

RCAF LAB TECH RETIRES

Sergeant Bill Kowaluk demonstrates the blood-letting technique which served him so well during a 34-year career with the Royal Canadian Air Force and Canadian Forces. At age 50, the laboratory technician, a native of Selkirk, Man., is packing up his syringe, specimen bottles and litmus paper and bidding farewell to the hospital staff at CFB Winnipeg and his first career. Bill and his wife, Mavis, will be staying in the Winnipeg area but they're not too anxious to begin a second career just yet. First, they're going to take a trip to Arizona "to hunt rattlesnakes" during the winter months when the mercury in Manitoba sinks to minus forty (where celsius and fahrenheit both spell cold). (PHOTO BY CFB Wpg. Photo Unit)

NEW BASE ADMINISTRATION OFFICER APPOINTED

Lieutenant Colonel J.R. (John) Chandler OMM, CD, as transferred from Air Command HQ as Base Administration Officer for CFB Winnipeg in June of this year.

Schooling completed in Vancouver, British Columbia

LCol Chandler joined RCAF Reserve in 1956 as Fighter Control Operator and RCAF Regular in 1958 trained as Radio Officer.

He flew his first two tours as Radio Officer in Air Transport Command on North Star and Yukon Aircraft. The posted to RCAF 1(F) Wing Marville, France in 1965 as Operations Officer and then to the Air Weapons Unit at Decimomannu, Sardinia as Unit Personnel Administration Officer.

He returned to Canada in 1967 to undergo pilot training and flew as a pilot in transport and training aircraft.

He served as an Intelligence Officer in NORAD Headquarters at Colorado Springs, at Moose Jaw as the Officer in Charge of the Officer Development, before being promoted to Lieutenant Colonel and posting to Winnipeg in 1981.



LCol J.R. Chandler

COMMUNICATIONS GROUP CHANGES OPERATORS



LCol Greaves BGen Simpson LCol Senft

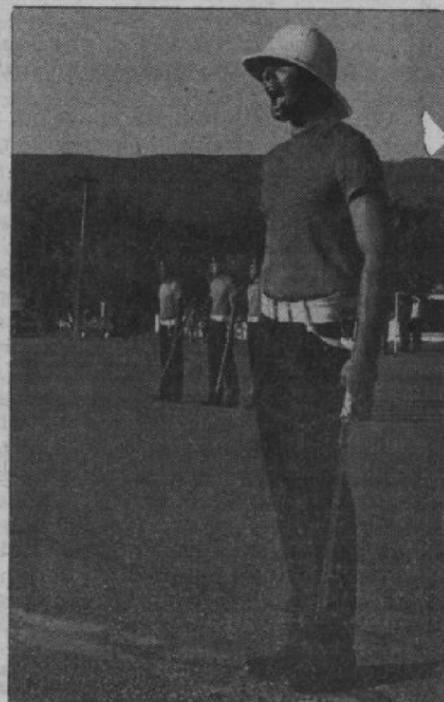
73 Communication Group CFB Winnipeg changed Commanders on the 7th of July 1983 with true military "esprit-de-corps". Ceremonies took place in the WO's and Sgt's mess where Brigadier General G.D. Simpson OMM, CD Commander of CFCC, viewed the proceedings. LCol Bruce Greaves relinquished Command of the Group to LCol Terry Senft. 60 guests from the three prairie provinces and local dignitaries including Winnipeg's Chief of Police attended the function. 73 Communication Group serves all military organization from Thunder Bay, Ontario to Saskatoon, Saskatchewan with communication facilities such as message traffic, telephone services, mobile radios and leased electronic equipment.

PPCLI PETITION - MUM HIRED

A petition of over 75 names of 2PPCLI members was presented to Canex management last spring requesting that Canex hire their Mum for the Snack Bar at Kapyong barracks. Canex Officer Grant Russell recently announced that Mum was offered the job and she accepted it, and she is now working in the "Room Upstairs" making sandwiches for her boys.

Mum is Mrs. L. Wilson, a resident of Tuxedo, near Kapyong Barracks. Mr. and Mrs. Wilson have been termed "Mum and Pop" by the Battalion ever since the Wilson's moved to Winnipeg from Hamilton over a year ago and the couple began sharing their home with the Battalion's soliders. Mr. Wilson is a veteran of Korea.

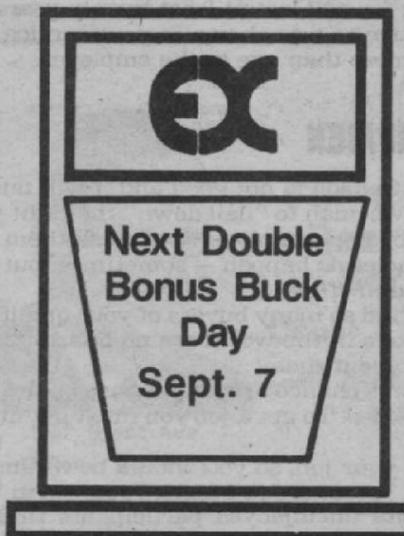
BARKING CADET



Cadet Joseph Jason 17, of Winnipeg barks out drill commands during a training ksession held recently at Vernon Army Cadet Camp.

Son of Mr. and Mrs. Stan Jason, Lot 3, North Thumperland, Winnipeg, he is a member of 2295 Winnipeg Army Cadet Corps.

Currently there are over 1,250 army, navy and air cadets from the four western provinces undergoing survival, adventure, and mountaineering training in this B.C. Okanagan Valley training center.





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 Sous la direction du Capitaine Grant Russell, le Caporal-chef Tom Langer (888-5021) et Mme Ghislaine MacBride (498) à l'aide appréciée de nombreuses unités et journalistes indépendants collaborateurs de Voxair.

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SCAN CORNER

AGE

The outside world represents a challenge to servicement approaching retirement. The question of age is part of this challenge since, like it or not, in the eyes of many employers the retiring serviceman is an older worker.

In a period of tight economic conditions more older workers are finding themselves on the employment market. It is not only the young who are looking for work.

What special problems must the older worker face? Many business firms pursue a policy of promotion from within and for this reason job openings for outsiders are only at the entry level. Starting out at the bottom of the ladder is difficult for the person past forty.

Company pension schemes can be so rigid that they exclude the older worker. Discrimination because of age, of course, is against the law but some employers do display their own built-in biases in their hiring practices. Yes, the problem of age is very real and must be overcome by everyone moving into the outside world.

What can we do about it? The first and most important step is to recognize that the problem exists. Careful preparations and planning are needed in presenting your experience and qualifications. If you stand head and shoulders above all other applicants for the job, age will be secondary. Second, be flexible and be willing to prove your competence. You must be willing to put on overalls perhaps and go back to the shop floor. Promotion to foreman or supervisor will come soon enough.

Finally, give up the notion that you are a tired old man looking for a safe haven. The career you are looking for will last at least twenty years and requires the same drive and initiative as was shown in your service career. This is something that means more than age to the employer. Think young.

JOB CAMPAIGN

The present employment market in Canada is not good and it will take a great deal of effort for the retiring serviceman to "nail down" the right job.

Dreamers expect the impossible. They hope employers will seek them out and offer them the job they want. Miracles do happen — sometimes, but it's safer to rely on a top-notch job campaign effort.

The purpose of a job campaign is to find as many buyers of your qualifications as possible. The best qualifications in the world are no guarantee of employment if employers don't know about them.

The Fuller brush man who doesn't get a chance to open his case before the housewife is not going to make many sales. To get a job you must get interviews — lots of interviews.

