



FREE

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CFB/BFC WINNIPEG
21 October 1992

OP EVAL 92 A TREMENDOUS SUCCESS

Base Commander's Message

Now that the CFB Winnipeg OPEVAL 92 is history, I would like to officially express to all Base personnel my appreciation for your outstanding contribution to this exercise. For those of you who were here for the operational evaluation two years ago, you have

undoubtedly noted that the theme has changed significantly, and for the better, in my opinion. Past evaluations were geared to cold war level of readiness. This time the aim was to evaluate the effectiveness of our training in response to realistic emergency situations, which could occur anytime in normal daily operations. The nuclear response was not neglected, but it had less emphasis.



(L-R) Pte Bolton, Capt Habeck and Maj Phillips administer to a casualty during the recent Base Defence Exercise, Op Eval at CFB Winnipeg. (DND Photo by Cpl Ken Allan)



A member of the BDF team checks a casualty during Op Eval. (DND Photo by Cpl Ken Allan)

I must compliment Wing Commander Freeman and his OPEVAL team for being so pragmatic and realistic in their outlook on Base Evaluation.

The high level of success attained required a great deal of hard work and personal sacrifice by everyone involved. I was particularly impressed with the leadership, initiative, enthusiasm and "can do" attitude from all personnel. The results obtained speak for themselves. To quote the final evaluation report from Wing

Commander Freeman that will be presented to COS Training and Reserve, BGen Slaughter: "There is a tangible air of confidence and pride on this base and this is reflected in willingness, enthusiasm and high morale in all sections. I have been most impressed by the leadership and personal capability shown at all levels and I am pleased to award an overall grading for this evaluation of EXCELLENT. Very well done." This is indeed a proud achievement for CFB Winnipeg.

BZ to everyone involved. To the Lodger Units and civilian personnel, thank you for your understanding and loyal support. Throughout the exercise, I felt that everyone was a player regardless of whether they were from Base or from a Lodger Unit. Once again I am reminding myself of how fortunate I am to be Base Commander of CFB Winnipeg and to be working with such a team of professionals. Thank you for your outstanding work and for setting such high standards.

Force Reduction Program '93

Condensed from
 CF Personnel Newsletter

Members of 19 military classifications have until Oct. 30 to apply for voluntary release under the CF's "Force Reduction Program 1993." This ongoing program resulted from the defence policy and force restructuring plan announced by the Department of National Defence in 1991.

The restructuring plan calls for a reduction in the regular force to 76,000 from 84,000 over three years. The short time frame has resulted in surpluses in mainly non-commissioned classifications — most officer classifications are already under-strength. In 1992, more than 2,200

non-commissioned members were released under the program.

To be considered for this year's program, the non-commissioned members in the specified trades must have terms of service that expire after Jan. 1, 1994, or a basic or intermediate engagement that expires after April 1, 1993.

They must not have been issued release instructions, or a notice of release or intent to recommend release, as of Sept. 1, 1992. As well, they must not have been given a notification of a release as a result of a medical review board as of Sept. 1, 1992, nor have refused an offer of re-engagement.

Applications for release under the '93 program can be obtained through members' orderly rooms or supervisors. Completed applications must be certified by the member's commanding officer and can then be sent by mail or fax to NDHQ/DPCAOR (fax: 613-996-7326).

(Continued on page 15)

Le Programme de réduction des forces 1993

Résumé d'articles parus
 dans le Bulletin du
 personnel des FC

Les membres de 19 groupes professionnels militaires ont jusqu'au 30 octobre pour soumettre leur demande de libération volontaire dans le cadre du "Programme de réduction des forces 93". Ce programme qui est actuellement en vigueur est la conséquence directe de la politique de défense et du plan de restructuration des Forces canadiennes annoncées par le ministère de la Défense nationale en 1991.

Le plan de restructuration vise à rajuster l'effectif de la Force régulière de 84 000 à 76 000 membres en trois ans. Cette brève échéance a entraîné

des surplus d'effectifs, au sein des métiers essentiellement, alors que la plupart des classifications d'officiers ont un effectif in suffisant. En 1992, plus de 2 200 militaires du rang ont obtenu leur libération dans le cadre du programme.

Pour être considérés en vertu du programme de cette année, les militaires du rang des métiers désignés doivent, selon les termes de leur engagement actuel, terminer leur période de service après le 1er janvier 1994 ou, dans le cas de ceux qui ont un engagement initial ou de durée intermédiaire, après le 1er avril 1993.

Ils ne doivent pas avoir reçu de directive de libération, un avis de libération ou un avis d'intention de recommander la libération avant le 1er septembre, ni avoir refusé une offre de rengagement.

Les membres peuvent se procurer un formulaire de demande de libération, dans le cadre du programme, à leur salle de rapports ou auprès de leur surveillant.

(Continuer à la page 15)

Dental Clinic Opening



(L-R) Col Proulx BComd, Col Jones CO 14 Dental, LCol Field Det Comd, CWO Smith BCWO.

14 Dental Unit Detachment opened a new satellite clinic at Kapyong Barracks, 21 August 1992.

Col Proulx, Base Commander, assisted by Colonel Jones, Commanding Officer 14 Dental Unit, cut the ribbon to officially open the clinic.

The new clinic is a fully equipped three operatory facility including a staff room and two offices. It is co-located with the Battalion Unit Medical Section.

The clinic has a full time staff of four: Capt Subedar, DO; Warrant Officer Spencer, Hygienist; Sergeant Hartley, Sr. DA; and Mrs Lavallee, DA.

The patient commitment includes 2nd Battalion Princess Patricia's Canadian Light Infantry and CFB Winnipeg personnel employed at the South Side base. Approximately 750 personnel total.

The provision of treatment service at Kapyong Barracks was readily welcomed.

Lest We Forget

Our freedom has never come cheap. Over the years many fine young Canadians have paid very dearly for what we often take for granted. And let us never forget the sadness and woe that has befallen many mothers who have received the shocking news that a loved one has been killed in action against the common foe.

Therefore, if you will, try to imagine receiving such a message twice in the same day. On 5 Dec 1941 Sgt Gerald M. Drennan, and his twin brother Sgt James D. Drennan, both of #407 RCAF (Demon) Sqn were shot down in the same Hudson aircraft (#AM 556) somewhere over the North Sea. As these brothers have no known graves their names are inscribed on the Runnymede War Memorial, Englefield Green, Egham, Surrey, England.

And further to this, there is the tragedy of the twins from St. Vital, Man., W02 Richard D. Tod and W02 Robert E. Tod, DFM, ages 23 years, shot down and killed on 23 Jun 1943 while serving in the same Stirling Bomber (EFI 889) with #75 (N.Z.) Squadron. They are buried side by side in the General Cemetery in Medemblik, Holland. All four of these brave young men were Wireless Air Gunners.

PER ARDUA AD ASTRA

Bert Cheffins
Historian
Wartime Pilots & Observers Assoc.

FREEDOM

"Freedom" - What a glorious yet often misconstrued word, and in today's society often demanded without thought or consideration of others.

Our right to freedom did not come free of charge. Since the Magna Charta it has been bought and paid for many times over by those whose deemed it to be more precious than life itself.

So if you really value your Right to Freedom, pause every now and then to remember not only those who protected and preserved this privilege in the past, but those who have accepted the job of maintaining this inherent privilege in today's world.

And remember that each of us who value our personal Right to Freedom must accept the RESPONSIBILITY to ensure that the same is readily accorded and available to others.

Bert Cheffins
Member
Unit 283 ANAF Veterans Assoc.

25th Anniversary CFS St. Johns

The 21st of June 1993 will mark the
25th anniversary of St. Johns

Expressions of interest are solicited from serving and retired members who served at this base or its predecessors
HMCS Avalon, RCAF Station Torbay, and
Newfoundland Area Command.

If sufficient interest is shown, a reunion
will be held in June 1993.

Contact MWO Eric Bailey, Station Master Warrant Officer,
AVN 568-4516, Comm (709) 570-4516.

In conjunction with the anniversary, a 114 page illustrated history book has been produced which chronicles the military in St. Johns 1939-1992.

Copies may be obtained from The Station Fund, CFS St. Johns,
P.O. Box 2028, St. Johns, NFLD., A1C 6B5 for \$10.00 postpaid.

CFB Winnipeg WOs & SGTs Mess(N) Curling Funspiel 1300 hrs 21 Nov 92

Place: Fort Osborne Curling Club
Cost: \$10.00 per person
Open to: Members and Spouses (or one guest)
Three four end games - Point system
Teams to be drawn from hat - Rotating positions
First 64 paid entries accepted
Food and prizes at the Mess in the Bison Room
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Submit entries including fee and curling experience
level by November 6 to Mess Secretary

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Barry Sweeney



music reviews and syndicated columnist

STRANGE WEATHER FOR GLENN FREY

As one of the founders of **The Eagles**, Glenn Frey co-wrote many of the songs that have helped shape a musical generation. Perhaps best remembered for hits like **Lyn' Eyes**, **Heartache Tonight** and **New Kid In Town**, **The Eagles** went on to sell in excess of 80-million records and won four Grammy Awards. As a solo artist he found success a

decade ago with **No Fun Aloud** and continued through **The Allnighter** and **Soul Searching** he has enjoyed hits in such soundtracks as **Beverly Hills Cop** and more recently **Thelma & Louise**, with the song **Part of Me, Part of You**.

