

Voxair

CFB/BFC Winnipeg

17 December 1986



Merry Christmas

**May your road be smooth
and your fortunes wide,
And those you love be at your side.**

Editorial

Linda J. Martin



Seasons Greetings!
As this is my final goodbye, and Christmas is the time for families, I want to mention three 'families'.

Firstly, Voxair. It has been an experience I wouldn't have missed for the world. The readers have been top notch; putting up with my trial-&-error schemes. Thanks for the encouragement.

The staff have been very supportive and helpful. Thanks, ever so much, for the confidence you had in me.

Most of the staff remains. Adding a new Production Editor, Glen Stewart, who gives a good account of himself in this issue, and an Office Manager/Production staff, Lt Jane Zwaagstra, who will keep the woman's touch in the paper.

Secondly, the military! There is no feeling like the feeling you get when you're doing something for Canada because you're Canadian, and proud of it! Alright, it's corny, but true!

Between my father and I, we take 41 years of memories, close friendships, and a vast range of experiences with

Base Commander's Xmas Message 1986

As we near the end of 1986 we reflect back on the busy year we've had on this base. The many changes of command, official hosting, the turn around of some 2700 transient aircraft, the charity drives, and the ongoing technical accomplishments to maintain flying programs and to maintain this large and complex base required major efforts from each of you. Thank you for your dedication and perseverance.

Perhaps its also a time to reflect on our contributions to a more important and cherished possession - our democratic way of life in which we enjoy political, social and economic freedoms that ninety percent of the world's population can not even comprehend. We in the military family whether in uniform or in support constitute a cornerstone of the foundation that upholds these cherished freedoms. Each of us regardless of the apparent significance of our input plays a fundamental role in our contribution to society and the gratitude of the leaders of our government and the Canadian Forces are expressed in various Christmas messages. Thank you again.

Finally, Christmas is a time for our reunion with families and loved ones. In many cases this will necessitate long journeys by air, road and rail. I wish each of you and your families a safe and joyful holiday season and a rewarding 1987.

Message des "fetes" du Commandant de la base

Comme nous approchons la fin de l'année 1986, nous reflétons cette année qui a sue nous occuper sur cette base. Les changements de commandements, les visites officielles, le va et vien de plus de 2700 avions, les campagnes de charités et l'accomplissement technique afin de maintenir

us when we both leave the Forces this year. To those friendships, thanks! Thanks for making the great times even more fun, and the hard times just a little easier to bear! Take care!

Thirdly, my family. Christmas is the time for, more than anything else, family memories. I'm lucky to have a great family. Dad joined the Army at Fort Osborne Barracks, and from then on our lives were as wandering gypsies. But I think that it was that 'home is where your hat is' feeling that has made us a close-knit family. Mom & Dad have remained the steadfast foundation of this household through it all, and from all us 'kids' (my sister, brothers, son, niece, nephews & myself) Thanks, Mom & Dad! You're the Best!

So as this Christmas season draws near, I leave you all with words from one of my favourite carols

'Love and joy come to you . . . and God Bless you and send you a Happy New Year!'
Merry Christmas!



Colonel Loren H. Reynolds

cette vaste et complexe base qui demande un effort majeur de la part de tous et chacun. Merci pour votre dévouement et persévérance.

C'est également une période pour refléter notre contributin à une plus improtante et chérissable possession - notre façon démocratique de vivre, en quoi nous apprécions notre liberté politique, sociale et économique dont quatre vingt dix pour cent de la population mondiale ne peuvent comprendre. Nous, dans la famille militaire, en uniforme ou du coté support, constituons un pilier dans cette fondation qui supporte cette chérissable liberté. Chacun de nous, sans regards apparent de la signification de nos efforts, joue un rôle fondamentale dans notre contribution à la société et nos chefs du Gouvernement et des Forces Armées Canadiennes émettent leur gratitude en divers messages de Noël. Merci à nouveau.

Enfin, Noël est une période de réunion avec les familles et êtres chères. Dans plusieurs cas, ceci nécessitera de longs voyages par air, route ou en train. Je souhaite, à vous tous, et à vos familles, une prudente et joyeuse période des fêtes et une bonne année.

Season's Greetings from Commander Air Command

It was my pleasure just recently to be the guest of your Base Commander, and to visit the home Base of Air Command Headquarters. I enjoyed meeting many of you personally in your workplace, and I commend you all for your fine spirit and professionalism.

CFB Winnipeg occupies a very special place in the hearts of Air Command personnel, and for this reason it is important that this Base continue to play a leadership role in facing the future challenges to Canada's air force. A shining example of the CFB Winnipeg reply to challenge was your outstanding support to the city following the November blizzard. Earlier in the year you provided excellent support to your "number one" lodger unit on several occasions, including the opening of the Air Command building in May, the Change of Command ceremony in August, and the many meetings now held in our fine new Headquarters building. Being the home of Air Command, a significant additional mission falls to CFB Winnipeg in terms of protocol and support, and I assure each of you that the effort is recognized and very much appreciated by all members of the Air Command Headquarters staff.

To all members of the CFB Winnipeg community, civilian and military, my family joins me in expressing our warmest wishes for a well-deserved Christmas holiday and for much happiness in 1987.

C'était mon plaisir récemment, d'être l'invité de votre commandant, et de rendre une visite à la BFC Winnipeg, le foyer du Quartier général du Commandement aérien. J'ai profité de l'occasion de rencontrer personnellement quelques membres dans leur lieu de travail, et je compliment tout le monde pour son esprit de corps et son professionnalisme.

Le personnel du Commandement aérien trouve dans leur coeur une place spéciale pour la BFC Winnipeg et, pour cette raison, c'est important que cette base continue à jouer un rôle de leadership et à faire face aux défis de l'avenir de l'aviation canadienne.



Lt. Gen Larry A. Ashley

Un exemple brillant du répose de la BFC Winnipeg du défi était votre soutien extraordinaire donné à la ville de Winnipeg après la tempête de novembre. Plus tôt cette année, vous fournissiez d'excellent appuis à votre "première" unité hébergée à plusieurs occasions, c'est-à-dire, le dévoilement de l'édifice du Quartier général du Commandement aérien au mois de mai, la cérémonie de la passation du commandement au mois d'août et les ombreuses réunions qui ont lieu dans notre pdifice magnifique.

Etant le foyer du commandement aérien, la BFC Winnipeg est responsable d'une tâche signifiante et additionnelle du point de vue de protocole et de support, et je veux assurer tout le monde que leur effort est reconnu et bien apprécié par tous les membres d'état-major du Quartier général du Commandement aérien.

Ma famille et moi aimerions exprimer nos voeux pour un Joyeux Noël et une Bonne et Heureuse Année à tous les membres civils et militaires de la communauté de la BFC Winnipeg.

Holiday wishes to those far away

As usual in discharging our military commitments, a number of our personnel are away from home at this holiday season. To all of you whose duty necessitates absence from loved ones at this special time of year, be assured that our thoughts are with you and your families.

Golan

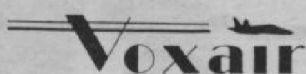
461 139 190 Lt Appoloni A.E.A.R.
473 693 646 Pte Deschamps J.O.
113 115 349 Cpl Millen G.J.
716 348 909 Cpl Wilson C.B.
475 032 710 Cpl Short K.B.
447 295 494 Cpl Stewart B.A.

Cyprus

613 482 272 Sgt Biehler W.G.
240 205 070 MCpl Lebouthillier R.
635 125 305 Cpl Robbins J.S.

Sinai

102 745 197 MCpl Hann W.G.



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Best Wishes from Commander 14 Training Group

We in the Military are a privileged people. We ordinarily lack few material necessities and our lives are generally rich in friends, opportunities and purpose.

Many others in this world are not so fortunate and it isn't necessary to go travelling to find those who do not have enough to eat, lack adequate shelter and enjoy little or no physical and emotional security.

Although we should always remember others less favoured than ourselves it is easy to become absorbed with our own interests and concerns, and in doing so forget that we owe the next person something of ourselves. This is the essence of the teamwork that military service depends on and it is even more fundamentally the basis of a civilized society.

This Christmas may I add my voice to those who offer best wishes for this season and for the coming year and in so doing express a sincere hope for a better, healthier and safer world in 1987.

MESSAGE de NOEL 1986 COMMANDANT 14e GROUPE D'INSTRUCTION

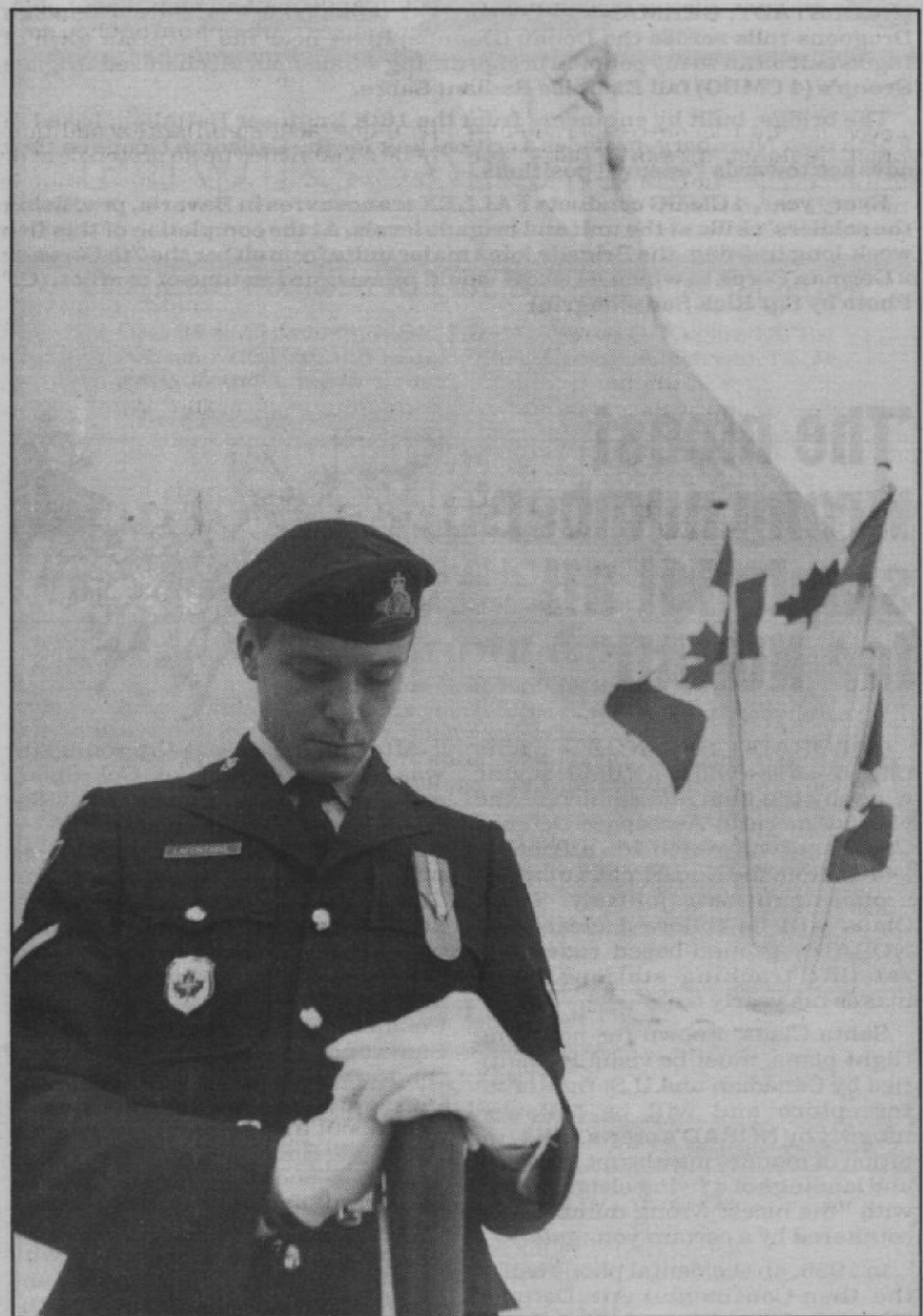
Nous, les militaires, sommes des gens privilégiés. Normalement, nous avons de quoi vivre matériellement et nos vies sont généralement riches en amis, possibilités et buts.



Beaucoup de gens dans ce monde ne sont pas aussi fortunés et ce n'est pas nécessaire de voyager pour trouver ceux qui n'ont pas suffisamment à manger, manquent d'abri adéquat et jouissent de peu sinon d'aucune sécurité physique et émotionnelle.

Quoique nous devrions toujours nous rappeler de ceux qui sont défavorisés, il est facile de devenir si absorbés par nos propres intérêts et soucis, et par le fait même d'oublier de donner un peu de nous-mêmes. C'est ce qui est au coeur du travail en équipe sur lequel les militaires dépendent et qui de fait est la base fondamentale d'une société civilisée.

En cette occasion, permettez-moi d'offrir mes voeux les plus sincères pour Noël et l'année qui vient et ainsi exprimer un désir sincère pour un monde meilleur et plus sûr en 1987.



Vimy, France — A solemn moment when the 60 000 Canadian dead of the First World War are remembered during the traditional two minutes' silence. The sentry, with arms reversed, is Private Marc Lafontaine of 1er Bataillon Royal 22e Regiment.

Vimy, France — Moment solennel: Les deux minutes de silence pour commémorer le sacrifice des 60 000 Canadiens tués au cours de la Première Guerre mondiale. La sentinelle, arme renversée, est le soldat Marc Lafontaine du 1er Bataillon Royal ww^e Regiment. (CF PHOTO BY CPl Yves Gamache)



VOXAIR VARIETY
by JOHN LAUDER

The past month has seen a superabundance of activity in the performing arts, with everything from grand opera down through gospel rock to pop stars such as Billy Joel. No one, in his right mind, could follow it all, let alone try to afford all this entertainment, so a few highlights are given below.