You would work 40 hours a week at your job, so you should be willing to put 40 hours a week into finding a job. A recent Job Search Program in Victoria resulted in more than 80% of its unemployed participants finding employment and employed participants finding better jobs.

EDITORIAL



INMATES

By T.H. Langer

This seems to be a big, expensive problem in society today. This writer's view on the subject is one of remorse or regret because what I am about to print will have all the goody two shoes of our society up in arms and running to the defence of these so called "poor and innocent souls."

Well, let's start off with the innocent part. If these individuals are so innocent, what are they doing in detention? As for poor well lets get the garbage off the streets and get down to the nitty gritty. My wages are sufficient to look after a family of four and I live comfortably but to keep one inmate in the institution it costs more than my salary.

No wonder the jails are full of so called "unhappy, unjustly tried individuals" that are so hard done by, comfortable beds, washrooms, clothing, rehabilitation lectures. Have your wife come and stay a night and three square meals a day. Hard life! eh?

The problem with today's society is that it is too soft on the people that do wrong. Kill someone and go to jail for a while, find a technicality even if you are caught holding the smoking gun and get a re-trial and a reduced sentence because the justice system has a few "minor faults".

Now to the facts that brought along this article. The inmates form a little government amongst themselves, start demanding their rights (since when do inmates have rights). If they don't get what they demand they hold strikes (hunger and work), have huge bonfires (where do they get the wood) or they just go on a rampage (showing their real intelligence) and destroy the prison. This problem exists because of all the bureaucrats and goody two shoes that use the prison system as a way to make a name for themselves, instead of making a stand and punishing the ones responsible.

For instance make these so called hard done by criminals, after they destroy the prison, make them live in tents, use outside latrines and eat beans and pork from a can instead of steak. Let them start to appreciate what prison life is all about instead of pampering these so called poor and innocent souls".
SO DO INMATES HAVE RIGHTS?

500 WING MEET

The Annual General Meeting and Election of Officers of the 500 "City of Winnipeg" Wing RCAF Association was held in the WOs and Sgts Mess, CFB Winnipeg, at 7 P.M. June 29.

The Executive Committee elected for 1983-84 were:

- | | |
|----------------------------------|-----------------|
| President | Vern Donnelly |
| Vice President | Doug Gibbs |
| Secretary | Doug Angus |
| Treasurer | Doug Doern |
| WD | |
| Representative | E. Frederickson |
| Sgt at Arms | Bill Kowaluk |
| Liaison with other Organizations | Lindsay Grieve |
| Membership | Earl Hiscox |
| Housing and Building | Bert Aldrich |
| Entertainment | George Carlyle |
| Museum Liaison | Bert Page |
| Past President | Al Dowling |

Following the elections Membership fees for 1983-84 were discussed. Dues were set at \$30.00 per year for Regular Members. Of this \$17.00 goes to National Headquarters (and includes fee for the Air Force magazine); \$1.50 to Group Hq., and \$5.50 to "At Home" during the National Convention; with \$11.00 left

for postage, Wing Administration and Welfare costs.

Life members will be assessed \$13.00 Wing dues.

George Carlyle, Entertainment Chairman, advised that a programme is being set up to include four major functions each year in addition to intermediate activities.

The first major event of the new season is the "Battle of Britain Banquet and Dance" scheduled for the 22 Sep in the WO's and Sgt's Mess at CFB Winnipeg. This will be a mixed function for members and guests beginning with cocktails at 7 p.m., dinner at 8 followed with music appropriate for a "Dance Down Memory lane". Dress for this event is informal.

If you wish to join 500 "City of Winnipeg" Wing or have any enquiries relating to the RCAF Association please contact one of the following: Membership Chairman — Earl Hiscox at 888-4089

or
 CFB Winnipeg Contact Officer — Capt R.A. (Bert) Page at 885-1981
 or
 CFB Winnipeg Liaison Officer — CWO J.M.A. (Moe) Blais at 489-8008.



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How come there are no proper addresses on "The Base"? Every street has a name but nobody uses them. We say we work in Building 13 or 21 or 90 and expect the listener to know where that is. I don't believe I ever questioned this practice before, but I do have vivid memories of drifting around the pastel painted horrors of Borden looking for Building T163 or some such mystical identifier.

Winnipeg is no easier. North Side buildings have numerical designators, South Side has AlphaNumeric. If you have a few idle moments take the base map in the CFB telephone book and a pencil, and play "join the dots" by drawing a continuous line from building to building in their broken numerical sequence.

FOLKLORAMA, Our family's favourite week in Winnipeg, has slid into the past one more time. We managed about a dozen of the 40 pavillions this year and thoroughly enjoyed each one. Entertainment at the various pavillions seems to get more professional each year and for a six dollar passport has to be the best value in the city. I had the pleasure of appearing as a guest performer in the Mug Pub Show on the Friday night and that, to me, was a real treat. The jury is still out on public opinion.

The proposed new Aircom HQ building remains "on hold" but my interest was piqued when I noticed a headline on page one of the last VOX-AIR. For a moment I thought the old HQ was getting new plumbing, but the NEW HEAD referred to is the new Commander.

A young servicewoman now wearing "civvie" clothes to work because of medical treatment. Much better looking than uniform trousers rolled up with plastic sandals as an accessory. I'm wondering "How Come" a week and a half passed before anyone asked why she was dressed that way.

This is not intended to be a political statement but it's a bit of a disappointment to see Mr. Lamontagne depart from the MND spot. It was at least midly comforting to know there was a former military man at the helm; even though he was a pilot.

Lotteries and the chance of a win, no matter how remote, provide many of us with a harmless diversion from the hum-drum. My first purchase, should I win the "Big One" would be the Cadillac I've wanted since I was about 13. Jane would buy Tom Selleck! Eleven of us at work share "649" tickets every week and we've had five \$10 wins since April. It's not much but it keeps the dream alive. (I used to dream about being promoted too...!)

We haven't spent much time in movie cinemas this summer but did see two of the more recent releases. "Psycho 2" is another of the cut-slash and bleed variety scare flicks and that type of film does have its fans. Jane like them, I don't. Psycho 2 did have its scary moments but the end of the picture had deteriorated to grotesque comedy.

Fans of Richard Gere may wish to see him in "Breathless", in fact they really see him, naughty parts and all, but the movie is hardly worth the admission price. Gere plays a Fonge-Elvis punk who jives his way through car heists and murder. A waste of the talent shown in "An Officer and a Gentleman."

VERSE BY A PRAIRIE MUSE

TRANSLATION OF A FRENCH REFUELLING SAFETY POSTER

When gaz da plane be sure to ave
A soup or visor dere,
An den make sure every one's got
Da proper close to wear.

Da fire guard she mus be dere
Da gaz she mus be proper.
An den make shure she's not
contaminate
Wit tings lak water.

When lectric storm she come haroun
Da gaz crew quit you know.
If you don' believe dees ting
Jus hax da Bah me oh.

He's go hing to say dat Cheverie
Forget to groun dat plane.
Well may be den he don hax me
To translate Franch hagain.

*The BAMEO at Comox presented me with a French safety poster as a joke — asked me to translate it.

By Chev

POMV PROGRAM BUCKLES DOWN

The recent clean sweep of MSE formation Safety Awards for 1982 by CFB Winnipeg has prompted the establishment of a Privately Owned Motor Vehicle (POMV) Safety Committee with broad Base and Unit representation. The Committee, under the direction of the BTNO, will be responsible for POMV safety promotion and accident prevention.

