



**Free**

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CFB/BFC Winnipeg  
 4 December 1991

## Base Commander's Christmas Message

As 1991 draws to a close, it is a pleasure for me to extend my best wishes for the Festive Season to all members of CFB Winnipeg.

This is a very special time of the year; a time to share with families and friends. Unfortunately, some among you will not be able to celebrate with loved ones because of military commitments; our thoughts will be with you.

It is also a time to pause and

reflect on the year past. It has been a challenging one. We can take great satisfaction from the knowledge that we have fulfilled our commitments, both at home and far afield, with distinction. Some of you were called to help restore peace in the Persian Gulf. You met the challenge with total dedication. At home, we have accomplished our training and support tasks with consummate professionalism. We set ambitious goals and met or exceeded

every one of them. Your dedication, positive attitude and willingness to work extra hard, has been outstanding. I am very proud to be part of such a dynamic group. I thank you for your support and look forward to meeting the challenges of 1992 with you.

My wife, Carolyn joins me in wishing each of you and your loved ones a very happy and safe holiday and a healthy and prosperous 1992.

## Voeux de Noël du Commandant de la Base

À l'approche de la fin de l'année 1991, j'ai le plaisir d'offrir mes meilleurs voeux pour la période des fêtes à tous les militaires de la BFC Winnipeg.

C'est une période de l'année très spéciale, une période de partage en famille et entre amis. Malheureusement, certains d'entre vous ne seront pas en mesure de célébrer en compagnie de vos êtres chers en raison d'obligations militaires. Nos pensées vous accompagnent.

La période des fêtes est aussi une bonne occasion de s'arrêter pour réfléchir sur l'année qui

vient de s'écouler, une année pleine de défis. Nous pouvons nous sentir très satisfaits d'avoir rempli nos engagements avec distinction, au pays comme à l'étranger. Certains d'entre vous ont été appelés à rétablir la paix dans le golfe persique. Vous avez relevé le défi en faisant preuve d'un grand dévouement. Au pays, nous avons assumé notre rôle d'entraînement et de soutien de façon très professionnelle. Nous nous sommes fixé des objectifs ambitieux et nous les avons tous atteints ou même dépassés. Votre dévouement, votre attitude posi-

tive et votre volonté de travailler très fort, ont été exceptionnels. Je suis très fier de faire partie d'un groupe aussi dynamique. Je vous remercie de votre appui et je suis impatient de relever avec vous les défis qui nous réserve l'année 1992.

Mon épouse Carolyn ne joint à moi pour souhaiter à chacun d'entre vous et à vos êtres chers de passer de très joyeuses Fêtes en toute sécurité. Que l'année 1992 vous apporte santé et prospérité.



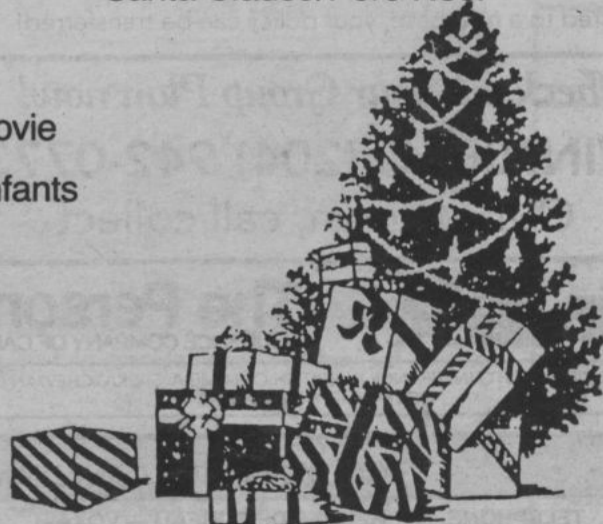
Col. J.R.B. Proulx

## Children's Christmas Party

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Children's Movie

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Date: Saturday 7 Dec samedi

Time/temps

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# Fetes De Noël Pour les Enfants

## Melissa & Rebecca Couch Trust Fund

In honour of Capt John Couch a trust fund has been established for his surviving children, Melissa and Rebecca Couch. John's death was particularly tragic considering his record of service as a flying instructor, as a transport pilot in the Persian Gulf Conflict and as a Search and Rescue Pilot.

The fund is being organized by Capt Marinus Waterberg of Castlegar, B.C. and Maj Stocky Edwards, 435 SQN Edmonton. John's wife Mrs. Carol Couch will have exclusive access to the funds and it is Carol's intention to use the funds for the sole benefit of the children and in particular their education.

If you wish to contribute please send a cheque payable to:  
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Any enquiries may be directed to  
 Maj Edwards  
 435 SQN AVN  
 620-4186/4194



(by Barry Sweeney)

## Texas

The name Texas usually conjures images of country music. Of Waylon and Willie. Texas, a five-piece band from Scotland, come closer to the music of U2 than they do country. The 7-track "In My Heart" (Vertigo) is a solid musical outing that range from the rhythmic title track and the shuffling "Alone With You" to the rockin' "Why Believe in You".

Sharleen Spiteri's (vox/guitar) on-target vocals set the mood for each song. Whether she's singing the moody "Dream Hotel" or the live revival of their previous European smash "I Don't Want a Lover", it is her interpretive vocalizing that makes it work. Each song bristles with intensity. Texas, already a hit in Europe, should quickly duplicate that success on this side of the Atlantic. The Texas tour machine is primed for a Spring tour.

## Aldo Nova

"Someday" (Jambco/Mercury), features three tracks (Someday, Medicine Man, Blood on the Bricks) taken from the entertain-



music reviews and syndicated columnist

er's "Blood On The Bricks" CD. All three cuts were co-written by Jon Bon Jovi and all deserve air play. Nova's smooth vocals and production/arrangements by JBJ and Nova are sparkling reminders of just how good music can and should be.

Aldo Nova is rocking in the big leagues and this trio of songs is just to remind you to grab a copy of "Bricks".

## Tribute to Elton & Bernie

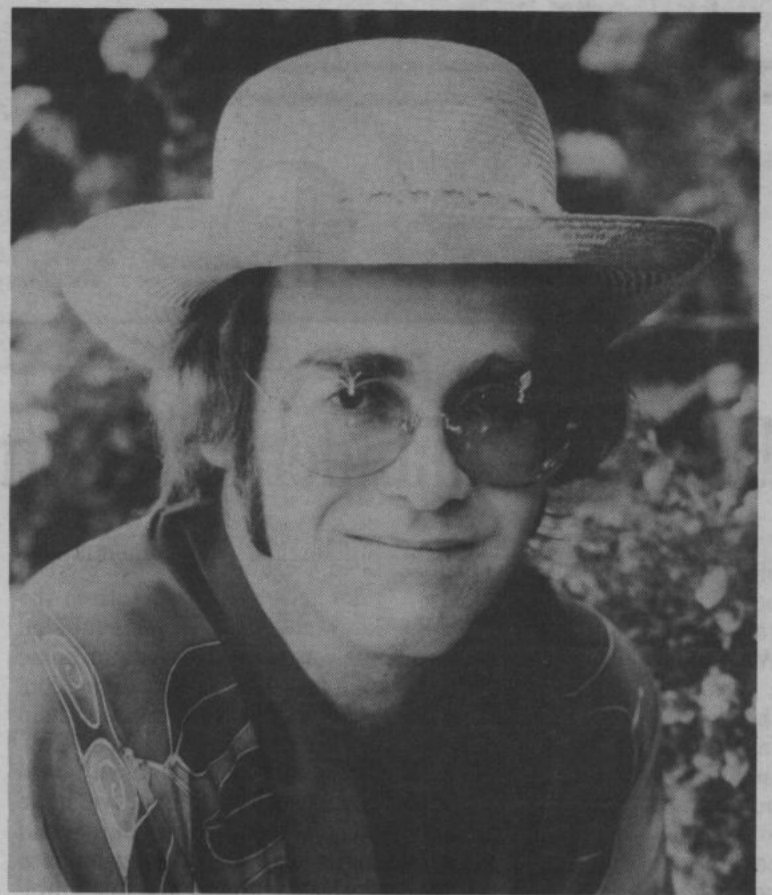
It started when two teenagers answered the same classified ad. Bernie Taupin wrote lyrics, Elton John wrote music. Between them they wrote some of the biggest pop hits of all times. "Two Rooms" (PolyGram) features 16 of today's best known artists in a musical tribute to Elton & Bernie's combined genius.

