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17 Wing members view a Brazilian Air Force Airbus C-295 on the flight line on July 25 during an Airbus sponsored cross-Canada tour. The C-295 will replace the CC-130 Hercules and the CC-115 Buffalo for fixed wing search and rescue in Canada. For more information about the visit please see page 2. Photo: Bill McLeod, Voxair Manager.

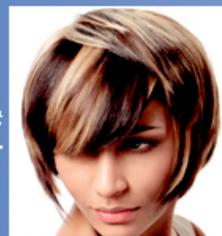
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435 Sqn SAR Techs Jump Into Northern Crash



A float plane capsized on Dubawnt Lake with a pilot and one other person on board. The aircraft was successfully located by a crew from 435 Sqn and SAR Techs jumped into the site to provide survival assistance to the men. Photo: Sgt Darcy Keating, 435 Sqn

by Bill McLeod, Voxair Manager

"It was a textbook mission," said Warrant Officer Joel Manaigre, a Search and Rescue Technician (SAR Tech) with 435 (Transport and Rescue) Squadron, flying out of 17 Wing Winnipeg. On July 19, he and Sergeant Darcy Keating parachuted into an aircraft crash site at Dubawnt Lake, Nunavut.

Dubawnt Lake is located about 320 kms north of the junction of the point where Manitoba, Saskatchewan, and Nunavut come together and is about 639 kms east of Yellowknife, NWT. An Environment and Natural Resources aircraft was attempting to take off from the lake

when it flipped over.

Major Jesse McGrath, the Aircraft Commander of RSCU 339, the 435 Sqn CC-130 Hercules dispatched by the Joint Rescue Coordination Centre (JRCC) at Trenton, said there wasn't really a search portion of the rescue.

"We were given their last known position," he said. "They were using Iridium satellite based tracking. They were just getting the SAR doors in (clear Plexiglas doors that make it easier to see out of the aircraft in the back) when someone, I think the nav, said 'Hey, there's pontoons at 12 o'clock'."

"When we saw the pontoons upside down we automatically knew that people were in distress," said WO Manaigre. "They were in Arctic waters with 25 knot winds and out in the ele-

ments for about 15 hours at that time."

Maj McGrath said that according to the aircraft computer winds were around 25 knots at 2000 feet but 18 knots closer to the ground. WO Manaigre called the winds "sporty."

Sgt Darcy Keating did the initial medical assessment once the SAR Techs landed.

"They were cold and wet so we treated them with active rewarming, shelter and hot food," said Sgt Keating. "There were no physical injuries per se."

WO Manaigre credits the calmness and prepared-

ness of the Environment and Natural Resources pilot for the condition of both men when the SAR Techs arrived on the scene.

"The pilot was a survivalist," said WO Manaigre. "The average person would not have done as well-but even the strong need help sometimes."

Manaigre added that when the aircraft flipped over and went underwater the pilot calmly explained to the other person in the aircraft step by step what was going to happen and how they were going to get out. After they were out, the pilot stuck his leg in the cockpit and swished it around and two jerry cans of fuel and a survival bucket popped up.

"If it hadn't been for him the result may not have been as positive," said Manaigre.

"It was rain showers and 25 knot winds," said Sgt Keating. "The fact that they were still alive to talk to us is a testament to what they did."

"But they did need help," added Manaigre. "Without a doubt. Things could have gone bad really quickly. The winds were picking up and gusting to 30 knots. It bent the poles on our tent."

WO Manaigre and Sgt Keating were also impressed with the performance of JRCC and 435 Ops and their recovery plan. An Acasta Heliflight helicopter ferried their equipment and they evacuated on a Summit Air Twin Otter where they were picked up by another Hercules from Winnipeg flown by Maj Dom Paquette.

"We left here at one in the morning and we were back at nine at night," said Sgt Keating.

"It was a good day," said WO Manaigre.

"We had a fantastic aircrew," said WO Manaigre. "Everything went perfectly. It was one of the smoothest operations I have ever been in because of our aircrew and because of Sgt Keating, who I was very comfortable jumping into that environment with."

The crew of RSCU 339 that day were Maj McGrath, Captain Strachan, Capt Huntley, Sgt Jackson, Master Corporal Moss, WO Manaigre, and Sgt Keating.

Winnipeg gets Preview of New SAR Bird

by Bill McLeod, Voxair Manager

Defence Team members in Winnipeg had an opportunity to take a close look at the new Airbus C-295 on July 25 when it was on static display on the flight line at 17 Wing Winnipeg.

The aircraft, used by the Brazilian Air Force as the C-105 Amazonas, was on a tour of RCAF Wings with primary search and rescue squadrons. According to an Airbus representative, the aircraft has been on a global tour for the last 30 days since leaving Spain.

Representatives from the Federal and Provincial governments were on hand to see the aircraft and included: Kevin Lamoureux, Member of Parliament (MP) for Winnipeg North; Dr Doug Eyolfson, MP for Charleswood-St James-Assiniboia-Headingley; and Jon Reyes, Member of the Legislative Assembly for St Norbert and Military Envoy for the Manitoba government. Both Kevin Lamoureux and Jon Reyes have military experience.

"We have assembled here from across the country and across the Americas to catch a glimpse of the future," said Dr Eyolfson. "The future of Canada's search and rescue capabilities. That future is very bright indeed."

"We are honoured today to receive a special visit from our friends and allies in the Brazilian Air Force," Eyolfson added. "In a spirit of cooperation we have the unique privilege of climbing aboard their brand new C-295 fixed wing search and rescue aircraft fresh off the Airbus Defence and Space assembly line."

Kevin Lamoureux spoke about the no fail mission of search and rescue and the difficult conditions that Canada presented for search and rescue professionals before talking about the new capabilities of the C-295.

"You will be able to locate persons or objects, such as downed aircraft, from over 40 km away even in low light or bad weather," he said. "You will be able to track up to 2000 objects at the same time. On the Wing the twin engine design offers advantages in-

cluding lower fuel consumption, reduced operating costs, fewer emissions, and more maneuverability-essential for search and rescue in things such as our mountains."

"I am excited to share that production of the new C-295 began last month with our first delivery expected in late 2019," Lamoureux added.

"The new fixed wing search and rescue fleet will expand our capabilities in many ways," he said. "Aircraft reliability and availability will, in fact, increase. On scene search time will be greatly reduced and overall mission effectiveness will be strengthened. This is great news for our search and rescue aircrews, great news for air force, and great news for the Canadian taxpayer."

Following the speeches of the government representatives and Pablo Molina, Airbus Defense and Space, Winnipeg military members lined up to take a quick tour of the C-295 and view the latest technology and innovations in search and rescue technology.

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On Tuesday, 25 July 2017, a Brazilian Air Force version of an Airbus C-295 aircraft landed at 17 Wing Winnipeg to demonstrate the future fixed wing search and rescue aircraft (FWSAR) for the RCAF. Photo: Sgt Daren Kraus

LCol Rosenlund Says Goodbye Grizzlies



An emotional LCol Rosenlund receives a departure gift from CWO Robert Sullivan (left) and Maj Jamie Brennan (right). Photo: Becky Major

by Cpl Becky Major, 402 Sqn

It is often said that handing over command of a squadron or a unit is like letting go of a child. A commanding officer (CO) will spend years investing themselves into the well-being and success of their unit, only to be forced to pass it on to someone else. The importance of this difficult transition was underlined in an emotional change of command ceremony for 402 Sqn on July 20th, 2017. After 2 years with the squadron, LCol Kyle Rosenlund said goodbye to his Grizzlies and passed the unit onto LCol John Schwindt.

This is not the first time LCol Rosenlund and Schwindt have crossed paths. They are both Air Combat Systems Operators (ACSO) and they first met in 1995 at 423 Squadron in Shearwater, Nova Scotia where they flew the CH-124 Sea King. They encountered one another again years later in 2013 when LCol Rosenlund passed off command of the Helicopter Operational Test and Evaluation Facility (HOTEF) to LCol Schwindt. The fact that LCol Rosenlund had already passed command to LCol Schwindt in the past made this specific transition a little bit easier knowing his Grizzlies would be in good hands.

The ceremony was an emotional day for both the incoming and outgoing COs, a fact that was reflected in

all the speeches. Padre Lesley Fox began with a beautiful benediction thanking LCol Rosenlund for his hard work. "I will always have the deepest admiration for LCol Rosenlund's prompt decisions, his quiet endurance, and his unflinching integrity in the shifting sands of 402 members' lives," she said. He thanked the members of 402 Sqn for all their hard work and dedication, saying he would always look back fondly on his time at 402 Sqn. LCol Schwindt offered inspirational words as he prepared to take command of the squadron and recognized the support his family had provided in helping him get to this point.

