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THE VOXAIR

The Winnipeg Military Community News Source Since 1952

Comprehensive Settlement Agreement For Kapyong Signed



Group photo of military and Treaty One First Nation personnel after the pipe ceremony during the comprehensive settlement agreement signing ceremony for Kapyong Barracks land at Assiniboia Downs, Winnipeg, on August 30, 2019. Please see page 2 for complete story. Photo: Sgt Daren Kraus

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Comprehensive Settlement Agreement for Kapyong Barracks Signed



The seven Treaty One First Nation Chiefs hold up the signed documentation during the comprehensive settlement agreement signing ceremony for Kapyong Barracks land at Assiniboia Downs, Winnipeg, on August 30, 2019. Photo: Sgt Daren Kraus

from National Defence / Canadian Armed Forces

In the spirit of collaboration and renewed relationships, the Government of Canada and the Treaty One First Nations signed a Comprehensive Settlement Agreement for the former Kapyong Barracks land in Winnipeg on Aug 30. This settlement is the result of a successful, multi-year process that brought together the Treaty One First Nations and federal partners to arrive at a satisfactory solution for all parties.

Formerly part of Canadian Forces Base Winnipeg, the Kapyong Barracks property is comprised of approximately 65 hectares of land. Kapyong Barracks were used by the Canadian Armed Forces until 2004, when the 2nd Battalion of the Princess Patricia's Canadian Light Infantry moved to Canadian Forces Base Shilo.

"This Comprehensive Settlement Agreement reflects a renewed relationship that our government will continue to build on," said The Honourable Harjit S. Sajjan, Minister of National Defence. "This is a significant milestone in the relationship between

Canada and the Treaty One First Nations."

On behalf of the Honourable Harjit S. Sajjan, Minister of National Defence, and the Honourable Carolyn Bennett, Minister of Crown-Indigenous Relations, the Honourable Jim Carr, Minister of International Trade Diversification, joined Chief Dennis Meeches, Long Plain First Nation; Chief Deborah Smith, Brokenhead Ojibway Nation; Chief Glenn Hudson, Peguis First Nation; Chief Craig Alexander, Roseau River Anishinabe First Nation; Chief Derrick Henderson, Sagkeeng First Nation; Chief Lance Roulette, Sandy Bay First Nation; and a representative, on behalf of Chief Francine Meeches, Swan Lake First Nation in a signing ceremony in Winnipeg.

"This day marks the beginning of a remarkable journey for the people of Treaty One," said Chief Deborah Smith, Brokenhead Ojibway Nation. "Kapyong represents economic reconciliation and an opportunity for Treaty One First Nations to be included in the economic prosperity of our ancestral lands. This day also marks the beginning of a journey which will see the rebuilding and strengthening of our nations. I believe most importantly it is a time of hope for our people to build a future deserving of our next seven generations."

This agreement outlines the terms for the sale of the Kapyong Barracks land, based on the shared understandings outlined in the April 2018 Agreement in Principle. It represents a renewed, positive relationship between Canada and the Treaty One First Nations. We remain committed to working together toward the final transfer and redevelopment of the lands.

Under the terms of the Comprehensive Settlement Agreement, the Department of National Defence will sell 68% of the Kapyong Barracks property to the Treaty One First Nations. The remaining 32% of the former Kapyong Barracks lands will be sold through a separate agreement to the Canada Lands Company CLC Limited for redevelopment.

The transfer of the former Kapyong Barracks lands to the Treaty One First Nations is expected to happen once Canada and the First Nations have completed the necessary steps for the creation of reserve lands. While timelines can vary, this is anticipated to take four to five years.

Toonie Walk and Run 2019 Kicks Off the GCWCC Season



Participants in the 2019 Toonie Walk and Run line up at the start line before commencing the event, on August 28th, 2019 at 17 Wing. Photo: Cpl Kyle Morris, 17 Wing Imaging

by Martin Zeilig, Voxair Photojournalist

"What a beautiful day," was repeatedly overheard during the 2019 Toonie 3 K Walk/5 K Run on the morning of August 28 as an estimated 300 military and civilian personnel participated, according to event organizer Devon Klassen, Fitness and Sports Instructor.

Acting Wing Commander Lieutenant-Colonel Scott Ash and Wing Chief Warrant Officer Claude Faucher each gave brief greetings at the start.

The annual event, which is done in cooperation with the Canadian Armed Forces Physical Performance Strategy, is held as an early kickoff in support of the Government of Canada Workplace Charitable Campaign.

The GCWCC is a charitable giving option developed exclusively for federal public servants and federal retirees, says the Government of Canada website. The annual GCWCC takes place in federal workplaces across the country during the fall campaign period, September to December.

"It took a couple of weeks of non-stop work to coordinate the whole process and get everything done that needed to be done," Klassen said afterwards as people were enjoying some light snacks at the tables set up behind Building 90. "This is a good way to make people aware of the fundraising season."

Due to the construction taking place on Whytefold Avenue, the route, which began in the parking lot area, was changed this year to a circuit around the track followed by walk around the PMQs for the 3 K Walk and two laps for the run portion, he added.

"I'm here to get some exercise and get out from behind the desk and the computer and exercise my lungs and free up my mind," said Major Kevin Lattemore, who works at 1 Canadian Air Division and was recently posted here from the Canadian Forces College in Toronto. "I think it's a great way for all of us to contribute. The money goes back to the immediate community, which I'm a big fan of," he said while walking at a fast pace.

"We're walking today to support a great cause, the United Way Campaign," Jackie Kurceba, CFB Winnipeg Golf Club Manager said and also praised Dawn Redahl, 17 Wing Sports Coordinator, for leading the participants in a great warmup prior to walk/run.

"It was classic Dawn style," Kurceba commented.

"Lots of energy. It was a high intensity warmup."

Miranda and Jeanette, who both work for Wing Cleaning, were chatting as they strolled along together.

"It's a beautiful day," Jeanette said. "It's good to get away from work for a while and go for a nice walk. Nobody judges you for it. It's nice to be able to donate and support a good cause."

Meanwhile, other PSP members and Sports & Fitness Instructors were directing traffic at strategic sections along the way and assisting at the event.

"I'm out today because I think it's important to be part of this military community," said Major Jean-Pierre Carriere, from 1 CAD, who was walking with his wife, Brinda Chengadu, French Services Coordinator and Receptionist Second Language Program at the Military Family Resource Centre.

"It's a beautiful day and for a good cause. We all should do the same."

Chengadu said it was important to support this good cause-- GCWCC and the United Way.

"We help each other, so that nobody is left behind," she added.



Participants in the 2019 Toonie Walk and Run, refuel with nutritious snacks, at a table set up by 17 Wing PSP, on August 28th, 2019 at 17 Wing. Photo: Cpl Kyle Morris, 17 Wing Imaging

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New Wing Chaplain Says Role Crucial to Well-Being of Military Members



Major Kevin Olive is the new 17 Wing Chaplain. He was interviewed on his recent appointment to his new position.
Photo: Martin Zeilig, Voxair Photojournalist

by Martin Zeilig, Voxair Photojournalist

Lieutenant-Colonel Quick, formerly the 17 Wing Deputy Wing Commander, cannot say enough about chaplains. "Chaplains are vital members of our team and are often the first point of contact for military members or family members in distress. They also provide the Commanding Officers with crucial context when complex personnel issues are addressed."

Major Padre Kevin Olive, the senior chaplain at 17

Wing, said the role chaplains play in the military is not rocket science but it is still crucial to maintaining the overall well-being of personnel in the Canadian Armed Forces.

"Our job is to stand in the gap for people on behalf of the Chain of Command," Maj Olive said during an interview in the reception area of his main floor office at Wing Headquarters. "Our mission is to make sure that members are heard and cared for. We care for people. Our priority is meeting peoples' needs."

Prior to his current job, which was held by Major Padre Hope Winfield for the past three years before her departure to Edmonton this summer, Padre Olive worked at 1 Canadian Air Division as the staff officer to the Division Chaplain.

Before joining the CAF in 2008, he was a civilian minister for about 15 years in Selkirk, Manitoba; Vancouver, BC; and other places. During the first Gulf War, 1990-91, he was a graduate student at Hebrew University in Jerusalem studying the Hebrew language and the Bible.

Padre Olive did his undergraduate studies at Brandon University and also obtained a Master's Degree in Divinity studies from the University of Saskatchewan.

"I received a scholarship from the Asper Foundation and the former Young Men's Hebrew Association," he added, noting that a "conversion experience" at age 17 changed his life's path and eventually led him towards the ministry. "That community was very good to me. They supported me."

He said he joined the CAF because of the war in Af-

ghanistan.

"It was a great honour for me to be chaplain to 2 PPCLI (2nd Battalion, Princess Patricia's Canadian Light Infantry), which used to be based in Winnipeg," added Padre Olive. "I actually was on the last mission in Afghanistan in 2014 so I did the last Remembrance Ceremony there and participated in the flag lowering ceremony. A lot of my experience comes from dealing with the fallout from the war. In 2016, I came to 17 Wing and did a year here to expose myself to the Air Force. Then I went over to 1 CAD."

A key emphasis of the chaplains' role for the RCAF is the implementation of the Sentinel Program, he said.

The Sentinel Program is a peer-support program led and overseen by Canadian Armed Forces chaplains that was introduced to the Canadian Army in 2007 by the 2nd Canadian Division in Valcartier, Quebec.

Sentinels are trained volunteer CAF members and DND employees who support their peers within their units, particularly in times of distress.

"Sentinels have been trained here on the Wing," said Padre Olive, stressing that he'd like to oversee their continued training here.

"I have a real interest in resiliency, particularly spiritual resiliency," he said. "I'm hoping down the road we can have some lunchtime talks on resiliency."

Part of his role is also to work with the Defence Aboriginal Advisory Group, "to promote Indigenous spirituality", he observed, through things like use of the sweat lodge-- located just behind the Wing Chapel.