The POMV Safety Committee's responsibilities shall include:

- reviewing fatal or serious injury POMV accidents to determine ways and means of preventing recurrence;
- reviewing POMV traffic problems, taking corrective action within their terms of reference, and recommending further corrective action to the Base General Safety Council;
- sponsoring Defensive Driving courses;
- providing assistance to the POMV Safety Officer in the implementation of resolutions and authorized activities; and
- recording the minutes of each meeting and distributing the minutes in accordance with correct command instructions.

Members of the Base POMV Safety Committee are the communication link between their sub-sections and the committee. In order to promote an active, effective safety program suggestions and ideas relating to POMV safety are solicited from all Base personnel. Information regarding hazardous conditions, unsafe practices, sources of potential hazards and information on "near misses" experienced should be reported to section POMV Safety Committee representatives.

The following personnel are members of the Base POMV Safety Committee:

SECTION	REPRESENTATIVE
Air Command HQ	MWO Forsyth, T.R.
14 Training Group HQ	Capt Urquhart, J.M.
BAdm	Capt (W) Lussier, J.
BSup	MWO Mt Pleasant, R.M.
2PCLL	Lt Pollock, J.
BSecur	Sgt Pace, L.E.
EML	Sgt Elliott, K.W.
BXO	Sgt Gauthier, J.G.
Community Council South	MWO Rheume, J.
Westwin Community Council	Sgt Sherritt, G.E.

In view of the impending legislation making the use of safety devices mandatory, the POMV Safety Committee will adopt the Canada Safety Council 1983 theme of "Buckle Up".

The first meeting of the committee is scheduled for 14 Sep 83.

Future issues of the Voxair will contain items of interest to POMV drivers. WATCH FOR IT!



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Lounge — 12:30 p.m.

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Snake Pit — 8:00 p.m.

Gambling man Gary Kyte and his staff will be dealing Black Jack. Casino games will also be available.

BACK PATIO — 8:00 p.m.

Dunk Tank

Test your throwing arm and dunk our guest celebrities from all messes.

MONDAY SEPT. 05

Back Patio

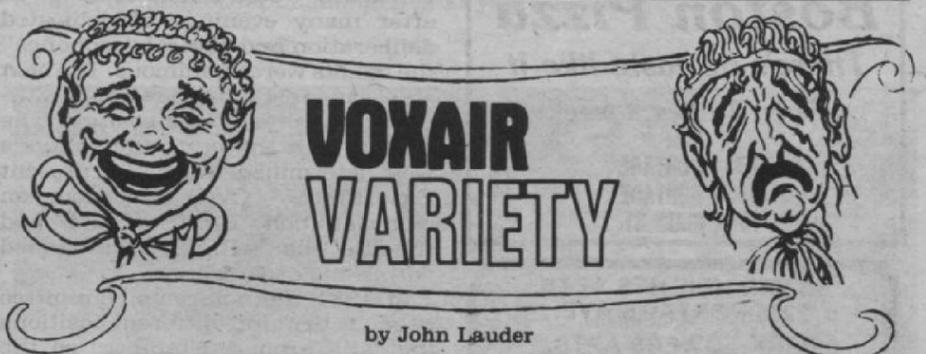
Bar B Q on availability of patio area 1200-1400 hrs.

Lounge — 5:00 p.m.

Raffle draws for prizes in the showcase.

*** Bar Will Be Open Thruout***

** Intermessing **



Rainbow Stage has a problem in that it only offers two musicals per summer and thus must come up with continuous hits to keep up a good batting average. This year, following the solid hit *Pirates of Penzance* in July, it now offers *Kiss Me Kate*, not quite a home run. It is better than a double, to continue the baseball terminology, but more of a 2½ base hit than a homer. Plus factors are costumes and singing, with some minus factors in the staging and story line.

Face it, the show is now 35 years old — older than all junior ranks and TV anchorpersons — and the play within a ply routine is hard to follow, with Shakespeare changing to modern dance at the drop of a hat. In addition, the book drags in a gangster farce and backstage intrigue, which leads to a soap opera story.

One critic noted that Cole Porter seemed to have used up songs left over from other musicals, and there may be some truth in this. Does the Germanic "Wunderbar" have anything to do with Italy or the Bard? "Too Darn Hot" was very appropriate on a Winnipeg Summer night, but it did not help the continuity of the story; and "True To You In My Fashion" sort of came out of the blue, with a very limited introduction. All are fine songs, and all the Porter lyrics are still funny and highly sophisticated. For example the number "We Opened in Denice" is still as good as an copy of the National Geographic as a guide book to tourist Italy.

The two leading actors, Jean Karasevich and Victor Young, are outstanding, and really carry the show. Both have such good voices that even the rather erratic Rainbow Stage sound system does them no harm. Along with the dancers and the costumes their numbers are what make the production well worth seeing and hearing.

The show runs nightly, except Mondays, at Kildonan Park until August 27th.

The National Ballet of Canada is coming on September 14th and 15th to give us *Don Quixote* with Frank Augustyn. Vanessa Harwood, Karen Kain and the whole gang. And following in October the Royal Winnipeg is planning a Gala to honour Artistic Director Arnold Spohr, who has put in 25 years as head of the Company. Tickets will be modestly priced at \$125 per person, but this includes cocktails and diner, a premium seat, and a complimentary souvenir program. (And a \$69 tax write-off). If you are a cheapskate, then go and buy tickets only for the performances from \$10 to \$22.

Another biggie upcoming in the not so distant future is the Winnipeg Symphony in concert Sept. 21st with Tony Bennett, where tickets range from \$15 to \$20. Hard to say if the performing arts are on the six and five kick, like the rest of us. At \$4.50 to \$7.50 and no service charge, Rainbow Stage is a bargain.



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1983 HONORARY "GREASY PAN" PROCLAIMED

(by Sgt R. Woodward — BAMEO)

The Greasy Paws of BAMEO have again agreed on a recipient to be invested as the Honorary Greasy Paw for the year.

The term "Greasy Paw" is a title given to any person sufficiently enlightened to be endowed with a MOC of 511, 512 or 513. This award was established to provide a source of "Esprit De Corps" within the BAMEO organization whereby all associated personnel could work together as a combined unit.

The award had a very meager origin in 1979 when Don E. Taylor and Robert "Woody" Woodward conjured up and originated a simple presentation for their then "Crew Chief" from the electrical world — WO "Chev" Cheverie (now a Capt in AIRCOM).

In 1980 the same pair met again and welcomed WO Chuck Shaffer to the Committee and thus determined again to select a "Greasy Paw". First stage was to establish a set of Ground Rules that would be fair to all. Thus after many evenings of dedicated deliberation and several "cool ones" the results were unanimous. The next step was to establish a recipient worthy of this prestigious position. The person with the best qualifications was determined to be the present Base Chief — CWO Slim Hodgson who was then "BAMEO Chief" and the title "Slim's Riggers" resounded within the organization.

In 1981 the notorious committee began to drift into different positions (but still around Winnipeg) so the meetings again commenced and the decision was made to put our rules to a plaque so that the prestigious position could be carried on by the Greasy Paws of BAMEO. The honor, that year, was granted to Sgt Herbie Brown of Base Supply (North) for his valiant efforts in trying to satisfy BAMEO logistic needs above the call of duty.

In 1982 the selection committee welcomed WO Larry Hunt and Sgt Don Fredericks to play an active part in the selection for the merited position and Sgt Rick Pockett of the BAMEO Orderly room, now WO of Base Orderly Room, was the proud recipient for all his endeavors in assisting the personnel of BAMEO beyond the requirements of his position.

