

VOXair

Free

CFB/BFC Winnipeg
14 October 1987

RCAF Class of '37 50th Anniversary Reunion



Then

and

now

In 1937 Canada was just beginning to show signs of recovery from the Great Depression of the 1930's, an era that was common to countries around the world.

International concerns for common poverties during this decade were reflected in a strong movement towards disarmament that occupied representatives of the League of Nations over several years. When it was becoming evident that peace-loving nations were being threatened by build-up of strong military forces bent on revolt against the status quo

following World War I a cautious reversal of popular faith in disarmament and an acknowledgement of the needs for renewal of defence forces emerged.

One of the results of this change of attitude was Canada's recruitment of over two hundred young men for training in the Royal Canadian Air Force as potential Fitters, Aero Engine, Riggers Airframe, Armament Artificers and Instrument Technicians, the first major intake of Technical Tradesmen in what was still a very young part of Canada's Defence Forces.

Through their first year of service these exuberant youngsters were transformed into skilled tradesmen in a military environment. In addition to technical knowledge and parade ground disciplines, these graduates from schools across Canada learned to respect one another's individual ethnic and local origins, a process of conversion from regional colloquials to comrades in arms, welded into a common bond of fellowship that becomes identified as the "Class of '37, RCAF, Camp Borden".

Since termination of World War II, the Class of '37 has held reunions about every five years at various sites across Canada. 1987 marked the Fiftieth Anniversary of this group which chose to reassemble in Winnipeg. CFB Winnipeg was proud to host the Class of '37 in September. The group was given a guard of honour followed by a tour of the base, including the flight line. A Mess Dinner to cap off a fine day offered opportunities to renew old friendships and to up-date old memories.

Soldier Apprentices - who are they?

By Maj E.E. Scheidl

In the early 1950's the Canadian Army embarked on a program to induct young men (or boys depending on your perspective) into the Canadian Army. The program was designed to enroll youths of 16 into the Soldier Apprentice Program for two years with five years regular army service beyond. Voluntary withdrawal was permitted after three years regular army force.

In total seven Corps participated for various numbers of years. These were the Royal Cdn Army Service Corps, Royal Cdn Signals Corps, Royal Cdn Ordnance Corps, Royal Cdn Electrical and Mechanical Engineers, Royal Cdn Medical Corps, Royal Cdn Artillery and Royal Cdn Engineers. In the two years as an Apprentice, the young

soldier received basic training, trades training and at least two years of high school upgrading in the curriculum of the province where the military school was located. It is the latter which had the most dramatic effect on these young men.

Many of the Apprentices were high school drop-outs or at that stage of wanting to leave home for any number of reasons. They entered the program with anywhere from grades eight to eleven. For many the program was ideal, there were no choices in the subjects to be taken (basket weaving was out) and the civilian teaching staff could lay charges. Just what rambunctious, high spirited teenagers need to keep them on the straight and narrow. For some, the required

studies, parades, discipline, barracks life, etc. proved too difficult and some intakes suffered 25 per cent failure rate in the two years.

Although the program varied between Corps, one example was the Signals program which divided each activity into distinct segments. Other Corps, spread their academics over the full two years and interspersed basic and trades training much like a vocational school. At the Signals School, the recruits first six weeks were devoted to "depot" training after which they could wear the Signals shoulder flash and be entitled to a weekend pass plus on other weekends be allowed off the Base for brief periods, but always in uniform. At the end of six months, if successful, he

completed his basic training and was entitled to wear the Corps lanyard. At this point he began his academic training and increased pass privileges. In addition, he was no longer required to wear a uniform off Base. But any hope of mingling unnoticed with civilian teenagers was quickly dashed. Authorized civilian attire for the next six months consisted of a blue blazer (with Corps crest), flannels, white shirt, Corps tie and black shoes. As a variant, the Apprentice Squadron jacket (with Squadron crest) could be substituted for the blazer during hot weather. After one year, other civilian clothing was allowed but strictly controlled, for example, no blue jeans and

cont'd. Pg. 2



From the Editor

This issue we're continuing our financial articles and the Base Chief's column is back, too. Yay to all the sections who contributed. Nay to all those who didn't. There's been no response to the call for roving reporters, and we could sure use some more cut-and-paste people to help on the production side of things. All you closet report-

ers and paste-up people: **DON'T BE SHY!** Join the VOXAIR team!

It was Thanksgiving Day last Monday and I trust that by now everyone has recovered from the feast! Halloween is coming soon. Please drive carefully. It's slippery out on the roads and you need more time to brake for all those ghosts and goblins! Here's a good recipe for a Halloween treat:

Directions for Chocolate-Coated Coconut:

Heat 2 squares chocolate and ¼ cup peanut butter in a small saucepan over low heat until partly melted. Remove from heat; stir rapidly until entirely melted and well combined. Add 1 cup coconut and mix well.

Note: Microwave oven may also be used to melt the chocolate and peanut butter.



The Base Chief Said....

I've been getting a lot of requests to get busy and start this column again. I must apologize for not doing so earlier, however, you will understand that I have been busy since the honeymoon!!!!

I took Quincy for a walk this morning, and found it a bit chilly. So, as I walked along, I realized that it was about time that I put on my Air Force heavy-weight uniform, with long sleeve shirt and tie. I have been getting some comments/calls concerning winter dress, therefore, I think it's about time that I totally confused you!

Some of those comments have centered around the need to have a winter/summer dress period. The answer is simple. Some are still wearing the CF Green uniform, and we have men and women dressed in the Navy/Army DEU.

Let's deal with the majority first, the Air Force DEU. As you may have figured out, those of us wearing the Air Force DEU, do not really have a need for winter/summer dress regulations, as we can wear our uniforms, light-weight or heavy-weight, all year long. There is nothing in our dress regulations to prevent a person from wearing Numbers 3, 3B, and when we get sweaters, 3C at anytime. What you can't do is wear a necktie with short-sleeve shirts at the office. The tie must be removed. I expect to see someone walking across the inter-site road in January, wearing the short-sleeve order, with gloves and no outer garment. This will be contrary to no regulation; however, I may stop and check on your sanity! I would hope that common sense will prevail, and when the real cold weather sets in, you will wear a uniform and outer garment appropriate to the conditions.

For those who wear the Army DEU, winter dress means that the tan uniform is put away, and you shall wear the rifle-green uniform. For the Naval DEU, put your tropicals away. If you want to be camouflaged, the Navy Tropical uniform would provide you with adequate concealment during January, in Winnipeg!

Good news for those of you who wear Flying Jackets. I have spoken to CWO Bradbury at Base Supply, and he informs me that they now have flying jackets in stock, with zippers that work. It is obvious to me that all the flyers I see walking around the Base with flying jackets unzipped, must be doing so because those zippers are broken.

I mentioned my honeymoon at the beginning of this article. I would like to express to all of you who offered your congratulations to Ann and I, our sincere appreciation.

Marriage in the Air Force was not always as simple as it is now. The concern for the welfare of the young serviceman still persisted when the Royal Canadian Air Force first spread its wings in 1924. "Permission to marry may be granted by the applicant's Commanding Officer. Such permission will not be given unless...the commanding officer is satisfied that the applicant is financially able to marry, and that the woman is of desirable character."

Even as late as 1965 it seemed necessary to admonish young army officers to tread softly in this matter of marriage. "If you are married you are bound to have more interests outside your army life, and then your work and learning suffer...You must not expect to have special treatment if you do marry before the official age (23 years); it would be unfair to the other officers." But in spite of all the dire warnings, young men and the ladies of their choice found ways to begin their married lives.

Yes, I did request permission from the Base Commander. Colonel Reynolds had met Ann, and knew she was of desirable character, and as he put it, one out of two ain't bad!

A concerned Chief called me some time ago, and during the discussion, we touched on the subject of loyalty. He sent along a piece written many years ago by Elbert Hubbard. It's the same words that our Base Commander had framed and hanging on his office wall. I think it's worth repeating here.

"If you work for a man, in heaven's name work for him; speak well of him and stand by the institution he represents."

REMEMBER — an ounce of loyalty is worth a pound of cleverness.

If you must growl, condemn, and eternally find fault, why not resign your position and when you are on the outside, damn to your heart's content — but as long as you are a part of the institution do not condemn it, if you do, the first high wind that comes along will blow you away, and probably you will never know why...."

Soldier Apprentices

cont'd. from Pg. 1

tapered trousers were out, cuffs were a minimum of sixteen inches.

Throughout the two year period, the Apprentice was easily identified by green ribbon slipons on the uniform shoulder epaulets. This led to the, not always affectionate, title of "Green Monster" or "Boy Soldier" bestowed by staff and other students at the schools. The green tabs were also designed to refrain Apprentices from partaking of "wet canteen" privileges (although not always successfully). Why "Green Monster", picture if you can, up to 200 teenagers, away from parental control, in a school of only 1000 personnel. One other aspect of Apprentice life which must be noted in that from enrollment and until the Apprentices seventeenth birthday he received half-pay. For some this meant a full year of \$47 per month (less pension contribution at 1956 pay rates).

The Program was phased out in the late 1960s. What became of the Apprentices? While many returned to civilian life after their obligatory service, substantial numbers made the military their life long career. Some of the more distinguished alumni continued their education both in the military and out to complete high school or university. Others attained and are still serving their Corps or Branch in the ranks of Col, LCol, CWO or MWOs. Was the program a success? Although there are examples where individuals dropped out for a second time, the majority had greater opportunities than they would have had without the academic upgrading, discipline and self-confidence provided through two years of "guidance" and training. It most certainly salvaged many teenagers from a life of mediocre employment and in the author's biased opinion enriched their lives.

Good Work Monica!



For those of you who have had the occasion to arrive/depart from CFB Winnipeg through our AMU, you have seen and enjoyed a floral masterpiece situated in front of Hgr 16. This floral arrangement was created and maintained by Monica Kaplun, a member of CE.



BASE RECREATION LIBRARY HOURS
Tues, Wed, Thurs 6:00 - 9:00 p.m.
Wed 1:00 - 4:00 p.m.
Saturdays 1:00 - 4:00 p.m.

Following the Canadian Forces

- | | | |
|------------------|----------------------|------------|
| Editor-In-Chief | - LCol K.W. Doerksen | - 895-5281 |
| Managing Editor | - Capt Tom Walls | - 895-8872 |
| Assistant Editor | - Capt. A.P. Graham | - 895-5135 |
| Sports Editor | - Cpl Brian Pearce | - 895-5511 |
| Business Manager | - Sgt Dick Mugridge | - 895-5394 |
| Accountant | - Pte Suzanne Richer | - 895-5331 |
| Photographer | - Cpl G. Bourbonnais | - 895-5404 |
| Photographer | - Cpl G. Albert | - 895-5090 |
| Office Manager | - MWO L. Guenette | - 895-5764 |
| Advertising | - Voxair | - 889-3963 |

VOXAIR OFFICE HOURS:
MONDAY and THURSDAY 1-4 p.m.
PHONE 889-3963

HEURES DE BUREAU — VOXAIR
LUNDI et JEUDI de 13h à 16h
TELEPHONE 889-3963

Telephone-answering system operates remainder of week
Produced by Triad Graphics Ltd.

VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published every three weeks under the authority of the Base Commander, Col. Loren H. Reynolds, CD. Opinions and views expressed do not necessarily reflect those of the Editor, the Base Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. Correspondence should be addressed to: VOXAIR, Bldg. 4, CFB Winnipeg, Westwin, Manitoba R3J 0T0.

