

Voxair



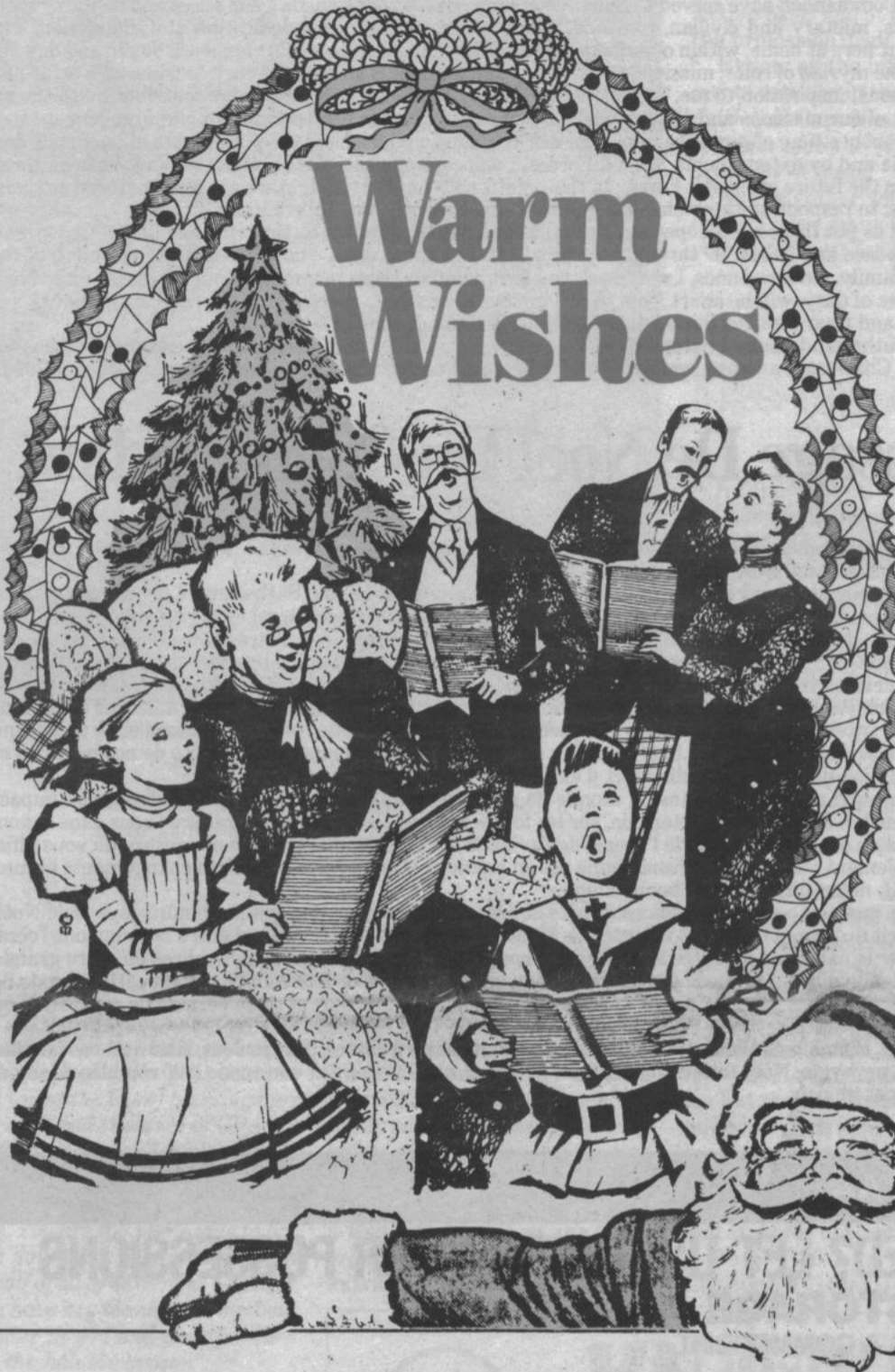
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Commander's
Christmas Message . . . Page 2
Christmas Carol Pullout . Page 8,9
Chaplain's Corner Page 12

CFB/BFC Winnipeg

13 December 1989

Warm Wishes



ONE SOLITARY LIFE

He was born in an obscure village, the child of a poor family. He grew up in still another village, where he worked in a carpenter shop until he was thirty. Then for three years he was an itinerant preacher. He never wrote a book. He never held an office. He never had a family or owned a house. He didn't go to college. He never visited a big city. He never traveled beyond two hundred miles from the place of his birth. He did none of the things one usually associates with greatness.

He had no credentials but himself. He was only thirty-three when the tide of public opinion turned against him. His friends ran away. He was turned over to the authorities and went through the mockery of a trial. He was put to death among thieves, and was laid in a borrowed grave through the pity of a friend.

Nineteen centuries have come and gone, and today he is the central figure of the human race and the leader of mankind's progress.

All the armies that ever marched, all the navies that ever sailed, all the parliaments that ever sat, all the kings that ever reigned, put together, have not affected the life of man on this earth as much as that

One Solitary Life

BComd's Christmas Message/ Message de Noël du Cmdt(B)



Col H.C. Armstrong, Base Commander

As 1989 draws to a close and we are celebrating the holiday season, we should pause and reflect on our accomplishments and look ahead to 1990.

This year has been very challenging for CFB Winnipeg. In addition to our daily tasks, which are themselves a challenge, we have been acknowledged for our excellent support during the forest fire evacuation of northern Manitoba, our excellent parade performances, and our significant contribution to the success of numerous charitable events. From the community perspective, we opened two family support centres, continued our MQ improvement programs and made significant improvements to our Base golf course. To all personnel at CFB Winnipeg, and your supportive families, I extend my sincere thanks for your efforts, dedication and perseverance which have allowed us to meet all of our commitments for 1989. A special thanks to the dedicated volunteers who keep our social, recreational, and community activities alive. Also, let us not forget those CFB Winnipeg personnel who will be unable to share Christmas with their families because of base duties or taskings far from home. Insofar as 1990 is concerned, we can look to even more challenging times with the introduction of the Dash 8.

So to all of you, my family and I wish you the best for 1990 and enjoyable and safe holiday season.

Merry Christmas and happy holidays.

Comme l'année 1989 arrive à sa fin, et nous célébrons le temps des fêtes, nous devrions nous arrêter un instant et réfléchir à nos accomplissements et regarder vers l'année 1990.

Cette année a été pleine de défi pour la BFC Winnipeg. En plus de nos travaux quotidiens, qui sont d'eux mêmes un défi, nous avons été reconnu pour l'excellent support donné durant l'évacuation du Nord du Manitoba causée par les feux de forêts, nos excellentes performances sur parade et, notre contribution au succès de nombreux événements de bienfaisance. D'une perspective communautaire, nous avons inauguré deux centres de support familiaux, continué notre programme d'amélioration des logements familiaux et avons fait des améliorations majeures à notre terrain de golfe. A tous le personnel de la BFC Winnipeg et à vos familles, je vous remercie sincèrement pour vos efforts, votre considération et votre persévérance qui nous a permis de rencontrer tous nos mandats pour 1989. Un remerciement spécial à tous les volontaires dédiés qui garde nos activités sociales, récréatives, et communautaires en mouvement. Il faut garder aussi dans nos pensées le personnel de la BFC Winnipeg qui sont en devoir loin de la maison et ne pourront passer Noël avec leur famille. Dans la mesure où l'année 1990 est concernée, nous pouvons nous attendre à de plus grand défi avec l'arrivée du Dash 8.

Ma famille et moi souhaitons à tous le meilleur pour l'année 1990 et, une saison de fêtes agréables et sans accident.

Joyeux Noël et Bonne Année.

Commander's Christmas Message



Lieutenant-General F.R. Sutherland, CMM, CD. Commander of Air Command.

Le lieutenant-général F.R. Sutherland, CMM, CD. Le commandant du Commandement arien.

With the approach of the holy season, it is timely to pause and reflect on the year and, in this case, the decade which draws to a close.

For the Sutherland family, as for many of you, 1989 brought a move — with the attendant upheaval and turmoil — to a new city and to new responsibilities. The four months during which I have had the privilege of being your Commander, have served to reinforce my impression that Canada's Air Force and its thirty thousand members, military and civilian, continue to serve our country with dedication and distinction. The knowledge that here at home, within our alliances and, indeed, around the world, you work day in and day out to discharge the myriad of roles, missions and tasks assigned to us, is a source of very considerable pride and profound personal inspiration to me. You should be equally personally proud of your contribution to the accomplishment of our missions and of your well earned reputation for professionalism and excellence.

This is obviously a time of rapid change in the world, changes which have the potential to impact considerably on Canada and by extension, its Armed Forces. I will communicate with you in the New Year on these changes and on the future of the Air Force. At this point I will simply state that we are well postured as Canada's Air Force, to respond to these changes and that consequently, our future looks bright.

For now, let us put these preoccupations behind us and pause to reflect on the true meaning of Christmas; the spirit of "peace and goodwill" throughout the world. For those of us who will celebrate the birth of the Saviour with family and loved ones, I would ask you to remember those members of our larger air force family who, because of duty, will be apart from their families at this very special time of year. Our thoughts will be with them and their families during this particularly difficult time of separation.

From the Sutherland family I extend to each of you, your families and loved ones, sincere best wishes for a very Merry Christmas, a happy and safe holiday season, and for a healthy, rewarding and peaceful 1990.

Message De Noël Du Commandant

À l'approche de la saison des fêtes, il convient de prendre le temps de réfléchir à l'année et, en l'occurrence, à la décennie qui prendront fin dans quelques jours.