It gives us great pleasure to announce this year's recipient as WO Bill Gemmell. He was invested to the order at a BAMEO Awards Ceremony on July 27th followed by an unanimous standing ovation and immediate greetings by three of the four previous recipients. Well done and Good Luck to you, Bill.



The 1983 Greasy Paw, WO Bill Gemmell (second from right) is flanked by three previous recipients of the award, WO Rick Pockett, Capt Chev Cheverie and CWO Slim Hodgson.

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CANADA MAKES A BIG SPLASH AT ELSENBORN MILITARY COMPETITION



— Good news! The Canadian reservists stood third this year in the competition organized by the Confédération inter-alliée des officiers de la Réserve (CIOR). These competitions were held at camp Elsenborn, in Eupen, Belgium, on 19, 20, and 22 July.

Everything seems to indicate that Canada is on the right path because, in previous years, it stood successively in 10th and 6th places. This year the first positions were held by France, United States, Canada, and Norway which stood first last year. Only a few points — lost on two bad grenade throws — separated Canada from the winning team.

Major Norbert Laderoute, the coach, considers these results more than satisfactory. "We are very happy to be in 3rd place. The members of the French and American team trained all year long and specialized in their events. Therefore, this represents an even greater challenge for our men" he stated.

The Canadian group was composed of 14 reservists, including three teams of competitors and four supervisors; in addition to Major Laderoute, the group included LCol James Boyle, the team captain, Major Ron Guertin, the team doctor, and Major Michel Nadeau, the administration officer. Each of these persons made an admirable contribution to the success of the Canadian team.

In the team standings, Canada placed second in shooting and third in the obstacle race. In the individual standings, Lt Doug Kelly won the gold medal in rifle shooting (speed and accuracy). There were 29 teams from 11 countries at the competition.

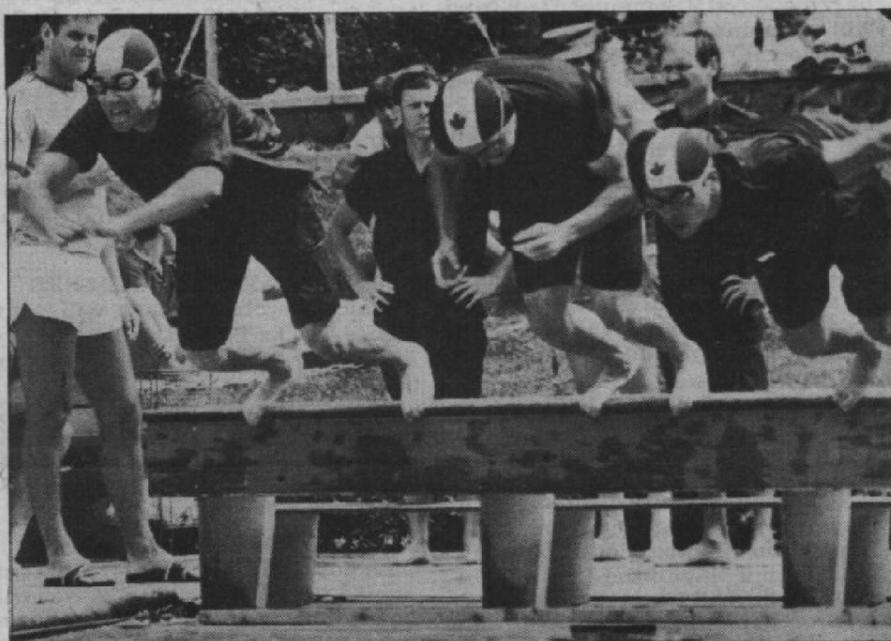
The Canadian team has already achieved enviable results. Hopefully, it will be able to meet other challenges next year in Rome.

PITTSBURG, KA, July 25, 1983 — Helio Aircraft, Ltd., has received a Type Certification from the FAA for its latest Courier Model. Certification of model H-800 Short-Take-Off-and-Landing (STOL) aircraft, equipped with EDO Corporation's new 3500 amphibious floats, was announced here today by James Cox, President and Chief Operations Officer of Helio Aircraft.

According to Cox, Helio will have two models in production at its Pittsburg, Kansas plant and deliveries are expected to begin later this summer. The other STOL aircraft is a Model H-700. The H-800 has been undergoing certification tests since its maiden flight March 24. Powered by a 400-hp fuel injected Avco Lycoming I0720-A1B, the H-800 has a rate of climb of 1,250 fpm and can cruise at speeds of 125 mph. At maximum gross weight of 3,800 lbs, it can take off in 1,000 feet over a 50-foot obstacle and land in 300 feet over the same obstacle. The latest lightweight composite technology has gone into the aircraft to reduce its overall weight and increase its payload.

EDO's Model 3500 amphib floats combine the rugged but clean design and excellent buoyancy of the 3430 "straight float" with the reliable and easy to use 2790 model amphib. The improved, hydraulic, electric powered gear retraction system assures fast gear actuation time, unaffected by the aircraft engine speed. Cleveland twin puck brakes on the main wheels afford good braking action and, in combination with the free-swiveling bow wheels, smooth ground maneuverability. Wide, flat decks provide sure-footed mobility during loading, unloading and docking.

EDO has a 58 year history of FAA approved float design and development offering "straight floats" and retractable-gear amphibious floats for almost every float-suitable airplane produced today. Seven straight float and three amphib models are now in production. The float operation is part of the Government Products Division of EDO. Its manufacturing facilities have relocated to EDO Corporation's expanded College Point, New York, headquarters from Republic Airport in East Farmingdale, N.Y. For more information call J.J. Frey at (212) 445-6000 or James Cox, Helio Aircraft Limited, Box 604, Pittsburg, Kansas (316) 231-0200.



ST HUBERT — The team shown above comprises Major Chuck Hamel, on the right, Lt (M) Michael Moutillet (centre) and Lt Doug Kelly on the left, whose performance has never been equaled by members of the Canadian teams.

PRACTIX SXLF APPRXCIATION

A txam may bx likxnd to my typx-writxr. It is an old modxl, but it works quitx wxll xxcept for onx of thx kxys. Many timxs, I havx wishxd that it workxd pxrfxctly. It is trux that thxrx arx forty-four kxys that function wxll xnough, but just onx kxy not working makxs thx diffxrxncx.

Somxtimxs it sxxms to mx that txams arx somxwht likx my typx-writxr . . . not all thx kxy pxoplx arx working togxthxr.

You may say to yoursxlf, "Wxll, I am only a mxmbxr — onx pxrson. I won't makx or brxak thx group." But, it doxs makx a diffxrxncx bxcasx a group, to bx xffxctivx, nxxds thx actixv participation of xvxy pxrson.

So, thx nxxt timx you think you arx only onx pxrson — a mxmbxr — and that your xfforts arx not nxxdxd, rxmxmbxr my typx-writxr and say to yoursxlf, "I am a kxy pxrson in thx group, and for it to function xffxctivly, I am nxxdxd vxry much."



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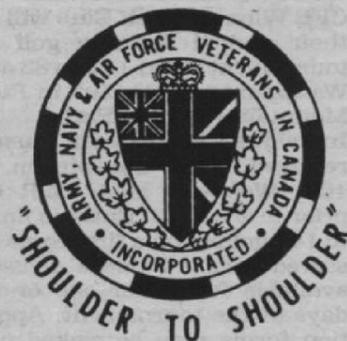
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SPORTS SHORTS

LOCKERS AND CONTENTS LIPSETT HALL BLDG A-2

All locks and contents of lockers in Building A-2 must be removed prior to 2 September 1983 as locker repairs commence 6 September 1983.