"I really enjoy the sense of family in the military," Padre Olive said. "We have a great team here."

Padre Olive, along with his wife, Lisa Olive, a respiratory technician for a private company, have three young adult children-- two sons and a daughter.

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College Corner



Barker College Goes to Hollywood

Barker College has a cameo in the movie *Night Hunter* that is out on DVD and Blu-Ray and on digital streaming. *Night Hunter* is a psychological thriller and tells the story of the capture of a notorious online predator only for the police to discover that his crimes go further than anyone thought. The movie features some of Hollywood's biggest stars including Sir Ben Kingsley, Stanley Tucci, Nathan Fillion, and Henry Cavill.

In the movie, a scene features a police command centre. Filling the role of the command centre is the Barker College's Simulation Lab. From 3 to 7 March 2017, the film crew transformed the Simulation Lab into a command centre. The film crew changed the memorabilia at Barker College from the RCAF to those of law enforcement. The Sim Lab screens all displayed green screens to allow the post-production team to put what they needed for the scene. To ensure proper lighting, the crew used a giant lift in the Building 84 parking lot to shine powerful lights into the Sim Lab. Several of the major actors including Stanley Tucci, who signed the Barker College Guest Book, and Henry Cavill were at the Barker College for the scene.

Deputy Wing Commander Gives Unique Farewell



Lieutenant Colonel Jean-Marc Fugulin, incoming Deputy Wing Commander, Colonel Eric Charron, Commander 17 Wing Winnipeg, and Lieutenant Colonel Brian Quick, outgoing Deputy Wing Commander, sign the certificates during the Deputy Wing Commander Change of Appointment ceremony at the Officers' Mess, 17 Wing Winnipeg, on September 3, 2019. Photo: Sgt Daren Kraus

by Capt Christine MacNeil, 2 CAD PA OJE

Lieutenant-Colonel Brian Quick passed the reins of the 17 Wing Deputy Wing Commander organization to Lieutenant-Colonel Jean-Marc Fugulin in a ceremony presided over by Colonel Eric Charron, Commander 17 Wing Winnipeg, at the Officers' Mess on Sept 3.

After the arrival of the VIPs, Rabbi Dr. Notech Glogauer led the assembled group in prayer, then in his role as mc, he offered the observation that LCol Quick had served as the DWComd with dignity, honour, and integrity.

When LCol Quick took the podium, it quickly became

apparent that his would not be your traditional farewell speech.

Instead of a "short thank you and even shorter farewell", LCol Quick broke his speech into seven parts: an introduction, a musical interlude, an apology, a random thought, a welcome, a thank you, and a farewell. He pointed out that the Wing consists of 'individual silos of excellence', but the commonality is professionalism, and the quality of staff here make it easy to come to work each day. To LCol Fugulin, he offered a welcome to a high functioning and professional group, and to this group he offered the song "Thanks for the Memories."

"I would be remiss if I did not mention that 17 Wing/CFB Winnipeg is a very well led and managed installation," he said. "We are very well served by our Wing Commander and our Wing Chief. What I like best about both gentlemen is I know their intent, where they stand, how they ask for and welcome my input, and how they let me do my job."

Members of the 17 Wing band were a key part of LCol Quick's speech, playing songs throughout. Perhaps the most memorable was LCol Quick's personal soundtrack, the Deputy Wing Commander's March-the Imperial March from Star Wars.

LCol Quick returned to his seat, accompanied by his personal soundtrack, before the signing of the certificates took place. With all signatures in place, LCol Fugulin officially assumed the role of Deputy Wing Commander, and Colonel Charron took the podium to speak a few words.

"The Deputy Wing Commander is a piece of yourself when you're the man in charge," said Col Charron and related how he lost his right arm, the Wing Chief earlier

in the year and compared the DWComd to his left arm. He said it's painful at the time but the limb is soon reattached.

Col Charron thanked LCol Quick for the many successes he had in office, including the unexpected task of organizing 17 Wing as the training base for the Queen's Guard. He highlighted the fact that LCol Quick volunteered to organize the Air Force Run, which then saw increased participation for the first time in years, and volunteered to coordinate GCWCC, which saw increased contributions, also for the first time in years. He wrapped up his thanks to LCol Quick with a thank you for being a trusted advisor and friend over many years.

Col Charron then welcomed LCol Fugulin, mentioning that the various exotic locations that LCol Fugulin has been to will help him adjust to the 'dry heat' of Winnipeg, and his command experiences have helped prepare him for this position. As well, he noted that LCol Fugulin is physically fit and has achieved the Gold Standard on the Force Test.

LCol Fugulin took the podium and got a laugh as he apologized for not having a funny part, music or the band, but stated that his would be short. He then joked that Winnipeg is the second coldest city on Earth with a population over 600,000, the first being Ulan Bator, and he was glad he wasn't being posted there.

"A community is not defined by its weather, but by its people," LCol Fugulin said and added that he is looking forward to enjoying everything the city has to offer.

He said he felt honoured, privileged and humbled to assume this position, and thanked the Wing Commander for the opportunity to assume control of the organization.

WCWO Faucher Ready For 17 Wing



17 Wing Chief Warrant Officer (incoming), CWO Claude Faucher, 17 Wing Commander, Colonel Eric Charron, and 17 Wing Chief Warrant Officer, CWO (outgoing) Jérôme Rossignol sign the Change of Appointment certificates, at the 17 Wing Chief Warrant Officer Change of Appointment on May 15th, 2019 at 17 Wing, Winnipeg. Photo: Avr Tanner Musseau-Seaward, 17 Wing Imaging

by Martin Zeilig, Voxair Photojournalist

Wing Chief Warrant Officer Faucher assumed his position here at an official ceremony in early June, taking over from former WCWO Jerome Rossignol.

"If you don't know what the community needs, it's very difficult to help that community," WCWO Faucher, a native of Montreal, Quebec, said during an interview at Wing Headquarters in late August. "You have to be out there to be seen. They need to see you. I'm going to try to be seen as much as possible in the community."

Chief Warrant Officer Faucher joined the Canadian Armed Forces in 1985 as an Airframe Technician, notes his biography. After graduating from the Canadian Forces School of Aerospace Technology & Engineering (CFSATE) he underwent secondary language training in CFB St-Jean.

CWO Faucher served at 410 Squadron in Cold Lake, Alberta and at 439 Squadron in Germany on the CF-188 Hornet. Upon closure of CFB Baden Soellingen, Germany, he was transferred to 430 Squadron in Valcartier where he maintained both CH136 Kiowa and later the CH146 Griffon helicopters. CWO Faucher served at the Canadian Forces Recruiting Centre in Quebec as a Re-

cruiting Sergeant for three years, before returning to the Griffon community at 439 Combat Support Squadron in Bagotville as a Senior Aircraft Maintenance Superintendent (SAMS). In July 2011, CWO Faucher was promoted to Master Warrant Officer and posted to 1 Canadian Air Division in Winnipeg to assume the duties of A4 Maintenance Tactical 2-2 for three years followed by one year in the Combined Aerospace Operation Centre (CAOC) as the Air Maintenance Mission Support 2.

He was promoted to his current rank in July 2015 and posted to 14 Wing Greenwood to be the new Squadron Chief Warrant Officer (SCWO) at 413 Transport Search and Rescue Squadron. In the summer of 2017, CWO Faucher was appointed as the Deputy Judge Advocate CWO in CFB Borden, ON, until his move to Winnipeg to assume the role of the 17 Wing CWO.

During the course of his career, CWO Faucher has deployed to Haiti, Bosnia and Afghanistan.

CWO Faucher and his wife, Debbie, have three children: a son Eric, a member of the RCAF, and two daughters Danielle, who's studying to be a nurse, and Sarah, a Social Work student at the University of Manitoba.

WCWO Faucher, a competitive runner, said he was influenced to join the CAF by his older brother who's now a Major in the Reserves in Ottawa.

"It motivated me to join," he noted. "I joined as an airframe technician, which suited my needs -- working with my hands on a modern fighter aircraft, the CF-18 Hornet."

During the conversation, WCWO Faucher reflects on a few of the highlights in his 34 year career in the CAF.

"Working on the F-18 as a young tech and in Germany was awesome," he said. "Everywhere I've been has been challenging sometimes. Being chief of a unit is a really rewarding experience. You work all your career to achieve that. It's not easy at first because you have big shoes to fill. You're only as good as the people who surround you."

He also called working in the legal office at Borden a rewarding experience.

"I learned so much there," he said.

In his current role, WCWO Faucher's job is primarily to support the Wing Commander.

"I'm his advisor," he observed. "Any decision that has to be made that will influence the NCMs (non-commissioned members) or any member on base I need to know about and be in on the early decision making process. I need to be fully aware of what is happening on the base. You have to be on top of all issues."

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Family Thanks 435 Sqn For Search 39 Years Ago



(L-R) Lieutenant-Colonel John Coffin, 435 Squadron Commanding Officer, Kevin & Cindy Casper and Chief Warrant Officer (CWO) Paul Nolan, 435 Squadron CWO, after the plaque presentation at 435 Squadron, 17 Wing Winnipeg, MB, on July 10, 2019. On August 21, 1980, 435 Squadron responded to George Casper's Piper Cherokee aircraft, CFXSA, crash near Hunting Lake, SK. Kevin Casper came to 435 Squadron to share the story of his father's crash and to thank them for their Search and Rescue support. Photo: Sgt Daren Kraus

by Martin Zeilig, Voxair Photojournalist

Standing before some 50 members of 435 Transport and Rescue Squadron in Namao Hall on the third floor of Hanger 10 on July 10, a civilian guest from Calgary, Alberta, Mr. Kevin Casper, conceded that being there provided him with a sense of closure for a tragedy that took place 39 years ago.

It was the end of a long and emotional journey, he said.