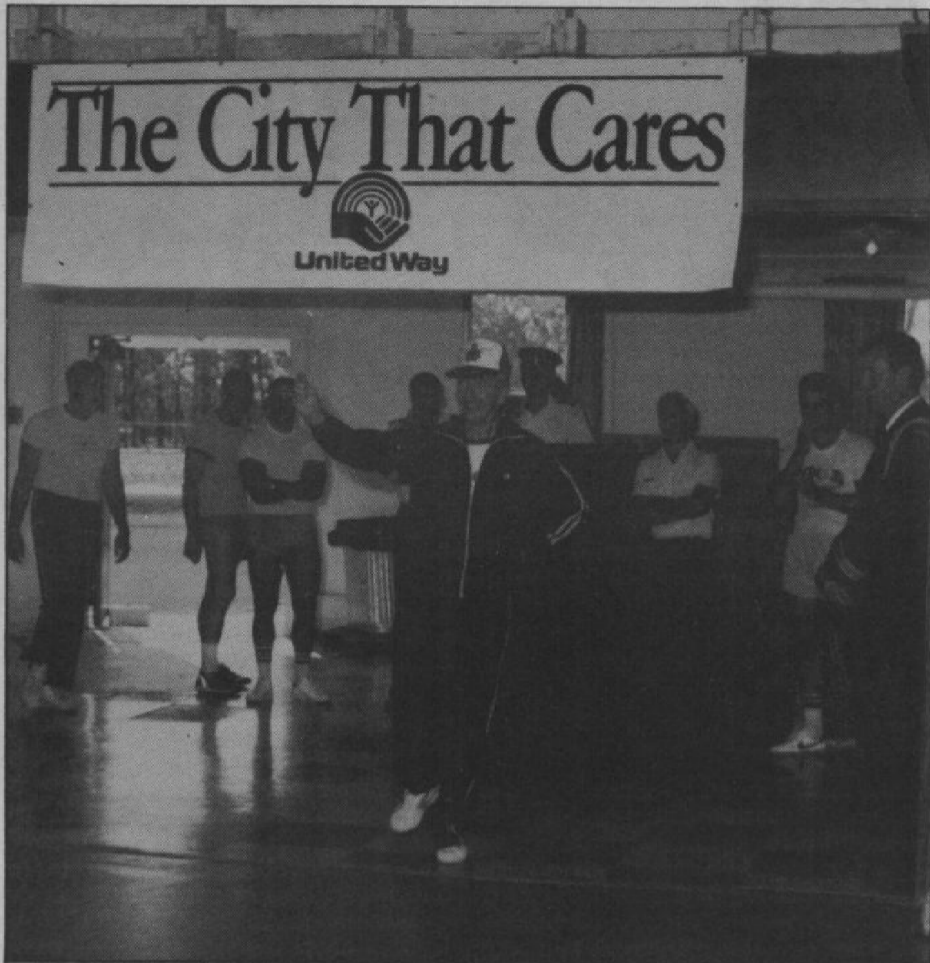
VOXAIR est le journal non officiel de CFB Winnipeg et est publié avec la permission du Commandant de la Base Colonel Loren H. Reynolds, C.D. Les opinions et les points de vue qui y sont exprimés ne sont pas nécessairement ceux de l'éditeur, le Commandant ou le ministre de la Défense nationale. L'éditeur réserve le droit de modifier ou refuser la publication d'un article ou d'une annonce publicitaire. Toute correspondance doit être adressée à: VOXAIR, Bldg. 4, FBC Winnipeg, Westwin, Manitoba R3J 0T0.

Next Voxair Deadline 5 Oct 87



Second Class Mail. Reg No. 1725 ISSN 0300-3213

The United Way Kick-off



The A/B Comd, LCol Doerksen, brings in the flame to open the games marking the beginning of the 1987 United Way Campaign.



Members of BTNO participating in one of the twelve events scheduled for the United Way Campaign Kick-off.

Jameswood School Needs You!

- Volunteers are urgently required to:
- listen to children read
 - assist children with activities for speech and language improvement
 - assist the Kindergarten Teacher
 - assist with the Basic Motor Program
 - assist in the library

If you have 15 minutes or more of spare time in a week you could be of great help to one of our students. Training is provided by staff. Please come and talk to us. There is no obligation to make the commitment. Please call the school 889-8890 if you can help us.

Parkview Barber Shop

2177 Portage Avenue 832-1450

OPEN:
TUES, WED & FRI. 9 AM-5 PM, THURS 9 AM-6 PM, FRI & SAT 9 AM-4 PM
VERA LAVALLEE SPECIALIZING IN MILITARY HAIR CUTS
FORMERLY OF CFS GYPSUMVILLE
MILITARY HAIR CUTS — \$5.00

Military Families For all your Real Estate needs

Call: SYLVIA REED

Military Dependent NOT RETIRED

Canada Trust Realtor

The Canada Trust Company
Forest Park Mall
3900 Grant Avenue
Winnipeg, Manitoba R3R 3C2



OFFICE: 889-8812
HOME: 888-8954

Bringing you home.

Your two-bedroom home in a Kona-managed building is a suite in name only. It has many of the amenities you expect in an apartment, such as whirlpools, exercise rooms, satellite TV and security systems. It also has some homey extras you don't expect. Such as

scenic bay windows in selected suites. The warmth of real wood-burning fireplaces in others.

You will appreciate on-site managers who take the extra time each day to ensure that each building is impeccably maintained and protected. DND personnel will appreciate the \$20 a month discount and 2 month transfer clause.

You're invited to visit with us at Chancellor Square and Bairdmore Square in Fort Garry, or Leila Square in Garden City. Inspect one of the freshly decorated suites now awaiting your own personal touch to make it your own "home suite home".



The celebration is on us!
Kona will treat you to
A Free Dinner
for Two
at Amici or Cibo's
to celebrate your
1 month's free rent
R.S.V.P. December 1, 1987



948 Chancellor Dr.
275-0010

KONA

Kona Properties Ltd.

Offer good when you sign a one year's lease with possession date of December 1, 1987



BINGO — Every Mon. Wed. Fri. 8 PM
Crib night every Thursday at 2000 hrs.
Join us for six meat draws
made each Saturday at 1500 hrs.
DANCING Saturday Evening
SERVICE PERSONNEL WELCOME
Army, Navy & Air Force Veterans in Canada
ASSINIBOIA UNIT NO. 283
3297 Portage Ave., R3K 0W7
Opposite Westwood Shopping Centre
THE FRIENDLY CLUB



MARIGOLD

Chinese and American Dishes,
Fine Dining & Cocktails
Banquet Facilities Available
7 Locations to Serve You at:

245 King St. (Chinatown) — 944-9400
1041 McPhillips — 589-7369
2591 Portage Avenue — 888-5665
487 St. Mary's Road — 233-1453

718 Osborne Street — 474-2401
885 Henderson — 661-3135
1755 Pembina — 261-9241

Voxair Congratulations!



LCol Eric J Sim CD Commander 73 Communication Group presented MWO Garnet A.E. Huff CD Line Construction Superintendent 73 Comm Gp HQ with the second clasp to his CD on 10 Sep 87. Although MWO Huff enrolled in the Cdn Army Signal Corps Soldier Apprentice Program on 13 June 1955, he reported for duty on 10 Sep 55 at the beginning of the training year. MWO Huff completed the rigorous two year program and graduated as a trained soldier and lineman. In addition he increased his high school grade level under the Apprentice Program. MWO Huff has served at a variety of positions in his 32 years from Gagetown, NB to Masset, BC as well as two UN tours. MWO Huff was promoted to his present rank in Jul 85 at which time he joined 73 Comm Gp HQ in Winnipeg. His present duties are as the senior lineman in this area and responsible for line construction and maintenance from Thunder Bay, Ont to the Alta/Sask border.



Cpl Mark Wilson of BAMEO is shown fixing the landing lights of a Dakota. Cpl Wilson received his promotion to that rank in August 1987. Well done, Mark!

Professional & Business Directory

Chapman Goddard Kagan, Barristers & Solicitors

George E. Chapman, B.Sc., LL.B. Donna G. Kagan, LL.B.
Alan R. Goddard, B.A., LL.B. George A. Derwin, LL.B.
Kelly P. Land, LL.B. Allan R. Francis LL.B.

1864 Portage Avenue Phone 888-7973

RUTLEDGE & UNGER

R. F. RUTLEDGE BA, LLB
A. I. UNGER BA, LLB
COUNTRY CLUB PLAZA
310 - 3025 PORTAGE AVE. 888-3204

Nemy, Brown & Roy

Barristers Solicitors Notaries

Morton H. Nemy, B.A., LL.B. John C. Brown, B.A., LL.B.
Barry A. Roy, B.A., LL.B. Jack M. Rabkin, B.A., LL.B.,
200-2727 Portage Avenue (Courts of St. James Shopping Centre)
Winnipeg, Manitoba Phone: 888-8890

Ronald M. Habing B.A. LL.B.

Telephone: 832-8322

RONALD M. HABING

Barrister, Solicitor and Notary
2643 Portage Avenue
Winnipeg, Manitoba R3J 0P9

WARKENTIN LAW OFFICE

Barristers Solicitors Notaries

ERWIN P. WARKENTIN B.Th., LL.B.
PHILLIP G. CALVER B.A. (Hons.), LL.B.

N-3025 Ness Avenue Winnipeg, Manitoba R2Y 2J2 Telephone: 885-4452

K.D. MUNRO, C.D. LLB

BARRISTER & SOLICITOR
RCAF/CAF RETIRED
PITBLADO & HOSKIN

BUSINESS 942-0391 1900-360 MAIN STREET, R3C 3Z3 Home 452-8780



NORTH MAIN
HONDA LTD.

SALES & SERVICE
NEW & USED CARS

GEORGE THOMPSON
Assistant Sales Manager

Ph. 586-8129



1180 Main Street
Winnipeg, Manitoba

BALDWINSON AGENCIES

Rec Centre (Whytefold Rd)

Autopac 889-2204

Al-Ben Engraving

Plastics — Metals
Name Plates — Trophies — Plaques
AL BENNETT
263 Ainslie St. R3J 2Z5
Phone: 837-1512

SILVER HEIGHTS DRY CLEANING CENTRE

837-7209
Professional Cleaning & Pressing
Special Rates on Uniforms
2249 Ness Avenue

"Looking for a Car" New or Used
See Nels Cuthbert, CD

Special Rates for Armed Forces
Westport Chrysler Plymouth Ltd.
3171 Portage Avenue
Bus. 888-2343 Res. 888-1519



BEGIN & DOYLE

JILL BEGIN, LL.B. WILLIAM DOYLE, B.A., LL.B.

BARRISTERS & SOLICITORS
FREE OFFICE CONSULTATION

427 Academy Road (at Niagara), Upper Level
Winnipeg, Manitoba R3N 0C2

488-3337

TUXEDO PARK HAIRSTYLING & BARBERING

146-2025 Corydon Avenue, Winnipeg, Man. R3P 0N5

BEAUTY SALON 489-9079 MONDAY-SATURDAY HOURS: 9-5	Cuts - Perms - Colours - Shaping For Men, Women and Children MENS HAIRPIECES FITTED	MENS HAIRSTYLING & BARBERING 489-7997 CLOSED MONDAY HOURS: 8-6, SAT. 8-5
---	---	--

St. James Travel Agency

COMPLETE TRAVEL ARRANGEMENTS

- AIRLINE TICKETS
- PACKAGE TOURS
- CRUISES
- TRAVEL INSURANCE

1855 PORTAGE AVENUE — 888-2668

Yearning For Learning

What have you learned today? Nothing, you say. Not true.

If you went to work, you learned something on the job — you acquired some information you didn't have before. If you have children you very likely learned something about your child's activities and attitudes that you didn't know before. Did you read a paper? Part or all of a book? Then you learned something. Did you watch television or see a movie? Then you acquired an insight, or saw something in a new light, or became aware of a previously unconsidered aspect of human behaviour.

All of which is to point out that you acquire new information all the time. Learning is a lifelong process which we simply can't turn off.

Granted, you might not remember much of what was so effortlessly acquired because you didn't specifically apply yourself to retaining it. But much of it is in your memory right now and can be retained and brought out when required.

Oddly enough, however, many adults have persuaded themselves that they are past learning and so don't consider going "back to school" as adults; college courses, they are convinced, are beyond them.

