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20 December 78

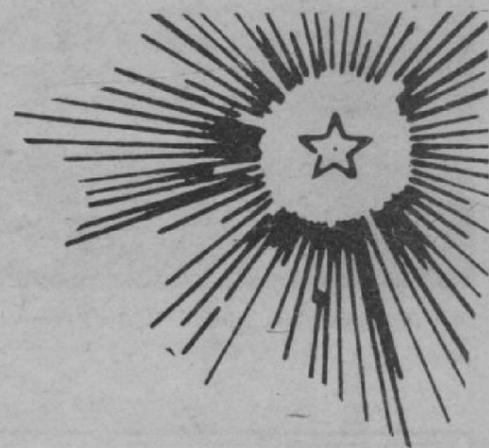
No. 21

Vol. 27



LGEN G.A. McKENZIE

Christmas Greetings



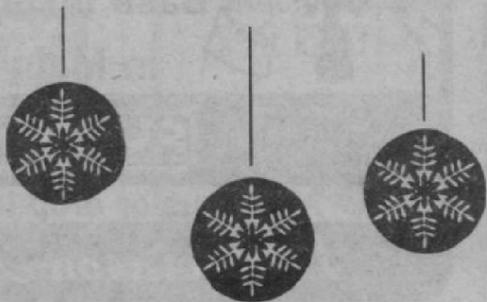
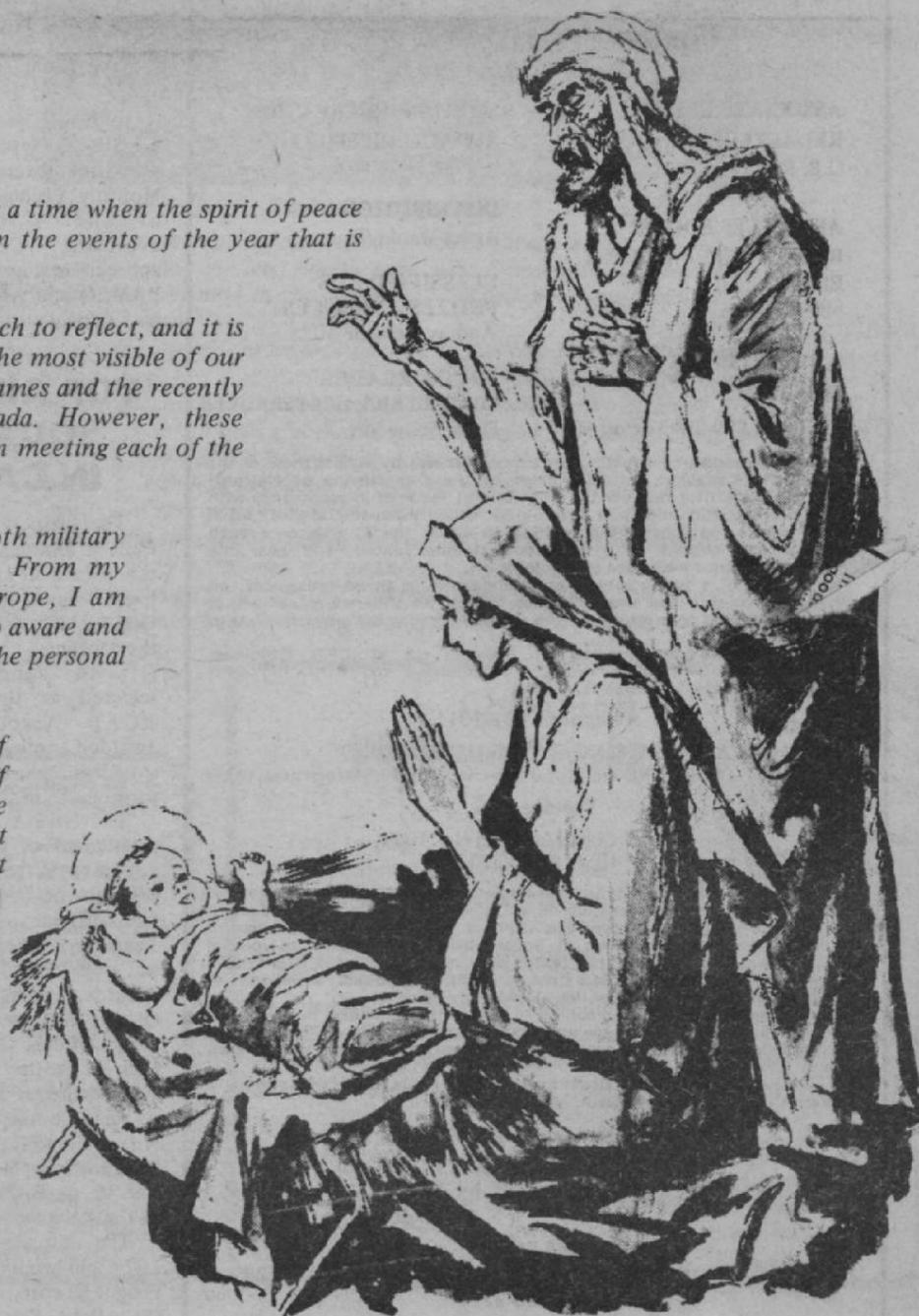
At this time of year, our thoughts turn to the miracle of Christmas. It is a time when the spirit of peace and goodwill takes on added meaning. It is also a good time to reflect on the events of the year that is coming to an end, and to look forward to 1979.

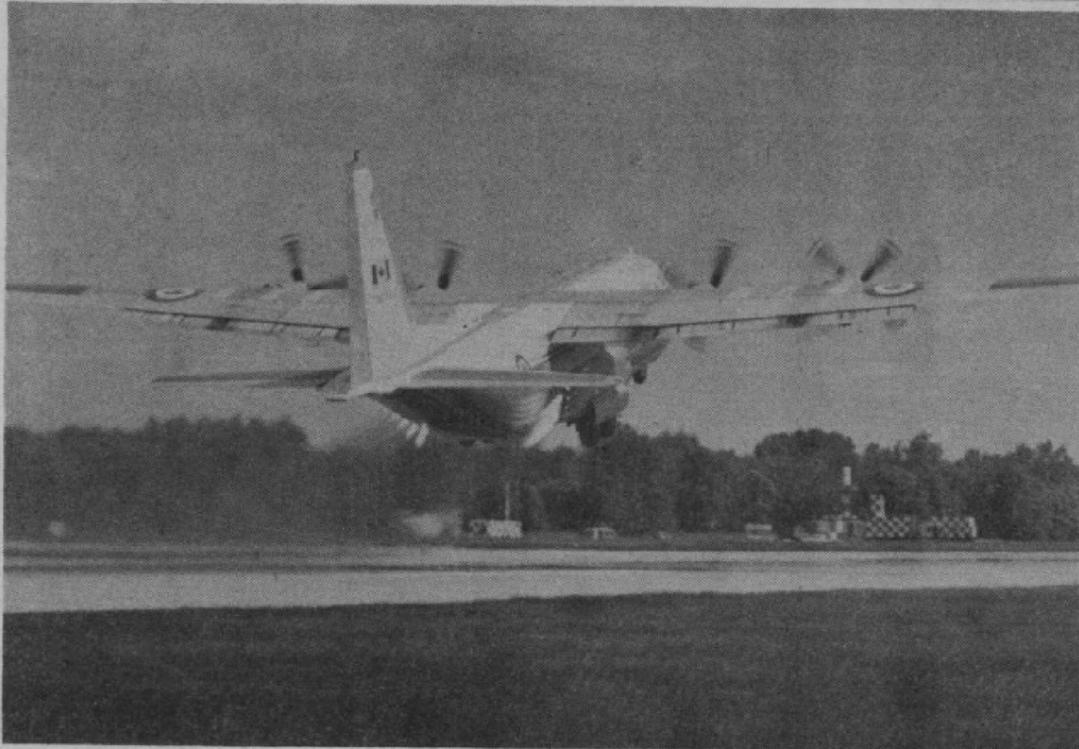
During this Christmas period, we in Air Command have much upon which to reflect, and it is with a deep sense of pride that I look back upon the successes of 1978. The most visible of our successes were, of course, Operation Morning Light, the Commonwealth Games and the recently completed airlift of Vietnamese refugees to their new homes in Canada. However, these achievements are only some of the examples of a more pervasive success in meeting each of the operational tasks assigned to Air Command.

