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Volume 69, Issue 1

17 Wing Winnipeg / 17e Escadre Winnipeg

15 January 2020

THE VOXAIR

The Winnipeg Military Community News Source Since 1952



Adopt-a-Vet organizer, Mr. George Stetina speaks with a veteran during the annual Adopt-a-Vet Christmas celebration at the Deer Lodge Centre in Winnipeg on December 19, 2019. Complete story on page 2. Photo: Cpl Bryce Cooper, 17 OSS Imaging

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Christmas Comes Twice for Veterans of Deer Lodge



Captain Yujin Lee with a veteran during the annual Adopt-a-Vet programme at the Deer Lodge Centre in Winnipeg on December 19, 2019.
PhotoCpl Bryce Cooper, 17 OSS Imaging

by 2Lt Kylie Penney

On Dec 19, as Leo Gosselin played Christmas music on the Chapman Grand Stick Touch board in the background, members of 402 Squadron delivered hundreds of gifts from 17 Wing Winnipeg to the veterans of Deer Lodge Centre.

The gifts were part of the Adopt-a-Veteran Program, which was started in Winnipeg by George Stetina, a retired military member who currently works as a civilian employee at 402 Squadron.

In the early days of the program, George bought gifts

for some of the veterans himself, and delivered them in person at Deer Lodge with family and friends. He soon realised there were so many veterans not receiving gifts for the holidays that he needed to do more and the program evolved to become a 17 Wing effort, with George spearheading the campaign.

"It's a real pleasure to be able to spend time with everyone in the room here this afternoon, catch up and hear some of your stories, be able to talk a little bit about ourselves and where we come from," said Lieutenant-Colonel Lonnie Fleischhacker on behalf of 17 Wing at the event. "The common bond of serving Canada is one that is flowing through the room here and as we look around and get to interact with our veterans it shows the shoes that we have to fill every day and the expectations we have to live up to. It's a real honour to spend time with you and carry on this tradition."

The veterans felt just as honoured to spend time with military members from 17 Wing and for some of them, the gift of company was what they enjoyed most about the occasion.

One veteran, Burt Sheremet, who fought in World War II with the Canadian Army's Lake Superior Regiment, was taking part in the Adopt-a-Veteran Program for the second year in a row. He spent the majority of his time talking to Aviator Michael Lamothe, an Aviation Systems Technician at 402 Squadron.

"My favourite part of the event is the military coming down here," said Mr Sheremet. "The 17 Wing members, God bless them, like to listen to what an old veteran has to tell them. They represent the love of people who are unable to come here and I thank them kindly."

For the veterans, it is like having two Christmases. The occasion of sharing food, drinks, and company with their brothers and sisters in arms is an early Christmas gift in itself, and their second Christmas arrives on De-

ember 25, when they actually get to open their gifts from the program.

The staff of Deer Lodge witness the positive impact this event has for the Veterans first hand.

"I am so fortunate to be a part of this event because I have been a part of veteran's lives since 1995 when I met my first WWII veteran at Deer Lodge Centre," said Clayton Carrier, the recreation coordinator who has been with Deer Lodge Centre for almost 25 years. "I think it makes them feel valued and appreciated. Even the fellow that spoke today, he enjoys speaking and he wouldn't have a forum if we didn't have events like this."



A Veteran and Deputy Wing Commander, Lieutenant-Colonel Lonnie Fleischhacker visit during the annual Adopt-a-Vet programme at the Deer Lodge Centre in Winnipeg on December 19, 2019. Cpl Bryce Cooper, 17 OSS Imaging

Melting the CFB Winnipeg Winter Darkness with a Menorah

by Martin Zeilig, Voxair Photojournalist

About 50 people, both military and civilian personnel, took part in the lighting of the electric Chanukah Menorah situated at the northwest corner of the parking lot across from 17 Wing Headquarters on the cold afternoon of Dec 19.

This is the second year in a row that the ceremony has taken place.

The idea for a Menorah construction and installation came from Rabbi Chaplain Captain Arnold Notech Glogauer, notes a previous Voxair article in 2018.

The ceremony was organized by Rabbi Glogauer and also included Major Kevin Olive, 17 Wing Chaplain, and Lieutenant-Colonel Lonnie Fleischhacker, the Acting Wing Commander. LCol Fleischhacker also made some



17 Wing Padre Captain Notech Glogauer, and 17 Operational Support Squadron Commanding Officer Lieutenant-Colonel Lonnie Fleischhacker lighting the menorah at 17 Wing Winnipeg, MB, on December 19, 2019. Photo: Avr Tanner Musseau-Seaward

brief remarks at the ceremony before flipping the switch to light the steel Menorah, which was built here at 17 Mission Support Squadron.

Today's modern 9-branch Chanukah Menorah is a symbol of igniting sparks, notes a brochure, "Celebration", provided by Rabbi Glogauer.

It celebrates the miracle of light.

"In 140 BCE after a fierce battle for religious freedom against the Greeks, who were the controlling super power at the time, sovereignty was regained in Jerusalem and the land of Israel," Rabbi Glogauer said. "It normally took seven days to procure new oil from the orchards of Tekoah. One jug of pure oil, hidden beneath the floor was found and, though it was a jug with just enough oil for one night, it miraculously lasted for eight days."

He added that light, brightness, and radiance are the metaphors we use when we wish to speak about hope, wisdom, and goodness.

"We are encouraged by the fact that a tiny flame can banish a roomful of darkness," Padre Glogauer continued. "If so, all is not lost. The big, bad world out there can yet be transformed. All we need to do is be what we truly are, to act out our innate goodness, and the darkness will melt away."

LCol Fleischhacker underscored the fact that the Menorah is not lit by one person alone.

"You do it for and with others," he said. "As we look around here, there's a whole bunch of folks from all around the world. We're all in this together. The chaos and craziness pulls us together. This is a great opportunity to come together. That's something to think about as we light the Menorah."

The ceremony is a blessing, Brinda Chengadu, Receptionist/Francophone Services/SLT Services Coordinator at the Military Family Resource Centre, said afterwards.

"It's bringing everyone together for one aim, one goal to have peace, respect and celebrate together for a better world" she stressed. "There's hope and light."

Rabbi Glogauer also observed that the most important message about spreading the light is the unity of people coming together that is expressed by the camaraderie and leadership of 17 MSS with Lieutenant-Colonel Mills and the 17 Wing Command team.

"For me, that represents the critical component of understanding the diversity within the Canadian Armed Forces, which is supported by the Chain of Command," he said after the ceremony.

A gathering with traditional Chanukah refreshments, which included jam busters, donuts and potato latkes (small pancakes) and coffee/tea, took place afterwards in the atrium of the Wing Headquarters.

THE VOXAIR

OFFICE HOURS

Monday to Friday
0800 -1500 hrs

CONTACT

Ad Sales/Main Office
(204) 833-2500 ext 4120

Accounting
(204) 833-2500 ext 4121

Submissions/Reporter
(204) 833-2500 ext 6976
voxair@mymts.net
bill.mcleod@forces.gc.ca

VOXAIR STAFF

LCol Marc Fugulin
Dep Wing Commander
(204) 833-2500 ext 5281

Tina Bailey
Managing Editor
(204) 833-2500 ext 4299

Bill McLeod
Voxair Manager
(204) 833-2500 ext 4120

Martin Zeilig
Photojournalist
(204) 833-2500 ext 6976

Maureen Walls
Sales Coordinator
(204) 895-8191

Lt Becky Major
Wing Public
Affairs Officer

Broose Tulloch
Layout/Ad Design

Misra Yakut
Accounting

Traci Wright
Proofreading

Printed By
Derkson Printers
204-326-3421

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VOXAIR is the unofficial Service newspaper of 17 Wing Winnipeg and is published every two weeks under the authority of the Wing Commander, Col Charon. Opinions and views expressed do not necessarily reflect those of the Editor, the Wing Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. We will not be responsible for any loss or damage to any advertiser or third party resulting from the failure of an advertisement to appear in any of our editions or from any error or omission in any advertisement which is published.

