

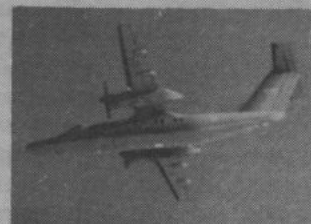
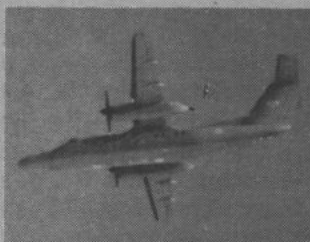


Free

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CFB/BFC Winnipeg
 24 January 1990

CT-142 HAS ARRIVED



The CT-142's distinctive proboscis will become a common sight in the skies over Winnipeg. (Inset upright) the first two Dash-8's arrive in proper fashion.

Airframe number 142-804, the first to arrive.

A New Era for CFANS

December 1989 witnessed the arrival of the first two CT 142 Navigation Training Aircraft to CFB Winnipeg. Their recent arrival signalled the beginning of a new era of Navigator training for the Canadian Forces Air Navigation School and plans are now underway for the eventual implementation of the CT 142 Navigation Training System.

The major subsystem of the CT 142 Navigation Training System is the ATS or Airborne Navigation Training system which is installed in the CT 142 aircraft.

The CT 142 interior has been specially modified from the standard civilian DASH 8 aircraft interior to provide for navigation training. There are six console workstations, four of which are student positions and two of which are instructor positions. In addition to the console workstations, two sextant positions are provided where students will be

required to perform celestial observations for position fixing.

Overall system control is exercised by the two instructors. The consoles in the aircraft cabin are arranged with the instructor's consoles located between two student consoles thus allowing the instructors visual access to the student workstations. The instructors are responsible for assigning control of navigation instruments to students, denying students access to specific navigation instruments, assessing student performance, and completing other supervisory tasks.

Each console position, in addition to indicators for navigation information and communications control panels and facilities, are provided with a Radar Display and a Plasma Panel display with a touch panel overlay. The Control Display Units for all navigation instruments are displayed on the Plasma Panel. The design of these Control Display Units for

all navigation instruments emulates real-life equipment as closely as possible. Touch keys are made to imitate rotary or press switches and Alpha Numeric readouts that operate in the same manner as their actual counterparts have been provided.

A tabulation of navigation information is displayed on the Radar Display in an area dedicated to this purpose and is referred to as a DID or Digital Information Display. The Radar Display also provides Radio-Teletype or RATT message texts and several formats for instructor use in entering exercise data. The Radar Display includes cursors which are driven by a trackball mounted on the console.

The specialized consoles and equipment of the CT 142 will afford future students with training on state-of-the-art systems and should provide CFANS with a superior navigation training platform until well into the next century.

On 20 December, 1989, the Commandant of CFANS, LCol Watt, and the CO of 402 Squadron, LCol Patrick, landed in the first of two CT-142s to arrive at CFB Winnipeg. The Commander of Air Command, LGen F.R. Sutherland, and Mr Lyle Bryson, representing Boeing Canada, were present to welcome the aircraft.

The CT-142 (DASH8) aircraft is a twin-engine, pressurized, turbo-prop, medium range transport aircraft designed and manufactured by Boeing Canada Ltd-deHavilland Division at Downsview, Ontario. The CT-142 will be employed as a navigation trainer, and is equipped with six navigation training stations in the rear cabin. The aircraft has a top cruising speed of 242 knots, can operate up to 25000 feet, and has

a range of 1200 miles with full IFR fuel reserves. The crew will consist of 4 navigation students, 2 navigation instructors, and 2 pilots. Pilot and navigation instructor training will begin in the middle of January and the first navigation course should be flying in the CT-142 in early 1991.

Soon the CT-142's ghost grey silhouette will be a familiar sight over Winnipeg, easily identified by the huge radome which has earned the CT-142 the callsign "Gonzo". Some would think the nose homely, but those involved in fixing and flying Gonzo prefer to think of it as merely "distinctive". All personnel, from CFANS and 402, technicians and aircrew, are proud to welcome the newest aircraft in the inventory of the Canadian Air Force. By D.F. Collette, Lt 402 SQN



THE KIT BAG II

TERRY LAWRENCE

Happy New Year!
Have you made and broken any resolutions yet? I always make a few but usually don't publicize them for fear of retribution and ridicule when I weaken and break. This year I resolve to stay under 200 lbs, complete renovations on the basement bathroom, (started three years ago) and tidy the backyard shed, to see if my motorcycle is still in there.

I managed to get through the Christmas season without major malfunctions in body or spirit although I must admit that the whole thing is not as exciting as when I was much younger. It's great to see the kids getting wound up and I do enjoy shopping for family gifts but I find the build-up somehow now exceeds the actual event. The Christmas party socializing scene has definitely changed through the years with the trend now toward

office staffs including spouses and partners in their celebrations; a trend which gets an ovation from your writer. Hopefully the old office party of cartoon lore has faded into history.

As you watched the news films of happenings in Eastern Europe, did you notice how many people, military and civilian, have really neat looking fur hats? Funny thing, but through the years I've noticed that quite a few Canadian politicians returning from visits to Eastern bloc countries often appear in airport arrival T.V. interviews wearing similar fur hats. I wonder if any former Ministers of National Defence ever got one. Out here in the wild West as we brave defenders of the Nations security keep watch at MINUS 40 degrees we can't be faulted if we harbour suspicions that the military winter kit was designed exclusively for person-

nel who want to look good at a bus stop in Orleans... in the rain... with an umbrella!

The new Dash 8 Navigation trainer aircraft are UGLY! Aptly nicknamed Gonzo, the silhouette will become familiar to Manitobans in short order and should remain so for many years to come. It's always good to get a new piece of gear, both for the aircrews and the maintainers. I don't know whether these new ones come equipped with block heaters and all-season radials but I do hope that they prove to be as trustworthy as the old Daks.

I spent some time recently chatting with Brian Garrigan, also a former editor of Voxair. We compared notes about the trials and tribulations during our tenures. Brian was editor when Voxair made MacLeans magazine and the CBC National news when a strident feminist championed the cause of the poor girls who appeared as the VIXEN. A couple of years after that furor died I resurrected the same somewhat dated photos and continued the series to the obvious pleasure of many but the displeasure of only one disgruntled female critic. The series ended

later, not because of the one critic but because we had used all of the available photos at least three times through the years. Brian reminded me of a survey conducted by Voxair at the time of the Vixen controversy which resulted in an overwhelming number of female readers signifying approval of the feature. The same photos would appear pretty tame now given swim-suit styles which maximize skin and minimize fabric, (bless 'em). Oh well, it was fun while it lasted.

For want of more stimulating copy I'm going to play the prognostication game as practiced by some other publications. With tongue planted firmly in cheek, here goes.

1. Real estate prices will stay low in Winnipeg so more of us will make the decision to wait it out and spend at least one more bone chilling winter in Friendly Manitoba.
2. It won't rain in 1990 either but we can't blame that on the Russians anymore.
3. CANEX will have a clearance sale of parkas. (I know that's silly but I thought I'd throw it in anyway.)
4. Booze prices will increase

every three months and some enterprising soul will set up a charter booze bus service to North Dakota, or Saskatchewan.

5. Increases in cigarette prices and continued social ostracization will cause tobacco companies to invent other products to make people, cars and clothing smell bad.
6. People laid off from the cafeterias which the Government is closing in Ottawa, (because you can't smoke in them) will be rehired as groundskeepers to pick up the butts outside Gov't office buildings.
7. A feminist organization will petition the Department of National Defence to abolish the rank titles "Master" Corporal and "Master" Warrant officer. The word "Mistress" will not be accepted as an alternate. The Navy will have problems with "Seamen" becoming "SeaPersons"!
8. "Hemprope Harold" of Trident newspaper fame will be elected Mayor of Halifax on a platform of "Free speech for all and to Hell with editorial boards."

14 Training Group

To kick off the New Year and a new decade, 14 Training Group HQ staff cordially invite all those scientists, world wide, who persist on warning us of a global warming trend, to spend a winter in Winnipeg. Actually, just spending last month here would have been enough to alter their opinions.

Despite December's frigid digits, warm congratulations go out to Chief Warrant Officer Ken Philpott on his promotion. Ken and Sharon are also proud owners of a veritable TajMahal on wheels, which is currently reposing in their back yard, but definitely pointed in a southerly direction.

More warm and fuzzy wishes to Len and Linda Baspaly on the arrival of their baby daughter. Len was amazed to find out you can watch old movies on TV at four in the morning.

Most recent arrival is Capt Mike Jalonen, who replaces Capt Bud Knight as Air Reserve Training Finance Officer. Bud has re-retired from the Air Force to accept a position with the Manitoba Bowling Association.

December for the Groupies was a very sociable one, starting with the dinner and dance at the Assiniboine Golf Club. During

the evening, an old English sheepdog disguised as Santa read the entries to the 2nd Annual Christmas Poetry Contest. Top honours this year went to Lt Lynn McGowan who put to rest the idea that engineers can't spell or construct sentences.

Next on the list was office party day. The kickoff (literally) was SOAETT's "5-alarm Chili Chowdown", the main course of which was concocted by Maj Cyril McFate. The chef pledged to fight this Manitoba winter by "putting fire in the belly of every Gringo at 14 Trg Gp HQ". Popular opinion was that he succeeded.

The diners then repaired to the Orderly Room, where the Training Control and Admin staff hosted an afternoon tea party, to munch on more goodies and throw darts at a large BMI wall chart.

But calories were probably good things to possess in surplus in December. On the 20th, the temperature up in Alert was warmer than in Winnipeg so you could actually go north to escape the cold.

With December and the 1980's but a memory and the holiday season merely the last of the turkey soup, Groupies pause to

ponder what lies down the road, other than retirement for some, and taxes for all.

Now that the dollar coin imprinted with a Loon is firmly entrenched in our national psyche, perhaps we can look forward to metal money to wear out our pants pockets — like a two-buck coin with a Canada Goose and a fiver with a duck.

Imagine the billboards along the highway to Grand Forks: "We accept Loonies, Goosies, and Duckies at par."

Now that the real ghost of the past Christmas is making its presence known in everyone's mailbox daily, herewith are offered prognostications for the final decade of what could be described as an "interesting" century:

1. Because of strong prevailing north winds and increasingly unstable subsoil, the City of Winnipeg will drift south to the US border. Happy Harry's Bottle Shop will be situated on the south side of Portage Ave.
2. That infamous general known as "Pineapple Head" will say he's sorry and promise to be a kinder, gentler dictator if he can get out of jail.



Capt Bud Knight of 14 Training Gp HQ's Air Reserve training staff, receives the second clasp to the Canadian Forces Decoration from BGen David Kinsman, signifying 32 years of Regular Force and Air Reserve service.

3. The nation's deficit will be wiped out when the new Goods and Services Tax is applied to hockey guru Don Cherry's wardrobe bills for just one year.
4. Don Cherry will be awarded the Order of Canada for this service to his country. The presentation will take place between the first and second periods of the first

game between two of the NHL's latest expansion teams — Miami and Honolulu.

5. By the end of the decade, Christmas, as we know it, shall cease to exist. The whole month of December will simply become a time warp of commercial hype known as the "Boxing Month Sale".

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The Base Chief Said...

Happy New Year! The 1990's are off and running. I don't know about you, but I'm really looking forward to 1990.