It is only through the dedicated efforts of you, the men and women, both military and civilian, who comprise this Command, that this record is possible. From my numerous visits to Air Command formations from the DEW Line to Europe, I am eminently aware of the challenges you face on a day-to-day basis. I am also aware and deeply appreciative of your "Can do" spirit and your willingness to make the personal sacrifices which are so necessary to meeting those challenges.

As you know by now, 1979 holds forth even greater challenges because of financial constraints, and the effect of these constraints on many aspects of our operation. I therefore ask you to continue to demonstrate the same characteristics of dedication and professionalism in order that we will meet our operational commitments with the degree of excellence that characterized 1978.

On behalf of my wife and myself, I extend to each of you sincere best wishes for a Happy Holiday Season and for a prosperous 1979.





429 (Composite) Squadron CC130 NT demonstrates a JATO take-off at CFB Trenton on 9 June 1978. (BASE TRENTON PHOTO)

EDITOR'S COMMENTARY

Blessed are the poor in spirit; for their's is the kingdom of heaven.
 Blessed are they that mourn: for they shall be comforted.
 Blessed are the meek: for they shall inherit the earth.
 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.
 Blessed are the merciful: for they shall obtain mercy.
 Blessed are the pure in spirit: for they shall see God.
 Blessed are the peacemakers: for they shall be called children of God.
 Blessed are they which are persecuted for righteousness sake: for their's is the kingdom of heaven.
 Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.
 Rejoice and be exceedingly glad: for great is your reward in heaven: for so persecuted they the prophets which were before you.
 — (Book of St. Matthew)

Another year will soon be history, another year will soon begin. Will 1979 be like 1978? It doesn't have to be.
 Christmas is supposed to be a time of renewal, of clear thought, and of joyful experience. I wonder how many are going to miss all that? How many?

Members of the Canadian Forces must constantly be vigilant in spirit, to maintain positive thinking, to bless those within and without who are less fortunate, no matter what form that fortune takes.

It is easy to criticize, not easy to accept; easy to show malice, not easy to forgive; easy to shun, not easy to embrace. Despite the easiness or uneasiness of action, above all it is easy to understand.

To all our readers, supporters, non-supporters, friends, non-friends, bosses, families, colleagues, staff, etc., Voxair wishes a Happy Christmas and best wishes for a healthy, prosperous New Year.

Editor

"Heureux ceux qui se savent pauvres en eux-mêmes, car le Royaume des cieux est à eux!"

"Heureux ceux qui sont dans la tristesse, car Dieu les consolera!"

"Heureux ceux qui sont doux, car ils recouvreront la terre, selon ce que Dieu leur a promis!"

"Heureux ceux qui ont un vif désir de vivre selon ce que Dieu demande, car Dieu le leur accordera pleinement!"

"Heureux ceux qui ont pitié des autres, car Dieu aura pitié d'eux!"

"Heureux ceux qui sont purs en leur coeur, car ils verront Dieu!"

"Heureux ceux qui créent la paix autour d'eux, car Dieu les appellera ses fils!"

"Heureux ceux qui sont persécutés parce qu'ils font ce que Dieu demande, car le Royaume des cieux est à eux!"

"Heureux êtes-vous si les hommes vous insultent, vous persécutent et mentent pour dire toute sorte de mal contre vous parce que vous êtes mes disciples. Réjouissez-vous, soyez heureux, car une grande récompense vous attend dans les cieux. C'est ainsi, en effet, que l'on a persécuté les prophètes qui ont vécu avant vous."

Une autre année sera bientôt terminée et une autre commencera. L'année 1979 sera-t-elle comme 1978? Pas nécessairement!

Noël est un temps de renouvellement de pensée et de joie. Je me demande combien ne jouiront pas de ces renouvellements.

Les membres de Forces canadiennes doivent constamment avoir l'esprit éveillé, maintenir une pensée positive et aider ceux qui sont malheureux, n'importe le malheur.

Il est facile de critiquer, d'être rancunier ou d'éviter; il est difficile d'accepter, de pardonner ou d'embrasser quelqu'un. Malgré la facilité ou la difficulté de l'action, s'entendre vient avant tout.

A tous nos lecteurs, contributeurs, amis, patrons, familles, collègues, personnel, etc. Voxair vous souhaite un joyeux Noël et meilleurs voeux de santé et prospérité pour la nouvelle année.

Editeur

STATISTICS FROM 429 SQUADRON

In an effort to prove to some non-believers that 429 Squadron hauls the freight as well as providing a platform for navigator training, the Loadmaster Section of the squadron has supplied some interesting statistics:

LOADS CARRIED DURING THE 3RD QUARTER OF 1978

Passengers	— 1654
Baggage	— 66,500 lbs.
Freight	— 557,782 lbs.
Mail	— 10,251 lbs.

It should be noted that during the July to September quarter the squadron exceeded its normal Monthly Flying Rate with only 3 of the 4 Hercules aircraft available. Compliments and appreciation are extended to the BAMEO and AMS staffs for a job well done.

TOP AIR CADET SQUADRON IN CANADA

The Air Cadet League of Canada announced today that its top squadron award for 1978 has been won by 51 Squadron, Ottawa, Ontario, sponsored by the Optimist Club of Ottawa. The Ottawa squadron has been selected as the winner of the RCAF Association Trophy, awarded annually to the Air Cadet squadron assessed as the "most proficient" in Canada.

The award is based on an assessment of all 400 Air Cadet squadrons, made by visiting officials of the Canadian Forces and officials of the Air Cadet League. Final judging is carried out by the League's National Awards Committee which met in Ottawa last week and compared reports on the top squadrons from each of the ten provinces, Yukon and Northwest Territories.

