

# Voxair



JULY 13, 1983

## THE BOYS IN BLUE LADIES TOO

by Slide

After a busy winter and spring "which saw the Air Command Band doing twenty school concerts and a combined concert and clinic for student musicians of Winnipeg School Division #1 besides their normal parades, mess dinners and dances," the Band started their normal "on the road again" summer.

A week in Northern Saskatchewan visiting towns like Porcupine Plains, Weekes and, of course, the Moose Capital of the World, Hudson Bay, seemed like forever with snow storms and below average weather. But in spite of a few cancellations the crowds were big and extremely enthusiastic when the show went on.

The following week the Band took part in a colours presentation and reunion for 440 Squadron in Edmonton, with the normal dinners and dance that rounds out a fun week for the participants.

Cold Lake lived up to its name for an eight day trip in which everyone was sure it has to be the coldest May and June for longer than we can remember. The members of 417 Squadron were pleased to receive their colours before disbandment of the Squadron. The dinners and dances were well attended.

With two whole days at home to do anything you want, "especially to get your clothes and instruments ready for another jaunt." Wednesday, June 8th is blast off day for another European tour. The Band as a whole or in part will be visiting England, France, Belgium, Holland and Germany. Unfortunately, this is a business only trip as every day is work or travel to the next job. Maybe we'll get a jammy one next time, there's always prayer. On return from Europe in mid July, the Band will go on leave for a much needed rest.

Recently we have had good fortune in the promotion department. Our Director of Music for the last six years, Capt Keith Swanwick, has been promoted to Major and posted to the School of Music as the new Standards Officer. He is wished well by all members of the Band on his new assignment.

## BASE WELCOMES NEW COMMANDER



The new Base Commander, Colonel S.E. McGowan, flanked by BAMEO Major Bert Meindl, pass by Master Corporal David Mofford during the recent Change of Command parade. Photo by Base Photo. (Ed Note: Following last issue's abbreviated biography of Colonel McGowan readers ask, "Is he really Navy?" To settle the doubt, the Colonel's biography is reprinted, as it should have been the first time, on page 3.)

A former solo trumpet player and Associate Director of Music, Lt. Dave Jones, has been promoted to Captain and is our new Director of Music. His tireless efforts as a trumpet soloist, I'm sure, will more than be matched by his commitment to the Air Command Band as Director.

Two deserving Warrant Officers, W.O. J.P.R.G. Paquette, and W.O. J.M.F.C. VanHelvert were promoted to Master Warrant Officers. MWO

Paquette has also been posted to his former unit the Royal 22nd in Quebec and MWO VanHelvert will remain with the Air Command Band in Winnipeg.

Master of Ceremonies and Public Relations Officer for the Band, Sgt Tyson has been promoted to Warrant Officer. He will be allowed to stay with the Band only if his jokes improve. Anyways — off we go into the wild blue yonder.

Next Voxair  
deadline  
is Tuesday  
July 19

— Keep those cards  
and letters coming.



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Edited by Captain Grant Russell, Master Corporal Tom Langer (888-5021), and Mrs. Ghislaine MacBride (498), with grateful assistance from Voxair's many unit and freelance contributors.  
 Sous la direction du Capitaine Grant Russell, le Caporal-chef Tom Langer (511) et Mme Ghislaine MacBride (498) à l'aide appréciée de nombreuses unités et journalistes indépendants collaborateurs de Voxair.

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 TUESDAY and THURSDAY 1-4 p.m.  
 PHONE 889-3963

**HEURES DE BUREAU — VOXAIR**  
 MARDI et JEUDI de 13h à 16h  
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ADVERTISING RATES ON REQUEST  
 SUBSCRIPTION RATES ARE \$5.00 FOR ONE YEAR, \$12.00 FOR THREE YEARS

POSTAGE PAID  
 Second Class Mail Reg No. 1725 ISSN 0300-3213

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# MANITOBA CADETS

by E.L. Dunlop

2701 PPCLI Royal Canadian Army Cadet Corps, piled up an impressive shooting record in the 1982/83 matches

DCRA Match No. 2 for Army Cadets (National)	First
Lt French Memorial Trophy (City)	First
IODE Flag Competition (Manitoba/NW Ontario)	First
Runner-up in Manitoba Cadet Team Championships losing by 1 point	Second

Army Cadet League Best Shot Award (Manitoba C/Capt R. Izatt)  
 DCRA Bronze Medal (National) C/Sgt S. Cauvin  
 2701 C/Sgt Chris Kitteridge qualified for the 1983 Army Cadet Team to Bisley last August at Ottawa and confirmed his position on the Team in March at Victoria.

Ken Barlow of 407 Queens Own Cameron Highlanders also confirmed his position on the 1983 Army Cadet Bisley Team.

Never to be outdone No. 25 Crusader Royal Canadian Sea Cadet Corps has a long string of victories to its credit:

Navy League International Rifle Competition	First
DCRA Match No. 1 for Sea Cadets	Second
Youth of the Empire Match (National)	Third
Manitoba Cadet Rifle Team Championships	First
National Cadet Rifle Championships	Third

Galer Hagerty Award (Manitoba) Chantal Lohr  
 Royal Canadian Sea Cadet Corps No. 77 Daerwood from Selkirk placed an impressive Third in the DCRA Match No. 1 for Sea Cadets (National), and Third in Manitoba Cadet Rifle Team Championships.

17 cadets from various Cadet Corps have won rings in the Strathcona Trust Competition. The Strathcona Trust Watch for the highest score in Manitoba/Northwest Ontario was won by M. Bison from No. 25 Crusader RCSCC.

A big improvement in Cadet Shooting is apparent since the Provincial Cadet Office inaugurated a program of coaching for Cadet Shooting Instructors, three years ago.

More Cadet Corps are participating in Matches and are Starting to produce really impressive scores both Nationally and Internationally.

The MPRA can claim some credit for this upsurge in shooting as they have provided coaches to several of the leading Cadet Corps and the expertise for the Cadet Instructors coaching program.

The Graduates of the Cadet Shooting Programs without a doubt will become the Senior Champions of tomorrow so look to your laurels.



Back Row, left to right: Cadet Sergeant P. Stoker, Cadet Corporal S. Cauvin, Cadet Captain R. Izatt. Middle Row, left to right: Cadet Sergeant B. Kieker, Cadet Sergeant C. Kitteridge. Front Row: Cadet L. Malbranck.

## LETTERS TO THE EDITOR

Dear Sir:

435 (T) Squadron is planning to erect a monument at CFB Edmonton in the memory of the seven crew members lost in the crash of Hercules 130329 on 16 November 1982.

Realization of such a worthwhile project depends directly on the financial support through a solicitation of fellow service members. In order to ensure as wide a coverage as possible, it is requested that the enclosed article be published in your Base newspaper.

Lieutenant-Colonel D.B. Abbott, C.D.



## SCAN CORNER

### OCCUPATIONAL TRAINING

Interested in occupational training? Many servicemen approaching retirement are — since entry to civilian jobs depends on having both recent and marketable skills. This can be troublesome when military skills and experience do not fit easily the needs of the outside world.