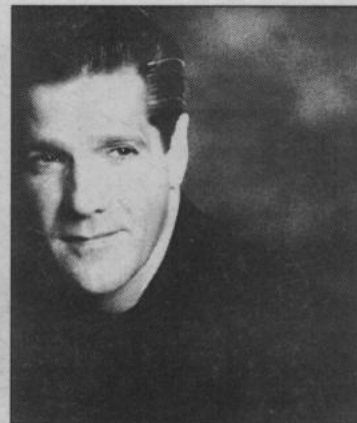
His success has not been limited to music. He made a guest appearance on **Miami Vice**, shared a soft-drink commercial with

Don Johnson, co-starred in seven episodes of the TV show **Wiseguy** and starred with **Robert Duvall** and **Gary Busey** in **Let's Get Harry**.

Strange Weather (MCA) is Glenn's fourth solo album and this one touches on the topical. He opens with the hazards of ignoring the environmental warning through **Long Hot Summer** and clicks with the title track. Frey has

woven the songs together with instrumental interludes such as the prelude **Silent Spring** and the Spanish flavored **Agua Tranquillo**. The Detroit native kicks into high gear with the raucous **Love In The 21st Century** and adds the haunting beauty of **River of Dreams**.

Brave New World is a love song with a positive message which contrasts with the stark reality of **I've Got Mine** which tells a story with two separate views. The one view is the sad plight of the homeless and hungry of our nation while the other side sips champagne and lives in opulent surroundings. Set against a staccato beat, this song screams with an urgency that demands to be heard. Set also includes the recent **Part of Me, Part of You** and rounds out with **Delicious** and **A Walk in the Dark**.



Glenn Frey

FAST FACTS

Eddie Hodges had a pair of top-20 hits in the early 60s with **I'm Gonna Knock On Your Door** and the **Phil Everly** penned (**Girls, Girls, Girls**) **Made To Love** but may be best remembered for playing **Frank Sinatra's** son in the movie **A Hole In The Head**. That's the Fast Facts on **Eddie Hodges**.

CFRC News

INSIDE THE ZONE

How many people actually remember who their recruiter was? Can you remember who staffed all that endless paperwork that was required? It's a good bet that if you've been in more than three years, you've probably forgotten by now who those people were. Somehow the initial contact we have with the military becomes a hazy memory and our first real memory starts at basic training.

Although this article won't help you remember the people who recruited you, it will give you better insight to what exactly goes on down at 280 Smith Street.

The Canadian Forces Recruiting Centre Winnipeg is located centrally in the city, just off Portage Avenue behind the Delta Hotel.

It is staffed by 18 military and 3 civilian personnel, the military staff being made up primarily of Administration Clerks. It may seem that Admin Clerks are the only ones posted to recruiting centres, but any occupation (non-commissioned) can be posted in to the position of Recruiter/Mobiler. This is the staff who visit the outlying areas, speaking at schools, symposiums and local events to heighten the awareness of the general public and create interest in a career with the Canadian Forces.

Although this may seem strange due to cut backs in enrolment in the Canadian Forces, these Mobilers still have an important job to do in public relations.

The Administration Clerks at CFRC Winnipeg also accompany the Mobilers when they visit the Reserve Units, helping staff the paperwork required for enrolment of the reservist. The Winnipeg Recruiting Centre is a little different as it lets its Administration Clerks do the recruiting at the counter, giving them the chance to hone their knowledge of the military and their public speaking skills. This also gives the applicant a point of contact that will stay with them until they are actually enrolled in the CF. Most Centres prefer to let the mobilers do this job when they're not on the road.

The personnel who do the interviews and make the final decision as to an applicant's suitability for the Canadian Forces are called Military Career Counsellors. You may or may not remember sitting in a small office or cubicle across from an officer who kept asking very direct questions and wanting very direct answers while making notes of everything you said prior to your enrolment. This is the person of whom I speak. These positions can be filled by any occupation, commissioned officer or senior non-commissioned officer.

The medical portion of the enrolment is done in two parts, similar to a re-engagement medical. Both parts of the medical are done right at the recruiting centre by a medical support person who will check vision, height, hearing and general health of the applicant.

Now for the big picture. The Canadian Forces Recruiting System is broken down into four zones; the Atlantic, Quebec, Central, and Western to which CFRC Winnipeg belongs. CFRC Winnipeg is responsible for all of Manitoba and Northwest Ontario which is administered by our detachment in Thunder Bay, Ontario.

The province of Manitoba is divided into two areas, north and south, and is taken care of by our two mobilers who will disappear for weeks on end driving from community to community speaking about the CF. Northwestern Ontario has only one mobiler operating out of Thunder Bay.

Now that you have been introduced to our little corner of the world, I will periodically keep you up to date on the goings on in the Recruiting Zone.

Certificate of Service Presentation



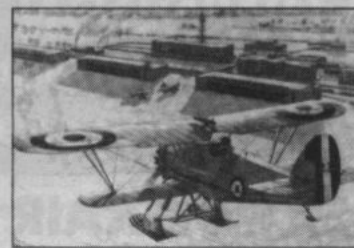
LCol Koch, the A/B Comd, presented Lt(N) Quaade with her Certificate of Service for 20 years in the Canadian Forces.

Retiring???

Positions available across Canada. I'm a retired MP WO looking to expand my business. I require highly motivated and disciplined individuals. Will pay you to train. Ideal career change, ideal for housewife. High earning potential. Can provide training prior to release.

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C.D.J.A. member

Air Command Headquarters



Gen Diamond presents Maj Alex Brown with his retirement scroll after 37 years service in the RCAF/CAF. Shown left to right are: Col Terry Findley, BGen Diamond, Maj Alex Brown and LCol Pat Sloan.

Major Alex Brown retires after 37 years

After 37 years of dedicated service as an Air Weapons Controller in the Royal Canadian Air Force and the Canadian Armed Forces, Major Alex Brown has retired to the relaxing duties of a grandfather, golfer and hunter.

Alex served his last two years as the NORAD Operations Planner in Air Command Headquarters where he coordinated the development and revision of NORAD Defence Plans. Alex came to AIRCOM HQ after numerous tours as a "scope wizard" at exotic places such as Comox, BC; Holberg, BC; Senneterre, PQ; MT Apica, PQ; Gander, Nfld and North Bay, Ont. Because he did so well telling pilots where

to go, he was elevated to the echelons of instructor and standards officer in both Gander, Nfld and North Bay, Ont.

Additional "staff" positions were held in AIRCOM HQ, St Margarets, NB and Tyndall AFB, Florida. His favourite and most notable position though was as Commanding Officer of 42 Radar Sqn in CFB Cold Lake, Alta from July 85 to Jul 88.

Those who have worked with Alex will miss his quiet, efficient business manner and warm smile. We all wish him and Doris all the best for a long and enjoyable retirement.

Retirement Certificates



MGen Lou Cuppens, D Comd AIRCOM HQ presents LCol Roger Aessie with his retirement certificate in recognition of his 29 years of very dedicated service. LCol Aessie will be retiring in Saskatoon where he will be embarking on a new business career.

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AVOCATS ET NOTARIES

Me Pierre Deniset, B.A., LL.B.
Me Guy Jourdain*, LL.B. (Montréal), LL.B. (Manitoba)
Me Jean-Paul Boily, B.A., LL.B.
Me Roxroy O. O. West, B.A., M.A., LL.B.
*Également membre du Barreau du Québec
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**VOXAIR
NEEDS
VOLUNTEERS**

BOPS

The Final Approach Fix

The OpEval is over and events are sort of slowing down for now - wait til I get back on shift.

Congratulations to Sgt Bush Thornhill at BDP on finding his missing beloved one. I heard through the grapevine you received a lot of subtle clues about her predicament (I personally think it was 2 Platoon).

I would like to thank the weather office for the mini heat wave in October; you only missed summer by a few weekends. It was great going to Grand Beach without a thermos or parka (in October even!) for a weekend of fun, partying and tanning.

GCA is up and serviceable again after a prolonged unserviceability with the elevation antenna. The radar techs have done their magic and our radar controllers are waiting to fill the airwaves again for approaches.

For all the occasional visitors going near the hangar line; you may have noticed several strange aircraft moving or being moved about. The CF104 Starfighter, CF101 Voodoo, CT134 Musketeer and Harvard are being prepped by BAMEO Servicing for mounting on their pedestals. Transport Canada is also all set up at 11 Hangar and you will regularly see their aircraft taxiing in and out of our ramp. There has also been an increase of foreign military air forces

staging through Winnipeg for various reasons.

Congratulations to our BATCO; Capt Hewitt and Mrs Capt Hewitt on the birth of their daughter. Welcome to the world of Parenthood; does the word sleep mean anything? We understood you would like triplets next year, have fun.

We have finally started renovations in Base Ops. The BATCO's office and toys have been moved to the former Scheduling area, the scheduling personnel have moved over to 402 Squadron's area. Once MTS and CE have completed their technical work, we will move the Ops and Flight Planning area into Capt Hewitt's old office. After that is finalized, the coffee area will then be moved in beside us, into our old haunt. Hopefully all will be finished as you scan through this article and try to make sense out of the goings on at Base Ops during our move.

The call has come in from Air Command requesting volunteers from our trades for UN duty in Somalia for a one year unaccompanied tour to fill positions as Tower Controllers, ground controllers and Flight Planning with possible GCA operations in the near future. Good Luck to those hearty people who are selected. Good Luck also to the many, many people from CFB Winnipeg who are departing for the various UN and MFO commitments abroad.

Red Pen Randy

VOLKSMARCHING FOR FUN? WHY NOT!



