



**Free**  
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CFB/BFC Winnipeg  
 9 October 1991

# 402 SQN AND THE ROYAL TOUR



For the first time ever HRH Princess Anne visited Newfoundland and Nova Scotia. Airlift support courtesy of 402 Sqn included two Dash 8 aircraft and crews. 402 Sqn met Princess Anne in St. John's Nfld. on 3 July 91 and flew her to Washington, D.C. Steps on route included St. Anthony and Deer Lake, Nfld., to participate in dedication ceremonies to the Royal Newfoundland Regiment. Then it was on to Shearwater and Trenton, Nova Scotia.



The Royal Tour, which was very memorable for the crews, ended three days after it began.

Princess Anne waves farewell to the folks of Trenton, Nova Scotia.

## Operation Preserve

by Capt Jamie Robertson

Operation Preserve is a matter of life and death to a quarter million Ethiopians.

Just before the mid-August arrival of 60 members of the Canadian Forces and their three CC130 *Hercules* transport aircraft in Djibouti (a small country situated at the south end of the Red Sea and bordering Ethiopia), the International Red Cross and other relief agencies had only a limited ability to get food to isolated and mountainous areas of the east-African country. Racked by drought and years of civil war, the Ethiopian people face another famine while hundreds of thousands are already starving.

The three *Hercs*, four aircrews, groundcrew and support personnel make up the Djibouti-based CF contingent that is fly-

ing Canadian wheat, American cornflour plus European grain at the rate of 126 metric tonnes (280,000 lbs) per day.

"The feeling we had when we saw that first Canadian (Forces) *Hercules* arrive was beyond words," says Brian Stockwell, a field officer with the United Nations Food Program. "It was very emotional."

Following the end of the civil war in June, a large scale repatriation of former government soldiers and refugees to their home regions continues to tie up a sizeable number of relief agency trucks that would otherwise be used for food distribution.

Mr. Stockwell, who is based in Jijiga, an important distribution point in southeastern Ethiopia, explains that until those trucks

become available again, probably not until November, air transportation of food is the only viable option for the more isolated areas of the country.

Despite continuously blowing sand and temperatures at 62C on the tarmac, the groundcrew keep the *Hercs* flying. Aircrew drawn 435 Transport Squadron at CFB Edmonton plus CFB Trenton's 429 and 436 Transport Squadrons fly two of the *Hercules* from dawn to dusk. The third plane is used as backup, an excellent plan since some of the dirt strips on which the crews have to land are extremely "challenging".

The landing strip at Kebri Dehar in the Ogaden Desert, for example, is so bad it's nicknamed the "Rock and Roll Runway". Tire changes are frequent. And with no navigational aids or runway light facilities available at any of the destinations, the *Herc* crews must find their own way to and from a particular location. Night landings are not possible.

Less than favorable flying conditions aside, the job is getting done. During the first 10 days of Op Preserve, 64 flights (as many as seven per day) delivered more than 1,200 metric tonnes (2.4 million pounds) of grain, cornflour and wheat to all areas of Ethiopia. In human terms, enough food to feed more than 260,000 people.

Capt Jamie Robertson, a public affairs officer with DND Public Affairs Office in Toronto, recently returned from Ethiopia.



Ethiopian workers unload grain from a *Hercules* in Mekele, Northern Ethiopia. CF photo by Sgt Margaret Reid.

## BAMEO Airman of the North



Maj Davies is presenting the "BAMEO Airman of the month" to Cpl Woods for the month of September. Cpl Woods earned this award through his professionalism and dedication to his work.

Cpl Woods a member of the Aircraft Servicing Organization, with #3 crew. With all the work on the steam pipe's around hangar 16, we wish you Good Luck in digging your way to your reserved parking spot.



# COMMUNITY NEWS

by Mike Bonin

## Home Pride

What's in a name? Slab, row-house, duplex, or M.Q. it's all the same: home. We live in them, don't necessarily like them, but we live in them.

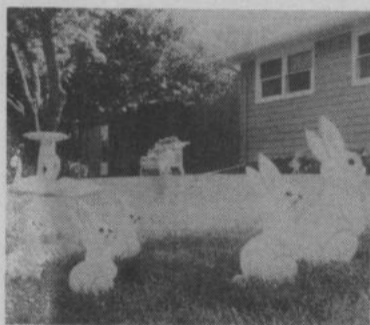
It's up to us to show some home pride. Pride takes on many meanings. One such example is described by the Concise Oxford Dictionary as "a feeling of elation and pleasure due to an action...that does one credit. You shine your shoes, press your uni-

form, wax your car, right? That all shows that you care. So, how about your P.M.Q.? That's what I'm talking about; home pride.



Since the spring several families have made an extra effort to beautify their surroundings. As you saw last issue of the VOXAIR, prizes were awarded to those families with "green thumbs."

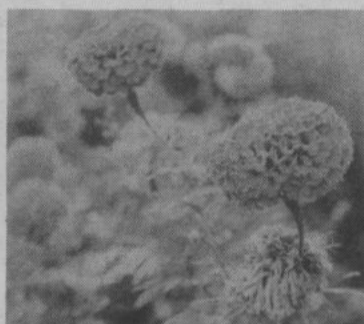
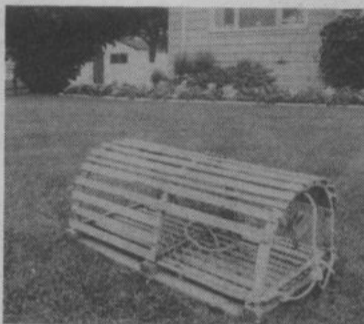
Just think, wouldn't it be a nicer neighborhood if more of us showed some home pride. Start



planning for this winter; how about getting your place spruced-up with some nice Christmas lights and decorations. Remember as a kid piling into your Dad's stationwagon and driving around to see everybody's lights. Wouldn't it be nice if this year,

people drove by to see your "winter wonderland"!

Brrr, thinking about winter so soon! Let's hold onto the last few nice days of summer. Remember though, it's up to you to show that you care, it's up to you to have some home pride.



## MQ Lawn and Garden Awards

In the recent MQ Lawn and Garden Awards on the South Side, MWO Herrod, residing at 261 Ubique Crescent, received first place honours, and MWO Small, at 257 Ubique Crescent, placed second.

On the North Site, there was a tie for first place between CWO Scott, at 434 Sharp Blvd, and PO2 Scott, at 26 Braintree Crescent.

There were many very well kept properties that were observed, and although, first place cannot be given to them residents, who stood out amongst the best:

- (1) CWO Munroe, 341 Kenaston Blvd.,
- (2) MS Carrière, 119 Bourkewood Place,
- (3) Lt Grandy, 436 Sharp Blvd.,
- (4) MCpl Matkowski and Cpl Gagné, 104A-C Sabre Crescent, and
- (5) Sgt Selig, 109F Sabre Crescent.