Tout comme pour plusieurs d'entre vous, l'année 1989 a soumis la famille Sutherland à un déménagement dans un nouvel environnement et à de nouvelles responsabilités, avec le désarroi et l'agitation que cela comporte. Les quatre derniers mois au courant desquels j'ai eu l'insigne privilège d'être votre commandant m'ont permis d'affermir mon impression que l'aviation canadienne et ses trente mille membres, militaires et civils, continuent à servir notre pays avec autant de dévouement que de distinction. C'est une véritable source de fierté et d'inspiration personnel de savoir qu'à même nos frontières, dans la cadre de nos alliances et partout au monde, vous travaillez jour et nuit pour vous acquitter de la panoplie de rôles, de missions et de tâches qui nous sont confiés. Vous devriez être tout aussi fier de votre apport personnel à la réussite de nos missions et de votre réputation de professionnalisme et d'excellence bien méritée.

Il est évident que nous vivons dans un monde de mutations rapides qui a le potentiel d'avoir un impact d'envergure sur le Canada et, par extension, sur les forces armées. Je communiquerai avec vous dans le nouvel an à propos de ces mutations et de l'avenir de l'aviation. Pour le moment je suis en mesure de vous affirmer tout simplement que l'aviation canadienne est en bonne posture pour réagir à ces changements et que, par conséquent, notre future est de bonne augure.

Pour l'heure, mettons ces préoccupations de côté et prenons un moment de répit pour mûrir le sens de Noël, ainsi que l'esprit de paix et de bonne volonté des hommes du monde entier. Ceux d'entre nous qui ont l'occasion de célébrer la naissance de notre sauveur avec nos proches se rappellent des membres de notre grande famille de l'aviation qui, parce que le devoir les retient, seront séparés de leur famille durant cette période de l'année bien spéciale. Nos pensées seront avec eux et avec leur famille durant cette période de séparation on ne peut plus éprouvante.

En terminant, la famille Sutherland se joint à moi pour souhaiter à chacun d'entre vous, ainsi qu'à vos familles et vos proches, un joyeux Noël, une saison des fêtes heureuse et sécuritaire et une année 1990 comblée de santé, de satisfaction et de paix.

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Brigadier-General D.N. Kinsman, CD
Commander 14 Training Group

Le commandant du 14^e Group d'instruction,
Le brigadier-général D.N. Kinsman, CD

Christmas Message Commander 14 Training Group

With the holiday season upon us, we should pause briefly to reflect on events of the past year both at home and abroad. As individuals we have all been tasked at a high level and I am very pleased to note that the personnel of 14 Training Group have once again performed those tasks commendably. On a collective basis and at every level you, as members of Canada's air forces, have continued to demonstrate the professionalism which brings credit to this organization and to your country.

Events on the international scene are unfolding with breathtaking speed and where these developments will lead in the future is very hard to predict. One thing is clear, however; the requirement of Canada and all Canadians for the professional expertise resident in her air force will not diminish. As such, we shall continue to train to the current high standard and be prepared to perform an ever expanding diversity of tasks.

As you gather with family and friends during this festive season, I encourage you to take the time to reflect on the many blessings that we as Canadians enjoy. And as we welcome the New Year, may I wish you all the best for health, happiness and prosperity throughout the 90's.

14^e Groupe D'Instruction Message du Commandant À L'Occasion de Noël

À l'approche du temps des fêtes, il convient de s'arrêter un instant pour réfléchir aux événements qui ont marqué la dernière année, tant au pays qu'à l'étranger. Je suis très heureux de constater que le personnel du 14^e Groupe d'instruction s'est encore acquitté de ses nombreuses tâches avec une grande efficacité. En tant que membres des Forces aériennes du Canada, vous avez continué, à tous les niveaux, à faire preuve de compétence dans votre travail, ce qui est tout à l'honneur de cet organisme et du pays tout entier.

Sur la scène internationale, les événements se succèdent à un rythme effréné, et il est bien difficile de prédire ce que réserve l'avenir. Toutefois, il est clair que l'on aura toujours besoin de la grande compétence des militaires œuvrant au sein des Forces aériennes du Canada. Ainsi, nous devons continuer à nous entraîner selon les normes actuelles pour assumer des tâches qui ne cessent de se diversifier.

Lorsque vous serez avec vos amis et votre famille à l'occasion de Noël, prenez le temps de réfléchir à tous les bienfaits qui vous sont accordés en tant que Canadiens. À l'approche d'une nouvelle décennie, permettez-moi enfin de vous souhaiter une nouvelle année heureuse et prospère.

CFANS Update

"As we approach the holiday season it's important to reflect on the blessings of the past year. At the top of the list of blessings for the staff and students of CFANS are the many wonderful people of Base Winnipeg who work tirelessly to support our daily activities. You are too numerous to list but you know who you are. On behalf of all of us here at CFANS, you have my thanks and my best wishes to you and your families for the holiday season."

LCol T.F. Watt,
Commandant CFANS

The past two weeks have been a busy time for everyone at CFANS. It all started with the mess dinner to end all mess dinners. The staff and students along with invited guests were witness to what best can be described as, "a hoot". The 429 Sqn Pilots illus-

trated very well some of the basic differences between Navs and Pilots. Darwin's Theory of Evolution still stands. All but a few hardy soles broke one of the main points of mess dinner etiquette. That is, "no one can leave before the speaker." The lesson learned is that with LCol Watt as a speaker, there is a requirement for an extra day sabbatical following

these functions.

Shortly after the mess dinner, Courses 8903 and 8904 departed for their OTU trip. Details are hard to dig up, however it is rumoured that Dan Boisvert called home on the big white telephone. He attributes it to bad ice but the real reason seems to be no ice. Chris Semeniuk's heart-touching reunion with his rotory wing lover swelled the eyes of all present. With luck, more details will arise for upcoming issues.

On the 30th of November, Lieutenant-General F. Suther-

land joined the Nav School in sending off eleven new navigators. Courses 8807 and 8901 graduates are now on their way to the most challenging and rewarding trade the CF has to offer. The Grad Dinner was second to none. The Mess staff can be proud of a job well done.

Finally, the Career Managers visited the Nav School last week and the halls are buzzing with rumours of postings, etc. As details become official, the CFANS roving reporter will pass on all the news. Till next issue/next year have a Merry Christmas and a Happy New Year.



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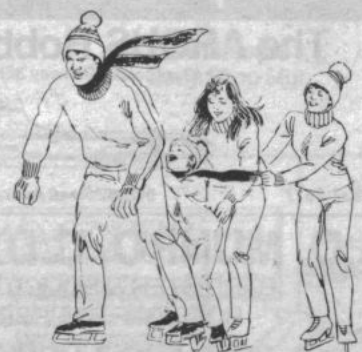
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The Base Chief Said...

By the time this edition of VOXAIR hits the streets, Christmas will be upon us. I hope that all of you will take some time to reflect on the year that has just passed, and take a moment to remember loved ones, and friends during the holiday season. My thoughts will be with those members of CFB Winnipeg who will not be spending Christmas with their loved ones. These are the men and women who are serving our great country in far away places like Cyprus, the Golan Heights, Alert, and in far away Namibia, just to mention a few. I will be saying a special prayer this year for Lieutenant Blasko of our CE Section who is recovering in hospital at NDMC,

after serving in Pakistan, where she was employed as an instructor in mine field claring. I will pray for her speedy recovery, and return to duty.

I hope that the majority of you will be spending the holiday season with your loved ones, however, I know that for some, that will not be possible, either because of duty, or distance.

As for Ann and I, we will be with Ann's family in Calgary again this year. Take it from me, there is no other place on earth that I would rather be at Christmas. You see God has truly blessed me when it comes to loved ones. It seems to me that I spend the whole year thinking about Christmas in Calgary.

That's how much I enjoy it.

No matter where you are, I hope that you all enjoy the holiday season. If you are out on the roads, please be careful. We need every person we have at CFB Winnipeg.

What about Quincy? Well the poor chap will be spending Christmas in the Kindness Kennels. I don't think he enjoys being in kennels, but it's the easiest solution for Ann and I. You see Ann's parents have a cat called Timmy, and he and Quincy do not get along.

I would like to make a comment on the power of advertising. You see when Ann and I first had to leave Quincy behind, she started looking through the yellow pages for a place. She hit upon the Kindness Kennels. It was the name that got her. If these kennels had of been located in Morris, I'm afraid that's where I would have had to take the pooch.

We will celebrate Christmas with Quincy when we get home. He will probably get a new bone, a new ball, and a new sweater. His lead is in pretty good shape,

so he won't need one of those for awhile. Needless to say, he will also be missed over the holidays.

Speaking of reflecting on the year just past, I would like to do that. It was a good year from my point of view. We had two major change of command parades, with the command of CFB Winnipeg being passed from Colonel Reynolds to Colonel Armstrong, the command of Air Command passed from General Ashley to General Sutherland. Needless to say, the base was heavily committed to both of these events, and if I say so myself, we did the usual good job.

This was also the summer of the forest fires. Again, our people did themselves proud. 429 Transport Squadron did their thing in the evacuation of the residents of the north, and all the base support teams did their thing to make it all work.

The Junior Ranks Mess had an active year as well, and distinguished themselves. Their support to the Special Olympics was outstanding, and I doubt very

much that this type of event could be held without this support from our members. The Jerry Lewis Telethon was another successful event sponsored by the Mess. Through a lot of hard work, by a lot of dedicated people, the Junior Ranks Mess raised over \$4500.00. In addition, our Junior Ranks held two Mess Dinners. Both were well attended, and they were run in a first class manner.

2 PPCLI was also busy in the community. The Battalion took on the organization of the Terry Fox Marathon of Hope. Through their efforts, the Canadian Cancer Society is richer by some \$28000.00.

