

## Training Command Gets New Commander

A change of command parade and farewell ceremony for Rear-Admiral R. St. G. Stephens, Commander Training Command was held at Canadian Forces Base Winnipeg on Monday June 16, 1975.

Rear-Admiral Stephens handed over the leadership of Training Command to Brigadier-General L. V. Johnson who is the current Chief of Staff. General Johnson will remain in Winnipeg until 1 September then relocate the newly designated Canadian Forces Training System to Trenton, Ontario when the inauguration of Air Command takes place in Winnipeg.

Admiral Stephens will take up the position of Canadian Military Representative to the Military Committee at NATO Headquarters in Brussels, Belgium. The admiral has been the Commander of Training Command for the past three years.

A lack of sea water will pose no problem for the Admiral's departure ceremony for, true to naval tradition which dictates an outgoing commander will be "pulled" (rowed) ashore by his officers, a boat was mounted on a trailer and the officers pulled the admiral to his departing aircraft.

linked to the defence of Canada than the North Atlantic Treaty Organization (NATO). But, as Mr. Richardson points out, NORAD is an integral part of Canada's areas of concern with NATO; the others being Allied Command Atlantic, and Allied Command Europe.

Last month Canada announced her intention to amend the NORAD agreement so that the Canadian Forces will control all Canadian air space. Previously, Canada controlled only the 22nd NORAD Region, which included Ontario, Quebec and most of the Maritimes. A Comox, B.C., squadron of CF 101 (VOODOOS) aircraft assisted United States Air Force and Air National Guard squadrons in the defence of western North America.

Under the new scheme, two Regional Operational Control Centres become responsible for the security and sovereignty of Canadian air space. North Bay, Ont., headquarters of Air Defence

Command, will remain as one centre, with a second to be constructed at a site near Edmonton, Alta.

In addition to a squadron at Comox, Air Defence Command has operational CF 101 squadrons at Bagotville, Que., and Chatham, N.B., with which it meets Canada's commitments. Bagotville is also the home of the Operational Training Unit for CF 101s.

The command also operates 18 auxiliary radar sites on the Distant Early Warning (DEW) Line, and 25 long-range radar sites on the Pinetree line. These provide early warning and identification of aircraft approaching Canadian territory.

Mobile, Maritime and Air Transport Commands and Canadian Forces Europe contribute to the Atlantic and European areas.

Mobile Command has a standing commitment to provide a Combined Air-Sea Transportable Combat Group (CAST CG) and a squadron of CF-5 fighter aircraft to support the northern flank of NATO.

Maritime Command ships and aircraft regularly participate in NATO exercises and carry out anti-submarine patrols within their areas of responsibility, to test the capabilities of NATO nations in combined operations.

Air Transport Command provides airlift to Canadian Forces in Europe with Hercules and Boeing 707 aircraft. In addition, two 707s have been equipped with wing-tip drogues and are used as tankers to ferry the CF-5 fighters to Europe.

The Canadian presence is felt year-round in West Germany at Canadian Forces Europe, where 5,000 Canadians are stationed at bases in Lahr and Baden-Soellingen. They make up the 4th Canadian Mechanized Brigade Group, and 1 Canadian Air Group.



R Adm R. ST. G. Stephens

## RAdm Stephens Says Farewell

It is almost three years since I assumed command and now the time has come to say good-bye. I have thoroughly enjoyed my tenure as your commander and believe that together we have managed to retain a high standard throughout our schools and bases. The importance of training throughout the Canadian Forces can never be stressed too much, and to all of you goes the responsibility for ensuring this quality for the future.

We live in dynamic times and change is the order of the day. Soon many of our bases and schools will no longer belong to training command, but the basic requirement remains the same. I have appreciated your support and your loyalty and have admired your professional dedication to the task at hand. Whatever has been demanded of you has been forthcoming and even with stretched resources you have responded in fine measure. I know that you will continue to do no less for your new commander.

On a personal note, I would like this final opportunity to thank all of you - Military, Civilians and Dependents alike - who have always accorded my wife, myself, and my family the generosity of your courtesy and hospitality on the many occasions we have travelled throughout the command. These associations will provide the happiest of memories for the future, and we shall miss you. Good luck and God speed.

## What MPs Ask

OTTAWA (CFP) - The following is an extract from House of Commons Debates dated June 10, 1975:

### NATIONAL DEFENCE

Review of structure of forces - date of completion and possible tabling of Report.

Mr. J. M. Forrestall (Dartmouth-Halifax East): Mr. Speaker, I have a question for the Minister of National Defence which I would ask you to ask him. In his statement of June 2 the Prime Minister, in referring to the NATO summit meeting, stated very clearly that a defence structure review is presently underway. Would the minister indicate to the House whether the review of the Defence structure is being undertaken by defence officials or by officials of the Prime Minister's office and in either case would he indicate to the House when this review will be finished and whether or not it will be tabled or made public in another way.

See MPs Page 7 Col. 2



B Gen L.V. Johnson

## Forces Role Constant In Past Five Years

OTTAWA—Four main roles assigned to the Canadian Armed Forces, as outlined in the White Paper, Defence in the 70's, have remained unchanged over the past five years.

Recently, however, defence minister James Richardson emphasized the importance of alliances, NATO and NORAD, not as secondary roles, but as adjuncts to the prime role, the defence of Canadian sovereignty. The fourth role, peacekeeping, is Canada's means of contributing to international stability.

North American Air Defence (NORAD), employing the resources of Air Defence Command, perhaps is more visibly



GERMAN MINISTER OF DEFENCE Georg Leber inspects honour guard at Canadian Forces Base Winnipeg during his five day tour of Canadian bases and visiting German troops at Canadian Forces Base Shilo. Guard Commander is Captain Jim Humphrey of 429 Squadron. (CANADIAN FORCES PHOTO)

## More HANDOVER PHOTOS Page 5

## 3 Mechanized Commando Troops Colours

SOELLINGEN - 3 Mechanized Commando trooped its 'Regimental Colour' here in a ceremony commemorating the fifth anniversary of the formation of the battalion.

Lieutenant-General Stanley C. Waters, commander Mobile Command and Colonel of the Canadian Airborne Regiment, was the reviewing officer.

The members of the Commando first marched past the reviewing stand and then, typifying their operational role as a mechanized unit, carried their Colour as the Commando rolled past in armoured personnel carriers lead by the commanding officer Lieutenant-Colonel M. D. Barr of Toronto.

Colours are the consecrated flags or ensigns of a regiment. The names of the battles in which the regiment has fought are embroidered on the Colour. LGen. Waters, who is retiring after serving 34 years in the Canadian Forces, took part in eight of the ten battles on the Canadian Airborne Regiment's Colour.

The Canadian Airborne Regiment is Canada's newest regiment, tasked with providing an airborne quick-reaction force capable of deploying anywhere in Canada and abroad in support of operations assigned by the

See COMMANDOS Page 11 Col. 5

# A Message From The Base Commander



Obviously there were many others who generously contributed of their time in order that the children and adults might enjoy a pleasant day of mechanical and pony rides, fish ponds, hot dogs, races and band music. I hope that next year we will see a repeat of this successful outing with one exception, and that is races where one must carry your wife for what seemed enormous distance. A thoroughly enjoyable day and our thanks to all those who made it work.

The summer leave period has started and I intend to keep extra activities to a minimum so as not to put very heavy loads on those remaining behind to work while others are away on some well deserved leave. I wish you all an enjoyable and safe holiday.

Col. M.D. Gates  
Base Commander

Over the past two weeks I have been most impressed by two activities that in my view were particularly well carried out. These were the visit by the German Minister of Defence on the 12th and 14th of June and the other was the picnic organized by the three Messes on June 21.

We all know how much work goes into a visit such as that made by Herr Leber, the Defence Minister of the Federal Republic of Germany. In this case I was most proud of everyone who took part because it was a first class effort and drew appropriate comments from the dignitaries Mrs. Richardson, the wife of our own Defence Minister, was travelling with the party and said that we should all be proud of the excellent organization and efficient reception we gave Herr Leber on his arrival. The Countess Podwils also praised the reception. Your fine efforts do not go unnoticed and I regret that the CDS was not here as originally planned to see how the "best" operate.

The picnic on June 21 was a great success due for the most part to the excellent support and organization of the three Messes. As it was initiated by the Junior Ranks Club, an extra measure of thanks is due them and certainly MCPL Curley, their active PMC.

## Sentinel goes Metric

OTTAWA (CFP) — Use of metric measurement is new stuff for the Canadian Forces, right? Wrong!

As far back as 1916 Canadian artillery units began using plotting equipment calibrated in metres. In recent years we've acquired aircraft and naval equipment manufactured to metric standards. Metric tools and repair parts are needed to maintain and service the equipment.

All this, and more, Sentinel discovered when it was decided to publish an article on "Going Metric" by Dr. Wally Cherwinski of the National Research Council.

The story appears in Sentinel 1975/3 now being distributed to bases, ships and squadrons.

And if metrication doesn't turn you on, maybe a cooling look back at "the winter that was" will do the trick. It's a photo story on winter festivities in Goose Bay, Ottawa and Lahr.

Also included is a feature on last year's Caribbean visit of HMCS Preserver when it delivered 109,000 pounds of supplies to an impoverished area of Haiti.

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## TOUR FOR NORWAY HOUSE CADETS

*Editor's Note: The following article was written by Capt. W. Lavery, CO 2909 Royal Canadian Army Cadet Corps at Norway House. His Corps was authorized a citizenship tour to Ottawa May 10-17, 1975.*

### Educational Tour/Citizenship Tour May 10 to 17, 1975

cont'd from VOXAIR June 25, In the evening we all went to see Mel Brook's comedy, *The Young Frankenstein*. One of the boys acquired a new nickname as a result of the movie. Alex (Relic) Monias became "Igor", named after Dr. Frankenstein's assistant in the movie.

MAY 12: A guided tour of the region was provided by the National Capital Commission. Our guide, Heather, was very knowledgeable and very popular with the boys. The day continued with visits to the National Gallery and the National Arts Centre. In the evening we visited How's Lake and rented pedal boats. While there we met some cadets from the 30th Field Artillery Regiment, the Bytown Gunners, who invited us to visit their facilities across the road. We accepted and were given an excellent tour of their most impressive facilities (The visit made me realize what our Corps could be like with four or five dedicated officers).

MAY 13: Tuesday we visited Rideau Hall, the home of His Excellency The Governor-General. The CO of the 30th Field Artillery met us there as he is employed at Rideau Hall. What a beautiful home, and what a great yard! Over eighty acres for jogging. The Prime Minister, who lives across Sussex Drive from Rideau Hall often comes across to jog in the evenings.