One answer is provided by the Canada Employment and Immigration Commission. This department is responsible for Bill C278 "The National Training Act". Under this plan they do not run courses themselves but purchase student positions at community colleges, institutions of technology, commercial business colleges and vocational institutes.

What are the ground rules for seeking this kind of training? Briefly: — the course normally must be no longer than 52 weeks; — it must be occupation orientated and meet the needs of the employ-

ment market; and — it cannot be academic training beyond the high school level.

However, if schooling is needed before occupational training can begin, up to 52 weeks is available. This is in addition to the basic course.

A variety of courses are available across Canada pertaining to numerous occupations. Do you want to fill one of these student places? You have to sell your interest, ability and potential to a manpower counsellor. This is decided during a face to face interview at the Canada Employment Centre nearest your base.

Welding course? A Computer Programming Course? A Cooking and Chefs Course? These are but a few of the training opportunities seized by servicemen after their retirement, as a worthwhile entry to the outside world. Are you interested?

L'escadrille 435 (T) projette d'ériger un monument à la BFC Edmonton en mémoire des sept membres d'équipage de l'avion Hercules 130329 qui s'est écrasé le 16 novembre 1982.

Le monument de granite, cinz pieds de haut, sera engravé montrant un avion Hercule accomplissant un aéro-largage par extraction à très basse altitude (LAPES), ainsi qui le nom des membres de l'équipage.

Pour aider à la réalisation de ce projet, un fond a été établi; toutes contributions seront grandement appréciées. Les donations peuvent être faites directement à "329 Memorial Funds".

329 Memorial Funds  
 435 (T) Squadron  
 Canadian Forces Base Edmonton  
 Lancaster Park, Alberta  
 TOA 2H0

435 (T) Squadron plans to erect a monument at CFB Edmonton in memory of the seven aircrew lost in the crash of Hercules 130329 on 16 November 1982.

The granite monument, standing five feet high, will be engraved with a depiction of a Hercules performing a Low Altitude Parachute Extraction, and the names of the deceased.

To aid in the realization of this project, a Memorial Fund has been established, contributions to which will be gratefully accepted. Donations may be made directly to the "329 Memorial Fund".

329 Memorial Fund  
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# VERSE INSPIRED BY A PRAIRIE MUSE

LIL'L STORY MOSTLY TRUE  
HABOUT DA ROPE TRICK HAT

One day beeg wheel in Weenpeg say  
We goun to ave an harmed force day.  
We make beeg show wit hall da gang  
Han ope no hairplane make beeg bang.

Da BAMEO guy she work lak hell  
For make dees day success.  
We work late night on weekhend too  
We going to be da bes.

We get hairplane from roun da worl  
Da shops make beeg display  
We put lots rope haroun dees ting  
For keep da crowd haway.

Lots hother section hon da base  
Dey make display haroun da place.  
He's even come dose nasa guy  
Wit lots gear dey trow hin da sky.

Da hairplane fly han make lots noise  
Ceevee like dat you know.  
But da guy what make dees hairshow work  
Was do guy from BAMEO.

By m'bye da crowd she hall go ome  
Da day was beeg success.  
No hairplane broke, no ceevee urt  
But we stuck wit won beeg mess.

Da man pool power guy come roun  
For clean da garbage from da groun.  
We take da rope from roun da plane  
Han make sure dey secure hagain.

Nex day we hall come back to work  
We did good job we ope.  
But da firs ting dat we hear dat day  
Is where's hall dat maudit rope.

Somebody's dissappear some rope  
Dat's not hour guy do dat  
Han den we ear some hofficer  
As lose his maudit hat.

Hi write beeg memo to da boss  
To try 'splain ow da rope was loss.  
I jus don know what appen dat  
But da fire hall guy return da hat.

Dey foun dat hat on da flight line  
Dat sure was beeg relief.  
'Cause dat maudit hat han maudit rope  
Make hus guy look lak teef.

Nex time we ave an harm force day  
We be hin better shape.  
We get hourself a check hat girl  
Han guard da place wit tape.

Chev



Colonel SE McGowan, C.D.

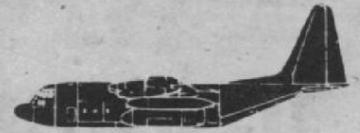
Colonel Stewart McGowan was born in Montreal in 1938, enrolled in the Royal Canadian Navy in 1955 and graduated from Royal Military College in Kingston.

After completion of pilot training Colonel McGowan's first operational flying tour was with VS 880, based at HMCS Shearwater in Nova Scotia flying the Tracker aircraft. He then joined the aircraft carrier HMCS Bonaventure in 1962 and in 1966 went as Deck Officer aboard the destroyer HMCS Ottawa. Following conversion to the Sea King helicopter, with subsequent service in HS 50 Squadron, he again served in HMCS Bonaventure before joining the destroyers HMCS Margaree and HMCS Assiniboine.

In 1970 Colonel McGowan attended the Canadian Land Forces Command and Staff College in Kingston Ontario. This was followed by tours at the US Navy Air Development Centre in Warminster Pennsylvania and as Commanding Officer of Recruiting Zone Headquarters in Halifax.

Colonel McGowan assumed command of 408 Tactical Helicopter Squadron in August 1977 until January 1980 when he became Deputy Commander, Air Reserve Group Headquarters, in Winnipeg.

During the past year, Colonel McGowan attended the Continuous French Language Course returning to Winnipeg to assume his new appointment as Base Commander Canadian Forces Base Winnipeg.



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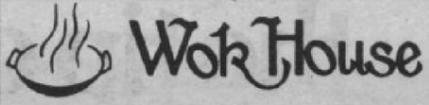
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# NAV SCHOOL

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## HOWGOZIT XI SUPPLEMENT

by Todd Martin

June 6 1944, June 6, 1944; I'll never forget my wife's birthday or D-Day . . . that's how HOWGOZIT X should have started!

Just like I promised I'm back but this time it's with only one gun "a blazin". (Others might think with only one oar in the water, whatever). It's rescue time. Yes, Terry \$50.00 for the CF windbreaker is steep no matter how it's rationalized and no the fashion industry will never convince men that a sweatsuit is more feminine than a pretty summer dress. Now out of the "KIT BAG" and into the fire.

"Your uniform proclaims that you are a leader" — from the intro to OPDP 3 Personnel Administration. What a relief to have that one behind me. Imagine flogging through 70 hours of CFAOs, QR&Os, plus a few other truly exciting policy papers and having nothing to link it all together not even a few Qs. Don't get me wrong, I'm not knocking the programme but the presentation of the material left a lot to be desired. It's for just that reason people snicker at O.P.D.P. (flipantly pronounced "Oh Pea Dough Pea") The writing's on the wall though. Come on use that grey matter of yours. Since its inception, the Officer Professional Development

Programme has taken on increased importance. Sure it's still voluntary but completion of the programme is now a pre-requisite for Staff College. Would you like me to read the writing on the other wall? Get in line boys, because "the times they are a changing".

