



THE VOXAIR

Our Military Community Newspaper, 17 Wing Winnipeg

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FREE

17 Wing Volunteers Recognized



Capt Stephane Morency (CFANS) was nominated for Volunteer Appreciation Day at the Goldeyes for the time he spends coaching hockey, both on the Wing and in his community. His wife, Kim, and sons Matthew (left) and Nathan came along for the fun.

By Avery Wolaniuk

Section T at the CanWest Global Park was where you could find some generous people who work tirelessly — and for free — for their community and the 17 Wing family last Sunday.

On 28 May, volunteers and their families took in an afternoon Goldeyes game. Sponsored by SISIP Financial Services and Wing Fund, the day is a chance for volunteers to be recognized and rewarded for the time they donate.

“It gives all of the outlets and activities on base the opportunity to express their thanks to the volunteers,” said Community Recreation (Com Rec) Director, Melissa Horbas, who helped organize the event. “Many of the individual activities don’t have funding to support their own, so it’s nice to have one collective function where we can show our appreciation to them.”

Before the game, the 145 guests gathered for lunch and awards. Several people were honoured for their extraordinary hard work. They were: The Freeland Family, Joe Janisse, Traci Wright, Barb Thuen, Patrick Brine, Ksenia Collins, Darryl Mural, Starlene Gelin, and the Youth Advisory Council.

The Wing Commander said that without a day like this, too many hours of hard work and too many people would go unrecognized. “They’re absolutely essential, the volunteers. They’ve strengthened our links to the community and they’ve improved the life of our families here in the community of Winnipeg,” said Col Ken O’Brien, who took in the game with his wife, Cheryl. “We don’t tend to notice all the important things they do, so a day like today allows me, as well as other folks, to thank them for all their incredible

efforts throughout the year.”

Volunteers come in all shapes and sizes — they work at blood donor clinics, the MFRC, the chapel, Com Rec, they coach sports teams, sports camps, in their kid’s league, they read to the little ones at the library. “You could coach your kids soccer team, you could be working for Habitat for Humanity — those are all valuable contributions that we want to recognize,” Ms. Horbas said.

People were asked to send in the names of co-workers, neighbours, and friends from 17 Wing who donate their time. This year 185 people were nominated and invited to the family-friendly afternoon, the fourth year SISIP has sponsored the event. It’s part of the Volunteer Recognition Program (VOREP) that happens across North America and

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Aboriginal Awareness Week

By Avery Wolaniuk

“A lot of people don't know who we are, or they know very little about us. That's a shame in a country where our history goes back well over a hundred years and we're recognized constitutionally as the third Aboriginal group in Canada. Yet quite often we're forgotten.”

They are the Métis, and Mr. Robert McDonald works for the Métis National Council (MNC), who is doing what it can to educate people, at both the national and international level, about their people. Across Canada 23-26 May was Aboriginal Awareness Week, an initiative introduced in 1992 that teaches federal public service employees about Aboriginal issues.

In honour of this effort, 1 Canadian Air Division and 17 Wing screened two videos that voice the concerns of Métis veterans. Mr. McDonald, Director of Public and Media Relations of the MNC, is the mastermind behind the stories, Francis - the Measure of a Métis Man and Aboriginal Heroes: A Spiritual Journey. He interviewed, narrated, and produced the documentaries, something more and more Aboriginal groups are doing themselves. “It's important sometimes to take a step back and focus on the people around you,” he said. “We all have different backgrounds, different cultures, different histories, different religions, and it's important, especially because we have such a huge Aboriginal component in Manitoba and Canada in general, to talk about the differences so that we understand and so that we appreciate each other.”

The MNC is an organization that receives its mandate from the leadership of the Métis Nation's governments from Ontario westward. They represent the Métis nation at the national and international level. This annual event, an Employment Equity Initiative, was organized to commemorate Aboriginal Awareness Week.

BGen Pat Brennan from 1 Cdn Air Div opened the morning session. “The week itself is an excellent opportunity for people to make themselves more aware of other cultures and the people around them,” she said later in an interview. “By having this type of information available, it helps set up the standard of what the CF expects from people regardless of



Mr. Robert McDonald of the Metis National Council presented two videos at 1 Cdn Air Div for Aboriginal Awareness Week.

their background.”

The first video, Francis, is about the life struggles of Francis Goodon from Turtle Mountain in southwest Manitoba. It took Goodon four tries to get into the army. When he did, as a gunner with the Royal Winnipeg Rifles B Company, he worked to prove he was as good as the other soldiers. As a veteran, he has fought the government for compensation. “We wanted to show the officers here the video just to give them a sense of how the Aboriginal veterans are feeling about their time serving, and some of the challenges that they have to this day. Many of them are 80, 90 years old, on their last gasp, and we need to encapsulate stories like this,” Mr. McDonald said.

Aboriginal Heroes is the telling of a journey made last fall by Aboriginal veterans with elders. “It was a journey of basically healing, and educating, not only the Europeans but our own people, youth and Canadians in general about the sacrifices and the contributions of Aboriginal members, and to try and give a sense of closure and lift the sense of pain off the battlefield,” said Mr. McDonald.

Twenty people sat in on the viewing of the movies at Mynarksi Hall in 1 Cdn Air Div. “We started with 20, next time hopefully we'll have 40,” Mr. McDonald said. “We hope the word gets spread around about the quality of the videos, the story behind the videos, the education that came out of the videos and the message, because we believe it's extremely important for everyone to know, to learn, to understand.”

MSS A Flight

By Avery Wolaniuk

On 5 May, the Mission Support Squadron (MSS) started deploying to Cold Lake, Alberta, for Exercise Maple Flag. They, along with the 200 or so other troops involved in the exercise, needed a place to sleep, to eat, to work and to shower for the three periods of the exercise. That's where the Airfield Engineering Flight (AEF) came in.

Their job is to build an infrastructure for the camp. “That infrastructure is all the utilities — power, water, sewage, and construction, and the layout for the camp. And that's what we do as engineers,” said Capt Bryan Manson, the commander of one of four MSS training flights, before the unit deployed.

“A” Flight is comprised of the tradesman, like the Mobile Support Equipment (MSE) Ops, who do the driving and operate the heavy equipment, and engineers: the experts in electrical systems, refrigeration, construction, water and fuel, plumbing, plumbing and heating.

The AEF's responsibilities are to provide a somewhat comfortable and functional camp for the MSS for the Air Expeditionary Unit to work from,” said Capt Manson. “That encompasses all the amenities that they're used to — they might be scaled down a little bit on this deployment.”

The MSS is the first of six support squadrons being stood up in rotation across the country as part of the Air Force's readiness to deploy initiative.

When the AEF arrived at Cold Lake, the personnel at 4 Wing had already prepared some ground for them. From the ground up, it was their show. They positioned the big kit around camp with cranes and heavy equipment, and then the troops built up the camp. They ran three huge 250 kw generators that provided power to all the tents. They had 20-foot sea cans filled with equipment to unpack: the Fuel Storage and Distribution System (FSDS), electrical equipment, the generators, the grey water storage tanks, concertina wire, etc.

As for amenities, the AEF set up two shower units with six sinks and six showers in each, for the 300-350 people on site. They also made sure all “grey” (or dirty) water was transported from the camp to the 4 Wing, wastewater treatment plant. “It's our responsibility to provide those services to the camp, and maintain those services throughout the operation of the camp life, and then have a plan to remove all those things when the camp is dismantled,” Capt Manson said.

“This has been a real challenge for me as a military engineer. The design was done in-house with all of se-

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nior tradesmen putting together what we're using in Maple Flag," the captain said. "It was a challenge but it was fun, because I can say that we did it. We're not building somebody else's camp, we're building our camp."

Aside from the training all personnel receive before deployment, there was also trade specific training for some of the members. The electrical generational systems technicians and electrical distribution system technicians went to 8 Wing in Trenton to learn about the new equipment the unit received directly before leaving for Maple Flag. One crane operator headed out to Cold Lake to become qualified on the crane that the AEF may use to place the heavy equipment around camp. Eight others went on skid steer training (think Bobcat).

Pte Kathleen O'Connor was one of those on skid steer training. "It's been a lot of learning and sitting through class," she said. "It's all been really beneficial for everyone. I didn't realize there was so much work into going overseas, so much time we had to put in." Pte O'Connor said she's excited about being deployed. "It's my first tour. The whole family's military and I finally get to go on one," she said with a grin.

Now that they have returned from Maple Flag and are preparing to deploy to Camp Mirage in summer, the responsibilities for the Military Engineers change. "Overseas it's going to be a little bit different, because it's an established camp. Our job is to maintain what we have and improve it as much as we can for the next roto. We'll be doing regular day-to-day maintenance, or supervising that maintenance."

While the Military Engineer crew of the MSS maintain the camp overseas, the unit they left behind will have to maintain their workload.