The 19 Sep 92 Oktoberfest Volksmarch held at the Winnipeg Convention Centre was a success with 132 participants walking that day. It was encouraging to see that most of the trail stompers were military and American participants.

The buzz of activity due to the craft show and Oktoberfest hadn't deterred walkers from coming in and registering.

All registrants were issued a start card and route map leading walkers from the starting point at the Convention Centre to the Forks, through two parks, the downtown market square, down Main St and up Portage Ave to the Legislative Building and then returning to the starting point. The 10km walk had taken volksmarchers an average of two hours to complete with two check points along the route. Since the event was held on a Saturday this gave the walkers the opportunity to experience the Winnipeg business district.

There were positive comments regarding the route so the club will implement this route on the 1993 Year Round Event (YRE) commencing the 1 Apr - 30 Nov 93. The route will have some differences such as the start point/registration will be at held at the Legislative Building on Broadway St.

The Windy City Wanderers will be sponsoring a 10km guided walk held on the 25 Oct 92 at Birds Hill

Park and the start point will be held at the Chickadee Trail parking lot at 8am sharp. This walk will be for credit only so don't forget your IVV record books and dress warmly. I hope to see more people attend this walk, to date we have only six people registered. The registration is \$2.00 for credit and it's free for those of you not owning IVV books. We will have IVV books available for purchase if you wish to commence collecting stamps for your achievement awards.

Our club meetings are held every third Wednesday of the month at the Roman Catholic Church on Silver St by CFB Winnipeg, North. You don't have to be a member to attend so everyone is more than welcome.

There'll be plenty-a-happening for 1993 with scheduled events sponsored by our club and also chartered groups heading down to the good ole USA to attend their events as well.

If you still unsure and require answers to your questions call me, Tobie Mangione, at 888-5307 after 5pm. Don't be shy, come on down.

Just recently I returned from a trip to Victoria, BC where I had the good fortune to participate in a 10km Year Round Event sponsored by the Garden City Wanderers Volkssport Club. I have to tip my hat off to them. It was well organized with a beautiful route that takes you along the shore, through parks, and

the downtown area. The start point was located at the Take-a-Walk shoe store at Eaton Centre where the staff was very helpful and informative.

There was also a 12km YRE at the same location but a separate route. I think it's a splendid idea to make available two YRE events with different routes so you can have your choice of routes. I hope to return to British Columbia next year so I may participate in the various YRE events offered by other Western clubs.

Our Volksmarch club is still slow in popularity but I also realize that with time and patience the club will grow in reputation and membership.

Come out and support your local Volksmarch club. Walk for health, fitness and most of all FUN!

GUIDED VOLKSMARCH

25 OCT 92
Start Time: 8 am
Route: 10 KM
Location: Birds Hill Prov. Park
Start Point: Chickadee Trail Parking Lot
Entry Fee: Non-registered participants (no credit) FREE
Registered (pre or late) participants (credit) \$2.00
For more info contact Tobie Mangione 888-5307

Have a Safe & Happy Halloween!



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| Gilles Lemay | NB, PEI | (506) 457-4172 |
| Ted Treboutat | Petawawa, Kingston, North Bay, Trenton | (613) 687-1402 |

You may contact your area representative at the number indicated or by calling us toll-free at **1-800-267-6681**.

La dernière phase consistant à l'implantation de représentants du RARM à plein temps d'un océan à l'autre est maintenant terminée. Ils sont disponibles pour discuter de vos besoins en assurance sur une base individuelle ou collective selon votre disponibilité.

C'est donc avec grand plaisir que nous vous annonçons la nomination des représentants suivants:

- | | | |
|---------------|------------------|----------------|
| Yvon Boisvert | Bord., Tor., Lon | (705) 725-1924 |
| Gary Lind | Manitoba, Sask. | (204) 697-0507 |
| Gilles Boivin | Alberta | (403) 475-2566 |
| Mick Phillips | British Columbia | (604) 658-0222 |
| Roger Poulin | NS, NF, Lab | (902) 435-7700 |

Vous pouvez rejoindre votre représentant au numero indiqué ou en nous appelant sans frais au **1-800-267-6681**.

OPERATION PEACEFUL STORM



As of 5 Aug 92 C Coy 2PPCLI was placed under command of 3PPCLI for OPERATION HARMONY (United Nations Peacekeeping force in Yugoslavia), now designated D Coy 3PPCLI.

In preparation for the tour the Coy completed two weeks of intense training in CFB Wainwright from 5 Aug 92 to 19 Aug 92.

The first phase of training consisted of section and platoon level tactics and a familiarization shoot for all members on all the infantry weapons. Weapons that were

reviewed were the 84mm Carl Gustav Anti-tank Weapon, the M72 Light Anti-tank Weapon, the 60mm Light Mortar and the firing of the .50 Cal MG and C6 Machine gun.

The second and final phase consisted of training to familiarize and practice UN related tasks in the town of Hardisty and Camp Wainwright. Some of these tasks consisted of foot and vehicle patrols, vehicle checkpoints and vehicle convoy escorts. This training gave the Company the

opportunity to practice what was taught on the first week of training and provide exposure to dealing with civilians in a UN setting.

As the training draws to a close the Coy continues its final preparations for deployment on our tour of duty which is scheduled for 15 Oct 92 until 15 Apr 93. The Coy will be deploying to the town of Duarvar, located 240 km east of Zagreb.

Do vidjenja!
(see you later!).



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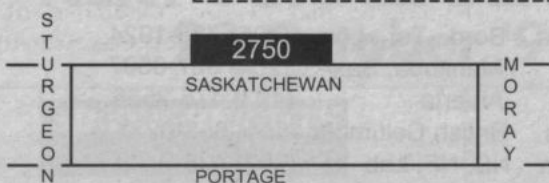


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A Soldier

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A soldier is sharp with a deck of cards, brave with a tattooed arm and the protector of the earth with a Playboy Magazine. They have the energy of a satellite, the stories of a Sea Captain, the slyness of a fox, the brains of a prophet, the security of a bar, the aspiration of a Casanova and when he wants something it is usually connected with a request form.

Some of his interests are: girls, women, dames, females and members of the opposite sex. His dislikes are: answering letters, wearing his uniform, the old man rise and shine. No one else can cram into a fatigue pocket: a little black book, a pack of crushed cigarettes, a picture of his girl, a comb, a "church key", numerous cards and what is left of last weeks pay. He likes to spend money on: girls, some on beer, some on poker and the rest foolishly.

A soldier is a magical creature: you can lock him out of your home, but never out of your heart. You can scratch him off your mailing list, but not off your mind. He is your one and only bleary eyed, good for nothing bundle of worries, but all of your shattered dreams become significant when he comes home, looks at you with those bold blood shot eyes and says "Hi Ya Honey".



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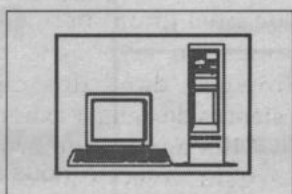
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Memorial to LAC Gravell

Karl Mander Gravell was born in Norrköping, Sweden on 24 September, 1922, the son of Carl and Anna Lisa Gravell. He joined the Royal Canadian Air Force on 15 March 1941 at his home town of Vancouver. After completing his manning depot training he was posted to No. 2 Wireless School at Calgary (AB).

On 10 November 1941, during a routine training flight, the Tiger Moth in which Leading Aircraftman (LAC) Gravell was a passenger crashed into Simons' Valley and burst into flames. LAC Gravell's heroic efforts to save his pilot, Flying Officer J. Robinson, are detailed in the following official citation to the George Cross.

Leading Aircraftman Karl Mander Gravell GC

"On November 10, 1941, Moth Wireless Training No. 4833 crashed in Simons Valley and immediately burst into flames. The Trainee Wireless Air Gunner, LAC K.M. Gravell managed to extricate himself from the wreckage and get clear. In spite of intense shock caused

by the loss of one eye and severe burns, suffered at the time of the crash, LAC Gravell's first and only thought was for the welfare of his pilot so, finding that his pilot was still in the aircraft and ignoring the fact that his own clothes were ablaze, he attempted to get back to the flaming wreckage to pull his pilot clear, but had barely reached the aircraft when Mrs. R. Walsh (School Teacher) at great danger to herself, ran up and dragged him away. Mrs. Walsh rolled him on the ground to extinguish the flames which had, by this time, completely enveloped his clothing.

LAC Gravell subsequently died from his burns. Had he not considered his pilot before his own safety and had he immediately proceeded to extinguish the flames on his own clothing, he would probably not have lost his life."

Date of Act of Bravery:

10 November 1941

London Gazette:

11 June 1942

LAC Gravell's self sacrifice was in keeping with the highest traditions of the Royal Canadian Air Force.

Monument dédié à l'aviateur-chef Gravell

Karl Mander Gravell, fils de Carl et Anna Lisa Gravell, est né le 24 Septembre 1922 à Norrköping, en Suède. Il joint l'aviation royale du Canada le 15 mars 1941 dans sa ville de résidence, Vancouver (Colombie-Britannique). Après avoir complété son entraînement du contrôle des effectifs, il est muté à la 2e École de radio-navigants à Calgary (Alberta).

Le 10 Novembre 1941, lors d'un simple vol d'entraînement, l'aviateur-chef (avc) Gravell est à bord du Tiger Moth qui s'écrase dans à Simons' Valley (AB) et s'enflamme brusquement. Les efforts héroïques accomplis par l'aviateur-chef Gravell dans le but de sauver son pilote, le lieutenant J. Robinson, sont racontés en détail dans le diplôme officiel accompagnant la Croix de Georges.

