



**WANTED**  
**Women's Page**  
**Editor**  
 for VOXAIR.  
 No pay but much gratitude.  
 No experience necessary.  
 Phone local 303.

## BTSO Handover



LCOL. A. J. Shade hands over the Base Technical Services officer position to LCOL. J. E. McNeil. LCOL. Shade will assume the duties of senior staff officer Avionics in Air Command Headquarters, Winnipeg. LCOL. McNeil was formerly senior staff officer Organization, Manpower and Management in Training Command Headquarters.

(BASE PHOTO)

## Canada Trains 12,000 Allies Each Year

Foreign military forces, about 23,000-strong, enter Canada each year, but nobody so much as points a rifle at them.

They represent the armed forces of 17 allied countries who train at various times throughout the year at bases across the country.

Students of 23 of the countries train under the Military Training Assistance Program, and they come from Barbados, Cameroon, Ethiopia, Ghana, Guyana, Jamaica, Kenya, Malaysia, Nigeria, Singapore, Tanzania, Trinidad-Tobago and Zambia.

Tanzania sends 47 students to Canada. There are 14 at Carleton

University, Ottawa, under the Regular Officer Training Plan, and three on the Officer Candidate Training Program, CFB Chilliwack, B.C. Another 30 are quartered by the Forces while on civilian training courses.

From Ghana, six are on officer training, two are studying land ordnance engineering, one is taking medical officer training, one is an X-ray technician, one on operating-theatre technician training, two are training to become legal officers and one is a medical associate officer.

Jamaica has three of her

See ALLIES  
 page 10 col 3



**UNIQUE CEREMONY . . .** Captain R. A. 'Bob' McLeod, (right) is sworn in as a scout leader by Canada's National Commissioner of Boy Scouts, Lieutenant General W. K. 'Bill' Carr (left) during a ceremony at the 14 World Jamboree near Lillehammer, Norway. Lieutenant Colonel D. V. 'Dave' Hampson (center) holds the scout flag in what is believed to be the first investiture held at a World Jamboree by a Canadian National Commissioner. Capt. McLeod, a member of the Canadian Forces in Europe, will be a leader at the Maple Leaf region at Lahr, West Germany. LCol. Hampson, the Commissioner of the Maple Leaf region, is Senior Staff Officer Technical Services with the Canadian Forces Headquarters at Lahr.

(BASE PHOTO)

## Search And Rescue Kept Busy

Ottawa — An average of two occurrences an hour kept search and rescue personnel busy across Canada over the five day period ending at noon Aug. 6.

More than 185 incidents were handled by the four Canadian Forces Rescue Co-ordination Centers (RCC's), located at Halifax, Trenton, Edmonton and Victoria. These included medical evacuations, aerial searches and rescues and boat tows. They were handled by crews of C-130 Hercules, Buffalo and Twin Otter aircraft, as well as Labrador and Huey helicopters, mine sweepers and other vessels.

Two major aerial searches are still continuing, one for a Bell helicopter missing since July 29, north of Quebec City and a search for a homemade aircraft in the Northwest Territories between Coppermine and Inuvik, reported overdue. Hercules and Buffalo aircraft and helicopters are carrying on with these searches.

Among the medical evacuations were a heart attack victim flown by Labrador from Subtle Island in the Georgia Strait, to St. Joseph's Hospital in Comox, B.C., a kidney failure victim flown by helicopter from Sechelt to Vancouver, an unconscious youth believed suffering from heat prostration was air-lifted by a Huey helicopter from Algonquin Park to Huntsville, Ont., another patient with a fractured vertebrae air-lifted by a Huey and a day old baby with a respiratory problem moved from Campbell River, B.C. to Vancouver by Labrador. An ill seaman was lifted off a fishing vessel off the northwest tip of Vancouver Island and air-lifted to Port Hardy, B.C., by Labrador.

In addition three survivors of a boating accident were air-lifted by Labrador from the water in the Fraser River to Vancouver, after their pleasure motorboat tried to cut between a tug and its barge and capsized.

See RESCUE page 3 col 2

## Recruiting Conference Held At CFB Winnipeg



Western Recruiting Zone Commander, LCOL. E. FLEWELLING, steps down from the Armed Forces Boeing 707, followed by other recruiters attending the conference. Western Zone Headquarters is located at CFB Edmonton. (BASE PHOTO)

The Canadian Forces recruiting system is divided geographically into four concise zones within Canada. The zone headquarters deals primarily with peculiarities of recruiting and selection contained in that specific region. The Western Recruiting Zone stretches from Thunder Bay, Ontario to British Columbia. Its southern perimeter is the U.S. — Canadian border and the northern expanse includes the Yukon and the North-West Territories. The recruiting zone headquarters for western Canada is situated in Edmonton and it utilizes five recruiting centres combined with three recruiting detachments in order to create a flexible network of broad coverage.

Every six months a recruiting conference is held at a location within the western zone. The objective of these meetings is to "bring together" the military career counsellors, recruiters, administrative staffs and commanding officers in order to

See RECRUITING page 7 col 2

## Anyone For Higher Education?

The University of Manitoba/DND Academic Upgrading Program became effective on 1 Sep 74. The aim of the program is to assist serving personnel and their dependents to obtain a university education outside the formal plans operated within the Canadian Forces. In order to make the program practical for CF personnel, the University has introduced some flexibility into its residency regulations and transfer of credit rules. Further, the University is in the process of evaluating Canadian Forces courses for credit as part of a degree program.

This spring evaluation teams visited CFB Winnipeg and the recently announced results of their findings are as follows:

- Basic Air Navigation Course
  - Celestial Navigation 3.0 hours
  - Unallocated Credit in Astronomy
  - Meteorology 3.0 hours
  - Half of Geography 53.228 - Weather and Climate (Recommended)
  - Maps and Charts 3.0 hours
  - Unallocated credit in Geography at second year level in recognition of navigator training in maps and charts which overlaps course 53.242. Introductory Cartography and Map Interpretation. (Recommended)
  - Staff Air Navigator Course (SANC)
  - Statistics 3.0 hours
  - Credit for Statistics 5.220 - Statistical Analysis
- See EDUCATION page 6 col 1

## WHAT MPs ASK

Ottawa (CFP) — The following is an extract from Commons Debates, dated July 30, 1975.

**NATIONAL DEFENCE**  
 Possibility of separation of branches of Armed Forces — Government position.

**Mr. Robert C. Coates** (Cumberland-Colchester North): Mr. Speaker, I wish to address a question to the Acting Prime Minister. Does the government have under consideration the total reorganization of Canada's armed forces in such a way as to bring about a distinctive separation between the Army, the Navy and the Air Force, in view of the fact that the attempt to

convince others that unification of the forces has merit and value has been a miserable failure? Is it the government's intention to re-establish our forces on the same basis as those of our NATO partners and other forces with which we come into contact in the course of our international functions?

**Hon. Mitchell Sharp** (Acting Prime Minister): I know of no such plan. I am surprised that the hon. member should repudiate the views of a former member of his caucus.

**Mr. Coates:** When this measure came before us I voted against it as did all the members of my

party at that time. Regardless of what might have happened subsequently, I should like to suggest to the Acting Prime Minister that with a view to re-establishing a degree of morale in our armed forces and ensuring the best use of the limited number of personnel we appear to be able to afford at this time, the government accept the fact that unification has been a miserable failure?

**Mr. Sharp:** I thank the hon. member for reiterating his well-known views on this subject, but the government has no intention of changing its policy.

# BAMEO Handover



Major R. A. Irvine, Base Aircraft Maintenance Officer at CFB Winnipeg since July 74, hands over a cherished copy of Air Force Administrative Orders to his successor, Major I. J. Wilkinson. (BASE PHOTO)

On Aug. 1 Major R. A. Irvine officially handed over the BAMEO controls to Major I. J. Wilkinson. For Major Irvine, it marked the completion of a one-year tour as BAMEO at CFB Winnipeg.

A native Manitoban, Major Irvine was born in Morris and educated in Emerson, Manitoba. He joined the Royal Canadian Air Force as an Aircraftman Second Class in June 1949, at the Winnipeg Recruiting Centre on Portage Ave. After attending Manning Depot training at Aylmer, Ontario, Major Irvine went to Camp Borden for trades training as an Electrical Technician (Air). His first posting was to No. 6 Repair Depot at Trenton, Ontario. He also spent time at No. 1 Fighter Wing in North Luffenham, England, RCAF Station Winnipeg, 426 Sqn. at Dorval, P.Q. and 115 Air Transport Unit, El Arish, Egypt. Major Irvine was also stationed at RCAF Station Trenton and Air Transport Command Headquarters, where in 1966 he was commissioned from the rank of Flight Sergeant. Since then, Major Irvine has toured MATCOM Headquarters at Rockcliffe and No. 2 Aircraft Field Maintenance Squadron at Uplands, Ontario. Along with his promotion on 1 Mar 74, Major Irvine was transferred to CFB Winnipeg as BAMEO.

From the entire BAMEO Staff,

thanks for a job well done and best wishes in your new position at ACHQ.

Major I. J. Wilkinson was born and educated in Calgary, Alberta. He joined the Royal Canadian Air Force as an Engineering Officer in Nov. 59. After basic training and a period of contact training at RCAF Stn. Centralia, he was promoted Flying Officer and posted to RCAF Stn. Aylmer in Oct. 1960 for the Technical Aeronautical Engineering Officers Course. On graduation in Apr. 61 he was posted to RCAF Stn. Downsview. Promotion to Flight-Lieutenant in Jan. 65 was followed by a posting in June of that year back to RCAF Stn. Centralia, this time as an instructor at the Aerospace Engineering Central Officers School. Major Wilkinson followed the school to CFB Clinton in Aug. 66, remaining there until July 69 when he was promoted Major and posted to CDLS London. A posting to TCHQ brought him to the Winnipeg area in Aug. 73.

Welcome to the "operational" side of the field and may your tour as BAMEO be a satisfying one.

### WEIGHT LIFTING CLUB

Anyone (including dependents) interested in joining a weight lifting club? If so, contact Sgt Jones at 889-0833 after 5 pm.

# The Crusader

Being accustomed to a reasonably ordered life, in both senses of the word, it is perhaps natural that orders and regulations are frequently quoted during late night discussions traditionally held on Fridays.

While definite directions such as "Thou shalt not poison your seniors" are not hard to understand and are hopefully seldom contemplated deeply, the grey areas involving the more nebulous regulations are always in season.

One of the more currently interesting of these involves the hair the face and head. The applicable order direct that sea element personnel wishing to grow beards must be advised that experience has shown that oil in beards may block nasal passages and cause suffocation in the unfortunate eventuality that one is sunk at sea. He must also be told that beards may prevent respirators from fitting properly in the event of gas attacks.

This is a proper and fair procedure intended for our safety and is quite explicit. Not so well defined is the guts of the order which states that servicemen, shall keep their hair cut short...and exaggeration of sideburns should not be permitted.

Here of course is the nightmare of the man who had to write the regulation, the commander who must interpret it and disciplinarians who must enforce it.

In any event, sideburns are defined as short side whiskers which in turn are defined as the hair of a man's cheeks. Exaggeration is the extension of normal size, and if you look up normal, you will find a continual series of undefinable words leading to no definite conclusion.

Attempts are made, however, to be more specific. One Command uses the centre of the pupil of the eye as the reference point below which sideburns will not be permitted to grow. Another, by rumor, employs the orifice of the ear as the absolute limit. Many amusing hours can be whiled away in a discreet study of the relative heights of eyes and ears and those with mathematical leaning may find moderate amusement in devising equations relating to other bodily reference points.

It is even more interesting to contemplate our methods of adopting civilian fashion over the last 100 years. A study of our ancestors in mutton chop whiskers leaves one wondering how long regulations went on insisting on their being worn after the civilian population had done away with them.

It was customary almost two centuries ago to order young soldiers to blacken their faces with shoe polish before battle, if they were unable to grow sufficiently impressive beards and moustaches.

It may be that even now some members of the forces are so keen to be in fashion that they retire to the privacy of their rooms in the evenings to don wigs and false sideburns before sneaking out of their PMQ or barracks under cover of darkness.

So, please respect your comrades' right to anonymity should you recognize him downtown with flowing locks and whiskers, but if you love the service, even a little, don't address him by rank.

- Courtesy "The Lookout"



Capt R. E. Robinson Commanding Officer 733 Comm Squadron presents Sgt. F.H. Waters Red Tech 221 with his retirement scroll upon completion of more than 23 years service. (BASE PHOTO)

## Attention

EX-MEMBERS OF 442 T AND R SQN

STANDARD PRESENTATION CEREMONIES

(Marking 25 Yrs of Service)

CFB COMOX - 6 SEP 75

ALL PRESENT AND EX-MEMBERS ARE INVITED TO ATTEND

(To obtain info and cost, accommodation and scheduled events) write:

Commanding Officer  
442 T and R Sqn  
CFB Comox  
Lazo, B.C.  
V0R 2K0

## Cool it !

Don't lose your head  
To save a minute  
You need your head  
Your brain is in it

An invitation to call us . . . IF YOU ARE CONSIDERING SELLING, BUYING, FINANCING OR WISHING AN APPRAISAL ON YOUR HOME.

We have an experienced courteous sales staff with 3 locations to serve you better.



RALPH FLEMING (Sgt Ret'd) Res 783-1761

**Fargo REALTY LTD.**

ASK US ABOUT OUR GUARANTEED SALES PLAN

Sales Representatives  
888 Sargent Ave.  
Phone 786-3354



HARRY BAUER (Sgt Ret'd) Res 633-4047

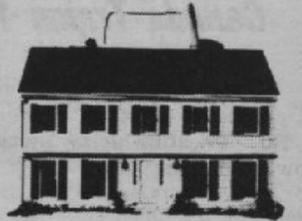
## NEXT VOXAIR

DEADLINE  
2 P.M.  
Wed 3 Sept

## WANTED

by Padres  
WARM BODIES  
for  
COLD PEWS

Apply in Person



## Get a grip on relocating

handle home buying and selling efficiently

Your local All Points Relocation Service Realtor gives you full professional service on home sales, purchases or assistance in other ways to provide a total relocation package.

Moving is more than selling and buying homes and making travel arrangements. It's a total experience.

- PRE-CONTACT PERSONAL SERVICE BY REAL ESTATE EXPERTS IN YOUR NEW CITY.

- YOUR HOME GUARANTEED TO SELL, ALLOWING YOU TO USE YOUR EQUITY.

### ONE CALL TO

Bus: Len Read 947-1151  
Res: OR 837-2062  
Bus: Bob Fraser 889-7263  
Res: 837-6537

### REALTORS

ARONOVITCH & LEIPSIK LIMITED



ALL POINTS RELOCATION SERVICE, INC.