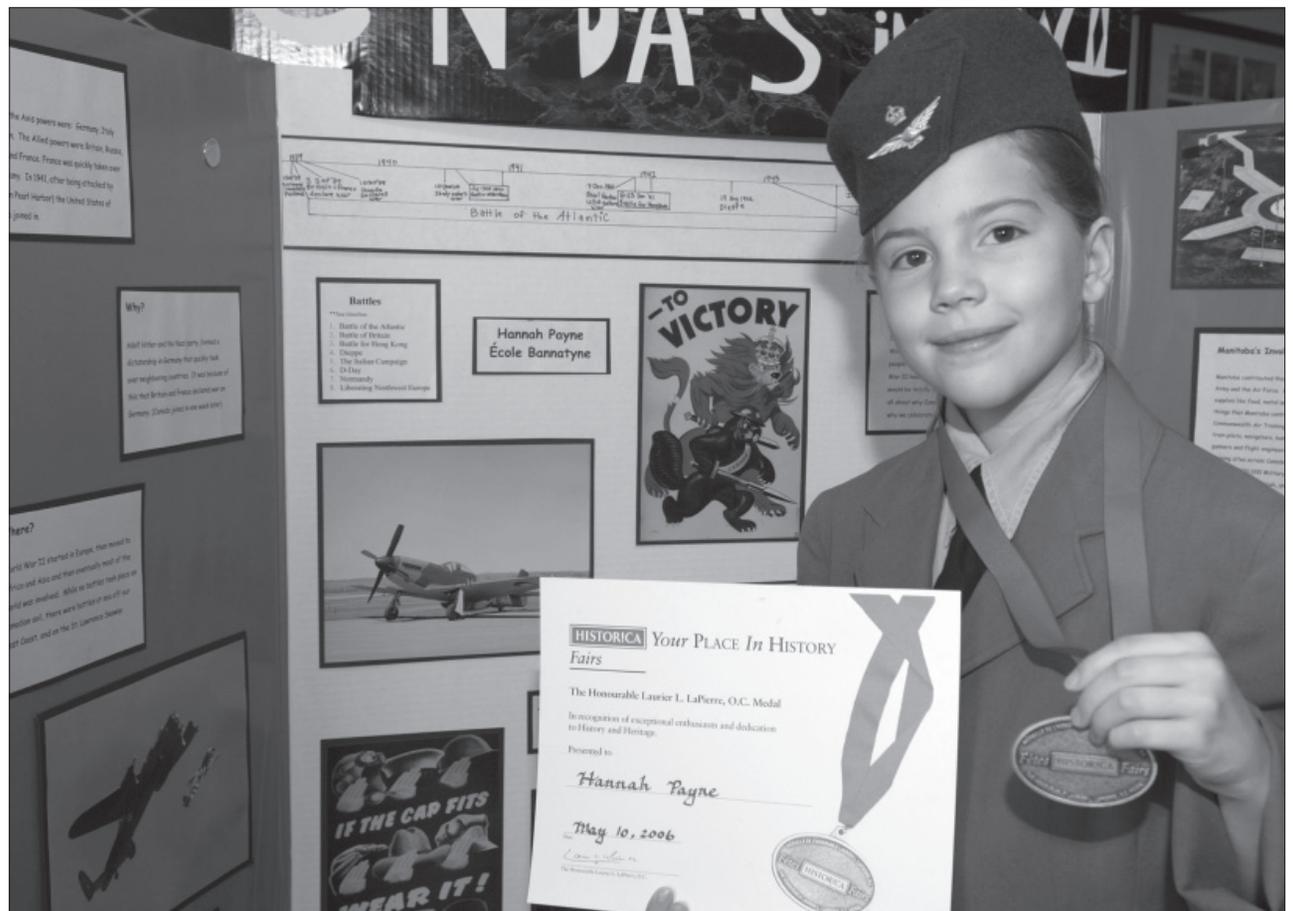
There are 10 personnel from 17 Wing, Construction Engineering (CE) who have been attached to the Squadron. "We at CE felt the impact last September, and its effects kept building," said Major Chris Cambridge, the OC of Wing CE. Two of his staff have been involved with the MSS from its initial phases last fall. "It has hit hardest with senior staff. The tasking has utilized the majority of Sergeants and up." For CE, that creates some challenges. The unit strength was already operating short of 10 personnel because of a lack of engineers in the system. With the transfer of staff to the MSS and a couple of deployments to Afghanistan, CE now has 30 military personnel when unit strength is mandated at 52. "17 Wing CE is in charge of all infrastructure, utilities, buildings, and roads for one of the largest AOR in Canada. We look after multiple armouries and even administer contracts for things like garbage pick-up and recycling."

All the shops and sections are affected due to loss of staff: contract inspectors, planners, tradespeople, and senior staff, such as Capt Manson, and Squadron Warrant Officer Tim Rousseau, second-in-command of the MSS. And this year, like last year, there are funds available for extensive building and maintenance projects. For CE it's now a question of staffing to get the projects out. Here the civilian and remaining military personnel are scrambling and doing a fantastic job of it, said Maj Cambridge, to actually increase the volume of work with less people.

"The time to get normal maintenance requests out slows down a bit. We still are trying to get the large projects out there, as it is not expected that the increased funding will last very long, and at the same time keep the maintenance work orders moving," the major said. This has to be done with far fewer people to plan, inspect, contract, and do the work. "There aren't the tradespeople to get the smaller stuff out, and there aren't the senior people to help sort out the bigger jobs. It's the staff work to define and tender jobs to outside contractors that is suffering."

CE can't always take the same measures that other units affected by personnel moving to the MSS have used. "Other areas of the Wing have reduced hours of service - I really cannot do that as we offer a bit different type of support. If a water main breaks, lights go out, etc, we need to solve it," said Maj Cambridge.

"We ask people's patience," the OC said. "We never have a full house, we usually have somebody somewhere, but normally it is in twos and threes, not a dozen. Sometimes things don't get passed on because there's no one to pass it on to. It's causing delays and we regret that, but we're doing our best to get work out."



Hannah Payne won the Laurier LaPierre medal for her interviews with WWII veterans.

Learning The Legacy

By Avery Wolaniuk

She was sitting at her home computer, brainstorming. A title about veterans piled on the bookshelf caught her eye, and she knew what she wanted to do.

"I've always had a passion for history, especially Canadian," she says. "I thought it would be neat to teach people about the importance of veterans and why we celebrate Remembrance Day; why we do the two minutes of silence each year at Remembrance Day and why it's not just a time to be quiet but a time to remember."

Her name is Hannah Payne, and she's 10 years old. Part of the curriculum at her elementary school is for the higher grades to participate in Project Fair. Students can present a heritage, science, or creative writing project. Hannah decided to create a heritage project by talking to WWII veterans and created a heritage project out of those interviews. She talked to four veterans and a historian to learn what she could.

"I was amazed," says naval veteran Mr. Philip Lyons, 88. "She's only 10 years old and she handled it like a professional. She had 30 questions for me. We talked about the women in the service—everyone forgets there were women in the service." Mr. Lyons told her the story of a young nurse from Carman who died when the ship she was on was torpedoed in the Gulf of St. Laurence. "I told her all about what the women did. She was quite impressed with that."

Hannah's passion and smarts were obviously evident to the judges, too. For her hard work, she won the right to represent her school with two others at the next level, the St James Regional Historica Fair. There, at John Taylor Collegiate on 10 May 06, she won the prestigious Laurier LaPierre medal, which was awarded to only one other student that day, a boy in grade nine. She was only a few points shy of moving on to the national competition in Halifax.

"We are very proud of her achievement, she worked really hard at that," says her school principal, Mme Lucille Aquin of École Bannatyne. "The work she did on that project was amazing. She worked really hard and she deserves it."

For the grade four student, the best part of the process was interviewing veterans. "Definitely, because I have a really big respect for them and what they did for our country and who we are today," she says. "It was really interesting, their stories, and it inspired me, and it taught me a lot that we hadn't covered on the project. It was just interesting to talk to people who were actually there."

She also spoke with Sgt Pat McNorgan, Air Force his-

torian at 1 Cdn Air Div. "Hannah's a remarkable little girl. She's mature way beyond her years," he says. "She has a tremendous sense of history that's probably been instilled in her by her dad. He has brought about this thirst for knowledge about the military." Her dad is MCpl Dave Payne, who works at Wing Imaging. That's an assessment both he and Hannah agree with.

"Part of the reason she did it is because veterans and remembering is very important to me and I think that's rubbed off on her," her dad says. "He pumps it in to me," Hannah interjects with a nod and a smile.

"I think it's important because when I was a little kid, her age, veterans seemed more important than they do now, and there were more of them," MCpl Payne continues. "And now, it's less and less important every year, and there're less of them to tell their stories, so I think it's more important for us to take the responsibility to tell their stories, to remember their accomplishments. My wife and I are just overjoyed that she cares."

And she does care. Hannah's enthusiasm ekes out of her in a way that's hard not to notice. Though she can be a bit shy, this little dynamo who likes to climb trees and read books speaks eloquently about her research one minute, and then the next minute she asks for a "shout out" to everybody at her school for all support she has received.

Hannah says her goal in all of this was to teach her classmates about the important role the veterans played. It's a concept she obviously understands.

"It's a long time since the war and it's easy for me to remember because I was in it for six years, and I lost friends in it, but for a child of ten years old..." says Mr Lyons. "I thought back to when I was ten - I think I was still playing with Plasticine," he laughs.

Historian Sgt McNorgan says it's important that kids learn the kinds of things Hannah has. "Because it's their legacy. The veterans have provided her way of life, all the freedom she enjoys, that her generation enjoys. That's why the veterans went to war. They gave their lives for our future, which is Hannah's future. It's vital the kids realize the gift that they were given by those men and women," he says.

It's a lesson well learned in the Payne household. "The project and everything is great, but we told her it doesn't matter what prize you win, you win by telling the stories, and by remembering," says Hannah's dad. "The look on the veteran's faces just at the fact that Hannah cared, that was worth it to me."

