



**THE REPAY ROBERTSON THUEN TEAM**

**ULTIMATE SERVICE GUARANTEED  
CALL US TODAY!**

**204.227.6705**

rrt-team.ca rrt@coldwellbanker.ca

**COLDWELL  
BANKER**

PREFERRED REAL ESTATE  
MILITARY RELOCATION SPECIALISTS

Volume 68, Issue 05

17 Wing Winnipeg / 17e Escadre Winnipeg

13 March 2019

# THE VOXAIR

The Winnipeg Military Community News Source Since 1952

## DC-3 Significant to Polish Second World War History Repatriated



Departure Ceremony for the Polish DC-3 "The Spirit of Ostra Brama" aircraft, which was stored at 17 Wing, Winnipeg. It was returned to Poland on March 8, 2019. Please see page 2 for complete story. Photo: Cpl Darryl Hepner, 17 Wing Imaging

No lack of winter at the 2019 17 Wing Winterfest this year

Page 3

Winnipeg MFRC Outreach Coordinator to help military families with deployments

Page 5

New Canadian Forces Transition Centre helps members with return to civilian life

Page 6

Barker College celebrates 100 yrs since namesake awarded VC

Page 10

Need some activities for the kids during Manitoba spring break?

Page 12

Spiritual or religious? Chaplains have it covered

Page 15

[THEVOXAIR.CA](http://THEVOXAIR.CA)

[FACEBOOK.COM/THEVOXAIR](https://FACEBOOK.COM/THEVOXAIR)

FREE

**THE VOXAIR**

Give us a call and find out the benefits of advertising with us  
833-2500 ext 4120



**DOMENICA'S**  
UNISEX HAIRSTYLING

VISA  
2255 Unit 2 Ness Ave  
204-885-3665 or 204-832-6978  
Walk Ins Welcome

Mon, Tue, & Fri  
9:00 am-5:00 pm  
Wed & Thur  
9:00 am-10 pm  
Saturdays  
8:30 am-5:30 pm



# Spirit of Ostra Brama Repatriated to Poland



Group photo of the 17 Wing Ghost Squadron members that contributed to the painting and restoration of the Polish "Spirit of Ostra Brama" DC-3 aircraft, on 4 March 2019, at 10 hangar, 17 Wing Winnipeg, MB. (L-R) Sergeant Doug Carpenter, David Walker, Stan Bladley, Robert Arnold, Captain Gordon Crossley, Warrant Officer Sonny Hamilton, and Pat English. Image: Sgt Daren Kraus

By Martin Zeilig, Voxair Photojournalist

In the words of 17 Wing Commander Colonel Eric Charron, March 8, 2019, was a "great day for Canada and a great day for Poland."

He was speaking before a crowd of military and civilians in Hangar 10 at the Departure Ceremony for a Second World War Polish DC-3 aircraft, named the Spirit of Ostra Brama. The aircraft is travelling from Winnipeg to a military museum in Warsaw Poland.

Ostra Brama means "Gate of Dawn", a holy site in the city of Wilno (Now Vilnius, Lithuania) and also refers to Operation Ostra Brama, a battle of the Polish Home Army to free Wilno from Nazi occupation in July 1944, noted provided information at the ceremony.

Other speakers included: Brigadier-General Sean Boyle, Deputy Commander, 1 Canadian Air Division, Mikolaj Cholewicz, Deputy Ambassador at the Polish Embassy in Ottawa, and Krzysztof Grzelczyk, Consul General of the Republic of Poland in Toronto, Dr. Włodzimierz Czarnecki, Honorary Consul of the Republic of Poland in Winnipeg, Captain (Navy) Krzysztof KSIĄŻEK, Defence Military, Naval and Air Attaché Embassy of the Republic of Poland in Ottawa, Colonel Karol Budniak, Defence Attaché Embassy of the Republic of Poland in Washington, DC, Andrzej Ruta, President of the Polish Combatants Association in Canada, Janusz Tomczak, President of the Canadian Polish Congress in Canada, and official representatives of the City of Winnipeg, the Province of Manitoba and the Federal

Government.

Second Lieutenant Becky Major, Wing Public Affairs Officer, was tasked with organizing the Departure Ceremony. Col Charron praised her efforts.

Lieutenant Mike Luczynski, who spoke in both official languages and Polish, was Master of Ceremonies for the event.

Members of the Ghost Squadron, a volunteer group of restorers, did much of the work required to get the old aircraft to a state where it could be repatriated to Poland.

"This ceremony had great significance for us Poles because the plane was used by a very important general during the Second World War," said Mikolaj Agaton Cholewicz, Chief of Political Section, Deputy Head of Mission, Embassy of the Republic of Poland in Ottawa. "It's also of significance because of Polish and Canadian cooperation. We are very satisfied that this plane can be back on Polish soil."

The plane, which once wore dull green war paint and served with the Royal Air Force during the Second World War, has a special place in the history of Poland, wrote Captain Gord Crossley, 17 Wing Heritage Officer, in the program that was handed out at the ceremony.

"Built in Oklahoma City, Oklahoma in 1943, this aircraft was transferred to the RAF on 24 January 1944. From July to September 1944, the aircraft flew with an all-Polish crew under pilot Jozefa Tyszko. The aircraft carried normal RAF markings, with the addition of the Polish Air Force red and white square insignia behind the cockpit, and was named 'Spirit of Ostra Brama'. The aircraft was used as the personal transport of the General Inspector of the Polish Armed Forces, General Kazimierz Sosnkowski.

"After the war, the aircraft was transferred to various RAF units before being acquired by various Canadian airlines before being removed from the aircraft registry in 1970.

The aircraft became property of the Western Canada Aviation Museum (now the Royal Aviation Museum of Western Canada), and once its wartime history was discovered, it was transferred to 17 Wing Winnipeg for preservation in 2002.

"In October 2016 the fuselage was moved into a compound on the base to secure it from further damage. Recently, to highlight the past of the aircraft, the wartime markings were re-applied by volunteers at 17 Wing. Using wartime photos of the aircraft as a guide, the name has been painted to the port side of the nose, and the Polish national insignia have been applied to both sides of the fuselage behind the cockpit."

"History is very important," observed BGen Boyle during the ceremony. "It informs who we are as people, and has a hand in shaping where we are going. The story of this aircraft speaks to the courage and selfless dedication of countless Poles who, after their homeland had fallen, signed up with the armed forces of Poland's Allies to continue to fight for the liberation of their country."

Those alliances continue to this very day, and are as vital now as they were during the Second World War, BGen Boyle noted.

"Canada and Poland are both partners in NATO,

which is the most durable and successful political-military alliance in history, having secured peace across Europe and North America for almost 70 years," he continued. "Every day, NATO's 29 Allies work and train together to keep our respective citizens' safe and secure."

