north. Tent group routine was also practiced with emphasis being put on the responsibilities of each

member. An experienced tent group can unpack, pitch, and secure a ten man arctic tent, blow up all its sleeping mattresses, unpack sleeping bags, and have water boiling for coffee in about seven minutes.

The practical application of the winter training will come when the battalion goes to Beausejour in Northern Manitoba for further winter indoctrination between 26 Nov. and 7 Dec., and again in late January when the battalion goes "north for the winter" to Churchill for a major exercise.



On the barren wastelands outside the Officer's Mess, members of C Coy 2PPCLI practice movement under winter conditions. Horsepower is supplied by Pte. Skinner and Pte. Barker; at the helm is Pte. Gohlin.

HOW TO MAKE A YULE LOG

Another timely tip from Ruth Fremes of CBC Radio Consumer Affairs. Yule logs not only add festive color to your fireplace, they make great gifts. Any newsprint or dull finished paper may be used (not magazines as they don't absorb the chemicals). Combine 2 lb. coarse salt, 2 lb. copper sulphate (bluestone), 2 gallons boiling water, and 1 oz. coloring salt (from your pharmacy or hardware store) in a plastic or wooden container. Roll

newspapers as tightly as possible into logs of desired size and tie tightly with string. Place log in solution, completely covering it. Don't pack them too compactly, as the papers need to become saturated. Remove, and place the logs on a rack to dry about one month. The coloring salts are: blue (copper sulphate); orange (calcium chloride), green (borax), red (strontium nitrate), violet (potassium chlorate), and yellow (calcium nitrate). N.B. Use only one coloring agent at a time.

Former CO Visits Unit

Recently the officers of the 2PPCLI hosted BGen C. J. A. Hamilton MBE, CD, who was retiring from the Armed Forces after an outstanding career. BGen Hamilton served in the Second World War with the Queen's Own Cameron Highlanders and later with the Saskatoon Light Infantry. He served in Sicily, Italy, and Northwest Europe. Returning to Canada in July 1945 he attended the Canadian Staff College at Kingston and held staff appointments in Western Command and HQ NWHS. On formation of the 25 Cdn. Inf. Bde. for service in Korea he was appointed Staff Captain and on dispatch of the Force to Korea, DAA & QMG. Following graduation from the U.S. Comd. and General Staff College, he held command and staff appointments including CO 2PPCLI, GSO 1HQ Western Command, DS Canadian Army Staff College, and Assistant Commandant Canadian Army Staff College. BGen Hamilton graduated from the Imperial Defence College in 1968, represented Canada as Senior Canadian Member of the International Observer Team to Nigeria in 1969, commanded 3

Combat Group/CFB Gagetown from Aug. 1969 to disbandment in June 1970 at which time he was appointed Commander 1 Combat Group until Aug. 1972. Until his retirement BGen Hamilton participated in the Canadian

Government's programme for the exchange of senior executives between the civilian industry and the government. BGen Hamilton leaves to take a senior executive position with Great-West Life Assurance Company.



BRIGADIER GENERAL C. J. A. Hamilton MBE, CD, former Commander 1 Combat Group and a former Commanding Officer of 2PPCLI, is presented with a tray on the occasion of his retirement by L. Col. J. H. Allan, on behalf of the officers and men of the 2PPCLI. **Base Photo**

PPCLI Personnel Top Combat Leaders Course



LCol. J. H. Allan CO 2PPCLI, congratulates Cpls Lockyer, Mugford, Westcott and MCpl Miller on a job well done as top students on the Combat Leaders Course held this fall in Wainwright, Alta. The Combat

Leaders Course is for the junior NCO and stresses leadership mainly through the vehicle of small party tasks. Missing from the photograph is Cpl. Beaton. **Base Photo**

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Canex Sales Tripled

BGen J. Gibbons, Director General Personnel Services, NHDQ recently awarded our Base Exchange Officer, Capt George Bell, with the "CAPTAIN CANEX GOOD SHOW AWARD". The certificate, designed to recognize exceptional performance on the part of Exchange personnel, was awarded to our BX staff this year for more than tripling the sales levels achieved in last year's Anniversary Sale. This was the best sales in-

crease in Canada. Accompanying this award is a \$200.00 cheque to be used to improve the recreation and amenities programme on this Base.

The BX is the largest source of revenue for the Base Fund at CFB Winnipeg; LCol Whitten as Chairman of the Base Fund Committee, is the largest spender of these funds. Support for your BX is support for your Base amenities. The staff is doing their part — Are you doing yours?



LCOL G. J. WHITTEN, BADMO, paused with CFB Winnipeg BX Staff for a moment to reflect on the hard work and energy expended to earn the Captain Canex Award for best sales increase in Canada. The Canex staff personnel include L to R: Sgt. G. H. Jones Store Manager, Mrs. Williams, Capt. G. E. Bell

Base Exchange Officer, Mrs. Wilson, Mrs. Woodhouse, Mrs. Kaechler, Marcia Delaine, and LCol Whitten. Missing from the photo are Mr. R. L. Duncan, Mrs. Maidment, Mrs. Sunbolic and Miss M. Bell.

Base Photo

Teen Town

Cadenza

By Sergeant L. Crawford

The club bids farewell to a familiar figure in the person of Miss Diane Slot. Diane has been our chairman since the club opened its doors in September. The amount of time, effort and energy put forth by her in the past few months will not easily be replaced or forgotten. I am sure I speak for everyone involved in Teens when I say thank you Diane.

The new Chairman of Teen Town and our present Vice Mr. Eric Choptain will take over. I am sure the committee and the membership will give Eric the same unquestioning support that has made this club the great success it is.

As we approach the Christmas Season and with five successful dances to date, the membership would like to thank the following adults for giving their time voluntarily as chaperons:

Mrs. Dolly Stinson, Bill and Thelma Brandon, Len and Jan Barr, Cathy and Stan Pratt, Doug and Joan Brown.

Now what's happening this month. The sleight ride is still on the drawing boards. More news a little later.

There will be a Christmas — New Year's dance on the 28 December 1973. It is rumoured that it will be a dressup affair. No jeans, tee-shirts or running shoes.

That's all for now. If you have any suggestions or wish to volunteer your services to a very worthwhile club contact one of the executives or M/Cpl Brown at local 511.

After a busy fall schedule, the members of the Training Command Band once again head toward the Christmas holiday season with stiff upper embouchures as we watch our family budgets creak, groan and oft times give way under the high waters of yet another heavily commercialized Yuletide. At the prices paid for most of the gifts lying in various hiding places throughout this writer's home, I might suggest a more contemporary name for this time of year: "Ripoffmas"

For those who can still get that "Christmasy feeling" in spite of it all, . . . more power to you! At least that's one thing they can't charge you for (. . . or can they??)

Music is one part of Christmas most of us, I think, feel is meaningful and full of pleasant memories. I realise that we get carols and holiday oriented songs hammered at us wherever we go from Labor Day (or so it seems) to the end of the year but, for me at least, a live performance of Christmas music still does what it was intended to. We in the T.C. Band hope to do our part in that department this coming festive season as has been our tradition in the past.

The band is travelling to Regina shortly for a concert in that city's beautiful Centre of the Arts Concert Hall. Also we will be performing at the traditional Christmas dinners for our own service personnel. But most important, the kids won't be forgotten as the T. C. Band programs for these very special people in our concerts and other performances during the next several weeks.

The current energy panic is everywhere these days, it seems. Although I haven't yet seen W. O. Dave MacKay wearing gloves at the typewriter, there has been one or two occasions with room for suspicion!

Rumours as to our part in the conservation of power are rife throughout the band. There's one,

See Cadenza
Column 4 Page 16

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INTENSIVE TRAINING

Challenging, demanding, and intensive training greeted 70 young men as they arrived at Kapyong Barracks from CFB Cornwallis 6 weeks ago. Under the command of Capt G. M. Whiting, P Company of 2 PPCLI is presently training these 6 week veterans at CFB Shilo to qualify them as Pay Level 3 infantry soldiers. Weapon qualifications, field craft, battle fitness training, bayonet fighting, communications, navigation, inspections drill, sports and even a

broom-ball tournament have all been part of training to date. During the remainder of their 4 month course trainees will be exposed to a variety of phases in training as well as a number of field exercises. They will, however, enjoy a break in their busy schedule over the festive season. Following this, training will continue until mid February at which time a welcomed and well earned graduation will take place for successful candidates.



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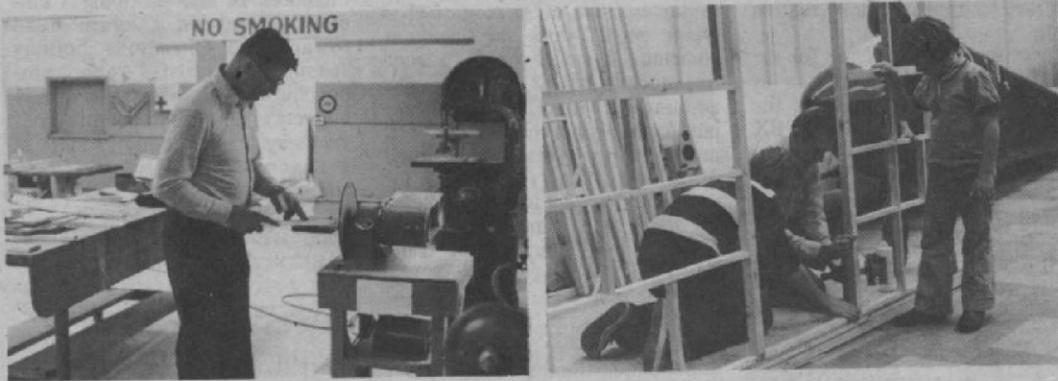


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Base Hobby Shop



Sgt Frank Colucci using disc sander at the Hobby Shop. M/Cpl Arne Filazek, with the help of sons Ronny, Greg and Glen erect wall of their new truck camper at the Base Hobby Shop.

The Base Hobby Shop is in full operation and in the following article we will answer all the many inquiries.

First, the shop is located in Building 81 (Middle Wing) and we have a phone — local 774.

Use of the shop is open to members only, and membership is restricted to Military personnel, or DND employees. Cost of membership is \$5.00 per year and only paid members may draw the

key for use of the shop. Keys for the shop are held at the Whytefold Gatehouse.