Canadian Environment Week 2006

Monday, 5 June, was World Environment Day, while the week of June 4-10 is Canadian Environment Week.

Originally established in 1972 by the United Nations General Assembly, World Environment Day is commemorated each year on 5 June. In response to the United Nations' actions, Canadian Environment Week was created via an act of parliament. This week occurs every year, always falling in sync with the World day on 5 June.

As part of Canadian Environment Week, 2006, 17 Wing Environment would like to highlight the department's commitment to environmentally sustainable defence activities, and to provide an introduction to the duties and responsibilities of 17 Wing Environment & Hazmat.

The driving force behind the environmental commitment adhered to by the Department of National Defence and its Wings and Bases is its Sustainable Development Strategy (SDS). The SDS, originally developed in 1997 and updated every three years since, is a document that balances the true mandate of the department with the moral obligation for environmental stewardship, sustainability and responsibility. The SDS identifies goals, objectives and targets to be met by the department within four all-encompassing issues: Ecosystems, Pollution Prevention, Climate Change/Ozone Depletion/Air Quality and the Managing for Sustainable Development while committing to continual improvements in other areas. Along with meeting the requirements dictated by federal legislation and regulations, 17 Wing has met or exceeded many of these goals while diligently managing the required transition to meet others.

17 Wing Environment & Hazmat is responsible, in whole or in part, for managing properties in Manitoba, Saskatchewan, north-western Ontario and Yellowknife. Although each specific site uses the DND SDS as its program base, 17 Wing Environment & Hazmat has adapted existing programs to be site-specific, while also implementing original ideas and programs on a smaller scale. Some of the programs/activities administered by 17 Wing Environment & Hazmat are:

Contaminated Sites Management and Remediation Based on federal criteria, all contaminated sites on federally owned property are tracked, recorded and reported to parliament annually. 17 Wing Environment is responsible for not only maintaining and updating records associated with contaminated sites under their property umbrella, but for making the decision on which sites can and will be remediated versus risk managed.

Environmental Assessments Following the Canadian Environmental Assessment Act (CEAA), 17 Wing Environment either completes or manages the completion of project specific Environmental Assessments on topics such as construction/demolition projects and military training exercises.

Environmental Training 17 Wing Environment provides training to personnel at the unit level on subjects such as general environmental awareness and spill prevention. The approach taken regarding environmental training for CF personnel is one of prevention and due diligence.

Environmental Reporting Involves monthly, bi-annual and annual reporting both within and outside of the department to municipal and federal entities. Reporting information on time is key to keeping 17 Wing in compliance with

legislation/regulations.

Environmental Project Management Most activities today involve some environmental component. Whether it is attending project start-up meetings or dealing directly with other units or contractors, 17 Wing Environment works closely with Wing personnel to ensure that environmental requirements related to a project are achieved. This could involve just a review or the implementation mitigation measures required to facilitate compliance with such laws as the Federal Fisheries Act, the Canadian Environmental Protection Act (and its Regulations) or the Transportation of Dangerous Goods Act.

Environmental Program Development 17 Wing Environment is responsible for staying current with environmental legislations/regulations, policies, technologies etc. Programs must be able to adapt to any regulatory or technical changes that may occur. Any and all suggestions regarding environmentally related ideas, products etc. are always welcome (contact the Wing Environment Officer)

Natural Resource Management The majority of 17 Wing managed properties do not require full scale Natural Resource Management; however, areas such as the St. Charles Rifle Range (which contains the rare Tall Grass Prairie Ecosystem) are managed to meet the goals and objectives identified within the DND SDS.

Hazardous Material Management Environment & Hazmat, at various levels, manages or oversees the proper use and disposal of hazardous materials such as contaminated soil, ozone depleting substances, POL products or PCB's. This activity requires a close working relationship with other Wing personnel as well as federal regulators so that all hazardous material is used or disposed of in a legal and environmentally responsible manner.

17 Wing Spill Response Team Part of environmental "due diligence" faced by all Wings/Bases is the preparedness associated with response to environmental emergencies. Environment & Hazmat has initiated the creation of the 17 Wing Spill Response Team who has the task of being the primary response on the Wing for environmental emergencies such as hazardous material spills.

Although 17 Wing Environment & Hazmat has the responsibility to administer and manage its own site specific environmental programs, as well as the environmental requirements identified by both the Department of National Defence and by Acts of Parliament, it is through the dedication and hard work of Wing personnel at the unit, section and individual level that allows the 17 Wing Environment program to be the successful.

"It is this commitment by the individual that relates to the theme of Canadian Environment Week 2006, which is "Taking Action for Our Environment" and its goal is to reinforce the importance of individual actions to protect and conserve the Environment," says the honourable Rona Ambrose, Minister of Environment in her Message from the Minister on the Environment Canada website. "Ensuring that our communities and families thrive in a healthy environment is everyone's responsibility. Action taken by you, your family, your friends and your colleagues will benefit our ecosystems, our health and our economy for years to come. I hope you will continue your commitments throughout the year as part of a healthy lifestyle." www.ec.gc.ca

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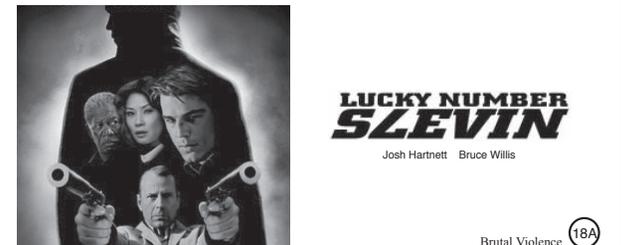
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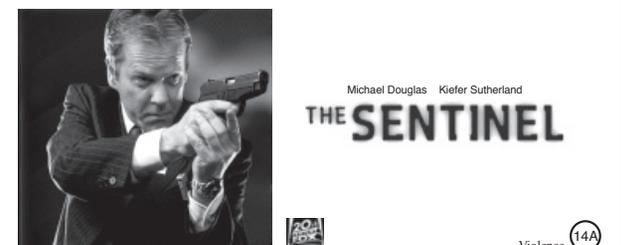
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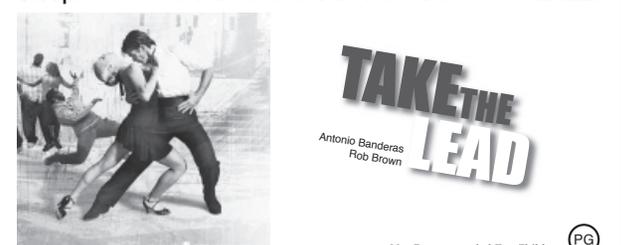
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The Papal Army

By Padre Lance Magdziak

The only privilege they have is to be able to walk at night into the empty Sistene Chapel for a private meditation and prayer.

The Papal Swiss Guard was founded in 1506. It is today largely ceremonial, but like the Guards in London they are a fully operational modern military force. The Papal Guard are the only mercenaries unit permitted under Swiss law and are the last of a long tradition of a million mercenaries in the world's armies. The Guard today consists of 5 officers, 25 NCOs and 70 halberdiers. Pope Benedict XVI has thanked the Swiss Papal Guards for 500 years of service as papal protectors at a special mass in St. Peter's Basilica in Rome on Saturday May 6, 2006.

From the New Catholic Encyclopedia: "From the time of the Middle Ages, Swiss pikemen fought as mercenaries in the armies of many European states. Among the most famous were the Garde Suisse of the French monarchy. Swiss soldiers served the armies of the Papacy from the late 1300s onward, but only during the reign of Julius II (1503-13) was action taken to establish an organized unit of Swiss Guards directly under the Pope. Today only unmarried

Swiss males of the Catholic faith—historically, mainly from the four original Swiss cantons (Uri, Schwyz, Unterwalden, Luzern) and Valais—are eligible for service. Moreover, they must all be between 19 and 30 years of age, at least 174 cm tall and must have fulfilled basic military training. The commander of the Swiss Guard is always a colonel. The Guards must live inside the walled city of the Vatican and they are considered citizens of the Vatican State during their years of active service. For 500 years Swiss Guards stand as bodyguards for the Pope; they watch at the entrances to the city, they are ceremonial honor guard as well as security at many religious and diplomatic functions. Our present Pope said "To be a Swiss Guard means to adhere without reservation to Christ and to the Church and be ready to offer your life for this...Be above all men of prayer, so that the divine wisdom can make you true friends of God..."

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The Family Crisis Team

By Avery Wolaniuk

The Family Crisis Team knows that family violence is not bound by culture, socio-economic, or military lines. "We're no exception," says Padre Bruce MacKenzie.

A DAOD (Defence Administrative Orders and Directives) on family violence was issued in 2003. That means that every CF member is responsible for participating in the prevention of family violence, from the Generals on down to the lowest level.

How do you do that?

The goal of the Family Crisis Team is to help you answer that question through education, resources and awareness. The team, consisting of the chaplains, social workers, the Military Police, the MFRC counselor and the Health Promotions Director, is responsible for helping the Wing Commander address this directive.

"We're focusing mainly on the educational component and getting the word out there," says LCdr Bruce MacKenzie, co-leader of the committee with Laurie Jackson, Clinical Social Worker at 23 Health Services.

Education is crucial to the prevention and intervention of family violence, so the team is starting there. The DAOD states that, "education promotes increased awareness of the problem, reduces the tolerance for this type of behavior, fosters appropriate responses to family violence and ensures that victims and their families are aware of the services available."