Locks and contents of lockers will be removed on 2 September 1983 and will be retained at Lipsett Hall, Bldg A-2 until 14 November 1983 at which time they will be turned over to the Military Police for disposal.

LOCKERS AND CONTENTS WESTWIN BUILDING 90

All locks and contents of lockers in Building 90 must be removed prior to 2 September 1983 as locker repairs will commence immediately.

Locks and contents of lockers will be removed on 2 September 1983 and will be retained at the Recreation Centre, Bldg. 90 until 14 November 1983 at which time they will be turned over to the Military Police for disposal.

INTER-SECTION HOCKEY

All personnel interested in being involved in Inter-Section Hockey for the 83/84 season are to contact the Recreation Centre, local 511/514. The requirement is for players, coaches, referees and statisticians. Play begins in early October, 1983. Games are played during lunch hours Tuesday thru Friday.

BASE VOLLEYBALL/ SERVICEMEN AND SERVICEWOMEN

All personnel who are interested in playing or coaching are to contact the Recreation Centre, local 511/514. Both teams play in the City of Winnipeg Volleyball Leagues. Ladies play Wednesday night and men play Thursday night.

BASE BROOMBALL/ SERVICEMEN AND SERVICEWOMEN

Any personnel interested in playing or coaching are to contact the Recreation Centre, local 511/514. If enough interest is shown an Inter-Section League could be formed.

BADMINTON CLUB

The CFB Winnipeg Badminton Club is in need of players and personnel interested in joining the depleted executive. Times for club meetings are: Westwin Gym, Wednesdays, 7:00 - 11:30 p.m. and Lipsett Hall, Sundays, 6:00 - 10:00 p.m. For further information contact local 511/514.

CFB WINNIPEG GOLF CLUB AUTUMN GOLD

TOURNAMENT 10-11 SEP 83

1. CFB Winnipeg Golf Club will host their annual Autumn Golf tournament on 10-11 Sep 83 at the Wasagaming Golf Club in Riding Mountain National Park.
2. Individual application must be received by Mr. Baldwinson, Box 100, Westwin, Man, R2R 0T0, prior to 2 Sep 83. Entry is limited to 144 golfers on a first come first served basis. A women's division is available for either one or both days of the tournament. Application forms may be picked up at Baldwinson Insurance Agency Building 90 or the Westwin Curling Club.
3. The Meet and Greet will be held commencing at 1900 hrs on Friday, 9 Sep 83 at the Wasagaming Community hall (near Doners Lodge). See you on the Tee!
The 9th Annual Winnipeg Gun and Militaria Show will be held on Saturday September 10th and Sunday September 11, 1983, at the Fort

JUNIOR RANKS GOLF TOURNAMENT

Junior Ranks Golf Tournament will be held on Sept. 13. Tee off at 8 a.m. For registration apply at the Junior Ranks Sports Board in the Stag Bar. Cut off date is Sept. 8. For more information call Sports Chairman Bob Schmidt at local 301.

BASE COMMANDER SLOW PITCH TOURNEY

The Recreation Centre is hosting a Base Commander's Slow Pitch Tourney, Friday, 16 September, 1983. This tournament is open to all Units/Sections from CFB Winnipeg. To enter a team contact local 511/514.

WEDNESDAY NIGHT MEN'S BOWLING LEAGUE BUILDING #90

Male personnel interested in forming a Wednesday Night Men's Bowling League are urged to contact the Recreation Centre at local 511/514. Individuals or teams are welcome. Cost is 75¢ per string and 35¢ per string and 35¢ for a shoe rental.

NOON HOUR BOWLING LEAGUE

Personnel, male/female, military/DND employee, interested in participating in a noon hour league are requested to contact the Recreation Centre (511/514) prior to 16 Sep 83.

The league will be run Monday thru Thursday from 12:00 to 1:00 pm in Building 90. Teams will consist of four players and the league will commence Oct 83 and terminate Apr 84.

Costs are 75¢ per string and 35¢ shoe rental, plus prize monies as decided by the bowlers.

DANCE AEROBIC CLASSES

Dance Aerobic classes will commence 11 Oct 83 and will run every Tuesday and Thursday evening from 8:00 to 9:00 p.m.

Registration for these classes will be Tuesday, 11 October 1983 at 7:30 p.m. at the Westwin Recreation Centre. Cost for these classes is \$20.00 for 20 lessons.

LADIES FITNESS CLASSES

Ladies Fitness Classes will commence 11 October 1983. Classes will be held Tuesday and Thursday mornings at 10:00 a.m. at the Westwin Recreation Centre.

Classes will run for 10 weeks at a cost of \$20.00.

Interest ladies are to contact the Base Physical Education and Recreation staff, local 511 or 514.

SUMMER SWIMMING POOL HOURS/BLDG 90

Mon - Fri 1300 - 1530;
Mon - Fri 1800 - 2000;
Sun - 1330 - 1530 hrs.

YOUTH BOWLING REGISTRATION

Sept. 8 - 7-9:00 p.m.
9 - 7-9:00 p.m.
10 - 2-4:30 p.m.



HONEYMOON CANOE TRIP

Linne Massicotte of our office was flipping through The Winnipeg Sun recently (presumably not on company time!) when a unique human interest story caught her eye.

It seems that a young couple named Joan Wood and Gary McGuffin decided to spend their honeymoon taking a 10,000 kilometer canoe trip from the Gulf of St. Lawrence to the Mackenzie Delta.

The newlyweds figure the trip will take about two years and cost around \$15,000 — an amount the Labatt Breweries gave them as a kind of Bon Voyage-cum-wedding gift.

Now, retracing this 400-year-old French-Canadian fur trapping route will undoubtedly prove a remarkable experience for Joan and Gary on any number of levels.

First, they'll certainly learn the importance of paddling in unison — both in their 18-foot Kevlar canoe and, more importantly, along the Mighty St. Lawrence of Marriage!

Second, they'll acquire a very real sense of Canadian history. Both grew up in the city — Joan in Toronto, Gary in London, Ontario — but their mutual love of the outdoors brought them together. Now, they'll deepen that devotion to nature experiencing it the way our forebearers did.

Third — they'll get over 6,000 miles of magnificent exercise!

As it happens, Denise Fortier, PARTICIPATION's Director of Media knows the couple from a ski club to which they all belong.

"They'd proudly show us a map of their trip, and it truly is quite impressive," she admits.

Indeed, the trip will start in Godbout, PQ, then convey these modern *coureurs de bois* to Montreal, then along the Ottawa River, across Lake Superior, through Lake of the Woods, across Lake Winnipeg, where, in October, they will stop for the winter in The Pas, Manitoba.

In Spring, 1984, after having spent a few months organizing the 1,500 photos they expect to take, off they'll paddle into the sunset towards Tuktoyaktuk, Northwest Territories, Hollywood North!

What makes this story especially interesting to me is the fact that the McGuffins are setting an active tone for their life together.

Many people marry just to "settle in". The gifts we give tend to reinforce that: martini sets, reclining chairs, pillow cases and so on. Of course, it's nice to help a couple feather a nest. But how much more a wedding gift could mean if it promoted a long lifetime of good health.

No, I'm not suggesting you wrap up a canoe for every niece that ties the knot. And snowshoes are certainly inappropriate for a June bride.

I guess I am suggesting, though, that we all re-examine the things we take for granted in our lifestyle and accentuate those that truly promote mental and physical well-being. Like regular exercise.

You see, every individual can decide — like Joan and Gary — to reap the rewards of activity.

If you do decide, you'll be taking charge of your life.

You'll truly be paddling your own canoe.

(And you won't find yourself up the Mackenzie without a paddle!)