Correspondence should be addressed to:
The Voxair
17 Wing Winnipeg,
PO Box 17000 Stn Forces
Winnipeg, MB R3J 3Y5
This newspaper is printed using
environmentally safe inks.
Publications Mail Agreement No. 1482823

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Changes to Service Medals



As part of Strong, Secure, Engaged, (SSE 7), the Government of Canada is modernizing the Canadian Armed Forces Honours and Awards system to ensure military members' service to Canada is recognized in a more timely and appropriate manner.

This initiative encompasses the modernization of the overseas service recognition framework. The objective is to make service medals more accessible and flexible to make sure that Canadian Armed Forces (CAF) members receive appropriate recognition for their participation in and direct support to operations.

As part of this initiative, changes to the eligibility list for the Special Service Medal with NATO bar and a reduction of the time criteria to 45 days for both the NATO and EXPEDITION bars to that same medal were announced on February 18, 2018 in CANFORGEN 001/20.

The Government has now recently approved a number of additional measures to meet the stated intent:

1. The time criteria for the General Campaign Star (GCS), General Service Medal (GSM) and Operational Service Medal (OSM) have been reduced to ensure recognition remains attainable to participants in light of new deployment patterns where CAF members more often deploy for short periods of time. Each ribbon for each of those medals has a new time criteria beginning with an appropriate recent (post-Afghanistan) operational date as per the table below. There are transition measures which ensure that anyone who serves at least one eligible day after the stated date is allowed to cumulate any previously accrued time towards the new criteria for the medal. The criteria for the rotation bars will not be affected by these changes meaning that the first bar will continue to be awarded after a total of 210 eligible days while subsequent bars are awarded for every period of 180 eligible days thereafter.

Medal & Ribbon	Former Criteria	New Criteria	Effective Date
GCS-SOUTH-WEST ASIA	30 Days	14 days	13 March 2014
GCS-EXPEDITION	30 Days	14 Days	5 October 2014
GSM-SOUTH-WEST ASIA	30 Days	14 (civilians in GCS theatre) or 21 days (military and civilians out of theatre)	13 March 2014
GSM-EXPEDITION	30 Days	14 (civilians in GCS theatre) or 21 days (military and civilians out of theatre)	5 October 2014
OSM-SOUTH-WEST ASIA	30 Days	21 days	13 March 2014
OSM-SIERRA LEONE	30 Days	21 days	17 February 2013
OSM-HAITI	30 Days	21 days	1 July 2017
OSM-SUDAN	30 Days	21 days	30 July 2016
OSM-HUMANITAS	30 Days	14 days	28 April 2015
OSM-EXPEDITION	30 Days	21 days	15 May 2014

2. The Special Service Medal, which had up to now been reserved for CAF members, has been amended to expand eligibility to Canadian civilians and members of allied forces working for the CAF from 29 April 2014 onwards to align this medal with other modern service medals which allow recognition of all members of the Defence Team who play a key role in the success of our operations.

3. The limitations for visits in theatre have been reduced. As a result, Technical Assistance Visits, Staff Inspection Visits, Staff Assistance Visits and specialists visits in theatre will now be credited towards the appropriate service medal. Visits for the purpose of command, familiarization, leadership and morale remain excluded from eligibility.

These changes will ensure that recognition is keeping pace with the evolving nature of current and future CAF operations and remains a worthy and attainable reward for personnel while preserving the symbolic value and respect for the service medals in question.

Please refer to CANFORGEN 001/20 or to the Canadian Medals Chart for more information.

College Corner



Operational Test & Evaluation Course

Happy New Year! The RCAF Barker College Corner is starting the New Year by telling you about one of the many courses we teach at 17 Wing Winnipeg: The Operational Test & Evaluation course or OT&E for short. For members of the Royal Canadian Air Force, the OT&E course has one of the biggest impacts on how they work as it involves the testing and evaluating of the very equipment they use in their day-to-day lives.

The three-week long OT&E course teaches the basics of the Air Test and Evaluation process to personnel selected to work at a Test and Evaluation Flight. While on course, they apply their knowledge and skills to create and carry out an actual test plan on real equipment and generate a test report.

Graduates of the OT&E course are among those who will take a newly procured piece of equipment and apply their trade-specific knowledge and experience to run it through its paces in an operationally representative environment. This testing is intended to assess whether or not the equipment will be effective and suitable for use in real-world operations. The aim of OT&E differs from other forms of Test and Evaluation such as Engineering Test and Evaluation (which is carried out by the Aerospace Engineering Test Establishment in Cold Lake, AB). Engineering Test and Evaluation focuses on whether or not a piece of equipment meets its design specification; and is not concerned with how the equipment will be used, but both forms of Test and Evaluation are required to be able to field any equipment.

Fundamentally, Engineering Test and Evaluation answers the question of "is it safe to fly" while Operational Test and Evaluation answers the question "can we fly it safely". This is why sometimes Operational Test and Evaluation is referred to as the last line of defence between the equipment and the operator.

RCAF Barker College News



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Winnipeg Police Dog Banner Well Respected Participant in SERE Training



Banner and his handler in WPS promo photo. Photo: Supplied

by **Martin Zeilig, Voxair Photojournalist**

Banner, the Winnipeg Police Service (WPS) dog, may be gone, but he is not forgotten by personnel at the Canadian Forces School of Survival and Aeromedical Training (CFSSAT).

Captain David Brookes, Standards Officer at CFSSAT, Lieutenant Navy Peter Beliveau, SERE (Survival, Evasion, Resistance, Escape) Flight Commander, and Sergeant Bédard-Théoret worked with the beloved canine. They remember the muscular 90 pound member of the WPS K-9 unit and his handler, Constable Justin Casavant, for their work on the CFSSAT SERE course at Springer Lake in Nopiming Provincial Park-- some 2.5 hours northeast of Winnipeg.

Capt Brookes praised Banner and Constable Casavant as members who greatly added to the mission of CFSSAT, and the value of the training that they helped to deliver to the RCAF community.

Banner, a Belgian Malinois with a dark face, died on December 4, 2019.

"WPS spokesperson Const. Jay Murray posted on a Reddit thread that Banner's death was sudden and a result of a medical issue, which was confirmed on Thursday as an aggressive form of cancer that caused him to deteriorate rapidly," noted an item by reporter Elisha Dacey on the Global News website.

Police said Banner had more than 200 tracking arrests on his resume, and was involved in some high-profile cases during his time on the job, including the arrest of a man convicted of murdering a Winnipeg Transit

driver.

Cst Justin Casavant, Banner's handler, said that Cst Scott Morier and Police Service Dog (PSD) Bailey are the ones who first took him out and "taught me the ropes about SERE and our part that we played" as K9 Handlers in an email to The Voxair.

"Cst Morier mentored me up and was already an experienced handler, he also liked to hunt on his own time so he had experience in the wilderness," he noted. "Over the course of 5 summers PSD Banner and I took part in probably close to a dozen SERE courses. The SERE training is by far one of the most memorable and worthwhile training exercises we could take part in. It's very difficult to reproduce fear scent in everyday training as our quarry (person who plays the bad guy) don't necessarily give off any fear scent. However, the students on the SERE course are put under a lot of stress and have some legitimate fear scent emanating from their bodies as they attempt to evade us and the hunter force. Banner was all business and looked the part."

Sgt Bédard-Théoret, who works at CFSSAT, was on a SERE course back in July 2019.

He recalled crossing paths with Banner and Cst Casavant.

"Banner was one of the dogs chasing us," Sgt Bédard-Théoret said during an interview at CFSSAT on December 16. "At first we had a demo from his handler on what the dog was like and what he can do. He was the biggest dog there. Then, we went onto our exercise. Part of it is to be chased by the dogs. We saw them in the woods sniffing around. But, they didn't get to us because we were pretty good at hiding. We managed to evade him by pure luck because he was tracking somebody else and we just happened to cross his path. So, we kept on going. Otherwise we would have been caught right away."