The Commanding Officer of No. 51 (Ottawa Optimist) Squadron is MAJ Leo Lanthier and Mr. A. E. Percival is chairman of the Sponsoring Committee.

The runner-up squadron for 1978 and winner of the Air Cadet League Sword of Honour is 533 (St. Albert) Squadron, Alberta.



VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published under the authority of the Base Commander, Col. J.R. Allingham

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In the event of a typographical error appearing in an advertisement, no refunds may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

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ABSENT ON DUTY

AS USUAL IN DISCHARGING OUR MILITARY COMMITMENTS A CONSIDERABLE NUMBER OF OUR PERSONNEL ARE AWAY FROM HOME AT THIS HOLIDAY SEASON.

TO ALL OF YOU WHOSE DUTY NECESSITATES ABSENCE FROM LOVED ONES AT THIS SPECIAL TIME OF YEAR, BE ASSURED THAT OUR THOUGHTS ARE WITH YOU AND YOUR FAMILIES.

COL. J.R. ALLINGHAM
BASE COMMANDER

ISMAILIA

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PTE	I.B.	Brown	SGT	P.E.	Maurice
PTE	R.F.	Brown	CPL	M.G.	McCormick
MCPL	R.	Bull	PTE	A.E.	McLean
PTE	J.E.	Buskell	CPL	R.S.	Muyers
MWO	G.T.	Cooper	MCPL	J.G.	Nesbitt
MWO	G.	Deeley	MAJ	W.	O'Callahan
CPL	J.E.	Demers	SGT	G.W.	Pambrun
PTE	D.P.	Ernewein	CPL	F.C.	Pennell
MCPL	T.W.	Farthing	MCPL	L.D.	Pottinger
PTE	J.A.	Joyce	MCPL	G.	Schamahorn
MCPL	L.G.	King	MCPL	R.A.	Schuh
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WO	F.E.R.	Reid
SGT	R.D.	Thomson

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BASE COMMANDER'S CHRISTMAS MESSAGE

As the days in December rapidly run out it is with great pleasure that I extend season's greetings to every member of CFB Winnipeg. As well as sharing these moments with those close to us it is fitting that we include in our thoughts the numerous families who cannot be together this Christmas because of military commitments which must be met regardless of the season.

The year drawing to a close has been a demanding one for everyone on Base; however, we can take satisfaction from the knowledge that we have competently fulfilled our far-reaching tasks both at home and abroad. From the vantage point of Base Commander I fully realize special effort and heavy tasking have become the norm for many of you. While it may not always be apparent, your individual contributions are recognized and appreciated. In fact a great source of pride to me is the consistently high calibre of people, military and civilian, of which CFB Winnipeg is comprised. I thank you for your positive attitude and commend you for contributing so conscientiously



COL J.R. ALLINGHAM

to the common goal of making our country Canada a safer and better place in which to live. Together we will, I am confident, meet the challenges presented in the upcoming year with equal professionalism and dedication.

At the same time as we look forward to the New Year ahead we tend to look back and evaluate how we fared personally during 1978. What we see reflected in such thoughts varies greatly with each individual: for some the year has been abundantly good; for some the year has brought an acceptable balance between good and ill; and for some the balance has been less than satisfactory. Regardless of what your lot has been, may you realize your full share of happiness in 1979 and may you be granted the strength and wisdom to contend with the challenges, both personal and professional, that lie ahead.

To you and your families I extend warmest wishes for a joyous Christmas and a New Year filled with good health and prosperity.

Of Interest To Big Game Trophy Hunters

Your trophy head may qualify for a free mount if it happens to be the largest taken in the province of Manitoba during the current hunting season. Entry is free and all heads over a specified score will be recorded in the Manitoba Book of Big Game Records. Eligible species are moose, elk, caribou, white tail deer and bear.



Heads must be scored by a member of the Manitoba Big Game Trophy Association before December 31, 1978, with awards being presented at the annual trophy night to be held in Building 21 on 3 February, 1978. For more info call Doug Jonston 832-3809 or local 225.

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PRESENTATIONS AT AIR COMMAND



Pictured above are members of AIRCOM HQ following presentations by the Commander, Air Command. Left to right are MAJ R.R. Plaster (CD), CAPT R. Wansink (CD), LGEN G.A. MacKenzie, MAJ P.G. Zinkan (CD 1), CAPT G.M. Cook (CD 1), and CAPT W.D. Verch (CD 2). (BASE PHOTO)

WO'S & SGT'S LADIES MEET & GREET CLUB

On the 7th of December we ladies met at the Mess, all decked out in our finery and with gaily wrapped Christmas presents of assorted sizes and shapes tucked underneath our arms, for our annual going out to dinner soirée. We left our presents with the happy "Jack" behind the bar and sallied forth to 'Brothers' for an extremely delicious meal. Upon returning to the Mess, the men members in attendance, cordially let us take over the "STAMMTISCH" table for the picking out of the presents in our Cleopatra swap. Everyone is given a number and in turn are given a choice of the presents' on the table. As each person opens the gift, it is looked over by everyone and, as your turn comes up, if you like what someone else has, better than your own surprise, well then, you simply give yours to the other person and pluck theirs away from them. It's great fun, although, it's been my experience that most are usually happy with

what they unwrap and tend to be reluctant to "steal" from anyone else. However, there are always one or two who will keep the 'tradition' by exchanging. Anyway, a great time was had by all, both at dinner where the wine flowed freely, and later where it still seemed to flow from never ending bottles.

Now, as it was decided to change our meeting night from the 3rd Thursday of each month to the 4th Thursday, our next meeting will be on the 25th of January, same time, same place.

May I take the opportunity at this time, to wish all the Mess members and, of course, the regular members of the Ladies' Meet & Greet, who make our meetings so pleasant and much fun, all the very best for the Festive Season and in the New Year, on behalf of our President Floris Beaulieu, our Sec-Treas. Janice DeLong and yours truly Deanna Vowles.

NEW CF TRADE

OTTAWA(CFP)—April 1, 1979, has been selected as the effective date for the introduction of the newest trade in the Canadian Forces. On that day selected Administrative Clerks will become Construction Engineering Procedures Technicians (CEP Tech) 631.

Since the CF Trade Structure was introduced in 1966, the function of providing resource and project accounting services for construction engineering units and sections has been performed by Administrative Clerks with construction engineering procedures trade specialty qualifications (TSQ).

However, the function has become too complex for the TSQ system. More training and experience is required. Therefore a separate trade has been authorized.

To implement the new trade, all Administrative Clerks (Adm Clk) with construction engineering TSQs will be asked to state whether they wish to remain Adm Clk or become CEP Techs. Those wishing to remuster to the new trade must have their applications (CFAO 11-12, Annex B) reach NDHQ by 15 January, 1979.

Applications will then be assessed and offers of remuster, including the terms of the offer, will be sent to the individuals concerned in March.

Once the new trade has been implemented, the trade will open only to remusters from other trades at the trade qualification 5 level.