The squadron looked sharp on parade after days of preparation and practice. Providing music for the ceremony was the Winnipeg Rifles Reserve Band with some help from members of HMCS Chipewewa. The band added some humour to the ceremony when they played the Imperial March from Star Wars as Col Andrew Cook, reviewing officer for the ceremony, was inspecting the squadron. The highlight of the parade was a flypast of the unit's own Dash-8 aircraft at the conclusion of the national anthem. At the end of the ceremony, as LCol Rosenlund and his family approached the staff car that would drive him away from his unit, the outgoing CO was stopped at the trunk of the car. The back was opened to reveal a child's bike



Outgoing CO LCol Kyle Rosenlund departs the 402 Sqn change of command parade on a bicycle compliments of the squadron. Photo: Cpl Becky Major, 402 Sqn

decked out with a purple basket and handlebar streamers. With a final salute to his love of cycling, LCol Rosenlund donned the colourful helmet and cycled off to his next adventure.

Sports Trivia

The Open Championship

by Stephen Stone and Tom Thomson

The Open Championship in golf also known as The Open or as Americans who don't know any better, call it, the British Open.

1. When and where was the first Open Championship held?
2. How big was the field?
3. Who won?
4. How many holes was the first Open?
5. What was the prize?
6. What happened to the Challenge Belt?
7. Who won the tournament in 1871?
8. What prize was instituted in 1872?
9. Who organizes the Open Championship?
10. Who was the first non-Scot to win the Open?
11. Who was the most recent amateur to win the Open?
12. Who was the first golfer from the European Continent to win the Open?
13. Who was the first U.S.-based golfer to win the Open?
14. Who was the first U.S.-born golfer to win the Open?
15. Who has won the greatest number of Open Championships?
16. Who was the oldest winner of the Open?
17. Who holds the record for most runner-up finishes and the record for most rounds under par?
18. Who holds the record for the lowest 72-hole score?
19. Who is the most recent Open winner?
20. Who holds the record for the lowest 18-hole round?

Sports Trivia Answers on page 14

decked out with a purple basket and handlebar streamers. With a final salute to his love of cycling, LCol Rosenlund donned the colourful helmet and cycled off to his next adventure.

Year-Long French Course Finishes at 17 Wing Language Training Centre



The year-long French course recently finished at the 17 Wing Language Training Centre. Successful students and staff posed for a photo at the end of the course. Left to right: Marc Dureault, Abdoulaye Koné, Lori Wheeler, Michèle Divorne, Mikel Coté, WO/adju Christopher Chisholm, Sgt/sgt James Foster, MWO/adjum Randy Reisch, MWO/adjum Darrell Bédard, Maj/maj Paula Thorne, Jean-Pierre Coté and Johanne Frawley. Photo: Supplied

by Johanne Frawley, 17 Wing Official Languages Coordinator

The 17 Wing Language Training Centre (LTC) would like to congratulate all the students who were successful in their second language training, in particular its year-long course participants. Mrs. Lori Wheeler and MWO Darrell Bédard met the objectives of the French level C course. At the Intermediate level, MWO Randy Reisch, WO Chris Chisholm, Sgt James Foster and Sgt Brian Alex have also established a new language profile.

This year, the LTC has increased its course offerings, in English and French as a second language part-time courses and students attending those fared very well. As a result, a good number of candidates have achieved their Level A, B or C in their second-language profiles. The LTC team of dynamic, knowledgeable and dedicated teachers has been instrumental in guiding and coaching the students in achieving the desired outcomes.

We congratulate all of you for your efforts during the 2016-17 school year.

Le centre de formation linguistique souhaite féliciter tous les apprenants qui ont réussi leur formation en langue seconde, notamment les étudiants des cours continus. Mme Lori Wheeler ainsi que l'Adjum Darrell Bédard ont atteint l'objectif du cours de niveau C. Au niveau de la formation du niveau B, l'Adjum Randy Reisch, l'Adj Chris Chisholm, le Sgt James Foster et le Sgt Brian Alex ont également été en mesure d'établir un nouveau profil linguistique.

En ce qui concerne les cours à temps partiel, les étudiants se sont également très bien démarqués. En 2016-17, nous avons offert un nombre record de cours intermédiaires et avancés et nous sommes fiers du succès des candidats qui ont été en mesure d'obtenir le niveau A, B ou C.

Ce succès est dû en grande part à l'encouragement et au dévouement du personnel du Centre de formation linguistique. Nous vous remercions pour votre appui et engagement pendant cette période.



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CFSMet Graduates Jr Forecaster and Met Inspection Courses



LCol J. Callacott (CO 2 AES) (left) presents Sgt K. Parks with the CFS Met Certificate of Achievement awarded for the Met Inspection Course 1701 on 29th May 2017 for the highest academic mark of the course. Photo: Cpl Paul Shapka

by MCpl Morales, 17 Wing Imaging

The Canadian Forces School of Meteorology (CFS Met) has been a busy place with two recent course graduations. On the 29th of May 2017, six students graduated from the Met Inspection Course 1701 and on June 22nd 2017; eleven students graduated from the Junior Meteorological Forecaster Course 1701.

The aim of the Junior Forecaster course is to employ Met Techs in provision of meteorological support to operations in all three elements. These Junior Meteorological Forecasters must be able to provide commanders and operational personnel with weather information in the form of forecasts and/or advice on meteorological matters.

The goal of the Meteorological Inspection course is to qualify senior meteorological personnel to perform quality control functions for various meteorological pro-



Captain of the HMCS Calgary, Cmdr Blair Saltel (Left) and CFSMET Cmdt, Maj Stephane Thiverge (Right), present Cpl Christian Couture, a Certificate of Merit during the CFSMET 1701 Graduation, on June 22, 2017 at 17 Wing. Photo: Cpl Darryl Hepner, 17 Wing Imaging

grams in the CAF. These Meteorological Inspectors will be responsible for conducting regular inspections; coordinating siting, service and repair of specialized equipment, and reporting on program deficiencies to the various chains of command.

These courses are designed to ensure the integrity of the weather observing, briefing, and forecasting programs supporting a variety of operations; including those at Wings, Tactical Helicopter squadrons, aboard Her Majesty's Canadian Ships, and within field artillery units.



CFS Met graduates of the Met Inspection Course 1701. Front Row (L-R): WO C.M. Linteau (CI), MWO B. Dennis (Instr), LCol J. Callacott (CO 2 AES), Maj S.J.P. Thivierge (Cmdt CFS Met), CWO M.P. Taylor (SCWO), WO S.D. Manning (A/Stds MWO). Back Row: Sgt K. Parks, Sgt J. Prost, Sgt JF Robert, WO R. Randall, Sgt E. Dompierre, MCpl K. Jasper (Instr). Photo: Cpl Paul Shapka



CFS Met graduates of the Junior Meteorological Forecaster Course 1701. Front Row (L-R): Sgt M.A. Pelletier (CD), MWO B. McDonald (A/SCWO), Maj S.J.P. Thivierge (Cmdt CFS Met), Cdr R.B. Saltel (CO HMCS Calgary) Mr. Chad Thompson (MSO), Mrs. Jasmin Paola (MMTS Mngr). Middle Row: Ms Cathy White (Instr), MCpl K.L. Jasper (Instr), MCpl J.G. Grady, Cpl V. Rogers, Cpl S.A.M. Hart, MCpl L.X. Keomanyla, MCpl P.P. Wright, Sgt G.E.W. Szikora, Mr. Po Kwan (Instr). Back Row: MCpl J.T. Eldridge, Cpl R.P. Dooley, Cpl B.J.B. Werthner, Mr. Curtis Downie (Instr), Cpl E.J. Hurak, Mr. Jeremy Kusyk (Instr), Cpl C. Couture Missing - Absent: Ms. Melanie Boudreault (Instr), Ms Danielle Fingland, Mr. Eric Dykes (Instr), Mr. Louis Richard (Instr) Mr. Derrick Kania (Instr). Photo: Cpl Darryl Hepner, 17 Wing Imaging

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Dieppe Raid Still Reverberates 75 Years Later

by Martin Zeilig, Voxair Photojournalist

During the Second World War, on 19 August 1942, the Allies launched a major raid on the small French coast port of Dieppe. Operation Jubilee was the first Canadian Army engagement in the European war. It was designed to test the Allies' ability to launch amphibious assaults against Adolf Hitler's "Fortress Europe."

"The raid was a disaster: More than 900 Canadian soldiers were killed, and thousands more were wounded and taken prisoner. Despite the bloodshed, the raid provided valuable lessons for subsequent Allied amphibious assaults on Africa, Italy and Normandy," according to Historica Canada.

402 "City of Winnipeg" Squadron was one of the squadrons flying fighter cover that day in Supermarine Spitfire Mark IX's. The squadron flew fighter operations in Great Britain, Belgium, the Netherlands and Germany under "Fighter Command" and "2nd Tactical Air Force", says historical information found online. Today the 17 Wing squadron is "a dynamic, multi-dimensional aircrew training facility" whose mission is to generate wings qualified Air Combat Systems Officers and Airborne Electronic Sensor Operators to support Royal Canadian Air Force (RCAF) operations at home and abroad, says the Royal Canadian Air Force website.