This is not the experience of the Canadian Forces Community College program. Over 1700 CF members and

their dependents are registered in eight different study programs and most are finding that they possess learning skills they never knew they had. In many instances, their new-found "success" in learning is because they finally have a motivation — they are studying because they want to, and are learning material which is important to their adult objectives.

True, study skills may have to be re-sharpened or re-learned, but assistance is available: Study Skills packages available at base learning centres or from the CFCCP office provide a useful assistance, and base tutors are there to help you over the hurdles.

Many CFCCP students, once they get back into the swing, or who discover a learning capacity they never knew they possessed, are "hooked"; they have discovered a new pleasure and a new satisfaction AND are preparing themselves for new challenges in their present jobs or as civilians when the day comes they are no longer in uniform.

Think about it. If you are an adult, you are an adult learner. Why not put that capacity into harness and start your college program now?

Additional information is available from the Base Training Office in Base Headquarters.

4 CMBG Change Over



LAHR — Command of the 4 Canadian Mechanized Brigade Group (4 CMBG) was handed over from Brigadier-General J.E.P. Lalonde to Brigadier-General T.F. deFaye, in a ceremony held on 15 September at Canadian Forces Base Lahr. The 4500-man mechanized brigade group is the main stay of Canada's NATO commitment in Europe and is equipped with Leopard tanks, M-109 self-propelled howitzers, armoured personnel vehicles and a squadron of Kiowa helicopters.

Brigadier-General de Faye was commissioned into the Royal Canadian Regiment in 1961 and has served in various appointments in Canada, Cyprus and Australia during his 26 year career. He has also served extensively in the Federal Republic of Germany. He is accompanied by his wife Barbara.

Thanks to you
it works...
FOR ALL OF US



United Way

BFC/CFB WINNIPEG
MILITARY POLICE FUND FOR BLIND CHILDREN
FONDS DE LA POLICE MILITAIRE POUR
LES ENFANTS AVEUGLES

PRESENTS PRESENTENT

BIG BAND BALL

1987

THE AIR COMMAND BAND
PRIZES GALORE
BUFFET

LA MUSIQUE DU COMMANDEMENT AERIEN
PLUSIEURS CADEAUX
BUFFET

NON-STOP DANCING!
Beginning at 9:00

DANCE SANS-ARRET!
Commence à 9:00

Date: 31 Octobre 1987
Time: 8:00 PM
Place: Bldg. 21 CFB Winnipeg
Tickets Available:
Military Police 895-5565 895-5204
Bldg 25, Main Door - 895-6273
Price: \$6.50 Per Person

Date: 31 Octobre 1987
Heure: 8:00 PM
Endroit: Edifice 21 BFC Winnipeg
Billets Disponibles:
Police Militaire 895-5565 895-5204
Edifice 25, La Porte d'avant - 895-6273
Prix: \$6.50 Par Personne

Steele Enterprises
OFFICE EQUIPMENT

RENTALS OR RENT TO BUY PER MONTH

I.B.M. SEL II w/Corrector — \$50.00	I.B.M. SEL III — \$65.00	I.B.M. SEL 2000 — \$70.00
COPIER MACHINES — \$75.00 WILL DELIVER AND PICK UP		

LARRY STEELE Entrepreneur
17 VALLEYVIEW DRIVE — PHONE (204) 837-4003
WINNIPEG, MANITOBA, CANADA R2Y 0R5

K. ANTHONY THOMAS, B.A. LL.B.
BARRISTER & SOLICITOR
2645 Portage Avenue, Winnipeg, Manitoba R3J 0P9

SHEWCHUK & ASSOCIATES
BUSINESS: 889-4595 HOME PH. 889-6670

Crestview Dental Centre
wishes to announce that it has
relocated its Moray Village Office (2375 Ness)
to 3081 Ness Avenue.

Hours of Operation:
Mon./Wed./Fri 8:00 AM - 5:00 pm
Tues./Thurs. 8:00 AM - 8:00 PM
Sat. 10:00 AM - 2:00 PM

For Appointments please call
888-8180 **889-4461**

Boston Pizza

Serves CFB Wpg North Side with 2 LOCATIONS

1901 Portage Ave. (across from St James Collegiate)
3253 Portage Ave. (across from the Village Inn)

redeem this ad for
FREE DELIVERY AND \$2.00 OFF
ANY ORDER OVER \$10.00

EAST OF WHYTEWOLD Call 885-5543
WEST OF WHYTEWOLD Call 888-7526

Deliveries start daily at 5 p.m. to one hour before close.

S.I.S.I.P. — A Family Affair

Submitted By Capt. Bill Brown,
WO Simon Fortin



\$ \$ \$ \$ \$ \$ \$ \$
DOLLARS and SENSE
 A column concerning your money and related subjects.
\$ \$ \$ \$ \$ \$ \$ \$

As members of the Canadian Forces, we're action oriented. There's no doubt about that — what we do for a living is pretty far from, say, the business world. When businessmen talk about risk and danger, they're talking about dollars. When we talk about risk, we're talking about lives. Corporate missions to capture market share through outflanking the enemy are tactical maneuvers that lack the grit of true military operations.

You might say we're a breed apart. We do things that most people wouldn't have the guts to do. We have experiences that people in other occupations only dream of. It takes a special kind of person to be in the Canadian Forces. We move around a lot. We're exposed to a unique set of stresses and pressures — and so are our families. It's this kind of work environment that makes personal security all that much more important.

Personal security starts with your family. It's hard to feel good about yourself if you haven't made sure that the people you love will be okay if you aren't around to do it. Just "okay" — not "great". No amount of life insurance can possibly come close to repairing the damage caused by the death of a person close to your heart. But at least the financial strain of a lost salary can be relieved. That's where SISIP — the Service Income Security Insurance Plan — comes in.

SISIP really is the members' plan. It's an insurance plan not only provided for the benefit of CF personnel, but also **owned and controlled** by CF personnel. That's an important point because, as members of a military force, we have needs that can only

be properly understood by our own kind. So the SISIP plan is continuously updated and revised on the basis of suggestions from CF personnel. In fact, you may not know this — but the Board of Trustees that runs SISIP is made up entirely of CF personnel from a range of ranks. They make sure that SISIP is designed specifically to meet the needs of CF personnel, and they make sure that any "profits" earned by the plan are used to boost benefits or reduce rates.

SISIP Survivor Income Benefit insurance is the right plan for your family and you. It's the right plan for your family because, after all, life insurance really is for the living. That's why they call it Survivor Income Benefit — the benefit goes to those who need it. SISIP-SIB provides your spouse (or orphaned child) with a monthly income that, together with other government benefits (CFSA, Pension Act benefits) will equal at least 50% of your last pay rate. Canada Pension Plan or Quebec Pension Plan would pay a monthly benefit in addition to this, to the spouse of a deceased contributor who has been contributing for 3 years or more.

SIB includes a cost of living adjustment to help keep the effects of inflation at bay. Based on the consumer price index, this adjustment will increase the SISIP-SIB benefit paid by up to 2 percent a year. In addition to this, further increases may be added when economically feasible during times of high inflation.

The SIB benefit is paid for the lifetime of the eligible survivor except if a surviving spouse remarries. In that case, SISIP pays a "dowry" benefit to the beneficiary equal to 36 monthly

benefits. If the surviving spouse is establishing a common-law relationship, he or she will continue to receive benefits for 12 months and then gets a lump sum dowry equal to the remaining 24 months benefits. In either case, monthly payments stop after payment of the dowry. If the second spouse or common-law spouse dies within 5 years, SISIP will begin SIB benefits again.

But SISIP-SIB doesn't stop there. Each CF member with SISIP-SIB coverage would also receive a life insurance benefit of \$10,000 on the death of his/her spouse and \$4,000 on the death of a dependent child. This coverage is called Dependant Life insurance and it's part of SISIP-SIB because insurance is a family affair. Just as you want to make sure your family would be financially secure in the event of your death, so too do you want to make sure you are free from the financial strain of funeral expenses on the death of a family member.

Look at it this way — if your spouse died, you'd want to make sure you could devote all of your energy and strength to supporting your children, emotionally and financially. That would be difficult enough under the extremely trying circumstances of a spouse's death. When you think of all the funeral arrangements that would have to be taken care of and paid for, the whole thing gets a little scary.

And Dependant Life continues even after your death. If you should die, each surviving dependant would receive a certificate of life insurance in the amount of \$10,000 for the spouse and \$4,000 for each eligible child for life. That's right — this life insurance

coverage would pay off no matter when your surviving spouse or child dies.

So far, this sounds like a pretty good deal. "But" you ask, "What's the catch?" Well, here's the catch — SISIP Dependant Life (DL) is provided at absolutely **no extra cost** when you arrange for SISIP Survivor Income Benefit coverage. Some catch, right?

Both SISIP-SIB and SISIP-DL are automatically provided to a CF member with a spouse and/or dependent child for the first 30 days of paid service. If you're covered by SISIP — Long Term Disability while single and subsequently gain a spouse and/or dependent child, SISIP-SIB/DL coverage is provided **automatically** for a 90 day period. If you apply within that period, no statement of health is required and premiums become effective as of your marriage date. And if you enroll in SISIP-SIB/DL and subsequently become disabled, your SIB/DL coverage would continue completely free of charge while you are eligible to receive Long Term Disability Benefits. And up to 60 days after release, a SISIP-SIB/DL member can convert to post-release SISIP coverage called SISIP-CAR (Coverage After Release) and/or individual insurance coverage without having to provide evidence of insurability.

Take action now. Talk to your SISIP Advisor for more details about SISIP. Ask him or her how SISIP-SIB/DL together can give you peace of mind about your family and yourself.

CFBWpg. SISIP advisors, Capt. Bill Brown, 5379; W.O. Simon Fortin, 5118.

VS VIDEO STOP

FREE MEMBERSHIP

IS PROUD TO ANNOUNCE THE OPENING OF THEIR 6TH LOCATION AT
2090 CORYDON AVE.
 PH. 832-7116

NOW WE CAN SERVE BOTH SIDES OF THE BASE WITH
 STORES AT 3239 PORTAGE AVE. AND NOW 2090 CORYDON AVE.
 MEMBERS OF THE FORCES ARE INVITED
 TO CLIP THESE COUPONS AND COME ON IN

VIDEO STOP

BRING THIS COUPON IN FOR A
FREE MOVIE

Not valid with other promotions or coupons
 GOOD OCT 14/87 - OCT 20/87

VIDEO STOP

BRING THIS COUPON IN FOR A
FREE MOVIE

Good anytime.
 Not valid with 99¢ films or other promotions.
 GOOD OCT 21/87 - OCT 27/87

VIDEO STOP

BRING THIS COUPON IN FOR A
FREE MOVIE

Not valid with other promotions.
 GOOD OCT 28/87 - NOV 3/87
 *New releases not included

FOR RESERVATIONS

1421A Henderson Highway 338-9227
 661 Henderson Highway 663-3377
 650 Leila Avenue 339-6739

3239 Portage Avenue 837-7865
 290 St. Annes Road 255-0542
 2090 Corydon Avenue 832-7116

L'avenir des vôtres — RARM

En tant que membres des Forces armées, nous sommes des gens d'action. Notre style de vie est très différent, par exemple, de celui des gens d'affaires. Lorsque ceux-ci parlent de risque, ils parlent de risque financier, mais nous, lorsque nous parlons de risque, nous parlons de danger pour nos vies. Conquérir un marché en déjouant les manœuvres de "l'ennemi" semble un jeu d'enfant par comparaison aux opérations militaires.

En d'autres mots, nous sommes une classe à part. Nous nous risquons là où peu de gens s'aventurent et nos expériences ne se comparent à celles de nulle autre profession. Il faut avoir de l'étoffe pour faire partie des Forces armées. Nous sommes fréquemment mutés et exposés à toutes sortes de dangers. Du même coup, nous exposons notre famille à l'insécurité. Par conséquent, le moins que nous puissions faire est de veiller à sa sécurité financière.