As a social worker, Laurie Jackson knows that to be true. "One of the things that happens with family violence, especially with victims, is that they become further isolated. That's typically part of the dynamic. By getting the in-

formation out there, it decreases that isolation and makes it more acceptable for those people to access resources and support," she says. "It's helping people understand the dynamics—the signs and the symptoms of family violence, and the resources that are available."

The secondary responsibility of the team is to look at developing local plans and procedures for dealing with family violence, which the team will focus on once the education aspect has gotten underway. The Family Crisis team wants to ensure that people get the support that they require. They are not looking to duplicate services available in the civilian community like women's centres, but rather, they are directing victims and offenders to the help available to them.

The team headed to Ottawa for a week in March to learn the latest information on family violence and some of the best practices available, then started meeting in April to iron out the details. The members of the team are new, but the idea is not. The original team was created after the DAOD was handed down in 2003; however, with the posting out of personnel and staffing shortages, the initiative was disrupted.

Every base, wing or station is supposed to have a family crisis team, though each one looks a little different. "The military does not take this lightly. That's why there's a DAOD," says Padre MacKenzie. "It's everybody's responsibility to address this issue." In fact, COs must be briefed within 90 days of assuming command on the indicators of family violence, prevention activities and services available. The DAOD states in its operating principles that CF leadership must play an active role in the prevention of family violence.

"I think the important part is that there is a DAOD that exists; I suspect that there are many CF members who aren't even aware of it," adds Ms. Jackson. People seeking the team's services can be assured complete confidentiality. The only exception to that are situations where they (and everyone else) are bound by law to report, such as if someone is in danger to themselves or others or there is suspicion of child neglect or abuse.

Anyone looking for information on family violence, seeking consultation or interested in information sessions can contact any member of the team. Laurie Jackson can be reached at 833-2500 local 5478 and Padre MacKenzie at local 5417.

Central Flying School – We Really Are Here To Help

By Capt Crak, CFSMET

The Central Flying School, or CFS, is a small unit of 35 personnel. The school has five unique mandates to fulfill in which it is responsible to the Commander of the 1 Canadian Air Division (through the Director of Air Force Training).

The traditional CFS role is in the development and maintenance of flying training standards of aircrew training. To accomplish this, CFS Standards personnel conduct Flying Training Evaluations (FTEs) at ab initio aircrew training establishments and do regularly scheduled Training Standardization Visits (TSVs) at the Operational Training Units and Operational Training Flights across the Air Force to assist these units in the effective and efficient delivery of their training mandates. CFS also houses the well-known Instrument Check Pilot (ICP) School, which conducts initial and refresher ICP qualification training. The Human Performance in Military Aviation (HPMA) Flight oversees the Air Force-wide HPMA program and delivers HPMA Coordinator courses.

Fairly new to the unit, the Air Cadet Gliding Program (ACGP) has established its Standards and Evaluation Team (SET) at CFS to maintain and oversee Glider Standards and training across Canada. CFS, through its Air Training Test and Evaluation Flight (ATTEF), is also responsible for conducting Operational Test and Evaluation (OT&E) of all training aircraft fleets. Once you get through all of the acronyms, you can appreciate that the mandate is as daunting as it is important.

Located on the third floor of 16 Hangar, CFS may not be highly visible, but the reputation is celebrated. CFS personnel are seasoned professionals who bring tens of thousands of flying hours' worth of operational and training insight and experience to their jobs every day. This allows CFS not only to ensure that aircrew training is occurring in accordance with higher authority, but it also gives this unit the credibility to make recommendations for the improvement of aircrew training across the Air Force.

While identifying areas for improvement is not always welcome, it is important to ensure that flying training is both effective and of the highest standard. Renowned for this expertise, CFS also conducts training evaluations for the Jamaica Defence Force (Air Wing) and maintains a small detachment of Standards Pilots in Moose Jaw to work with 2 CFFTS and 431 AD Sqn.

The unit is composed of various personnel, including pilot, navigator, and AES Op flight instructors, as well as other qualified instructors and support personnel. Standards personnel are involved with any aircraft fleet involved in ab initio (brand new) aircrew training including the Dash-8, Grob, Jet Ranger, Harvard, Hawk, King Air, and very soon, the modified Bell 412. CFS is responsible for conducting flight checks on instructors, ensuring training documentation meets required standards, and evaluating training programs for new aircraft, as well as ensuring that testing and evaluations of aircraft are completed in accordance with applicable orders.

CFS now has two more members of its Standards Flight who received the coveted "A1" Instructor Category, which is the highest category in this field of expertise. Capt Rod Watts (Nav Standards Officer) and W.O. Ken Othman (AES Op Standards NCM) were both presented with their certificates recognizing this important achievement.

In the training system, after the completion of a formalized flight instructor training program and successful completion of a checkride, all pilot, navigator, and AES Op instructors receive a "C" category qualification. Instructors normally upgrade to a "B" category within six months to a year after successfully achieving other criteria that include, among other things, requirements for a certain number of missions and minimum marks on category exams, as well as demonstrating the required ability on a check flight. The next category is "A2", followed by the highest, which is the "A1". One of the requirements for achieving the "A1" category for a pilot is conducting 800 instructional hours, a navigator is completing 135 missions, and for an AES Op is 80 missions. Given not only the number of hours or missions



Capt Rod Watts (right) receiving his "A1" Certificate from LCol Gary Hook, Cndt of CFS.

required, but also the numerous other requirements, very few instructors attain this level. Capt Watts and WO Othman join the six other "A1"s that CFS already employs. On a special note, Ken is the first AES Op to ever achieve the "A1" Instructor qualification.

CFS has also been busy with the new Contracted Flying Training and Support (CFTS) project, which has seen the Air Training Test and Evaluation Flight (ATTEF) busy ensuring all requirements are met for the courseware and the Standards Flight evaluating the training syllabus and documentation, as well as getting qualified on the new aircraft.

We recently said good-bye to our AdminO, Capt Bill Collier, who retired from the Reg Force after over 38 years of service, and after having logged more than 6500 hours, as both navigator and pilot, on numerous aircraft including the Argus, Aurora, Dash 8, Musketeer and Tutor. Major Kevin McGowan, CFS's USAF exchange officer employed in the ICP Flight, recently received his promotion to major, and as of 8 May, welcomed a Canadian into his family (he and his wife had their first child – Emily Elizabeth).

With the upcoming APS, we will also be saying good-bye to a few members of CFS. Our Commandant, LCol Gary Hook, will be retiring in September after over 35 years of service. He will be relinquishing command to LCol Eddie Haskins in August. Our Training Development Officer, Lt(N) Kathy Grimshaw will also be missed when she retires this May. Capt Dave Skinner will be promoted and slip the surly bonds of CFS to dance the skies on laughter-silvered wings at a unit yet to be determined. Capt Al Di Dio, of the



W.O. Ken Othman (right) receiving his "A1" Certificate from LCol Gary Hook, Cndt of CFS.

ICP Flight, will also be leaving us for the greener pastures of Portage and Capt Rod Watts will be attending the Aerospace Systems Course (ASC) here in Winnipeg for the next year. From the HPMA Flight, Maj Daryl Collins is moving to 103 Sqn in Gander and MWO Brian Welin is off to the fighting 407th in Comox. Capt Rob Weldrick will move in to the Flt Comd position as an Acting While So Employed 'Major'.

So, in all, lots of change on the horizon, some tremendous personal accomplishments and the reassurance that our mission has meaning and we are assisting the Air Force maintain its operational effectiveness.

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17 Wing Mission Support Squadron Hits The Road

By Capt Dion Spencer



Members of 1 Air Move Sqn load 17 MSS Recce Party vehicles on a 436 Sqn CC130 Hercules aircraft.

Cold Lake, Alberta - The culmination of years of planning and preparation for the Air Force Support Capability concept reached fruition on 5 May with the deployment of the 17 Mission Support Squadron to Cold Lake, Alberta, in support of the Edmonton based 408 Tactical Helicopter Squadron at Exercise Maple Flag 39.

Despite delays and significant planning obstacles experienced from the outset, the first-ever camp to provide logistical support to an Air Expeditionary Unit under the Air Force Support Capability concept was established ahead of schedule.

The deployment began with the 13-person reconnaissance party departing by CC130 - Hercules Transport Aircraft provided by the Trenton based 436 Squadron, and loading assistance from 17 Wing's 1 Air Movements Squadron. Although slightly delayed, the reconnaissance party was underway and the mission was off the ground.

On arrival at Camp Medley, the reconnaissance party faced several obstacles, such as a gas line running directly through the accommodations area and an incomplete site preparation, which resulted in a redesign of the entire camp layout. Despite these challenges, the reconnaissance and advance parties successfully erected the headquarters

complex, mess facilities, and modular tenting to bed down Mission Support Squadron personnel within the initial 48-hour period.

With the last members of the Mission Support Squadron arriving at Camp Medley on 9 May by road convoy, efforts were directed to constructing the remaining components of the camp to achieve operational status. Personnel instrumental in establishing the camp include Sgt Roberts, for overseeing the construction of MEX 26 shelters, MCpl Petty, for setting up the tactical shower system currently being trialed, Sgt Browning, for establishing the reverse osmosis water purification unit and fuel supply delivery system, Sgt Provo and Sgt Morningstar, for establishing the generators and complete electrical distribution system, the entire Communications and Information Systems Flight, for providing communications capabilities throughout the camp via satellite and radio frequencies, and Capt Manson and MWO Rousseau, for overseeing the entire camp build up in a mere six days.