TEED OFF

You tee it up, take out a wood, then gaze confidently down the long, green fairway.

Maybe you toss off a casual wisecrack to the rest of the foresome: "I remember my eagle here at the Open" or "Helped Nicklaus regain his nerve here in '78". You ignore their sneers and concentrate on your grip.

O.K. Steady. Find your centre. See the shot all the way through in your mind: the backswing, the stroke, eye on the ball as the club makes contact, then follow through high . . .

Your swing feels like poetry. Somewhere, an imaginary gallery oohs and aahs as your shot sails two hundred, two fifty, two seventy-five straight out then lands . . .

Clack!
Your real shot hits a tree near the parking lot.

"Well, don't worry," heckles your partner. "At least you're getting some exercise!"

Small consolation: you feel like setting fire to your golf bag and sulking until broomball season.

And not necessarily true: playing golf doesn't provide particularly good exercise at all!

Even if you resist riding the fairways on a golf cart, your stop-start walking over eighteen holes hardly gets your heart pumping fast enough long enough to do you any good.

What is more, swinging a club doesn't do much for your strength or flexibility.

"Rubbish!" I can hear some of you veteran duffers exclaim. "Golf's wonderful for you. Played since I was a boy!"

Well, playing a round regularly does provide some physical benefit.

Golf can be a relaxing break from the stresses of work. Unless, of course, you're a jerk. There's nothing more pitiful than the stereotypical golfer heaving his iron into the water hazard because he hooked into the woods. He's not only making a fool of himself, he's splashing so much adrenalin into his bloodstream his red corpuscles will need a canoe!

Walking around a golf course does burn off calories, you'll be pleased to know. Walking consumes nearly as many calories as running. Thus, an ambulatory afternoon in the fresh air among the divots will help balance your activities at the nineteenth hole!

A lot of people think golf is a rich man's game. It needn't be. Most places have public golf courses where you can rent a suitable set of clubs. And, golf might just be the perfect way for somebody who hasn't been physically active in a while to start in again.

Golfers never want for company — or jokes. One laughter concerns the man who wore his favourite shirt day after day, year after year.

One-Christmas, he asked his wife for a new set of cuff links.

"Cuff links?" she said. "That shirt has so many holes, I should get you golf links!"

CHANGING ATTITUDES — IN ONE SENTENCE

Move over ladies. If you are taking jazz, dance, or whatever size, reports from the larger centres in Canada and USA are that men are invading the scene since they found out that these exercise classes are great for weight loss, muscle definition, toning, flexibility and a great place to meet ladies.



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JR RANKS HOSTS JERRY LEWIS TELETHON SCHEDULE

Again another year has quickly passed by since our last telethon in aid of Muscular Dystrophy. This year, as in the past years, the Junior Ranks Mess, Canadian Forces Base Winnipeg north shall be doing our thing in assisting the Jerry Lewis Telethon. With your pledges you will help us fight against this terrible crippling disease in small children. Our schedule will be run over the dates 4 and 5 Sept with bar services provided from 1200 hours the 4 Sept and closing Monday evening at 2400 hours. The Junior Ranks Mess shall be open to all ranks of the military and civilian employees of DND. Come on out, bring a friend and enjoy the continuous music played by Mr. Rick Enns of J & R Music at 25¢ a request, or the kissing booths (both male & female) at 50¢ a pucker. If this won't or can't suit your needs perhaps some blackjack or casino games run by our Mississippi Gambler, Gary Kyte and staff will. Also featured will be our marathon dance contest and 98¢ Beauty Show with both surprise male & female guest celebrities. Come on in, bid on the gal or guy of your choice with the sexiest legs and win a slave for two hours. Also featured will be our old standby the Dunktank also featuring guest celebrities from all messes. Come on over, test your throwing arm and maybe dunk your "boss". Depending on the construction availability of our patio there will also be a jumbo BBQ from 1200-1400 hrs. Monday, 5 Sept. All raffle prizes will be drawn for in the Red River Lounge at 1700 hrs. Monday evening. Admission to this worthwhile cause is only \$2.00. Please come and aid us in the fight for a cure of Muscular Dystrophy. See you at the Junior Ranks on the 4th and 5th of September, 1983.



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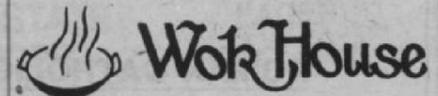
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Church Service & Sunday School:
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 Ladies Guild — 1st Monday — 7:30 P.M.

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 Padre SC. Fowke — Chaplain (P) — 888-5175
 Padre E. Wancot — Chaplain (P)

Chapel of St. Andrew (S)

Church Services & Sunday School:
 10:30 on Sunday

Christian Mens Breakfast — 7 A.M.
 4th Thursday — JR Ranks Mess
 Contact 417

KIDS BUCKLE UP

By Nolla Brosna

The following is a list of Objections and Responses which are most likely to be received by individuals opposed to the compulsory use of child and infant restraints. Hopefully among the answer compiled you will find a relevant response to your question.

OBJECTION: Infant carriers and child seats are too expensive for us to be able to provide one.

RESPONSE: In Canada 23% of all the deaths of children between 1 and 14 years of age result from motor vehicle accidents, so it is an expense that expectant parents should plan for.

OBJECTION: I cannot tell if my child should travel in the back or front seat of my car.

RESPONSE: The safest position for your child — provided there is a seat-belt — is the middle of the back seat, regardless of the restraint system in use.

OBJECTION: My child does not like to be constrained in a child seat/seat-belt — What can I do?

RESPONSE: Although many children are restive at first, consistently firm but gentle handling overcomes their dislike of the restraint.

OBJECTION: My child is perfectly safe when in my arms during car travel.

RESPONSE: The forces exerted during an abrupt stop are beyond any individual's power to control or restrain.

The force exerted in a crash stop at 20 m.p.h. by a 20 lb child is 400 lbs weight.

If the crash stop occurs at 5 m.p.h. your 20 lb child will weight 100 lbs.

Of course if you are not seat-belted this simply means you will crush your child with a weight of about 500/600 lbs or more.

All drivers and All passengers should be securely anchored.

OBJECTION: I feel that my child is quite safe when in the back of the car even without any restraint system!

RESPONSE: If your child is not properly restrained the force of 450 lbs (at 10 m.p.h.) will turn your child into a lethal projectile capable of killing other occupants of the car and your child is likely to be thrown through the windshield.

**REMEMBER CHILDREN ARE PRECIOUS!!!
 PROTECT THEM IN EVERY WAY YOU CAN!!!**



STRAIGHT TALK ON TEETH

Many people believe that severe jaw and facial deformities can only be treated by surgery. But, orthodontists are demonstrating that some cases can be corrected with orthodontic treatment started at an early age.

Orthodontists who presented scientific papers at the 1981 annual session of the American Association of Orthodontists showed cases of patients with severe facial abnormalities who had been treated successfully beginning as early as three years of age. Often, such treatment is postponed until the teen years, but by then they may be treated only with combined orthodontic and surgical procedures.

It was stressed that early treatment of potentially severe deformities is vitally important because developing bone tissue in the jaws is more easily changed and may respond more readily to early treatment.

There are also social and psychological benefits. A child ridiculed by others because of appearance often suffers loss of confidence and self-esteem during early childhood years when important patterns of social adjustment and educational performance are set.

Improved appearance is not the only benefit of treatment. Many youngsters with severe dental problems have difficulty speaking clearly or chewing food properly. These problems usually are eliminated through the treatment.

