



Voxair



Nov 12 81

Canadian Forces Base Winnipeg — Home of Air Command
Base des Forces canadiennes Winnipeg — Foyer du Commandement aérien

Issue No. 18 Vol 31

CFB Winnipeg Leads The Way

First Campaign Division To Reach Goal!

The CFB Winnipeg United Way Campaign officially ended 30 Oct 81. On that date it was my privilege to report to the 2nd Report Session of the Winnipeg United Way that CFB Winnipeg personnel had contributed \$28,016,53 or 100.05% of the goal. DND civilian personnel and the military community have responded positively to the challenge "KEEP A GOOD THING GROWING THE UNITED WAY".

In doing so the Armed Forces distinguished themselves by being:

- the first campaign division to complete the canvassing of all personnel; and
- the first campaign division to reach its goal.

The last three days of the campaign were the most difficult. Indications were that CFB Winnipeg would be about \$3000 short of the accepted goal. Section heads were requested to reiterate their support for the United Way and canvassers were urged to renew their efforts and to forward all pledges/monies as soon as they were received. The calls for assistance did not go unheeded, as returns trickled in the goal was closer, yet still elusive, until 1500 hrs 29 Oct, when a generous donation by 2 PPCLI C-COY provided the final push and lifted CFB Winnipeg over the top.

Final campaign totals are not available at this time, since many section canvassers are now in the process of completing the returns for those personnel who were absent on TD or leave during the CFB Winnipeg campaign.

An eligibility list for United Way Awards and the CANEX merchandise certificate awards will be highlighted in the 16 Dec issue of VOXAIR.

**Thanks to you it works....
FOR ALL OF US**



United Way

H. G. Puersten
Captain
Campaign Chairman
212/249



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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

VOXAIR offices are located in Building 10 at CFB Winnipeg. Correspondence and copy should be addressed to: VOXAIR, CFB Winnipeg, Westwin, Manitoba R2R 0T0.

Telephone 832-1311

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LETTERS TO THE EDITOR

Cartoon Series Debut

Reference: Voxair, Issue No 16, Vol 31, 7 Oct 81.

1. If this memo is the only complaint you receive in regards to the subject series, then relegate it to 'file 13'. But not before I at least express some misgivings. Notwithstanding the author's attempt at humour which when kept in-house may be acceptable, the fact that such mediocrity is front page in an unofficial service newspaper that does have a considerable distribution disturbs me, not only as a long since 'grounded NAV' but also as a professional military officer.

2. It was this latter point that provided the impetus for me to put pen to paper. Ridiculing any MOC/Trade or rank is in poor taste and the fact that this initial cartoon puns an officer who is a navigator is a double dose. At the risk of appearing somewhat over-sensitive, I suggest that the author should consider the 'sensitivity' of his readership. If he fails to acknowledge the possible disadvantages resulting from his 'infliction' of personal humour, then he suffers from narrow-mindedness (he may also say the same about me but I am replying only, I did not impress my views on him in a 'front page splash!').

3. I agree that as editors you have

to have some literary license, if only to provoke and make your job interesting. However, demeaning any facet of the CF should never occur in the Voxair, unintentionally or otherwise - image is and has been a concern in the CF and as a brother officer it behooves you to ensure our professionalism is not publicly tarnished or ridiculed.

4. I hope that others will voice the views I have expressed. I also hope that you will be able to develop more interesting articles to fill the space in keeping with the raison d'être of a service newspaper.

P.N. Barnabe MAJ
SSO Cds 750

DEAR SIR:

To Terry: thank you from the staff Of our nav training school. Your first cartoon gave us a laugh Too bad your second broke the rule. If at the navs you poke some fun And fill the pilots' hearts with glee, Then you must place them 'neath the gun To tell the truth 'bout them you see. To rectify these sad neglects And wholly keep the record straight, We're sure you'll note their small

defects

To add some spice to the debate.

In case you cannot find the key,
To give the pilots equal time,
We offer these ideas free
That you can set in clever rhyme.
Banana-eating swingers love
To fly with gay abandon true.
They soar up in the sky above,
Replete with dreams about "the Few".

They try to follow all the rules.

They try with joyful vim and might,

And they would have the needed tools

If only they could read and write.

We hope these thoughts may help our cause

And really thank you for the chance,
For they who fight old Newton's laws

Deserve that readers know their stance.

M.J. Ryan

Lieutenant-Colonel Commandant

Fire Prevention News

Prevention Week has come once again so we would like to take this opportunity to announce the winners of the Dry Chemical Extinguisher and Smoke Detector that were kindly donated by Safety Supply Co. and Kildonan Electric.

The BCEO Major Gibson made the draw from the completed Fire Safety Crossword Puzzles submitted and the lucky winners were Mrs. R. Pattimore (Smoke Detector) and Major A.T. McInnes (Extinguisher).

We would like to thank all the people who participated in this contest, the companies for donating the prizes and to emphasize once again that Fire Prevention and Safety is a year-round activity and not confined to one particular week.

Saunas Recalled

Owners of Home Spa Sauna Heaters, Models HE50, -60, -75 and -90 and Homecraft Sauna Heaters Models HSH 5, 5.5, 6, 7.5 and 9 should stop using them immediately because of a potential fire hazard according to the Canadian Standards Association (CSA) and Westhome Manufacturing Limited.

CSA investigations have discovered a change in the construction which could cause high temperatures resulting in charring of adjacent wood walls. CSA has not received

any reports of injuries. It is believed there are about 3300 of these units across Canada. They were manufactured between March 31, 1980 to May 15, 1981.

The recalled home spa models have serial numbers ranging from 16100 to 18100 and Homecraft models have serial numbers ranging from 4100 to 5100 which are stamped on the certification label on the lower right hand corner of the units.

If you have one of these units, stop using it immediately and contact the manufacturer at the following location for replacement information:

Westhome Manufacturing Limited
2854 Grandview Highway
Vancouver, British Columbia
V5M 2E2
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NOTICE

The Canadian Music Competitions, Manitoba Chapter, has issued a province wide invitation to music teachers and students wishing to participate in this years events. The provincial finals will be held May 13, 14 & 15 of 1982 but as the competitors require considerable preparation, any interested student or teacher is asked to write or call for syllabus and entry form as soon as possible. Inquiries should be directed to: Canadian Music Competitions c/o Mrs. D. Richards 1330 Portage Avenue Winnipeg Manitoba R3G 0V6 Phone: 786-2461

Competitions are open to all voice and instrumental students in Manitoba. For further information contact the above.