Mr. Casper, who was with his wife, Cindy Casper, was visiting Winnipeg to say thank you to the current members of 435 Sqn for the efforts of that air unit and the Search and Rescue Technicians back then in locating a downed aircraft with the bodies of four men, including his father, George Casper.

Mr. Casper addressed the gathering at the end of 435 Sqn's daily morning briefing.

He also presented Lieutenant-Colonel Johnny Coffin, Commanding Officer of 435 Sqn, with a small plaque that told the story of what happened 39 years ago, as

well as the old survival knife that aircrew were issued back then.

LCol Coffin noted that 435 Sqn was based out of Edmonton at the time.

"They played a critical role in finding his father and those others who perished along with him," he said afterwards. "Today provides much needed closure to the family through years of searching for the story. Kevin and I connected this past month. We provided some historical context through 435 Squadron's perspective. He really wanted to come to the squadron to make a presentation and thank us for the work that we had done."

LCol Coffin commented that members of 435 Sqn provide 24/7 assistance for search and rescue efforts in Canada.

"But to connect with a family like that puts it all in perspective," he added. "It gave me goose bumps and it definitely motivated the squadron to know that that's the impact we're having on the lives of Canadians. It gives us the motivation and intrinsic value to come in every day to do this work."

From the inscription on the plaque:

"Call sign CF-XSA was a four seater Piper Cherokee returning from Regina to Meadow Lake, Saskatchewan on the evening of August 20, 1980.

"On board were pilot Arnie Betker and passengers George Casper, Bert Snyder and Jim Gallagher. When the plane was unresponsive and overdue on its final leg, it was clear something had gone very wrong.

"Authorities were notified in the early morning hours of August 21 and Canadian Forces 435 Transport and Rescue Squadron dispatched a C-130 Hercules from CFB Namao at dawn.

"At midday the Herc spotted the downed plane in heavy bush 20 miles southeast of Meadow Lake. Two SAR Techs parachuted into the crash site and confirmed that our worst fears had been realized.

"The SAR Techs cleared a spot for a helicopter to land and assisted in the recovery of the victims."

"The affected families would not have been able to lay husbands and fathers to rest without the capability, courage and commitment of 435 Squadron. We are forever grateful.

"Presented by Kevin and Cindy Casper July 10, 2019."

Mr. Casper, who works in the oil and gas industry, said that the tragedy had a devastating effect on the family-- his mother, sister and himself.

"But, in the months that followed, when some of that went away, I reflected back on how fortunate we are that we have closure," he said. "That we have an opportunity to bury our loved ones. And, I wanted to say 'Thank you' to whoever was involved in that."

His father, who worked as a lineman for Saskatchewan Power, was an accomplished outdoorsman, Mr. Casper observed.

Over the years, he was unsuccessful in locating those responsible for finding the downed Cherokee and bringing the bodies back for burial.

"But, in the last short while, I've been able to track down this information and put all the pieces together and 435 Squadron's involvement in all this, which I didn't know until a short time ago," Mr. Casper, who was 20 years old at the time of the accident, said.

"It was highly emotional coming up to this. What I didn't realize was things that I had buried a long time ago decided to come to the surface in the last few weeks. This has been very fulfilling and healing. My father and I were very close."

Cindy Casper commented that visiting 435 Squadron was important for her husband.

"He kept his feelings about the loss of his dad pretty close to his heart for a longtime," she said. "This has brought him a lot of closure and peace. I know that he feels very proud to find out the story and to be able to thank those who helped. It's closure for him and his family."

Mr. Casper, who emphasized that he was honoured to have a connection to 435 Sqn, said that he'd also "love to find those CAF personnel" who jumped that evening and say 'thank you' to them too.

"I was able to contact the coroner who was taken into the site by a CAF helicopter," he explained. "He gave me his recounting of the story, which was extremely insightful. He gave me a lot more appreciation for what 435 Squadron did that day."

Meet Your Wing Refueling Section



Refueling Trucks, at your service! Photo: Supplied

by Cpl Jorgensen & Lt Rowlandson

Welcome to 17 Wing Refuelling Section! We are the Section of 17 MSS Transport that handles aircraft refuelling for local, transient and foreign aircraft (AC). We operate out of Bldg. 96 along with Supply Techs and Maintainers to ensure all refuelling tenders are serviced and that fuel is contaminant free.

The day crew's shift begins with a handover from the night crew followed immediately with the daily checks. Each of the refuelling tenders is inspected daily along with a series of tests on the fuel. Testing the fuel every day is vital to ensuring the safety of the AC, as tainted fuel can have catastrophic consequences. We take pride in knowing that the work we do contributes to a success-

ful mission.

Over the course of a year, we fuel thousands of AC. The majority of the AC that we service are local to 435 Sqn and 402 Sqn: the CC-130 Hercules and the CT-142 Dash-8 respectively. We also service many transient and foreign AC making their way through Winnipeg. Together with the AC fuel jobs, we also fuel ground equipment and heavy equipment (Diesel vehicles).

Every member of Refuelling Section goes through extensive training with qualified instructors and examiners. We often work

independently and therefore must be knowledgeable and must have a good work ethic. As well as practical knowledge of the job, we pride ourselves in passing on smart work practices and good attitude.

Because we are a small section that operates 24/7, we work in pairs on 12 hour shifts. It's very important to pair people up who get along and work well together. We have four well paired work crews and, as a result, we have a smooth work process where information is passed from team to team seamlessly at every shift change. The smooth transition is especially important for our rotating shifts that do not see each other or the chain of command on a daily basis.

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Improving training & performance through RCAF Validation



by **LCdr James Cantafio, Training Development Officer, 2 CAD**

A revitalized 2 Canadian Air Division (2 CAD) validation team is making use of real data, analysis, and the facts to improve both training and job performance for the RCAF.

Validation is about making change based upon real data, facts, and analysis. In general, validation assesses the impact of training and other factors on job performance. An important phase of the Canadian Individual Training and Education System (CFITES), validation serves as a process to determine how well members of the RCAF are trained to perform their jobs. In essence, the validation process serves to assess whether the training that RCAF members receive actually prepares them to do their work.

Recognizing the value added by reflecting upon how well training, education, experience, and process impact job performance, 2 CAD is investing greater support towards the validation process as a means of improvement. The RCAF manages over 500 individual qualifications which are associated with three times that many training or professional development courses. These courses are conducted in-house, by distance learning, contracted, or through foreign military arrangements. Hundreds of courses are delivered to thousands of RCAF personnel each year. But how well do these courses actu-

ally prepare RCAF members to perform their jobs?

Within 2 CAD, there is a small validation section whose focus is directed towards improving the effectiveness of training and operations for the RCAF. While validation has long been an important process within the RCAF, 2 CAD has recently taken interest in the important role that validation plays in the change management process. 2 CAD change management involves improving the quality of training across the RCAF

Typically, a validation study is conducted by an external organization to the teaching establishment. This study occurs well after graduates have had an opportunity to work on the job, typically this is six to twenty-four months after graduation. This offers RCAF graduates the opportunity to apply their new skills, knowledge, and attitudes on the job. Supervisors also play a role. They are aware of the expectations of the job, based upon their experience. Therefore, both recent graduates and the supervisors who employ them are invited to complete surveys that seek information about the various activities and tasks that they perform for the RCAF.

The 2 CAD Validation section executes the validation process. With the assistance of each qualification's Qualification Manager, data collection models and tools are developed so that data can be collected, analysed, and presented in a formal RCAF a Validation Report. While the principle tool for data collection is the on-line survey, focus groups and interviews are also used. Surveys are administered in both English and French, depending on the target audience. Findings and recommendations are then proposed; these help subject matter experts evaluate and, where appropriate, improve training in support of operations. Largely through the actions and responsibilities of senior RCAF officers, Qualification Managers, and supervisors, action is taken on the basis of validation findings and recommendations.

The validation section is rather busy these days. With every validation study they complete, the value of their work gains greater recognition and attention. In 2017 and 2018, the Pilot, Air Combat Systems Operator and Airborne Electronic Sensor Operator qualifications were subject to validation studies. And are examples of how findings and recommendations can lead to real change. For example, one study suggested that there were significant delays between the various stages of aircrew training. This undermined the professional development and morale of the trainees. Increased aircrew training costs were another symptom. However, recom-

mendations in the validation report suggested ways to address these challenges.

Mr. Robert Nash is a retired military intelligence officer. For the last two years, Mr. Nash has been leading change within the validation section at 2 CAD. A strong supporter of the relevance and importance of Validation for the RCAF, Mr. Nash argues: "Training is a significant cost factor for the RCAF and Validation is one tool that ensures that the RCAF is achieving value for money in its training activities." As Mr. Nash advocates, "validation helps the RCAF improve the efficiency and cost-effectiveness of training by identifying inefficiencies in training that undermine the ability of military personnel to perform the tasks that the CAF needs them to in order to be operationally effective." Furthermore, "the validation process helps the RCAF identify tasks and even qualifications that are no longer relevant or required due to changes in technology, doctrine or processes."

With the addition of new contracted personnel and the assistance of students hired under the auspices of the Federal Student Work Experience (FSWP) programme, standardised processes and products, and a growing inventory of lessons learned, Mr. Nash sees a strong future for RCAF validation. As he explains, "we are on the move and growing ... several new validation studies are already underway and more planned for the coming year". What Mr. Nash finds particularly interesting is how different each qualification is, requiring a review of relevant documentation and extensive interaction with the stakeholders and subject matter experts for every qualification they assess. Validation depends on these experts because the validation coordinators cannot possibly know everything there is to know about training RCAF personnel.