Well done to everyone involved in these efforts. Right around the corner is 1990. Now I have a good feeling about the year that is about to come. I know it will be a good one for the base, and all those who serve here.

In the meantime, I'd like to take a moment, on behalf of Ann, Quincy, and myself to wish you all a very merry Christmas, and all the best in 1990.



THE KIT BAG II TERRY LAWRENCE

Last kick at 1989 and in balance from a personal point of view, not one of my better years. The minuses seemed to outnumber the plusses, not by much, but the P.O. factor was higher.

On the plus side there were the neat things like being employed and paid, renewing some old friendships while on TD, returning to church, a family reunion trip to England and celebrating a 14th wedding anniversary.

On the down side were things

like losing a six month old puppy that we had hoped to love and to show for many years, being robbed three times, injuring my back in a fall, my wife being injured in a bike accident and some other stresses and strains which I'm working on.

Pretty much the same kind of list most people can come up with. The idea, I suppose is to press on from one good thing to another and let the bad stuff go with as little fuss as possible. I figure on being around for

another 30 or 40 years to beat the daylight out of the pension fund so I'd better start heeding my own advice.

The trip to England was a real tonic. The weather was 95% super, rain one day and some fog which made driving interesting for a couple more days. The price of housing in Britain is absolutely frightening! Within commuting distance of London, a semi-detached (side by side) sells upwards of £140,000 or \$275,000. Sounds like Toronto doesn't it. The London area is rapidly becoming a parking lot as more and more cars scramble for space. There are signs of prosperity everywhere though. The streets are full of Jaguars, Rovers, BMW's, Mercedes and "Up Market" domestics. It seems that every building is covered with scaffolding as a renovation boom

is in full swing. A brother-in-law is an architect and building contractor and he can't hire enough skilled labour. I asked if he could use a well worn captain and he was desperate enough to say "Maybe".

Of course, we managed to complete our historical research on British pubs, leaving a few airforce roundel stickers in our wake. I was pleased to note that some Pubs which had converted to American style discos some years ago have gone back to the traditional comfortable "local". I managed to scrounge and purchase some more pub-type odds and ends for our basement version of a British pub. Any more Brit stuff down there and my wife will develop an English accent.

Oh yes, her Ottawa valley accent was in full bloom a couple of

weeks ago when she discovered that some kind soul has swiped her new shoes from her Aircom "office". It kind of makes you wonder doesn't it; I mean, about a month ago someone stole my Medieval Feast costume, which really looked like a dress, and now someone steals high-heeled pumps. You don't suppose some weirdo out there is putting together a New Year's outfit, do you...?

Speaking of new outfits, from the lofty perch in my rusty old van I have noticed some "warm at any cost" liberties being taken with winter kit. My heart stopped when I read that we could carry umbrellas, but fluffy

Continued on Page 11

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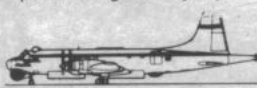
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CFSAS Comings and Goings

The Canadian Forces School of Aerospace Studies (CFSAS) has been very busy since our last VOXAIR article. The past academic year drew to a close June 30th on graduation of the 41st aerospace systems course (ASC), and the helm was passed from the School's first Commandant, LCol Joe Sharpe, to newly-promoted LCol Dave Peart, in a handover ceremony on July 10th. LCol Sharpe moved to Ottawa where he was seconded as a Senior Fellow to the Canadian Institute for International Peace and Security. We always knew his wit and pen would land him in trouble, but look at the recent results...?

One individual in every organization seems to be given all the *Odds & Sods* jobs: and in CFSAS' case, the Course Development Officer, special projects officer, corporate memory, service writing and audio-visual instructor, tour executive officer, are all the duties of one individual: Major Dave Mitchell. Having spent a great deal of his 35+ year career in Winnipeg, much of it in Mawdesley Hall, Dave will be retiring from 'active' military service August 3rd 1990, and he and Louise plan to remain in the Winnipeg area.

The new academic year began with a staff orientation 15 August. This year more than 700 course members will attend 27 courses at CFSAS, including a dozen or so NATO students on Electronic Warfare courses (the first three Italian Air Force officers attended courses in November 1989). EW Flt bid farewell to Capt Norm Bonikowsky (posted to AIRCOM/SO EW), Capt Mike Latouche (moved to NDHQ Ottawa) and Maj Jim Williams (new 402 Sqn/DCO), but welcomed newly-promoted Maj Bob Bouchard from the ASC Flt and Capt Gord Moore from AIRCOM. As usual, the EW training will be supported by some rather strange looking transient aircraft, such as the RC-135, F-4G, EF-111, EA-6B, EC-130, and B-1B, all ably coordinated by USAF Capt Bob Reehoorn and WO Don Cook.

Space Flight took to the road in August to present 3 days of lectures to support annual ground training at the Satellite Identification and Tracking Unit

(SITU), St Margaret's, NB. Space Flt personnel provide vital academic instruction about what, why and how space objects orbit our planet. SITU operates Canada's last on-shore venue in the NORAD Space Surveillance Network, a Baker-Nunn camera, that can photograph objects the size of a basketball at geosynchronous orbit, or 37,000 km away! The primary task of the Space Flt is to conduct the seven-day Basic Space Operations Course ten times per year. The newest member of the Flt is WO Glenn Negrich who was posted in from missile warning duties with the USAF at Cape Cod Air Force Station, Mass. Capt Jelle Blom has assumed the Flt Comd duties as Maj Len Campaigne moved internally to the Chief Instructor's position.

ASC42 kicked-off its 44-week "high tech" sojourn at end-August by having breakfast with our new Base Comd. Col Armstrong passed on words of praise and encouragement to the 18 course members — including Capt Deborah Douglass, the first woman to attend the course — to work hard and concentrate on the forefront of aerospace technology. The Course has completed the bulk of academic studies, and three tours at this juncture: local tour of Bristol Aerospace; "ASCOPS" Tour to Air Command HQ, ARG HQ, 14 Trg Gp HQ, NDHQ, and ATG HQ; and at end-November, "ASCNORTH," a journey to the Great White North starting with Cold Lake, then Yellowknife, Anchorage (Alaska), and Comox. In January, "ASCEAST" takes the course members to Ottawa and Boston areas; then in March, "ASCWEST" makes stops at St Louis (Missouri), Dallas (Texas), and Los Angeles (California). Finally, "ASCEUR" involves two weeks of visits to industries in France and England next May. The shift to systems studies occurs after Christmas, and the course members become more involved in assembling individual and syndicate reports leading up to formal presentations in June. Graduation is still a long way off (29 June) but the motivation and esprit remains high. Maj René Vézina still serves as course director of the ASC, with tremendous assistance from Capt Brian Gui-

mond, a survivor from last year's course.

Other changes in the school staff this year include the addition of two more ASC41 graduates, Capt Jacques Boudreau and Andy Ruiter as new instructors under the able direction of Instructional Flight Commander Maj (USAF) Bruce Korb. Rounding out the Flt are two Class 'A' reservists/Air Canada drivers, Capt Paul Pelletier (who also completed ASC41) and Capt John Pape (ex-CF18 fighter pilot). As for Class 'C'ers, Capt Jim Oke is still with us and filling in the vacant Admin Officer slot, and Capt Bob Griechen continues to serve us well as the Coordination and Training Support Officer. Our RAF exchange slot rotated this summer as well, with Sqn Ldr Kevin Smith (ex-ASC41) staying on to replace S/L Ted Liston as the Senior Standards Officer. A second standards officer position was set up last summer, and Capt Steve Teatro moved into that chair. Maj Steve Sakaluk joins us from the MP&EU, and along with Maj Don Sparks (another Class 'C' asset, but no stranger to Bldg 84) they hold down the Air Staff Operations Course development cell plus carry full teaching loads for the ASC course. In the balance column, the staff bid adieu to: Maj Rex Brontmeyer (to Hanscom AFB, Mass), Maj Rick Barker (to Staff College), Capt Fred Takagi (to Air Command) and 2Lt Bill Wallace (to DAO training).

The only change to our civilian personnel ranks was caused by the move of our Librarian, Bonnie Peddle, to Cold Lake, but she was quickly replaced by "Nicky" Compton who was transferred to Winnipeg from the Department of Veteran's Affairs, Québec City. Our Draughtsman/graphic artist Dan Labay just passed the 25 year mark in his career, and Val Matthews is barely surviving the wild temperature fluctuations in her office, but it is hoped her vacation in Portugal took her mind off the problem for awhile. Lastly, but only because the meek shall inherit the earth, the "word processors" (Joan Dale, Jeanette Teichgraeb, Marie Emond, and Dorothy Knutson) continue to turn pseudo-hieroglyphics into miraculously finished products.



Signatures of former CFSAS commandant, LCol Joe Sharpe (left) and new commandant, LCol Dave Peart (right), are witnessed by Col Reynolds at the change-of-command ceremony held at the Officers Mess, 10 June 89.

The school is ably supported by an audio-visual technician, a military storesman and a severely overworked orderly room, who organizationally work for CFANS, but are instrumental in the CFSAS mission. Also, at times we are fortunate to gain the services of young officers awaiting training or career action. Their enthusiasm is infectious and ideas boundless, and this helps them accomplish many small but necessary tasks they are given to do. Recently, we were delighted to have had as-

sistance from 2Lts Letourneau, Hislop and Langille, plus OCdt Steve Sarty.

With such a small number of people and such immense responsibility, somehow it all works out — courses come and go almost without notice, thanks to the staff's tireless dedication to duty and devotion to the mission. This year, CFSAS will be busier than ever, and come end-June and the graduation of ASC42, we'll all be ready for block leave prior to preparations to start all over again in August.