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To Major					
612 142 026	MAJ	BEZTILNY	M.	01 OCT 81	2 PPCLI
To Captain					
447 282 039	CAPT	JEROME	P.M.	17 SEPT 81	2 PPCLI
To Lieutenant					
465 450 765	LT	REYENGA	R.D.	02 OCT 81	ATL WPG
249 129 644	LT	LATOUCHE	M.	06 OCT 81	ATL WPG
To Master Warrant Officer					
707 833 570	MWO	SMELTZER	D.A.	06 OCT 81	1 CEU
611 172 263	MWO	BOYLE	L.E.	23 SEPT 81	AIR COMM
To Warrant Officer					
616 826 897	WO	COOKE	R.V.	01 SEPT 81	2 PPCLI
To Sergeant					
106 789 449	SGT	SWAN	K.C.	04 SEPT 81	3 RSU
460 074 057	SGT	POWELL	J.P.	13 SEPT 81	2 PPCLI
104 121 033	SGT	JONES	R.F.	08 SEPT 81	429 COMP SQN
710 381 815	SGT	MUYRES	R.H.	22 SEPT 81	2 PPCLI
447 584 707	SGT	O'CONNOR	L.R.	22 SEPT 81	2 PPCLI
431 405 356	SGT	BARR	E.D.	13 SEPT 81	2 PPCLI
108 110 552	SGT	BONIN	J.W.	13 SEPT 81	22 PPCLI
419 528 690	SGT	RIDOUT	D.I.	13 SEPT 81	22 PPCLI
618 666 978	SGT	THOMPSON		14 SEPT 81	2 PPCLI
To Sergeant/AL					
707 994 513	SGT/AL	DAHL	D.D.	09 SEPT 81	3 RSU
708 563 465	SGT/AL	THOMPSON	T.A.	31 OCT 81	BPSVCS
To Master Corporal					
105 860 431	MCPL	HAMILTION	M.T.	21 SEPT 81	BPFP
108 253 428	MCPL	McGINLEY	J.A.	01 SEPT 81	BSUP
431 563 634	MCPL	CAMPBELL	H.R.	31 AUG 81	BFOODS
To Master Corporal/AL					
235 025 798	MCPL/AL	MERCER	D.A.	08 SEPT 81	2 PPCLI
626 102 453	MCPL/AL	BEKUS	B.S.	19 OCT 81	BAMEO
620 012 245	MCPL/AL	CHUNN	R.K.	14 OCT 81	733 COMM SQN
To Corporal					
621 175 694	CPL	SQUIRES	W.J.	30 MAR 81	BAMEO
464 004 712	CPL	McLELLAN	S.R.	16 SEP 81	2 PPCLI
462 859 141	CPL	ROYO	J.A.	16 SEP 81	2 PPCLI
244 143 541	CPL	CIESLUK	K.E.	14 OCT 81	3 RSU
469 882 070	CPL	COLES	R.D.	21 SEP 81	2 PPCLI
458 051 380	CPL	MADDESS	B.L.	24 SEP 81	2 PPCLI
462 894 429	CPL	DAGENOVA	P.T.	16 SEP 81	2 PPCLI
461 687 691	CPL	KINGSHOTT	P.D.	16 SEP 81	2 PPCLI
461 190 746	CPL	BARNBROOK	M.J.	16 SEP 81	2 PPCLI
465 888 691	CPL	GEBHART	C.I.	14 OCT 81	BASE SUPPLY
625 680 376	CPL	HIGHAM	G.H.	27 OCT 81	BAMEO
467 595 252	CPL	STEINMAR	I.R.	30 SEP 81	2 PPCLI
To Corporal/AL					
456 470 814	CPL/AL	SPEAKMAN	G.A.	21 OCT 81	2 PPCLI

Safe Driving Week

(By WO P.E. Morrow)

Canada Safety Council's National Safe Driving Week campaign is now into its twenty-sixth year.

The success of this campaign stems from the support of industry, governments, police, unions, service clubs, women's groups and individual concerned citizens like yourself.

The purpose of Safe Driving Week is to alert Canadians everywhere that the risk of death or injury from traffic accidents is still a horrendous social problem in Canada.

While traffic fatalities in 1980 were reduced by a significant figure of 7% from the 1979 figure of 5,839 the problem is still much in evidence.

Certainly the loss of over 5,000 lives in one year from any other single cause would be regarded as a major national disaster.

Figures from the Manitoba Motor Vehicles Branch strike even closer to home. The accidents in the Prov-

ince of Manitoba for 1980 totalled 36,964, of these 156 were fatal, 7,787 were non-fatal and 29,021 involved traffic related property damage. We can even break these figures down further with the total victims being involved in these accidents being 11,115 with 175 regarded as fatal and 10,940 received injuries of varying degrees.

The Canada Safety Council is launching its new safe driving TIPS (Traffic Injury Prevention Series) during this Safe Driving Week campaign. The first three TIPS pamphlets deal with Alcohol Abuse and Driving, Stress and Driving and thirdly Wearing of Seat Belts. All will be designed to keep drivers and pedestrians aware of their responsibilities with the safety of themselves and others uppermost in their minds.

Take a TIP — don't allow yourself to be impaired, tense or unbelted drivers.

HOW TO MAKE THE MOST OF DAILY INTEREST.

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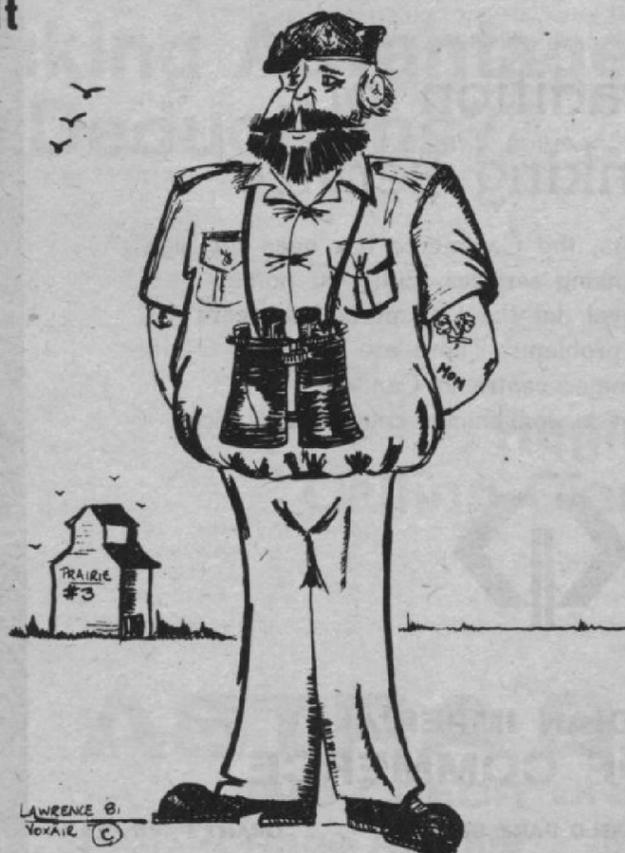
CANADIAN IMPERIAL BANK OF COMMERCE

COUNT ON THE COMMERCE.

There's No Life Like It

by Terry Lawrence

I'm happy, I'm a sailor
Fully trained to sail a boat.
The reason I'm so happy is
I don't ever go afloat.
Since the time of integration
I think service life is grand;
I got myself a billet
Fifteen hundred miles inland!



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Pictured above is MCPL Coleen Southwood getting her MCPL rank badges pinned on by Mr. Paul Kowal, Commandant CFSMET (left); assisted by CWO Moe Blais, the new School Warrant Officer.