*Voxair*

VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published under the authority of the Base Commander, Colonel M. D. Gates, (CD)

EDITOR  
Capt. D. C. Brazeau  
303

ASSOCIATE EDITOR AND BUSINESS MANAGER  
WO. W. T. Finn  
698

ADVERTISING  
Mrs. M. G. Williams  
888-3278

CLASS. AD MGR.  
Cpl. S. Wolfe  
358

DISTRIBUTION  
Miss A. Ward  
496

Opinions expressed by contributors do not necessarily reflect those of the Editor, the Canadian Armed Forces or the Department of National Defence. The Editor reserves the right to edit material in accordance with the regulations and guidelines governing a service newspaper as specified in CFAO 57-5. Copy may be submitted in either the English or French language and should be typewritten, double spaced, and bear the contributor's name and place of employment.

In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

VOXAIR offices are located in Building 52 at CFB Winnipeg. Correspondence and copy should be addressed to: VOXAIR, CFB Winnipeg, Westwin, Manitoba R2R 0T0. Telephone 832-1311

### ADVERTISING RATES ON REQUEST

SUBSCRIPTION RATES are \$3.50 for one year or \$9.50 for three years. Postage Paid.

Second Class Mail Reg No. 1725

ISSN 0300-3213

# 429 SQN BISON BREW



By CAPT. C. HEZSELY

Howdy herd! Seems as if our alligator friends didn't find the Voxair office last issue - we certainly did miss the quick wit and dry humour. Maybe next month they'll think of something to write - we understand there is nothing happening at ANS - oh! someone said everyone was on leave.

Meanwhile, back at hardworking 429 Squadron, the trip of the month award has to go to our August Abbotsford Express - the one that took the F-5 and F-104 servicing crews and support equipment from Cold Lake to the Abbotsford Air Show. We also airlifted Chiliwack engineers on exercise from Williams Lake to Abbotsford. Add to this a group of Edmonton Air Cadets who were employed at the Abbotsford Air Show for the weekend and it made for a very enlightening trip - especially from the weight and balance and ramp and door operation point of view. The moral of the trip was that loadmasters are highly essential to the troop and cargo carrying role.

The navigation detail flying is slowly picking up. The Air Command parade practices certainly put the clampers on much flying this week but, in a few weeks time, when the course of ROTP graduates that just pulled into town get to the flying phase of their navigation training, we'll be flying day and night. First night nav detail, by the way, is September 17.

Speaking of the parade, LCol Allingham will be the Deputy Wing Commander. Rumour has it that Major Brown and Csaba Hezsely loved the Stevenson Park dedication parade so much last year that they're back for more. Also on parade from 429 will be Vic Charlebois, complete with haircut, Don MacDonald, just back off leave, and from the FE section, Wayne Hess. And, of course, we mustn't forget about Rene "silver tongue" Babineau who is looking forward to the 45 minute drill period where he will be taught how to stand at ease. For those of you who don't know what this parade is all about, it's a ceremonial parade marking the formation of Air Command and everyone is invited - September 2, 1000 hours.

A few days after the parade, 429 will be taking a group of nav students on motivational visits to Greenwood, Bagotville, and Trenton. On their return, we have a trip scheduled to the McChord AFB area (near Seattle) where the present ICP course will be visiting various Air Traffic Control and avionics facilities, as well as the Boeing plant. We thought for a moment that the ICP course would be touring in Churchill...

Arriving on September 2, to replace Bill McMurray at the ICP School, will be Les Putland from Base Flight Cold Lake. Welcome

to Winnipeg. And a correction to last issue - our new USAF exchange officer's name is Terry Hutchinson - not Troy.

If you're wondering why the typewriter in the OR is quiet, Shirley has left our cold and wet climate for a few weeks of sunshine in Las Vegas. Before she left, she assured me that there was no truth to the rumour that she will be getting married while on holidays.

Meanwhile Dan Jones and his biplane were motoring down the Trans-Canada in Claude Mikkelson's grandfather's Model A when the car decided to give up the ghost near Moosomin. What is Dan to do? He's scheduled for a nav detail the next day and it's imperative that he get back. Who said that the Model A was reliable? - to be continued next issue.

**SEEN ABOUT 1:** Flights, squadrons, and wings on parade again.

**SEEN ABOUT 2:** Shirley driving Elvis' car back to Winnipeg.

**SEEN ABOUT 3:** Cameras from Chiliwack at the Air Command Parade.

**OVERHEARD:** Linda (not from 429 Squadron) with pearls of wisdom that are not fit to print.

So long.

## RESCUE

continued from page 1

A Beech 55 aircraft declared an emergency because it was low on fuel and lost on a flight from Sonderstrom, Greenland, to Goose Bay, Labrador. The air traffic controller at CFB Goose Bay established that he was in the area of St. Anthony, Nfld., and

the aircraft landed there safely.

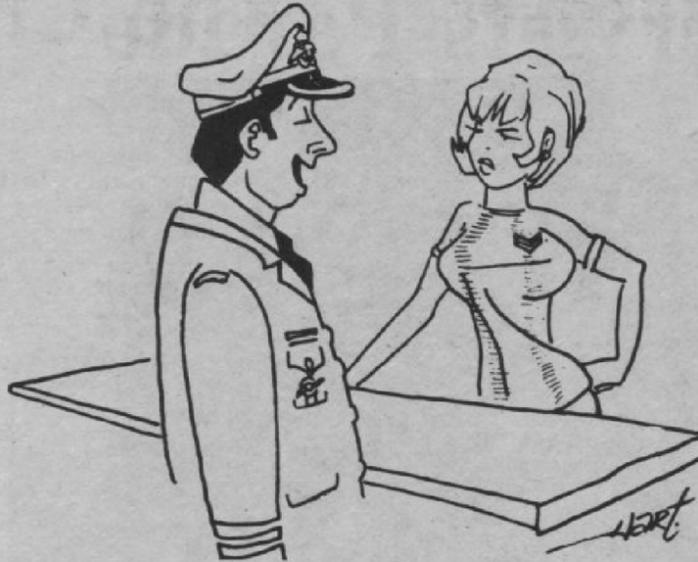
The Mine Sweeper HMCS Miramichi towed the American fishing vessel St. Maria to safety at Friday Harbor in Washington State after it sent out a distress signal.

Not all efforts had happy endings. A search for a missing light aircraft near the British Columbia-Northwest Territories border discovered that the plane had crashed near Tootsee Lake and had burnt on impact killing both people on board. A total of 178.7 hours were flown in this search by two Buffalo aircraft and a Labrador helicopter.

And the debris of a missing outboard motor boat out of Conception Bay, Nfld., was found with one body on board.

A search for a Newfoundland longliner fishing boat out of Port Burwell, Nfld., was found off the northern tip of Labrador and the Canadian Coast Guard Ship NM Rogers was able to pick up the crewmen.

More than 30 ELTS (electronic locator transmitters) were set off inadvertently in aircraft, parked on the ground, and the sources located before any Canadian Forces aircraft were launched on searches, including one at Oak Bank, Man., that was set off after landing, when the pilot hit it while unloading his luggage in the dark.



WHAT'S THE RANK OF THE OTHER ONE?  
- THE FALCON -

### SNACK BAR NOTES

Snack Bar 90 will be closed Sunday 31st August and Monday 1st Sept. Labour day weekend.

Winter hours for Snack Bar 90 effective 2 Sept. 75.

9 AM - 7 PM Daily

9 AM - 9 PM Thursdays.

Also effective 2 Sept. 75 is an increase in the price of coffee, to .20 cents per cup. Sad to see the end of our .15 cent of coffee, but rising prices leave us no choice. Our prices are still the Best around.

### 2 PPCLI

The 2nd Battalion, Princess Patricia's Canadian Light Infantry was the first Canadian army unit to fight in Korea.

FLOWERS  
Dress up any occasion  
Visit your friendly florist



Capri FLOWERS

MORAY VILLAGE MALL  
2361 NESS AVE.  
WINNIPEG, MAN.  
R3J 1A5  
Phone 837-8017

### School of Dance

School of Dance for Children 3 years of age and over. Classes for Teenagers and Adults, no experience required.

All teachers members of:

MDTA  
MHDA

Dance Classes taught in:

Tap  
Ballet  
Jazz  
Highland  
Acrobatic

Dance School located close to PMQS at Silver Heights United Church.

For further information call:  
Connie Prichodko - 837-9247  
Connie Jansen - 837-4400



### NEAR C.F.B. TRENTON

On Kente Court off Burns Ave., approximately 4 miles from the Base on a quiet Cul-de-sac. Huge lot with mature trees, one year old brick split level with finished family room featuring floor to ceiling stone fireplace, excellent financing at 10%. Immediate possession.

IMMEDIATE POSSESSION: 3-4 bedrooms in the Trenton, Bayside, Belleville area. Apartment and house rentals. Colonial arranges financing and property management.

Write or call for a brochure and map of the area.

Opposite McDonalds Restaurant

Colonial REAL ESTATE LTD.

180 North Front Street  
Belleville, Ontario  
K8P 3B9

OFFICE 962-9281

Dorothy Paus 392-0430

Vi Lindgren 962-2673



PHONE 837-6045  
889-9421

CONTINENTAL STYLING

2249 NESS AT WHYTEWOLD  
JAMESWOOD SHOPPING CENTRE

### PERMANENT WAVE SPECIAL:



Regular \$19.95

Now \$14.95

Regular \$22.00

Now \$18.95

Extra Special KURLY CUT PERM

Regular \$30.00 \$25.00

5 STYLISTS TO SERVE YOU

This Offer Good - Sept. 2 to Oct. 1/75

Open Thurs. Evening Till 9 P.M.

# Air Reservists Parade



(BASE PHOTO)

WINNIPEG — Sixty-six men and women from Air Reserve Squadrons across Canada attended a graduation parade at Canadian Forces Base Winnipeg on Monday, 18 August.

The 17 women and 49 men from Montreal, Toronto, Edmonton, Halifax and Winnipeg, have completed seven-week courses at the Reserve Training School as clerks, aviation technicians and junior

non-commissioned officers. The junior leaders training included such things as Map Reading, Ground Search, First Aid, Survival techniques and Radio Communication.

Attending the parade were Brigadier-General R. Lacroix, Commander of 10 Tactical Air Group, Brigadier-General Richard Rhomer, Senior Air Reserve Advisor and the commanding officers of all reserve squadrons

and wing headquarters.

The parade included a demonstration by the precision drill team from the Reserve Training School and music was provided by the Training Command Band under the direction of Captain Terry Barnes.

The training program and the school are operated by Air Reservists and commanded by Major Margaret Houston of Toronto.



(BASE PHOTO)

## Parachute Wings Awarded Army Cadets

EDMONTON — Canadian Forces parachute wings were awarded to 29 teenage army cadets here Thursday, August 14.

The boys, from cadet corps across Canada, graduated from the Forces' basic parachute course, the top course available for army cadets.

Four cadets are from Edmonton. Another seven are from the other western provinces and the Yukon.

The two top students each receive a one-week expense-paid trip to Hawaii compliments of CP Air.

Cadets selected to attend the gruelling three-week course are master cadets in their own corps with at least four years' cadet training experience. Before starting the actual parachute

course, all cadets take three weeks' physical and recreational training.

Canadian Airborne Centre instructors give cadets the same training as that given to regular force students.

The first two weeks are devoted to demanding physical and ground training. Cadets learn to use parachute equipment safely and jump from a 40-foot mock-tower wearing cable-suspended parachute harness.

Climax of the course is "jump week". Each cadet makes eight parachute descents from Hercules and single-engine Otter aircraft. One jump is made at night and at least one more is made with full 75-lb. equipment load.

This is the fourth consecutive summer the cadet parachute course has been conducted. Eighty-five boys graduated from the first three courses.

Army cadet corps are sponsored by the Army Cadet League of Canada with financial and training assistance provided by the Department of National Defence. Civilian support, generated by the league, is the backbone of the cadet movement.

## MND Reviews Army Cadets

Ottawa — Defence minister James Richardson was reviewing officer at graduation ceremonies August 10, for 223 young army cadets attending the National Army Cadet Camp in Banff, Alta.

The cadets, age 16-18 years old, representing corps in all 10 provinces and two territories, completed a six-week leadership — challenge course, which included mountaineering and glacier climbing.

Mr. Richardson stated that for the first time, twenty-eight girls were also in the graduating class as a result of a recent amendment to the National Defence Act concerning the status of female cadets in the Canadian Forces. The girls completed the same course as their male counterparts.

The aims of the cadet leadership-challenge course are to develop the cadets' qualities of self-confidence, initiative, ability to work with others, leadership and the ability to make decisions and take responsibility for them.

There are more than 26,000 army cadets enrolled in 404 corps throughout Canada.

Yes, Voxair does welcome letters to the editor

## Moving to Trenton?



Write for free map and information on

- homes
- rentals
- mortgages

**BARRY-FORCHUK**  
REAL ESTATE LIMITED

Trenton, Ont.  
82 Division St.  
392-9228  
"Everything in Housing"



Meet Doe Pollen, Manager of the new Unicity branch of Continental Travel Ltd. Doe has travelled extensively throughout Europe, the Middle and Far East, North and Central America, and extends a warm welcome to everyone at CFB Winnipeg to come in and discuss their travel requirements.

Doe and her staff can provide those little extras in accommodation and travel that make any trip a happy experience, be it two weeks in sunny Hawaii or two days TD in Kenora — ALL AT NO EXTRA COST TO YOU THE CUSTOMER!

Drop in to-day and learn about the Grand Opening Draw that will earn two lucky people a FREE trip to any SUNFLIGHT destination or call 885-1725



**Continental Travel Bureau**  
2nd Floor - The Bay - Unicity Mall 3605 Portage Ave.  
Winnipeg, Manitoba R3K 0X3 Canada

more people put their boots on Voxair than any other rag

## Baldwinson Agency

- NEW PLATES for CARS-TRUCKS-TRAILERS
- CHANGE OF CAR OR ADDRESS
- FIRE INSURANCE HOUSE - FURNITURE. BOAT.
- LIFE INSURANCE

Map showing locations: Main Guardhouse, Recreational Centre (BLDG. 90), Baldwinson Agency, WYVEMOIR RD.

**AUTOPAC** PROTECTING MANITOBIANS ON THE MOVE

DOWNTOWN 1010-220 PORTAGE 942-3006 MON-FRI 9-4:30

BASE OFFICE RMI-BLDG. 90 889-2204 MON-FRI 9:30-4

# cfans news corner

NAV SGN

The Nav school has a new batch of instructors on board and they're keeping Standards busy with questions on the Navigation Instructor's Course. Learning from the experts are: Wayne Reaume, a former staff member at CFANS who returned after a trip to Ottawa to learn to parlar the other language plus a trip to Trenton to learn about the C-130. Welcome back Wayne. Barry Stannard and George Simmons have both arrived from 436 Squadron in Trenton to take up instructional duties here. Grant Schewchuk, an AI from 416 Squadron, Chatham is joining the school after completing his C-130 conversion in Trenton. Also on the NIC course is our new USAF exchange officer, Major Schenk. To all of you, welcome to ANS and remember, "when in doubt - shaft 'em!"