Approximately 170 positions will be available for the CEP Techs.

BK Says

ECONOMIC FRUSTRATION OR MY SAVING AIN'T BEHAVING

Those who study economics, Don't indulge in histrionics, Facts are put with grim defiance, Their's is called "The Dismal Science".

They churn out theories ev'ry day, Showing the rest of us the "way", To get what's ours in this great land, We all must spend to beat the band.

Well, I just love a spending spree, But one thing's very clear to me; Though this may cure the nations' ills, It's me that has to pay the bills.

B.K.

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BML PARADE

On 1 Dec 78 a Base Commander's Parade was held at Base Maintenance Land. Following the inspection, COL J. R. Allingham presented decorations and service awards to military and civilian personnel. Recipients were WO M. J. Hall, Clasp to CD; MCPL H. S. Gamble, CD; Mr. A. M. Findlay and Mr. J. Small, Retirement Certificates; Mr. D. P. Read and Mr. V. Sutcliffe, 25 year Pins and Certificates. In all a total of approximately 155 years service was recognized by the presentations.

Pictured from left to right are WO Hall, Mr. Findlay, CAPT McLean, Mr. Sutcliffe, MCPL Gamble, Mr. Read, COL J. R. Allingham, Mr. Small, CWO McKay, and CWO Goatcher. (BASE PHOTO)

Merry Christmas
TO ALL OUR FRIENDS

FROM THE EXECUTIVE AND MEMBERS OF C.F.B. WINNIPEG CERAMIC CLUB

The Club will closed from Dec 18/78 to Jan 8/79.

"New Members are Welcome"



in vino veritas

by R. KOHLBERG

"...the season to be jolly..."

What would the festive season be without a spirited cup of holiday cheer among family and friends? Now that the strike of the liquor workers is over, and the stores are beginning to get organized and stocked up again, we can start planning.

If you expect to entertain large gatherings or even just a small circle of intimates, a punch usually adds a merry touch to any party. You do not need the most expensive ingredients to make it, but neither will you get away with cheap cooking wine. Don't make your punch bowl the receptacle of all the little leftovers from last year. However, what with the recent drought on the liquor scene, there may not be too many of those left around.

Some purists never use flavored soft drinks to stretch a punch — only plain soda water; others think the addition of any hard liquor is a no-no. Chacun a son goût. Here is a variety of punch recipes.

Cheers and a votre santé! May your cup run over.

FRUIT PUNCH BOWL

- 1 lb. fresh, frozen, or canned fruit (strawberries, peaches, or pineapple) cut into slices or bite-sized pieces (strain if canned)
- 4 to 6 tablespoons white sugar
- 2 bottles white wine
- 1 or 2 bottles sparkling wine (white or rosé)

Place sliced fruit into large bowl (a big soup tureen will do), alternating with the sugar. Pour half a bottle of wine over this, cover and refrigerate one or two hours. Just before serving, add the rest of the wine and sparkling wine (or soda). Serve cold.

GLÜHWEIN (MULLED WINE)

The traditional après-ski warm-up. Makes you glow on any cold winter night.

- 1 cup water
- ½ stick cinnamon*
- 4 whole cloves*
- lemon peel*
- ½ cup sugar
- 4 cups red wine
- lemon slices

Tie spices* in a square of cheese cloth and simmer in water for 5 minutes. Then add and dissolve sugar. Add wine and heat, being careful not to reach the boiling point. (All the goodness will go out if it boils.) Remove slices and serve wine with a slice of lemon. (If you don't like watering your wine, just heat spices with wine and forget the water.)

*Some fancy-food and gourmet shops sell the spices 'ready-made' in little sacks like tea bags.

BUCCANEER'S PUNCH

- 26 oz. Navy or White Rum
- 13 oz. lime juice
- 6 oz. lemon juice
- juice of 6 fresh oranges
- fruit slices

Pour liquid over ice in punch bowl. Stir and garnish with fruit slices. Makes about fourteen 4-oz. servings.

CHRISTMAS WASSAIL BOWL

Makes 40 servings, about ½ cup each

- ½ cup water
- 2 bottles dry Sherry
- 1 teaspoon grated nutmeg
- ½ teaspoon ground ginger
- 4 cloves
- ½ teaspoon allspice
- 1-in. piece stick cinnamon
- 2 cups sugar
- 6 eggs
- ¾ cup cognac or brandy
- 6 roasted or baked apples

Combine water, Sherry, nutmeg, ground ginger, cloves, allspice, cinnamon, and sugar in a large saucepan. Bring to a boil. Strain into a large bowl.

Separate eggs, placing yolks in a large bowl and whites in a second large bowl. Beat the yolks until light and fluffy. Beat the whites until stiff and fold them into the yolks. Gradually add the hot spiced mixture, stirring constantly. Add cognac and serve hot in a punch bowl. Float roasted or baked apples on top.

UNDE LOCALLY YOURS

The PSAC Area Council is making plans for a charter air flight to some exotic climate for PSAC families and friends. This charter will take place in 1980 and the rate will be substantially below other available packages. Once an estimate of the number of interested persons and their preference of destination has been established, a cost estimate will be provided. Members interested and wishing to indicate their choice of destination of the trip are to contact D. Johnston at Local 225 or the Area Council, No. 1115 Henderson Hwy.

BARGAINING NEWS

PSAC HAS GIVEN NOTICE TO BARGAIN FOR ST AND CR CATAGORIES. GLT have had one meeting with Treasury Board and meet 8 Jan 79 for one week of negotiations.

Your President, Executive Officers and Stewards wish all Members and their Families a peaceful Xmas Season and Good Health and Happiness throughout the New Year.

INTERACT

Interact is sponsored by CBC organization designed to stimulate commercially acceptable drama written by Manitobans, is currently seeking good drama scripts. Submissions may be written for any drama medium.

An Interact committee will read all scripts submitted and offer constructive criticism. Suitable scripts will be given dramatic readings, and the most promising will receive workshop production for radio or stage.

Experienced and inexperienced drama writers are invited to take advantage of writing and staging advice from the Interact group of professional drama producers and theatre people.

Interact is sponsored by CFB radio and television, the National Film Board, CJUM-FM Radio, the Manitoba Theatre Workshop, the Manitoba Arts Council, the Association of Canadian Television and Radio Artists, and the Manitoba Department of Tourism, Recreation and Cultural Affairs.

Typewritten scripts should be mailed to: Interact, The Manitoba Theatre Workshop, 160 Princess Street, Winnipeg R3B 1K9.