The opera Tosca in late November featured, not only an adult chorus, but also one made up of young boys with fine soprano voices. Singer Olivia Stapp in the title role was great, also the young Puerto Rican tenor, Antonio Barasorda, as her lover, and Victor Braun, as the evil Chief of Police. As always the story line is full of violence, jealousy, murder, and double-crossing, but the music makes it almost believable.

The Manitoba Theatre Centre opened "A Christmas Carol" on November 27th, and it runs for three more days, until the 20th of this month. There are difficulties in offering a play that has been literally done to death in so many past performances; stage, screen, radio and television.

With a cast of 27, playing many more parts, and some fine technical stunts, a revolving stage, and a lot of smoke and mirrors, the MTC makes a valiant try, which comes off most of the time. The eight-year-old critic sitting next to me was intrigued by the appearance and disappearance of various ghosts, and at Mr. Scrooge flying from his bed. I felt that Robert Haley in the role of the story teller, Charles Dickens, was weak, but the Robert Clother as Scrooge was excellent, as were a number of the others in the cast. Sets and costumes were top quality.

MTC redeemed itself with the Warehouse production "We Can't Pay? We Won't Pay!" which also runs until the 20th. If your drill instructor taught you a few bad words and you think crazy Italians are fun, try and catch this one. It is sheer farce, full of laughs and a bit of political sense. A balanced cast of three men and two women fill out the cast, and all are equally good. There is some strong language, but it is in the context of the story.

Yet another Italian comedy will next grace the Main Stage, as the 1753 show, Mirandolina opens on January 1st.

Upcoming for Christmas is the Royal Winnipeg Ballet with the circus ballet "The Big Top". Also on the program will be "Le Jazz Hot, Spring Waters, and Nuages". As a special tribute to the late Paddy Stone, local star and choreographer who recently passed away, his dance number "The Hands" will be presented.

Evening shows run from December 26 to 30 at 8 pm, with matinees at 2 pm on the 27th, 28th and 31st. Tickets are \$9 to \$25, with discounts for children, students and seniors.

Other events in the Concert Hall include "Christmas Fantasy" with the Symphony Orchestra, special guests, and a sing-a-long, this on the 20th and 21st at 7:30 pm and a matinee on the 21st at 2 pm.

Over at the Gas Station Theatre on Osborne Street the Mermaid Theatre is running "Just So Stories" all this week for schools, but with public performances at the weekend on the 20th & 21st. These are the Kipling animal stories which have always been popular with the young ones. Prices are \$5 and for information you can call 947-0394.

At the end of the month the Contemporary Dances will offer "Camping Out: A Wilde Night with Liszt" as a New Year's celebration. This opens on December 31st and runs to January 10th. Tickets are \$9 for students and \$12 for adults through 452-1239.

The Air Reserve and You Article Two — Classes of service

submitted by ARAF Winnipeg

Last issue we described a little about the Air Reserve and some general information on enrolment standards. Now let's get into a little more complicated subject, the classes of Reserve Service.

There are three classes, unimaginatively named A, B, and C. Class A service is used for unit parades and part-time work. It is the normal form of Reserve Service. A Reservist on Class A signs a daily attendance register for the number of hours on duty and is paid once monthly for the number of days and half-days worked in the previous month. A half-day's pay is awarded for two to six hours duty, while six to twenty-four hours duty in a calendar day merits a full day's pay. Since ARAF members work normal Service working hours a standard day is about 7½ hours.

Class B Service is a bit different. This is basically a short to medium term period of continuous service, 15 days to about six months. This type of service is used to send Reservists on courses, for direct support to the Regular Force, when part-time won't do, and for special projects. To explain, the Air Reserve sometimes sends a number of technicians and clerks to Europe each summer to work and learn on the bases at Lahr and

Baden-Soellingen. These Reservists are all on Class B. Similarly, Air Reserve units supplied volunteers to some events such as the Canada Summer Games also on Class B. Closer to home, a section on the base may need full-time help for a month or two so a Class A Reservist will be asked if he or she wants the full-time duty. A Class B Reservist receives the same daily rate of pay as on Class A, but is paid for every day of the Class B contract. Thus a Class A Reservist working 15 days in October would be paid for 15 days service but a Class B callout for the month of October would work about 22 days (Mon-Fri usually) and be paid for 31 days.

Then there is Class C Service. This is a medium to long-term class of service, three months to a year or more. In effect this type of service is a contract between the individual and DND, where the individual agrees to serve for a given period of time at an agreed-on rank. Because there are a number of oddities about Class C Service, particularly with regard to pensions, I think a separate article next issue is warranted.

Again a reminder, anyone interested in any of the three classes of service described should contact the ARAF office at 895-5764.

There's no life like it

In April of 1941 at the tender age of 18 and just fresh out of high school, I joined the Royal Canadian Air Force.

Having been born and brought up on a farm, the idea of belonging to a select glamorous group of people filled my head with visions of being an instant hero, irresistible to the fairer sex, and though I hate to admit it patriotism was one of the things farthest from my mind.

It was quite a shock when I reported to the Manning Depot, and quickly found out that an Airman Second Class (A.C.2) was one of the lowest forms of humanity that ever existed.

About one hundred and fifty of us poor lost souls were grouped together, issued uniforms, given military haircuts, and allocated living space in two barrack blocks. We were taught how to make a bed, scrub a floor, shine boots and buttons, press a uniform, and last but not least how to march for hours and hours carrying a backpack, and an old beat up Ross rifle. We marched and drilled for what seemed like an eternity, and every time I worked up the courage to ask our Squadron Corporal when my flying training was going to start, that worthy gentleman would always make reference to my inability to properly police a latrine, and always ended by saying that I was the scruffiest, most illiterate, pitiful specimen of a human being that it was his misfortune to try and command. Finally my recruit days ended, and with thirty five others we were posted to a wireless school to begin training as Wireless Operator Air Gunners.

I had been told when I enlisted that Pilots were in short supply, so when I got to Wireless School I requested and received an audience with the Adjutant to try and find out why I had not been selected for Pilot training.

The Adjutant, an ex school Principal bluntly informed me that Wireless Air Gunners were in demand at the present time, and if that didn't suit me, he was more than willing to send me back to Recruit Camp. I hastily assured this worthy gentleman that the possibility of becoming a Wireless Air gunner would fulfill my wildest dreams, and just to make sure this big Wheel knew I was serious, I mentioned that maybe Pilots were just glamor boys. Anyways after a session at Wireless school and a go at Bombing and Gunnery school the day arrived when a Wireless Air Gunner badge was pinned to my tunic, and I also received a promotion from Leading Aircraftsman to Sergeant.

After more training at an Operational Training School, the day arrived



L.A.C. Stewart

when orders sending me Overseas were posted on the bulletin board. The journey overseas was by a ship called the Nieuw Amsterdam, and as I was boarding this ship I thought that if the Navy couldn't even spell (New) properly, this trip would not be a luxury cruise. How right I was in regards to the cruise, mainly because the weather was stormy, we were crowded together like sardines, and just as soon as somebody got seasick I would follow suit even though there was nothing in my stomach to throw up.

Anyways we finally made it, and I was posted to a Royal Air Force Squadron in Doncaster Yorkshire.

All thoughts of becoming a hero vanished as our Squadron was strictly air transport, and the aircraft were (D.C. 3's) Dakotas.

Even though I liked flying and still do, after a few months with trips to Italy, France, and you name it, there were many times when I wished that I had let the Adjutant at wireless school send me back to Recruit camp.

Finally our whole squadron got posted to Burma, and by this time I was now a Warrant Officer Second Class (W.O. 2) which was a great rank, as the Royal Air Force did not have such a classification, so rather than discriminate against me, they quit detailing me for Orderly Sgt. Duty Officer, and Guard Commander.

I was still in Burma when V.E. day occurred, but it didn't matter at the time, because the Japanese were still fighting in the Burmese jungle, and the bullets they were using were just as deadly as ever.

To make a long story shorter I got back to Canada in late 1945, took my discharge and believe it or not re-enlisted less than a year later.

After twenty eight years in the military I applied for and obtained my release, and to this day I have never regretted one single moment of my military career.

As the military recruiter says, "There's no life like it", and I'll drink to that.

Glen Stewart

Releases quiet this time of year

It's Christmas time again and the Base Orderly Room is getting into the swing of things. Have to make sure we don't miss any of those Christmas parties.

Records section is busy making sure everybody's file is up to date. Congratulations to Cpl Lewis on her promotion in November. MCpl Priemski, after a short stay in the BOR, is leaving us for Base Transport. We are sorry to lose her but she won't be too far away. We wish her all the best. Cpl McKinnon will be joining us soon from CFB Lahr and we hope he will enjoy his stay in Winnipeg.

It's not too busy in R&D at this time of the year but they are slowly getting

everything ready for the new year. The 1987 postings have already started to come in and there is always someone going on TD. Pte Worgul will be going on his QL5 in February and we wish him luck.

Release section is usually busy but when it's quiet, they are always willing to lend a hand in the other sections. Pte Aubin is going on her QL5 in January and we wish her luck and hope she will have a good time. She will be the only female on the whole course so it could be quite challenging.

I guess that's it for now. The BOR staff wishes everyone a safe and wonderful holiday season and we'll see you in the new year!



INGOLSTADT, GERMANY — Leopard C-1 tanks from The Royal Canadian Dragoons rolls across the Donau (Danube) River near the Bavarian town of Ingolstadt on an Army pontoon bridge during 4 Canadian Mechanized Brigade Group's (4 CMBG) fall Exercise Radiant Sabre.

The bridge, built by engineers from the 16th Engineer Battalion, based in Furth near Nurnberg, provides a critical link for the Canadian troops as they advance towards "enemy" positions.

Every year, 4 CMBG conducts FALLEX manoeuvres in Bavaria, practising the soldiers' skills at the unit and brigade levels. At the completion of this five week-long training, the Brigade joins major units from either the 7th Corps or 2 German Corps to which 4 CMBG would be assigned in time of conflict. (CF Photo by Sgt Rick Sanschagrin)

'The nicest wrong number' started it all for NORAD

COLORADO SPRINGS — This Christmas Eve will mark the 31st year whereby the men and women of the North American Aerospace Defense Command will watch for a friendly launch from the North Pole. To ensure a once-again safe journey, Santa Claus will be followed closely by NORAD's ground-based radar and satellite tracking stations as he makes his yearly trek.

Santa Claus, known for not filing flight plans, must be visually identified by Canadian and U.S. fighter interceptors and will be followed intently by NORAD's crews. This tradition of monitoring abrupt take-offs and landings of a flying sleigh, began with "the nicest wrong number" encountered by a certain youngster.

In 1955, an accidental phone call to the then-Continental Air Defense Command here began the Santa Watch tradition.

A misprint in a local store's advertisement giving a telephone number for Santa Claus resulted in a call to now-retired Col. Harry Shoup, director of Combat Operations. When the colonel answered the commander in chief's "hot line," a small voice asked, "Is this one of Santa's helpers?"



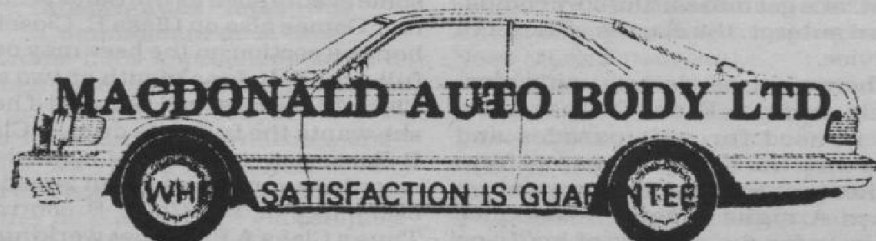
After realizing that the youngster was not playing a joke, Col. Shoup said, "This is Santa Claus." As other calls flooded the supposedly unlisted number, Col. Shoup designated an officer to handle the "Santa Line." That Christmas season, many youngsters shared their Christmas lists with a "special Santa helper."

Feeling the Christmas spirit after answering several calls, one of the Command Post's crew members drew Santa and his sleigh on the display of the North American continent. During a surprise visit to the Command Post about a week before Christmas Eve, Col. Shoup found the "Santa Tracking" and that's how NORAD began its special Christmas Eve watch.

Detecting the heat from Rudolph's red nose, the satellites, along with ground-based air defense radars and space surveillance sensors, plot the flight of Santa and his nine tiny reindeer across North America.

NORAD relays this special tracking information to worldwide radio stations and several television networks to let youngsters everywhere know that Santa's on his way!

An accidental call 31 years ago began a Christmas Eve tradition now enjoyed by kids from one to ninety-two!



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PHOTO HINTS*



Capture the fun of the whole family "getting in on the act" this Christmas

Yuletide Traditions

What better time for pictures than the holiday season. With a Polaroid camera you can capture all the traditional moments instantly.

Take a picture of the family getting everything ready for the big event. You'll want to remember that look on Mom's "I used face" when you catch her unexpectedly in the kitchen baking all the Christmas goodies; or the mischievous way Mittens has of getting into everything when you're trimming the tree. Half the fun of Christmas is watching the reaction of loved ones open their gifts. This year, be sure to record the expression on the "little one's" face when he unwraps that train set he wanted so badly.

You spend so much time and effort making everything just right for the holiday season. Wouldn't it be nice to have a picture of all your guests seated

at the dinner table all decked out in their glittery best eager to devour that once-a-year festive dinner? Or of the family gathered around the piano singing carols?

So, don't miss out on all these great photo opportunities. Then, when it's all over, put these special pictures in your "Family Christmas 1986" album so you can refer to them year after year to see how much the family has changed.

Doing a lot of visiting over the holidays? Take along your Polaroid camera with plenty of film. It's a great crowd pleaser. Shoot lots of pictures of everyone and give the photos away as keepsakes. What a unique way to thank friends for their hospitality.

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My Son

From the day you were born, you were so special,

So smart, so sensitive, so good
It was so much fun to watch you

As you grew, you became your own person

With your own ideas and your own way of doing things

It was so exciting to watch you . . .
As you grew more, you became more independent,

Still special, still smart, still sensitive, still good

I am so proud of everything about you
And I want you to know that I love everything about you

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Happy 13th



Birthday, Chris

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Not only a day, but a year of Bliss;

Not only the joy of gifts and giving,

But also the gift of the joy of living.