Eric Clapton kicks it off with "Border Song", Kate Bush offers a rhythmic "Rocket Man" and Sting covers the lesser known "Come Down in Time". England's The Who kick it into high gear with their rocking rendition of "Saturday Night's Alright For Fighting" while the Beach Boys revive yesteryear's dance classic "Crocodile Rock". Among the key tracks is Wilson Phillips vocal

delivery on "Daniel" and Oleta Adams is already enjoying some serious action with "Don't Let The Sun Go Down On Me".

Joe Cocker's gravel-voiced cover on "Sorry Seems To Be the Hardest Word", Rod Stewart's "Your Song" and Jon Bon Jovi's beautiful revival of "Levon" are all potential blockbusters. Set rounds out with Tina Turner's high steppin' "The Bitch is Back" and Phil Collins "Burn Down The Mission" along with Hall & Oats' workout on "Philadelphia Freedom", Bruce Hornsby's "Madman Across The Water", Sinéad O'Connor's "Sacrifice" and ex-Wham George Michael's "Tonight".

This is one CD that will definitely be one of the hot Xmas items. Radio will gobble it up and, depending on what gets released for the singles market, this could dominate the charts in just about every category. Exceptional release.



## Elton John

## Fast Facts

Joe Dowell only hit top-40 twice. His "Wooden Heart",

which was based on a German folk song, "Muss I Denn", was recorded by Presley in "G.I. Blues". Dowell went to #1 with "Wooden Heart" caught top-30 action in 1962 with "Little Red Rented Rowboat" and hasn't charted since.

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# CFANS UPDATE

by  
**Derach McDonnell**

Excitement is mounting in Mawdesley Hall over the Dec 12th graduation of Course 9101, the first course of navigators to be trained on the CT-142. Reviewing officer will be BGen Buckingham, Chief of Staff, Personnel and Training. Following graduation the six new navigators are slated to disperse to the Atlantic and Pacific coasts to patrol the briny deeps with the CP-140 Aurora.

Members of the senior course have been relatively low-key around the Nav School in recent weeks. This may be because they are swamped with work or perhaps because they are vainly trying to avoid being strapped with additional duties prior to the Big Night. When they do appear in public, their advice is eagerly sought-after by those junior to them, or at least that's what they claim.

The mighty Gonzo has proved its mettle over the last eleven months, enduring everything from the blistering summer heat to the renowned "Dry Cold" of a Winnipeg winter. The students are understandably fond of their first CF aircraft and have gone as far as to express their apprecia-

tion by creating a 1/3 not-to-scale model of the aircraft from a 1976 Dodge Coronet. Numbered 142807, the vehicle was cleverly roller-painted in low-visibility grey primer. The tall, Dehavilland-style tail bolted onto the trunk is sure to make it a favourite among police departments everywhere.

Those of us who were around the Navigation School during the mid-eighties will remember the Legendary Herc Van, a lovingly painted 1965 Ford Econoline Long-box Van. This vehicle astounded Detroit automotive engineers by going for some 10-12 years without a tune up or oil change. Their determined requests to buy the vehicle at ridiculously inflated prices, two pizzas and a two-four if my memory serves, were resolutely shunned by its proud owners. Plans were planned and plots plotted to mount the van on a pedestal beside Mawdesley Hall when it met its untimely fate, catching fire on the way to Grand Beach in 1987. Legend has it that the fire erupted as the SIC (Students In Command) were using its roof-mounted sextant to catch-up on their overdue celestial shots, not to mention finding out just where on the planet's surface they actually were, when lightning struck the HF radio antenna and started the fire.

In the mail this week was a "hero shot" of CFANS own Capt Bill Collier, taken at the Grand Forks AFB "Friends and Neighbors Day." The event was the closest airshow to Winnipeg in 1991 and thousands of Americans

and Canadians attended. The theme this year was "Desert Storm," and featured the aircraft and hardware used in the Persian Gulf. Of course, our navigation training aircraft was not a participant in the battle, however it was an ideal opportunity for the leading edge of Canadian technology to be seen by the many Winnipeggers who attend this event



Capt Bill Collier is greeted by the "Happy Hooligans" airshow hostesses for Grand Forks AFB Friends & Neighbors Day. Now we know why Bill was eager to fly his AC checkride on this flight.

yearly. Interestingly enough, the CT-142 was parked beside the U.S. Air Force Boeing 737 Nav Trainer and Gonzo stole the show, at least from the Nav instructors' point of view. Our state-of-the art technology visibly impressed our many visitors, both American and Canadian.

The new kids on the block this week are Course 9108. They began course Dec 2 and are looking forward to spending their first winter in Winnipeg. Course director Capt Pat Granholm

reports that "everything is under control. 9107 has handed-off the bucket of crayons and briefed them on cleaning the Map Room." The seemingly endless job of keeping the CFANS Map Room tidy is one of the duties the "baby-nav" course is assigned. It is always interesting to see how the paper flies once a course has been relieved of this task.

A visit to the pilots' office this week revealed that Capt Jim Whebell is reputed to be susceptible to SHC (Spontaneous Human Combustion). Although this phenomena has been laughingly rejected by many reputable scientists, Jim insists it should be taken seriously.

"Look at all this unfinished paperwork on my desk," said Jim. "If I were to suddenly burst into flames you can imagine the hazard it might be. So, in the interests of safety, we moved it all over here to Capt Collette's desk."

Their solution impressed me. "But what about the furniture?" I asked

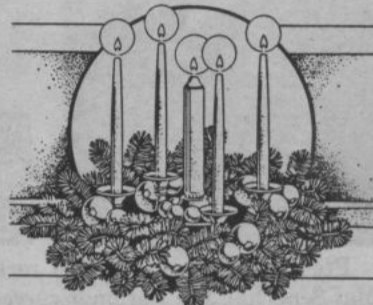
"Funny you should mention that," he replied. "We're investigating the possibility of getting an asbestos-covered chair and retro-fitting my desk with a Halon fire extinguishing system."

Satisfied that things were under control, we checked for any last minute rumours with Sylvia in Nav School Ops. Sylvia was amusing herself by scheduling instructors for classes with non-existent courses. Imagine my surprise.

Unfortunately, Sylvia reported no further sightings of the Elvis look-alike space aliens reported by Capt Don Richards in the last issue of Voxair. Maybe we'll have something more tangible next time...



CFANS pilot Capt Pete Rawlings received the clasp to his CD on 17 November. Although he technically belongs to 402 Squadron, Pete is on loan to CFANS where he is on full time status.



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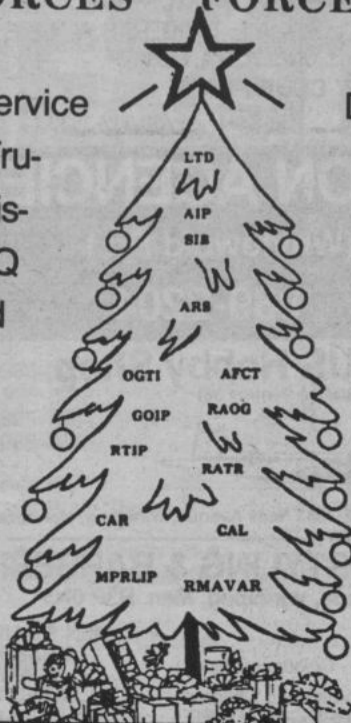
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On behalf of the Service Insurance Board of Trustees, unit SISIP advisers, and the SISIP HQ team, we are pleased to have had the opportunity to serve you in 1991.

Have a safe and Merry Holiday Season.



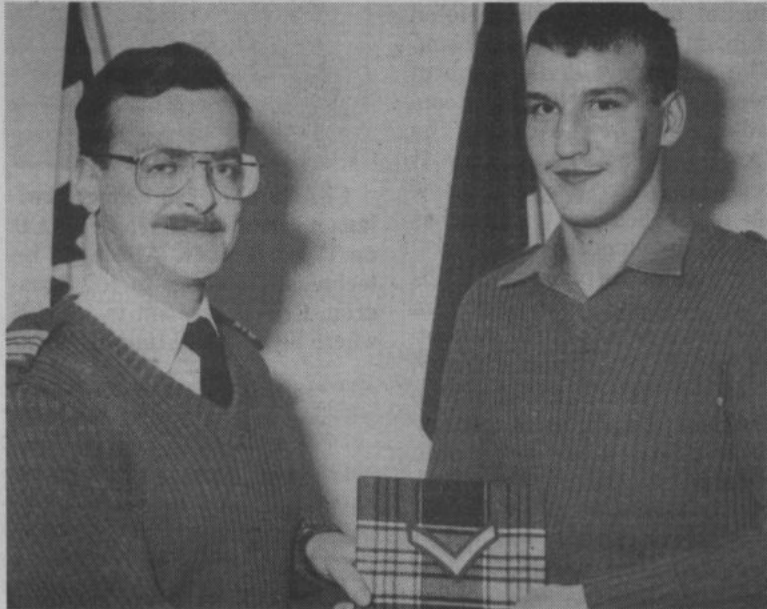
De la part du Conseil d'administration du Régime d'assurance Revenu Militaire, des aviseurs locaux, et de l'équipe du RARM du QG, ce fût un grand plaisir de vous avoir servi en 1991.