Si vous êtes le gagne-pain de votre famille, comment celle-ci se débrouillerait-elle sans vous s'il vous arrivait quelque chose? Bien entendu, aucun montant d'assurance-vie ne pourrait compenser votre perte, mais n'aimeriez-vous pas laisser les vôtres à l'abri de soucis financiers majeurs? Voilà où le RARM — Régime d'assurance-revenu militaire — entre en jeu.

Le RARM est le régime d'assurance idéal pour les militaires. Non seulement est-il conçu en fonction du personnel des Forces armées, mais il lui appartient et est contrôlé par lui. Il s'agit d'un point important, parce que seul un militaire peut véritablement comprendre nos besoins. Ainsi, le RARM est continuellement révisé et mis à jour d'après les suggestions émanant du personnel des Forces armées. Mieux, le conseil d'administration du RARM est composé entièrement de membres des Forces armées de divers grades. Ils veillent à ce que le RARM soit conçu spécifiquement en fonction des besoins des militaires et à ce que tout "profit" soit utilisé pour augmenter les garanties ou réduire les primes.

L'Assurance-revenu aux survivants (ARS) est en plein l'assurance qui vous convient si vous prenez la situation des vôtres à coeur. Comme son nom l'indique, elle couvre ceux qui restent. En vertu de cette assurance, votre conjoint ou vos enfants toucheraient un revenu mensuel d'au moins 50% de votre dernière solde mensuelle, conjointement avec les prestations gouvernementales (en vertu de la LPRFC ou de la Loi sur les pensions). Les survivants toucheraient en plus des prestations en vertu du Régime de pension du Canada ou du Régime des rentes du

Québec si le participant a cotisé pendant au moins 3 ans.

La garantie ARS est rajustée en fonction du coût de la vie afin de réduire les effets érosifs de l'inflation. Calculé d'après l'indice des prix à la consommation, ce rajustement augmente la prestation jusqu'à concurrence de 2% par année. De plus, dans les temps d'inflation élevée, une augmentation additionnelle peut être accordée si cela est faisable.

L'ARS est versée au bénéficiaire pendant toute sa vie, sauf si le conjoint se remarie. Le conjoint recevrait alors une somme forfaitaire équivalant à 36 prestations mensuelles. S'il s'agit d'un mariage "de fait", le conjoint survivant continuerait à recevoir des prestations pendant 12 mois et ensuite recevra une somme forfaitaire représentant 24 mois de prestations. Dans un cas comme dans l'autre, l'ARS cesse une fois la somme forfaitaire est versée. Si le deuxième conjoint décède au cours des cinq premières années du mariage (ou du mariage de fait), l'ARS recommencerait à être versée.

Mais ce n'est pas tout! Les membres des Forces armées qui ont souscrit une garantie ARS reçoivent un capital-décès de 10 000 \$ au décès du conjoint et de 4 000 \$ au décès d'un enfant à charge. Cette couverture s'appelle "Assurance-vie des personnes à charge" (AVPC) et fait partie intégrante de la couverture ARS. De la même façon que vous voulez que votre famille soit à l'abri de soucis financiers advenant votre décès, vous désirez être à l'abri des soucis financiers relatifs aux frais funéraires lors du décès d'un membre de votre famille.

Pensez-y bien. Advenant le décès de votre conjoint, vous voudriez consacrer toute votre énergie à subvenir aux besoins de vos enfants, émotionnellement et financièrement. Or, le décès d'un conjoint est bien asez éprouvant sans que vous ayez en plus à vous soucier des frais funéraires.

L'Assurance-vie des personnes à charge (AVPC) se prolonge même au-delà de votre décès. En effet, advenant celui-ci votre conjoint recevrait une attestation d'assurance-vie de 10 000 \$ et chacun de vos enfants à charge en recevrait une de 4 000 \$. Peut importe le moment de leur décès, ces sommes seront payables à leur bénéficiaire.

Vous devez pourtant vous dire: "Il doit y avoir une attrapee". En bien, la voici: la garantie AVPC vous est offerte sans aucun supplément lorsque vous souscrivez la garantie Assurance-revenu aux survivants. Pas mal comme attrape, non?

Les membres des Forces armées qui ont un conjoint ou un enfant à charge sont automatiquement couverts par les garanties ARS et AVPC durant les

Financial Planning

Don Faso, C.A.



In our first column we talked about the three steps in a financial lifetime, the learning period, the earning period and the yearning period. We talked about paying yourself first, that is putting away 10% of each pay before you start paying the bills and before you do your free spending. The question is where do you put it and what should it do for you.

Most financial planners believe in the "four corner-stone" approach to investing, which is the foundation for financial independence. The four cornerstones are:

1. Short Term Reserve — money or collateral for emergencies and or opportunities. Financial independence is based on your lifestyle; stating how many months of income a short term reserve should be is too difficult — everyone has their own opinion — obviously everyone should have at least two to three months income in a very liquid form i.e. chequing account, saving account, readily obtainable term deposit.
2. Income Protection — for you and your dependents in case of disability or premature death. When we are talking about income protection we are usually talking about the earning power of the "breadwinner" whose income provides for the needs of the family. If disability insurance is not provided by the employer, some form of individual coverage should be considered. Income protection in the case of premature death means providing (through life insurance) the clients beneficiary with enough capital so that when invested, earning power is replaced. Dependents must be able to maintain or improve upon their present lifestyle.
3. Fixed Investments to provide a specific rate of return and capital protection so that capital is not at risk and rate of return is more or less guaranteed. Guaranteed Investments Certificates, bonds and mortgages are good examples.
4. Equity Investments to provide better return through ownership and capital appreciation. Equity investments potentially offer high rates of return, but in falling markets can also lose value. The most common equity investing is in common stocks or as a unit holder in a mutual fund. Equity investments are usually only recommended when the first three cornerstones are in place.

Adequate planning can make the difference between a prosperous enjoyable retirement and years of anxiety caused by a lack of financial security.

Individuals who have taken responsibility for their own welfare in retirement by contributing toward it during their working years (by using tax shelters such as registered retirement savings plan — the earlier the better) are in the best position after they retire.

Next time we will look at examining your financial position. (DON FASO, A CHARTERED ACCOUNTANT IS A FULLTIME FINANCIAL PLANNER WITH INVESTORS GROUP INC. QUESTIONS MAY BE DIRECTED TO HIS ATTENTION AT 600-310 BROADWAY, WINNIPEG, MANITOBA R3C 0S6. ANSWERS WILL BE PROVIDED IN SUBSEQUENT COLUMNS.)

30 premiers jours de service payé. Si vous êtes couvert en vertu de la garantie Assurance-invalidité prolongée" (AIP) pendant que vous êtes célibataire et que vous avez un conjoint ou un enfant à charge par la suite, les garanties ARS et AVPC leur seront accordées automatiquement pour une période de 90 jours. Si vous en faites la demande au cours de cette période, aucune déclaration de sainté ne sera exigée. Les primes seront exigibles à compter de la date du mariage. Si vous souscrivez les garanties ARS/AVPC et devenez invalide par la suite, vous serez exonéré du coût de ces garanties aussi longtemps que vous serez

admissible aux prestations d'invalidité prolongée. Et si vous êtes libéré des Forces armées, vous pouvez — pendant les 60 jours suivant votre libération — transformer vos garanties ARS/AVPC en assurance "Couvertue après la libération" ou encore en un contrat d'assurance individuelle, sans avoir à remettre de preuve d'assurabilité.

Alors pourquoi ne pas agir dès maintenant? N'hésitez pas à communiquer avec votre conseiller RARM pour en connaître davantage au sujet de ce régime d'assurance. Avec les garanties ARS/AVPC, vous êtes assuré de dormir sur vos deux oreilles.

AIRPORT MOTOR INN

Single — \$32.00

- * Indoor Pool & Sauna
- * Dining Room
- * Beverage Room

1800 Ellice Avenue, Winnipeg MB
783-7035



Santa Lucia Family Restaurant

TWO LOCATIONS
532 Waterloo Street at Corydon
Phone: 453-5151
Close to Kenaston Boulevard
3277 Portage Avenue
Phone 889-9690
Close to Whytewold Road

PIZZA - PASTAS - SEA FOOD - STEAKS - GREEK FOODS

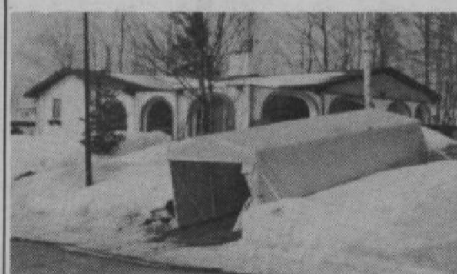
Monday - Thursday 11:00 a.m. & 2:00 a.m. Delivery Starts at 11:00 a.m. Mon to Fri
Friday 11:00 a.m. - 3:00 a.m. and 4 p.m. to 1 a.m.
Saturday 4:00 p.m. - 3:00 a.m. Sat and Sun
Sunday 4:00 p.m. - 1:00 a.m.
With medium — 1 coke, Large — 2 Cokes, Extra Large — 3 Cokes, Jumbo — 4 Cokes
FREE DELIVERY

NEED A NEW OR USED CAR?



Call Dianne Mayes of Eastwood AMC
Special Discounts to all service employees on Jeeps, YJs and Cherokees
LOW LEASING TERMS
Low Payment Plans Available
On the spot financing available (OAC)
For free credit check call today
661 - JEEP
1004 Nairn Avenue
Winnipeg
661-5337

INTRODUCING TO MANITOBA C.B.I. Temporary Shelters



Ideal storage for Vehicles, boats, or equipment. Use for hunting, camping or at the cottage. They are lightweight, durable and easy to assemble. Standard or custom sizes in 16 colours. Reasonable prices and fast delivery.

ABAX Temporary Shelters
Box 186 Gimli, Man. R0C 1B0
or phone Winnipeg 775-2333
9-5 Weekdays

"PROTECT YOUR INVESTMENTS"

Voxair

CFSMET**Diploma of achievement**

A diploma of achievement is presented to those individuals who have successfully completed all six segments of the Officer Professional Development Program.

MCPL D.B. Thomas is congratulated upon receiving the Diploma of Achievement by Mr. Pat Dillistone, COMDT, CFSMET.

Instrument Spec. #8703

Graduation — The CFSMET Instrument Specialist Course 8703 Graduation was held 03 Sep 1987. Graduates of the course are employed in the Maintenance and Calibration of Meteorological Instruments used by the Canadian Forces Weather Service.

Back Row — MCpl Oelrich, Mr. Dillistone, CWO Hawkins, MWO Frosst, WO Roy. Front Row — WO Rogers, WO Croteau, WO Jolin, WO Rainville.

1st Line Mgmt #8701

Graduation — First Line Management Course 8701
The First Line Management graduation was held on 4 Sep. 1987 at the Canadian Forces School of Meteorology. Students on the course consisted of meteorologists and other civilian supervisors employed throughout the Canadian Forces Weather Service.

Back Row — L. Haché, B. Julien, R. Howell, J. Archibald, K. Redekopp, B. Boughton, J. Boyd.

Front Row — L. Richard, D. Kernaghan, D. Quinn, P. Dillistone, S. Silver.

Certificate of Service



Sgt Joe Messervey is shown receiving his Certificate of Service from BGen H.M. Sutherland, COS Sup on his retirement after 30 years in the RCAMC and CF. Good luck, Joe!

BOR news

Well, it's been a busy summer in the Base Orderly Room but the worst is over. There were a lot of postings this year and the BOR was no exception.

Sgt Paul Lelievre was posted to ARGHQ after 4 years in the BOR and we wish him all the best. Cpl Marie-Helen Aubin, recently promoted was posted to HDHQ Ottawa and we wish her luck. Maj Dick also left this year, he is the new BPADMO in Borden. We wish him the best.