Validation is one element of the performance measurement and continuous improvement framework of the RCAF. Validation helps the RCAF extract greater value out of its limited training budget by identifying inefficiencies and redundancies. As Mr. Nash suggests, "Our work can expose lessons that could be learned and best practices that could be adopted to improve training, professional development, and the work performed by the RCAF." For more information on RCAF Validation, email Mr. Robert Nash and the Validation section at 2 CAD at

E-mail: +AFValidation@2CAD@Winnipeg

Volunteers Appreciated at the Goldeyes Game



17 Wing volunteers from PSP, MFRC, and the Wing Chapel enjoy peanuts and popcorn and crackerjack at the good ol' ball game. Photo: Martin Zeilig, Voxair Photojournalist

by **Martin Zeilig, Voxair Photojournalist**

There was not much to celebrate in the Winnipeg Goldeyes dugout during and after their game against the Saint Paul Saints earlier in July.

Home runs and base hits were being hammered from the bats of the visitors who defeated the Goldeyes, 10-12,

before a crowd of about three thousand people at Shaw Park.

But, the score didn't disrupt the enjoyment of the 70 people seated both inside and outside at the two sky suites for the Personnel Support Programs and Military Family Resource Centre annual Volunteer Appreciation evening.

"This is to acknowledge our volunteers who help out through PSP, MFRC and the Wing Chapel," said Ashley Clement, Community Recreation Coordinator, who organized the evening, along with John Bailey, Employment and Education Coordinator at the MFRC.

She noted that about 35 of those in attendance were volunteers.

Funding for the volunteer appreciation event comes from the national office of Canex, Clement said.

"We did this initially in May, but unfortunately it was rained out," explained John Bailey, who was at the game with his wife, Tina Bailey, the new head of PSP at 17 Wing. "This demonstrates our support and appreciation for the volunteers who help out with all our programs and services we run at PSP, MFRC and across 17 Wing. This event lets our volunteers let their hair down and enjoy themselves. The game's good. It's nice to see them playing."

Jolene Tod, a board member and volunteer at MFRC, said being at the game was a great way for PSP and MFRC to show their appreciation to the volunteers. She

was at Shaw Park with her husband, Corporal Brad Tod, and their three daughters-- seven year old Evelyn, Jacqueline, 5, and three year old Audrey.

"We can all come together like this and enjoy a night out," she said. "I've been volunteering for five years and enjoyed every minute of it. It's very rewarding."

Sergeant Therese Stark, who has been a volunteer at the 17 Wing badminton club for the past two years, said she was having a lot of fun being at the ball game.

"It's great here," she added, as Latino music blared from the loudspeakers. "It's something different."

Sgt Stark also mentioned that she's being posted out this summer.

Mike Clementson, the Canex store manager, said it's always fun participating in the volunteer appreciation events.

He also pointed out that some of his employees were at the game.

"We used to do volunteer appreciation at Celebrations Dinner Theatre," Clements said. "Last year, we did it at the Assiniboine Park Zoo. We decided to change it up and try something different this year. So, we looked into pricing for different venues. We played around with doing the ballet and something in a more artsy venues because people really do enjoy Celebrations. Then, we thought let's try the Goldeyes and see what they have to offer. They were super accommodating. After the first game got rained out, they arranged another date, today, for us. I love baseball."

17 Wing Nijmegen Team Recounts Journey



Members of the 17 Wing Nijmegen Team pose for a selfie during their stay in the Netherlands. Photo: Supplied

by Martin Zeilig, Voxair Photojournalist

Lieutenant Chris MacLean had nothing but praise for the 12 member contingent he led from 17 Wing during the 103rd Four Days Marches in Nijmegen, The Netherlands, July 16-19.

"We did over 1000 kilometres of marching, including training and Nijmegen itself," he said during an interview, along with Master Warrant Officer (ret) Mike Tintor, the Second In Command of the team, on September 3. "The team performed so well."

They were part of the 175 member Canadian Armed Forces contingent representing units from coast to coast-- including some Reservists-- plus about 20 support staff, taking part in the Marches.

"The Four Days Marches are a walking achievement event for four consecutive days, in which annually tens of thousands walkers are participating," says the Nijmegen website. "On those days, people from all over the world come to Nijmegen to walk in and around the city and its beautiful wooded surroundings. Thousands of spectators are cheering on the walkers along the route every day. After four days of walking, a glorious entry along the Via Gladiola awaits the walkers, followed by the distribution of their well-deserved Four Days Medal (Vierdaagsekruis)."

Participants walk 30, 40 or 50 kilometres daily depending on their age and gender, says the online information.

Originally a military event with a few civilians, it is now a mainly civilian event. Numbers have risen in recent years, with over 40,000 taking part -- including about 5,000 military.

Lt MacLean, Personnel Selection Officer, Personnel Services, 17 Mission Support Squadron, noted that during the last week of training the local contingent did a 25 km and then a 30 km march.

"We flew from here to Ottawa," he said.

The group even got to meet Prime Minister Justin Trudeau and General Jonathan Vance, Chief of Defence Staff, Canadian Armed Forces, in the Canada Reception Centre in Ottawa.

"It was just unexpected," Lt MacLean said. "He (the PM) just happened to be there. He came over and spoke to us. It was small talk."

They flew out to Lille, France onboard an Royal Air Force plane on July 11.

After freshening up, they then went straight to the Canadian National Vimy Memorial, a war memorial site in France dedicated to the memory of Canadian Expeditionary Force members killed during the First World War, he added.

"The entire Canadian contingent did a ceremonial parade there," Lt MacLean said.

The CAF team also went to the Groesbeek Canadian War Cemetery and Memorial, a Second World War Commonwealth War Graves Commission military war grave cemetery in the village of Groesbeek, eight km southeast of Nijmegen, he added.

Of the total 2,619 burials, the cemetery contains 2,338 Canadian soldiers.

"We followed Canada's advance (through France and Belgium) during the Second World War via bus," said MWO (Ret'd) Tintor, who is now a civilian employee at 17 Wing.

They arrived in Nijmegen on the evening of July 16.

The Canadians and other military contingents from various countries stayed in temporary encampments just over three kilometres from Nijmegen town centre, Lt MacLean observed.

"There were 16 bunk beds per tent," he said. "Our earliest wakeup was 2:30 AM and we left at 4:30-5:30 AM. We ate breakfast before we left. I was impressed with the way the camp was put together. You could tell that they've done it a lot."

They first had to march to the start line in Nijmegen before beginning their daily 40 km march, MWO (ret) Tintor said.

"We had to carry the basic minimum in our packs which was 22 pounds," Lt MacLean said. "Most people had five to fifteen pounds more depending on how they packed. The medic carried more."

"You're always marching out of the camp to a different location, and then back to the camp that evening. You're doing loops. When we trained we were singing because we heard that singing is like a horn on your car to get people out of the way. If we got in a crowded area, one of us would start singing and then the rest of us would join in. People would just move out of the way. Everyone was marching together-- military and civilian together, more or less."

MWO (ret) Tintor said that participating in Nijmegen wasn't about doing the march, itself, so much as it was about professional development.

"Vimy and Groesbeek were my primary focus," he admitted. "It was the end of my career after 34 years. I enjoyed the first day but things went south pretty quickly. After that, it was just a lot pain. It changes your body. There are other people who still have issues with their feet and hips."

For Lt MacLean, it was the challenge of leading the group.

"That was my motivation," he emphasized. "As for the march itself, I don't know if I would do it again voluntarily-- the amount of training involved, the change in my fitness level. The challenge, itself, was the hardest part for me, moving the group."

Lt MacLean also was impressed by the welcoming crowds of people.

"As an individual, it makes you feel that it was worth it," he said. "To see how appreciative the people of Holland are of Canadians, and what our forefathers did for their country (to help liberate it during the Second World War). It was incredible to be recognized and to be part of that."



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Around The Wing



Wednesday August 28th was Air Cadet Night at the Goldeyes. There were 170 air cadets from across the province in attendance. The Air Cadet League of Canada (Manitoba) had a promotion table and the Air Cadet Concert Band performed a pre-game concert, as well as the national anthems. The band was comprised of cadets from multiple squadrons under the direction of Mr. Howard Mar. Photo: Supplied



Royal Canadian Airforce CT-114 Tutor Aircraft, fly over 17 Wing, at 17 Wing Winnipeg Manitoba, on 22 August 2019. Photo: Cpl Kyle Morris, 17 Wing Imaging, Winnipeg, Manitoba

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Around The Wing



Gimli Cadet Flight Training Centre Cadets try the Fire Hall's precision forcible entry testing device during their visit to 17 Wing Winnipeg, MB, on August 9, 2019. Image by: Sgt Daren Kraus, 17 Wing Photojournalist



Lieutenant Colonel Brian Quick, Deputy Commander of 17 Wing Winnipeg, and Major Kevin Olive, 17 Wing Chaplain, promote Lieutenant Antin Slobada's, 17 Wing Chaplain, to the rank of Captain, Wing Head Quarters, 17 Wing Winnipeg, MB, on July 30, 2019. Photo by Sgt Daren Kraus, 17 Wing Photojournalist



Cpl Patricia LaViolette received the Physical Fitness Award for Aerobic Excellence from LCol Ken Mills, CO 17 MSS, and SCWO Tony Savard. Photo: Submitted



MWO Ken Reynolds, 435 Squadron Loadmaster Leader, presents Cpl Dave Blackburn with the Loadmaster coin during the sqn operations brief on July 10. Photo: Sgt Daren Kraus

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Sports Trivia

Touching All Bases

by Stephen Stone and Tom Thomson

Let's grab some peanuts and Cracker Jacks and play some ball with questions about baseball's pitching and hitting records.

