

Free

CFANS Update Page 5 Chaplain's Page Page 11 FSC Page 14

> **CFB/BFC Winnipeg** 7 November 1990



Remember N'Oublions Pas

Masters of the Air

High above the field the meadow lark was singing in the morn As the sun breaks o'er the valley a brand new day is born The morning mist is rising as the sun burns off the dew And slowly the buildings and the planes come into view Suddenly there's a flurry of activity all around People running everywhere, the roar of engines shake the ground The Spiffires and the Hurricanes take to the air in threes They skim across the meadow and lift up to clear the trees They've gone to meet the enemy heading for the English shore The odds they face are five to one and sometimes even more It's impossible to stop them all, there's bombers breaking through London Docks their target but anything will do These planes that's falling from the sky, not all are German made We lose some of our own boys during every raid The s/l shouts "They're returning back, we've beat them at their game." Let's head for home and service up, before they come again And come they did, in waves and waves but found they never would Pound Old England in the ground and keep her there for good The brave young that faced them, the warriors of the sky Came from every walk of life, but, by God they sure could fly Then it was all over; they had beat them fair and square The pilots of the Commonwealth were the Masters of the Air

Robert Criggie

This is a poem, dedicated to the Battle of Britain, which was written by Robert Criggie - a member of 500 (City of Winnipeg) Wing. He wrote this peom while watching the Air Show at CFB - Portage La Prairie, this summer.



United Way

Vezina, 1990 Campaign Co-ordinator, the various account coordinators, canvassers and all those involved directly or indirectly with the campaign. Their dedicated and enthusiatic work made all the difference.

A charitable campaign, however, cannot be successful if those canvassed do not respond positively. CFB Winnipeg did respond to the canvassers. It is because of your support and generous contributions that those needing help in Winnipeg will get it. Your donations will make a difference.

On behalf of the United Way of Winnipeg and the thousands of people who benefit from their services, it gives me great pleasure to thank all Base personnel for their support and most generous contri-

The Base goal of \$55,000.00 was not only reached, but exceeded by over \$5,000.00 Such an accomplishment was made possible by the active involvement of hundreds of military and civilian men and wom-

en. I am very appreciative of the time and effort put forth by Maj

In closing, let me say that in light of the current economic situation, the odds against a successful campaign were significant. This makes CFB Winnipeg's contribution to the United Way much more valuable. Once again, on behalf of those you are helping, thank you for your support.



Col H.C. Armstrong, Base Commander

H.C. Armstrong, Col, Comd

butions to this year's campaign.



syndicated columnist



ZZ TOP



THE KIT BAG II TERRY LAWRENCE

I'm a typical military pack-rat. I mean, I've stashed so much good junk through the years I should be qualified as a museum. The neat clean stuff is stowed in various places in the house and falls into the "It will come in handy someday" category. The big stuff, until very recently, was jammed into two yard sheds, but is now bulldozed into history at the city dump.

I trashed an old style bathtub, which was acquired five years ago as a dog bath, but never made it into the house, two floating lounge chairs and we haven't had a pool for three years, and two boxes of motor cycle accessories and parts for bikes we sold years ago!

I found a few things which I had written off and replaced and I discovered lost parts of other things which were scrapped in the past because they were missing parts!

I had a stack of solid oak door casings and trim from an old city house but I'm absolutely useless at carpentry. With all the logic of a born scrounger, I figured I'd use it someday. Without a twinge of remorse I passed it all over the fence to my neighbour, who is an expert carpenter and actually has all the right power tools. I know that my junk wood will be magically transformed into beautiful cabinets and tables worth big bucks. Thank goodness my wife didn't say "how come you can't do

The end results of the weekend activity are a sore back and two sheds with lots of space. Maybe I'll start collecting again...!

The big Oktoberfest in Building 21 was a success — thanks to the efforts of Lt Thistle and her committee. Just a few short days

Simon & Sain

1986's Grammy and American Music Award for Album of the Year. "Graceland" created a storm of controversy mainly because of the cultural boycott that was in effect against South Africa. There was overwhelming support for Simon from around the globe. It was on February 1, 1987, about five months after "Graceland" was released, that Simon launched one of, if not the most controversial tours of the

Paul Simon's "Graceland" won 80s, when he walked on stage in Rotterdam and presented an evening of music from South Africa. Time has proven Paul Simon correct in music and judgement. Now comes "Rhythm of the Saints" (Warner Bros) a set where the lyrical themes range from spiritual to the worldly. with strong overtones of social awareness throughout.

'Graceland" was considered the door-opener in Simon's quest for world music and "Rhythm of the Saints" could well be the set to blow the door off its hinges. Much of the album's style is based on Brazilian foundation with building blocks of African accents, augmented by such stellar musicians as guitarist J.J. Cale, Trumpeter Hugh Masekela and vocalists Ladysmith Black Mambazo. "The Obvious Child" is an obvious winner and other top tracks include "Cool, Cool River", "Spirit Voices", "Born at the Right Time" and the title track "Rhythm of the Saints".

There's no controversy this time around, however, there is an abundance of introspective lyrics, great music and saintly rhythms.

Spinning the 'Top' Recycler Rock

ZZ TOP, that little ol' band from Texas, featuring guitarist Billy Gibbons, bassist Dusty Hill and drummer Frank Beard have just wrapped up their hugely successful Canadian tour in support of their "Recycler" (Warner Bros).

Combining Texas blues and hard rock, the trio are hoping to follow in the same hit route established by "Eliminator" and "Afterburner". The set was given a solid publicity shot when "Doubleback" was included in Michael J. Fox's "Back To The Future III" flick. "Doubleback" is included in "Recycler" but is totally overshadowed by potential mass appeal of "Concrete and Steel", which gives the power trio an opportunity to stretch out, and that stretch could easily translate into huge chart numbers. Other stand-out cuts include the bluesy

"Tell It", the rocking "Give It Up" and the flat-out rocker "Burger Man".

"Recycler" is the band's first album in five years and their tenth overall. ZZ TOP follow their Canadian dates with a special offtour concert at the Cotton Bowl in Dallas to benefit Texas Special Olympics before heading out on a 30-date U.S. tour.

BASE LIBRARY NEW BOOK LIST

The following new books are now available at the Base Library:

Journey Memories of Midnight Message From Nam Scroll of Saggara The Burden of Proof The Women in His Life Tai Chi Handbook Signing Made Easy Baby Play A Baby Is Born

James Michener Sidney Sheldon Danielle Steel Pauline Gedge Scott Turrow Barbara Bradford Herman Krauz Rod Butterworth Pat Petrie Milton Levine, M.D.

The Base Library is open for your use at the following times:

Tuesday Wednesday Thursday Saturday 1-4 p.m.

6-9 p.m. 1-4 p.m. and 6-9 p.m. 6-9 p.m.

Winter's Wrath!!

The bitter chill surmounts! When the winds are sighing! And the leaves are dying! Then I fear - that winter is here! The birds are huddled under the rooftops! Soon to be soaring to migration! The gentle waves of the ocean rock Their lullabye saying goodbye to summer! The first snowflake appears in the air! Tumbling in a downward fashion! As if kissed by crystal! And playing a wicked note! The heavens above seem to freeze! As I rapidly start to sneeze!

by Carolyn Gibson!