While the new staff members were learning about their new jobs, the older hands at CFANS took summer leave. Jerry Kingwell came back complaining about the week of rainfall in Western Alberta while Win Koch was smiling about being in 75 feet of water while scuba diving in Duck Mountain. Guy Parent headed east and after clearing some lake property he had time to swim, water-ski and tan.

But now, it's back to work for everyone. We now have a third course in residence - 7503 ROTP, who will be graduating next spring, providing we have airplanes for them to fly.

As an aid to the students we're

printing a copy of the Basic Navigators Final Exam. This is only part one - part two will be published next issue.

### BASIC NAVIGATOR FINAL EXAM

Time limit: 50 minutes  
Check List and plotting instruments permitted.

1. CELESTIAL - Draw a diagram of the Northern Hemisphere of the Celestial Sphere and indicate the position of all navigational stars and planets within plus or minus 30 seconds of arc, for 1 December 1985 at 0900Z as viewed from 62° 33'N 95° 15'W.  
2. AIRCRAFT AND ELECTRONICS SYSTEMS - You will be provided with a screwdriver, soldering gun and a pair of pliers. Using the leftover parts from what once was the precision approach radar at Winnipeg, construct an airborne early warning radar to fit on the DASH 7R.

3. AIR REGULATIONS - Translate GPH 270, 200E, 200W, 201, 204, 205, 205N, 206, 207, Air Navigation Orders and the Aeronautics Act from French into Chinese. Verify the accuracy of the translation by translating everything into English.

4. NAVIGATION - Flight plan a ferry trip for an F-15 two-seater from Inuvik to Alert. Remember, the aircraft cannot use gyro steering and because of cost restrictions the inertial navigation system consists of a plumb bob and a stop watch for the navigator.



Depicted above are Met Tech Trade Level 3 Graduates from Course 7501, who received their Certificates of Graduation 8 Aug. Mr. J. R. Lauder, SSOMet Trng Command, presented the certificates. (BASE PHOTO)

## Met Memos



Hi! During the absence of "Cumulus" (who is on leave) I'll try to maintain this column with a brief summary of school activities during the past two weeks. While many people are still on holidays, here at "The Weather Works" everything is back to normal with a full schedule of courses. After a brief respite of two weeks, the Trade Level 3 instructors are again shouldering the wheel with a new course that started last Monday.

We also have a Presentation course in residence, so all instructors are busy trying to catch up with events after an all too short holiday.

This was the year for "Westward-Ho" in our school, at

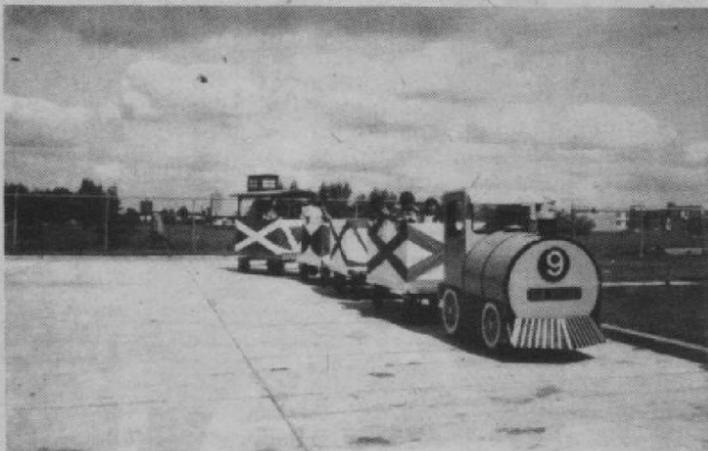
least from the holiday standpoint. Five staff members aimed their cars and sundry types of trailers at British Columbia, with only one not quite getting there (actually, he never intended going further than Calgary anyhow!). All felt the trips were most enjoyable, though one found vacations can be expensive too - what with two new fuel pumps, new tires and pointcondenser set having to be

replaced en route. All that plus towing charges, too. Ah well - it's only money, Gord!

Enough of this nonsense. Your regular correspondent will be back next issue, hopefully with more news than what I can dredge up.

The battle of the sexes will never be won by either side. There's too much fraternizing with the enemy.

## The Truckers Picnic



(BASE PHOTO)

The Base TN Section Picnic was the place to be on Sunday Aug. 17. It was even a nice sunny day. Well hidden behind the compound at Bldg 17 could be found a crowd of truckers, wives and kids lounging in the grass and enjoying the fun. It was a good chance to get together to chew the fat and let the kids run wild.

Our own private catering service was on hand to produce formidable amounts of hotdogs and hamburgers and numerous ears of corn besides. Meanwhile the "Train" thankfully provided by Base Supply chugged its way around the compound full of yelling kids and giggling mothers. It is doubtful that the TN compound will ever be the same again.

Outside they were into the volleyball and the horseshoe, and even a bit of hockey on the grass. Between time there was draws from a hat for numerous fifty cent pieces and even an Olympic lottery ticket. Also, just to be fair, gifts and prizes were given out to every kid young enough to enjoy them. With all this activity it was natural to progress to an egg throwing contest in which everybody somehow lost - unless of course you stayed out of it entirely, in which case you were liable to end up dodging a flying balloon full of water.

With so many good people on a nice sunny Sunday it turned out to be a great picnic.

All that we lacked were the ants.

## Crestview Painter's

Interior or Exterior

NO JOB TOO BIG OR SMALL

Free Estimates

Call 832-1171

### When Buying or Selling Your Home



Norm Hurst

### Contact NORM HURST

Salesman for  
CAMPBELL, LANE AND HALIBURTON  
Realtors - Insurance  
1887 Portage Ave.

Telephone  
Office 837-5864 Res. 837-8440



Nels Says:

Drop in and view our 1975 Car models.  
Contact "Ray Duncan" For Literature at Base Exchange.



3171 Portage Avenue



Nels Cuthbert  
RECREATION VEHICLES  
SALES MANAGER



WINNIPEG, MANITOBA

Ph. 888-2343



# PATRICIA REPORT



## 2 PPCLI Vet Receives Special Salute And Citation

Tommy Prince, one of Canada's most colourful war heroes, received a special salute and citation from 2 PPCLI on Saturday 2 Aug.

Tommy Prince left his home reserve of Brokenhead to join the army during the Second World War and the Korean War. He returned home with ten medals and decorations including the Military Medal of Canada and the US Silver Star. He was a member of Second Battalion at the

treacherous Battle of Kapyong in Korea.

Mr. Prince eventually stopped fighting when repeated shrapnel and machine gun wounds almost totally damaged his legs, but he remained a strong supporter of the army.

Chief Jim Bear of Brokenhead, a nephew, said the Indian Days celebration was the perfect time "to honour this Indian person", a Second World War hero who seems to be forgotten in the eyes of the Canadian people.



Major Gollner presents a scroll to Mr. Prince.

(BASE PHOTO)

(BASE PHOTO)



Left to Right Capt. Fisher, Maj. Gollner, Mr. Tommy Prince

## EDUCATION

continued from page 1

Aerospace Systems Course (ASC)

Computer Science  
Graduates of the ASC, the SANC or other service computer training courses will be considered on an

individual basis according to their experience in the field of Computer Science and their performance on courses taken in the subject.

Mathematics  
3.0 hours  
Credit for Mathematics 13.136 - Introduction to Calculus. A student may obtain credit for Mathematics 13.120 (6.0 hours on passing an informal test).

For the first time that many of us can remember, most of the battalion has had a good slice of leave and as a bonus, in the summer too. Families travelled from Winnipeg to all points of the compass including both coasts. For a change, we even had time to spend enjoying ourselves once we got there.

As people came back off leave, there was still a chance to get away from the city. An adventure training camp was set up in mid-July for all members of the battalion to get off and do some navigation exercises and canoeing. In both cases these were not arduous tasks but more of hiking and fishing trips. Each group of soldiers that were available spent one week in the area of Minaki, Ont. The camp was highly successful to the extent that some of the soldiers asked to stay on for an extra week. The living conditions are austere with tents, lamps and Coleman stoves. On their trips they used ponchos, ground sheets, hard rations and ate all the fish they could catch. A number of the battalion brought their families up on weekends, as the price was right, the noise was nil and the fish plentiful.

The camp will continue until the end of August when a battalion mountain school will be set up in the same area for all of September to teach climbing, rappelling and rope bridging.

(Faculty of Engineering students only)

3.0 hours  
Credit for Mathematics 6.122 -  
3.0 hours  
Calculus and 6.123 Algebra and Geometry

Physics  
6.0 hours  
Credit for Physics 16.120 -  
Mechanics and Electricity

Statistics  
6.0 hours  
Unallocated Credit in Statistics  
(Maximum of 6 hours credit in Statistics granted to graduates of both SANC and ASC courses.)

**Meteorology  
Technician Courses**

Pay Level 4  
3.0 hours  
First half of Geography 53.228 -  
Weather and Climate  
(Recommended)

Pay Level 6  
3.0 hours  
Second half of Geography 53.228 -  
Weather and Climate  
(Recommended)

The cooperation of the University evaluation team, and in particular the efforts Mr. Mike Piercy (CF Retd), the Program Coordinator for the Canadian Forces Program is continuing to make the program one of great benefit to the service. Personnel who wish to take advantage of the program are encouraged to contact the Base Training Officer or Mr. Piercy.

Vehicle engines lose a lot of their power in the mountains or in the higher elevations. This means that you have less power for accelerating or passing. Therefore, be aware that your vehicle can act sluggish in the high country.



Corporal Bud Gilfoy, 24, of the 2nd Battalion, Princess Patricia's Canadian Light Infantry, Winnipeg, aims a sniper-scope-equipped 7.62-mm. FN rifle at Connaught Ranges, Ottawa, during the Canadian Forces small arms competition recently. He was a winning PPCLI team-member for the shoot's light automatic rifle (FN C-2) trophy. About 200 regular force and 90 reserve personnel from across Canada competed for about 75 prizes during the week-long, 21st annual competition. (CANADIAN FORCES PHOTO)

BY LAND —  
BY SEA —  
BY AIR —



Welcome to the "BIG A" — Entertainment and Dancing 9 p.m. to 1 a.m.

Your Host: Norm Webb

### ASSINIBOINE GORDON HOTEL

1975 Portage Avenue

Phone: 888-4806



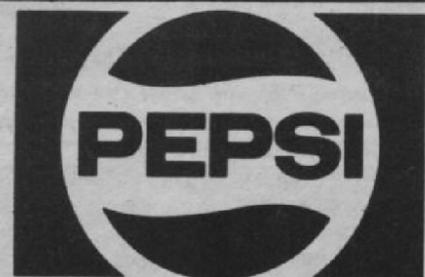
Ike Chamish, Life Insurance consultant specializing in serving military personnel, now associated with

**NATIONAL LIFE  
ASSURANCE CO.  
OF CANADA**  
287 Broadway, Winnipeg  
Phone 942-0651

IKE CHAMISH, C.L.U.

*NOTE: Of special interest to retiring servicemen:*

National Life is forming a Military Service Unit. You are invited to call us, with no obligation, to receive information about a career in the Life Insurance business.



**You've got  
a lot to live  
Pepsi's got  
a lot to give**

**RECRUITING**

continued from page 1

compare and combine recruiting methods. Primarily, a large common meeting is held, followed by departmental briefings and discussions which generally last for three days. The last such conference was hosted by CFRC Winnipeg at CFB Winnipeg from May 27 until May 29.

When the business and organizational duties of the work day are complete, the conference members partake in various recreational competitions. This brings forth the comradeship and determines the physical stability of each and every recruiting centre. The weather was unique this year and the hosts provided for a gala golf tournament. The competition was very keen, and the Zone Commander, LCol. E. Flewelling, had difficulty in determining the overall winners. In the end, the Silver Whisk Trophy was presented to CFRC Vancouver, and the Joe Mum Trophy went to CFRC Victoria. However, "The Best in the West" Trophy was presented to Major Art Crawford, CO of CFRC Winnipeg for being the best recruiting centre in Western Zone.



Colonel E. J. HEALEY, D/COS of Career Training, addresses the recruiting conference. This is the occasion whereby recruiters, career counsellors, administrative staffs, personnel selection officers and commanding officers unite to compare methods of operation.

(BASE PHOTO)

**Support Our Advertisers**



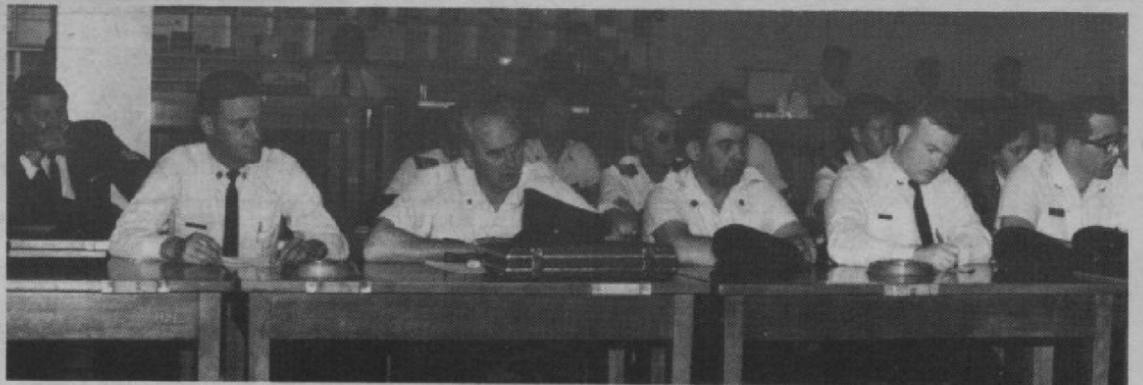
LCol. E. FLEWELLING, Western Recruiting Zone Commander, here presents the "Best in the West" trophy to Major Art Crawford, CO of CFRC Winnipeg. This particular award is presented to the recruiting centre which displayed the most overall efficiency and is an annual presentation.



Major Robin Thoms, left, who is the CO of CFRC Victoria, holds the recently presented Joe Mum trophy. His companion golfer is Cpl. Roger Whitman, also from the Victoria unit.



CFRC Vancouver staff stand proudly as their CO, MAJOR ERIC SNELLING, holds the Silver Whisk trophy, awarded at the Recruiting Golf Tournament. They are, from left to right: Sgt. Glen Wallace, MCpl. Ken Deloff, and St. Joe Gallo.