We welcome Maj MacInnis from CDLS Washington, Cpl Marg Allen from CFB Summerside, MCpl Power from CFB Chatham and MCpl Kimpinski from CFB Comox. We hope they enjoy their stay.



On 24 Sep 87 at the WO & Sgts' Mess the Sr Adm Clks gathered to discuss recent changes in policies and procedures.



Sgt Jan Kirkey.



MCpl Nicolle Kimpinski.



MCpl Sherry Lloyd



Cpl Marie-Helene Aubin.

Congratulations to the following personnel from PBADMO section: Sgt Jan Kirkey effective 1 Aug 87; MCpl Nicolle Kimpinski effective 1 Aug 87; MCpl Sherry Lloyd effective 1 Jul 87; Cpl Marie-Helen Aubin effective 22 Jul 87.

Congratulations!

CHAPLAINS CORNER



Autumn Leaves

Our backyard has been covered by a blanket of multi-coloured leaves. The English garden at Assiniboine Park has been closed for the season. Leaves cover the lawn, facing the office window. It's noticeably colder in the early evening and morning.

Fall has arrived with all its distinctive characteristics, a welcome guest after experiencing the ill-defined seasons of Calgary. Our family has taken opportunity to visit a number of Winnipeg's parks on the last few weekends and celebrated the changing fall colours, the rustle of the leaves beneath our feet and the brisk breezes.

Fall provides us with time to reflect. Time to gain new perspective. "To stroll along the back roads of our minds. To think about what. And where. And why.", alluded Charles Swindall, a well-known writer and speaker. Over the past few weeks, our family has been gifted with just that opportunity.

As believers and followers of an all-knowing God, one who loves and creates and guides purposely, we have paused to thank Him where he has led us over the past few months. He is also a God of surprises.

Padre Day

Padre Day recently joined the CF in June of this year after completing ten years of pastoral ministry in Baptist Churches in Calgary. He and his wife, Mary Lou, are graduates of Acadia University in Wolfville, N.S., and have two children, Nicole and Jeremy, enrolled in French immersion classes in Charleswood. They are looking forward with anticipation and excitement to the next few years in Winnipeg.

Six months ago, happily involved in ministry in Calgary, who would have believed a move to Winnipeg with its promise of winter winds and fresh snow!

But that's what God does in our lives. Quietly, without fanfare He graciously moves into our lives, taking us from summer to autumn, a season when He mysteriously writes His agenda on our hearts.

Has autumn arrived in our life? Think back. Reflect for a moment on the yesterdays. Can you see the handywork of God shaping and moulding your life? A quotation from the Bible reminds us that

...God who began a good work within you will keep right on helping you grow in His grace until His work within you is finally finished on that day when Jesus Christ returns. (Phil 1:6)

Those words promise the continuing presence of an involved, compassionate Creator in the lives of His people. The autumn of our lives may not always be smooth or peaceful, it may involve change, pain and disappointment.

Through each stage of our lives, through each season, it is comforting to know, "He who began...will keep right on...until His work...is finished."

So we can boldly declare "Come wind, come weather, welcome autumn!"

Mini Franco Fun

S'adresse aux enfants d'âge préscolaire (0-5 ans) sachant parler français. Un groupe de parents se rencontre une fois par semaine pour faire participer les enfants à différentes

activités (jeux, bricolage, lecture etc.). Le club a besoin de nouveaux membres. Pour plus de renseignements, veuillez téléphoner au numéro 889-0662.

St. Andrews Women's Centre

September has kept us all very busy at the Centre with lots of new faces arriving for coffee and socializing. On Tuesday, 22 Sep, the Commanding Officer 3RCR, LCol E.G. MacArthur, and Regimental Sergeant Major MacDonald were kept busy answering questions pertaining to the 3rd Battalion's rotation to Germany next year. A big thank-you to both these gentlemen for their time and information.

On Tuesday, 29 Sept, the guest speaker forum continued with a visit from the Base Security Officer, Capt Ridge, who addressed security concerns in the Personnel Married Quarters with some wise precautions. He is very concerned when young children are poorly supervised and are found wandering on their own. A closer attention to babysitting and child care provision would prevent those frantic phone calls by parents to the Military Police. Another point which came to light was the availability of special marking pens from the Military Police to mark personal belongings for easier identification in the event of a robbery. We thoroughly enjoyed the Base Security Officer's presentation and we welcome him back for coffee anytime (if he pays!).

On 27 October, Mary Lou Allard will be speaking about the Child Care Course we will be offering commencing

31 Oct and ending with graduation on 5 December. This babysitting course is available to Grade six students or anyone twelve years or older. The course will run for six consecutive Saturdays from 10:30 until 12:00 in the St. Andrew's Chapel Annex with a charge of \$15.00 per student. Registration will be held at The Centre on Tuesday, 27 October, or by contacting Mary Lou Allard at 489-7796. There will be limited enrollment so please call soon.

Looking into November, the Women's Centre will be having a craft sale on 21 Nov from 10:00 am until 4:00 pm. Anyone interested in selling their crafts can reserve space at a cost of \$5.00 per table by calling Mary Lou Allard, 489-7796 or Cheryl Miller at 489-5446. Limited space is available so reserve your table now.

We are glad to see lots of new Moms and children at the Centre.

We are open Tuesday and Thursday mornings from 9:30 until 11:00 am in the St. Andrew's Chapel Annex on the corner of Kenaston and Grant Ave. All ladies of military families are invited to come join us for coffee regardless of unit, rank or religion. Children are welcomed with their Moms to come sing, hear stories and enjoy some juice and cookies with other children.

Canadian Forces Social Work Services

Frequent moves, extended separation from one's family, remote postings, the requirements of a disciplined life style can at times present problems for the service member and his or her family. The Social Work Services of the Canadian Forces endeavours to offer the support needed when difficult situations occur.

Social Work Officers

A Social Work Officer is a professionally trained social worker who offers a range of confidential counselling services to military personnel and their families. Social Work Officers are located on most military bases throughout Canada and Europe.

Who is Served

- individuals, couples, families and groups.
- any service member or any member of a military family may contact a Social Work Officer when needed or desired.
- a unit may suggest that a member make an appointment with a Social Work Officer or make a referral on the member's behalf.

Services Provided

- Family and Individual Counselling**
This may include counselling to assist with:
- difficulties resulting from family separations due to military requirements

- marital disputes
- adjustment to living in isolated areas or in a foreign country dealing with the negative effects of alcohol or drug use
- parent/child relationships
- divorce and separation

Information and Referral to local community social services and military resources

Financial Counselling

Preventive Education such as courses in parenting skills and marriage enrichment

Consultant Services to military commanders and staff on social welfare matters

Suitability Screenings of members and families for postings overseas and isolated units in Canada

Assistance/Advice on Compassionate Requests.

Confidentiality

Individuals are encouraged to discuss confidentiality with Social Work Officers who are bound by the ethics of their profession to respect the confidential nature of information imparted to them.

An interview with a Social Work Officer can be arranged through your unit or directly by phoning the Social Work Secretary at 895-5785 or 895-5479.

Terrific Success 51st Winnipeg Cub Pack and Beavers

In an effort to work towards being self-sufficient, the 51st Winnipeg Cub Pack and Beavers began selling used paperback and hardcover books at BLDG 21 on Oct. 3rd. The majority of sales were 50¢ a paperback. French books, magazines and a limited amount of games were available.

This little sale was a kick-off to launch our re-cycle project. If you are like a lot of us, books seem to get devoured during the winter nights only to be stacked high, wide, and deep come spring. Now you can clean out those you've already read and stock up on a whole new batch. Simply pack up your paperbacks to be included in the Bottle Drive Pick-up in November. Another sale will be held at the upcoming Bake Sale, date to be announced.

A pet project of the 51st Winnipeg Pack is start a lending library for the waiting passengers of AMU. A small

fee of 25¢ will be requested for books loaned out — on the honour system, of course. Details are being finalized. Please give Shirley Piovesan a call at 889-8014 for more information.



Protestant Chapels

The Chapel of the Good Shepherd (North):

- Holy Eucharist (Anglican Rite) 0900 Sundays
- Divine Worship 1100 Sundays

The Chapel of Saint Andrew (South):

- Divine Worship 1030 Sundays

For information regarding Baptismal Preparation, Baptism, Church Membership Classes, Marriage Preparation, Marriage, Sunday School, and Nursery, Young Peoples, and Bible Studies, please contact a Chaplain.

- Chaplains:**
- Padre R. Baker, BChap(P) — 895-5417
 - Padre J. Joliffe, Chap(P) (North) — 895-5075
 - Padre P. Day, Chap(P) (North) — 895-5087
 - Padre E. Wiley, Chap(P) (South) — 895-6022

R.C. Chapels

	NORTH	SOUTH
TÉLÉPHONE:	895-5087	
MASSES	Sat: 1700 hrs (Eng)	Sun: 1000 hrs
MESSES:	Sam: 1900 hrs (Fr.)	
	Sun: 1115 hrs	
MARRIAGE:	Please give the Chaplain a six month notice	
MARIAGE:	Parlez à l'Aumônier au mois six mois à l'avance.	
BAPTISM:	Baptism Preparation Meeting is mandatory.	
	Please make an appointment at 895-5087.	
BAPTÊME:	Une réunion préparatoire au baptême est exigée. Il faut nous parler aussitôt que possible.	
CHAPLAINS:	Father Jacques Marcoux - 895-5272 - Home, 831-7291	BChap(RC)
	Father Lindo Molon - 895-6023 Home, 489-5654	
SECRETARY (NORTH SIDE):	Francine - 895-5087	
SECRETARY (SOUTH SIDE):	Denise - 895-6024	

Catch the Scouting Spirit... SCOUTS CANADA
1st Winnipeg Bannatyne District

There is very little question but that we're living in the midst of a rather self-centered period in our culture. This kind of preoccupation with self is very sad. Yet, through the program of Scouting, our Wolf Cubs and Beavers from the 51st WINNIPEG BANNA-TYNE DISTRICT are demonstrating that they have chosen to live the principles they are learning. Teaching children responsibility involves our sharing some of our deepest, most important values: it is about human survival itself. Pretty tall orders for boys between six and ten years of age...

The youngsters are demonstrating that they wish to contribute to their community making it a better place to live. They are also not interested in hand-outs but are determined to become self-supporting as possible. That is a pretty old-fashioned notion these days. The Wolf Cubs and Beavers from 51st WINNIPEG have undertaken a project of service with readily identifiable results. This is a good opportunity to become visible as the boys dedicate their efforts to our community and our environment. Now, what's the name of this project? SCOUTING OPERATION UBC.

SCOUTING OPERATION UBC is a way these youngsters can make some money and help clean up our environment as well. UBC stands for Used Beverage Cans. It is in co-operation with the Manitoba Soft Drink Recycling Operation. Recycling is very important in this disposable-product

culture. By recycling used beverage cans, did you know you are teaching our young people to change their waste habits, to keep our community clean, and to take responsibility for the consequences of using a packaged product? This can be a valuable management challenge for our Wolf Cubs and Beavers. Your support gives them the encouragement and recognition for responsibility that is so important to reinforce the Scouting principles that stay with them for life.

And an added advantage to your participation in this project is that you do not have to make any commitment of your already stretched dollar. Isn't it nice to know that there is at least one group of youngsters that want to learn how to pay their own way and help their community by doing so? Your aluminum cans don't have to be crushed. The next time you buy a six-pack, after you've enjoyed the contents, please flatten them on their sides and bag them. Catch the Scouting Spirit and help these Wolf Cubs and Beavers help themselves. Help them learn to be responsible.