"In recent years, Polish and Canadian forces deployed with other partners to various places around the world, including under the NATO-led International Security Assistance Force in Afghanistan following the 9/11 attacks on our ally, the United States. It is my hope that this artifact of our collective history will continue to tell its important story in Poland."

Colonel Budniak said the Polish government is very excited in having the original DC-3 returning to Poland.

"This is the only plane used by our Supreme Commander during the war," he added. "From the historical point of view, it's amazing to have that type of aircraft in a Polish museum, the military museum in Warsaw."

Jolanta Gronowski, the Vice President of the Sokol (a Polish-Canadian organization) of St. Boniface said that as both a Pole and a Canadian she was proud.

"I immigrated here when I was five years old from Warsaw," she said. "It gives me privilege to see an historical moment of what transpired during the Second World War, and also the Canadian Government for honouring such an event."

The ceremony brings closure to a certain chapter in Canadian and Polish aviation history, Col Charron said



Members of 500 Wing RCAF Association Ghost Squadron who worked on preparing the DC-3 receive gifts from the Polish VIP's during the Departure Ceremony for the Polish DC-3 "The Spirit of Ostra Brama" aircraft on March 8, 2019 at 17 Wing. Photo: MCpl Justin Ancelin, 17 Wing Imaging

following the official proceedings.

"It was lucky for us that we happened to have people at 17 Wing who recognized what this was all about," he said. "It was a diamond in the rough and we were able to secure it with years of letters back and forth and coordination of logistics. At the end of the day, it became a logistics issue to confirm how we were going to transport this aircraft back to Poland."

He also observed that Colonel Kimpinski and Major Greg Niemczyk, representing 17 Wing and 2 Canadian Air Division, would be flying to Poland as official representatives when the Spirit of Ostra Brama is finally installed in the museum in Warsaw.

A sumptuous buffet meal catered by the local Polish community was held afterwards at the Warrant and Sergeant's Mess.

The Spirit of Ostra Brama, itself, was loaded onto a massive Antonov cargo plane on March 9 and flown to Warsaw.

## THE VOXAIR

### OFFICE HOURS

Monday to Friday  
0800 -1500 hrs

### CONTACT

Ad Sales/Main Office  
(204) 833-2500 ext 4120

Accounting  
(204) 833-2500 ext 4121

Submissions/Reporter  
(204) 833-2500 ext 6976  
voxair@mymts.net  
+VOXAIR@PersSvcs@Winnipeg

### VOXAIR STAFF

LCol Brian Quick  
Dep Wing Commander  
(204) 833-2500 ext 5281

Rick Harris  
Managing Editor  
(204) 833-2500 ext 4299

Bill McLeod  
Voxair Manager  
(204) 833-2500 ext 4120

Martin Zeilig  
Photojournalist  
(204) 833-2500 ext 6976

Maureen Walls  
Sales Coordinator  
(204) 895-8191

Capt McCulloch-Drake  
Wing Public  
Affairs Officer

Broose Tulloch  
Layout/Ad Design

Misra Yakut  
Accounting

Traci Wright  
Proofreading

Printed By  
Derksen Printers  
204-326-3421

Visit Us Online: [thevoxair.ca](http://thevoxair.ca)

VOXAIR is the unofficial Service newspaper of 17 Wing Winnipeg and is published every two weeks under the authority of the Wing Commander, Col Charron. Opinions and views expressed do not necessarily reflect those of the Editor, the Wing Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. We will not be responsible for any loss or damage to any advertiser or third party resulting from the failure of an advertisement to appear in any of our editions or from any error or omission in any advertisement which is published.

Correspondence should be addressed to:  
The Voxair  
17 Wing Winnipeg,  
PO Box 17000 Stn Forces  
Winnipeg, MB R3J 3Y5  
This newspaper is printed using  
environmentally safe inks.  
Publications Mail Agreement No. 1482823

Promotion of Private Businesses in articles submitted for publication is not permitted except in cases of appreciation for donations where only the company name is included. (Companies or individuals that are currently in arrears shall not be published.) Individuals or groups shall not make any offer of promotion in The Voxair Newspaper of products and/or services for exchange in donations.



Departure Ceremony for the Polish DC-3 "The Spirit of Ostra Brama" aircraft, stored at 17 Wing Winnipeg, that was returned to Poland on March 8, 2019. Photo: Cpl Darryl Hepner, 17 Wing Imaging

# Winter Makes an Appearance at 17 Wing's 2019 Winterfest



One of the activities at the 2019 17 Wing Winterfest on Saturday, March 2, was jam pail curling.

All Photos: Bill McLeod, Voxair Manager

By Martin Zeilig, Voxair Photojournalist

"This is awesome," exclaimed Emily Dubuc, as she watched her seated three year old daughter, Belle, consume a large decorated sugar and cinnamon cookie while waiting to have her face painted.

Dubuc, daughter Belle, and 16 month old son, Sebastian, were amongst the crowd mingling in the lobby of the Fitness and Recreation Centre for Winter Fest 2019 on Saturday, March 2.

The annual festival, which attracted a large crowd this year, was organized by the Military Family Resource Centre and Personnel Support Programs Community Recreation. There were indoor and outdoor activities for all ages, but it was mostly geared for children.

"It's a great crowd," said Dubuc. "I can't wait for the chili to be served."

Besides the face painting, other indoor activities included a crafts table, light music provided by a three person combo from the RCAF Band, and the delicious hot chili and buns served by volunteers and staff from the MFRC.

Horse drawn cart rides, snowshoeing, jam pail

curling, bannock baking, marshmallow roasting, and a Search and Rescue Technician winter survival display were all available outdoors. The horse drawn cart rides were provided by Venture Horse Drawn Rides from St. Adolphe, Manitoba

"It's a successful event, although a bit cold," said John Bailey, Education and Employment Coordinator for the MFRC, who was, along with Ashley Clement, Community Recreation Coordinator, PSP, the co-OPI of Winter Fest. "Everyone is enjoying themselves."

He noted that it took a few weeks to organize the event. Bailey also praised the efforts of the MFRC volunteers and PSP staff for their assistance.



Danica from the Winnipeg MFRC (right) paints Elizabeth's face at the 2019 17 Wing Winterfest on March 2.

Madison Melnyk and her daughter, Olivia, were enjoying the day too.

"I love it," said Melnyk. "It's a great turnout, but a bit cold. Otherwise, it's pretty good. I'm looking forward to a sleigh ride later."

Melanie Lortie was with her three children, Lilliana, Maia, and Leon inside Building 90.

"One of my children is doing face painting now," she said. "Another one is listening to the music." The third

child was munching on a frosted cookie.

"I think the winter fest is really cool," Lortie, a native of Quebec City said. "There are a lot of activities for all ages, crafts of different kinds. Horses are always a good attraction too."

Meanwhile, Kara Kallenbach, a retired member of the RCAF and a long-time volunteer at the MFRC, was dishing out the warm chili to hungry participants.