Further down Sussex Drive is the Ottawa City Hall. Our guide took us to the viewing platform on the eighth floor. Due to a misunderstanding we walked up. We were faced at the top with a guide who couldn't speak and a tour group who couldn't listen for lack of breath — but the view was great. Later in the council chamber, a recovered guide and group discussed the past, present and future of the City of Ottawa.

Following a box lunch on the grass (and in the sunshine) at Nepean Park, the group had a guided tour of the Canadian Mint. We were told not to pick up any coins we might see lying around on the floor. What a noisy place. Even the attraction of being around mountains of money



SGT. D. TAYLOR receives the clasp to his Canadian Forces Decoration from Col. M.D. Gates C.D. Base Commander CFB Winnipeg. Congratulations to Sgt. Taylor on 22 years of meritorious service. (BASE PHOTO)

wouldn't make we want to work there.

Next door to the Mint is the National War Museum. A humorous incident happened there. A great number of displays were presented including a mock-up of a World War I trench. The boys were in uniform and while one of them was standing in the trench looking at an exhibit an elderly lady entered and said to her friend "You know, everything looks so realistic — just look at this dummy." She then patted the boy's beret and felt his face. She got quite a start when the "dummy" moved and laughed. Several boys tried to pull the same trick on other visitors with notable success. Being the 13th something had to go wrong. Mr. Mackenzie's camera went missing in the War Museum. The day was finished with a swim in the pool at the Ottawa University.

MAY 14: In the morning we visited the Museum of Man and Nature and the National Archives. It seemed that every school in Ottawa was at the Museum. The exhibits were very impressive. The Archives, by contrast were a very quiet place.

The afternoon was devoted to a drive through Gatineau Park, across the river from Ottawa in the Province of Quebec. We first stopped at Kingsmere, the

country estate of former Prime Minister Mackenzie King. A number of groups from schools in Ottawa and Hull were also visiting Kingsmere. A number of boys had friendly chats with their Ontario and Quebec counterparts. We then set off to the lookout hoping for a panoramic view of the surrounding area, but our bus was not equal to the climb to the top. It stopped and we had a two hour wait for a replacement. Fortunately the replacement arrived in time for us to get our supper at Rockcliffe. Some of the boys took the opportunity of the delay to explore Black Lake with Mr. Mackenzie. Another (unauthorized) group made its way back to Kingsmere to visit

See CADETS Page 7 Col. 1

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# ASC Grads-June 1975



Back Row L to R - Capts FD Barnes, NA Martin, MR MacDonald, FA Knutsen, WD Ramsay, JE Naud, A Pone, JG Moscrip Front Row L to R - Capts HW Barker, JMLS Gareau, DJ McCoubrey, KW Gough, WD Sherk, WS Crowell RJ Palmer

## ASC News

*Soon we'll be out  
Amidst the cold world's strife  
Soon we'll be sliding down  
The razor blade of life.*

*"Bright College Days"*  
Tom Lehrer

And it's all over for another academic year. SANC 7502 departed two weeks ago and ASC 27 left this week. Now begins the total rewrite of all the lesson plans those finks complained about. No rest for the wicked.

The departure of the aforementioned courses was however (comma, pause for effect) not without its compensations.

*Turn on the spigot  
Pour the beer and swig it  
And gaudeamus Igit -  
Ur.*

(ibid)

On the one hand SANC 7502 finished off with a semi-promptu course (coarse) mess dinner emceed by Swift Eddie (watch out when he hits ASC 28 next year). Santa Claus came six months early this year giving all good instructors their just desserts. Unfortunately this is a family column and the Voxair censor won't allow me to describe them. Rod Perderon was a little disappointed; he'd asked St. Nick for a Meccano Set to build a gyro stabilized platform. SANC 7502 merely ensured that his gyro was toppled before the evening was out.

On the other hand CFANS (the whole damn school) held its Fond Farewell Farrago (previously advertized in this space and well reviewed by the downstairs maid in the last issue of Voxair) which had only one disappointment: Guy Parent didn't invite everybody over for a midnight swim in his new pool.

On the third hand, (what doesn't everybody have three hands?) ASC 27 continued "briefing" one General and several Light Colonels on the virtues of Buffalos and Sikorsky SAR seventies long after the sponsors meeting ended. In fact the

briefings on Monday morning and afternoon blended imperceptibly into a formal dinner thence into a Tuesday morning discussion session. In fact most of us didn't realize we were hung over until it was Thursday and by that time we celebrated LCol. Sparling's mug party.

By the time Monday rolled around Ron and Rose Bayne had a marvellous at-home going. For those who don't understand the Queen's English as she is spoke by RAF Exchange Officers; "at-home" literally translates into cocktail party supplied courtesy of diplomatic channels.

Then lo and behold it was Wednesday and time for ASC 27's graduation mixed-mess dinner with full monkey suit and formals. The keynote address was presented by (who else) our favourite RAF Exchange Officer who mixed metaphors and drinks by comparing Aerospace Systems Courses to wines. Ron noted that ASC 27 looked like a bumper crop well on its way to becoming a vintage year. Also present were samples of ASC 9, 17, 18, 21, 22, 24, 25 and 26.

Well to keep in the spirit of the ing; Chateau Haut Brion No. 9 (Col. Gates to those of you who can't read the bottles) presented the graduating scrolls; Chateau Rotgut 22 (House mouse if not House wine) took the flicks and Chateau Chanticleer et Chanteuses 27 presented the entertainment.

June just disappeared this year. There's a great big blank spot about five minutes after I arrived.

*And as we go  
Our sordid separate ways  
We will ne'er forget thee  
O'golden college days.*

(ibid)

To which it would be remiss if I didn't tell you where all the bottles are going. (See I even got a picture for you):

Front Row - left to right. Harry (Toad) and Phyllis Barker are heading back to the Island. Toad is going to my old unit MP & EU or to the uninitiated

Maritime Proving and Evaluation Unit. Phyllis is going home. Mike Gareau trades in his engineer's wing for pilot's wings as he heads to Portage for Pilot training. Dave and Glynis McCoubrey are staying here on staff (we need some of that old ASC spirit). Wayne and Sue Gough head for MP & EU (Master Potato Extermination Unit). Bill and Donald Sherk got the big city (Ottawa) but don't worry they'll be out in the suburbs since Bill is navigating a Convair for the National Aeronautical Establishment. Wayne Crowell has an enormous move ahead (the office directly under mine). Wayne will be project officer downstairs on the new computerized Navigation Procedures Trainer.

Randy Palmer is also going down the road to be an Islander, again at the Maritime Party and Entertainment Unit. No tears here though. Randy and Francis are both bluenoses.

Now to the Back Row - Fraser and Terri Barnes are staying here. Fraser can continue his labours of Hercules as he becomes our resident Old Crow (that's Electronic Warfare type not Kentucky bourbon type). Noel Martin and his brand new wife Sally will sally back to their point of origin, i.e. Ottawa, where Noel will once again hold siege against the twin towers. Last year we sent

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three to AETE and one to MP & EU. This year Murray MacDonald is our sole emissary to the Cool Pool. Finn and Karen Knutsen head for expenseville (Ottawa) where Finn can now define the airplanes he cursed for so long, in the Directorate of Maritime Aviation. I really shouldn't talk about the next guy (but what the heck) Des Ramsey decided to leave the Forces this year, but to give you an idea of the quality of even our losers, Des is going for his PhD in pure Physics. Claude Maud is staying on staff. Actually Kathy wants to stay here. Aerospace Systems Courses are so profitable (ring a ling). (By the way Kathy, I charge for Commercials.) Aivars and Marlene Pone trek east to beautiful

downtown Halifax where Aivars will work in MARCOM Headquarters in the Evaluation and Requirements shop. Finally Gord Moscrip, oenologist par excellence and this year's project chairman, trades in CFANS for the Ops research Boffin's Back Room In Ottawa.

So there it is folks bottled, bonded and shipped by the négociants.

I don't think my liver can stand another month like it.

That's why I'm going on leave.  
So long  
House Mouse



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# CFANS news corner

NAV



SQN

It seems that there has been a great outcry from the vicinity of 16 hangar since the last article, and I admit the grumbling is valid. It seems that the noble Flight Engineer Leader is upset that we never mention the ever present guiding hand and watchful fatherly presence of the most vital crew member in the C-130 Hercules, the flight engineer. Therefore, I hereby present my sincerest apology for neglecting to mention these fine gentlemen.

We appreciate the coverage CFANS has been receiving in another column in this paper. We have had some fun in recent months. It is fortunate that these columns are not intended to be taken seriously as some of the facts have been somewhat garbled — but what else can you expect in a pile of Buffalo chips.

Now to spill the beans about the Nav School activities during the last two weeks. The summer training is in high gear and the students flew their first trips on the C-130 during the week of 16 to 20 June. The iron triangle already has some grooves in them from all the staff training but some of the students managed to blaze their own new trails. There will be a lot more flying activity in the next few months.

In residence now at CFANS is a refresher course of odds and sods returning to active flying duties. They are here to brush up on their navigation theory and

procedures before going to operational squadrons. The fellows on course are: Brian Broomfield, Al Hamelin (who will be instructing at ANS), Mike Pastien, Bill Rattray and, Andy Voyer. Good luck to all of you!

On Fri 11 July we will be having our Sports Day at the Rec centre. The outline for the days' activities starts with tennis, volleyball and horseshoes in the morning, a barbecue over the lunch hour, baseball and a relay race in the afternoon. Teams and times for events will be posted. See you there!

### A METEOROLOGIST

A meteorologist is a person who passes as an expert on the basis of being able to turn out with prolific fortitude on infinite series of incomprehensive reports calculated with micrometric precision from vague assumptions based on debatable figures. Taken from inconclusive experiments carried out with instruments of problematic accuracy by persons of dubious reliability and questionable mentality for the avowed purpose of annoying and confounding a chimerical group of exotic fanatics referred to all too frequently as practical aerographers or meteorologists.

## 429 Sqn Bison Brew



Howdy herd! In keeping with the racy nature of this column — sent a copy to my mother and it made her blush — we'll limit ourselves to only one navigator joke per issue. Just to keep you in suspense, the joke will appear near the end of this article.

Flying for the month of June was nothing to write home about because it was spread pretty thin. The statistics for the month aren't out as we go to print, but it's doubtful if anyone broke 100 hours of flying — and that's including Claude Mikkelson who seems to be pre-flying an aircraft every time you look at the flight line. Hopefully, it's just a lull before the storm. After all, when Vic Charlebois starts calculating his monthly pay in terms of dollars per flying hours, it's not the busiest of times.