He also stressed that it was a good experience because it was a real scenario with a real dog.

"So, we got to see the hard work involved," Sgt Bédard-Théoret continued. "I hope I'll never have to evade a real dog because they seem pretty good at catching people."

Lt(N) Beliveau said that Cst Casavant and Banner added a component of realism to the SERE course at Springer Lake.

"It's a win-win situation," he commented. "They support our training. So, students on the course are trying

to evade dogs that are chasing them. From the police perspective, they get that unique experience of tracking in the woods. They get a lot out of it."

Another member of the WPS K-9 Unit, Constable Scott Morier and his dog also have been active at Springer Lake.

"...I attended SERE for my first time in 2013, when my dog and I were going through our Basic Handler Training," Cst Morier wrote in an email to Lt(N) Beliveau. "We were able to locate a team of students during this very first deployment and this has kept me coming back ever since. I am truly looking forward to participating in the classes every year and strongly believe that this training and exposure for our Police Service Dogs cannot be replicated anywhere else. ...the pleasure is ours and we will continue to look forward to our involvement in the program."

Lt(N) Beliveau observed that the WPS K-9 Unit is involved in the advanced SERE course.

"It's specific to members who are deploying or set to deploy and our fast air contingent, as well," he said. "It simulates if they were to crash or go down in unfriendly territory where they need to evade and escape. We also have a basic course for all our members if they crash or go down in friendly territory."

The advanced course is a quite bit more challenging, he stressed.

"It's run three to six times per year, May to September," said Lt(N) Beliveau. "The course, itself, is five days with both classroom time and fieldwork. The evasion portion is the final piece of that course."

He remembers Banner as quite an impressive dog.

"He was very enthusiastic about his job," he said. "I remember during the demos, when they show us some of the different drills with the dog. Banner was grabbing onto his handler's arm that has protective padding on it. Banner was being very enthusiastic about being set on his job. Then, once the drill was over, he sort of was prancing away, so proud of himself. It was clear that he absolutely loved what he was doing."

SUPPORT UNIT in FOCUS

Meet Your 17 Wing Clothing Stores

by **Martin Zeilig, Voxair Photojournalist**

If you are military or a civilian at 17 Wing you are familiar with clothing stores located in Building

129. Where would we be without Clothing Stores? How would we get everything we need to do our jobs?

As per 17 Mission Support Squadron (MSS) Supply mission statement, Clothing Stores exists to support all customers in the most cost-effective manner to enable them to accomplish their mission. Clothing Stores is one of the highest tempo sections in 17 MSS Replen Flight/Supply providing services across North America. They



Back Row (Left-Right): Lilyana Hidri, Keith Muffty, Steve Schram, MCpl N. Kennedy, Avr J.P.S. Mantik, Chiara Maffiola. Front Row (Left-Right): Avr A.J. Hol-loway, Cpl A. Goli., Cpl S.L. Lange. Absent: Cpl Allan. Photo: Supplied

are responsible for all 17 Wing and lodger units, including 1 Canadian Air Division & 2 Canadian Air Division Headquarters. In addition, they also support, to name only a few, 38 Canadian Brigade Group, the Rangers, HMCS Chippawa & Cadets.

The support provided by Clothing Stores extends way beyond the limits of Manitoba and Saskatchewan as all continental OUTCAN personnel are supported by 17 MSS. They support members posted to Colorado, Oklahoma, New York, California, Florida and Alaska, to name a few. The OUTCAN rep is responsible to ensure returns, issues, medals and claims are done in a timely manner to enable members to do their jobs and represent Canada in the best way possible during their posting away from home.

When you enter Clothing Stores you are greeted by the front staff. They are responsible with assisting the members in the following areas: returns, issues and releases, (which all require an appointment for five items or over), Miscellaneous Loss Reports, Deployment kit issues, ordering nametags and sizings.

All ordering and restocking of shelves is done by the warehouse staff. Every day, they receive large amounts of items that have to be sorted and then restocked on the shelves or issued to the customers. This important task requires a lot of resources.

The Search and Rescue rep is responsible to handle all SAR requirements. SAR members have a large amount of equipment and kit that they need to accomplish their mission. The SAR rep deals with the techs directly to order all the important equipment that they require to keep us safe.

Let's not forget the tailoring shop. Two tailors work

diligently every day to make sure flight suits and DEUs are fitting correctly and impeccable to military dress with the proper ranks, trade badges and any other accoutrements that are needed. In addition to that, the tailor shop also takes care of cap badges on berets and maternity uniforms. One of the busiest times for the tailors is Remembrance Day.

The hours of operation are Monday – Thursday -0800-1200 and 1300-1430. Fridays they close in order to accommodate the Army and Navy reservists who are preparing to start Basic Military Qualification (BMQ). This includes all the necessary items that every member requires to successfully complete soldier's training. These kit issues take hours to complete and requires all their staff efforts. Even though the doors are closed on Fridays, they are happy to accommodate any emergencies that may arise.

They are happy to assist all customers and greet everyone with a smile.



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Former Winnipeg Member Releases New Music



Former WSO violist and current CAF member Margaret Carey. Photo: Supplied

by Martin Zeilig, Voxair Photojournalist

There were about 50 people in attendance at the Bethany Chapel in Calgary, Alberta on January 6 for the inaugural performance of 'Rose Petals', a new collection of pieces for viola by Canadian composers performed by musician Lieutenant Margaret Carey, a logistics officer at CFB Moose Jaw.

Lt Carey was a violist with the Winnipeg Symphony Orchestra prior to joining the CAF in 2018.

She was accompanied by pianist Roger Admiral, who teaches piano and coaches contemporary chamber music at the University of Alberta.

The concert marked the official release of Lt Carey's CD 'Rose Petals Canadian music for viola'.

"Canadian violist and singer Margaret Carey presents a stunning collection of music for viola by celebrated Canadian composers Jean Coulthard, Jacques Hétu, Ana Sokolovic, Evelin Ramon, Sean Clarke, Howard Bashaw, and Laurie Duncan," say the CD's program

notes. "Bringing several completely new works to the forefront through commissions and research, Margaret is bringing Canadian music and artists to the public."

Most of the audience members at the concert were intermediate to advanced students in music, as well as some faculty at the Amici String Program in Calgary, Lt Carey noted in an email.

Theresa Plotnick and Fiona Carnie, the two Amici instructors/directors, invited Lt Carey to perform after they heard news of her CMC Centrediscs CD release, she wrote.

"The response (at the concert) was excellent, and a lot of the audience liked the Milton Barnes 'Lamentations of Jeremiah' the most," Lt Carey said. "However, they appreciated all three pieces, and they really liked the sound of my viola, of which I am very proud. My long-time teacher Nick Pulos came, and he said that he was very proud, and he liked my viola very much."

Lt Carey first took lessons from Pulos when she was about five or six years old.

"She and her two older siblings were seeking a violin instructor at what was then Mount Royal College (now a university)," Pulos said in an email. "At the time, I was transitioning between my work in Edmonton with the Symphony, and taking on a new role as music director of the Calgary Youth Orchestra and violin/viola teacher.

"Of the dozens of children I heard, Margaret's audition especially stands out. I recall the moment vividly: a little girl flaying about on the violin, playing her rendition of a popular student concerto that she had learned by herself—having never had lessons from a teacher."

He added that throughout the time she studied with him, he came to recognize her unique talents: she possesses an extraordinary memory for sound (akin to so-called photographic memory), and an acute sense of pitch (absolute pitch is the technical term).

"To these attributes, I would add the quality that is rarest in young musicians, especially the string-playing

kind: a strong, natural sense of rhythm," Pulos said. "This resulted in her having the uncanny ability to play almost anything I threw at her. Even though she is primarily known as a viola player, Margaret is an excellent violinist, and a gifted singer."