"I love it," she said of Winter Fest. "It's what we do in Canada. This chili was prepared by a couple of military families that were contracted to do this for us. Sometimes we do it ourselves. Other times, it's good for others to treat us."

Besides the vegetarian chili and buns, there was hot chocolate, Tim Horton's coffee, juice for the kids and bottled water.

"I can't say enough about the people here," said Scott Lucas, a City of Winnipeg Firefighter and a former member of the United States Navy, who was at Winter Fest with his youngest daughter, four year old Madison May. "They make you feel welcome. The activities for families are really focussed. There's always something going on here at the base for families."



Despite the cool temperatures and wind chill, Venture Horse Drawn Rides was on site at the 2019 17 Wing Winterfest to give families a ride on Saturday, Mar 2.

## Women Recognized and Celebrated at 17 Wing



Honorary Colonel Susan (Sue) M Kathler had a highly entertaining presentation at the International Women's Day event held at 17 Wing Winnipeg on March 8, 2019.

Photo: Bill McLeod, Voxair Manager

By Bill McLeod, Voxair Manager

International Women's Day was celebrated at an event at the 17 Wing Officers' Mess on March 8, 2019, and featured a yoga class and vendors in the morning followed by guest speakers in the afternoon.

The speakers included Susan (Sue) M Kathler, former Air Reserve Flight Commander at the Wing and presently the Honorary Colonel of the Canadian Forces School of Survival and Aeromedical Training, Chief Warrant Officer Darlene Donovan, 1 Canadian A8 CWO, and Carly and Sharon from the Manitoba Wildlife Federation.

International Women's Day in the Canadian Armed Forces is designed to recognize and celebrate the achievements of women while understanding that further progress needs to be made.

Women have been part of Canada's military effort since shortly after Canada became a country. They served as nurses as part of the response to the Northwest Rebellion and through the Boer War and the First

World War, and while they may not always have been able to serve in the front lines they stepped up to perform vital war jobs in the civilian production sector, in particular during the Second World War.

Since 2001, women have been able to serve in any and all jobs in the CAF. Their participation in Afghanistan is recognized for their ability to engage the closed female society of the country which helped commanders understand security concerns that would have been unknown otherwise.

The afternoon at IWD at 17 Wing began with a presentation from Carly Deacon and Sharon Rintoul of the Manitoba Wildlife Federation's "Becoming an Outdoors-Woman" (BOW). The program runs from May 31-June 2, this year at the Circle Square Ranch in the Spruce Woods just south of Austin, MB.

The program consists of three parts; hunting, fishing, and outdoor skills with 20 different workshop titles shown on the MWF website.

"Pulling the trigger is the smallest part of the hunt," said Carly. BOW is meant to provide you with all the other information and skills to help you become an outdoors woman.

The second presentation of the afternoon was from CWO Darlene Donovan. She had an interesting personal take on the way women's roles in the CAF have changed over the span of her career.

CWO Donovan talked about three motivational pivot points in her career that were all delivered by her male counterparts and supervisors. One was being told she was not going to make it in the military because she was too quiet and people would walk over her. The second was being told by a male co-worker that she was just promoted because they needed a woman to fill a desk and the third was being told by her male boss that she could either have her career or her family.

All of these comments just made her more determined to show people that they were wrong.

CWO Donovan talked about her experiences being

just one generation removed from being strictly stay at home mothers and housekeepers and that how it was the same for men being just one generation removed from being the sole breadwinner. She said that due to that experience women were still expected by society to do the majority of the work in looking after the children and housework plus do their jobs.

CWO Donovan also related a story about how her career manager talked to her husband to see if her going on imposed restriction was okay with him, but her husband's career manager never asked her the same question.

Sue Kathler, a Human Resources professional providing consulting in succession planning, strategic planning, executive coaching, executive and leadership assessments, team development consulting, and talent management, spoke last at the IWD at the mess. She is a Lieutenant-Colonel (Ret'd), and presently is the Honorary Colonel of CFSSAT.

She had a highly entertaining presentation about her experiences as a woman in the CAF. She related how she had promoted herself to Private (Trained) by going down to clothing stores and requesting chevrons on her own initiative and also took responsibility and apologized for advocating for pleats in the women's DEU pants. She said at the time they were brought in they were the height of fashion but the military didn't understand that fashion changes.

HCol Kathler talked extensively about her experiences as a CAF member and about the differences between civilian and military life. She mentioned things the military did better, like using the first principle of war-the selection and maintenance of the aim to keep focused-and things the civilian world did better, like preparing someone for a new job.

In all, it was an interesting and entertaining IWD at 17 Wing. A special thanks goes out from the organizers to sponsors Manitoba Parks and High Tea Bakery for their participation in the event.

# Willa Walker Blazed the Trail for RCAF Airwomen



Formerly commanding officer of No. 7 Manning Depot, in Rockcliffe, near Ottawa, Ontario, Squadron Officer Willa Walker takes on her new posting as senior RCAF Women's Division Staff Officer at Air Force Headquarters, in Ottawa, on March 6, 1943. Photo: DND Archives

by Elinor Florence, RCAF Public Affairs

In honour of International Women's Day, March 8, we bring you the story of Willa Walker, who blazed a trail for women in the Royal Canadian Air Force during the Second World War.

Wilhelmina Magee was born in Montreal on April 3, 1913, one of four children of bank president Allan Magee and the former Madeline Smith of Saint John, New Brunswick. The Magees lived in Montreal, but the children enjoyed spending summers at the Smith family's rental cottage in Saint Andrews, New Brunswick.

Willa, as she preferred to be called, received an excellent education at a private school for girls called The Study, and developed a keen social conscience. She was an early backer of the famous Canadian doctor, Norman Bethune, who became a giant figure in the Chinese civil war.

After finishing school, Willa travelled to Paris to study French language and culture. Upon her return to Canada in 1933, when she was still only 20 years old, this plucky young woman worked her way around the world as postmistress on Canadian Pacific's famous Empress of Britain ocean liner.

Back in Montreal, Willa was employed by a news agency, accompanying the photographers who took pictures of local debutantes and celebrities. However, hearing that Sir Herbert Marler had been appointed as Canadian minister to Washington, D.C., Willa offered herself as social secretary to his wife, Lady Beatrice Marler, and spent the next two years in Washington with the Marlers before returning to Canada.

In 1939, Willa was invited to a party at Rideau Hall in Ottawa, residence of the Canadian Governor-General, and there she met a young Scottish captain in the British Black Watch 51st Highland Division, named David Walker, who was serving as aide-de-camp to Governor-General Lord Tweedsmuir, the novelist John Buchan. The couple's first meeting was far from promising—Willa asked David for a sherry, but he brought her a stiff Scotch instead!

## War is declared

However, sparks flew between the young couple, and they married on July 27, 1939. Only a few days after their honeymoon in David's native Scotland, war was declared and he rejoined his division.