With the build up of Camp Medley nearly complete, the Mission Support Squadron was positioned to receive the advance party from 408 Tactical Helicopter Squadron on 12 May. Priorities and activities were redirected to focus on the arrival of the Air Expeditionary Unit that would assist in the AFSC. With the advance party arriving by ground transportation, the Mission Support Squadron was able to complete preparations prior to their arrival. As the camp prepared for an influx of personnel that would more than double its population to 230, finishing touches were completed on the Tactical Shower unit and the bed down area. Despite minor adjustments to the manner in which the Mission Support Squadron came accustomed to conducting business, early indications are that the new arrivals are extremely pleased with the support and accommodations provided at Camp Medley.

All 17 Mission Support Squadron personnel are to be commended for their outstanding efforts and commitment to the Air Force Support Capability concept and the manner in which they have performed their duties.

A Native Of Picton In Sinai, Egypt

By Captain Patrick Simard, Public Affairs Officer for Task Force El Gorah

Born in Toronto, Ontario, Major Gordon Wetzel spent his high school years in Picton, Ontario. He started his career in the Canadian Forces in 1987 as a Logistics Officer. He was offered the chance to deploy where very few Canadian soldiers have the occasion to go. For a one year period he has been a member of Task Force El Gorah for the Multinational Force and Observers (MFO) in the Sinai, Egypt.

The MFO is an international peace keeping force that has been based in the Sinai for 23 years. It is responsible for monitoring the Peace Accords determined at Camp David in 1979 between Egypt and Israel. Canada has been a strong member of the MFO since 1986 and has members in a number of key HQ positions, engineering, fleet maintenance and flight following.

Currently posted in CFB Winnipeg, Major Wetzel came to join his 29 Canadian colleagues last July. As the MFO Food Services Officer, he is responsible for the development, coordination and monitoring of all food services for the 2200 members of the MFO, which are distributed on two MFO camps and at nearly 30 remote observation sites.

His experience in the Sinai will end in mid-July after which he will return to Canada.



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WComd Col Ken O'Brien and his wife Cheryl came out for the afternoon.



Gord Moore, SISIP Branch Manager, and his wife Vivian brought grandsons (from left) Brendan, Dillon, Jeffrey and Matthew to the game.



Darryl Muralt, who received an award for his volunteering, threw the first pitch of the day to open the Goldeyes game.



The Ukleja family took in the game from their row of seats. From left, Silvia (member of the MFRC Board of Directors), Joe, Chris (member of the Youth Advisory Council), and Nick.

Volunteers Continued from page 1

in Europe. The level of funding depends on the base population, and so far more than 10 000 adult and youth volunteers have participated.

The total bill adds up to about \$100 000 a year, said Mr. Gordon Moore, SISIP Branch Manager. "We thought it was necessary to provide some recognition to the volunteers that wasn't being done to the degree that we thought it should be," he said. "That's why we funded it. It was a great day; it was a good turnout, the weather was certainly a lot better than last year — nobody had to wear a parka— and it was a great game."

The Goldeyes held a good lead after the first four scoreless innings, winning the game 6-2 over the Calgary Vipers. Also in attendance was LCol Paul Conway, the MFRC Acting Executive Director Wendy Richardson, and PSP Manager Rick Harris.

At the MFRC, life would be a different place without their 80 volunteers. Some come in and help out with special events, some come in every week. They help with the administrative work, sit on the Youth Advisory Council, and do countless other

tasks.

"It's one way to say thank you to our volunteers and to recognize them in front of the public so that they know we appreciate them. As well, it's nice for all of them to get together because they come and volunteer in by twos and ones, and they never get to see the other volunteers at the MFRC. It's nice to get to meet each other," said Louise Cameron, French and Volunteer Services Coordinator at the MFRC.

"I would like to say thank you to SISIP for sponsoring our event again this year, without their support we couldn't have it. It's great that they're always there; instead of just giving the money, they're there to support us in person. And thank you all the volunteers— keep coming, we like having you around," she added.

Even with the good turnout this year, Com Rec Director Melissa Horbas knows there are others out there who didn't come and deserve a great big thank you. "There's still more volunteers out there that we need to reach and get the word out that this is available and an opportunity to thank them."



Louise Cameron, French and Volunteer Services Coordinator at the MFRC, enjoyed the game with her family, (from left) Andrew, Dave and Brenton.

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Col Ken O'Brien, WComd, presents the "Volunteer Male Teen" award to Darryl Muralt. Darryl volunteered to be in the Vacation Bible School as part of the drama team, and to be an assistant to one of the teachers. He shows signs of being a very dedicated volunteer to his church and community. Darryl is a caring, dedicated individual who takes incomparable pride in the volunteer jobs he has taken on.



Rick Harris, PSP Manager, presents the "Volunteer Female Teen" award to Starlene Gelinas. Starlene is an alter server at the 17 Wing RC Chapel. Despite her young age she is very dedicated, coming to church every week to serve. She is seen as a role model for the other children, even those older than she. This is a high profile position that Starlene performs with maturity and grace.



WComd Col Ken O'Brien presents the "Volunteer Adult Female" award to Barb Thuen, president of the 17 Wing Catholic Women League. Barb reads for the BC Masses and provides childcare at the MFRC for the parenting program. She has contributed countless hours to her community, and willingly jumps in to fill a need. She is respectful and dedicated to whatever she is doing at that time, whether it's speaking in front of the congregation or singing nursery rhymes to two year olds. Each of these she treats as if they were the most important people in the world.



Wendy Richardson, Acting Executive Director, presents the Builder Award to representatives of the Youth Advisory Council (YAC), (left) Patrick Brine, Chris Ukleja, and Kimberly Morris. The YAC are responsible for the implementation of the National Youth Model at 17 Wing. This group has only been in existence for one year; they devote endless hours to meeting and developing youth activities at the Wing, community service, and volunteering at special events. Missing from photo: Justin LeBlanc, Kayla Compton, Caiti Kopachena, Jonathan Fredericks, Jessica Pachkowski and Eric Richards.



Gord Moore, SISIP Branch Manager, presents the "Volunteer Male Teen" award to Patrick Brine. Patrick is co-chair of the Youth Advisory Council, volunteers at special events, and is known as the odd-job specialist at the MFRC. Even when he is "voluntold," Patrick maintains a cheerful attitude and willingly completes any task. His strong leadership skills and "can-do" attitude are respected by the YAC members.

Letter To The Editor

Thank you to the MFRC for putting on Dress for Success!!! It was a high end, top quality show for sure! I thoroughly enjoyed volunteering for the event, the remarkable guest speakers, Barbara Bowes and Chrissy Troy, and the phenomenal Fashion Show put on by Laura Canada and Pinstripe.

It was so disheartening that the attendance was so low. There were as

many volunteers as there were people from the military community, whom this show was put on for. For the very low price of \$2, going towards the MFRC youth programs, it was more than worth it! I'm mystified at the lack of support for this worthwhile organization, because there was so much effort put into to this event for this community. I'm saddened to say the least.

Sincerely,
Natalie

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National Cadet Marksmanship Championship



Cadet Zoryana Cherwick, 13, of Winnipeg, MB gets some last minute advice from Manitoba coach Clarence Lazaruk during the "falling plate" competition at the National Cadet Marksmanship Championship held in Regina May 6-12, 2006. Cherwick is part of the Manitoba Composite Team competing for top honours at this year's National event.

Executrek Exercise Charging Bison 06

By Captain Liz Skuce

On the cold morning of Thursday, 04 May 06, guests from Thunder Bay, Manitoba and Saskatchewan varying from civilian employers to 38 Canadian Brigade Group Honourary Appointments attended the Executrek.

The Commander of 38 Canadian Brigade Group, Colonel Kelly Woiden, and the Task Force Commander for Exercise CHARGING BISON 2006, Lieutenant-Colonel Cameron Buchanan, greeted the group comprising of approximately 45 people. They received a quick informative brief on the purpose of the exercise and the training of which they would view throughout the day. They were informed that 38 CBG had been tasked with generating a force of about 200 soldiers to support a Task Force slated to deploy in 2008 and that Exercise CHARGING BISON 2006 would be the first collective training event for 38 CBG in the lead up to this Task Force, currently referred to as Task Force 3-08.

The training of citizen-soldiers would need to occur far in advance in order to get them trained to the level they needed to be at. Further, the Exercise would

encourage independence of thought and action at the lowest group level, while reinforcing individual soldier skills within a Full Spectrum Operations environment.

The group was given a tour of Camp Red River located at the Red River Exhibition Grounds, followed by a meal by the local camp's kitchen trailers. The group was most impressed by the amount of logistical support it takes to support 648 personnel on a daily basis, such as: for breakfast it takes approximately 1,200 eggs, 1,296 pancakes, 250 litres of milk, and 1,200 sausages and strips of bacon, all cooked within a period of three hours. During the tour, the group was able to view the quick, decisive action of the gate guard commander as suspected insurgents attempted to enter the camp. Following this action, the group proceeded to A Company located at Pioneer Area by the appropriate cleared routes. When entering A Company's location, those employers nominated by 38 CBG soldiers were able to view and interact with their employees for the first time in a military setting. At the time, they were able to see a patrol coming in from A

Coy's area of responsibility and a small group of locally employed actors from the University of Manitoba and Canadian Rangers demanding for food and assistance.