"Met School Personality"

MCPL Coleen Southwood is what may be called an endangered species in the Met Tech trade. During the past 30 years, several hundred females served in the Met Tech trade in the RCAP and the CF. In the mid-fifties and throughout the sixties, just about every Canadian Forces Weather Office in Canada and overseas had its fair share of female Met Techs. With unification, the Met trade has changed drastically, with increased requirements for Met Techs to serve at sea and with field units; therefore, the trade was closed to females in the mid-seventies. Since that time their ranks have dwindled to the point that today there are only approximately eight females left in the trade.

Therefore, it is only fitting that

we share with you one of our rare birds, before she goes the way of the Dodo bird, and becomes extinct.

MCPL Coleen Southwood (née Totton) was raised on a farm near Coronach, (south of Moose Jaw), Saskatchewan. She enlisted in the CF in Saskatoon in August 1973. Coleen attended her TQ3 course at the School of Meteorology at CFB Trenton in October 1973 and on graduation was posted to CFB Petawawa. She was probably the first female Met Tech to be posted to a Land base. Whatever happened at Petawawa, we're not sure, but the fact that she remained there for 3½ years indicates that females are capable of working in various environments. While in Petawawa she must have learned well the ways of the

soldiers for today Coleen is a fully trained "killer" as a member of the Base Defence Force.

Following her tour at Petawawa she was posted to CFB Portage la Prairie, where she was promoted to CPL in Sep 77. In October of 1979, she was posted to CFSMET, to work in the Communications section, a support function to the trade courses given at the School. During the past two years, Coleen carried out her duties so well, that she was elevated to the position of instructor in May 81.

Today, we find MCPL Southwood busy teaching our TQ3 course currently in residence. We wish her well and hopefully Coleen will stick around for a long time and not go the way of the Dodo.

Aerospace Reports

It's incredible how quiet it can get around the school when Big Don's away. Mind you, the fact that he took twenty people with him may have had something to do with it. Not only was ASC on tour but SANC was also enjoying a brief sojourn in Ottawa. The "loneliness of command" was rapidly taking on a new meaning for Mike Ryan.

The staff that was left behind contemplated their lesson plans and kept active with sports. The three hockey players, Brian Handley, Rick Savage and Stu Morthole made out all right but, the Hammer had to content himself with paper squash and office basketball. Rick and Stu are new comers to the hockey team this year. On the ice, the opposition marvelled at how much territory Rick could cover and, were suitably impressed with Stu's tenacity. It took them nearly a whole period to realize that Stu's skates were actually frozen to the blue line.

The ASC certainly managed to have fine weather for their OPS Tour. While they basked in the sunny climes of the far east, we discovered the magic of natural gas. Yes, snow made life exciting here but, the tour had its memorable moments too, some even mentionable.

Standby item 1: Being a bit leery of flying, good old Watts-his-name had a little trouble getting back on the aircraft in Ottawa. Item 2: In Halifax, two senior staff members decided to teach the courier of the day a lesson in security. When the courier left the ship which they were visiting, the aforementioned staff insinuated the bag onto the bus without informing the courier. Fortunately the courier realized what had happened; unfortunately for the staff, he had been invited to remain on the ship. As a result two staff members were left unexpectedly "holding the bag" for TGIF.

Item 3: For dinner at Greenwood, the welcoming committee had a little difficulty discerning the players without a proper seating plan. So it was back onto the bus for a kilt change. Item 4: To pass the droning hours transiting in a Hercules, people read or play cards, the favorite game is bridge, however, if bids are not to Don's liking, it may cause irritating sparks.

As I mentioned, good weather followed the tour and it looks like they brought it back upon their return. Everyone is enjoying the sunshine except Stu Lawrie who is complaining that the bright light is interfering with his night vision in the Dungeon. Looks like Al Kohli's supremacy of the game is in serious jeopardy.

In a diabolical plot to make education entertaining, Rick Savage scheduled three hours of his Astro-nautics course at the Winnipeg Planetarium. The staff, course members and wives all thank Roger Woloshyn and the staff of the planetarium for the enlightening program on the Voyager Two space probe.

On the entertainment scene: Lloyd Lovatt is busy organizing a games night for Saturday 21, November. Come at 1900 to the Officers' Mess and dress casual. This will be SANC's last weekend to get even with the staff. Noel Funge has agreed to referee a game of crud since he feels no bias and tends to have the closest view of the playing surface. Stu Gallagher, in a valiant attempt to understand the finer points of football, has decided to host a stag beer function for Canada's version of the FA cup final, on the 22nd of November. On the last weekend in November there will be a true grit Western Night at the Officers' Mess. The Air Navigation School's Christmas party will be held in the Reserve Officers' Mess on the 5th of December.

Bops Talks Base Defenders

(R.A. Nichols, CAPT)

Section Heads relax — the Fighting Fit Base Defenders have finally curbed their urges to race to work at the crack of dawn and defend our vital positions to the very last shiver (its been cooooool this month).

The BDF yearly requalification is now complete. Each platoon was recalled in the early house, issued their equipment and deployed to their vital points. Once in position, individual members were refamiliarized with their tasks and given an opportunity to test procedures. Members were encouraged to play it for real and challenge anyone who wasn't recognized through personal recognition.

My rules are "if we gotta do it, let's do it right" and the guards at Building 86 get full marks for a very smart performance. Likewise, 6 Section 2 Platoon gets full marks for their rendition of "how to handle a suspicious person" and there is no truth to the rumor that the BDPO, after being spread eagled and searched for the second time in six months, forgot the password.

After Vital Point duty, the Defenders boarded buses for St. Charles where their proficiency with weapons was reconfirmed. Everyone seemed to enjoy the fresh invigorating air, the delightful gastronomic delicacies from the kitchen and the opportunity to lay down on the job at full pay. 5 Platoon had even more fun with their gas drills. Some members proved again that the gas mask can indeed be put on quickly with

the head protruding through an ear hole.

All in all it was a fine training programme, all but a shade on the cool side. My thanks to the Section Heads who provided the manpower and to the individuals who gave it their best shot. Next . . . Nuclear Accident Response.

(By WO D. Massicotte)

Once again, like every year, winter is on its way. The best way to prepare ourselves for this time of the year is to look back on what has happened in the past.

For Winnipeg and area, our average winter snowfall for November til the end of April is 131.2 cm. Last year for those of us who were here, we can recall having only 72.5 cm of snow to shovel.

As we have already noticed, our temperature does drop below freezing in Sunny Manitoba. By the end of November, our normal maximum temperature is -7°C and normal minimum -16°C. Still quite warm! However, comes New Years Eve and it's time to go out and celebrate, the temperature on the average will reach -17°C by midday and drop to -23°C overnight. By the end of January, the mercury seems quite contented to reach a high of -22°C with a low reading of -24°C.

If you think this is cold, wait until you see my statistics for February! You'll be thankful it's a short month. (Our BMETO, Mr. Joe Zawatsky, is planning to head south during that month!)