Sean Clark said that what made this project so interesting is that "Margaret is an artistic polymath," being an accomplished violist, singer, poet and painter.

"We based the piece on her evocative poem Rose Petals and a related painting, and the piece features sung fragments of the poem at key formal moments," he said in an email.

"I have also known Margaret since we played in youth orchestra together in Calgary, so it was great to have the chance to write a piece for her. Not only is she a great performer but also a keen interpreter, effortlessly mixing expressivity and rigour."

Lt Carey said she approached Mr. Clark to write a commissioned piece based upon her poem and painting "Rose Petals" for this project.

"The demo for CMC Centrediscs was accepted, and then I received a grant from the Winnipeg Arts Council for this CD project— all of this taking place in 2017-18," she continued. "This was also the time that I was waiting to be accepted into the RCAF, and then I heard back with the good news of acceptance in 2018."

Lt Carey, 37, who has been a member of various chamber orchestras, chamber ensembles, symphonies and choirs worldwide, has been working on this project since around 2012.

"It is related to my doctoral dissertation work while in Montreal from 2011-14," she said. "I did the recordings for this CD from 2016-18, and it has taken the last year to finalize everything. I painted the front cover, wrote the comments in the booklet and did the translations into French. Bringing Canadian composers to the forefront means a great deal to me."

The Life of a Liberated Gavel

by Lieutenant-Colonel Brian Quick

Stealing is wrong. Just ask my Mother or the Padres. But liberating a gavel is noble. Gavels are unloved and abused. Just think, they are locked in an office for most of the year, then beaten up when put into service at a Mess meeting or Mess dinner. For over three decades, I have been a freedom fighter and have been liberating gavels during my many postings. I always give them back, but only after a period of freedom where the gavel gets to chill out and relax. Sometimes the gavel is returned with modifications, but it is always returned with a story. So what is the life of a liberated gavel like? In a word – exciting!

All photos Lieutenant-Colonel Brian Quick



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Only Female Tactical AAR Pilot in RCAF Enjoys Flying the CC-130H



Captain Hillory Gardiner at the helm of a CC-130 Hercules. Photo: Martin Zeilig, Voxair Photojournalist

by Martin Zeilig, Voxair Photojournalist

As a child growing up in Victoria and the Comox Valley, British Columbia, Captain Hillory Gardiner, Deputy Squadron Operations Officer, 435 Transport and Rescue

Squadron, notes that instead of playing with dolls and makeup she was reading aircraft encyclopaedias and building model fighter planes.

Her passion for flying was encouraged by her parents.

"I am very lucky to have a family that has supported my dreams from a very young age never limiting me to what I wanted to be," Capt Gardiner said, during an interview in early December. "My family helped fuel my passion for flying by taking me to airshows and driving me to Air Cadets multiple times a week for years. My mom said that from the age of around two, I wanted to fly. She doesn't know where it came from."

Lieutenant-Colonel John Coffin, 435 Sqn Commanding Officer, observes that Captain Gardiner is the only female tactical air-to-air Tanker Commander in the RCAF.

"She's an amazing pilot and hard worker. She's humble. With the stand down of tactical air to air refuelling with the Hercules, she would be posted out of 435 Squadron, which will be the RCAF's gain but our loss. I can give her a tasking, and she'll complete it early and well above standard."

Capt Gardiner earned her glider pilot's licence while at Air Cadets and joined the Canadian Armed Forces right out of high school. She attended the Royal Military College in Kingston, Ontario where she studied Military and Strategic Studies.

"I joined the military to be a pilot," Capt Gardiner said. "I did air crew selection and passed. Right out

of university, I was posted to CFB Comox while I was awaiting training and went to 3 CFFTS (Canadian Forces Flight Training School) Portage la Prairie for Phase One before returning to Comox. There's a long wait between each phase."

She then got posted to CFB Moose Jaw to take Phase Two of her flight training.

"After completing training there, I was posted to 1 CAD as an OJT for about 6-8 months," Capt Gardiner continued. "I then did Phase Three. In that time, my husband got posted to Winnipeg too. He was at Gagetown at the time."

She was posted to 435 Sqn for about eight months before getting trained on the Hercules at the Operational Training Unit.

She confessed that the CC-130H was not her primary choice.

"Being a Herc pilot has evolved over the years," Capt Gardiner said. "Seeing that my husband was already in Winnipeg was why I got posted here. It ended up being the best thing to happen. I'm really happy at the squadron. I got to be the last CC-130 air to air refuelling pilot to upgrade and the first female Tanker Commander to upgrade."

She also refers to 435 Sqn as one big family.

"We're a good group of people," Capt Gardiner said. "I love my job. I love flying the H model Hercules. I joined the RCAF to see the world, and up to this point I've had the opportunity to see Australia, Iceland, and Portugal."

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WELCOME TO 2019

17 Wing member honored by home town Page 2

Maximus Moose show their appreciation for military and cadets Page 3

Let's Talk about mental health and removing the stigma Page 4

The Voxair looks back at 17 Wing in 2018. Page 8

Check out the programs at the MFBC for the new year Page 10

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435 Sqn Rescues Stranded Pilot

RCAP Ban supports Soldier On and Stress instructor says train now to complete a 10k. Page 3

Learn how to watch your buddy with the Sentinel program. Page 4

The Voxair speaks with Dr Tim Cook and our content for a copy of the new book. Page 6

Wear your pride on your sleeve, New Canadian Air Division orders coating. Page 8

A mental health personal journey for Bill Let's Talk Day. Page 11

Yellow Ribbon Gala coming soon, get your tickets now! Page 13

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Second World War Vet Visits Wing

Legislators celebrate 100th Anniversary with a birthday party Page 3

Former Make a Wish kid, now 402 Sgt member, paying back the organization for their help Page 5

Romania to replace Canada for Malt mission Page 6

Take the family to the Moose game for Louis Riel Day Page 7

Revisiting the RCAF past for Black History Month Page 10

Winterfest is coming. Check out the upcoming PSP program. Page 12

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Take a tour Around the Wing in photographs. Page 8

A farewell to Canada's last dasher. Page 10

Say goodbye to our Winnipeg winter at Winterfest 2019 on March 2. Page 12

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DC-3 Significant to Polish Second World War History Repatriated

No lack of winter at the 2019 17 Wing Winter Fest this year Page 3

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New Canadian Forces Transition Centre helps members with return to civilian life Page 6

Barker College celebrates 100 yrs since namesake awarded VC Page 10

Need some activities for the kids during Manitoba spring break? Page 12

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Hurry, Hurry Hard!

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17 Wing Mess Dinner Marks RCAF 95th Anniversary

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Exciting Action at Wing Commander's Volleyball

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435 Sqn Finishes in Second Place at Aerospace Maintenance Competition Page 3

RCAP Ban Offers Fan Activities for Families and Racers Page 4

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RCAF RUN 2019 A SOLD OUT SUCCESS

433 Squadron Reunites Stranded Family
Change of Command at 1 CAD and 11 Wing CWO Change of Appointment
Sports Awards Breakfast Honors 17 Wing Athletes
Indigenous Awareness Week at 17 Wing
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Sign Up for 17 Wing Moved The 2019 Health and Wellness Challenge

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D-Day Commemorated in Winnipeg

Wing Commander Challenges Wing to Keep Fit
RCAF Commander Holds Town Hall at 17 Wing
D-Day Veterans Remembered in Winnipeg
Around The Wing in Photos
Be Aware of the New Drone Regulations as of June 1
Advice on Preparing for a New Posting from the Chaplain

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Spiffire Kings Release New Music

A Grizzly Challenge For The Fallen
1 CAD Member Completes Bucket List Item
Initiative Launched to Retain RCAF Personnel
1 CAD Honours and Awards Presented
Photos From Around the Wing
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402 Sqn Welcomes New CO