Ann and I had a great trip to Calgary at Christmas. It was great after we left Manitoba and Saskatchewan. You see we left at 0520 hrs, on 22 Dec 89. The temperature was between -35°C and -37°C. By the time we got to Medicine Hat, Alta at 1700 hrs, we were in a chinook, with an outside temperature of +10°C. Wonderful! It stayed that way for most of the time that we were home. Yes, I understand that Winnipeg did warm up over the holidays as well. But I bet you didn't do what I did on New Year's Day. We didn't have anything special planned, so at about 1100 hrs, 1 Jan 90, I got a flash! Why don't we drive out to Mount Allen in the Kananaskis Park for a cup of tea? Everyone thought that was a great idea. As a matter of fact, someone thought that was the first good idea that I had had for two weeks. One hour later found us, the family, Mum & Dad, Ann's brother Roger, Ann

and I, sitting in the chalet, having a cup of tea and a sandwich, while watching the skiers descending from the mountain top. Very pleasant! After spending a couple of hours at the former olympic site, we headed home. Got back around 1700 hrs. A nice way to start the New Year.

Had I stayed in Winnipeg, I suppose we could have gone to Morris, or Winkler. However, I can't imagine what kind of reaction I would have got, by suggesting, "Hey guys, why don't we drive to Winkler for a cup of tea?"

Once again this year, Mr and Mrs Boucher laid out the Royal Rug for us. It gets better every year, and I thought that after last year, it didn't get any better.

Quincy had a pretty good holiday as well. The chap at the kennels told us that he was the best behaved dog that he had in residence over the holidays. What do you expect? I would have been disappointed if I had heard anything else. By the way, Quincy would like me to thank the kind, thoughtful person in BAMEO who have him a beautiful scarf

and four leg warmers. They are a nice shade of blue, and he appreciated them. Needless to say, he is the best dressed dog in our neighbourhood, if not all of CFB Winnipeg.

Why is it that when you get a good paper person (boy or girl), and in order to show them your appreciation, you slip far too much money in a Christmas Card for them. Then they immediately quit after the end of December?

I was thinking about uniforms on my way to work this morning. It occurred to me that when the new Distinctive Environmental Uniforms were issued, that the Army did very little to change it from the previous Canadian Forces Uniform, the method of wear, badges, etc. This should confirm what most Airmen and Sailors suspected all along, and that was, that the old Canadian Forces Uniform was really an Army Uniform.

I get all kinds of calls from all kinds of people. Some complain that their boss is an old crab, or they are not being treated fairly. Some complain that they can't get their boss to stop calling them by their first name. In the latter case this individual would like to be referred to by his rank. I guess his boss wants to be liked.

I ran across this little article in my files, and thought it might be appropriate. We'll call it: "BE OBVIOUSLY FAIR".

When it comes to people, we

all have our likes and dislikes. Some people seem like cold, frozen fish. They're hard to warm up to. On the other hand, there are some fellows you like instinctively the first time you lay eyes on them.

But when personal likes and dislikes are allowed to crop up in an organization, the results are usually unfortunate. The fellow who has other people working for him can't indulge in personal likes and dislikes. Nothing breeds dissatisfaction faster than when the boss starts playing favourites. People don't respect a boss who doesn't shoot square with everyone on an equal basis.

It isn't enough to be fair — you've got to be obviously fair. You may know in your own mind that you've given everyone fair and equal consideration, but do the people themselves know it? Unless you take pains to be obviously fair and impartial, people are sure to believe that personal likes and dislikes play a big part in your decisions. You'd be surprised at the conclusions people can jump to.

It's simply good sense to avoid situations which might lead to accusations of favouritism. That's why it's just as well not to be too chummy with the people who work for you. Pick your social friends elsewhere. Either that or be equally friendly with all of the

people under you.

Watch out for people who try to "buddy up" to you and get in a position where they can ask special favours. Above all, don't get yourself in a position where you are obligated to anyone. It makes a bad situation.

Sometimes one of your workers may deserve a special privilege or favour. But never grant one unless you are perfectly willing to disclose the reasons why it is handed out. In fact, it's a good idea to deliberately spread the word around so that there can be no misunderstandings.

In every organization, there are usually a certain number of unpleasant tasks. Take pains to see that these are distributed as evenly as possible. If two or three people have to bear the brunt of the dirty work, make sure they understand why it is necessary. Otherwise, they're bound to think you're discriminating against them.

Being obviously fair is worth the time and trouble it takes. You can't avoid some charges of favouritism anyway; it's the favourite complaint of soreheads and incompetents. But if you've been obviously and conscientiously fair, these accusations will usually be recognized for what they are.

Say; the above words would not be a bad New Year's Resolution for a lot of folks, would they?

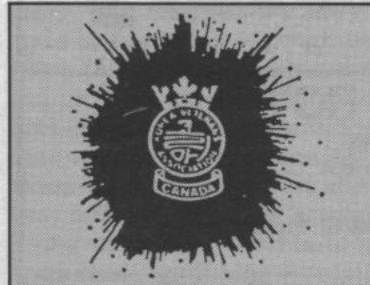
Ask the Boss



Have you a question or comment about the way we do business at CFB Winnipeg? Maybe you have a suggestion that would make things work better. If so, why not let me know about it?

You can do so either by writing to me, care of VOXAIR, or by calling 889-3963 and leaving a message. If you leave your name and number your call will be answered individually. Questions of particular or Basewide interest will be answered in this column.

I'd like to hear your input on Base matters, the ones I can do something about. This column is not meant to replace the well established procedures which address career matters or to short circuit the chain of command to higher headquarters. Rather, it is your opportunity to communicate directly with me. Call or write today if you think you have an idea which will improve our quality of life at CFB Winnipeg. Col H.C. Armstrong, Base Commander.



THE KOREA VETERANS ASSOCIATION, Manitoba Unit #17, will hold an open General Meeting, and Reception of New potential Members, at the Army, Navy, and Airforce Club 303 Clubrooms, at Scotland at Wilton (1 block off Grant) on Thursday 25 January 1990 at 8 p.m.

All Canadian Armed Forces Personnel, and Veterans, who served in the Korean War from 1950 to 1953 are welcome to attend this important gathering of comrades, and to join with us, in remembering those who gave their all that we may live in peace.

Further information can be obtained by calling Buzz Poirier at Wpg 888-4954.

The Calgary Highlanders Regiment 80th Anniversary

A reunion of all Calgary Highlanders, past and present, will be held 29 June-1 July 90. Her Majesty Queen Elizabeth II will personally present a new Queen's colour 30 June 90.

For more info, previous Calgary Highlanders, their relatives and friends may write or call: Office of the regimental secretary The Calgary Highland Regiment, 8th Floor, 840-6th Ave. S.W. Calgary, Alberta, T2P 3E8. Phone: 403-294-5544.

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Canadian Forces Air Navigation School

The Canadian Forces Air Navigation School (CFANS) is tasked to provide the Service with basic qualified Air Navigators and Military officers. The school has facilities to train approximately 67 navigators to wings standard each year. However current production is approximately 50. While academic and computerized procedural training takes place in Mawdesley Hall (Bldg 84), flight training is conducted in concert with 429(T) Sqn on the Hercules aircraft. Undergraduate courses commence at approximately seven week intervals throughout the year. Course duration is approximately 10 months. While in training, students cover a variety of topics ranging from meteorology through to Advanced Navigation Systems. Upon graduation students are presented their wings, are declared class qualified, and are posted to an Operational Training Unit (OTU) for further Nav training on specific aircraft type.

The school also conducts recer-

tification training for those qualified navigators who are returning to an operational unit after a prolonged absence. CFANS also provides ATG navigators in support of 429(T) Sqn when tasked by Air Transport Group.

A recent development at the School was the introduction of "streaming". This new approach takes the student through a six-month basic phase, during which the fundamental disciplines of Air Navigation are taught, and then into an advanced phase of training in either Maritime or Transport fields of study. The advanced phase concentrates on Navigation techniques particular to the operational group to which the students will be assigned after receiving their wings.

Coordination and control of CT-142 resources will be done by CFANS Operations with coordination between 402 Sqn and CFANS for the employment of assigned pilots. Current plans are for there to be a period wherein students will continue to undertake training on the Hercules.

DINNER IS SERVED



On Wednesday, 13 December 1989, CFB Winnipeg held its annual Junior Ranks Christmas Dinner. Carving the turkey is Colonel H.C. Armstrong, Base Commander, while looking on is Colonel (for the day) Bruno Aubut, CFS Met, and Maker of the Sauce, Chief Warrant Officer (for the day) Twila Letain, BEME. The meal and festivities were enjoyed by all who participated.



École de Navigation Aérienne des Forces Canadiennes

L'École de navigation aérienne des Forces canadiennes (ENAF) a pour fonction d'assurer la formation de base de navigateurs aériens et d'officiers militaires de FC. L'école dispose des ressources nécessaires pour accueillir quelque 67 stagiaires par année; toutefois, elle ne produit actuellement qu'environ 50 diplômés. La formation théorique et sur simulateur de navigation aérienne a lieu dans le Mawdesley Hall (bâti-

ment 84), tandis que l'instruction de vol se déroule à bord d'aéronefs de type Hercules du 429 ET. Des cours élémentaires commencent à quelque sept semaines d'intervalle tout au long de l'année, et leur durée est d'environ dix mois. Le programme de cours englobe toute une gamme de sujets, allant de la météorologie jusqu'aux systèmes avancés de navigation. Dès qu'ils ont reçu leur brevet, les navigateurs sont

affectés à une unité d'instruction opérationnelle afin de perfectionner leurs connaissances sur un type précis d'aéronef.

L'école offre également un programme de recyclage à l'intention des navigateurs diplômés réaffectés à une unité opérationnelle après une absence prolongée. À la demande du Groupe Transport aérien, l'ENAF fournit également des navigateurs pour appuyer le 429 ET.

L'école a récemment élaboré une nouvelle approche en vertu de laquelle les stagiaires doivent d'abord suivre des cours de formation élémentaire pendant six mois. Ils étudient alors les disciplines fondamentales de la navigation aérienne. Par la suite, ils entreprennent un programme de formation avancée dans le domaine des opérations maritimes ou de transport surtout axé sur les techniques de navigation

propres au groupe opérationnel auquel chacun des stagiaires sera affecté après avoir obtenu son diplôme.

Il incombe à la Section des opérations de l'ENAF d'assurer la coordination et le contrôle des aéronefs CT-142. Par ailleurs, le 402 E et l'ENAF coordonnent de l'emploi des pilotes affectés. Pour le temps présent, les stagiaires continueront d'effectuer leur instruction sur les avions Hercules.

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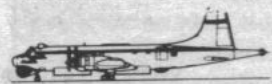
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BEME

On behalf of BEME, I would like to welcome Cfn Sheffield J.J. back from a six month tour of duty in Namibia. The Base Accelerated Promotion Programme has recognized one of our Cfn's hard work and bestowed on him the rank of Cpl. All BEME personnel congratulates Cpl Januszkiewicz on his recent promotion.

BEME has been asked by the BCPO, if we were interested in participating in a work experience training programme. The latter gives a student an opportunity to work, for a few weeks, in jobs related to his/her training. BEME has accepted this task and welcomes Anita Kennedy, a student at Sturgeon Creek Regional Secondary School.

The return of Lt K.J. Hamilton, from a French Crse in St Jean, has improved the bilingual capability within BEME. His return has prompted the BEMEO to practise his second language. Anybody for "parley-vous français!"

It is often said that tradition is the glue that bonds people together under one banner. Part three of the LEME story deals with that area entitled LEME tradition.