Until the next time, keep your mitts and shovel handy!

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On the 16 Oct 1981, 733 COMMSQN was visited by BGEN Harrison Commander of the Canadian Forces Communication Command. On this occasion, BGEN Harrison presented various awards to members of his command.

Photo L to R: Mrs. Lylyk, SGT Lylyk, BGEN Harrison

SGT Lylyk received the CFCC Commander's Commendation Scroll for his leadership qualities in saving the Transmitter Site at Headingly during a serious Prairie grass fire on the 6 May 1980. During the height of a widespread grass fire, fanned by high winds that endangered the Transmitter building, and with the possibility of the fire exploding a large diesel fuel tank, SGT Lylyk utilized his experience and self discipline by directing his subordinates in a very professional and expedient manner and they in turn reacted without hesitation or question. SGT Lylyk made the logical sequence of necessary telephone calls from a smoke filled room and continued to calmly direct and supervise a flurry of activity until the fire was contained. He utilized Military Police, City Police, civilians and CE personnel to the best advantage and did not hesitate to render assistance himself which no doubt prevented the possible loss of the building and did reduce the overall damage.



PARACHUTE TRAINING — Private Ian Wall, 21, of Brampton, Ont., practises techniques on a landing swing during parachute training at the Canadian Airborne Centre, Canadian Forces Base Edmonton.

Son of Mr. and Mrs. Douglas Wall, 4 Adele Court, Brampton, he is a member of the 2nd Battalion Princess Patricia's Canadian Light Infantry, Winnipeg and is one of 40 soldiers now undergoing training here.

(Canadian Forces Photo by SGT. D.J. Mah)

You're Invited

A Free Seminar

Personal Income Tax "Are You Taking Advantage Of Your Deductions?"

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Chartered Accountant
Sill, Streuber, Fiske & Co.
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SNACK SUGGESTIONS

Hors d'oeuvres - Canapes - Fancy Sandwiches (Average 4 or 5 per person)	\$2.00/person
Assorted Quartered Sandwiches (on tray)	\$3.25/dozen
Submarine Sandwiches	\$1.40/each
Gourmet Cheese Tray	\$23.00/each
Snack Trays - 4 cuts meat, cheese, pickles, rye bread, and butter (serves 12)	\$18.50/tray
Cole Slaw - Tossed Salad - Potatoe Salad - Macaroni Salad	.50/serving
Paprika or Devilled Eggs (halved) \$3.00 dozen or	\$15.00/tray
Clam Chowder or Chili Con Carne and rye bread (serves 12)	\$20.00/gallon
Coffee - 30¢ a cup	

COLD BUFFET

"A" — \$4.50

- 3 Cold Cuts
- Potatoe Salad
- Cole Slaw
- Dill Pickles
- Celery
- Rye Bread & Butter
- Coffee

"B" — \$5.00

- 4 Cold Cuts
- Potato Salad
- Cole Slaw
- Macaroni Salad
- Celery - Pickles
- Tomato Slices - Green Onions
- Bean Salad
- Rye Bread & Butter
- Coffee

"C" — \$5.75

- Sliced Turkey - Beef — Ham
- Bean Salad Pickles
- Cole Slaw
- Tomato Slices
- Celery
- Olives
- Rye Bread & Butter
- Coffee
- Potato Salad
- Macaroni Salad
- Green Onions
- Cubed Cheese

Served with disposable plates, plastic ware and napkins

INDIVIDUAL COLD PLATES — Served on 10½" disposable plate.

- | | |
|--|-------------|
| D. 3 Cold Cuts, Potato Salad, Cole Slaw, Pickles, Boiled Egg, Coffee, Bread & Butter | \$4.50 each |
| E. 4 Cold Cuts, Potato Salad, Cole Slaw, Bean Salad, Boiled Egg | \$5.00 each |

HOT BUFFETS — DINNER SUGGESTIONS

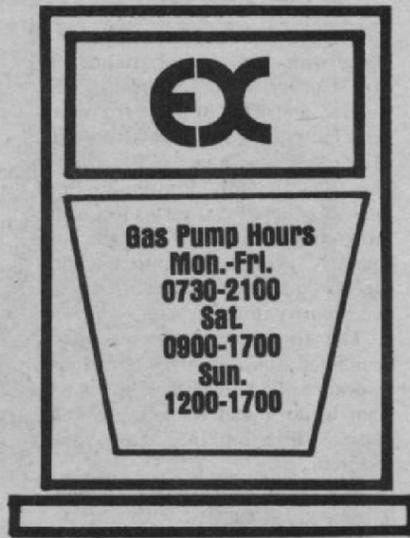
- | | |
|---|--------|
| 1. Sloppy Joes, Bun, Chili, Macaroni Salad, Cole Slaw, (or Chili Burger - add 40¢) | \$3.00 |
| 2. Spagetti & Meat Sauce, Dills Garlic Bread, Rolls (Meat Balls - add 75¢) | \$3.25 |
| 3. Chili & Sausages, Cole Slaw, Macaroni Salad, Rolls or Rye Bread | \$3.25 |
| 4. (A) Smokies, Sauerkraut, Mashed Potatoes, Pickles, Rye Bread | \$4.00 |
| (B) Smokies, Pork & Beans, Mashed Potatoes, Cole Slaw, Rolls | \$3.75 |
| 5. Salisbury Steak, Mashed Potatoes, Gravy, Vegetables, Cole Slaw, Rolls | \$4.25 |
| 6. Hot Beef Sandwich(or Turkey Hamburg) Mashed Potatoes Gravy Vegetables | \$4.25 |
| 7. Meat Loaf & Mushroom Gravy, Mashed Potatoes, Cole Slaw | \$4.00 |
| 8. Chicken Deep Fried, Potato Logs, Vegetables, Cole Slaw, Rolls | \$3.75 |
| 9. BB-Q Chicken, Sweet-N-Sour Ribs, Fried Rice, Cole Slaw, Rolls, Coffee | \$4.75 |
| 10. Rib Eye Steak (6-8 oz) Mashed Potatoes, Gravy, Vegetables, Cole Slaw, Rolls, Coffee | \$6.00 |
| 11. Swiss Steak, Mashed Potatoes, Vegetables, Cole Slaw, Rolls, Dessert, Coffee | \$6.00 |
| 12. Roast Turkey, Dressing, Mashed Potatoes, Gravy, Vegetables, Cranberry Sauce, Cole Slaw, Rolls, Dessert, Coffee | \$6.25 |
| 13. Hip or Beef, Mashed Potatoes, Gravy, Vegetables, Cole Slaw, Rolls, Dessert, Coffee | \$6.75 |
| 14. Baked Virginia Ham, Sauce, Potatoes Vegetables, Cole Slaw, Rolls, Dessert, Coffee | \$6.75 |
| 15. Weiner Schnitzel (Breaded Choice Veal) Mashed Potatoes, Gravy, Vegetables, Cole Slaw, Dessert, Coffee | \$7.00 |
| 16. Super Smorg - Sweet-N-Sour Ribs, Meat Balls, Fried Rice, Chop Suey, Cold Cuts, Potato Salad
Bean Salad, Tossed Salad, Cole Slaw, Jello Moulds, Rolls, Coffee | \$7.25 |