Vous souhaitant une saine et joyeuse saison des fêtes

# — PROMOTIONS —

## Base Transport BAME Section

## CFRC Visit to RMC Kingston



Pte Ron Paramor, MSE Op, receives his first hook from the BTNO, Maj Sénéchal. Pte Paramor currently works in the General Purpose Vehicle Section of Base Transport.



Here is Pte Madore receiving her first hook from MWO Clemons at a Surprise Presentation at BAMEO. Pte Madore was transferred to BAMEO from BEME this summer with great expectations and it shows on her face after reaching the dizzying heights of private trained!

On 18 October 7 members of the Canadian Forces Recruiting Centre in Winnipeg and 2 people from the recruiting centre at Thunder Bay visited the Royal Military College in Kingston.

RMC is a venerable institution with 113 years of proud tradition of academic and athletic excellence and service to Canada. Their graduates have distinguished themselves as soldiers, sailors, and airmen, and as leaders in the business and professional world, both in Canada and abroad.

The purpose of the visit was to improve the recruiters knowledge of the establishment including what is offered by way of academics and athletics; and what the facilities are like. The knowledge gained would be used to improve the quality of advice given to potential ROTP and RETP Recruits and thus improve their chances of success at RMC.

The tour was greeted by BGen Boyle, commandant of RMC and LCol Mansbridge, director of cadets. An orientation tour included a visit of the cadet accommodations and athletic centre. Briefing were received on academic programmes, military training and cadet activities.

Everyone was left with the impression of wonder at the history and tradition of the establishment. Seeing first year ROTP cadets double timing across the Parade Square as their seniors, immaculately attired, marched past on their way to class, could

cont'd on p.6

## Dental Detachment



Sgr Janes received his new rank from the Dental Detachment Commander, LCol M.A. Field.

## CFSAS



LCol Koch (school comdt) presents Capt Robinson with Major's Epaullets on his promotion 1 Oct 91.

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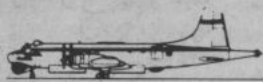
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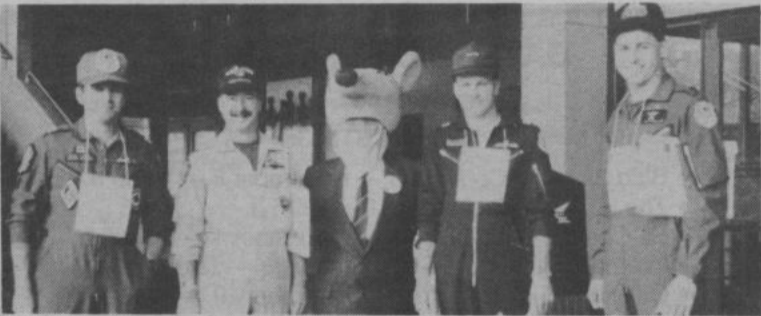


PARTICIPATION

NEXT VOXAIR DEADLINE 9 DEC. 91

# RAT Attack

Thursday, 12 September marked the running of the 2nd Annual "Corporate Rat Race" sponsored by Canadian Airlines International and numerous Winnipeg businesses in support of the Canadian Diabetes Association's annual fund raising drive. The Instrument Check Pilot School entered a team of four intrepid power-walkers, appropriately named "The Rat Stuff". Capt's: Wolter, Thornton, Audiss (USAF) and Holland performed admirably, finishing third in the team category. The Raven Rats wish to thank all those CFB Winnipeg members, Officers and NCM's alike, that were buttonholed by the persistent Capt Holland, for their contributions to this most worthy cause. CFS looks forward to fielding a team for next year's walk and hereby "throws down the glove" to all other Base sections, challenging them to meet or beat the Raven Rats.



Pictured, left to right: Capt Mike Wolter, Capt Vic Holland, the Corporate Rat, Capt Dennis Thornton and Capt Mark Audiss.

# Brigade in Battle

Brig. Christopher Hammerbeck, Commander of the 4th (United Kingdom) Armoured Brigade located in Munster, West Germany, visited Land Force Western Area Headquarters on Fri Oct. 8, 1991. He spoke to the officers and senior non-commissioned officers from the headquarters on his experience as the 4th Armoured Brigade Commander during the Gulf War.

Brig. Hammerbeck's afternoon presentation was not a typical account of the war as depicted by CSN. Brig. Hammerbeck made clear from the beginning that his "story is one about some very human people and their view of something that none of us ever expected. None of us had ever fought before", Brig. Hammerbeck told the audience, "We were young and very frightened and none of us knew what battle would be like."

Due to the uncertainty of war, they trained day and night. The air war started on Jan. 17, 1991 and the brigade, under the leadership of Brig. Hammerbeck prepared for the ensuing ground war during this time. Their operation was not expected to be an easy one by any measure and if they hoped to achieve their aim of ejecting the Iraqi army from Kuwait, they would have to train and rehearse like they had never done before. And that is exactly what happened under the constant, and at times, deafening sound of aircraft flying missions overhead.

Brig. Hammerbeck believes that "the training an army does in peacetime does not harden or weather individuals for operations of war." The 4th Armoured Brigade carried out "hard, demanding training to challenge people's fears, to challenge their courage and to challenge their

professional skills." When the ground war began, the brigade was as prepared as time and extensive training would allow.

It was not only the training which Brig. Hammerbeck felt was important. It was also dealing with the fears of his soldiers. "I went around and discussed what facing battle was like, to talk to them (the soldiers) about what their fears were, to tell them to get it out in the open and not to keep it bottled up."

They also talked about a need for belief. Brig. Hammerbeck believes, "modern democratic society has been downplaying belief. I wanted my men to believe in something. I didn't care if it was a belief in getting back to the pub at the end of the war or if it was a genuine religious belief or somewhere in the middle. We can do nothing without belief."

It was not only the beliefs shared by the soldiers but the support and belief coming from the homefront that got the men through each day. Many letters came from home and Brig. Hammerbeck ensured that he wrote back to let the wives and their family members know that they were fighting for a worthwhile cause and that their continued support lightened the loads of the soldiers of the 4th Armoured Brigade.

The ground war may have seemed short to some watching it through the television or the radio and perhaps in a historical perspective it was, but the 4th Armoured Brigade fought long and hard and learned about the reality of war through losing their friends during battle. Brig. Hammerbeck remembers "sitting in the middle of the desert in isolation believing they had quite a real enemy."

Brig. Hammerbeck had one very important point in telling his



story to the staff of Land Force Western Area Headquarters. He wanted everyone gathered to take something of what he said away with them. His story is, undeniably, a valuable one because of what we can all learn from it.

Brig. Hammerbeck believes there are six main lessons resulting from the Gulf War. They are best summarized as the need for:

1. properly trained leaders with the confidence to lead;
2. professional regular soldiers;
3. effective equipment in working order;
4. logistics — "He who masters the logistics battle, masters the battle";
5. public support from the home front; and
6. morality and belief.

For those who believe the war is long over and should be left in the past, need to reflect on the words of Brig. Hammerbeck. His story is an interesting one and the lessons are valuable. History does indeed repeat itself and it is the lessons we learn from the past which will guide us in the future. "Brigade in Battle" — Brig. Christopher Hammerbeck's never-ending story.

Lt Lori Englert

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## Jameswood School

For staff and students at Jameswood School, the past few weeks have flown by in a flurry of activity and paperwork. For teachers, students marks have been tallied, report cards have been distributed, results have been discussed with parents, and Christmas concert plans have appeared on the horizon. For Jameswood students, the Parent Council fund raiser drive and the Library Book Sale have been successfully completed, the reality of report card results have been dealt with, and the anticipation of the upcoming Christmas performance and the ensuing holiday season have begun.

By the time this article goes to press, the number of school days remaining in 1991 will be few and

easy to count. The first four months of the 91-92 school year have passed by so quickly! Much has been accomplished, but there is so much more to do. At this time of year in an elementary school, the air seems permeated with the mystery and anticipation of Christmas. It is a most magical time of year, especially for children. For parents of course, it is a very busy time of year. But all in all, for most of us, Christmas is a very special time of year.