Facilities available are as follows:

a) Power equipment such as table saws, band saws, radial arm saw, pointer and sanders.

b) Hand Tools are available but under restricted usage.

c) Space is ample and available for working on larger projects such as trailers, boats etc.

d) Maintenance and cleanliness of the facility is the responsibility of all members. There will be no attendant as in the past; however, all inquiries can be directed to Capt Gerry Weiler local 445 or Sgt Frank Colucci local 218 or 772-0461.

e) Some building materials are available for sale, but generally, members should provide their own wood and materials, etc.

Base Photo Club

The Base Photo Club is located in Building 17 at Westwin. It is open to all military personnel and DND employees.

The cost is only \$10.00 per year to become a member which entitles you to full use of the studio complete with back drop, tripod, lights and reflectors. Also, a fully equipped darkroom, including an enlarger, developing tanks, trays, print dryer and other miscellaneous equipment. All this, plus the club provides free use of

chemicals to club members. Photographic film, paper and camera accessories are available for purchase.

The club is operated by its membership and there is no attendant. Paid members may sign out the door key at anytime from the Whytefold Gatehouse.

Any further information concerning the club may be obtained by phoning the president Cpl Doug Pollen at local 207.



Doug Pollen, Photo Club President, processing a print in the club darkroom.

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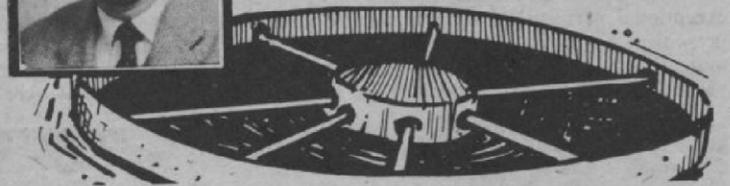
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The Ottawa Rough Riders after being 0 and 4 early in the season picked up Gerry Keeling on waivers from the Calgary Stampeders and with him at the helm wound up in first place in the CFL East and as everyone knows defeated the Edmonton Eskimos 22-18 in this year's edition of the Grey Cup. Another reason for Ottawa's surge to the top was the fine play of Fullback Terry Evenson traded to Ottawa by the hapless Vancouver Lions.

We have heard all the pros and cons of why the Bombers of Winnipeg failed to make the grade again this year — the loss of Mack Heron and Jim Thorpe, etc., etc. — but did you know that for the price of his contract reported to be a measly \$30,000.00 Keeling could have been the back up to Don Jonas and that Vancouver offered Evenson to the Blue and Gold first. The Winnipeg Management claims the Fullback's contract was too high. Who cares? For a club who is supposedly in the black and who apparently are willing to shell out for the best, one cannot understand how these two football players got away. Can you imagine what Jonas could have done with Evenson in the back field? Or what Keeling might have done when the Bomber offence bogged down under Jonas' control? It is understood that the Winnipeg General Manager didn't want Keeling because it was too much to pay for a back-up quarterback. I wonder what too much means? Ottawa had two excellent quarterbacks and they won the Grey Cup. Edmonton had two excellent quarterbacks and they got to the Grey Cup only to lose by four points. What would have happened if Wilkinson hadn't been hurt can only be guessed. It might have ended differently, but it didn't and the 1973 football season is history.

Winnipeg Hockey Teams in Trouble?

As everyone knows the City of Winnipeg has two hockey machines of note — the Jets of the World Hockey Association and the Clubs of the Western Canadian Hockey League a Junior organization of Tier one calibre. The Jets, Champions of the WHA Western Division last season are apparently in difficulties as they end the second month of the 1973/74 season in fourth place and in danger of falling into fifth or even sixth place if they cannot halt the nose-dive. At home they are presently 7-1-1 but on the road they have a terrible 2-11-1 record. They have not won a game on the road in their last ten games and unless my figures are wrong this is a WHA record, and this record could be increased to eleven for as I write this they have yet to play Houston in that noted Texas city. My comrades in the Winnipeg Sports Writers and Sportscaster Association have their own ideas as to what is and is not right with the Jets and they could be pretty close to the real reason as to what ails this fine collection of hockey players. For my part I can only judge their performance on the facts and figures I gather from game to game. These statistics show that the Jets scored 81-goals in twenty-three games last season and have scored the same amount after twenty-three games this year. This scoring pace was good enough to carry them to the Divisional title. Defensively however, the team has allowed 82-goals so far this season while last year they allowed only 69-goals against at this stage in the schedule. I cannot believe that coaching can cause a total collapse of the defence. Although I do believe that the many changes in the Jets defensive pairings and the improper selection and playing of the defence in crucial situations can only be blamed on the bench coach. In all fairness to playing-coach Bobby Hull, he must have help from the bench coach if he is to be effective both as a player and a coach. Bobby must concentrate on playing when his line is on the ice, if he can't then his scoring production will fall off and he becomes ineffective as a player. To be an effective playing coach, one must have excellent support from the man handling the bench. It would appear this is not the case with the Winnipeg Jets and only a change will help correct the horrible results of their present road record.

The Winnipeg Clubs, who were the Junior Jets of a year ago, are a real mystery. Whether it is the lack of a winning spirit, lack of talent, or what, is the sixty-four dollar question. Try what they might the Clubs management cannot get them to win a game. A change of coaches has brought only one victory and a tie. Trades have been made and the last one where four players were received from Swift Current for Centre Don Laraway has yet to bear fruit. They say patience is a virtue. I wonder how long the management of the Winnipeg Clubs can retain their virtue

VOXAIR SPORTS

Curling Corner

Ottawa has done it again. They've taken away our Drawmaster. Ron Callbeck, who has held that position for the last two years, is scheduled to go on course in January and then on to new duties in Ottawa. Thanks for a job well done Ron and good luck on the course and your new job.

It took a lot of work but the executive finally came up with someone to take over as Draw-

master. The new Drawmaster will be Tom Lott from CFANS, Local 627. Tom takes over on 15 Dec 73.

The Tue/Thur Men's League still has openings for three rinks. Anyone interested in entering a rink in that league contact Capt Jensen, Local 643. The next draw will be 8 Jan 74.

Coming Events for December: Consol Playdowns, Holiday Spiel — Mixed.

Rifle Club

Recent congratulations were extended to Miss Shiela Rice by Capt Bill Joughin, the Base Recreation Chief. Shiela, of the Junior Rifle Club received the ladies Proficiency Trophy. She also picked up silverware as the first, First Year Junior to shoot a perfect score of 100 ten X.

Also honoured at this time was Cpl Art Ayres who said farewell to the club after a long and happy association. Art was presented with a little going away gift by Norine Winter of the Junior Club. You'll be sadly missed Art, but I am sure CFB Comox can put your talents to good use.

Junior Olympic Wrestling

A Junior Olympic Amateur Wrestling Tournament is slated for Lipsett Hall on Tuesday 29 January 74, starting at 7:30 p.m. This tournament is for wrestlers 18 years and younger, who have aspirations of competing in the junior winter games and the Manitoba Junior Championships in April or May.

Sidelighting this tournament will be a demonstration of wrestling skills such as takedowns, reversals, escapes, correct holds and an explanation of how wrestling is scored and judged.

The objective in wrestling is to hold any portion of both the opponents shoulder blades, in continuous contact with the mat for one second. This is termed a fall or a pin. The ability to win in olympic wrestling is based on the competitor's skill, strength, body balance, agility and stamina both mental and physical.

In the hope that CFB Winnipeg will have a contribution to Junior Wrestling in Manitoba, we are in the process of forming a wrestling club at Lipsett Hall. Warrant Officer Ron Nelson a one time amateur wrestler has agreed to take on the chores of coaching the club.

Ron's amateur career began in Montreal at the Verdun YMCA, then a move over to Ottawa Y before joining the service. In 1954 Ron was wrestling out of CFB Greenwood until he moved to CFB Clinton where he started a club in 1957 which lasted until 1966 when he was posted to CFB Winnipeg. In 1964 Ron attended a wrestling coach's course at RMC under the direction of a Mr. Howard, from Ohio State College. It isn't very often that we get someone as interested and as capable, to start a new activity, all we need now are people interested in learning about wrestling.

Club members will workout at Lipsett Hall every Saturday morning from 0930 to 1200 noon. The requisites for joining are: be a military dependant or authorized civilian and pay a membership fee of \$2.00. This club is also open to serving military personnel of all ages. Registrations will be accepted every Saturday morning beginning on 8 December. The suggested dress for this activity is running shoes, T-shirt and shorts or sweat suit.

So don't forget the wrestling tournament on Tuesday 29 Jan 74 at 7:30 p.m. There is no charge, so — see you at Lipsett.

Obedience Club

Just a quick note to let you all know that our obedience classes have been pretty successful and of course they will be run again in the New Year!

Beginning on the 24th of January 1974 we are running another course of 12 weeks. The time is 7:30 p.m. as usual at Bldg. 21, the old Drill Hall and once again Mrs. Monica Torrence will be instructing.

One word of caution — The classes are limited to the following: Novice class (beginners) — 16 dogs; Open Class — 8 dogs; Utility Class — 8 dogs.

This restriction is being laid on because Mrs. Torrence feels that you are only getting quality instruction if the classes are kept small. There may possibly be another ring set up if the requirement is there but this isn't an ideal situation! If you want your name down early contact Lt Isaacs (Local 738) or Cpl Jenkins (Local 571).

Christmas Gym Schedules

Westwin
Mon., 24 Dec., 0800-1300 hrs., Service Personnel.

Tue., 25 Dec., Closed.

Wed., 26 Dec., Closed.

Thu., 27 Dec., 0800-1300 hrs., Service Personnel; 1400-1600 hrs., Open Rec; 1800-2000 hrs., Open Rec.

Fri., 28 Dec., 0800-1300 hrs., Service Personnel; 1400-1600 hrs., Open Rec; 1800-2000 hrs., Open Rec.

Sat., 29 Dec., 1300-1600 hrs., Open Rec.

Sun., 30 Dec., 1300-1600 hrs., Open Rec; 1800-2200 hrs., Senior Badminton.

Mon., 31 Dec., 0800-1300 hrs., Service Personnel.

Tue., 1 Jan., Closed.

Wed., 2 Jan., Closed.

Thu., 3 Jan. 0800-1630 hrs., Service Personnel; 1800-2000 hrs., Open Rec.

Fri., 4 Jan., 0800-1630 hrs., Service Personnel; 1800-2000 hrs., Open Rec.