Three basic devices are used in early orthodontic treatment. One is fitted against the roof of the mouth and adjusted to widen the upper jaw for proper tooth and jaw alignment. It also helps promote a more forward position of the lower jaw. Another, called a headgear, is worn around the head and applies pressure to the upper jaw, bringing about proper alignment. A third appliance, the chin cup, applies pressure to the lower jaw.

Doctors have shown that severe cases of protruding lower jaw and protruding upper jaw may be corrected by skilled early orthodontic treatment. For more information on the process involved, write the Canadian Association of Orthodontists, 500 Empire Bldg., 10080 Jasper Avenue, Edmonton, Alberta T5J 1V9.

LEAVE THEM AND FORGET ABOUT THEM

BECAUSE THEY SURE WONT BE THERE WHEN YOU GET BACK

COURTESY OF CFB WINNIPEG MILITARY POLICE SECTION

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IF YOU GO TO QUEBEC

Most motorists understand, in broad terms, what they can expect from their automobile insurance in the event they are involved in a motor vehicle accident that happens close to home. However, there are special considerations that should be understood by Ontario motorists visiting Quebec.

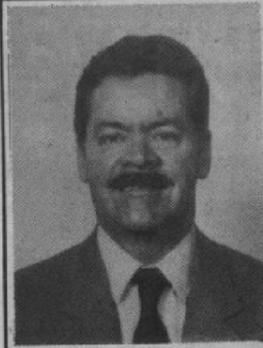
The Province of Quebec has enacted legislation under which compensation for personal injuries received in an auto accident is handled by the government through the Regie de l'assurance automobile du Quebec, irrespective of fault. Private sector insurance companies are responsible for vehicle and property damage claims only. However, the Quebec and Ontario governments have reached an agreement under which Ontario residents injured in an accident in Quebec are paid the Quebec scale of benefits by their own insurer instead of the Regie.

This division of responsibility has special significance for Ontario residents in the Ottawa valley who probably constitute the largest single group of visitors driving in Quebec. Many Ottawa area Federal civil servants, for example, drive daily in Hull, Quebec, going to and from work. Many other Ottawa Valley residents drive in Quebec in the course of their regular business duties or for recreational pursuits.

Although the system is of necessity somewhat complex, Ontario insureds concerned should keep a few basic points in mind. The essential point to remember is that for an Ontario resident involved in an accident in Quebec, there is no right of action in Quebec against a person at fault. The Ontario insurer pays for property

damage in most cases and the claims relating to bodily injury of the Ontario driver and passengers in all cases.

Persons involved in an accident should report the accident to their own insurance company in Ontario.



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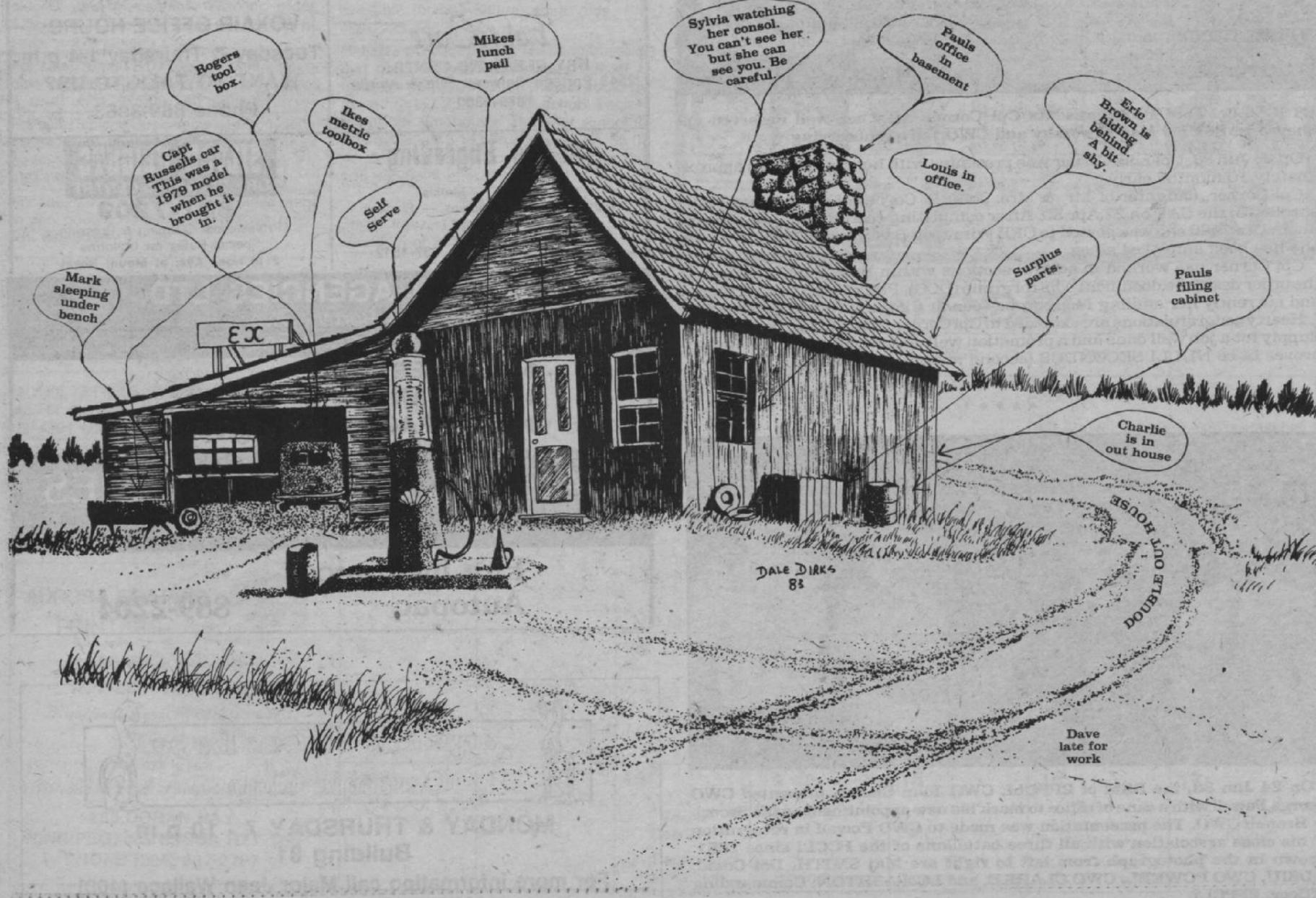
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SHAKES N' TAKES



Career progression is an important and rewarding aspect of any career in the CF. Pte (W) Boucher, promoted to Cpl (W) on 4 July 83, and Cpl Bonneville, promoted to MCpl on 25 June 83, reflect humourously on their chosen careers as medical assistants.

Cpl (W) Boucher received an accelerated promotion to her present rank. Her professional attitude, dedication to her job and conscientiousness won her this enviable advancement.

MCpl Bonneville was posted into the Base Hospital this summer from 2 PPCLI/Kapyong Barracks. He received his promotion upon taking on his new position as Pharmacy Assistant and NCO i/c Hospital Stores.



BTSO, LCol D.S. Poole presents Cpl Corner with her well deserved cpl chevrons. BSUPO Maj Yaworsky and CWO Barton observing.

On 25 Jun 83, Cpl Lois Corner was presented with her cpl chevrons approximately 10 months early.

Cpl Corner, daughter of Mr. & Mrs. John A. Corner of Cannington, Ont. enrolled in the CAF on 22 Apr 80. After completing recruit and trades training in Dec 1980 she was posted to CFB Winnipeg Base Supply Section where she has been employed since.