As with most people, Christmas for me is a nostalgic time of year. Fond memories of large family gatherings, pine trees from our own pasture with their strings of colored popcorn, carrot pudding, Christmas shortbread cookies, and more recently the French tourtières — all bring back the sights and smells of Christmases past. For me, the Sunday School pageants, relating the age-old story of Christ's birth, were and still remain a tradition-

ally important part of Christmas.

Those Christmas pageants served as my first step towards understanding others. I learned that it is a mistake to judge others by what they appear to have or what they appear to lack. Mary and Joseph had so very little — or did they? We have the basic necessities of life — water, food, shelter and clothing, and for these we are truly thankful! What can be equally as important as these? In order to be truly happy, one must also have 'self-esteem'.

Building or developing 'self-esteem' in our children has become a very complex process in the 1990's. It is of utmost importance that we as parents and teachers do everything in our power to nurture the 'self-esteem' of our youth. I see it as our responsibility! The positive or negative learning environments at home and school "can have a marked effect on helping to build self-esteem or in undermining it".

Perhaps this Christmas season, we must abandon some of our concern with tangible things. Make this Christmas a time to share your most affordable gift — a gift of yourself and your time. Turn back the hands of time! Allow yourself to reminisce those Christmases of not so long ago — those jolly times of your youth — those full of traditions and fairy tales. Remember the joy you received from your interaction with others. Those relationships affected your self-esteem then, and you were influenced by the feedback of others who shared those significant Christmases.

A child's perception of self-esteem fluctuates like a barometer reading. Liking oneself and believing in oneself are, in my opinion, the two most basic necessities for inner peace and happiness that you can help your child attain. During this blessed Christmas season help your child and yourself find the key to success in life — HAPPINESS.

Any parent interested in attending a workshop entitled "Building Self-Esteem in Your Child", please call Lorraine Laroche (889-8890) and indicate your interest. This workshop is tentatively planned for one or two mornings in January.

### DATES TO REMEMBER

#### Jameswood School CHOIR CUTINGS

- Bldg 21 — Air Command — December 8 — 19:00 h.
- The Forks — December 11 — 12:15 h.
- St. Charles Country Club — December 13 — 13:00 h.
- International Airport — December 18 — 13:30 h.
- Oakview Nursing Home — December 19 — 10:00 h.
- Christmas Concert — December 17 — 19:00 h.
- Last Day of School — December 19, 1991
- First Day of School — January 6, 1992

## BAMEO Halloween Safe House



Many ghosts and goblins visited the family support center on Hallow's eve. This facility had been donated to the BAMEO halloween safe house and we are pleased to report that there were no incidents.

BAMEO personnel also operated four vehicles to patrol the many streets of the north and south PMQ's. These vehicles were supplied by the BTNO section. They reported no incidents as well. If the safe house and

patrols deterred the possibility of disturbances during halloween then the effort was a true success.

A special thanks to Gerry's Bakery for supplying 15 dozen cookies, the BMET section for supplying balloons to prop up the two storey ghost and to Ms Carol Barton, Director of the FSC for donating the facility and coffee to the volunteers.

By G. Dwyer

## CFRC Visit to RMC Kingston cond't from Pg. 4

not fail to make one smile. Activity is non-stop with sports, education, charitable events, and military training. Going through the facilities, whether its the classroom, the gym or the barracks, the feeling of comradeship is everywhere. This is where everyone should consider sending their

children for a subsidized university education and a military career.

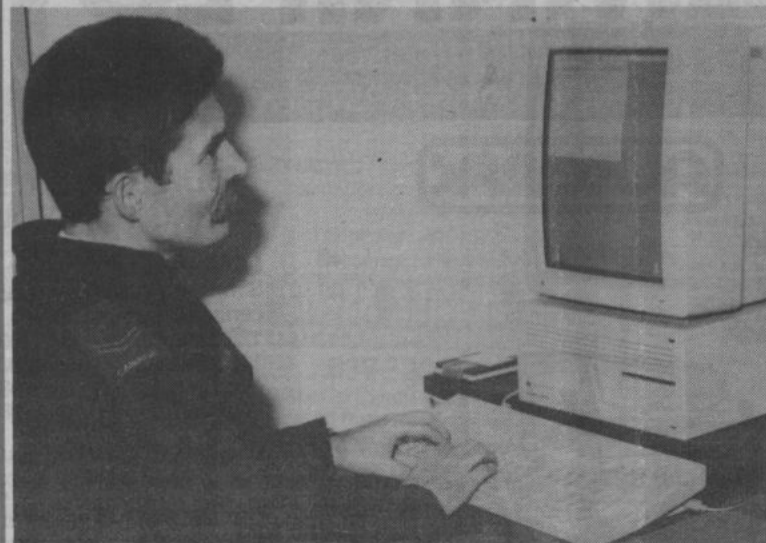
Canadian Forces Recruiting Centre's are now taking applications for ROTP/RETP. The aim of this campaign is to attract young Canadian men and women with sufficient academic and military potential to attend Canadian military colleges. This provides them with an opportunity to receive an excellent university education and solid work experience which combined provides the foundation for a successful military or civilian career.



## 402 Squadron Corner



L.Col. Patrick aids Major Ron Salome put up his Major's bars, for the second time, on 17 November. Yes, that is correct. He is a Major for the second time. After joining 402 Squadron in 1956 as a private, Ron progressed to the rank of Lieutenant Colonel before releasing. Four years later, after missing the service, he rejoined 402 Squadron and reverted to the rank of Captain. By our estimates he is the longest serving member of 402 Squadron. As the senior administration officer he is heavily committed to the Squadron's 60th anniversary reunion ceremony to be held next year. Congratulations Ron (again).



402 Squadron Airframe Technician Cpl John Harvie received his CD on 17 November. As a Basic Aviation Training instructor John has trained Air Reservists at the Squadron's Technical Training Aviation Unit (TTAU) since 1987. His experience comes from Comox and Moose Jaw on the Argus and Tutor aircraft.



402 Squadron Highland dancer, Pte Kirsten McDonald danced the Sailor's Hornpipe for members of the St. James Legion on November 11. Kirsten began dancing 14 years ago and has been a member of 402 Squadron for 7 months.



Dancing "The Village Maid" is Pte Jillian Currie. She joined the City of Winnipeg Squadron 2 years ago.

# Aircom Band Plans Annual Christmas Concert

CFB Winnipeg presents its own Air Command Band in a Christmas concert on Sunday, December 8 from 7 to 9 pm in building 21. Captain Terry O'Connor is planning a program of carols and Christmas favorites for the whole family, featuring the Jameswood School Children's Choir. The annual concert has become a traditional family Christmas event at CFB Winnipeg and all are invited to come out and enjoy the music. There is no price for admission. The concert is sponsored by the CFB Winnipeg Community Council.

While preparing the concert, the band has been working through its busiest period of the year. Following a week in Colorado Springs playing for the RCAF Association Reunion, they began a heavy schedule of school con-

certs, remembrance ceremonies, mess dinners and Grey Cup Festivities. In fact, the band was on hand to welcome the arrival of the Calgary Stampeders at the airport and had the honour of leading off Winnipeg's Grey Cup Parade.

The December 8 concert will mark the retirement of MWO John Van Helvert, who has enjoyed 35 years as a Canadian forces musician. The members of the band wish John all the best in the future. Congratulations are also due to CWO Bob Hall on his recent promotion.

The members of the band would like to extend thanks and season's greetings to all sections of CFB Winnipeg, especially Base Transport, the Photo Section, DND Public Affairs and Harry Brown's staff in Graphics.

## Westwin Community Council

Seasons Greetings from your Community Council.

As the Christmas Season approaches the Westwin Community Council is sponsoring three main events.

**Westwin Community Council Christmas Bingo — Bldg. 21 1900 hrs, Wednesday 4 December.** Our annual Christmas Bingo is always a full house so come early and get a good seat. In addition to the \$1000.00 Jackpot and \$500.00 Lucky Seven there will be prizes of turkeys and hams. This will be the last bingo before the New Year so come out and enjoy.

**Saturday 7 December December 1300-1600 hrs Westwin Community Council Children's Party at the Base Theatre.** This Christmas party is open to all children residing in both the North and South Side PMQs. Santa will be there with goodies for the children. There will also be some entertainment and the Base Theatre will run cartoons. Admission is FREE.