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MUSICALLY SWEENEY

## Air Supply

It's been six years since Russell Hitchcock and Graham Russell's last recording. Past hits for the Australian duo (Lost In Love, Every Woman In The World, Making Love Out Of Nothing At All) were characterized by lush harmonies and stylish vocals. Nothing has been lost in the years since their 1985 top-20 hit of "Just As I Am" and their current album "The Earth Is" (Giant).



music reviews and syndicated columnist

This 10-song collection is filled with power ballads that range from the emotional "Stronger Than The Night" through the bitter-sweet title track and the lushly orchestrated "Bread and Blood". The poignancy of tracks like "Dancing With The Mountains", with its highly commercial appeal and the sheer beauty of "Dame Amor" add a definite appeal.

This is the type of music that makes you want to throw a log on the fire and share a romantic evening with someone special. Air Supply have a track record of going multi-platinum and touring in support of their products. "The Earth Is" should quickly

help to re-establish them at rack and retail.

## Pacific Hits

Southern Pacific's "Greatest Hits" (Warner Bros) draws on the past glories of the group's "Country Line", "Zuma", "Killbilly Hill" and their self-titled "Southern Pacific" albums.

The 13-tracks here run from the travellin' "Any Way The Wind Blows" and the shuffling "New Shade of Blue" through the group's cross-over "Midnight Highway". Adding a definite sales appeal is the Tom Petty opus "Thing About You" which features Emmylou Harris and

"Time's Up" which features Carlene Carter. Solid backbeat and honky tonk piano add to Springsteen's "Pink Cadillac" closer. Group offer solid workout on Del Shannon's "I Go To Pieces" which is reminiscent of the New York 'doo wop' style of the fifties.

Over the years, Southern Pacific has included alumni from Presley's band, Doobie Brothers, CCR and Pablo Cruise. Although group is country-based, most material is pop enough to cross into pop charts.



Air Supply

England, Robert Palmer was raised on the Island of Malta...Paper Lace only ever hit the top-40 once and that was a #1 hit that told about Al Capone in "The Night Chicago Died", in 1974...Fess Parker, who starred in the movie Davy Crockett and played Daniel Boone for a half-dozen years (1964-70) on TV, had a top-10 in 1955 with "The Ballad of Davy Crockett". He also hit top-20 with "Wrangle Wrangle", from the 1957 movie Westward Ho, The Wagons.

## Fast Facts

Known as a R&B bandleader and composer John Veljotes had his greatest pop success under the name of The Johnny Otis Show. Although he only hit the top-40 once "Willie & The Hand Jive" broke top-10, in 1958, and has been recorded by numerous artists over the years. The most recent recording was by George Thorogood & His Destroyers a couple months ago...Born in



## Jameswood School

tion of those goals and objectives. During the past four years, I have found that the parameters of the program have not only been extended, but also revised somewhat, so as to better meet the everchanging needs of families in the Jameswood School Catchment Area. These revisions are generally based on community survey results, opinions and suggestions, as well as educational needs. As J.C.P. teacher, I am always open to new ideas, so please feel free to call me and discuss the program and its direction.

Three main facets of the program have remained intact and serve as a framework since the beginning of the program —

1. military liaison
2. community outreach
3. orientation within the school

With these three directions, routine is difficult to establish! The mornings are set aside for J.O.P. work, although due to the nature of the program, my door is always open. Flexibility is a key to the success of the program! The needs of students, staff and community members vary from day to day, and from one time of day to another, so the program

must be available at any time. I find the program extremely interesting and I truly enjoy working with all concerned.

The J.O.P. program allows for supplemental counselling time over and above the divisional assigned counselling schedule. Thus, several extra programs can be offered. Newcomer's Clubs, Self-Esteem building groups and parent workshops are only a few of the extras provided by the J.O.P. funding.

A special program that is dear to my heart is the Jameswood Women's Friendship Centre, which began in November, 1987 when many husbands were posted in Cyprus for 3-6 months. J.W.F.C. serves as a support network for all women in the community, and most especially for those who frequently find themselves in the role of single parent. Over the past four years, many lasting friendships and memories have been made.

The real value of the Jameswood Orientation Program is truly unmeasurable. The original aim was to meet the adaptation needs of our incoming and outbound kids and their families. However, each new year has brought with it new

needs, and the focus of the program has therefore been an ever-changing one. As teacher of this unique program, I have the best of two worlds — continual contact with the Jameswood school

students, as well as the parents and members of the community — I have a job that is never dull or mundane.

By Lorraine Laroche.

Jameswood's 1991 - 92 school year is now well underway. Staff and students have readjusted to school routines and expectations with ease, and academic programs have once more been implemented. Co-curricular activities have begun, and a fund-raising Walk-a-thon has been successfully completed.

One unique aspect of Jameswood School is its specially designed educational program, known as the Jameswood Orientation Program, (J.C.P.). This provincially funded Inner City Initiatives Program provides for the assignment of an extra half-time staff member. The program was originally applied for in 1986, by Nick Yacheson, who was then Jameswood's principal. The program received its starting date approval of January, 1987, and the initial six months of the compensatorily funded program was a time for program planning and needs assessment.

In August, 1987, it became my duty to begin the implementa-



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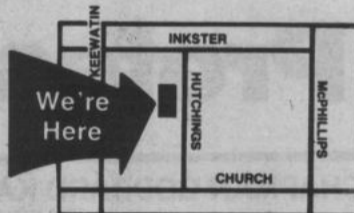
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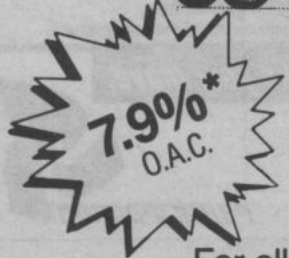
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# BAMEO Promotion



Sgt Dan Lizotte of BAMEO/Workshops is seen here receiving his promotion to WO from the BAMEO, Maj D.J. Davies. Dan's commitment to hard work and quality has earned him the right to wear this rank. Congratulations Dan.