In order to make the next timing, the group was rushed to observe the Cordon and Search of the old maintenance building behind what used to be building P2 clothing and stores, posing as a weapons catchment with several armed insurgents. The group watched the establishment of the outer and then inner cordons (security perimeters), followed by the insertion of a platoon from B Sqn by four Griffon helicopters by 427 Sqn to clear and search the building.

A reception followed, taking them out of the cold to the warmth of the Fort Gibraltar, Great Hall where the Canadian Forces Liaison Council asked for their assistance and support for current employees and future employees of the Primary Reserves. They were encouraged to provide time off for military training and to create a military leave policy for their companies. All left on a positive note expressing a further understanding of the CF and remarked on the professionalism of soldiers they encountered.

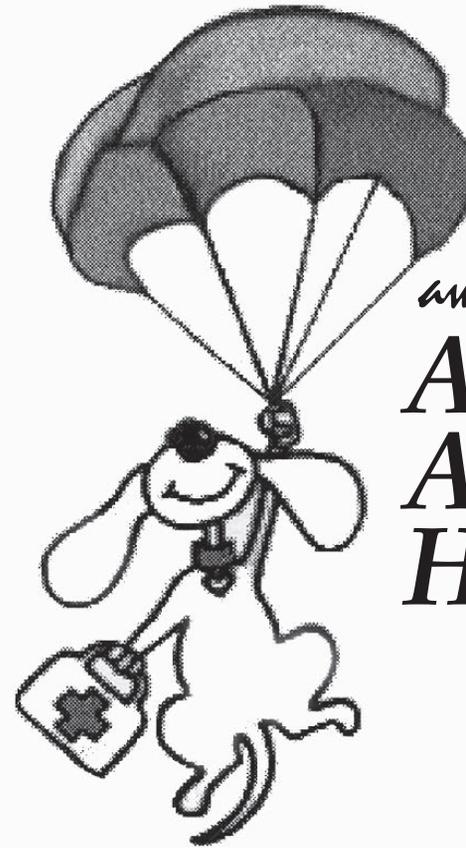
What is Vacation Bible School?

A week of fun and learning through crafts, food, song and stories, of friendships cultivated in a supervised, non-denominational Christian environment, for children ages four to 12. Each morning from 9:00 a.m. to noon, 10 to 14 July, stations will be conducted in the 17 Wing Community Chapel Annex (2235 Silver Avenue, west of Whytefold) to teach children the significance five Bible stories have in their lives today. Five delightful cartoon figures will lead them through each Bible adventure, employing language and activities suited to their ages. Healthful snacks will be served each day, while Friday will feature a barbecue for the participants, their families and friends, when the children can show what they have learned. Lively Latin rhythms will set the pace for this year's Fiesta theme. Cost is \$7 per child, to a maximum of \$18 per family, up to 30 June; after that date cost is a flat \$10 per child. For information or to register call 833-2500, extension 5087. Attendance is limited to 50. Don't let your children miss out on this exciting opportunity.

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Afghanistan Roto 1 – Engineer's Point of View

By Maj Stew Beal

Another month has flown by and most of the engineers have had their visit home or have visited a third location where they met up with loved ones or friends. We had folks visit Europe, Australia, Thailand and other exotic locations. Everyone returned with stories, some of which cannot be expanded upon in this forum, and ready to get back to work.

Morale is high despite the weather. We have been getting temperatures in excess of 40 degrees Celsius and we are expecting to exceed 50 in July and August. I am one of the lucky ones that work in an office most of the day. My air-conditioner runs all day long and I am able to cool the office between 25-30 degrees Celsius; it is like a meat locker. Leaving an air-conditioned building and walking out into the heat is like getting kicked in the groin. Drains you of energy but doesn't hurt as much. Just moving from construction site to construction site is an ordeal.

On 5 May, Sgt Mark Strickland arrived at KAF. Mark, a friend, is from Winnipeg and works for me back home. It was nice to see a familiar face and catch up on news from home. Sounds like 17 Wing Construction Engineering is going through another busy year. I can hardly wait to get home and take over again at CE. Should be relaxing, not! Mark is filling the last position within the ESU; imagine being three months into the mission and finally getting all your troops. Doesn't paint a great picture of the state of the Armed Forces.

We have had three quiet weeks, no rocket attacks, and I have finally able to get a good night's sleep, minus the constant landings and take-offs of aircraft and helicopters, which go on around the clock. Looking back at it now, I guess the rocket attacks shook me up more than I wanted to admit. The weeks following the attacks, I would wake-up in the middle of the night and lay in my bed listening for the distinct noise that the rocket motor makes as it screams in on the camp. With any luck, we will not have to endure these sounds or the explosion that occurs when they descend back to earth.

So much for a good night's sleep. We were subjected to another rocket attack on the 13th. This one occurred at 2050 hrs and not 0300 hrs. We were all awake for a change; a few of the troops were sitting around telling lies when the first rocket came in. Everyone jumped up in a flurry to get to their tent and don flak jackets and helmets. In the mad scramble, MCpl Bell struck Sgt Andrews in the eye, while trying to get out of his chair. I am assuming it was an accident. Sgt Andrews is now the proud owner of a black eye that he will take home with him on his mid-tour leave. I only wish I could get MCpl Bell to move that quickly when there is work to be done (ha-ha).

On the 15th one of our vehicles was subjected to an Improvised Explosive Device (IED). There were two Canadian soldiers in the vehicle and they both escaped with minor injuries. It was believed that the blast was similar in size to the one that took the lives of the four Canadian soldiers back in April. We can only hope that future IED strikes turn out as well as the one on the 15th.

On the way from work to the tent lines the other night I was stopped by a reporter that was asking soldiers questions, trying to dig up a story. He asked if he could pose a few questions and before I could answer I had a microphone in my face. He wanted to know how I felt about the cabinet debating if the mission here in Afghanistan should be extended. My response was, "They are doing their jobs as politicians and we are doing ours as soldiers." He then asked if I thought Canada should be in Afghanistan. I indicated, "as professional soldiers, we are a tool of the government and it is not our place to question their decisions." I also added that I am certain that if we had a choice all of us would much rather be at home with our families. The article was released the next day and I was quoted, "I wish I was home." I really enjoy being quoted and taken out of context. Like I indicated in one of the earlier articles, having the media present is a struggle for the soldiers. You are always under the magnifying glass and have to be careful every time you open your mouth. It is very tough to find a place to relax and let your hair down, for those who have some.

The CANCON Show came to KAF on the 17th; we had the opportunity to enjoy music and jokes from Michelle Wright,

Julian Austin, Diana Chase, Richard Wood, Maritza, Amanda Stott, Kenny Shaw and the Wilkersons. All who took it in enjoyed it immensely. I was somewhat moved by the genuine gratitude that the performers had concerning the role the Canadian soldiers were playing on the world stage. Julian Austin closed out the four-hour event with a tune titled "The Red and White." It seemed very fitting and it certainly made you proud to be a Canadian soldier. Unfortunately, also on the 17th we had numerous TICs (Troops in Contact) and one resulted in the death of Capt Goddard from CFB Shilo, our sixth death as a direct result of enemy actions. I truly hope it will be our last.

On the 19th at oh dark 30, Capt Goddard was sent on her way home with a very moving ramp ceremony. I was surprised and impressed to see the performers from the CANCON show form up with the soldiers to pay their last respects to a fallen comrade. These events are no fun at all and the performers chose to be there, displaying their support. Well-done folks!

The night of the 24th we were awakened to the "oh so familiar sound of the" siren. Funny this time there were no explosions prior to the siren sounding and it wasn't 0300 hrs either, it was actually 0100 hrs. We all wondered what was up. Not until a head count was completed and I reported that all the Engineers were accounted for did I find out that a group of local nationals living outside the base spotted a group of three or four Afghans setting up rockets. The locals chased the group but were unable to catch them, they then informed the base as to the location of the rockets and that is why the siren went off before the rockets came crashing down on the base. Within 45 minutes, the engineers had BIP (blown in place) the rockets and the all clear was sounded. This has been seen as great news to have local national concerned with the welfare of the troops within the base. It is believed we are winning the hearts and minds of the Afghan people. I don't think we would have seen this response four months ago. Hopefully I am right.

On the 26th we had another IED strike. A LAV III was engaged, resulting in the injury to five Canadians and one interpreter. Fortunately for all involved no one was killed, however there were broken bones, burns and other injuries. Due to enemy activity in the area, the vehicle had to be destroyed vice recovering it.

The 28th and 30th brought more rocket attacks. Getting a good night's sleep at KAF is getting rather difficult. On the 28th one round landed in the camp; fortunately, no one was injured. We can only hope that our luck holds. Also on the 28th one of the Battle Group patrol engaged a group of Taliban in a firefight and five of our soldiers were injured. It appears that things are not going to be slowing down on the combat side for the foreseeable future.

On the work front, we are nearing completion of the first two accommodation facilities. Only seven more to go! Now that the contractor has finally completed pouring his pads, the facilities should get assembled in a timely fashion. Unfortunately, the Battle Group will be moving into these accommodations this roto. We are now planning on moving Roto 2 into the facilities upon their arrival at KAF.

Work at the Ammo Supply Point project continues to progress. We had three electricians here from Cold Lake installing the lightning protection and explosion proof lighting. Work was going along well until they started driving the first of sixty grounding rods for the lightning protection grid. Trying to drive a 10-foot cooper rod into this soil is an adventure at the best of time. The soil here is like concrete but only harder. We had to have the linemen bore a hole just to get the rods started. Once they got down about six feet, they went a little easier. Without the line truck, which broke down on numerous occasions, I do not think we would have been able to get the grid installed. The adventures of Afghanistan continue.