**Sunday 8 December — 1900 hrs Air Command Band Christmas Concert in Bldg 21 (at the Sharpe Gate).** Once again the Westwin Community Council is sponsoring this very popular seasonal event. Santa will be there for the children and any adults with special wishes. The Band and the James-

wood School Choir have prepared an outstanding program. It will truly be a very enjoyable evening. The admission is free, however there will be a "silver plate collection"; the proceeds of which will be given to the Family Support Centre. There will also be a collection bin for non-perishable food donations to the Christmas Cheer Board.

Once again, Mcpl Craig Comack has volunteered to supervise the operation of the North Side Skating Rink. MCpl Comack can be contacted at 833-6350. As soon as the weather cooperates the North Side Rink will be open for business. The hours of operation are 1800-2100 hrs during weekdays and 0900-1200, 1300-1600 hrs and 1800-2100 hrs on weekends. The rink will not be open on 24, 25, 26 and 31 December and 1 January.

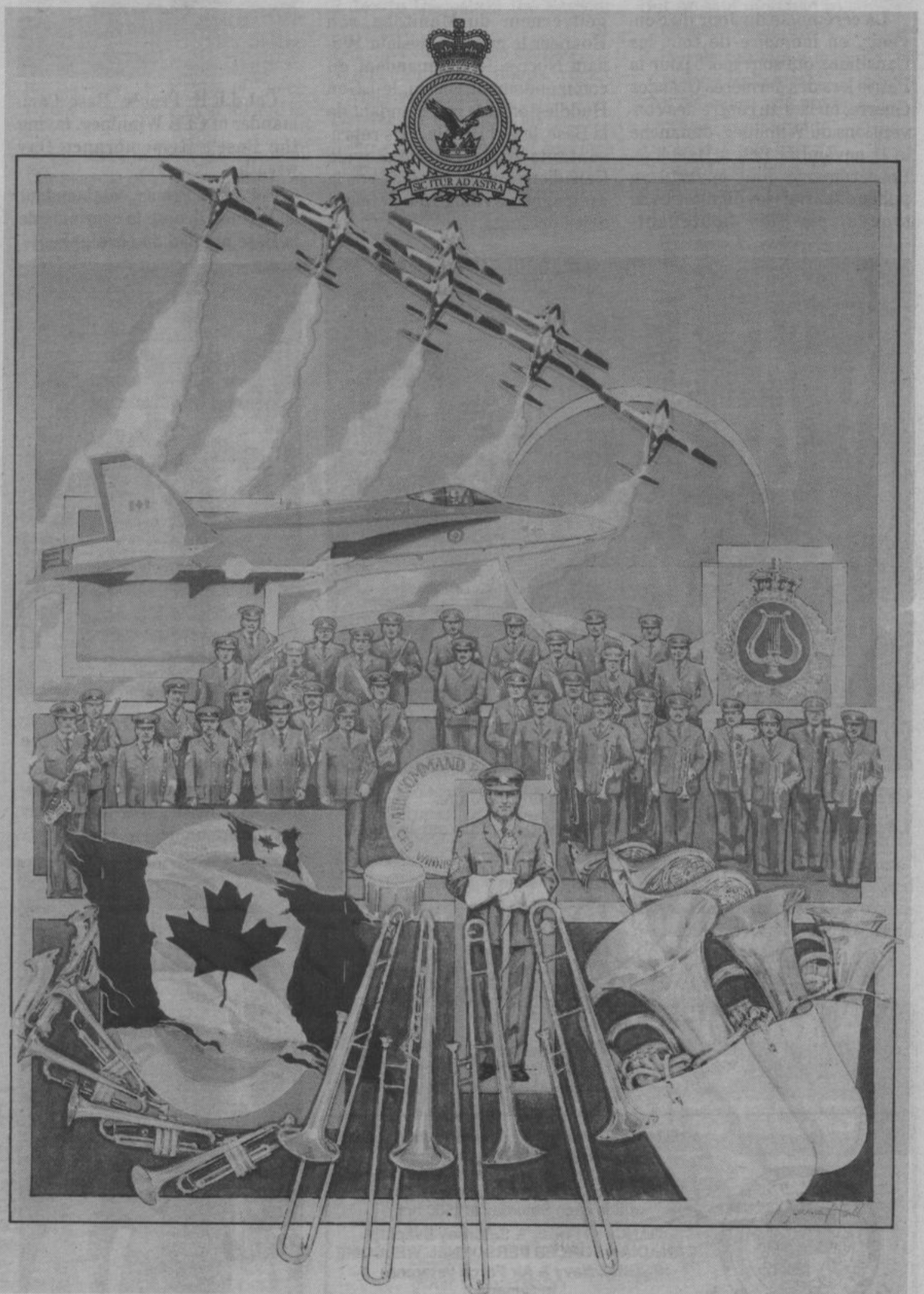
Anyone interested in becoming involved in a Volksmarch Club please contact Mcpl Toby Mangione at 833-5038.

We look forward to seeing you at all of these events. All the members of the Westwin Community Council take pleasure in this opportunity to wish you and yours a Very Merry Christmas and a Safe and Happy New Year.

by Gwen Bull

## THE AIR COMMAND BAND

and Jameswood School Choir  
in a  
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# Remembrance Day Parade

In remembrance of the Canadians who laid down their lives for their country, the 1991 Remembrance Day Parade was held at the Winnipeg Convention Centre on the 11th of November, 1991 at 11:00 a.m. The parade was open to the public, and was also attended by the Lieutenant-Governor of Manitoba, The Honourable

George Johnson, His Worship, Mayor William Norrie, The Royal Canadian Legion, and the Hong Kong Veterans. The Canadian Air Force was represented by both the Commander of Air Command, Lieutenant-General D. Huddleston, and the Base Commander, Colonel J.R.B. Proulx.

## Cérémonie du Jour du Souvenir

La cérémonie du Jour du Souvenir, en mémoire de tout les Canadiens qui sont mort pour la Patrie lors des dernières Grandes Guerres, eu lieu au centre des conventions de Winnipeg, dimanche le 11 novembre 1991 à 11:00 a.m. La cérémonie était ouverte au public et parmi les dignitaires se trouvaient: le lieutenant-

gouverneur du Manitoba, son Honneur le maire, monsieur William Norrie, le commandant du commandement aérien, le LGen Huddleston et le commandant de la Base, le Col Proulx. Des représentants de la Légion Royale Canadienne et des vétérans de la campagne de Hong Kong étaient aussi présents.



Col J.R.B. Proulx, Base Commander of CFB Winnipeg, laying the Base's Remembrance Day wreath.

Col J.R.B. Proulx, commandant de la Base, dépose la couronne de la Base au pied du cenotaphe.



Pte Ballam, the Air Force representative standing guard at the cenotaph.

OS Collins, the Navy's sentinel, at the cenotaph during the Remembrance Day ceremony.

Sdt Ballam, représentant de l'aviation, au garde-à-vous au cenotaphe. Mat Collins, représentant de la marine, en place au cenotaphe.

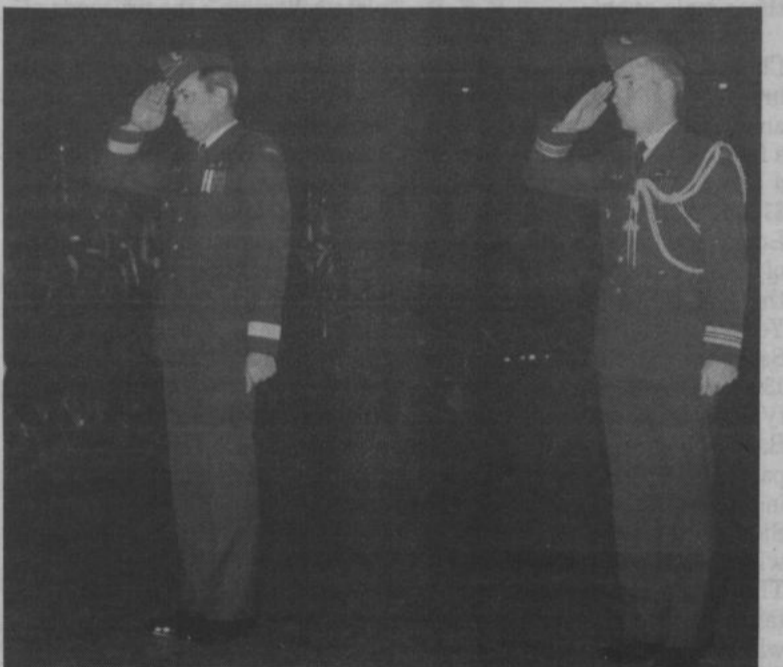


CFB Winnipeg's Colour Party at attention on the stage. Le groupe des drapeaux de la BFC Winnipeg, en place sur la scène.