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Commandant's Corner



The Canadian Forces School of Aerospace Studies (CFSAS) Electronic Warfare Flight graduated its first NATO students November 10, 1989. The staff and students of Air Command Basic Electronic Warfare Course 8910 are pictured above with the two members of the Italian Air Force in the front row. At extreme left is Captain Paolo Martin, a 104 pilot with 23 Squadron, and at extreme right is Lt Giuseppe Sgamba, A Tornado navigator with 156 Squadron. In the future, NATO students will receive training at CFSAS on both the Basic and Advanced Electronic Warfare Courses.

Another year is racing to an end — I'm sure that they accelerate after a certain age — at least that is what Bob Griecken says. It seems that only a month ago we started into the last year of the decade and wondered what the year held. Now we have the advantage of unobstructed 20-20 hindsight. At CFSAS, it has been exciting to say the least. The year saw old friends depart for new postings from Ottawa to Australia (Who got the best of the deal?) And new folks came in. We saw a larger than normal ASC arrive in August — all set to take on the challenges which the course inevitably offers. The Space Course matured to steady-state and we saw more than 100 Capt Kirks get a little smarter on what the "Final Frontier" has to offer. Next year, twice that number hope to attain "Jr Astronaut" status.

word to the masses in Kingston, Borden, Summerside and Toronto. Their fame, as the centre of EW expertise (even though they aren't CELE officers), will spread even further, now that NATO officers are starting to come to CFSAS.

Next year should see more than 700 officers and NCMs attend courses in our hallowed halls — not too shabby for 19 instructors. The theme for CFSAS is "Excellence in Education". As a slogan, it sounds good, but living up to it requires total dedication and enthusiasm. Fortunately, these are the qualities by which the CFSAS staff are known. It sure makes my job simple and it makes me extremely proud.

We pause now, in our daily rush, to reflect upon the meaning of Christmas. It is a wonderful time of year to unite with friends and family, and to enjoy each other's company. Not everyone has that opportunity either through the barricade of physical or emotional distances.

Linda and I join in wishing you the very best of the Christmas season and good fortune for 1990.

The EW shop has been going full tilt as well. With three types of courses and the requirement to keep up with technology, there haven't been many electrons growing under their toes. They are regulars on the rubber chicken circuit, spreading the EW

Base Lottery Update



On 29 Nov 89, the BOR opened its doors and Maj D. Hyslop BPAdmO made the draw. Cpl McDermid from Base Transport was later contacted by the Base Lottery Coordinator, Lisa Dreger, and informed that he had been declared the winner of \$125. This is Cpl McDermid's second Base Lottery win.

Would you like to win \$125, \$625, \$900 or even \$1300? You can, for as little as \$1 per week,

that's \$52 per year. One win in the Lottery will pay for a 2 year subscription, imagine what you could do with all that money. MERRY CHRISTMAS!!!

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14 Trg Gp HQ	1000 hrs
27 Dec 89	\$ 125
B Accn O	1000 hrs

The draw held on 22 Nov 89 was worth \$625. The Director of the Family Support Centres, Marla Kaposvary, drew the winning number and later contacted Sgt M. Owen of the BAME section to relay the good news.



Sgt M. Owen
Lottery Winner

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CANADA WINS FINCASTLE

A crew from 415 (MP) Squadron at Canadian Forces Base Greenwood, led by Captain Harry Vincent and Maintenance Crew Chief Sergeant Terry Mahar, has won the annual Fincastle Competition held at Royal Air Force Station St. Mawgan this year. Tactical Navigator on the aircrew was Squadron Leader Andy Fryer, a Royal Air Force Officer on exchange with 415 Squadron. Competing crews for this year's competition were from 5 Squadron Royal New Zealand Air Force (last year's winner), 201 Squadron Royal Air Force, 11 Squadron Royal Australian Air Force, as well as the 415 Squadron crew representing Canada.

Canada won the Fincastle in 1985 when an Aurora crew from 407 (MP) Squadron, Comox, won at Kinloss, Scotland. An Aurora crew from 405 (MP) Squadron last brought the trophy home to Greenwood in 1981.

The maintenance team led by Sergeant Terry Mahar was put to the test in keeping the Aurora aircraft mission capable. With exceptional teamwork and professional perseverance, the maintenance crew completed their tasks in minimum time which allowed the aircrew to achieve success in the three airborne missions.

The annual Fincastle Competition, hosted in turn by competing countries, challenges the Anti-Submarine Warfare capabilities of the Commonwealth Air Forces. The Fincastle Trophy came into being in 1960 when the last Mr. and Mrs. Aird White presented the trophy in memory of their son, Sergeant Nairn Fincastle Aird White, who was killed in action in 1943 while serving as an air gunner in Royal Air Force Coastal Command. Over the years, the competition has changed from an annual bombing

competition between anti-submarine crews of the British, Australian, New Zealand and Canadian Air Forces, to one utilizing the skills and technology involved in modern anti-submarine operations. The competition is controlled by the Fincastle Committee comprising one member from each of the competing nations who meet regularly to monitor competition arrangements and plan rules and guidelines. The Committee also oversees events at the Competition venue and adjudicates the results.

The Competition will be hosted in 1990 by Canadian Forces Base Greenwood, where the crew representing the top performer of Canada's Maritime Anti-Submarine Warfare community will once again set their skills to work in an attempt to retain this symbol of Anti-Submarine Warfare professional excellence.



Standing L-R (Back Row): LCol Gerry Gillis, A/BComd; Col Wally Kirkwood, BComd; MCpl John Muise, AES OP; BGen "Paddy" O'Donnell, Comd MAG; WO Brian Nelson, AES OP; LCol Art Nielsen, CO 415 Sqn; Lt Mark Brady, Co-Pilot; Capt Vince Morneau, Co-Pilot; Sgt Terry Mahar, Maintenance Crew Chief; WO Mike Boudreau, L/AES OP; Capt Darach McDonnell, Navigator; Capt Mike Foucreault, Navigator; Capt Michel Cote, Navigator; Sgt Dwight Llewellyn, FLT ENGR; and Capt "RB" Burton, Navigator. Front Row (L-R): Sqn Ldr Andy Fryer, TACNAV; Capt Harry Vincent, MPCC; and Sgt Doug Hall, FLT ENGR.



TECH PHOTO

L-R (Top to Bottom): Cpl Howie Morris, Cpl Steve Wetmore, Cpl Mike St. Onge, Cpl (W) Stevie Gignac, Cpl Jim Russell, Cpl Curt Fulton, Pte Paul Robson, MCpl Mike Neilson, MCpl Dan Delisle, Sgt Terry Mahar, and Capt Harry Vincent.

South Site Alarm System

Due to malfunctions in the alarm system on the South Site (Kapyong Barracks) the entire system has become unreliable.

Anyone discovering a fire in any building on the South Site shall report it by telephoning local 5311 and stating "There is a fire at..."

A direct dial number 911 is also in operation at CFB Winnipeg from all telephones not connected to the Base switchboard. Following a direct call to 911 it is imperative that the Base Operator be notified of the situation by telephoning 832-1311.

When transmitting an alarm by telephone give the local and name of the building in a clear and precise manner to the person answering, and be prepared to verify the location.

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We Three Kings

WE THREE kings of Orient are,
Bearing gifts we traverse afar,
Field and fountain, moor and mountain,
Following yonder star.

*O star of wonder, star of night,
Star with royal beauty bright,
Westward leading, still proceeding,
Guide us to the perfect light.*

Born a King on Bethlehem's plain,
Gold I bring to crown Him again,
King forever, ceasing never,
Over us all to reign.

Chorus

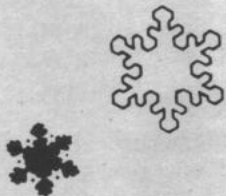
Frankincense to offer have I,
Incense owns a Deity nigh;
Prayer and praising, all men raising,
Worship Him, God most high.

Chorus

Myrrh is mine, its bitter perfume
Breathes a life of gathering gloom,
Sorrowing, sighing, bleeding, dying,
Sealed in the stone-cold tomb.

Chorus

Glorious now behold Him arise,
King and God and Sacrifice;
Alleluia, Alleluia
Earth to heaven replies.



O Christmas Tree

O Christmas Tree! O Christmas Tree!
Thy leaves are so unchanging: (rpt.)
Not only green when summer's here,
But also when 'tis cold and drear.
O Christmas Tree! O Christmas Tree!
Thy leaves are so unchanging.

O Christmas Tree! O Christmas Tree!
How richly God has decked thee! (rpt.)
Thou bidst us true and faithful be,
And trust in God unchanging.
O Christmas Tree! O Christmas Tree!
How richly God has decked thee.



Silent Night

SILENT night! holy night!
All is calm, all is bright;
Round yon virgin mother and Child,
Holy Infant so tender and mild,
Sleep in heavenly peace,
Sleep in heavenly peace.

Silent night! holy night!
Shepherds quake at the sight:
Glories stream from heaven afar,
Heavenly hosts sing Hallelujah.
Christ, the Saviour, is born!
Christ, the Saviour, is born!

Silent night! holy night!
Son of God, love's pure light
Radiant beams from Thy holy face,
With the dawn of redeeming grace,
Jesus, Lord, at Thy birth,
Jesus, Lord, at Thy birth.