Sat., 5 Jan., 1300-1600 hrs., Open Rec.

Sun., 6 Jan., 1300-1600 hrs., Open Rec; 1800-2200 hrs., Senior Badminton.

Lipsett Hall

Mon., 24 Dec., 0800-1300 hrs., Service Personnel.

Tue., 25 Dec., Closed.

Wed., 26 Dec., Closed.

Thu., 27 Dec., 0800-1300 hrs., Service Personnel; 1400-1600 hrs., Open Rec; 1800-2000 hrs., Open Rec.

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Fri., 4 Jan., 0800-1630 hrs., Service Personnel; 1800-2000 hrs., Open Rec.

Sat., 5 Jan., 1300-1600 hrs., Open Rec.

Sun., 6 Jan., 1300-1600 hrs., Open Rec; 1800-2000 hrs., Open Rec.

Lipsett Hall/Westwin Pools

Mon., 24 Dec., Closed.

Tue., 25 Dec., Closed.

Wed., 26 Dec., Closed.

Thu., 27 Dec., 1300-1600 hrs., Open Swim; 1800-2000 hrs., Open Swim.

Fri., 28 Dec., 1300-1600 hrs., Open Swim; 1800-2000 hrs., Open Swim.

Sat., 29 Dec., 1300-1600 hrs., Open Swim.

Sun., 30 Dec., 1300-1600 hrs., Open Swim; 1800-2000 hrs., Open Swim.

Mon., 31 Dec., Closed.

Tue., 1 Jan., Closed.

Wed., 2 Jan., 1300-1600 hrs., Open Swim; 1800-2000 hrs., Open Swim.

Thu., 3 Jan., Normal Schedule.

Fri., 4 Jan., Normal Schedule.

Sat. 5 Jan., Normal Schedule.

Sun., 6 Jan., Normal Schedule.

Westwin Hockey

The roster for the executive, coaches and managers of the Hockey Club for the 1973-74 season has been, to a large extent, completed. A meeting held at the club on the 26th of November cleared up some loose ends and it appears as if we are off and running on another successful winter season. Some help is still needed; as an example, volunteers for coaching and managing some of the younger boys teams remains a requirement, and the chairman, Grant Harrison will gratefully accept nominees for these jobs. Incidentally, anyone who has coached a young hockey team in the past will allude to the fact that it is a very satisfying and rewarding experience.

The canteen in the hockey club requires a mother who would oversee the operation of this facility. There appears to be an adequate number of people who will help in serving, however a mother is required to prepare a roster and be the boss. A large part of our revenue is derived from this facility, to say nothing of the fact that a well run and pleasant canteen enhances any community club.

The club has decided to provide funds to assist the referees officiating at the Olympic and ABC League level. Clubs affiliated with greater Winnipeg have their referees provided for and paid, but until now we have not remunerated anyone helping us with the younger boys. Volunteers are needed in this area as well.

Figure Skating

The Westwin Community Club has agreed to provide practise ice for the Westwin Figure Skating Club. The number of hours is relatively few and should not disrupt the hockey schedule appreciably. The practise ice will however, accommodate 60 more of our communities children through this action.

Power Skating

A number of the younger hockey players do not realize just what power skating actually is. Some of them, strangely enough, think that it may conflict with their hockey talents, or in some vague way, ruin their style. This is far from the case. Power skating

See Sports

Column 1, Page 14

Gooneybirds

With seven returnees from last year, and a good crop of rookies, the CFB Winnipeg Gooneybirds are bouncing along in first place in the East Division of the City Intermediate Basketball League.

Practices started early in October and the hard work has paid off in the team's early success. CFB is currently 4-0 having won its first games 67-23, 70-49, 69-52 and 62-58.

Leading the scoring punch for the Gooneybirds is 6'4" Steve

Lucas whose 22 point average is tops in the league. He is amply supported by Brian Fritsch and Chub Hezely with the hot shots. Heading up the backcourt squad are rookie C. C. Ouimet and veterans Cecil Carr, John Reade and Billy Learmond. Their good ball control and smooth passing makes the offense work. Helping out on the boards are 6'3" Brian Wong, 6'7" Joh Toogood, 6'3" Gary Ferwerda and 6'1" Al Hunter. Utility players, Hal Steffler, Julien Paradis and Wilson High can step into any situation when needed.

Most CFB games are on Monday nights at the Westwin gym. Interested in watching? Contact the Rec Centre for game time information.

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Base Transportation News and Views

Wagon-Express

This week, the WAGON EXPRESS features the Base Transportation Traffic Section. One of the many functions of the Traffic Section located in Bldg. 86 is F & E (Furniture and Effects) movement. Now that another long and busy summer has ended, it is felt that this would be a good time to familiarize all personnel with the role the Traffic Section plays in the movement of your Furniture and Effects.

When personnel are posted from the Winnipeg area (including CFS Beausejour, CFS Gypsumville, FMC Det. Fort Churchill & CFS Flin Flon) they complete an application to move their F & E or mobile home to their new unit, or store the F & E in Winnipeg. Upon receiving the application, a Carrier is selected, and a contract to complete the move is raised. It must be noted at this time that personnel who are having their F & E moved or stored do not have a voice in the selection of one carrier over another. All carriers who seek DND moving contracts have an equal opportunity to be selected. A rigid control system is maintained to ensure the quality of service provided by moving companies is high.

A Quality Control Inspection is carried out when the furniture is being packed, and again when it is being loaded. The purpose of these

inspections is to ensure that proper packing methods are being carried out and regulations are being adhered to.

On arrival of F & E into the Winnipeg area, a Quality Control Inspection is again carried, and the member is advised and assisted in completing a claim for loss or damage to F & E if necessary.

Points to be Observed

1. Ensure some one is present when packing is being completed and any item for travel is kept separate.

2. Ensure that inventory, listing condition of goods is checked with the driver.

3. Ensure electrical appliances requiring servicing are serviced at origin.

4. Upon arrival at destination, obtain a claim form in two copies from the carrier. Complete claim and submit one copy to carrier within 15 days. Allow the carrier 60 days to settle his legal liability. The Balance may then be claimed through Reed Shaw and Osler in Montreal.

5. When reporting to your new unit, ensure you call F & E Traffic immediately on arrival, and inform them where you can be contacted when your furniture arrives.

It is hoped that these points mentioned will be of assistance to all personnel when moving Furniture and Effects.

Farewells

On the 15th of November, the Traffic Section bid farewell to Cpl. St. George and M/Cpl. Easton. M/Cpl Dave Easton is posted to Cyprus and departed on the 19th of November. Dave has been employed in the Traffic Section since July 72 both in personnel and materiel traffic. Prior to that Dave worked in 9 AMU.

Cpl. Cleo St. George on the other hand is retiring from the Armed Forces after 20 years service. For the past 4½ years Cleo has been working part time as a

policeman. He will now be devoting full time service to the Municipality of E & W St. Paul as a 1st class constable.

Cleo joined the army in 1954 as a Provost, but remustered to the Service Corps in 1955. During his 20 year career, Cleo has had postings to Shilo, Winnipeg, Germany and Shape HQ in Paris.

Best wishes go out to both M/Cpl. Dave Easton and Cpl. Cleo St. George from all of Base Transportation.



CPL. CLEO ST. GEORGE being presented with the CFB Winnipeg plaque by Capt. R. Baker upon his retirement.



M/CPL. DAVE EASTON being bid farewell by Capt. R. Baker upon his posting to Cyprus.

Safety '75 Sécurité
SAFETY SAM SEZ

The following article should be of interest to all Forces Personnel who frequently travel across the country during winter and wonder what provincial law they are contravening in regard to studded tires. This article may also solve many a "happy hour" disagreement.

To use, or not to use studded tires, is the question that faces many Canadian drivers as the winter weather quickly swoops upon them. For inter-provincial travellers, provincial laws could decide for them. There are both benefits and disadvantages in the use of studs during Canada's unpredictable driving conditions.

Ontario is the only province which has, at this point, banned the use of studded tires altogether. Three provinces, the Yukon and the Territories have no regulations at all in regard to studded tires, whereas the remainder allow them during a portion of the year.

Canada Safety Council tests have proven that studded tires give drivers practically no more protection than regular tires at temperatures near zero. Studded tires as a driving aid help drivers at temperatures near 32° F, but when temperatures drop near zero or below, most of the advantages are nullified. An Ontario highways department study indicated that the use of studded tires on bare pavement would reduce the normal lifespan of highways by 50 to 75 percent. Estimates further indicated that there would be \$127 million damage to Ontario's 8000 miles of provincial highways and municipal roads over the next nine years. Ontario, therefore, banned the use of all studded tires in 1970.

Studs, protruding like rasps from tires, create ruts in pavement, erase the highways markings, and are very noisy and rough riding on dry pavement.

The Ontario Motor Leagues, Toronto Club, contends that studded tires only help on glare ice. They're not very helpful in snow. Their view is that the main cause of winter driving problems lie with the driver of the automobile. They feel that if the driver adjusts to conditions he will not skid. If he really is in slippery conditions and skids, he is travelling too fast. Not having adjusted to the conditions is the fault contributing to the skid. They further state that 90 percent of the time city streets are bare pavement (Toronto maybe) but quickly qualified by stating that studs might provide some aid to drivers in other areas where winter conditions are much worse.

Canada Safety Council, in a series of tests, indicate that driving conditions, which required the use of studded tires, accounted for only one percent of all miles driven in Southern Ontario. This figure increased greatly in other areas

See Sam

Column 5 page 16

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Promotion



MAJOR MW DRAPEAU extending congratulations to Walter (Wally) Wegner on the occasion of his promotion to Warrant Officer effective 1 No. 73.

Base Photo

WO Wegner is presently employed in the Transport Control Section of Base Transportation and is in a large way responsible for the efficient utilization of MSE resources to satisfy the needs of our customers. Congratulations from all personnel of Base Transportation go out to Warrant Officer Wegner on his much deserved promotion.

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Coming Attractions for December and New Year's Eve Exotic Dancers — Nightly 2045 hrs. to 2400 hrs.

Junior Ranks Mess—Entertains

Did you know that the Jr. Ranks Mess is wasting your money? Rumours have it, that the mess keeps paying for the publication of Monthly Entertainment Calendars and don't have any addresses to mail them too. Save your mess some money and snowshoe in and leave your home address.