— M.A. Scott

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LCol R.M. Barnes, CO 429 Sqn presents 2000 Hr Lockheed Scrolls to (l to r) Capt Mickey Garner, Capt Mike Yarrow, and Capt Bob Sutherley.

Missing from photo but also presented with 1000 Hr Lockheed scrolls are: Sgt Emile Fournier and Sgt Ross Miller.



Sgt Bert Bertrand
5000 Hr Lockheed
Scroll



Sgt Colin Rix CDI
& 1000 hr
Lockheed Scroll



Capt Tom Dressel
1000 hr ATG Scroll



2Lt Keith
Commissioning
Scroll



Sgt Earl Dawson
CD1



Capt Tim Sexsmith
CD



Promotion
MWO R.K. Lazell

Air Command DCOS C&E, Col M Charron presents Rank Badge to MWO R.K. (Ken) Lazell on his recent promotion to MWO effective 09 Nov 86. Joining the RCAF 15 June 1962 MWO Lazell has served as a Radar Technician in a variety of roles on both Navigational Aids and Long Range Radar Units. Posted to Winnipeg 20 July 83, he is presently employed as Staff Officer Nav Aids (SONA 3-3) with Air Command. From all DCOS C&E Staff, congratulations Ken on your recent promotion.

To them falls the task of Carrying on Voxair

While this edition of the VOXAIR is our last in 1986, it is also, regrettably, the last to be put together by MCpl Linda Martin, our outgoing Production Editor. Linda is retiring from the CF and is moving to Saskatoon where she plans to set down roots on civvy street.

Linda has been a driving force in our move to re-vitalize the Base Newspaper. Under her guidance, the paper has improved, both in style and content. Unfortunately for Linda, many of the changes she has instigated will only become visible in the next

few months, particularly the increased local content which she so actively pursued.

Our new Production Editor will be Mr. Glen Stewart who works for 401 CFTSD and his assistant will be Lt Jane Zwaagstra from 3RSU. To them falls the task of carrying on where Linda has left off — I certainly am appreciative of their volunteering of their time and effort.

To Linda, thank you for a job well done. We'll miss you, and we wish you all the best in your new life.

LCol K.W. Doerksen

Life begins on doughnut day

There is an organization on this Base, Dear Voxair readers, about which relatively little is known. Hopefully from this moment the situation shall be rectified through a regular offering of topics, trash and trivia (T3) from 14 Training Group Headquarters.

Located in Hangar 11 (more a garage than a hangar), the Group HQ is commanded by GBen Scott Eichel, whose staff is responsible for administering just about all the training of Air Command personnel, be it air-crew, technical, air traffic control, air defence or junior leadership.

14 Training Group staffers include a wide variety of light blue classifications and trades plus training specialists and a cracker jack administrative staff.

You'll find them squirrelled away in offices within the cavernous reaches of the hangar, hunched over computer terminals, telephones jammed to their ears or with noses buried in books. Some even live in a little house out on the hangar floor.

It's quite difficult to collect the majority of the 14 Training Gp staff into one place at one time for any reason, but if you really want to see what they look like, just amble over to the coffee room at 0800 any Wednesday. That's doughnut day, and they usually hover like vultures, awaiting their sweet, sticky prey.

Such niceties, however, are really small compensation for toiling in clouds of noxious fumes, belched forth by buses and snow removal vehicles, kept snug'n cozy inside the hangar ready for action. Granted, their engines have to be kept warm, but couldn't they just use plug-ins or something?

Here's an interesting item. Some of the recent arrivals from the "Glass Menagerie" across the field found that their office floor had a slope of sufficient grade to be considered a ski hill. Seems that over the years the foundation of our bus barn has settled a bit.

Now as the story goes, this floor problem was considered a project of major proportions, and a request to level the floor was forwarded to the mystic East for consideration and approval.

Considering the political climate

currently prevailing throughout our land, the Gnomes of the Rideau cast about for a suitable constituency (oops, location) whose population could use a "technology transfer". There was one place, called Poisson Mort or something like that, whose only industry was a hockey stick factory. It was built under some grant to supply the needs of the Egyptian national team, who have apparently decided not to compete in the Calgary Winter Olympics.

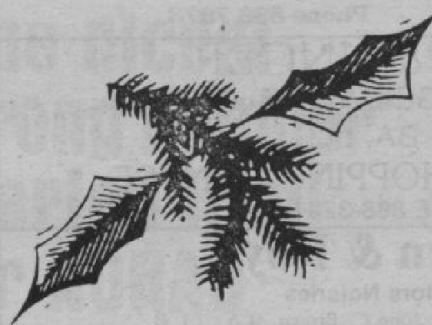
The gnomes studied the situation carefully and decided, that despite the possible political losses, moving the hangar from Winnipeg to some place east of Sept Isles to get the floor fixed in the dead of winter would really stop traffic at Portage and Main.

So Poisson Mort will have to settle for a maximum security jail or a mail box warehouse or something.

And yes, dear readers, western technology rose to the challenge! Four labourers, three cubic yards of cement, two shovels, a wheelbarrow and a jackhammer and two days later, mission accomplished. Could this be the renaissance of the defence industry west of the Red River? Only time, or an election will tell.

Other startling revelations will follow, so to close here is Santa's trivial wish list for some of 14 Training Group's staffers:

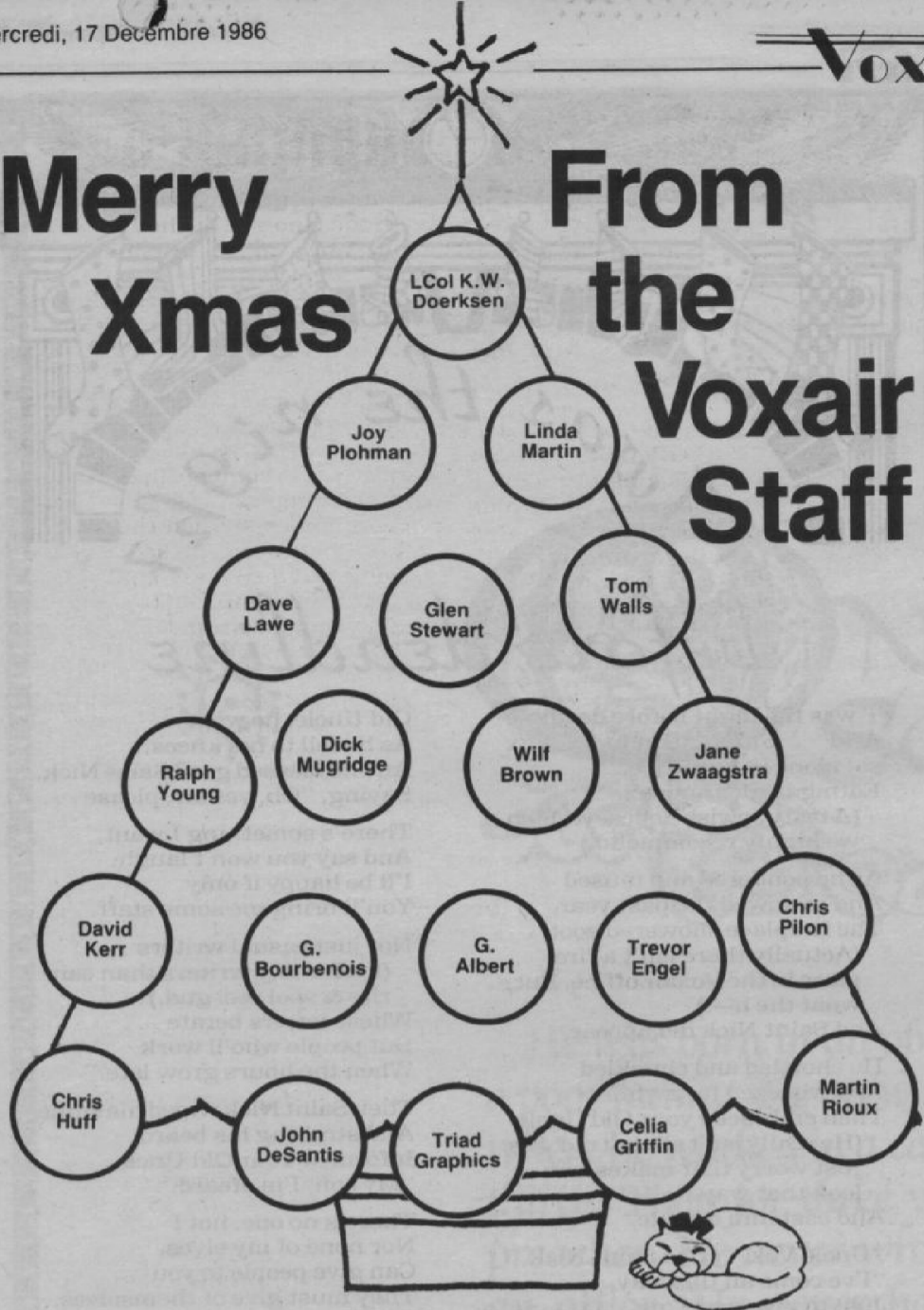
1. A used pickup truck big enough to haul a dead mouse in.
2. Baby booties
3. A snakes and ladders game.
4. Steel golf balls (to go with metal "woods")
5. A book of instructions (for those who need it) on how to make a pot of coffee
6. An electric "snow blower, thrower shovel thing" that works.
7. Real estate brochures for Red Deer, Alta., Abbotsford B.C. or Cambridge Bay NWT (for a confused Ad Tech).
8. Gas masks for everyone.



H O L I D A Y ▲ G R E

Merry Xmas

From the Voxair Staff



Xmas Tree safety should top Christmas list

Ironically, there is an increase in home fires and related deaths during the traditionally joyous Christmas Season, due to the age-old problem of carelessness and to the built-in fire hazards associated with Christmas decorations. Everyone should ensure that his or her holiday is free from fire. Fire safety precautions should head the list of every sensible family's precautions for Christmas. There is no place like home for the holidays; there is no place like home for Christmas fire hazards.

Fire can be your enemy and Christmas decorations add an extra danger. So be extra careful during this festive season. Do not give fire a chance to start. Here is what your Fire Chief says:

"Keep your Christmas tree in a sturdy container with water and check the level every day. Tie the tree securely. Check all sets of Christmas lights for worn insulation, loose sockets, etc. Turn off all indoor tree and decorative lights before you leave the house or retire for the night. Never use lighted candles on a tree or near any evergreen decorations and remember outdoor lights require special wiring. Pick up the wrappings on Christmas morning when opening the gifts. Never burn wrappings, cartons, etc. in the fireplace. Finally, keep matches away from the children and do not let them play too close to the tree."

MCpl Dan Ladouceur
Fire Prevention

Whirlwind tour of Alert

Again it has been a busy two months for 429 Sqn. We started with the wind-up of Exercise BRAVE LION at the beginning of Oct. There followed two F25/26 flights, a staff navigation trip, Special Flight 590, and NDC tour, one crew away on Boxtop for half the month and several ferry flights and QAP flights. This of course, was over and above the required navigation details and local trainers.

The crew for BOXTOP, headed by Capt Mickey Garner, returned on 2 Nov after a 17 day whirlwind tour of Thule and Alert, Sgt Spellman, the Flight Engineer, is saving a flat tire for Mickey from that one. Must be retreads, Mickey.

From the 11-16 Nov Aircraft Commander, Capt Yves Charette and acting Aircraft Commander, LCol Barnes, guided their surfy craft to Lahr on a staff navigation trip. According to WO Rick Cooke all went smooth but then he didn't attend all the briefings.

Captains Bob Sutherley and Tim Sexsmith were next to venture forth on the African Trainer Scheduled

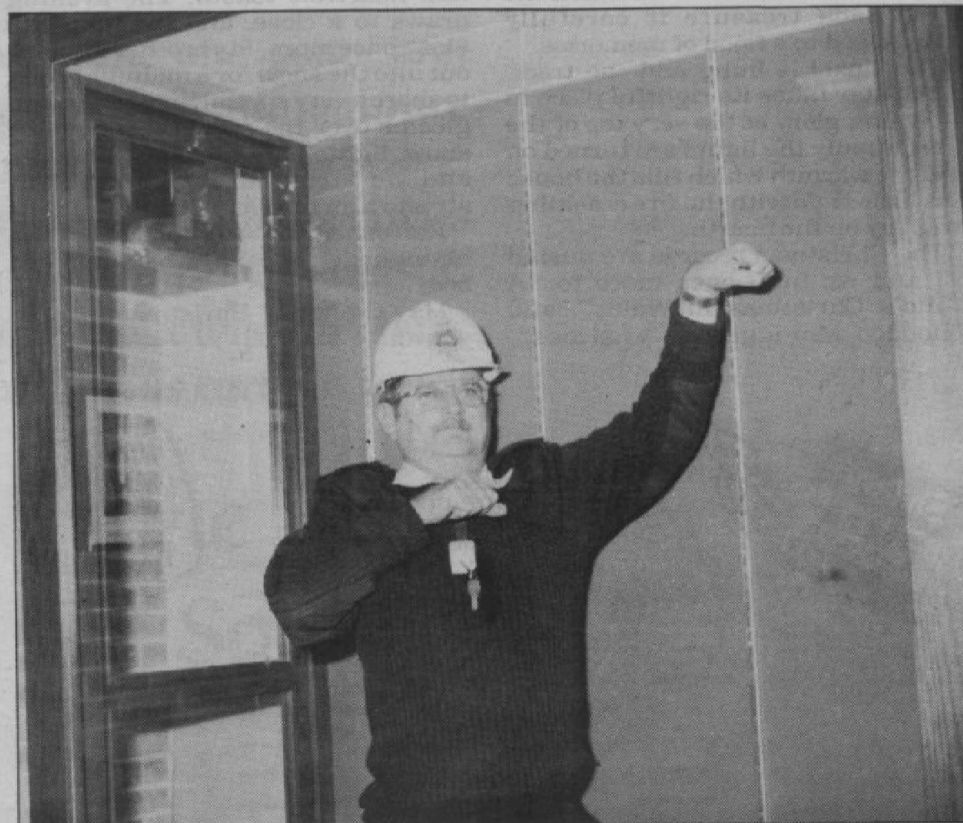
Flight 595. Both pilots get a good show for planning since there was only one RON in Africa.