We did, however, latch on to a fine trip near the end of June — a five day effort with Bill Stenberg as aircraft commander; LCol Allingham and Warren "Double Your Monthly Flying Time" Everett, the first officers; MWO Roy Wood and Wayne Hess, and flight engineers; and, Guy Parent — especially imported from his two offices in Mawdesley Hall — navigator. The anecdotes off this trip are enough to fill a book so we'll save them for the publishing company.

If the suspense is killing you and/or you don't wish to read any further, here it is — joke time: What is red, green, purple, orange, and pink? A well dressed

navigator going to church. Majors Ray Brown and Bill MacIntyre have returned from a briefing from North West Industries, Edmonton, where work on the nav module is progressing well. 429 Squadron will be supplying aircrew for the majority of test flights which will be conducted late in September.

For those that arrived a little late, a completely equipped Hercules, whether lightly or heavily loaded, comes with a flight engineer, as well as pilots. Just to set the record straight.

Our Flight Engineer Leader, MWO Roy Wood, will soon be leaving us for a few weeks of rifle work, bridge building, mountain rappelling and such in Chilliwack before receiving his commission. We understand that CFOCS is taking applications for Directing Staff from anyone interested in making his lot easier while on course. Those military writing, service knowledge, and first aid classes are just the answer. Then there's the usual: drill, phy. ed., and forced marches. Smile Woody!

The new ICP Course has arrived and will be touring in Toronto and Ottawa this time. Welcome.

Frank Livesey recently returned from a Reserve training trip to Texas — a fine example of co-operation between the remaining Dakota user units: ICPS and 402 Reserve Squadron. Overheard: Gary Carter expounding upon the concept of open marriage. Seen About: Vic

# Good-byes



S/L Iain Grieve (RAF) and wife Kay, receive a miniature red river cart from L/Col. F.C. Brittain as a memento of stay in Manitoba.



L/Col. F.C. Brittain, Commandant of CFANS presents Jerry and Elinor Urquhart with a silver tray in honour of Jerry's retirement.

Charlebois and Don McDonald setting up a gold mining operations. So long.



Major Bob Shepherd (USAF) hoists his gift of a homemade curling can while saying farewell to CFANS.

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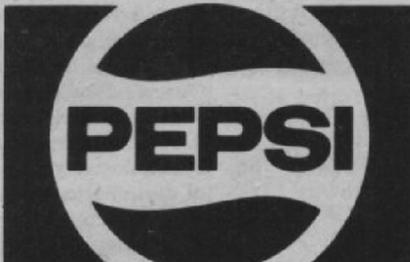
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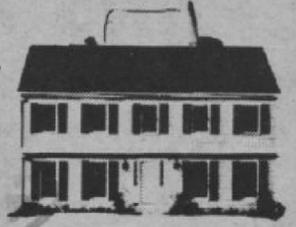
**"UP SPIRITS"** — A tot of rum is served to the 'boat's crew' made up of Training Command officers by outgoing commander Rear-Admiral R. St. G. Stephens. (CANADIAN FORCES PHOTO)



**TRAINING COMMAND HANDOVER** — Rear-Admiral R. St. G. Stephens hands over command of Training Command to Brigadier-General L. V. Johnson during ceremonies at Canadian Forces Base Winnipeg on 23 June. BGen Johnson will remain in Winnipeg until September 1st then relocate the newly designated Canadian Forces Training System at Trenton, Ont. (CANADIAN FORCES PHOTO)



**INLAND NAVAL CEREMONY** — Rear-Admiral R. St. G. Stephens, outgoing commander of Training Command is "pulled ashore" in the best naval tradition before departing Winnipeg to take up duties as Canadian Military Representative at NATO Headquarters in Brussels, Belgium. Handover ceremonies were held at Canadian Forces Base Winnipeg on June 23rd. (CANADIAN FORCES PHOTO)



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## Notice

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1145 - 1315 hrs and  
1615 - 1715 hrs.

And that our gas and oil prices are the cheapest in the area.

## Door To Door Sales It's That Time Of Year Again

Courtesy "Counterpoints"

As soon as winter disappears and the warm weather rolls around, without fail, more door to door sellers begin knocking at doors; especially those selling home improvements, magazines and books of all kinds. In Manitoba all door to door sellers have to be licensed under The Manitoba Consumer Protection Act.

knocks at their door. A license does not mean that the Consumers' Bureau has sanctioned the sales approach, nor does it mean the articles for sale are cheaper than in stores. It does mean, however, that basic requirements were met providing protection to Manitobans as described in the case history.

### WHY LICENSING IS IMPORTANT

1. A license provides identification — Always ask to see the license and check it closely. The license, issued annually, shows the name of the salesperson, the company's name and the date the license expires. Do not accept excuses if the salesperson does not produce a license; by law, a direct seller must have a license and must show it upon request. If a salesperson is not licensed, please try to obtain the name of the person and the company he or she represents and report it to the Consumers' Bureau.

Note: Under The Manitoba Consumer Protection Act, there is provision whereby companies may qualify for an alternative arrangement to the licensing of their direct sellers. In those instances, the direct sellers need not be licensed. While the vendors (companies) must still be licensed, bonded and meet other terms and conditions as agreed upon with the Director of the Bureau, their direct sellers should be able to produce adequate identification upon request.

Under this arrangement, buyer rights as provided in The Consumer Protection Act, are not affected in any way.

In Manitoba, the following companies qualified for this

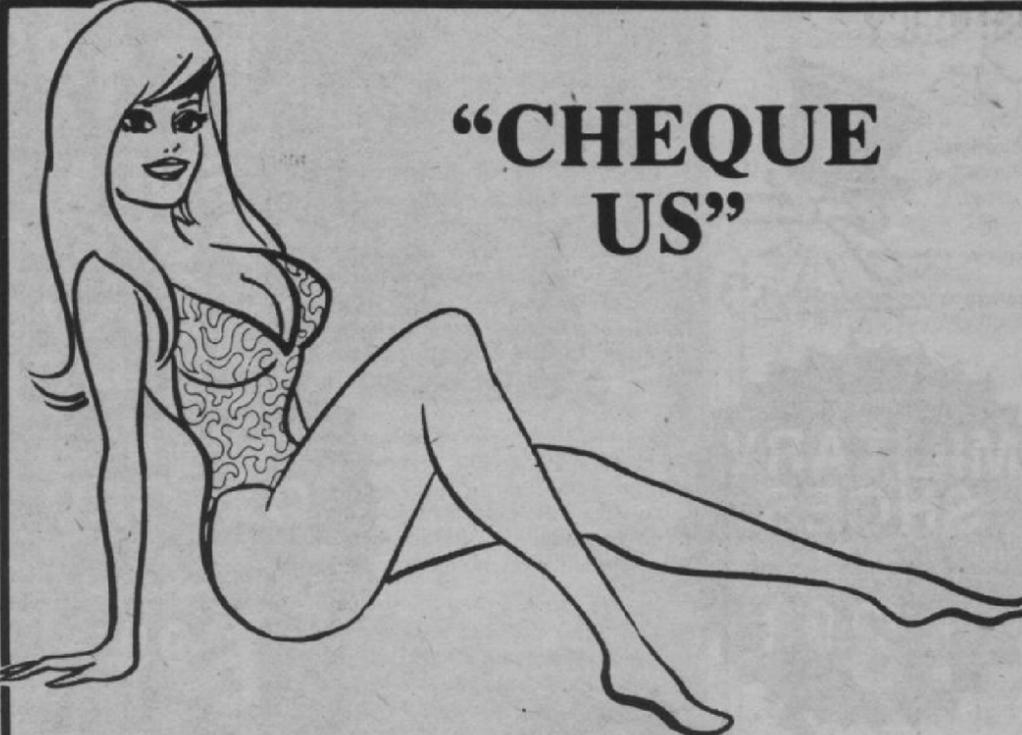
From the files of the Consumers' Bureau is a case history which illustrates the protection consumers receive under this provincial legislation:

"In September 1973, an out-of-province company selling magazines applied for a vendor's license at the Manitoba Consumers' Bureau; the company met all the requirements under The Consumer Protection Act and was issued a license. In January 1974, consumers from various Manitoba centres began registering complaints against the company with the Consumers' Bureau. The consumers said that even though they had exercised their right of cancellation within the prescribed four days, they had not received their refunds. Others said that goods, ordered 120 days earlier, had not yet been received.

On receipt of these complaints, the Bureau took up the matter with the company. It became necessary for the Consumers' Bureau to cancel their vendor's direct selling licenses, and since the company had moved out of Manitoba, the bonding company holding the required seller's bond was notified. After extensive communications and mediation, the 69 complainants finally received refunds from the company without involving the bonding company. The total value of the cash returns amounted to \$1349.50."

A direct seller's license is important and Manitobans are urged to ask to see it when a seller

See SALES  
Page 8 Col. 3



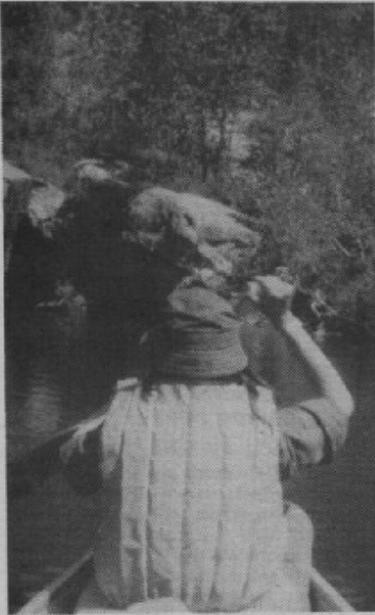
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## Militia Adventure Training



Travel from South Cross Lake to North Cross Lake - White Shell provincial park.

During the weekend June 6, 7, 8, 1975 one of the local militia units conducted an adventure training exercise "code name 'PADDLE ALL'". This highly successful exercise was the brainchild of the senior NCOs of the 16 Service Battalion Maintenance section. After a Friday evening trip to Caddy Lake, 20 personnel set off in 10 canoes paddling north towards the Saturday camp site at Mallord Falls and then on to the Lone Lake Camp site to be picked up by DND transport for the return trip to Winnipeg. LCol. C. G. W. Dawkins flew in by helicopter to join in the Saturday night fish fry. Although for the majority of

the people this was their first experience with a canoe, no difficulties were encountered. Even the weather co-operated and a good indication of the success of this exercise is the fact that another one is already in the planning stages for this coming September. Support from CFB Winnipeg was excellent, and included water safety training and transport.

To the NCO's who were responsible for the organization of this exercise "Well done".



Lone Island Lake campground - "You mean we have to get out now?" say Cpl. Bob Campbell and Cpl. Lee Campbell.