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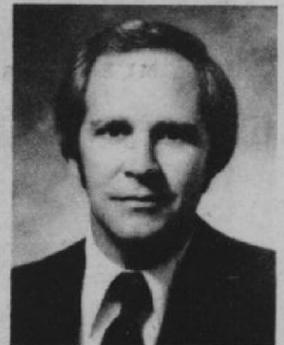
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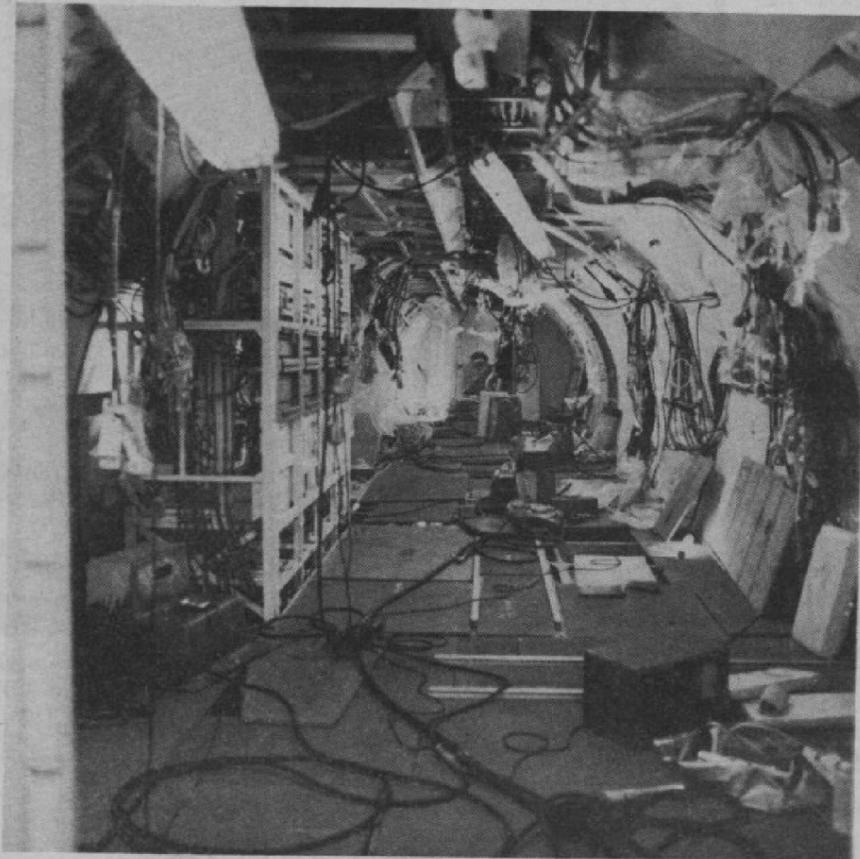
Ph. 786-2049



AURORA UPDATE - IT'S MOVING ON



Proudly wearing their miniature Canadian flag pins, which signify their participation in the "CP-140" project, the Lockheed production technicians have been working around the clock in crews of over 50 to complete the "stuffing" of the first fuselage by the Nov. 13th deadline. They made it! At 0100 hrs on the 14th of Nov., the fuselage was towed to another hangar for the next phase of the production cycle. During this phase the fuselage and wings will be painted, all the major components assembled, and every wiring run and connection will be checked out using a computerized end-to-end circuit tester. The next deadline for the current production phase is "ROLL OUT DAY" on the 15th of Jan 79.



An interior view of the fuselage; taken on Oct 17th from the forward bulkhead looking aft. On the left the Main Electrical Load Centre has been installed while the wire harnesses hanging overhead and on the right wall await to the other equipment racks. The tactical crew seats will eventually be attached to the track-like rails visible in the foreground through the temporary floorboards. (BASE PHOTO)



One week later, the equipment racks, less their covering doors, stand waiting the installation of the avionics black boxes. The large opening in the middle of these racks awaits the largest and most important of them all the General Purpose Digital Computer, the heart of the CP-140. (BASE PHOTO)



HELP

We would like to extend our sincere appreciation to VOXAIR for your continuing support for our Sea Cadet Corps. The printing of our advertisement in your last issue merely exemplifies this continuing support. Without knowing the actual statistics it is interesting to note that our Corps enjoys a relatively high number of regular force dependents in our ranks, and needless to say, parental interest and support runs high. For this we must thank our friends at VOXAIR. As a postscript to this, your coverage of The Prince Philip, Duke of Edinburgh's visit to our Corps at HMCS Chippawa on 15 Oct 78 was most appreciated and very well done from our point of view.

It usually takes a problem of some kind to "shake" me into writing and this occasion is no exception. We would like to approach VOXAIR for assistance concerning a matter other than cadet recruiting. Our Corps has a piston-bugle and drum band, fully equipped with excellent instruments and numbering approximately 20 cadets. The only problem is that it has no leader and has suffered without one for more than a year now. Do you think perhaps you could find a small "corner" somewhere to ask whether there might be anyone interested in helping out, either on a part-time or regular basis (regular preferred of course). The job might appeal to retired personnel with musical experience and they can pretty well choose their own level of involvement, i.e. as a Civilian Instructor or perhaps eventually as a CIL officer. Our Corps parades Monday evenings and Saturday afternoons with the latter being the prime rehearsal period for the band. An excellent library of music is held by the Corps and instrumentation includes Soprano, Tenor and Baritone Bugles; Glockenspeils; Royal Scot snare-drums; tenor-drums; cymbals and bass drum. The only thing missing is a leader. Any interested person should call Major D.R. McLaughlin at 786-7991 (Bus) 233-2306 (Res) or myself at 946-3607 (Bus) or 895-7640 (Res). Thanks again for your kind support.

G.A. Moore CAPT
Executive Officer
RCSCC Qu'Appelle

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JUNIOR COMMANDER APPOINTED

CFB Winnipeg's 1978 Annual Christmas Dinner for the Junior Ranks was held on 13 December, 1978. The dinner, sponsored by the Base Commander, was arranged on behalf of all single Master Corporals, Corporals, and Privates at Winnipeg.

Chairman of the Junior Ranks Dining Committee, CAPT G. E. Sharpe of CFANS, did an excellent job of finalizing the arrangements.

As tradition has it, the servers were officers, warrant officers and sergeants from the various units and branches at Winnipeg, with the Acting, Acting Base Commander serving the youngest member present who was appointed "Base Commander" for the Dinner (BCofD). That honour went to Private Wayne Caissie. As the youngest member of the opposite sex, CPL Nancy Quinney was appointed "Maker of the Sauce". The most senior server was MGEN K. J. Thorneycroft, Deputy Commander of Air Command.

Customary piping of the dinner party from the lounge to the dining room took place and the "Base Commander" and the "Maker of the Sauce" were seated side-by-side at the head table, then the fun began.

LCOL A. J. Shade, on behalf of the Base Commander, initiated the "Changing of the Tunics", exchanging tunics with PTE Wayne Caissie, a weapons technician at Base Maintenance (Land), to signify that he became "Base Commander for the Dinner". Normally, tradition has it that the real Base Commander dons the tunic of the "Base Commander of the Dinner", and this year the tunics were good fits, so, the newly appointed "BCofD" had no trouble slipping into the jacket of LCOL Shade.

After the Padre, CAPT B. L. Yager, said Grace, LCOL Shade carved the turkey and served PTE Caissie signalling the beginning of service to all the "guests". LCOL Shade, with great skill, ensured that the head table was properly attended by the servers.