In the month of December again we see quite a few away trips planned, including Christmas flights to the east, another Staff Navigation trip to Lahr, and a Navigation Orientation trip to the east coast. To all the crews — have a good one!

On 27 Nov 86, 429 Sqn was pleased to have a visit from the Commander Air Command, LGen L.A. Ashley, CCM, CD during his annual inspection. After an inspection of the 429 Sqn operation LGen Ashley signed our guest book.

A Training Day was held at 429 Sqn on 28 Nov 86 in addition to the Flight Safety meeting. Fourteen awards were presented to Squadron personnel by the CO, LCol R.M. Barnes.

The members and wives of 429 Squadron join LCol and Mrs. Barnes in wishing everyone a Merry Christmas, a happy and prosperous New Year and, above all, a safe holiday season. See you in the New Year.



The Base Construction Engineers recently acquired a trophy/artifacts case to enable non-engineers to view the glorious past and proud present. The first artifact on display was CWO Keith Swift. The Chief is seen here demonstrating to young Captains the wrong way to impress the boss and attract young ladies. The chief is one of the "latch key" chiefs in the Armed Forces, hence the keys around his neck. His mommy is now home and he is being fed and put to bed. (CF photo by Cpl Chris McPhee)



E T I N G S

Family traditions indeed a part of Christmas

Christmas is each family's very special traditions. In my family, even though we children have grown and moved away, we all come home for Christmas. Responsibilities seem to fall away, and simple pleasures from a simpler time take on new meaning. We "children" still ice the same Christmas cookies in exactly the same way! The stars must be bright yellow with a silver ball on each point, the wreaths snow white with slivers of red and green cherries as holly, the Christmas trees must be brilliant green, the bells deep blue with silver clappers and the fire-engine red with white fur trim and beards. That bit of left over dough somehow gets shaped into someone's initials. Thimble cookies and melt-in-your-mouth shortbread spring from metal tins. Mincemeat tarts and rich plum pudding are lovingly prepared by Grandmother. A box of tangerines each wrapped in crinkly green paper is a holiday must.

One magical day in mid-December, the house is transformed. Bright felt runners hang with bold coloured balls. Gaily coloured birds flock to slender white painted tree branches. The large rubber plant and jade trees suddenly sport tiny pheasants and grouse. The antique cutlery holder is filled with cards and greetings from around the world. The bowl of nuts is placed with the silver nut cracker.

Three venerable straw camels and a straw star occupy their rightful spot, as do a small wooden angel choir and a little town of houses from my grandfather's childhood days.

Even through the worst blizzard of the season, Mother & I sally forth to get the tree. A little man in the grocery store parking lot nods knowingly, and then in the driving snow we carefully examine nearly every tree in the lot. It's a serious business selecting just the right tree. The heavenly smell of spruce once again fills the house.

Checking strands of Christmas tree lights, as the magic of transforming the tree begins. Handmade wooden cookie cutters, hand knit woollen animals from Peru, crystal birds from Sweden, tiny orange paper birds & golden fold-out angels from Copenhagen, glass icicles, straw animals, dough figures, a camel from Morocco, tiny mukluks from Baffin Island, wooden toys from Germany, a knight in shining armour, elves, sleighs, and a miniature nutcracker all adorn the tree. Each treasure is carefully unwrapped to a flood of memories.

The tinsel is hung and the traditional star takes its rightful place in crowning glory at the very top of the tree. Finally the lights are turned on and the warmth which fills the house has little to do with the fire crackling brightly on the hearth.

The Christmas records are dusted off and we hum once more to "A Child's Christmas in Wales", and "Hoodoo McFiggan's Christmas".

Train schedules are rechecked to be sure that no one is left waiting at the station.

Sunday before Christmas in St Georges Cathedral, Kingston, is a world famous male choir, and I have continued to be enthralled by the grandeur and magnificence of the ceremony. It is a time to rejoice over the true meaning of Christmas.

Throughout the holiday season, our family is visited by a little fellow called ULF, a lively Christmas elf who can't spell very well. He manages to be up before everyone, brushing the snow off the car before Father goes to work, doing the dishes, shovelling the driveway & steps, shining the silver and filling the wood box. A new ornament always finds its way onto the tree courtesy of ULF, and Father's leather golf bag gets its annual cleaning & oiling. ULF is indeed an expression of the true meaning of Christmas.

Bottom drawers and dark closets finally give up their secret packages. Mother always creates beautifully wrapped parcels. And then there are the creations of my absent-minded professor father. We never cease to be amazed at his creative powers, he always seems to leave wrapping until Christmas Eve. Hours later he emerges from his study with an array of creations - the firecracker theme, the tinfoil covered lump, the green garbage bag or the brown envelope. It just wouldn't be the same without the mystery of Father's wrappings.

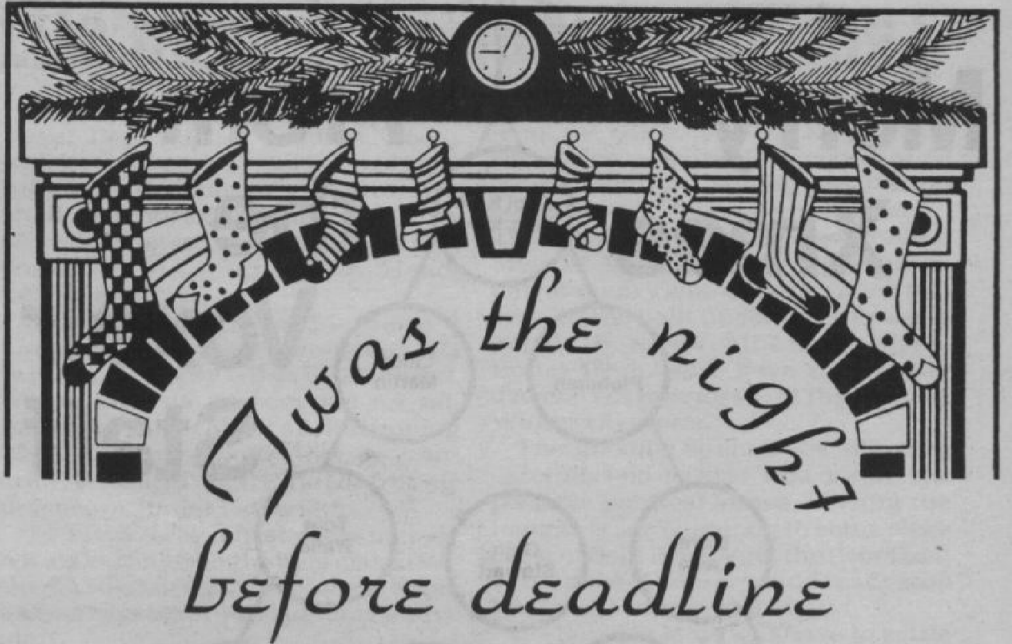
Christmas Eve passes around a blazing fire with bowls of steaming soup, and readings of the Christmas story and 'T'was The Night Before Christmas'. Finally the stockings are hung, and milk & cookies are put out for Santa.

Christmas morning Father wanders about shaking a string of sleigh bells. We open the stockings, have breakfast, and after dishes and last minute dinner details are seen to, we finally settle down to exchange gifts. Gift giving revolves around the fun of guessing and at least one present for which the whole family plays twenty questions.

The Queen's Christmas message signals to break out the eggnog. Family friends who have joined us for Christmas dinner for as long as I can remember soon arrive with best wishes. The Christmas feast lasts all evening with spirited conversation and heartfelt toasts. The evening draws to a close, and the family is alone once more. My brother & I head out into the snow for a midnight walk to share a very special time. The moon gleams over the sparkling, crunchy snow, lights flicker from the houses and we stroll through the silent streets arm in arm.

Refreshed in body and spirit we extinguish the candles and fall into bed.

May the joy of Christmas be with you all.



'T'was the night before deadline
And old Uncle Vox
sat alone in his office,
Eating bagels and lox.
(A tasty Jewish delicacy which
we highly recommend.)

As he pondered and mused
And reviewed the past year,
The fireplace showered soot
(Actually there isn't a fire-
place in the Voxair office. But,
what the h---.)
And Saint Nick did appear.

He chortled and chuckled
And wheezed for awhile,
Then embraced your Old Uncle
(He really isn't all that old. It's
just worry that makes him
look that way.)
And cast him a smile.

"Uncle Vox," cried Saint Nick,
"I've come all this way
Just to give you a gift . . .
Anything that you say . . ."

A pay raise, a posting,
(A pay raise is definitely out!
This would only contribute to
the nation's spiralling
inflation.)

An imported seegar,
Two weeks leave, or a Vixen,
Or a second hand car."

Old Uncle, he wept
As he fell to his knees,
And he blessed good Saint Nick,
Saying, "Oh, yes sir, please . . ."

There's something I want,
And say you won't laugh,
I'll be happy if only
You'll bring me some staff. . .

Not just casual writers
(Preferably writers than can
rite & spel reel gud.)
Whose letters berate . . .
But people who'll work
When the hours grow late."

Then Saint Nick wiped his smile
And stroking his beard
Informed Your Old Uncle
"My son, I'm afeard. . ."

There's no one, not I
Nor none of my elves,
Can give people to you. . .
They must give of themselves.

If you happened to persevere
this far, the author of this
column wishes to say a Happy
Season to his readers. All 3 or 4 of
them.

- Taken from Voxair
18 December 1970

104 WINNIPEG
Beavers, Cubs
and Scouts

BOTTLE DRIVE

10 Jan 87

Don't feel like returning those empties which
may accumulate over the festive season

***** << WE HAVE THE SOLUTION >> *****

--- donate them to us ---

We will be collecting between 10 a.m. and noon

**Shakey's
Pizza
Parlor**

SATISFIES The 1
Wants!

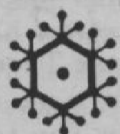
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ONE SOLITARY LIFE

He was born in an obscure village, the child of a poor family. He grew up in still another village, where he worked in a carpenter shop until he was thirty. Then for three years he was an itinerant preacher. He never wrote a book. He never held an office. He never had a family or owned a house. He didn't go to college. He never visited a big city. He never traveled beyond two hundred miles from the place of his birth. He did none of the things one usually associates with greatness.

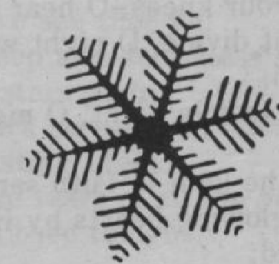
He had no credentials but himself. He was only thirty-three when the tide of public opinion turned against him. His friends ran away. He was turned over to the authorities and went through the mockery of a trial. He was put to death among thieves, and was laid in a borrowed grave through the pity of a friend.

Nineteen centuries have come and gone, and today he is the central figure of the human race and the leader of mankind's progress.

All the armies that ever marched, all the navies that ever sailed, all the parliaments that ever sat, all the kings that ever reigned, put together, have not affected the life of man on this earth as much as that



One Solitary Life



O Come All Ye Faithful

O COME, all ye faithful,
Joyful and triumphant,
O come ye, O come ye to Bethlehem;
Come and behold Him
Born, the King of angels;

*O come, let us adore HIM,
O come, let us adore Him,
O come, let us adore Him,
Christ, the Lord.*

Sing, choirs of angels,
Sing in exultation,
Sing, all ye citizens of heaven above:
'Glory to God
In the highest':

Chorus

Yea, Lord, we greet Thee,
Born this happy morning;
Jesus, to Thee be glory given;
Word of the Father,
Now in flesh appearing:

Chorus

Deck The Hall

DECK the hall with boughs of holly,
Fa la la la la, la la la la.

'Tis the season to be jolly,
Chorus
Don we now our gay apparel,
Chorus

Troll the ancient Yuletide carol,
Chorus

See the blazing Yuletide carol,
Chorus

See the blazing Yule before us,
Chorus

Strike the harp and join the chorus,
Chorus

Follow me in merry measure,
Chorus

While I tell of Yuletide treasure,
Chorus

Fast away the old year passes,
Chorus

Hail the new, ye lads and lasses,
Chorus

Sing we joyous all together,
Chorus

Heedless of the wind and weather,
Chorus

Away In A Manger

AWAY in a manger, no crib for a bed,
The little Lord Jesus laid down his
sweet head.
The stars in the bright sky looked
down where He lay,
The little Lord Jesus asleep on the hay.

The cattle are lowing, the Baby awakes,
But little Lord Jesus no crying He makes.
I love Thee, Lord Jesus; look down
from the sky,
And stay by my side until morning is nigh.

Be near me, Lord Jesus; I ask Thee to stay
Close by me for ever, and love me, I pray.
Bless all the dear children in Thy tender care,
And fit us for heaven to live with Thee there.

What Child Is This?

WHAT CHILD is this, who laid to rest
On Mary's lap, is sleeping?
Whom angels greet with anthems sweet,
While shepherds watch are keeping?
This, this is Christ, the King,
Whom shepherds guard and angels sing.
Haste, haste to bring Him laud,
The Babe, the Son of Mary.

Why lies He in such mean estate,
Where ox and ass are feeding?
Good Christian fear, for sinners here
The silent word is pleading.
Nails, spear shall pierce Him thru;
The Cross be born for me, for you,
Hail, hail the word made flesh,
The Babe, the Son of Mary.

So bring Him incense, gold and myrrh,
Come peasant, king to own Him.
The King of Kings salvation brings;
Let loving hearts enthrone Him.
Raise, raise the song on high
The Virgin sings her lullaby;
Joy, joy for Christ is born,
The Son of Mary.