Aviateur-Chef Karl Mander Gravell GC

"Le 10 Novembre 1941, l'avion-école de radiotélégraphiste Moth N° 4833 s'écrasa à Simons' Valley et s'enflamma brusquement.

L'aviateur-chef Gravell, stagiaire mitrailleur-radiotélégraphiste, réussit à se tirer du danger. En dépit de son état de choc intense causé par la perte d'un oeil et de graves brûlures subies au moment de l'écrasement, la seule pensée de l'aviateur-chef Gravell était celle du bien-être du pilote, si bien que réalisant que celui-ci était encore dans l'aéronef et ne tenant pas compte du fait que les flammes consumaient ses vêtements, il essaya de retourner aux débris enflammés pour en retirer le pilote.

Il était à peine arrivé à l'aéronef quand Mme F. Walsh (institutrice) à grand danger personnel courut à lui et le traîna au loin. Mme Walsh le roula sur le sol afin d'éteindre les flammes, qui par ce temps l'enveloppaient complètement.

L'aviateur-chef Gravell est mort par la suite de ses brûlures. S'il n'avait pas placé le bien-être du pilote avant sa propre sécurité et s'il avait entrepris d'éteindre ses vêtements, il s'en serait probablement sorti."



Mrs. Lisa Gravell mother of Karl Gravell with the Lieutenant-Governor the Honourable Dr. George Johnson and Lieutenant-General D. Huddleston commander of Air Command in front of the memorial to LAC Gravell. The dedication ceremony took place at Air Command Headquarters Winnipeg on 1 September 1992. LGen Huddleston officially dedicated the display which is located in the HQ atrium.

Mme Lisa Gravell mère de Karl Gravell avec le lieutenant-gouverneur l'honorable D. George Johnson et le lieutenant-général D. Huddleston commandant du Commandement aérien devant le monument dédié à l'aviateur-chef Gravell. Cette cérémonie d'honneur a eu lieu le 1er septembre 1992 au Quartier-général du Commandement aérien à Winnipeg. Le lieutenant-général Huddleston a officiellement dédié un présentoir qui est située dans l'atrium du Quartier-général.



Karl Mander Gravell

The George Cross

The George Cross was instituted by Royal Warrant on 24 September 1940. The nature of the Second World War had necessitated that a decoration be made available for civilians and military personnel who had performed acts of gallantry arising from enemy action or for other brave deeds. The Warrant specified that the cross "shall be awarded only for acts of the greatest heroism of the most conspicuous courage in circumstances of extreme danger."

The Decoration is a plain

silver cross with four equal limbs. The center of the cross consists of a circular medallion with a representation of St. Georges and the Dragon. The inscription "For Gallantry" appears around the medallion. The Royal cipher forms a circle concentric with the medallion. The suspension is by a straight bar ornamented with laurels. The reverse of the cross is engraved with the recipient's name, rank and branch of service (if applicable) and date of notification in the London Gazette. The cross is

suspended by a blue one and one-half (1 1/2) inch ribbon.

The original Warrant for the George Cross allowed surviving holders of the Empire Gallantry Medal to exchange their awards for the George Cross. In 1971, living recipients of the Albert Medal or Edward Medal were accorded the same privilege. Excluding exchange awards, 151 George Crosses were gazetted between the years 1940 and 1979. Of Commonwealth, the George Cross ranks second only to the Victoria Cross.

La Croix de Georges

La Croix de Georges a été instituée par brevet royal le 24 Septembre 1940. La nature de la deuxième guerre mondiale nécessita qu'une décoration soit décernée au personnel civil et militaire qui avait accompli des actes de bravoure résultant des interventions ennemies ou d'autres exploits de bravoure. Le brevet précisait que la croix ne devait être décernée que pour des actes de plus grand héroïsme ou pour un acte de courage insigne dans des circonstances de danger extrême.

"Il s'agit d'une croix en argent avec quatre bras

égaux. Le centre de la croix consiste d'un médaillon circulaire où l'on représente Saint-Georges et le dragon. L'inscription "For gallantry" apparaît à la circonférence du médaillon. Le monogramme royal forme un cercle concentrique. La suspension est faite d'une barre rectiligne ornée de lauriers. Le nom, le grade et l'élément air, mer ou terre (le cas échéant) du récipiendaire ainsi que la date que l'annonce a paru dans la London Gazette sont gravés sur le revers de la médaille. La croix est suspendue par un ruban bleu d'un pouce et demie.

Le brevet original de la Croix de Georges permettait aux détenteurs vivants de la médaille Empire Gallantry d'échanger leur médaille pour la Croix de Georges. En 1971, on accorda le même privilège aux récipiendaires vivants de la médaille d'Albert ou de la médaille d'Édouard; 151 Croix de Georges apparurent dans la London Gazette entre 1940 et 1979.

Des distinctions honorifiques du Commonwealth, la Croix de Georges se place après la Croix de Victoria.



MANITOBA / LAKEHEAD

Western Challenge (ARTY '92)

What a Bang!



Lieutenant Paul Szabunio (center) identifies the "enemy" position as 2nd Lieutenant Snider (left) plots the coordinates on his grid sketch and radios the coordinates back to the gun batteries. Master Bombardier Laurie Paquet (right) confirms the sighting. All three are members of the 20th Field Regiment, Edmonton, and were the Forward Observation party for 312 Battery of the Western Artillery Regiment. Their job during Ex Western Challenge '92, which was held between August 14th to the 24th, was to locate the advancing enemy and send the grid references back to the gun positions so that the guns could do their job.



The #1 gun from the 312 Battery of the Western Artillery Regiment, of Exercise Western Challenge '92 prepare sighting for a "fire for effect" into the "Orangeland Army". The three members of this gun crew are, from left to right - Gunner Ronald Dobbernack, from the 61st Battery, 20th Field Regiment, Edmonton, Alta., Bombardier Peter Anderson, from the 78th Battery, Red Deer, Alta., and Gunner Mike Yackulic, also from the 78th Battery, Red Deer, Alta.

The Western Regiment's mission was to repel the advancement of the Orangeland Army. Two hundred and fifty reservists, with augmentation from Regular Force members, were mobilized from across Western Canada to form the Western Regiment Artillery in CFB Shilo, Manitoba, and halt the advancement and destroy the "enemy". Thus, on the 14th of August and for the next ten days, began Exercise Western Challenge 92 ARTY.

Six artillery units from across North-west Ontario, the Prairie Provinces and British Columbia moved on orders from Land Force Western Area (LFWA) and they formed three full

Batteries, totaling fifteen 105mm Howitzer gun crews.

EX Western Challenge 92 is the first reserve summer concentration exercise for LFWA since its formation almost one year ago. This year's Reserve concentration, formerly known as MILCON, distributed all reserve elements into four separate Armed Forces Base locations. Infantry, Medical and Service Battalions headed to Wainwright. Engineers concentrated in CFB Chilliwack. CFB Suffield hosted armoured units. Artillery movements were to CFB Shilo, Manitoba.

The aim of the artillery concentration was to have the Battery level skills of basic dry and live firing

(including quick fire planning) in offensive operations in accordance with FMC Battle Task Standards.

North-west Ontario was represented by the 116th Independent Field Battery from Kenora, Ontario. The Prairie Provinces supplied batteries from the 26th Field Regiment, Brandon, Man., the 10th Field Regiment from Regina, and the 20th Field Regiment from Edmonton, Alberta.

British Columbia supported the exercise with gunners from the 5th Field Regiment Victoria, BC. The 15th Regiment from Vancouver completed taskings for the exercise.

Weather conditions for the exercise were very concerning. Fire danger was extreme during the first part of the exercise as Manitoba experienced the hottest, driest weather of the extremely short summer. Temperatures soared into the mid 30's for several days. However, as luck would have it, the rains came to lessen the arid conditions and make the live fire range areas safe for all members.

The Commanding Officer for the Western Regiment was Lieutenant-Colonel Steve MacNab, CO 26 Field Regiment, Edmonton. He was supported by Lieutenant-Colonel Gatien Tremblay, Commanding Officer of the RCA Battle

School, CFB Shilo.

Together, with support from Manitoba/Lakehead District, they worked as a team to successfully meet the rigid standards of FMC Battle Task Standards. Regular force members and officers of 3 RCHA, Shilo, were also on hand to augment and support the Reserve exercise.

More and more expectations are placed on the

artillery officer as "one of the finest exercises I've been to in a long time".

As the Regular Force and Reserves combine their efforts during exercises, such as Western Challenge 92 and as augmentations occur, such as Cyprus and Yugoslavia, each gain a greater understanding of each other's role. Regular Forces members realize and see the dedication



Gunners and Bombardiers from Ex Western Challenge '92 share some funny stories and some lunch together and they get a rare lunch break during the "live fire" portion of the Reserve Artillery Exercise held in CFB Shilo last August.

reserves to meet standards. Artillery reservists were under the watchful eye of the RCA Battle School, and the IG (Instructors in Guns) from the Field Artillery School, Gagetown. With this year's support by the Regular Force members, as a true indication of the "Total Force" concept, Western Challenge 92 was described by a reserve

and commitment of reservists. At the same time reservists see the high standards professional soldiers attain and the great amount of training that is expected of them to meet those standards.

Training is what Western Challenge 92 was all about.