Change . . . No sooner does one exercise end then another begins. The latest manoeuvres has the following main floor instructors leaving the hold:

MAJ DON HANSON:	442 SQN COMOX
MAJ DON HAROLD:	436 (T) SQN TRENTON
MAJ JEAN LECLERC:	437 (T) SQN TRENTON
CAPT MEL SITKO:	AIR COMD WINNIPEG
CAPT BERT PAGE:	AIR COMD OPS WINNIPEG
CAPT GORD WHITSON:	AIR COMD OPS WINNIPEG
CAPT GORD CURRIE:	U OF M (Economics)
CAPT ANTHONY THOMAS:	LAW SCHOOL
MCpl LINDA PRIEMSKI (O.R.):	CFTS HQ TRENTON

On Thur 16 Jun, a late luncheon was held at the Rsv Sgts Mess for the departing staff. The School Comdt, LCol Forbes, was on hand to present wings, plaques, mugs and the occasional comment to his troopers. Following the presentations, we settled in to the meat of the matter, dinner. Thanks again "Duke". Yes, we noted who took pizza and chicken. To those leaving, best of luck in your next endeavours. If ever in the neighborhood, wander over to the old coop.

Let's not forget about that double bash I wrote about last issue. Course 8206 (C.D. Capt Colin Macfarlane) and 8208 (C.D. Capt Peter Nordland) are out testing their new nav wings. The hard and steady work has paid off. Congratulations, you deserve it.

A double pat on the back to 2Lt J.D. Rodier (8206) and 2Lt G.P. Stewart (8208) for being honor graduates. Ready for their postings?

8206		
2Lt K.B. Almeda	415 Sqn Greenwood	
2Lt J.R.D. Blanchet	405 Sqn Greenwood	
2Lt D. Carino	407 Sqn Comox	
2Lt G.W. Denniston	415 Sqn Greenwood	
2Lt K.J. Kimpinski	407 Sqn Comox	
2Lt J.D. Rodier	436 Sqn Trenton	
2Lt J.J.C. Roy	405 Sqn Greenwood	
8208		
2Lt "B.S." Baker	423 Sqn Shearwater	
2Lt J.P. Blais	405 Sqn Greenwood	
2Lt G.C. Gushue	405 Sqn Greenwood	
2Lt K.D. Johnston	423 Sqn Shearwater	
2Lt S. Mitchell	435(T) Sqn Edmonton	
2Lt L.R. Schmidt	405 Sqn Greenwood	
2Lt G.P. Stewart	423 Sqn Shearwater	

Bon chance et bon voyage.  
Bon chance et bon voyage.

And now, what you've all been waiting for, OCdt Roy's account of the Nav School Sports Day.

The Annual CFANS Ball Tourney took place on 20 May. It will be a day remembered by all for the warm weather and exciting competition. There were eight teams from the School involved in the round robin plus a token team from 429 (Bisons at Large) Sqn. The 429 team would only manage one game against the instructors (flying commitments). Despite a home run by the biggest bison, Maj Lauritsen, 429 lost the game 5-3. The main event took place from 10 till 2. The semi-finals were at 3 and the finals at 4. In the finals, Courses 8210/09 through a twist of fate defeated the superior Courses 8206/07. OCdt Pat McSorley used his boogie van as a control centre for scorekeeping (well done by OCdt Rick East). During the afternoon, it was

used as a mobile refreshment centre for the teams who were fortunate enough not to make the playoff action. Upon completion of the last game, everyone went to the O's Mess for an outdoor barbecue. The atmosphere was relaxed allowing us to let the pressure go and discuss the good and bad plays that made the difference. Almost all were home by sunset — like all good navigators should be on a Friday night.

Thank you OCdt Roy. Thank you and good night.

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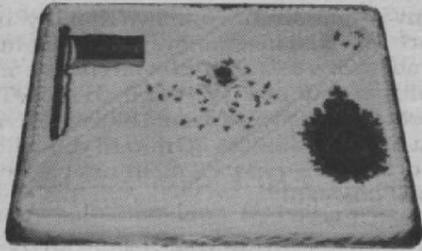
# BM (L) LORE'S 15th BIRTHDAY

On Wed morning the first of June 1983, the Officers, Warrant Officers, Sr NCO's and Jr Ranks of Base Maintenance Land appropriately marked the occasion of the Land Ordnance Engineer's fifteenth birthday, by opening the day with a parade, inspection and presentations. The Base Commander Col. B. Smith was the reviewing officer, several presentations were made including a farewell gift to Col Smith.

Immediately after the parade a group photo of all BML personnel including the BComd, BTSO and BCWO was taken, during the pre-photo configuration some comments were heard such as ("with all due respects sir, would you mind pulling up your socks") our thanks are extended to Base Photo for an excellent job. Following the photo session all ranks reported to Lipsett Hall where the PERI staff met us, bull horn and all and participated in an excellent sports day which consisted of tabloid sports in the morning and a Officers/Sr NCO's versus Jr Ranks challenge in the afternoon, the Jr Ranks were victorious winning both the baseball and volleyball events, however the Officers and Sr NCO's tested their might by winning over the Jr Ranks in tug-of-war.

The day was a great success with the sports events wrapping up at 1500 hrs. All personnel then adjourned to the bar where the BMLO Maj K.W. Kirkland presented plaques to the Jr Ranks departing on posting this year and trophies and medals to the winners of the days events.

As a finale to this years celebration on all ranks gala Birthday Ball was held Friday evening 3 June 1983, many retired Royal Canadian Electrical and Mechanical Engineers (RCEME) attended, a great time was had by all. A special thank you is extended to all personnel who worked very hard to make this years celebrations a most successful, enjoyable and memorable event.



LORE 15th Birthday cake.

## THE FORMALITIES

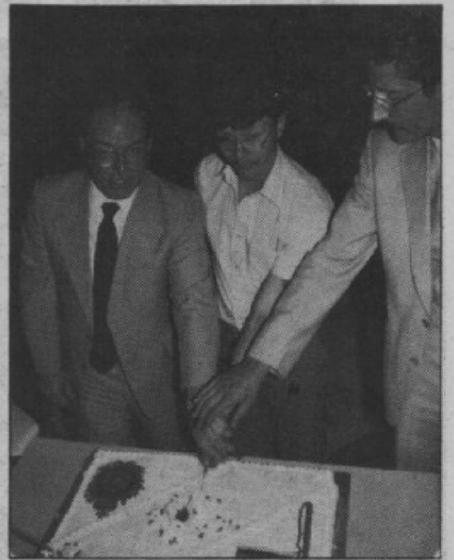


Col Smith Reviewing Base Maintenance Land 15th LORE Birthday parade.



Maj K.W. Kirkland presenting Col Smith with a farewell gift from Base Maintenance Land.

## CAKE CUTTING



From left to right — CWO Harry Pettigrew, Cfn Bob Rose, Maj K.W. Kirkland.