BASE RECREATION LIBRARY HOURS

TUES., WED., THURS. 6:00-9:00 p.m.

> WEDNESDAY 1:00-4:00 p.m.

SATURDAYS 1:00-4:00 p.m

New Location 3 Jameswood

ing signs of terminal anxiety but I believe she's recovering nicely Over 500 people were in atten-

before the event, she was show-

dance and only one minor glitch surfaced when it became apparent that some hungry souls had made more than one trip through the food line at the expense of a few who found the cupboard

The band was great, serving up a variety of dance music from traditional Oktoberfest Oompah to Rock & Roll. Two young ladies, billed as Carol and Corrina entertained with songs and yodelling prior to the dance.

To wind things up, the Military Police were offering friendly farewells to departing drivers.

Parents are in for a busy Fall season with Halloween here now and all the high pressure TV ads for Christmas goodies. I have seen Christmas decorations for sale but mercifully have not yet heard any Christmas music.

Our section is already planning details for the Christmas Party, can a blizzard be far behind?

oxair

FOLLOWING THE CANADIAN FORCES

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Remembering The Korean



On 25 June 1950, the forces of North Korea crossed the 38th Parallel into the Republic of Korea (ROK). This marked the beginning of hostilities which were to rage for three full years, and more, throughout the country known to its people as the Land of the Morning Calm. The size of the assault made it clear that this was a full scale invasion;

Five years after the end of the Second World War, Canadians were again at war. Following South Korea's plea to the United Nations for help, the U.N. responded with 26 countries sending forces and aid to repel the communist invasion.

It should be noted that of the countries supporting the United Nations in the Korean War, Canada's was the largest per capita force. Twenty-seven thousand Canadians saw action in Korea. Upwards of 23,000 army, about 3,600 navy, and 100 RCAF pilots, navigators, aircrew and ground support staff represented Canada.

Canada acted quickly. Eleven days after the outbreak of the Korean War, Canada dispatched three Royal Canadian Navy (RCN) destroyers. The three ships arrived in Japan (staging area for UN forces) on 30 July 1950. They were soon readied to join in the battle for the Pusan bridgehead in Korea.

At about the same time the destroyers sailed from Esquaimalt, BC. The Royal Canadian Air Force (RCAF) assembled

Number 426 (Thunderbird) Squadron and began flying between McCord Air Base, Washington, and Japan, then on to Korea. Throughout the Korean War RCAF No 426 squadron ferried troops and supplies to the war zone and returned wounded to North America. On board crew included Canadian nurses.

On 7 August 1950, the Korean crisis deepened. The government of Canada, with support from members of parliament, approved the formation of the Canadian Army Special Force (CASF). The CASF was to be raised and trained as part of the regular army. The new civilian volunteers, many of them veterans of the Second World War, were enrolled for 18 months, or for a further period, if required.

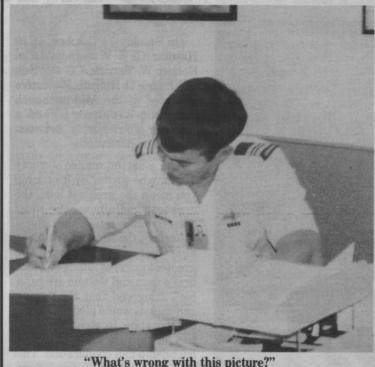
After much movement back and forth across the 38th Parallel, and four million casualties, a truce was signed on 27 July 1953. Of those four million casualties, 1,200 were Canadian wounded or injured and 516 killed in action.

It is for those brave Canadians the Korea Veterans Association of Canada was formed. That, and the need to educate Canadians of the heroic roles played by this country's sons and daughters in the Korean War.

At the time of writing there are 60 units from Victoria to St. John's. Members of K.V.A. have recognized certain facts. One fact is that for several years Canadian cenotaphs and Memorials did not note the Korean War; and the sacrifice Canadian's paid in securing a peace in that far-off land. Recently, post 1980, that oversight has been addressed and many cenotaphs and memorials do now record Canada's participation. More work needs doing before all will be put right.

Another area where the K.V.A. members feel strongly about, is the Korea Book of Remembrance in the Memorial Chamber of the Peace Tower in Ottawa. The book lists 516 war dead. Members of K.V.A. are resolved this outstanding performance will not be forgotten by Canadians.

The Korea Veterans Association of Canada does not glorify war. K.V.A. recognizes, as do **Undercover At**



"What's wrong with this picture?"

are the last of Canada's war vete-

rans. We pray we remain so in

our mid-to-late 50's to early 70's.

We do not wish to see sons and

daughters go off to war. We wish

to be known as the last of a pass-

It is with all of the above in

mind I write for all K.V.A. mem-

bers. We seek your understand-

ing, cooperation and help in our

endeavors to educate Canadians.

are aware that K.V.A. members

are seeking the support of all

Government Officials and Minis-

ters, to support our most recent

cause. After 40 years, the Feder-

al Government has NOT recog-

nized our efforts in Korea and

struck a distinctive Canadian

Volunteer Service Medal. Vete-

rans of previous wars in which

Canada was a participant have

received similar honor, we have

not. We feel it is time this gross

VETERANS ASSOCIATION

OF CANADA INC and of Mani-

toba's Unit #17 is available from

the EDITOR of THE RICE PAD-

DY (our Newsletter) c/o 307

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toba, CANADA, R3J 2A2, 204-

888-4954. Mr Buzz POIRIER CD.

A history of the KOREA

oversight is corrected.

It is possible that by now you

ing breed.

There has been a nasty rumour flying around about pilots - once you get them into a flight suit, you'll never get them back out! This is substantiated by all the whimperings of pilots on parades or with BDO duties, "Do I really have to wear my CF's?!" This reporter was sent undercover to Central Flying School to dispel the fallacy, once and for all.

Some people say a picture is worth a thousand words, while others (pilots?) would say that he's sold out, betrayed them, sullied their hard-earned reputations... you be the judge!

Maybe Staff College left a lasting impression, or maybe Major McLennan is just taking this ground tour too seriously, but the latest pirep just in hints at a new grunt" haircut. Is there anything left to salvage in our beloved pilot?

other veterans associations, that **CFS Promotion** to ignore our history is to repeat Veterans of the Korean War



Maj Jim Fowler, Chief of the Instrument Check Pilot School, was presented with his CD1 on 27 Aug 90.

The Korean Veterans Association

Veterans who organized a reunion at Canadian Forces Base (CFB) Borden, Ontario, on 27 July 1973. The anniversary of the signing of the truce 20 years earlier.

About one year later, at Barrie, Ontario, the first meeting of

Its beginning can be traced to the proposed association was a group of interested Korea War held. The name, KOREA VET-ERANS ASSOCIATION OF CANADA was adopted.

The Association's motto is SERVICE FOR OUR COUNTRY AU SERVICE LE PATRIE

SERVITORENI NOSTRUM PATRIA.



1430 ELLICE AVE. at Arena Rd. 772-7772

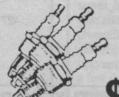


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Middlechurch Visit To 402 Sqn.



Mr. Bartoss and Mr. Whittingham. They sure don't make em like they



LCol R.W. Patrick, CO of 402 Sqn and Mr. Laurie Holgate, Executive Director of the Middlechurch Home of Winnipeg sign the "Charter of Friendship".