Rudolf The Red Nosed Reindeer

YOU KNOW Dasher and Dancer and
Prancer and Vixen
Comet and Cupid and Donner
and Blitzen
But do you know the most famous
reindeer of all?
Rudolf the red nosed reindeer
Had a very shiny nose
And if you ever saw it
You would even say it glows
All of the other reindeer used to laugh
and call him names
They never let poor Rudolf join in
any reindeer games
Then one foggy Christmas Eve, Santa
came to say
Rudolf with your nose so bright, won't you
guide my sleigh tonight?
Then how the reindeer loved him as they
shouted out with glee
Rudolf the Red Nosed Reindeer.
You'll go down in history!

O Holy Night

O HOLY night! the stars are brightly shining,
It is the night of the dear Saviour's birth;
Long lay the world, in sin and error pining,
Till He appeared and the soul felt its worth;
A thrill of hope the weary soul rejoices,
For yonder breaks a new and glorious
morn.

Fall on your knees, O hear the angel voices!
O night divine, O night when Christ was
born,
O night, O holy night, O night divine!

Led by the light of faith serenely beaming,
With glowing hearts by His cradle we
stand;
So led by light of a star sweetly gleaming,
Here came the wise men from Orient land;
The King of kings lay thus in lowly manger,
In all our trials born to be our friend;
He knows our need, to our weakness
no stranger,

Behold your King, before Him lowly bend!
Behold your King, before Him lowly bend!

It Came Upon A Midnight Clear

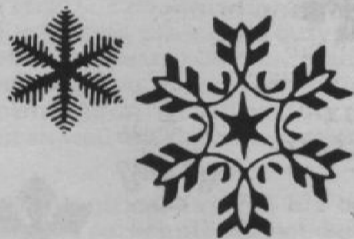
IT CAME upon a midnight clear,
that glorious song of old,
From angels bending near the earth
To touch their harps of gold: -
'Peace on the earth, good will to men,
From heaven's all-gracious King!
The world in solemn stillness lay
To hear the angels sing.

Still through the cloven skies they come
With peaceful wings unfurled;
And still their heavenly music floats
O'er all the weary world;
Above its sad and lowly plains
They bend on hovering wing,
And ever o'er its Babel sounds
The blessed angels sing.



And ye, beneath life's crushing load
Whose forms are bending low,
Who toil along the arduous way
With painful steps and slow,
Look now! for glad and joyous hours
God's messengers will bring:
O rest beside the weary road,
And hear the angels sing.

For, lo, the days are hastening on,
By prophet bards foretold,
When with the ever-circling years
Comes around the Age of Gold,
When peace shall over all the earth
Its ancient splendors fling,
And the whole world gives back the song
Which now the angels sing.



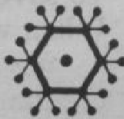
Frosty The Snowman

FROSTY the Snowman was a jolly,
happy soul
With a corn-cob pipe and a button nose
and two eyes made out of coal.
Frosty the Snowman is a fairy tale they say
He was made of snow but the children know
how he came to life one day.
There must have been some magic in
that old silk hat they found,
For when they placed it on his head
he began to dance around.
Oh, Frosty the Snowman was alive
as he could be
and the children say he could laugh and
play just the same as you and me.
Thumpety Thump Thump
Thumpety Thump Thump, Look at Frosty go!
Thumpety Thump Thump
Thumpety Thump Thump, Over the hills of snow!

The First Noel

THE FIRST Noel the angels did say
Was to certain poor shepherds in fields
as they lay:
In fields where they lay a-keeping their
sheep
On a cold winter's night that was so deep.

Noel, Noel, Noel, Noel,
Born is the King of Israel.



They looked up and saw a star
Shining in the east, beyond them far;
And to the earth it gave great light,
And so it continued both day and night.

Chorus

And by the light of that same star
Three wise men came from country far;
To seek for a King was their intent,
And to follow the star wherever it went.

Chorus

This star drew nigh to the north-west
O'er Bethlehem it took its rest,
And there it did both stop and stay,
Right over the place where Jesus lay.

Chorus

Then entered in those wise men three,
Full reverently upon their knee,
And offered there in His presence
Their gold and myrrh and frankincense.

Chorus

Then let us all with one accord
Sing praises to our heavenly Lord,
That hath made heaven and earth of nought,
And with His blood mankind hath bought.

Chorus



Let It Snow! Let It Snow! Let It Snow!

OH THE weather outside is frightful
But the fire is so delightful,
And since we've no place to go,
Let it snow! Let it snow! Let it snow!

It doesn't show signs of stopping
And I brought some corn for popping;
The lights are turned 'way down low.
Let it snow! Let it snow! Let it snow!

When we finally kiss good-night,
How I'll hate going out in the storm!
But if you'll really hold me tight,
All the way home I'll be warm.

Joy To The World

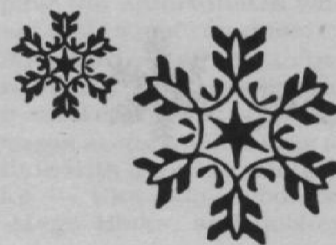
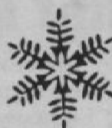
JOY TO the world! the Lord is come;
Let earth receive her King;
Let every heart prepare Him room,
And heaven and nature sing.

Joy to the earth the Saviour reigns;
Let men their songs employ;
While fields and floods, rocks, hills
and plains,
Repeat the sounding joy.

He rules the earth with truth and grace,
And makes the nations prove
The glories of His righteousness,
And wonders of His Love.

We Wish You A Merry Christmas

WE WISH you a Merry Christmas
We wish you a Merry Christmas,
We wish you a Merry Christmas
And a Happy New Year!
Good tidings to you, wherever you are;
Good tidings for Christmas, and a
Happy New Year!



O Little Town Of Bethlehem

O LITTLE town of Bethlehem,
How still we see thee lie!
Above thy deep and dreamless sleep
The silent stars go by:
Yet in thy dark streets shineth
The everlasting Light;
The hopes and fears of all the years
Are met in thee tonight.

For Christ is born of Mary;
And, gathered all above
While mortals sleep, the angels keep
Their watch of wondering love.
O morning stars, together
Proclaim the holy birth,
and praises sing to God the King,
And peace to men on earth.

We Three Kings

WE THREE kings of Orient are,
Bearing gifts we traverse afar,
Field and fountain, moor and mountain,
Following yonder star.

*O star of wonder, star of night,
Star with royal beauty bright,
Westward leading, still proceeding,
Guide us to the perfect light.*

Born a King on Bethlehem's plain,
Gold I bring to crown Him again,
King forever, ceasing never,
Over us all to reign.

Chorus

Frankincense to offer have I,
Incense owns a Deity nigh;
Prayer and praising, all men raising,
Worship Him, God most high.

Chorus

Myrrh is mine, its bitter perfume
Breathes a life of gathering gloom,
Sorrowing, sighing, bleeding, dying,
Sealed in the stone-cold tomb.

Chorus

Glorious now behold Him arise,
King and God and Sacrifice;
Alleuia, Alleuia.
Earth to heaven replies.

God Rest You Merry Gentlemen

GOD REST you merry, gentlemen,
Let nothing you dismay,
Remember Christ our Saviour
Was born on Christmas day,
To save us all from Satan's power
When we were gone astray:

*O tidings of comfort and joy, comfort and joy,
O tidings of comfort and joy.*

In Bethlehem, in Jewery,
This blessed Babe was born
And laid within a manger,
Upon this blessed morn;
The which His Mother Mary
Did nothing take in scorn.

Chorus

From God, our heavenly Father,
A blessed angel came;
And unto certain shepherds
Brought tidings of the same:
How that in Bethlehem was born
The Son of God by Name.

Chorus

'Fear not then,' said the angel,
'Let nothing you affright,
This day is born a Saviour
Of a pure virgin bright,
To free all those who trust in Him
From Satan's power and might.'

Chorus

The shepherds at those tidings
Rejoiced much in mind,
and left their flocks a-feeding
In tempest, storm, and wind.
And went to Bethlehem straightway,
The Son of God to find.

Hark! The Herald Angels Sing

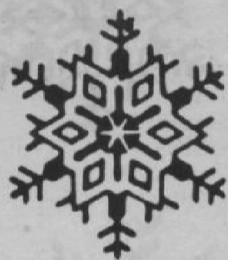
HARK! the herald angels sing,
'Glory to the new-born King,
Peace on earth, and mercy mild,
God and sinners reconciled!'
Joyful, all ye nations, rise,
Join the triumph of the skies,
With the angelic hosts proclaim,
'Christ is born in Bethlehem.'

*Hark! the herald angels sing,
'Glory to the new-born King.'*

Christ, by highest heaven adored,
Christ, the everlasting Lord,
Late in time behold Him come,
Offspring of a virgin's womb.
Veiled in flesh the Godhead see;
Hail, the incarnate Deity,
Pleased as Man with man to dwell,
Jesus, our Emmanuel!

Chorus

Hail, the heaven-born Prince of Peace!
Hail, the Sun of Righteousness!
Light and life to all He brings,
Risen with healing in His wings.
Mild He lays His glory by,
Born that man no more may die,
Born to raise the sons of earth,
Born to give them second birth.



Silent Night

SILENT night! holy night!
All is calm, all is bright;
Round yon virgin mother and Child,
Holy Infant so tender and mild,
Sleep in heavenly peace,
Sleep in heavenly peace.

Silent night! holy night!
Shepherds quake at the sight:
Glories stream from heaven afar,
Heavenly hosts sing Hallelujah.
Christ the Saviour, is born!
Christ, the Saviour, is born!

Silent night! holy night!
Son of God, love's pure light
Radiant beams from Thy holy face,
With the dawn of redeeming grace,
Jesus, Lord, at Thy birth,
Jesus, Lord, at Thy birth.

A Marshmallow World

IT'S A marshmallow world in the winter
When the snow comes to cover the ground.
It's the time for play, it's a
whipped-cream day
I wait for it the whole year 'round.

Those are marshmallow clouds being friendly
In the arms of the evergreen trees,
And the sun is red like a pumpkin head.
It's shining so your nose won't freeze.

The world is your snowball, see how it grows,
That's how it goes whenever it snows.
The world is your snowball just for a song;
Get out and roll it along.

It's a yum, yummy world made for
sweet-hearts,
Take a walk with your favorite girl,
It's a sugar date, what if Spring is late,
I Winter it's a marshmallow world.

Jingle Bells

DASHING through the snow,
In a one-horse open sleigh.
O'er the fields we go
Laughing all the way.
Bells on bobtail ring,
Making spirits bright,
What fun it is to ride and sing
A sleighing song tonight.

*Jingle bells, jingle bells,
Jingle all the way
Oh what fun it is to ride
In a one-horse open sleigh.*

Join our 'Great Canadian Family'

The following are actual successful cases without names whereby the Legion was able to assist peacetime service personnel.

1. A young lieutenant came to us who was being medically discharged. He had been a passenger in an ammunition truck which rolled over, crushing his spine. He was initially paralyzed from the waist down but now walks with two canes. Pension had already been granted in this case however the applicant was uncertain as to the status of his claim. A pension medical examination was arranged which resulted in a 100% assessment. He has a wife and two young children. The 1986 rates gave him a pension payment of \$1,757.55 a month. Because of the 100% assessment we applied for and got exceptional incapacity allowance, clothing allowance and attendance allowance. He had been released under QR&O 15.01 item 3(b). Again, because of the 100% assessment of disability, we helped him make representation to DND for a 3(a) release which meant his annuity was immediately indexed.

2. A Warrant Officer in Gaagetown read in the Legion Magazine that, while still serving, he could apply for a decision on a pension claim. He had been told that he could not until he was released. He wrote directly to us wanting to claim for a bad knee. We reviewed his file and found evidence that he had injured the knee on duty and that he also had a hearing problem — he was a Gunner. He now holds a pension entitlement for both conditions at 10% and will retire in the Fall of 1986. His pension begins the day following release.

3. A LCol hurt his hip in Egypt. He now has pension entitlement and is now drawing his pension as it was granted under the provisions of 12(1) of the Pension Act — incurred while serving in a special duty area. He has two years before he reaches compulsory retirement age and will continue to draw his disability pension as well as superannuation.

4. A young officer injured his back when his parachute did not deploy

properly. He is a Career Officer and has no intention of release. He now has pension entitlement and has been advised that his disability may be fairly high. He has remustered and although still serving, is considering returning to University. In the event that he wishes to take his release, he will begin receiving pension payments.

5. A peacetime sailor who was involved in an accident aboard ship was discharged two years after the accident with no pension awarded. On reviewing the medical files, the Legion Service Officer suspected that the cause of release was directly related to the accident. The case went through first application and entitlement board appeal with the final outcome being the ex-serviceman and his family receiving \$750.00 per month. Since the transaction was almost two years from the date the claim was registered, the family also received a retroactive payment of approximately \$14,000 tax free.

6. A Fighterpilot ejected from a T-33 in the 1960's. He was hospitalized and discharged with what appeared to be no serious injuries. Three years later a medical examination revealed that he had suffered a spinal fracture which became bothersome to him with age. While still serving the gentleman approached the Legion for advice as to what action he might take. A first application was submitted and the applicant was awarded an entitlement amounting to \$350.00 per month which he began to draw on his release from the service augmenting a 35 year pension. During the process, the service officer discovered that due to flying noisy aircraft, this individual had faulty hearing and he received an additional \$75.00 per month and entitlement to be supplied with a hearing aid and batteries.

The above are only a few samples of the work carried out by the Royal Canadian Legion on behalf of service personnel and their dependants. With that in mind, we would ask you to help maintain a strong membership by joining our "Great Canadian Family".



COLORADO SPRINGS — Flying high and fast — Lieutenant General Donald M. McNaughton, NORAD's newly appointed Deputy Commander in Chief, gives the "thumbs-up" hand signal following "a thrilling, but over-too-quickly" orientation flight in one of the U.S. Tactical Air Command's F-15 tactical fighters, recently at Langley Air Force Base, Virginia. LGen McNaughton was given an opportunity to take an F-15 ride during a liaison visit to TAC Headquarters and the newly formed Continental US. NORAD Region Headquarters. NORAD (North American Aerospace Defence Command) is the bi-national defensive military organization which is responsible for the aerospace defence of Canada and the United States.