Desserts (where indicated) choice of Jello or Ice Cream if desired and not indicated, add 50¢ per serving

Table Service - if desired add 75¢ per person

Any hot meals under 50 people add 25¢ per person

PRICES: Subject to change without notice



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Engine Anti Freeze 775 (REG 8.25)

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12-19 NOV

THIS WEEK'S SPECIALS AT YOUR MINIMART

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Jello 3 oz Box 41¢ (REG .51)

Shake & Bake 99¢ (REG 1.19)

NOV 15

New MINIMART hours now include Sunday from 1200-1700

DOOR OPENER Special

Pop Shoppe Pick A Pop 349 (REG 3.99)

HELP WANTED

PART TIME HELP IS NEEDED TO WORK EVENINGS AND WEEKENDS 10-20 HOURS PER WEEK APPLY MR. PAUL QUINN AT THE BX SERVICE STATION OR CALL 832-1131 ext 620

WESTWIN COMMUNITY ACTIVITIES

(by John Tarrant)

The Westwin Community Council members are now busy planning and organizing the Christmas and winter activities.

Two firm activities are:

Annual Children's Christmas Party:

Date: Saturday, Dec 19th

Time: 9 A.M. to 11 A.M.

Place: Building 21

Age: 12 years and younger

Special Guest: Santa Claus

Annual PMQ Christmas

Decorating Contest:

1st Prize: \$50.00

2nd Prize: \$25.00

3rd Prize: \$15.00

Judging will take place December 21 to 23. This is a good chance to make our community a little cheerier and brighter during Christmas and maybe win a few dollars at the same time. Participate!

Still in the planning stages is the operating of the outdoor rink located

near the chapels. Watch this little column for further details.

Plans are also underway for the annual winter family day. Looks like January is the month and several activities are planned for full Westwin Community family participation. We may need your assistance so say "Yes", if we give you a call.

Thrift Shop

The Thrift Shop is located in the recreation centre and operating hours are:

Tues: 7:00 - 9:00 P.M.

Wed: 6:30 - 8:30 P.M.

Thurs: 1:30 - 3:30 p.m., PLUS

1st Saturday of every month 1:30 - 3:30 P.M.

The Thrift Shop co-ordinator, Barb Whalen (889-6788) advises that there is presently a very good selection of skates available. Seasonal clothing would be most welcome at this time if you want to drop it off.

Are You Aware?

(A.T. Malcolm, BDEC)

Tobacco continues to constitute one of the major health hazards to our society. The following article, written by Stanley R. Mohler, M.D. for "Aviation Medical Bulletin", describes the effects of nicotine on the human body and includes a forthright explanation of the addiction process.

The Surgeon General of the United States has stated that cigarette smoking is now the single most preventable cause of death. A two-pack-a-day cigarette smoker from the age of 30 will live 8½ years less than the non-smoker.

Cigarette smoking is an addiction. Cigarette smokers are addicted to nicotine and develop a life-style oriented around the availability of their next "fix". This is necessary in order that the developing withdrawal symptoms do not become too uncomfortable. For the addict's life — whether the addicting substance

is alcohol, opium, morphine, codeine, heroin, demerol, barbiturate, or any other addicting substance — becomes primarily accommodated to the availability of the next dose. All of an addict's activities are subordinated to this concern — the absence of that "essential" substance, without which life appears virtually unbearable.

The nicotine addict has virtually converted himself or herself into three different persons: First, there is the "high" person, chemically modified in mood, experiencing the subjective sensation of lessened fatigue. A degree of euphoria may also exist. Second, there is the chemically "withdrawing" person, moving toward ordinary feelings, but with the awareness that thought processes don't seem to form as easily as when he was high. There is also the consciousness of fatigue. Third, there is the person whose withdrawal discomfort begins to become acutely

Babysitters

The Fire Prevention Section, along with the able assistance of Mrs. Cooper, CPL Babineau, PTE Carrier, and PTE Briggins from the Base Hospital, CPL Deroy from the Military Police, and MCPL Beau-lieu from the Fire Prevention Bureau, conducted two very successful Babysitters Courses. These courses consisted of fire prevention, child care, child behaviour, basic first aid, and security in the home.

The thirty-one teenagers who completed these courses are your assurance of a babysitter who knows what to do if and when a problem arises while looking after your children.

The successful students named below were presented with a graduate diploma. We all wish the students success in their babysitting duties.

Gord Rempel; Jodie Meers; Bev Macyszyn; Kim Boughner; Chrissy Kazmierczak; Cathy Swegman; Kim Swerferger; Lynn Carrey; Donna Joss; Sandy Porteous; Jack McGinley; Robin Sinclair; Larry Sinclair; Kathy Dowle; Chris Grimshaw; Sonya Thompson; Sandra Taggart; Donna Smith; Monique Melanson; Illyana Vermeersch; Colleen Sidoryk; Tricia Brennan; Joanna Rennicks; Frank Baker; Tara Gauthier; Ian Arentt; Melody Drury; Leslie Dobie; Suzanne Rennicks; Ann-Marie Kozlik; Yvonne Dreger.

REMEMBER: Don't trust your children with "LADY LUCK", hire a qualified babysitter.

The next Babysitter's Course will be conducted in late January 1982. If you would like to register please phone the Babysitter Co-ordinator, Ann Campeau, telephone number 888-9887.

Book Review

BUT THIS IS OUR WAR
(by Grace Morris Craig)
University of Toronto Press
148 pages, \$14.95
with photographs
Review by Edmund Gavin

The author is ninety and, with the aid of wartime letters and her diary, tells the story of her family and friends during the era encompassing the Great War. The impact of the war is told clearly and, it at first appears, almost without emotion.

Without emotion, that is, until the reader is turned back in time by the letters of the family sons and friends: These letters, some from the muddy trenches of Flanders, show respect for the feelings of others by what is not written rather than what is. Censorship did not enforce the restraint of expression of fear and horror any more than that of love. The love is there, nevertheless, underlying the written concern.

Open demonstrations of emotion during the time the book covers were usually limited to patriotism. Even that was subdued. If men could keep a stiff upper lip while marching off to and suffering in a war, then the womenfolk could do no less.

That the Morris family of Pembroke, Ontario was upper middle class with advantages more than most did not make their joy any greater or their tragedy any less. As a small part of the Canadian community they remain representative of all those who suffered from the thrust of the 'war to end all wars.'

Mrs. Craig states that she began to write to tell her grandchildren about the Great War. At a time when most writings of war are concerned with statistics and geopolitics, her words of understated suffering and loss should be widely read.

GAVIN'S COLUMN

Being a dedicated do-it-yourselfer with all the usual ineptness that comes with a tool kit that consists of three screwdrivers (one bent), one pair of pliers (have you ever seen a single plier?), a partially clawed hammer, and other aids to man, I decided to insulate the ceiling of the family household.