On Sunday 14 October, at 10 Hangar CFB Winnipeg, LCol Robert W. Patrick, CO 402 Sqn and Laurie D. Holgate, Executive Director of the Middlechurch Home of Winnipeg signed a "Charter of Friendship" between the two organizations.

The Charter quotes Jeremy Taylor who wrote "By friendship you mean the greatest love, the greatest usefulness, the most open communication, the noblest sufferings, the severest truth, the heartiest counsel, and the greatest union of minds of which brave men and women are capable". It agreed that the two organizations would pledge ongoing collaboration to strengthen the ties of mutual understanding, friendship and cooperation. This Charter has formalized an ongo-

ing exchange of visits that has been occurring over the past

Middlechurch Home of Winnipeg is home to 195 residents, with an average age of 87 years. They receive 24 hour nursing care, 7 days a week. In addition to Personal Care, the Home provides two outreach programs, an Adult Day Program and Respite care which offers short term relief to families of seniors in the community.

During their most recent visit, residents of Middlechurch enjoyed the dance performance of Miss Jillian Currie and the 402 Sqn Pipes and Drums Band. In addition, residents toured both the DASH-8, CC 142, and CT 142. Capt Wayne Joy from CFANS explained the navigation system



of the CT 142, while 402 pilots Capt Brady Aubin, Capt Marcel Belzil and Lt Dave Collette provided cockpit tours of both aircraft.

Sqn members and the residents of Middlechurch then took time out for coffee, cookies, and a chat before the residents boarded their buses for home. A great time was had by all!



The residents of Middlechurch await the afternoon's entertainment.

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f you find mistakes in this publication, please realize that they are there for a purpose. We try to publish something for everyone, and some people are always looking for mistakes!

CFANS Update

Members of Basic Air Navigation Course 8907 are the most recent graduates of CFANS (see photos). Brigadier-General C.R. Thibault, CD, Chief of Staff Personnel and Training, Air Command presented wings to the graduates at ceremonies on 18 Oct 90. After dinner that evening at the Officers' Mess, guests were amused by a hilarious video skit created by the graduating class. It has been suggested that the school should make copies of these grad night tapes, then select the best of each for rebroadcast at future CFANS mess dinners. Rumour has it that the title for this newest secondary duty, the GSTO (Greatest Skits on Tape Officer) belongs to none other than Capt Roy, the publisher of the long awaited CFANS secondary duty list!

The newest and last Basic Air Navigation Course to train on the C130 Hercules aircraft began classes at CFANS on 9 Oct 90. Course 9007 was officially welcomed to the school at a gathering in the Tartan Room of the Officers' Mess on 25 Oct 90. As usual, the newest would-be navigators were heckled as they said a few words about themselves. This tactic is, of course, designed to make our new students immediately feel right at home. One student, an avid rugby player, in an attempt to fend off future advances towards his sister, told the crowd that his sister also played rugby. Using proper rugby terminology he described his sister's position as what in layman's terms is the player in the centre of the front row of scrimmage. Perhaps half the crowd



truly understood the joke.

Finally, staff and students are reminded of the upcoming CFANS mess dinner on 15 Nov 90. Courses 9005 and 9006 have been tasked with providing entertainment at the event. Will they feebly attempt to roast their instructors once again? Many instructors have been charbroiled to death at previous functions, maybe it's time to find some new and unsuspecting targets.



BGen C.R. Thibault, COS Pers & Trng, Air Command, inspects the rank and file on parade at the Course 8907 Graduation Ceremony.

BTN Promotion



Cpl Fleurant, MSE Op, being presented with his promotion to Corporal by Capt Parkinson, A/BTNO.

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(February - June)

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100 Hrs.

INTRODUCTORY DATA PROCESSING 100 Hrs. (Using Microsoft Works) KEYBOARDING

100 Hrs.

(Valuable for anyone using computers)

- 1) All classes run Monday & Wednesday or Tuesday & Thursday 2:45 - 5:00 p.m. Classes begin week of Feb. 11th
- 2) FREE to residents of St. James-Assiniboia SD #2. Non-resident fee - \$220.
- 3) For information or to enroll call Mrs. Lorna Lockhart - 888-0684

Enrol Now for February

STURGEON CREEK HIGH SCHOOL 2665 NESS AVENUE - 888-0684

"A GREAT PLACE TO GROW AND LEARN"



Basic Air Navigation Course 8907. Wings Graduation Ceremony. Back row (L-R) Lts Ian Grant, Eric Hamelin, Gilles Bourgoin and 2Lt Shawn Scantland. Front row (L-R) Lt Gary Chisholm (honour graduate), Col H.C. Armstrong, BGen C.R. Thibault, LCol T.F. Watt and Capt J.A. Watt (course director).

Crash Salvage News

The crash and salvage team conducted their annual fall exercise in mid October this year at Swan lake training camp. Chilly nights and warm days were the setting for this exercise, where members were called upon to test generators, water pumps, chop wood and, of course, clean around the site. At his second exercise, Lt D. Talbot was presented with a priceless "toy" chainsaw to keep his hands off the real ones, so that other members could share the strenuous task of chopping wood. Nevertheless, free time was spent fishing, grouse hunting or just sitting around the camp fire. Overall, the exercise went well and the site is now ready for the upcoming winter exercise. After a few days in the wild, it was with sadness that we departed for the city knowing too well that we'll be back there again...

> Text and Photos by Cpl P. Vaudry



L. to R. Pte P. Durdey, Sgt B. Herde, Cpl Ovellette, Cpl G. Toth



Lt Talbot receiving his toy!



MANITOBA MILITIA

nmander's Message

The Manitoba Militia District is the largest geographical District in Canada, spanning the area from the Saskatchewan border to the shores of Lake Superior.

The Manitoba Militia District consists of 13 separate units operating out of seven armouries.

Here, in Winnipeg, we have the Infantry Regiments of the Royal Winnipeg Rifles and the Queens Own Cameron Highlanders as well as the Fort Garry Horse Armoured Reconnaissance Squadron and the 17th Medical Company and 17th Service Battalion.

To the west we have two Artillery units. The 26th Field Regiment Royal Canadian Artillery is in Brandon and the 13th Field Battery is in Portage La Prairie.

the 21 Engineers Squadron of Flin Flon.

Northwestern Ontario, the home of the 116 Independent Field Battery of Kenora, Ontario, has long been an integral part of the Manitoba Militia District and earlier this year three units from even farther east joined us.

Consolidation has brought the Lake Superior Scottish Regiment, the 18th Service Battalion and the 18 Medical Company of Thunder Bay into the Manitoba Militia District family.

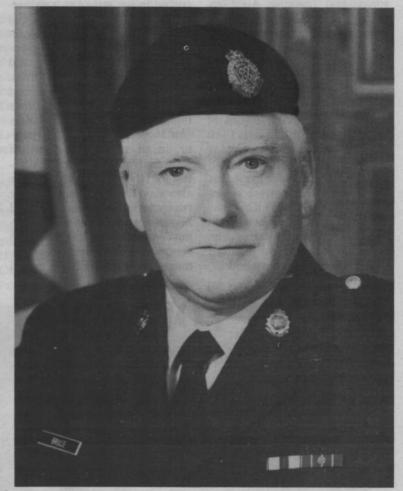
Our primary role is to train Reserve Army soldiers for war, whether it be in Combat Arms or Service Support units. As parttime soldiers we come from all walks of life. Every profession in Manitoba's north is home to our communities, from construc-

tion laborers, police officers, day care workers to university professors, are represented on our parade squares.