Restored DC-3 Returns to Flight
Portrait of a Courageous Bear Steps in Winnipeg
17 Wing Members Medal at Squash and Badminton Nationals
Det Dunbar Member Represents Canada at 70th Anniversary Events
AFOD reaches milestone of graduating 1000 students
Sign Advice on Fear Distress Personal Attributes

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435 Sqn Drops in on the Goldeyes

17 Wing Men's Soccer Team Best in the West
Military Group in Sierra Leone Inspires Refugee to Enlist in RCAF
17 Wing Troop Military Team in 2019 Death Race
Three Manitobans Begin Aboriginal Leadership Opportunity Year
Historical 402 Sqn Tiger Moth Car Stranded in Northern Ireland
New Payroll Consolidation Service for Civilian Staff

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Comprehensive Settlement Agreement For Kapyong Signed

Tennis Walk And Run 2019 Marks Beginning of GCWCC
Members' Well-Being Priority For New Wing Chaplain
A Thank You Forty Years in The Making
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Battle of Britain Veteran Remembers

433 Sqn Member Awarded SAM Tech of the Year
Fall Fair A Fine Time for Families
17 Wing Welcomes new Deputy Wing Commander
Family Week Aims to Build Community Spirit
Wing Commander's Honours and Awards
History of Human Civilization as Its Never Been Told Before

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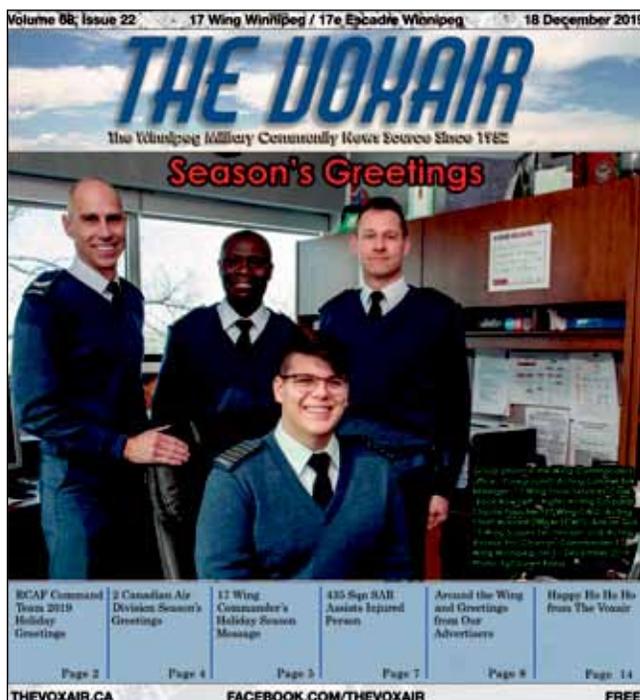
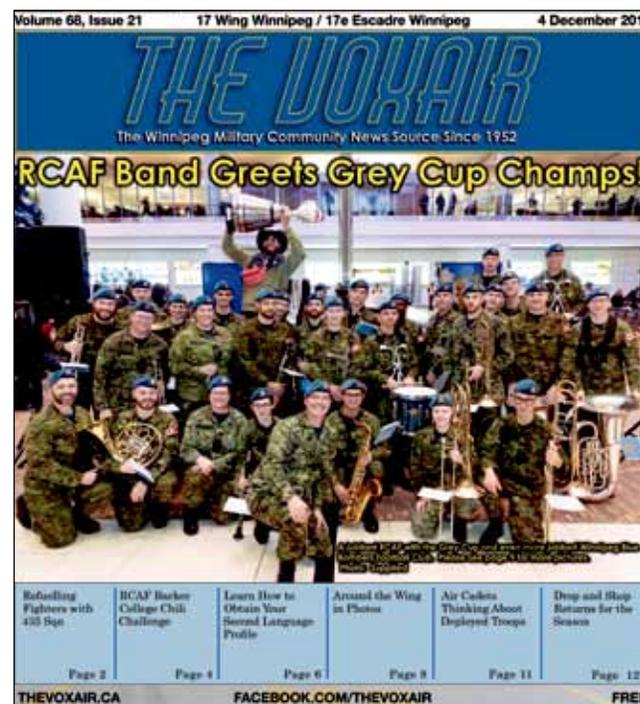
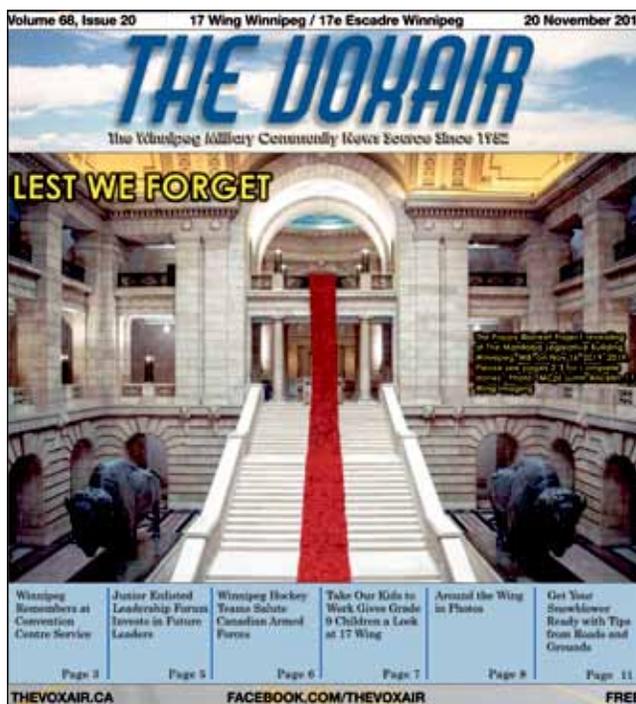
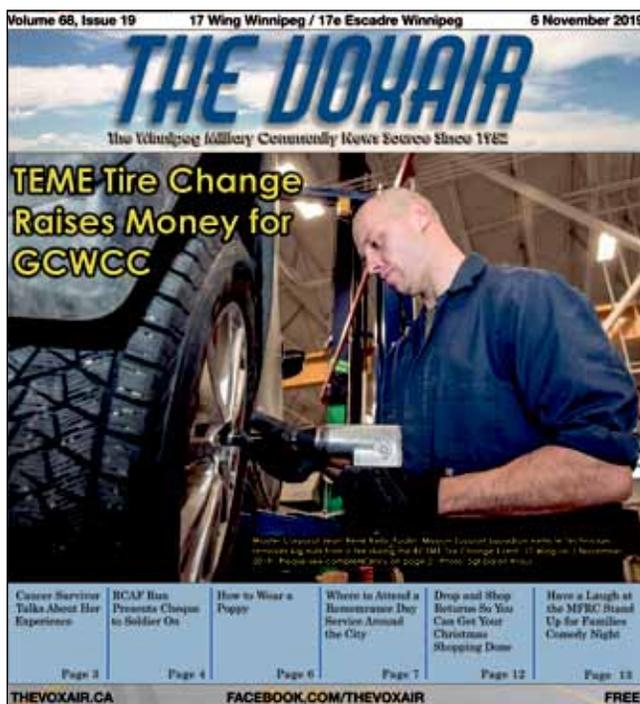
Snow Day For Thanksgiving

Homesick Veterans Focus of GCWCC on Wing
Injured CAF Member Moves Back Into Own Home
RCAF Band Releases New Music
Girls Now Not Apply?
Get Your Flu Vaccination to Protect Yourself and Others
Halloween Howl Promises to be a Howling Good Time for Families

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Around The Wing



An elf (Lee-Ann Brookes, Fitness and Sports Instructor) and Santa (Mavis Meisner, Fitness and Sports Instructor) led the participants of the Holiday Circuit on Dec 16. Photo: Supplied



17 Wing Chief Warrant Officer, CWO Claude Faucher (centre left, front row) and 17 Wing Commander, Col Eric Charron (centre right, front row) with all the participants of the Holiday Circuit on Dec 16. Photo: Supplied

January 29th 2020

Bell Let's Talk

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 January 29th
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 0800-9:45hrs
 *National Discussion Panel 1000-1200hrs



Lieutenant Colonel Ian Perreault, Commander 402 Squadron, drops the puck during the Winnipeg AAA Hockey All Star Classic Bantam game. Jonas Woo, Team Air Force, and LCol Perrault's son, Elliot Perreault, Team Army, faced off during the All Star game, Bell MTS Iceplex, on 11 January 2020. Photo: Supplied

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Wing Commander's Honours and Awards



17 Wing Commander, Col Eric Charron and 17 Wing Chief Warrant Officer, CWO Claude Faucher, present the Wing Commander's Commendation to Mr. David Evitt on 13 Dec, 2019 at 17 Wing.
All photos by: MCpl Justin Ancelin, 17 OSS/Imaging



Mr. Ken Arnel received the Wing Commander's Commendation.