John Johnson, 95, and Ken Smith, 96, will never forget their participation in that disastrous day 75 years ago. Both men were members of the Queen's Own Cameron Highlanders of Canada at the time.

Mr. Johnson, who was only 17 years old when he joined the army, and his unit landed at the village of Pourville (four km west of Dieppe).

"They (the Nazi German army) kicked our butt, and sent us home," he said during an interview in his small room, which has framed mementoes of his days in the service on the wall, at the Deer Lodge Centre. "I remember too damn much. It was not a pretty sight. A lot of my comrades are still there, and will always be there."

Mr. Johnson, who was a private throughout the entire war and afterwards worked as construction superintendent for a private firm in Winnipeg, also fought in France after D-Day, the Normandy Invasion on June 6,



Photo: Public Domain
1944.

Both he and Mr. Smith were awarded the French Chevalier of The Legion of Honour a few years ago for their part in the Liberation of France.

Mr. Smith, a native of Winnipeg who lives in Surrey, B.C., recalled leaving New Haven, Surrey on the English coast before dawn on the day of the raid.

They landed at 0520 hours, he said during a telephone interview with The Voxair.

He recalled the death of Lieutenant-Colonel A.C. Gostling, who took "a blast of machine gun fire after landing at Pourville," writes author Murray Burt in his illustrated book, Winnipeg's Ladies From Hell: How the Queen's Own Cameron Highlanders of Canada fought, remembered and grew in the regiment's first century of war and peace (Library and Archives Canada Cataloguing in Publication 2010)

"Our job was to clear the area," Mr. Smith said. "We had difficulty getting back and forth because of the machine gun fire."

By 10 a.m., they were back in Pourville waiting for landing craft to evacuate the survivors, he continued.

"In the meantime, enemy fire was heavy in the beach area," Mr. Smith, who worked for the T.E. Eaton's Company for many years after the war, recounted. "There were eight men left from my unit. We started off on the beach to the landing craft. I inflated my Mae West jacket

and got down into the water. I could hear the bagpipers playing. One of them was taken prisoner.

"I was dog paddling in the water and all of a sudden I heard an English sailor say, 'Hey, Canada, come on board.'"

Mr. Smith, who ended the war as a Major, called the raid a disaster because there was no major battle-ship support, and the tanks couldn't get off the beach.

"There's no evidence that the Germans knew we were coming," he maintained.

David O'Keefe, documentarian, best-selling author, and an award-winning historian/a professor of history at Marianopolis College in Quebec, maintains Dieppe was "a pinch raid" designed specifically to capture material relating to the German Four Rotor Naval Enigma, which was giving the code breakers (like Alan Turing) fits trying to break, "under the guise of a larger operation" that appeared conventional in nature.

He is the author of the critically acclaimed book, One Day in August: The Untold Story Behind Canada's Tragedy at Dieppe (Vintage Canada 2013).

O'Keefe, who served with the Black Watch (Royal Highland Regiment) of Canada in Montreal and worked as a Signals Intelligence research historian for the Directorate of History and Heritage (DND), said none of the previous four raids of this type that took place in Norway and on the west coast of France in 1941 and 1942 met with defeat, let alone disaster as was the case at Dieppe.

"As such, there was hubris, arrogance and an atmosphere of 'Victory Disease' that developed in Mountbatten's headquarters that caused the overreach at Dieppe and the heavy casualties," he wrote in an email to The Voxair.

(Louis Mountbatten, 1st Earl Mountbatten of Burma, who was Chief of Combined Operations (1941-43) among other positions during the Second World War, personally pushed through the disastrous Dieppe Raid of 19 August 1942, "which some among the Allied forces, notably, Field Marshal Montgomery, later claimed was ill-conceived from the start," says Wikipedia.)

"Historian Brian Loring Villa concluded that Mountbatten conducted the raid without authority, but that his intention to do so was known to several of his superiors, who took no action to stop him. As a result of the Dieppe raid, Mountbatten became a controversial figure in Canada, with the Royal Canadian Legion distancing itself from him during his visits there during his later career; his relations with Canadian veterans 'remained frosty'.")

"Many factors contributed to the decision to mount a large raid into occupied Europe in 1942," explains the Veteran Affairs Canada website. "The Soviet Union was pressuring the Allied forces to open a second front in Western Europe. The Allies, however, needed more time to build up their military resources before undertaking such a massive effort. They felt that a large raid on the coast of France, however, could force the Germans to divert more of their military resources away from the Soviet Union and also help in the planning for the full-scale Allied assault that would eventually have to take place. The men who participated in the Dieppe Raid paid a great price.

"Canadian soldiers had been training since the outset of the war in 1939 and, except for the Battle of Hong Kong, had yet to see significant action. There was political pressure at home to finally get the Canadians into battle, as well as impatience within the army itself.

"Some objectives on the western flank were achieved and the enemy gun batteries at Varengeville were destroyed. In Pourville, the South Saskatchewan Regiment and the Queen Own Cameron Highlanders came ashore and pushed towards their goals. The mounting German resistance, however, would force them to withdraw with heavy losses."

Of the 4,963 Canadians who embarked on the mission, only approximately 2,200 returned to England and many of those had been wounded, notes the VAC material.

"More than 3,350 Canadians became casualties, including a total of 916 who lost their lives as a result of the raid and approximately 1,950 more who were taken prisoner," it continues. "A total of 210 British and American personnel also lost their lives. Those who were captured faced especially harsh treatment in prisoner of war camps and most would remain in captivity for more than two-and-a-half years. As the end of the war neared, many of them also had to endure forced winter-time marches as the Germans moved the prisoners away from the advancing Allied forces who otherwise could have liberated them."

The Dieppe Raid also took "a considerable toll" on the ships and aircraft that supported the assault.

"August 19, 1942, saw the Allies' worst single day losses for aircraft of the entire Second World War, with 119 of their warplanes being shot down as they tried to protect the landing force," the VAC website says.

"The Canadians who fought in the Dieppe Raid were among the more than one million men and women from our country who served in uniform during the Second World War. The efforts of all of these brave Canadians helped the Allies eventually achieve victory. The sacrifices and achievements of those who gave so much to restore peace and freedom to the world will never be forgotten."



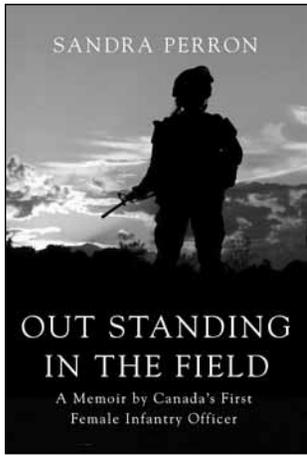
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A Memoir by Canada's First Female Infantry Officer

by Sandra Perron (Cormorant Books 318 pg. \$24.95)



Review by Martin Zeilig, Voxair Photojournalist

Sandra Perron acknowledges that, from an emotional perspective, it was very difficult to write about her life in the Canadian Armed Forces.

It took her three tries to write *Out Standing in the Field: A Memoir by Canada's First Female Infantry Officer*, she said in a recent email interview, during which she mentioned that

a film offer is on the table for her book.

After reading this absorbing, tough but fair minded, often perturbing but ultimately inspiring book, it's easy to see why. The book is a real page turner; hard to put down once you begin.

Over the course of her 15 years in the CAF, the first woman member of the Royal 22e Régiment, the fabled Van Doos, suffered from countless indignities: being raped, which resulted in her having an abortion, harassment by her male colleagues which continued over two deployments to Bosnia and Croatia, and being excluded and abused.

Her life was made miserable she writes in the final chapter, *Je me souviens* (I remember).

Still, she persevered and either bested or was the equal of her male counterparts in training and on the job.

"For many years, I had grieved the loss of my career, but funny enough, I was never angry at the military," writes Perron. "Sad, disappointed, hurt, but never angry."

"It is only in writing this book that I finally understood the reason for that: because I never felt betrayed

by the army. I had simply climbed a tree too weak to stand.

"The army was a wolf in wolf's clothing. It never purported to be anything else; from the army's perspective it had been a forced marriage, and from the get-go, it let me know in a myriad of ways that it was not ready to adapt to a new inclusive culture, despite the ruling of the Canadian Human Rights Tribunal. It was upfront in its intentions."

"It was wrong of course, and it knew it was wrong, but it didn't know how to be anything but a wolf. That was then."

As her civilian career evolved throughout the years, Perron, who is also the founder and president of the Imagine Project, and a popular keynote speaker, "a non-profit organization mentoring an orphanage" in Boma, Tanzania, kept close contact with the military.