God Rest You Merry Gentlemen

GOD REST you merry, gentlemen,
Let nothing you dismay,
Remember Christ our Saviour
Was born on Christmas day,
To save us all from Satan's power
When we were gone astray:

*O tidings of comfort and joy, comfort and joy,
O tidings of comfort and joy.*

In Bethlehem, in Jewery,
This blessed Babe was born
And laid within a manger,
Upon this blessed morn;
The which His Mother Mary
Did nothing take in scorn. *Chorus*

From God, our heavenly Father,
A blessed angel came;
And unto certain shepherds
Brought tidings of the same:
How that in Bethlehem was born
The Son of God by Name. *Chorus*

'Fear not then,' said the angel,
'Let nothing you affright,
This day is born a Saviour
Of a pure virgin bright,
To free all those who trust in Him
From Satan's power and might.' *Chorus*

The shepherds at those tidings
Rejoiced much in mind,
and left their flocks a-feeding
In tempest, storm, and wind.
And went to Bethlehem straightway,
The Son of God to find.



Santa Claus is Comin' To Town

1. You better watch out, you better not cry,
Better not pout, I'm telling you why,
Santa Claus is comin' to town.
He's making a list, and checking it twice.
Gonna find out who's naughty and nice,
Santa Claus is comin' to town.
2. He sees you when you're sleepin'
He knows when you're awake,
He knows if you've been bad or good,
So be good for goodness sake!
Oh, you better watch out, you better not cry,
Better not pout, I'm tellin' you why,
Santa Claus is comin' to town!
3. With little tin horns, and little toy drums,
Rooty-toot-toots, and rummy-tum-tums,
Santa Claus is comin' to town!
With curly-head dolls, that toddle and coo,
Elephants, boats and kiddie-cars too,
Santa Claus is comin' to town!
The kids in girl-and-boy land
Will have a jubilee,
They're gonna build a toyland town,
All around the Christmas tree.
So! You better watch out, you better not cry,
Better not pout, I'm telling you why,
Santa Claus is comin' to town!

Hark! The Herald Angels Sing

HARK! the herald angels sing,
'Glory to the new-born King,
Peace on earth, and mercy mild,
God and sinners reconciled!'
Joyful, all ye nations, rise,
Join the triumph of the skies,
With the angelic hosts proclaim,
'Christ is born in Bethlehem.'

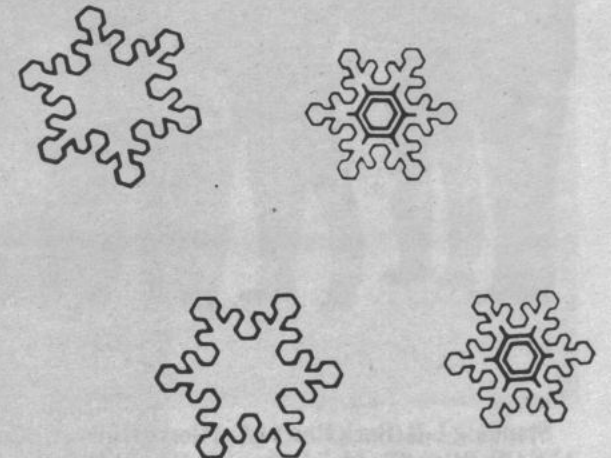
*Hark! the herald angels sing,
'Glory to the new-born King.'*

Christ, by highest heaven adored,
Christ, the everlasting Lord,
Late in time behold Him come,
Offspring of a virgin's womb.
Veiled in flesh the Godhead see;
Hail, the incarnate Deity,
Pleased as Man with man to dwell
Jesus, our Emmanuel!

Chorus

Hail, the heaven-born Prince of Peace!
Hail, the Sun of Righteousness!
Light and life to all He brings,
Risen with healing in His wings.
Mild He lays His glory by,
Born that man no more may die,
Born to raise the sons of earth,
Born to give them second birth.

Chorus



Jingle Bells

DASHING through the snow,
In a one-horse open sleigh.
O'er the fields we go
Laughing all the way.
Bells on bobtail ring,
Making spirits bright,
What fun it is to ride and sing
A sleighing song tonight.

*Jingle bells, jingle bells,
Jingle all the way
Oh what fun it is to ride
In a one-horse open sleigh*

Day or two-a-go
I thought I'd take a ride,
And soon Miss Fannie Bright
Was seated by my side;
The horse was lean and lank,
Misfortune seemed his lot,
He got into a drifted bank,
And we, we got up-sot.

Chorus

Now the ground is white.
Go it while you're young;
Take the girls to-night,
And sing this sleigh-ing song;
Just get a bob-tailed nag;
Two-for-ty for his speed,
Then hitch him to an o-pen sleigh,
And crack, you'll take the lead.

Chorus

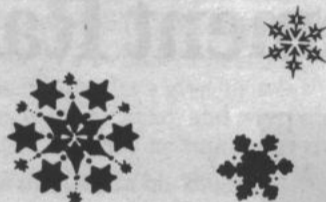
It Came Upon A Midnight Clear

IT CAME upon a midnight clear,
that glorious song of old,
From angels bending near the earth
To touch their harps of gold:
'Peace on earth, good will to men,
From heaven's all-gracious King!'
The world in solemn stillness lay
To hear the angels sing.

Still through the cloven skies they come
With peaceful wings unfurled;
And still their heavenly music floats
O'er all the weary world;
Above its sad and lowly plains
They bend on hovering wing,
And ever o'er its Babel sounds
The blessed angels sing.

And ye, beneath life's crushing load
Whose forms are bending low,
Who toil along the arduous way
With painful steps and slow
Look now! for glad and golden hours
Come swiftly on the wing
O rest beside the weary road,
And hear the angels sing.

For, lo, the days are hastening on,
By prophet bards foretold,
When with the ever-circling years
Comes around the Age of Gold,
When peace shall over all the earth
Its ancient splendors fling,
And the whole world gives back the song
Which now the angels sing.



Frosty the Snowman

Frosty the Snowman was a jolly, happy soul
With a corncob pipe and a button nose
And two eyes made out of coal.
Frosty the Snowman is a fairy tale they say,
He was made of snow but the children know
How he came to life one day.

There must have been some magic in that
old silk hat they found.
For when they placed it on his head,
he began to dance around.

Frosty the Snowman was alive as he could be,
And the children say he could laugh and play
Just the same as you and me.

(Chorus)
Thumpity-thump-thump,
Thumpity-thump-thump,
Look at Frosty go!
Thumpity-thump-thump,
Thumpity-thump-thump,
Over the hills of snow.

Frosty the Snowman knew the sun was hot
that day,
So he said let's run and we'll have some
fun now before I melt away.
Down to the village with a broomstick
in his hand;
Running here and there all around
the square
Saying "Catch me if you can."

He led them down the streets of town
Right to the traffic cop.
And he only paused a moment when he heard
him holler "STOP!"

Frosty the Snowman had to hurry on his way,
But he waved goodbye, saying
"Don't you cry,
I'll be back again some day."

Repeat chorus

The First Noel

THE FIRST Noel the angels did say
Was to certain poor shepherds in fields
as they lay:
In fields where they lay a-keeping their sheep
On a cold winter's night that was so deep.

*Noel, Noel, Noel, Noel,
Born is the King of Israel.*

They looked up and saw a star
Shining in the east, beyond them far;
And to the earth it gave great light,
And so it continued both day and night.

Chorus

And by the light of that same star
Three wise men came from country far;
To seek for a King was their intent,
And to follow the star wherever it went.

Chorus

This star drew nigh to the north-west
O'er Bethlehem it took its rest,
And there it did both stop and stay,
Right over the place where Jesus lay.

Chorus

Then entered in those wise men three,
Full reverently upon their knee,
And offered there in His presence
Their gold and myrrh and frankincense.

Chorus

Then let us all with one accord
Sing praises to our heavenly Lord,
That hath made heaven and earth of nought,
And with His blood mankind hath bought.

Chorus

Let It Snow! Let It Snow! Let It Snow!

OH THE weather outside is frightful
But the fire is so delightful,
And since we've no place to go,
Let it snow! Let it snow! Let it snow!

It doesn't show signs of stopping
And I brought some corn for popping;
The lights are turned way down low
Let it snow! Let it snow! Let it snow!

When we finally kiss good-night,
How I'll hate going out in the storm!
But if you'll really hold me tight,
All the way home I'll be warm.

Repeat first verse

Joy To The World

JOY TO the world! the Lord is come;
Let earth receive her King;
Let every heart prepare Him room,
And heaven and nature sing,
And heaven and nature sing,
And heaven, and heaven and nature sing.

Joy to the earth the Saviour reigns;
Let men their songs employ;
While fields and floods, rocks, hills
and plains,
Repeat the sounding joy.
Repeat the sounding joy.
Repeat, repeat the sounding joy.

He rules the earth with truth and grace,
And makes the nations prove
The glories of His righteousness,
And wonders of His Love.
And wonders of His Love.
And wonders, wonders of His Love.



We Wish You A Merry Christmas

WE WISH you a Merry Christmas
We wish you a Merry Christmas
We wish you a Merry Christmas
And a Happy New Year!
Good tidings to you, wherever you are;
Good tidings for Christmas, and a
Happy New Year!

I Heard The Bells On Christmas Day

I heard the bells on Christmas Day
Their old familiar carols play,
And wild and sweet the worlds repeat
Of peace on earth, goodwill to men.