"Stress Management" is a term not too well known in the BOR, until now! The Asst BP Adm O (Capt Quick) has decreed that we shall all practice Stress Management. He has already implemented a few of his ideas, the first being a "Open Discussion" meeting (alias "Stitch and B—" meeting), which was held 23 Aug. 91 (restricted use of profanity was his second idea — more on this later). As anyone in the military might have already guessed the scenario usually goes like this — all of the sheep ('oops'), I mean clerks gather around in a semi-circle with the good Capt, the Chief and WO in the center. Well, have you figured out what's coming next! Just when you think you've been here before (Deja-vu, eh! the 'eh' is for you John), 'SURPRISE',

'PRESTO', 'ALA-KAZAM' (have I missed any?), the "Open Discussion" meeting was actually just that, albeit a little shaky, but pretty good for the first one. Besides a constructive approach to these meetings, some of the other ideas were to restrict the use of profanity. Any BOR personnel using profanity would have to deposit \$.25 into the BOR Social Fund. You know, I don't understand why the Capt came up with this idea — none of us use profane language, right Teresa!

Of the two special events planned for this summer only the 'Annual Prairie P Adm/Adm Clk Golf Open' turned out to be a great success (which is more than I can say for my round of 18). Unfortunately due to the PSAC interruption our BOR Sports

Afternoon will have to wait until next year. Watch out 'Terminators', the 'Weeney's are waitin' for ya.

Not to be forgotten, we have five more souls aboard the BOR ship. WO (Iris) Karpenic from CFRC Vancouver on 19 Aug. 91, Sgt (Rose) Viens from BAMEO (long walk eh, Rose!), Sgt (Mike) Chadbourn from Bonn, Germany on 19 Aug. 91, MCpl (John) Murphy from Griffiths AB, USA on 15 July 91, and MCPL (Toby) Mangione from CDLS Washington on 22 July 91. Welcome aboard!

P.S. Rumor has it the BOR Staff will be attending a PDE ("Professional Development Evening") at "RUMOURS" night club - keep your ears open!!

by Cpl (Les) Brown

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# LTC Promotions



Maj S. Bryan congratulates Sgt T. Gingell on his recent promotion; le Maj S. Bryan félicite le Sgt T. Gingell de sa récente promotion.



Maj M. Eckley congratulates Sgt R. Lyver on his recent promotion; le Maj M. Eckley félicite le Sgt R. Lyver de sa récente promotion.

# Canada's New Defense Policy

It will be a smaller but more efficient and better equipped Canadian Armed Forces that sails, marches and flies into the 21st century.

This is one of the key messages of a major announcement on Canadian defence policy made in Ottawa on Sept. 17.

The number of regular Canadian Forces members will be trimmed, mainly through attrition, from 84,000 to 76,000 over the next three years. The full-time civilian workforce will also become smaller over the same period of time, from 33,000 to 32,000, again by virtue of the normal number of registrations and retirements naturally taking their toll. New equipment acquisitions are planned over a 15-year time span, from now into the next century. They include patrol corvettes and replacement submarines for the navy, and a new family of army vehicles.

The Honourable Marcel Masse, Minister of National Defence, announced the results of a review of Canada's defence policy, stressing that these changes are intended to produce a specific result.

"The (regular) armed forces will, it is true, be reduced in size, but they will be better equipped," said Mr. Masse. "That is infinitely preferable to a larger force that is poorly equipped."

### CF roles unchanged

With a more than 10,000-member increase in the number of naval, air and militia primary reservists (to 40,000 from 29,000) to complement the Regular Force, the roles of the CF will not change. The defence and sovereignty of the nation, plus civil (aid of the civil power and assistance to civil authorities) responsibilities remain the basic priorities. Collective defence arrangements through NATO

and NORAD will continue, as will the emphasis on international peace and security through stability and peacekeeping operations, arms control verification and humanitarian assistance.

### Canadian Forces Europe

Though Canadian Forces Bases Baden-Soellingen and Lahr will close in 1994 and 1995 respectively, a task force of 1,100 CF military personnel will remain in and be committed to the common defence of Europe. This battle group will be composed of a balanced combat arms team: two squadrons of tanks, two squadrons of mechanized infantry, and a battery of 155 howitzers. (its location in Europe has not yet been decided). A brigade and two squadrons of CF-18 aircraft, based in Canada and capable of intervening anywhere in the world, could also be placed at NATO's disposal in the event of a crisis or war in Europe.

### Base Closures

No further base reductions or closures in Canada, other than those mentioned in the 1989 federal budget, were announced in the policy review. A three-member *Advisory Group on Defence Infrastructure* will study the entire problem of adjustments to defence infrastructure and report its findings to the Minister of National Defence within six months. While working in the context of the new defence policy, the advisory group will not only calculate potential savings derived from closing or reducing defence installations, but will identify the social and economic effects such actions would have on individual communities across the country.

### The Navy

Maritime Command is the only element in the CF not to be reduced in size. The regular force component will stay at 10,000 with an increase of 500 primary reservists and 1,500 supplementary reserve members. A balanced surface, sub-surface and air fleet located equally on both east and west coasts is the challenge given the navy, with the mandate to exercise control over these Canadian waters.

Equipment over the next 15 years will include 16 frigates and destroyers (12 *Canadian patrol frigates* and four *Tribal Class destroyers*), the first four of six fast patrol corvettes, 12 coastal patrol vessels, one diving support vessel and three of six planned conventional submarines.

### The Army

The regular army will be reduced by 3,000, from 23,500 to 20,500 members. An additional

7,500 primary reservists and 3,000 supplementary reserves will swell the ranks of the Militia.

Mobile Command units will remain both flexible and mobile. The land forces of the future will be designed so that one battalion group can deploy as part of the Allied Command Europe Mobile Force (Land) to Norway and the NATO Composite Force. The army will also commit a task force/battle group of 1,100 soldiers to NATO and locate it in Europe.

The ability to mount contingency operations anywhere in the world, up to and including the brigade group level, is yet another assignment. Domestically, the army will maintain enough forces for aid of civil power. Internationally, FMC will uphold its ability to mount UN peacekeeping or stability operations, and arms control verification.

### The Air Force

Although Air Command's manning level will drop by 3,000 regular force members, from 21,500 to 18,500, the air force will experience little change. With the development of a Total Force air force by increased integration of reservists into air units, Air Command will continue to carry out its many duties. The top priority: continued surveillance and control over Canadian airspace.

Maritime patrols in general will be maintained but an increase in coastal patrols and enforcement and capability have been called for in the defence review. Another skill the policy has directed the air force to hone is air-to-air refuelling, so vital to the two CF-18 squadrons earmarked for deployment and contingency operations anywhere in the world.

Aircrews and aircraft will continue to work with the navy and army, providing tactical fighter support and tactical and strategic transport support. Adequate global and domestic airlift capability will be maintained while support to other government departments will increase. An improved ability to carry out arms control verification is also called for.

Over the next 15 years, the air force will continue its part in the *North American Air Defence Modernization* project; will be equipped with four operational and two training squadrons of CF-18 fighter aircraft; approximately 134 helicopters for maritimes, transport and search and rescue roles; 18 long-range patrol aircraft and three Arctic and maritime surveillance aircraft, as well as 32 *Hercules* transport aircraft.