## SPORTS DAY



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# SUMMA CUM LAUDE



Seventeen Baccalaureate degrees, two Masters degrees and two Doctorates in Dental Medicine were awarded during Spring convocation ceremonies to Forces members and dependants studying under the University of Manitoba Program. Eight local graduates attended. From left are: Major Gus Hay, Bachelor of Arts; Captain George Simmons, Bachelor of Arts; Lieutenant-Colonel Terry Senft, Master Business Administration; Mrs. Sharon Chandler, Bachelor of Arts; Captain Morley Hunter, Doctorate of Dental Medicine; Major John Farncombe, Bachelor of Science; Captain Bob Gersbach, Bachelor of Arts; and Captain Kennedy MacLean, Master Business Administration. (Missing from the photo is Lieutenant-Colonel Larry Best, Bachelor of Arts. (CF Photo by Sgt. J. Blouin)

## WEATHERMAN COMMENDED



Mr. N.T. Taylor is shown here receiving the Commander of Air Command's Commendation from BGen R.P. Pattee, CD, Commander 14 TRG GP. The award was presented for Mr. Taylor's work in producing the Air Command Weather Manual, a publication which has required many hours over the years to bring to fruition, and which will finally replace weather ways which has been the bane of many a pilot and navigator since it's publication in 1950.

Norm is presently the Staff Officer, Meteorology Training in 14 Training Group Headquarters and has had a long career with the Air Force. He joined the RCAF in 1940 and after training in Prince Albert and Saskatoon, received his wings and proceeded overseas for the RAF OTU on Blenheims. After tours on two RAF

squadrons, during which time he says he almost qualified as an enemy war ace (the Blenheim was not easy to fly) he joined 413 Squadron and finished the War Flying Catalinas.

After the war he went back to school and obtained his B Sc (Physics) from the University of Alberta. The RCAF attracted him again and in 1950 he began his 32 year career as a meteorologist. He has served at Zwiebrucken, Rivers and Winnipeg, joining Air Command as a Staff Officer when it was formed and subsequently on 1 Aug 81, he joined 14 TRG GP in his present position.

Mr. Taylor's service as a wartime pilot and as an active pilot still, gives him a unique insight into the importance of weather to all aircrew and was a major motivating factor in the production of the Weather Manual.

## POLICE ENCOURAGE USE OF HELMETS — FOR OR AGAINST

At 2100 hrs, 23 Jun 83, Cst. BLACK, Winnipeg City Police, District 2, reported to the Military Police that a serviceman had just been involved in a motorcycle accident on Portage Ave. The serviceman sustained several injuries; lacerations on the right side of his head and multiple lacerations and abrasions on his arms. The accident occurred as a result of the serviceman losing control of his motorcycle. He was not wearing a helmet.

The following is a list of standard objections and responses which are most likely to be received by individuals concerned with proposed Motorcycle Helmet Laws:

**OBJECTION:**

The majority of motorcyclists oppose compulsory helmet laws.

**RESPONSE:**

There is no evidence in this respect, a recent survey in Manitoba showed an overwhelming majority of Manitoba residents do favour compulsory safety helmet legislation.

**OBJECTION:**

Wearing a helmet reduces the hearing capability of the motorcyclist. This hearing loss impedes safe operation of the bike.

**RESPONSE:**

The evidence is very clear that a well-designed safety helmet does not significantly reduce hearing, particularly considering the level of noise from the motorcycle itself and the high level of wind-noise.

**OBJECTION:**

The ratio of serious injury accidents to Fatal accidents increases after mandatory helmet laws are introduced.

**RESPONSE:**

This statistic only hides the Fact that more helmeted riders survive their accidents, thus becoming serious injury statistics rather than fatalities.

**OBJECTION:**

General objection questioning the value of safety helmets.

**RESPONSE:**

Investigations have shown that if you are involved in a motorcycle accident you have a better than even chance of hitting your head. If your head is NOT protected and hits a solid object, even at speeds as low as 20 m.p.h. you will suffer a life threatening injury or you will be dead!

**CONCLUSION:**

If you are wearing your helmet all the evidence indicates that your chances of survival are very much improved and your injuries will be much reduced.

Wearing helmets will not eliminate accidents but it may make a VITAL difference to the seriousness of the results.

# FIRE PREVENTION NEWS

**ELECTRIC LAWMOWERS**

If you are using an electric lawn mower, your Fire Chief advises you to be sure that it is certified and approved by a nationally recognized testing agency, and that it is double-insulated or grounded. Wait for a dry day before cutting lawns as water might mean a nasty shock for you. Store under cover in a dry place. Cords can be made unsafe by both rain and sun. Water may cause a short and heat and ultra-violet from the sun cause deterioration of insulation.

All power garden tools should be in a dry place. Don't carry an appliance by the cord, and never yank the cord when removing it from the receptacle; grasp the plug, not the wire. Keep the cord away from sharp edges, water, oil, and heat.

— keep your appliances sharp and clean for best and safest performance and follow manufacturers directions for servicing the appliances.

— keep children a safe distance away from your work area.

**IN CASE OF GASOLINE FIRE**

— If you should ever have a gasoline fire, it is usually best to forget fighting the fire... get everybody

away from it and call the fire department immediately.

— However, if you are in a position to fight the fire, do so only as long as you are clearly not putting yourself or anyone else in any danger. DO NOT FIGHT the fire if the fire is spreading beyond the spot where it started, or if the fire could block your exit or if you are not too sure how your extinguisher works. These firefighting rules apply to any type of fire emergency situation. DO NOT try to use water to put out a gasoline fire.

**GASOLINE AND CHILDREN**

If you use gasoline around the house, keep it out of the reach of children at all times — even if you have to lock it up. If your child should ever swallow gasoline, take the following steps:

— first, get gasoline and child apart. He might drink more. If he spilled it on himself, get the wet clothing off and wash him with warm water and lots of soap to prevent chemical burns.

— then call a Poison Centre or a doctor right away. Get these numbers now and list them along with other emergency numbers — fire, police, ambulance.

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# DEEP PADDLE 83

by Jackie Johnson

There is nothing I like more than going on an exercise, especially when it is an Adventure Training Exercise with a great bunch of people. Early Saturday, 11th June our bus and truck were loaded to the gills with canoes, IMP rations and rucksacks, not to mention fishing rods. The journey began with excited and some yet-hungover privates. With 18 males and four females (18 privates and leaders), it would prove to be an interesting week. We started our journey at Tulabi Lake, continuing with a 30-mile paddle up through the Bird River system to a well-used cabin on the east shore of Snowshoe Lake. Using the cabin as our base headquarters we will be carrying out various manoeuvres such as orienteering with map and compass and various swimming skills. One of the hardest tasks will be the tiresome task of casting, reeling and trolling for fish. For people who did not bring fishing rods, they will be relieved of one demanding task.

Upon arriving at Tulabi, we were keen on unloading all the gear from the bus and tractor-trailer. Various preparations were made to ensure all canoes were serviceable. Except for some last minute repairs with good old dependable gun tape on one canoe, everything was ready to go. Once in the water, we encountered our first portage of the day; having to carry two 47-lb boxes of rations in each canoe along with rucksacks and the canoe, it was not one of our favourite duties. After two more portages and 10 miles behind us we decided to pitch our sleeping bags on the rocky shore of Elbow Lake. We dined on loin steak, potatoes, peas and fresh fruit. Everyone ate heartily, knowing it would be our last real meal for a week. After a restless night in the company of buzzing mosquitoes and chirping frogs, we rose to a loud and forceful bugle call with a few broken notes here and there and played by an enthusiastic private female. We encountered three more portages as the day went on, which by the way, are not the easiest things to go through. Just ask Elvie Campbell and Pierre Meyer — they'll be glad to say that they are happy just to be alive after nearly going over a waterfall.