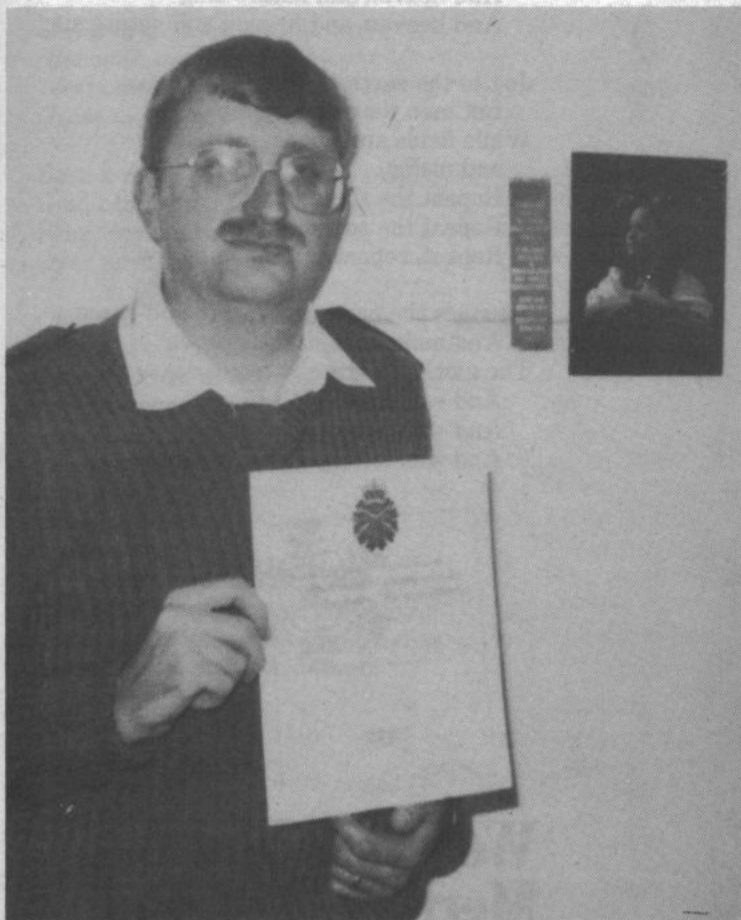


O Little Town of Bethlehem

O LITTLE town of Bethlehem,
How still we see thee lie!
Above thy deep and dreamless sleep
The silent stars go by:
Yet in thy dark streets shineth
The everlasting Light;
The hopes and fears of all the years
Are met in thee tonight

For Christ is born of Mary;
And, gathered all above
While mortals sleep, the angels keep
Their watch of wondering love.
O morning stars, together
Proclaim the holy birth,
and praises sing to God the King,
And peace to men on earth.

CF National Photography Contest 1989 Honourable Mention



Mrs J.E. Scott now Pte Scott is attending French Language Training at BFC St Jean. On her behalf, Cpl J. Scott from RSS Prairie displays his wife's entry and certificate. Congratulations Joanne.

The 1989 Canadian Forces National Photography Contest was held at NDHQ Ottawa 5-9 June 1989.

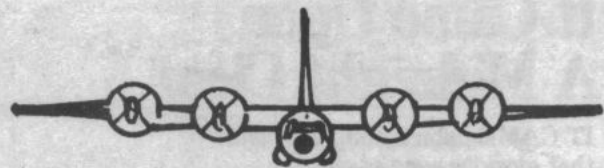
A total of 488 entries were received for judging in nine categories. Though not every entry could be selected for first place in their category there were numerous photographs which were of such high quality that they deserved an honourable mention.

Congratulations to Mrs J.E. Scott in attaining an honourable mention for her entry in the amateur colour portrait category. The effort and expense that were undertaken to achieve a prize winning photograph is deserving of recognition.

Congratulations to Mrs J.E. Scott in attaining an honourable mention for her entry in the amateur colour portrait category. The effort and expense that were undertaken to achieve a prize winning photograph is deserving of recognition.

Bison Bits

429 SQN



Greetings to all from the land of the Bisons... As the holiday season approaches 429 Sqn would like to begin by taking this opportunity to wish you and all your loved ones a safe and happy Xmas and New Year. As a matter of fact, while we're in the spirit of giving why don't I give you all the dirt on what's been happening around our happy spread.

Over the past couple of months there have been some notable achievements by our personnel and we're always happy to congratulate our folks. Several months ago our CO, LCol Angus Hay and Maj. Don Thain found themselves in the land of the big sailboats (Trenton) on the aircraft commanders course, from which they both returned successfully (it's amazing what a person will go through to get out of making TOLD cards). Well done gents! Now let us slide down to the headmasters shop. It seems that our friends in Ottawa must have

now come up with a Loadie get well program. In order to get them back in the office and out of the loading docks at Sears they've decided to use a language these two understand... Money. This came in the form of promotions for both, now WO Bert Bertrand and Sgt Norm Caron. Congratulations guys, but it obviously still wasn't enough... enough to get you to buy a round.

Over on the operations side of things 429 has helped wean several courses of fledgling Navigators and in our undying fashion are continuing to do so. Recently we sent Capts. Darcy Granley and Darryl Smith to Egypt in order to courier our folks in the Sinai a helicopter. It appears that our boys sur had a good time on the trip as it took them 3 tries to get our of Lahr. Combine this and belly full of shrimp for Flight Engineer WO Emile Fournier and our boys decided to finally come

home (50 flying hours later). Farther north in Thule Greenland Capt Chris Gallego and his crew were flying resupply to our friends in Alert on operation Box-top. 429 Sqn also spent 2 weekends at Eglin AFB in Florida supporting the ICP school. By the looks of the passengers who came home with us it seems we supported all of CFB Winnipeg with the PPCLI included.

429 Sqn also held its Xmas party on the 24th of November and had a wonderful time. We also had an early visit from Santa who had lots of presents for the not always so good boys and girls.

In closing I would like to mention that 429 still has plenty of Safeway Food Vouchers available so please help us raise some more dough for our squadron colours. So until we meet again in the new year, Merry Xmas from the 429 Bisons.

BAMEO Entertainment Raffle



Pictured is Sgt MacLeod, Raffle Co-ordinator congratulating Cpl Lowe, Grand Prize winner.

Winners of the BAMEO ENTERTAINMENT HALLOWE'EN RAFFLE drawn on 27 Oct 89 are as follows:

Grand Prize of \$1000.00 - Cpl Kevin Lowe, BAMEO (picture attached).

Second Prize of \$500.00 - MWO Romard/Sgt MacKenzie, 73 Comm Gp.

Third Prize of \$100.00 - Sgt Lizotte/MCpl Paquet, BAMEO.

The BAMEO Entertainment Committee and the BAMEO Hawks Hockey Team would like to thank all those who purchased tickets for their support.



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An Airforce Night Before Christmas

'Twas the night before Christmas
 When all through our Wing,
 It was snowing and blowing,
 You could hardly see a thing.
 The stockings were hung in each PMQ,
 Awaiting a visit from "You Know Who".
 The corporals were nestled all snug in their cots,
 With dreams of promotion their uppermost thoughts.
 And Mama in her flight suit,
 And I in my stripes,
 We dress kind of funny,
 We're real "Airforce" types.
 When out on the lawn, I heard such a noise,
 I hurried and stumbled and tripped on some toys.
 Away to the window, I flew in a daze,
 Felled by a skateboard, haste seldom pays.
 The moon shone bright on the slush and the ice,
 Reflecting my auto, it's rusting quite nice.
 When what to my blood-shot eyes should appear,
 But a new F-18 aircraft and eight tiny reindeer.
 With a little duty driver, so lively and quick,
 I said to myself, "I'll bet it's St. Nick".
 More rapid than Tom-Cats, this shiny craft came,
 And he whistled and shouted trying to remember a name—
 "Now, Who's It! now What's It! And you over there!"
 "On Something, or other", I tried not to stare.
 "To the top of the porch, and please clear that wall",
 He was holding on tight, afraid he might fall.
 As dry leaves that before a Nor'Wester do spin,
 His driving was tipsy, but he still wore a grin.
 So up to the house-top this motley group flew,
 With a plane full of toys, some wine and some brew.
 And then in a twinkle, I heard a din cry
 "This is it boys, let's give 'er a try".
 As I drew in my head, and wondered "What next?"
 Down the chimney he tumbled, looking quite vexed.
 He was dressed in his Blues from his toes to his chin,
 But his stripes were all tarnished, his shoes were a sin.
 A bundle of goodies he had flung on one shoulder,
 Toys for the young, Christmas Cheeer, if you're older.
 His eyes how they twinkled! His dimples how dandy!
 His cheeks were all flushed, he'd been nipping some Brandy.
 His droll little mouth was as dry as a tick,
 But he made me feel happy, this bogus Saint Nick.
 The stump of a pipe he would not let go,
 It garbled his laughter, a weak kind of "Ho".
 He had a broad face and two double chins.
 His trousers were baggy, and held up by pins.
 He was chubby and plump, with a high BMI,
 If the PT Staff saw him, I know they would cry.
 A wink of his eye and a tweek on the ear,
 Relaxed me completely as he set down my cheer.
 He spoke not a word, but went straight to his work,
 But he missed half the stockings, the silly old jerk.
 And pointing a finger straight up in the air
 He gave me a nod, and blew outta there.
 He sprang to his aircraft and how they did fly,
 In less than an instant, they were high in the sky.
 But I heard him yell back, a small message for you,
 "Keep number one flying, and that's the Big Blue!"

A poem by:
 Warrant Officer G. Dawson
 with apologies to:
 Clement C. Moore

Fire Prevention Appreciation

With Fire Prevention Week now behind us, we at the Fire Prevention Bureau would like to extend our appreciation to everyone who gave of their time and resources to make Fire Prevention Week the success that it was. Special appreciation is extended to Marla Kaposvary of the Family Support Centres, for resource materials provided, CWO Smith BCWO for the use of the large Welcome to Winnipeg sign, Todd Martin from BCE Paint Shop for his excellent work on the signs for Fire Prevention, Capt Bannister from Base Hospital for her professional and expert help with the Babysitters course, Cpl Lacasse from the MP Section for her informative lectures and the staff of the Voxair for articles the Fire Prevention Bureau had published.