"What! No more!" A disappointed bombardier, Pete Anderson, from the 78th Battery, Red Deer, Alberta, realizes that Ex Western Challenge is at an end. Bombardier Anderson joined two hundred and fifty reservists from across Western Canada and gathered at CFB Shilo, Manitoba between the 14th and 24th of August. This was the first Artillery summer concentration since the formation of Land Forces Western Area (LFWA).

DISTRICT

SITREP



PLEDGES FOR THE CHILDREN

For the seventh consecutive year the Manitoba Lakehead District will be focusing their charitable efforts for the Children's Hospital Research Foundation. This year will be special because once all efforts are over, combining previous years totals, their

total pledges will have surpassed one hundred thousand dollars!

What started as a spring run from Thunder Bay to Winnipeg, in 1986, has turned into an almost full year of events and fund raisers. Every unit from the District has contributed, whether it be manpower or equipment.

Last May, on the CBC "Make a Miracle" Telethon for the Children's Hospital Research Foundation, members of the District "Kids Count" Relay team presented a cheque for \$16,500.00.

Those funds mostly resulted from the 1,500 kilometre relay run across southern Manitoba. More than 65 communities were touched by the runners between the 26th to 31st of May. The relay ended on stage during the telethon on the 31st of May.

Minto Armoury was kept busy last February and April as two gigantic flea markets brought in another



At CFB Winnipeg Officers Mess, on the 25th of September, Colonel Barry Bruce, (Left) Commander of Manitoba Lakehead District, accepts a cheque for \$1,350.00 from Brian Phillips of Manitoba Pool Elevator. The cheque is their pledge to the District "Kids Count" Relay Team. The team will be again running 1,500 kilometres across Southern Manitoba on May of 1993 to raise funds for the Children's Hospital Research Foundation.

significant portion of the donation. All units housed in Minto either manned booths, set up tables, controlled the crowds or coordinated the event.

Colonel Barry Bruce, Commander of Manitoba Lakehead District, has pledged another year to keep the "Miracle" alive. The Children's Hospital affects all

Manitobans and extends itself well into North-West Ontario and parts of Saskatchewan.

The Commanders pledge will result in the District surpassing the \$100,000 mark. In spring of 1993, again on stage at the telethon, the relay team will present the cheque that will put us in a special realm of charity.



A luncheon was held on the 25th of September to honour the contributions of Manitoba Pool Elevators to the Manitoba Lakehead "Kids Count" relay team. Manitoba Pool is the official sponsor for the running team and meet the runners along the 1,500 kilometre relay route, presenting cheques to the runners. This past year had the Dauphin area raising the most from their members. Dauphin raised \$3,370.00 for the Children's Hospital Research. A new challenge plaque was made for this year and presented to the highest contribution elevator area. Present for this award of the Manitoba Lakehead Plaque were (left to right) Captain R. (Bob) Van de Laar - Run Chairman, Colonel Barry Bruce Commander of Manitoba Lakehead District; Fern Legeault Manager of the Dauphin Pool area; and Joan Wheeler Executive Director of the Children's Hospital Research Foundation.

Fort Garry Horse Reservist

Off to Yugoslavia By OCdt Sara Daignault



Cpl Christopher J. Hayden

Corporal Christopher J. Hayden, enrolled in The Fort Garry Horse Militia Regiment on 3 December 1989, and has since become a QL-4 trained reconnaissance crewman. The nineteen year old reservist volunteered for a six-month tour in Croatia last Spring and, in conjunction with the Third Battalion Princess Patricia's Canadian Light Infantry Regiment from Victoria, committed himself to two months of gruelling infantry training in Wainwright, AB and

Victoria, BC. He stated that the first two weeks incorporated both instruction and screening processes. The remainder of the training confirmed him as a qualified and skilled rifleman. He was subsequently paired with his Regular Force counterpart as part of Charlie Company, Alpha Platoon, 1 Section.

When asked of his family's reaction (parents Ron and Terry Hayden and 15 year old sister, Amber), he stated that, on his mother's side, he emerged from a military-oriented family. Although quite concerned for his safety, they were very supportive of his service to the United Nations. Mrs Terry Hayden, a Teaching Assistant, explained that, initially, she had adamantly opposed the idea. However, through Chris' personal conviction and further discussions, she soon adapted to the notion, stating "Chris really wanted to do this," and, in regard to the rigorous instruction he

was subjected to this summer, avidly expressed, "I'm proud that he managed to do it all. Not everyone can do that kind of training." She added that her father, Jim Ferguson, was attached to The Fort Garry Horse during two UN tours, that his name appears on one of its Regimental banners, and that Chris proudly wears a ring that his grandfather brought back from Egypt in 1967.

Chris was given a two week pre-embarkation leave prior to his departure on 5 October 1992. When asked if he had any particular plans during this time, he disclosed that he drove the entire way from Victoria, through the mountains, in order to spend the short duration with his family and friends in Winnipeg.

His personal feelings on the situation in Yugoslavia, and as to the reason for volunteering for such a challenging endeavour, he simply explained, "I try to

A singer amongst us!



Sgt John Reavely, Manitoba Lakehead District Photographer, and his wife Linda were the winners of the Birchwood Inn/CKRC 630 Country Music Karaoke Contest, held last spring at the Birchwood Inn. They took their voices and new outfits to the Variety Club Telethon where they sang, to the delight of viewers, that famous Marty Robbins song, "El Paso".

P.S.: John and Linda, Congratulations on your 25th Wedding Anniversary, 30 September 1992 - From all members and P Officers of Manitoba Lakehead District.

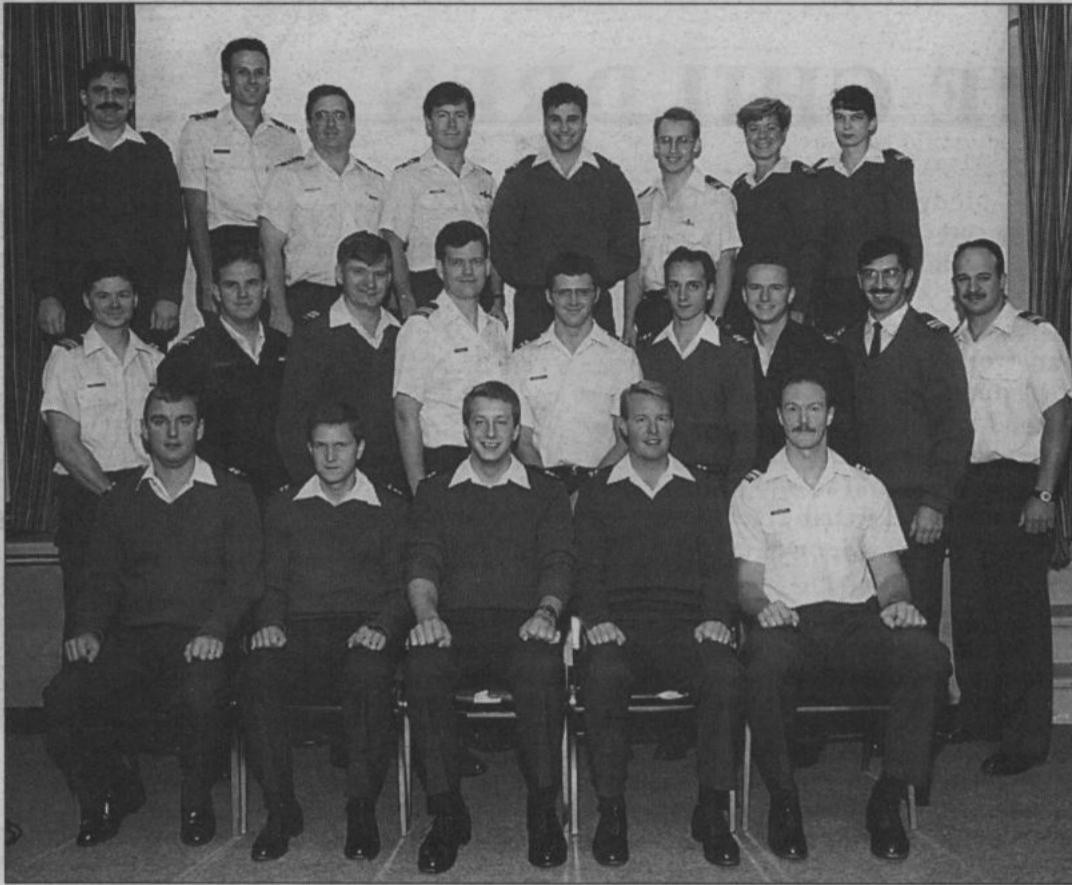
keep up with current events, but I'm mostly going because it's a job." Ron Hayden stated, "Christopher has always been interested in the military, and I'm sure he will do well over there and will come home safe."

Mrs Hayden concluded, "It's a situation that should never have happened, but they (the Canadian Forces) are there to keep the peace, and I hope that they are able to do it."



CFSAS

BASIC SPACE INDOCTRINATION



Front Row L/R: Capt N.F. Lisney, Capt T. Bukieda, Capt B.J. Luebke, Capt I.R.D. Beer, Capt F.F. Cerantola.
 2nd Row L/R: Capt R. Rouette (Course Instructor) Maj P.W. Godwin, Capt P.M. O'Driscoll, Capt J.C.B. Beaulieu, Capt J.J.M. Bergeron, Capt J.A. Stover, Lt S.P. Duffy, Capt S.B. Fejes (Course Director), Lt N.J.P. Demers.
 Back Row L/R: Capt J.A.N. Perron, Lt D.W. Godden, Capt T.E. Flynn, Capt D.B. Dubuc, Lt S.L. Camps Lt L.M. Angly Ferland, Lt M.F.S. Bathalon.