Insulating should be easy, I reckoned, it certainly doesn't look heavy on those TV commercials and it doesn't require any tools. You just have to lay it on the old stuff already in the attic. So I ordered eighteen bags.

They were delivered nine bags at a time by some idiot who dumped them in the back yard. The word idiot did not occur to me until I was lugging the ninth bag into the house. The bag that contains the batts is smooth plastic. There is no handle. A light drizzle was falling. Smooth plastic is slippery when wet.

The average was three drops and one trip per bag before they were all inside. Then Gerry (that's the better half) started complaining. There would be no dinner until those bags were out of the kitchen.

The old planning cap was put on and it was decided that to reduce the amount of carrying, the insulation should be put in the attic right away. Even before dinner. It was Gerry's planning cap.

The ladder had to be brought up from the basement. It had to be slipped across the bags to the hallway. I walked around the house and came in the front door. Smart! The ladder wouldn't fit in the closet that had the trap door to the attic. Dumb!

Finally, after taking down two shelves full of purses, hats, and 'don't-drop-thats' and removing all the wife's clothes from the hanger rod, I got up and opened the trap door. So far so good, I panted.

The plastic skidded nicely along the rug to the bedroom and was then dry enough to lift. The bag would not go through the hole in the ceiling. The ladder was moved to one side and again I lifted. Aha! Now the bag slid easily through. Success, I smiled.

But then I realized that I was standing there holding a bag of insulation halfway through the ceiling. I couldn't push any higher. Perspiration began to trickle. Balancing on one foot, I reached out with the other for the step ladder. It tipped and the bag and I joined it on the floor.

A short period of censorship occurred until the bag was balanced on my head and both hands got the ladder close enough to climb. In only seven minutes the bag was through

the hole and lying on its side between two uprights. It was stuck.

Saying nothing to Gerry, I skidded the other eight bags down the hall into the spare bedroom. After all, meals should be eaten on time. Particularly since there was a hockey game on the boob tube that evening.

As all you regular seven readers have anticipated, Gerry discovered the insulation in its new location and the two shelves and all her clothes all over our bed. Back up the ladder I went.

That bag was really stuck. If you have ever seen pre-built trusses or whatever they are called, you know how many uprights and downwings there are. They are designed to keep anyone from moving around an attic with anything like alacrity. Balancing on the edge of a two inch board trying to move the bag without stepping through the ceiling was frightening.

Using the old brain, I sneaked out to the kitchen and snatched Gerry's best paring knife (the one with the handle) and prepared to free those pink batts from their imprisonment. It was reasonable to assume one batt would be easier to move than a stuck bag.

When I finally slit the bag all around the packed insulation took a deep breath sideways. It was stuck. One portion of our attic is insulated better than any other and it will remain so until the end of time.

Three more bags were squeezed through and placed in a more workable spot before exhaustion crept in. And I still had to unload the bed!

The other nice bags arrived a week later and joined the five already in the spare bedroom. In the interim six days I had managed to release and spread the three bags already up above. It looks like my winter's work was sitting in that room down the hall. Little did I know that salvation was around the corner.

Saturday I determined I would get two bags done. As I was perparing myself mentally to climb the ladder of anguish a friendly nineteen year old acquaintance arrived, complete with flexible muscles. And an amused glint in his eye.

He advised that daughter's boy friend and another young fellow would soon be on the scene. Apparently word had got around that Ed had started another project. It took them an hour and one half and they were finished. They would have been finished sooner, they claimed, but they had to keep asking to get out of the way.

Voxair Dates

Deadline Dates

17 Nov 81
8 Dec 81

Publishing Dates

25 Nov 81
16 Dec 81

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Base Personal Take A Giant Step



"BUTT OUT" (Quit Smoking for Good) is a new Smoking cessation program being developed for the Department of National Defense. The BUTT OUT quit smoking program is intended to provide a framework for Department of National Defense personnel to quit smoking and stay off, once they have made the decision to try. The personnel pictured above (Top Row L to R), WO Joe Currie, MAJ Gerry Lavoie, WO Tom Lynch, PTE Rose Hamilton, and MCPL Jim McNabb, (Seated L to R), Jacki Gallagher, Donna McGinley and Janet Hornsby, have made the decision and are presently attending the "BUTT OUT" program on base and working very hard at learning to be Non-Smokers.

Old Idea To Conserve Energy

Those slow moving ceiling fans you see in old Humphrey Bogart movies were there for a purpose. They make a big difference in room comfort if you're living in the tropics.

But the same kind of fan also has an important application in our considerably colder climate. In certain types of buildings the air circulation these fans provide results in energy savings and other distinct advantages. Quite a number of commercial buildings across Canada have already installed them for improved temperature and environmental control.

There have been very good indications to date that installation of the ceiling fan contributed to improved energy use because more

efficient use was made of heat that normally accumulates at the ceiling. Where this happens there may be as much as 20 degree temperature difference between floor and ceiling. In high ceiling buildings, the fans keep air in circulation and prevent air stratification which normally occurs in this type of building.

This stratification of air actually led to complaints about uncomfortable working conditions on equipment maintenance at floor level by workmen. When fans were installed and operating the temperature differential disappeared and so did the complaints.

In addition to energy saving, it was also observed that continuous air

movement caused by the fans through the hotter summer months contributed much to building comfort as is the case in tropical installation.

The positive results of using ceiling fans in high ceiling buildings has been accepted by DND as a good energy-saving device. To that end, the BCEO's project of installing fans in appropriate buildings is well underway, with work being completed in P2 Base Supply, P6 Base Maintenance Land, Hanger 16, Minto Armoury and nearing completion in Bldg 90 Rec Centre. Once again, the BCEO is involved in an energy conservation project and let's all "HELP GEORGE DO IT."

SERVICEMAN'S NOON HOUR BOWLING LEAGUE

Those servicewoman who are interested in participating in a noon hour bowling league are to contact the Recreation Centre, Corporal Michaud, local 511. The aim of this league is to prepare a Base team for the Regionals.

BASE CERAMICS

Base Ceramics Club will start operations on 02 Nov 81 and will be open every Monday and Thursday evenings from 1900 to 2000 hours. Anyone wishing to join, please show up at the Club, Bldg 18, any night we are open.



UNDER 29 NOW IS THE TIME

Just a reminder if you're 29 years and under, in the military. The 1.5 mile run is just around the corner and it's time to start training.

Help George Do It!

- CONSERVING ENERGY IS EVERYONES' RESPONSIBILITY.
- HELP PROMOTE ENERGY SAVINGS DURING "ENERGY AWARENESS WEEK" 16-20 NOV 81.
- LOOK FOR THE "HELP GEORGE DO IT" POST AND POEM CONTEST — DETAILS AVAILABLE SOON FROM YOUR SECTION ENERGY CONSERVATION COMMITTEE REPRESENTATIVE.
- BE A PARTICIPANT IN ENERGY CONSERVATION.
- SUGGEST ENERGY CONSERVATION IDEAS TO YOUR SECTION ENERGY CONSERVATION REPRESENTATIVE.