BOPS

'Sorry about that guys & gals

Howdy again from BOps. I have to apologize to the Military Police Section, who through a misunderstanding were omitted from the last article. They are also an important part of the Base Operations Branch. Sorry about that guys and gals.

Now for a few happenings throughout the Branch. The BOps old-timers bowling team are in first place in the noon hour bowling league. Good show guys. Congratulations are in order to Bob and Cathy Burke on the birth of their 7 lb 2 oz baby girl.

We had a few departures this summer. Off to greener pastures were Sgt Laurie Corbin and family to Trenton, Ontario, and Sgt Gord Gelineau and family to CFB Shearwater. Our best wishes go with them. We also would like to welcome Sgt Al and Gladys Chalk in from Greenwood, Sgt Jardine

(airborne) who dropped in from CFB Edmonton, by MCpl Aubry from North Bay and Cpl McLennan in from RSS Prairie. Sgt Ed Masiuk is back from a years' French course and Capt Norm Coull back from the Ground Search and Rescue course in Edmonton.

The annual BOps Christmas party was held on the 6 Dec and was a great success. Everybody had a good time. Thanks goes out to the organizers. Just a short article this month. Remember it's going to be cold over the next few months! Skin starts to freeze at 1600, so make sure you dress properly, especially the children who have to walk to school, cover over their faces.

I would like to wish everyone a Merry Christmas and Happy New Year from everyone in the Base Operations Branch. Be safe, and have a good one.

AWS News — A Christmas wish list

LCol "Claws" Armstrong recently had all of the AWS staff climb up onto his lap and whisper their Christmas wishes into his ear. The excitement of expressing Christmas dreams caused more than one "accident" to occur on the Kernel's lap, however, and he became just a little disgruntled with the whole affair. As a result, the decision was made to publish each member's wishes for all to enjoy.

Starting at the top . . .

Major Robichaud would like an anchor for his Audi 5000 — and a reinforced barricade around his garage just in case the anchor lets go.

Major Chevrier wants the "H" that has been missing from his vocabulary for so long.

Major Mitchell has asked for one of those new water-cooled red pens for marking IPS and trip reports.

S/L Ferries has asked to be loaded on the Advanced Hockey Training Course For British Subjects In Canada. They cover such advanced-for-a-Brit subjects as which end of the stick to use, and why you shouldn't shoot at your own net.

Major Tidy wants to re-classify to PUO (Push-Up Officer) and supervise the weekly floor hockey games.

Major Cheek would really like the "hapless" San Francisco 49ers to win a football game. Sorry Rich, but Santa can't perform miracles.

Major Donihee is really in need of some talent to use on the squash court.

Nick Mykitiuk wants a hat just like Papa Smurf's hat.

George Arajs has been taking things out of the Christmas Cheer box and doesn't get anything this year.

Mike Campbell needs a new stick for knee-capping the unfortunates who haven't paid their squadron dues.

Bobby Bouchard would like to get the "Heart Family" as a training aid for his pre-natal courses.

Norm Perron needs some things to help him fit in with the other pilots in Cold Lake — like comic books, crayons, Mega Bloks, and hockey cards.

Jele Blom has been making Blom threats againt — he doesn't get anything either.

Jean Neron wants to meet the guy who put the "Neet" on his lips.

Ron Locke wants a Fisher Price Walkie Talkie set to practice "CELE things" with.

Jim Williams has asked for some more crayons so he can update his log book — he promises to stay inside the lines this year.

Norm Bonikowsky really needs an inflatable doll and some handcuffs — we're not sure why.

Warren Alisch needs a bunch of new electronic equipment — stuff like a hearing aid, or maybe a new pace maker.

Fred Takagi asked for the newest Julio Iglesias album. It seems Fred has been told he looks a little bit like Julio and would like to work on a good impression show to take to Vegas.

Claude Cloutier wants anything — as long as its "diet".

And the rest of **ASC** have decided to pool their gifts and ask for a collective brain that will get them through the rest of the course. Fat chance! Merry Christmas, now!



The DCOS Log, Colonel R. Audet, congratulates MWO Phil Miron of Air Command Food Services for his participation in Exercise BRAVE LION.

MWO Miron spent approximately two months in Setermoen, Norway, as the Food Services Advisor at Canadian Support Group (North). His task was to ensure that the 5000 Canadian Forces personnel, including 434 Squadron, engaged in the exercise were supplied with a daily food allowance comparable to the Canadian ration.

Good diet may reduce risk of some cancer

by CAPTAIN PIOTROWSKI,
Community Health Nursing Officer

The Canadian Cancer Society has issued daily dietary Guidelines to help you reduce your risk of cancer. Research has estimated that as much as 80 per cent of cancers are caused by environmental and life style factors. In Canada, diet is the lifestyle factor associated with the highest number of cancer deaths, about 32 per cent more than smoking which accounts for about 30 per cent. When we talk about diet, we don't mean the chemicals or the insecticide. It is the foods themselves. An example would be food high in fats may increase cancer risk of the breast, prostate and colon.

Here are the dietary guidelines recommended by Canada's Food Guide and issued by the Canadian Cancer Society:

1. Reduce your fat intake: choose lean cuts of meat, trim all visible fat and eat smaller portions. Remove skin from chicken and choose white flesh. Cut down on rich sauces and gravies. Use less butter, margarine and oil in cooking. Avoid foods high in fats such as mayonnaise and potato chips. Use skim or two per cent milk. Avoid rich desserts.
2. Eat fibre rich foods; fibre can be found in cereals, fruits and vegetables. Fibre supplements are not the answer. Use them only if your doctor has prescribed them. Here are some excellent sources of fibre: All Bran, Grape Nuts, canned baked beans, lima beans, dried prunes, dried apricot and dried figs.
3. Fruits and vegetables: the Canada Food Guide recommends four

to five servings of fruits and vegetables. Food rich in carotene and Vitamin C may lower the risk of gastric and esophageal cancers. The Cancer Society does not recommend vitamin A or C in the form of supplements or pills. Foods rich in carotene are cantaloupe, carrots, broccoli, mangoes, spinach, sweet potatoes, and squash. Food rich in Vitamin C are apple juice, broccoli, brussel sprouts, citrus fruits, green and red peppers and strawberries.

4. Keep weight close to ideal by following the recommendations to reduce fat, increase fibre, eat sufficient fruits and vegetables and exercise.
5. Limit your alcohol consumption and if you also smoke you increase the risk of cancers of the mouth, larynx, esophagus and upper respiratory tract.
6. Reduce consumption of smoked, nitrate-cured and salted food like smoked ham, smoked fish, cold cuts, sausages. These foods seem to be associated with the risk of esophageal and stomach cancers. These foods are high in fat and salt which is linked to cancer and hypertension.

For more details write to:

Facts On Cancer and Diet
Canadian Cancer Society
130 Bloor St. West
Suite 1001
Toronto, Ontario
M5S 2V7

or for a copy of Canada's Food Guide, contact Capt Piotrowski Community Health Nursing Officer, Local 5780.



ICP School staff welcome USAF KC-135 crew.

Honest guys we didn't order that storm just for you

On Monday afternoon November 3, 1986, Lt Col Vogt and a USAF KC-135 crew (Boeing 707) from Castle AFB California, arrived at Canadian Forces Base Winnipeg to visit the Instrument Check Pilot School (ICPS). Since 1981 the ICPS candidates on course together with the staff have visited the Strategic Air Command Flight Instrument Center at Castle and exchanged ideas on instrument flight procedures. Often, refuelling flights were programmed for our Canadian troops over the beautiful state of California, always in the most appealing of weather and temperatures.

Here in Winnipeg, after receiving familiarization flights in the Jet Ranger, Dakota and Tutor aircraft, our American friends visited the ICPS premises and discussed some areas of common concern on instrument flying. They even brought their own training aids for a demonstration-lecture on runway approach lights, pilot's spatial orientation and false illusions during low weather landings.

From a noise-emitting gas expansion capsule to a full scale-down model of all of USA's airport-light system, Maj R.D. Williams with the help of his original training aids, made a fantastic delivery of a typical lesson plan. Further to this, a refuelling flight was organized to fly the ICPS candidates over the state of Kansas. A few Canadian pilots had the opportunity to experience a refuelling operation.

To top it all, on Friday the day of departure, Lt Col Vogt and his crew discovered an oil leak during start-up of the "Strato Tanker". This delay was just long enough for our California friends to witness the worst Winnipeg snowstorm in years — some say since 1935. 35.1 cm (13.8") of snow fell down that day, a real injection of taste of "The True North Strong and Free"! All around it was an excellent visit and a chance to acquire a broader knowledge of flying aircraft on instruments, and a chance to make friends with our neighbours to the south.

J.L.M. Belzil, Capt
ICP Instr

CFANS

The winner of this month's Golden Hand award is ...

CFANS has been a hive of activity with new faces joining us and familiar faces leaving (a little worse for wear).

The graduating class 8604 recently left for their respective postings.

- Lt F. Costello 437 Sqn Trenton
- Lt B. Fenton 407 Sqn Comox
- 2Lt M. Goulet 443 Sqn Shearwater
- Lt P. Malo 405 Sqn Greenwood
- 2Lt M. Savard 407 Sqn Comox
- 2Lt D. Sceerey 415 Sqn Greenwood

After graduation they were treated to their low level flights. It is a good thing they already had their wings as most of them found it an eye and stomach opening experience.

CFANS would like to congratulate Mr. & Mrs. Verville on their recent marriage. We are still not sure that leaving her in the lobby of the Birchwood in her wedding dress was a good idea Mike, but who are we ...

Course 8604 would like to declare a national holiday due to their recent success during checktrainers and

checkrides. They are the first class in over a year to have everyone pass the airplot phase, the first time through! They have put the challenge to all succeeding courses to continue the success.

8601 breathed a collective sigh of relief albeit a cool one after completing their final checkride during the recent cold spell. From the rumoured results some were more relieved than others.

8602 is pleased to announce a complete month has gone by with no CT's.


This month's golden hand award goes to Capt Sexsmith of 429 Sqn for use of fingers above and beyond the call of duty. It seems that he was spied calculating ETA's for a flight plan while in the air using digital math. Keep up the good work.

Finally, in the wanted section, course 8604 is looking for anyone interested in becoming a full time course Director. No experience necessary.

2Lt Joyce



Quiz for the day - Can you name all these modes of air transportation?



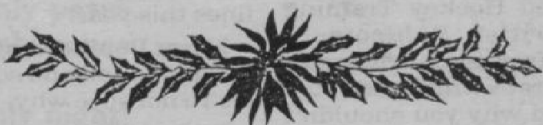
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LOU PRUDEN

Community involvement on the rise - Good News!

The concept of community based crime prevention is not new in Manitoba. Manitoba was the first Province of Canada to announce the dedication of November as "Crime Prevention Month" in order to focus attention on the need for a province-wide network of organizations, groups and agencies working together for crime prevention.

The high level of continued participation over the past four years has highlighted the need which exists in both rural and urban communities for crime prevention. Crime Prevention programmes such as Neighbourhood Watch, Vandalism Prevention, Block Parents, Seniors Programmes and Programmes for Missing Children, to name only a few, have proven their effectiveness in many areas of Manitoba.

The Crime Prevention Core Committee agrees that crime prevention must be a community based concept in order to be successful. All citizens must work together with law enforcement departments. They must become involved in crime prevention in order to make their communities a safe place to live and work.

The Crime Prevention Core committee with contributions from the Solicitor General Department, the Attorney General's Department, the Manitoba Society of Criminology and the Winnipeg Police Department hosted a Crime Prevention Appreciation Night to extend their thanks to the citizens of Manitoba for becoming involved in crime prevention programmes. An awards dinner was held at the Birchwood Inn on 3 November 1986. The Solicitor General of Canada, The Honourable James Kelleher was in attendance and Colonel Loren H. Reynolds, Base commander, presented the award recipients with a plaque.

The following people received plaques for their contributions to crime prevention:

- a. MCpl Ron Doucette, Community Relations NCM for the Military Police Section;
- b. Mrs Undine Miller, Block Parents and Parent Teachers Organization, South Site;
- c. MCpl Denise O'Brien, Neighbourhood Watch, South Site;
- d. Mrs Linda McNabb, Block Parents, Parent Teachers Organization, North Site; and
- e. Mrs Sandy Hrehorick, Neighbourhood Watch and Parent Teachers Organization, North Site.

Congratulations from the Military Police Section for your involvement in the community. Your efforts in crime prevention are greatly appreciated and help make your community a safe place to live.

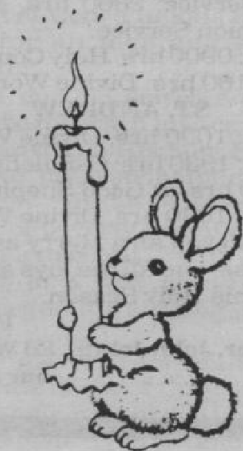
Capt C.P. Minotti
BSecurO



The awards recipients for crime prevention get a tour of the Military Police Section. From l-r: MCpl Ron Doucette, MCpl Denise O'Brien, Mrs. Undine Miller, Mrs. Sandy Hrehorick and Mrs. Linda McNabb.

The awards recipients were honoured at the awards dinner held at the Birchwood Inn. The awards were presented by Colonel Loren H. Reynolds, Base Commander.

God Bless Us,
Everyone!



Every drop counts



Be a blood donor

Every six seconds a Canadian Citizen requires a blood transfusion. Think about it. In the time it takes you to read this notice, how many Canadians will receive a blood donation from the Red Cross? But of course that Canadian who requires blood every six seconds is only a statistic, right? He could never be you or someone in your family, right? Well think about it. If you don't agree or if you think that maybe it could be you who receives a blood transfusion, then do something about it. Be a Red Cross Blood Donor at the forthcoming Base Clinic. It will be held Wednesday 15 January 1987 from 0930 hrs to 1130 hrs and 1300 hrs to 1600 hrs at the Hercules Lounge (Bldg 90) CFB Winnipeg.