Basic 9246 Graduation

The graduating class of CFSAS Basic Space Indoctrination Course (BSIC) 9246 which was conducted from 14 to 18 September 1992.

This course familiarizes officers with space systems and their impact on CF occupations. It provides a basic introduction of the terminology and concepts associated with space, and, includes lectures on space sciences, space policy and doctrine, and space programs and operations. The students also participated in syndicate exercises, and were asked to present a critical analysis of the relevance of selected space systems to CF operations.

Each BSIC also features a speaker from the space community. On this course, Dr Timothy Ball, an expert on climatology and remote sensing at the University of Winnipeg, gave an overview of space-based remote sensing for the purpose of monitoring the environment. This discussion proved very timely in light of current interest in the environment. The course members were very receptive to the talk and participated actively in the open debate that ensued.

If you would like to receive more information about the Basic Space Indoctrination Course, contact Capt Steven Fejes at local 6755.

PER ARDUA AD ASTRA.

PROMOTIONS

Base Supply



Capt Schnare, A/B Sup O, is shown presenting Pte Guimond with her first of hopefully many promotions. Well done Monique from all of Supply.

Base Transport



Pte Prytuliak, Traffic Tech 933, receives her first hook from Maj Senechal, BTnO. Carey presently works at the CMTT Section.

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Fri. & Sat. 9 pm - 1:00 am

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Silver Heights Community Centre

Recently the Silver Heights Community Centre held their Fall sports registration. All Westwin residents wishing to sign up their children for hockey and ringette must go through Silver Heights Community Centre.

For late registration, please call Al Peters at 832-1872.



CFANS Update

As the days grow shorter and the long shadow of winter creeps down from the frozen north, one can only wonder what those early fur traders were thinking as they set up camp here so long ago. "Hey, this seems like a nice place to stay for awhile!" might have been overheard. "There's no mosquitos and the weather seems pretty fair!"

Of course, they must have arrived during the autumn. That's the week-long period of tolerable weather squeezed in-between the "It's been a lousy summer" season and the "It's too cold. I'm going to Florida" season. Although Canadians have much to be thankful for, a prairie winter is not one of them. But at least it gives us something which Canadians from coast to coast can complain about.

Arriving just in time to experience the renowned "Dry Cold" of Winnipeg's winter is CFANS course 9207. Capt Richard Hone, their proud Course Director, is reportedly looking forward to the challenges of guiding a group of keen and eager students through their 11 months of training to wings standard. During this period, the students learn the essentials of guiding an aircraft from any point to any other point on the earth (an oblate spheroid!) using everything from celestial bodies to Inertial Navigation Systems. Their Course Director, in the meantime, learns why this duty is assigned only once during each instructor's tour. Premature aging is an ugly thing....

The start of any Basic Air Navigation course is marked by a "rookie roast" at their course meet-and-greet. In a rather unusual turn of events, a recently discovered tradition requires that "baby navs" present themselves to the school wearing diapers.

"It's part of the natural evolution of the navigator trainee," commented OCdt Steve Maude, spokesman for the Navigators Under Training Society (NUTS). "The next logical step would be to build a giant nest atop Mawdesley Hall. Then we can see just how well they can really fly after their graduation."

"That sounds a bit drastic," I replied, "couldn't you just push them down the stairs, like at a normal graduation?"

"Oh - that tradition. Well, we've been seeking to change the procedure on that one in order that their trajectory might more closely approximate their career progression. We have a duty to prepare them for the real world, after all."

Fearful of discovering any other proposed "traditions" yet untried on the junior courses, I returned to the instructors' offices for comment. A mention of "baby navs" prompted the news that Capt Doug Lawrie has announced the arrival of a daughter, Dana Jean, on 02 October. Both Dana and mother Dora are doing well.

On the SANC scene, Course 9203 has begun. Reports indicate the students have already learned more about radar than they ever thought they wanted to know. Capt Anil Mohan, the CFANS rep. on the course, (almost) jokingly referred to

it as, "a necessary evil."

The CF Staff Air Navigator Course is an advanced systems theory course designed to enrich a navigator's knowledge and prepare him or her for a Standards or Training position on a squadron. Senior SANCer Maj Paul Noonan likens it to cod liver oil, "The experience is distasteful, but it's supposed to be really good for you." By all accounts, there has been no disagreement from the students.

CFANS students reacted somewhat predictably to the grumblings from above (SANC is upstairs from the Basic Nav training school). They claim that the SANC students are too soft, probably the result of too much time spent in the galleys of operational aircraft. To illustrate the degree of toughness required during basic navigation training, the students have begun a program of bear wrestling.



9203's 2Lt Doug RTuck demonstrates his bear wrestling technique.



The Kuwait Liberation Medal for service during Op Friction was recently presented to Capt Al Bergsma and Glen Northrup by LCol Leclerc, Comdt CFANS. It was awarded by the Government of Saudi Arabia to Allied servicemen. Capts Bergsma and Northrup were employed as C-130 navigators during the conflict.

"These are skills every nav student must master if he or she is to be successful at CFANS," stated Bear trainer 2Lt M.C. Perron. "We consider it a valuable addition to the Officer Development syllabus. Knowing how to escape the razor-sharp claws and long teeth of predatory beasts could save your life someday."

Having already successfully completed their first set of check flights, I was a little unsure of exactly what M.C.'s course was training for. In any case, it paled in comparison to Capt Connie Lewin's efforts.

By way of introduction, Connie is married to none other than rock climber, hockey player, weight lifter, navigation instructor and all-around good guy, Capt Mike Colpitts. And although Connie may disagree with Mike's version of the following events, he assures me it is correct in every detail.

It seems that Connie's fascination for everything flying has not been satisfied by being a qualified Air Medevac Nurse who is married to the finest of navigation instructors. To make

her life complete, leaping out of perfectly serviceable airplane simply had to be done; accordingly, she undertook skydiving lessons at Gimli. Her first jump was scheduled for the weekend of the Sunfest rock festival, held at Gimli's Motorsports Park. Due to a slight wind miscalculation, her introduction to this exciting sport landed her in the middle of the festival. "I think she was just trying to get in without paying," said Mike, "she sure didn't plan on going through a car windshield upon landing though!"

Luckily, Connie wasn't injured, apart from her pride. She was, however, a big hit among the festival-goers. They cheered her landing and awarded her a score of 9.8 out of 10. The remaining points, for artistic merit, would have been awarded had she landed on a more expensive car - a gold Mercedes for example. Connie says she enjoyed the concert and promised she would drop-in again next year.

That's all for this week. Until next time, Pipeline Out!

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Family Support Centre

Adult Program Coordinator/ Family Counsellor

It's a great pleasure to join the staff at the Centre and offer my services to the many families at CFB Winnipeg. Since my arrival in August of this year, I have had the opportunity to meet a number of military families and better understand the needs for support services on the Base. The task ahead is a great challenge I will only be able to address with an ongoing collaboration with the military community. Further to completing my social work education in Quebec, I have obtained considerable experience both in the field of counseling, as well as in facilitating support and self-help groups. Given my ability to work in either French or English, I feel prepared to meet the upcoming needs of

the community as they develop and change. Over the coming months, I invite members of the military community to contact me with any questions or suggestions as to programming-your feedback will help our Centre better respond to your priorities. I urge you to read the following information on fall programs planned, and also complete the attached questionnaire and return it to the Family Support Centre as soon as possible as an aid to future planning. Thank you for your interest and support, and I look forward to the opportunity to work with the military community.

Leslie Malcolmson,
M.S.W., R.S.W.

FALL PROGRAM DISCUSSION/SUPPORT GROUPS

The following groups are offered beginning 26 Oct 92 - 18 Dec 1992

Child Care provided on site, at the rate of \$1.00 per hour per child

Women and Military Life

Would you like an opportunity to join other women in discussing deployment issues, peer support, reorganizing our lives, dealing constructively with some common feelings, regaining control, and personal power? Join us for weekly discussions and mutual support. **Time:** Wed. 10:00-11:30a.m. South Base -(location to be determined).

Child Care provided on site, \$1.00 per hour per child.

Self-Esteem Encounter Group

Can we learn to better know and value ourselves as worthwhile individuals distinct from others and the many roles we play in our lives? Join us each week in a supportive atmosphere. **Time:** Tue. 1:00-3:00 p.m. South Base (location to be determined) & Wed. 7:00-9:00 p.m. 54 Bourkewood Place.

Child Care provided on site, at a rate of \$1.00 per hour per child

Partners And The Military

A discussion group for more experienced military spouses, examining key challenges and concerns in your lifestyle: career issues, coping with separations/relocations, among others. Join us weekly for mutual support. **Time:** Mon. 1:00-3:00 p.m. Chapel of the Good Shepherd, North Base.

Child Care provided on site, \$1 per hour per child.

Les Femmes Et La Vie Militaire

Groupe de discussion à chaque semaine qui s'occupe de certains thèmes militaires et personnels chez les femmes comme les séparations et réunions, les rôles dans notre vie quotidienne, l'estime de soi, comment vivre la colère et l'incertitude. Venez en discuter avec d'autres femmes dans une ambiance d'entraide.