Did you miss the Purple West on the 7 & 8 Dec.? Don't be foiled again as there's a warm breeze blowing in for a five day engagement.

10-15 Dec. — "Chinook" Their spontaneous variety of music will heat up the club to the sound of dancing feet.

21 Dec. — Music man — Rudy Wetk — entertains with your choice of music for the Christmas Mug-Up Party. Bring your Boss for a Christmas drink. Free cocktails 1600-1700.

22 Dec. — Christmas Inflation Dance, Music man 2100 hours, dress relaxed. Special Inflationary prices. Members free — Guests half price.

25 Dec. — Is your day, not the mess, therefore the doors are locked. From the PMC, members of the committee and the entire mess staff — A Very Merry Christmas.

29 Dec. — Last Western Round-Up for 73. Music man from 2100 hrs. Relaxed dress so roundem up and herdem in.

31 Dec. — New Year's Eve Ball — The gala occasion of the year. Cocktails from 7:30 to 8:30 p.m. Full smorgasbord 10:00-1:00.

Rip, roaring tremolo music, professionally adorned by Pat Blyth in the Western lounge and St. Louis Aces in the Eastern lounge. Dress — semi-formal.

Price — \$15.00 for members; \$25.00 for guests. No refund on returned or unused tickets. Ample parking within the lots surrounding the Jr. Ranks Mess. Sale of tickets ceases 21 Dec. so rush over and sign for a gala ball ticket or tickets now.

1 Jan. — New Year's Day Function — A great day to sit back and watch your PMC, VICE PMC and committee working directly for you. Starting at 1100 the committee will serve moose milk.

Great sounds of music will begin at 1300 featuring "Gordon Shanks." Free Smorgasbord served during the day. Rolling in the New Year from 6-11 PM is "Harvest." Guests \$2.00 — Relaxed dress day and evening.

— Saturday afternoon from 1 until 4.

— Featuring such dancers as PUSSY GALORE, BLACK MAGIC, MADAMOISELLE NICOL, BLUE ANGEL, AND FLUFFY.

7-8 Dec. Enjoy music by the Rain Dance and pick up a beautiful prize for the right spot in one of the Spot Dances.

10-15 Dec. Dance to THE J. P. Blues also spot dances with great prizes.

Saturday 15 Dec. at 2 o'clock Children's Christmas Party held in the Men's Mess Hall entertainment by — Uncle Bob and Archie and his Friends.

17-22 Dec. — The one and only — The great — Rikki and the Balloons.

Saturday Evening the 22 Dec. is our Christmas Special, No one should miss this fantastic fun filled night.

New Year's Eve

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Fitness— Fact and Fancy

Extra Exercise, rather than extra sleep, will help you get rid of that tired feeling.

Fact: As long as there is no physical disorder, more rest than normal will not help eliminate fatigue.

Many people in sedentary jobs come home from work "dog-tired," drop into a chair or go to bed to "sleep off" their tiredness, rather than taking part in physical activity. It is the evil circle: they rest more and more, leaving less and less time for exercise or sport, so they get physically weaker and weaker, with the result that they get more and more tired.

The unconditioned person tires more quickly and takes longer to recover from activity of any kind than a physiologically fit person.

The way to fight fatigue is to exercise daily to improve your general fitness level. Your muscles can do their jobs more easily and without tiring, the oxygen transport system can handle a bigger load and become more efficient, making more energy available through the combustion of fat and carbohydrate with oxygen.

Regular Exercise can Postpone the effects of Aging.

Fact: Conditioning will not always lengthen your lifespan, but according to the latest findings in cardiovascular research and obesity, there is a strong possibility that it will do just that. Exercise does

increase the productivity of life by postponing the effects of aging to the point where a 75-year-old has about 50 per cent of the vitality he had in his prime.

The American Medical Association's Committee on Aging says that exercise helps maintain muscle tone, assist the venous return of the blood by promoting the "milking" action of the muscles on the veins, improves respiration (and therefore helps the gaseous exchange) and the state of lung tissue. The best part is that these benefits come to all who exercise, regardless of age.

SCHOOL BUS SAFETY

Consumers' Association of Canada reports that government legislation provides adults in private passenger cars with protection and safeguards but the thousands of children who are daily passengers in the nation's school buses are not so protected.

GOOD NEWS

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Voxair Variety

by John Lauder

The week before last was one to enjoy, and I am not referring to the rather dull Grey Cup Game. On the more enlightened culture side, the ROYAL WINNIPEG BALLET offered with a really stellar performance, and the MANITOBA THEATRE CENTRE came out with back-to-back hits at the Main Stage and the Warehouse.

A Day in the Death of Joe Egg, the exiting play which runs through December 15th, was the Main Stage offering. Each of our dailies gave it two reviews, all four favourable, and I do not want to belabour the point. However there was some difference of opinion as to whether or not this is a "sick" or "black" comedy — with the Trib thinking that it maybe was, and the Press vehemently denying this same fact. Personally, I would go along with the Press, as I thought the play to be a very fine comment on the human condition.

Director **Edward Gilbert**, who has so far been involved with nothing but success, has done a fine job with his first rate cast. **John McEnery**, in a difficult role, makes us thankful that the Brits train their actors to perfection. He is one of many that have blessed MTC's stage in the past few years, and surely one of the best. **Pat Galloway** in the other leading role was equally fine, as were all the supporting actors. Real people do not too often inhabit the stage, but they are very much alive in this play.

Peter Nichols has written this play to tell of a personal experience, and he is not only a brave man, but one of considerable humour and depth. The story of a spastic child does not sound like a good source for comedy, but if you see the play you will see that this idea does work. So go. It has been correctly said: "Joe Egg is what the theatre is all about."

At the Warehouse is a totally different type of comedy, much more direct, but just as effective. Most of us have had only limited experience with mime, and think that an entire evening of it would be too much. Not here. The five talented Canadians, led by **Adrian Pecknold** and **Harro Maskow**, presented some 18 skits, all in pantomime, some with sound backgrounds, some without. A review in the aforesaid mentioned Press said "cut the comedy", but I would say "onwards and upwards with comedy, we can use all we can get nowadays". This show goes only on Fridays and Saturdays until 15 Dec — with evening shows both nights and a matinee at 4.00 p.m. on Saturdays.

November 21st was **Bonnie Wyckoff** night at the Royal Winnipeg Ballet, with our new star, a Boston belle, dancing the lead role in two of the numbers presented. In addition to these two the Company offered the lively *Pulcinella Variations* and a new pas de deux choreographed by David Moroni, the young grand old man of Winnipeg Ballet.

But the highlight of the evening was *Rodeo*, the totally North American ballet choreographed back in 1942 by Agnes de Mille. Dealing with the West, complete with wranglers, ropers, square dancers, cowboys cowgirls, this sprightly number gave us all the action and excitement of the wide and woolly west as it used to be before the movie-makers opted for realism, and killed half the romance.

Miss Wyckoff showed ability as an actress as well as a dancer, and the rest of the Company provided fine support. Terry Thomas and Peter Garrick in the leading male roles were excellent, while the scenery by Oliver Smith and the costumes by Frances Dafoe contributed a great deal to the effectiveness of the production.

Next, at Christmas, the Ballet presents their royal production of *Nutcracker*. If you missed it last year, don't do so this year. It is marvellous entertainment, and can be enjoyed by anyone over the age of six.

Footlight footnotes . . . upcoming in the Centennial Centre for early December will be the film "Taiwan" on the 4th and 5th, a Symphony Pops Concert, with Phyllis Diller, yet, on the 8th and 9th, while Canada's National Dance Ensemble, FEUX FOLLETS, will appear on the 10th and 11th.

HOCKEY HELMETS

Three Canadian Standards Association-approved hockey helmets are now on the market. The CSA approved helmet is not necessarily the most expensive on the market, the most comfortable, or the most attractive in design, but it is probably the safest. CSA have established certain performance levels that most helmets should meet, but they do warn that no helmet will protect the head from all injuries. Make certain that the helmet fits snugly so that the safety construction will be really effective.

... from the diary of a mod housewife

by R. Kay

FONDUE FUN

Now is the time to dig out that shiny fondue set acquired on your birthday or last Christmas and to plan a little party with a difference. Even an amateur in the kitchen can make a fondue party a culinary occasion. The thing is to plan and prepare ahead: then take part in the fun of the fondue along with your guests.

NO DINNER SUBSTITUTE

Fondue is an elegant, late-evening gourmet snack. As a substitute for dinner it would be a mistake — a rather frustrating experience for the ravenously hungry, because the eating is slow. (With this in mind, you may want to plan a nice, rich dessert for afterwards).

The Chinese knew fondue a thousand years ago. They usually cooked thinly sliced meat in a bouillon. This tradition is still alive and known as *Oriental Fondue*. Most popular in America is the *Fondue Bourguignonne* (meat cooked in hot fat) and the *Chinese Fondue*. The latter originated in Switzerland as far as I know.

Choice of Meat

The meat fondue is probably the best known here. If you are a purist and also rich, use nothing but beef tenderloin. If not so rich and able to compromise, you can use any lean beef, tenderloin pork, meatballs, polish sausage, cocktail wieners, precooked chicken: your imagination is the limit.

Peanut vs Corn Oil

For the fat, use a vegetable oil or a mixture of two parts oil and one part butter. Some experts claim that peanut oil or coconut oil are best, because they don't sputter or leave an oily taste. I have found corn or other vegetable oils quite satisfactory. Heat the oil on the kitchen stove first. When it boils, transfer it to the fondue burner on the table and adjust the flame so that the pot keeps bubbling.

Timing

When everything is set out on the table and the fondue pot is boiling, the ritual begins. Meat cubes (or bits or balls) are speared on a fondue fork or a bamboo stick and dipped into the boiling liquid until the meat is done to the individual's liking. *Rule of thumb*: 5 to 10 seconds for rare, 10 to 15 seconds for medium, 15 to 25 seconds for well done. The doneness also depends on the temperature and the thickness of the meat, so experiment with the first few pieces.

Sauce Variety

When your morsel is done, transfer it from the fondue fork to a dinner fork, then dip the meat into one of the sauces you have prepared and set out on the table in

little bowls for every guest to arrange on the plate like a delicious palette. The quality and variety of your sauces really make the fondue. You should have at least three or four different ones: creamy, tangy, salty, sweet and sour. Again, your imagination will give the sauces variety and individual touches. The recipes given here can be used as they are or as a basis for variations.