Pte Ross, the Army representative, at attention during the Remembrance Day ceremony.

Sdt Ross, représentant de l'armée, se tient au garde-à-vous durant la cérémonie.



LGen D. Huddleston, and his Aide-de-Camp, Maj Mitchell, salute the cenotaph in memory of all who died fighting for their country.

Le LGen Huddleston et son Aide-de-Camp, le Major Mitchell, saluent le cenotaphe, en mémoire de tout ceux qui sont mort pour la patrie.



Cst Mongrain, On Guard For Thee, the RCMP Remembrance Day representative.

Cst Mongrain de la GRC présente son arme.

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# CHAPLAINS CORNER



by Padre Venice Guntley

Jesus Christ the King of Kings is sending you now an invitation to be with Him. This December and always, let us prepare for the Super-Banquet to which the rich and the poor and everyone is invited for Jesus "invites us to

His banquet table and his banner over us is love". To get in all you have to say is "come into my heart Lord Jesus, there is room in my heart for thee". Those few words are the pass words and the only price of the ticket is to offer your life to God.

November 24 and the weeks of preparation preceding the Grey Cup extravaganza will be remembered by many when the whole city was ablaze with excitement and the Christmas tree lights and other decorations transformed our cold city into a bright spectacle with the warm glow of coloured lights. I wonder how many people recognized that those Christmas tree lights are supposed to remind us that Christ Jesus the light of the world is coming.

Unfortunately, many went home after the Grey Cup celebration no better than they had been before the lights were turned on. As a matter of fact many might have become worse off for all the festivity because they had spent more than they were able to afford. In some cases, there were those who drank more than they should have done and thus

depleted their family funds. That took the fun out of their family time together and the joy of home life was lost when some, out of control, were beating up their loved ones.

The media says "well done" to our city of Winnipeg for a splendid job completed in hosting the many visitors from far and near, but now the Advent season is here and I would like to invite the City of Winnipeg to welcome the King of Kings.

Sunday, 24 November was also Christ the King Sunday — The last Sunday of the Christian Year when we recognize God as the Ruler, King Supreme, Everlasting Saviour, the Prince of Peace whose dominion is over all and in all.

The first of December began the season of Advent, the first Sunday in the Church's Year so a very Happy Birthday to the church. December is a joyous time for celebrating as we look forward with anticipation to what is to come, the love, the hope, the joy and the peace of the Advent season and Christmas-day when we remember with thanksgiving Jesus was born in Bethlehem.

December, however, is the month when many people missing their loved ones feel very sad and in some cases terribly depressed. Their lonely voices crying in the city — with its noise and glitter — seem to be in painful contrast to the words of a well-known Christmas carol:

JOY to the world! the Lord is come:  
Let earth receive her King;  
Let every heart prepare Him room,  
And heaven and nature sing.  
2 Joy to the earth! the Saviour reigns;  
Let men their songs employ;  
While fields and floods, rocks, hills and plains,  
Repeat the sounding joy.  
3 No more let sins and sorrows grow  
Nor thorns infest the ground.  
He comes to make His blessings flow  
Far as the curse is found.  
4 He rules the earth with truth and grace,  
And makes the nations prove  
The glories of His righteousness,  
And wonders of His love.  
Amen.

I. Watts, 1674-1748.

If you are feeling lonely or depressed, try and go out to visit someone, preferably other lonely people and that will bring comfort to them as to yourself. Finding a place of worship to sing and pray with others is also another way that God can help you to find His joy and peace.

### Jesus Came To Save The World

1. Jesus came to save the world - Hallelujah!  
A new life he gave the world - Hallelujah!  
But he said men had to choose - Hallelujah!
2. People call him a man of peace - Hallelujah!  
Say his peace will never cease - Hallelujah!  
Yet he came to bring a sword - Hallelujah!  
And his blood he freely poured - Hallelujah!
3. His new kingdom is now the way - Hallelujah!  
He can live in us today - Hallelujah!  
And the part that's yours and mine  
Has a cross to be its sign  
Hallelujah.

# Humility With A Righteous Doctrine

(By 2Lt Kelly Marie Redcliffe)

How often have you been made to feel that the humility expected of Christians is at odds with the righteousness of Christianity? To those who know Christ, humility before a righteous God makes sense. When we wake up to sunshine in the morning, when we read our Bibles, and when we get on our knees and pray we cannot help but feel humble and thankful that our God never fails to show himself righteous.

Through my own experience as an unbeliever, I have learned that Christianity is not always considered to have a very humble doctrine by those who do not have a personal relationship with Christ. To those people, Christianity is just another philosophy whose adherents are narrow-minded and self-righteous.

Because Jesus Christ is not alive in their hearts, they cannot imagine how He could live in the hearts of others, instead they think the deity of Christ is a myth created by and for Christians to the exclusion of others. The exclusive nature of the Christian "philosophy", as they see it, is at odds with their understanding of humility. What we must understand is that from their perspective, they are correct. If Christianity is just a philosophy, its proponents are, in fact, self-righteous.

To counter their argument we can try to explain that regardless of their own beliefs, the deity of Jesus Christ in the minds of Christians is not a philosophical creation, but rather an undeniable historical, biblical and personal truth. It is not we Christi-

ans who are righteous, but the Lord — the one we face everyday on our knees, the one we have given our lives to, the one who forgives us, disciplines us, and empowers us to become more and more like Him. Any good that others may see in us comes from Christ through our faith in Him and not from ourselves.

We can share with those who doubt how Christians take refuge in Psalm 23, which reads "He lets me rest in the meadow grass and leads me beside quiet streams. He gives me new strength. He helps me to do what honours him the most." Furthermore in Romans 1:17; "The Good News tells us that God makes us ready for heaven — makes us right in God's sight — when we put our faith and trust in Christ to save

us." Ultimately, however, our actions must show that humility is not the product of an open mind but of an open heart and that unconditional love is easier to express when Christ makes us aware of our own sinful nature. The Lord certainly helps us to see our unworthiness, "For the more we know God's laws, the clearer it becomes that we aren't obeying them" (Romans 3:20).

As we look to our dear Lord, Jesus Christ, it is clear that He knew Christians would be criticized for being self-righteous. He reminded us many times to be humble: "Therefore anyone who humbles himself as this little

child, is the greatest in the Kingdom of heaven." (Matthew 18:4) "For everyone who tries to honor himself will be humbled and he who humbles himself shall be honoured." (Luke 14:11)

But Christ, as we may forget, does not just ask us to be humble before God, but shows us the importance of humbling ourselves before our brothers and sisters, our neighbours and enemies; "And He humbled himself even further, going so far as to die a criminal's death on a cross." (Phillipians 2:8) Christ humbled himself for man, never once compromising his righteousness, and we must do the same.

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- 1100 hrs - Holy Communion

2nd Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

3rd Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

4th Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

### St. Andrew's Chapel (South Site)

Sunday at 1000 hrs

## CHRISTMAS SERVICES

### The Chapel of the Good Shepherd

24th December 1991  
1900 hrs - 7 p.m. Family Candlelight

Service of Lessons and Carols  
2300 hrs - 11 p.m. Holy Communion

Christmas Day 25 December  
0900 hrs - 9 a.m. Holy Communion

### St. Andrew's Chapel

1900 hrs - 7 p.m. Family Candlelight Service of Lessons and Carols

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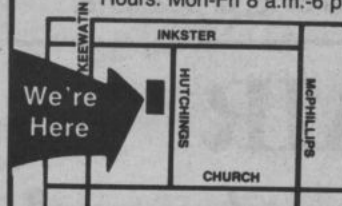