Arriving at the cabin at approximately 1330 hours we were welcomed with open arms by a filthy cabin — but that didn't last long. The place was made ship-shape in an hour, sparing us some time to have a swim before supper. It wasn't long after supper before people were passing out from fatigue. After a few games of Chase the Ace, the cabin was silent except for the uncontrollable snoring and sleep-talking.

Everyone rose early to try out Capt Don McLeod's favourite ham omelettes — he, I think, was the only one who liked them. We began our day with a series of orienteering manoeuvres consisting of three teams of six people. Each team plotted coordinates on the map and then travelled to each of their destinations. Upon arriving at the destination, a red streamer was tied. Then each of the other teams had to find another team's marker. Some coordinates were found after a few rounds around the lake; but others had some problems the first day. Either they had the wrong coordinates or they were just going in circles. Some were just totally confused. After a lunch of delectable rations, we tried our hand at canoe rescuing which proved to be very successful. Our evening group sessions were the best event of the day. We told of our reasons for joining the Forces and of our home town — where we were from. There were some very interesting stories told that night.

The following day was more or less the same schedule as the first day, except it had a 100% improvement on the orienteering. None of us wanted to eat rations for supper so we all grabbed our fishing rods and hit the lake for some well-deserved fishing. Thanks to our non-fishermen who stayed home to cook supper, we feasted on fried pickerel and home made french fries. That was the best meal of the trip. We gathered for another group session after supper at which time we told each other our most unusual experience. I think our favourite was Maj Holland's pigeon story.

Day 5 got us up early with the ever-popular playing of Reveille. I'm getting better every day. Today was our last day for orienteering — a real hard target to find. An old coffee pot that was found in the cabin was used as a marker deep in the woods. With our rain gear on hand, we went tracking through the woods and swamp and found it with little difficulty. Although we were soaked, our spirits were high. After lunch we went out for another target. This time it was a partially submerged gas can with a message on it. We were getting to be experts at everything by now. It was also our last day for canoe rescuing which was also a complete success. After supper everyone just laid around and relaxed, taking in all the comforts of a camp mattress. Lights out were from 1800 hours on, depending on how tired you were.

The final day at the camp began at 0830 hours. This was a day for mucking out the camp and packing our gear. We left the camp free of tears at 1400 hours. The canoeing was much easier today with the wind at our backs which was a relief for all of us. We camped out on the southwest shore of Elbow Lake on a small island which couldn't hold back the curiosity of the local wildlife. The sunset over the lake was fantastic; loons could be heard all evening.

The last day on the lake proved to be the most beautiful of all; it made leaving all that much harder. The lake was as smooth as glass; the loons were calling regularly and the usual call of a bugle woke everyone up to an excellent morning but for the myriad of mosquitoes. With only three more hours of canoeing left, we took our time. We even took in some small rapids.

Our bus was to arrive at 1600 hours so we had a few hours to spare. To our surprise and pleasure, our Base Commander, Colonel Brian Smith made an appearance in a Bell Jet Ranger Helicopter piloted by Capt Ed Ukrainetz who manoeuvred the craft with great precision into an area where the boats docked. Also travelling with him was our BAMEO, Maj Meindl and the BML Production Officer, Capt John Lawrence. We enjoyed their visit very much, and especially the wine which our Commander brought along with him. We also let some of our visitors try out IMP rations which they said they enjoyed, much to our surprise. Demonstrations included our final showing of our expertise in canoe rescuing before our guests had to leave. Their stay was all too short but as we later learned, they had other engagements. The rest of the day was spent talking about how we would terrorize the Jr Ranks' Mess in the state we were in.

Once back at Bldg 90, signed-for items were returned and everyone went their way. It is funny how you can live with someone you didn't even know before, and after a week come away knowing them like the back of your hand. It was a great experience for anyone who loves the great out of doors and enjoys working as a team to overcome problems. I think that was the main objective for this Exercise — teamwork. We solved many problems by putting our heads together and working it out as a team. One word of advice — if your boss comes up to you and asks you if you want to go on Adventure Training, by all means GO. He will probably tell you that it BUILDS CHARACTER.

# CANEX CUSTOMERS STAND IN LINE



June 15th was the "Grand Opening" of the newly renovated Canex Retail store. Holding the ribbon, Maj Dick Hanson, BXO (now Base Comptroller at CFB Portage La Prairie). Cutting the ribbon, Colonel B.L. Smith, Base Commander (now attending French Language Course here in Winnipeg). Looking on and ready to be first customers L Col Baker, BAMEO on the left and Colonel Nash, director of Canex, on the right.

# READY . . . AIM . . .



Master Warrant Officer Larry Blair and Sargeant Ken Cox were part of the contingent of the Royal Winnipeg Rifles firing a salute during their recent Freedom of the City parade. Photo by Dennis Beavais.

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**THE SCANOE . . .** is what we call it. Because it's not just another square stern canoe. Handles a 5 horsepower motor (not included) with ease because of the new wide transom design in the back. Scanoes available in green only. Canoe and Scanoes require some assembly.

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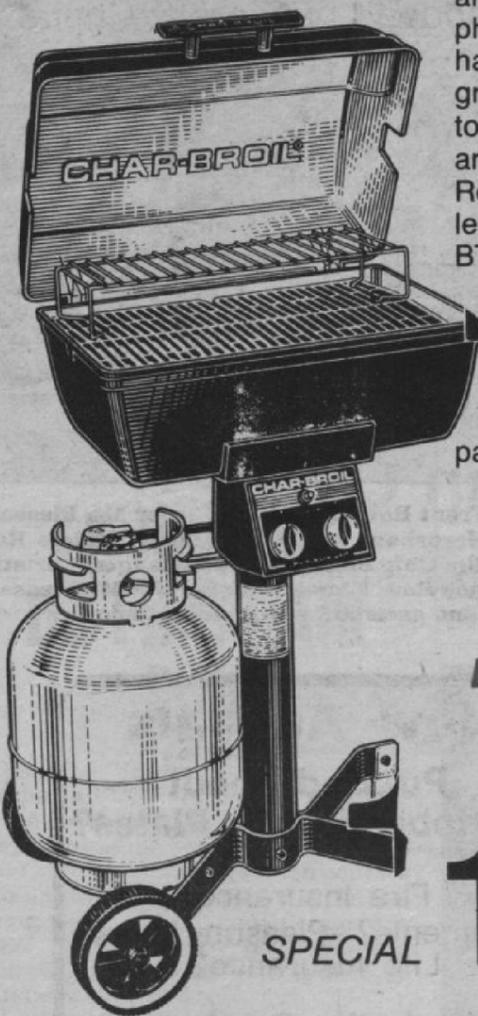
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*Includes 20lb  
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**LIMITED QUANTITIES**

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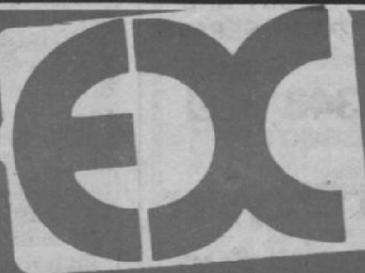
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**69<sup>97</sup>**

when it's barbecue time



... think



# SPORTS SHORTS

The Prairie Region Golf Championships will be held at CFB Shilo from 25-27 August 1983.