When David went to war with his regiment in France in 1940, Willa stayed with David's parents at their home in Cupar, south of Dundee, not far from Saint Andrews in Scotland. Shortly before the evacuation of Allied troops at Dunkirk in June 1940, David's entire division was captured at Saint-Valery, Normandy. David spent the next five years in a prison camp. He managed to escape three times, but was always recaptured. Eventually, he was sent to the infamous Colditz Castle in Germany, a fortress for incorrigible inmates who had repeatedly escaped from other camps.

It wasn't until after David's capture that Willa dis-

covered she was pregnant. She returned to Canada for the birth of her son Patrick in November 1940 but, tragically, he died of crib death in February 1941 at the age of three months. His loss was a lifelong sorrow for Willa, and David never saw his young son.

It wasn't until July 1941 that Parliament finally yielded to public pressure and passed an Order-in-Council allowing women to enlist, and the Royal Canadian Air Force immediately formed a branch called the Women's Division with the motto: "We Serve That Men May Fly".

## Willa joins the war effort

With her baby gone and her husband in prison, Willa decided to join the war effort herself. In October 1941, she graduated with the first group of air force recruits, and achieved the highest marks in officer training. Three months later, in January 1942,

she was placed in charge of the new female recruits in Canada, all of whom entered Number 7 Manning Depot in Rockcliffe, Ontario, for basic training. In February 1943, Willa was promoted to commanding officer of the Women's Division in Canada. In doing so, she replaced Kathleen Oonah Walker (no relation), another esteemed female officer, who departed for England to become head of the Women's Division overseas. Both women were given the rank of wing officer, and from then on Willa became known among the ranks as "The Wing."

Willa was a natural-born leader. She was responsible for setting up training depots all over Canada as well as the overall discipline and efficiency of the Women's Division. It was also her duty to urge more women to enlist, and no doubt her enthusiasm convinced many young women to follow in her footsteps.

At the time, many Canadians believed that women didn't belong in uniform, that they should tend the home fires instead—knitting socks, rolling bandages, and growing Victory gardens. They feared that a woman's reputation would suffer if she were away from her parents' watchful eyes. It was Willa's job to persuade them otherwise. For the next couple of years, she criss-crossed the country by land and air, speaking to groups and organizations, even church congregations, in an effort to change the public perception of women in uniform.

In May 1943 Willa undertook an exhaustive trip across Western Canada, visiting 33 air bases between Winnipeg and Vancouver Island in five weeks, recruiting young women and meeting as many of their parents as possible. "You would consider it the right thing for your sons to do, and you should also feel that it is the only right course for your daughters," she urged. One of her most persuasive arguments was that air force life was good training for future homemakers!

## The benefits of life in the Air Force!

"Life in the Air Force is a wonderful background for marriage," she said. "A marriage is going to mean so much more, because of the experience the man and woman have shared together in uniform. A girl who has been in the service will be able to understand her husband better—because she'll know what he's been through."

Canadian women would be better citizens after a period of duty, she said. "No one need fear that these women will never be able to settle down comfortably in their homes during peace time. They will, gratefully, but they will be better people—they will be more adaptable and have a better understanding. They will have benefitted greatly from a little discipline!"

Most women, she explained, join the services for intensely patriotic reasons. Some have lost husbands or fathers or brothers, and are determined to take their places. "They aren't looking for glamour," she said. "They want it to be hard. They want to experience to some extent the life that their relatives had."

On this tour, Willa was accompanied by another

reputable officer, Jean Flatt Davey, the first female doctor in its Medical Division. Women in the air force were healthier than average, the two women explained, because they received good food, plenty of exercise, and excellent medical care.

Willa also emphasized the training that women received in forty different trades, including meteorologists, mechanics, wireless operators, and operational clerks. And although the women received only two thirds as much pay as the men, female veterans would receive the same benefits after the war as male veterans, including pensions and the opportunity for further education.

Willa was repeatedly asked by eager young recruits across the country when women would be sent overseas, but she was quick to point out that they were badly needed here on Canadian air bases. Only about 2,000 of the 17,000 women in the air force were fortunate enough to be sent overseas in wartime.

Willa went on to visit all the air bases in Eastern Command, and even travelled to the Dominion of Newfoundland, at that time a separate country.

## The war for equality

Interviewed by newspapers from coast to coast, some male reporters didn't quite know how to describe the impressive officer. One reporter wrote: "Mrs. Walker is of average height, very slim, with sparkling brown eyes, brown hair, and looks very young for the very responsible position which she holds." It was still very much a man's world, but privately, Willa waged a war for women's equality.

For example, at all the training depots, the Officers' Mess, or dining hall, was reserved for men only, so Willa was not allowed to eat with the male officers. Frustrated by this regulation, one day Willa ordered her driver to park in front of the Officers' Mess. In sub-zero temperatures, she sat inside the vehicle during a snowstorm, eating her cold crackers, until the male officers were so ashamed that they invited her inside.

Across the country, women officers let out a cheer, as they were never again prevented from entering the officers' mess! It was another proud moment for Willa when the head of the British Women's Auxiliary Air Force (BWAAF), after which the Canadian branch was modelled, visited Canada on an inspection tour and pronounced the women's performance as "absolutely first-class. The thing that has impressed me is their enthusiasm," said BWAAF Air Chief Commandant Katherine Trefusis Forbes, "their cheerful, keen attitude to do the job they are doing. People still don't realize just how colossal it is."

(cont'd on page 5)



A recruiting poster for the war-era RCAF Women's Division. Photo: Canadian War Museum

# Willa Walker Blazed the Trail for RCAF Airwomen (cont'd from page 4)



On March 10, 1943, Squadron Officer Willa Walker (left) meets Squadron Officer Kathleen O. Walker, the person she will be replacing as Senior Women's Division Staff Officer at Air Force Headquarters, in Ottawa. Squadron Officer Kathleen Walker was posted overseas to the RCAF Bomber Group to take charge of women personnel. Photo: DND Archives

In November 1943, Willa accepted a solid gold cup on behalf of the Women's Division, a gift from the British Women's Auxiliary Air Force, presented by Her Royal Highness Princess Alice, Duchess of Gloucester. For her war work, Willa was made a Member of the Order of the British Empire in London, England, in January 1944,

presented by Queen Elizabeth, wife of King George VI.

During the long years that David was in prison, Willa never gave up hope that he might escape. She came up with a code for communicating important news in seemingly innocent letters to her husband, which passed undetected by both the Canadian and German censors.

She also managed to smuggle escape maps to David in the soles of a pair of shoes contained in a Red Cross package. This time, Canadian military officers intercepted the package and found the maps.

At first, they admonished her for her foolhardiness, but the ingeniousness of the scheme appealed to them, so they repacked the shoes and sent off the package. Unfortunately, nobody escaped from Colditz Castle, not even David.