"When I proudly served as a member of the Royal Military College Saint-Jean Board of Governors from 2008 to 2014, I witnessed some of the change General Baril (former head of Royal 22e Régiment and former Chief of the Defence Staff) had promised," she writes. "How many times have I heard people say 'boys will be boys,' as an excuse for their misbehaviour? I may even have said it myself on occasion. But I have also worked with plenty of remarkable men who, when given plenty of opportunity, refrained from pressing themselves or their desires on me. For that reason, I prefer to think that certain men have been culturally wired to believe that their misconduct is acceptable. And culture is something that can be rewired—but this requires leaders who are willing.

"That gives me much hope for change."

Perron believes that the Canadian Armed Forces' much publicized and lauded Operation Honour policy "to address harmful and inappropriate sexual behaviour" is a step in the right direction.

"But much more needs to be done," she maintains. "The CAF needs to change the culture upstream, before

the damage is done. Providing a soft landing for victims is necessary, but it's also painting over a rusted car, she said. When I wrote this book, it was so as many people could read it, to be influenced by it, or at least be a little provoked into challenging their attitudes towards women."

Win a copy of *Out Standing In The Field*

Email voxair@mymts.net with a subject heading of VOXAIR FEEDBACK and let us know what we are doing right or what we could do better-constructively-to be entered to win a copy of *Outstanding in the Field, A Memoir by Canada's First Female Infantry Officer*.

Perron is still very close to many Vandoos colleagues.

"My former Regiment, the Royal 22e Régiment, has actually asked me to let them organize the launch of the French version of my book in February 2018 as a show of solidarity," she said. "I am very proud of that! And, I recently attended the change of command parade as LCOL Maureen Wellwood took command of the 2nd Canadian Div Training Centre. It was momentous to see her in front of 2000 troops, with one of my former Anti-tank platoon TOW gunners, CWO Haines, at her side."

Whenever she sees colleagues, especially female ones, commanding troops Perron, who does a lot of volunteering work for veterans, gets "a pang of nostalgia, of longing, and admittedly, some regret."

"Nevertheless, I love where I'm at in life right now and wouldn't change a single day of my journey," said Perron, who has chaired the Minister of Defence's Advisory Board on Employment Equity and has consistently served in one capacity or another on boards of governors, focus groups, or committees to help promote and mentor women in non-traditional fields.

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Canadian Soldiers exercise skills with allies in South Dakota



Members of 38 Canadian Brigade Group's 38 Signal Regiment and 38 Combat Engineer Regiment took part in Exercise GOLDEN COYOTE which was conducted in the Black Hills region of South Dakota and Wyoming from June 12-20, 2017. All Photos: Sgt Mark Cortens, 38 Signal Regiment, 38 Canadian Brigade Group

by Captain Tanner Schroh, 38 Signal Regiment

Belle Fourche, South Dakota – A group of Canadian soldiers and officers from 38 Canadian Brigade Group (38 CBG) participated in Exercise GOLDEN COYOTE, an engineering exercise with Danish and American soldiers run by the South Dakota Army National Guard. The exercise took place from June 12 – 20, 2017 throughout the Black Hills region of South Dakota and Wyoming to exercise American National Guard units and provide engineering and logistic support to several groups in South Dakota.

“The scale of GOLDEN COYOTE is massive. Two thousand troops are performing tasks across the state, completing training and assisting local communities.

This exercise is important to South Dakota as it's been taking place for thirty-three years.” said First Lieutenant Ellen Miller, Executive Officer of 200th Engineer Multi-Role Bridge Company (MRBC) out of Pierre, South Dakota. South Dakota National Guard and Danish engineering units performed construction tasks throughout the Black Hills – building roads, bridges and sidewalks, as well as performing survey work. American logistic units also hauled timber to Native American Reservations. While performing all this work, the exercise maintained a tactical focus, with opposing force actors portraying protestors and engaging in firefights with troops.

Canadian soldiers had a different focus: 38 CBG deployed a robust task force headquarters and signals troop, including a command team and engineer support centre. “We are here to exercise our staff, which was responsible for supporting an engineering task force – including the day to day support, planning and coordination,” said Major Piotr Sliwowski, Deputy Commanding Officer of Task Force Bison. “This allows the Commander to focus on leading her troops, and the units to focus on completing their tasks.”

Engineering tasks were completed for civilian, federal and state organizations. “Having to support real-time engineering tasks, and coordinating with civilians and allied nations provides interesting training for all members of the staff,” said Captain Cory Gaudet, of 38 Combat Engineer Regiment. Exercising with American allies also provides valuable insights, as Canadian Army members share advice and experiences with the South Dakota Army National Guard.

Cross training also occurred between Canadian and American troops. Canadian

signallers assisted the 200th MRBC in maintaining communications with their headquarters and their bridging site on the Belle Fourche Reservoir. “After setting up our radios, we had the Canadians assist with our bridging. They assisted in setting up our Improved Ribbon Bridge, and operating our bridging boats,” said Staff Sergeant Dan Heil, Operations NCO for the 200th MRBC. Although learning and interoperating is important, so is morale. Canadian soldiers participated in several professional development events that included urban patrol training; tours of Mount Rushmore and Crazy Horse; and participating in a Wacipi – a Dakota and Lakota Sioux pow-wow.

American soldiers enjoyed working with their Canadian counterparts. “We have worked with Canadians before, and we take every opportunity to do so. One thing we notice about the Canadian Army is that they are very easy to work with. It is clearly evident that they are here to support us, and they do it well. We absolutely appreciate their support!” said 1Lt Miller.



38 Canadian Brigade Group signallers assisted the 200th Engineer Multi-Role Bridge Company, South Dakota Army National Guard, with setting up an Improved Ribbon Bridge and operating bridging boats on the Belle Forche Reservoir in South Dakota.



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CFSSAT Honours & Awards



Sgt S. Hamilton received the Aeromedical Training Instructor of the Year award from Maj D. Jamont, Commandant of the Canadian Forces School of Survival and Aeromedical Training on 30 June 20167. Photo: Capt Jeremy Hohertz, CD



MCpl J. Furber received the SERE Instructor of the Year award from Maj D. Jamont, Commandant of the Canadian Forces School of Survival and Aeromedical Training on 30 June 20167. Photo: Capt Jeremy Hohertz, CD

RCSU Change of Command



Incoming Commander of Regional Cadet Support Unit Northwest (RCSU), LCol Denis Letellier, Presiding Officer (Left); BGen Kelly Woiden (Centre); and Outgoing Commander RCSU, LCol Michele Claveau (Right), sign scrolls during the RCSU Change of Command ceremony held the 17 Wing Officers Mess, on 20 July 2017. Photo: MCpl Rick Ayer

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Commander's Commendation



2CAD Commander BGen Dave Cochrane, with the assistance of 17 Wing Commander Col Andy Cook presents a Commander's Commendation to PO2 Whitney Barham at 17 Wing, on August 3, 2017. Photo: Cpl Joey Beaudin, 17 Wing Imaging

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Around The Wing

Heroic Military Member Rescues Cat from Tree



Friday saw an act of heroism as an unknown military member rescued a frightened cat from a tree in the north side RHUs. Local RHU resident, LCol Brian Quick, witnessed the daring rescue and said, "I do not know who that brave individual was, but he must certainly love cats." After much encouragement, the cat was coaxed into a carrier and lifted from the tree, and meowed in delight once back on the ground. "Someone should give that person a Wing Commander's Commendation" said LCol Quick upon conclusion of the daring rescue." Photo: Supplied

Brazilian Airbus Tours RCAF SAR Wings



MGen Christian Drouin, Commander 1 Canadian Air Division, gives the thumbs up to the new Airbus C-295 during a inspection of the cockpit prior to a media event on the 17 Wing flight line on July 25. Photo: Bill McLeod, Voxair Manager.