The Recruiting Centre administrative staff here being briefed are: Sgt. Mike Babcock, Edmonton; WO. Gil Poirier, Edmonton; Sgt. Al Polowick, Edmonton; Cpl. Roger Whitman, Victoria; and Cpl. Ed Griffin, Thunder Bay.



Military recruiters fill the front row at the most recent recruiting conference. They are, from left to right: Sgt. Jim King, Thunder Bay; Sgt. "Chink" Widemier, Regina; WO. Percy Loster, Winnipeg; MCpl. Larry Perpar, Winnipeg; and Sgt. Bob Yates, Winnipeg. Recruiters at CFRC Winnipeg were realistically selected for their duties so as to have one representative from each element.

(BASE PHOTO)

**Southwood RV Centre**

EL DORADO    STEURY    SPORTSCOACH    SKYLARK  
 PROWLER    FLEURY    AQUARIUS    FUNCRAFT

see or call AL PIEL 889-1627    see or call BILL HRUBENIUK 837-2491

**2475 Pembina Hwy.**  
**(204) 269-6960**

**Call Us**

**IF YOU HAVE A FINANCIAL EMERGENCY.**  
 We Offer Sound Professional Financial Guidance. Come In And Discuss Your Emergency Over A Cup Of Coffee. Perhaps A Low-Cost Consolidation Loan Or Just A Re-Arrangement Of Payments. Let Our Professional Staff Assist You In Your Emergency. We Can Help You To Help Yourself.

**Astra Credit Union Ltd**

1907 Portage Ave. at Rutland St. Ph. 888-8690  
 CFB Winnipeg - Whytefold Road Ph. 889-4437  
 C.F.S. Beausejour Beausejour, Man. 1080 Wall St. at Sargent Ave. Ph. 786-6689  
 C.F.S. Gypsumville Gypsumville, Man.

# ASC news news news news

A screaming comes across the room. Is it a CF-104 at 85 per cent? Is it Tarzan discovering zippers? No! It's Rick Young tearing clumps of hair from his scalp. Rick is orchestrating the Air Command welcoming parade which seems to be like standing under the pointy end of an inverted Cheops pyramid waiting for gravity to give up. Don't worry, Rick, it will (sooner or later) and when it does we have a new parking spot for you. It even has a plug-in. See what working diligently brings?

The offices are starting to fill up around here. Major Chisholm, our new chief instructor, is here now. Claude Naud, Fraser Barnes and Dave McCoubreg are settling in and we hear that Ron Kaczmar will be here just as soon as he finds his own parking spot. Major E. J. Lewis, our new Squadron Commander, opened his door for business on Monday morning so the gang's all here, for now.

Mel the Gazelle has been invited to hang up his Adidas long enough to speak at the NATO Conference on Arctic Navigation at Memorial University in Newfoundland. While he's gone we're giving tours of his office which is something of a legend on the third floor. It seems Mel heard someone say that an empty desk was indicative of an empty mind. Don't worry, Mel, nobody will apply it to you.

While Mel has been away, Jolly John the Statsman, King of the Three League Lope, has taken over the title of Mr. Fleetfoot. John didn't do badly (for an old RO) at the Transcona "Hi Neighbour Five Kilometers". He ran three miles in 15 minutes and 14 seconds to win first in his age group. John Leross, on the other hand, spent a few days at the Icelandic Festival in Gimli and didn't win anything. He came back to the Blue Room to find that Dave McCoubreg had smuggled an ashtray (Yech!) into

the Pilot's Pretty Playpen. Tisk! Tisk!

John Plaxton and Don Weiss each spent 10 days in Los Angeles taking a UCLA course in avionics. They've both gone on leave. Nobody could understand why but we think it was because they got all tuckered out totting their reference books back to Winnipeg. That must have been it.

There's a rumour that Major Chisholm will be going to Edmonton (Birthplace of Champions), ostensibly to attend a Symposium on remote sensing. Major Chisholm isn't from Edmonton, has no relatives there, is not going to stay at the McDonald Hotel and won't find it hard to leave there to come back. He's not even sure he wants to go.

Squadron Leader Bayne and family are back from the Caribbean. We're sorry to hear that Rose and the children aren't feeling well. We hope they're feeling better soon. Meanwhile, the Squadron Leader is into the fray, making arrangements for ASC 28 who start course on 2 September. 2 September? What am I doing writing this? I've got work to do! See you later!

## Safety And Accident Prevention

By LCOL J. E. McNEIL - BTSO

The Chief of Defence Staff has expressed concern over the amount of human suffering and loss of resources caused by DND accidents, particularly those which occur in the off-duty field, POMV (privately owned motor vehicles), sports, home, etc.

While there has been a significant reduction in DND on-duty accidents, off-duty accidents remain and are the principle cause of military deaths and injuries.

This year military off-duty accidental deaths are outnumbering on-duty deaths by over SIX TO ONE, two thirds of which have been caused by POMV accidents.

The high incidence of off-duty accidents is due to many factors. It has been proven beyond all doubt that accidents do not

## Ladies Westwin Bowling League Starts September 9th

INTERESTED PERSONS PLEASE PHONE

RUBY THIBAUT 889-0249 OR MILLIE CARR 832-1879

happen, but are caused to happen. Our job is to see that these causes or conditions are rectified so as to eliminate or at least reduce the number of accidents. It would certainly appear that sufficient information is distributed throughout the service; to mention a few: Safety Digest, Sentinel, Family Safety, Personnel Newsletters, Mobile Support Equipment Safety Gazette, Safety Herald, Safety Canada. Are these not familiar? Possibly the Manitoba Drivers Handbook is more familiar and then there is the Defensive Driving Course or DDC as we so frequently call it. The DDC is a compulsory prerequisite for all DND 404 holders. A similar course is available in the City of Winnipeg and elsewhere at a nominal fee to all civilians including DND dependants. It is surprising how such a course is a reminder of good driving habits long forgotten. All of the foregoing publications and handbooks are being printed and distributed expressly for our benefit. It is our duty to ensure we avail ourselves of the information given to us by the experts who have been involved in Safety for many years and who certainly qualify as people who can be relied upon to give the "straight gen."

Unfortunately not all get to read these publications and many others who do, often fail to put safety habits into practice. Many of us also neglect to pass these safety tips to our dependants - safety tips on driving as well as general safety tips and controls that we should use in the home. We hear much about the generation gap and lack of communication these days; the latter is all too true in matters of safety. We tend to sit back complacently and conclude that it doesn't apply to us or our families. Accidents and accident-rates indicate otherwise. It is about time we sat up and took notice of what is happening and actively take part in safety and accident prevention as it applies to each of us. The responsibility remains with ourselves.

## CUB HAYRIDE

TIME 6:30 P.M. 5 SEP. 75  
LOCATION: CUB HALL

Cost: \$1.00 per cub includes hot dogs and drinks.  
51st cubs and all interested boys (7-11) who might like to join the 51st cub pack.  
LIMIT 40 BOYS

ADVANCE RESERVATIONS  
CALL: CUBMASTER AT 888-0156  
ASST. CUBMASTER AT 832-5348

## Attention!

## Attention!

All CFB Winnipeg Organizations and Clubs. Voxair wants you.

Tell Voxair about your activities by submitting stories and photos to the Editor.

Voxair will publish all, at no charge.

FOR CANADIAN MILITARY PERSONNEL & DEPENDENTS ONLY

2 FOR \$10

WITH THIS AD at

The Plainsman Motel

2201 Gateway Drive (Hwy. 2 )  
Grand Forks, North Dakota 58201  
(701) 775-8134

"ALL COMFORTS" - "NO EXCHANGE"

## How to take your leave when you have nothing left



You know how it goes. By the time the days dwindle down to your leave, so have your savings. Well, HFC knows how it goes, too. That's why we have the HFC Traveloan. With a Traveloan, you may get the money you need to get you where you're going, and to enjoy when you get there. When you get back, all you do is pay us back in simple monthly installments. So see HFC about a Traveloan soon. Then when your next leave comes up, not only will you be able to leave, you'll be able to go somewhere.

\* HFC makes loans up to \$10,000.



HOUSEHOLD FINANCE CORPORATION OF CANADA

### WINNIPEG

- 205 Notre Dame Avenue ..... 942-8244
- 513 Selkirk Avenue ..... 586-8394  
(next to Woolworths)
- 137 Goulet Street ..... 233-4911  
(Goulet Shopping Centre)
- 3010 Portage Avenue ..... 880-0942
- 1120 Grant Avenue ..... 453-7637  
(Grant Park Plaza)
- TRANSCONA: 107 Regent Avenue West ..... 222-4283  
(next to Snowdon's Hardware)
- SELKIRK: 218A Manitoba Avenue ..... 482-6211  
(next to "Janis Lynn Ladies Wear")

## ATTENTION DOG LOVERS



The CFB Winnipeg Dog Obedience Club will start again on the 15 September at Bldg. 21 CFB Winnipeg. Courses run for 12 weeks and are open to dogs from the beginner to utility. Enrolment fee \$12.00. All personnel interested in learning how to handle their dogs are welcome. Registration Monday, 15 Sep. at 7:30 p.m. Do not bring dogs registration night.

## CRESTVIEW VILLAGE

'WHERE GOOD THINGS BEGIN'

THE NEIGHBORHOOD PROVIDING ALL AMENITIES FOR FAMILY LIVING

LOCATED IN ST. JAMES-ASSINIBOIA ALONG STURGEON CREEK, AT SILVER AND HAMILTON STREETS.

HOMES FOR IMMEDIATE POSSESSION

3 DISPLAY HOMES OPEN DAILY

FOR COMPLETE INFORMATION PHONE 837-7476

HARRY NAUGLER RES. 832-2652  
HAROLD TILSTON-JONES RES. 832-6502

## Engineered Homes Ltd.

Canada's Most Honored Builder



# Base Exchange

Look For Many Unadvertised Specials Throughout The Store

## TERRIFIC CLEARANCE

## SALE

Aug. 28-4 Sept.



Ladies -  
Mens  
Kids Winter Coats

from **6<sup>98</sup> - 225<sup>00</sup>**

1st & 2nd Day 40% Off BX Reg Price  
3rd & 4th Day 50% Off BX Reg Price  
5th & 6th Day 60% Off BX Reg Price

**ANYTHING REMAINING AFTER  
THE 6th DAY WILL GO AT  
70% OFF  
BX REG. PRICE**

BROADMOOR MOD. 1452

### Cassette Recorder

BX REG. PRICE \$43.95  
RED SEAL SPECIAL

## 22<sup>22</sup>



Old Spice  
Soap On  
A Rope 6 OZ.

BX REG. PRICE \$1.98  
RED SEAL SPECIAL

## 1<sup>66</sup>

BROADMOOR

### Cassette Recorder

BX REG. PRICE \$29.95  
RED SEAL SPECIAL

## 14<sup>44</sup>

BROADMOOR MOD. 1457

### AM/FM Cassette Recorder

BX REG. PRICE \$88.95  
RED SEAL SPECIAL

## 44<sup>44</sup>

### Presto Vertical Broiler

BX REG. PRICE \$28.00

RED SEAL SPECIAL

## 12<sup>22</sup>

WILKINSON  
SUPER SWORD EDGE

### Stainless Blades

BX REG. PRICE .74  
RED SEAL SPECIAL

## 2/88¢

# NATO

By Mr. Arthur Menzies,

## CANADA'S AMBASSADOR TO NATO

A series of articles on NATO, submitted by Mr. Menzies Canada's Ambassador to NATO, are intended to provide background information on Canadian interests in NATO. Voxair will publish the entire series.

### NATO'S STANDING NAVAL FORCE ATLANTIC (STANAVFORLANT)

STANAVFORLANT is the world's first permanent multi-national squadron to operate together in peacetime. It was formed in January 1968 and is composed of between four and nine destroyer or frigate type ships, operating as one unit on a continuous basis. Other ships as well as submarines and aircraft may be assigned or attached to the force for special exercises or operations. Ships of various nationalities will normally remain with the squadron for a period of up to six months. They are relieved by a unit of the same nationality or a vessel from another NATO member. Countries providing the necessary ships and support are:

- Denmark
- Canada
- Netherlands
- Norway
- Portugal
- West Germany
- United Kingdom
- United States

Commanding the squadron is a Commodore who is selected annually from one of the countries contributing ships to the force. The present Commander is Commodore de Rosenroll, Canadian Forces, appointed on 1 January 1974. The overall command of the force is exercised by Admiral Cousins, U.S. Navy who is the Supreme Allied Commander Atlantic located at Norfolk, Virginia.

The purpose of the force is to serve as NATO's maritime spearhead in preserving the free access to North Atlantic waters. The force is tasked with achieving four basic objectives. First, it must maintain naval effectiveness at a high level by providing squadron experience and training on a continuous basis. The force participates in numerous NATO exercises and national tactical

exercises in Europe and North Atlantic waters throughout the year where anti-submarine warfare, anti-air defence and convoy duties are stressed.

The squadron also serves to demonstrate the solidarity and unity of NATO nations by showing the flags of various member nations in a single multi-national force. The NATO squadron may visit some 30 ports in ten countries in the period of a year. Open house days and various programmes provide citizens with the opportunity to judge the effectiveness of the force for themselves.

An important function of the Standing Naval Force is its availability and readiness for immediate deployment in contingency situations. Such deployments reaffirm the solidarity of the NATO Alliance and provide a visible sign of deterrence. Should a real emergency arise, the squadron would provide the initial elements around which a more powerful and versatile NATO naval force could be formed.

The Standing Naval Force is deployed throughout the vast, 12 million square mile North Atlantic area which is criss-crossed by the world's major shipping lanes. Here, more than 3,000 merchant vessels can be found on any day. NATO countries (presently operating approximately two-thirds of the world's tonnage of ocean-going cargo vessels in support of their foreign trade) depend on the continuous free access to these sea lanes.

The Western powers' dependence upon the Atlantic's life lines has lately been acknowledge, and challenged, by the maritime forces of the Soviet Union. Traditionally a land-oriented power, the Soviet



Major I.W. Susser, BDentO CFB Winnipeg presents MWO EK "Gene" Albermethy with an engraved silver tray on his retirement from the CF, while members of the Dental staff look on. (BASE PHOTO)

Union has come to realize the importance of the world's waterways and has developed the second most powerful navy in the world. An impressive submarine force of about 380 submarines, 80 of which are nuclear-powered, is now available for deployment. Missiles which can be launched from submerged submarines now have a range of 1,500 miles. As most of the Soviet submarines belong to their Northern fleet, they have direct access to the Atlantic. The Soviet fleet deploys some 120 cruiser-destroyer type ships fitted with surface to surface and surface to air missiles. In addition nearly all their strike/reconnaissance and anti-submarine aircraft can carry anti-ship missiles with ranges of about 100 miles.

Confronted with the ever-increasing figures in Soviet naval construction, the countries of the NATO Alliance find it necessary to reappraise their overall defensive strategy. Undoubtedly this has had a profound effect on the decision to establish a permanent NATO naval force.