Heure: jeudi, 10 h à 11 h30 Centre de Soutien des Familles

Garde D' Enfants le cout est de 1\$ l'heure par enfant

Animatrice: Leslie Malcolmson, M.S.W. et Ginette Dubois-Croteau

Group Facilitators: Leslie Malcolmson, M.S.W., Family Support Centre; Judith Fijal, M.S.W., Family Support Centre; Elsie Regehr-Neufeld, Social Work Student, University of Manitoba; Laurie Metcalfe, Social Work Student, Univ. of Man.; F.S.C. Volunteer Co-Facilitators.

Stress Management

Weekly opportunities to discover different approaches to coping with the daily causes of stress in your life. Relaxation exercises, laughter, discussion and exploring different needs are just some of the approaches used in these sessions.

Time: Mon. and Thur. 7:00 p.m - 9:00 p.m.

Place: C1 Bldg - Corner of Kenaston and Taylor
Child Care provided, \$1.00 per hour per child

REGISTRATION:

To register for any of the above groups, please contact Valerie Hudson or Leslie Malcolmson at 833-6870.

The People's Choice

George Carter

For City Council -- St. James Ward

THE VOICE OF THE PEOPLE!!

The importance of Civic Elections can not be underestimated. Remember to exercise your right to vote. Only you can help to make a difference on October 28th, 1992.

ELECT CARTER, GEORGE X



Family Support Centre Questionnaire

Please complete the following questionnaire and return to the Family Support Centre as soon as possible. Thank you for your cooperation.

Family Name _____

Mother's Name _____

Father's Name _____

Address _____

Phone No. (H) _____ (W) _____

___Northsite ___Southsite ___Off Base

No. of Children _____

Are you interested in the following services:
(Circle day & time preferred for each service.)

Young mom's support group M T W T F S S Morn Aft Evng

Young Adults M T W T F S S Morn Aft Evng

Spouses M T W T F S S Morn Aft Evng

Extended Family Members M T W T F S S Morn Aft Evng

Self-esteem M T W T F S S Morn Aft Evng

Social Activities:

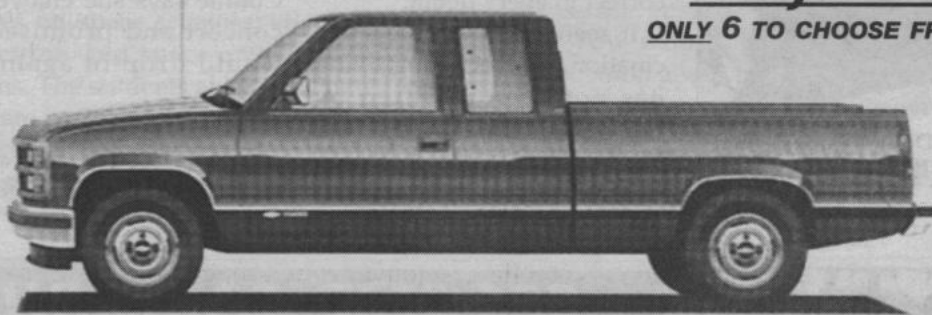
Thanksgiving M T W T F S S Morn Aft Evng

Christmas M T W T F S S Morn Aft Evng

Others M T W T F S S Morn Aft Evng

Do you have suggestions for other programs you might want?

Mail to Family Support Centre, Attn: C1, CFB Winnipeg, Letter Carrier Depot M, Winnipeg, Manitoba R2M 2V9



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- * How much can I spend on a home?
- * What type of mortgage should I consider?
- * What role does a lawyer play when I purchase a home?

Guest speakers include a Professional Realtor, Banker and Lawyer.

A question period will follow the speakers.

WE INVITE YOUR QUESTIONS

For more info contact Valerie McEwan at 833-5120.

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Un transfert à Winnipeg quand?!!!

"Comment trouves-tu Winnipeg"? C'est une question qui nous est souvent demandée, les nouveaux/nouvelles arrivés. Ma réponse est "C'est loin de chez nous", ayant voyagé avec trois enfants en véhicule de la Nouvelle-Ecosse et que "je n'ai pas vue les gros moustiques qui s'envoleraient avec mon plus jeune enfant", après quoi, je me fais dire, "Attends l'année prochaine". Quelle reconfort! J'ai donc décidé de m'impliquer dans diverses activités et de faire la connaissance de nouveaux amie-e-s qui pourront sûrement intensifier les attraits positifs de ce déploiement.

Avec mes trois enfants j'ai envahi le Centre de soutien des familles pour en connaître davantage, j'avoue que les gens que j'ai rencontré m'étaient très sympathiques malgré le vacarme de mes enfants dans le bout. Parmi leurs programmes j'ai choisi le "Mini Franco Fun", qui aménage bientôt dans un nouveau local. Le nom dit tout, du fun en français avec des mini bouts de choux (enfants d'âge préscolaire) qui participe à une agréable variation d'activités avec leurs mamans. Voici quelques exemples d'activités que nous avons fait et que nous allons faire dans les prochaines semaines:

-visiter le musée des enfants - le 6 nov '92

- pique-nique en hiver - novembre '92
- regarder le film "La Belle et la Bête" en français - novembre ou décembre
- fête de Noël en famille - décembre '92
- patinage - fin novembre début décembre
- testival du voyageur - février
- bricolage, chants, comptines et histoires en français, régulièrement etc .
- (ouvertes aux suggestions)

En plus j'ai appris, des mamans du "Mini Franco Fun", que plusieurs épouses militaires francophones se rejoignent une fois par mois pour déguster des arts culinaire à travers la ville. Quel merveilleux moyen de découvrir de bons restaurants! Le super-rencontre du 15 septembre était franchement bien, il y avait un bon nombre qui avait tous une chose en commun assez remarquable, un beau grand sourire. Je vous encourage aussi les épouses anglaises qui parle français, de nous rejoindre si vous désirez maintenir votre français parlé. La prochaine rencontre-souper sera mardi le 17 novembre à La Vielle Gare. Pour de plus amples renseignements vous pouvez téléphoner aux numéros suivant: Mance Legault 885-1378, Monique Fortier 489-1571, ou même moi - Lorraine Guoin au 831-0446.

A bientôt et une bonne hiver à tous!!!

Safety First

SAFE SPOOKS

How can you be sure that your ghosts and superheroes have a safe Halloween? Here are some tips from "The Count" at the Canada Safety Council

1 Don't send your children out alone. Take your children to a Halloween party at a local community centre or go with them around your neighbourhood. If you can't go, make sure they are with a group of friends and you know where they will be.

2 Keep them safe. Tell your children not to go inside anyone's home and to stay out of apartment buildings and cars.

3 Prevent accidents. Make sure your children



can be easily seen. Have them wear brightly

coloured costumes or ones that glow in the dark. Their costumes should be flame resistant and short enough to avoid tripping. Use face paints instead of masks and have your kids carry a flashlight.

4 Tell them that some candy is not safe to eat. Make a rule: Don't eat any candy until you get home. Check all treats and throw out anything that is unwrapped.





by Padre G.L.O.Kling
Chap (P)

Greetings from Padre Kling

Greetings to all families of the Winnipeg community. I am writing this letter with a two-fold purpose: 1. To introduce myself to you. 2. To make you aware of the Chapel activities and events coming up in the very near future.

My name is Padre Georgene Kling, my denomination is United Church of Canada, and I have recently arrived from

CFB Portage. It is my hope to visit as many of you as is possible in your homes during the fall and winter months as the Base and Chapel work load permits. Please rest assured these visits are not to harass you in any way nor are they an attempt to push you into joining any of our groups or organizations but merely to say hello. Of course, it goes without saying, if you should need me to visit at any time, do not hesitate to call.

I look forward to this posting, to the coming Chapel year and to the opportunity of meeting you. In turn I hope you and your families will give us your support in Sunday Worship and in our activities and events. Why not give it a try? I guarantee you it won't hurt a bit.

Do you want to know what God is like?

GOD IS LIKE

God is like COKE - He's the real thing
 God is like PAN AM - He makes the Going Great
 God is like GENERAL ELECTRIC - He lights up your path
 God is like BAYER ASPIRIN - He works wonders
 God is like HALLMARK CARDS - He cares enough to send the very best
 God is like TIDE - He gets the stains out that others leave behind
 God is like V05 HAIR SPRAY - He holds through all kinds of weather
 God is like DIAL SOAP - Aren't you glad you have him? Don't you wish everyone did?
 God is like SEARs - He has everything
 God is like the WIND - You can't see him, but you know he's there because you feel his presence
 An atheist does not deny God so much as he denies him self.
 A book is more enjoyable when we know its author.
 A symphony is more stirring when we know its composer.
 A painting is more meaningful when we know the artist.
 A poem is more personal when we know the poet.
 Life is more purposeful when we know the CREATOR

GREETINGS FROM THE CHAPELS

TO ASSIST YOU IN COMING TO KNOW THE CREATOR

Here is a list of the Chapel Programs and Services for the Chapel of the Good Shepherd (Protestant).

Baptisms

Are by appointment only and require four weeks of advance notice. Baptism is an extremely important sacrament. Children should not be Baptized because it is the in thing, out of superstition or to please the Grandparents. Therefore, parents should not take their baptismal vows lightly.

For more information contact the Chaplains office at 833-5075 to speak to Padre Kling or 833-5417 and ask to speak to Padre Gord Shields or leave a message.

Jr. Bible Study

All children age 9-11 years are invited to join us Sunday at 1230 hrs in the Chapel. Bring a bag lunch, learn and have fun at the same time.

Youth Group

Young people 12-14 years are encouraged to come out for fun and fellowship on Friday nights at 1900 hrs at the Protestant Chapel.