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**Happy Thanksgiving**



# 402 Squadron Reports...

by Capt. Dean Krall

As the Squadron Public Affairs Officer it is my duty to keep the public informed about 402 Squadron. Telling the 402 Squadron story is a little hard for me. I am so new to the reserves and to 402 Squadron that I do not really know what is happening just yet. However there does seem to be a lot going on.

I also write the squadron history. I look through old photos and read narratives about the squadron in the "good old days". I learn about the Squadron of yesterday. By occasional encounter with current squadron people I also learn about the 402 of today. An interesting comparison exists between the then and now.

During the last ten years 402 Squadron has changed its face. From what used to be a parade night reserve affair 402 Squadron has become a multifaceted 24 and 7 operation. Primarily involved in operations restricted to reserve activities, the Squadron was generally open a day and a half a week. Now it is always ready and actively involved in a variety of operational and training roles.

However, in the process of change, 402 Squadron did not lose any of the advantage it had by being a parade night affair. True to the flexible nature of the reserves 402 Squadron remains open during the normal parade days allowing the traditional reservist the continued opportunity to contribute. On any Tuesday night or Sunday enrolment, medical, training, administrative, and financial sections come alive with people. These people are the backbone of 402 Squadron.

There is another face of 402 Squadron. To many of its people the term "scheduled parade days" holds no meaning. They are an interesting breed who do what they must when they must in order to do the job. They are a mixture of regular and reserve. Some are part time. Some work full time. They fly Dash 8's in transport roles or in support of CFANS. As a technical training unit they train Dash 8 maintenance crews. As trained technicians they work directly on shift with BAMEO. They are flight stewards attending to Dash 8 passengers where ever and when ever. They are all 402 Squadron.

402 has changed a great deal in the last 10 years. It is now an integrated reserve and regular force squadron. In fact today, as the squadron enters its sixtieth year of operations, very little distinction exists between the reserve and the regular person at 402.



402 Squadron Flight School Stewart MCpl Dave Wilson and the DCDS Vice Admiral George discuss Reserve Squadron life while LCol Patrick, CO402 Sqn. looks on. The DCDS visited 402 Squadron on 9 Sept 91 to examine the workings of Total Force.



On 29 June 91 402 Sqn drew the names of the lucky winners of the 402 Sqn Raffle. Shown is LCol R.W. Patrick, CO402 Sqn, presenting the 1st Prize of \$500.00 to Cpl Dan Marche of BAMEO. Other prize winners were Cpl Brian St. Croix, Mr. Neil McTavish, and Mr. Garth Sackrison.

"441 Tactical Fighter Squadron is pleased to announce their 50th Anniversary Reunion on the weekend of 26-28 June 1992 at CFB Cold Lake, AB. All former members and spouses are invited to attend. Please contact the Sqn. Chief Warrant Officer at:"

Sqn. Chief Warrant Officer  
441 TFS  
Medley, AB.  
TOA 2MO  
or call (403) 594-7908

## Attention All Eagles

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50th Anniversary  
15-18 May 1992**

*From the shores of Scotland  
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423 Squadron has enjoyed  
50 years of operational excellence.  
All former 423 Eagle members  
are cordially invited to attend our reunion.*

For more information or to advise of your intention to attend contact:

**Major Dave Martin**  
AVN 479-1425 or (902) 466-1425

or write:

423 Squadron Reunion  
HS423 Squadron  
CFB Shearwater, Nova Scotia  
BOJ 3A0

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Sun. Evening 8:00 P.M.

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Oct. 6	Mon. 7	Tue. 8	Wed. 9	Thu. 10	Fri. 11	Sat. 12	Sat. 12
<b>THELMA &amp; LOUISE</b>	CLOSED	CLOSED	CLOSED	<b>ROCKEETER</b>	<b>ROCKEETER</b>	CLOSED	<b>ROCKEETER</b>
Oct. 13	Mon. 14	Tue. 15	Wed. 16	Thu. 17	Fri. 18	Sat. 19	Sat. 19
<b>ROCKEETER</b>	CLOSED	CLOSED	CLOSED	<b>IT'S LIKE 'HOME ALONE' WITH BART SIMPSON.</b> <b>DUTCH</b>	<b>101 DALMATIANS</b>	<b>101 DALMATIANS</b>	<b>Dying Young</b>
Oct. 20	Mon. 21	Tue. 22	Wed. 23	Thu. 24	Fri. 25	Sat. 26	Sat. 26
<b>Dying Young</b>	<b>Dying Young</b>	CLOSED	CLOSED	<b>BOGUS</b>	<b>BOGUS</b>	CLOSED	<b>CITY SLICKERS</b>
Oct. 27	Mon. 28	Tue. 29	Wed. 30	Thu. 31			
<b>CITY SLICKERS</b>	<b>CITY SLICKERS</b>	CLOSED	CLOSED	<b>SCHWARZENEGGER</b> <b>TERMINATOR 2 JUDGMENT DAY</b>	<b>SCHWARZENEGGER</b> <b>TERMINATOR 2 JUDGMENT DAY</b>	<b>TERMINATOR 2 JUDGMENT DAY</b>	<b>TERMINATOR 2 JUDGMENT DAY</b>

SUBJECT TO UNAVOIDABLE CHANGE WITHOUT NOTIFICATION

# Wheels And Things - Base Tn

Welcome to the inaugural article from Base Transportation, which will hopefully become a monthly overview of BTn happenings.

First up is a fond farewell to outgoing B Tn O Major Yvan Lupien and his wife Jeannette. Maj Lupien is off to the University of Western Ontario in London, Ontario, to pursue his Masters of Business Administration Degree. All BTn personnel wish him the best of luck in his studies

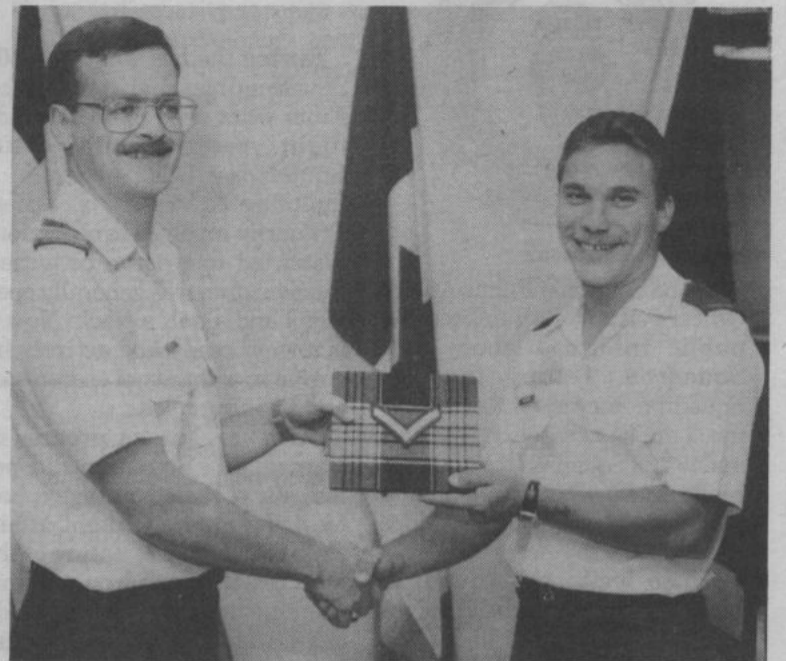
and success in all future endeavours.