Base Play-offs will be held on the 3rd of August 1983 consisting of 36 holes. 18 holes will be played at Bel Acres Golf Club on 3rd August. Tee-off time 8:30 a.m. A further 18 holes will be played at Blumberg Golf Club on the 4th of August commencing at 8:30 a.m.

If you are interested, please call and register prior to 29 July 1983.

For more information contact Sergeant Bennett 888-5021.



Rick Mt Pleasant advises Chip Snider on batting techniques.



It's a hit!



"Go home!" encourages third base coach Wendy Woolley to runner Andy McMullen.

## TEE BALL IN THE SUBURBS

What appears to be absolute chaos to the uninitiated is actually highly organized Tee Ball say the parents who watch the game. That's not to say that the children, ages 5-6, know what's happening. Let's see if I can explain this. You take a softball, place in on top of a stick about waist high to your basic average five year old child, put a bat in his hand and tell him to imitate Reggie Jackson.

Budding slugger takes seven-fourteen practice swings and then addresses the ball. It's a lot like golfing. Except there are a whole horde of outfielders creeping impatiently towards the pitchers mound — the ball will almost invariably, eventually, be hit, grounded to whoever is standing on the mound.

The horde of players chase the ball to a stop, fight over it until one of them has it in hand. Sometimes it is rolled to first base for an easy out, but a particularly speedy runner can round first, second, and third and home just before the ball.

Just a few simple questions, I ask. First. "How many on a team?" "As many as possible," says umpire Tom Langer. "What's your batting order strategy?" "Alphabetical," says coach Rick Mt. Pleasant. "What's the score?" "Visitors, lots. Home team, a whole bunch," says scorekeeper Bernice Mt. Pleasant.

## SOUTH SIDE SUMMER PROGRAM 2nd SESSION

The Second Session of the Summer Fun Program for children ages 3 to 12 will begin on Tuesday, August 2nd and end Friday, August 19th, Mon. to Fri., 9 a.m.-12 p.m. Registration will be taken at Lipsett Hall at 9 a.m. on the first day of the session. This is a free program sponsored by Community Council South.

For further information phone 489-6798.

## FACE LIFT FOR PERIS

On the 9th June 83 all Physical Education and Recreation staff in the CAF participated in rebadging ceremonies across the country.

We now have our own Physical Education and Recreation Branch and consequently a new hat badge to go along with it. The official description of the Physical Education and Recreation Branch badge is "Azure in front of five circles gules edged or, all linked, a Phoenix, or issuant from flames proper. The five rings are taken from the Olympic Games symbol and represent the Branch's responsibility for Physical Education. The Phoenix, which recreated itself from its ashes, represents a pun on the word recreation and symbolizes the Branch's responsibilities with respect to recreation."

There is added significance in the symbols if one considers that a common definition of fitness involves five mutually interdependent components, namely the physical, mental, emotional, social, and spiritual which all contribute to a person's ability to function. The linked rings can also serve as a reminder for the "educators" who assist individuals to develop their potentials, that it is necessary that there be a co-operation between elements such as nutrition, medicine and psychology to name but a few.

The mythological figure, the Phoenix, did not just recreate itself, it was born again with renewed strength and health. This reinforces the ideal found in the Olympic reference, the pursuit of excellence and our motto "MENS SANA IN CORPORE SANO" (Sound Mind in Sound Body).

CFB Winnipeg's PE&R staff along with the staff from Air Command Headquarters, including the CPERO, CFB Portage La Prairie, CFS Gypsumville and CFS Beausejour celebrated the rebadging with a champagne breakfast held in the Combined Mess. The rebadging parade was held in the Westwin Gym where the new badges were presented to each individual by the Base Commander, Col Smith. After the parade there was a punch served for all participants and spectators. Later that evening all the PERIs and their spouses attended a dinner which was held at the Combined Mess. The BADMO, LCol Baker, and the BPSVCSO, Maj Holland were guests at the dinner. They presided over the official cutting of the cake which was decorated with the new PERI Branch Badge. Maj Holland, the guest speaker, enlightened us with a few stories pertaining to some of the older members of the PERI Branch.

It was a special day for all PERIs and it marks a new beginning for the physical Education and Recreation Branch.



Here Come The Westwin Jets! Front Row: Jeff Hindy, Tyler Mt. Pleasant, Mark Simard, Jennifer Marie Haroshaw, and Scott Andow. Middle Row: Jonathon Woolley, Andy McMullin, Chip Snider, Michael Langer, Christine Woolley, and Danny Hummell. Back Row: Scorekeeper Bernice Mt. Pleasant, Head Coach Rick Mt. Pleasant, and assistant coach Andy Andow.



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# FIRST COMMUNION HELD



Making their Communion are: Robert Paul Winter, Brandy Lynn Hummell, Sean Douglas Dunphy, Matthew Michael McKeown, Steven Michel Joseph Daigle, Theresa Suzanne Graham, Jason Peter Stewart, Jason Christopher Snea, Gilles Real Juan Desjardins, Patricia Ann O'Brien, Marie Antoinette Chantal Desjardins, Nichole Dawn Lewis.

# UNDE OFFERS \$500 AWARDS

Is your daughter or son planning to attend university, community college, CEGEP, ... this fall? Maybe the Union of National Defence Employees' Ken Green Scholarship Award can help.

Two \$500 awards are available. Applicants must:

- be children of UNDE Members in good standing;
- have attained 70 per cent in each graduation subject;
- show proof of registration, full time, for a first-year course at an institute of higher learning.

Deadline for applications is Sept. 23, 1983.

Two winners will be selected from among qualifying applicants by the scholarship award committee at UNDE national office. The selection will be made on the basis of financial need and academic standing.

For application forms, apply to the education department, UNDE, 330 McLeod St., Ottawa, Ontario K2P 2C5.

Winners will be announced by Nov. 14, 1983.

# THE CAR DOCTOR

by Paul Quinn

Make sure your car is in tip top shape before the hot summer months!

When was the last time you had your car checked? Automobile maintenance is essential for safe and efficient driving. If you are unsure as to whether your car is in tip top shape, have it checked now before the hot summer months. The following guideline outlines key points for a complete auto checkup.

Check tire pressures regularly. Keep tires inflated to the manufacturers specifications. Most recommendations are for cold pressure, so buy a good quality gauge and take readings before starting out. Good gauges are available at your Canex Service Station. You can improve mileage one percent for every two pounds of tire pressure needed to bring them up to manufacturers specifications. Replace all four tires with radials. They will generally give three to five percent improvement in gas mileage in the city and up to ten percent on the highway. When you buy a new car specify radials they last longer, give better mileage and often provide better steering qualities, but don't mix tires — it can be dangerous. Have wheels properly aligned. Improper wheel alignment can increase fuel use and cause unnecessary tire wear. A regular alignment check is a good idea after the wheels have had severe jolting from striking potholes, bumps or curbs. A good time is before your summer vacation, or any long trip. Check at your Canex Service Station for any advice or front end inspection. This is free to all our customers.