CFSMet Dresses for Chaplain's Care and Share



MWO Brent McDonald, Maj Stephane Thivierge, Commandant, and MCpl Kirsten Jasper of the Canadian Forces School of Meteorology (CFSMet) give a cheque to Chaplains Capt Paul Gemmiti and Lt(N) Frederic Lamarre for the Chaplain's Care and Share Fund. The school has a 'Dress with a Difference' program where civilian employees are allowed to dress down and military members are allowed to wear civilian clothing on Fridays. Photo: Supplied

People Have the Power



A noon hour demonstration was held to make people aware of the pay issues that all federal public employees are having with the implementation of the Phoenix pay system outside the Wihuri Gate by some 17 Wing public sector union (UNDE) members on Wednesday, August 9. In attendance was PSAC National President Robin Benson, PSAC Prairie Regional Vice-President Marianne Hladun, UNDE Vice-President for Manitoba/Saskatchewan Mona Simcoe, and Nicole Papineau, President of UNDE Local 50705. "It is our hope that people whether employed by Treasury Board or not will contact their MP and voice their concerns over the stress and hardship that this is causing for many employees across the country including here at 17 Wing," said Simcoe. Photo: Supplied

Hangin' Out With the Gals



Cpl Esther Best with members of the Blue Brigade cheerleading squad before the annual Winnipeg Blue Bombers Military Appreciation Night game with the Edmonton Eskimos at Investors Group Field. Well over 300 members cheered the Bombers on to a decisive 33-26 victory over the previously undefeated Eskimos. Edmonton came into the game having won nine of the last ten meetings between the teams. Photo: Supplied

PREPARING THE RCAF LEADERS OF 2030



“ My most important role is to build the RCAF of 2030. Setting the conditions now for what we’re going to need to be successful in 2030. ”

LGen Michael Hood, Commander RCAF

ATTENTION JUNIOR OFFICERS

In order to successfully lead the RCAF into and beyond 2030, you must have an Airpower mindset, pursue air power mastery and understand as much about the RCAF as possible. The challenge is balancing operational requirements with your responsibility to study and prepare for these demands. To ease the burden, there have been some significant improvements to help you get ready to lead the RCAF of 2030. Here are a couple of examples.

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- ▶ Block 5: 2-week in-house course at Canadian Forces School of Aerospace Studies.

CANAIRGEN 015/17 announced that completion of AFOD is mandatory for promotion to Major for most Air Force trades starting with the Fall 2018 selection merit boards.

AIRPOWER OPERATIONS COURSE

After completing AFOD Block 5, you could be nominated to this new and demanding six-week residential course delivered by the Canadian Forces Aerospace Warfare Centre in Trenton to develop:

- ▶ airpower mindedness;
- ▶ integrated air operations;
- ▶ staff officer duties;
- ▶ tasking air power to conduct integrated air operations;
- ▶ executing integrated air operations; and
- ▶ assessing operational effectiveness.

CANAIRGEN 015/17 announced that APOC grads in most Air Force trades will be awarded section criteria (SCRIT) points starting with Fall 2018 selection merit boards.

For more information on AFOD and APOC, talk to your supervisor and visit the Canadian Forces School of Aerospace Studies and Canadian Forces Aerospace Warfare Centre homepages.

STAY TUNED - MORE IMPROVEMENTS COMING FOR RCAF OFFICER AND NCM PROFESSIONAL DEVELOPMENT.

PRÉPARONS LES DIRIGEANTS DE L'ARC DE 2030



“ Mon rôle le plus important est de préparer l'Aviation royale du Canada de 2030, en établissant aujourd'hui les conditions de notre succès en 2030. ”

Lgén Michael Hood, commandant de l'ARC

ATTENTION OFFICIERS SUBALTERNES

Afin de mener avec succès l'ARC jusqu'en 2030 et au-delà, il nous faut adopter une culture de puissance aérienne, chercher à maîtriser cette puissance et acquérir la meilleure compréhension possible de l'organisation. La difficulté consiste à trouver l'équilibre entre la satisfaction des besoins opérationnels et la responsabilité que nous avons d'examiner ces derniers et de nous y préparer. Pour alléger le fardeau, nous avons apporté d'importantes améliorations au perfectionnement professionnel pour vous préparer à mener l'ARC vers 2030. En voici quelques exemples.

PROGRAMME DE PERFECTIONNEMENT DES OFFICIERS DE LA FORCE AÉRIENNE (PPOFC) :

Vous permet d'améliorer votre connaissance des rôles des officiers de l'ARC aux niveaux tactique, opérationnel et stratégique.

- ▶ Divisé en 5 segments faciles à gérer.
- ▶ Les segments 1 à 4 sont passés de 240 à 135 heures d'instruction.
- ▶ Il suffit de s'inscrire soi-même et de suivre les segments 1, 2 et 4 en ligne.
- ▶ Segment 5 : cours de deux semaines sur place à l'École d'études aérospatiales des Forces canadiennes.

Dans le CANAIRGEN 015/17, on annonçait que le PPOFC serait dorénavant un préalable à la promotion au grade de major pour la plupart des groupes professionnels de l'Aviation, dès la tenue des conseils de promotion à l'automne 2018.

COURS DE CULTURE DE LA PUISSANCE AÉRIENNE DANS LES OPÉRATIONS (CCPAO)

Après avoir terminé le segment 5 du PPOFC, votre nom pourrait être retenu pour ce nouveau cours exigeant de six semaines à temps plein donné au Centre de guerre aérospatiale des Forces canadiennes, à Trenton, dans le but de développer vos aptitudes dans les domaines suivants :

- ▶ adoption de la culture de la puissance aérienne;
- ▶ planification d'opérations aériennes intégrées;
- ▶ exécution des fonctions d'officier d'état-major;
- ▶ attribution de tâches aux ressources de puissance aérienne en vue d'opérations aériennes intégrées;
- ▶ exécution d'opérations aériennes intégrées;
- ▶ évaluation de l'efficacité opérationnelle.

Dans le CANAIRGEN 015/17, on annonçait que les diplômés du CCPAO commenceraient à obtenir des points en vue des critères de sélection pour la plupart des groupes professionnels de l'Aviation, dès la tenue des conseils de promotion à l'automne 2018.

Pour obtenir d'autres renseignements au sujet du PPOFA et du CCPAO, adressez-vous à votre superviseur et visitez les pages d'accueil de l'École d'études aérospatiales des Forces canadiennes et du Centre de guerre aérospatiale des Forces canadiennes.

GARDEZ L'ŒIL OUVERT – DE NOUVELLES AMÉLIORATIONS SERONT APPORTÉES AU PERFECTIONNEMENT PROFESSIONNEL DES OFFICIERS ET DES MR DE L'ARC.

Volunteering a Way of Life for CFSAS Student



Captain Raees Ahmed. Photo: Supplied

by **Martin Zeilig, Voxair Photojournalist**

Captain Raees Ahmed comes from, in his own words, “a very immigrant neighbourhood” in the east end of Toronto, one of the most multicultural cities in the world, surrounded by newly arrived immigrants from South America, the Caribbean, Eastern Europe, Central Africa and different parts of Asia.

Living in that milieu helped shape his world view, which includes volunteering in social initiatives and development projects at home and overseas, according to a brief bio in the Symposium Information Booklet printed for the Aerospace Power Review, June 20-23, 2017, in conjunction with the Aerospace Studies Program 69 at the Canadian Forces School of Aerospace Studies.

“Most of them, including my family when we first arrived, are occupied with adapting to a new society, learning English, looking for work,” said Capt Ahmed, who joined the Canadian Armed Forces in 2011, as a Direct

Entry Officer. “Usually they end up doing odd jobs as their qualifications are not recognized. A good number of them even end up taking social assistance, sadly. Very few of them consider enrolling in the armed forces, sadly again. So there is this unspoken stigma attached to them, or us, I should say. But, they don’t deserve that stigma because, deep down inside, I’m sure they are as willing to contribute to the society as other Canadian citizens are. So I tell myself if I can be among those who can break that stigma, then I’m glad to represent my fellow immigrants by wearing the uniform.”

Upon completing his basic training at the Canadian Forces Leadership and Recruitment School at St-Jean, he did his Aerospace Engineering occupational training at the Canadian Forces School of Aerospace Technology and Engineering in Borden, at 14 Air Maintenance Squadron in Greenwood, and at 3 Air Maintenance Squadron in Bagotville. His first posting was to the CF-188 Weapons Systems Management Detachment in Mirabel where he managed CF-188 Software Test Facilities and Mission Planning software tools. He was then posted to CFSAS for the year-long Aerospace Systems Program in conjunction with Master of Arts programming at the University of Manitoba.

“I take a lot of interest in humanitarian development work,” commented Capt Ahmed, adding that he grew up in a fairly traditional Muslim family. “In 2010, when I was not in the Forces, I was in Haiti, volunteering in post disaster reconstruction efforts. I lived in a tent and I was reading this book called “The Bottom Billion” by a renowned Oxford Economist, Dr. Paul Collier. In the book, Dr. Collier gives his reasons on why a billion people of the world’s population live under the extreme poverty line, and explains what can be done, in a global effort, from all of the socio-economic-political terms, to overcome extreme poverty.”

So, he asked himself where he could fit in to help as an aeronautics engineer and the only answer was the

military. It helped seeing that the Canadian Forces were delivering aid in Haiti at that time as well.

In Canada he has volunteered as a mathematics tutor at the YMCA, a fundraiser with Islamic Relief Canada, and an activist with Results Canada in Montreal, says his bio, noting that he’s also worked in social housing procurement projects in Johannesburg, South Africa; education programs at refugee camps in Teknaf, Bangladesh; and post disaster reconstruction projects in Pedernales, Ecuador.

He is one busy and socially committed person.

“I find inspiration from people around me, from family, and from people in history,” said Capt Ahmed, who has been posted to the Assistant Deputy Minister (Information Management) to work on military SATCOM projects.