**NEXT: Defence Review Programs**

### ALLIES continued from page 1

countrymen on the officer candidate training program and four on pilot training.

Four students from the

## WATER, WATER EVERYWHERE

The other day I asked old Joe how his piano made out during the recent spate of flooded basements in the married quarters complex. He said he'd have to wait until it came down off the roof to see. However, he expressed concern over the joists, seems they got pretty banged up as the piano floated around the basement.

To all you other people who have wet cellars I'll pass on comments I heard a few days ago about how you have no right to complain over your house condition.

This fellow said that because you lived in married quarters your rent was so cheap that what you got was your entitlement. "How much rent do you pay?" he says, and, when told answered, "Well there you are, what the devil are you complaining about? Look at all the money you're saving."

What do you think? Should it matter how much you pay?

Cameroon are taking officer training, another is on officer training from Ethiopia. From Trinidad-Tobago there are two men on a support weapons course, one on a medical assistant course and another training to be a logistics technician.

Under an inter-government agreement between G Canada and Australia, 40 officers and men from "down under" underwent peacekeeping training in Canada at CFB Petawawa, Ont., last October and November.

A bi-lateral agreement, extending to 1981 is being negotiated between Canada and The Netherlands to train 30 pilots annually at CFBs Portage La Prairie, Moose Jaw and Cold Lake, Alta.

Another bi-lateral agreement for British training in Canada extends to 1982, and each year provides battle-group training at CFB Suffield, Alta; Royal Marine Commando training for one month a year at CFB Gagetown; continuation of low-level Royal Air Force training based at CFB Goose Bay, Labrador, and British Army training exercises on periodic basis at CFBs Gagetown, Valcartier, Wainwright and Edmonton.

It is estimated the British spend \$6,000,000 annually in Canada in support of their training program.

Another bilateral agreement, representing a \$10,000,000 annual investment, was signed last year with Germany. The

agreement, running until 1984, provides for armoured and armoured-artillery battalion training for Bundeswehr forces for a period of seven months each year at CFB Shilo, Man. Normally eight armoured and eight armoured-artillery battalions train at a time for a total of 16 battalions during the year.

Annually since 1972, the 1st Battalion, 152nd Artillery, Maine Army National Guard, carries out field training at CFB Gagetown under the provisions of the NATO Status of Forces Agreement. Again this year, cadets from the United States Military Academy at West Point, N. Y., will attend Exercise New Viking, an Arctic training course for a three-week period.

Reciprocal exchanges occur twice a year between American and Canadian infantry units. Last year it was the U.S. 82nd Airborne Division and the 3rd Battalion, Princess Patricia's Canadian Light Infantry.

Driving with children in the car can be nervewracking but don't let it be "car wrecking." If you have to put a bottle back in the baby's mouth, or stop junior from smearing his icecream cone on the windshield, or stop a fight in the back seat, pull over to the side of the road first. Even a second's distraction from your driving can cause you to lose control so stop first and then concentrate on the children.

RING-A-LING



MARY LING

BUY-ING  
SELL-ING  
RENT-ING

837-7553  
24 HOUR



JUSTIN LING

LING REALTY

58 AMARYNTH CRFS MEMBER MULTIPLE LISTING SERVICE



A. (GUS) LALIBERTE



**NORTH AMERICAN  
LIFE ASSURANCE  
COMPANY**

1507 - 330 PORTAGE AVE.  
WINNIPEG 1, (204)943-1526  
Home - 256-1188



# voxair sports

## Are You Keeping Ahead Of These?

- Coronary heart disease
- High Cholesterol
- Cancer (Lung, Throat)
- Nervous Conditions

or subject to underactivity, overeating or both.

The answer is YES if you are not in the 2% of Canadians who have a regular conditioning program.

NOTE: "Nine men in ten are suicides. Suicides not by what they do but what they fail to do."

"Proper diet and regular medical examinations are important parts in any fitness program."

"If you want HEART TROUBLE be inert physically . . . sudden death from heart attacks isn't sudden!! Think about that."

75,000 Canadians die annually from heart disease (40% between 35-52 years).

How old are you??

Why don't you aid the family in "natural attrition" . . . purchase a pine box.

If you are not interested - at least instill some interest in your children!!

### PREVENTIVE MEDICINE

"Regular exercise is enjoyable, contributes to total well being and is a highly rated form of "Preventive Medicine."

It is cheaper to stay well than to get well.

Now --- are you ready to commence your fitness program?

#### PHASE I

Ensure YOU are medically fit (see the doctor).

#### PHASE II

Set up your training program. Enquire for local training programs.

#### PHASE III

Choosing training attire:

- light, loose fitting clothing
- light, well broken in footwear
- head and hand wear as weather dictates.

NOTE: If running in cold weather keep the mouth and nose covered.

"O.K. BUDDY"

GO!! EASY

### PREVENTIVE MEDICINE

Regular exercise is enjoyable, contributes to total well being and is a highly rated form of "Preventive Medicine."

"We keep fit - not to add years to our lives, but to add life to our years."

#### PHASE V

### NUTRITIONS

The nutritional habits of the majority of families are a carryover from their parents. One's diet is just as important as one's physical activities for a balanced fitness program.

#### NUTRITIONAL KNOWLEDGE

- Become familiar with foods and vitamins, (do not eat to fill your stomach, eat to feed your complete body).
- Protein is not an energy food - it builds body tissue.
- Fat is energy - if it is not used it stores up - doesn't it!!
- Carbohydrate is energy - it does not store up as does fat.
- Carbohydrates burn up faster and more efficiently than fat.

Improper nutrition can cause atrophy of body tissue. It may be atrophy of a vital tissue of your key body systems i.e., circulatory system.

Atrophy means - wasting away.

### PREVENTATIVE MEDICINE

"Regular exercise is enjoyable, contributes to total well being and is a highly rated form of "PREVENTATIVE MEDICINE."

"It is not exercise that kills people but the diseases which so often develop from lack of exercise. The heart only functions well if demands are made on it. A soft flabby heart will tire more easily than a strong one; it is less efficient and much more susceptible to disease."

## Joggers News



Thirty runners took part in the annual 2.6 mile age class road race during the Transcona hi-neighbor festival.

In the female age class division, Tracy Whitworth from Transcona won the 9-10 age event while Kim Longmuir captured the 18-19 age class.

The male age class division had a full slate of competitors. Rick Cladon of Fort Rouge finished first overall taking the 15-17 age class. Adrian Whitworth from Transcona won the 8 and under age grouping. Eleven to fourteen age group was won by Tim Norton of East Kildonan. Greg Gemmell from Transcona won the 18-19 age event and Doug Jerlo of St. Vital took the 20-29 age class. John Jensen of CFB Winnipeg captured the masters 30-34 age class while Mike Whitworth stole sub-masters 35-39 age grouping. John Chilton from St. Vital took the 45-49 age honours and Bob Bishop of Gillam stole the 50-59 age class event.

Next event, a labour day marathon, 26 miles and 386 yards to be held at St. Vital park on Sept 31. Start time is 9 p.m. See you there.



Several years ago a friend in California played an album for me called "Delta Dawn" by a 13 year old girl. I looked at it - Country and Western - "forget it," I said. He played it - I loved it. The girl was Tanya Tucker. From that day on I have enjoyed her immensely, collecting every one of her LPs, including her latest simply called "Tanya Tucker" (MCA 2141) which features her newest single - "Lizzie and the Rain Man."

"Love of a Rolling Stone" (with a heavy bass backup vocal has a nice Olivia Newton-John effect) about a girl looking for the simple things in life such as . . . "a baby in my arms"

## INTER-SECTION VOLLEYBALL 1975-76

This year do something in sports as a section. Enter a team in the Inter-Section Volleyball League.

Games will be played in the Westwin Gymnasium Tuesday evenings. The calibre of play is unimportant. The league will start as a recreational league, however play will be expected to improve as the league progresses.

Team entries can be male, female or mixed and must be registered with the PERI staff, Bldg. 90, before Friday, 12 September 1975. No entries will be accepted after that date.

League play will consist of four games and will commence the end of September 1975. Practice games can be arranged Tuesday evenings by contacting REG BONNAR - Local 573 or 511.

-MEETING- -MEETING- -MEETING-

A meeting of team representatives, coaches, managers will be held at 1100 hrs in the Rec Centre Bldg 90 on Friday 12 September 1975. For further information contact Reg Bonnar Local 573 or 511.



## 51ST Group Boy Scouts Of Canada

51st GROUP BOY SCOUTS OF CANADA held a Group Committee and Organizational meeting on Wednesday in building 81, North Site Scout and Cub Hall in preparation for scouting activities to commence in September.

Sergeant M. (Moe) ROADLEY was re-elected Chairman of the Group with Chief Warrant Officer J. E. (Jim) JAMIESON Secretary and Warrant Officer George Apps as Treasurer and Publicity member. Mrs. C. MARTIN will

See SCOUTS page 16 col 1

SILVER HEIGHTS APTS.  
2255 PORTAGE AVE.

PARK TOWERS APTS.  
2300 PORTAGE AVE.

Beautiful 3 and 4 room suites in modern blocks. Modern appliances and many more features. Please contact.

## Apex Agencies Ltd.

208 SILVER HEIGHTS

Shopping Centre  
832-4888

HANDY TO CFB WINNIPEG  
NORTH SITE

Buying or Selling  
Coast to Coast Referrals  
Evaluation - Professional Assistance

or

If posted to Winnipeg, write for a free map, information on homes, mortgages, rentals

Pat Stadnyk Ph Res: 889-4178 Off: 889-3316

## McKAGUE SIGMAR CO. LTD.

(Winnipeg's Largest Realtor)  
201 - 2621 Portage Ave.,  
Winnipeg, Man. R3J OP7



## Bavarian Village Deli Ltd.

DELICATESSEN & FRESH EUROPEAN MEATS

- Imported Cheeses
- Cold Cuts & European Specialty Sausages
- Breads & Crusty Rolls
- Bratwurst (Pure Pork Sausage Fresh Daily)
- Salads & Smoked Fish
- Cheese & Party Trays (To Order)
- Choice Steaks For BBQ
- Watch for Special Weekly Features

Moray Village Shopping Centre

Telephone 888-3870



Well I'll check Sir, but I'm certain that the walk from the parking lot to the Rec. Centre doesn't count as part of the test!

# Voxair Variety

BY JOHN LAUDER

This is being written for the newcomers to the Air Command, especially those who want to become patrons of the arts. Even for those who do not have such aspirations, it must be pointed out that Winnipeg winters are long and hard, and that minus 20 to minus 30 Celsius are common temperatures here in December through March, so that you should force yourself and your family to go out at night, or dry rot will set in.

So the best thing to do is to get involved with Studio 22, and become a part of show business. To do this you merely call Warrant Officer Les Wood at 362 and volunteer to help. But if you are not wanting to become an active participant, there are other ways. Oldtimers should skip to the next item in this programmed learning package, but new citizens read on . . .

Where to go? There are three major forms of uplifting entertainment. The MANITOBA THEATRE CENTRE, the ROYAL WINNIPEG BALLET, and the WINNIPEG SYMPHONY ORCHESTRA. All offer discounts for season's tickets - which not only save you money but which commit you to attend performances as they do not give refunds. Tickets can be bought at the so-called "usual outlets," which include the Attractions Tickets Offices, located in the downtown and Polo Park Eaton's stores, and in Lombard Place at Portage and Main; the Celebrity Box Office, in the Bay Store, and also at box offices in the Centennial Concert Hall and at the Theatre Centre (Especially on the nights of the shows.)

Where is it? The Theatre Centre is at 174 Market Ave., the avenue which lies on the south side of the Centennial Centre, home of the Concert Hall, Planetarium, Manitoba Museum of Man and Nature, and a not-too-bad restaurant called the William Tell. The complex is located about five blocks north on Main Street from Portage Ave., and is across the street from the City Hall.

Where to park? You can get indoor parking for a dollar underneath the Centre if you come real early. Or you can park for 50 cents and have a plug in the Civic Centre Parking which lies west of the City Hall, and then go by underground passage to the Centre. For 75 cents there is an outdoor lot, with plugs, beside the Manitoba Theatre Centre, which also is small, so go early. If you want to park on the street, okay, but lock your car as it is not a high-rent district.

For \$26 per seat and up you get six plays at the Theatre Centre, a balanced mixture of comedy, drama and musicals. The Ballet normally gives four shows per year, plus a fine rendition of "Nutcracker" at Christmas. This costs \$15 and up for a season's ticket. The Symphony costs more - \$36 per seat - but also gives more, in that there are nine concerts spread through the season. So blow what is left of your moving allowance and get involved.

\*\*\*

And speaking of the Manitoba Theatre Centre, or MTC as it is known, the opening play of the season, on October 17th, is to be *Cyrano de Bergerac*, to be directed by Jean Gascon with the title role played by Len Cariou. One of the plays obtained for later in the season is the award winning *Equus*, Peter Shaffer's Broadway hit of 1974.

## Laughing at Ourselves

by John Semeniuk

**FROM SEX TO SIXTY** - "Well, Doctor, am I in good condition for a man of 80?" asked the well-preserved oldster. "I can't find anything wrong with you," replied the doctor, "But if you keep feeling tired, I recommend you give up about half of your sex life." "Which half should I give up?" queried the oldster, "Thinking about it or talking about it?"

\*\*\*

**RIDICULOUS RIDDLES:**  
 Q. If a man smashed a clock, could he be accused of killing time?  
 A. Not if the clock struck first.

## Sir John Franklin Community Centre

By H. Falk

Football registration is now being taken for boys ages 10 to 14. Registration fee is \$1 for those 10 and under and \$5 for boys 11 to 14 years. Deadline is September 1 so register now.

Another session of the Ladies Swin-N-Trim class will begin September 15 and September 17. Classes will run Monday afternoon from 2 to 4 p.m. or Wednesday mornings from 9 to 11 a.m. at Lipsett Hall. The program includes one hour of fitness exercises and one hour in the pool. Fee is \$5 for ten weeks and you may register by contacting the centre or attending the first class.

Any ladies interested in registering for Yoga classes can phone or drop in at the centre and register. Classes begin Thursday, September 18 at 10 a.m. at the centre. Ladies wishing baby-sitting services must register in advance to see if this service is warranted. Fee is \$12 for 10 weeks.

Gymnastics classes will restart September 20 at Lipsett Hall at 1 p.m. Boys or girls ages 5 and up must register on or before the first class. Fee is \$7 for an eight week session.

Information on these and all other up and coming fall programs may be obtained by contacting the centre at 489-9537 any evening. Keep any eye out for our newsletter which will be circulated to all residents in early September. Any area residents who do not receive our bulletin please contact the centre and leave your name and address.