# FROM THE GOOD NEWS DEPT.

## METRIC COMMISSION CANADA ANNOUNCES PHASE-OUT PLAN

Edmonton — June 22, 1983 — The Chairman of Metric Commission Canada, Mr. D.R.B. McArthur, announced today that since 75% of the more than 100 sector committees will have completed the implementation of their conversion plans, the Commission has adopted a plan for phasing-out its activities on March 31, 1985. To ensure continuity, a metric office will be established within the Federal Department of Consumer and Corporate Affairs Canada to coordinate the remaining sectors of the economy implementing their conversion programs.

Metric Commission Canada's mandate since 1971, as stated in the White Paper on Metric Conversion in Canada, has been to: "Advise upon and coordinate overall planning of the conversion process". The White Paper also states that: "Metric conversion may be conceived as a variety of programmes extending over periods of years as determined by the needs and problems in different sectors of the economy".

Thirty-five committees already have completed the implementation phase of their plans and have disbanded. It is anticipated that another forty-five sectors will have completed the final phase of their activities by March 31, 1985.

Use gasoline of the proper octane rating. Your owner's manual gives the gasoline octane rating and gasoline type recommended by the auto manufacturer. What you want is octane just high enough to prevent knocking. Check and change oil and filter at recommended intervals. Everytime you add gasoline check the oil. Use a good quality SE multigrade (multi viscosity) oil. Look for the API-SAE rating on the container. Multi-grade oil like 10-30 and 10-40 helps reduce internal engine friction and gives better gasoline mileage than single grade oils. Do not use an oil of higher viscosity than recommended in your owner's manual since heavier oils tend to improve friction and decrease miles per litre efficiency. A lower viscosity oil such as 5-30 is recommended for winter months in a cold climate such as we have to put up with in Manitoba. Have you had an engine tune-up recently? Do you need one? If your engine is hard to start, hesitates, sputters, idles roughly, you are losing good gas mileage and should have the engines condition checked before your vacation. If you have a good tune-up done at your Canex Service Station, by qualified mechanics, you could save up to 12 percent on your gasoline bills. You can also be sure that you will have a more relaxed vacation knowing that your family is safe in a well maintained car. If we at Canex Service Station can be of any help in advise or service, please call 889-6394 or LOC 620 for an appointment. I am sure you will be impressed with our service and prices.

Paul Quinn is the manager of the Canex Service Station.



## CONTINUOUS FRENCH COURSE (8301) COURS CONTINUE DE FRANCAIS

Back Row: (L to R) — Cpl Neil Sutherland, MCpl Cornell Mitschke, Cpl Joanne Dominie, Cpl Art Matthews, MCpl Herb Malle, Capt Jim Tough, Sgt Diane Mihell, Capt Gary Saunders.  
Front Row: (L to R) — Capt Steve Wills, Mr Rosaire Hebert (Teacher), Capt Cal Dessureault BCol (Admin Director), Ms Cecile Gagnon (Teacher), Mr Albert Lepage (Teacher).

# LE COURSE DE FRANCAIS FINI

La phase Une du Cours Continue de Français (CCF) — 8301 s'est terminée le 24 juin 1983 (la journée St-Jean Baptiste) après cinq mois d'immersion intensive en français. En août les étudiants se rendront à l'Ecole des Langues des Forces canadiennes à la BFC St-Jean, Qué. pour quatres autres mois de formation linguistique intensive.

Le Cours Continue de Français — Phase Une est un cours de carrière qui prend place à des Centres linguistiques, logés sur 16 Bases à travers le Canada. Les étudiants pour le Cours sont choisis par les Gérant de Carrière au QGDN. Ici à la BFC Winnipeg le Centre d'Instruction des Langues se trouve sur la mezzanine de l'Edifice 21. Le prochain cours, le Cours 8302, commencera le 25 juil 1983 et les étudiants se voient maintenant affectés, à la Liste d'Instruction avancé, pour entreprendre la formation linguistique du français.

## CONGRATULATIONS

Best Rookie of the Year Corporal K.W. (Duke) Duquette was recently presented with the "Best Rookie of the Year trophy" by the East Kildonan Lions Club. Duke is a Supply Tech at CSANS.



2 PPCLI's Small Arms Team participated in the 1 CBG Small Arms competition held in Wainwright Alberta. The team placed first in the rifle event and finished second overall. Well done.

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# OMM AWARDED



Colonel Michael Marko Zyrmiak, OMM, CD, of Glenavon, Sask., was invested in the Order of Military Merit in the Grade of Officer by the Right Honourable Edward Schreyer Governor General of Canada and Commander-in-chief of the armed forces, during ceremonies in Ottawa 25 May 83. The Order of Military Merit was established to provide a worthy means of recognizing conspicuous merit and exceptional service by Regular and Reserve members of the Canadian Forces. Colonel Zyrmiak serves at Air Reserve Group Headquarters, CFB Winnipeg.



Colonel B.L. Smith, the former Base Commander, was presented with the pennant and the license plate of the car he used for his tour as Base Commander as a farewell gift from Base Transport. Private E.J. Hennigar, the youngest MSE Operator from Base Transport, had the privilege of presenting the Base Commander with this "unique" memento, (no 2 vehicles have the same plate number).

# HMCS CHIPPAWA AFLOAT



During the recent Canada Day celebrations in Winnipeg the Naval Reserve coordinated and supervised water activities on the Assiniboine River. The events included a raft race and water ski contest. PB 198 is the Naval Reserve patrol vessel. Also being used on safety patrol were a Zodiac Boat and a Whaler. Photo by Dennis Beavais.

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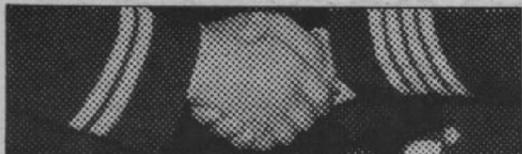
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# SHAKES N' TAKES



On Tuesday 14 June 83 Col Hubbard C.O. M.M.D. H.Q. presented Sgt. Noel Lagace (R.S.S.) 17th MED. COY with the Chief of Defense Staff's "Award for Aerobic Excellence". This award is given for members of the Forces who display exceptional athletic achievement. Sgt. Lagace received both the 1st and 2nd Seal of Achievement with the Award. He had previously completed the 1st Seal while stationed in Montreal. His 2nd Seal was recently finalized here.

Between Sep/82-Apr/83 he ran over 1900 klm's as well as participating and completing the 1983 Manitoba Marathon.

Photo by Dennis Beauvais



Captain Garry Reaume of Central Flying School is presented the 1000 hour Flight Safety Plaque by Col B.L. Smith. This award signifies 1000 hours of flying instruction without a pilot error accident.



Mrs May Scott, an employee of 37 years with the Civil Service, is shown receiving a certificate and a medallion from Col BL Smith, Base Commander. Mrs Scott leaves behind her a record of excellent work performance, dedication to duty, loyalty to supervisors and a fine example for all. Her cheerfulness and goodwill will be missed.



Congratulations to Mr. Adam Reichert of the Base Foods staff who was recently presented with a plaque in recognition of 25 years service in the Public Service of Canada. Shown presenting the award to Mr. Reichert is Col B.L. Smith, Base Commander.