Accompaniments

To round out the 'menu', serve rolls or French bread with your fondue. A tossed salad (or any other favourite salad) goes well with it too. Some people also have olives, pickles, chopped chives, parsley, green peppers or radishes on the table. Make up your own assortment of favourite accompaniments. Serve a full-bodied red wine or a dry white one, if you and your guests prefer.

A Few Rules

Although the fondue preparations and procedures are simple enough, there are a few rules that can make the difference between a successful party and a so-so affair.

- With a fondue, you create an intimate atmosphere: it is best suited to a small gathering — not more than five or six people around one pot. If you must have more, set up another pot and have two sets going.
- Food is never cooked and eaten with the same fork. Not only could you burn your mouth quite severely on the hot fork, but to dip a fork that has bits of sauce on it into the pot makes the oil spatter. Besides, the thought of everyone eating out of the same pot may offend the fastidious among us.
- A nice touch is to provide your guests with two fondue forks each. That way, a second piece of food can be cooking while the first is being removed from the fork and eaten.
- Pieces of food lost in the pot should be retrieved, otherwise they will eventually cause burning and smoking.

Boeuf Bourguignonne

Cut 5 to 8 oz beef tenderloin, sirloin or round steak per person into 1-inch cubes, heap on platter or in bowl for guests to help themselves. Some people pass out individual portions, but that seems too regimented to me. Cook in hot oil and dip in sauces of your choice.

Fondue Balls

1 tablespoon ketchup
1 teaspoon prepared horseradish
1 teaspoon prepared mustard
½ teaspoon instant minced onion

½ teaspoon salt
Dash pepper
½ pound lean ground beef
¼ cup fine soft bread crumbs
Sharp natural cheddar cheese, cut in ¼-inch cubes
Combine ketchup, horseradish, mustard, onion, salt, and pepper; let stand 10 minutes. Combine ground beef and bread crumbs; stir in ketchup mixture. Shape meat around cheese cubes into ¾-inch meatballs. Cook in deep hot fat (375 degrees) in fondue pot about 1½ minutes. Makes 2½ dozen meatballs.

For the sauces I have selected those with minimum preparation time and effort. One of my favourites is also one of the simplest:

Caper Sauce

Combine ¾ cup French or German mustard with 3 tablespoons of capers (whole or chopped). Voila.

Tartar Sauce

Finely chop the following ingredients:
egg yolk of a hard-boiled egg
3 small pickles
4-5 tablespoons chopped chives
6-8 capers
a small bunch parsley
Blend well with 4 tablespoons mayonnaise.

Aurore Sauce

4 tablespoons mayonnaise
1 teaspoon tomato ketchup
1 dash Worcester sauce
pepper
dash of brandy
Combine and blend well.

Blue Cheese Sauce

2 tablespoons crumbled blue cheese
2 tablespoons fresh orange juice
2 teaspoons grated orange peel
1 cup ketchup
¼ teaspoon Worcestershire sauce
½ teaspoon grated horseradish
Mash blue cheese with orange juice. Add remaining ingredients and blend thoroughly. Allow to stand at least one hour before serving. Makes 1¼ cups.

Dill Sauce

2 tablespoons milk
¾ cup sour cream
2 teaspoons horseradish
½ teaspoon dill weed
dash cayenne
Blend milk into cream until smooth. Stir in horseradish, dill weed and cayenne. Chill. Makes ½ cup.

Sauce Gribiche

This is a classic of the French sauce repertoire. In addition to being superb with one of these fondues, it is good on a green salad, or with a lobster salad.
3 hard-boiled eggs

See Housewife column 2 page 14.

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Chapel News

Roman Catholic

From the RC Chaplain's office
The Season of Advent is here, beginning with Sunday, 2nd Dec 73. The season of Advent has a twofold character. It is a time of preparation for Christmas, when the first coming of God's Son to men is recalled. It is also a season when minds are directed by this memorial to Christ's coming at the end of time. It is thus a season of joyful spiritual expectation.

During Advent, each Sunday's gospel has a specific theme. The Old Testament readings, especially from Isaiah, are prophecies about the Messiah and messianic times. The selections from the writings of the apostles present exhortations and instructions on the themes of this season. Throughout this season we encourage everyone to make a special effort to get out to daily Mass. It takes only twenty minutes out of the one thousand, four hundred and forty — one minutes you have in a day.

Ladies, please remember, the CWL traditionally have tried to make Christmas a little brighter to someone in the community, be it an orphanage, a senior citizens home, or as in the case of the St. George's Chapel group, the "Sister Leslie" project for the "Drop-in-Centre" for the forsaken of the city. The Our Lady of the Airways CWL have plans they shall finalize at the December meeting on Thursday, 13th, at 8:15 p.m. in the RC Chapel Annex.

At both Chapels the CWL have Catholic Art Calendars, Christmas cards and various other religious and Christmas articles for your convenience. There will be someone at each Mass in the weeks to come to serve you.

St. Georges Chapel will have a Parish Christmas party after the 1:00 a.m. Mass on Sunday, 16 Dec 73.

We remind each and everyone to come to the Christmas Carol Festival on Sunday, 16 Dec 73, in Building 21 (North Site). The Sharpe St. gate will be open at 12:30 hrs. The CFTC Band will commence the prelude at 1345 hrs, and the programme will unfold with the Base Commander's introductory remarks at 1400 hrs. This is an occasion for all people of CFB Winnipeg to join together in prayerful song and a recalling of the Christmas Story.

This time, on behalf of many parishioners here in Winnipeg, and no doubt other bases as well, we must say "Good-bye, Thank you, and God-be-with-you-always, MWO Harry Dyrda. You have been a good friend of Chapel members and Chaplains. We appreciate it, and may your community spirit never lose its sheen in retirement."

Today, as I write this, Padre MacLean boarded an aircraft for NDMC Ottawa. Let us remember him in our prayers and may, by the

grace of God, all turn out well. May I add here, that if you have anyone sick at home, or hospitalized, please notify your Chaplains. We will try to visit them everytime we can.

In conclusion, may we Chaplains wish you all a Christmas that is prayerful so it may be joyous.

Chapel Services

PROTESTANT

Sunday Services
1000 hrs South Site Chapel, Kenaston & Grant
1130 hrs North Site Chapel, Whytefold & Silver
Baptisms: May be arranged by calling Chapel office.
Marriages: Call the Chaplain well in advance of plans for wedding.
North Site: Junior choir (ages 7 — 14) Thursday 6:30 p.m.
North Site: Senior choir — Thursday 7:30 p.m.
Sunday School: South Site ALL AGES at 11:00 a.m.
Sunday School: North Site Grades 4, 5, & 6 at 10:30 a.m.

CHAPLAINS

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Office 832-1311 loc 417
Residence 837-4986
Padre J. I. Mills,
Office 889-9173
Residence 489-3231

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Sunday 8:30 and 11:00 a.m.
Tuesday to Thursday 7:00 p.m.
Friday "Mothers Mass" 9:00 a.m.
Baptisms: by appointment
Marriages: by appointment (one month in advance)
Sunday School: 9:30 to 10:30 a.m.
South Site: Masses
Sunday 9:00 and 11:00 a.m.
Weekdays 7:30 a.m.
Sunday School 10:00 to 11:00 a.m.

CHAPLAINS:—

Father R. A. Gofcheski,
Office 832-1311 loc 272
Residence 832-2970
Father E. Cremona,
Office 889-9173
Residence 888-1331

Protestant

Protestant Chapel News
New activities have taken place in the Protestant chapel this fall since everyone has come back home from holidays and settled down to a new work year. One of our highlight activities was weekend workshop which started on the evening of Friday Nov. 16 with a Pot Luck Supper with 15 in Attendance. The rest of the evening was spent in watching a film, and ended in an open discussion.

Most of Saturday Nov. 16 the group took part in open and group discussions. The main theme of the days discussions were "Goals of Christian Leadership in Education and Evangelism. The day proved to be very enlightening and enjoyable. All who were present look forward to more of these workshops in the near future. The day concluded with the Workshop Group going to the Junior Ranks Mess for supper at 5:00 p.m.

The Ladies Guild has two Santa Claus suits for rental. Anyone interested would you please contact Mrs. Doreen Kling at 888-6864 for more information.

A Christmas Bazaar and Bake Sale will be held after church service at 12:45 p.m. on December 9. Anyone wishing to donate articles of baking or crafts may call Mrs. Doreen Kling at 888-6864.

The Ladies Guilds monthly meeting will be in the form of a social get together for both men and women of the congregation on December 11 in the Protestant Chapel (North Site) at 7:00 p.m. Anyone attending is kindly asked to bring some article of food for the supper. For anyone new to Winnipeg, this will be a good chance to meet some of the people in our community.

C.F.B. Winnipeg Chapels will be holding a Christmas Carol Festival again this year on December 16 at Building 21. A prelude with our own T.C. Band under the direction of Capt. T. Barnes will commence at 1345 Hrs. and the programme begins at 1400 Hrs. We look forward to seeing you there for this festive occasion.

Many of us ask "Where do the moneys of the Church go?" In the near future we plan to give our readers some insight into the work that is being done in the various projects of which our Chapel take part in.

Christmas Programs

Christmas Carol Festival

The Christmas Carol Festival is an inter-faith service for all personnel from CFB Winnipeg to join together in prayerful song.

The Festival will take place on Sunday, 16 Dec. in Bldg. 21 (North Site).

The Training Command Band will commence with a prelude at 1345 hrs. The Carol Festival starts at 1400 hrs. The Sharpe St gate will be OPEN.

Last year over 600 people thoroughly enjoyed this festival which is in the true spirit of Christmas.

RC CHRISTMAS PROGRAMME

Our Lady of the Airways Chapel (North Site)	St Georges Chapel (South Site)
Penitential Celebrations & Confessions	
20 Dec 73 at 7:00 p.m.	17 Dec 73 at 7:00 p.m.
Private Confession Time	
24 Dec 73: 6:00 to 9:00 p.m.	24 Dec 73: 5:30 to 6:30 p.m.
Christmas Carols	
24 Dec 73: 11:30 p.m. to midnight	24 Dec 73: 11:30 p.m. to midnight
Masses	
24 Dec 73 at midnight	24 Dec 73 at midnight
25 Dec 73 at 11:00 a.m.	25 Dec 73 at 11:00 a.m.
New Year's Programme	
Masses	
31 Dec 73 at 7:00 p.m.	31 Dec 73 at 7:00 p.m.
1 Jan 74 at 11:00 a.m.	1 Jan 74 at 11:00 a.m.