#### The war ends

As the end of the war approached, women were no longer needed in the armed forces, and they began to receive their discharges. Willa resigned her post in October 1944 after three years of service, to await the return of her husband. It wasn't until May 1945 that the war finally ended and they were reunited.

The couple settled briefly in Scotland, where their son Giles was born. The young family then travelled to India, where David served as chief of staff to Lord Archibald Wavell and, subsequently, to Lord Louis Mountbatten.

In 1947, the Walkers returned to Scotland, where David retired with the rank of major, and their son Barclay



Staff officers meet to review the first 12 months of operation of the RCAF Women's Division at RCAF headquarters on October 6, 1942, in Ottawa. Flight Officer Willa Walker, commanding officer of the Women's Division Depot at Rockcliffe station, near Ottawa, is second from the left. Photo: DND Archives

was born. The following year, the Walkers returned to Canada and settled in Saint Andrews, New Brunswick.

Willa brought her organizational skills to bear on the challenge of raising four rambunctious boys.

Dedicated to serving the community, Willa belonged to many local organizations, and wrote a popular book about her beloved town, entitled "Summers in Saint Andrews: Canada's Idyllic Seaside Retreat".

Willa Magee Walker died in 2010 at the age of 97. On June 16, 2018, a park in Rockcliffe, Ontario, was named and dedicated in her honour. Willa Magee Walker truly embodied the Royal Canadian Air Force motto of that era: Per Ardua Ad Astra. Through Adversity to the Stars.

# Outreach Coordinator Aims to Help Families Cope with Deployments

By Martin Zeilig, Voxair Photojournalist

Ana Vucic, Deployment and Reserves Outreach Coordinator at the Winnipeg Military Family Resource Centre, wishes more people would feel welcome to take advantage of the services being offered at the MFRC.

"I want to make myself available for any briefings that any unit might want," she said. "They can contact me directly and I can tailor the briefing to their specific needs. My door is always open and I always return my messages."

Vucic has won the admiration of her colleagues since being hired in June 2018.

"I love working with Ana," Dana Glover, Veteran Family Program Coordinator, Winnipeg Military Family Resource Centre, said. "She brings a dynamic element to the team. She's a really good team player. She always has our backs. She's really good at reaching out and interacting with our clients. She's really built the program up since she's been here."

Vucic explained that her main role is to provide support to the families of members who are getting ready to deploy, are deployed or returning from deployment in various capacities, like overseas deployment, going on a course, or for any other reason.

"I provide support during the separation and the reunion," she said. "Some of the support services I provide are educational based."

For example, Vucic noted that she offers Road to Mental Readiness (R2MR) on a one-on-one basis, but will also be offering it in a group setting starting on March 28 at the MFRC.

R2MR training encompasses the entire package of resilience and mental health training that is embedded throughout a member's career in the Canadian Armed Forces, including the deployment cycle, says the National Defence website.

R2MR helps families cope better with deployment, as well as with their reunion afterwards, Vucic emphasized.

Ms. Vucic is a native of Mexico City who's been in Canada since 2003. She has a Bachelor of Arts Degree in Anthropology from Nipissing University in North Bay,

Ontario, where she and her husband lived prior to his posting here.

"I did my undergraduate research on military spouses' geographical mobility and their career choices," Vucic said.

Now, she's working a Master of Arts in Applied Anthropology at the University of Manitoba where she's conducting research under Dr. Fabiana Li and Dr. Kathleen Buddle "for a curriculum based program" aimed to reduce crime rates in Winnipeg.

Her Master's research does, in a way, apply to her work at the MFRC because of her experience with program evaluation, she said. "My research experience will help me to be creative and best analyze how I'm implementing programs here for the deployment and Reserves and how effective those programs are," Vucic maintained.

She also noted that the Strengthening Families Program, which she's doing her research on, is also being tailored for the military community through the Strongest Families Institute.

She mentions, too, the monthly deployment dinners at the MFRC.

"They are a great opportunity for families who are experiencing deployment to come in and be integrated with families who are going through similar circumstances in an inclusive and safe environment," Vucic said. "I try to have a theme every time. We had Greek food in February and March is Ukrainian. There's been good feedback and the food is great. It's a good opportunity to get involved with the community and to find out more about what the MFRC has to offer."

She also attends the swearing in ceremonies for new recruits and their families, and welcomes those families and new recruits to the MFRC.

"I created the New Recruits Parents Cafe every last Saturday of the month," Vucic said. "It's an opportunity for new military families to come and get acquainted with the MFRC, and come and meet families going through the same thing. I've had two of them so far, and the feedback has been very positive. It's a good way to become integrated within the military community, and

with the MFRC community. I'm also in touch with the families every month to check in and see if they have any questions, concerns, or just to talk to someone who is familiar with the military environment. If it's not me, then it's one of the volunteers. That's something I've been getting good feedback on as well.

"The best part of my job is that I love and enjoy working with my clients. I get a lot of satisfaction from just doing my job. Of course, my co-workers are wonderful too and they have provided great mentorship and support for me as a new coordinator."

For further information, contact Vucic at (204) 833-2500 ext. 2991; email: ana.vucic@forces.gc.ca

**HOOK & SMITH** 201-3111 Portage Ave,  
Winnipeg, Manitoba R3K 0W4

Barristers, Solicitors & Notaries Public

Dennis A. Smith, Winston F. Smith, Q.C.,  
Grant W. Davis and Bernard Toews

Telephone - (204) 885-4520 Fax - (204) 837-9846

Email: [general@hookandsmith.com](mailto:general@hookandsmith.com)

Providing legal services to the community since 1984 in the areas of corporate and commercial law, real estate (residential and commercial), civil litigation, wills and estates, family law and transportation law.

# Avro Arrow Remembered By Historian



Aviation enthusiast and author Bill Zuk with a model of the Avro Arrow and related memorabilia. Photo: Martin Zeilig, Voxair Photojournalist

By Martin Zeilig, Voxair Photojournalist

Friday, Feb 20, 1959, will forever be known in Canada's aviation vocabulary as "Black Friday," says Winnipeg aviation historian and author Bill Zuk.

It saw the destruction of a dream: the cancellation of the Avro Arrow supersonic interceptor jet aircraft designed and built in the 1950s by A.V. Roe Canada.

Zuk was the featured speaker on February 28 at the meeting of the Canadian Aviation Historical Society, Manitoba Branch, in the Annex at the 17 Wing Chapel. The lecture, titled *The Avro Arrow: Legend or Myth*, was accompanied by slide and short video presentations. It drew about 80 enthusiasts.

"The Arrow was one of the most advanced aircraft of its era, helping to establish Canada as a world leader in scientific research and development," says the Canadian Encyclopedia online, which notes that the company — the newly branded A.V. Roe Canada — set up shop in the Malton area of Mississauga, Ontario at the former Victory Aircraft plant, now Toronto Pearson International Airport.