Q. When was medicine first mentioned in the Bible?

A. When the Lord gave Moses two tablets.

Q. What is the difference between a church bell and a pickpocket?

A. One peals from the steeple, and the other steals from the people.

\*\*\*

**NOW HEAR THIS** - "I don't understand it Annie," said the doctor, "You and Fred have been married for 13 years and you've had a baby once every year except this year. You say that you didn't have a baby this year because you purchased a hearing aid - for the life of me, I can't see what a hearing aid has to do with the situation." "Well," replied Annie, "At night in bed, Fred used to turn to me and say, 'Shall we go to sleep or what?' and I would always say, 'what!'"

\*\*\*

**POETIC JUSTICE(?)** - The Judge frowned when he looked at the defendant and in a demanding voice said, "Haven't I seen that face of yours before?" "Indeed you have, your Honour," replied the defendant hopefully, "I gave your son violin lessons last winter." "Ah, yes," recalled the Judge, "Twenty years!"

\*\*\*

**THE HIGH AND THE FLIGHTY** - One of the more exclusive Louisville hotels traditionally named one of its rooms for the winner of the Kentucky Derby Horse Race. There was a Man of War Room, a Gallant Fox Room, a Whirlaway Room, etc. After the 1946 Derby, the management reluctantly decided to abandon the practice - the winner that year was Assault.



The Fabulous Ink Spots

## Junior Ranks Ramblings

The "Fabulous Ink Spots" will be appearing on Sept. 6. Admission price will be \$1 per person and \$2 per guest. Tickets will go on sale on a first come first served basis. It will be relaxed dress for this function. The "Country Tigers" will be

appearing on Sept. 13 and "The Harvest" on Sept. 27. Dancing will be from 7 p.m. to 1 a.m. There will be a "Bosses Night" on Sept. 19 with games, food, and prizes. So bring the wheels and lets have a good turnout.

## WO & SGTS MESS NEWS NORTH

Very good turn out for Family Day (10 Aug.) and all participants appeared to have a good time, even the Moms and Dads who were involved in the races. A special thanks to the young people who assisted in the events of the day.

Changes had to be made in the July/August calendar. The function mentioned as being in the planning stage did not materialize and the big 'do' for 31 Aug/Sep was cancelled.

How about the future - Big events are planned so let's see the members come out and support the entertainment committee's plans. First, to round off August there is a Mixed TGIF on 29 August. It starts at 1800 hours, time to go home, change, pick up the other half and return to the Mess.

Tuesday, 2 September, will be a big day for the base; to celebrate the event a special Mixed Social will take place in the Mess. Starting at 1230 hours. There will be food and TGIF prices until 1400 hours.

The dance originally planned for 31 Aug will take place on 6 Sep. A cold buffet will be available from 8 p.m. until 10 p.m. and dancing will be to the music of Bud McIntosh and his band. Admission will be \$6 per couple, payable as you arrive. The following week there will be a Wine and Pizza evening with music by Chuck and Angie.

Looking into the far future - 27 Sept is the night for the Octoberfest, and 4 Oct will be the Second Annual Members' Night, sponsored by our associate membership.

A couple of Voxairs ago, new members to the Mess were welcomed by name. Due to the large influx of new members, to list all names would take a great deal of space, so from the PMC and Mess members - a big welcome to all new members.

## New PMC Jr. Ranks Club



Col. M.D. Gates, Base Commander, has announced the appointment of MCpl. A.W. Burns as PMC, Junior Ranks Club effective 1 Aug. 75. MCpl. 'Mike' Burns of the Base Security Section, has had Mess committee experience at previous bases including CFS Beausejour and 61 AC and W Sgn. Metz France. He has been actively involved with the Winnipeg Branch of the Society for Crippled Children and Adults, and the Cerebral Palsy Parents Council.

MCpl. Burns, his wife and three children arrived at this Base from CFB North Bay on 27 Jun 74 and is presently employed in the Identification Sub-Section at the Military Police Station.

### Air Cadets Hold Senior Leaders Course

Discipline, achievement, and service — these are the hallmarks of the National Air Cadet Senior Leaders Course now in its third year at Canadian Forces Base Cold Lake. Cadets from all provinces arrived on Saturday and Sunday, July 5th and 6th to the only national air cadet camp available to air cadets in Canada. A cadet is chosen for this course by the commanding officer of his home squadron who believes that the cadet has the potential to be an effective leader in the squadron. There are some two hundred and fifty English and French speaking cadets on this course who have been chosen from among the ranks of approximately fifteen thousand air cadets in Canada. In fact, both staff and cadets were selected for Senior Leaders because they represented the best in cadets.

Commanding Officer Lieutenant-Colonel John W. Stewart emphasizes that both the staff and the cadets must set the standards required in dress, deportment and leadership, and, there is no doubt that it is the strict adherence to this philosophy which makes Senior Leaders the finest course for air cadets in Canada.

The theme of the entire course is leadership. Discipline does not teach the cadet that he must be a robot but rather that he should experience the freedom that abides in self-confidence, that is, believing in one's capabilities. It is this self-confidence or discipline

that aids the cadet's development both personally as a better human being and militarily as a cadet. Indeed, each cadet is willingly influenced by the content of the Senior Leaders course and it also makes every cadet more acutely aware of the responsibilities involved in being a good citizen and leader.

The course offers an extremely well-rounded programme involving not only classroom instruction in instructional techniques, effective speaking and leadership but also practical training in solving field problems, extensive work in drill, and a variety of team and individual sports.

Instructional techniques includes training in the many skills and techniques that the beginning instructor needs if he is to have a good understanding of the modern concepts of learning and to apply his skills to the best advantage. Effective speaking gives the cadet some assistance and practice in speaking techniques, the philosophy being that a cadet does not become a competent speaker by absorbing classroom instruction but only by applying himself diligently to mastering the techniques necessary for effective speaking. Leadership teaches the cadet how to improve his leadership capabilities through confidence, knowledge and experience. The instruction in drill is concerned with developing concrete experience in all phases of drill according to C.F.P. 201 and in making the cadet very conscious of his dress and deportment. After hours drill attracts many of the cadets as they compete for positions in the colour party, the commanding officer's parade and the graduation parade.

The great variety of sports include tennis, badminton, table tennis, weight lifting, golf, swimming (with a programme for beginners and a mile swim for the more advanced swimmers), cross country, soccer, baseball, basketball, volleyball and range instruction. Cadets also have at their disposal the use of an evening recreational centre where they may relax informally, listen to music, participate in organized games, or snack.

The spiritual welfare of the cadets is not neglected. There are scheduled padre's hours dispersed between classroom instructional

possessions they require for everyday living rather than waiting for years to save enough to purchase these goods.

Another advantage is when travelling these days it is smart to carry a credit card rather than a wallet full of the long green. For instance, if you qualify for the mugging-of-the-month in some exotic vacation land, all you might lose, apart from your head, is your credit card, which can then be cancelled by a telegram or telephone call to the credit card company.

The biggest disadvantage to buying on credit is the danger of becoming over extended. Some of us are prone to impulse buying and it is a frightening sight to observe an undisciplined person on the loose with a wallet full of credit cards.

So my final TIP on credit is to use it carefully, and never run the risk of going into debt beyond your ability to pay. If you do, you are heading for financial suicide. Don't develop a champagne taste if you have a beer income. Above all, don't go on an ego trip and start buying things you do not need at prices you cannot afford, to impress people you do not even like.

Recently, the Life Insurance Association of Canada, in a report prepared for the American Banker's Association, stated that out of 500 young men who start equal at 25 years of age — 40 years later at 65 years of age:

1. One will be a millionaire;
2. 24 will live off their investments;
3. 25 will still have to work;
4. 180 will be dead and
5. 270 will be dependent on federal, provincial or municipal welfare.

Apart from number 4, WHAT GROUP DO YOU WANT TO BE IN?

DAN HODGERT NDHO  
**dapperdan**  
 says  
 directorate of social development services

Beware the plastic buyer of dreams

Ottawa (CFP) — Consumer credit has become such a part of our everyday life that it is vitally important that we understand what it is all about, and learn to use it wisely.

It has been only a relatively short time in our history since we moved from a "cash on the barrelhead" philosophy to the plastic buyer of dreams — the modern credit card. Today, the credit card is so much a part of our lives that hundreds of thousands of Canadians carry some form of the plastic pilferer. In fact, Statistics Canada recently announced that as of January 1, 1975, Canadians were in hock to the tune of \$16.19 billion to an assortment of credit granters.

As consumer credit plays an increasingly important part, then we should know how it fits into our pattern of sound money management. We must learn to ask ourselves some searching questions. When should we use? How much does it cost? Which type should we use when we have several choices?

You must also remember that credit has a vocabulary all its own. Everytime you purchase an article on time, borrow cash or charge something, somebody confounds you with words that are unfamiliar. I am convinced that as far as the ordinary layman is concerned most writers of contracts would never win a literary award for clarity. Consequently, it behooves all of us to learn as much as we possibly can of the language of credit.

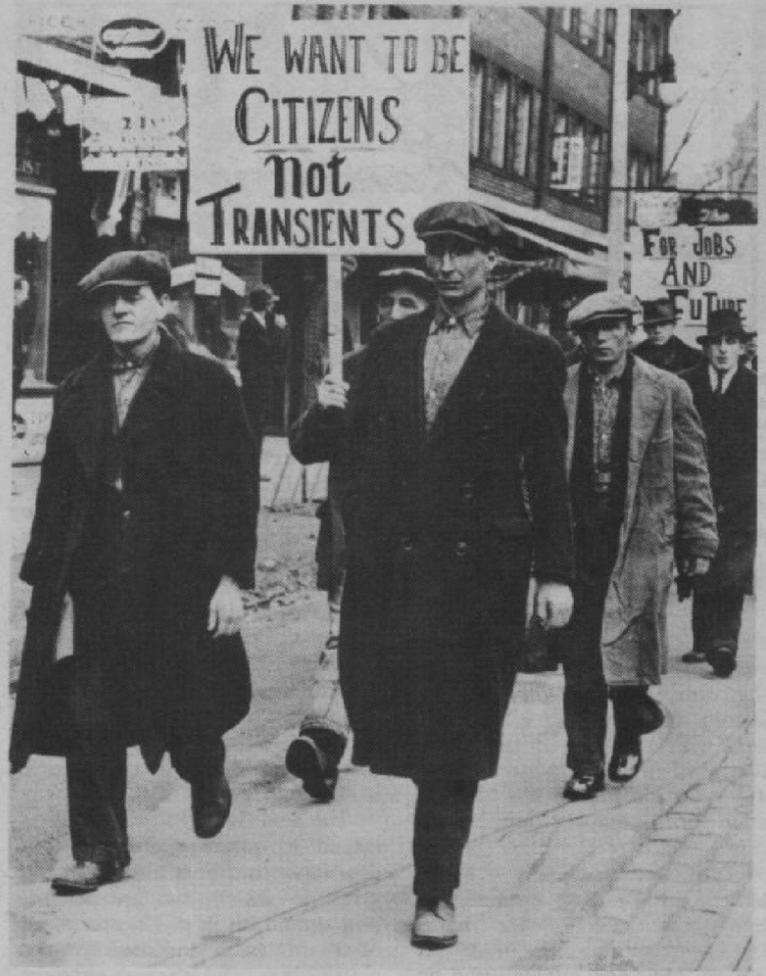
So TIP No. 1 learn the lingo before you apply your "John Henry" to any consumer credit contract.

TIP No. 2 refers to the finance charge, or what is usually referred to as the dollar cost. Make sure you know exactly what buying on time is going to cost you. Always insist that all the costs are listed in a manner that is easily understood.

Also, remember that cash isn't obsolete yet. The best credit bargain is still 100 per cent down with no monthly payments. Unfortunately, all of us cannot pay cash all of the time. In fact, some us can't pay cash at any time.

So TIP No. 3 when you have to use credit, shop around and compare costs. You will recall the Better Business Bureau slogan — "Before you Invest — Investigate." Use the same principle, investigate and compare all costs of credit.

I promised in my last article to outline some of the advantages and disadvantages of credit. Well, there is no doubt that a great number of Canadians use credit as an economic device to acquire that they want today and pay for it out of future earnings. Consumer credit certainly helps newlyweds to accumulate the



The trek of the unemployed to Ottawa in 1935 to protest against inhuman conditions in government-run work camps was probably the most organized and disciplined demonstration in Canadian history. CBC-TV is telecasting on Tuesdays at 10:30 p.m. the series "Hard Times" documenting the struggle of those who lived through the hungry days of the Great Depression.

periods and both Majors Dennis Fleming (RC) and Charles Walters (P) visit with the cadets informally during the evenings in the barracks or in their Norlitter canteen.

One of the more important reasons why the course has been so successful in Cold Lake (it had previously been held at C.F.B. Borden) manifests itself in the attitudes of the regular force personnel. It is their enthusiastic support and concern that has

enabled the course to strengthen its ranks and provide a more effective programme each year.

Comradeship, human values, learning, cultural exposure, travel, fun and meaning! One can readily see that full provision of instructional, practical, recreational and spiritual needs certainly makes the Senior Leaders Course the most well-rounded, educational and enjoyable course for air cadets in Canada.

## Economical Driving

Operating costs of automobiles are steadily rising, but by following some simple practices, you can trim your gas bill, suggests Consumers' Association of Canada. Don't idle your engine any longer than necessary. One minute of idling takes more gas than is required to restart the car.

By driving at 50 m.p.h. rather than 80 m.p.h., you can save nearly 50 per cent on fuel. Improperly aligned wheels can cause extra drag and increased gas consumption. Under inflated tires also cut gas mileage by increasing rolling resistance. And to save yourself, wear your seat belt.



Cadet Nancy Frank, one of the four female cadets on a cadet course at CFB Winnipeg, is first in line for the noon meal. All four girls have had a positive effect on the course as is indicated here by the smiles on Cpl. Len Kirkham, Cpl. Carl Hulsemann, and Lt. Earl Hayes (far right).

# Legal Ramblings

• • LCOL ARTHUR SWAINSON • • Assistant Judge Advocate General  
• • HEADQUARTERS — AIR DEFENCE COMMAND • • • • •

(NOTE: Generally, these articles are valid throughout Canada, although some are based on Ontario law. If acting on the contents of an article outside Ontario, ensure that the applicable provincial law is the same.)

## Selling Your Home Part I

A recent article dealt with some of the factors you must consider when buying a home at the place to which you have been posted. The next two articles will deal with the sale of the home. Retaining ownership to houses after you are posted has become much more complex than it used to be.

Until lately, many thrifty servicemen bought homes and then kept them after being posted. The idea was that this non-resident home would be an investment, or a place to which they would eventually retire. Outside of having an extra job, buying a second home is one of the few ways servicemen can increase their assets beyond that of their wages.