LEME Tradition

The Oxford Dictionary defines "Craftsman" as one who practises a handicraft; a skilled person; private soldier in REME. The term came into military use with the formation of RCEME in 1944 and soon became the official designation for the rank of private. I remember my early days in RCEME when I held that title and it always made me perk up everytime Craftsman (Cfn) was being used. The title was in continuous use until the reorganization of the CF in February 1968. By 1982, the use of the term was being reinstated informally and now it is used everyday at the unit level.

Another well-loved term was "ARTIFICER". This term was used in Canada during the 1780s as part of the United Empire Loyalist regiments which had been formed and stationed around Montreal during the Revolutionary War. One of these regiments had a Company of Artificers which, in the winter, did odd jobs including equipment maint but, during the summer, operated the bateaux used for the transport by river of the regiment. In 1882 a Corps of Ordnance Artificers was formed for

the repair of artillery equipment. This Corps was absorbed into the Army Ordnance Corps in 1896 but the term lived on as the designation for the top-level armament tradesman. With the formation of RCEME in 1944 the use of the term was expanded to include all Staff-Sergeants (Warrant Officer in today's rank structure) and above in all RCEME trades. The term remained in use until 1964. The closest equivalent today is the term Trade Qualification (TQ) 6B.

Badges

The original Canadian Ordnance Corps badge dating from 1904 depicted the Board of Ordnance Arms surmounted by a beaver. The Arms comprised three field pieces in pale and on a chief, three (oversize) cannon balls. Granted the prefix "Royal" in 1922, the beaver was replaced by the Tudor (King's) Crown and the Garter motto "Honi soit qui mal y pense" was added. In 1926, the full name of the Corps was included.

The first RCEME badge adopted after 15 May 44 from REME was described as fols: On wreath of laurel three escuscheons; the first raised and charged with Ordnance Arms; the second, lightning flashes; the third a gearwheel (representing Armament, Telecommunications and Vehicles respectively). The whole ensigned with the Tudor Crown. Below the wreath, a scroll inscribed "R.C.E.M.E."

The second RCEME badge was approved 27 Feb 50, also based on REME, described as: "Upon a lightning flash, a horse forcene, gorged with a coronet of four fleur-de-lys, a chain reflexed over its back and standing on a globe. Above, a crown upon a scroll bearing the letters R.C.E.M.E. Lightning flash, scroll and crown to be gilt; horse forcene and chain were symbolic of power under control, and the lightning flash of electrical engineering. The horse forcene also formed part of the crest of the Institution of Mechanical Engineers (UK), and, together with the lightning flash, was intended to mark the close relationship which existed between the electrical and mechanical engineers in the Army and civil life. The globe was indicative of the impact of engineering on the world generally.



The first RCEME badge adopted after 15 May 44.

The second RCEME badge was approved 27 Feb 50. The Tudor Crown was replaced by the St. Edward's Crown (Queen's) upon the succession by Queen Elizabeth II in 1973. The current LORE/LEME badge was adopted in 1975.

The Tudor Crown was replaced by the St Edward's Crown (Queen's) upon the succession by Queen Elizabeth II in 1973.

The current LORE/LEME badge, adopted in 1975, is described as an azure oval on which are superimposed a triangular rotor, crossed cannons, and a five-segment lightning flash, the whole surrounded by a wreath of ten maple leaves and surmounted by the St. Edward's Crown. The lightning flash, the crossed gun barrels and the triangular rotor depict work in the

electrical/electronics, weapons and vehicles fields respectively. In addition, the triangular rotor is the symbol of the Society of Automotive Engineering (SAE). The leaves of the wreath represent the provinces. The Crown is the symbol of our Queen and, like the wreath, which symbolizes service, is a feature of most post-unification branch badges in the Canadian Forces. Collar badges comprise the three central symbols; the rotor, crossed cannons and lightning flash, as the recognized emblem of the Branch.

BOR News

With the holidays now behind us we can all sit back, that is if we can still fit into our chairs with our bellies full of the holiday goodies, and look back to the past year with all its ups and downs. It is also a time to look to the New Year and set those goals for ourselves and try to make them a reality. Unlike the past few Christmases this one has proved to be a very busy one for the BOR/R&D and Rel Sections. Normally with Christmas holidays and a large number of people on leave, this period is fairly quiet and gives us an opportunity to get to those projects in the office that we have had to put off. However, this year we were kept busy and were running around trying to get our baskets to a "reasonable" level before we left for our holidays.

For two people in the BOR,

this Christmas had an extra gift under the tree for them. Corporals Heidi Sorrell and PHEME Walsh came off of their "fives" just prior to the holidays with flying colors. Congratulations to you both, we knew you would do well. Now with her fives out of the way, PHEME had to hurry back to Winnipeg to do her packing. For some strange reason Santa was extra nice to her and gave her a posting to Ramstein, Germany. I don't know how she pulled that one off. The only gifts

I seem to get after Christmas are parcels from VISA, Zellers, K-Mart etc.

Following shortly behind the heels of PHEME is our one and only Corporal Stew "THE GRINCH" Wright of the R&D Section. His posting for Lahr arrived in Sant's sack and he should be enjoying Germany's hospitality in February. We wish them both the best and know that they will both enjoy it. Whether or not Germany can handle them both at once we will soon find out.

At this time I would like to take this opportunity to wish everyone a Happy and Prosperous New Year on behalf of the BPADMO and staff.



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CFANS Update

Before the holiday season, the Basic and Advanced Flights within the CFANS organization were discussed in this column. The other two flights, to be discussed here, are Operations and the Standards and Support Flights.

The Operations Flight is responsible for scheduling ground and airborne training and eventually all CT-142 DASH-8 operations. At present, Ops coordinates the scheduling of mission, crew and C-130NT Hercules aircraft with 429(T) Squadron. With the introduction of the CT-142, CFANS Ops will liaise with 402 Reserve Squadron which will provide the pilots to fly navigation training flights.

The Standards and Support Flight Commander controls several sections including Standards, the Air Navigation Procedures Trainer (ANPT), Ground Issuing Stores (GIS) Stores, the Administration Section (Orderly Room) and a Programme Generation Centre (PGC). The PGC will provide software support for the new CT-142 aircraft and it will run in conjunction with the ANPT. GIS Stores supplies school study materials, flight publications, maps and navigation

charts for CFANS students and staff.

The Standards Section performs a variety of functions. They ensure that training is properly conducted by conducting exams and checkrides for both students and instructors and by monitoring lessons in the classroom. Standards personnel also organize and run ground training days for the School's instructors, and they staff various programs which update the curriculum and equipment used at CFANS.

This is the last in a series of articles explaining the functions of the various sections within the CFANS organization. We hope that these articles have developed a greater awareness of the Canadian Forces Air Navigation School.

As always the weeks before Christmas were hectic, so let's take time to catch up on events at CFANS. On 30 Nov 89, the Commander of Air Command, Lieutenant-General F. Sutherland, CMM, CD, was the Reviewing Officer for the Wings Graduation Ceremonies for Course 8807 and 8901 (see photographs on this page). Congratulations to all the new navigators, and the best of

luck in your first operational posting.

On 13 Dec 89, the "Air Navigator Get Well Program" investigative team visited CFANS and CFSAS to record suggestions for our collective future. By the end of the day, their ears were ringing with ideas to be considered.

The Annual CFANS Christmas Party was held on 15 Dec 89. In attendance that evening were the Base Commander, Colonel H.C. Armstrong and his wife, the Commandant, Lieutenant-Colonel T.F. Watt and the staff and students of CFANS. Everyone enjoyed the opportunity to sit back and relax that evening with the exception of Santa Claus, who was kept busy handing out gifts to the various Section Commanders.

The first two CT-142 DASH-8 aircraft arrived as planned on 20 Dec 89 (see story on page 1). While pilots and nav instructors wait anxiously to fly "Gonzo"; the sales of Sesame Street hand puppets has taken off.

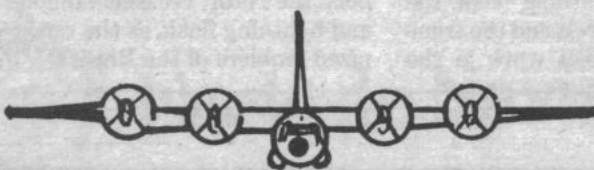
That's it for this week. We hope you had a happy holiday season and are ready to take on the challenges of the new year.



Basic Air Navigator Course 8807. Wings Graduation Ceremonies. Back row (L-R) Lt Stephen Doyle, Lt Darwin Zipricke, Lt Scott Latter, Lt Marc Beaumier, Lt George Roth. Front row (L-R) Lt Glen Way (honour graduate), Col H.C. Armstrong, Lt-Gen F. Sutherland, LCol T.F. Watt and Capt M. Tocher (course director).



Basic Air Navigator Course 8901. Wings Graduation Ceremonies. Back row (L-R) Lt Robert Bolduc, Lt Ian McLeod, Lt Michel Archambault, Lt Rémi Landry. Front row (L-R) Lt Phil Barden (honour graduate), Col. H.C. Armstrong, Lt-Gen F. Sutherland, LCol T.F. Watt and Capt W. Joy (course director).



Bison Bits 429 SQN

Welcome to the first Bison Bits of the 90s. We at 429 Sqn wish everyone a very Happy New Year and hope the 90s go better than the 80s did.

All did not start out this year on a good note at 429 Sqn. The big disappointment was the cancellation of SF 591 which was supposed to go to the South Pacific on January 6th. With 591 can-

celled it is really going to put a large dent in Col Armstrong's usual 50 hours of flying time per month (and everybody was saying he was on the trip for a vacation). Everybody else on the crew appears to have recovered though. Darcy Granley was not back from his Christmas vacation in Edmonton more than two days before he hopped on a flight back

for three more days of "God's Country". LCol Hay and Chris Gallego recovered by heading off to Namibia on another UN mission.

We would like to welcome our newest pilot on squadron, Lt Bruce Campbell (just what Norm needs — a new Lt to pick on). 429 Sqn also extends congratulations to Bruce and his new wife, Veronique, on their wedding on December 30th. We hope your stay with 429 Sqn is longer than your stay in Winnipeg.

The CO's secretary would like to know if anyone is interested in renting LCol Hay's office as he hardly uses it anymore since he is either in Trenton at the new 429 Detachment or is flying Winnipeg.

Some squadron members were

kind enough to point out that Daryl Smith's two week vacation in Hawaii did him a lot of good. Now his whole face is brown and not just his nose (just kidding, Daryl)! Oh Yeah!, congratulations Daryl on getting the most Pilot hours at 429 Sqn (anyone surprised?).

Maj Don Thain, for the second year in a row, gladly volunteered to fly RRMC cadets down to Colorado Springs last week. And he also kindly arranged for the three days of skiing at Breckenridge. But he is still wondering how, after leaving his AMEX card with WO Emile Fournier and Sgt Norm Caron, there is an unexplained \$350 extra charge. Happy Birthday Norm, and I hope the stitches heal quickly.

In closing, I must say that

many people were surprised to see the two "Gonzos" arrive in Winnipeg after almost a decade of waiting and wondering if they really exist. Yet, it is probably still a long time before the "Here" leaves Winnipeg!!

That's it for this edition.

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If you don't have a Power of Attorney

by William E. Doyle

What happens when someone is suffering from mental incapacity and has not previously executed a Power of Attorney which is to be effective after such incapacity? It is necessary for a person to be appointed pursuant to the Manitoba Mental Health Act by an Order of the Court of Queen's Bench to look after and handle the financial affairs of the person and be involved in such things as receiving monies in and paying out the necessary accounts on behalf of the incapacitated person. Such person is known as a committee of the estate of the incapacitated person.