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Blessings of this Holy Season

Greetings once again from the Chapels (P). Well here we are just a week away from the big night! That statement, although true, brings to mind two entirely different things to my sons and I. A very anxious four year old asks an equally anxious seven year old, 'How many more sleeps 'til Santa comes?' I see the anniversary celebration of the greatest show of our Heavenly Father's determination to have us follow the lives He would have us lead.

The Old Testament, in our Bible, shows how time and time again the Father spoke to people to have them acknowledge and follow His will. His anger, shown in the flood, is shown again throughout history as man ignores God or turns from Him, but never to the same degree of destruction. The Father shows Himself to be just and true to those who will follow Him but hard on those who reject His ways.

Finally, on that first Christmas Eve, the Father send His Son, Jesus to live a human life in perfect submission to the Father. "The Word became flesh and dwelt amongst us." There was in Jesus a mixing of the divine and human, and we cannot dissect Jesus to say that that part was human whereas that part was divine, rather we see Jesus' life as an example of the power that can flow through a human life which is lived in the presence and according to the will of the Father.

"A child is born to us! A son is given to us! And He will be our ruler. He will be called, "Wonderful Counsellor", "Mighty God", "Eternal Father", "Prince of Peace". (Isaiah 9:6)

"Peace is what I leave with you; it is my own peace that I give you. I do not give it as the world does. Do not be worried and upset; do not be afraid." (John 14:27)

"Now that we have been put right with God through faith, we have peace with God through our Lord Jesus Christ." (Romans 5:1)

Come and join with us as we celebrate the birth of Jesus. It is a mystery, it is giving at its perfection, it is a time to celebrate the Joy and Peace we have because of the Father's love and persistence.

GOOD SHEPHERD

21 Dec: 0900 hrs, Holy Communion (ACC); 1100 hrs, Divine Worship.

24 Dec: 1930 hrs, Family Candlelight Service; 2300 hrs, Midnight Communion Service.

28 Dec: 0900 hrs, Holy Communion (ACC); 1100 hrs, Divine Worship.

ST. ANDREW

21 Dec: 1030 hrs, Divine Worship.

24 Dec: 1930 hrs, Candlelight Service; 2300 hrs, at Good Shepherd.

28 Dec: 1030 hrs, Divine Worship.

We wish you all a Merry and a Safe Christmas, and all the joys and blessings of this Holy Season.

PADRES:

Bob Baker, John Joliffe, Ed Wiley, and our families.



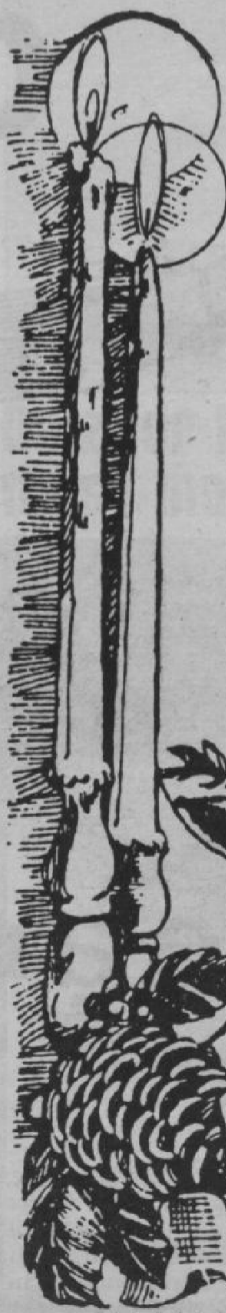
L to R Mr. Ed Wilson, Maj Brian Westbrook (BSupO), Mr. Les Riskin. The official opening of the New Regional Film Library, by Maj Brian Westbrook, BSUpO, was held Nov 4. The RFL has moved to the west side of Bldg P-2 from their old location in Bldg 10. The Film Library carries approximately 1800 films and 500 video tapes. They serve 280 accounts from Sault St Marie to Alberta, issuing and receiving, producing and editing film. Mr. Riskin and Mr. Wilson have worked together 28 years in the Film Library. Submitted by Cpl Dauphinee.

Penitential Celebration Celebration pénitentielle

There will be a Penitential Celebration held at Our Lady of the Airways (North) on Monday, 15 December 1986 at 1900 hours and also at St. George's Chapel (South) on Thursday, 18 December 1986 at 1900 hours.

Il y aura une Célébration Pénitentielle à la chapelle Notre Dame (nord), lundi le 15 décembre 1986 à 1900 heures et ainsi qu'à la chapelle St-George (sud), jeudi le 18 décembre 1986 à 1900 heures.

Punch du Temps des Fêtes



Prenez-vous tel que vous êtes

Enlevez la pelure d'égoïsme,

Arrachez les graines de pensées malveillantes.

Enlevez tous les préjugés et les tracas.

À cela ajoutez:

La conviction profonde que la vie vaut la peine d'être vécue.

Mélangez bien,

Avec une idée pratique: vous êtes quelqu'un.

Assaisonnez d'un grain d'humour et d'optimisme.

Sucrez avec de l'amour,

Puis ajoutez une ferme résolution:

Celle de faire de votre mieux

À chaque heure du jour,

Quoi qu'il arrive.

Laissez mousser 365 jours,

Garnissez de sourires et de mots aimables

Servez avec douceur et courage.

Bonne Année!



Protestant Chapels

The Chapel of the Good Shepherd (North):

— Holy Eucharist (Anglican Rite) 0900 Sundays
— Divine Worship 1100 Sundays

The Chapel of Saint Andrew (South):

— Divine Worship 1030 Sundays

For information regarding Baptismal Preparation, Baptism, Church Membership Classes, Marriage Preparation, Marriage, Sunday School and Nursery, Young Peoples, and Bible Studies, please contact a Chaplain.

Chaplains: Padre R. Baker, BChap(P) — 895-5417
Padre J. Joliffe, Chap(P) (North) — 895-5075
Padre E. Wiley, Chap(P) (South) — 895-6022

R. C. Chapels

NORTH SOUTH

TÉLÉPHONE: 895-5087

MASSES
MESSES: Sat: 1700 hrs (Eng.) Sun: 1000 hrs
Sam: 1900 hrs (Fr.)
Sun: 1115 hrs

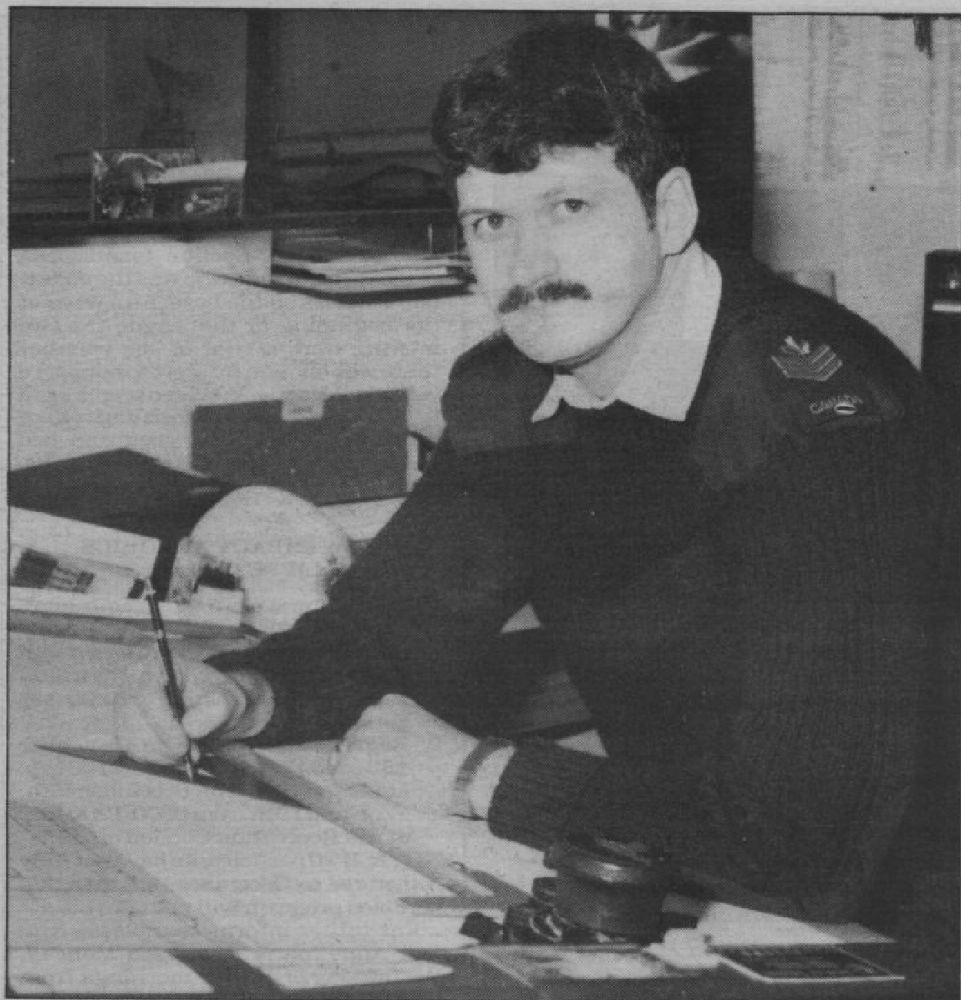
MARRIAGE:
MARIAGE: Please give the Chaplain a six month notice.
Parlez à l'Aumônier au moins six mois à l'avance.

BAPTISM:
BAPTÊME: Baptism Preparation Meeting is mandatory.
Please make an appointment at 895-5087.
Une réunion préparatoire au baptême est exigée. Il faut nous parler aussitôt que possible.

CHAPLAINS: Father Gaston Gagnon, - 895-5272 - Home, 888-8804
BChap(RC)
Father Lindo Molon - 895-6023 - Home, 489-5654

SECRETARY (NORTH SIDE): Francine - 895-5087

SECRETARY (SOUTH SIDE): Denise 895-6024



Sgt Charlie Malchow was interrupted in a rare moment of work, doing as little as possible as a highly trained draftsman, by Captain DW Widdows to be presented with the new rank.

South site residents mind your own business

WHAT WOULD YOU DO IF... Someone was smashing your car's windshield...? OR... Someone was trying to demolish your fence...? OR... Someone was misusing or abusing the equipment in one of your community playgrounds...? OR... maybe it has already happened...? IF SO... what did you do about it...?

The five playgrounds that are located in your community are there for YOUR children's enjoyment, and children must be able to play in them without getting hurt in the process as a result of the equipment being unsafe because of vandalism. Even though children can overdo it when they are playing (in these cases all they need is a firm reminder, from an older person, of what they can and cannot do in the playgrounds) the real vandals are not young children, but a few irresponsible teenagers and adults. Vandalism is a crime which, if you witness it, you should report to the authorities. Being part of any Community should inspire its share of moral obligations and among others, to protect and care for

the Community's property. The Concise Oxford dictionary gives us these definitions of the word COMMUNITY: "joint ownership or liability; state of being shared or held in common; fellowship; organized political, municipal, or social body of people living in same locality; body of people having religion, profession, etc in common."

The South Site Community Council is responsible for the Maintenance of the five playgrounds in the south site area. Two of those Playgrounds are particularly vulnerable to vandalism; Carpathia, Corydon, Doncaster, Ubique probably because they are located at the limits of the MQ area.

The money for the maintenance of the given playgrounds comes from the most part from that \$1.00 given monthly by some of the Residents. So it's your money, it's your playgrounds, it's your decision...

Carole Lavallee
President
Community Council (S)

Hope, joy & peace to all

To all the faithful of Canadian Forces Base Winnipeg:

Your Base Chaplain (RC) take this opportunity to express warm Christmas Greetings to all military personnel, civilian employees, and their families of CFB Winnipeg. We hope that both the festivities and the significance of this season may have special meaning for you all.

Each year at this time, we pause for a short period to reunite families and friends, send personal greetings and exchange gifts. It is time to be cheerful, to relax from our regular burdens and to appreciate so many of the things we take for granted throughout the year.

As the Christmas Season approaches, many Canadians fear they will not be able to celebrate, will not be able to share the joy and hope of Christmas. Yet, even in this difficult period, we must recognize Christmas as a gift of God, a unique moment of Grace for all men and women of goodwill.

cast off our old selves and become new, to be reborn in justice and truth. As God gives us His Son, He also entrusts to us responsibility for the Kingdom. In an unprecedented gesture of poverty and humility, God invites us to become, with Jesus, the creators of a new world based on justice, equality, sharing, simplicity and love.

Christmas 1986 is a time for us to be open to the needs of those around us, to hear their cries of distress and discouragement. It is a time for us to come together in real, active Christian solidarity.

Christmas 1986 invites us to gather around the crib of Christ to forge new bonds of solidarity. This solidarity will lead to positive steps in support of those most affected by the present economic crisis. Together we celebrate our hope, hope rooted in faith and expressed through works of love and justice.

May this Christmas Season mean all these things for you and yours. We invite you to come and worship with us at your chapels and to bring your family and friends.

May Christmas bring hope, joy and peace to all military personnel, civilian employees and your families.

Your Base Chaplain (RC)
Father Gaston Gagonon

MESSAGE DE NOEL

À l'occasion de la fête de Noël, votre aumônier catholique de la base désire exprimer ses meilleurs voeux de Joyeux Noël à tout le personnel militaire et civil de la BFC Winnipeg ainsi qu'à tous les membres de leur famille. Nous espérons que le caractère festif de cette période des Fêtes ait une signification spéciale pour vous tous.

Chaque année, en cette saison, nous nous réunissons entre familles et amis. Nous échangeons souhaits et présents de toutes sortes. C'est le temps de nous réjouir, d'oublier de lardeau et les soucis du travail quotidien et d'apprécier finalement tout ce qui nous entoure et que souvent, nous croyons nous être dû tout au long de l'année. Comme chrétiens, nous ne pouvons demeurer indifférents à ce qui se passe dans le monde. Il nous appartient entre autres choses d'y apporter la joie et l'espérance, fondées sur la venue de Jésus au milieu de nous. Mais il ne faut pas oublier qu'il n'y a de joie et d'espérance authentiquement chrétiennes sans la remise audacieuse de notre vie entre les mains de Dieu.