Throughout the dinner, the servers were very attentive to the "guests", who from time to time decided to exercise their new-found positions of authority like the private who yelled at one of the officers serving, "hey boy" - talk about discrimination!!!

And then "la pîde de résistance". Sauce for the plum pudding was piped to the dining room and the "Maker of the Sauce", CPL Nancy Quinney, a Reservist with 733 Communications Group, artfully performed her duty, after which dessert was served.

Having just enjoyed a hearty meal, a fine dessert, good service and joyful camaraderie, the "BCofD" requested serving of "port" and proposed a "Toast to the Queen", to which the "Maker of the Sauce" replied.

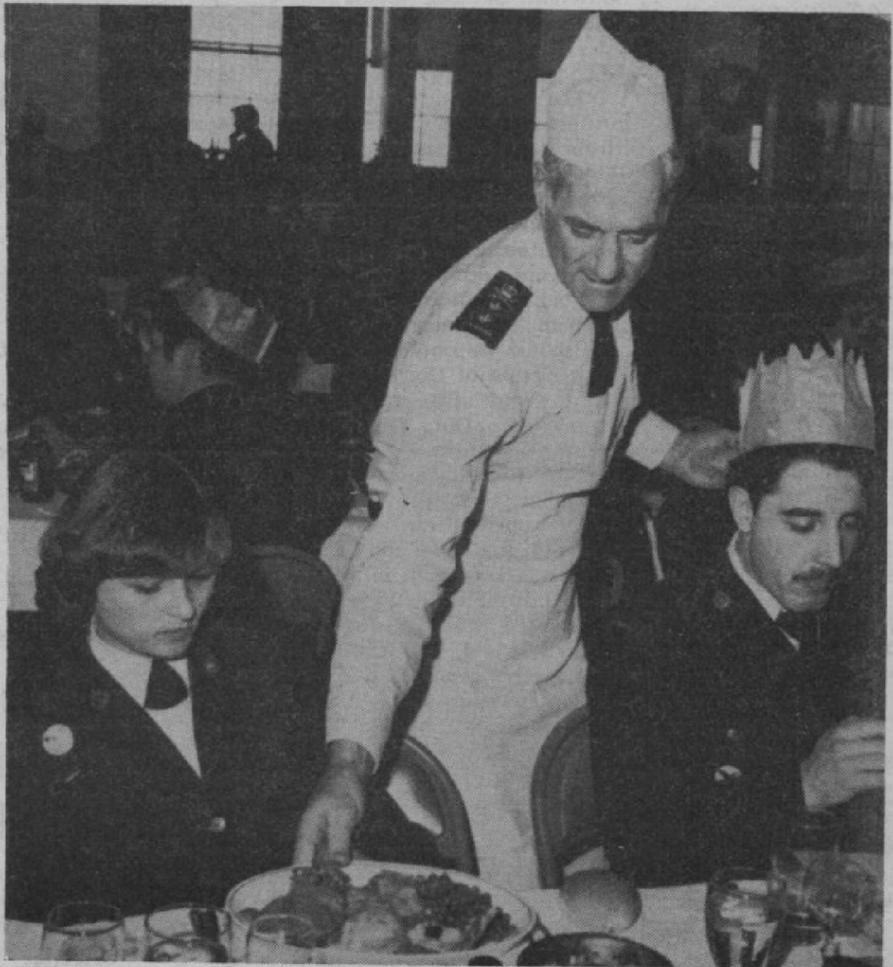
After a few minutes, the Piper lead the head table guests and diners to the Mess Lounge. The servers returned to their assembly room, put on their tunics and, led by the Acting Acting Base Commander and Piper, CPJ. Paul Griss of 402 Air Reserve Pipe Band, went to the Junior Ranks Lounge, asked permission to enter and visited for a short time with the dinner guests. A good time was had by all at probably the best, most enjoyable Junior Ranks Dinner ever held at CFB Winnipeg.



"Private" A. J. Shade assists "LCOL" Wayne Caissie with his newly acquired tunic. (BASE PHOTO)



CPL Nancy Quinney, "Maker of the Sauce", carefully spices the plum pudding sauce. (BASE PHOTO)



"Senior Server", MGEN K. J. Thorneycroft, shows his domestic skills as he serves the main course. (BASE PHOTO)

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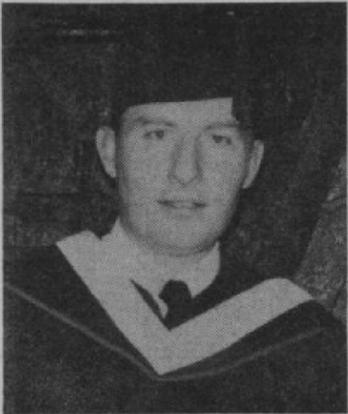


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Sun: 10a.m. to 9p.m.

COMMUNITY NEWS

BACHELOR OF ARTS

On 15 October, 1978, MCPL A. R. Taylor received a Bachelor of Arts degree (Geography major) from the University of Winnipeg. MCPL Taylor began part-time studies in 1970, completing courses via evening, spring and summer sessions. In eight years, Al has worked in various sub-sections within the BAME



organization, the last two years in Transient Servicing and most recently in Hercules Snags.

In July of 1978, MCPL Taylor completed 21 years of Service and although CRA is not due until 1990, he hopes to carry on further studies in a MA programme. Per Ardua Ad Astra.

TEEN NEWS

The Teen Club has been doing great. We have had three dances, so far. They all turned out great, with Mr. Bob Bowman doing the music. He has done a terrific job. We had about one hundred teens attending each dance. We have a dance planned for December 27, from 7:30 to 12:00, with Centurion Sound doing the music for it. It will be held in the Hercules Lounge. The dance will be semi-formal to formal. Girls should wear a dress and dress pants for the guys, if the guys do not have dress pants, they could wear cords. The cost will be \$1.50 per couple, or \$1.00 per person. We will be selling tickets in advance.

We have the pool every Saturday from 12 - 1 pm. So we are hoping to see the members out there to use the Pool. There wasn't much of a turn out last Saturday.

We also have the Gym on Thursday nights, from 8 - 10 pm. We had a real good turn-out the first time. There was about thirty people out to play Badminton. Right now we play Badminton from 8 to 9 pm., then Volleyball from 9 to 10 pm. We are planning a Round Robin Tournament, and the winners of that will play the South Side.

We are planning a Gong Show which will be held on February 9, 1979. We will be auditioning people some time in January.

The next meeting is December 17, at 2:00 pm., in the Hercules Lounge. We would like to see all the members out there because you members are the ones that decide what kind of activities that you want.

We also need volunteer chaperones for future activities, if interested call Brian Ross at 885-4543.

OUR LADY OF THE AIRWAYS RC CHAPEL NEWS

Christmas Message

It is Christmas again. It is a beautiful, gentle, human custom which all members of the family cherish in a special way. Cards, songs, gifts, yards of wrapping paper, the preparations - we have gone through it many times. But these are externals. If that is all Christmas means, it does not really have any significance beyond another holiday. It will be little more than a repetition of past Christmases.