With a district of this immense size and diversity, we rely heavily upon our two support bases, CFB Winnipeg and CFB Shilo. They maintain our armouries, our vehicles, weapons and technical equipment as needed.

We are dependent as well on our own regular forces units, the 2nd Battalion PPCLI and the 3RCHA for training support and the use of equipment that is not allotted to the Army Reserve.

All units have submitted an interesting and vigorous training program for the year and I'm certain the 1000 plus members of the militia district will enjoy many stimulating exercises and training sessions in the months ahead.



Colonel Barry Bruce, Commander Manitoba Militia District

CIOR — Success of Summer '90



Capt Mark Pavan (23) of Manitoba Militia District completing the low wire obstacle while training for the 44th Annual CIOR competitions. The reserve officers meet was held this year in Calgary, 22-28th July. Canada's team won the silver medal beating out 37 other teams from the 11 competing countries. France

Capt Mark Pavan, 23 yrs, of Manitoba Militia District won the gold medal for the C-8 Automatic Carbine competition at the 1990 Confederation Interallie des Officiers de Reserves championships. CIOR. The 44th Annual Congress of the CIOR was held this year in Calgary during 22-28 July. Capt Pavan's performance assisted greatly in the Canadian the silver medal. There are two other members on this team. They were - Capt. Richard Clerk and 2Lt Francois Lefebvre. Both are from Quebec.

CIOR is an annual competition with 12 countries taking their **Armed Forces Reserves officers** and then have them compete in military related competitions. It was established in 1948. The first

team placing second overall for competition was held in Brussels, Belgium. The English translation for CIOR is the Interallied Confederation of Reserve Officers. The intention of the organization is to foster an awareness and understanding between reservist officers of associated countries.

The competition involves four basic military trainings. The first competition involves shooting weapons belonging to the host

country. This year, with the competition held in Canada, the competitors fired three types of our firearms. They were:

1) C-8 automatic carbine — fired fully automatic from 25 meters.

2) C-7 rifle - fired from 200 meters in prone precision firing, then prone rapid firing

3) 9mm pistol fired from 25 meters in standing position, precision and rapid firing

The second phase of competition involves a land obstacle course, attacking 25 obstacles (concrete or steel barriers) for a distance of 500 meters. One of these obstacles makes the competitor climb a 20 foot high barrier then throw himself over and land on his hands and knees.

The third phase of competition involves Orienteering - a 12-18km cross country navigational race, daytime, with only a compass, their weapon and

The final phase tests the competitors' water skills while wearing combats (no boots). They have to maneuver through four obstacles during the 50 meter swim.

Capt Pavan first became involved with CIOR in 1987. He arrived unannounced at the trials in St. Jean, Quebec, during that summer. He had heard about the competition and bought his own plane ticket and flew from British Columbia to Quebec. His first trial camp established him as a premier team member for Canada. He has since represented Canada during this annual competition in Copenhagen (Denmark), London (England), Wurtzburg (West Germany) and Calgary in 1990.

Mark currently trains 6 days a week, 2-3 hours a day, with the training concentrated on CIOR type competitions. He is attending the University of Manitoba at the Faculty of Education. He is married and his wife, Ingrid, is a member of the regular Armed Forces. She is a lieutenant attached to the Engineers.

Mark recently received a letter from Lieutenant-General Kent Foster, Commander of Mobile Command. L/Gen Foster congratulated Mark on his gold medal performance in shooting and on the silver medal performance by his team.

The officers and members of Manitoba Militia District offer congratulations to Mark on his outstanding achievement. We are certain that Mark's determination and competitive spirit will soon result in Canada's first team gold medal.

You have got to supply it. Starting this issue of the Voxair we have our own news section. It will deal with current affairs and noteworthy achievements. The message will come from the members of our Militia District. If you are proud of your unit, let us know! If you are proud of your members, let us know!

Each unit has a Unit Information Officer. He is responsible to notify and supply information to the District Public Affairs Officers. There are 2 District Paffo's - 2Lt Mike Lagace and Capt Brian Koshul. Together, they inform you BUT they have to know the story!

Here are your Unit Information Officers:

Royal Winnipeg Rifles Lt M.J. Prendergast 17th Service Battalion WO G.W. Dawkins

17th Medical Company 786-4317 2Lt D. Nairne

786-4349

The Fort Garry Horse Maj. B. Gengalo 589-5338

Queens Own Cameron Highlanders 786-4351 2Lt D. Lowerison Training Garrison - Man Mil Dist 786-4310 Cpl C. Patterson

21st Field Engineers Squadron (Flin Flon) 1-687-4782 Capt. R.K. Gupta

1-687-4782

26th Field Regiment (Brandon) Lt. K. Hrynyk

13th Field Battery (Portage La Prairie) O/Cdt R. Wickler

1-857-5831

116th Field Battery (Kenora) Capt. D. Fraser

1-807-468-6749

Manitoba Militia District -Public Affairs Tuesday and Wednesday evenings 7pm - 10pm 786-4329

Dist Sit Rep

Lest We Forget — The Living?

Manitoba Militia District wants an Armed Forces- regular or the shirt off your back. War veterans from the First and Second World Wars need clothes now! Sgt Ted Bastien of the Corp of Commissionnaires, from Minto Armouries has started this clothing drive.

A little known home for war veterans - Veterans Manor - at Higgins and Princess Street, in Winnipeg, houses 60 veterans from the First and Second World Wars. The Department of Veteran Affairs developed this home. The intention is to take the war veterans out of the Main Street hotels and place them into clean living quarters for as long as they want to stay. Most of the residents have found a new life inside this home.

Sgt Bastien has been involved as a volunteer with the home. One of the problems facing these forgotten heroes is that their pensions come short for even the basic needs. Clothing was found to be a dire requirement. Ted has taken the torch and is coordinating donations of clothing from all members of the Canadi-

On the 25th September the first shipment of clothing was presented to the Executive Director of Veterans Manor, Elvio Vido. A driver from the 17th Service Battalion assisted transporting the clothing to the home. Sgt Bastien presented the clothing to Mr. Vido. A number of veterans were on hand to watch the presentation.

Living history was found abundant inside the home. These men were not looking for help. They were looking for friendship and caring. Property ownership is not their concern. Someone to talk to and call a friend is. However, with the guidance and caring from staff, and Mr. Vido, we are being asked to help those who long ago helped us. At this time it is only in the form of your old

During Sgt Bastien's presentation you could not help but feel compelled to do what it takes to get what these men require. The duty driver from 17th Svc Bn, Pte Carolyn Barnes (20) made her commitment during this time and became a Veterans Manor volunteer. She has since used her own time attending and helping at the

Sgt Ted Bastien served 23 years with the 2nd Battalion of the Princess Patricias Canadian Light Infantry. He served overseas from 1952-53 and is a veteran from the Korean War. When he came back to Canada he spent time as an instructor at the Airborne Training School when it was in Rivers, Manitoba. He left the Armed Forces in 1972 and is now employed with the Corp of Commissionnaires working out of Minto Armouries.