“I have some close friends I look up to, and I have my uncle and grandma from whom I learned a lot while growing up as a child. Among people in history, I find myself very inspired by people like Mandela, Malcolm X, and Mahatma Gandhi. Among Canadian figures in history I find the accomplishments of Lester Pearson and Pierre Trudeau to be very inspiring as well.”

His faith is a significant source of influence too.

“It has evolved over the years with my experiences, and with traveling,” Capt Ahmed acknowledged. “Between growing up as a Muslim, volunteering with an Evangelist organization in South Africa, and learning about traditional Buddhist meditation at a monastery outside Montreal, I have come to believe that all religions and faiths go to the same supernatural power, despite the differences in forms and traditions – and this has been a powerful source of influence for me.”

While in Winnipeg, Capt Ahmed has been volunteering with the Bear Clan Patrol. He recommends the organization to anyone who is interested in helping street kids, the homeless, and providing a presence in the inner city.

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Recreation Club News

Flying Tigers Swim Team

17 Wing Flying Tigers Swim Team is seeking personnel for the following executive positions: President and Vice-President. Position Term is for the 2017-18 Swim Year (September 2017 to July 2018) with potential for re-election. Preferred candidate will have a swimming background and/or positional experience from a Base Recreational Club, although all interested personnel are encouraged to apply.

Positions must be filled by Regular Members defined as "members of the Regular CAF and their dependents, foreign military personal on duty with the CAF and their dependents, and members of the Reserve Forces while on Class "B" or "C" Reserve service and their dependants.

For more information or to apply for a position, please send a detailed email to: FlyingTigersSwimTeam@hotmail.com

L'équipe de natation de la 17e Escadre, les Flying Tigers, est à la recherche de personnes pour occuper les postes de président et vice-président. Ces postes ont un mandat d'une durée d'un an, pour l'année de natation 2017-2018 (de septembre 2017 à juillet 2018), avec des possibilités de réélection. Les candidats idéaux auront de l'expérience en natation ou de l'expérience à un poste au sein d'un club récréatif de la base, mais toutes les personnes intéressées sont encouragées à postuler.

Ces postes doivent être remplis par des membres réguliers, définis comme suit « des membres de la Force régulière des FAC ou leurs personnes à charge, des militaires étrangers en poste avec les FAC ou leurs personnes à charge, et des membres de la Force de réserve en service de classe B ou C ou leurs personnes à charge. »

Pour plus d'information ou pour poser votre candidature, veuillez envoyer un courriel détaillé à l'adresse : FlyingTigersSwimTeam@hotmail.com

17 Wing Flying Tigers Swim Team has available team positions for the 2017-18 Swim Year. New Swimmers must be at least 8 years of age and able to swim two lengths of the pool without stopping.

Open tryouts will be held at the Building 90 Pool on Fri 15 Sep from 1700-1800 and on Sat 16 Sep from 1600-1700. No pre-registration is required for tryouts.

For any questions, please email: FlyingTigersSwimTeam@hotmail.com

L'équipe de natation de la 17e Escadre, les Flying Tigers, a des ouvertures dans son équipe de natation pour l'année 2017-2018.

Les nouveaux nageurs de l'équipe doivent avoir au moins 8 ans et être capables de nager deux longueurs de piscine sans s'arrêter.

Des séances de sélection ouvertes à tous auront lieu à la piscine de l'édifice 90, le vendredi 15 septembre, de 17 h à 18 h, et le samedi 16 septembre, de 16 h à 17 h. Aucune inscription nécessaire pour participer aux séances de sélection.

Pour toute question, nous vous prions d'envoyer un courriel à FlyingTigersSwimTeam@hotmail.com

17 Wing T3 Triathlon Club

17 Wing T3 Triathlon Club is seeking personnel for the following executive positions: President, Vice-President, Secretary and Treasurer.

Position Term is for the 2017-18 Training season (October 2017 to October 2018) with potential for re-election.

Preferred candidate will have a Triathlon and coaching background and positional experience from a Base Recreational Club, although all interested personnel are encouraged to apply.

Positions must be filled by Regular Members defined as "members of the Regular CAF and their dependents, foreign military personal on duty with the CAF and their dependents, and members of the Reserve Forces while on Class "B" or "C" Reserve service and their dependants.

For more information or to apply for a position, please send a detailed email to: bmckissock@shaw.ca

Le club de triathlon T3 de la 17e Escadre est à la recherche de personnel pour pouvoir aux postes de direction suivants : président, vice président, secrétaire et trésorier.

Les personnes choisies devront assumer leurs fonctions pendant la saison d'entraînement 2017-2018 (octobre 2017 à octobre 2018) et pourraient être réélues par la suite.

La préférence sera accordée aux candidats qui possèdent de l'expérience en triathlon et en entraînement ainsi que de l'expérience de travail dans un club de loisirs militaire. Cependant, toutes les personnes intéressées sont encouragées à postuler.

Les postes doivent être dotés par des membres réguliers, c'est à dire des membres de la Force régulière et leurs personnes à charge, des militaires étrangers en service dans les FAC et leurs personnes à charge, ainsi que des membres de la Force de réserve en service de classe « B » ou « C » et leurs personnes à charge.

Pour obtenir plus de renseignements ou postuler, veuillez envoyer un courriel détaillé à l'adresse suivante : bmckissock@shaw.ca.



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Upcoming MFRC Programs and Events

Family Sponsor Program

The Winnipeg MFRC is continuing to offer families who are newly posted to Winnipeg the opportunity to be matched with a volunteer military family, living in their area, as their sponsor family. The goal of this match-up is to help with the new family's transition to their new neighbourhood and community. If you would like to be part of this exciting program, either as a volunteer family sponsor or as a newcomer family, please contact Barbara Thuen at the Winnipeg MFRC for more information.

Barbara.thuen@forces.gc.ca
204-833-2500 local 4519

Creative Tots provides an opportunity for parents/caregivers and their child(ren) to meet other families in our community. It is a free program facilitated by volunteers in a casual, friendly environment.

Thursdays, Sept. 7, 14, 21, 28
1:00 to 3:00 p.m.

Free
Drop-in program
Parent participation required
« Creative Tots »

Centre Jeunesse - sud
347, rue Doncaster

A Parent Community

A 'community' of parents will discuss topics related to parenting children of all ages. Stop in and have some coffee and conversation while your children play and get to know each other.

Fridays, September 1, 8, 15, 22, 29
9:30 to 11:30 a.m.

Free
Drop-in program

Ready, Set, Solo!

Together, you and your child create a plan for your child to stay at home alone safely and confidently. Includes: home safety, family rules, emergencies, and strangers. In Manitoba, children must not be left home alone until

they are 12 years of age.
Saturday, September 16
9:00 a.m. to 12:00 p.m.
\$25 (per child)
Registration deadline: September 8
Parent(s) must attend with child (11+).

Drop-In Child Care

The Winnipeg MFRC offers Drop-in Child Care for parents to access while participating in programs, accessing our library and computers and doing other activities.

This services is offered to parents who remain in the MFRC building (102 Comet St.) for the duration of care. This Drop-in Child Care is offered Tuesdays 0930 - 1130 and 1300 - 1530; Wednesday/Thursday/Friday from 0930-1130.

Cost is \$2 per family per program. Evening programs that offer Drop-In child care require pre-registration and pre-payment for the child care. Pre-paid punch cards are available at our front desk.

Parents must provide snacks and diapering supplies and appropriate clothing for outside activities.

Stress Free Child Care

A deployment is defined as a CAF member being away from home for 30 consecutive days or more, and can also include frequent interval work related absences (defined as accumulating 30 days of absences over a three months period). For every 30 days that the member is away, the family is eligible to receive \$30 in Stress Free Childcare funds (available to use at the MFRC Occasional Childcare Center or to have supplementary childcare at your own convenience).** please note that this cannot be put towards regular scheduled childcare** A receipt will be required.

In addition, deployed families will also be entitled to a voucher for 3 free complimentary hours of Occasional Childcare at the MFRC Occasional Childcare Centre (OCC) per child (ages 6mos-5years). Deployed families will have priority for evening and weekend childcare at the OCC with registration 2 weeks in advance.

In order to be eligible for this program, a Family Contact Form must be filled out at the MFRC and must be accompanied by "tasking orders" that includes the dates that the member will be away.

For more information on Stress Free Childcare, or to obtain your vouchers, please contact the Deployment Services Coordinator at 204-833-2500 ext. 2991.