1. Only two pitchers who recorded 3,000 or more strike outs in their career are not in the Hall Of Fame, mainly for reasons outside of baseball. Who are they?
2. Who is the most recent member of the 3,000 strike out club?
3. Who are the only three lefties to toss 3,000 or more strikeouts in Major League Baseball?
4. Who are the only members of the 4,000 or more strikeout club in MLB?
5. Who was the first pitcher to toss 3,000 or more career strikeouts?
6. Who was the second pitcher to join the 3,000 plus club?
7. Who is the only member of the 5,000 club?
8. Who was the first member of the 3,000 hit club?
9. Who was the last MLB player to record baseball's batting triple crown twice?
10. Who was the last pitcher to win baseball's pitching triple crown twice? He did it in consecutive years.
11. Who was the first unanimous choice for election into Major League Baseball's Hall of Fame?
12. How long is the waiting period for eligibility into the Hall of Fame?
13. Who were the first players selected to the Hall of Fame in 1936?
14. In which years was no one elected to Baseball's Hall of Fame?
15. Who was the only player elected to the Hall of Fame in 1988?
16. Who holds the career record for pick-offs by a catcher with 81?
17. Who holds the record for most Gold Glove awards for a shortstop?
18. Who holds the record for most Gold Glove awards for a third baseman?
19. New York Giants pitcher Carl Hubbell had an amazing win streak of 24 consecutive games in the 1930s. Which American League pitcher came close with 20 consecutive wins between the 1998 and 1999 seasons?
20. In 1968 Bob Gibson of the Cardinals had an amazing 1.12 ERA. Which American League pitcher in the 1981 threw a paltry 1.04 ERA?

Sports Trivia Answers on page 14

Ghost Squadron Hard at Work on Aircraft Restoration



The Ghost Squadron, in front of Beechcraft Expeditor (Left - Right): WO Sonny Hamilton, Gord Crossley, Don Trueman, Gerry Suski, Stan Blady, Robert Arnold, David Walker, Sgt Doug Carpenter (1 CAD Museum NCO). Photo: Martin Zeilig, Voxair Photojournalist

by Martin Zeilig, Voxair Photojournalist

If all goes according to plan, a twin engine Beechcraft 18 Expeditor will be back on display on the Parade Square before the snow flies this winter.

The plane, which presently sits inside a big white tent by Building 32 at the northeast corner of the base, was once used as a training aircraft at RCAF Station Winnipeg, as 17 Wing was then called, Wing Heritage Officer Gord Crossley, a former long-time member of the Army Reserves, said.

He was interviewed recently along with members of the Ghost Squadron-- a group of volunteer historic aircraft restorers.

Retired long distance hauler Robert Arnold has been volunteering with the Ghost Squadron for the past five years.

"I've always been fascinated by airplanes," he said. "I do volunteer work at Western Canada Royal Aviation Museum. I've been there for 40 years restoring aircraft."

He called the Beechcraft 18 "a workhorse" in the military in the 1950s and 1960s.

The Beechcraft Model 18 (or "Twin Beech" as it is also known) is a 6- to 11-seat, low-wing, tailwheel light aircraft manufactured by the Beech Aircraft Corporation of Wichita, Kansas.

The Twin Beech was continuously produced from 1937 to November 1969 (over 32 years, a world record at the time), over 9,000 were built, making it one of the world's most widely used light aircraft.

During and after the Second World War, over 4,500 Beech 18s were used by militaries around the world as light transport, light bombers, aircrew training for

bombing, navigation, and gunnery, photo-reconnaissance, and for towing target drones.

"This particular plane was retired in the early 1960s," Arnold said. "This is an easy plane to work on. My job on this particular aircraft was sorting out wing bolts, all the parts needed to put it back together again. I was fixing some of the windows. I did the dome on top. That sort of stuff. I enjoy my time here. These are a good bunch of guys, and the work keeps you occupied."

Crossley commented that the Expeditor was primarily used as a navigator trainer by the Navigation College (now Barker College).

"We trained a lot of Canadian and NATO pilots and Australian and New Zealand pilots," he said. "We're bringing that aircraft back to a state where it can be displayed once again on Parade Square."

The Expeditors were sold as bush planes after their military days, Crossley observed.

"This particular plane ended up in Pine Falls, Manitoba after RCAF use. It came here in the 1990s and restored to RCAF appearance and now we're doing it for the second time. We started focusing on it this summer when we knew we were going to get some funding for painting."

There is some funding available from 1 Canadian Air Division for the restoration in support of the display aircraft, mainly to purchase paint and tools, he said.

The volunteers sometimes bring their own tools too, Crossley offered.

"We're use NPF (Non-Public Funding) for the painting contract," he said.

Besides the Beechcraft, the Ghost Squadron is also doing restoration work on a Bristol Bolingbroke, Second World War light bomber. The plane sits in two parts inside Building 32.

"After the war, all the Bolingbroke's were sold off to farmers," Crossley said amidst the sound of a volunteer grinding a piece of metal on a lathe situated on the nearby wall mounted workbench. "This was one purchased by a farmer near Macdonald (northwest of Portage la Prairie), and used for parts around the farm. The plane had a lot of damage from sitting outside for 70 years. None of the Bolingbrokes had any civilian value so they were all scrapped after the war. There's one left that flies in Britain."

The all-aluminum plane was developed in the late 1930s by the Bristol Aircraft Company, and manufactured in Canada under licence, he continued.

"The Canadian version had some variation," Crossley said. "It was a light bomber and in Canada used on both coasts as anti-submarine aircraft. But, it was primarily used as a training aircraft for bombing and gunnery training. It had a turret in the rear for air gunners. When we took the turret out of the aircraft, we actually found some live ammunition that was jammed in the fuselage. It had been there since 1942. We kept the casings and disposed of the live ammo."

He added that the Ghost Squadron has been working on this particular aircraft since late 2016.

"We took off the paint and we were digging out the dirt from many years," Crossley said. "We're kind of on hold with this aircraft now. This one is multiple years out from being on display."

In preparation for that day in the future when it is ready for display at 17 Wing Heritage Park, Crossley has prepared wording for a planned plaque.

It reads in part:

Placed in this Royal Canadian Air Force 17 Wing Air Heritage Park by the family of George Morris (1903-1993) and Annie Dorothy Morris (1906-2008) and is dedicated in their memory and the memory of all those who flew in her. Bollingbroke 9887 was built in 1942 and was flown at RCAF Station Macdonald, Manitoba, as a bombing and gunnery training aircraft in the British Commonwealth Air Training Plan. The "Bolly" was purchased by George and Dorothy in 1946 and moved to their farm not far from the Base where it remained virtually undisturbed for 67 years. The aircraft has been restored for display so that others may know of its contribution to Manitoba's military history.

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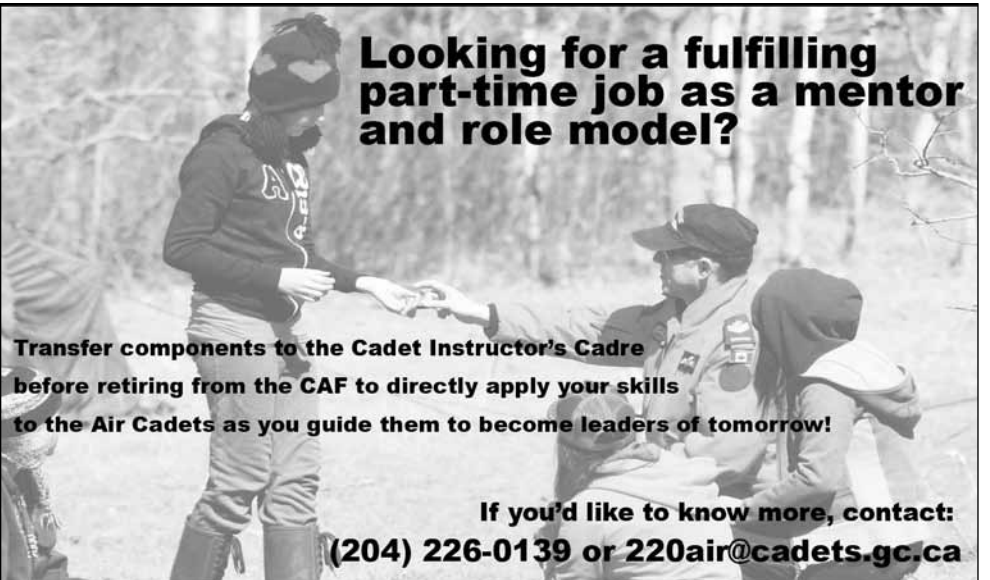
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- Bike Valet - Stationnement de vélos 0800-1500
- Live Band - Groupes Live

- Food Trucks - Camions-restaurants
- Food Tents & Tables - Tentes nourriture et table
- Building Entrance - Entrée du bâtiment
- Vehicle Display - Exposition de véhicules
- Smoke house & Obstacle Course - Simulateur d'incendie et course à obstacles
- Crafts & Facepainting - Artisanat et maquillage
- Foam Party (all ages) - Fête de la mousse (pour tous les âges)
- Community Showcase - Salons Communautaires
- Teddy Bear Clinic - Clinique de toutou
- Photo Booth - Photomaton
- Child Identification Clinic - Clinique d'identification pour enfants

Activities for all! Activités pour tous!

RESPECT IN THE CAF WORKSHOP RESPECT DANS LES FAC

Sept. 10 & 26 2019 10 & 26 Sept 2019
0800 - 1600 hrs 08h00 à 16h00

The "Respect in the CAF" workshop is intended to promote respect in the CAF through awareness and understanding, to empower CAF members to take a stand against sexual misconduct and to support victims.

L'atelier « Respect dans les FAC » vise à promouvoir le respect au sein des FAC en favorisant la prise de conscience et la compréhension pour encourager les membres à lutter contre l'inconduite sexuelle et à soutenir les victimes.

This course is Coded! Il s'agit d'un cours auquel on a attribué un code!

For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca

Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca

Advertise With Us!

And reach the 17 Wing Community

Contact (204) 833-2500 ext 4120

Blast Off the Pounds À l'assaut des kilos

16 Sept - 26 Nov 2019
16 septembre - 26 novembre 2019

Make the commitment, sign up today!
Engagez-vous et inscrivez-vous maintenant!