If you so desire, donations may be forwarded to Sgt Bastien at Minto Armouries. He is also working on a possible depot for clothing within CFB Winnipeg. For more information on this, you may contact him at: Work-786-4327......Home - 831-6545

or contact 2LT Mike Lagace, Manitoba Militia District-Public Affairs - 786-4329 (Tues-Wed

The Honourary Col of the FGH, Col W.J. McKeag, CD, K. St. J. takes the CO's sword in preparation for handing it to the new CO. Col McKeag is head of his own real estate firm, was Lieutenant-Governor of Manitoba 1973-1976, Governor of the Olympic Trust of Canada, Provincial President of the Council for Canadian Unity and is active in a wide variety of





Photo Credit: 2Lt M. Lagace

Sgt Ted Bastien of the Corp of Commissionnaires turning over donated clothing to the Executive Director of Veterans Manor, Elvio Vido, for the veterans. The first donation of clothes was presented on the 28th September by Sgt Bastien from Minto Armouries. The veterans of this home require donations on a regular basis.



Cpl Ron Demchuk and Pte William Semchuk of the Queens Own Cameron Highlanders transferring clothes from Minto Armouries. The clothing was donated to veterans of Veterans Manor on September 28th.

FGH — A New CO



The March Past



LCol L.J. Gwiazda, CD newly appointed CO of the FGH, leads his unit past LCol D.M. Stones, CD, the outgoing CO, at a Change of Command Parade at McGregor Armoury, 2 October 1990. Behind LCol Stones on the dais is Col R.S. Millar, CD, Deputy Commander Prairie Militia Area, LCol Gwiazda is, in civilian life, Deputy Director of the Manitoba Emergency Measures Organization. LCol Stones is the Senior Project Manager with North Portage Development Corp. Col Millar is a senior manager with Husky Oil in Calgary.



community groups.



RSM Change of Command



RSM (now Capt Glade) watches as LCol Kuebler signs the Certificate of Appointment of the Regimental Sergeant Major as the new RSM T. McManus (right) looks on. The Change of RSM Parade for the Royal Winnipeg Rifles was held on the 11th of September, 1990, at Minto Armouries.



ARMY, NAVY & AIR FORCE VETERANS IN CANADA ASSINIBOIA UNIT 283 3297 Portage Ave. In Memory of Our Fallen Comrades We Will Remember Them



We shall remember them

The Royal Canadian Legion

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our fallen comrades in
two World Wars

1914-18 and 1939-45 and 1950-53 KOREA

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THE ROYAL CANADIAN LEGION

— We will remember them —



In Memory Of Our Fallen Comrades In Two World Wars 1914-18 and 1939-45 and Korea

OFFICERS MESS

CANADIAN FORCES BASE WINNIPEG WESTWIN MANITOBA R3J 0T0



In Memory of our fallen comrades

GENERAL SIR SAM STEELE Memorial Branch No. 117 Royal Canadian Legion



TRANSCONA BRANCH #7
Remembrance of Our Fallen Comrades

On Parting

Last seen the winged messenger Who, soaring on the fickle wind, Is caught between conflict on earth and in sky By the fading eye.

A shattered tree's accusing trunk That, stabbing at the air, Cries out at man's injustice against man As it grays and dies.

The flare bursts of exploding flak Leaves, in its shattering wake, A myriad slashing sharp-edged metal pieces, White lines against blue.

The whine of passing shells, Thunder of nearby explosions, Or a soft word of comfort from a companion Are the final thought.

Parting of any relation or friend Is, by the nature of the moment, A tearing at one's heart, An emptiness within, Which is never filled.

But in the heat of combat,
Where man strikes out at man,
Lie poor images to impress
Upon the shattered mind of a dying soldier,
Or worse, in the memories of those left behind.

Cpl C.A. Conder



Lest We forget
In Remembrance Of Our
Fallen Comrades
1914-1918
1939-1945
and Korea



FORT GARRY BRANCH #90

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In Remembrance



WARTIME PILOTS' AND OBSERVERS'
ASSOCIATION



In Memory Of Our Fallen Comrades 500 Wing.

RCAF ASSOCIATION CITY OF WINNIPEG



In Remembrance Of Our Fallen Comrades 1914-1918 1939-1945 and Korea



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134 MARION ST. BONIFACE

Lest We Forget



"Hurry Home ... Daddy!"



Their memory lives forever 1939-1945



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OF CANADA
MANITOBA BRANCH

In Memoriam

In memory of all who fought and those who fell In defence of our nation; In thanksgiving for the freedom They so valiantly maintained For us to enjoy.



From the members of 402 "City of Winnipeg" Squadron



To the memory of our departed comrades ever remembered

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In Fond Remembrance
Of Our
Departed Comrades

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Warrant Officers' and Sergeants' Mess

CANADIAN FORCES BASE WINNIPEG WESTWIN MANITOBA R3J 0TO



In Memory of Our Fallen Comrades

CHARLESWOOD BRANCH 100 6003 ROBLIN BLVD.



Base Defence Planning



SAT team stores being unloaded while SAT Comd's Sgt Lavoie of Base TPT and Sgt Sproul of BAME receive orders from WO Rosco of the Base MP's.



SAT teams being deployed by Sgt Thornhill to set up barriers and road blocks.

High up on the third floor of 16 Hgr, sweltering in the heat of summer, is an office surrounded by working space. Each and every member at CFB Winnipeg has found their way up to this secluded spot to sign "in" (with a DT 60) and once again to sign "out".

Inside these office spaces terms like BDPO, BDF, SAT, NBCW, FA, St Charles Range, and many more are spoken, published and cursed. All of these terms affect all personnel here at CFB Winnipeg as well as every other Canadian Forces establishment. These spaces on the third floor, Rooms 300, 331 and 328 are the office spaces and classrooms of the Base Defence Planning Staff.

In the office, enclosed by Room 300, the Base Defence Planning Officer, Capt Gerry Barron, can be found. Gerry is responsible for the overall training, operational control and readiness alert state of the BDF and the Nuclear Biological and Chemical Warfare Section. The BDPO is also the Base Radiation Safety Officer and coordinator for all Base Shelter Courses. All coordination for small arms training, bookings for the ranges, First Aid training (Base Personnel), ammunition al-

lotments and various support training of lodger units is done by the BDPO. Since the main objective of the BDP Staff is to coordinate and train personnel to protect Base resources, all aspects relating to BDP have a direct impact on all personnel regardless of rank, qualification or trade. These requirements lead to several questions. How is the training done? Who conducts the training and where is the training done?

The Base Defence Force (BDF) is a designated force of men selected from each unit on the Base. Each member on the BDF has a specific task ranging from securing and guarding Military Vital Points (MVPs) to checking I.D. cards at gates. In the future it is our intent to do much more BDF training and have a much higher profile around the Base. This has already been apparent during the recent operational

A group of 26 men has been selected from the main force and, in the future, will become the SAT (Security Augmentation Team). This team will be specifically trained to aid the Military Police with their duties. All of our BDF members will become very familiar with CFB Winnipeg as well as the St Charles Range. This is where the two Newfie "Sharp Shooters" enter the picture. These two men will become "household names" to all BDF members as well as all Section Heads. Welcome aboard Sgt Bush Thornhill 2PPCLI and MCpl Jack Gaudet of the RCR.