This article will deal with the situation whereby you own a home at the place you are stationed and are considering buying a second home at the place to which you are posted. Until about 1971, you could keep your home and buy another, and you would pay no capital gains tax on either of them. However, now, capital gains tax is payable in most cases on a home you have left, but have rented out, and kept as an investment or for retirement. The capital gains tax is calculated on one-half of the profit, less expenses, plus the recaptured depreciation, on which you pay income tax at the rate applicable to your taxable income.

However, it is not generally known that if you move back into

a house you own, after four years, you may have to pay capital gains tax on the "paper profit" unless you have followed certain procedures provided in the Income Tax Act.

To further complicate the matter, if you later try to sell this home, after it has been rented, you may be subject to heavy provincial taxation over and above income tax. In Ontario, this tax is 50 per cent unless you have met certain requirements regarding time and improvements. It is expected that similar legislation will be passed in other provinces in the next few years.

The end result is that if you intend to retain the home you now have, and buy another at the place to which you are posted, you should be in possession of all of the tax facts, and then give the matter long and careful thought before you decide to retain ownership of the home which you now have.

I am not an expert on tax law and, therefore, suggest that you contact your local income tax office. They will provide you with a bulletin, "Income Tax - Principle Residence," serial number IT-120, dated 14 September, 1973. There is an additional booklet, mauve in color, dated April, 1974, entitled "Capital Gains and Valuation Day."

With regard to provincial real estate taxes, you should contact the Minister of Finance in your province.

This article is certainly not complete regarding the taxes you might have to pay, but is intended to alert you that there are some very significant tax implications in retaining a home after you have been posted.

This article has dealt with the disadvantages of retaining a home; the second article will deal with the benefits of selling.

## SAFETY SAM SEZ

### DRIVE SMOOTHLY

Weaving in and out, cutting in on other drivers, spurring through narrow gaps in traffic, abrupt changes in direction — all are accident makers. Even alert drivers may not be able to respond fast enough to avoid disaster.

Driving too fast or too slow can cause trouble, too. Both result in unnecessary passing — by you or by other drivers. If someone is itching to get around you, don't compete. Help him on his way.

Unnecessary lane changing and passing create what traffic experts call "conflicts in traffic stream." And conflict is what it has always been — a form of warfare that can lead to bloodshed.

### SIGNAL YOUR INTENTION

Surprises are a menace on the highway. Whether slowing, turning or just changing lanes, use your brake lights and turn signals early enough to let other drivers know well in advance what you are going to do.

You have a horn, too. Use it

sparingly, but use it if necessary — to communicate and attract attention, not as a snarling expletive to call another driver an idiot.

### WARN OTHERS OF DANGER

If you're thinking of your fellow travelers' welfare, you may be able to tip off another driver to a danger he can't anticipate. Suppose you are headed south and pass a wreck or other roadway hazard in the north-bound lane. Seconds later, around a curve, you meet another car speeding toward the unseen danger.

Flash your headlights on and off rapidly. This signal has long been used by truck drivers to warn of wrecks, icy roads, fog patches or any other dangerous conditions in the road ahead.

### ALLOW PLENTY OF ROOM

Don't crowd another motorist. Tailgating is a foolhardy tactic that accounts for an enormous number of mishaps, equally dangerous to you and to the driver ahead.

Learn the two-second rule, a

See SAFETY SAM

page 16 col 3

## SCOUTS

Continued from page 11

continue as Chairman of the Ladies Auxiliary to the Group.

Cpl. Ken Warner was honoured by his Scout Troop and the Group Committee with two presentations in appreciation of his services as Scoutmaster for the 51st Group. The Assistant Scoutmasters and the Scouts presented Ken with a handsome Scout figurine suitably mounted and engraved expressing their appreciation to their Scoutmaster. The Group Secretary in presenting Ken and his wife Kathy with Manitoba Centennial Silver Dollars, stated that Ken's services with the Group would be greatly missed and that his many hours of dedicated service to the troop were also supported by Kathy. Ken and Kathy Warren's move to CFB Borden will be that community's gain and CFB Winnipeg's loss.

The new leaders who had volunteered their services for the coming season of Scouting were accepted by the group and consist of Bob Vass as Scoutmaster, Mike McDougall - Assistant Scoutmaster, Laurie Noakes - Assistant to the Troop, and Dan McLaren as a Junior Leader. Gordon Sutherland will continue on as Cubmaster, with Brian Spinney, Bill Osborne, Daryl Chipman and Robert Schilson as Assistant Cubmasters. The Group is anxious to add to their leaders to make the coming year another successful one for Scouting in the CFB Winnipeg, North Site Community. Volunteers are asked to contact the Group Chairman, Moe Roadley at 888-6400 or the Group Secretary, Jim Jamieson at 888-8063 for details of how they can assist.

Registration for Scouts and Cubs will take place at the Scout Building, Building 81, CFB Winnipeg, Sharpe Blvd. entrance (turn right towards Transair) on Tuesday and Wednesday evenings, September 9 and 10. Registration fee for both Scouts and Cubs will be \$8; up \$1 from last year. The Group discussed future bottle drives, Boy Scouts Calendar sales and accommodation facilities on the Base for the forthcoming 1975/76 season.

The Scoutmaster and Cubmaster tendered their 1975 Scout and Cub Camp Reports. These reports follow:

SCOUT CAMP 3-12 Jul 75. The 51st Group Scout Camp was held at Camp ALOWAY Scout Camp on the Big Whiteshell Lake. Activities included hiking, cliff climbing, fishing, swimming, woodcraft, campcraft, canoeing and pathfinding. There were seven boys and two leaders in attendance. The 10 days of camp were greatly enjoyed by all and according to the leaders and scouts, were over all too quickly. Each day was filled with exciting activity from 7 a.m. until 10:30 p.m. Cooking proved very popular. The Scouts were taught to cook with excellent results. A 10-mile hike was organized into the bush where nature was observed and recorded. The bears and skunks were very co-operative in the fact that they did not bother the campers too much. Scoutmaster Ken Warner reported that since this was his last year as Scoutmaster for the Troop, the camp for him was a sad but fulfilling service to the program of scouting. He also reported that Camp Alloway is a great camp for scouts and he would hope to hear the scouts of the 51st Group would continue to use this camp

## RC CHAPLAIN NEWS

The month of August is galloping faster than expected. Pretty soon your holidays will be over and September will urge you to be active again. The two Chapels on the Base, namely Our Lady of the Airways (North Site) and St. George's (South Site) will be active as in the years past. Please avail yourself of the Parish Bulletin or Parish News that will get you acquainted with all the activities that make your parish alive. There are many activities to be shared by the congregation during the liturgical celebrations. Your Chaplain will be very grateful if you approach him now and offer your services to him.

Your pastor is very concerned about your children as well. He needs absolutely your immediate cooperation to start the Sunday School rolling. We need at least ten volunteer teachers for each Chapel. We need you now because Sunday School starts the first week after the long weekend. Any adult can teach Sunday School; you need only dedication, good-will and love of God. Do not get discouraged about how to teach because there are meetings and workshops to attend. Sunday School will start with registration followed by a movie on 14 Sept. 75 at 9:30 a.m. North Chapel; 13 Sept. 75 at 4:00 p.m. South Chapel. Workshops for Catechism teachers will be announced soon. Please call 832-1311 local 272 for more information.

— May God Bless You!

again in the years to come.

CUB CAMP 4-7 Jul 75. The 51st Group Cub Camp was held at Saint Malo Provincial Park with Cubmaster Mike McDougall and 12 Cubs attending. Cubs were Billy Armstrong, Doug Armstrong, David St. Denis, Robert Henschell, Robin Henschell, David Patterson, Charlie Carrol, Gary McKenzie, Paul Aucoin, James Revoy, Chris Binns and Randy McFarlane.

The cub activities included swimming, First Aid, axe and knife use, canoeing, games, plaster moulds, stove and lantern use.

A special vote of thanks was extended by the Cub leaders to Mr. and Mrs. Henschell and Mr. and Mrs. Aucoin for their most valuable help during the camp. Another vote of appreciation is also extended to Lt. Scott of 2 PPCLI QM Stores and to D Company of 2 PPCLI for their assistance. The highlight of the Scout and Cub programme is

## Chapel Services

PROTESTANT

SUNDAY SERVICES

South Site 9:30 p.m.  
North Site 11:00 a.m.

CHOIR PRACTICE

North Site: Thursday  
Jr. (ages 7-14) 4:30 p.m.  
Sr. 8:00 p.m.  
South Site: Thursday  
Jr. 6:15 p.m.

BAPTISMS

Arrange by calling the chapel office.

MARRIAGES

Call the Chaplain well in advance.

CHAPLAINS

Padre J.P. MacLean  
Office: 832-1311 Loc 417  
Residence: 837-4986

Padre J.I. Mills  
Office: 889-9173  
Residence: 489-3231

Padre J.J.A. Tyrrell  
Office: 832-1311 Loc 417  
Residence: 888-7441

ROMAN CATHOLIC MASSES

North Site  
Saturday 7:00 p.m.  
Sunday 11:00 a.m.  
Tues. - Thurs. 4:45 p.m.

South Site  
Saturday Folk Mass 5:00 p.m.  
Sunday 11:00 a.m.  
Wed. - Fri. 4:45 p.m.

SUNDAY SCHOOL

North Site  
Sunday 9:30 10:30 a.m.  
South Site  
Saturday 4:00 - 5:00 p.m.

BAPTISMS

By appointment.

MARRIAGES

By appointment

CHAPLAINS

Father E. Cremona  
Office: 889-9173  
Office: 832-1311 Loc 272  
Residence: 888-1331

always the summer scout and cub camp. The experience gained by the boys during this part of their programme is sufficient to make their activities all worth while.

PARENTS OF THE COMMUNITY ARE URGED TO SUPPORT THE FORTHCOMING SCOUT AND CUB PROGRAMME AT CFB WINNIPEG. The more adults involved the better the programme. If you have the interest in scouting you will find the time. WE need leaders, instructors and any adult who can teach the boys skills. SCOUTING in the community is still popular and the boys deserve your help.

## A real genuine Back-to-School cartoon . . .



Just think, it was exactly a year ago today that my kid came home from school complaining that you made him stand in the corner . . . and the wife demanded that I pay you a personal visit . . .

## Closer Ties With Reserves Paying Off

Increased support of the Reserve Force, to better equip them as an important part of the "forces in being," gained momentum over the past year.

This included increases in rates of pay and a cost-of-living bonus, to bring them closer to the pay scales of the regular force. New uniforms and combat gear, more up-dated equipment and other improvements now permit the Reserves to become part of the "single force" concept.

The 3,000-man Naval Reserve is two years into a five-year program to produce a general-purpose maritime force. Recruitment has been stepped up, and trade specifications have been re-written to prepare personnel to completely man naval ships up to the size of coastal minesweepers.

Providing resources for basic seamanship training will assist the Regular Force in their primary role of manning sophisticated warships. As well, two new naval reserve units - HMCS Nonsuch in Calgary, and HMCS Queen in Regina - are being reactivated.

Naval Reserve personnel repeatedly have demonstrated their ability to carry out peacetime operational tasks, such as re-supply missions on the Labrador and Quebec coasts, and augmenting crews on ships in NATO Atlantic fleet exercises. They have also participated in the U.N. peacekeeping force in the Middle East.

The 14,000-man Militia under Mobile Command, by far the most numerous of the four reserve elements, are with units represented right across Canada. Thousands of militiamen are being trained at regular force installations and have participated in NATO exercises in Europe. In 1974, some 85 militiamen participated in U.N. peacekeeping in the Middle East. It is hoped eventually to increase this to 103

militiamen, with a total Reserve force numbering 120, the balance coming from the other elements. The Reserve contribution would then be approximately 10 per cent of the total Canadian commitment.

The newest Reserve element is the 1,225-man Communication Reserve, formed in 1969-70. Its goal is to train a communications and electronics force to supplement the regular force and fulfill communications demands at home and abroad. The force has participated in a number of NATO operations and supplied communications for such events as the World Cycling Championship in Montreal and the Rideau Lakes International Car Rally, south of Ottawa.

Air reserve squadrons have grown from six to seven this year and overall aircraft numbers and types also have been increased. Previously, six squadrons, under Mobile Command's 10 Tactical Air Group, operated five Otter aircraft each across Canada. They have participated in support of 17 Militia and regular force exercises and six search and rescue operations in 1974.

This year in Shearwater, 420 Squadron has been reactivated for the Reserve and will fly five Tracker aircraft in fisheries patrols and sovereignty flights. Winnipeg's 402 Reserve Squadron, in addition to its five Otters, will be using four DC-3s, passed on from the Canadian Forces Air Navigation School, in search and rescue and transport activities.

In Edmonton, 418 Reserve Squadron will be using Twin Otters with its regular Otters, on search and rescue operations. These additional aircraft will be operated and maintained in conjunction with regular force squadrons, sharing base facilities in each case.

## Blood Donors Abroad



Sergeant James W. Attawood (right) is assisted by members of the German Red Cross at today's Canadian Forces Europe blood donor clinic. Although the German Red Cross had brought the necessary supplies to collect 560 pints of blood, more than 200 Canadian Forces personnel and their dependents stationed in Lahr, the Canadian Forces NATO base in the Black Forest region of West Germany, had to be turned away when the supplies were exhausted in mid-afternoon.

The German Red Cross supplies the Canadian Forces Europe Medical Centre with free blood on a weekly basis and on request at other times. In return Canadian Forces Europe has agreed to hold two or three blood donor clinics every year.

"The response from the Canadians has been tremendous," said Mr. Huber, the German Red Cross clinic director, "we are very, very grateful." (CANADIAN FORCES PHOTO)

## SERVICE CURLERS NEEDED Watch For Curlers Corner

## Spit And Polish



Cadet Richard Demianyk, 176 Squadron Royal Canadian Air Cadets, CFB Winnipeg, polishes boots at the Cadet Summer Training School at Canadian Forces Base Borden, near Barrie, Ontario. Cadet Demianyk is enrolled in a six week Basic Electronics Technical Training Course.

He is the son of Mr. & Mrs. Donald Demianyk, 627 Renfrew St., Winnipeg, Manitoba.

## The Meaning Of Adoption

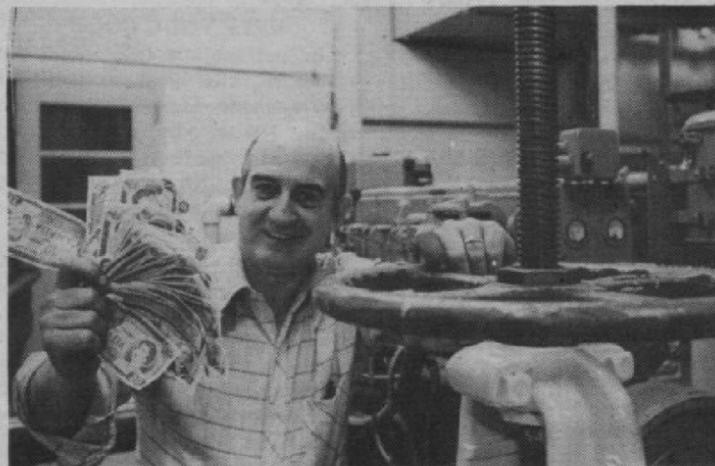
To think that time wipes out memories of critical and painful life experiences is a mistaken belief. It lumps details and dulls the feeling but may do only half a job at that.