For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca

Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca

Managing Angry Moments (MAM) Gérer les moments de colère

30 Sept & 7 Oct 2019
0830 - 1600 hrs
30 sept et 7 oct 2019
08h30 à 16h00

Through education, MAM aims to help you identify the specific situations that provoke your anger and determine coping mechanism that will work for you.

Il s'agit d'un volet éducatif qui vise à vous aider à cerner les situations précises qui provoquent votre colère et à déterminer les mécanismes d'adaptation qui vous conviennent.

For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca

Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca

Free! MOVIE NIGHT SOIRÉE CINÉMA Gratuit! 2019

RATED R CLASSÉ R

SNACKS AVAILABLE FOR PURCHASE \$1 each

DES COLLATIONS SONT OFFERTES À 1 \$ chacune

WEDNESDAY • SEPTEMBER 18 SEPTEMBRE • MERCREDI

BLDG 90 THEATRE BÂT. 90 - THÉÂTRE

DOORS OPEN 1830 HRS LES PORTES OUVERT À 18 H 30

SHOW TIME 1900 HRS 19 H AU CINÉMA

For more information contact / Pour en savoir plus, veuillez contacter: ashley.clement@forces.gc.ca • 833-2500 ext./poste 7013

GOOD FOOD BOX PROGRAMME DE LA BOÎTE VERTE

Small Box \$18 Large Box \$28

Petite boîte 18 \$ Grande boîte 28 \$

BOXES ARE PREPARED MONTHLY! BOÎTES SONT PRÉPARÉES CHAQUE MOIS!

Orders can be placed online at www.cafconnection.ca/winnipeg

Passer sa commande par internet à www.connexioncaf.ca/winnipeg

Online order payment by credit card only. Orders are also accepted at the Rec Centre (Bldg 90) front desk with payment by cash, cheque, credit & debit.

La carte de crédit est l'unique modalité de paiement accepté par internet. On peut aussi passer sa commande au poste de surveillance du centre de loisirs (bât. 90) avec paiement par comptant, chèque, crédit ou débit.

SEPT: ORDER BY / DATE LIMITE FRI • 13 SEPT • VEND. PICK UP / RAMASSER WED • 18 SEPT • MER.

OCT: ORDER BY / DATE LIMITE FRI • 18 OCT • VEND. PICK UP / RAMASSER WED • 23 OCT • MER.

NOV: ORDER BY / DATE LIMITE FRI • 15 NOV • VEND. PICK UP / RAMASSER WED • 20 NOV • MER.

DEC / DÉC: ORDER BY / DATE LIMITE FRI • DEC 6 DÉC • VEND. PICK UP / RAMASSER WED • DEC 11 DÉC • MER.

PICK UP BETWEEN 1600 - 1730 HRS • BLDG 33 RAMASSER ENTRE 16 H À 17 H 30 • BÂT. 33

CFB WINNIPEG GOLF CLUB CONGRATULATIONS!

To our 2019 CLUB CHAMPIONS:

LADIES CLUB CHAMPION - MANIVONE MORRISON

LADIES SENIOR CLUB CHAMPION - MELODIE MAZUREK

LADIES SUPER SENIOR CLUB CHAMPION - VICKY ALLARD

MENS CLUB CHAMPION - ANDRE MARTEL

MENS SENIOR CLUB CHAMPION - DANNY DUPRAS

MENS SUPER SENIOR CLUB CHAMPION - KEN PEMBER

CFB WINNIPEG GOLF CLUB wishes to thank all the participants this season and to congratulate the 2019 winners!

Additional thank you to our Club Captain Steve Johnston, and club members Barb Johnston and Gord Fergusson for their continued support and assistance with this event.

MFRC WINNIPEG CRFM

MILITARY FAMILY RESOURCE CENTRE
CENTRE DES RESSOURCES POUR LES FAMILLES DE MILITAIRES

102 Comet Street | 102 rue Comet
204-833-2500 ext. | poste 4500

WE ARE ON...



@WinnipegMFRC
www.CAFconnection.ca/winnipeg

All programs are free, drop-in and at the MFRC unless otherwise indicated.

SPECIAL EVENTS

FALL FAIR

The annual welcome to Winnipeg, season kick-off event with activities for everyone. See Facebook for details. Sat., Sept. 14, 0930- 1400

ANNUAL GENERAL MEETING

Voice your opinion, guide our programming and participate in the election of our Board of Directors. Tues., Sept. 17, 1830. Register by Sept 13.

ADULT PROGRAMS

EMPLOYMENT & EDUCATION SUPPORT GROUP

This small group environment is dedicated to offering a socially supportive atmosphere for those who are looking for employment. Tuesdays, 0930 – 1130

LUNCH N LEARN - MILITARY LIFE AND UNIVERISTY

Waren Otto, Academic Advisor in the Military Support Office of the University of Manitoba will present on and answer questions about managing your university career in conjunction with a military lifestyle. FREE! Bring your own lunch. Coffee and desert provided. Tuesday, September 24, 1200 – 1300 Register by September 20

CAFÉ FRANÇAIS

Join us for a coffee and chat in French at the MFRC. This is a perfect opportunity to practice your French. Wed., Sept. 11 & 25, 930 - 1130.

FRENCH LUNCH 'N CHAT

Bring your lunch to the MFRC and enjoy French conversation. For all levels. Thursdays 1230 - 1315.

EXCEPTIONAL FUN

Fun and games night for people with exceptional needs age 16 – 30 years. Must arrive by 1900. Thurs., Sept. 12, 1830 – 2030.

SOUTH SIDE COFFEE

A social time open to everyone! Wed. Sept. 18, 0930 – 1130 at South Side Youth Centre, 347 Doncaster St.

CRAFT DROP-IN AFTERNOON

Are you a knitter, scrap-booker, card maker or other crafter? Pack up your supplies and work on it in our space, in the company of other crafters. We have 8 ft. tables. You have room to work! Wed., Sept. 18, 1330 – 1500.

MOTHER GOOSE IN FRENCH
Les jeudis de 9 h à 10 h
26 septembre
10 et 24 octobre
14 et 28 novembre
Date limite d'inscription : 16 septembre

Thursdays, 0900 - 1000
September 26,
October 10, 24
November 14, 28
Register by September 16

TOI, MOI ET LA MÈRE L'OIE

MFRC CRFM
Annual General Meeting / Assemblée Générale Annuelle

The Board of Directors of the Military Family Resource Centre is proud to announce that our Annual General Meeting (AGM) will be held on Tuesday, September 17 at 6:30 pm, at the MFRC. Members of CFM Winnipeg and their families are invited to attend. Voice your opinion, guide our programming and participate in the election of our Board of Directors. Business items will include: Review of the previous Minutes, Election of new Board members, Review of the audited Financial Statements, Presentation of the Annual Report - Appointement of an auditor for FY 2019/2020. Childcare is available free of charge with pre-registration. Light refreshments will be served after the meeting is adjourned. Door prizes.

Le conseil d'administration du Centre de ressources pour les familles de militaires est honoré d'annoncer que son assemblée générale annuelle (AGM) se tiendra le mardi 17 septembre à 18 h 30 au CRFM. Les membres de la BFC Winnipeg et leurs familles sont invités à y assister. Exprimez votre opinion, orientez notre programmation et participez à l'élection de notre conseil d'administration. Ordre du jour: Examen des procès-verbaux - Election de nouveaux membres du conseil Examen des états financiers vérifiés Présentation du rapport financier annuel - Nomination d'un auditeur pour l'exercice financier 2019/2020 Le service de garde est disponible gratuitement avec inscription au préalable. Des rafraîchissements seront servis suivant la réussite. Prix de présence.

PLEASE RSVP BY SEPTEMBER 13, 2019 BY CALLING 204-833-2500 EXT. 4500. • 102, RUE COMET ST

CARD MAKING

Make 4 general purpose cards, 4 different designs, (2 will be sent to a deployed CAF member), and 3 D project. \$10. Register by Sept. 11

RESTORATIVE YOGA

A supported, gentle movement kind of yoga where we focus on stretching to relax and renew your body and mind. \$10 per session. Mon., Sept. 23 & 30 1900 - 2000 Register by Sept. 11

COGNITIVE BEHAVIOUR THERAPY

4 week class on the basic of CBT and mindfulness. Weds., Sept. 25, Oct. 2,9,16 1900 – 2100. Register by Sept. 19.

PREPARING FOR REUNION

Workshop for building skills to make preparing for separation easier. Thurs., Sept. 26, 0930 - 1130 Register by Sept. 23.

SEWING 101

Make a reusable shopping bag. Bring a sewing machine if you have one. \$10 per person includes all materials. Thurs., Sept. 26, 1830 - 2100. Register by Sept. 19

CRAFT TIME

A three hour session in a child free place with 8 ft tables for you to work on your craft project. Sat., Sept. 28, 1300 - 1600. Register by Sept 27.

PARK PHOTOGRAPHY DAY EN FRANÇAIS

Bring your camera or cell phone and enjoy photography tips and a walk in nature. Sun., Sept. 29. 1330 – 1530. Register by Sept 16.

MATURE WOMEN'S GROUP

Join us for an evening of coffee and conversation as we discuss topics geared to midlife. If you're a 45+ woman this is a great way to meet others while sharing your wisdom and expertise about navigating life's journey. Mon., Sept. 30, 1900 -2100

CHILDREN & YOUTH PROGRAMS

OCCASIONAL CHILD CARE

Casual childcare for 6 months - 12 yrs. Call 204-833-2500 ext. 2491 for cost, hours and to register. MFRC Occasional Child Care Centre, 630 Wihuri Rd.