These two gentlemen will be instructing the Base Defence Force Duties Course (BU Crse), a required course that roughly 50% of the BDF members do not have. Another task is the responsibility to provide small arms training for all CFB Winnipeg personnel, cadet corps and assistance to several Lodger Units. Presently this phase is on hold due to the construction at the St Charles Range. Once the construction is completed (hopefully near the end of Oct) we will be at the range daily - so keep tuned.

WO Don Murphy is the resident Nuclear, Biological and Chemical Warfare expert. With Don is MCpl Keith McLean and Cpl Steve Holloway. The aim of the NBC Section is to train Base personnel and make them aware of what is involved with NBCW and how to be prepared. This is particularly important since the "Gulf Crisis" erupted. All personnel proceeding to the "Gulf" are for Darren to tackle. Darren has

being trained by the NBCW Staff.

Shelter Staff courses are also conducted. These courses prepare staff members with the essential information required to operate Base Shelters. (At the present time we are searching for viable options to the present shelter stations).

It is also the responsibility of the NBC Section to keep track of radiation materials throughout the region.

The First Aid and CPR courses are also instructed by the BDP staff members. These courses are taught to most of the personnel on Base (including civilians) in Rooms 328 and 331 in Hgr 16. These courses are also taught to Cadet units associated with CFB Winnipeg.

An office would not be complete without its support staff. The BDP staff revolves around Clerk, Mrs. Elsie Edwards. Elsie has been on the job for over 25 years and has just celebrated her 5 1/2 birthday. It would be hard to get the job done without Elsie's support. Don can readily attest to that. (Even after 5 amendments).

Pte Darren Small has been the most appreciated helper. There is never a job too large or too small

the ability to sense when something has to be done and Presto it is completed. Thanks, Darren. We wish we could keep you in the office. Good Luck in North Bay.

As one can see, we have a full schedule and commitment ahead of us at the Base Defence Planning Section. The Base Commander places a high priority on Base Defence and as the Base Defence Planning Staff, we fully intend to provide the best service possible. We are all new in the Section and mistakes will be made, but we all have a task to complete. There is just one favour that we of the Base Defence Planning Staff ask. We ask for understanding, patience and cooperation from all involved from the supervisors to those on the "front lines". This will make the task at hand easier and more enjoyable for all.

We will see you at the gates, on the ranges, in the classrooms or in the office. Why not stop in for a cup of coffee and say hello. Meet your Base Defence Plan-

ning Staff.



Inter-Section Ice Hockey & Curling



Col Armstrong, BComd, drops the first puck between the captains of the Arrows and Hawks, to open the 1990-91 season, In rear (L-R) is CPO1 Barefoot (Chief Official), Capt Lecours (WHL President), and Capt Swarbrick (BPerO).

This year's Inter Section Ice Hockey League was officially opened 15 Oct 90 at Keith Bodley Arena. The league consists of ten teams this year; the Hawks (BAME), Arrows(Draft), 5th Wheels(BTn), Supply, Beavers (BCE), Geriatrics(Oldtimers), Eagles(Aircom), Braves(Draft), Kings(BAME), and the 2PPCLI.

The league is divided up into two divisions to provide a fair and competitive atmosphere for all involved. Best of luck to all participants and keep those blades sharp!

Base Team Hockey Practice

Mon. & Thur. Keith Bodley Arena 0700-0830 hrs For more information please call the team coach

WO Sirois Loc 6042



Col H.C. Armstrong, Base Commander threw the first rock to open the 90-91 intersection curling season. The league has 32 teams and curls Wednesdays with the first draw at 0900 and the last at 1500.

CHAPLAINS CORNER

Greetings from the Chapels

Worship





Padre G. Shields

If you are like most people, chances are you didn't go to Church last Sunday. While our pews are empty, the golf courses and shopping malls are full. Is it because we are an irreligious age, with no use for God? I think not with all that is happening in the world, God is needed now more than ever. Is it because we are a rapidly increasing secular society, with science and technology replacing religion? Partly but scientists and engineers are the first to admit that their knowledge has limits. Is it because the God we pray to is the God we learned about in Sunday School - the autocratic father, quick to anger and punish? That is closer to the truth - our God is either too small, or we haven't grown up enough.

When we approach God as a mature adult, without our teddy bears and security blanket, we find that prayer and praise are natural acts. God is truly interested in us and we return that interest by offering all that we have and are, back to Him who

created it all and gave it to us.

One of the biggest mistakes we make is to equate Christianity with other religions, and to say that all believe in the same thing. Maybe — but the point is that Christianity is a Faith and A Way of Life. As Christians, we live in a certain way, and we are compelled to live so that others may be inspired to live that way as well. The Way leads us naturally together with other grateful people to worship God together.

As parents, we try to take time to be with our kids — hockey, school, clubs, cadets, scouts and guides — but we fail to give them the greatest gift of all — a faith that will support and sustain them throughout life.

Worshipping together as a family gives a sense of purpose to our lives, and a firm start in the right direction for our children. With all the pressures on our families today, can we do any less?

You are invited to worship together this Sunday at the Base Chapels.

CATHOLIC CHAPELS

St. Marguerite Bourgeoys (North Site)

WEEKENDS/FIN DE SEMAINE Saturday: 1700 hrs/English Samedi: 1900 hrs/Français Sunday/Dimanches: 1115 hrs/English WEEKDAYS/EN SEMAINE Monday to Thursday inclusive Du lundi au jeudi inclusivement 1700 hrs

St. George (South Site)

SUNDAYS 10:00 a.m. WEEKDAYS Wed: 7:00 p.m.

PROTESTANT CHAPELS

The Chapel of the Good Shepherd (North Site)

1st Sunday - 0900 hrs - Eucharist (ACC) - 1100 hrs - Holy Communion

2nd

Sunday - 0900 hrs - Eucharist (ACC)

- 1100 hrs - Divine Worship 3rd Sunday - 0900 hrs - Eucharist (ACC)

- 1100 hrs - Divine Worship

4th Sunday - 0900 hrs - Eucharist (ACC)

- 1100 hrs - Divine Worship

5th Sunday - 0900 hrs - Eucharist (ACC) - 1100 hrs - Divine Worship

St. Andrew (South Site)

Sunday Service 10:00 a.m.

Paradise Lost or A Brush With Bureaucracy

Way back in the eighteen hundreds,
When men were brave and bold,
They spent their time in the Klondyke clime
And dug for Klondyke gold.
And many times they'd fail to reach
A goldmine, and their bones would bleach,
And round their bodies buzzards screech
Because they hadn't patience.

In past decades when they made Crusades
And the knights wore shining armour,
They were never sure if their wives stayed pure
Or fell for another charmer.
And when they went to the Holy Land
A letter took years to come by hand
And some went crazy! You understand
They hadn't any patience!

Now the tale I tell is what befell
A chaplain, (P in brackets),
Who fell in a snare with the boys who wear
Supply Branch on their jackets.
He humbly entered a small request,
And you may think that I speak in jest,
But ere it arrived he was laid to rest
Because he hadn't patience!