Thank you again for your support during Fire Prevention Week and throughout the year.



THE KIT BAG II TERRY LAWRENCE

Continued from page 4

ear muffs, red mittens and knitted head-bands? Quincy obviously hasn't patrolled Whytewold Ave at sunrise. I know nobody likes a snitch, but Fluffy Ear Muffs?????

 By the time this is printed my Santa suit will have been aired out a couple of times and I may have even done a little Christmas shopping. I'll try to remember where we put the decorations and wrapping paper we bought last January and get the outdoor lights untangled. My neighbours who put their lights up in September will be laughing as I try to balance a stepladder in four feet of snow but I don't care. It's my way of keeping the Christmas tradition. To me there's something not quite right about Christmas before Hallowe'en. From The Kit Bag, the usual dusty old sentiment, MERRY CHRISTMAS TO ONE AND ALL AND GOD BLESS.

Quit Smoking For Free

All military members, their dependants and DND employees who are determined to quit smoking can attend the next "Butt Out" Program starting 22 Jan 1990.

This free course will be conducted in English at the Base Hospital over noon hour. The course consists of 9 sessions over 12 weeks.

Admittance is dependent on attending the information session to be held at the Base Hospital on 15 Jan 1990 from 1200 to 1300 hours or 16 Jan 1990 from 1530 to 1630 hours.

People interested in attending the Butt Out Program should contact Capt Fortin or Cpl Craig at 895-5780.

Renoncer au Tabac

Le personnel militaire, leur dépendants et les employés civils du MDN désirant renoncer au tabac peuvent participer au prochain programme "Ecrasez-la" débutant le 22 jan 90.

Le cours offert gratuitement sera donné en Anglais, à l'Hôpital de la base à 1200 heures; les ateliers au nombre de 9 seront répartis sur 12 semaines.

Il est essentiel que les personnes intéressées assistent à une séance d'information qui se déroulera le 15 jan 90 de 1200 à 1300 heures ou le 16 jan de 1530 à 1630 heures à l'Hôpital de la base.

Pour plus d'information appelez Capt Fortin ou Cpl Craig au 895-1780.

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CHAPLAINS CORNER



Greetings from the Chapels

“Maybe Scrooge Was Right”

by Padre Gordon Shields
BChap (P)

There are two words that have reminded me of Christmas since I was a little soldier — “Bah! Humbug.” These immortal words of Scrooge seem to capture the deep-down feeling of helplessness and despair many people experience — of balancing work and family responsibilities; planning parties, buying presents, or worse yet, having to explain to your four year old why Santa can't make his annual visit this year.

This article is being written at the beginning of December —

even now, people are holding their breath before the headlong plunge into Christmas madness begins. When this is read, most of us will be in the thick of it, frantically trying to get our cards off before January, and hoping to survive another Christmas Season.

Why do we do this to ourselves? The first Christmas was a gentle, loving event — a baby was born, a family created, and neighbours and admirers gathered to rejoice in the presence of a new little soul. This is the heart of Christmas — “God here among us, forever and ever, Alleluia.” But it is truly difficult to

find this love and concern amongst the tinsel and crumpled paper of Christmas morning.

Relax! It will all get done — if you take seriously the words of Scrooge — “Humbug” to all the phoniness — “Humbug” to all pretence — “Humbug” to the mad whirl of things and happenings with which we clutter our lives. If we can't think about Christmas at the beginning of December or thrill to the birth of the Christ Child in July, then the love, concern and very meaning of the entire event are just words and are not lodged in our hearts.

To help you calm down and begin to focus on the true meaning

of Christmas you are welcome at the Christmas Services in our Chapels:

Chapel of the Good Shepherd (North Site)

December 24

0900 - Holy Communion

1100 - Holy Communion

1900 - Family Candlelight Service

2300 Holy Communion

December 25

1000 - Holy Communion

Chapel of St. Andrew (South Site)

December 24

1000 - Divine Worship

1930 - Candlelight Service

Next Voxair
Deadline 15 Jan

Souhails de Noël

Nous voici revenus à ce moment de l'année où nous échangeons des cadeaux avec proches et amis, des souhaits avec beaucoup de gens, et où nous prenons part à des réunions amicales. Pour les Chrétiens, Noël est la célébration de la présence de celui que Dieu nous a envoyé, voici déjà deux mille ans, pour nous apporter paix et réconciliation avec Lui et entre nous.

Le monde où nous vivons a connu depuis cette naissance beaucoup de guerres et de violences. Les membres des Forces armées canadiennes savent ce que coûte à eux comme à leurs proches la paix qu'il faut maintenir ou assurer dans des régions menacées ou atteintes par la guerre ou des divisions tenaces.

Vos aumôniers souhaitent à toutes et tous la paix, une paix stable, durable, qui vous accompagne chaque jour de cette nou-

velle année.

Cette paix est un don que nous souhaitons partager, et qui grandit quand on la communique. L'année qui s'achève nous a donné beaucoup d'occasions de nous réjouir de la contribution de tant de femmes et d'hommes à la paix et à la joie quotidiennes de leurs semblables, dans leur famille, au travail ou dans la communauté où ils vivent. Les Chrétiens sont disciples de celui dont la parole et l'exemple nous ont enseigné qu'aucune contribution, si minime qu'elle semble, à la paix d'autrui n'est perdue. Nous gardons confiance que tout cela porte fruit.

Que la présence de celui qui a illuminé tant de vies depuis sa naissance vous apporte à tous l'espérance et la paix au service des autres.

Père Jacques Marcoux

Whose birthday is it, anyway?



The Protestant Church believes the important news at Christmas is not who comes down the chimney, but who came down from heaven. We invite you to come and join us as we celebrate the birth of Jesus Christ. The Chapel of the Good Shepherd, The Chapel of St. Andrew.

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St. George (South Site)

December 23 — 6:30 p.m.: Mass

December 24: 8:00 p.m.: Christmas Eve Mass

No Mass on December 25

St. Marguerite Bourgeoys (North Site)

December 17: 7:30 p.m.: Penitential service (English)

December 23: 5:00 p.m.: English Mass

7:00 p.m.: French Mass

December 24: 11:15 a.m.: English Mass

5:00 p.m.: Family Christmas Eve Mass (French)

7:00 p.m.: Family Christmas Eve Mass (English)

12:00 p.m. (Midnight): Bilingual Christmas Mass

December 25: 10:30 a.m.: Christmas Day Mass

December 30: 5:00 p.m.: English Mass

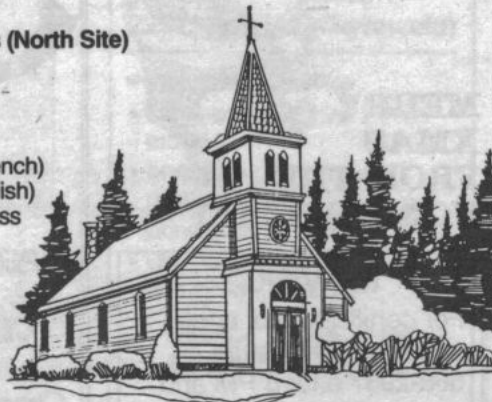
7:00 p.m.: French Mass

December 31: 11:15 a.m.: English Mass

5:00 p.m.: New Year's Eve Mass (English)

6:00 p.m.: New Year's Eve Mass (French)

January 1: 10:30 a.m.: New Year's Day Mass





SPORTS ANNOUNCEMENTS

CHRISTMAS-NEW YEAR'S SCHEDULE — LIPSETT HALL BLDG A-2

	Gym		Pool
FRI 22 DEC 89	Military Training	1145-1245	Military Swim
0730-1600	Casual Recreation	1800-2000	Casual Swim
SAT 23 DEC 89			
1300-1600	Casual Recreation	1300-1530	Casual Swim
SUN 24 DEC 89			
1300-1600	Casual Recreation	1300-1530	Casual Swim
MON 25 DEC 89	CLOSED	MERRY CHRISTMAS	CLOSED
TUE 26 DEC 89	CLOSED	BOXING DAY	CLOSED
WED 27 DEC 89			
0730-1600	Military Training	1300-1530	Casual Swim
1600-2000	Casual Recreation	1800-2000	Casual Swim
THU 28 DEC 89			
0730-1600	Military Training	1300-1530	Casual Swim
1600-2000	Casual Recreation		
FRI 29 DEC 89			
0730-1600	Military Training	1300-1530	Casual Swim
1600-2000	Casual Recreation	1800-2000	Casual Swim
SAT 30 DEC 89			
1300-1600	Casual Recreation	1300-1530	Casual Swim
SUN 31 DEC 89	Casual Recreation	1300-1530	Casual Swim
MON 01 JAN 90	CLOSED	HAPPY NEW YEAR	CLOSED
TUE 02 JAN 90	Military Training	1145-1245	Military Swim
1600-2000	Casual Recreation		
WED 03 JAN 90			
0730-1600	Military Training	1145-1245	Military Swim
1600-2000	Casual Recreation	1800-2000	Casual Swim
THU 04 JAN 90	Military Training	1145-1245	Military Swim
1600-2000	Casual Recreation		
FRI 05 JAN 90			
0730-1600	Military Training	1145-1245	Military Swim
1600-2000	Casual Recreation	1800-2000	Casual Swim
SAT 06 JAN 90			
		BACK TO NORMAL SCHEDULE	

Building 21 Holiday Hours

Fri, 22 Dec 89, 0700-1300;
 Mon, 24 Dec 89, Closed
 (Xmas); Tue, 26 Dec 89,
 Closed; Wed, 27 Dec 89,
 0700-1600; Thu, 28 Dec 89,
 0700-1600; Fri, 29 Dec 89,
 0700-1600; Mon, 01 Jan 90,
 Closed; Tue, 02 Jan 90,
 0700-1600.
 Merry Christmas and a
 Happy New Year!