"Many believe that the Arrow's cancellation was a

betrayal of Canada's aerospace industry. Others assert that the jet was extravagant and had little chance of competing with impending innovations."

At best, Avro and the Arrow were historic examples of Canadian ingenuity and intriguing case studies of unrealized potential, asserts the CE article.

"The Avro Arrow was a critical time in Canada's aviation industry," said Jim Bell, President of the local branch of the CAHS, following the meeting. "It was really the peak of our aviation industry and it suffered a blow with the cancellation of the Arrow that it has never really recovered from. Although the industry continues and is reasonably successful today, it is not nearly on the cutting edge like it was in the 1950s. The project was extremely expensive, too expensive for Canada and could never be replicated. It's a technological landmark."

"Over the loudspeakers at the Avro Canada plants in Ontario, the morning shift workers who were finishing their work heard company president John L. Plant announce the end of the Avro Arrow," Zuk wrote in a Winnipeg Free Press story (*Destruction of a dream Feb. 2, 2019*) "Everyone there that day remembered the sombre tone of the 'Black Friday' message, but couldn't recall the exact words.

Prime Minister John Diefenbaker ended the project with a speech in the House of Commons. A.V. Roe immediately laid off 15,000 employees, along with 600 sub-contractors in the Avro Arrow parts and supply chain. Six workers were released as far away as Bristol Aerospace in Winnipeg, where the Arrow tail cone was produced. It is estimated that the total economic impact was 30,000 jobs lost.

"Cancellation of the Avro Arrow and its Orenda Iroquois quashed any chances for foreign sales, although the Royal Air Force had evinced interest before the British Defence White Paper of 1957 resulted in the cancellation of all 'manned aircraft' projects," writes Zuk. "Company documents relate to efforts by both the United States Air Force and the Royal Aircraft

Establishment to retain the completed test aircraft, but by April, the Lax Brothers Scrapyard in Hamilton purchased the remains of the Arrow project from Crown Assets after bidding \$300,000 for the lot — airplanes, jigs and tools, and any related fixtures. Demolition work was done rapidly behind closed doors. Due to their unfamiliarity with aircraft, the salvage crew had taken a wrecking ball that clanged off a hardened section of a fuselage, bouncing straight back and nearly hitting the operator. Blow torches were no better as the exotic materials found in the aircraft, such as magnesium and titanium, would prove lethal if ignited. The workers settled on axes and saws to crudely dismember the airframes. The jigs and tooling inside the plant were cut apart with acetylene torches."

In the short term, the Arrow's cancellation had a devastating effect on Canada's aerospace industry and its role as a world player, says the CE article, which mentions that a number of Avro's top engineers left for Great Britain to work on the Concorde civil airliner, while over 30 "elite scientists and engineers" left for the United States to work on various projects within NASA.

What it amounted to really was the loss of a dream — a dream that Canada could, in fact, stand with any other country in the world, Zuk said following his presentation at the chapel.

"We lost that opportunity and are just gaining it back now," he added.

"Visionaries like those that ran the Avro Canada company are few and far between. We should treasure the chance to work with them, and give them the opportunity to be the best they can be. This was a major brain drain from Canada. Avro attracted aircraft people from around the world — Britain, in particular, the US, and other countries too. They all came together to make this fantastic aircraft. It was a real loss to Canada to lose those people."

## Changing the Way the Military Transitions to Civilian Life



Rick Carleton and Major Sylvie Landry at the renamed Transition Group Office. Photo: Martin Zeilig, Voxair Photojournalist

By Martin Zeilig, Voxair Photojournalist

Rick Carleton, Services Coordinator, Canadian Armed Forces Transition Centre Winnipeg, says the transformation of the former IPSU/JPSU to the Transition Centre was a welcomed addition to the services currently provided.

"I think it's awesome," he said. "We've done a fantastic job looking after the ill and injured, but now we're focussing, as well, on the people who are transitioning from the military."

Carleton and Major Sylvie Landry, Officer Commanding CAF TC Winnipeg, were interviewed in the Transition Centre's reception on the second floor of the CANEX building recently.

On December 10, 2018, Defence Minister Harjit S. Sajjan and the Honourable Seamus O'Regan, Minister of Veterans Affairs and Associate Minister of National Defence, announced the stand-up of the Canadian Armed Forces Transition Group, notes a Government of Canada document, *The Transition Group: Informing Your Team*.

"The Transition Group assumes a new role within the CAF to provide professional, standardized and person-

alized casualty support and transition services to personnel in the Regular Force and Primary Reserve, and their families," says the document. "The goal is to ensure that all Canadian Armed Forces members, veterans, and their families receive the full range of support, compensation, and benefits available to them. Whether they are embarking on the road to recovery, entering rehabilitation, returning to duty in the CAF, or transitioning to life after service, the Government of Canada is committed to assisting them in their journey.

"The new Transition Group brings together the current people, services, and resources of the renewed Joint Personnel Support Unit (JPSU) and the Directorate of Casualty Support Management (DCSM), as well as a number of additional investments, into one integrated formation. Services for the ill and injured and families of the fallen will continue to be a core part of the support this formation will offer. This new formation is a critical part of a broader group of government initiatives designed to improve outcomes for CAF members, veterans and their families."

Warrant Officer Matt Kotylak, who was at the Transition Centre during the interview with Carleton and Maj Landry, said that he'll be transitioning out of the CAF this summer after 22 years of service in both the Regular Forces and the Reserves.

"It's been interesting," he commented. "When I first started to look at transitioning I wasn't aware of much that was available, and just with the changes since December it's completely changed the way we conduct business. We indoctrinate into the forces and this is a way to do the same on the way out. It's been beneficial for me."

Maj Landry Sylvie stressed that it was time for the CAF to have a change of culture.

"The changeover is good," she said. "A lot of people were seeing the JPSU as a medical place only, which it is not. Transition is important. Removing the uniform for a lot of people is very personal and emotional, so preparing them through courses online and having them coming to

us to guide them through the next chapter in their life is very important. We're all going to go through that."

Carleton concurred.

"We did a very good job of getting people into our recruiting centres," he said. "We indoctrinated them. We sent them off to boot camp to learn the military culture. Then, we sent them off to learn various trades, or officer training. We made the person the military wanted them to be. We told them how to do everything. Now, we've looked at everything and developing a new focus which will come into effect on April 1, which will guide people. We don't want to lose people. We thank them and provide the due diligence to help them prepare for that transition out of the military."

Meanwhile, Lieutenant (N) Kelly Boyden, CAF Transition Group/CFMWS, who's based in Ottawa, observed that the role of the new Transition Group is to ensure that CAF members and their families begin to think about transition early in their careers, to provide education and training on what transition comprises, and to deliver services, based on recognized domains of wellbeing.