It is preferable that the person who makes the application to the court is the nearest relative of the person who is incapacitated as family members have priority over friends or strangers in this respect. In addition, it should be noted that all family members who have an equal to or a closer relationship to the incapacitated person who do not consent to the application, must be served with the application. Upon being served with such application it is possible for any such relative to take the position that they, in fact, should be the one who is appointed committee or that the Public Trustee for the Province of Manitoba should be appointed. The office of the Public Trustee similarly must be served with any application and may be ap-

pointed in a situation where, for example, the incapacitated person has no relatives, or when those relatives involved have serious disputes between themselves.

Other factors to be considered when the court determines who should be appointed committee of the estate of the incapacitated person are the nature and complexity of the estate and whether it requires the exercise of business skills and abilities, the age and health of the person making application, whether there might be a conflict of financial interest between the interests of the applicant and those of the incapacitated person, and the wishes of the incapacitated person, if they are known.

Once a decision is made by an individual that he or she wishes to apply to the Court of Queen's Bench to become appointed as committee it is necessary, where possible, to obtain the consents of those relatives who have an equal or closer relationship to the incapacitated person. In addition, it is necessary to obtain affidavits sworn by two medical practitioners, preferably one of whom is a psychiatrist, which affidavits include the opinion of the practitioner as to the affliction from which the incapacitated person is suffering, their opinion as to the likelihood of the person recovering from such condition, and their

opinion as to whether the person is mentally disordered or incapable of handling his or her own affairs. Such affidavits must be filed in support of the application together with an affidavit sworn by the person bringing the application outlining his or her relationship with the incapacitated person, the condition of the incapacitated person at the present time, the financial affairs of the incapacitated person to the best of the applicant's knowledge, and the like.

Should the application be successful, the result will be an order declaring that the person, by reason of mental infirmity, is incapable of handling his or her affairs, an order appointing the applicant as committee of the estate of the incapacitated person subject, usually, to the applicant giving security in the form of a personal bond in an amount equal to two times the total value of the estate of the incapacitated person. Such order also includes an order that the applicant, who is now the committee, shall take into his custody or under his control all property to which the incapacitated person is entitled or possessed and collect in and receive debts owing to the incapacitated person, and for such purposes all property is vested in the committee. The order is also subject to the requirement that the committee, within a certain

period after his or her appointment, must file with the Court of Queen's Bench an inventory of the whole estate of the incapacitated person and account to the court in relation to receipts and disbursements from such estate at set intervals from the date of appointment. Finally, a copy of the order must be served upon the incapacitated person unless the court is satisfied based upon the evidence of the medical practitioners that the incapacitated person would not understand the documents which are served upon him or her. If such is the case, such service can be dispensed with. Legal costs of the applicant will generally be paid out of the estate of the incapacitated person but such reimbursement may be restricted by the court resulting in the applicant being personally responsible for a portion of the legal costs.

Following the granting of the order, the committee is best advised to open and keep a separate bank account in relation to any monies of the estate pending their investment. He should also arrange for the safekeeping of assets, records and the individual's last Will and Testament, if any. He should place insurance upon any personal property that exists, file income tax returns on behalf of the incapacitated person, making arrangements for the payment of taxes if necessary,

notify the Manitoba Health Services Commission of his appointment, and obtain the authorization of the Court of Queen's Bench in relation to any loans or gifts from the estate. It can not be stressed enough that it is important that the committee keep complete and accurate records in relation to what transpires following the granting of the order. Such will make the filing of an inventory and the passing of accounts much easier and reduce the amount required for legal expenses in this regard.

It should be noted at this point that all of the bother and expense of an application for an order of committee can be avoided by an individual executing a general Power of Attorney prior to any mental infirmity taking place. However, it will be necessary that such Power of Attorney specifically state that it is to last beyond such mental infirmity. If such is the case the person who is appointed as attorney can continue to act and for all intents and purposes fulfil the same duties as he would otherwise be allowed to perform pursuant to the order of committee.

William E. Doyle is a lawyer practising with the firm of Begin and Doyle, 427 Academy Road, Winnipeg, R3N 0C2, 488-3337. He is the son of a retired Career Warrant Officer.

L'ENAFC entre dans une Nouvelle fre

En décembre 1989, on a assisté à la livraison des deux premiers avions d'entraînement à la navigation CT 142 à la BFC Winnipeg. Leur arrivée a marqué le début d'une nouvelle époque dans la formation des navigateurs à l'École de navigation aérienne des Forces canadiennes, et on prépare actuellement la mise on oeuvre du système d'entraînement à la navigation sur CT 142.

Le système d'entraînement en vol installé à bord de l'aéronef CT 142 constitue le principal système

auxiliaire du système d'entraînement à la navigation sur CT 142.

Le CT 142 est en fait un DASH 8 dont on a modifié l'intérieur pour les besoins de l'entraînement à la navigation. Six pupitres de commande y ont été aménagés: quatre pour les stagiaires et deux pour les instructeurs. En plus des pupitres de commande, on a également installé deux postes de sextant afin de permettre l'observation astronomique par les stagiaires chargés de déterminer leur position.

Les deux instructeurs assurent le contrôle général du système. La figure 1 illustre la disposition des pupitres de com-

mande dans la cabine de l'aéronef. On peut constater que le pupitre de commande de l'instructeur se trouve entre deux pupitres de stagiaire, ce qui permet à l'instructeur de mieux les surveiller. Les instructeurs assignent le contrôle des instruments de navigation aux stagiaires, autorisent ou interdisent l'emploi de certains instruments de navigation, évaluent le rendement des stagiaires et exécutent d'autres tâches de surveillance.

Outre les indicateurs de navigation et l'équipement de communication, chaque pupitre est doté d'une console de visualisation radar et d'un écran plasma ainsi

que d'un panneau à contact. Les boîtes de commande et de visualisation de tous les instruments de navigation sont représentées sur l'écran plasma. Cette représentation des boîtes de commande et de visualisation est aussi fidèle que possible. Des touches tactiles imitent des commutateurs rotatifs et des poussoirs, tandis que les lecteurs alphanumériques fonctionnent de la même façon que les lecteurs qu'ils simulent.

Un tableau d'information de navigation est affiché sur la console de visualisation radar dans un espace réservé à cette fin et qu'on appelle dispositif de présen-

tation d'informations numériques. La console de visualisation radar permet également d'afficher des messages radiotélétypes et offre à l'instructeur plusieurs grilles de saisie de données pour les exercices. La console de visualisation radar comprend des curseurs commandés par une boule roulante montée sur le plan de travail horizontal du pupitre.

Grâce aux consoles et à l'équipement spécialisés du CT 142, les futurs stagiaires pourront s'entraîner sur du matériel et des systèmes de pointe, et l'ENAFC disposera d'un programme de formation supérieur pour l'arrivée du 21^e siècle.

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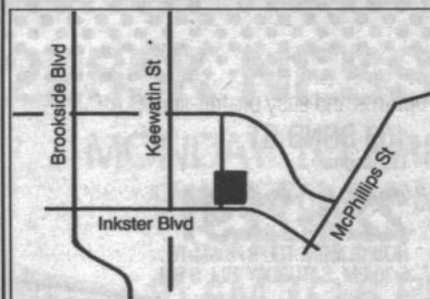
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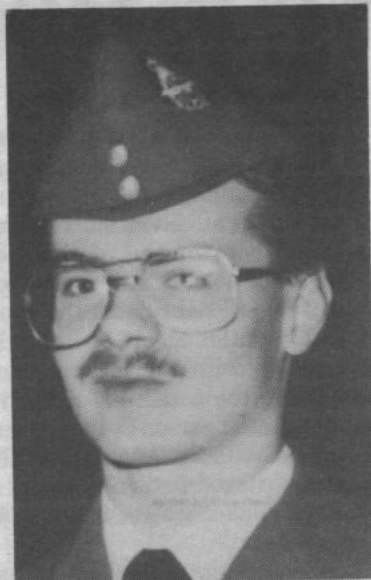
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402 SQN

Privates receive first hook



402 Squadron Privates were recently presented with their 1st Chevron by the CO, Col R.W. Patrick, pictured above with Pte G.A. Syme.



Pte M.L. Dumesnil



Pte D.G. Jarduck



Pte T.D. Handley



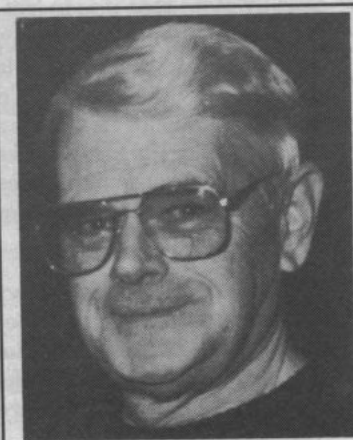
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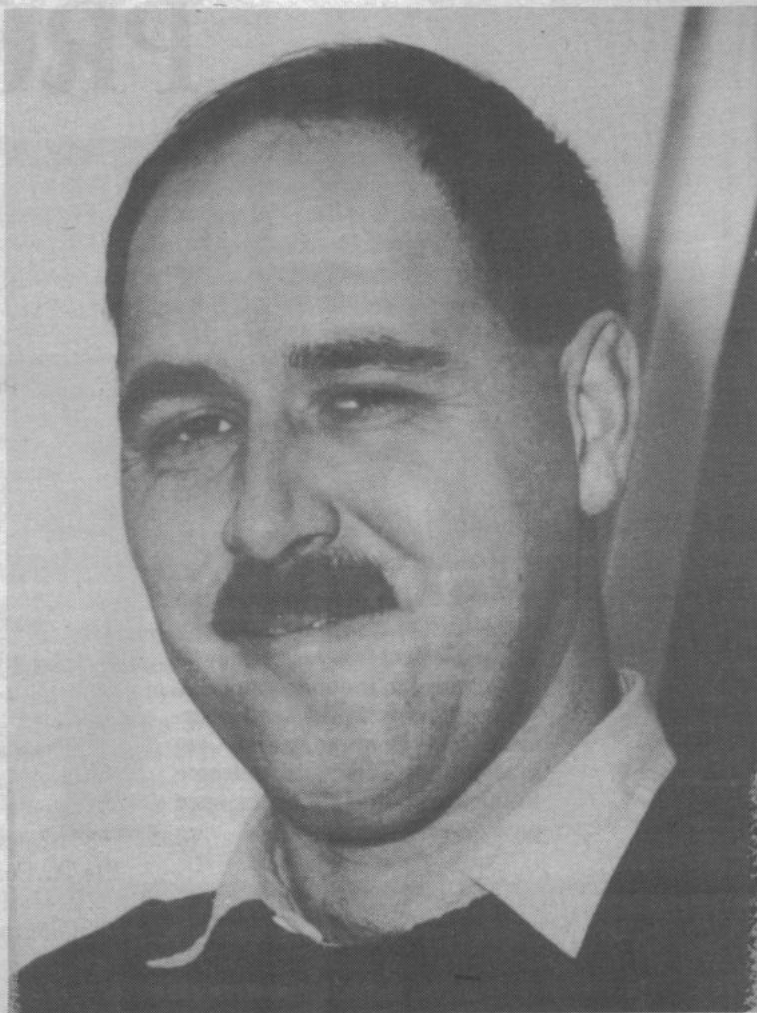
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Retiring after 26 years



Sgt Dave Emery of Air Command Headquarters is shown receiving congratulations from MGen Chisholm, Deputy Commander of Air Command on his retirement from the Canadian Armed Forces. Sgt Emery completed 26 years of service and has settled down in the Winnipeg area.