Transition from Military to Civilian Life WORKSHOP SÉMINAIRE
Transition de la vie militaire vers la vie civile

Open to CAF Members and their Families
Pour les membres des FAC et leur famille

Join us for an informative workshop that goes beneath the surface of transition. Gain insight and practical tools to assist you and your family through transition from the military to civilian lifestyle.
Joignez-vous à nous pour un atelier informatif concernant la transition. Obtenez des informations et des outils pratiques pour vous aider, vous et votre famille, à faire la transition de la vie militaire au style de vie civile.

SATURDAY 5 OCT 2019 | **Holiday Inn Airport West**
2520 PORTAGE AVE.
2520, AV. PORTAGE

TOPICS WILL INCLUDE: The four keys to successful transition; new strategies to facilitate transition; become more skillful in navigating the different conversations and engaging others in a trustful and healthy manner; and, gain tools to support you and your family member's transition.
LES SUJETS ABORDÉS COMPRENDRONT : les quatre clés d'une transition réussie, nouvelles stratégies pour faciliter la transition, comment naviguer les différentes conversations et engager les autres de manière saine et confiante et obtenez des outils pour vous aider, ainsi que votre famille, à faire la transition.

\$15 per person or \$25 per couple • 15 \$ par personne ou 25 \$ par couple

If you are interested in attending this event, email - Si cet évènement vous intéresse, contactez lori.jackson2@forces.gc.ca

SPACES ARE LIMITED...SIGN UP NOW TO AVOID DISAPPOINTMENT.
LES PLACES SONT LIMITÉES...INSCRIVEZ-VOUS DÈS AUJOURD'HUI POUR NE PAS ÊTRE DÉÇU.

Refreshments and lunch included. Childcare is available upon request.
Rafraîchissements et dîner inclus. Service de garde disponible sur demande lors de l'inscription.

SUZANNE NAULT
Suzanne Nault is a licensed psychologist with Ordre des psychologues du Québec and is certified as a professional coach by New Ventures West, California and the International Coach Federation. She is certified in Conversational Intelligence (CI)®. Her academic background includes both a Master's and Bachelor Degree in clinical psychology from the University of Ottawa. Suzanne is fluently bilingual (English, French). Her current practice focuses on the psychology of retirement transition from military to civilian life and executive coaching. She has conducted over 1500 seminars and helped over 10,000 people in their transitions. As co-author of the #1 international best seller 'The Expert Success Solution', Suzanne is not one to be missed.
Suzanne Nault est psychologue agréée auprès de l'Ordre des psychologues du Québec et est certifiée entraîneuse professionnelle par New Ventures West, Californie et l'International Coach Federation. Elle est également certifiée en Conversational Intelligence® (CI)®. Son parcours universitaire comprend une maîtrise et un baccalauréat en psychologie clinique de l'Université d'Ottawa. Suzanne est parfaitement bilingue (anglais, français). Sa pratique actuelle est axée sur la psychologie de la retraite, la transition de la vie militaire à la vie civile et le coaching des dirigeants. Elle a dirigé plus de 1500 séminaires et aidé plus de 10 000 personnes dans leurs transitions. En tant que co-auteur de best seller international numéro un 'The Expert Success Solution', Suzanne est à ne pas manquer.

CREATIVE TOTS

Facilitated play group at our 'South Side'. Parents are required to stay. Bilingual. South Side Youth Centre, 347 Doncaster St. Tues. and Thurs. 0900 - 1100.

KIDS CLUB

Drop-in care for children 18 months to 5 years. \$2 per child per session, with PSP membership. Please send along a nut/peanut free snack and diapering supplies if required. Tues. & Thurs. 1630 - 1900, Sat. 0915 – 1130

MOTHER GOOSE IN FRENCH

Adult-child program to introduce kids age 1-5 to French. No French experience or knowledge needed. Five sessions. Sept. 28, Oct. 10, 24 and November 14, 28. 0900 – 1000. Register by Sept 16 for all sessions.

PARENT & FAMILY PROGRAMS

PARENT COMMUNITY

A 'community' of parents will discuss topics related to parenting children of all ages. Fridays. 0930 - 1130.

PARENT GROUP

Join us for parenting discussions and networking. Wed., Sept. 11 & 25, 0930 - 1130.

PARENTING TOGETHER AT NIGHT

Join us for a parenting group in the evening. Topic: Sleep. Wed., Sept 11, 1830 – 2000.

DEPLOYMENT DINNER DATE

If you have a loved one preparing to deploy or is currently deployed or has recently returned from a deployment, allow us to organize dinner for you and your family. Wed., Sept 25, 1700 - 1900. \$5 per adult and \$3 per child (5-12), under 4 free with a max \$20 per family. Register by Sept. 20.

NEW RECRUITS PARENT CAFÉ

Calling parents of a new military member! Come learn about the services the MFRC can offer you and your family. Light refreshments will be served. Sat., Sept. 28, 1100 - 1200.

SATURDAY CRAFT TIME*

MFRC CRFM WINNIPEG
Saturday 28 September 1300 - 1600
FREE. Register by September 27
*for adults

Samedi 28 septembre 13h 'a 16 h
GRATUIT. Date limite d'inscription septembre 27
*pour adulte

PICK US!

1 care #Give #matters
J'y crois #JeDonne C'est important

MFRC CRFM
MILITARY FAMILY RESOURCE CENTRE
CENTRE DES RESSOURCES POUR LES FAMILLES DE MILITAIRES

YOU CAN DESIGNATE YOUR GCWCC DONATION TO THE WINNIPEG MFRC

your donation counts toward the GCWCC and your donation helps your MFRC offer extended programming for you and your CAF community

In the section for other Canadian Registered Charities, please write in:
Winnipeg Military Family Resource Centre
BN/Registration # 133105536RR001

Sports Trivia Answers

1. Roger Clemens and Curt Schilling.
2. C.C. Sabathia of the New York Yankees, who joined the club May 1, 2019.
3. C.C. Sabathia, Steve Carlton and Randy Johnson.
4. Steve Carlton, Randy Johnson, Nolan Ryan and Roger Clemens.
5. Walter "Big Train" Johnson of the Washington Senators.
6. Bob Gibson of the Cardinals in 1974. It was 51 years after Johnson recorded his 3,000th K.
7. Nolan Ryan with a career total of 5,714.
8. Cap Anson of the Chicago Cubs.
9. Ted Williams - Boston Red Sox - .356 avg, 36 HR, 137 RBI in 1942; .343 avg, 32HR, 114 RBI in 1947.
10. Roger Clemens - Toronto Blue Jays - 21-7, 2.05 ERA, 292 SO in 1997; 20-6, 2.65 ERA, 271 SO in 1998.
11. Mariano Rivera - 2019.
12. A person must be retired from professional baseball for five years to be eligible, although the committee may waive the requirement in the event of death, such as for Roy Halladay.
13. Ty Cobb, Walter Johnson, Babe Ruth, Christ Matthewson and Honus Wagner.
14. 1940, 1941, 1943, 1950, 1958 and 1960.
15. Willie Stargell.
16. Ivan Rodriguez.
17. Ozzie Smith.
18. Brooks Robinson.
19. Roger Clemens.
20. Rollie Fingers.

Don't forget about all the great activities at the Fall Fair Saturday!

Fall Fair Map
Carte de la Foire automnale

Map showing various activities and locations at the fair, including parking stations, obstacle courses, food trucks, and entertainment areas. Key locations include Bldg/Bât. 90, Bldg/Bât. 33, CANEX, and MFC/CRFM.

Information

- Military Police / Lost Child Spot - Police militaire / Enfants perdus
- First Aid / Fire Truck - Premiers soins / Camion de pompiers
- Washrooms - Toilettes
- Coffee Break - Pause-café 0930-1000
- Winnipeg Trolley - Tour of the Base - Tour de la base 1000-1330
- Bike Valet - Stationnement de vélos 0800-1500
- Live Band - Goupes Live
- Food Trucks - Camions-restaurants
- Food Tents & Tables - Tentures nourriture et table
- Building Entrance - Entrée du bâtiment
- Vehicle Display - Exposition de véhicules
- Smoke house & Obstacle Course - Simulateur d'incendie et course à obstacles
- Crafts & Facepainting - Artisanat et maquillage
- Foam Party (all ages) - Fête de la mousse (pour tous les âges)
- Community Showcase - Salons Communautaires
- Teddy Bear Clinic - Clinique de toulou
- Photo Booth - Photomaton
- Child Identification Clinic - Clinique d'identification pour enfant

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CHASE THE KING & 50/50
Every Thursday @ 5:30 PM
Draw @ approx 7:00 PM

MEAT DRAWS
Friday Night — 7:00 PM
Saturday Afternoon — 3:30 PM

LIVE BANDS
Sept 13 - 14 Ravin
Sept 20 - 21 - TBA
Sept 27 - 28 - Darren Lavallee
www.303rockwood.ca

MNWO PROVINCIAL COMMAND
presents
ANAVETS DOMINION COMMAND CONVENTION 2020
Fundraiser

Saturday, September 28, 2019
7:00 pm - 12:30 am
Venue - ANAVETS Unit 283
3584 Portage Avenue
\$10.00/Ticket (Tickets available at your nearest ANAVET Unit)

Taroscopes

BY NANCY

Aries (March 21 – April 19): Be patient. Things are changing even if it's not obvious. Focus on self-care and your emotional wellbeing. It's hard to watch someone else struggle especially if they are making problems for themselves, but step back. Assist only if asked. Friends will offer support and help you cope.

Taurus (April 20 – May 20): Your moods swing from feeling like you can do anything to bouts of doubt. Explore the roots of this sadness that saps your energy. Once your heart and mind are in sync you'll make better choices. Things will seem to fall into place as they are meant to with little effort on your part.

Gemini (May 21 – June 21): When you need to make decisions get advice from logical, knowledgeable people as well as creative and spiritual people. This mix will spark new ideas within you. This Fall, strategize on how you can get more of what you want. The key to your happiness is obvious, now.