### NOTICE

Lipsett Hall Snack Bar (South Site) has been re-activated on a trial basis

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CRESTVIEW \$46,900. Close to the Unicity shopping plaza - here is a quality 3 BR bung. complete with garage, a rec room in the bsmt and an extra 3 pce bathroom. There is a built-in dishwasher and a piano can stay in the rec room. Close to schools and transportation. Call BOB FRASER at 837-6537.

RIVER WEST PARK. TREED LOT. The best of both worlds! 1900 sq. ft. of prestigious living in this executive custom built split. Enjoy all the luxuries of city living set in a country atmosphere of privacy, trees and quiet living. Features include L-shaped LR-DR, bright U-shaped kit. with bit-in dishwasher and garb., elm cabinets, sunken family room with O.F.P. and patio doors. Dble attached garage, sculptured shag thruout. A super home with many more extras. Priced in the low 80's. Please call BRUCE ROUTLEDGE at 453-3519.

WESTWOOD \$45,900. Just listed - 3 BR bung. with detached garage. L-shaped LR & DR with w/w. Large bright kit., loads of cpbds plus eating area. MBR has 2 pce His & Her closets. Finished rec room, sep. laundry facilities. Room for expansion in bsmt. To view call TED LETHAM at 832-1910 or days at 889-7263.

RIVER WEST PARK \$59,900. Lovely 3 level 3 BR split on a large pie-shaped lot, features vaulted cathedral ceiling spanning living, dining and kit. areas, with open staircase to BR level. Large master has powder room with open vanity plus entrance to family bath. Basic development for family and powder room in lower level - just finish to your own taste. This immaculate home is less than 1 year old, carpeted throughout with attached garage and situated on a quiet cul-de-sac. 9 1/2% mortgage approx. \$32,000. Call BARBARA WILBERFORCE at 888-4474 or days at 889-7263.

WESTWOOD NEW EXCLUSIVE LISTING \$56,500. Immaculate 3 BR custom built split level with open beam ceiling, rec. room, attached garage. Large MBR with 2 pce. bath. Mahogany panelling in LR and DR and built-in china cabinet. W/W carpet. Large fenced back yard. Good 9 1/2% mortgage. Immediate possession. Call MARY JOHNSTONE at 453-1314 or BRUCE ROUTLEDGE at 453-3519 or both days at 889-7263.

CRESTVIEW \$54,900. A 3 BR bung. with garage just waiting for you, an extra BR or den in the basement plus a large rec room that can tuck aool table in one wing. The MBR has its own 3 pce bath and a walk-in clothes closet. A large front entry hall opens onto the large LR with its OFF. The kit. has elbow room and to spare even when you put in a large kit. set. There is a large 9% mortgage that can be assumed or may be refinanced. Call BOB FRASER at 889-7263 or nights at 837-6537.

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# ALL RANKS FAMILY DAY June 21, 1975

PHOTOS BY SHARON WILSON.

And it did rain, rain and rain, then ever more rain came down. This was on the eve of the Family Day, Saturday, June 21. However, on Saturday the weatherman pulled out all stops for a wonderful afternoon.

Starting at eight on Saturday Morning, willing workers prepared the site for the afternoon activities. There were tents to erect, tables and chairs to set up plus cook stoves and games to prepare for even at this advanced hour the younger people started to arrive ... some still in their PJs.

By noon it was all set to go. Well not quite, but the participants were all set and big lines formed for the purchase of tickets. Once the ticket selling got underway it was go-go-go. Children were everywhere with the big decision they had to make ... where to go first; on the rides, fish pond, hot dog and pop stand. Then when the big decision was made, it was noticed that there were also pony rides. As the afternoon rushed by, all activities were visited at least once, and some even took part in the races where everyone won something.

The fair was officially opened

by the Base Commander, Col. M. O. Gates. Late in the afternoon Colonel Gates drew the winning ticket for a bicycle and the lucky winner was Sgt. Ed Burchat.

Whilst the children were running and riding, moms and dads had a chance to sit back and have a relaxing afternoon with refreshments and an Oom-Pa-Pa band for background music. Some even took part in a ball game and races.

A sprinkling of rain fell just before five and this was a hint that closing time was at hand. Luckily the rain stopped enabling the canvas to dry and then many willing hands helped to clear up the site and take down tents and furniture. That evening the site behind the "Rec Centre" was back to normal.

This was the first venture into an "All Ranks Family Day." Previous years it has been a "Junior Ranks" do. If the favourable comments are any indication, it will take place again. A well done to all concerned and a great "thank you" to the organizers and workers.

produce market was followed by an afternoon of shopping on the Sparks Street Mall. In the evening some of the boys attended a movie, and another made their third visit to the Ottawa University pool.

MAY 17: Our final day in Ottawa! After brunch at Rockcliffe, our driver took us on a final drive along both sides of the beautiful Rideau Canal. We stopped to walk along the main flower beds of the Tulip Festival which started today. The tulips were overwhelming in their beauty and their colors. Everyone was very impressed. We then drove slowly along the Rideau River arriving at CFB Uplands two hours early. We had learned from our experience the previous Saturday that 429 Squadron tends to arrive early. Sure enough - after checking through our baggage - we noticed the Hercules landing. We loaded up and arrived back in Norway House - with a bump - three-quarters of an hour early.

It was a beautiful week. The weather man cooperated. The people we met in Ottawa were friendly. The Armed Forces were generous and efficient with their support, and most important, the twenty-three students/cadets had an excellent opportunity to broaden their experiential background. Many people whom we met in Ottawa were amazed at the thoroughness of our tour. Indeed, it was felt we had seen more of Ottawa than many of its residents.

I wish to take this opportunity to thank all those who made this educational trip possible.

W. Lavery  
Principal/Commanding Officer

## MPs

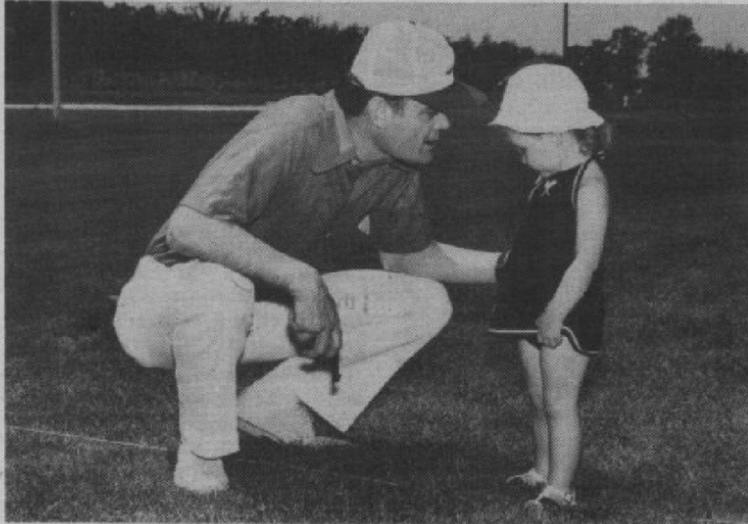
Continued from page 1

Hon. James Richardson  
(Minister of National Defence):

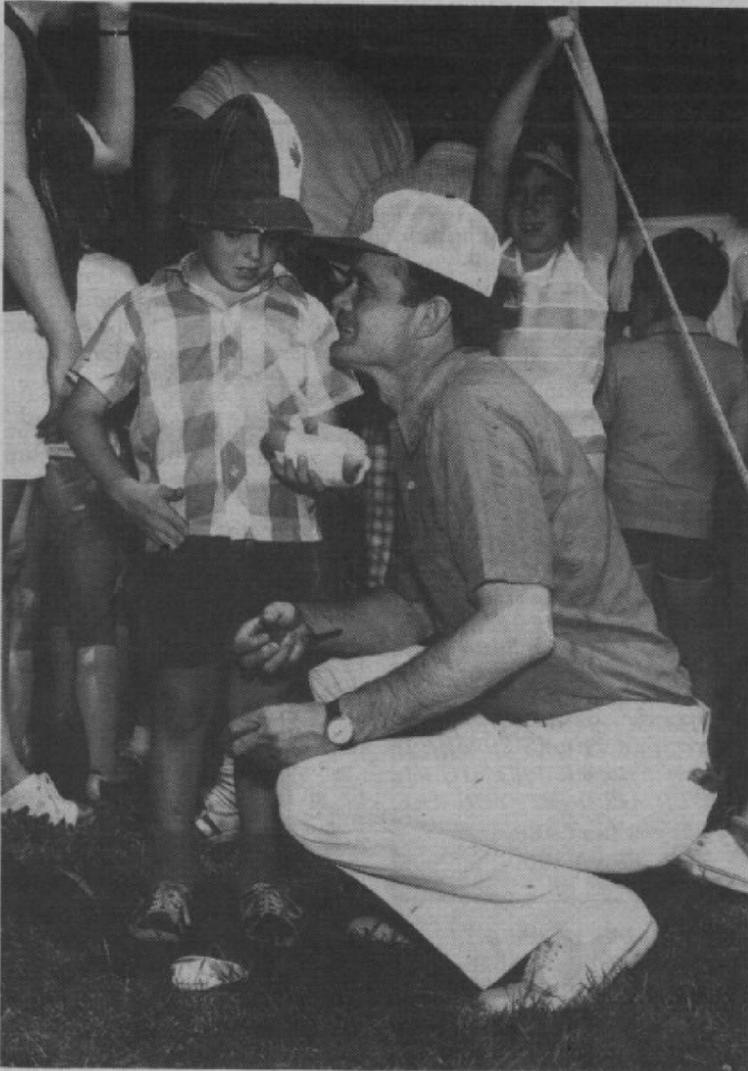
Mr. Speaker, the forces structure review is taking place at the present time. It is in three phases. The first part deals with the tasks to be performed by the



Co Training New BDF Team.



Honest, I Was Just Teasing



I Dare You.

Canadian armed forces. The second part deals with the level at which these tasks will be performed and the third phase will deal with support services and costs. It will be only after we have completed the third phase that we will be able to make any public announcements or changes of direction for the forces.

Mr. Forrestall: Mr. Speaker, I wonder whether the minister

would indicate if he made representations to the Minister of Finance in connection with the forthcoming budget concerning an increase in allocation of funds to meet many of the problems the Department of National Defence is now facing.

Mr. Richardson: Yes, Mr. Speaker, I make representations to my colleagues for more funds for the armed forces.

# Stamp News And Views

BY GEORGE APPS

Canada Post seems to be getting deeper into the hobby side of the philatelic business. Recently I received a catalogue of philatelic products available from Canada Post. Some of the items mentioned are: post cards, metal stamp sculptures, stamp mounting pages, stamp hobby kits and books on stamps and stamp collecting. Copies of this catalogue are available from the Philatelic Service, Canada Post, Ottawa; K1A 0B5. It is also possible that your local post office may have a copy.