Cub Leader, Parry Chrysler, will be picking up the UBC's at the Junior Ranks Mess on a regular basis. The boys in Beavers can bring their cans to the meeting Wednesday nights at 18:15 hrs, while the boys from Wolf Cubs can do the same on Thursday nights at 18:15 hrs. By the way, plastic pop bottles are also welcome. The staff at Manitoba Soft Drink Recycling redemption centre will weigh the material, redeem at the current price of aluminum, and have the proceeds applied to the 51st WINNIPEG WOLF CUBS and BEAVERS account. Each month the group will receive a cheque from MSDR reflecting the total credits to their account for the previous month. The boys want to really get going on this. Won't you help by showing them through your example and your support? Thanks from each and every Wolf Cub and Beaver. It means a lot to reward responsibility with recognition.

From Harvest To Haunting - The Origins Of Hallowe'en

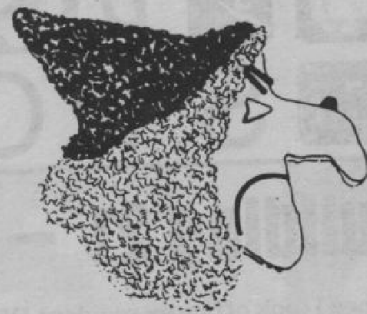
The occasion we now refer to as Hallowe'en actually has its origins in harvest celebrations.

Most people know the name has something to do with the "Hallowed Eve" mass that precedes All Saints Day. What they don't know is why these celebrations came about in the first place.

Celebrations at this time of year pre-date Christianity. While harvest dates differ worldwide by as much as a month from place to place, virtually all cultures have historically celebrated harvest with some kind of festival. In many places harvest celebrations have become Thanksgiving occasions. Hallowe'en was originally one of those festivals whose purpose was also to thank the gods for a bountiful harvest.

With the rise of Christianity in the early Middle Ages, many pagan rituals were transformed into Christian customs by the clergy and the newly converted celebrants. It is very likely that All Saints Day, and the All hallows Eve mass of the night before, came about as a result of people applying their Christianity to these existing activities.

The ghost and goblin element of Hallowe'en is a creative collision of the pagan and Christian traditions. Because of the belief in the strong presence of good spirits on All Saints Day, myths developed about the plight of bad spirits when confronted by such goodness. All Hallows Eve is thought



to be the last night for evil spirits to show themselves, because they will be vanquished on All Saints Day. These evil spirits, then, wander the earth in torment during the night before their doom. Hence, the ghostly, eerie apparitions of Hallowe'en.

In Canada, children have been dressing up and trick-or-treating for more than three generations.

The trick-or-treat tradition began with children dressing up and pretending to be these doomed wicked spirits at Hallowe'en. In such disguises they would convince adults that they could be prevented from behaving like evil spirits if given some kind of sweet.

Now, children and adults alike dress up as all manner of things — not just goblins or ghosts. And the meaning of 'trick' in 'trick or treat' is all but lost. Even so, ancient harvest symbols such as pumpkins and orange moons still persist, these symbols are used on Hallowe'en party goods, costumes and other accessories.

The fact that these symbols and traditions go back centuries is something very few people would ever think about. It's fun and maybe even kind of spooky to think that millions before us have celebrated Hallowe'en in much the same way as we do today.

GIVE THE KIDS A 'BRAKE'

On Hallowe'en

Accent Opticians

40% OFF FRAMES!
 With Purchase of Lenses

ON ACCENT OPTICIAN'S WIDE SELECTION OF DOMESTIC AND IMPORTED FRAMES.

CHOOSE *Any Style* OF FASHION FRAME AT 40% OFF WITH YOUR PURCHASE OF LENSES.

OFFER EXPIRES OCT. 31, 1987.



Accent Opticians — IN THE WESTWOOD VILLAGE SHOPPING CENTRE

3304 PORTAGE AVE 885-3802



Building 21 — Gym or Drill Hall?

Since I took office as resident PERI in July 1987, I have asked one question many times: Is this a Gymnasium or a Drill Hall?

Since July, I have witnessed the Cadets using the building twice for drill and one CFANS parade. Does this constitute a Drill Hall?

This building is also used for the Dog Obedience Club, Bingo, Ceramics, Wood Hobby, Photo Club, Scouts, Cubs and Beavers.

Special events such as the RCAF MSE Convention, Blood Donor Clinics, the Air Command Big Band Hall and the United Way Kick Off are held in Building 21. It sounds more like a Recreation Complex to me, but they tell me it's a Drill Hall.

Physical fitness plays a major role in this Building. Following are the physical activities currently organized for Building 21:

Base Construction Engineers PT, Twice weekly; 733 Comm Sqn PT,

Twice weekly; RSS Prairie Sports, Once Weekly; CFANS PT/Sports, Once Weekly; Intersection Floor Hockey, Once weekly; Noon Hour Badminton, Three times a week; Weight Training Room open five days a week; Aerobic Room (cycling, rowing) open five days a week; Noon Hour Fitness Classes, Eight times a week; Daily Joggers.

Approximately 700 "athletes" enter this building in any given work week. This place is an unbelievable Fitness Centre, but I'm told it's a Drill Hall. I leave you with one last point to ponder. The sign which directs personnel to Building 21 reads "Drill Hall 21" in English and "Salle d'exercice" (exercise room) in French. Again I ask you: Is Building 21 a Gymnasium or a Drill Hall?

Confusedly yours, (and at your disposal for fitness program consultations), MCpl Ron Gallant.

Attention Curlers!

The Golf and Camping season is past and the CURLING Season is now upon us. Curling commences on 6 October for Tuesday Nite Ladies, and 9 October for Friday Nite Ladies.

The 1987-88 Executive President, Leila Farrell; Past President, Vikki Feltham; 1st V/President, Liisa Champion; 2nd V/President, open; Secretary, Bonnie Leullier; Treasurer, Mel Pageot; Tuesday Nite Draw, Gail Stenson, assisted by Gena Neufeld; Friday Nite Draw, Theresa Leppanen, assisted by Dolly James; M.L.C.A. Working Delegate, Brenda Jahns; M.L.C.A. Voting Delegate, Jacki Ridley, alternates- Liisa Champion, Pearl Kingyens.

Publicity

Jackie Ridley, Bonnie Bonnet, Janet

Cantlon assisted by Dolly James, Wendy Parks, Joyce Almdal; Special Events, Wella Mason, Jean Sauder.

Conveners

Granny Bonspiel, Mel Pageot; Golf Tournament, Leslie Bell assisted by Brenda Jahns; Nominating Committee, Past President & 1st V/President assisted by Gloria Frederick, Pearl Kingyens.

Interested?

Curlers, Spares & Teams needed. Please contact Brian Kentziger, Hm. 895-9400, Wk. 949-8404.

There will be a CURL CANADA CLINIC for beginners. Also a refresher clinic. Tentatively November 11, 1987.

Tudor's Tartars Tackle Teulon

On the 17th of September, 32 of 16 Hangar BAMEO golfers travelled north to answer the challenge for the Gold (4 Ball, Best Ball Trophy, that is).

40 minutes down #7 Highway found us being greeted with smiling faces and a welcome mat. Coffee was on, hot and strong, with breakfast being available for those so inclined.

The course was very challenging, well maintained with lush greens and fairways. I, for one, will be back. After the smoke had cleared and the scores well tallied, the Gold, with a score of 71, went to J.E. Genouy, R.E. Tallon,

N.R. Downey and D. Palmer. Closest To The Pin went to G.R.T. Wisted, M.C. Yager, W.W. Rose and C.A. Capstick. The team to win the Longest Drive was J.R. Gauthier, D.R. Dupont, R.J. Findlay and K.M. Collard. The Hidden Score went to R.R. Clemons, K.D. Miller, A.G. Perry and D.J. Bergman. The Sportsperson awards went to W.J. Crocker, M. Watson, D.E. Thomas and D.K. Frederick. A good time was had by all.

Stay tuned, rumour has it there are some curlers in the hangar!



"The Hold" Winners (L-R): R.E. Tallon, J.E. Genouy, N.R. Downey, D. Palmer, Presenting Trophy — BAMEO Sports Chairman Don Frederick.

Flyers Basketball Report



The Flyers opened the season on a winning note defeating Sweat Shorts 60-48 Sat 3 Oct 87. It was a close game throughout the first half with both teams a bit tight after a long summer off. Both teams missed a lot of good opportunities to control the game. With the hot hand of 2Lt Kevin Thurston and some tough rebounding by Cpl Don Barrill the score was dead even at the half, 21-21. In the second half the Flyers took control early, with speed and superior conditioning, the Sweat Shorts tired and gave up the ball several times which were converted into Flyer points. Overall it was a good effort for a team that has never played before. The team starts regular season play in two weeks. Games are played at Lipsett Hall Gym every Sat morning between 0900 hrs-1200 hrs. Practice times are Weds. at 1430 hrs. Anyone interested contact MCpl Pearce Loc 5511 Rec Centre.

Masters Swim Club

The Masters Swim Club is a new club that has been formed here at CFB Winnipeg. This club was formed because there was a lot of interest on base for this type of club. At the present time we have 25 registered swimmers. Our next step is to have a meeting to form an executive, discuss club fees, schedules (pool time) meet the coaches, lifeguards and instructors, and finally talk about ideas to improve the club. The meeting for the club will be 19 Oct 87, at 1900 hrs, in the Westwin Pool.

Note: This club is designed for fitness, fun or competition, the coaches and instr. will be there to help you with strokes programs and conditioning. This club is not for beginners, there are other programs at both pools for such persons. Anyone interested in joining this club contact MCpl Pearce at Loc. 5511.



Profile of the Month

The Profile of the Month will be a regular feature of the month of the Voxair sports section.

The team or individual selected may be from our Base teams, intersectional/inter-mural leagues or from one of the many Recreation Council or Community Council organizations. Nominations will be accepted.

Our first profile is of Pte Gigi Greer who represented the Base at the Cross Country Regional Championships and has advanced to the CF National Championships at CFB Borden 12-15 Oct 87.

Gigi is 20 yrs old and is from Sarnia, Ont. She attended Northern Collegiate and attained her high school diploma. Gigi has been in the Forces one and a half years. At the present time, she works at BAMEO section.

Gigi started running when she was in public school. Later on she became very competitive in high school, making it to the Ontario finals twice. As you can see, Gigi still competes. Gigi competes in local races and trains on a regular basis. This being her first

sports update..

Intramural No-Hit

Games are played at Kirkfield Westwood Arena Monday to Thursday 1200-1300 hrs. League starts October 19, 1987.

Register with your respective sports rep or with the Peri staff at Lipsett Hall, CPL Chris Pilon Local 6185.

\$35.00 per player to be paid prior to October 19, 1987.

Come and join in for some good, clean fun!

Base Hockey Team



Anyone interested in playing base hockey contact Sgt McKechnie 5556 or Cpl Pepin 5243. Tryouts will be held in early October. Now is the best time.

Weight-Training Seminar

CFB Winnipeg will conduct a Weight Training Seminar in two sessions. The sessions will be held at Building 21 on two consecutive Thursday afternoons from 1300 to 1630 hours on 12 and 19 Nov 87.

This seminar is designed to aid beginners in the sport of weight training and will cover the following topics:

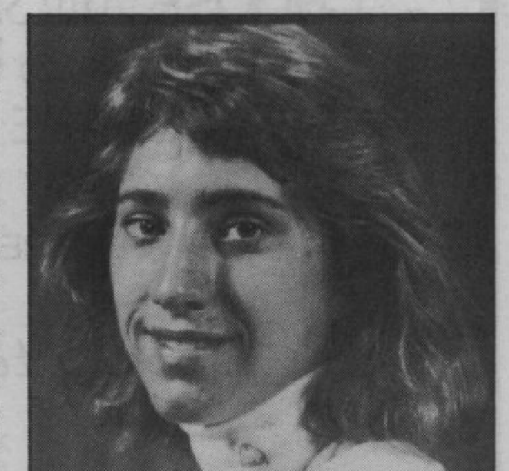
- functions of the muscles;
- proper lifting techniques;
- specific exercises for specific body parts; and
- individual programs.