The above phrase is the theme for our Energy Awareness Week campaign to be held on 16 — 20 November 1981. In conjunction with our motto, we have planned two contests involving all members of the family. First, we have a poster contest for children on the topic "Awareness to Energy Conservation". Second, for the remainder of the family, we have a jingle contest of 25 words or less using the phrase "Help George Do It". Outlined below are the rules governing the contests; the location where entries can be turned in; and the lists of prizes. Lets all join in and make energy awareness an everyday event.

Word Jingle Rules Energy Awareness

1. The Word Jingle, is open to anyone of any age within the Community, and make use of any material they wish.
2. Create a Word Jingle in 25 words or less, beginning with the words "HELP GEORGE DO IT," in regards to Energy Conservation Awareness."
3. The Word Jingle should include the persons name, age, address and telephone number on the back.
4. Completed Word Jingles are to be turned into a committee member at the Hercules Lounge between the hours of four and six (1600 — 1800) hours on Monday 16, and Tuesday 17 November 81.
5. The judging will be done on Thursday evening the 19 November 81, with the presentations of prizes for the best three jingles to be carried out at 1600 hours on the 20th of November, 81 at the Hercules Lounge.
6. Prizes for this contest are as follows:
 - a) Camera Kodak Ektra 200
 - b) Sharp Calculator
 - c) Backgammon w/carrying case

Energy Awareness Poster Rules

1. Open to children up to and including 10 years of age.
2. Draw, paint or sketch a poster of your choice showing an "AWARENESS TO ENERGY CONSERVATION."
3. The posters can be of any size and can be done in paints, crayons, charcoal, etc.
4. Poster title, person's name, age and telephone number to be included on back of poster.
5. Posters to be turned in at Hercules Lounge between the hours of four and six (1600 — 1800) on Mon 16 and Tues 17 Nov 81 to one of the committee members present.
6. Entrants turning in posters will be given complimentary coloring books/posters at that time.
7. Judging will be done Thurs evening 19 Nov with the presentation of prizes to the best three posters submitted on Friday 20 Nov 81, at the Lounge
8. Prizes for this contest are as follows:
 - a) Clay Mates
 - b) Game of Life
 - c) Lite Brite

Conservation Of Heating Fuel

Energy conservation is everyone's concern. In the last few years serious attention has been paid to the dwindling supply of natural resources such as oil or natural gas, and the increased cost of these fuels.

Everyone can do their part to "Help George Do It!" For instance, there are several things that MQ occupants can do to conserve heating fuels, be it oil or gas, and ensure that maximum efficiency is being made of the fuel consumed. Here are some useful hints:

Open the drapes and blinds during daylight hours and close them during the night. This will take advantage of the heat of the sun.

Do not hinder the circulation of warm air by blocking the warm air registers with furniture, drapes, newspaper, etc. This also applies to cold air return registers.

Ensure that all windows including storm windows are properly closed.

Clean air filters monthly during the heating season. Replacement filters for the disposable type used in MQ are available at CE Work Reception Bldg 100.

Occupants can note the colour of the smoke exhausted from the chimney. If the smoke is grey or black, then the furnace is not producing complete combustion and a report should be made to the CE section to have the burner adjusted.

Turn down the thermostat at night and during the day (if the house is unoccupied during the day).



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SPORTS AND RECREATION



BTSO Volleyball

Well it finally happened, the BTSO Volleyball league got underway with a resounding spike.

5 October 1981 will surely go down as a great day in sports history. Through all the serves, bumps and sets one question kept surfacing — why am I doing this to my body?

All joking aside the games were very well played and would seem to indicate that the league will be highly competitive.

RESULTS FROM 5 OCT

COURT #1

Games	1	2	3
BCE	10	15	10
BSup	15	10	15

COURT #2

Games	1	2	3
BTN	15	15	15
BAMEO	6	13	13

FUTURE GAMES

19 Oct	26 Oct
1. BCE vs BAMEO	1. BML vs BCE
2. BML vs BTN	2. BAMEO vs BSup

LEAGUE STANDINGS

	G	W	Pts
BTN	3	3	3
Supply Spikers	3	2	2
BCE	3	1	1
Meindl's Marauders	3	0	0
BML Huskies	0	0	0

Aquatics Westwin Pool

Casual swim hours are as follows:

Monday to Friday 6:00 to 8:00
Saturday 1:00 to 3:00
Sunday 1:00 to 3:00; 8:00 to 10:00

Swim Badges

Swim badges are now on sale for both Lipsett and Westwin pools. Badges are \$7.50 per person or \$25.00 per family, except for military personnel who are required to show their Identification Cards. These badges are a requirement for entry into the pool.

Swim Programmes

Interested in taking Canoeing Level 1, 2 or 3, Moms and Tots, Swim and Trim, Red Cross Instructors, Bronze Medallion or Bronze Cross, military/adult Learn To Swim.

Any question, or information required about Lipsett Hall or Westwin Pools, please call Corporal Debbie Michaud at local 511.

WINNIPEG JETS

Let's get together for a fun night at the Arena. Game vs Edmonton 29 Nov 1981. Discount price \$9.75. For further information contact the Base Physical Education & Recreation Officer, Local 509, 511, 514.

CFB Westwin Badminton Club

We still need some more badminton players. If you have played before - or even if you haven't played before (we provide coaching) - come on out and join us!

Our play nites are:

Sundays in Lipsett Hall 7:00 - 10:30 p.m.

Wednesdays in Westwin Gym 7:00 - 10:30 p.m.

Thursdays in Westwin Gym 8:00 - 10:30 p.m.

Fees: Military personnel and dependants (16 years and over) \$10.00 annual. We provide the birds (free) - you provide the racquet and enthusiasm. There is both recreational and competitive play available, club tournaments and city tournaments. As well, a Manitoba Badminton Association Clinic will be held in October.

It's a great way to have fun, meet your neighbours, and to get in shape. SEE YOU ON THE COURTS!

Further info call Major White 888-4095.

Red Cross/Royal Life Instructor Course

The above course will be held at Lipsett Hall Pool from 19-23 December 1981. Classroom time from 9:00 to 11:00 a.m. and 1:30 to 3:30 p.m. Pool time 11:00 to 1:00 p.m. and 3:30 to 5:30 p.m. daily. For more information please call Corporal Michaud at local 511. Prerequisite must be a Bronze Medallion and a minimum of 16 years. Cost for this course is \$10.00 for military and dependants compared to \$60.00 offered elsewhere.