An eight cent stamp designed from a photograph depicting a "Wild Horse Race" is Canada Posts' way of honouring the Calgary Centennial. This stamp is due for release on 3 July. On July 14 Canada Post will commemorate International Womens Year with an 8 cent stamp. Susan McPhee of Montreal designed the stamp using an elegant graphic variation of the female symbol.

Future releases planned by Canada Post include three "semi-postals" in the Olympic series due for release on August 6. On Sept 3 there will be an 8 cent release to commemorate the Supreme Court Centennary, and on Sept. 24, eight cent stamps are expected using the theme "Canadian Ships".

The US and USSR have announced a joint release on the day of the space mission blast off (scheduled for July 15). Each country will design and release two stamps. Both designs depict the docking of the space craft, the only difference being in language and denomination. Both US stamps will be 10 cent values and the Russian stamps will be 12 kopeck values.

If you are collecting US commemoratives honouring the US Bicentennial, or if you have "uniforms" as a theme, the US will be releasing four 10 cent values in July. This release will depict uniforms worn by the Continental Army, Navy, Marines and Militia, during the Revolutionary War.

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by R. KOHLBERG

## DATELINE: WINNIPEG

### WILL THAT BE CASH?

Credit is easy these days. Too easy. Department stores, oil companies, banks — they all try hard to get you into debt and keep you there by offering credit cards, by making the charge account an acceptable and even desirable way of shopping, or by volunteering to talk to you about a loan for that jazzy green airplane you always wanted.

A charge account can be a practical means of conducting major — and some minor — purchasing transactions: you don't carry large amounts of cash around, and once a month you pay everything in one fell swoop. Simple, easy, fussless.

But where to draw the line? What is a minor purchase? A shirt? A tube of toothpaste? (I have seen people charging amounts less than one dollar at some department stores, which seems ridiculous.)

The 'Charge It' system works well for two kinds of people: those with lots of money and those with lots of willpower.

Let's dismiss the first category — people with lots of money. Most of us count ourselves among the second group, but few of us really are. The big money lenders are very well aware of this; they base their business on this knowledge and rake in big profits.

Advertising is geared to create the desire of instant gratification in today's consumer. You see a new car advertised and you want it. Right now! You can't wait another month or another year until you have the money saved up, no, you have to have it NOW. And pay later. But later, something else comes up that everybody else seems to be buying — a camper, maybe, a snowmobile, a ten-speed bike for your kid — and you want that, too. So you combine and consolidate and defer some more of your debts, and again — pay later. And you get in deeper and deeper. Your only consolation is that you are not alone — the country is full of people who are all in the same boat.

That boat is getting heavier and heavier, and some are getting scared of sinking. Others just shut their eyes and carry on the journey into this peculiar never-never land.

How many people ever read those little inserts that arrive about once a year with the department store monthly statement? Very few. These small sheets or cards tell the customer that the cost of borrowing has

risen once again. So what else is new? sighs the weary account holder and stops reading. Only a few masochists read on to find out about the latest blow to their already precarious financial equilibrium.

The wording varies from Eaton's to Sears to The Bay — 'reluctance' or 'regret' is solemnly expressed, or else a 'moderate' change in rates is blatantly announced — but the message is the same, and so is the increase.

In the beginning of 1974, the interest rate on account balances (with the major department stores) was raised by 1.2 per cent to 19.2 per cent, and this year, 1975, by 1.8 per cent to 21 per cent per annum (or, as they sometimes put it, to 1¾ per cent per month, which sounds not nearly as bad).

Twenty-one per cent! You can calculate yourself what you are really paying for that bargain at the last sale, if you are paying on time. Or probably you'd rather not!

Friends of mine concluded at the time of the latest increase that this was the last straw. They had somehow slid into the pattern of account buying over the years — nothing too big, actually, but the payments kept getting imperceptibly steeper. When they realized they were going to be charged 21 per cent interest on their department store accounts, they decided to change their habits. Reluctantly, they cashed a few bonds and payed off all their charge accounts. They feel strangely free now and always pay cash for everything.

The department stores' reaction to their sudden and unexpected move was varied: Store A acknowledged payment in full and said merely "Thank you." (It also requested — in the same breath practically — to "Please mail payment to the address below..." — although the account was paid up.)

Store B was a little less blasé — its acknowledgement read:

**"WE NOTE THAT YOUR ACCOUNT IS PAID IN FULL, AND WISH TO TAKE THIS OPPORTUNITY TO EXPRESS OUR SINCERE THANKS AND APPRECIATION FOR YOUR PATRONAGE."**

Store C seemed a little upset about that paid-up account. This is what they had to say:

**"THANK YOU FOR THE EXCELLENT WAY IN WHICH YOU HAVE HANDLED YOUR ACCOUNT. YOU ARE**

See CASH  
Page 11 Col. 1

## SALES

Continued from page 5

alternative arrangement effective May 15, 1975.

Fuller Brush Company Limited  
The W. T. Rawleigh Company  
(Canada) Limited

Avon Products, Ltd.

Amway of Canada Ltd.

2. A license controls the giving of gifts or bonuses — Direct sellers can give you a gift or a bonus but it does not mean that you have to buy anything. The gift must be free and the seller must tell you its actual value. If you decide to buy from the seller, the gift value cannot be added to the price of the goods nor can it be an item forming part of the product being sold, such as a set of dishes, books, etc. Also, a seller cannot give you a gift or bonus on the condition that you help him or her to make another sale (such as, giving names of friends who might buy the products).

3. — A license stipulates you must be informed of your four day cancellation right. A direct sales contract must indicate at the top of the first page:

a information on your right to cancel the contract according to the law;

b. the Name of the Company and its business and service address in Manitoba.

If these two items are omitted, a buyer has grounds to cancel the agreement.

When signing a direct sales contract for goods or services, 10% of the estimated cost is a reasonable amount to pay if a deposit is required, always get a receipt for any deposit that you make; make sure it includes the date, the name of the company whose goods are being sold by the seller and the amount paid. If a purchase is made directly from the company and you pay by cheque, specify the company's name on the cheque and not the name of the seller. Otherwise, the seller may cash it, use it and never present it to the company.

Secondly, do remember to specify a delivery date for the goods ordered and a completion date if services are to be performed.

4. A license provides you with a right to change your mind — You may cancel a direct sales contract from a door to door seller within four days after signing. You begin counting your four days on the date after the signing of the contract; Sundays and holidays do not count.

Remember: You do not need to give a reason for cancelling! But you must cancel within the four day period.

How to cancel

a. Letter of cancellation sent by registered mail.

Simply write a letter of cancellation saying you no longer want to buy the goods. Be sure it has the date on it. The post office will "double register" your letter at a cost of approximately 65c. You will receive a card in the mail saying the letter has been delivered and will provide proof that the company received your letter of cancellation. Make sure you keep this card and a copy of your letter.

b. Letter of cancellation delivered in person

You may deliver a letter of cancellation yourself to the business or service address in Manitoba. Make sure the correct



"LT T. C. N. GREENLAW is congratulated on his recent promotion to lieutenant by the Base Commander, Col. M. D. Gates. Lt. Greenlaw and his wife Pte. Wendy Greenlaw are proudly holding his new rank insignia. Lt. Greenlaw is a recent graduate of The University of Winnipeg." (BASE PHOTO)

date is on the letter and keep a copy for reference. To prove you delivered the letter, have someone at the company sign both copies of your letter. You may have a friend or neighbour come along to sign when you deliver the letter. This will give you a witness that you delivered the letter.

**Remember: CANCELLING BY PHONE IS NOT GOOD ENOUGH!**

After you have cancelled, the company must immediately return any money you have paid. In turn, you must return the goods to the company.

You can also cancel for other reasons such as, if goods or services are not supplied within 120 days after the date the contract was signed, or, if the vendor or direct seller was not licensed as provided by The Consumer Protection Act at the time the buyer entered into the contract.

If ever you are in doubt or wish to complain about a direct seller or a direct sale or a sales approach, feel free to contact the Consumers' Bureau by letter, in person or by phone. Winnipeg callers should dial 956-1010; out-of-town callers can dial toll free from any point within the province at 1-800-262-8844.

The licensing of vendors and/or direct sellers in Manitoba is an important function of the Consumers' Bureau. It is important because it safeguards the interest of Manitoba consumers. The efforts of the Consumers' Bureau will be more effective if Manitobans know their rights and exercise them.

**RENTING TO OWN!**  
Seen lots of ads lately

promoting "renting to own" sales? Do these sales seem to be an easy way to try out consumer goods before buying? Be wary! Don't be misled. The document you will be asked to sign by the seller may be a hire purchase (option to buy) or a conditional sales contract instead of a rental agreement.

As in all contracts, examine the document closely before signing on the dotted line. Know the difference between a rental agreement, a hire purchase (option to buy) agreement and a conditional sales agreement.

A rental agreement is nothing more than paying a monthly charge for the use of the goods or service. Some rental agreements require a minimum time rental period, usually 3 months.

A hire purchase agreement (option to buy agreement) is a rental agreement where all, or part, of the monies paid as rent can be applied toward the purchase price of the goods. The document should specify when and how this option can be exercised. If a buyer decides not to purchase the item, it is returned to the seller. The key here is the buyer's option.

A conditional sales agreement is an agreement under which the goods are purchased on a time payment plan. The buyer has possession of the goods immediately but the seller retains title to the goods until such time as the contract is fulfilled. A buyer cannot return the goods — the buyer actually has bought the goods.

Renting to own? It's fine as long as you know the exact terms before signing!

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# SPORTS

VOXAIR

## Prairie Region 3 Mile Race

This year's three mile race was hosted by CFB Cold Lake and 26 representatives from six prairie bases competed for team and individual awards.

The winner of the Prairie Region team trophy was Cold Lake, followed by Shilo, Edmonton and Portage La Prairie. The first to cover the three miles was last year's winner—Capt. Al Kimick from Calgary in a time of 15:38. Capt. Les Putland led Cold Lake's winning team with a second place finish in a time of 16:29. Winner of the Senior individual award and fourth place finisher was 42 year old MCpl Marcel Brisebois of Cold Lake in a time of 17:53. Capt. Doug Cantley, the sole Winnipeg competitor finished third in a time of 16:32.

Colonel S. P. Gulyas, the Base Commander, himself a 10:54 mile and a halfer, presented awards and extended congratulations to all competitors.

## A parable on the Security of Classified Projects

There was a certain dog trainer who while walking in the woods came upon a very young orphaned wolf cub which he decided to keep and raise as a dog. Since there was in the land a shortage of good farm dogs he trained the young wolf in the art of rounding up cattle and subsequently offered the animal for sale to Farmer Brown who owned a fine milk herd.