Nous vous invitons à venir célébrer Noël avec nous à vos chapelles. Puisse Noël et la Nouvelle Année être pour la Base de Winnipeg, et grâce à vous tous, l'occasion d'un recommencement dans la joie et l'espérance.

Votre Aumônier Catholique
Abbe Gaston Gagonon

CHRISTMAS PROGRAM -- PROGRAMME DE NOEL

Our Lady of the Airways Chapel (NORTH)		St. George's Chapel (SOUTH)	
24 December 1986	- Christmas Eve - Veillée de Noël -	24 December 1986	
Children's Mass (Bilingual)	1900 hrs	Mass	
Midnight Mass (Bilingual)	2400 hrs	Midnight Mass	
25 December 1986	- Christmas Day - Jour de Noël -	25 December 1986	
Mass	1115 hrs	No Mass	
27 December 1986	- Saturday - Samedi -	27 December 1986	
Mass	1700 hrs	No Mass	
Messe Française	1900 hrs		
28 December 1986	- Sunday - Dimanche -	28 December 1986	
Mass, 1115 hrs		Mass, 1000 hrs	
1 January 1987	- New Year's Day - Jour de l'An -	1 January 1987	
Mass, 1115 hrs		Mass, 1000 hrs	



HOLIDAY GREETINGS
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HOLIDAY SEASON
AND THE BEST OF
HEALTH & HAPPINESS
IN 1987



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MON-FRI 8:30-4:30

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Baldwinson Agency

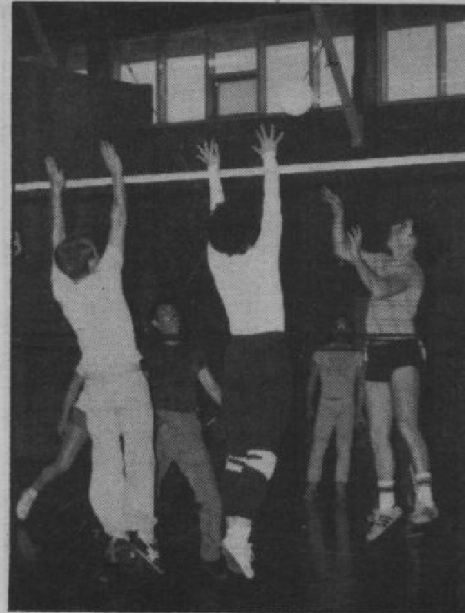


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FOOTBALL

CONTACT(S): NICK BRYANT 6551
 AL FRASER 888-8274
 TREVOR FELTHAM 885-4952
 BARRY ABRAM 5964

HAPPY DIVING WITH THE GOLDEYES



Volleyball Standings

	WIN	LOST	POINTS	PLACE
1 CE	14	13	14	5 TH
2 4 TRG P HQ	18	9	18	3 RD
3 1 CEU	9	18	9	8 TH
4 733 COM SOU	10	17	10	7 TH
5 BML	11	15	11	6 TH
6 CFANS	22	5	22	1 ST
7 73 COM CP	21	6	21	2 ND
8 BINO	5	21	5	10 TH
9 BSUP	15	11	15	4 TH
10 BSUP	8	19	8	9 TH

Sports Hot Line

INTER-SECTION VOLLEYBALL LEAGUE

Every noon hour of every Monday and Wednesday during the months of November and December were volleyball time at Building 90 and Lipsett Hall. Ten Inter-Section teams competed to determine who was the volleyball masters on the base. As agreed at the beginning of the league the two months were a trial to see whether there was enough interest to support a volleyball league. Well, ten teams are a lot of people. Team representatives are reminded to note the good and bad points of our league and they will be discussed on Monday, 13 January, 1987 1500 hours.

LOW IMPACT AEROBICS LIPSETT HALL

1. A program is planned to begin January 12th 1987 and run on Monday and Wednesday evenings from 2000-2100 hrs. There will be a total of 20 lessons costing \$20.00 per person.
2. Registration will be on December 15th and 17th from 2000-2100 hrs. at Lipsett Hall or on December 15th, 17th and 19th from 0900-1200 hrs. at the Recreation Council office.

NOTE: If 20 participants have not fully registered on December 19th then this aerobics program will not take place.

For further information please contact Anne Marie Robertson Monday, Wednesday or Friday mornings from 0900-1200 hrs. at Local 895-5976 or Tuesday and Thursday evenings from 200-2100 hrs. at Building 90.

Anyone interested in participating in these classes is reminded that a Recreation Association Membership is required.

WESTWIN GYMNASIUM

1. It is planned to conduct a **beginners** class consisting of 20 classes. The program will begin on January 13th 1987 and run on Tuesday and Thursday evenings from 1930-2030 hrs. The cost is \$20.00 per person.
2. An **advanced** class is also planned. This program will also consist of 20 classes and the total cost is \$20.00 per person. The first class is scheduled for January 13th 1987 and will run on Tuesday and Thursday evenings from 2030-2130 hrs.
3. Registration for both programs is on December 15th, 17th and 19th from 0900-1200 hrs. in the Recreation Council office (local 895-5976) or on December 16th and 18th from 1930-2000 hrs. in building 90.

NOTE If 20 participants are not fully registered for each program then only one combined class will be conducted from 2000-2100 hrs.

For further information please contact Anne Marie Robertson Monday, Wednesday or Friday mornings from 0900-1200 hrs. at Local 895-5976 or Tuesday and Thursday evenings from 2000-2100 hrs. at Building 90.

Anyone interested in participating in these classes is reminded that a Recreation Association Membership is required.

Tae-Kwon-Do Interested?
 Call Del Windrum
 Wk 895-5359/home 885-4143

GYMNASIUM CHRISTMAS SCHEDULE

The BPE&R section offers the following Christmas schedule for Recreation facilities at CFB Winnipeg.

DATE	Gymnasium	Time/Facility
MON 22 Dec 86	Westwin	0730-1600 Military Training
	Westwin	1330-1530 Pool Recreation
	Lipsett Hall	0730-1600 Military Training
	Lipsett Hall	1800-2000 Casual Recreation
	Air Command Bldg 21	0730-1600 Military Training
TUE 23 Dec 86	Westwin	0730-1600 Military Training
	Westwin	1330-1530 Pool Recreation
	Westwin	1800-2000 Casual Recreation
	Westwin	1800-2000 Casual Swim
	Lipsett Hall	0730-1600 Military Training
	Lipsett Hall	1600-1800 Casual Recreation
	Lipsett Hall	1800-2230 Ladies Volleyball
Air Command Bldg 21	0730-1600 Military Training	
WED 24 Dec 86	Westwin	0730-1300 Military Training
	Lipsett Hall	0730-1300 Military Training
	Air Command Bldg 21	0730-1300 Military Training
THU 25 Dec 86	CLOSED	CLOSED
FRI 26 Dec 86	CLOSED	CLOSED
SAT 27 Dec 86	Westwin	1300-1600 Casual Recreation
		1330-1530 Casual Swim
	Lipsett Hall	1300-1600 Casual Recreation
SUN 28 Dec 86	Westwin	1300-1600 Casual Recreation
		1330-1600 Pool Recreation
	Lipsett	1300-1600 Casual Recreation
MON 29 Dec 86	Westwin	0730-1600 Military Training
	Westwin	1300-1530 Pool Recreation
	Westwin	1800-2000 Casual Recreation
	Lipsett Hall	0730-1600 Military Training
	Lipsett Hall	1600-1800 Casual Recreation
	Air Command Bldg 21	0730-1600 Military Training
TUE 30 Dec 86	Westwin	0730-1600 Military Training
	Westwin	1330-1530 Pool Recreation
	Westwin	1800-2000 Casual Recreation
	Westwin	1800-2000 Pool Recreation
	Lipsett Hall	0730-1600 Military Training
	Lipsett Hall	1600-2000 Casual Recreation
	Air Command Bldg 21	0730-1600 Military Training
WED 31 Dec 86	Westwin	0730-1300 Military Training
	Lipsett Hall	0730-1300 Military Training
THU 1 Jan 87	CLOSED	CLOSED
HAPPY NEW YEAR		
FRI 2 Jan 87	Westwin	0730-1600 Military Training
	Lipsett Hall	0730-1600 Military Training
	Lipsett Hall	1600-1800 Casual Recreation
	Air Command Bldg 21	0730-1600 Military Training

3 and 4 Jan 87 Normal Schedules. Normal schedules of all facilities will resume 5 Jan 87. Personnel are to note the closing of Lipsett pool due to C.E. maintenance.
 Merry Christmas and a Happy New Year from the BASE PHYSICAL EDUCATION AND RECREATION Staff.

PHOTO HINTS*

Say thank you and share the moment

Child's Play

A Polaroid camera is the ideal way to introduce children to the joys of photography. Operating the camera is so simple. A child can see results instantly and the finished photo can be assessed on the spot while it is fresh in the child's mind. It's a wonderful way to teach a child the basics of photography like what makes a good picture, and the importance of composition.

And, a nice way for your child to thank gift-giving relatives is to take a picture of the "little one" opening up the gift. Because the picture's instant, it can be sent off immediately. That way everyone shares the excitement.

An instant camera and a supply of film provides an excellent opportunity to build complete picture records of your family as it grows. Parents of a newborn can shoot pictures of baby's development. Later, special occasions can be captured instantly and placed in the family album. When it comes to family, the situations for photography are endless, and the pictures can be referred to over and over again to keep the memories alive.

BASKETBALL

CFB Winnipeg has once again entered Division VI of the Winnipeg Mens Basketball League which plays Saturday mornings in Lipsett Hall. They will be trying to repeat last year's performance in which they finished 2nd (narrowly losing in the finals) and finishing 3rd in their Division in the Provincial Tournament.

This year the team is coached by Officer Cadet Bruce Schoefield and has a strong returning crew led by LCol George Zvanitajs, Cpl Rick Carneghie, Capt Chris Kirby and Cpl Don Barrill. Thus far they have won 2 games and lost 4 but are improving and have high hopes for the rest of the season, especially for the Prairie Regional Tournament to be held in CFB Moose Jaw 16-20 Mar.

VOLLEYBALL

The CFB Winnipeg Servicewomens Volleyball team plays Tue evenings at Lipsett Hall in Tier III of the Winnipeg Women's Volleyball League. The team, led by stalwarts Lt Diane Charlton, Sgt Kathy Cox, Capt Leslie Mahon and Cpl Jackie Vanthournout is improving and has a good chance to win the Prairie Regional Volleyball Tournament to be held in CFB Edmonton in March.

Hopefully they will follow in the footsteps of last years men's volleyball team which won the Canadian Forces National Championship. Good luck for the rest of the year and keep striding forward.

GREAT PLACE TO BUY... SELL TRADE OR RENT

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Lg Dog House \$60 OBO, 3 stl belt radial s/u P225/75R15 \$25 ea OBO, new hockey pants size 44 \$30 OBO Call 837-5116

Furcoat Ladies Med size beautiful American Opossum replacement cost \$1800 sell for \$425 To view call 837-7726

Commodore 64 computer & 1541 disk drive hardly used exec cond asking \$475 OBO call 832-4912 Paul or Don

Sofa 2 chairs & ottoman coffee table TV stand Best Offer Call 837-6266

Crib & Mattress \$75, car seat \$25, pressure-mounted stl secur gate \$25, snowsuit 24mth red \$20 & one brown same size \$5

Weights/Barbells \$25; exercise mats \$40; manual Typewriter \$10; MII typing desk \$20; Slide projector \$25; Gestetner copier w/supplies (good for Community Club etc) \$100 call Leslie 895-5283 or home 489-0684

Electrolux Canada authorized dealer Flo Leonard free carpet shampoo phone 489-6171.



WANTED

For January reliable homemaker, pref. with small child to care for 15 month old boy weekdays, 7-4. Grenadier/Blanche area. Call Judy 895-5236 weekdays 489-6524 evenings after 6 p.m.

SOUTH SIDE COMMUNITY COUNCIL requires councillors and members at large. Please call Sgt Lavallee at 6077 or MCPi O'Brien at 6337. Please get involved in your community. The members of the South Side Community Council wish all a safe and happy holiday season.



PERSONALS

M.A.L.S.
We will be together tomorrow. All my love.
T.B.



FOR RENT

Prot Ladies Guild (North Site)

— Santa Suits For Rent —

— \$20 Plus \$5 Deposit.

TEL. 831-1215.



Babysitters

Will babysit in my home 7am to 4:30 pm Mon to Fri 3 children max Call 831-0573 anytime

Reliable babysitter required for two school aged children ages 4 & 8. Morning, lunch & afterschool. Pls call after 5 pm 489-5144

Exp 13 yr old will babysit weekends Pls call 489-5518



Accommodation

Sublet 1 Jan 1 bdrm apt 3rd flr Moray Village, garborator, stove, fridge, drapes, cable, walk-in closet, lots of storage space & balcony. 1 mth free rent \$451 mth Call 775-6612 after 5 pm

For Rent: Sidebyside in Crestview (Buchanan) close to schools, buses & shopping. Living rm, 3 bdrm, lg eat-in kitchen, unfinished basement, fridge & stove, fenced backyard with lots of parking space. Avail 01 Feb 87 at \$600 mth Call 895-6334 or home 889-5917

New 1500 sq foot bungalow in Fort Richmond West, 3 bdrms, family rm, 2 full bath, fireplace, oak millwork thru-out, dble attach garage & driveway on lg Pi-shape lot \$135,500 Call Robert 895-5050 or 452-8842

Sublet Quail Ridge, lg 1 bdrm plus den, south balcony, tennis, racket ball courts, pool, 1 Jan 87 \$508 incl parking. No damage deposit Call 489-0919

Apt to sublet 2bdrm avail 1 Jan 87, \$436 include pkg, util, laundry avail, call 837-9571

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Christmas



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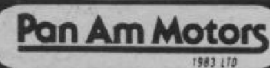


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STAN WLODAREK, District Manager

To: The Editor — Voxair
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