There will be no charge for this seminar which is open to all military personnel and DND employees. To register call MCpl Gallant at local 5148.

Badminton Tournie

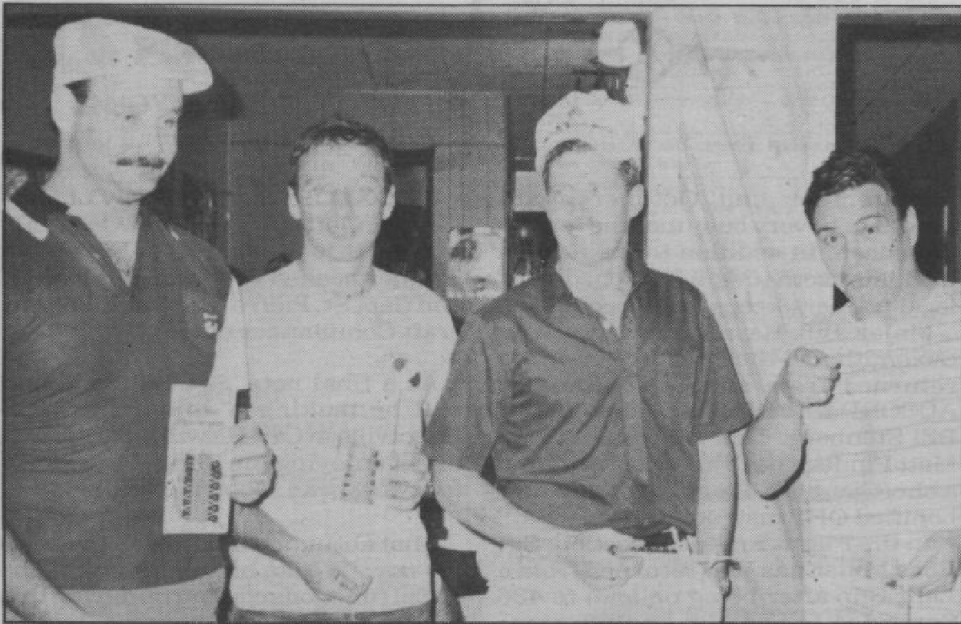
All Air Command HQ personnel and any others who use Building 21 facilities are invited to partake in the Air Command Invitational Badminton Tournament to be held Fri 6 Nov 87 in Building 21. A modified elimination format will be used with standard badminton rules applying. A \$5.00 entry fee is required for all competitors. Entries must be submitted by Fri 30 Oct 87 to MCpl Gallant Building 21 PERI or WO Maltais Aircom HQ (SOSup 2-3-2). Questions can be referred to the tournament coordinators:

WO Dan Maltais, local 5387; WO John Kamperman, local 5157; MCpl Ron Gallant, local 5148.



Pte Gigi Greer.

Other BAMEO Winners



Hidden Score Award: A.G. Perry, D.J. Bergman, K.D. Miller and R.R. Clemons.



Closest To The Pin Award (L-R): GRT Wisted, WW Rose, CA Capstick and MC Yager.



Sportsperson Award (L-R): W.J. Crocker, M. Watson, D.K. Frederick, D.E. Thomas.



Longest Drive Award (L-R): J.R. Gauthier, D.R. Dupont, K.M. Collard, R.J. Findlay.



Today, Tomorrow, Always . . . Astra's Helping You In Money Ways.

This is the place to meet your financial needs, time and time again . . .

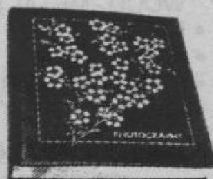
TODAY. To answer your immediate needs, we're *helping you in money ways*, with chequing plans . . . car, home and personal loans . . . direct deposit . . . our ATM's . . . and many other day-to-day services.

TOMORROW. Count on us for personalized savings, retirement plans . . . sound investment advice . . . and the continuance of the fine quality financial services you deserve.

ALWAYS. We're financial problem-solvers . . . committed to *helping you in money ways* as you make your way through life. From the demands of the present to the concerns for your future. Today, Tomorrow, Always!

*Helping you
in money ways*SM

ASTRA SAVINGS
AND CREDIT UNION LIMITED



1907 Portage 888-8690	1855 Grant 489-1016
1080 Wall 786-6689	844A McLeod 663-4602
3143 Portage 885-5518	2251 Ness 889-4437

Pre-Christmas Special

Beat the Christmas Rush

Book Your Unit or Section Christmas Party

Before 15 October 1987

and take advantage

of the

S.U.S. Pre-Christmas Special

A Fee of \$180 includes:

- Dinner Music
- No Overtime Charges
- Music to Party's End

USE THE HANDY \$15 DISCOUNT COUPON FOR AN ADDITIONAL SAVINGS.

SO DON'T DELAY — BOOK TODAY WITH BRAD EADIE

S.U.S.
the disc jockeys
with perfect music

Manager Manitoba Operations
387 DONCASTER STREET,
WINNIPEG, MANITOBA R3N 1W9
TELEPHONE: (204) 489-2930

sound unlimited systems

\$15

Sound Unlimited Systems

Discount

Coupon

VALID TILL 15 OCT. 87

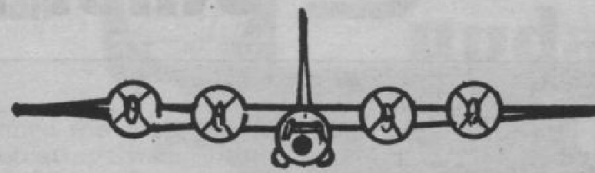
\$15

Driver of the Month



Mr Doug Pearson of the Base Transportation Refuelling Section has been selected as the Driver of the Month for August 1987. Mr Pearson has been employed with BTn since Feb 1981. Contratulations are extended from all Base Transport personnel.

429 SQN BITS



September and October again proved to be very busy months for 429 Squadron. In addition to the normal navigator activities, a full schedule of local trainers keeps us all occupied.

Major Bill Harrod and Capt Tim Sexsmith and their respective crews returned from another successful ACCORD EXPRESS on 10 Sep. Major Bill Stenberg, Capt Ab Jagat and Lt Matt Finucan have just returned from a short jaunt in Trenton and are now bonified OFT instructors.

In the Flight Engineer section, Sgt Ross Miller has just returned from a Lahr Slip after being on loan to 436 Sqn since 14 Sep. Sgt Colin Rix was also on loan to them and returned 8 Sep.

A BOXTOP crew headed by Lt Matt Finucan left on 9 Oct and CAM 593 leaves this week for a European Trainer headed by Major Bill Harrod and Capt St. Pierre who will share Aircraft Commander duties.

As a final note, Sgt Bill Spellman will be making a sojourn to CFB Bagotville in Oct. He will have the luxury of enjoying the Fling Wing World for two weeks. Good luck Bill.

That about takes care of all the news for now. We do, however, have some social functions coming up during this quarter and more in-house activities. We will try to keep you all informed as they happen. Till next time...

CFANS

Welcome back to the Nav School corner. First let us straighten out who CFANS really is. Many years ago CFANS was the Canadian Forces Air Navigation School. At that time the school included the Aerospace Systems Course (ASC) and the Staff Air Navigator Course (SANC). Since it no longer taught just navigation it was decided to rename it the Canadian Forces Aerospace and Navigation School. As the ASC grew and with the addition of the Electronic Warfare Courses it was decided to split the school into two separate units. Effective July 87 you now have the Canadian Forces School of Aerospace Studies (CFSAS), which includes ASC and EW, and the Canadian Forces Air Navigation School (CFANS). CFANS occupies the middle floor of building 84 and is now solely responsible for teaching basic air navigation.

Enough history, now to the important stuff. On the 16th of September the Nav School held their semi-annual student mess dinner. After a pleasant meal (that was beef what?) and an enjoyable talk by LCol G.E. Sharpe we retired for a few skits by students and staff. Special mention goes to the David Beerman Show and his stupid nav tricks. Believe me boys, they don't compare to what I see every day. The Major Roger's Show also proved to be a success. Was that the new Air Force Cardigan. Unfortunately, after that skit I don't think the CO will leave us alone again. We were then treated to an informative skit by our Maritime

Patrol Cell on what life on the Aurora is all about. Most of us used this opportunity to stretch our legs and take care of things we had been meaning to for the past hour. On the bright side, Dan Daly finally got torpedoed. A special thank you is warranted to Major Bill Shipley and his crew for a most enjoyable evening. I also have one more change to the seating plan.

A belated congratulations is due for the combined Nav instructors 429 pilots softball team. They finished second in the A division of the base inter-section league. Well done guys.

On the 25th of September our instructor softball team once again ventured out in pursuit of competition, this time to Portage and the pilot instructors. Once again the Navs proved victorious with a stunning defeat of their front seat counterparts. I think it was Oreziak's shorts that kept them dumb-founded. Just a question for Chris Kirby, how many times did you strike out?

Back in the classroom the students are still spinning the jepps and we are still trying to get rid of 8605. Will your guys please leave. It has been noticed

that few instructors are venturing to PT classes lately. The early response is the students have not presented a challenge in many months, not since 8601 was crushed in ballhockey. On the same note, hockey season is upon us and the school has rented ice time. Students and staff are encouraged to participate. Remember, it is fun, and its success depends on your TTFN.



Supply
Signals

KENT'S MUSIC

ENROLL NOW

INSTRUMENTS LOANED FREE

Qualified Teachers Private Instruction

- Organ
- Piano
- Accordion
- Guitars
- Drums
- Banjo

832-1250

3259 Portage Ave.
at Vimy Road
Across from Village Inn

WESTWOOD GLASS EVERYTHING IN GLASS

- | | |
|----------------------|-----------------------|
| TABLE TOPS | AUTO GLASS |
| MIRRORS | ALL GLASS REPAIRS |
| STORM DOORS | WINDOW AND DOOR PARTS |
| WINDOWS SEALED UNITS | |
| BEVELLED MIRRORS | |

832-6394
837-7615

SIGGI'S HAIRSTYLING & BARBERING

A Pleasure To Serve You

Closed Mon. Tues-Fri.: 9:00 a.m. - 6:00 p.m., Sat. 9:00 a.m. - 5:00 p.m.
Sturgeon Park Plaza, 3045 Ness Avenue. PHONE: 832-1001
NEXT TO SAFEWAY.



CANADA TRUST REALTOR

HALIFAX/SHEARWATER — If you are posted to either and are planning to buy a house, call collect for my free package of area and housing information. I specialize in finding homes for military personnel. VAL HEUMAN 902-462-2167.

Posting season is here!

We specialize in appliance servicing for your move, we offer a flat rate of \$40.00 plus tax for all your major and electrical appliances. Satisfying Winnipeg and the Military community for over 22 years.

Please, we need 3 days notice.

Derksen Appliances Ltd.

668-4816

5-921 McLeod Avenue

Winnipeg

GENERAL MFG. & REPAIR INDUSTRIES

- CUSTOM UPHOLSTERY
- WOOD - METAL FRAME - ANTIQUES
- REBUILT
- RECOVERED
- KITCHEN CHAIRS REPAIRED
- AIRCRAFT SEATS

CABINETS REFINISHED & REPAIRED
FREE ESTIMATES

489-5690

1246 BROCKVILLE STREET
OVER 30 YRS EXPERIENCE



Welcome... ST. JAMES LEGION

BRANCH No. 4
ROYAL CANADIAN LEGION
1755 Portage Ave.
WINNIPEG, MANITOBA

BINGO EVERY WED.-FRI. & SAT. 8 P.M.

DANCING TO LIVE BANDS
EVERY THUR-FRI & SAT. 9-1 A.M.

MEAT DRAWS
EVERY SAT 2 P.M.-5 P.M.

Accommodation

Apt. to Rent: 2 bedroom with 2 full bathrooms, near Grace Hospital. Available 1st November. Phone evgs. 889-9678.