And Farmer Brown said unto the trainer: "That dog looks like a wolf; indeed, of a certainty, it is a wolf!"

"That may be," said the trainer, "but he has been raised from infancy as a dog and trained to round up cattle at milking time."

Farmer Brown gave the proposition many minutes of careful thought saying: "Lo, these many moons, I have been plagued by thieves stealing my cows in twos and threes. I will buy your trained wolf, but I wish also to train him to guard my cattle against the rustlers. I would ask you therefore to reveal to no one that I have a wolf guarding my herd. Thus will the rustlers not be forewarned that they may avoid or kill him."

The dog trainer agreed, saying: "No word shall pass my lips to reveal that he is a wolf; but, may I

## CFB Wpg Runners Win at Manisphere

CFB Winnipeg runners topped two age-classes at the Manisphere Heart and Lung race on Saturday June 21. Capt. Doug Cantley was first in the 30-39 group while Capt. Robbie Robinson took the 40-49 bracket. Over 110 runners participated in the run from the Legislative Building to Manisphere (about 2.8 miles), including several other runners from CFB Winnipeg.

The Manitoba 15 km championship, also run from Manisphere on Sunday June 22, was won by Chris McCubbins in 47:35. Doug Cantley took second place in the masters division. Cantley finished the month off with a fourth place in the North Dakota marathon on Saturday, June 28. Almost half of the 57 starters dropped out, crippled by the very hot humid conditions. Winner was Larry Seethaler, from the USAF base at Grand Forks, in a time of 2 hrs. 41:35.

Coming events: Tuesday, July 15, 5 km Grab Bag Race, Assiniboine Park Pavilion.

Sunday August 3: Icelandic 10 mile championship (age classes). Starts at 0945 at corner of Hwy. 9 and 229, Winnipeg Beach. Finishes at fairgrounds, Gimli.

For more information on these and other races, contact Maj. Rathbone, TCHQ, loc 235.

have your permission to point out his good qualities as a dog in order that my prowess as a dog trainer may be known in the land?"

The farmer agreed and the dog trainer boasted loud and long saying: "See Farmer Brown's dog which I did train. See how expertly he gathers the cows, missing not a one;" and later: "Note the fine shoulders and breadth of chest of that dog and look you at the strong jaws and large powerful teeth;" and still later: "Mark you how swiftly and silently he hunts through the woods. I would wager were he trained as a hunting dog he could break the neck of a stag with one snap of those powerful jaws;" and again: "Note the power and clarity of his voice when he answers the wolves howling in the distance. Surely such a voice would waken any household were he trained as a watchdog!"

And the people took heed and amongst the people were the rustlers who said unto one another: "Strong jaws? Large powerful teeth? Fine shoulders and broad chest? Hunts silently?

Howls like a wolf? Does this dog not sound very much like a wolf? Let us therefore go hence and observe this animal more closely."

This they did and said one unto the other, "This animal is indeed a wolf and could easily kill any one of us! We must therefore be most cautious when we steal Farmer Brown's cows." And one rustler said: "Let us kill the wolf that he will not be a menace unto us;" and a second rustler replied: "No! Verily, that would be unwise, for Farmer Brown would then be forewarned of our presence and use other means to defend his cows. 'Twere better that we avoid the wolf, stealing only from down-wind, in the dead of night and in the midst of a storm that the wolf may neither scent, see nor hear us."

And so it came to pass that though the wolf sniffed the air and watched and listened diligently, he detected nothing and the farmer's cows continued to disappear in twos and threes and sometimes more. And Farmer Brown cursed the wolf as a useless beast not worthy of his keep and was sore afflicted.

And soon half the herd had been stolen.

Then the leader of the thieves said unto his cohorts: We cannot safely steal more without danger of detection and attack by the wolf. Let us therefore kill him that we may take unto us the remainder of the herd. It may, of course, be necessary also to kill the farmer should he move against us."

And it came to pass; and later pondering the deaths of the wolf and the farmer, the dog trainer said to all and sundry: "I do wonder how came the thieves to know that Farmer Brown's dog was in truth a wolf;" and: "Here now, point not the accusing finger in my direction, for surely it was nothing I did say. Verily verily I say unto you most careful was I that I spake of the animal only as a dog."

**DON'T TALK ABOUT CLASSIFIED PROJECTS!**

Courtesy - NDHQ-DGIS



## RESCUE BREATHING (MOUTH-TO-MOUTH)

THE CANADIAN RED CROSS SOCIETY



Start immediately: The sooner you start, the greater the chance of success.



Open airway by lifting neck with one hand and tilting the head back with the other hand.



Pinch nostrils to prevent air leakage. Maintain open airway by keeping the neck elevated.



Seal your mouth tightly around the victim's mouth and blow in. The victim's chest should rise.



Remove mouth. Release nostrils. Listen for air escaping from lungs. Watch for chest to fall.

REPEAT LAST THREE STEPS TWELVE TO FIFTEEN TIMES PER MINUTE. IF AIR PASSAGES ARE NOT OPEN: Check neck and head positions, CLEAR mouth and throat of foreign substances.

For infants and children, cover entire mouth and nose with your mouth. Use small puffs of air about 20 times per minute.

USE RESCUE BREATHING when persons have stopped breathing as a result of: DROWNING, CHOKING, ELECTRIC SHOCK, HEART ATTACK, SUFFOCATION and GAS POISONING.

Don't give up. Send someone for a doctor. Continue until medical help arrives or breathing is restored.

## NATO

By Mr. Arthur Menzies,

### CANADA'S AMBASSADOR TO NATO

A series of articles on NATO, submitted by Mr. Menzies Canada's Ambassador to NATO, are intended to provide background information on Canadian interests in NATO. Voxair will publish the entire series.

### THE NORTH ATLANTIC COUNCIL AND THE DEFENCE PLANNING COMMITTEE

Cont'd from

VOXAIR June 25 This period also saw the enlargement of the Alliance; in 1952 the twelve original signatories were joined by Greece and Turkey and in 1955 by the Federal Republic of Germany.

Throughout NATO's formative years, Canada was a protagonist of meaningful economic and political consultation. Article 2 of the Treaty states that: "The Parties will contribute toward the further development of peaceful and

friendly international relations by strengthening their free institutions, by bringing about a better understanding of the principles upon which these institutions are founded, and by promoting conditions of stability and well-being. They will seek to eliminate conflict in their international economic policies and will encourage economic collaboration between any or all of them". This article has become known as the "Canadian Article" both because we originally advocated it and because of our continued efforts to have it implemented in a meaningful way. In a similar manner, Canadian leaders gave strong encouragement to the elaboration of Article 4 dealing with political co-operation. Volume two of

See NATO Page 10 Col. 1

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Let's talk.



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# Voxair Variety

by John Lander

RAINBOW STAGE is a venerable institution in Winnipeg which comes of age this summer. To celebrate it will present a show which is also of the same vintage — the musical *My Fair Lady*. But there is a difference — instead of being an outdoor theatre as it has been for the past twenty years, it will be indoors, in the Centennial Concert Hall.

This comes by accident, not design. Labour troubles have prevented completion of the facilities at Kildonan Park, so the normal two musicals have been cut to one, and the show moved inside. The show opens on July 8th and runs through to the 26th, with no performances on the 14th, 18th and 21st, when the Concert Hall is booked for other events.

I suppose we all know that *My Fair Lady* is the longest running musical every to appear on Broadway, and that it has been translated into eleven different languages and produced in 21 countries, but did you know it took six years to be born — from 1950 to 1956? Or that it was originally called "My Fair Liza" and only at the last minute given the "Lady" title? And that in the pre-Broadway play there were two songs cut from the script, one of which later turned up in the film *Gigi*?

The cast of the Winnipeg production includes a number of talented Canadians, with Len Cariou and Catherine McKinnon in the lead roles, supported by Cliff Gardner, Evelyn Anderson and Ted Greenhalgh. Rainbow State productions are always fine light summertime entertainment, and this one should uphold the tradition. Tickets are available at the usual outlets, and at the Concert Hall box office on show nights. Prices are from \$1.50 to \$4, with children under 14 accompanied by parents, at \$1.50 and special discounts available for groups.

\*\*\*

The WINNIPEG SYMPHONY ORCHESTRA is planning a big season this coming winter, with imported stars par excellence. Among those slated to appear with the orchestra are pianist Van Cliburn, actor Charlton Heston and violinist Yehudi Menuhin, to mention the big names first. But in addition there will be a find group of artists who may not be well known, but who are no doubt equally talented. This group includes Soviet conductor Kiril Kondrashin, pianists Stephen Cera and Martina Tirimo; Pinchas Zukerman and George Zukerman, violinist and bassoonist respectively, plus singers Richard Kness and Maureen Forrester.

The Symphony is currently pushing its season tickets, and if you want choice seats it pays to buy them early. There is a 15% discount on tickets bought prior to the season opening in the fall.

## NATO

Continued from page 9

Hon. L. B. Pearson's Memoirs outlines in detail how Canada chaired sub-committee reviews throughout NATO's early years and sought to find ways in which the Alliance could focus more of its attention on closer co-ordination and consultation on foreign policy as well as on closer economic, financial and social co-operation. As a sign of the esteem with which Canada's efforts were regarded, Mr. Pearson was asked to be NATO's first Secretary General but he was unable to accept.

A second phase began in 1956 with the adoption by the Council of the Report on Non-Military Co-operation in NATO, better known as the Report of the Committee of Three, or the Three Wise Men (Halvard Lange of Norway, Gaetano Martino of Italy, and Lester Pearson of Canada). This report has been of major importance in defining the Council's present functions. In the previous period the Soviet challenge was limited to Europe and was essentially military in nature. By 1956, it had become apparent that the Russians were extending their influence throughout the world and that the challenge now appeared in a variety of forms. By adopting the Report, the Council gave a new impulse to political consultation, with the result that today it covers almost every subject of common interest.

Canada had a good deal to do with the elaboration of the Report and its subsequent adoption by the Council. Mr. Pearson's efforts (as a member of the Committee of Three) were strongly backed by Canadian

government policy which, as Mr. Pearson's Memoirs point out, sought to encourage the strengthening of political consultation in the Council in the early stages of policy formation before national positions became fixed. Canadian policy also strongly favoured strengthening the position of the Council and of the Secretary General. Chapter two of the Report reflects a good deal of Canadian language for the procedural and institutional changes which were implemented after the Report was adopted.