The real Christmas is not something outside of us. It is something very personal. The real Christmas is our response to the birth of Christ, to God made man. Each of us has to respond if Christmas is to have true meaning for us and this is what makes it important.

In many parts of Canada this year, due to the energy crisis, some of the externals of Christmas are going to be different. But that should not be the only difference. Christmas should be ever-fresh, ever-new, each year for each of us.

Each Christmas should be different because we are different from the year before. We have grown in knowledge, in experience, and hopefully in wisdom. We have gained new insights since last Christmas into the significance of God made man and our relation to him.

With the passing of each year, we should be obtaining a better appreciation of God's love for all men, and His concern for everyone. Our faith should become stronger and more mature. Each Christmas therefore should be the best.

Of course mature faith does not allow us to be blind towards the actual condition in which we find ourselves. Faced with problems and confusion of today's world, thoughtful men reluctantly concede that some reasons seem to justify concern, discouragement, and even fear.

By thinking of the Christ Child at Bethlehem, these are brought into sharper focus; they are reminders of our need for a Saviour. The good news of Bethlehem challenges us to look attentively, and to do all we can to bring encouragement and hope and joy.

May our response bring the true meaning of Christmas to each of us. May each in his own way experience that peace and serenity which only God can give.

May God bless you now and throughout the New Year.



Hours Of Worship

SUNDAY MASSES Sat 1900 hrs - for Sun obligation, Sun 1100 hrs.

DAILY MASS Mon 1900 hrs, Tue & Thur 1645 hrs, Friday 1130 hrs (base hospital).

CONFESSIONS BEFORE ALL MASSES

BAPTISM Sunday - by appointment only

Ph Loc 272

MARRIAGE Please contact a chaplain at least four months prior to date of marriage.

OFFICE: Office of RC chaplain located in Bldg 62.

A CHAPLAIN IS ALWAYS AVAILABLE AFTER DUTY HOURS' HE MAY BE CONTACTED BY CALLING THE OPERATOR AT 832-1311.

CHRISTMAS SCHEDULE:

CONFESSIONS - Sat 3:00 - 4:00 p.m. & before 7:00 p.m. Mass.

Sun (24 Dec) 3:00 - 4:00 p.m.

MASSSES

Christmas Eve - Two Vigil Masses - 7:00 p.m. and Midnight Christmas Day 11:00 a.m. (French)

NEW YEAR'S EVE

Sun 31 Dec 7:00 p.m.

New Year's Day 11:00 a.m.

ST. GEORGE'S CHAPEL (RC)

CONFESSIONS

Sat 3:00 - 4:00 p.m.

Sun (24 Dec) 3:00 - 4:00 p.m.

MASSSES

Christmas Eve - Two Vigil Masses - 5:00 p.m. and Midnight Christmas Day 9:00 a.m.

NEW YEAR'S EVE

Sun 31 Dec 5:00 p.m.

New Year's Day 9:00 a.m.



THE MAXWELL HOUSE

A unique event took place at Air Command Headquarters recently. A husband and wife team got together after a long separation (the wife was in Egypt with the U.N. peacekeeping force). BGEN P.F. Maxwell, Chief of Staff Support for Air Command presented the CD to his wife, MAJOR B.A. Maxwell, Staff Officer Food Services at their headquarters. You can tell she is happy to be home. (BASE PHOTO)

PROTESTANT CHAPEL - Schedule of Christmas Services

Chapel of the Good Shepherd (North)

Sunday 24 Dec 78

11:00 a.m. Divine Worship

7:00 p.m. Family Christmas Service

11:00 p.m. Christmas Eve Service with Holy Communion

Chapel of St. Andrew (South)

Sunday 24 Dec 78

10:30 a.m. Service of Nine Lessons and Carols

11:00 p.m. Christmas Candlelight Celebration (Holy Communion)



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Or Our Base Representative:

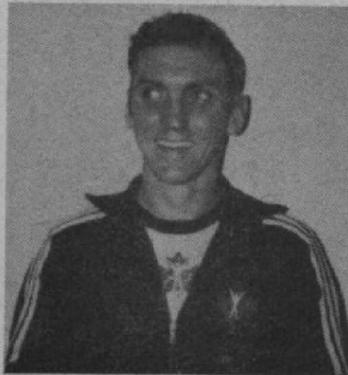
Major C.F. Potter

Local 323

Please refer to this advertisement.



MEET YOUR PERI STAFF



MCPL GORD PRIEST

MCPL Priest is a native of New Glasgow, Nova Scotia. In 1959 Gord left home to join the Army and "see the world" as the cliché goes. After training at Camp Shilo, Gord became a gunner with

2 RCHA in Winnipeg. After a short time he was sent to Germany with 3RCHA and in 1964 it was back to Winnipeg.

Upon his return from Germany, Gord worked at Lipsett Hall as an assistant Physical Training Instructor. In 1967 Gord remustered to the Physical Education and Recreation Instructional Staff. (PERI)

In 1973 Gord was posted to CFS Goose Bay and remained there for three years. While at "Goose" Gord was awarded the "Most deserving serviceman shield, Air Command" for his performance of duty and for his involvement in the community.

In 1976 it was back to CFB Winnipeg for Gord, his wife Alice and their three children (two girls, one boy). Gord is active in

community affairs as a ward councillor and as teen co-ordinator. During duty hours Gord is employed in the Training Cell, runs the inter-section leagues and is responsible for selection of Base personnel that represent CFB Winnipeg at Regional competitions.

Gord is a welcomed addition to our staff.

The Governor-General has just announced that MCPL Priest has been appointed a Member of Military Merit by Her Majesty the Queen for his continued involvement in community affairs throughout his career in the Canadian Army and the Canadian Forces.

Gord is a welcome asset to the CFB Winnipeg Recreation Staff.

LADIES FITNESS CLASS

Fitness classes commence on 8 January, 1979 and run for twelve consecutive weeks. Classes are conducted on Monday and Thursday evenings from 7 pm to 8 pm on the gym floor in Building 90. At 8:00 pm the pool and sauna are available.

Ladies are reminded that this program is not designed to "knock off" excess weight or build up various body parts. It is a general conditioning and stretching session that will increase blood circulation. Particular attention is given to the abdominal regions (stomach muscles) and to the cardio vascular system. The objective is to firm up those flabby or loose areas.

Cost 2 evenings per week
\$15.00 civilian
\$10.00 military/dependants
1 evening per week \$10.00 civilian
\$7.50 military/dependant
Course instructor will be SGT George Thompson at 832-1311 local 511.

Register at the Gymnasium.

BADMO FUN SPEIL

On Friday afternoon, 8 December, 32 curlers turned up at the Westwin Curling Club to try their hand(s) at curling.

This was not a game for the serious competitor. Special rules were initiated so that every one participating had an equal opportunity to do well or fall on their face.