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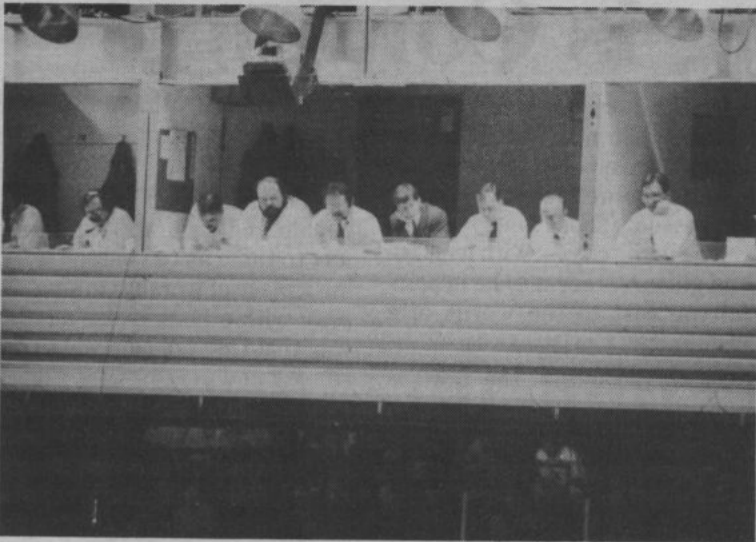
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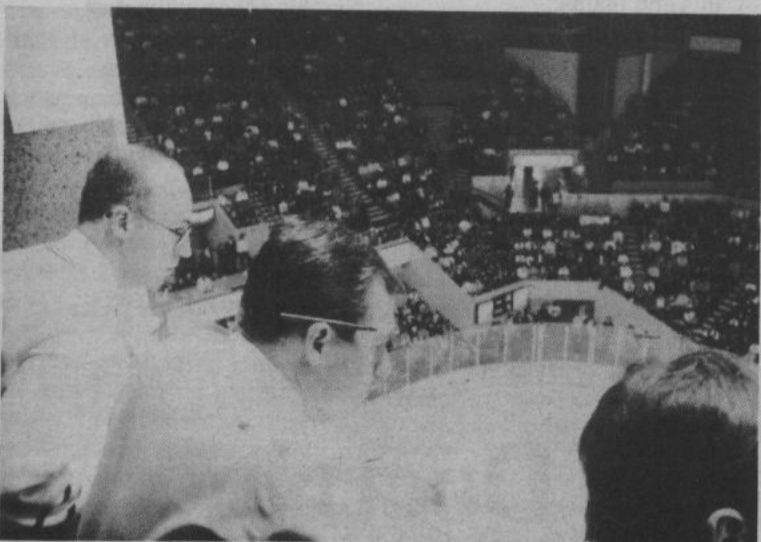
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# Base Supply / Wpg Jets



In the centre press box, four CFB Winnipeg personnel compile stats. Left to right: MCpl Earl Tugwood (Sup Tech), Mr. Gerry Sproule (BSupply), Wpg Jet personnel, Cpl Ben Jean (Sup Tech), PO2 Bob McKenzie (AdmClk)



Left: PO2 Bob McKenzie (Adm Clk) and Right: Cpl Ben Jean (Sup Tech) compile stats for the Winnipeg Jet's during a game against the LA Kings.

What do the Winnipeg Jets of the National Hockey League and Base Supply at CFB Winnipeg have in common? Well, for one thing their location, but another is some of their employees.

Eight military Supply Techs, three civilian Base Supply personnel, a Safety Systems Tech and an Admin Clerk report to work at the Winnipeg Arena each time the Jets play at home, trading the uniform of the CF for that of the Jets organization.

It all began with CWO (ret'd) Bruce Barton, a former Supply Tech. Mr. Barton, now the Chief Statistician and supervisor of office officials for the Winnipeg Jets, was one of many military personnel who volunteered to perform time-keeping and announcing duties for Manitoba Junior Hockey in 1970.

When the World Hockey Association (WHA) came to Winnipeg in 1972, he was asked to perform the same function for the Jets. He, along with several other military personnel, volunteered their time four or five evenings each week working with both the WHA franchise and junior hockey.

Following a five-year posting in Ottawa, Mr. Barton returned to Winnipeg where he continued to keep the stats in the press box at Jets games. In 1986 when he retired from the military, he became employed full-time with the Jets as Chief Statistician. It was then that he began recruit-

ing other base personnel to work at the games.



MCpl Denis Simard, a Supply Tech who also works as the bartender in the press lounge at the Winnipeg Arena during Jet's games.

There are a myriad of tasks which must be accomplished in support of an NHL hockey game. Everything from keeping the time, compiling stats on every aspect of play and acting as a runner, to tending the bar in the press gallery. Many of these tasks are performed by personnel whom Mr. Barton has personally recruited. He has always drawn on the manpower of other service persons when employment of a part-time nature became available.

"I stick with them because of their loyalties, traits that they learn in the military," explains Mr. Barton. "They are always on time, dependable and reliable. When I ask something of them, I know it will be done."

And just who are these individuals you are as likely to see in the press box at a Jets'

game as over the counter at Base Supply? Here is the line-up: MWO Les Scott — out of town game stats and scores; Sgt Sheryl Scott (BAMEO) — hostess in the directors' lounge; Sgt Daphne Germaine — hostess in the press lounge; PO2 Bob McKenzie (clerk) — compiles stats; MCpl Denis Simard — bartender in the press lounge; MCpl Earl Tugwood — reports on out of town games; MCpl Clairmont Gagne — runner;



CWO (ret'd) Bruce Barton formerly a Supply Tech, now the Chief Statistician for the Winnipeg Jets and Supervisor of Off-Ice Officials for the NHL in Winnipeg.

MS Dan Banks — out of town games;

Cpl Ben Jean — compiles stats; Cpl Mike Waterhouse — compiles statistics;

Mr. Ron Stenger — NHL goal judge;

Mr. Gerry Sproule — supervisor of Jets' stats; and

Mr. Lester Sawka — NHL official scorer.

## What is a Volksmarch?

Volkssports or volksmarching is a world wide, organized, family sport that is an integral part of an international volkssport movement devoted to physical fitness. There are four volkssports: walking, bicycling, swimming and cross country skiing of which the most popular is volksmarching (walking). Its aim is to get people of all ages out-of-doors to exercise non-competitively in an event where everyone who completes the event is declared a WINNER!!

"Volksmarch" is a German word which literally translated means "people's walk." Infants can be pushed in strollers, youngsters walk the short distances, and senior citizens participate regularly.

A participant follows a marked route or trail at their own pace,

stopping at designated "control points" for a "control stamp", refreshments or rest.

Each walk event is usually 10 km (6.2 miles) and/or 20 km (12.5 miles). You may start anytime between the designated times in the brochure (usually 8 am til 2 pm), and you must finish by the close (usually 5 pm). Plenty of time for sightseeing (events sometimes held in historic or interesting locales) or stopping for a picnic.

One of the bonuses of volksmarching is that each participant who completes the trail may also purchase an attractive award. In

addition to collecting commemorative medals, participants may enroll in the IVV awards program by purchasing an IVV event or distance book or both. The books cost usually between \$3 to \$4 dollars each and entitle the owner to a certificate, hat pin and patch upon completion of the milestones.

I am seeking volunteers to help organize the first Volksmarch scheduled for 31 May 1992 and future events. For persons interested, please contact Tobie Mangione at (h)888-5307 or (w)833-5038.

### CLUB DE NATATION DE MAITRE

Les rénovations à la piscine de l'édifice 90 sont presque complétées et le club de natation de Maître sera réactivé.

Le club a été donné les heures suivants; lundi, mardi, jeudi de 1630 à 1800 heures.

Toutes personnes intéressées à joindre le club de natation de Maître pourrait appeler Capt Pat Brennan au numéro 6918 ou 833-6918.



### MASTERS SWIM CLUB

With the renovations to the pool in Bldg 90 nearing completion, the Masters Swim Club is being re-activated.

The Club has been allotted the following times; Mon, Tue, Thur 1630 to 1800 hours.

Anyone interested in the Masters Swim Club is asked to call Capt Pat Brennan at local 6918, or 833-6918.

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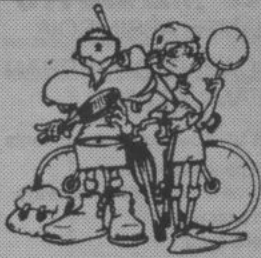
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# SPORTS ANNOUNCEMENTS

## Good Start!



The Intersection Volleyball League was served its first ball on the 16 Oct 91 starting off the season at Bldg 90 by LCol St Germain BADMO. There are six teams involved and they just completed their first round robin. Those members coming out are all having fun in this recreation league.