With the departure of Maj Lupien, we welcome the incoming BTnO Major Gerry Senechal and his wife Dorothy. This is Maj Senechal's second time around in Winnipeg, 1988. Maj Senechal joins us from the career shop in Ottawa. Rumour has it there is a long interview list on his desk, from those eager to get an in at "the shop".

Congratulations are in order

for several unit members, in recognition of their recent promotions. Well done to MWO Leo Fraser, WO Geordie Harrison, WO Brian Stein, Sgt Roger Hewlett and MCpls Dan Andrews and Rick Munro. The beer was cold and the smiles plentiful at the promotion celebrations.

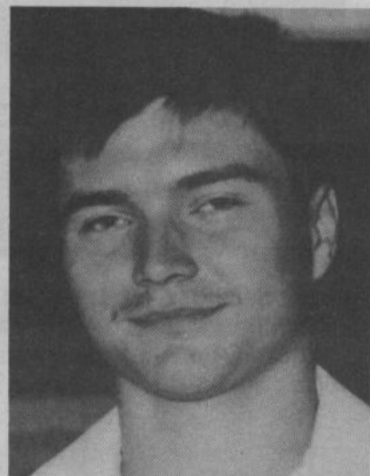
That's it for this month from the transportation world. Remember folks, keep the shiny side up and smile.



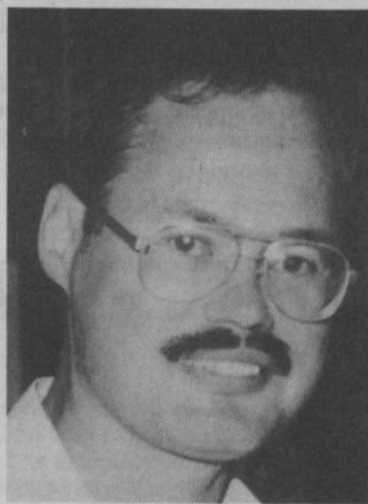
Pte Alain Mathieu, MSE Op, is presented his first hook by Major Senechal, BTNO



Cpl Mike Crotty, MSE Op, received his 935.05 Airfield Special Purpose Vehicle Operator's Certificate.



Pte Pepin of BAMEO/Workshops received his "first hook." Congratulations Glen on a job well done.



MCpl Stan Skinner of BAMEO/Refinishing receives his promotion to Sgt. Stan is posted to Trenton and we wish him and his family the best.



Pte Stéphane Carignan, MSE Op was presented his first hook.



## Strengthening Families

If you are a stepparent, you know how challenging and confusing stepfamily life can be.

Now there's Strengthening Stepfamilies, a training course to help you and your stepfamily reap the rich benefits stepfamily living can offer. Through readings, discussions, and at-home activities, you'll develop effective communication skills, learn how to resolve conflicts, recognize unrealistic expectations, and much more.

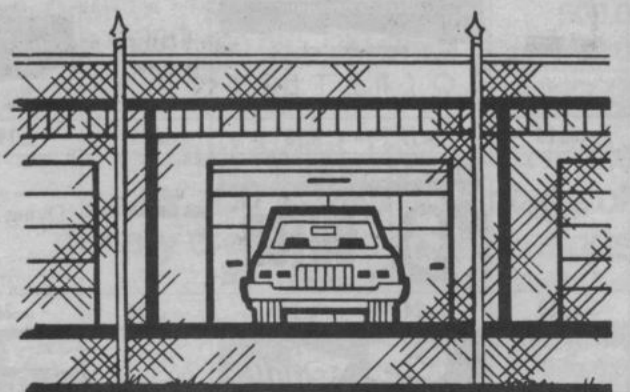
The Strengthening Stepfamilies program is being sponsored by the Regional Social Work Office and the Family Support Centre. The course will be run on

Tuesday nights from 29 Oct. to 26 Nov. 1991 (7:00 - 9:00 p.m.) at the North Side Family Support Centre, 54 Bourkewood Place.

Last year the course was a great success and a demand for more programming in this area was voiced. Therefore, the program will be run on the dates indicated above and another will be offered in April 1992. A course fee of \$32.00 will be charged to each family for program materials.

If you would like more information about participation, please call Lt. Paul Rosebush, Area Social Work Officer at 833-5479.

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## AIR COMMAND HQ PRESENTATION



The Commander of Air Command, Lieutenant-General D. Huddleston is presenting to WO Dave Tyrrel So Pers 3-2 the Commander's Commendation for outstanding support during the Gulf war. Congratulations Dave.

## What Must I Do For Eternal Life???

By Bernice Rice, Military Christian Fellowship

...For God so loved the world that He gave His only Son that whosoever believe in Him shall have eternal life.

John 3:16

And Jesus paid that price by dying on the cross for our sins and now all that remains for us to do is to ask and it shall be given, for we are saved by grace. We ask for the forgiveness of our sins, commit our lives to Him and ask Him to accept us and come into our lives...and He will...every time!!

Next, we must tell someone...for it is written that with our hearts we believe and

are justified, and with our mouths we confess and are saved (Romans 10:10 NIV).

Now that we are saved, must we do more? That question can be better put as a statement, "Because we are saved, we will want to learn by reading His Word, we will want to talk to Him in prayer and we will want to do more." By doing these things we can improve our walk with our Lord daily.

"But ah ha!" you say, "There is no goal, nothing to aim at. Every military undertaking has an objective." To put it another way, one might ask, "Now that we are

Christians, how must our lives be changed?" A lawyer asked Jesus that very question. He asked, "Teacher, what must I do to have eternal life?" In reply, Jesus asked him, "What is written in the law?" He answered, "Love the Lord your God with all your heart, with all your soul, with all your strength and with all your mind, and love your neighbour as yourself." Jesus replied, "You have answered correctly, do this and you will live." (Luke 10:25-28)

## Bayonets Make Provincial Finals

For all the members of the Bayonets Rugby Football Club, after a long and arduous struggle, a well deserved break is due. For the first year that the Club has been in the Manitoba Rugby Union the response has been exceptionally good, despite players being away due to postings, courses, and exercises.