Cancer (June 22 – July 22): Not everything can be fixed. Realizing this can release you from the idea that you need to try. Stay on your toes. Maintain boundaries when someone tries to force their agenda. People say things that shock, surprise and possibly hurt you. Still this helps you see what you missed before.

Leo (July 23 – August 22): You have great ideas but you need to schedule a break before tackling another challenge. Your last endeavor was more stressful than anticipated. Strong feelings that cloud your logic need to be processed. People will share their true feelings in good time. Issuing ultimatums will backfire.

Virgo (August 23 – September 22): What you expect, comes to pass. Stay strong and manage challenging situations. It might not be easy, but hunt down necessary items and paperwork. You're calling the shots. Delegate and organize. Last ditch efforts can take a toll so plan to rest and pamper yourself afterwards.

Libra (September 23 – October 23): A sense of harmony and contentment surround you. Enjoy a celebratory event with family and friends. Put the bulk of your time and effort into what you're passionate about. If someone really cares they will treat you as an equal. Insist on being addressed respectfully.

Scorpio (October 24 – November 21): Be willing to look beneath the surface. Allow others to reveal who they are and to make their own choices. You have enough to share. But also set aside what you need for the future. Further your education in a special area of interest. Contact someone who can mentor you.

Sagittarius (November 22 – December 21): Finally it feels like justice prevails. You experience a return to a position of power and have a chance to really work at something you feel uses your talents. Loved ones support you in your endeavors so you can focus on what you need to do. Enjoy your good fortune.

Capricorn (December 22 – January 19): Time can leave its mark on what was once a solid investment. If you plan to buy property look closely at the underlying structure. Cosmetic fix ups are doable but bigger issues are costly. Get legal advice. Don't overestimate your capabilities and pocketbook. Invest wisely.

Aquarius (January 20 – February 18): Get things in order. Make a plan that covers future needs. Invest time and energy in your talents and skills. Find someone willing to manage the details so you can work in peace. Be definitive about making practical changes. Insist that you be reimbursed fairly for your efforts.

Pisces (February 19 – March 20): You have options. Play to your strengths. Focus on being more self-reliant. What you have to offer is wanted, needed, appreciated and respected. If someone tries to "bring you down" don't buy into it. Live in the moment. Go after what you really want. Be daring and brave.

FOR APPOINTMENTS with NANCY CALL 204-775-8368

"There are no limits to the majestic future which lies before the mighty expanse of Canada with its virile, aspiring, cultured, and generous-hearted people."
- Sir Winston Churchill

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PROUD OF OUR PAST

CHASE THE ACE
Monday 6 pm
TEXAS HOLD 'EM
Tuesday 7 pm
ZUMBA
Tuesday/Thursday 10-11 am
LINE DANCING
Wednesday 1 pm & 7 pm
DANCE TO LIVE BANDS
Friday 8pm-1am June-August
Every Saturday 7-11 pm
MEAT DRAWS
Friday 5-7 pm
Saturday 2-5 pm

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Winnipeg, Manitoba



St. George's RC Faith Community 17 Wing Detachment, Dundurn, Saskatchewan

by Padre Paul Gemmiti

You might not realize that there is a small chapel facility at the 17 Wing Detachment in Dundurn, Saskatchewan. It is meant as a shared, interdenominational facility but is currently used mainly by the Roman Catholic Faith Community. I refer to the congregation as a Faith Community because the title for those of us CAF Roman Catholic chaplains who oversee such are now titled FCCs (Faith Community Coordinators) RC, and I happen to be the one for both Ste Marguerite Bourgeoys here at 17 Wing, and also for St George there...although, of course, long distance.

Joan Wilson is a long-time civilian resident there in Dundurn who has overseen the practicalities of St

George's RC Faith Community sacramental operations during these past few years. As a link with the onsite CAF chaplain Padre Girard, me in Winnipeg, and support from the local Roman Catholic Diocese of Saskatoon, she has been able to maintain a faith presence at the Detachment even when the faith community was understood to be under the FCC (RC) at CFB Moosejaw, Saskatchewan. She has been and is appreciated in that role.

According to local records, during the 1950's, there had initially been a chapel in the south-west wing of the hospital that had existed at the detachment. The current chapel facility was eventually built. Records for the Roman Catholic community indicate their presence having been at that chapel since the 1970's.

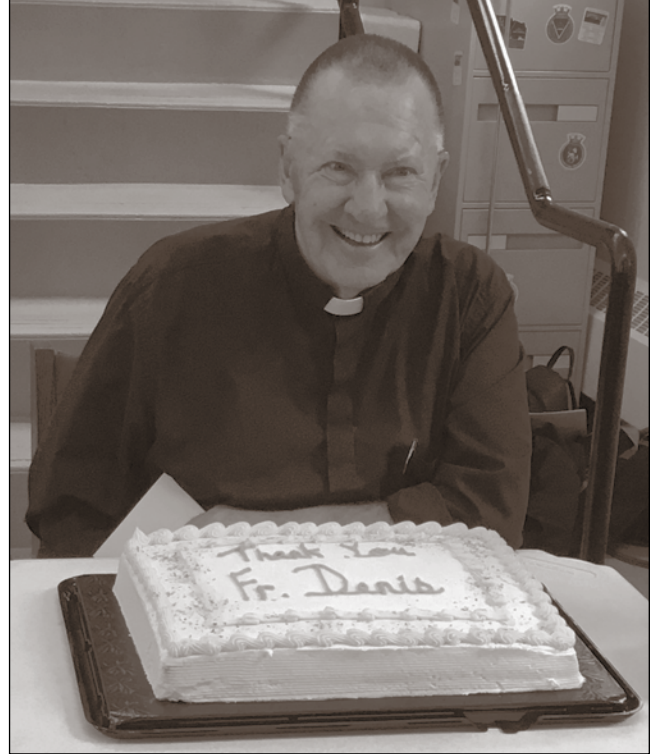
RC priests have been supplied from the local RC diocese; Monsignor Michael Koch, over a period of ten years, and Fr Denis Phaneuf during the past six years. Other retirees had filled-in from time to time. Fr Don Hamel, who has been retired for a while but who has a music interest, is the organist who leads the music. Currently Fr Phong Pham, originally from Vietnam but having been with the local diocese for some time, is the ministering priest with the community. (FYI, he presided at the funeral of Joan's mother, 19 years ago.)

Joan declares that everyone, in their own way, pitches in. Joan is sacristan, opens and closes the place on Sundays, and is the treasurer. Laura Collis substitutes for Joan when she is away, leads music when Fr Hamel is absent, but also is lector for scripture readings and takes up the collection. Julie Bodnarek looks after bringing up the eucharistic gifts and distributes the consecrated wine. Sophia (Julie's daughter) and Emily (Laura's daughter) are faithful altar servers, and Emily is lector for the second reading.

Back in April 2019, Bishop Scott McCaig and Deacon Michel Dion made a pastoral visit, and offered Mass.

(See photo bottom left by Joan Wilson.) Back in July 2019, on the final Sunday of the month, the community had a farewell barbecue for Fr Phaneuf. (See photo below.)

Last but not least, much thanks to the onsite CAF detachment chaplain, Padre Greg Girard, for cooking the hamburgers during the farewell BBQ. Padre Girard is "the go to guy" when there are related things needed or when there are questions and concerns regarding the chapel facility. He had led an ALPHA program during this past winter. We keep him in our communications and prayers.



Faith and Life

PROTESTANT	JEWISH	CATHOLIC
<p>GOOD SHEPHERD PROTESTANT CHAPEL COMMUNITY</p> <p>SUNDAY SERVICE: (English Only) 900 hrs</p> <p>COMMUNITY SERVICES:</p> <p>Sunday School: It is held during the service for children ages 3 to 12. Childcare is provided on an as-required basis for children under 3 years of age.</p> <p>Marriage: Contact the chaplain at least six months in advance if possible. A marriage preparation course is a requirement. <i>Please contact the Chaplain before setting the date for the wedding or arranging family travel.</i></p> <p>Baptism: The Sacrament of Holy Baptism is available by contacting a Chaplain. Baptism Preparation is a requirement. <i>Please contact the Chaplain before setting the date for the baptism or arranging family travel.</i></p> <p>Protestant Chapel Guild: It meets the first Wednesday of the month at 1300 hrs in the Chapel Annex. All women are welcome.</p>	<p>CHAPLAINS</p> <p>Padre Kevin Olive (Pentecostal) -Wing Chaplain ext 5417</p> <p>Padre Laura Coxworth (Pentecostal) - Protestant Faith Community Coordinator ext 5785</p> <p>Padre Joshua Falk (Protestant) ext 6914</p> <p>Padre Greg Girard (Christian Reformed) - Det. Dundurn 306-492-2135 ext 4299</p> <p>CHAPLAIN</p> <p>Padre Noteh Glogauer (Rabbi) ext 5272</p> <p></p> <p>17 Wing Military Community Chapel 2235 Silver Ave (west off Whytewold/ Wihuri Road)</p>	<p>STE MARGUERITE BOURGEOYS RC CHAPEL COMMUNITY</p> <p>SUNDAY MASS: (Bilingual) Spring/Summer Liturgy Timings: 1100 hrs (Sunday after Easter - Thanksgiving Weekend) Autumn/Winter Liturgy Timings: 1600 hrs (Sunday after Thanksgiving to Easter Sunday)</p> <p>COMMUNITY SERVICES:</p> <p>Religious Education: Classes can be available to children from Preschool to Grade 6.</p> <p>Sacrament of Reconciliation: It is available by request and at special times of the year. Contact Padre Gemmiti.</p> <p>Baptism: We recommend that you contact the chaplain's office for an appointment six months in advance. <i>Please contact the Chaplain before setting the date for the Baptism or arranging family travel.</i></p> <p>Marriage: Six months notice (1 year preferred) is required for weddings, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required. <i>Please contact the Chaplain before setting the date for the wedding or arranging family travel.</i></p>

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