Service de garde durant le déploiement

Un déploiement est défini comme une période de 30 jours consécutifs et plus, durant laquelle le militaire est éloigné de la maison, et peut également inclure des absences à intervalles fréquentes liées au travail (30 jours d'absences accumulées sur une période de trois mois). Pour chaque période de 30 jours d'absence du militaire, la famille est admissible à recevoir un montant de 30 \$ pour des frais de garde (à utiliser durant le programme de garde occasionnelle du CRFM ou pour un service de garde à la maison, à votre convenance). ** Veuillez noter que ce service de garde ne peut être utilisé pour vos soins de garde réguliers et qu'un reçu est requis. Pour être admissible à ce programme, un formulaire de contact familial doit être rempli au CRFM et doit être accompagné du message d'assignation incluant les dates durant lesquelles le militaire sera absent. Pour plus d'informations concernant le Programme de garde durant les déploiements ou pour obtenir vos bons pour le service de garde gratuit, veuillez contacter la coordonnatrice du Programme de déploiement et de réunion au 204-833-2500, poste 2991.

The Second Language Training Service is designed to facilitate the integration of civilian spouses/partners of CF members who are posted to locations where the surrounding community's primary language is unfamiliar. The primary participants eligible to access Second Language Training are civilian spouses/partners and children of CF members sixteen years of age and over. Special consideration may be given to children fourteen to fifteen years of age. A minimum of five primary participants must be registered for a course to be offered. A deposit of \$50 is required upon registration for the course. This deposit is refundable if the participant attends 85% of classes. Courses are also open to military members for a non-refundable cost of \$50 and to members of the community at a non-refundable cost of \$100 per session. Duration: 10 weeks.

Classes start the week of September 18. Register by: September 15
French beginner
Mondays & Wednesdays: 6:00 to 9:00 p.m.
French Conversation Workshop
Tuesdays 6:30 to 8:30 p.m.
English Beginner
Tuesdays & Thursdays: 9:00 a.m. to 12:00 p.m.*
English intermediate
Tuesdays & Thursdays: 6:00 to 9:00 p.m.
English Intensive
May be available upon request. Contact the coordinator for more information.

*Childcare is available upon request at the time of registration for day time classes for children ages 18 months to 5 years old. For military spouses who cannot attend in-class training, the MFRC also offers access to the Rosetta Stone online program

Le Service de formation en langue seconde vise à faciliter l'intégration des conjoints civils – de droit ou de fait - de militaires qui sont affectés à des endroits où la principale langue parlée n'est pas la leur.

Les participants principaux admissibles à une formation en langue seconde sont les conjoints civils de militaires – de droit ou de fait – et les enfants de militaires âgés de 16 ans et plus. Une autorisation spéciale peut être accordée aux enfants de 14 et 15 ans. Au moins 5 participants principaux doivent être inscrits pour que le cours se donne. Un dépôt de 50 \$ est requis lors de l'inscription, qui sera remboursé si l'étudiant(e) se présente à 85% des cours. Les cours sont aussi ouverts aux membres militaires au coût non remboursable de 50 \$ et aux membres de la communauté à un coût non remboursable de 100 \$. Durée : 10 semaines. Classes débutent la semaine du 18 septembre. Inscription au plus tard le 15 septembre.

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Peut être disponible sur demande. Veuillez contacter le coordonnateur pour plus d'information.

*Le service de garde d'enfant est disponible durant les cours de jour, sur demande lors de l'inscription, pour les enfants âgés de 18 mois à 5 ans. Pour les conjoint(e)s de militaire n'ayant pas accès aux classes, le CRFM offre aussi le programme Rosetta Stone.

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Today's Trivia Answers

- 1860 - Prestwick Golf Club, Scotland.
- Eight golfers.
- Willie Park Sr. - Scotland.
- Three rounds of Prestwick's 12-hole course played in a single day - total 36.
- A "Challenge Belt" made of red leather with a silver buckle valued at 25 pounds.
- It was retired in 1870 when Young Tom Morris won it for the third consecutive time and was allowed to keep it.
- No one. The tournament was cancelled because there was no prize to play for.
- The Claret Jug officially known as "The Golf Champion Trophy". The tournament was won for the fourth time in a row by Young Tom Morris whose name was the first engraved on the Jug. Morris wasn't actually presented with the trophy since it wasn't ready at the time of his victory. He got a gold medal instead as have all subsequent winners.
- The R & A which in 2004 was spun off from the Royal and Ancient Golf Club of St Andrews as the governing body of golf worldwide except in the United States and Mexico where the USGA rules.
- John Ball from England in 1890. He was also the first amateur.
- Bobby Jones - USA - 1930.
- Arnaud Massy - France - 1907.
- Jock Hutchinson - 1921. Hutchinson was born in Scotland, emigrated to the U.S. and was naturalized in 1920.
- Walter Hagen - 1922.
- Harry Vardon - Bailiwick of Jersey - six - 1895, 1898, 1899, 1903, 1911, 1914. He was also runner-up four times and U.S. Open champion in 1900. He was in the first group of golfers inducted into the World Golf Hall of Fame in 1974.
- Old Tom Morris - 1867 - 46 years, 102 days. American Tom Watson came close in 2009 losing a playoff to Stewart Cink seven weeks before his 60th birthday. Watson also won the Open five times.
- Jack Nicklaus - USA - seven times runner-up, 61 rounds under par and three times Open Champion.
- Henrik Stenson - Sweden - 2016 - 264 strokes - 20 strokes under par.
- Jordan Spieth - USA.
- Branden Grace - South Africa - 62 - set in the third round in 2017. This is also the lowest score ever in any of the major championships.

Taroscopes

BY
NANCY

Aries (March 21 – April 19): In hindsight you realize you haven't implemented desired changes. Determine where you went off course. Set a more effective course of action. Get outdoors as much as possible. Finding ways to manage stress will help with your ability to make sound decisions.

Taurus (April 20 – May 20): You want to be taken seriously and have more say in what happens in your life. This can mean upsetting the status quo. If you feel like time is running out, say "yes" to more of the things you really want to do. This is the time to initiate changes so that outcomes are more to your liking.

Gemini (May 21 – June 21): The sense that your life has been on pause for a while is about to end. Fully research your options before making decisions. Solid investments and future planning are highlighted. Make your health a priority. Don't get pulled into petty games. Follow your heart's desire.

Cancer (June 22 – July 22): A life-phase ends. Before you decide what you'll do next look at the facts. Hopes and wishes without action won't get you anywhere. Speak up. Stand up. Act now. You may be swamped by feelings of indecision, but even a small step is better than none. You can make a difference.

Leo (July 23 – August 22): Your decisions may leave others feeling isolated and ignored. In truth, you can't please everyone all the time but you also can't have it all your way, either. You are part of a community, family, and/or team. Look for Win/Win solutions. Find creative ways to feel less stuck.

Virgo (August 23 – September 22): Work smarter not harder. Look for people who can help you. You don't have to do it all yourself. Chronic exhaustion isn't healthy. You need to have mental clarity to make key decisions. Some choices are labour intensive at first but in the long run, can save you more time.

Libra (September 23 – October 23): If you want to take on something new, you'll have to opt out of something else. Being over-committed is exhausting. A futile argument can be draining. Walk away from people who won't listen to you. Commit to wellness. Small changes can make a big difference.

Scorpio (October 24 – November 21): Finish projects but don't cut corners. Consider your reputation. You can play another day. If someone's opinion matters to you, show them you are responsible, reliable and promotable. Write or update your resume. Get business cards. Believe in yourself and others will too.

Sagittarius (November 22 – December 21): Use logic to keep you on track during an emotional discussion. Look at a complex issue or problem from many angles. Consider as many options and solutions as possible. A quick-fix isn't always the best. Good investments pay off. Be patient.

Capricorn (December 22 – January 19): If you want to recapture a sense of joy and fun spend time with children. Take a trip. Budget in such a way that there are funds set aside when needed. Try to save for your education or look into funded programs. Living a little below your means can help you reach a goal.

Aquarius (January 20 – February 18): Pay attention to, and deal with the details even if you'd rather not. Keep lists. Be practical. Some doors are closing, others open. Wishing won't change this. Assess what you can do to take charge of your life. Take small steps in the right direction and you'll feel less stressed.

Pisces (February 19 – March 20): Things lost, are found. Something you thought was not possible gets a second chance. Strive to maintain balance. Embrace wellness and being present. Complete essentials early each day so you can be spontaneous and accept invitations from friends. Last minute work also pops up.

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Chaplain's Corner

Welcome to new Padre Laura Coxworth

by Martin Zeilig, Voxair Photojournalist

Padre Laura Coxworth calls her experience as a civilian worker at a Tim Horton's restaurant in Kandahar, Afghanistan a "life changing experience."

That is not just a mere phrase. It is a fact.

Lt Coxworth, a member of the Pentecostal church, arrived at 17 Wing on July 30 this year. It is her first posting as member of the regular forces. She was a civilian pastor in North Bay, Ontario previously.