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LAUGHING AT OURSELVES

by John Semeniuk



CZECH MATE (?): A Russian officer, a Czechoslovakian, a little old lady, and an attractive young woman were sharing the same compartment on a train to Czechoslovakia. Shortly after the train entered a dark tunnel, the passengers heard a noise which sounded like someone being kissed — this was immediately followed by a thunderous slap. The attractive young woman thought: "Isn't it odd that the Russian tried to kiss the little old lady and not me?" The little old lady thought: "That young lady has high morals and certainly knows how to take care of herself" The Russian thought: "That Czech steals a kiss and I get slapped for it!" The Czech thought: I'm really a very smart fellow. I kiss the back of my hand, clout a Russian officer and get away with it!"

WISHED I'D SAID THAT:

Quotes from Sammy Davis Jr:
1. (After being asked what his golf handicap was) "I'm a coloured one-eyed Jew — do I need anything else?"
2. (To a heckler) "If you're ever in California, Sir, I do hope you'll come by and use my pool — I'd love to give you some drowning lessons!"

OUT-CROOKED (?):

Two vacationing business men were comparing notes on the beach at Miami. One of them said, "I'm here on insurance money. I collected fifty thousand dollars for fire damage." "Me too," replied the other, "But I got one hundred thousand for flood damage." After a long, thoughtful pause, the man who spoke first said, "Tell me, how do you start a flood?"

From the Grooves by Mark Cyluck

Nowadays it is pretty near impossible to find an instrumental album just right for easy listening or some good cheek to cheek dancing and snuggling. The album "Travelling with the Magic Organ" (Ranwood R-8116) has just the right kind of music for your "special" occasion. Featured here is the quiet and serenely of the "The Theme from the Waltons", to the happiness of polka in "Alabama Jubilee", possibly also good for square dancing. "Beautiful Ohio" is just simply that-beautiful. If "Home in Indiana" and "Pittsburg P.A." are anything like the music, then some day I'll have to find my way there, the music is intreating. "St. Louis has the Blues", so I don't know if I really would like that neck of the woods too much. I definitely would settle for a lively "Home Town Polka" as it is followed up with "I Left My Heart In San Fransico". Perhaps even you could cherish a little time to do some "Loafin" somewhere on "The Sidewalks of New York". Maybe even go on "Down Home in New Orleans". "On Wisconsin" is another polka for those of us who are "Young at heart enough to get up an go". I really enjoyed the LP simply just for the relaxation and no strain on my mind to make out vocals. Give me the Magic Organ any day.

Gilbert O' Sullivan is one person who is not to be confused with Gilbert AND Sullivan, though in some ways they are similar, both are involved with music and both with the piano. One set in musicals, and one out for recognition of himself, as he has appropriately done on his albums, "Gilbert O'Sullivan Himself" featuring "Alone Again Naturally" (MAM 5) exploiting "Clair" and "Out of the Question". as you listen to his

music and lyrics you see that he has a good sense of humor to go along with his easy flowing piano. Now he has come forth with his 3rd LP with the likes of, "I'm A Writer, Not A Fighter" on MAM 7 Records. Basically the Message he presents is one for all of us to take heed of, make our disputes with the pen, and not with the violence of our fists. Gilbert's music is enjoyable and different, really. Not honky tonk, or rock styled like Elton John, but easy and melodic music to listen to, maybe with a friend. "A Friend of Mine" is a good example of his freshness, while his gentle handling of life and youth is portrayed in "They've Only Themselves to Blame" "Where Peaceful Waters Flow" is one of those songs that you thoroughly enjoy right from the first listening. A song about love, making you feel love, and wanting to be by the "peaceful waters". "OOOH Baby" which is his latest single, is the starter for the second side which is followed by "I Have Never Loved You As Much As I Love You Today". On "Not In A Million Years", Gilbert sounds very similar to Herman of Herman's Hermits. Steady progression forward shows that Gilbert O'Sullivan is making that name for himself.

Christmas Cheer

"The Christmas Cheer Board of Greater Winnipeg has now opened its office for the 1973 season.

The Christmas Cheer Board is organized to make sure that no family or senior citizen in need is forgotten at Christmas.

Information is available for organizations and private citizens wishing to assist our less fortunate neighbours.

The Cheer Board office is located at MacLEAN HOUSE, 730 Alexander Avenue, Winnipeg R3E 1H9. The telephone number is 786-6737. Please contact the office if you are willing to help in any capacity."

Annual Christmas Dinner

The annual Christmas Dinner for single Corporals and Privates on strength of CFB Winnipeg, integral and lodger units (less 2 PPCLI) will be held in Building 61 on Wednesday 19 December 1973. All personnel whether living in or out are eligible to attend and should arrive by 1200 hrs for the dinner which is scheduled to begin at 1230 hrs. Tickets for single living-out personnel can be purchased at Base Reception in Bldg 86 at the cost of \$1.00 and must be picked up by 14 Dec. 73. As is tradition with the Christmas Dinner the waiters will be drawn from the Officers' and Warrant Officers' and Sergeants' Messes. Note: Uniforms shall be worn.

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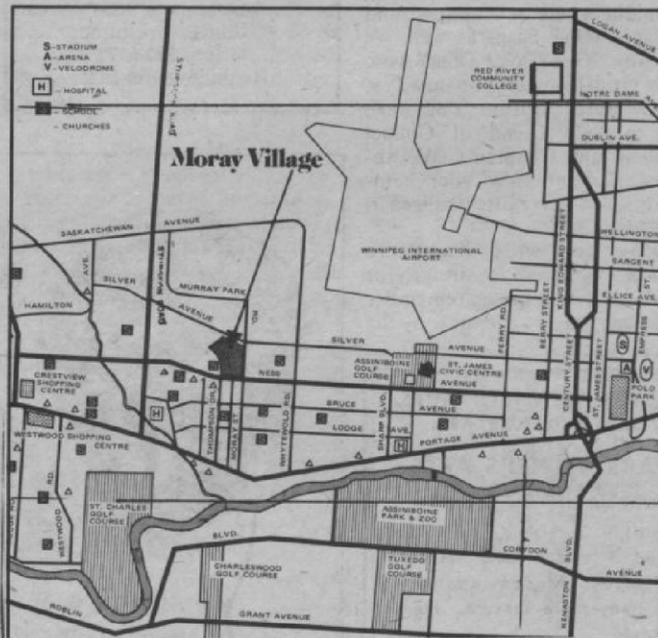
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Centennial Activities



Armed Forces Exhibition

Initial planning is again underway for Armed Forces participation in Manisphere. There is, however, a new twist in store for next year.

1974, will be Winnipeg's Centennial. The Armed Forces in the Winnipeg area will be cooperating closely with the city in many planned activities throughout the year, one of which will be an all military show and display in the Winnipeg arena. This undertaking is planned for June 8th and 9th, and the theme will be: Military Salute Winnipeg 100

This Armed Forces Exhibition will relate as closely as possible to the Centennial theme and will lean towards the historical aspect in its production. As an example; the city has, in the past, and indeed still is, home to many fine fighting units. Citizens of Winnipeg have fought gallantly in many world conflicts and have as a result, brought fame and honour to their city. For these reasons, Base Winnipeg in conjunction with all lodger and militia units in the Winnipeg area will utilize this occasion to salute the city.

Secondly but just as important, the exhibition will serve to publicize the activities and accentuate the opportunities available for Canada's young men and women in the Armed Forces. The indoor facilities will better display

our contribution to Canada's defence in general and to our Winnipeg affiliation in particular.

In addition to the many displays situated in the two rotundas ringing the arena, plans are to produce a series of live performances on the main floor. This show will include such items as military taboos, drill competitions, band concerts, etc.

Needless to say, there is much organizational work to be done in order to realize success in this venture. Many organizations outside of the area will contribute in various ways. Displays used in other exhibitions as an example will be required. Logistics support and overall timing will become a paramount consideration. The whole thing boils down to people, our greatest asset. Without the cooperation, keenness, initiative and general esprit de corps of the military community, we will be unable to realize our full potential in this public relations area and in our wish to salute Winnipeg on its Centennial.

The information above is designed to make all aware of just one of our many activities that will take place next year in conjunction with the Centennial. Some of you may be called upon from time to time to provide assistance. Your cooperation is earnestly solicited and will be gratefully received.

A scale model contest will be one of the main competitive contests for adults, Junior adults, students and children during the Winnipeg Centennial celebrations in 1974. The contest was suggested by Capt. E. A. Barker of CFANS and accepted by the CFB Winnipeg Military Centennial committee who are working hand-in-hand with the city of Winnipeg to make the Centennial celebrations a year to remember.

Sponsorship of the model contest has been enthusiastically undertaken by the Canadian Forces Recruiting and Selection Unit of Winnipeg, 402 "City of Winnipeg" Air Reserve SQN of CFB Winnipeg and the Canadian Forces Air Navigation School CFB Winnipeg. Judging will be done by the Winnipeg Chapter of the International Plastic Modellers Society. Various local businesses are also expressing an interest in the contest.

Who may enter this scale model contest? Any person regardless of age, sex or model building experience may enter. Four age groups have been established; 0 to 8 years, 9 to 12 years, 13 to 17 years, 18 years and older. The age of the person will be determined as of the last registration date, which is midnight local time Winnipeg 15 May 1974.

In addition to the above four age groups; two grand prize age groups will be awarded a prize each. The grand prize age limits are 12 years and under and 13 years or older.

The models may be built from kits or any material desired and will be judged on workmanship, finish (painting and markings) accuracy and originality. Four categories have been established for judging purposes:

- a. land, which will include armour vehicles, cars and trucks;
- b. sea, which includes hover-

craft and ships;

c. air, which will include aircraft and all types of space craft; and

d. other, which is a general category to encompass dioramas, buildings, figures etc.

The two grand prizes will not be divided by category. Prizes will be cash vouchers and trophies or plaques and ribbons. There will be 16 first prizes (4 age groups by 4 categories) each comprised of a cash voucher plus a trophy or plaque. Likewise, there will be 16 second and 16 third prizes each again having a cash voucher plus a ribbon. Honourable mention ribbons will be awarded to each age group and category as required and deemed so by the judges. The two grand prizes will have a larger value cash voucher plus a trophy.