### CFB Wpg 1991/92

#### Intersection Ice Hockey Standings

Team	GP	Won	Los	Tie	Pts	GF	GA
2 PPCLI	9	8	0	1	17	59	18
BEAVERS	9	7	1	1	15	51	28
HAWKS	8	6	1	1	13	49	23
CFANS	9	6	3	0	12	57	24
5th WHEELS	9	4	3	2	10	48	47
EAGLES	9	4	4	1	9	41	35
OLDTIMERS	9	3	6	0	6	28	39
SARGES	9	2	7	0	4	36	45
BADGERS	9	2	7	0	4	21	70
ARROWS	9	0	9	0	0	29	90



### Intersection

#### Volleyball Statistics

TEAMS	W	L	PTS	PLACE
BPERO	5	2	12	1
CFANS	5	0	10	2
BCOMPT	3	3	9	3
BEME	3	1	7	4
BSUPPLY	2	3	7	5
BHQ	1	5	7	6

### CFB Wpg 1991/92

#### Intersection Volleyball League

TEAM	UNIT	CONTACT	LOCAL
1	BHQ	Mrs Daignault	5202
2	BCOMPT	Pte Wilson	6935
3	BSUPPLY	Cpl Cabilan	6120
4	BPERO	Cpl MacKay	5511
5	CFANS/CFSAS	Capt Blain	5642
6	BEME	MCpl Dunbar	6065

DATE	COURT 1	COURT 2
4 Nov 91	1 vs 2	4 vs 6
6 Nov 91	2 vs 6	1 vs 5
13 Nov 91	3 vs 2	1 vs 4
18 Nov 91	1 vs 2	3 vs 5
20 Nov 91	6 vs 3	5 vs 4
25 Nov 91	1 vs 6	5 vs 2
27 Nov 91	4 vs 3	1 vs 5
2 Dec 91	4 vs 6	3 vs 2
4 Dec 91	1 vs 4	3 vs 5

#### CHRISTMAS

#### AND

#### NEW YEAR'S

#### BREAK

6 Jan 92	2 vs 6	1 vs 3
8 Jan 92	2 vs 4	6 vs 5
13 Jan 92	1 vs 2	6 vs 3
15 Jan 92	5 vs 4	1 vs 6
20 Jan 92	5 vs 2	4 vs 3
22 Jan 92	1 vs 5	4 vs 6
27 Jan 92	3 vs 2	1 vs 4
29 Jan 92	3 vs 5	2 vs 6
3 Feb 92	1 vs 3	2 vs 4
5 Feb 92	6 vs 5	End of Regular Season

#### DOUBLE ELIMINATION STARTS 10 FEB 92

\*Revised Copy Due to Withdrawal of 2PPCLI  
For More Information Contact CPL Kendall at  
Local ..... 5511

## CFB Winnipeg 1991-92 Intersection Ice Hockey

Teams	
(A1) 2 PPCLI	(B1) AirCom Eagles
(A2) CE Beavers	(B2) OldTimers
(A3) BAMEO Hawks	(B3) BAMEO Sarges
(A4) DFANS	(B4) Supply Badgers
(A5) 5th Wheels	(B5) Arrows

Game	
24	Fri 25 Oct, 1200-1300, CC, CFANS vs 5th Wheel
28	Mon 18 Nov, 1200-1300, KB, OldTimers vs 5th Wheel
46	Mon 18 Nov, 1200-1300, CC, 2 PPCLI vs Hawks
47	Mon 18 Nov, 1520-1620, KB, Sarges vs Arrows
48	Tue 19 Nov, 1200-1300, KB, CFANS vs 5th Wheel
49	Tue 19 Nov, 1200-1300, CC, Eagles vs OldTimers
50	Wed 20 Nov, 1200-1300, KB, Beavers vs 2PPCLI
51	Wed 20 Nov, 1520-1620, KB, Badgers vs Sarges
52	Thu 21 Nov, 1200-1300, KB, Hawks vs CFANS
53	Thu 21 Nov, 1200-1300, CC, Eagles vs Arrows
54	Fri 22 Nov, 1200-1300, CC, 5th Wheel vs Beavers
55	Mon 25 Nov, 1200-1300, KB, OldTimers vs Badgers
56	Mon 25 Nov, 1200-1300, CC, CFANS vs 2 PPCLI
57	Mon 25 Nov, 1520-1620, KB, Sarges vs Eagles
58	Tue 26 Nov, 1200-1300, KB, 5th Wheel vs Hawks
59	Tue 26 Nov, 1200-1300, CC, Arrows vs OldTimers
60	Wed 27 Nov, 1200-1300, KB, Beavers vs CFANS
61	Wed 27 Nov, 1520-1620, KB, Badgers vs Eagles
62	Thu 28 Nov, 1200-1300, KB, 2 PPCLI vs 5th Wheel
63	Thu 28 Nov 1200-1300, CC, OldTimers vs Sarges
64	Fri 29 Nov, 1200-1300, CC, Hawks vs Beavers
65	Mon 2 Dec, 1200-1300, KB, Arrows vs Badgers
66	Mon 2 Dec, 1200-1300, CC, 2 PPCLI vs Hawks
67	Mon 2 Dec, 1520-1620, KB, Eagles vs OldTimers
68	Tue 3 Dec, 1200-1300, KB, CFANS vs 5th Wheel
69	Tue 3 Dec, 1200-1300, CC, Sarges vs Arrows
70	Wed 4 Dec, 1200-1300, KB, Beavers vs 2 PPCLI
71	Wed 4 Dec, 1520-1620, KB, Badgers vs Sarges
72	Thu 5 Dec, 1200-1300, KB, Hawks vs CFANS
73	Thu 5 Dec, 1200-1300, CC, Eagles vs Arrows
74	Fri 6 Dec, 1200-1300, CC, 5th Wheel vs Beavers
75	Mon 9 Dec 91, 1200-1300, KB, OldTimers vs Badgers
76	Mon 9 Dec 91, 1200-1300, CC, CFANS vs 2 PPCLI
77	Mon 9 Dec 91, 1520-1620, KB, Sarges vs Eagles
78	Tue 10 Dec 91, 1200-1300, KB, 5th Wheel vs Hawks
79	Tue 10 Dec 91, 1200-1300, CC, Arrows vs OldTimers
80	Wed 11 Dec 91, 1200-1300, KB, 2 PPCLI vs 5th Wheel
81	Wed 11 Dec 91, 1520-1620, KB, Badgers vs Eagles
82	Thu 12 Dec 91, 1200-1300, KB, Beavers vs CFANS
83	Thu 12 Dec 91, 1200-1300, CC, OldTimers vs Sarges
84	Fri 13 Dec 91, 1200-1300, CC, Hawks vs Beavers
85	Mon 16 Dec 91, 1200-1300, CC, Arrows vs Badgers

#### Happy Holidays!

Note: As per the constitution, at the end of this 2nd round, the last place team of 'A' Div. will trade places with the top placed team of 'B' Div.

### 1991/92

#### Intersection Floor Hockey League

These are the standings after the first round of the season.

Place	Team	Pts
1	2PPCLI	19
2	BEME	10
3	733 Com Sqn	9
4	BTNO	8
5	Base Flyer's	8
6	A/C C&E/ICEU	7
7	Odds & Sods	7
8	AC Band	5

We remember  
and we mourn ...



Our sisters who have fallen ...

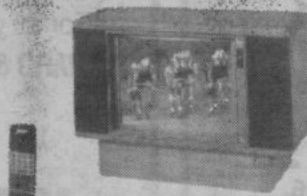
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December 6, 1989

Women's Committee, UNDE Local 50705

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**For Rent**

Home for Rent — WOODLANDS — 2-3 bedrooms, 1 1/2 bath, single level home, electric heat and woodstove, A/C, large private yard, and large garage. Ph: 489-7807.

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For Rent: 3 BDRM. TOWNHOUSE in McGillivray Park — \$450.00 per mth. plus utilities. Ph: 582-3517.



**Misc. For Sale**

Transportation — Base employee seeking transportation to North Bay area on or after Dec. 20. If possible returning by Dec. 29. Will share expenses. Call Heather — LOC. 5522.

For Sale — Two girl's DRESSCOATS with hoods, like new sizes 8 and 10. Various CAKE PANS (example: care bear, ninja turtle) \$8.00 each, chocolate candy moulds. Ph: 488-8044.

For Sale — "MY PET PONY" (walker bouncer) good for 15-40 lb child, brand new. Asking \$30.00. Ladies SHEEP-SKIN COAT — size 6, new — never worn. Asking \$100.00 o.b.o. Call 837-5609

For Sale — INFANT PRAM SNOWSUIT, fits to 26 lbs. — \$10.00. SNUGGLY (birth to 9 mths.) — \$10.00. Fisher Price MOBILE — \$10.00. Fisher Price infant CAR SEAT (new born to 20 lbs.) — \$35.00. Dorel baby LOUNGE SEAT — \$10.00. assortment of BABY CLOTHES and needs (6 to 18 mths.) — reasonably priced. Mens 10 SPEED BIKE — \$20.00. SEWING TABLE — Cabinet Style — \$125.00. Phone: 488-9655.

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 30 Oct — \$150 — MCpl Meunier — BAMEO  
 6 Nov — \$150 — Cpl Hurshman — BAMEO

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**Assistance and advice is available at all times from the CE/Fire Prevention Bureau at locals 5501 and 5586.**

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