I am anxiously waiting my turn to return home to see my family. I was joking with my spouse the other day, saying the only way she will know I am home is because my golf clubs will be missing. I am looking forward to playing some golf, relaxing, spending time with my family and friends. After 133 days of work, I think I need a rest!



Summer Aquatic Information

Hours Effective July 1 - Sept 4, 2006

Public Swim:

Monday-Sunday	1300-1600
Monday-Friday	1830-2045
(leisure pool only)	1830-1900)

Lap Swim:

Monday-Sunday	1600-1700
Monday-Friday	0630-0730
	1100-1300

Lessons:

Monday- Friday	1700-1930
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Summer Swim Lesson Schedule

Lessons run from July 10-21 & August 14-25

1700	Salamander /Sunfish	Crocodile /Whale	Swim Kids 4
1730	Swim Kids 3	Sea Turtle	Swim Kids 5/6 (1730-1815)
1800	Swim Kids 7/8 (1800-1845)		
1900	Swim Kids 9/10 (1845-1930)		

17 Wing Bronze Cross Lifesaving Camp

August 28 - Sept 1, 2006
0800-1600

During this weeklong camp candidates will learn to deal with lifesaving situations, develop first aid and cpr skills, and build their confidence in, on and around the water. For more information contact Brianna Fay at local 7013.

All swimming lessons are \$35.00 per candidate. Registration begins June 19, 2006. Please contact Aquatic Supervisor Brianna Fay at 833-2500 local 7013 or local 2057 or local 5976 to register.



The Demise Of Hudson 768

Part 6 Of 7

By HCol Wishart



In a series of articles, HCol Wishart tells a story from his early days in the Air Force. Somewhere in Newfoundland, he and his three crew mates survived the crash of their plane on Monday, 27 January 1942. On Thursday, they were surviving the blizzard at their makeshift campsite and waiting to be rescued.

Friday — How long had we been here? How long had the wind been blowing? Not much chance for a rescue so long as this kept up.

Our shelter seemed to be holding up quite well. We now had dozens of shroud lines tied everywhere. While we couldn't do without the spruce trees, they unfortunately were acting as a snow fence and we had a huge drift of snow forming against the shelter much bigger than we could handle. It seemed we were all taking time to melt some snow to make a cup of soup. We'd all eaten pounds of chocolate. Maybe that's why the need for soup, or vice versa.

Saturday — Yesterday morning we said the wind had been blowing for 80 hours. Well, we're up to 100 plus hours now! This island sure knows how to put on blizzard! An early inspection of our shelter indicated that we'd probably spent our last night there. Two sides bulged in and our centre pole had a wicked bow in it. Mac and I shared a bowl of soup and decided to go to the aircraft to see if there was any possibility of making it hospitable, and what we could use to hold a fire. We still had one parachute that hadn't been popped and there were four parachute bags in the aircraft. The Wireless operator's chair in the aircraft is like a barrel chair and fastened to the floor with clips. We felt we could detach the chair and place it upside down on the main spar in the cabin, which would place it directly below the Astral hatch. This we could smash out with the crash axe and use the opening as our chimney. Once we'd decided that this was our only alternative, Mac went back to the shelter and

I set to work housekeeping.

I put the Wireless Operator's chair upside down on the main spar as we had decided and I punched several holes in the base. I used the parachute bags and Mae Wests to patch the windows, and using the spare axe I smashed a hole in the plexiglass of the Astral hatch and then went scrounging for paper, which I scrunched up and put in the "stove." Close to the aircraft I chopped down a tree and cut it into two lengths about six feet each. These I placed in the "stove" standing up, but it looked too dangerous as they were leaning against the Astral frame. I waited for Mac.

When the three of them returned, Mac and I had a conflagration. He agreed that we shouldn't stand anything up longer than four feet. Bad news — that meant if we attempted to seal the door with our fourth parachute, we'd have to not only chop down our trees for the night, but cut them into lengths that we could store inside the aircraft. My back broke just by the thought. Mac and I went back for the ration boxes but we decided to leave the sextant and other things we'd used to set up house. We brought back the SYKO machine, which was used for decoding our wireless messages. When we got our fire going it was amazing what heat we got out of it. We made a makeshift door with the remaining parachute. Mac and I put many handfuls of snow in the gas tanks and then set about getting our trees to split up for the night. When the wood was stacked, and the door sealed

for the night, my back felt truly broken. However, there was enough heat for Mac to peel off his outer and inner flying suits down to the waist and remove his tunic, and I could take off my parka for a good drying. Before "locking up" for the night Mac mentioned that the wind seemed to be dying down.

Sunday — It was almost 0300 hours and for some reason we were all awake and chatting. Something was different and I believe it was this difference that had awakened us all at the same time. The wind had stopped! The silence was deafening!

After this momentous discovery we fueled up the stove and dozed off, I'm sure with a smile on our lips. Later Mac and I went out to relieve ourselves and we marveled at the millions of stars that were shining overhead. There was not a breath of wind nor a cloud visible anywhere. We returned to the aircraft, tied down the door and had a late snack of chocolate. Even it was losing its taste.

It was sometime after 0500 hours that Mac said he could hear dogs barking. We were both jammed up together against the bulkhead trying to get some shut-eye and I agreed, but over the past several days we'd heard many noises: people yelling, etc., from trees rubbing together, and funny noises from the wind blowing around our shroud lines at the shelter.

A few minutes later, Mac looked out the window and yelled, "Jeez, the search party's here!" A voice came back from outside, "The can't all be daid!!!"

Athlete Of The Month

By MCpl Marty Lee

In the fast paced game of basketball, experience can definitely be an asset, which is what Major Todd Murphy from 1 Cdn Air Div HQ brought to the 2006 CF Nationals hosted by Shilo when Edmonton picked him up to augment their team roster. Maj Murphy earned Athlete of the Month when he returned from the Nationals with the first place Edmonton team and a MVP Award in a hard fought round robin game with Ottawa. Edmonton faced the Quebec Region (represented by Ottawa) in the semi finals winning 72-54, and beat the host team (Shilo) by a score of 67-58 in the finals to win the championship.

Maj Murphy is familiar with the Edmonton team as this is the second year Edmonton has picked him up as an augmentee for the Nationals. During the tournament he played shooting guard and had to use his defensive skills to the max as the tour-



Four Canadian Entertainers

By Alf Brooks

At the end of May Canada Post issued four stamps to celebrate the achievements of four people born in Canada who made it big in the entertainment industry: Fay Wray (from the original King Kong film), Mary Pickford ("America's Sweetheart"), Lorne Greene (remember "The Voice of Doom" from CBC news of World War II?) and John Candy (SCTV here in Canada, then films in the USA).



Congratulations to Major Todd Murphy for a successful close to another Basketball season.

namment competition was close and everyone participating giving 100%. Not only was Maj Murphy's defensive contribution an important part of the first place results but he was also able

to make a offensive difference on the score board throughout the tournament. With 7 Nationals under his belt Maj Murphy can claim 2 Gold and and 1 Silver medal. "My primary motivation is fitness first and then I focus on the competitive aspect of playing." Maj Murphy also credits his success and lack of injuries during the season to "my fitness level prior to Nationals, developed thru Base level sports and my personal fitness program".

Major Todd felt Edmonton's success at the Nationals this year was due to "each individual giving maximum effort and players focusing on positional roles".

Maj Murphy has been involved in basketball from Jr High school through to college level basketball at RMC, and now plays in the Winnipeg Men's league. The league has 7 tiers and 17 Wing competes at the 5th level. "Playing at this level is a good work up for Nationals and allows players with different skill levels to develop their skills and enjoy the game."



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- ✓ Prevention & Intervention Services
- ✓ Family Separation & Reunion
- ✓ Child & Youth Development
- ✓ Parenting Support

MFRC Monthly Community Coffee Break

The 1st Thursday of EVERY month
10-11 a.m.
102 Comet St.



Resources

The MFRC has Internet-ready community computers, a fax machine, tape recorders, digital camera, and video camera available for use site during normal working hours.

Other Numbers

MFRC: 833-2500 ext.4500
Emergency Childcare: 935-7733
MFRC Childcare Centre: 837-3653
Youth Centre South: 488-8563
Youth Centre North: 833-2500 Ext 4502

Military Family Resource Centre

Winnipeg MFRC Annual General Meeting

14 June 2006 7pm
102 Comet Street

Join us for a glimpse of the great work your MFRC has been doing all year long. Meet the staff and Volunteer Board of Directors. Find out how to join our dynamic team and share your voice with the 17Wing Community. Refreshments will be served.



Winnipeg MFRC Hosts Deployment Coordinators Conference

On April 5th – 7th, the Winnipeg MFRC played host to 18 Deployment Coordinators from all geographical regions and military elements. From learning how to juggle to a virtual visit to Camp Mirage, Coordinators took the opportunity to “Spring into Action” and explore positive ways to ease the tension in providing Family Separation & Reunion services. Coordinators were provided with the opportunity to participate in discussions on best practices, learn new skills, gain valuable information and develop tools to assist with delivering Deployment services. Special thanks to MWO Lou Landry 1 Cdn Air Div, MCpl Diane Miazga 17 WOps, Capt Steve Nagy CFSAS, and CWO Ray McInnis DQOL for contributing very important pieces of the agenda.