Cpl Nancy Castillo received the Wing Commander's Commendation.



Cpl Sebastien Bouchard received the Wing Commander's Commendation.



17 Wing Commander, Col Eric Charron, and 17 Wing Chief Warrant Officer, CWO Claude Faucher, present the Wing Commander's Coin to Cpl Montgomery Burke, Cpl Christopher Neumann, MCpl Lyn Nelson, and Avr Damien Edgington on the 13 Dec, 2019 at 17 Wing.



The "Fighting Artichokes" received the 17 OSS Commanding Officer's Commendation for their performance in the Wing Commander's Hockey tournament.
Back row (Left-Right): Lt.Col Lonnie Fleischacker, Cpl Chris Smith, Cpl Garry Reynolds, Mr. Scott Heithoff, Cpl Kinew Beaulieu, MCpl Lyndsay Cross, WO Daryl Preece, Sgt Andrew Seward, Cpl Josh Lee-Jordan, WO Kevin Pugh.
Front row (Left-Right): Cpl Darryl Hepner, Cpl Andrew Burnett, Avr Eric Rimmer, Cpl Nancy Castillo, Cpl Jessie Kuzyk, and Mr. Christopher Ellis.



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Sports Trivia

The Need For Speed

by Stephen Stone

1. Who was the first driver to break the 1,000 km/h speed record?
2. Who is the current land speed record holder?
3. Who was the first to record an outright speed record with a three-wheeled vehicle?
4. Who is the current speed record holder for wheel-driven cars?
5. Who held the first recognized speed record for a motorcycle?
6. Who was the first driver to set the land speed record of over 200 m.p.h.?
7. In 1962, 1966 and 1967, he set speed records for motorcycles of under 1,000 cc. Who was this Indian rider?
8. Who holds the speed record for bicycling down a volcano on a production mountain bike?
9. Motor pacing is a type of human-powered record where a pace vehicle is modified by adding a tail fairing to keep the wind off the cyclist who is riding behind it. Who holds the un-paced speed record for a bicycle?
10. The hour record for bicycles is the record for the longest distance cycled in one hour on a bicycle. On June 8, 2015, who set the Union Cycliste Internationale record of 54.526 km?
11. Who set the women's human powered vehicle land distance record of 1,011.99 km in 24 hours on a recumbent bicycle at Klettwitz, Germany, on July 12, 2015?
12. Who set the current outdoor track record at 555.273 miles in Wensleydale, Victoria, Australia on March 30, 2018?
13. On July 11, 2017, who set a new fastest completion of 100,000 miles by bicycle record, doing so in 423 days?
14. To earn the record as the fastest car in the world, the speed demon has to be from the 2018 model year or newer, currently be in production, and be street legal. Which is the current fastest production car?
15. Who is the fastest man going downhill on skis?
16. Who is the fastest woman going downhill on skis?
17. The Blue Riband is an unofficial accolade given to the single hull passenger liner crossing the Atlantic Ocean in regular service with the record highest speed in a westbound direction, i.e. against the Gulf Stream. The holder of the Blue Riband was intended to be a steam ship. Who is the current holder of the Blue Riband for a westerly voyage?
18. Which Cunard Liner won the Blue Riband eight consecutive times.
19. Who set the record for the first solo circumnavigation of the globe in a sail boat?
20. On Dec. 17, 2017, who broke Thomas Colville's record for fastest solo circumnavigation of the globe?

Sports Trivia Answers on page 14



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- 17 janvier • Ligue d'improvisation du Manitoba – Match double • CCFM
- 17 janvier • Cinéma en pyjama – La Course des tuques • CPEF Roméo-Dallaire
- 19 et 26 janvier • Atelier de capot de Voyageur • Musée de Saint-Boniface
- 21 janvier • Mardi jazz – Casati • CCFM
- 22 janvier • CinéFEEL : Un beau voyage • Alliance française du Manitoba
- 23 janvier • Théâtre Parminou – Je courais, je courais, je courais • CCFM
- 23 janvier • Les Surveillantes lancent leur nouvel album Feu les artifices • CCFM
- 23 janvier • Vin et fromage avec l'Union nationale métisse • Chalet Louis-Riel
- 24 janvier • Théâtre Parminou – Je courais, je courais, je courais • École Pointe-des-Chênes
- 25 janvier • Soirée bowling avec l'Union nationale française
- 25 janvier • Théâtre Parminou – Je courais, je courais, je courais • École Régionale Notre-Dame
- 28 janvier • Mardi jazz – Westside band • CCFM

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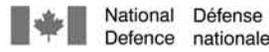
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13 & 22 jan 2020
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Events are at the MFRC 102 Comet St. and free and drop in unless other noted.

MFRC PROGRAMS REQUIRING REGISTRATION

ADULT PROGRAMS

Shepherd's Pie competition

Chefs bring your Shepherd's Pie and recipe. Participants will taste and vote for the best pie. Saturday, January 25, 1700 – 1930 Chefs free. \$5 per attendee. Register by January 17

Learn To...Use Your Instant Pot

Learn some new recipes and tricks and tips to make the most of your Instant Pot. Thurs. Jan. 23. 1830 – 2030, Reg. By Jan. 17. \$5.

Special Needs Discussion Group

Whether it is your needs or a loved one, come together for coffee and networking to share resources and support each other. Call about childcare. EVENING SESSION Thurs., Jan. 23, 1830 – 2030, Reg. By Jan. 20. NEW AFTERNOON SESSION Wed., Feb. 5, 1330 – 1500, Reg. By Feb. 3, For childcare call Sherri by at ext. 4056 two weeks before the session you are attending.

Restorative/Melt Yoga

These sessions are about self-care, relaxation, rejuvenation and awareness to your body. Mondays, Jan 28 – March 9, 1830 – 2030. Reg. By Jan 22. For first session/ or 6-pack. \$40 for 6 session or 10 for individual sessions.

Exceptional Fun

Games, activities and socializing for people with exceptional needs age 16 – 30 years. Must arrive by 1900. Thurs., Jan. 30, 1830 – 2030. Reg. By Jan. 27.

Everything Binder

Having everything in one place is a feeling of mastery and organization. Fri., Jan. 31, 1900 – 2000. Reg. By Jan 24. Coming in February.

FAMILY & CHILDREN PROGRAMS

LEARN TO...USE YOUR INSTANT POT

Deployment Dinner Date
 If you have a loved one preparing to deploy or is currently deployed or has recently returned from a deployment, allow us to organize dinner for you and your family. Wed., Jan. 29, 1700 - 1900. Register by Jan. 27. \$5 per adult.

Mother Goose In French

Adult-child program focusing on rhymes, songs and stories, in French. No knowledge of French required. 6 biweekly sessions starting Jan. 14. 0900- 1000. Reg. By Jan 14. At South Side Youth Centre.

Occasional Child Care

The OCC is casual childcare for 6 months - 12 yrs. Call 204-833-2500 ext. 2491 for cost, hours and to register. MFRC Occasional Child Care Centre, 630 Wihuri Rd.