"We are very pleased to have Laura joining our team," Lieutenant (N) Lesley Fox wrote in an email to The Voxair. "She is a bright bundle of energy, newly ordained in her denomination, and she has great experience as a civilian deployed to Afghanistan. Our chaplain team has the majority of its chaplains now as female. This is a rare and unique gift that shows that diversity is increasing in the Royal Canadian Chaplain Service."

Lt Coxworth arrived in Afghanistan in July 2008 for ROTO 6. It was a time when Canada's civilian presence in Afghanistan grew three-fold, and Canada announced an increase in its 10-year allocation to development and reconstruction in Afghanistan from \$1.3 billion to \$1.9 billion (2001 to 2011), notes the Government of the website, History of Canada's Engagement in Afghanistan 2001–2014.

Lt Coxworth, 41, who was born in Toronto and spent her teenage years in Ottawa, first joined the CAF in April 2012 as a reservist.

"I did a program called RESO, Reserve Entry Scheme Officer," she said during a recent interview. "It's a discover and discern program. It gives potential chaplains the opportunity to look at the CAF and vice versa."

At the time, Padre Coxworth, who grew up in "an Anglican home", was in the Masters of Divinity in the Pastoral Ministry stream in Pentecostal studies at Tyndale University College and Seminary.

"In the summers, between semesters, I did four month contracts as a reservist," she said, noting that the contracts were done in Kingston, Ottawa, and in Halifax, NS. "That gave me a chance to look at the chaplaincy in the CAF to see if it was the call for me."

But, she didn't start out in faith based studies.

After graduating from high school, the young woman studied at Algonquin College in Ottawa for two years where she received a Hotel and Restaurant Management Diploma.

"I worked in the hospitality industry for a while in Ottawa, and then I got an op-

portunity to work as a customer service rep in a life insurance company," Lt Coxworth continued.

Afterwards she did some car sales, and then worked as a classroom supervisor at a private school in Ottawa.

"After that, I landed a job at a credit card bank in customer service and that parlayed into fraud and security," Lt Coxworth said. "That's where a co-worker introduced me to the fact that there was a Tim Horton's in Kandahar. I was already thinking that I have to do something else, not just work in a small cubicle in an office."

Her co-worker handed Lt Coxworth a journal from a civilian who had worked at a Tim Horton's in Afghanistan.

"She said 'I think you will find this is cool,'" Lt Coxworth recalled. "By the second page, I was hooked. Following a very descriptive passage of a ramp ceremony in Kandahar, I was in tears at my desk at work. I just thought 'I need to go there.'"

Shortly thereafter, she was laid off from her job.

"I said to myself, 'I've just been laid off and I'm going to Afghanistan,'" Padre Coxworth said.

After taking some training at CFB Kingston with Personal Support Programs (PSP) staff, she was sent to Afghanistan for a six month tour as a civilian employee.

"I felt like I'd found my tribe," Lt Coxworth said. "I lived in the tent city on the flight line. Then, they built us ISO prefab dorms near New Canada House. What I took away from it the most was the sense of purpose, regardless of what you did, you had a job. It didn't take very much thought and energy to figure out how you fit into the grand scheme. We saw the effect that a hot cup of coffee and a donut can have, served by a friendly Canadian, on the overall morale."

She observed that Canadian soldiers were always friendly and upbeat, as well as "incredibly respected" internationally.

Lt Coxworth later returned for other tours of duty as a civilian worker in Afghanistan: with a United States company that did cargo and people movements out of Kandahar; with an American aviation company; and, then running the business side of things for a private contractor building medical clinics for civilian contractors.

"People who serve Canada do so with passion," she stressed. "During my first time in Afghanistan, I realized what living in Canada means. When you live somewhere else, where life is a challenge and unjust, it makes you appreciate Canada more."

Now that's a sermon everyone can appreciate.

Faith and Life

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COMMUNITY SERVICES

Sunday School: It is held during the service for children ages 3 to 12. Childcare is provided on an as-required basis for children under 3 years of age.

Marriage: Contact the chaplain at least six months in advance if possible. A marriage preparation course is a requirement. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

Baptism: The Sacrament of Holy Baptism is available by contacting a Chaplain. Baptism Preparation is a requirement. *Please contact the Chaplain before setting the date for the baptism or arranging family travel.*

Protestant Chapel Guild: It meets the first Wednesday of the month at 1300 hrs in the Chapel Annex. All women are welcome.

CHAPLAINS

Padre Lesley Fox
(United Church) - Faith Community
Coordinator
ext 5785

Padre Kevin Olive
(Pentecostal)
ext 5272

Padre Greg Girard
(Christian Reformed) Det. Dundurn
306-492-2135 ext 4299

17 Wing
204 833 2500



Administrative
Assistant
ext 5087

17 Wing Military
Community Chapel
2235 Silver Avenue
(west off Whytewold/
Wihuri Road)

CATHOLIC

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CHAPLAINS

Padre Hope Winfield
(Roman Catholic Pastoral Associate)
- Wing Chaplain
ext 5417

Padre Paul Gemmiti
(Roman Catholic Priest)
- Faith Community Coordinator
ext 4885

Padre Emanuelle Dompierre
(Roman Catholic Pastoral Associate)
- Mental Health Chaplain
ext 5086

Padre Frederic Lamarre
(Roman Catholic Pastoral Associate)
ext 6914

SUNDAY MASS (Bilingual) 1600 hrs

COMMUNITY SERVICES

Religious Education: Classes can be available to children from Preschool to Grade 6.

Sacrament of Reconciliation: It is available by request and at special times of the year. Contact Padre Gemmiti.

Baptism: We recommend that you contact the chaplain's office for an appointment six months in advance. *Please contact the Chaplain before setting the date for the Baptism or arranging family travel.*

Marriage: Six months notice (1 year preferred) is required for weddings, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

MAIN OFFICES
Building 64,
Lower Level, North End.

EMERGENCY DUTY CHAPLAIN
Contact MP Dispatch ext 2633.

INFO PHONE NUMBER
For chaplaincy services and related
information, phone ext 6800 and follow
the prompts.

WEBSITE
Those with access to the DIN can visit
<http://17Wing.winnipeg.mil.ca>, then click
17 Wing, then Services.

CARE & SHARE
BENEVOLENT FUND
Contact Wing Chaplain Office for
further information.

Your 17 Wing Chaplain Team

From left to right:
Lt (N) Lesley Fox,
Capt Paul Gemmiti,
Capt Greg Girard,
Maj Hope Winfield,
Capt Emanuelle Dompierre,
Capt Kevin Olive,
Lt (N) Frederic Lamarre



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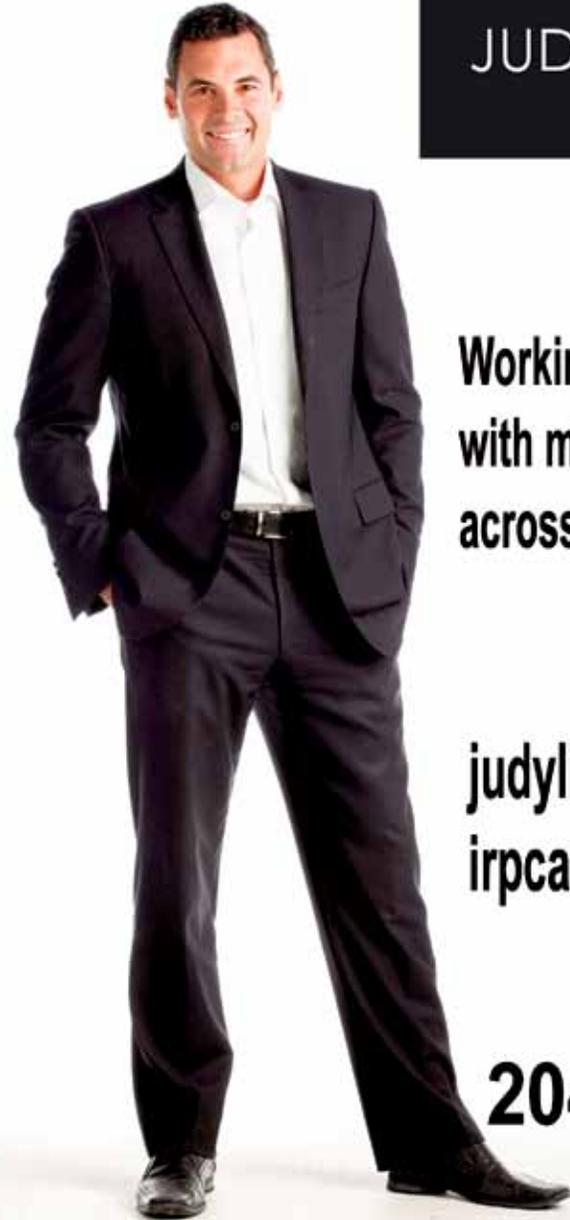
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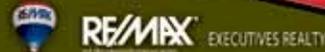
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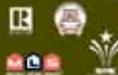
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