"The end goal is to have all members and their families informed, prepared, and empowered for a successful transition when the time comes, in order to give them the opportunity to maximize their potential," he wrote in an email to The Voxair. "The CAF is committed to working with Veterans Affairs Canada (VAC), and our other key partners, to ensure that the transition from life in the CAF to life after service is as seamless as possible, and that Veterans continue their enduring affiliation as part of the larger military family."

For further information, go to [www.canada.ca/military-transition](http://www.canada.ca/military-transition)

You can also visit the 17 Wing Transition Centre, second floor of the CANEX building.

# Wounded Warrior Ambassador Wants Service Members to Know There is Help



Kara Kallenbach is a passionate advocate for Wounded Warriors. Photo: Martin Zeilig, Voxair Photojournalist

## By Martin Zeilig, Voxair Photojournalist

Kara Kallenbach wants members of the Canadian Armed Forces and other first responders to know that your life isn't over if you have a physical or mental injury. There is help available.

Kallenbach, a retired member of the RCAF and the Air Force Reserves, is the Wounded Warriors Canada Ambassador for Winnipeg. She has a degree in Social Work and a long history of working in causes that help her community.

WWC's mission is to honour and support Canada's ill and injured CAF members, veterans, first responders and their families, notes information on the WWC website.

"On September 18, 2006, a suicide bomber traveling on a bicycle detonated a bomb 30-km west of Kandahar City," says online information. "This incident killed four Canadian soldiers and injured a number of others including innocent civilians and children. Amidst this carnage, three seriously wounded Canadian Military Engineers lay wounded and dying.

"In 2006, the Fund was formally incorporated as The Sapper Mike McTeague Wounded Warrior Fund and original incorporation and establishment of the funds charitable status was completed. The original intent of the fund was designed to support all Canadian Forces members wounded on operations and to improve the general morale and welfare of the injured soldiers and their families.

"Wounded Warriors Canada is a success story borne out of a horrible tragedy that continues to support those in need."

Kallenbach has "an immense history working in causes that help her community," says her bio on the WWC website.

In the past she has worked as a social worker with Veterans Affairs Canada and in women's shelters, homeless shelters and with Youth in Care. While there, she helped aged out foster children become autonomous in Winnipeg. She also spent two years working with Victim Services in Cornwall, Ontario as an on-call counselor for the Police Service.

"I retired in 1997 on the Force Reduction Plan," Kallenbach said during a recent interview. "I joined in 1984 in Regina and was an Air Defence Technician. I worked all over the Canada."

When Wounded Warriors brought her into the fold, she was living in Germany where her husband was posted to the United States Air Force Base Ramstein, which serves as headquarters for the USAF in Europe and also for NATO Allied Air Command.

"Wounded Warriors was looking for people to help," Kallenbach, who was already on the Board of Directors for Canadian Forces Europe and the local Military Family Resource Centre, said. "I had to do something. I was retired military, and my kids were older. They didn't need me anymore. I saw that Wounded Warriors was coming to Europe to do their second Battlefield Bike Ride. They needed lots of volunteers."

So, they put her to work.

"I ended up being the lunch mom," Kallenbach said. "I drove my truck and I was able to pick up a whole bunch of things for us to use and then meet them in Paris. We went to Vimy where we started this Battlefield Bike Ride. We made it every day over six days about 120 kilometres per day."

"They were all raising money for injured veterans," Kallenbach said. "It wasn't only physically injuries. It was mental injuries too. A lot of the people on this trip were also civilians. They were either family members or wanted to support Wounded Warriors in Canada."

They each raised \$4000 for WW Canada, she added.

"One of the things I did there was offer moral support," Kallenbach said. "When you're having a rough time and it was cold, you could use a hug. I'm a hugger. In the end, I became the 'mom' on the trip."

Her job as ambassador is to go out and talk to people about how WWC works.

"We are all volunteers in the organization," Kallenbach said. "Our focus is on anybody who is ill or injured in any service (the CAF, police, fire, ambulance, and Canadian Rangers). We have different programs that we fund. People come to me and ask how they can be involved with Wounded Warriors."

WWC has a program to provide service dogs for those in need and they also work closely with the Operational Stress Injury Clinic at Deer Lodge Centre, she added.

"That's what we want everybody to learn that you're life isn't over if you have a physical or mental injury. When you retire from the military you feel that your not part of a family anymore. It can cause some serious depression in newly retired people. Thank goodness that the military has improved their Health Promotions and PSP Promotions. You may be ill or injured and retired, but your service isn't finished. If you still want to contribute, you can. I've seen people who've lost their legs and are in a wheelchair. Now, they're up and running. I'm very proud of the organization."

For further information, contact Kallenbach on Facebook, email: kara.kallenbach@hotmail.com, or through the Wounded Warriors Canada website: www.wounded-warriors.ca.

# Sports Trivia

## CURLING POTPOURRI

by Stephen Stone

1. When was the first Canadian men's curling championship held?
2. Why is it called the "Brier"?
3. What companies have sponsored the Brier and in what years?
4. Which province won the first Brier?
5. Which province has won the greatest number of Briers?
6. Which skips have won the greatest number of Briers?
7. Which Brier had the greatest attendance?
8. What is the name of the Canadian women's curling championship?
9. When was the first women's championship held?
10. Which province won?
11. Which company was the first sponsor of the women's championship?
12. Which province has won the greatest number of women's championships?
13. Which skip has won the greatest number of women's championships?
14. When were the first World Curling Championships for men and women held?
15. Which non-Canadian country has won the greatest number of championships?
16. When was the first official Olympic curling competition?
17. Which new curling event will be included in the 2018 Olympics in Pyeongchang, Korea?
18. When was the first World Wheelchair Curling Championship?
19. When were the first World Junior Curling Championships?
20. Who is the only three-time World Junior Curling champion?

Sports Trivia Answers on page 14

**House available June 1st**  
**3 BR, 2.5 bath, 1625 sq feet**  
**Quiet neighbourhood, close**  
**to schools. 1900/month +**  
**utilities.**  
**Please call Lin Blatz**  
**204-227-6915**

## HOMEWATCH

**Planning your vacation or your annual migration to the south? Plan to leave your home to us.**

Commissionaires is Canada's premier security company, offering a unique combination of integrity, experience and innovation. For more than 90 years, Commissionaires has protected people and property across Canada. Make sure you are in compliance to your Homeowner's Insurance Policy.

Military Discount for Commissionaires Mobile Services.

**Don't leave your home to chance, leave it to Commissionaires.**



**COMMISSIONAIRES**  
TRUSTED · EVERYDAY · EVERYWHERE

Ph: 1 204 942 5993 x2300

admin@commissionaires.mb.ca

www.commissionaires.mb.ca



# Around The Wing



Cool temperatures arrived with the start of March in Winnipeg. Photo: OS Megan Sterrit, 17 Wing Imaging.