The models will be brought to a central point for registration, storage and judging; this place to be announced later in Voxair and other advertising media. Registrations and delivery must be completed by midnight local time Winnipeg 15 May 74. Judging will be completed and the winners announced by mid June at which time owners may pick up their models. However, the committee reserves the right to retain any or all models they desire and to display these models where and when they see fit until 31 Aug 74, at which time the owners may retrieve their models.

The Canadian Forces Recruiting and Selection Unit Winnipeg has consented to be a mailing enquiry office to assist the committee.

This contest is not limited to any geographical area, and entries will be sought from model builders from Thunder Bay, Ontario through to the Saskatchewan border.

Today is the time to commence planning your model to obtain the grand prize award. Mother and Dad: — Why not give Johnny or Suzie a model kit for Christmas! Think, scale model contest for Winnipeg Centennial 1974.

Two Good Reasons For a Celebration

In 1974 the Second Battalion Princess Patricia's Canadian Light Infantry will be celebrating both the city of Winnipeg centennial and the 60th anniversary of the founding of the Regiment. To mark these events, 2 PPCLI is hoping to undertake various activities. Subject to approval from 1 Combat Group Headquarters, the following activities are planned:

1. On April 21 the Battalion will conduct a church parade at the All Saints Church in Winnipeg. This is to commemorate the 40th anniversary of the laying up of the first PPCLI Regimental Colours.

2. April 24 is Kapyong Day, activities will commence with a Freedom of the City ceremonial held at City Hall, followed by a regimental parade at the parliament grounds and a march through the city. A luncheon will be held at the 2PPCLI Officer's Mess for the Mayor and other civic officials.

3. In June it is proposed to have a platoon group recreate the march

of Colonel Garnet Wolseley who in 1870 set out with an expedition of 2000 men from Collingwood, Ontario to Winnipeg. His purpose was largely to "show the flag and preserve law and order." The troops dressed in period uniforms, will start from Thunder Bay and stop in all towns and villages along the Trans Canada Highway. The march will terminate at Old Fort Garry where the troops will be received by local dignitaries. The 2PPCLI Corps of Drums and the PPCLI display van will accompany the marchers.

4. During the months of June, July and August the 2PPCLI hopes to field a modest military tattoo. The tattoo will tour all centres of population both large and small throughout the province in conjunction with local fairs and celebrations. Further information as to locations, dates, and content of the tattoo will be forthcoming.

5. In July an expedition from the Battalion will climb Mount Hamilton Gault in the Rockies.

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Sports

continued from page 7

teaches a youngster to skate properly which is the prime requisite of a good hockey player. Power skating is not figure skating, not even close. However, power skating does, like figure skating, teach balance. Therefore with balance and proficient skating ability a youngster can get the hockey playing results desired by the coaches. Have you watched Yves Cournoyer of the Montreal Canadians dash across the blue line, ride out a defenceman, while shooting with puck into the net with one hand on the stick? That's power skating. Have you watched Bobby Orr on one of his dashes up the ice? That's power skating. What about Espositos' incredible balance in front of the oppositions net? Needless to say, power skating is very big in both the NHL and the WHA. It can make the difference between a scumbly player and a winner.

During the power skating instruction, a skater will be taught how to place his blades on the ice for maximum benefit. He will be taught the proper way to move his body on rounding obstacles. He will be instructed on proper breathing and be given certain limbering up exercises.

In short, the hockey player of the future must possess the knowledge gained through power skating, if he intends to compete effectively in this increasingly popular sport.

Power skating registration will take place at the Westwin Community Club on Dec 10th and Dec 11th from 6:30 p.m. to 7:30 p.m. Exercises will commence as soon as possible. The instructor will be Mr. Steven Weir.

Intersection Hockey

TEAM STANDINGS AS OF THE 26 NOV. 73

	W	T	L	Pts
Avionics.....	3	1	1	7
2PPCLI.....	3		1	6
TCHQ.....	2		2	4
BAMEO.....	2		3	4
Comptrollers.....	1		4	1

TOP SCORERS	G	A	Pts
Kuntz, Avionics.....	5	3	8
Houle, TCHQ.....	5	2	7
Stevens, BAMEO.....	4	2	6
Matheson, 2PPCLI.....	4	1	5
Thorson, Avionics.....	1	4	5

Housewife

continued from page 10

3 green onions, minced
3 tablespoons parsley, minced
1/2 teaspoon tarragon
1 tablespoon French or German mustard
1 cup salad oil
1 teaspoon wine vinegar or lemon juice
salt, and pepper, to taste
Separate the hard-boiled eggs. Chop the whites, cover and set aside. Mash the yolks and add the green onions, parsley, tarragon and mustard. Pound and mix together until thoroughly blended. To this mixture, gradually add the salad oil, bit by bit. Beat hard all the time — an electric mixer can be used. When all the oil has been added, stir in the vinegar or lemon juice. Season the sauce to taste, then fold in the diced egg whites. You may make this ahead of time. It will keep 3-4 days in the refrigerator, if it is well covered. Beat the sauce thoroughly before serving cold. Makes 1 1/2 cups.

Sauce Diabla

1 cup white wine
2 green onions, chopped
1 garlic clove, chopped
1/2 cube beef concentrate
pinch of cayenne pepper
1/2 teaspoon French or German mustard
2 Tablespoons ketchup
Place the wine, green onions and garlic in a saucepan. Boil, uncovered, until the wine has been reduced by half.

Add the beef concentrate and the cayenne pepper. Stir until dissolved. Remove from the heat and add the mustard and ketchup. Stir until well blended, and serve. The sauce may be made in advance, but it is at its most flavorful when freshly cooked. Makes 1 1/4 cups.

Sauce Ravigote

1 tablespoon cider or wine vinegar
3-4 tablespoons salad oil
salt and pepper, to taste
1 green onion, finely chopped
1 teaspoon capers
2 tablespoons parsley, chopped
2 tablespoons chives, chopped
1/2 teaspoon chervil or tarragon
Mix vinegar, oil, salt and pepper. Add green onion and capers. Mix parsley, chives and chervil or tarragon, then add to the sauce. This sauce may be prepared ahead of time and does not have to be stored in the refrigerator. Makes 1/3 cup.

Cheese Fondue

Try a cheese fondue for variety some time. Ingredients for each serving:

5-6 oz Swiss cheese (half Emmental, half Gruyere)
1 cup of a light dry white wine
1 teaspoon lemon juice
5-6 oz white bread cut in cubes
Further for one Fondue:
1 clove of garlic
2 teaspoons cornstarch
1 jigger Kirsch or brandy
Seasoning: pepper, nutmeg, paprika, as you like it.

Rub the Fondu casserole well with garlic. Heat white wine and lemon juice. Now add the grated cheesel stirring constantly. As soon as the mixture is bubbling, blend the cornstarch which you have dissolved in the Kirsch or brandy and let the fondue cook for 2-3 minutes. Season to your taste with pepper, nutmeg, paprika and take the Fondue to the table on the burning flamer.

Everything is ready: the bread cubes, white wine or tea, the glasses or cups and for each guest a plate and a Fondue fork. Place the fondue casserole with the flamer in the middle of the table where it should be constantly simmering. Pass the bread to everybody, and begin. Spear the bread cubes with your fork, dip them into the mixture and stir them round until the bread is well covered. Please do not forget to keep on stirring, otherwise the fondue will burn.

Snowmobilers

WINNIPEG — Canadian National Railways will maintain strict surveillance this winter to apprehend snowmobilers using its tracks or right-of-way.

In a continuing effort to alert snowmobile operators to the danger of driving on railway property, CN police are distributing safety posters to police departments and community groups throughout Northwestern Ontario, Manitoba and Saskatchewan.

They also are visiting snowmobile clubs and talking to high school students to warn drivers of the current laws prohibiting these machines on railway property. Offenders, if convicted of trespass, are liable to fines of up to \$100.

Snowmobilers endanger their lives and the lives of others by riding along railway tracks. Because of the noise generated by his machine, the operator cannot hear an approaching train.

CFANS news corner



In the past two weeks the postings and careers people (PCO/ANAV) have paid their annual visit to ANS. Perhaps there is some significance to the proximity of Christmas, and that you might have received your Christmas present a bit early. On the other hand your posting requests may have been greeted with a hearty ho-ho-ho!

We were all sorry to hear that Marg Jossul was back in the hospital for a short stay. We hope you are feeling better soon and look forward to seeing you back on your feet. Jack Lazaruk has also just returned from the hospital after dealing with a bout of pneumonia. It must seem like an entirely different course after missing two weeks of lectures.

We were also sorry to hear that Jim McElhone has applied for release from the CF. Jim is presently seeking employment with Air Canada and we all wish him the best of luck in a new career. Speaking of leaving SANC 7303 will soon be on their way. In the past week they have all been practising to become instructors, and we wish them well in their aspirations.

Meanwhile, Maj. Glen Hanle is vacationing in the south as he

arranges for the ASC American tour. Rumours has it that he has requested an extension of the pre-tour arrangements until next spring. This is just until he can get enough gas to get home to Winnipeg.

The Squadron curling night was quite a success with Ken Pauls, Marg Gerden and Marie-Jeanne Saunders taking top honours for the night by just edging out the Ar-nott rink. Perhaps we can have a rematch in the spring, Ed, and in the meantime look forward to more social evenings in the future.

Don't forget the ANS Christmas Party — on Friday 14th Dec. The festivities commence at 2000 hrs, with free cocktails, followed by a buffet at 2100 hrs. and the Music Man at 2200 hrs. Admission is \$8.00 a couple and the dress is casual. Hope to see a good turnout from both staff and course members.



Major R. O. Stevens, Detachment Commander, WDSIU, on the left, looks on while LCol. I. G. Webb, Acting Base Commander, CFB Winnipeg, pulls the winning ticket.

The second annual WDSIU raffle in support of the MP Blind Fund for Children was held at CFB Wpg. Tickets were sold at various Cdn. Forces Bases throughout Canada and Europe by members of SIU HQ, Detachments, and MPs. The

prize, a 12" B & W TV was won by Miss Lori White, daughter of WO R. J. White, SIU Section Moose Jaw. A total contribution of \$540.38 was realized from the Western Division Special Investigation Unit to the fund.