Maj G.E. Holland, Base Personnel Services Officer, is shown receiving the Second Level Physical Fitness Award for Aerobic Excellence from Col B.L. Smith, Base Commander. This award signifies that Maj Holland has completed in excess of 14,000 miles of running since the award was instituted in 1973. Most of these miles were run to and from work, which is six miles a day.



### OFFICIAL VISIT OF COS OPS TO ARGHQ

The Chief of Staff Operations at Air Command, BGen BT Burgess, is welcomed by BGen RL Hughes, COMD ARGHQ, during his official visit to Air Reserve Group Headquarters on 1 Jun 83. COS OPS attended a series of briefings then toured the newly renovated HQ, meeting a number of the staff.

**DEADLINE FOR THE NEXT VOXAIR  
JULY 19**

# THE COMMANDAIRES



This busy little unit of traveling men or the gypsies of the band will be playing everything from dinners and dances on the various bases to political and state functions while in Europe. These unknowing gentlemen think that the weekend is Monday, that's almost always their weekend.

Under its leader, WO Don Leppard, it's an extremely sought after group not just locally but all over Canada. Radar bases book them a year in advance for Octoberfests, spring balls and anything else they can think of.

It may be a Royal occasion, a state dinner, the annual Christmas Parapelegic Party or Big Band Ball. The music will be great and the crowds are there till the last waltz.

Members of the band are Sgt Ted Gibson on saxophones, flute and backup vocals, WO Bob Hall, electric bass guitar, arranger and backup vocals. Sgt "Ozzie" Aasland, key boards, WO Don Leppard, drums, arranger and leader and WO Barry Tyson, trombone and vocals.

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**PRIVATE SALE — WESTWOOD**  
Must sell. 110 Wordsworth Way. 3-bedroom bungalow, 1180 sq. ft. Wall-to-wall in living/dining room. Large U-shaped kitchen. Hardwood floor throughout. Fully finished basement. Rec room and games room. Large work room. Extra bedroom. Central humd. Electric air cleaner. Screened gazebo. Carport. Fenced treed back yard. Quiet bay, 105 x 55 normal lot, close to Eng & Fr Imm School, bus and other conveniences. \$69,900. Immediate possession. \$9,500 mtge at 6-1/4%. Ph. 889-9265.

### FOR SALE

1 pair aluminum slot mags, 14x10, never used, \$75. One pair chrome slot mags, 14x7, excellent condition, \$40. Both for Chevy. 885-2591.

Movie Cameras: Bolex 8mm, Elmo Super-8 sound movie camera. Pentax 110 camera with wide-angle and tele lenses. Other misc film/photo equipment: editor, splicer, cutter, gadget bag, etc.

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17 ft. Flyte, tandem, sleeps six, stove, 3 way fridge, furnace, toilet, awning. Phone 489-3202.

Honda bike seat \$10, bike motorcycle battery \$20., two 13" tires with rim, \$30. Ph. 837-2652.

5-speed girls bicycle, 26", \$60. Bar & 2 stools, \$450. Cutter and shasts, \$175. Tarp, heavy duty, \$60. Ph. 837-3365 or 832-1311, loc. 562.

Sears portable dishwasher, 6 months old, coppertone, \$500. 895-7576 (eves).

SACRIFICE! RCA Air Conditioner 8000 BTU. Excellent condition \$150. Padre Hatfield L348 or 889-8210.

### MOTORCYCLES

1983 GPZ 305, red, 1/4 fairing, alloy wheels, 10 months warranty remaining, 2100 km. Ph. loc. 127 and ask for Rob.

For sale, 1981 Suzki 185 T/S motorcycle, 565 km, \$1300. Contact Gary at 888-8831, work 204.

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For sale, 1948 Ford sedan, loaded. For details phone 832-1672 after 6 p.m.

### CAMPERS

For sale, 10-1/2 foot overhead camper, loaded, in immaculate condition. Lot 221A St. Marys Road, 1-883-2550.

For sale, 1976 Ford — F150 truck. Fully equipped new Edson Camper. \$8500 or trade for small car. Phone Maj Sutherland 837-3365 (home), 832-1311 ext. 562 (office).

### TRAILERS

For sale — Maverick, hard-top tent trailer, sleeps 6, table, good condition with 2 mirrors. \$650. 489-6959.

For sale, LD6 hardtop tent trailer, sleeps 6, with curtains, 3 burner stove, clothes closet, mirror and icebox. Mint condition. Used only once. Asking \$3800. Ph. 888-9180 from 8 a.m. to 3:30 p.m.

### LOST

18 Jun 83. One set of wheels on seventeenth fairway at Bel Acres Golf Course. Urgently needed before next Saturday. Finder please call Keith Hiley at Loc 594.

9 yr old boy's black Timex digital watch. Lost from locker at Lipsitt Hall one month ago. If found, please call 489-2923 or take to office at Lipsitt Hall. Thank you.

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### GARAGE SALE

449 Conway, Saturday July 16th, 9 a.m. to 7 p.m. Household items, clothing, toys, furniture. Rain date, Sunday, July 17th.

### BABYSITTERS

Babysitting work wanted during the day, weekdays. 362 Doncaster (South Site). Ph. 489-7062 and ask for Shirley.

Babysitter available in Crestview area. Has taken Babysitting Course. Call Melanie at 889-2385.

Mature 13 yr. old will do babysitting during the summer months. Ph. 885-5060.

Babysitter, 13 yr. old girl wishes to sit on south site, qualified. Call 489-4237.

Wanted: Babysitter for my 3 month old child. Needed to start August 15/83 (as I am returning to work). Hours: 8:00 a.m. to 4:30 p.m. 4 days a week (Mondays, Tuesdays, Wednesdays, and Fridays). Rate: \$180.00 a month.

Due to the Labour Law we prefer the baby to be brought to the babysitter's home. All the baby's needs will be supplied by me. All applicants will be asked to come to my home at anytime (convenient to them) to be interviewed and to ask any further questions.

Only mature, reliable persons need apply. Phone 837-3204. Area: Canadian Forces Base, north side.

Experienced reliable 15 yr. old young lady available for babysitting, south side. Ph. 489-2923 and ask for Lynn.



### REUNION

All former CFB Shilo students who attended Princess Elizabeth High School between the years 1962-1968 are invited to a reunion at CFB Shilo from July 30 - August 1, 1983. Registration Fee — \$20.00 per person. Trailer parking available. Contact Ken Wells, Postmaster, CFB Shilo, Manitoba, R0K 2A0.

A Squadron reunion is being held for 408 Squadron in Edmonton Alta from 26-29 July 1984. The intention is to reunite all ex-squadron members who flew or maintained the variety of aircraft in our past.

One of the major undertakings 408 Squadron wishes to pursue in support of this event, is the publication of a squadron history, in hard cover format, during the spring of 1984. 408 Squadron would like to locate ex-squadron members to compile a mailing list and to acquire any personal anecdotes to aid us in telling our story.

To fund this project it is necessary to "pre-sell" copies of the book. Interested ex-members of 408 Squadron are asked to send \$16.00 for their copy to: Lieutenant Kevin Kokotailo, care of Commanding Officer, 408 Tac Hel Squadron, CFB Edmonton, Lancaster Park, Alta, T0A 2H0.

Once the book has been received from the publisher, copies will be forwarded by mail.

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