The year was off to a good start with a second place finish in a Snow 7's tournament in Minnesota. If it were not for Major Steve Bryan's superb playing we would have finished first. The Sandbag tournament in Grand Forks only produced one win, which was a disappointment to everyone. Our first league game was against the Brandon Barbarians and was a test of our rugby — playing abilities. As it turned out we lost the game and we realized that we had a long way to go.

At our next sortie some team members spent a weekend camping in Kenora, participating in a Social 10's tournament. Although we did not win a game we did win the Broom Races and two team members (Vince and Guy) received honorable mentions for Skinny-dipping off Coney Island.

Our next game was in Dauphin. We were so short handed that we found it necessary to shanghai a couple of guys coming

out of the Mess Hall. Just ask Erin and "The Guy with the Strong Legs". We ended up playing one man short because someone thought we said "Kenora". I see how they could have gotten confused. Our last game before Summer Block Leave was against the WASPS, who play out of Maple Grove. This was one of our better games as we were leading by 9 points at the half. As the second half started we became over-confident and this caused us to lose the game.

Once Block Leave was finished we had a busy schedule ahead of us, playing 2 games in 3 days against the Rowdies of Sturgeon Creek which resulted in two losses. The S.N.A.F.U. tournament held at Maple Grove seemed to be our turning point. Although we won only one game in the tourney. Every league game afterwards was a victory for us. Wins against Brandon, Dauphin and the WASPS entitled us to the last playoff position.

Since winning the last place position in the playoffs, we had to play Brandon for the third time. We knew it would be a hard game since they had home field advantage. The first half of the game must have been our worst ever, having only scored 4 points to their 7. In the second half we

played like a real Rugby team — our-running, out-hitting, and out-playing the first place team. We won by a score of 18-10. This win against Brandon gave us a shot at the Finals which were held at Maple Grove on September 28th against the Rowdies.

We started off the day with a Mess Hall breakfast and get together for some Male-Bonding before the big game. Afterwards we all headed out to Maple Grove. The fan turnout was good and this helped to get us psyched-up for the battle ahead. The game was well played by everyone. In the first half we were all over them like a dirty shirt. In the second half we played more down in our end of the field than we did theirs. Even though we played well as a team, we lost by a score of 8-0.

The Bayonets had a lot of fun playing in the league this year and we all look forward to next season. But for now we are all going to spend some time mending our rugby-beaten bodies and trying to get into better shape so that next year we can take home The Cup.

By the way guys don't forget we will be getting together in February for an Exhibition Game for the Festival du Voyageur. Wear your long-johns.

We can love our neighbours in many different ways, but the greatest love that we can show is to want them to share in the greatest of all gifts, "eternal life" and this brings us to the Great Commission when Jesus said to His disciples, "Go into the world and make disciples of all nations." (Mathew 28:16)

Now you know why people say of the Christian that there is something different, something special, something that many say they want to have. It is no

secret what that something is, because as we accept God into our lives we also accept love, for the Bible tells us that God is Love (1 John 4:8).

The Great Commission for us MCFers is to win the men and women in uniform to Christ, for all angels in heaven will rejoice if we bring in a "full" harvest in just this one small but important area of ministry.

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# Thanksgiving for Tender Loving Care

Many mornings in September, I awoke before sunrise. There had been the radio warning the night before that there was the danger of frost. My tomato plants and flowers planted with tender loving care were in danger of being damaged by the frost.

As I tried to protect them, washing off the frost before the sunrays got to them, I thought of the passage of Scripture. St. Paul was writing to the young Christians at Ephesus when he prayed that they would,

"Be strengthened with might by His Spirit in the inner man; that Christ may dwell in your hearts by faith: that ye being rooted and grounded in love, may be able to comprehend with all saints, what is the breath, and length and depth and height; and to know the love of Christ which passeth knowledge, that ye might be filled with the fullness of God."  
(A.V. Ephesians 3:14)

In some ways, we are all like the plants; because in order to be able to live successful lives bearing good fruits that can be helpful to others, each one of us need to be cared for with the loving support and kind fellowship of family, relatives, friends and co-workers.

Like the plants needing water, air and sunlight, plus the added booster shots from extra plant food, so we as human beings — fully alive and strong mentally, physically and spiritually, need not only food and exercise for the body, and education and challenge for the mind, but also God's Spirit strengthening our inner selves. By so doing, we become rooted and grounded in

God's love and are able then to know, understand and share with others the love of Christ that surpasses all human knowledge.

Like the plants receiving the right amount of nourishment and a protective healthy environment in which to grow, so too the children in our midst. As I baptized two babies a few Sundays ago, I reflected on the need they and all children have for loving care and nurturing, so that "being rooted in love" and surrounded by kindness and care of parents, teachers and friends, they will with God's help and guidance develop into truly beautiful individuals reaching out with care and concern for others as they grow. For as the action song our Sunday School children learned says,

"Wide, wide as the ocean  
High as the heavens above  
Deep, deep as the deepest sea  
Is my Saviour's love.  
I though so unworthy still  
I'm a child of His care  
For His word teaches me  
That His love reaches me everywhere."

Not only is God's love with us everywhere, but I am reminded, through my last week's experience that "in life, in death, in life beyond death, God is with us," for, as Romans 8:38-39 says, "I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."

As I looked last week at the once beautiful and amazing "Angel Trumpet" potted plant with

its 38 blooms — frozen beyond recovery — I thought of all the happy memories I shall always have of this plant. Placed in the midst of all the other flowers, this angel trumpet plant had been buffeted by the heavy cold winds from the wide open spaces behind our houses near to the flight line. Somehow, that plant had remained strong and bounced back after all the attacks from the frost and rain storms and cold winds. Now at last it succumbed to the deadly frost with -3°C and had lost all its flowers and young blooms. Fortunately, the large, round seed pods with their thick outer covering seemed to have survived the frost so the hope of future life continues in these seed pods.

In a very strange way this plant reminded me of my mother and father both whom died at the peak of their career — just when their six daughters were all established in their professions and their business had prospered, more than they had ever dreamed it could have been. The last weekend I spent with my father, just before he died, was especially meaningful for me, when reflecting on his business and his daughters, my father said "Ven., I have been blessed." All I could say in reply was, "Yes dad, thank God, we have all been truly blessed."

The tender loving care we share, and the memories of our loved ones who have died, will always be with us as long as we have minds to think and remember. The seeds of good thoughts and morals they gave to us, their children, will remain and grow for years to come as we, their children, pass on their teachings and good seeds of the word of



Padre Guntley with her flowers. The result of tender loving care.