Gymnasium Booking

MONDAY:	0800-1130	2PPCLI Coy Trg
	1130-1300	Noon Recreation
	1330-1530	2PPCLI Coy Trg
	1530-1630	Base Maintenance
	1630-2300	Ladie Rec/Fitness
TUESDAY	0800-0930	2PPCLI Coy Trg
	0930-1100	Ladies Fitness
	1130-1300	Noon Recreation
	1300-1530	2PPCLI Coy Trg
	1530-1630	Base Supply
	1800-2300	2PPCLI Family Nite
WEDNESDAY:	0800-1130	2PPCLI Coy Trg
	1130-1300	Noon Recreation
	1300-1600	2PPCLI Sports
		(Skills Practise, Trg)
	1800-2300	Ladies Volleyball
THURSDAY	0800-0930	Base Maintenance
	0930-1100	Ladies Fitness
	1130-1300	Noon Recreation
	1300-1630	2PPCLI Coy Trg
	1800-2300	Mens Volleyball
FRIDAY	0800-0930	Base Supply
	0930-1130	Open
	1130-1300	Noon Recreation
	1300-1630	2PPCLI Sports Leagues
	1800-2000	Open Recreation/Ladies Rec/Fitness
SATURDAY	0800-1230	Manitoba Handball Association
	1300-1500	Youth Activities
SUNDAY	0800-1230	Manitoba Handball Association
	1300-1500	Open Recreation
	1800-2300	Base Badminton

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Personal

Personnel interested in forming an Art Club are to contact WO Dale Dirks, local 509. Dale Dirks is a professional artist excelling in all concepts of the art field. He will be offering lessons to adult members of CFB Winnipeg, their dependants and DND employees.

JR Ranks Mixed Dart League require players. We meet every Tuesday night at Club 16. Out of town trips if everyone is interested. End of year banquet, trophies, prizes. Come on out and make a great dart season. Contact Barb Funk 837-6066 or come out any Tuesday at 8 pm.

LIPSETT HALL POOL

2nd Session of Red Cross Swim Lessons

REGISTRATION: Prior to any casual swim period, thru Life Guard on duty.

Casual Swim Hours

MON — FRI : 1800-2000 hrs

SAT : 1300-1500 hrs

SUN : 1300-1500, 1800-2000 hrs

All sessions \$10.00 per student



SWIM BADGES MAY BE PURCHASED THROUGH THE REC CENTRE DURING NORMAL WORKING HOURS
\$7.50 PER PERSON
\$25.00 PER FAMILY

Tue & Thru late afternoon-3 Nov-3 Dec 81

ORANGE LEVEL 4:30-5:00 P.M.

BLUE LEVEL 5:15-6:00 P.M.

Mon & Wed late afternoon-2 Nov- Dec 81

GREY LEVEL 4:15-5:00 P.M.

WHITE LEVEL 5:15-6:00 P.M.

Moms, Dads & Tots

9 NOV-14 DEC MON & WED 10:00-11:00 A.M.

14 NOV-12 DEC SAT 12:00-1:00 P.M. (THIS ONLY \$5.00)

NOTE: CHILDREN MUST NOT BE YOUNGER THAN 6 MOS AND NOT OLDER THAN 6 YEARS. ONLY 2 CHILDREN PER ADULT.



LADIES SLIM & TRIM SWIM CLASSES

9 NOV - 14 DEC - MON & WED

9:30-10:30 A.M. \$10.00

GET SLIM & TRIM FOR THE XMAS SEASON



A good thing

Here's our grand prize winner of a Quasar Information Processor. Shown is Mrs. Wendy Huffman accepting her prize from Mr. Art Chouinard Canex Store Manager while CAPT. DICK HANSON BXO looks on.

Other Canex 13th Birthday Sale Winners:

Reg Williams; Gisele Simmons; A. Slade; Anthony Cox; R. Legare; B. Durand; B. Hutsel; O. Malcomson.

(by CAPT. R.A. "Dick" Hanson)

In this my first column as BXO I would like to touch on the subject of communication. According to the dictionary in my office communication is "a giving or exchanging of information, messages" etc, etc. This is what I consider to be the most important part of my job.

The aim of CANEX is to provide CF personnel and their dependents with the needed goods and services at favourable prices and, through a profit objective, support welfare activities and free-time amenities. My job is to first provide those goods and services at favourable prices and then to tell you so that you can take advantage of them.

At present I am planning to communicate in the following ways. First through the medium of this column which will be a regular feature of the Voxair. In the column I will deal with topics of mutual interest related to CANEX such as service, guarantees and — "profit" which will be the topic of my next column. Also I will answer questions, complaints and/or suggestions as they relate to our CANEX. In addition there will be regular advertising, specials, promotions communicated to you through the Voxair and flyers distributed to your homes and sections so that you will know what we have to offer.

However communication should never be one way. In order to know what kind of job we are doing and how we can better serve you feedback is necessary. My door is always open and you are always welcome to pull up a chair, have a coffee and have at me. If you're too busy or too far away you can always invite me for a coffee. In addition approval has been given to establish a CANEX Customers Advisory Committee. Although all the details aren't finalized it is hoped that this committee will act as a sounding board for customers to ensure that their complaints and or suggestions are acted upon. Details will be promulgated in the Voxair and volunteers will be sought.

I hope that with all of the above channels of communication no one will have to use the words of the warden in Cool Hand Luke — "What we have here is a failure to communicate". If you have a constructive criticism to make or just want to talk about CANEX give me a call at local 580. We probably can't please everyone but we have an obligation to try to please as many as possible.

Westwin Teenalres Dance

The next dance will be held on Friday Nov. 13 at the Hercules Lounge from 8 to 12 p.m. There will be a Committee meeting at 7 p.m. Music by Ted Stefanik.



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Crystal Gayle



(By Barry Sweeney)

What was only hinted at in her previous albums, "Miss The Mississippi" and "These Days", has become a reality in "Hollywood, Tennessee". Expanding from her early country roots in 1970, (I Cried) through the mid-70's cross-over (Somebody Loves You) Crystal has now settled into the pop genre completely.

Certainly no stranger to the pop world, Gayle's "Don't It Make My Brown Eyes Blue" was a number one hit for her, but that one started country and crossed over. If there is any crossing to happen here, it will be the interplay between pop and A/C.

The material in this elpee is a combination of new and updated with high marks going to both. She takes the Bill Withers' chestnut "Lean On Me" and thanks to the deft touches of Allen Reynolds, the instrumentation and production fit Crystal's vocals like a hand in a glove.

Updating the evergreen "Crying In The Rain" with a keyboard and string backing, Crystal's vocal quality has come of age. Although she has made the musical move uptown with the sprightly infectious "Hollywood", her remembrances of

"Tennessee" are showcased in the closing lament. Both tracks are from the pen of veteran writer, Roger Cook.

The instrumentation has been kept to a bare-bones minimum, thus allowing Crystal's vocal interpretation to carry the songs. This works extremely well on her latest single "Woman In Me" and the easy paced "Livin' In These Troubled Times".

If it didn't happen earlier, then this album will cause her to shuck the 'Loretta Lynn little sister' image that stayed with her for so many years.

Safe Driving Week is on 01 to 07 December 81. Base Transport will conduct a Defensive Driving Course for dependents on the 01, 02 and 03 December from 1900 hrs to 2200 hrs each evening. The first twenty dependents who apply will be given the opportunity to attend at no cost to the students. If interested, contact Vehicle Safety office at local 742.

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