The third phase could be considered to be associated with the Council's approval in December, 1967 of the Report on the Future Tasks of the Alliance, or the Harmel Report. The members of the Alliance both individually and collectively have consistently declared themselves in favour of the relaxation of tension in Europe, and by adopting the Harmel Report the fifteen member governments undertook to pursue a positive policy of seeking realistic solutions aimed at furthering East/West détente. As a result, studies in the field of disarmament and practical armament control measures were intensified and initiatives have been taken aimed at reducing the tension in Europe through multilateral negotiations involving Warsaw Pact countries. At the present time, a large part of the Council's time is taken up with consultations on the Conference on Security and Co-operation in Europe (CSCE) whose second phase is taking place in Geneva at present and on the Mutual and Balanced Force Reductions negotiations (MBFR) which are being held in Vienna.

## Astra Credit Union Holds Functions

Approximately 100 Astra Credit Union directors staff and committee personnel attended a dinner in honour of Brian and Donna Downey. Brian assumed the position of general manager Feb. 1, 1971 when assets were 2.5 million and the membership was 3800. From then until the present, the assets increased to 13 million and the membership in excess of 9000.

Mr. Jackson commended Brian for his excellent performance and presented him with a watch. Jewellery was presented to Donna by Martha Kocen. Mr. Rene Nitelet, a Director of the Co-operative Credit Society of Manitoba presented the Downeys with a Red River Cart for Brian's contribution to the Credit Union System of Manitoba.

Brian will assume his new duties as Director of Finance of the Alberta Federation of Credit Unions July 3, 1975. Mr. Don Gerylo has been appointed acting General Manager effective July 1, 1975.



Bob Jackson president of The Astra Credit Union presents a watch to Brian Downey, the general manager. The watch was presented on behalf of the credit union members in recognition of the commendable manner in which Brian managed the affairs of the Astra Credit Union over the past 4½ years. He has been appointed Director of Finance of The Alberta Federation of Credit Unions, and takes up his new position 3 Jul.

In 1969, following an initiative by President Nixon, the Council also began to concern itself with the many challenges made to mankind by the problems of the human environment and established a Committee on the Challenges of Modern Society. In Accordance with the Canadian view that it was appropriate for NATO to interest itself in matters beyond those of a security and political nature Canada supported the USA initiative. As is well known, Canada has demonstrated its interest in this subject by hosting the April, 1973 meeting of the Challenges of Modern Society in Ottawa and by participating actively in the joint pilot studies which have been undertaken.

— Next: NATO Military Structure

## Base Transportation On The Move

On June 25, 1975 Base Transportation, CFB Winnipeg, with personnel from Base Maintenance Land undertook a convoy road move to CFB Shilo to deliver some vehicles for the Winnipeg Militia Area. A total of 29 assorted vehicles were driven out to support the annual Militia Concentration at CFB Shilo beginning on July 7 and lasting throughout most of the summer.

The move itself went well and met with no real problems. The traffic was fairly heavy though, as a result of the thousands of air-stream liners moving towards Brandon and westward for holidays from the United States. In certain segments of the highway these trailers were so numerous as to stretch from horizon to horizon, forming a large silver convoy of their own, dwarfing our own comparatively small sequence of packets.

After the drive lunch arrangements were made by the militia on site at CFB Shilo and refreshments were offered to those involved.

In all the move was successful, with all vehicles delivered safely and in good condition. Many thanks to those participated in this tasking.



Pictured above is Noble Bob Jackson, secretary of the Kartum Temple Patrol presenting the circus daddy plaque to M/Cpl Mike Burns Vice President of the Jr. Ranks Club. This plaque is in recognition of the donation made to the Circus Daddy Club. Noble Bob commended the Jr. Ranks for their thoughtfulness in making this donation to assist those less fortunate.

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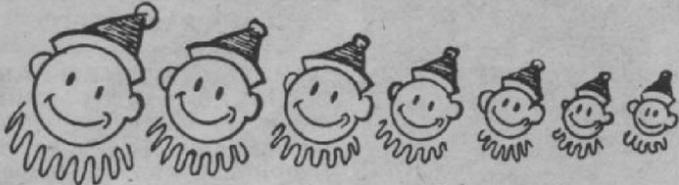
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LAUGHING AT OURSELVES



by John Semeniuk

**VIVE LA DIFFERENCE** — The difference between a good girl and a bad girl is that a good girl wakes up in the morning and says, "Good morning Lord," while the bad girl wakes up and says, "Good Lord, morning!"

**THE PERFECT SQUELCH** — A lady's birthday came while her miserly husband was out of town on a business trip. However, she received a letter from him and inside the letter was a cheque. She was elated until she discovered that the cheque was for a million kisses. The following day, the lady acknowledged her husband's recognition of her birthday thusly: "Thanks for the birthday cheque for a million kisses. The milkman cashed it for me this morning!"

**DE-FUN-ITIONS:**  
 Buccaneer — "Current price of corn"  
 Motorist's Split Second — "The interval between a traffic light changing to green and the motorist behind you tooting his horn"  
 Diplomat — "A man who can convince his wife that she looks fat in a mink coat"

**TOP THAT!** "Dear," said the bride to the groom on their wedding night, "I have a confession to make, I was once a topless dancer. "Oh, No!" exclaimed the groom, "I honestly think I'd rather have married a three-time divorcee." "You do?" queried the bride, "Well, in that case, I have another confession to make."

**QUAKERS FEEL THEIR OATS** — A prim old Quaker lady was driving her shiny new car in

Philadelphia, when a huge truck careened through a red light and smashed into her car. Infuriated, but remembering her Quaker training, the lady was able to control herself. She got out of her badly damaged car, walked over to the truck driver and said, "When thee gets home to thy kennel tonight, I hope thy mother advises thee that she has decided to marry thy father!"

**TEEN THEME** — A widower, who had suffered through three long years of coping with the problems of a teenage daughter on his own, remarried to a charming lady who had been a close friend of the family. On returning home from the honeymoon, the couple was met by his daughter and her friends. The young lady introduced her new mother thusly: "Hey gang, meet my mom, she and dad used to be friends!"

**MAMA'S LITTLE YELPER** — Birth announcements:  
 1. "The baby has its mother's features and its father's fixtures."  
 2. Announcement from the proud parents of a baby daughter, "We have skirted the issue."

**PUN-ISHMENT** — "I don't understand it. Joe's dead wife was one of the wildest gals in town. She was never faithful to him, but yet he comes into your place and orders one of the biggest tombstones that I've ever seen," stated a friend of Joe's. "Ah, but you don't know what he had engraved on the headstone," replied the funeral home director, "it was AT LAST SHE SLEEPS ALONE."

charge accounts or to become the owner of yet another credit card is one thing, but to approach the student population in a mail campaign with the proposition to acquiring a 'Travel Card' to another.

This is a letter oil company No. One sent out to University students in Winnipeg.

*Dear Student:  
 Studying is tough business, and we know it!  
 We also know that regardless of your age, sex, previous degrees or work experience, bettering yourself by going to University involves sacrifices.*

*However, the end result is worth it. There's nothing like being able to think for yourself and that's why we aren't going to give you a big "sales pitch" about the merits of having a . . . . . Travel Card.*

*It's not perfect, but it's handy to have:*

- It's safer than cash.
- It gets you out of a jam when you're short of cash.
- Used regularly, you know how much it's costing you to run your car.

*But enough said! An application form is enclosed. We would sincerely like to have you as one our customers.*

*Yours very truly, . . . . .*

So they are appealing to the students' ability to 'think for themselves', and they are not coming on with a 'big sales pitch'. Not much: enclosed with the

**WO & SGTS MESS NEWS NORTH**

Our thanks to the Jr. Ranks Club for inviting our Mess to participate in the ALL RANKS FAMILY DAY (21 Jun). The children loved the rides and games, the "German Style" band was a big hit with everyone, hot dogs and drinks were consumed like they were going out of style, and a very enjoyable time was had by all who attended. Our congratulations for "A Job Well Done" to everyone who worked, organized and co-ordinated this function.

The 27 Jun GOLF TOURNAMENT and TGIF proved to a "Fun Day" for all who participated. The weatherman co-operated, the golf course was in beautiful condition

letter was a certificate for a vinyl travel bag — a free gift for the student who completed and sent in the request for the credit card.

Another, equally well-known oil company uses the personalized approach — "Dear Mr. Name . . . ."

It looks as though this letter is really typed to the receiver, not like those form letters everyone gets where they just plug in a name in a blank space, and you can always tell, because the name is never properly lined up with the rest of the type, and it is always a little darker or lighter than the rest of the letter. But not in this case: they even drop Your Name again towards the end of the letter in the same clever way. This is how company No. 2 approaches the student:

*Dear Mr. Name  
 We'd like you to have a . . . . . Credit Card as you approach the end of your formal education from University of Winnipeg.  
 We're sure you'll find it a convenient card to carry in the years ahead.*

*CONVENIENT because you can charge gasoline, oil, tune-ups, repairs, tires and other quality products. And you'll enjoy the security of knowing your credit is good at all our stations throughout Canada and the U.S.A.*

*CONVENIENT because when you are travelling, you don't need to carry extra cash for gasoline and emergency car repairs.*

*CONVENIENT because we periodically offer useful merchandise that can be charged to your account.*

*CONVENIENT because our Deferred Payment Plan is available for major repairs, accessories and merchandise.*

*CONVENIENT because you get an all-inclusive bill with your receipts at the end of each month. This makes your own bookkeeping and budgeting easier.*

*Those are some of the reasons Mr. Name. why we think you'll find the . . . . . Card convenient. To get yours simply sign the slip below and return it in the reply-paid envelope. We'll send your card promptly and include a Certificate for two free gallons of . . . . . gasoline to introduce you to your . . . . . dealer . . . .*

So the student has a choice: a Travel Bag or two gallons of free gas. Or both?

(better than some of our participants), a large number of "Par Breakers" (or would be par breakers) turned out (plus participants from CFB Portage's WOs and Sgts' Mess), and if par didn't take a beating, it wasn't from lack of enthusiasm. Perhaps the theme for the day was best expressed by one of our Sr. NCOs who was asked how he shot . . . his reply, "Frequently". I understand the WOs and Sgts from Portage won some prizes; hence, they didn't go home empty

Oil companies do not encourage their customers to go into debt the way some department stores do, although they do feature a 'Deferred Payment Plan' with an 18 per cent annual carrying charge. They probably figure that if you have their card, it is their gas you'll buy. Not having to lay cash on the counter can tempt people to charge it and worry later. Young people should not be tempted that way.