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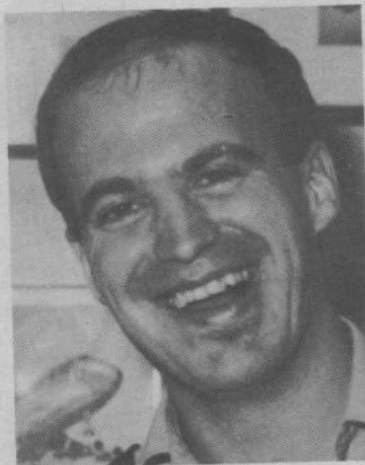
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BAM PROMO



Pte Ashish Prasad, employed in BAMEO Servicing, has just received his First Chevron.



Cpl Remi Roussel joined the forces in Sept 1986 and after training at Borden, was lucky enough to be posted to friendly Manitoba, where he now works at the aircraft servicing organization. Congratulations Remi, and welcome to the land of the big bucks, spec pay.



Pte A. Cornell of BAMEO, 3 Crew recently received his first hook. Congratulations Andy.

402 Sqn Promotion



Cpl Fraser Archibald receives his promotion to Corporal from 402 Sqn DCO, Maj J.T. Williams on 19 Dec 89.



Cpl Sorrell was recently presented with his new rank by Lt Hudon, ASO. Troy joined the forces as a YTEP in Nov 85. After completing his training as an Airframe Technician, he was posted to Sunny CFB Portage la Prairie. In November 86 he transferred to Reg Force and was posted to CFB Winnipeg BAMEO/ASO section where he has worked ever since.

From the

With some bumps here, some grinds there, what was once Tutors-and-Transients and what was once Hercs-and-Daks now mesh together in Now-Just-Servicing. The Great Amalgamation proceeds, with Tutor-qualified techs wandering around, in, and on these big things called Hercules, trying to remember that #1 Engine is over there and #3 is here (well come on, up to now we've been just working on single engine jets!) and no, that's not a clothesline, that's an antenna... and Herc-qualified techs are being advised by their Tutor counterparts that, no, the props are NOT missing and please STOP walking on the wings (before you tip the plane over!). Yep, what was once six crews spread over two hangars have been merged into three crews working at the end of one hangar. All together in one place. Over 50 Regulars and Reservists in each crew, crushed together into one little Blister, gasping for air! clawing for space!... What's that, Sir?

Ahem. All of us at the new BAMEO Servicing look forward to being in one happy family in one centralized location for quick and efficient service to home and transient aircrews. Now, who's going to be in charge of the coffee

TRIPLE L

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Beef
(sides-hinds-quarter)
Turkeys

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Stony Mountain
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Manager

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EO TIONS



Cpl 'Ron' Higgins received his Cpl hooks. He has worked in Aircraft Servicing since July '86 doing a tour of both 10 and 16 Hgrs. He is better known around the Base for his black belt in Tae-KwonDo so don't meet him in any dark alleys. Best of luck in your tournament in Ottawa!

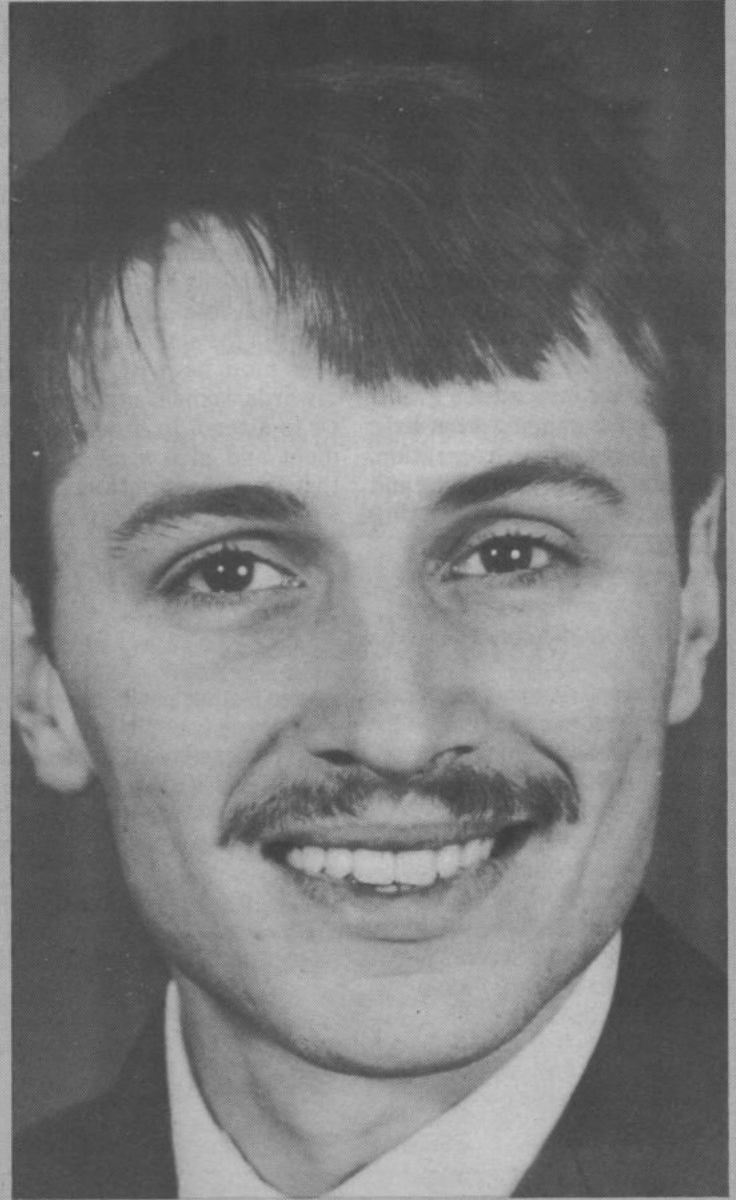


Private Phil Durdey joined the forces in April 1987 and after training in Borden, was posted to CFB Winnipeg in January 1988 where he now works in the aircraft servicing organization.



The BAMEO Maj. Kobyashi presenting Sgt Turpin with his new rank which was effective 1 Dec 89. Sgt Turpin is an Integral Systems Technician presently employed in the front lines (ASO) of BAMEO.

Airman of the Month



Airman of the Month. Cpl Mark Guerin is an Aero Engine Tech who works in the BAMEO organization. Mark has been selected as "Airman of the Month" for his many contributions as an expert runup tech and trouble shooter on the CT114 Tutor A/C. He also did a masterful job in moving and reorganizing the two ASO tech libraries into one.

Mark has been in Wpg since 1986 and resides in St James area with his wife Josie.

Hangar Door

fund?

Promotions. We've had a stack of 'em last October and November, though the lucky guys have yet to see their pay (you see, BOR has to amend docs, AMOR has to have them to send to an officer here, an NCO there, then a pay computer in Borden has to be informed.

To the lucky winners of the Double Hook. John Jackson is no longer NATO's oldest Private, receiving his double hooks last October. Anyway, John was a late joiner and there is a joke going around that he'll receive his first Canada Pension Payment before he has to retire on his 20th

year in service. Other lucky electricians: Mark Woods (he and John are on #3 Crew) and Kevin Sytsma of 2 Crew. For our Riggers (Air Frame Techs) congrats also go out to Bob Whittle (#1 Crew), Natalie Lafreniere and our ever-athletic Kung Fu master Ron Higgins (both of #2 Crew) and Rene Roussel of (#3 Crew).

Hmmm. 3 promos on #3 Crew, 3 promos on #3 Crew, just 1 promo on #1 Crew. Sure know which Crew it doesn't pay to be a Private on.

All for now. Next column: The Dash 8 has (finally) arrived!

CE



WO Bill Snow was recently presented with his new rank by the BCEO Maj Mike Moore and the Eng O Lt Debby Wolfe. Bill officially put his MWO rank on 1 Dec 89. Congratulations from the BCEO and all CE staff.

Family Support Centres It's Not Just: For Problems! For Women!

Although the Family Support Centre has now been open for a few months, there are still some misconceptions about the services offered.

The main aspect of the FSC is information and referral. This is available to anyone — members, spouses, newcomers or oldtimers, any sex and any marital status. The FSC has information available on topics ranging from base and city resources, recreation, clubs and groups, counselling and health resources, babysitting

lists, and so on. Consider the FSC your "one stop information shop" or "Everything you wanted to know about...!" Through utilizing the info and resources available, the adjustment to a new community, and daily life, in general, can be much less stressful. Though many of the activities in the next few months will be geared towards women, anyone is invited to attend. In order to implement and plan some activities that are of interest to single service members, single parents or

working women, I need to hear from you. What would you like to see take place? What interests do you have that the FSC can help you with? The feedback would be appreciated. Give me a call at 488-4161 or 837-8443 and share your ideas.

To Section Heads, Senior NCMs and civilian supervisors — The resources available at the FSC may be of assistance to you when dealing with members who require or have asked for support. Drop-in or call to see what the FSC is all about.

A final note. The FSC can become whatever our community most needs. Your ideas, involvement and support will truly make the difference.

FSC Activities

The first demonstration of "Color Analysis" will be finished by the time you read this. But, there's still one more presentation for you to attend. Contrary to the dates I printed in the previous VOXAIR, the presentation will take place Monday, 29 Jan at 1930 hrs at the South FSC — 1822 Corydon. Come on out to find out how your coloring and the clothes you wear can enhance your look.

In the next issue a calendar of events will be printed. Watch for the following: Kiddies Valentine Parties (13 & 14 Feb), Base Financial Counsellor (Feb 15 and 19). Call the Centres for more information.

Hemer Senior School West Germany

Any Army brats out there who attended Hemer Senior School between 1964 and 1970 before the Army moved south to Lahr? If you are interested in a reunion or just want to track down old friends, drop us a line. The Calgary Chapter, headed by Ed Hood and Chris Pfenganssl, are developing a mailing list. If you can help, get in touch.

Any parents or teachers who wish to establish contact with their peers should feel free to call as well.

Thus far the major concentration of "Hemerites" seems to be in Calgary and Chilliwack-Vancouver. There was a brief sighting of Dinky Simpson in St John, N.B. but he escaped. Those were the best of years, so write in. Prosit.

Send enquiries to:

Chris Pfenganssl
E342, 3620-44 Avenue S.W.
Calgary, Alberta
T3E 6W2

or c/o:

BCEO
CFB Calgary
Calgary, Alberta
T3E 1T8

A Gift of Cheer



Sharon Anscomb (right) is shown presenting gifts provided by the Officer's Mess Children's Christmas party, to a Christmas Cheer Board Volunteer. We would like to thank all those who brought gifts for their generosity. For the second year in a row nearly 200 gifts were donated, each making someone's Christmas a little brighter.

What Is Your Blood Pressure?



Reproduced from "Understanding High Blood Pressure". Sponsored by ICI Pharma and published by Education Services (Canada).

Why should I be concerned about Blood Pressure?
What are the symptoms of High Blood Pressure?

High Blood Pressure is the silent killer and today thousands of Canadians have high Blood Pressure and don't even realize their health is in danger. The good news is that high blood pressure is so easily detected.

If you have an interest in the topic of High Blood Pressure then why not come to the lecture being held Wednesday, 7 February 1990 between 1400-1600 hrs at the Base Hospital (second floor).

This lecture is open to all Service members. To register for this information session please contact the Duty Nurse at 5780.

FLEET SALE CONTINUES



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1989 COLT, 3 Door Hatchback — ST-K057	\$8,995
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CHAPLAINS CORNER

Greetings from the Chapels

New Life In Christ With New Resolutions



"A New Heart also will I give you, and a New Spirit will I put within you."