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South Site Parents

Parents in the South Site MQ area your Community Council needs your opinion and/or assistance.

As you may or may not be aware Lipsett Hall has been open at certain periods during the week for our children to go in and make use of the gym floor area. They have been allowed to participate in activities of their own choice in a sort of "indoor playground" approach. Now we feel this is wonderful for the children in that they can come in and "do their thing". However, in a confined area such as a gymnasium there is a need for some supervision and therein lies the problem.

The Phys. Ed. and Rec. staff is established on the basis of the military need and is not provided

with the idea of running a totally free community program. If we wish our children to continue to have access to the facilities we must be willing to provide the support, which incidently can only be covered in two ways. Firstly to volunteer to do our share of the supervision or to pay for someone else to do it.

Therefore, let us know if you want the gym to remain open. If you are willing to assist, contact the staff at Lipsett Hall (889-3041) or your ward councillor. By the way, the same will apply to the outdoor rink unless we wish it to be dominated by the older children as I understand it was times last year.

C. C. Patterson
Mayor

Investment Briefing

The CF Directorate of Compensation Development Briefing Team on Pensions and Insurance will be presenting an all ranks briefing at CFB Winnipeg (North Site) Base Theatre at 1315 hours on Wednesday, 12 December, 1973. There will be a 1 hour presentation followed by a question period. SISIP, Registered Retirement Savings Plan, and other Related Benefits, will be discussed.

Militia Parade

A Militia Spectacular will highlight the annual Winnipeg District Commander's Conference to be held at Minto Armoury December 8-9.

A district officers dining-in night Dec. 8, starting at 1930 hrs., is set for all officers of the Winnipeg Militia District.

Sunday, Dec. 9 a district parade will be held commencing at 1330 hrs. at Minto Armoury. Music for the general salute and inspection will be provided by the Royal Winnipeg Rifles Band, while music for the march past will be provided by the Camerons of Canada and the 26 Field Regiment Massed Pipes and Drums.

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BOY'S SKATES NEARLY NEW, SIZE two, \$5.00. Phone 888-6864.

1970 POLARIS CHARGER, 437 CC 32HP. Good condition. \$550.00. Phone 888-2261.

SIZZLERS SUPER CONTROL SET FAT Track with extras such as power pit energizer and 4 additional cars (total of 6). One year old. Original cost \$55.00. Asking \$40.00. Call Gord 832-1311 loc 314 or 837-8700.

GIRL'S SKATES, GOOD CONDITION, size two and man's Bauer skates size 10, nearly new, excellent condition. Voigtlander Vitomatic 1 35 mm camera complete with flash. Phone 888-2175.

LARGE COLLECTION OF HOT WHEELS and accessories — best offer. Brownie uniform — dress, hat, belt, tie — excellent condition. \$5.00. Phone 489-2728.

1966 CHEV SUPER SPORT FULLY equipped, 283 automatic with stick shift, bucket seats, power brakes, power windows, power and tilt steering, positraction differential, tinted glass, rear window defogger, AM/FM radio, 4 near-new belted tires. \$900.00. Phone 889-5832 evenings.

SLIDE PROJECTOR, 20 SLIDE CAPA-city, \$45.00 8 track stereo deck complete with two speakers \$65.00. Both items seldom used and in mint condition. Ph. Cpl Serge Nellen, Loc 513.

GIRL GUIDE UNIFORM, SIZE 10; boy's skates, size 1. Phone 489-4653.

REGULATION SIZE POOL TABLE, \$75. or nearest offer. Phone 888-2153 or MWO D. C. Hughes, Dental Clinic, Local 522.

WESTINGHOUSE AUTOMATIC WASH-er and dryer, for sale as pair or individually. Washer \$100, dryer \$75. Phone days 698, or 888-5863 after 5.

DELIGHTFUL 2 STOREY, 2 BR HOME in Mint condition. Situated in a quiet area on Lumsden Ave. Built in stove and rec room with electric Tyndall stone fireplace. Ideal for small family. Price \$17,600. For further information contact Eric Meachan (Realtor) Melton Real Estate Ltd. Days 889-0914, Evenings 888-0229.

CRESTVIEW CONDOMINIUM 3 BR, carpeted LR and stairs, full basement. 1½ bathrooms. Just 3 years old. \$18,900. For viewing call Marg Regnier at 339-1954 or 453-0264.

McKague Sigmar.

Classified ad rates

Voxair classified ad service is available to everyone. Charges for this service are: 20c per agate line with a minimum charge of \$1.00 per issue.

Service personnel or DND employees and their dependants will be charged a flat rate of 50c for non commercial ads which may be reprinted upon request in up to three consecutive issues free of charge. Notices or lost and found ads are free. To receive this reduced rate, payment must be in advance and accompanied by the name, local and place of employment of the service or DND member.

Ads must be received by the deadline date listed on page two in clear handwritten or typewritten form.

Voxair mailing address:
VOXAIR
CFB Winnipeg
Westwin, Manitoba
R2R 0T0

Westwin Bowling Hours

Westwin Bowling Leagues and Hours of Operation
Monday — Teen League — 1900 hrs., Casual 2000-2100 hrs.
Tuesday — Ladies League — 1845-2330 hrs.
Wednesday — Teen League — 11900 hrs., Casual — 2000-2100 hrs.
Thursday — Intersection — 1845-2330 hrs.
Friday — Casual — 1900-2100 hrs.
Saturday — Junior League — 1300-1700 hrs.
Sunday — Casual — 1300-1600 hrs., Mixed League — 1845-2330 hrs.

Confligere

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mean to me?" Actually I'm scared to answer for fear I'll have to pinch a government pen and paper with which to answer because the future looks rather dismal.

Excuse me, there's a little boy at the door selling raffle tickets to raise funds to support some junior hockey team.

December

Continued from Page 2

which the temperature is around the 32-degree mark. But cold spells lasting a number of days with daily maximum temperatures remaining well below zero are common.

The highest temperature ever recorded in December at Winnipeg is 53 degrees above zero in 1929; the lowest temperature on record is 54 degrees below zero on the Fahrenheit scale in 1879.

Major winter weather hazards for motorists, aircraft operations and the outdoor activity includes reduced visibilities, freezing precipitation and high wind chill. Freezing precipitation normally occurs 10 hours during the month ranking in this regard with November the highest of the 12 months of the year. Blowing snow and fog are the phenomena that reduce visibility. Low temperatures, and strong winds occasionally combine to produce a high "wind chill" — a rapid rate of heat loss from warm bodies. The wind chill increases with decreasing temperatures and increasing wind speed.

Cadenza

Continued from Page 5

for instance, that concerns some scientific folks from back east coming to visit us. The reason for this visit being that they would like to find out whether or not we might be able to supply all our own lighting needs by setting up wind driven generating equipment in the main rehearsal room!! (If that's the case we should see about the Fanfare Trumpeters contributing their noble efforts to improving the car block heater situation. The 'Pan Am' one ought to be good for the interior heaters as well, right, guys???)

I am watching, as this column is being typed, the feverish activity on the part of our Chief Librarian and his able assistants, Sgt's John Van Helvert and Danny Levievel as they retitle, relocate and reclassify all of our several thousand band arrangements into a more meaningful inextricable system. They also serve who sit and title.

In closing may we offer a note of condolence to Pte. Billy Brandon. We are all very sorry your turkey died.

Sam

Continued from Page 8

depending on winter extremes and icy roads. Other provinces, where studded tire regulations change as frequently as time zones, report a decline in the use of studs. New Brunswick, Saskatchewan, Alberta, Yukon, and the Territories have no regulations in regard to studded tires; Nova Scotia and Quebec allow studs between Oct. 15 and Apr. 15; British Columbia and Manitoba between Oct. 1 and Apr. 30; Newfoundland between Nov. 1 and Apr. 30 and Prince Edward Island between Nov. 1 and May 31. The driver is therefore separated by the "great divide" Ontario during the winter months.

Provincial laws are sometimes changed to account for periods of unseasonable weather. There is, however, no indication that other provinces will follow Ontario's example of a total ban.

Do you know your road signs?



Hope your brakes are operating.

Service Women's Bowling

The Area One Championship will be held at CFB Winnipeg from 14-18 Jan 74.

Base playoffs to select a representative team of six (6) bowlers will be held on the following schedule:

- 26 Nov — Westwin, 0830; Westwin, 2000.
- 27 Nov — Westwin, 0830; Lipsett, 1300.
- 28 Nov — Westwin, 0830; Westwin, 2000.
- 29 Nov — Westwin, 0830; Lipsett, 1300; Lipsett, 2100.
- 3 Dec — Lipsett, 0830; Westwin, 2000.
- 4 Dec — Lipsett, 0830; Westwin, 1300.
- 5 Dec — Lipsett, 0830; Westwin, 2000.
- 6 Dec — Lipsett, 0830; Westwin, 1300; Lipsett, 2100.
- 10 Dec — Westwin, 0830; Lipsett, 1300; Westwin, 2000.
- 11 Dec — Lipsett, 0830; Westwin, 1300.
- 12 Dec — Lipsett, 0830; Lipsett, 1300; Westwin, 2000.
- 13 Dec — Lipsett, 0830; Westwin, 1300; Lipsett, 2100.

All personnel will be required to complete 12 games during this period to be eligible for selection. Roll off will be bowled in six blocks of two games and may be done at either Lipsett Hall lanes or Westwin.

Interested personnel are to contact Cpl Piper at local 511.

RETIRING SOON?

Are you planning on retiring from the Armed Services in the near future? If so perhaps we may have the answer to your next career opportunity. Lightmaster Ltd. is now employing several retired military personnel as Commissioned Sales Agents throughout the various territories in Canada. We offer a selection of top quality lighting products for Commercial, Industrial and Municipal use. These specialized guaranteed products are sold directly to the end user and are now being used by dozens of Canada's foremost companies. Our repeat business factor is over 75 percent. Your full commissions are paid to you each week with no investment necessary. Our most successful sales staff are in the 40 to 55 age bracket. A local Manager would be available to assist a self-starter who is seeking a career opportunity in the area where you would be taking up permanent residence. If this is the type of position you are seeking please telephone collect (416) 632-9020, Don Crossley, or write Lightmaster Ltd., 2384 Industrial Street, Burlington, Ontario.