Young Adults

Too bad you missed our photo scavenger hunt but you can still get in on the excitement. We meet every Sunday night at 1900 hrs working out of the Chapel.

Adult Discussion Group

Presently meeting every Wed. night at 1900 hrs with a potential to meet Mondays. Our topic of discussion presently is BIOMEDICAL ETHICS and CHRISTIAN ETHICS. Are you interested in discussing the real issues for Christians today then this is the group for you. Your input determines the topics for discussion.

Adult Bible study

Every Thursday night at 1915 hrs. We will begin by examining "WHO WE ARE" and expanding to "WHO IS GOD", "WHO IS JESUS", How does the Holy Spirit Work? Plus many more very important questions for us to examine in today's confusing world. Hope to see you there.

Divine Worship

Is held every Sunday morning 1100 hrs in the Chapel. Nursery and Sunday School facilities are available each Sunday in the Chapel annex.

ACC Holy Eucharist

Is conducted every Sunday morning at 0900 hrs in the Chapel.

Denominational Communion Services

Are held the first Sunday of every month at 1100 hrs in the Chapel and alternate between the Anglican, United and Presbyterian Church.

Sunday School

Is held every Sunday morning at 1100 hrs in the Chapel Annex. Beginners 3-5 years. Primary 6-8 years and Juniors 9-11 years. Its never to late to join.

Choirs

The Senior Choir meets Wednesday nights at 1930 hrs in the Chapel. New members are always most welcome to come out and join our choirs and we also have a Junior Choir. Why not drop by and check us out.

Ladies Guild

Meets the first Monday of every month for the benefit of those Ladies who might not know what a Guild is or does:

Who - This is a group of dedicated ladies who meet for fun, fellowship and the opportunity to help some of those less fortunate than ourselves and to support the Chapel.

Where - In the Chapel Annex of the Protestant Chapel.

Projects -Some of the organizations and projects supported by the Guild are: Vellore-Ludhiana (hospital in India), Foster Children Programs, Family Support Centre and many others.

Marriage

**All marriage arrangements must be made three months in advance except for extremely extenuating circumstances.

Premarriage courses will be at least twice yearly and will be required preparation for all Chapel marriages. The course will take place over a week-end beginning Friday night.

The first course is tentatively scheduled for November.

PADRE'S PRAYER FOR THE DAY

I said a prayer for you today
 and know God must have heard
 I felt the answer in my heart
 although he spoke no word
 I didn't ask for wealth or fame,
 I knew you wouldn't mind,
 I asked him to send treasures
 of a far more lasting kind
 I asked that he'd be near
 you at the start of each new day
 To grant you health and
 blessings and friends to share
 your way
 I asked for happiness for you
 in all things great and small
 But it was for his loving care
 I prayed the most of all.

ROMAN CATHOLIC CHAPELS

St. Marguerite Bourgeoys (North Site)

WEEKEND/FIN DE SEMAINE	WEEKDAY/JOURS DE SEMAINE
Saturday: 1700 hrs (Eng)	Mon & Wed: 1800 hrs
Sunday: 0900 hrs (Fre)	Tue & Thurs: 1900 hrs
1115 hrs (Eng)	Friday: 1700 hrs
	<small>WEEKDAY MASSES SUBJECT TO CHANGE</small>

St. George's Chapel (South Site)

Sunday: 1000 hrs (Eng) Weekdays Wednesday: 1900 hrs

PROTESTANT CHAPELS

The Chapel of the Good Shepherd (North Site)

1st Sunday	-0900 hrs - Eucharist (ACC)
	-1100 hrs - Holy Communion
2nd Sunday	-0900 hrs - Eucharist (ACC)
	-1100 hrs - Divine Worship
3rd Sunday	-0900 hrs - Eucharist (ACC)
	-1100 hrs - Divine Worship
4th Sunday	-0900 hrs - Eucharist (ACC)
	-1100 hrs - Divine Worship

St. Andrew's Chapel (South Site)

1st Sunday - 1000 hrs - Holy Communion
 2, 3, 4th Sundays - 1000 hrs - Divine Worship
 Sunday School During Worship
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\$ MANAGING YOUR MONEY

Canada Savings Bonds

By Harry L. Mardon

It's that time of year again when Canadians have to ask themselves whether they should invest some of their hard-earned money in Canada Savings Bonds.

The annual CSB sales campaign runs this year from Oct. 19 to Nov. 2, and there's a lot of speculation over the interest rate Ottawa will set for the first year of the 1992 bond issue. We won't be told for several weeks; not until just before the CSBs actually go on sale at financial institutions across the country.

What's very clear is that the rate will be sharply lower than Canadians have become used to. In 1990 the CSB rate was 10.75 per cent. Last year's rate was 7.5 per cent. Financial experts are speculating the 1992 rate may be as low as 4.5 per cent; certainly it is unlikely to be higher than six per cent.

The drop in CSB yields shouldn't surprise anybody. It's a direct reflection of the decline in Canada's inflation rate over the past few years, to the point that today it's less than two per cent. That is good news for consumers — and particularly pensioners living on fixed incomes.

However there's a "down-side" to this positive development. The yields from interest-bearing investments such as bank savings accounts, Canada Savings Bonds and Guaranteed Investment Certificates (GICs) look disappointingly low today, compared with what you could expect a few years ago. That's when the yields ranged as high as 16 per cent.

Ottawa faces a real quandry. If it sets the CSB rate too low, there may be a mass exodus from this form of investment. If it is too high (much over six per cent), Ottawa will be accused of signaling a possible return of high inflation times.

In the old days Ottawa appealed to Canadians' sense of patriotism to help sell its CSBs, which are the post-war equivalent of the wartime Victory Bonds that helped finance Canada's war efforts. But that emotive appeal won't work today. Canadians have become too financially sophisticated to fall for that sort of line.

The only strong appeal the CSB has today is its safety. Its liquidity is another big plus. The federal government guarantees you'll get back your capital and the promised interest, if you want to reclaim your investment. Note, however, that you won't get any interest if you cash in your CSB within the first 90 days of its life.

Liquidity, or ready access to your money, is a powerful attraction. But the CSB now has a powerful competitor in this area: money market mutual funds.

Most of these funds have a high level of safety, as they invest in government Treasury Bills and commercial paper issued by blue-ribbon corporations. And if you want to lay your hands on some money in a hurry, you can cash in some of your mutual fund shares within a day or two.

Some money market mutual funds even allow you to write cheques against your fund account, if you maintain a certain level of total investment in the fund.

If safety and liquidity are not high priorities in your investment planning, you may be better off in the long run to invest in a suitable selection of mutual funds. If you get some dividend income from them, you can use the Dividend Tax Credit to ease your tax burden. You also can take advantage of the Capital Gains Tax lifetime exemption of \$100,000 when you report your capital gains from a mutual fund investment.

(Mr. Mardon a freelance business journalist, writes this column on behalf of Winnipeg-based Investors Group Inc., a financial services company).

Force Reduction Program '93

(Continued from Front page)

Applications will be accepted until Nov. 6, 1992, but they cannot be withdrawn after the official deadline of Oct. 30. The date of release offered by the program is Jul. 30, 1993. However, with special approval members can be

released as early as April 1, 1993 (no fooling!).

For further information, members should contact their supervisor or their orderly room, or see the Fall issue of the Canadian Forces Personnel Newsletter (issue 4/92)

Le Programme de réduction des forces 1993

(Continuer de la page 1)

Les demandes remplies doivent être attestées par leur commandant et elles doivent parvenir par la poste ou par télécopieur au QGDN/DACPNO (télécopieur: 613-996-7326).

Le QGDN acceptera les demandes de libération jusqu'au 6 novembre 1992, mais ces dernières ne pourront être retirées après le 30 octobre. La date de libération aux fins du programme est le 30 juillet 1993. Cependant,

s'ils obtiennent une approbation spéciale, les membres concernés pourront quitter les Forces canadiennes dès le 1er avril 1993.

Ceux et celles qui désirent obtenir de plus amples renseignements sont priés de communiquer avec leur surveillant ou avec leur salle des rapports. Ils peuvent aussi consulter le numéro de cet automne du Bulletin du personnel des Forces canadiennes (no. 4/92).

CLASSIFIEDS

EVERYBODY'S MARKETPLACE

BABYSITTING

MOTHER OF 3 WILL BABYSIT in my home, weekdays, full-time or part-time, will give receipts and references. Phone anytime 837-3962.

LOST

GOLD SIGNET RING, initials SF in roman script, area of baseball diamond, week of Sep 14/92. If found please contact Capt Steven Fejes loc 6755 or 488-9744.

MISC FOR SALE

GIRL'S SKATES size 13 \$20.00. Sofa & chair - brown \$75.00. Ph: 837-3962.

YAMAHA ELECTRIC ORGAN, double key-board, bench & music sheets, excellent condition, \$625.00 OBO. Ph: 896-1212 after 5:00 pm.

5 GAL FISH TANK, all accessories \$45.00. Size 9 ladies' ice skates in great condition for \$20.00. Ph: 489-5268 ask for Susan.

COLONIAL BUNK BED SET, posture board, mattress, dresser with mirror, chest of drawers & night table, \$250.00. Ph: 837-7787.

BEAVER VEST & HAT, Boy's size 2 Bauer Challenger skates, Men's Spalding all leather hockey gloves. Ph: 885-6971.

YAMAHA ORGAN B405, bench & many books. In good condition. Ph: 896-0938.

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