Ezekiel 36:26

As a child listening to the radio of the Jamaica Broadcasting Corporation (we did not have television in Jamaica at that time), I remember picturing in my mind the clothes looking cleaner and brighter as the advertisement clearly expressed in enticing tones "NEW BLUE SUPER STRONG SUDS CAN WHITEN AND BRIGHTEN YOUR DIRT-

TIEST WASH". I have inserted "suds" where the detergent's brand name was used.

Do you find yourself longing to clean up and brighten your life today? As you begin this new decade of the 1990s, this new year in your life, this new day of which you may already have spent a great part, what are your hopes, dreams, expectations and resolutions? Did you make some new wishes as the clock struck midnight on 31 December 1989? What goals did you set for yourself and what decisions did you make? Have you found that some of your resolutions have been broken, even before they had time to take effect? What do you really hope to accomplish by the end of the year, God sparing your life to see 31 December 1990? Do you hope that the world, your community, your home will be a better place because you are alive to help someone by brightening

the corner where you are?

The Lord Jesus Christ is able to cleanse and brighten our lives as we begin the new year. Let us put aside all the negative thoughts, the selfish traits and all the old bad habits and obsessions that may weigh us down and prevent us from running the race throughout this new year and new decade in our lives. As the scripture says, "Let us lay aside every weight, and the sin which doth so easily beset us and let us run with patience the race that is set before us looking unto Jesus the author and finisher of our faith". Hebrews 12:1-2(AV)

God who created us can change us into better persons if we can humbly go to Him and say, like the publican, "God be merciful to me a sinner". Luke 18:13. Jesus pointed out that, unlike the pharisee who, while praying to God, boasted about all the good things he had done, this poor man, with a deep awareness of his shortcomings, left the temple or place of prayer and went home feeling more justified, forgiven and blessed by God. You and I can start each new day with

the assurance that with God guiding and helping us we can fulfil all of our new hopes, new dreams and new expectations.

Jesus Christ can make a difference to your life if you take the time to get to know God as revealed to us in Christ and the way he lived caring for others. As we help others we trust God to send someone to reach out and help us too, should we ever be in need of some support. Christ can make the difference and our good desires and aspirations can be so directed by God that we find our lives forever changed for the better. Take time to read or study the Bible and reflect on what the words could mean when applied to our lives today. Be quiet for a moment and ask God to help you to be aware of the Divine presence surrounding you with love, joy, peace and inner feeling of well-being. This presence of God will give you the necessary wisdom, understanding and strength to counter every new challenge as you perform your daily tasks.

Jesus offered to Nicodemus a new life style when he said, "Ex-

By Padre Venice Guntley

cept a man be born again he cannot see the kingdom of God".

John 3:3

Of course, Nicodemus wondered whether that meant he would have to enter again into his mother's womb to be born again. Jesus told him he could be made a new person by "water and the spirit". When we have the baptism of our new born, we ask God to pour on them the Holy Spirit to be their guide, teacher and comforter along life's pathway. As they become new persons in Christ and new members of the Christian family with the loving care of parents, God-parents, relatives and friends, they begin their new life in the world. Children and adults of my *alma mater*, Ardenne High School, hold dear our school motto, "*Deo Duce Quare Optima*; (with God as Guide, seek the best). We should all uphold this motto and remember that it really means seeking what is best for others as well as ourselves.

Let us cooperate to help each other fulfil our New Year's dreams and resolutions with God's guidance. A Happy New Year to one and all!

PROTESTANT CHAPELS

The Chapel of the Good Shepherd (North Site)

1st Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Holy Communion

2nd Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

3rd Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

4th Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

5th Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

St. Andrew (South Site)
Sunday Service 10:00 a.m.

CATHOLIC CHAPELS

St. Marguerite Bourgeoys (North Site)

WEEKENDS/FIN DE SEMAINE
Saturday: 1700 hrs/English
Samedi: 1900 hrs/Français
Sunday/Dimanches: 1115 hrs: English

WEEKDAYS/EN SEMAINE
Monday to Thursday inclusive
Du lundi au jeudi
inclusivement 1900 hrs

St. George (South Site)

SUNDAYS
100:00 a.m.

WEEKDAYS
Tue & Thu: 6:30 p.m.

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R REALTOR

"You Asked The BXO"

The BXO's column allows Canex customers to send in suggestions, complaints, comments or concerns regarding Canex facilities. Customers who addressed their concerns have been sent a reply explaining how Canex responded to their inquiries. The purpose of this section is to inform those people who could not be personally contacted, as well as all our Canex customers about the inquiries made and what is being done in response.

"You asked the BXO..."
...Can I shop at Canex when I've retired?
BXO response...

Most definitely. All former members of the CF in receipt of a

Certificate of Service or in receipt of an annuity under the CFSA, DSPCA, or a pension may shop at Canex facilities. In fact the list of "Authorized Patrons" also includes former members of the CF who served on active service in the Naval, Army, or Air Forces raised in Canada during time of war; members of the Reserve Force; or, dependents of members of the Reserve Force when the member is on full time service. There are many more eligible personnel authorized to shop at Canex unfortunately, the list is too long to reprint in this column.

Canex personnel may ask you for proof of ID. Therefore, it's a good idea to complete the application form prior to your retirement. It is not a complicated

process, and anyone interested in receiving the card should drop by the Canex office and we will assist you. Any one interested in obtaining a dependents card should also call.

"You asked the BXO..."
...Is the Hudsons Bay Wholesalers the official supplier to Canex?
BXO Response...

One of the most important benefits of the CANEX system to an individual unit is the use of the purchasing power of the entire system as a bargaining tool.

This purchase power enables the Canex central office to choose suppliers who can best fulfill the system's needs. Terms and conditions may be negotiated to give every unit the lowest possible price, and firm guarantees and warranties, to name just two benefits.

The most acceptable method of informing units of the suppliers who shall be used is an "Authorized Suppliers List." Each unit can easily identify the suppliers who can provide the products. (This list is available for any interested patron to view.) There are many authorized suppliers, not just one official supplier.

"You asked the BXO..."
The BXO's column is a regular feature in the Voxair. If you have a concern or complaint, please do not hesitate to address your concerns to:

Captain J.D. Journeay,
BXO, Canex,
CFB Winnipeg, R3J 0T0
or visit us at the office in Bldg 4.
Tell us how to make our service better for you.

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Thursday	0800-1400 hrs.
Friday	0800-1500 hrs.
Bar	Bar
Monday	1130-2100 hrs.
Tuesday	1130-2100 hrs.
Wednesday	1130-2100 hrs.
Thursday	1130-2300 hrs.
Friday	1130-0100 hrs.

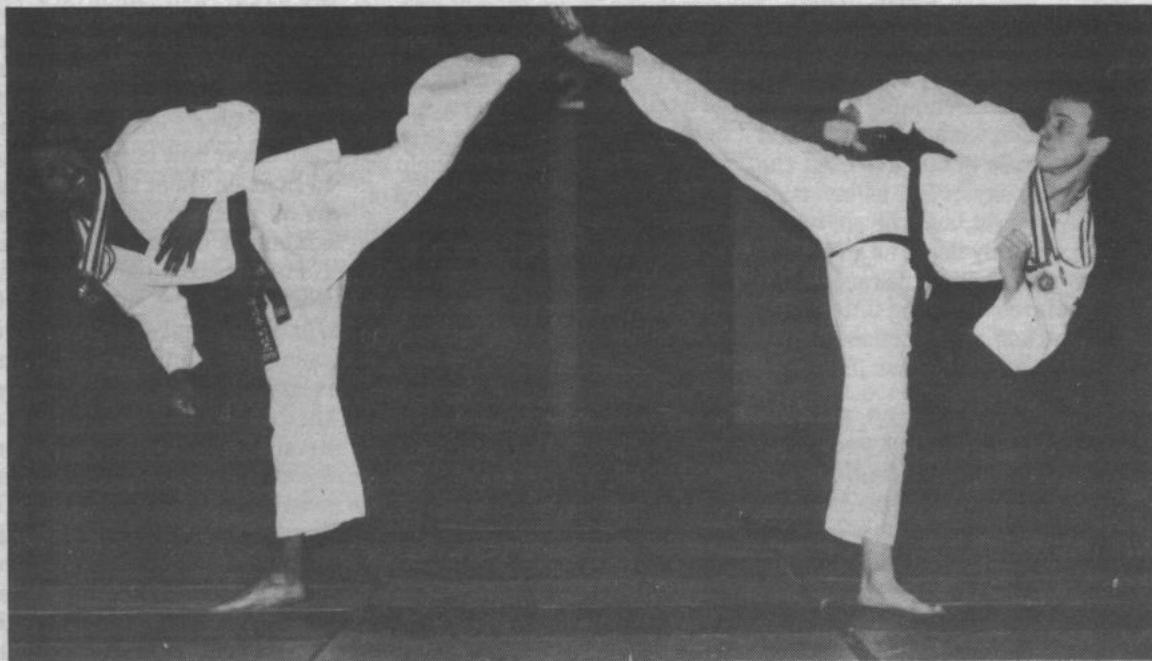
Both Bar & Grill hours may be extended for groups of 20 or more through prior arrangement with the BXO's office at **895-6700**

For Catering Information, Contact The BXO's office at **895-6700**



SPORTS ANNOUNCEMENTS

CF National TaeKwondo Championship



MCpl Ola Fredericksen 2 PPCLI (right) and Cpl Ron Higgins BAMEO (left).

MCpl Ola Fredericksen 2PPCLI and Cpl Ron Higgins represented CFB Winnipeg at the 2nd Annual CF National Taekwondo championship and team trials, held at CFB Ottawa 14-19 Nov 89.

The championship was sponsored by Communication Command, and organized by Col R.K. Martineau and Lt (N) Leblanc.

The technical sparring training was held at Master Tae Eun Lee Taekwondo School. The first part of the training was conducted by one of the school's top black belt.

After that we were then honoured by the presence of Master Young Soo Chung, the head coach of Canada's National Taekwondo team. He was well received and appreciated by all the competitors.

Competitors attended a Referee's Seminar, conducted by one of Canada's top international referees Master Ken Chung.

The tournament itself took place at CFB Ottawa 18 Nov 89 under full Contact World Taekwondo rules and when the final

results were in both Ola and Ron received Bronze awards.

Since 1987 the sport of Taekwondo has grown rapidly within the CF, to a point where service personnel are competing at civilian nationals, CISM events, and US armed forces competitions.

MCpl Fredericksen and Cpl Higgins would like to thank the BPERO and his staff for their excellent support, which enabled them to participate in the CF National Taekwondo championship.

Prairie Region Basketball Championship

CFB Winnipeg will be hosting the 1990 Prairie Region Basketball Championship at Lipsett Hall from 5-8 Feb 90.

Participating bases are from CFB Cold Lake, CFB Calgary, CFB Edmonton, CFB Moose Jaw, and yes, the home boys from CFB Winnipeg which, by the way, were last year's champions.

Each game will have a half time show, for example a Free Throw Competition, a Three

Point Competition, and a Slam Dunk Competition. As a special feature the Sturgeon Creek High School cheerleaders will perform during the CFB Winnipeg home game on the 6 Feb 90 at 1830 hrs. Come out and show your support and watch some exciting basketball.

Schedule

Tue 6 Feb 90
0930 Calgary vs Edmonton;
1330 Winnipeg vs Moose Jaw;

1530 Cold Lake vs Calgary;
1830 Edmonton vs Winnipeg;
2030 Cold Lake vs Moose Jaw.

Wed 7 Feb 90

0800 Calgary vs Winnipeg;
1000 Edmonton vs Cold Lake;
1330 Moose Jaw vs Calgary;
1530 Cold Lake vs Winnipeg;
1800 Edmonton vs Moose Jaw.