God to all whom we meet each day.

As the parting song in our chapel service says each Sunday,

"Thank you Lord on this day for our many good blessings

Thank you Lord on this day for our many close friendships

Glory to God, may you hear our prayer, Guide us on forever  
Thank you Lord, on this day, for our blessings and friendships"



## Happy Thanksgiving



From the  
Voxair Staff

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**South Side Community Council**  
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Date: November 3, 1991  
Place: Lipsett Hall  
Time: 10:00 am to 3:00 pm  
**Free Admission**  
Table Rental \$10.00 per table  
To reserve table(s) contact David Cherry at 489-6701 after 5:00 p.m.  
Deadline to reserve table(s) is October 27, 1991

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**OCTOBER FREEZER SPECIALS**

<p><b>#2</b></p> <p>15 lb Pork Chops 10 lb Pork Butt Steak 10 lb Pork Buttons 10 lb Pork Butt Roast 6 lb Pork Sausage 10 lb Pork Sweet &amp; Sour Ribs 5 lb Ground Pork</p> <p style="text-align: center;"><b>\$169.99</b></p>	<p><b>#4</b></p> <p>10 Veal Cordon Bleu 10 Chicken Swisse or Kiev 5 lb Boneless Chicken Breasts 5 lb Ribeye Steaks 5 lb New York Steaks 5 lb Beef Tenderloin Steaks 15 lb Lean Ground Beef</p> <p style="text-align: center;"><b>\$249.99</b></p>
<p><b>#3</b></p> <p>10 lb Beef Blade Roast 10 lb Pork Chops 10 lb Pork Butt Roasts 10 lb Beef Sausage 5 lb Wieners 10 lb Whole cut-up Chicken 5 lb Sliced Bacon 15 lb Medium Ground Beef</p> <p style="text-align: center;"><b>\$189.99</b></p>	<p><b>#5</b></p> <p>10 lb Ribeye Steaks 5 lb Pork Tenderloin 10 lb Baby Pork Back Ribs 5 lb Beef Tenderloin 10 lb Lean Ground Beef 10 lb New York Steaks</p> <p style="text-align: center;"><b>\$289.99</b></p>
<p style="text-align: center;"><b>"WE OFFER"</b></p> <ul style="list-style-type: none"> <li>• Excellent prices</li> <li>• Friendly, helpful service</li> <li>• Specialized custom cutting</li> <li>• Vacuum packaging</li> <li>• Well-aged Manitoba beef</li> <li>• Swifts dell products</li> <li>• Manitoba lamb</li> <li>• Winkler's farmer's sausage</li> <li>• Dunnrite chicken</li> <li>• Schneiders products</li> <li>• Canada Packers products</li> </ul>	<p><b>#6</b></p> <p>15 lb Pork Chops 5 lb Ribeye Steaks 10 lb Sirloin Steaks 10 lb Sirloin Tip Roasts 10 lb Lean Ground Beef 15 lb Sweet &amp; Sour Ribs 10 lb Chicken Legs</p> <p style="text-align: center;"><b>\$289.99</b></p>

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PORK SPARE RIBS	\$1.39 lb.
BACON	\$2.49 lb.
ALL BEEF WIENERS	\$1.99 lb.
VEAL CORDON BLEU	\$1.39 each
CHICKEN KIEV	\$2.89 each
COOKED HAM	\$2.49 lb

Hours of Business  
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Sat. 8:00 a.m. - 5:00 p.m.  
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# October 91 Calendar

## Mini Franco-Fun

Fridays: Northsite — 34  
Bourkewood Place — ph.  
889-3041

Hours: 9:30 — 11:30 a.m.

A chance for small children to learn social skills while speaking French.

## Halloween Party

Saturday October 26 — 34  
Bourkewood Place — ph.  
889-3041

Hours: 1:00 - 4:00 p.m.

Ghosts and goblins (and a few Ninja Turtles too!) A costume party for kids of all ages. Games, bobbing for apples, contests, pinata, and snacks. The bus leaves Lipsett Hall at 12:45 p.m. for 34 Bourkewood Place and returns to Lipsett Hall at 4:00 p.m.

All children's programs on the northsite will now be held at 34 Bourkewood Place.

## ADULT PROGRAMS

### Craft Club

Wednesdays: Northsite — 54  
Bourkewood Place — ph.  
837-8443

Hours: 7:30 — 10:30 p.m.

An evening of socializing and craft making. Bring your own project to work on. Eventually lessons and group projects will be undertaken.

### Strengthening Step Families

Tuesday October 29 —  
Novem ber 26 (5 week course)  
Hours: 7:00 — 9:30 p.m.

If you are a stepparent, you know how challenging and confusing stepfamily life can be. This is a new training course to help you and your stepfamily reap the rich benefits stepfamily living can offer. Through readings, discussions and at home activities, you'll develop effective communications skills, learn how to resolve conflicts, recognize unrealistic expectations, and much more. Call Paul Rosebush at 833-5479.

## Thrift Shop

Southsite — 1822 Corydon  
Avenue — ph. 488-4161

Hours:

Wednesday 1:00 — 3:00 p.m.  
Thursdays 6:30 — 8:30 p.m.  
Fridays 9:30 — 11:30 a.m.

You can bring your articles to be sold on 10% consignment. Volunteers are still needed. Please call Diane at 837-8443.

## UP COMING EVENTS

### Craft Sale

Sunday December 8 — Northsite  
— Club 90 (formally Herc Bar)  
Hours: 11:00 a.m. — 4:00 p.m.

Book now for the Craft Sale to be held at Club 90. Table rentals \$10 (cash). Call Diane at 837-8443 to book your table now!

- The Southsite is closed until further notice due to a gas leak. Please feel free to attend programs on the Northsite. Transportation can be provided by calling Diane at 837-8443.

- The Family Support Centre is currently completing a Children's Activity book of games, crafts, birthday ideas, and recipies. Children's drawings are greatly appreciated and all received will be printed in the book. Please drop off all drawings to the Family Support Centre.

Family Support Centre  
Northsite

- Ph. 837-8443
- Administrative Offices  
— 54 Bourkewood Place
- Family Support Centre Southsite  
— 488-4161

- Thrift Shop  
— 1822 Corydon Avenue
- Family Support Children's  
Centre — 889-3041
- 34 Bourkewood Place

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# CONGRATULATIONS



Maj G.G. Douglass presents MWO Joe Barker with his new rank. MWO Barker is a new addition to the DCOS TIS organization and was previously employed with management consulting services. Welcome aboard MWO!