MFRC PROGRAMS REQUIRING REGISTRATION

Café Français

Join us for a coffee and chat in French at the MFRC. This is a perfect opportunity to practice your French. Weds., Jan. 22 at École Roméo Dallaire, 0930 - 1130

Second Language Training - Lunch Meet Up

Bring your lunch to the MFRC and practice your second language conversation skills. For all levels. Thursdays 1230 – 1315

South Side Coffee

A social time open to everyone! Third Wednesdays 0930 – 1130 at South Side Youth Centre, 347 Doncaster St.

Mature Women's Group

Join us for an evening of coffee and conversation. If you're a 45+ woman this is a great way to meet others while sharing your wisdom and expertise about navigating life's journey. January's theme is Brain Health with a guest speaker from Alzheimer Society of Manitoba. Mon., Jan. 27, 1900 -2100

Parent Community

A 'community' of parents will discuss topics related to parenting children of all ages. Fridays, 0930 - 1130.

Parent Group

Join us for parenting discussions and networking. Second and fourth Wednesdays 0930 - 1130.

New Recruits Family Café

Calling all family members of new military members! Come learn about the services the MFRC can offer you and your family. Light refreshments will be served. Last Saturday, 1100 - 1200.

Creative Tots

Facilitated play group at our 'South Side'. Parents are required to stay. Bilingual. South Side Youth Centre, 347 Doncaster St., Tues. And Thurs. 0900 - 1100.

Kids Club

Drop-in care for children 18 months to 5 years. \$2 per child per session, with PSP membership. Please send along a nut/peanut free snack and diapering supplies if required. Tues. & Thurs. 1630 - 1900, Sat. 0915 – 1130 Starts Jan. 7.



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Thursday 23 January 1830 - 2030 | Reg. by Jan 20
 Wednesday 5 February 1330 - 1500 | Reg. by Feb. 3



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Sports Trivia Answers

Sports Trivia Questions on page 11

1. At Bonneville Salt Flats on Oct. 23, 1970, Gary Gabelich's rocket-powered Blue Flame peaked at 1,014.656 km/h, making him the first to exceed 1,000 km/h.
2. At Nevada's Black Rock Desert, the UK's Andy Green and his ferociously fast Thrust SSC. In 1997, he zipped across the earth in a twin turbofan jet-powered car at 1,227.986 km/h to notch the first ever supersonic land speed record.
3. Craig Breedlove and his jet-powered Spirit Of America 'car' changed everything at Bonneville in 1963, when he recorded a new outright land speed record...on three wheels.
4. In August 2018, Danny Thompson scored a new record for wheel-driven cars in a refurbished version of the 50-year-old Challenger 2, the car in which his dad, Mickey, made a record-breaking attempt in 1968 in the same location. The new fastest speed for a wheel-driven, piston-powered car now stands at a not inconsiderable 722.1 km/h.
5. Gene Walker's ride on an Indian at Daytona Beach on April 14, 1920, was officially recognized as having the motorcycle land speed record.
6. Major Henry O'Neal de Hane Segrave drove the 1000 HP Sunbeam at 203.792 m.p.h., recorded as a two-way average for the flying mile at Daytona in March 1927.
7. Burt Munro of New Zealand.
8. Markus "Max" Stockl. In 2017 set a new world record in the Atacama region of Chile with a speed of 167.6 km/h on a mountain bike.
9. Todd Reichert drove his recumbent bike 139.45 km/h on Sept. 19, 2015.
10. Bradley Wiggins of Great Britain.
11. Petra von Fintel.
12. Dr. Mitchell Anderson.
13. Amanda Coker, at 24 years old. Coker's record was 77 days faster than Tommy Godwin's prior record of 500 days from May 1940. The record was certified by the Guinness Book of Records and the Ultra Marathon Cycling Association (now the WUCA).
14. The Bugatti Chiron Sport has a manufacturer's claim of 261 m.p.h. at a cost of US\$2.61 million.
15. Ivan Origone of Italy went 254.958 km/h under France Ski de Vitesse rules at Vars, France on March 26, 2016.
16. Valentina Greggio of Italy went 247.083 km/h under France Ski de Vitesse rules at Vars, France, on March 26, 2016.
17. The United States liner "United States" crossed from Bishop Rock to Ambrose Light, 2,906 nautical miles, in 3 days, 12 hours and 12 minutes, averaging a speed of 34.51 knots in 1952. In 1986, British entrepreneur Richard Branson and his high-speed motor vessel, Virgin Atlantic Challenger, despite having to stop to refuel on several occasions, shaved two hours off the record, increasing the average speed to 36.4 knots. However, as Virgin Atlantic Challenger was not a passenger vessel, the New York Maritime Museum refused to part with the Hales Trophy.
18. 18. Mauritania, going east.
19. Joshua Slocum of Nova Scotia in the Spray in 1898.
20. Francois Gabart sailed solo around the world in 42 days and 16 hours, breaking Colville's record of the previous year by six days.

Taroscopes

BY
NANCY

Aries (March 21 – April 19): Moving isn't the only option. Look at changes you can make where you are now. You'll find something you lost. To dispel a sense of loneliness, reconnect with friends you haven't seen for a while. Everyone is busy so find creative ways to catch up. People respect and appreciate you.

Taurus (April 20 – May 20): Constantly trying to figure everything out and make essential changes is exhausting. Identify your natural energy cycle and work with it. Find ways you can get re-energized. Small steps add up. Look for the silver lining to the cloud of defeat that surrounds you sometimes.

Gemini (May 21 – June 21): A challenging situation could be a blessing in disguise. Stay detached. Avoid pettiness even if provoked. You are the authority on your own life. Stick with what is right for you. Still, don't discount good advice on how you can stretch outside your comfort zone. Good friends do care.

Cancer (June 22 – July 22): Have an important heart-to-heart talk with a loved one. What looks like a good deal could be a risky venture if the person you're working with has a hidden agenda. Don't let your worries cloud your logic. Ask the hard questions. Work closely with someone you can really trust.

Leo (July 23 – August 22): Change how you do things to see better results. Perfection isn't always possible. Do your best. Strike out on a new adventure. Take extra time to work out the details. Thanks to good preparation, once things are moving, they will build momentum and continue with less effort.

Virgo (August 23 – September 22): Life is full of fun and challenging times. Appreciate the good things in your life. Stay connected to what sustains your spirit. Have a standard and stick to it. Set your sights high. Right now you may not be able to see how things will work out in the end, but they do. Enjoy.

Libra (September 23 – October 23): Set specific goals that really matter to you. You can make things work. Stay focused during highly emotional situations. Strive to build relationships where you are fully appreciated. Feeling disconnected from the day-to-day reality? Reflect on what gives your life meaning.

Scorpio (October 24 – November 21): Say goodbye to friends or leave situations that are wearing you down. A promising thing turns out to be a bad deal. Your expectations of someone and their abilities were not based on facts. Doing the work yourself, maintenance and self-motivation are the keys to success.

Sagittarius (November 22 – December 21): You have something to prove. Your feelings are changing. Let them be your guide but also don't tip your hand too soon. Timing is key. Push harder and fight for the respect you feel you deserve. When you're passionate about what you want, pull out all the stops to get it.

Capricorn (December 22 – January 19): Do some alone time to consider your life and to gain a sense of purpose. This is the beginning of a new cycle. Life is a journey. Who will accompany you on the next phase? Discern who enriches your life. Distance yourself from those who want to maintain the status quo.

Aquarius (January 20 – February 18): Though you'd like to complete tasks, things don't go as planned. If something isn't working right, take the time to deal with it properly. Things beyond your control get in the way. Expect the unexpected. Stay focused on your goals. Your sense of humor will save you.

Pisces (February 19 – March 20): Do not cave to doubts and fears. Hold to your sense of the sacred as this keeps you grounded and centered. Take pride in what you do and who you are. Watch for positive signs that something beautiful is coming your way. Be like the phoenix. Rise up, shine and fly into your future.