Thu 8 Feb 90

1000 FINALS.

Running In Cold Weather

By Cpl Rick Grasley

Invigorating. That can easily be your reaction towards a run on a cold, crisp day. But, painful might also be that reaction if you don't prepare for the cold.

In cold weather, you are prone to injury because your muscles and tendons are tight. What is more, the fingers, toes, nose, lips and ears are susceptible to frostbite. You can suffer, too, from sprains, bruises and broken bones if you slip and fall on ice. Make running in cold weather

enjoyable by heeding the following advice:

1. Warm up slowly and completely before running.
2. Wear several layers of thin clothing to keep warm. Nylon is especially good because it acts as a wind barrier.
3. Wear a woollen toque to conserve body heat and prevent frostbitten ears.
4. Wear mittens or gloves to protect your fingers from

the cold.

5. Put on a ski mask, when it's extremely cold, to protect nose and lips.
6. Keep feet dry.
7. Run during the warmest part of the day.
8. Run into the wind when you first start and run with the wind when you return.

For training tips and running programs contact Cpl Grasley, loc 5511 or stop in at the Rec Centre, Bldg 90.

Inter-Section Floor Hockey News



The Top Scorer for Round 3 was: OCDT J.E.S. Proteau (CFANS team) 10 goals. Good shooting.

The Inter-Section Floor Hockey standings at the end of Round 3 are as follows:

TEAM	W	L	I	PTS	PLACE
2PPCLI	15	3	0	30	1
FLYERS	12	3	3	27	2
CFANS	10	4	4	24	3
ENGINEERS	9	8	1	19	4
BAMEO	8	7	3	19	5
733 COMM SQN	3	15	0	6	6
BTNO	0	17	1	1	7

Round 4 starts on the 8th of January 1990, the play-offs are scheduled to start 12 Feb 90.

NOTE: The Base Commander's Floor Hockey Tournament will be on Fri, 16 Feb 90. Cost \$20.00 per team, 12 players per team, maximum. Entry deadline 9 Feb 90. For further information contact Cpl Shirley, local 6183.

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BASE COMMANDER'S FLOOR HOCKEY TOURNAMENT

WHEN: 16 FEB 90 0730-1630

Games will be played at Lipsett Hall and Bldg 21. Cost is \$20.00 per team. 12 players per team maximum. (Sections can put more than one team in.)

ENTRY DEADLINE IS 9 FEB 90

Please hand team list in with entry fee. Team captains will receive a copy of the rules and schedule prior to game day.

For further information contact Cpl Shirley at Local 6183.

I LOVE RUNNING!

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JAN 30 1990
BLDG 90 THEATRE
1200 HRS



Aircom Fall Bonspiel



MGen Chisholm presenting prizes to the winners of the Aircom Spiel DCOs Log Bill Krier, Al Cox, Wayne Piper and Craig Mensforth.

On the 17th of November the Semi-Annual Air Command Bonspiel was held at CFB Winnipeg Curling Club with 14 teams taking part in the days event. Throwing the first rock to officially open the bonspiel was the commander of Aircom LGen Sutherland. A good time was enjoyed by all participants with the following winners declared. A Event winners were DCOs Log, second DCOs IP&R #2 and third Graph. B Event winners were DCOs Pers #1, second ARGHQ and third HQ CO.

On hand to give out the prizes at the end of the day was MGen Chisholm. Thanks to all those who participated and see you in March at the Spring Bonspiel.

14 Trg Group



CWO Ken Philpott of 14 Training Group HQ's Technical Training staff receives congratulations on his promotion from BGen David Kinsman, Group Commander. Ken joined the RCAF at Halifax in March 1954 and trained as an Aero Engine Technician.

He subsequently served at 408 Sqn Rockliffe, Grostenquin, France, Greenwood, Baden-Soellingen, Germany, Summerside, Gander and Portage la Prairie. Over the years Ken has played hockey with several air force teams, including competition with Maurice Richard and the NHL Old-Timers.



LGen Sutherland throwing first rock to open Aircom Spiel.

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Contact: Cpl Grasley
Loc: 5511 Bldg 90**

**KIDS! KIDS!
LEARN TO SWIM
(Yellow to White)
CFB WINNIPEG
WESTWIN POOL FEB. 7
WEDNESDAY 1800-2000
\$15.00 - 10 LESSONS
Contact: Cpl Grasley
Loc: 5511 Bldg 90**

2 PPCLI Is Cyprus Bound

Article by Lt M.D. Campbell

Try not to cry Winnipeg, but while you're shovelling your walks, 2PPCLI is getting ready to head for the MED! Yes, with Christmas and New Years come and gone, the Second Battalion's preparations for six months of "fun in the sun" keeping the peace in Cyprus have reached a fever pitch. Before you know it most of the Battalion will be winging its way across the Atlantic to fulfill our United Nations peacekeeping mandate on OPERATION SNOWGOOSE 53.

Why, you ask, would any one possibly leave balmy Winnipeg in February or March for some distant land where it's REALLY HOT? It's simple... we were told to go! When 2PPCLI departs for its tour in Cyprus the Battalion will be embarking on a task that the Canadian Armed Forces has fulfilled for the past 26 years — namely keeping the peace between the Greek and Turkish Cypriot communities on the island.

Cyprus has a long, troubled history. This has ultimately resulted in a situation where two very distinct societies with opposing political aims and strong ties to their respective "mother countries" share the same small island. Although outright hostili-

ties ceased in 1974 following the creation of a UN controlled Buffer Zone (which spans the island and effectively separates the two communities), the feelings of the Cypriot people haven't changed and a true solution to the problem is as elusive as ever.

This is of course the reason Canada maintains a contingent of 575 CF personnel on the island, working in union with troops from seven other countries to form the United Nations forces in Cyprus (UNFICYP). 2PPCLI will compose the majority of the Canadian Contingent (CANCON) from March to September 1990 when we become the fifty-third Battalion to serve in Cyprus since the first Canadian soldiers deployed in 1964.

Our mission is to create conditions favourable to the peacemaking process in Cyprus by preventing provocation or hostilities by either of the opposing forces deploying along the Buffer Zone in our sector (sector 3). To this end, we will be responsible for manning 44 observation posts and conducting patrols in the Capital City of Nicosia and the rural area to its southeast. As the Buffer Zone runs through the centre of Nicosia, our soldiers will

often find themselves patrolling between Greek and Turkish Cypriot positions which are within spitting distance of each other. It is no coincidence that Canada's peacekeepers, the most experienced in Cyprus, have been given this most sensitive and difficult area of operations.

If it sounds like Cyprus is all work and no play, fear not Winnipeg! Your Patricias will NOT come home dull boys. Long hours aside, everyone should have ample time to enjoy the sights and lounge on the (Ahhhh) scenic, sandy beaches. Its domestic problems aside, Cyprus is a tourism hotspot that sees over 1,000,000 sunseekers each year. Rest assured that the boys will have time on their monthly 48 hour passes and two weeks of UN leave to broaden their cultural and leisure horizons. Sick of Cyprus? Europe is only a Here hop away!

All in all, it should be a good tour — a lot of hard training and work, but lots of fun too. Rest assured that the Second Battalion will do its share to uphold the proud traditions of the PPCLI and the CF during its tour. Before you know it summer 1990 will be over and we'll be back to enjoy (!?) yet another Winnipeg winter.



The last time around - 2 PPCLI soldiers in Cyprus 1982/83.

Basic Anti-Armour Defence Gunner Course 8901



2 PPCLIs new TOW UNDER ARMOUR lets off a shot.

Article by Lt J.F. Walsh
Photos by Cpl Gomm, W.C.

The Basic Anti-Armour Defence Gunner (TOW) Course was conducted from 23 Oct to 23 Nov 89. Seventeen students from the battalion arrived well prepared and highly motivated, eager to become future "TOW Gods" of 2PPCLI.

The first three weeks of the course consisted of lectures on the theoretical aspects of TOW. Students learned the characteristics of the weapon, its assembly and disassembly and the drills used to operate it. During week

four of the course students deployed to St. Charles Range to qualify on their "tracking" tasks. For many, the ability to maintain the 'crosshairs' of the weapon locked on a moving target for 8 to 16 seconds proved quite difficult and required a great deal of practice. The final week of the course consisted of students learning the operating drills on the new TOW Under Armour (TUA) vehicles. The new TUA vehicles offer all-around armoured protection for the gunner and loader, a modifica-

tion which all agree offers a new sense of security for the gun crew in battle.

At the conclusion of the course awards were presented. Cpl Webber (Cbt Sp) received the Top Gun Award for his ability to track and destroy an enemy vehicle with outstanding accuracy. Pte Erickson (A Coy) was awarded the Top Candidate Award. The course proved rewarding for all students and was an enjoyable introduction to the exciting world of TOW.

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Base Lottery



By Lisa Dreger, Lottery Coordinator

First the Good News:

The winners of the previous lottery draws were:
 6 Dec 89 \$ 125 Cpl Alderson from BCE;
 13 Dec 89 125 Maj Brazeau the BPSvesO;
 20 Dec 89 1300 Karen Packer from B Traffic;
 27 Dec 89 125 Sgt Williams from 429 Sqn;
 3 Jan 90 125 Sgt Smith from BSupply; and
 10 Jan 90 125 Maj Carpenter the B Ops O.

Now the Sad News: As of the printing of this issue of VOXAIR, I will be preparing for my transfer to Aircom HQ, and will no longer be the Base Lottery Coordinator. I would like to thank the Base Fund Committee and my supervisor Maj Brazeau for giving me the opportunity to run such a worthy project.

Thank You. Mrs Joyce Bennet, BAdm Secretary, has offered to become the new Base Lottery Coordinator. Joyce may be contacted in Base HQ, Bldg 86 Room 234 or at local 5860. All memberships, pay allotments, cheques, and enquiries are to be directed to her.

Reminder. Payment for your membership is due before 15 Feb 90. Please send payments to Joyce Bennet c/o the B Adm office.

Base Compt



Cpl Crowle has two occasions to celebrate this year, her pending motherhood and her promotion to Cpl, here presented by Maj Stokes, BCOMPT.



ATTENTION!!!

ALL EX-MEMBERS OF THE CANADIAN PROVOST CORPS!!!