Then, of course, there are the all-purpose charge accounts: ChargeX and Master Charge, the ultimate in convenience. Among the reasons why, for example, such a card is good for you, one of them cites on the back of its application form:

*"Use it for the necessities that never seem to wait 'til pay day." Necessities? Emergencies I can understand, but shouldn't you be prepared for necessities?*

*"Helps you budget — provides one itemized monthly statement." When you get that statement that itemizes last month's reckless shopping spree, it's too late to budget.*

*"Convenient extended payment privileges when you want them." Here is where they lure you into the 'fly-now-pay-later' trap that is so easy to slide into, but so hard to wriggle out of.*

In a conference sponsored by the Canadian Bankers' Association early this year, the major topic of discussion was an 'electronic payment system', which is said to have been designed by the government and which is, eventually, to do away with cash as a means of payment. Under this system, every citizen would carry a card not unlike a current credit card. He and she would use this card to buy goods and services, and the charges would be automatically deducted from her/his bank account.

The Tribune columnist who wrote about this scheme was extremely upset about the prospect and anticipated a mass invasion of privacy, because the federal government would then control the national computer system and would, therefore, be able to check on the spending habits and private financial affairs of all Canadian citizens.

After having answered all the questions on a bank loan application form, a ChargeX or Master Charge form, and after having filled out the latest income tax return, who's got any secrets?

handed. The TGIF that followed the tournament was held in the patio with the upper lounge being utilized — it proved to be entertaining and relaxing.

Don't forget the SUMMER FUN BINGO to be held 12 Jul with prizes being camping equipment and summer games (ie Lawn Darts). There will be a Garbage Bingo, and a Share The Wealth Bingo. Admission is \$1.50 per person with extra cards selling for 25 cents each or 5 for \$1. A barbecue follows the bingo. Starts at 8 p.m.

On 18 Jul, another Golf Tournament is scheduled — this time at the Bloomburg Course. A TGIF will be held at the Mess following the tournament.

COUNTRY NIGHT will be held 19 Jul with music by the "Country Tigers". Food will be barbecued Hips of Beef. Wear old clothes. Admission is \$6 per couple. Fun starts at 9 p.m.

Relaxed dress will be in effect in the upper lounge during Jul and Aug for all functions unless otherwise noted.

A resume of future entertainment:

- 12 Jul — "SUMMER FUN BINGO"
- 18 Jul — "GOLF TOURNAMENT, followed by "TGIF"
- 19 Jul — "COUNTRY NIGHT"

**COMMANDOS**

Continued from page 1

Canadian government. On April 8, 1968, the Charter for the formation of the regiment was signed. Subsequently, on June 28, 1970, a mechanized infantry battalion was added to the regiment to fulfill the contributions of an infantry battalion to the Canadian component of NATO forces in Europe.

The inaugural parade for 3 Canadian Mechanized Commando was held on June 28, 1970, at Sennelager, West Germany, during a particularly heavy rain storm. These weather conditions and the fact that a number of infantry regiments were removed from the Regular Force Order of Battle when this battalion was formed led to the motto 'born in a storm'.

On June 9, 1973, the Canadian Airborne Regiment was presented with its Colours at a ceremony in Edmonton, Alta. 3 Canadian Mechanized Commando first trooped the Regimental Colour in Baden on June 20, 1973.

The music for the trooping today was provided by the Central Band of the Canadian Forces from Ottawa and the Canadian Forces Europe Pipes and Drums.



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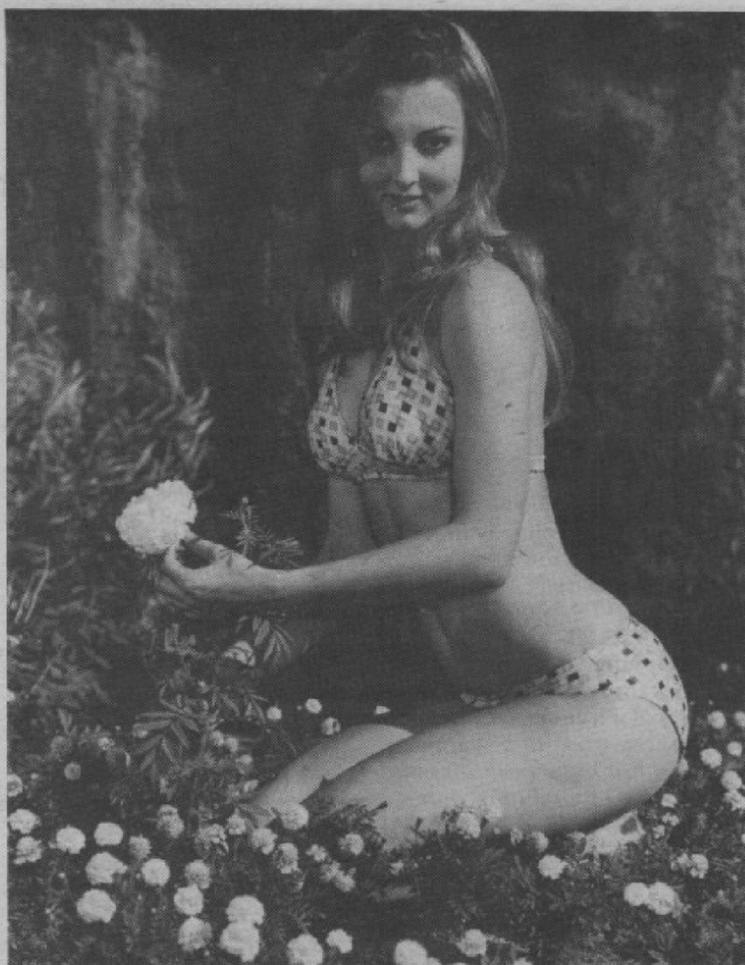
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Payments must be made at the time the ad is submitted for publication. "Found" notices will be printed free of charge.  
Ads may be submitted in person to the Editor Voxair, Bldg. 52, or by mail with payment enclosed. Ads must be received by 3 p.m. on the Wednesday prior to publication.



Roses Are Red - Violets Are Blue

**SAFETY SAM SEZ**  
**Rules For**  
**A Safe**  
**Holiday**

1. If you're planning that summer vacation trip, don't forget to include safe driving in your plans. Summer means vacationers will be crowding the highways, and a little pre-vacation planning can help you save time and maybe even an accident.
2. The first stop on your vacation trip should be made before you even hit the road - a visit to your local garage or service station for a complete safety check of your car. Tell the service man you're going on a trip and ask him to make a complete safety check of the tires (including the spare) steering system, brakes, hoses and belts, exhaust system, windshield wipers and washers, all lights, front end alignment and fluid levels (water, oil, master brake cylinder, power steering reservoir, transmission, differential and battery).
3. Plan your trip in advance - and that means not only knowing where you're going and on what highways, but how long you'll drive. Don't try to jam too many miles into one day. A 300 to 350 mile per day limit is suggested. Driving too many miles a day can lead to fatigue that's hard to get rid of, even with a good night's sleep. An unhurried, relaxed drive with plenty of rest stops, especially if children are in the car, can make vacation driving a pleasure instead of a pain.
4. When packing your car, remember that a heavy load changes the handling characteristics of an auto, so don't expect the same performance you get in normal driving situations. Acceleration will be more sluggish and stopping distances greater. You'll need more room for passing and you'll also experience more sway when rounding curves.

Courtesy Florida Sunken Gardens

5. Load the car so that the rearview mirror is not blocked, and keep hard, pointed, or heavy objects off the rear shelf. Even a minor collision or a sudden stop can turn them into lethal missiles.
6. A heavily-loaded trunk can affect steering and headlight aim. This is especially hazardous in rainy weather when the shift of weight off the front tires can cause hydroplaning and loss of steering control. Proper tire inflation and adequate tire size are also important when carrying extra cargo. You may need additional tire pressure - or larger tires. Proper tire inflation can also save gas.
7. If children are going along, be sure you provide entertainment for them, such as books, puzzles or games. Frequent rest stops will provide them with an opportunity to run off some of the energy they've stored up during the long trip - and it will allow you to get out of the car, stretch your legs and relax a little.
8. Two more important reminders: remember to use your litter bag, and please, remember to buckle up your safety belts.

**Classified**  
**HELP WANTED**

"THE COMBINED AND OFFICERS" Messes (North) require a number of kitchen helpers, male or female for temporary and permanent employment (weekend employment included). Current wage rate is \$2.67 per hour. Please contact your local Manpower Office to register for work."

5137

**JUNIOR RANKS MESS BAR:** Require immediately part-time bartenders contact Cpl Radcliffe "Ernie" between 1200 hrs and 1500 hrs. \$2.67 per hour. Phone local 518 or 888-7514.

5138

**WANTED TO RENT**

A HARD TOP TENT trailer for three weeks in August. Rent to a family of three who will look after your property. Phone Capt. Chapman at 489-9163.

5134

**FOR SALE**

FOR SALE 1970 CUTLASS, 57,000 miles, P.S., P.B., - \$1,200; Kaplun hardtop tent trailer for four persons c/w tank, connecting hoses and mattress - \$450. Can be seen at 179 Braintree Cres. after 1800 hrs. or phone 889-4381.

5133

1964 OLDS. 4-DR. JETSTAR 88. Good condition \$500. 889-0256.

5135

FOR SALE CANOE: - Aluminum 14-ft. 2 oars, 2 regulation life jackets, motor attachment. Please phone evenings. 832-5054.

5132

KIRKFIELD - PRIVATE SALE 3 bed. bung. quiet well treed street approx. 1150 sq. ft. w-w carpet in large L.R. Nicely decorated landscaped fenced yard. Fridge and stove incl. - \$31,900. Call 837-7696.

5131

LEAVING COUNTRY - SELLING out. Dining, living and bedroom furniture; T.V.'s; stereos, drapes, pictures, clothes, bikes, tools, air compressor, etc. Some cash and carry, remainder available mid Aug. Deposits required. 488 Sharpe Blvd. Thurs. 10 July.

5136

CAMPING EQUIPMENT: TENT trailer - Alpen Kreuser. Tent - exterior frame - 8-ft. x 10-ft. x 7-ft. Coleman Catalytic heater. Coal oil lantern. Phone 888-7441.

5139

**NOTICE**

**Lipsett Hall and Westwin Swimming Pool Schedules**

Lipsett Hall and the Westwin swimming pools will be open during the summer months for casual swimming from 02 Jul through to 30 Aug 75:

- Dates and times are as follows:  
Mon to Fri afternoons 1330 - 1530 hrs  
Mon, Wed, Fri evenings 1800 - 2000 hrs  
Sat afternoons 1330 - 1530 hrs  
Sun afternoons 1330 - 1530 hrs  
Sun evenings 1800 - 2000 hrs

**When Buying or Selling Your Home**



Norm Hurst

**Contact**  
**NORM HURST**

Salesman for  
**CAMPBELL, LANE AND HALIBURTON**  
Realtors - Insurance  
1887 Portage Ave.

Telephone  
Office 837-5864 Res. 837-8440