When a simple requisition
Makes papers pile in a bulging file
In endless repetition.
The excuses come in an endless flood,
And the whole damn thing is as clear as mud,
For we wrestle not against flesh and blood,
And so, one prays for patience!

It's a frightful drain on the human brain

Now the chaplain (P) that I mentioned, he Missed something fundamental; For he couldn't see in bureaucracy That time is incidental.

When he would ring they would brightly say "We're expecting the shipment any day". They really meant it was weeks away!

And thought him quite impatient.

The winter passed, and the Lenten fast,
And still he kept on hoping.

With his eyes agleam he was often seen
In the great supply sheds groping.

Till he, from looking at bags and crates,
And reading all of the stencilled plates
Became an expert on railway freights!
But slowly lost his patience.

From then it appears for a number of years,
(It mattered not what the season),
He spent his days in a deepening haze
And slowly lost his reason.
His gleaming eyes on a man he'd fix
And scream "It's here in my one-five-six."
Till his soul passed over the river Styx
And he needed no longer patience.

From the funeral home, on rubberoid foam,
His body surrounded by satin,
They took him to sea and a chaplain (P)
Said something pretty in Latin.
Supply branch, each subscribing a dime,
Presented a wreath with thought sublime,
But the damned thing didn't arrive in time!
And the moral is — Have Patience.

Chapel of St. Andrew

Grant & Kenaston

1000 hrs. Worshop Service 1020 hrs. Sunday School

Holy Communion on first Sunday of the month.

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St. Andrew's is a caring community
of people who want to meet you & your family.

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Amaryllis kits are once again available through the Manitoba Chapter. For only \$8.00, you receive an amaryllis bulb, a pot and saucer, soil, and care instructions, all in a very pretty carrying box. Plant the bulb now for Christmas blooms, or keep it and give it away. It is a perfect gift for those difficult people on your list, and as well, you have the satisfaction of knowing that your money is going to support the fight against Huntington's Disease.

For more information, or to place your order, call 772-4617. Merry Christmas, and thank you for caring.



Wear a Poppy

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Fire Prevention Contest Winners



Instructors (left to right) Pte Martin, MCpl Robertson, Capt Bannister. Missing from photo are Pte Demeules, and MCpl Sawdon.

Students (left to right) back row: Amanda Campbell, Robyn Kirkey, Erin Ernandes

Students seated (left to right): François Carrier, Jackie Ernandes, Andrew Ashley, Erick Germain



Colouring Contest Winners (left to right): David Bokovay, Ryan O'Hara, Kenneth Nicholls, Vanessa Bergeron, Jean Lefebvre, Sasha Lefebvre, Natashia Nicholls. Missing from photo-Caroline Kubas and Lawrence Jackson.



OCdt Smith received a fire extinguisher as winner of the "Find a Word" draw, First prize.



Mr. McClelland received a smoke detector as winner of the "Find A Word" draw, Second prize.



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The Fire Prevention Bureau at CFB Winnipeg wishes to extend our gratitude to those members of the community who through their unselfishness ensured that the Fire Prevention Week of 7-13 October 1990 was a great success. We wish to thank the following members of the community for their assistance with the Baby Sitters Course: Private D. Demeules, Military Police; Private C.P. Martin, Base Hospital; Captain D.L. Bannister, Base Hospital; and the ladies from Construction Engineering who graciously volunteered to judge the colouring contest for Fire Prevention Week: Giselle Charron, Caroll Olender; and Audrey Williams.

Congratulations are extended to all the winners of the two contests held in conjunction with Fire Prevention Week. Winners for the Find-A-Word were: Officer Cadet B.W. Smith, first prize of a 5 lb Dry Chemical Extinguisher; Mr D. McClelland, second prize of a Smoke Detector; and a special congratulations goes out to all the colouring contest winners:

3-5 year old category: First Prize — David Bokovay Second Prize — Ryan O'Hara Third Prize — Kenneth Nicholls

6-8 year old category: First Prize — Vanessa Bergeron Second Prize — Jean Lefebvre Third Prize — Sasha Lefebvre

9-12 year old category: First Prize — Natasha Nicholls Second Prize — Caroline Kubas Third Prize — Lawrence Jackson

A special thank you to the Editor-in-Chief of the Voxair LCol J. Forestell and his very competent staff who went out of their way to accommodate the Fire Prevention Bureau with a number of extra articles being printed in the paper to promote Fire Prevention Week. Their contribution helped to make Fire Prevention Week the success it was.



Welcome...

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EVERY THUR-FRI. & SAT.
9-1 A.M.

MEAT DRAWS EVERY SAT. 2 P.M.-5 P.M.

BAMEO Promotion



Cpl Bray an Aero Engine Technician in Bameo receiving his new rank from BAME CWO Jim Genovy. Rick, a highly productive member of ASO can usually be found in the driver's seat of a Hercules Aircraft; doing what has yet to be determined.

Congratulations!



MWO (Dave) Winter from Aircom HQ SO C&E SP 4-2, was promoted to MWO effective 01 July 90. Col D.A. Noonan Aircom HQ DCOS TIS, is shown making this presentation on this momentous occasion.

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Mission

The mission of Air Command Management Consulting Services is "To improve the operational and support capabilities of Air Command by providing professional management advice and assistance to the Commander and/or his staff at all levels."

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CFAO 2-5 A-CS-134/AG-000 Air Command Order 100-0 Air Command Order 103-1

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Air Command Management Consulting Services conduct the following types of Management Engineering Studies to provide managers and supervisors with professional management advice and assistance:

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— The systematic recording and critical examination of existing or proposed ways of doing work, leading to development and application of the optimum method.

System and Procedures Analysis

— The critical examination of systems and procedures. Output documentation provides the manager with detailed sequences of operations to implement new systems and more efficient procedures.

Administrative Procedures

 A written set of instructions describing a sequence of interrelated operations to accomplish a task. Organization Analysis and Design

— The examination and critical analysis of an existing organization and the application of situational and design parameters to improve the organizational structure.

Facilities Layout

— The arrangement of personnel, office furniture and equipment to promote easy flow of the office and the interpersonal relationships of the office personnel.

Definition of

New ADP/OA Requirements

 The validation, justification and design of new ADP systems for Office Automation, Management Information Systems and Information Resource Management.

Work Measurement

— The application of techniques designed to establish the time for a qualified worker to carry out a specified job at a defined level of performance. This measurement is then used to establish the number of personnel required to meet the workload.

Additionally, MCS can assist in the following areas:



 conducting surveys, studies and analyses aimed at solving special problems, developing new procedures and operating methods, including office automation, and recommending appropriate action;

 designing and improving management systems, and determining the practicability and desirability of automating various processes;

— developing and providing ways and means for evaluating the effectiveness of organizations, and for measuring efficiency in the use of resources:

 studying the division of work and responsibilities within and between organizations to find the most effective organizational structure for accomplishing stated roles and objectives; establishing and administering improvement and work measurement programmes, cost reduction plans and other special efforts;

 providing objective analyses of problems cutting across two or more organizational elements where conflicting interests may hamper satisfactory resolution; and

— assisting management to resolve other problems by the provision of consultant support on a short term basis (Management Assist).