CFB Winnipeg Badminton Club get together every Sunday and Wednesday nights. If you're interested in becoming a member or for information please contact:
 Cpl. Goencz Loc 5660 or 885-5082.



New Year I Resolve

to work out at least 3 times a week...

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When: 8 week session, Mon-Wed-Fri, 15 Jan 90 — 9 Mar 90, 0945-1045 hrs.

Where: Bldg A-2 Lipsett Hall.

Cost: \$25.00.

Who: Military and Rec Card Holders.

There will be a babysitting service. Cost \$1.50 per child. Registration and payment for this session will take place at Lipsett Hall from 0800-0945 Mon, 15 Jan 1990.

For further information call Lipsett Hall Peri staff at 895-6183.

Your instructor is Shauna Wawrychuk.

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Inter-Section Floor Hockey

	GP	W	L	T	Pts	Place
2PPCLI	12	10	2	0	20	1
Flyers	12	8	1	3	19	2
CFANS	11	8	2	1	17	3
BAMEO	12	5	5	2	12	4
Engineers	10	4	6	0	8	5
733 COMM						
SQN	12	2	10	0	4	6
BTNO	11	0	11	0	0	7

NOTE: A reminder to all Inter-Section Floor Hockey team representatives. There will be a meeting 8 Jan 1990, 1000 hrs in the Base Theatre Bldg 90.



The Top Scorer in Round Two was MCpl Baillargeon from the 2PPCLI Team.

Air Comm Inter-Section Volleyball Standings

	Wins	Loss	Pts	DCOS C&E	3	9	3
DCOS OPS 'A'	15	0	15	DCOS RGN OPS	0	9	0
DCOS OPS 'B'	13	5	13				
DCOS MILE	13	5	13	DCOS OPS Leads The Way			
CIV PERS	12	3	12	This year's version of DCOS			
DCOS MAINT	11	7	11	OPS Volleyball has turned into a			
DCOS LOG	10	5	10	power house, with OPS 'A' un-			
ARGHQ	9	6	9	defeated and OPS 'B' tied for se-			
COMPT 'B'	9	6	9	cond. This past posting season ob-			
RSS PR	9	6	9	viously brought in some talent.			
LTC	8	7	8	However nothing has been decid-			
COMPT 'A'	6	9	6	ed as it is still too early to tell who			
DCOS PERS	6	12	6	the dark horses are. After the			
733 COMM SQN	6	6	6	complete Round Robin the teams			
73 COMM GP	6	12	6	will break into two divisions and			
IPR	5	13	5	go for the GOLD.			

Flyers Broomball Update

This year's version of the Men's Broomball team has a few new faces in the line up. On defence we added Capt Mario Gagnon (Air Command) and 2Lt Pearrie Longchamps (CFANS) and at forward Cpl Chris Sprong (2PPCLI). Once again the team is coached by MCpl Bryan Pearce (PERI staff) and assisted by WO Al Thivierge, Air Command. It has been the team's worst start in 3 years with only 1 win in its 6 outings. The tide will change once the other half of the team returns from TD.

On the 18, 19 Nov 89 the team travelled to Moose Jaw for a tournament. Their first game was against CFB Moose Jaw, the

game ended with the Flyers winning handily (7-0). The next game came against one of Regina's top teams the result a (3-0) victory. The final game of the round was against Saskatchewan's Elite Provincial Champs. The Flyers won this one (2-1) and enabled them to advance to the A side semi-finals where we lost to Brandon, Manitoba 3-2.

The team is preparing for the upcoming Prairie Region Broomball Championship in late January. As defending Regional and National Champions the team is ready to go for Gold in 1990.

For more information contact MCpl Pearce local 5148 Bldg

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Share Your Christmas Joy



by Marla Kaposvary

Christmas is fast approaching and though some people will be looking forward to it with anticipation, others will not. The first Christmas away from family and friends at "home", can be lonely and somewhat sad. I remember mine — a 6 month newlywed, posted to Germany and a husband on duty Christmas Eve. I sat in the duty room, with the "guys", munching on chocolate chip cookies, and watching "The Thing" on video. I can laugh about it now, but I shed some tears that night! There are always single members, couples or young families who are on their own during what should be a joyful, celebrating time. Why not invite someone to share the joys of Christmas with your family and brighten up the holiday for everyone.

Upcoming Events - January's Schedule. As the next Voxair issue will not be printed until January 24, events for January are as follows:

Motherhood and First Aid - Coping with those childhood cuts, bruises, fevers and colds. Capt Bannister from BHosp will give us the helpful facts we need. 1822 Corydon Wed, 10 Jan 90 1330 hrs or 54 Bourkewood Thu, 11 Jan 90 1930 hrs.

Breakaway Club - "PPCLI Wives and Friends" will meet at the FSC - 1822 Corydon on Wed, Jan 17 at 1930 hrs. Wear your

sweats — the theme is Fitness!!

Fire! Fire! - Scary words when you're alone with small children! The Base Fire Chief will help you be prepared. Fire safety with pre-schoolers will also be discussed. 1822 Corydon Wed, 24 Jan 90 1300 hrs or 54 Bourkewood Tue, 23 Jan 90 1300 hrs.

Color Analysis - Do you know what "season" you are? Dolores Kimak, a professional color consultant will analyze a guest and give everyone tips on how your coloring and the colors you wear can enhance your look. 1822 Corydon Thu, 25 Jan 90 1330 hrs or 54 Bourkewood Mon, 30 Jan 90 1930 hrs.

When events are scheduled during the day, child care will be available, for a small fee. Please call 488-4161 or 837-8443 to find out more about this aspect of the activities.

The activities scheduled will be informative and fun. Get rid of those January blues by sharing in these events. Remember, no matter where you live, you're welcome at either Centre.

SPECIAL NOTE: A "Moms and Tots" Swim class will start in early January. Call Cpl Grasley at 895-5514 for details. Also, a morning exercise class for women. Child care will be offered at a "low" fee. Contact Lipsett Hall

Air Gunners Visit Air Command HQ



On Sunday November 19th the Manitoba Branch of the Wireless Operator/Air Gunners (WAG) Association visited AIRCOM Headquarters. Members and their ladies received a briefing and tour of the Bishop Building. It was officially announced during this visit that the Conference Centre in the Bishop Building will be dedicated and named to honour Andrew Mynarski, V.C., the most famous Canadian WAG. A formal ceremony will be held in March 1990.

895-6183 for information.

THANK YOU to all the folks at Base Supply for your quick response to the needs of the Family Support Centre. The new furniture is lovely! For all his help and support, for the Family Support Centre beyond the call of "duty", a special thanks (& hug) to Sgt Frank Kaposvary.



Mr Fred Ewatski, National President of the Air Gunners Association of Canada, presenting a limited edition print of the Mynarski Lancaster to Air Command. The print is signed by all crew members of the aircraft. Receiving this generous contribution to the Mynarski Conference Centre are Col Dave Rooke and Capt Don Pearsons of the Air Command Heritage Committee.

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For Sale: Sears crib and mattress, 16 months old - white. \$75. Phone 489-9071 anytime.

For Sale: Artificial flocked (snow look) Christmas Tree. New last year - still have bill. Was \$190, will sell for \$100 O.B.O. Ph: 832-4436.



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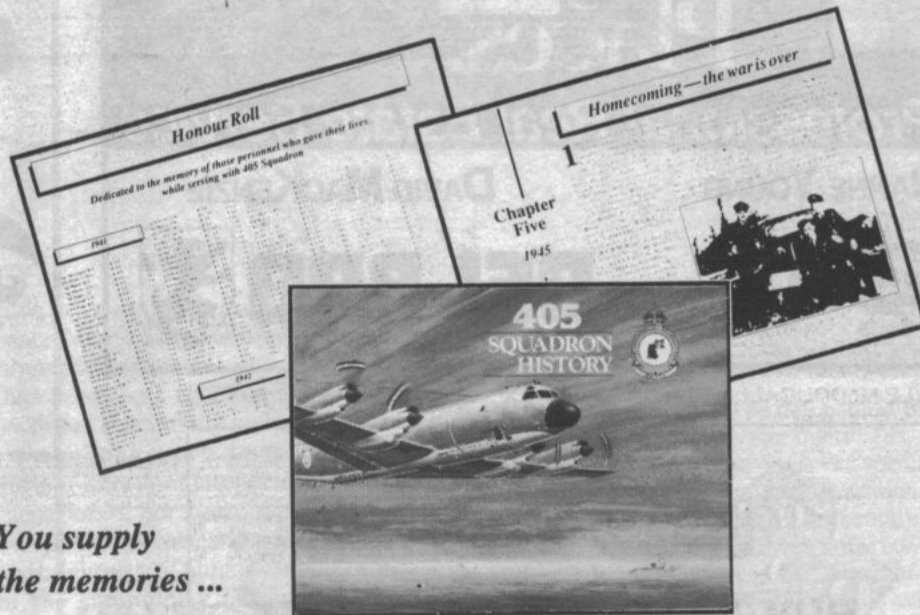
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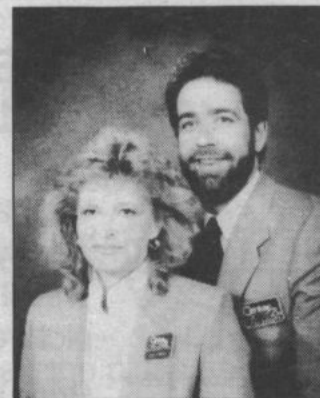
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