The Canadian Provost Corps will celebrate its 50th (Golden) Anniversary in Ottawa, 15-17 June 1990. All ex-members of the Canadian Provost Corps, widows of ex-members, members of other Corps who served with any element of the Canadian Provost Corps, families and friends are invited to attend. Please write:

The Canadian Provost Corps Association, P.O. Box 3145, Station "D", Ottawa, K1P 6H7
 OR
 Telephone (613) 829-4312 or (819) 568-9606

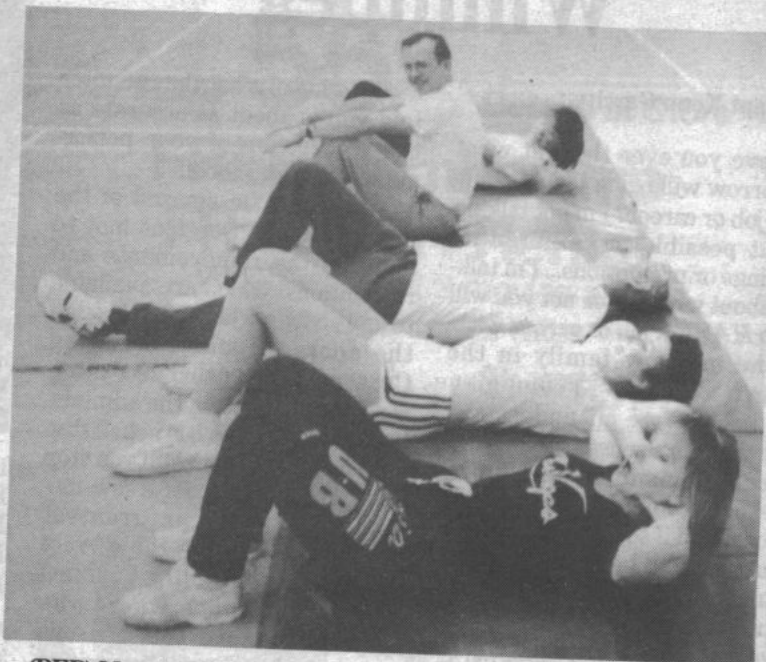
Happenings at Bldg 21

If you have not been to Building 21 in awhile you have not seen the new look of the exterior. It looks sharp. Building 21 is located beside Air Command Headquarters. In the past you may have gone there for a parade, or a CFANS Graduation or to receive your CD. Maybe you belong to one of the Recreation Council clubs that operate from there, such as Bingo, Ceramics, Dog Obedience, Cadets, Scouts or Cubs or the Woodworking club.

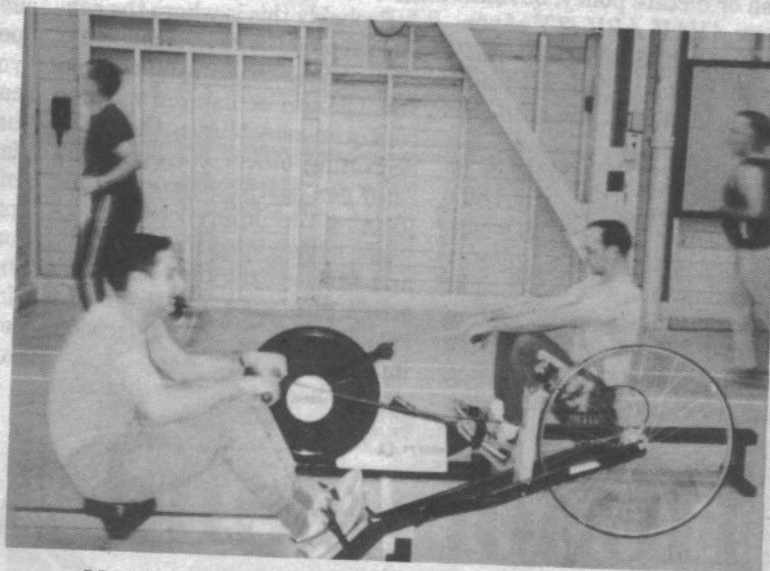
After reading the above you say to yourself "So That's What Goes On There." Well that's not quite all because every day Monday through Friday 0700-1600 hrs this old hangar with the new exterior turns into a temple of health where several sections from the Base sweat their buns off namely, 733 Comm Sqn, Base CE, DCOS MILE, RSS Prairie and the Language Training Centre.

These people participate in the Personal Exercise Program (PEP) 0715-0800 hrs Mon, Wed and Fri instructed by the Building Supervisor, MCpl Bryan Pearce. They also partake in the 17 team Inter-Section Volleyball league each Tuesday and Thursday 1130-1330. Plus a majority of them work out on their own.

Although we are busy we can always find time and space for an individual or a section that wants to fulfill their New Year's fitness resolution. Contact MCpl Pearce, local 5148 for further information.



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Members of 733 Comm Sqn using rowing machines.

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SKIING



From the Voxair Staff

From time to time, Voxair receives printed material which deals with official military and other government policy. It is not, however, within the mandate of this publication to respond or comment on these policies. As explained elsewhere in this edition the Base Commander is now inviting questions on base policy. Questions dealing with other government policies can be dealt with through formal channels.



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CFRC Winnipeg

By Capt Kenn Garrity

Have you ever thought what tomorrow will bring to your military job or career? I'm not talking about possible or preferential postings or promotions... I'm talking about whether or not you will even *HAVE* a job or career within the military family in the future!

I believe we all understand that there is a sense in which, political decisions determine whether or not the CF continues to exist and if so, in what context, (you'd have to be brain-dead not to understand *THAT*). But have you even thought about it in reverse? Not to the extent to which *personnel* are able to establish or dictate policy, but simply how *AVAILABILITY* of personnel, will either *limit* or *permit* or even *enhance* policy. Please think about this as you read the rest of the article.

Availability of personnel is what we are all about. Me *AND* you! There isn't one of you wearing a Canadian Forces uniform and reading this, who didn't sit in an office just like mine some time ago, (well, maybe not *just* like mine, but close!). And I am willing to bet a Friday lunch, that your

recollection of what the recruiter told you is about as accurate as the recollection of your performance in high school!

You would be amazed of the many plans and options (not to mention the requirements and restrictions) which are available to any civilian who walks through the doors of *your* Recruiting Center. They say that recruiting is a specialty within the administration world, which is not all that inaccurate a statement if you stop and think about it for a few moments. One of our greatest problems is getting the *correct information* out to the qualified people, and that's where you come in because *you*, are our most valuable piece of "*recruiting kit*".

Probably this is where the confusion comes in your recollection of what the recruiting officer told you. The serviceman you spoke to told you one thing, then the recruiting officer corrected the "*duff gen*" with "*the gospel*", explaining the differences and options between entrance plans, and after years of living with what you may consider the results of an incorrect decision, it's all "*our*" fault!

You need to know that as a



Back row: P02 C.L. Noel, Cpl W.J. Seifried, Cpl R.A. Doucette, Maj T.G. Inglis, P02 W.R. David, 2Lt W.D. Bradshaw, MCpl A.D. Bruce, Ms G.J. Turner, Mr M. Timko.
Middle row: Sgt L.S. Walker, MCpl G.D. Gaudreault, Cpl S.D. Bourque, Sgt R.B. Mugridge, Cpl D.R. Gadoury, Pte B.M.Y. Gervais, Mrs G. Boudreau.
Front row: Capt K.J. Garrity, Capt B.P. Orton, Capt L.G. Lammers.

serving member, *you* are our best source of applicants at the recruiting center. Would you believe that 3 out of 5 of the young people I talk to (old ones too — you'd be surprised!), are here because their fathers, uncles, brothers, or even a friend's father, is a serving member. 1 out of 5 are here because of some paramilitary experience in cadets or reserves, .5 out of 5 are here because of TV or radio advertising and the other .5 out of 5 don't even know where the hell they are, let alone why.

What we would like to do over

the next few months is to run a series of articles from varied sections/individuals within the center. These will be designed to let you know what the regulations are pertaining to their particular area and where the greatest degree of misunderstandings are, when the applicants arrive. These articles will not make y'all recruiter specialists, but hopefully they will increase the accuracy of information which is transmitted to prospective soldiers, sailors and airpeople! Please read them, cut them out for future reference and

if there are any questions which a young (or Old) person would like answered, refer to them.

Now please go back and read paragraphs 1, 2, & 3 again, and try to understand that through active recruiting, *you* have an opportunity to influence the quality of tomorrow's Canadian Forces (and thereby your jobs/careers) by securing competent personnel to develop and implement sound policy.

If you need clarification on any point, please call the office at 983-3680; and good hunting!

Honours and Awards

By LCol Dave Peart

The latest list of appointments to the Order of Military Merit arrived on my desk immediately after Christmas Leave. The list contains the names of 56 officers and NCMs of the Regular and Reserve Force who will receive from His Excellency the Governor General, the appointment to Commander, Officer or Member of Military Merit. Congratulations are due to the Service Members named on that list to receive this honour; in particular, congratulations are extended to Col R R Crabbe of Winnipeg for the appointment as an Officer of Military Merit and to MGen Brian Smith, a former Base Commander of CFB Winnipeg, for the appointment as Commander of Military Merit.

In reading the list, the natural tendency is to wonder what these Service Members have done to set them apart from their peers. Did they re-write military doctrine or solve a crucial shortfall that was plaguing the CF for many years? Perhaps, but not necessarily. On reflection (and on reading the CFAO) it is clear that the appointees have provided outstanding meritorious service in the performance of duties at their level of responsibility. In short, they have contributed for a long time at a level above and beyond the normal. But that alone does not ensure that the recognition will be afforded to those who richly deserve it. While each of these members met the performance to earn the recognition, their SUPERVISORS also played a significant role. They seized the opportunity to research, document and submit

the list of deeds which their subordinate performed. That is the secret.

It is too easy as a supervisor to get bogged down with overcommitments and undermanning and to let the immediate overtake the important. Also, it can be contended that the annual PER takes a lot of time to prepare well and that it is the best avenue to recognize strong performance and to motivate subordinates. Statistically and practically, that just isn't true. There are few who will earn ratings of outstanding and superior, and ironically, the ones who do, usually require the least motivation to sustain high performance. As well, the confidential nature of the PER system does not permit the publication of proof that high levels of performance are recognized.

There is no denying that the PER is a critical document and deserves the devotion of a lot of thought and time; however, there is another path that supervisors should explore. We know that there are those Service Members who contribute a tremendous amount of talent, energy and enthusiasm to improve the quality of life on our base. They perform deeds and activities beyond the demands of normal duty to contribute to the CF, Air Command, the Group and the Base. For that very reason, awards were established for presentation at all levels from the Base Commanders Commendation, to the CDS Commendation and up to the ORMM. The Service Members are doing the deeds — supervisors just have to take the time to write them up for the recognition

which they have earned and deserve.

Awards are not limited just for those members in uniform. The Merit Award Program recognizes CF and DND CIVILIAN employees for exceptional and outstanding work performance or other meritorious contributions which reflect on DND or the Public Service as a whole. The substantiation is very similar to that required for the various awards to Service Members.

An Honours and Awards Committee was formed at CFB Winnipeg with the mandate to heighten awareness of the Programme, to act as a monitoring forum, but most importantly, to help you with advice during your efforts to prepare a submission on one of your deserving people. The committee meets the second Tuesday of each month to review the submissions that have been received but are always available individually to help. The H&A C members are: LCol D. Peart, CFSAS Local 5237, Chairman; Maj W. Moore, BCEO Local 5416; Capt P. Wolfe-Milner, BATCO Local 5482, Secretary; CWO F. Smith, BWO Local 5744; CWO J. Genovy, BAME Local 6586; Mrs S. Fournier, BCPO Local 5585; Mr M. Marsh, BCE Local 5477.

To conclude, many members of CFB Winnipeg contribute a tremendous amount to make life better for all of us, including our dependants. As a supervisor, take the time to recognize the exemplary performance of your people. They deserve it.

412 Sqn Det.

Sgt Ste Croix received his promotion to that rank 1 Dec 89.



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Mr. David Olsen is a Marriage and Family Therapist presently working at the Interfaith Pastoral Institute as the training program co-ordinator.

Thank You

to Sgt David Alex and Cpl Jay Currah for devoting their time and energy to keep the South side outdoor rink operational. From the neighbourhood kids!



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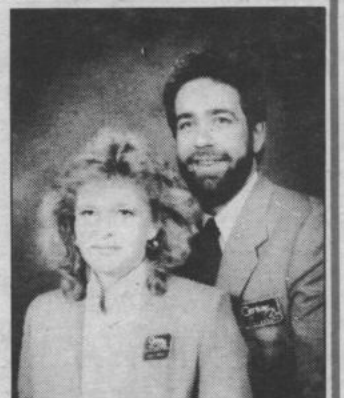
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