Everyone had an opportunity to play each position, throw rocks with either hand, count every rock in the house or count only shot rocks. All games were six ends.

Teams were picked arbitrarily by the Speil organizer. Judging from the close scores, this method can be deemed successful.

Prize winners were:

Team with High Score	CAPT Graves
	PTE Boudreau
	Lottie Klapatuik
	Miss Waite
Team with Low Score	MAJ Smallman
	CPL Houde
	PTE Vilyevac
	MCPL Albert
Best Opposite Hand Curler	- Lee Monk
	Next FUNSPEIL - 19 January 79.

GYMNASIUM USAGE

Several incidents of theft have occurred in Building 90 (gymnasium and locker rooms).

Effective immediately - During the hours 0800 to 1630 hours, Monday to Friday the Base Gymnasium is out of bounds to all dependants unless attending an approved activity.

After 1630 hours the gymnasium is open to authorized persons providing there are no activities scheduled.

Authorized persons are: 1) military personnel; 2) dependants 16 years or older who are in possession of an "I" Card; and 3) dependants under 16 years if accompanied by a parent or responsible, authorized adult.

HOCKEY STATS

FOLLOWING ARE THE STANDINGS AS OF 6 DEC 78

TEAM	GAMES PLAYED	WON	LOST	TIE	PTS	GF	GA
ARROWS	10	5	1	4	14	35	24
BRAVES	10	4	3	3	11	25	22
DOLPHINS	9	2	4	3	7	23	28
CANUCKS	9	2	5	2	6	17	24

NOTICE

SOUTHSIDE OUTDOOR SKATING RINK IS NOW IN OPERATION

Dependants wishing to sign in guests from off the Base must make arrangements 24 hours in advance with the PERI staff.

For user information - a schedule of events is posted on the gymnasium door.

WINTER CARNIVAL

21 - 24 February

MARRIAGE GROWTH GROUP

The CF Regional Social Work Services is offering a growth group for married couples. The growth group is based on the "marriage enrichment" model. It is founded on the principle that all persons and all relationships have the potential for growth which leads to a more fulfilling togetherness and a richer marriage.

Who Is It For?

The growth group is for married couples in the military community who have a good marriage relationship and who desire to make their relationship even more satisfying.

What Is A Growth Group?

It is a group of approximately 6 couples who join voluntarily and participate as they choose in an educational and growing experience.

A Growth Group Is Not:

- a sensitivity group
 - an encounter group
 - a therapeutic group
- (It is not for couples who need counselling in their marriage).

What Happens In Group Meetings?

The format of group meetings is normally: a presentation by the group leader ... a learning exercise ... discussion. Participation at any time is voluntary and is not confronting. Areas to be examined include: communications; dealing with anger; resolving conflicts; decision making; and growing together, among others.

Who Is Group Leader?

CAPT Rick Johnston who is presently completing his Master's Degree in Social Work (specializing in marriage and the family) at the University of Manitoba will be the group leader.

When Will The Group Meet?

The group will meet one evening per week (Monday or Wednesday depending on response) from 7:30 - 10:00 p.m. for seven weeks beginning the last week of January.

Where Will The Group Meet?

In the group room at Regional Social Work Services, Base

Hospital, north wing, second floor.

Is There Any Cost?

This program is being made available to married couples of the military community as part of the CF Regional Social Work Services. There is, therefore, no fee. Similar programs offered in the civilian community normally assess a registration fee varying from \$50.00 to \$150.00 per couple.

How Do We Register?

You may register by telephoning the office of the Regional Social Work Services (local 479 or 785) or by completing the registration form and mailing it to:

Regional Social Work Office
CFB Winnipeg
Westwin, Man
R2R 0T0

The deadline for registration is 22 Jan 79. Registrants will be contacted by telephone during the week of 22 - 26 Jan.

BOOK NOW FOR YOUR SECTION XMAS PARTY.



REGISTRATION FORM

Please return not later than 22 Jan 79 to:

Regional Social Work Officer, CFB Winnipeg, Westwin, Man R2R 0T0

(LAST NAME) _____ (FIRST NAME) _____

(SPOUSE'S FIRST NAME) _____ (RANK OF SERVING MEMBER) _____

Address: _____ Postal Code: _____

Home Phone: _____ Business Phone: _____

Preferred Evening: MONDAY WEDNESDAY

2 PPCLI WINTER TRAINING

The week of 04-08 December saw three hundred and fifty soldiers of Second Battalion Princess Patricia's Canadian Light Infantry taking part in winter training in Shilo, Manitoba.

This winter training refreshed winter drill and routines for many and was a new experience for those younger members who had never lived in a tent under winter conditions. The training included snow-shoeing, skiing, patrolling, weapons firing, cross-country movement and in general learning how to work and live in winter conditions.



PREPARING TOBOGGAN

PTE PG Galski and PTE PA Wiebe members of "G" Company 2 PPCLI are seen preparing their toboggan for packing their tent while on Winter Training with "A" Company 2 PPCLI. (PPCLI PHOTO)



SIGN OF UNDERSTANDING

The Company Quartermaster Sergeant (CQMS) of "A" Company 2 PPCLI, WO RG Stevens displays definite signs of understanding as WO GW Bashura, a platoon second-in-command, is explaining why he requires some supplies. Looking on during the conversation is "A" Company's transport Sergeant, SGT G Best. (PPCLI PHOTO)



TENT ROUTINE

PTE SP Hadley of B Coy, 2 PPCLI, is seen filling the tank of a Coleman stove away from the tent. This is part of the normal tent routine and safety. (PPCLI PHOTO)



METRIC CONVERSION

The Working Group on Scales in the Retail Food Industry has announced that food items that are being weighed in retail stores, such as meat, fish, poultry, produce, cheese and candy, will be sold in grams and kilograms starting next year. For example, when this takes place, food sold by the quarter pound and pound will be sold by the 100 g and kilogram.

Mr. D.R.B. McArthur, Chairman of Metric Commission Canada stated that for over three years the scales and retail food industries and Canada Post have been working in close co-operation to plan the conversion of their scales to accommodate the transition to the metric system. The retail food industry will begin scale conversion in three test areas, Kamloops, B.C., Peterborough, Ont., and Sherbrooke, Qué., on July 1st 1979. The rest of Canada will start on January 1st 1980 and the program should be completed by the end of 1981.

The Honorable Gilles Lamontagne, Postmaster General, has already announced that Canada Post too will introduce a completely metric tariff on July 1st 1979. With effect from that day, postal rates will be based on grams and kilograms rather than on ounces and pounds.



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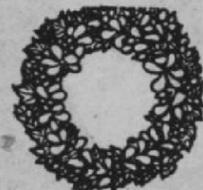
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Whytefold Rd., St. James. Rental
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N/C



Greetings

Hope your holidays are
wreathed in smiles and
bright with the hope
and joys of the season!

BALDWINSON AGENCIES

Rec Centre (Whytefold Rd)

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Dec 25th - 26th

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A Very Merry Christmas
To All Our Patrons



Un Joyeux Noël à Tous Nos Amis