Packing for your new posting?????



Find ReLeaf. Consider donating your house-plants or perennials to the MFRC. Your plants will be nurtured by caring volunteers and presented to Newcomers in the coming year. Drop off at the MFRC during regular working hours 8:30-4:30 M-F (@4506 to arrange for pick up) *Posting ReLeaf Program- making roots in our community*

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Open 24hrs! Our website offers service descriptions, the latest program guide, education and training info, helpful links, a complete listing of all the schools in the Winnipeg area and much more.

Check out our web page for the Better Business Bureau Military Family Line #. Your direct link to consumer advice and protection.



Kidventures - Summer Camp



This year Kidventures is making a **Rainbow Connection.**

Winnipeg in summer is a time full of colour. There is the big blue sky, the green trees & grass, the brown of the Red River and the yellow of the canola fields surrounding the city. This year we have decided to make Kidventures a colourful journey around the city. Each week we will be adding another colour to our camp. Join Roy G. Biv and the great Kidventures staff as we set out to explore Winnipeg and all its colour.

Camp hours: 9:00 – 3:30
(Extended care hours 7:00 – 8:45 & 3:30 – 5:00)

July 4 – July 7 Red Is Best

Red is best! Being Canadian – red should be our favorite colour. We will spend the week celebrating all things Canadian. Voyagers, aboriginal culture and the Scots, all helped make Manitoba a great place to live. To end our week of celebrating we are going to the fair. Tinkertown is our fieldtrip this week.

July 10 – July 14

Knock, Knock Orange You Glad You Came

You'll be glad you signed up for this week. Things in Winnipeg will be getting silly as the annual Fringe Festival gets underway. We hope to stop by the Kids Fringe and check out the silliness. We will also go bowling at the Uptown Academy Lanes.

July 17 – July 21 Hello Sunshine!

Let's get outdoors and enjoy Manitoba's great sunshine. What better place to see the sun and have lots of fun than a trip to Fun Mountain.

July 24 – July 28 It's not easy being Green

Looking after the planet is not always easy. This week we will spend time looking at ways to be good stewards of the Earth. A trip to Fort Whyte is planned.

July 31 – Aug 4 Big Blue Sky

One good thing about living on the Prairies is that the sky is HUGE! This week we will have our head in the clouds. There is a visit to the Aviation Museum and Air Force Heritage Museum planned.

Aug 8 – Aug 11 Indigo? What is Indigo?

Indigo is the colour of Royalty. This week we are treating ourselves royally and visiting Lower Fort Gary where Manitoba's royalty once lived.

Aug 14 – Aug 18

Purple People Eaters and other Things that go bump

Giant Fish and Cracker – Cats are just some of the “big” things will see this week. The CanWest Fishbowl is our destination this week as we take in a Goldeyes game.

Aug 21 – Aug 25 A Kaleidoscope of colour

The summer is ending and soon everyone will be back at school. To end our summer of colorful fun, we will lose ourselves in the corn maze.

How to Register:

Stop by the MFRC to register. Completed Medical/consent form is needed at time of registration along with payment. Non-refundable portion must be paid at this time. The remainder of the amount may be post-dated 2 weeks prior to start of camp. Cost for Camp is \$80.00 per week, (\$25.00 non-refundable). Before & after care will be available at a cost of \$20.00 per week per family

Together in Church



CATHOLIC

Sunday Services
(English Only) 0900 hrs

Sunday School
Sunday School is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

Marriages
Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A Marriage preparation course is also required.

Baptisms
The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

Protestant Chapel Guild
The Guild meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

Food Bank
The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

Emergency Chaplain
After normal working hours, the Emergency Chaplain can be reached through WOps Duty Centre, 833-2700.

Other Phone Numbers:
For your convenience, a phone number has been set up to provide callers with info on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts. Those with access to the DIN visit the chaplains' Web Site at <http://17wing.winnipeg.mil.ca/main>, then click on 'Services'.

Interfaith Prayer Room
Rm 305 in Bldg 62 is avail during reg working hrs for private prayer or meditation, or for small groups to worship in the manner of their faith.

Chaplains
Padre Lance Magdziak
Roman Catholic
Office 833-2500 ext 5272
Administrative Assistant
Carol Cochrane
Office 833-2500 ext. 5087

Masses
(English only)
Sunday 1100 hrs
Saturday 1630 hrs

Religious Education
Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

Confessions
The sacrament of reconciliation is offered 20 minutes before mass and by appointment. Contact the chaplain's office.

Baptisms
We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

Weddings -Marriages
Contact the chaplain at least six months in advance. A marriage-preparation course is a requirement.

Catholic Women's League
Meets in the Chapel Annex the third Monday of each month at 1830hrs.

Protestant

Chaplains
Padre Bruce MacKenzie
(United Church)
Office 833-2500 ext 5417
Padre Bob Brinn
(United Church)
Office 833-2500 ext 5349
Padre Paul Southen
(United Church)
Office 833-2500 ext 4277
Administrative Assistant
Carol Cochrane
Office 833-2500 ext. 5087

"I Quit"

The 2006 March first "I Quit" challenge was a great success on 17 Wing. Thirty-two people vowed to stay smoke-free for the whole month of March— that's an 18-person increase from last year's contest, and 64 people vowed to support them through the challenge. The local challenge winners, pictured

here, and all participants in the 2006 challenge did a great job!

A big congratulations goes out to everyone who participated, challengers and supporters. Health Promotion would like to give a big thank-you to everyone who participated, advertised, and supported this event.



Local Support Winner

(from left) Rick Harris, PSP Manager, Christa Zappitelli, Health Promotion Director, Janice Godfrey, Local Support Winner, and Gordon Moore, SISIP Branch Manager.



National Support Winner

(from left) Rick Harris, PSP Manager, Christa Zappitelli, Health Promotion Director, MCpl Cindy Hearn, National Support Winner, and Gordon Moore, SISIP Branch Manager.

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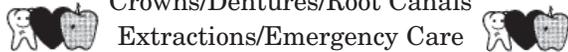
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\$100. Call 831-9010

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Three dividers available and each is 5'x5'x3" w/ adjustable legs. Real oak wood trim & covered w/ light beige-brown fabric on both sides. Call 255-4753 or 833-2500, ext 5980 and ask for Sherry.

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6 drawers - 3 on each side, Attachable mirror, 30.5" high x 50" wide x 17" deep. Made of solid cherry wood (medium brown) finish, \$50.00. Call 255-4753 or 833-2500, ext 5980 and ask for Sherry.

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17 Wing Winnipeg - Building 66

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People and schools interested in tours should contact Capt Rozak at 833-2500 ext 2429

TAROSCOPES

BY NANCY

Aries (March 21 - April 19): Whatever you presume proves true. It's a case of what you see, you get. Look for ways to reap rewards for your efforts. Progress begins when you become aware of the destructive patterns that have held you back; it's assured when you create new habits to support change.

Taurus (April 20 - May 20): You react strongly when you find out people have edited information before giving it to you. One part of you wants to demand total honesty, the other wishes you could return to a state of blissful ignorance. This expanded awareness changes how you view yourself and others.

Gemini (May 21 - June 21): You've taken the lead before and done well but you must ask yourself if you can provide solid leadership at this time. Weigh the time commitment and your own need for personal leisure and study time. Ask yourself, is this a stepping stone to where I'm going or where I've been?

Cancer (June 22 - July 22): A sense of spirituality provides emotional support. Strive to be the best you can be but remember that immersing yourself in what you do and enjoying the process is reward in itself. Not having all the answers is okay. It is our uncertainties and imperfections that provide a common bond.

Leo (July 23 - August 22): Interest in investing could require a large enough initial cash outlay that you need to seek financial assistance. Ultimately you want something self-sustaining. Use an informed, unemotional approach to see where a lucrative return is possible. See what is – not what you want to see.

Virgo (August 23 - September 22): Stop trying to be logical and assured of guaranteed results before proceeding. Stop holding yourself back by making assumptions or forcing yourself to stay on an unappealing path. Go! And let go of restrictions or situations that confine you and limit your future.

Libra (September 23 - October 23): A relationship improves when you work at connecting. Be patient, honest and courageous in dealing with difficulties. Take the time to consider another's perspective. Even if you think they are wrong there is value in knowing where they are coming from.

Scorpio (October 24 - November 21): You're less likely to be disappointed and drained by roadblocks or increased costs when you are realistic to begin with. You'll be frustrated if you hope for a quick and easy return in all you attempt. If it takes time to build, it will stand the test of time better.

Sagittarius (November 22 - December 21): Review what you've done to date and what you enjoy to determine where you want to be. You are asked to draw on your wealth of experience to advocate on someone's behalf. You may also pay out of your own pocket to assist them if the person is in dire need.

Capricorn (December 22 - January 19): Coming out of your shell. Speaking your mind even if it means relationships are severed. It's about being true to yourself not just when you are alone but when you are with others as well. When you relate to yourself honestly, then you can relate to others more fully.

Aquarius (January 20 - February 18): Opposition teaches you how to stand up for yourself. Your confidence increases each time you clear a hurdle. However, it's also important to know when to admit defeat. Assessing situations properly is the essential skill to master first; then you'll know what's required.

Pisces (February 19 - March 20): It's not been obvious to others before, but the tough times ahead will reveal that you have a strong core. Your uniqueness is also shining through more than ever. Though you may feel exposed and vulnerable, you're not. Worries and words can only hurt you if you allow them to.

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