Managing Change for Success

Airperson of the Month



Pte Prasad was presented with the BAMEO Airperson of the Month award for the month of October. He earned this award by demonstrating excellent motivation and cooperation while working on a Dash 8 periodic inspection. He carried out all his inspections and checks very efficiently and always volunteered to help in completing modifications or special inspection and was always ready to lend a hand. Pte Prasad is an energetic technician with lots of potential and he is a worthy recipient of this award.

Remembrance Day

In Flanders Fields the poppies grow Between the Crosses row on row . .

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Director

I have been asked many questions about myself and the Family Support Centre. It occurred to me that many of you likely have similar questions. I will try to answer some of the most frequently asked questions.

1. Is my husband in the military?

No, he isn't. He is an artist and also works as the Visual Arts Consultant for the Manitoba Arts Council. He was raised on military bases. We met at CFB Portage (Southport) when I was 14. Later, he lived on Carpathia and I lived on Blanche (southsite) and we rode the school bus together. Padre Turnbull married us at St. Andrew's Chapel and the rest is history.

2. Am I in the military?

No, although my father was. Some Family Support Centres do have military personnel, however, this base decided to hire a civilian. However, it was mandatory to have knowledge of the military.

3. What is my background which I interpret to mean -What are my qualifications?

First of all, I am a Social Wor-

Family Support Centre Activities

ker. I am also working on a B.A. (Political Science and Women's Studies). I am 13/15 finished. My employment background includes working in a Women's Shelter, Child and Family Services, Canada Employment Centre, and City Social Services. A friend and I have also developed many groups and workshops of interest to women which we run throughout the year. I have administrative experience as Director of the Boys and Girls Club and an Art Gallery. I have also taught word processing and children's art.

4. Many have wondered what I do all day...

I suppose yesterday would be a typical day to talk about. When I arrive in the morning I answer my phone messages. Yesterday, I had 5 - two about childcare, one about tickets for Yuk Yuk's, the facilitator for self defence, and a woman who wanted to register for self defence. We had a speaker on Children's Nutrition from 10-12 a.m. At noon I hosted a potluck lunch for some volunteers. I had to answer a call from someone having housing problems. At 1:00 I had a meeting concerning the playgroup. Someone came by to ask about the possibility of a first aid course. Some of the members of the southsite dropped by for the afternoon. Just as I was about to leave, a woman came to talk about a concern. During all of this I also worked on the forms to pay our cleaner, sent a memo for a bus,

checked in with Teresa (our secretary), helped make a flyer for playgroup, planned a craft, worked on the FSC budget, made up some promotions, wrote letters and did some program planning for December (including the first aid course). Then I went home - but my work didn't end. I called some women who had been in recently to check how they were doing, and returned a call from NPF Accounting. I squeezed in a call to Deborah to discuss some details of our Self Esteem group.

5. How is the FSC funded?

Many believe that the FSC has an unlimited budget. All the FSC's across Canada are funded in different ways. Our funding comes from the Base Lottery. Over the summer, membership in the lottery dwindled. Did vou know that only 1 in 5 subscribe to the lottery? All funds do not go directly to the FSC. The winners must be paid as well as the licence and administrative costs. We have found ourselves in the situation whereby fundraising has become a priority. I should also mention that we did receive a \$500.00 toy grant from the Westwin Community Council, I cannot call up NPF for money for toys or anything else. They can only provide the Family Support Centre with money which has been allotted through the Lottery. Our expenses have been trimmed and we are operating on the bare minimum.

6. Who do I report to?

First of all, I report to a Steering Committee. We meet monthly, and I present a monthly statement. The Steering Committee is made up of military members, spouses, and community representatives. As well, I report to Major Brazeau, the Base Personnel Services Officer. I think people ask me this because they are concerned with the issue of confidentiality. I really must stress that what is said to me at the FSC stays there. The concept of the FSC, which speaks of a safe environment for all members, is supported wholeheartedly by Major Brazeau, Colonel Forestell and Colonel Armstrong. I am never asked any questions that would jeopardize an individual's trust in the FSC. However, there is one exception which I must speak on and that is when a child's personal safety is in jeopardy. I am required by law to report any case of child abuse including physical, emotional, sexual or neglect.

I hope this has answered some of your questions. Feel free to bring by any others. For those of you who are reading about the Family Support Centre for the first time, I want you to know that: the Family Support Centre is not just for families who need help!!!!! Many individuals come for programs of interest including crafts, CPR, self defence, drop in, thrift shop, playgroup, and speakers. We do have a babysitter list.

As well, we make referrals to the outside community. There are no ranks within the walls of the FSC. We meet as equals — each one willing to learn from each other and share our common experiences.

Thank you to Anna Yuill, Gloria Hogan, and Mr. Matthew for their help on the bus tour. Their efforts far surpassed my expectations and made for a really special day. Many companies donated gifts for the bus raffle; New Taste Bakery, Prairie Theatre Exchange, Winnipeg Symphony, Manitoba Theatre Centre, Grapes, Bold Print, Mary Scorer Books, Dutch Maid, Zorba's, Oreganos, Rose Marie Joanna's, Ormistons, Carlos & Murphy, Scoop & Weigh, and Maple Leaf

Also thanks to my friend Leslie Hawkins for all her help and

We'll need lots of babysitters for November 16th. This is the night the FSC is hosting a fundraiser at Yuk Yuk's. If you are interested in babysitting, call me and I will pass your name along. Tickets are available at the Family Support Centres, Lt Quick 833-5323, Joan Robertson 885-3969, and Gloria Hogan 488-4803. Hope we see you there! Don't forget to gather up all your 'Junk" for the Thrift Shop to sell for you on consignment. Call Gloria at 488-4803 for more

Remember - Jets raffle tickets will be on sale soon.

Hope to see you soon.



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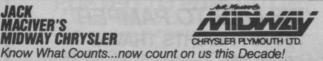
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IN MEMORIAM

RUDY HJELMELAND

The recent untimely passing of Rudy Hjelmeland, the resident barber located at Building 90, is cause for sadness among his many friends, associates and customers at CFB Winnipeg.

Rudy began barbering on Base in 1962, and his many satisfied clients from Generals to Privates, can attest to his zest for life, his love of a good joke, and his passion for sports and hunting.

A visit to Rudy at the barbershop was often an oasis of respite in a hectic day. It was not only a place for a haircut, rather, it was a unique Base institution given character and warmth by Rudy's extroverted personality. His presence will be missed by all. On behalf of all personnel at CFB Winnipeg, the Base Commander Colonel H.C. Armstrong extends deepest sympathies to Rudy's

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For Sale - Two CHILD HOCKEY HELMETS, New. \$25 ea. Ph: Brian at Loc 6559.

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St. Andrews Craft Sale

St. Andrew's Women's Centre will be holding a Christmas Craft and Bake Sale in the Annex of

St. Andrew's Protestant Chapel, corner of Grant Ave. and Kenaston Blvd. on Saturday, November 24,

from 10 a.m. to 3 p.m.

Come and see a variety of items: Jewellery, Hand Knitting, Plastic Canvas, Dough Art, Etc. Start your Christmas Shopping

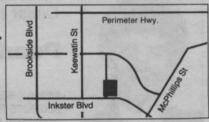
early or decorate your home. Any merchants wishing to participate may rent a table by calling Kim Haynes at 488-6702.

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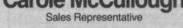
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