50<sup>th</sup>  
CMU / 1 CEU  
ANNIVERSARY  
22-24 MAY 1992  
WINNIPEG, MANITOBA



1992 will mark the 50th Anniversary of the formation of the Construction and Maintenance Units and their successor 1 Construction Engineering Unit. To commemorate this event a weekend of celebration will take place in Winnipeg, Manitoba between 22 and 24 May 1992.

The celebrations will commence with a meet and greet on Friday evening. A golf tournament and tours of the city will be organized for Saturday. A dinner and dance will be held on Saturday evening. The festivities will conclude with a brunch on Sunday.

In order to help us plan this memorable event, you are requested to send us your name and address or simply call (204) 833-6808. A formal invitation will be forwarded to you at a later date. Please spread the word to all the ex-members that you know and send along their names and addresses with your return.

Hope to see you in May 1992!

SEND ALL CORRESPONDANCE TO:  
50th ANNIVERSARY CELEBRATIONS  
1 CONSTRUCTION ENGINEERING UNIT  
CFB WINNIPEG  
WESTWIN, MANITOBA  
R3J 0T0

## CHILDREN'S PROGRAMS

Little People's Playtime  
Mondays: Northsite — 34  
Bourkewood Place — ph.  
889-3041

Wednesdays: Southsite — 1822  
Corydon Avenue — ph.  
488-4161

Hours: 9:30 — 11:30 a.m.

This program enhances self-reliance, self esteem and sharing abilities. The cost of this program is \$1.50 per child/\$3 per family. Crafts, games, stories, etc. Snacks provided. Please contact Diane at 837-8443. On Mondays at the Northsite parents enjoy coffee at 54 Bourkewood Pl. or remain with children at the Children's Centre. On Wednesdays, parents remain at 1822 Corydon Ave. for their coffee.

## Mom's Day Off

Tuesdays: Northsite — 34  
Bourkewood Place — ph.  
889-3041

Fridays: Southsite — 1822  
Corydon Avenue —  
ph. 488-4161

Hours: 10:00 a.m. — 4:00 p.m.

Parents have a day free, while children engage in activities, crafts, and games. Children must bring lunch and snack. The cost of this program is \$5 for full day/\$2.50 for half day. Please contact Diane at 837-8443.

## It's A Small World

Wednesdays: Northsite — 34  
Bourkewood Place — ph.  
889-3051

Fridays: Southsite — 1822  
Corydon Avenue —  
ph. 488-4161

Hours: 1:00 - 3:00 p.m.

Drop in for parents with children age two and under. Come and meet the babies in the neighborhood! Older children also welcome. Call Diane at 837-8443.



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### Babysitters

**Babysitting** — Mother of three will babysit child over two years old in my home (Moorgate St.) Non-smoking environment. Call Suzanne — 889-5560.

**Babysitting** — Mother of two will babysit in my own home weekdays only. Prefer one year old or older. References and receipts given on request. Ph: 831-5606.

**Babysitting** — Experienced mother of two will watch your child in my own home — receipts and references available. St. James area — call for more info at 837-9237.

**Babysitting** — I will babysit in my home from Monday to Friday. Ph. 889-7947.



### Vehicles For Sale

**Auto for Sale** — CHEVY BLAZER S10 — 1988, 40,000 km, 4 wheel drive, excellent condition. Price \$12,500.00. Ph: Neil w: 833-5427 or h: 489-1702.

**FOR SALE** — Motor Home - 1980 GMC Edson-Safari 19' 350 motor, 40,000 mi. Exc. cond. complete w/ fridge, stove, toilet facilities, 3 way hook-up, gas, electricity, battery. Asking \$19,500. Ph.: Peter Kohut — RCMP 983-7381 (W) 334-7274 (H).

**For Sale** — 1987 NISSAN PULSAR NXSE 16 valve, 5 speed, T-roof, removable rear hatchback, excellent condition. Must be seen. Asking \$9,000.00 O.B.O. Ph: 897-0342 or 833-6659.



### Misc. For Sale

**For Sale** — Two SOFAS, 2 CHAIRS, 2-21" color TV's, Queen size BOOKCASE WATERBED, metal DESK, STEREO, BABY CAR SEAT, RECORDS. Ph. 885-3228 after 1 p.m.

**For Sale** — Boys size one SKATES \$20.00, Girls size 13 SKATES \$15.00, Girls size 2 SKATES \$20.00. All in excellent condition. Ph. 789-6029.

**For Sale** — INFLATABLE BOAT, 6 person capacity with foot operated bellows, less than 1 year old. Asking \$300.00. Ph: 833-8357 or 885-1435 (after 6:00 p.m.).

**For Sale** — Sender GUITAR with STAND, electronic TUNER and GUITAR BOOKS. \$100.00 — excellent condition. Ph: 833-6357 or 885-1435 (after 6:00 p.m.).

**For Sale** — BABY ITEMS for sale, CRIB, MATTRESS, CHANGE TABLE, CAR SEAT and HIGH CHAIR, all for \$200.00 or can be sold separately. Ph. 489-8347.

**For Sale** — One VACUUM CLEANER — Majestic Filter Queen, all accessories included. One year old \$1500. Ph: 489-3064.

**For Sale** — ADMIRAL WASHER and DRYER SET, white, in good working condition, certified. Asking \$350.00. Ph. 488-1539.

**For Sale** — AM/FM CAR RECEIVER with CASSETTE DECK, 6" x 9" — 3-way speaker. Won in contest — Brand new — \$250.00. Ph. 489-1062.

**For Sale** — One grey COUCH — 3 yrs. old. Asking \$250.00. Ph: 489-1406.

**For Sale** — Green CANEX PARKA with hood, size 36, excellent condition — \$15.00. Ph: 488-9073.

**For Sale** — YAMAHA FLUTE, used only one year, ideal for school band. \$375.00. Ph: 633-3406.

**For Sale** — One complete set of 1991 ENCYCLOPEDIA BRITANNICA. Brand new, still in the box. \$1100.00. Ph: 633-3406.

**For Sale** — 3 piece WALL UNIT ENTERTAINMENT CENTER. Contemporary style in light wood finish. Asking \$450.00 O.B.O. Ph: 888-8469.

**For Sale** — BABY CHANGE TABLE \$20.00. Two CAR SEATS \$10.00 and \$5.00. Plus BABY SWEATERS and other miscellaneous baby items. Ph: 831-5606.

### SILVER HEIGHTS COMMUNITY CENTRE

Hockey and ringette registration have already been held. For hockey info, call Al at 832-5554. A pair of child's glasses were left at the club. Please call 832-0116. Hall rentals are available for the fall season. Phone Dan at 885-3359 for rental information.

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If you want more info on fire protection or you want to visit your MQ, please call us at **833-5501 or 833-5586**.  
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