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**- Alfred Lord Tennyson,
British poet 1809-1892**

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The Case for Honesty

by Padre Gregory J. Girard

A whole nation can be taken down by dishonesty. It can happen all at once, as in the Second World War, when Hitler told Prime Minister Chamberlain of Britain on 30 Sept, 1938 that he had no intentions of taking over Czechoslovakia. The Munich Pact was signed. By 15 March, 1939, the Republic and all its provinces were under Nazi control, and Hitler was riding triumphantly through Prague. Chamberlain was deceived, but it was too late.

History has often seen this sort of deception on a national level to weaken governments. It is also an effective weapon in actual battles. In *The Art of War*, Sun tzu writes, "All warfare is based on deception. Hence, when we are able to attack, we must seem unable; when using our forces, we must appear inactive; when we are near, we must make the enemy believe we are far away; when far away, we must make him believe we are near."

Dishonesty, then, can be a powerful tool to tear down an enemy.

The temptation is to conclude that deception is good. That people survive through it, and that those who do not use it, are likely doomed to a short life. This is a premature conclusion.

Taking principles that are used in war, and applying them to almost any other area of life leads to a very unhealthy situation. Deception used in building a society, quickly erodes the very fabric that makes it possible to function for very long at all.

Moses told the Israelites this as they approached the Promise Land, and a second time after they entered it. "You must have accurate and honest weights and measures, so that you may live long in the land the LORD your God is giving you" (Deut.25:15). In other words, "Don't have two weights for the scale that both say One Shekel, but don't weigh exactly the same." That is deception, and God will not smile on such a nation.

But notice what the rest of the verse says. Have accurate weights, "so that you may live long in the land..." What an interesting thing to say. "You, collectively, as a

nation, will live in the land a long time, if you are intentionally honest in your dealings."

We should assume that the opposite is true as well: "A nation cannot survive long if its people deal with each other dishonestly." Dishonesty is like rust on a car, like fraying on your rappel rope, like mutations in your DNA chain. It undermines the integrity necessary to survival, and as the Bible says, we all battle it (Romans 3:9-26) in ourselves and with others.

I will never forget the story about a guest pastor who spoke about the importance of honesty in the little things. Later that week he got on a bus, paid the fair, and went to his seat. But the bus driver heard the sermon that Sunday. He intentionally gave the pastor extra change, as a test.

He then saw the man making his way back up the isle to the front, having noticed the mistake.

"Excuse me, Sir" he said. "You have given me too much change."

It was the bus driver who told the story, "The sermon had an impact," he said. "But it was the coins, heavy in my hand that truly spoke to me."

I visited an elderly lady in Toronto years ago, who was reminiscing about when she was younger. "You know," she said, "when I was younger, no one locked their doors in Toronto.

It was known as an honest city." I remembered that once upon a time, Toronto was internationally known as, "Toronto the Good." Those days seem to be gone.

Deception has the power to destroy, but not the power to build. It is the enemy of a healthy society. What Moses wrote is still true today: A people will live a long time, prosperous and safe, in a land that seeks honesty, even in the small things. Its peril is the neglect and erosion of it.

Please, God, give us a passion for honesty, even if it hurts (Ps.15).



Faith and Life

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SUNDAY SERVICE: (English Only) 900 hrs

COMMUNITY SERVICES:

Sunday School: It is held during the service for children ages 3 to 12. Childcare is provided on an as-required basis for children under 3 years of age.

Marriage: Contact the chaplain at least six months in advance if possible. A marriage preparation course is a requirement. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

Baptism: The Sacrament of Holy Baptism is available by contacting a Chaplain. Baptism Preparation is a requirement. *Please contact the Chaplain before setting the date for the baptism or arranging family travel.*

Protestant Chapel Guild: It meets the first Wednesday of the month at 1300 hrs in the Chapel Annex. All women are welcome.

CHAPLAINS

Padre Kevin Olive
(Pentecostal)
-Wing Chaplain
ext 5417

Padre Laura Coxworth
(Pentecostal)
- Protestant Faith
Community Coordinator
ext 5785

Padre Joshua Falk
(Protestant)
ext 6914

Padre Greg Girard
(Christian Reformed)
- Det. Dundurn
306-492-2135 ext 4299

JEWISH

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CHAPLAINS

Padre Paul Gemmiti
(Roman Catholic Priest)
- Catholic Faith Community
Coordinator
ext 4885

Padre Antin Sloboda
(Roman Catholic Pastoral
Associate)
ext 5087

TBD
- Mental Health Chaplain
ext 5086

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Spring/Summer Liturgy Timings: 1100 hrs
(Sunday after Easter - Thanksgiving Weekend)

Autumn/Winter Liturgy Timings: 1600 hrs
(Sunday after Thanksgiving to Easter Sunday)

COMMUNITY SERVICES:

Religious Education: Classes can be available to children from Preschool to Grade 6.

Sacrament of Reconciliation: It is available by request and at special times of the year. Contact Padre Gemmiti.

Baptism: We recommend that you contact the chaplain's office for an appointment six months in advance. *Please contact the Chaplain before setting the date for the Baptism or arranging family travel.*

Marriage: Six months notice (1 year preferred) is required for weddings, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

MAIN OFFICES
Administrative Assistant
204-833-2500 ext. 5087
Building 64,
Lower Level, North End.

EMERGENCY DUTY CHAPLAIN
Contact MP Dispatch ext 2633.

INFO PHONE NUMBER
For chaplaincy services and related information, phone ext 6800 and follow the prompts.

WEBSITE
Those with access to the DIN can visit 17Wing.winnipeg.mil.ca, then click '17 Wing', then 'Services'.

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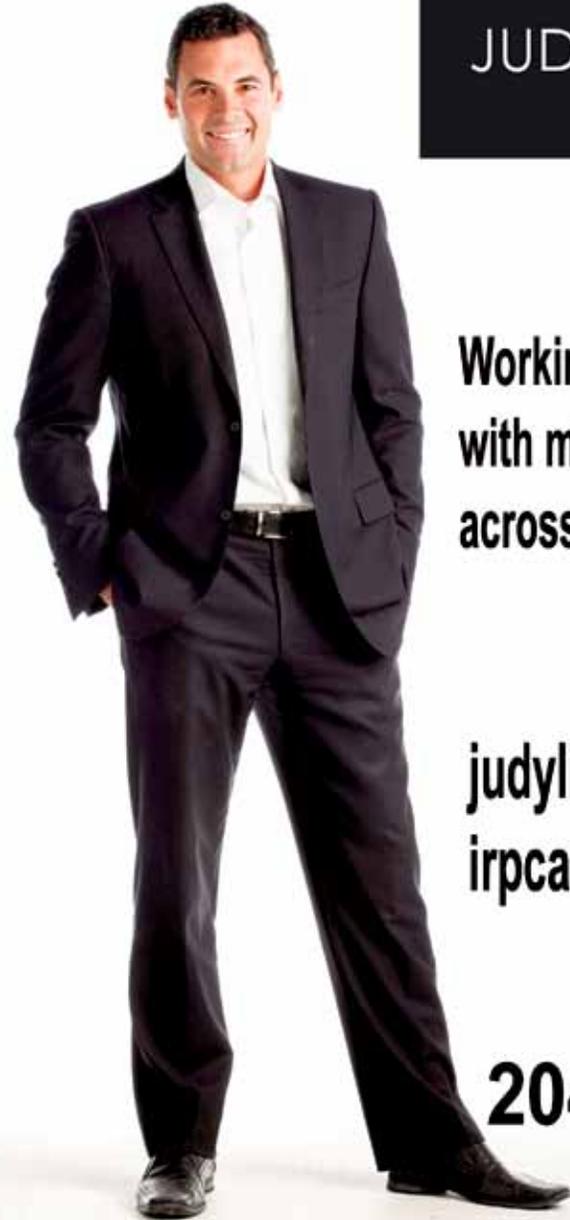
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