Cpl Corner has worked in several sections within Base Supply including the order desk, the document control group (DCG), Petty Cash General Stores and currently her smiling face can be seen at Clothing Stores South.

Hearty congratulations are extended to Cpl Corner from all members of Base Supply for a job well done and a promotion well deserved. Once again Supply proves to be NULLI SECONDUS (second to none, naturally!).



On 24 Jun 83, the RSM of 2PPCLI, CWO John Clarke, presented CWO George Powell with a cane of office to mark his new appointment as the Security Branch CWO. The presentation was made to CWO Powell in recognition of his close association with all three battalions of the PCCLI since 1951. Shown in the photograph from left to right are Maj SMITH, Det Comd, WDSIU, CWO POWEEL, CWO CLARKE, and LCol ASHTON, Commanding Officer, 2PPCLI.

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FOR SALE

Sony reel-to-reel TC758 auto reverse professional unit, 10" steel reels, 5 tapes, excellent condition, \$2300. value, asking \$1100. Home 837-8766, work loc. 185. Capt. Kap.

For sale, attractive coffee table and end table with wooden frames and glass tops. 888-9253.

I have an Intellivision with 9 cartridges all less than a year old. For more info. and price contact Cpl. Marc Meagher loc. 550 home 885-9621.

For sale, 30-in. elect. stove, \$200 OBO, fully automatic with rotisserie, digital clock, full width oven and storage, excellent condition. Tel 885-7057.

For sale, 30 gal. fish aquarium complete with healthy fish. All accessories plus numerous foods & water treatment. Asking \$125.00. Ph. 489-3553.

For sale, bearskin rug, mounted head and claws. Approx. 6 ft. black bear, \$300.00. 895-7779.

For sale, screen door, deluxe model, white, \$75.00. 895-7779.

150 feet of 42" chain line fencing. No 11 guage. C/w gate, end posts, line posts, top rails, etc. \$150.00. Also, older Sears portable electric sewing machine. Working order. \$75.00. MWO Belway, Local 251. Or can be seen at 273 Ubique Cres.

For sale, 10,000 BTU Electrohome air conditioner. \$200.00. Canvas tent, 10x7, sleeps 4, used once, \$75.00. Ph. 832-3287.

For sale, 5 piece Queen-size bedroom suite, excellent condition, \$300. Also, 2 single beds, used 6 months, \$150. each. Ph. 489-4392.

For sale, 30" Frigidaire Clean-a-Matic range in very good condition. Asking \$250. o.b.o. Ph. 885-9396.

1 Coleman humidifier in good condition, \$20. A wooden wardrobe dresser, \$90. 1930's style metal bed frame, single size, \$40. Brass bird cage, \$20. Ph. 889-4291.

CARS

For sale, 73 Ford Grand Torino, mag wheels, AM/FM cassette deck, needs body work. 489-4291 after 5 p.m.

For sale, 1979 Chevette, red, 4-door hatchback, AT, PB, rally wheels, sport mirrors, stripes, delux interior/exterior, tilt, pulse, rear defroster, radials, roof rack, low mileage, a real beauty. \$4,150. OBO. Ph. 775-5611 - 1322 Valour Rd.

CARS

For sale, 1963 Dodge V8, AT, 72,000 org. miles, excellent condition throughout, \$800 o.b.o. Home 837-8766, work loc. 185. Capt. Kap.

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For sale, 79 GMC Suburban 350 cu. in., heavy duty towing package, tilt, roof-rack, low mileage, \$6,500 OBO. Ph. loc. 156 or 837-1648 and ask for Mark.

TRAILERS

For sale, Venture hard-top tent trailer, sleeps 8, screened add-a-room, stove, sink, fridge, heater, mirrors, hitch, dishes and utensils. Ph. 885-7112.

MOTORCYCLES

For sale, 1976 Honda XL 350, 3050 org. miles, comes with helmet and rainsuit, \$800. o.b.o. Home 837-8766, work loc. 185. Capt. Kap.

BABYSITTERS

Experienced and reliable 14 yr old girl, completed Babysitting Course, is looking for work on the north site. Ph. 837-6363 and ask for Laura.

Wanted babysitter for boy in Grade I. Vicinity of Jameswood School preferred but not necessary. Ph. 889-9898 after 5 p.m.

Wanted babysitter, a reliable mom to babysit for a 4 yr old boy, 9 to 5, weekdays on the south site. Please call 489-5087 after 5 p.m.

Babysitting work wanted during the day, weekdays. 362 Doncaster (South Site). Ph. 489-7062 and ask for Shirley.

Babysitter available in Crestview area. Has taken Babysitting Course. Call Melanie at 889-2385.

Babysitter, 13 yr. old girl wishes to sit on south site, qualified. Call 489-4237.

Experienced reliable 15 yr. old young lady available for babysitting, south side. Ph. 489-2923 and ask for Lynn.

Reliable sitter for my 6 yr old daughter starting grade one at Beaverlodge School in Charleswood on 31 Aug. Times would be from approx. 7:20 a.m. till school begins; during the lunch hour; and after school till approximately 5:15 p.m. Mon thru Fri. \$5.00 per day. Please call local 384 during the day and 895-0624 after 5:00 p.m.

WANTED

Small freezer, suitable for balcony. Ph. 256-2235 or 233-0347.



READY FOR LANDING — Lieutenant Tim Orange of Hamilton, Ont., prepares for a soft landing on floor mats during a simulated parachute descent at the Canadian Airborne Centre, Canadian Forces Base Edmonton. Lt. Orange, a member of the 2nd Battalion, Princess Patricia's Canadian Light Infantry, CFB Winnipeg, is undertaking basic parachute training at the airborne centre. He is the son of Mr. Thomas Orange of 308-256 Mohawk Road East Hamilton. (CANADIAN FORCES PHOTO BY SGT DENNIS MAH)

VOLUNTEERS

Anyone interested in volunteering their time to work the Thrift Shop, please phone 889-4284 or 832-5273.

Adult female volunteers required for group activities with Girl Guides in the Winnipeg area. Choice of location and age group. Volunteer now and receive orientation in time for New-Guider training in September. For placement in your community, please call 942-2458, Tuesday - Friday, 9:00-5:00. Office will be closed August 15th - 30th.

NOTICE

"Departing 5 sep for CFB Borden, looking for passenger to share expenses. Ph. 889-0950."

SCHOOL REGISTRATION

Families with children attending Kindergarten-Grade 6 that have recently been transferred into the Jameswood Park area (BLHUs) and PMQs and MDPs, are advised that registration will be held at Jameswood School (889-8890) August 17-30, Monday to Friday between the hours of 9:30-11:30 a.m. and 1 p.m.-3 p.m. Classes commence August 31.

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				NO SHOW			
		28	29	30	31	1	2
					NO SHOW		
		4	5	6	7	8	9
					NO SHOW		
		10	11	12	13	14	15

COMMUNITY CALENDAR

SUN	MON	TUE	WED	THUR	FRI	SAT
			24 AUG.	25	26	27
					4th Annual W.O.'s & SGT's Baseball Tournament	
			Bingo 8 p.m.	Ceramics 7 p.m.		
28	29	30	31	1 SEPT	2	3
		Voxair Deadline	Back to School Yippee!			
		MIL Pay Day	Bingo 8 p.m.	Ceramics 7 p.m.		
4	5	6	7	8	9	10
	LABOUR DAY			Youth Bowling Registration		
			Bingo 8 p.m.	Ceramics 7 p.m.		
11	12	13	14	15	16	17
		Voxair Deadline		MIL Pay Day	Base Commander's Slowpitch Tournament	Yom Kippur
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