Misc For Sale

For Sale - 1 Clairon cassette deck - \$40, 1 coil double air mattress - \$50, 1 back brake shoes for Trans Am - \$12. Phone Mrs. Chalmers at 885-2919.

For Sale - Double size Canopy bed complete with matching bedspread/canopy assembly, box spring and mattress - \$150. Double size waterbed complete with maple headboard and electric heater - \$100. Phone 837-4261.

For Sale - Boys BMX bike - Norco - Good Condition - \$50.00. 489-4263.

Scuba Gear For Sale, excl. condition. Phone Loc 6139, ask for Jim. Phone res. 489-7237 after five.

For Sale - 30 patio stones 24" x 30" - \$75.00, also cedar fence - \$250.00, can be seen at 1996 Corydon Ave. after 6 pm. Phone 478-3030.

For Sale - Dog Run, metal gauge. 12 x 8 x 6". Expandable and collapsible, lined with pavement blocks. Only 2 years old. - \$350.00, 489-9060 evenings.

For Sale - Bose 901 speakers with stand and equalizer - \$1200.00, DBX Noise reduction System - \$200.00; Pioneer Receiver, 120 watts per channel - \$400.00; Technics Turntable - \$100.00; Pioneer tape deck - \$150.00; Ph. 489-9765.

PERSONALS

Wanted: Reliable male or female to share expenses of house in St. James area. 15 min from base. Call 832-0628 after 5:00.

PETS

TORCHWOOD KENNELS

- Modern Facilities for Dogs & Cats
- Heated indoor - Outside Pens (3 sizes)
- Pick up & Delivery available
- Hours 8 A.M. - 6 P.M.
- Cremation, we return Ashes

PHONE 633-6000 on Perimeter Hwy 101 3 miles North of Portage Ave.

VEHICLES FOR SALE

For Sale - 79 Pinto Pony, 2 door, 125,000 km, good running condition, asking - \$800 OBO. 832-8056 after 5.

1983 Yamaha Virago 500 motorcycle. 8000 kms. \$1400 includes 2 helmets. Home 488-3431. Work 5317.

1976 Volvo Stn Wagon, 5 speed standard with overdrive, good condition 888-9587.

For Sale - 1981 Ford Escort Wagon GLX model, like new. PS, PB, RW, DF, Delay Wipers, 93,000 kms. Silver with red velour int. \$3800.00 O.B.O. Val. 6549 wk.

WANTED: Reliable 4 or 6 cyl. used car for transportation to and from work. Standard or automatic. Home 943-7318, work 5079.

WANTED

Wanted to purchase: CF Mess Kit Size 40 Regular. Contact Captain Peter Day at local 5087.

Reliable 4 or 6 cyl. used car for transportation to and from work. Standard or automatic. Home 943-7318, work 5079.

BAKE & CRAFTS SALE

CFB Winnipeg Ceramics Club

Date: 15 Nov 87 Time: 10 am - 4 pm Place: Hercules Lounge

Just In Time for Christmas



Needs You!

The Deer Lodge Centre Auxiliary is an organization, of both men and women, who are dedicated to improving the quality of life of the patients and residents at Deer Lodge Centre.

The Auxiliary has a number of interesting projects planned for the 87/88 season and would welcome your participation.

For more information, call Wayne Elliott at 837-1301, extension 2224.

POLO PARK INN

ENJOY THE COMFORT AND CONVENIENCE OF ONE OF WINNIPEG'S NEWEST HOTELS . . .

SPECIAL ARMED FORCES RATES STARTING AT

\$40.00

POLO PARK INN
1405 ST. MATTHEWS AVENUE
Call Janice M. Morin, Sales & Marketing Manager
204-775-8791
TELEX 07-55143

Babysitters

Mother of two with child care training will care for your child in my home. Can supply refs. near Whytewold. Ph. 886-3076.

Responsible single mother would like to babysit occasional evenings and weekends; any age, wage negotiable; preferably in my home on Sabre Cres., or in your home near the Whytewold/Ness Ave area. Please call Tracey at 831-5606 after 4 pm.

HELP WANTED

MILITARY PERSONNEL RETIRING IN NEAR FUTURE

Interested in new career which allows you to help the consumer and do something special with your life? We offer a virtually unlimited opportunity with this exceptional combination of advantages for you.

- High potential commissions, with no investment required.
- Excellent training
- No travel required
- Set your own hours (like having your own business)

All this and more can be yours as a sales representative for one of the nation's largest and fastest-growing financial services organizations. Some of our most successful representatives are retired military personnel who had no previous sales experience.

Contact us now for further details of this opportunity which can be a most rewarding turning point in your life! Phone 895-4775 between 9 am - 3 pm

BE A VOLUNTEER

You can make a real difference in someone's life. Be a volunteer! A wide range of challenging volunteer opportunities await you, working with the elderly at Deer Lodge Centre in St. James.

Call Wayne Elliott at 837-1301, extension 2224.

To: The Editor - Voxair
CFB Winnipeg
Westwin, Manitoba
R3J 0T0

A CLASSIFIED AD


Please place the following classified in Voxair:

Name _____

Address _____

Postal Code _____

Phone _____



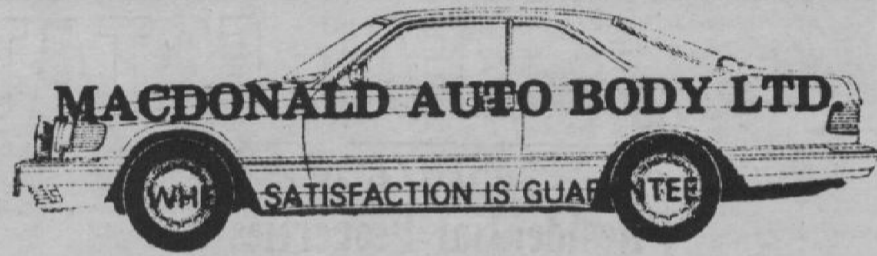
If you find mistakes in this publication, please realize that they are there for a purpose. We try to publish something for everyone, and some people are always looking for mistakes!



Basket of Plenty
FRUIT BASKETS FOR ALL OCCASIONS
THE EDIBLE ALTERNATIVE

Home 284-5664
Business 942-0141 Code 4955

CAROLE PALLEN



MACDONALD AUTO BODY LTD

SATISFACTION IS GUARANTEED

411 Madison Street (Near Polo Park) Winnipeg, MB. R3J 1J2

(204) 888-2359
ALLAN YVON
President

AT MACDONALD AUTO BODY WE

- Have been in business for over 40 years
- Do autobody repair and paint
- Specialize in Unibody Repairs
- Guarantee colour matches
- Specialize in basecoat clearcoat
- Give full guarantee on all work we do
- Provide free air conditioned courtesy cars
- Wash every vehicle inside and out
- Leave touch-up paint with every vehicle we do

ENCYCLOPAEDIA BRITANNICA

- 32 VOLUMES -
- Free Presentation -
- No Obligation -

- Full or Part Time Representatives Required -

PHONE 943-8688

STAN WLODAREK, District Manager



The best part of your day!

WHERE FRIENDS MEET

ROBIN'S DONUTS
Open 24 Hrs.

3715 Portage Ave. at Buchanan Blvd. - 888-8320

Flowers Fruit Baskets



Capri FLOWERS

MORAY VILLAGE MALL
2369 Ness Ave. Winnipeg, Man.
R3J 1A5
Phone 837-8017

Propane Filling

- Barbeques
- Trailers

Open
Mon.-Fri.
9:00-6:00
Sat.
9:00-5:00



Westwood RV Centre
3800 Portage 885-6666

New Arrivals

Puzzled about
Manitoba License Plates?

Fire Insurance
-Contents? -Pleasure Items?
Life Insurance?

Obtain them at your
Base Insurance Office
in Main Rec Centre



AUTOPAC
PROTECTIVE MAINTENANCE ON THE MOVE

DOWNTOWN
1010-220 PORTAGE
942-3006
MON-FRI 9-4:30

BASE OFFICE
RMI BLDG. 90
889-2204
MON-FRI 8:30-4:30

Call us or drop in to,
Baldwinson Agency

FREE

U-DRIVE ON AUTOPAC REPAIRS

ESTIMATES ON BODY AND PAINT REPAIRS



RON EARLY
BODY SHOP MANAGER

AMC Jeep **Pan Am Motors**

1430 ELLICE AVENUE, WINNIPEG, R3G 0G4 PH. 204-786-3891

REAL ESTATE DIRECTORY

Beautiful Residential Properties

PATRICK REALTY

2003 Portage Ave.
R3J OK3
Ph. (204) 837-1366

- HOMES • SUBURBAN PROPERTIES
- FARMS • FIRE INSURANCE
- COMMERCIAL • AUTOPAC

To Buy or Sell Call Your Local Realtor
Patrick Realty Ltd.

WE'RE HERE FOR YOU



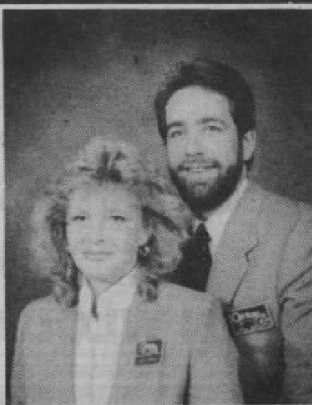
- Serving Winnipeg & Surrounding Area
- Military Postings Our Specialty
- 12 Years Combined Experience
- Residential, Investment & Commercial Real Estate
- VIP™ Referral Network for Service and Information Across the Nation and Around the World, Call us!
- German Language Spoken.

— For all your real estate needs put the winning team to work for you!
RICHARD & CLARA MITCHELL — CALL FOR AN EVALUATION OF YOUR HOME
284-7770 — 256-5796

CENTURY 21 MIDDLETON STEWARD & WILSON LTD.
220 OSBORNE STREET NORTH,
WINNIPEG, MANITOBA R3L 1Z3



THE LARGEST REAL ESTATE ORGANIZATION IN THE WORLD.
EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED.
* and (TM) trademarks of Century 21 Real Estate Corporation.



Richard & Clara Mitchell



For Complete Real Estate Services Coast to Coast



Call Mary or Grant Clements C.D., FRI
RCAF/CAF RETIRED



RE/MAX real estate inc.
4910 Roblin Blvd.
Winnipeg, Manitoba.
885-5948 (24 hours) Office
895-9036 Res.



Pearl Langen

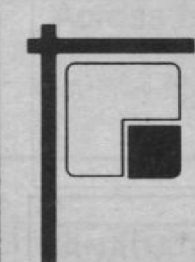


pearl langen
sales associate

300 - 3025 portage ave.
winnipeg, manitoba R3K 2E2
bus: (204) 885-5948 — 24 hrs.
bus: (204) 837-7000

RE/MAX
real estate inc.
an independent member broker

MLS
MULTIPLE LISTING SERVICE



CAROLE McCULLOUGH
Forest Park Mall
3900 Grant Avenue
Winnipeg, Manitoba R3R 3C2
Office 889-8812
Res. 1-864-2794



Canada Trust Realtor



LINDA SLOAN
942-3108 #2438



MARION REALTY (1984) LTD.



GARTH GABLE
942-0141 #4811

1129 Paterson Street, Winnipeg, Manitoba R2J 1G7
Business (204) 256-7366

POSTED? MOVING?
Working with the Military for many years, we understand your special needs.
Call Linda or Garth for PROFESSIONAL REAL ESTATE SERVICES

WHEREVER YOUR NEW POSTING, CENTURY 21 CAN HELP.

POSTED OUT OF WINNIPEG?

Call for a free National Real Estate Service catalog of homes for sale in the new area. Save time by knowing what's available before you go. You may even find your new home in the catalogue.

Landis Stanlake — 489-1212 (24 hrs.)



BLOCK BROS. NATIONAL REAL ESTATE SERVICE

1857 Grant Avenue, Winnipeg, Manitoba R3N 1Z2