In the following excerpts of contacts between an unwed mother and her daughter, whom the mother relinquished as a baby, one senses the discomfort of a person who has carried that dread uncertainty for years: "Did I do the right thing, or not?"

Making the connection between the two people concerned was possible since, at the time these events occurred, the adoptive child's original name was known to the adoptive family. An advertisement in the T. Town Journal dated in April, 1972, appeared as follows:

'Relative seeks whereabouts of Miss Diane X— formerly of Frances Street, T. Town, Ontario, born June 10, 1947, in Winnipeg, Manitoba. Write Box 104, T. Town Journal.'

The adopted child, a grown and married woman with one youngster (later along with her husband to adopt their second), was given this advertisement by her adoptive mother. She replied to the personal column and received this communication:



EDMONTON — PLUMBER'S PAYOFF — Donovan Dean Clayton, a civilian plumber/steamfitter employed at CFB Edmonton since 1954 shows off his \$2000 merit award recently presented by the department of national defence. Mr. Clayton of Apt 101, 11610 - 100 Ave, Edmonton has saved the department, according to one estimate, over two million dollars because of his suggested solutions to difficult technical problems. (CANADIAN FORCES PHOTO)

## Sea Cadet Band Highlight Of Training Centre

CFB CORNWALLIS, N.S. — The stirring navy march 'Heart of Oak' is not the only number the Sea Cadet Band at CFB Cornwallis plays but it is always a favorite on the base and in the surrounding communities where the young musicians perform during the summer.

Sea Cadets from six provinces undertake basic or advanced training at the base and the 100-member band is described by camp commander, Commander D. A. (Don) MacIntyre, as "a major factor in helping to make Cornwallis an exciting cadet training centre."

The bandsmen, 14 to 18 years of age, engage in a number of activities while under training, including leading the march past at morning divisions, participating in natal day parades, and the staging of the colorful ceremony of the flags and sunset ceremony.

A highlight of this summer's program for the band was a recent performance at nearby Fort Anne during a visit by Prime Minister Pierre Trudeau.

"The band's activities are of considerable value in drawing public attention to the important youth-training programs carried out each year at CFB Cornwallis," says Cmdr. MacIntyre.

The band's director of music, Lieutenant-Commander Marcel Perrault of Montreal, has divided the band into two sections to ensure that those cadets requiring additional training will be brought up to their level of competency before the six-week course ends.

'Practice makes perfect' is emphasized by the band

instructional staff. During the course the cadets have an opportunity to practice with members of the Maritime Command Band in Halifax.

"Being exposed to professional musicians helps to impress upon the cadets the importance of continued self-improvement," says LCmdr. Perrault.

In any given period between the first of July and the latter part of August there are approximately 600 cadets at Cornwallis from Nova Scotia, Newfoundland, Prince Edward Island, New Brunswick, Quebec and Ontario.

Supported by base personnel the camp instructional and administrative staff carry out a program that includes, in addition to the band, six-week courses in junior and senior leadership, two-week basic training courses for new cadets, and advanced training for senior cadets serving as instructor callouts. Cmdr. MacIntyre, a supervising principal in civilian life at Wabush, Labrador, says the overall emphasis is on such activities as sailing, sports, physical fitness and survival training for senior cadets, all in a disciplined environment.

This summer for the first time approximately 200 female cadets are taking training at Cornwallis during the first half of August. Earlier this year cadet corps received permission to enroll girls, their training being similar to that of the male cadets.

The Sea Cadet program is jointly sponsored by DND and the Navy League of Canada and is open to youths 13 to 18 years of age.

"Dear Diane;

I received your note this morning. I may be your natural mother, and my motivation in contacting you is a great desire to meet and get to know you for you have been in my thoughts and heart for many years.

I hope that over the years you have developed a tolerance and understanding of people's shortcomings and will not feel bitter about being brought up by adoptive parents.

I have a comfortable home and am financially secure, and if you are able to come for a visit or longer, I would be very pleased to assist you in any way.

I am enclosing a snap of myself with this letter. I believe I will post this now and will be looking forward to hearing from you. My direct dialing phone number is 321-645-3269, if you care to call me collect.

I am nursing and am on night duty right now.

I was an in-charge nurse but I resigned and went to Europe for a while, then came back on general duty.

With love,  
Helen X—"

The daughter's reply is as follows:

"Dear Helen,  
In reply to your letter let me assure you that I have no intention of developing any kind of relationship with you as it can accomplish nothing. What happened 25 years ago, happened, and I can see no point in taking up a past which did not exist.

The relationship that has evolved during the years with my family is too dear to be disturbed. The friendship and rapport that my own mother and I have is something that very few blood relationships ever develop or know the meaning of. We, as children have been proud to be adopted, for as Mom and Dad used to say, we were chosen especially for them.

In writing this letter it is my hope that you can find some peace of mind for I have nothing but happy memories of a wonderful childhood with loving parents. I feel no resentment nor have I any bitterness towards you for I know the decision you made 25 years ago was the best for all concerned. Need anything more be said?"

In Manitoba adoptive parents no longer know the original last name of the child they adopt and it is unlikely for an incident like the above to occur. However in light of recent publicity in the United States about adopted children insisting on their right to know their original parents, the above does show there are two sides to every story.

**BUSINESS AND PROFESSIONAL DIRECTORY  
DENTAL SERVICES**

**STANLEY HYMAN  
DENTIST**  
2151 Portage Avenue  
Monday to Saturday  
9 a.m. - 6 p.m.  
Ph. 832-6766 for Appointments  
Res. Phone 489-5973

**DENTAL LAB**  
**Z.F. Trojan L.D.M.**  
2621 Portage Ave.  
Room 200  
Phone  
888-0334

**LEGAL SERVICES**

**CHAPMAN, CHAPMAN, CHAPMAN  
Barristers and Solicitors**  
George Thomas Chapman, Q.C.  
George E. Chapman, B.Sc., LL.B.  
Cecil A. Chapman, LL.B. (also of the B.C. Bar)  
Alan R. Goddard, B.A., LL.B.  
1864 Portage Avenue, Phone 888-7973

**SINCLAIR, McCULLOCH, KRESS & JACHETTA  
Barristers and Solicitors**  
221 Grant Park Plaza  
1120 Grant Avenue  
WINNIPEG, Manitoba  
Steinbach Office: 452-5314      Gimli Office:  
305 Main Street      77 - 4th Avenue  
STEINBACH, Manitoba      GIMLI, Manitoba  
326-6619      642-5485

*Baker, Zivot & Company*  
BARRISTERS AND SOLICITORS  
306 Childs Building  
957-1700

**K. A. TURNBULL  
B.A.L.L.B.**  
Barrister & Solicitor  
& Notary Public  
3401 ROBLIN BLVD  
(Charleswood)  
ROOM 203  
PHONE: 889-0836

**MORTON H. NEMY  
Barrister, Solicitor,  
Notary Public**  
200 Courts, St. James  
Shopping Centre  
2727 Portage Ave.  
Winnipeg 12, Man.  
Phone 832-1381 - 2  
Res. 837-2297

**ROBERT F.  
RUTLEDGE**  
Barrister & Solicitor  
205-2281 Portage  
Avenue,  
Winnipeg 12, Man.  
Phone 888-3204

**J.C. BROWN, LL.B.**  
Barrister and Solicitor  
  
1849 Portage Avenue  
Winnipeg, Manitoba  
Telephone 888-8890

**SERVICES**

**Al-Ben Engraving**  
Plastics Metals  
Name Plates - Trophies  
Plaques  
**AL BENNETT**  
263 AINSLIE ST.      837-1512

**SERVICE**  
• Television • Radio • Stereo  
(any make)  
**ANTENNAS**  
Installed or repaired  
A Name You Can Trust!  
**LINDQUIST**  
888-2391  
1819 Portage Ave.

**TIRED OF  
RIDICULOUS PRICES**  
in recovering furniture?  
Try me. Basement shop  
means lowest prices in  
town.  
Day 233-7217;  
Eve. 253-9365

**ST. JAMES VACUUM SHOP**  
1901 PORTAGE AVENUE  
SERVICE TO ALL MAKES  
HOOVER AND ROYAL AGENT  
Guaranteed Re-conditioned Vacuums  
\$19.50 AND UP  
CALL 832-1097 FOR PICK UP

**Classified Ad Rates**  
Voxair classified ad service is available to everyone. Charges for this service are 20c per line, with a minimum charge of \$1.00 per issue.  
Service employees, DND employees, and their dependents will receive a special rate for non-commercial ads in the "For Sale", "For Rent", "Wanted", "Swap", and "Lost" classifications. The minimum rate will be 50c per insertion of 25 words or less, with an additional charge of 10c for each additional five words or less.  
Payments must be made at the time the ad is submitted for publication. "Found" notices will be printed free of charge.  
Ads may be submitted in person to the Editor Voxair, Bldg. 52, or by mail with payment enclosed. Ads must be received by 3 p.m. on the Wednesday prior to publication.

**LOTSA PROPS**



Now here's a gal of great PROPortions with a PROPitious PROPosition. Lovely Laura Zega, the PROPeller's PROPrietress, struck this PROPular pose at Florida's Sunken Gardens.

**SAFETY SAM**

Continued from page 14

simple method devised by traffic experts to help you estimate a safe following distance at any speed. The idea is to follow at least two seconds behind the car in front of you (under bad driving conditions stretch the margin to at least three or four seconds). As soon as the driver ahead reaches a mark - a sign standard, a tar strip on the road, the shadow of an underpass - start counting: "one thousand and one, one thousand and two." That approximates two seconds. If you reach the marker before you finish counting, you are following too closely.

**KEEP CARGO IN MIND**

Cargo sticking out the side or rear or things stowed on a top carrier can pose a fatal hazard for another driver. If you're carrying cargo - on the roof, in an open-gate station wagon or in a pickup - tie it down securely. You know how dangerous it is when you have to swerve to avoid hitting some obstacle in the road. Remember, too, that trailers can get loose.

**KEEP YOUR COOL**

Be patient and tolerant at the wheel. Psychologists affirm that you're more likely to have an accident when you're angry or up tight. The same is true of the other driver. Anything you do to upset him will increase the chances of an accident.

Courtesy is contagious, and that's one contagion we could welcome in epidemic proportions. Such a small gesture as letting a motorist get out of his driveway into a solid line of traffic will put at least two drivers in a frame of mind that augurs a safe trip for both of them.

**LEAVE A MARGIN FOR ERROR**

Let's face it: mistakes are made by the best of drivers on occasion. Make allowances for that. Leave a little bit of extra room - an "out" to the side or in front - that permits evasive action if the other driver makes a misjudgment

**TV Repair Safeguards**

Shop carefully for a TV repairman when the set goes on the blink, suggests Consumers' Association of Canada. Check the Better Business Bureau for information on the reputation of local repair shops. Phone several different stores to compare costs. Find out what the charges are for home and in-store service and what is included in that fee. For example, there may be additional mileage charges for home service calls beyond a certain radius from the store. Insist on a detailed estimate of costs before allowing the service man to go ahead. If he can't tell you the exact charges on the spot, write on the estimate that the repairman must have written authorization from you before proceeding with repairs costing more than the amount you state. Most TV repair warranties apply only to work performed and parts replaced or repaired. In case you have further problems with the set it is important to get and keep an itemized invoice giving a full description of parts and services rendered. Be a cautious consumer.

or you happen upon someone whose reflexes may be dulled by sleepiness or alcohol. Look ahead with your mind, not just your eyes. Anticipate errors - note erratic behavior by a driver ahead and be ready to counter anything, read the approach signs for an expressway exit and expect a last-minute lane change by the driver who suddenly realizes that he's about to miss his turnoff, watch for the narrow-bridge warning and the fellow who shies away from the railing and edges across the center line.

Murder on the highway is not a nice thing to contemplate. But if you drive with skill, anticipation, and consideration for others, you will be neither its victim or its perpetrator.

**Classified**

**FOR RENT**

TRANSFERRED TO GREENWOOD? Reasonable rent for reasonable tenant. Available 1 Oct. 75 Modern 3 bedroom split level home with Fireplace and Garage. Fridge, Stove and lawn mower provided. For details write Maj J.C. Gignac 312 Harvard Circle, Chibougamau Que. G8P 1B4 or call 819-276-2607 Local 300 during working hours. 5164

TRANSFERRED? BUYING OR selling a home. Contact Ben Lombardi - Royal Trust 339-9251 or 222-1292. 5161

**10 PIN BOWLING**

LADIES INTERESTED CALL Shirley Brown 489-9470 5163

**FOR SALE**

10 SPEED ENGLISH GLIDER Bicycle racing style handle bars 23" frame with fenders on wheels Excellent condition Ph. 832-5054. 5162

450 HONDA MOTOR CYCLE, 1200 miles. Front. Fairing, saddle bags and wind screen (all new) offers call, Ron at 489-2130 or local 370. 5166

GREEN FLORAL LOVE SEAT 25.00 Chrome kitchen table and chairs 10.00 desk 15.00 Phone 888-0229 after 5 p.m. 5168

NICELY KEPT - 5 ROOM 3 bedroom house for sale \$22,000 in St. James. w/w carpeting in living room. Leaving for U.S.A. Available immediately. For details phone 889-0166. 5169

VIKING SEMI-AUTOMATIC wringer washer Large capacity square-tub design. Safety wringer-release bars. Excellent condition. \$75 Phone 888-3278. 51611

**HELP WANTED**

PART TIME WANTED FOR Snack Bar 21 hours 8 a.m. to 2 p.m. Student wanted for part-time work in Snack Bar 90. Apply M/Cpl McDonald 837-7277 or 832-6081 5167

Reliable babysitter wanted for two pre-schoolers 4 years and 3 months, \$100 per month to come to my home. 832-2745 anytime during this week and after 5 p.m. starting August 18/75. Vicinity Ness and Braintree. 5165

WANTED PART TIME OFFICE help for the Officer's Mess Bldg. 76. Half days only, hours flexible. Apply in person to Officer's Mess office. Local 475.

WANTED SANDWICH BAR WOMEN to work in the Officer's Mess Bldg 76. Hours 9:30 to 2:30 Monday to Friday. Contact Officer's Mess office. Local 475. 5-16-10

**Voxair Classified  
Ads  
Get  
Quick Results**