Objects in your mirror may be closer than they appear... Photo: LCol Brian Quick



Barker College and 17 Wing celebrated the 100th Anniversary of the Victoria Cross to William G. Barker, the most decorated serviceman in the history of the Commonwealth, on March 1, 2019 at 17 Wing. Photo: Cpl Darryl Hepner, 17 Wing Imaging

**École francophone**  
**Maternelle à 8<sup>e</sup> année**  
**École la plus près de la 17<sup>e</sup> Escadre**

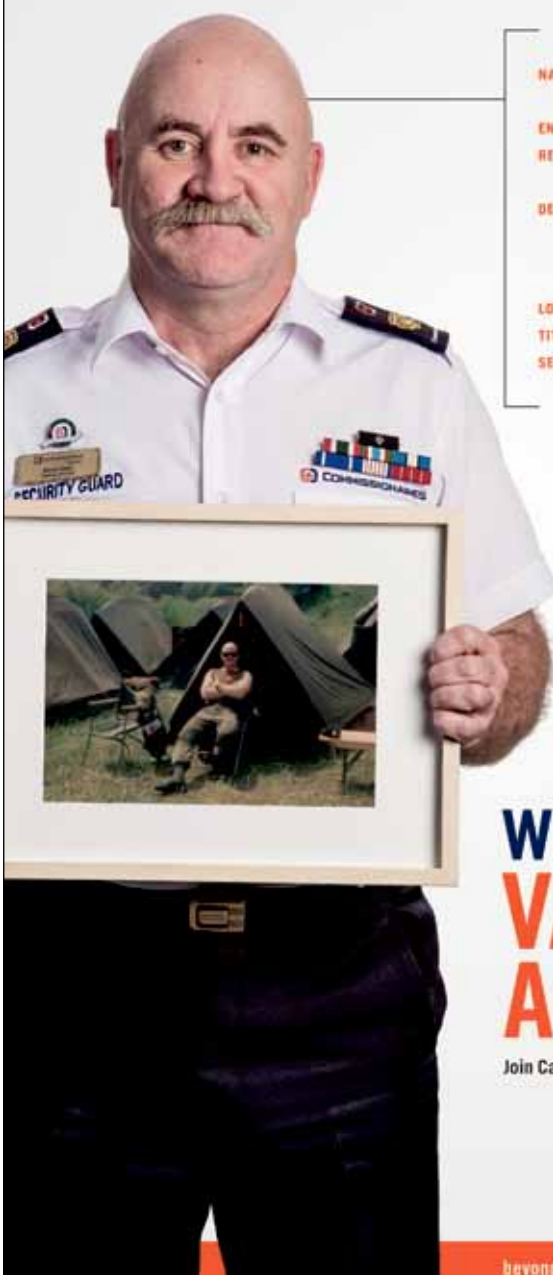
**Transport scolaire**  
**Garderie francophone**  
**Centre de la petite enfance et de la famille**




**École Roméo-Dallaire**

DEVISION SCOLAIRE FRANCO-MANITOBAINE  
 81, chemin Quail Ridge, Winnipeg (Manitoba)  
<http://rdallaire.dsfm.mb.ca>


(204) 885-8000  
[romeo.dallaire@dsfm.mb.ca](mailto:romeo.dallaire@dsfm.mb.ca)



NAME	<b>GAULT, KEVIN //</b>
ENROL DATE	1981 //
RETIRED AS	CORPORAL // 2 PPCLI //
DEPLOYMENTS	GERMANY - 1985-1988 UNFICYP (CYPRUS) - 1990 UNPROFOR (BOSNIA) - 1997 //
LOCATION	WINNIPEG //
TITLE	TRAINING INSTRUCTOR //
SERVICE	2016-PRESENT //

**WE KNOW THE VALUE OF A VETERAN**

Join Canada's largest private sector employer of veterans

beyondservice.ca 



# Around The Wing



Dan Whittaker of Charleswood Legion Branch 100 presents a cheque to Karen Hansen, Winnipeg MFRC Board Chair, at the MFRC Coffee Break on Mar 7, 2019. Photo: Bill McLeod, Voxair Manager



Captain Jason Miller, 402 Squadron Air Combat Systems Officer, is shown how to install seat covers during the set up for the Annual Children's Wish Night of Wonders Gala, on 22 February 2019, at the RBC Convention Centre, Winnipeg. Photo: Sgt Daren Kraus

 Government of Canada  Gouvernement du Canada

## VETERAN FAMILY PROGRAM

For Medically Releasing CAF Members, Medically Released Veterans and their Families



## LE PROGRAMME POUR LES FAMILLES DES VÉTÉRANS

Pour les membres des FAC en voie de libération pour des raisons médicales, les vétérans libérés pour des raisons médicales et leur famille

The Veteran Family Program supports medically releasing Canadian Armed Forces members, medically released Veterans and families. If you are transitioning visit your local Military Family Resource Centre, [CAFconnection.ca](http://CAFconnection.ca), or call the Family Information Line at 1-800-866-4546.

Ce programme appuie les militaires en voie de libération pour des raisons médicales, les vétérans libérés pour des raisons médicales et leur famille. Si vous êtes en transition, visitez [ConnexionFAC.ca](http://ConnexionFAC.ca) ou votre centre de ressources pour les familles des militaires, ou appelez la Ligne d'information pour les familles au 1-800-866-4546

# RCAF Barker College Commemorates the 100th Anniversary of VC Awarded to Namesake



Barker College Commandant, Lieutenant-Colonel William Snyder, and Barker College School Warrant Officer, Master Warrant Officer Steve Bodnar, unveil a tribute to William G. Barker during the 100th Anniversary of him being awarded the Victoria Cross, on March 1, 2019 at 17 Wing. Photo: Cpl Darryl Hepner, 17 Wing Imaging

By Martin Zeilig, Voxair Photojournalist

A humble airman from Dauphin, Manitoba stood in front of King George V at Buckingham Palace on March 1, 1919, to receive the Victoria Cross, the highest decoration in the Commonwealth, said Lieutenant-Colonel William Snyder, Commandant RCAF Barker College.

He was speaking at a ceremony at the Officers' Mess on March 1, 2019, attended by military members and civilians to mark the 100th anniversary of William (Billy) George Barker's VC. Jon Reyes, MLA for St. Norbert and the Provincial Government's Special Envoy for Military Affairs, was in attendance at the event.

"On the morning of the 27th October, 1918, this officer observed an enemy two-seater over the Forêt de Mormal," read the official citation for Barker's VC. "He attacked this machine and after a short burst it broke up in the air. At the same time a Fokker biplane attacked him and he was wounded in the right thigh, but managed, despite this, to shoot down the enemy aeroplane in flames.

"He then found himself in the middle of a large formation of Fokkers, who attacked him for all directions; and was again severely wounded in the left thigh; but succeeded in driving down two of the enemy in a spin.

"He lost consciousness after this and his machine fell out of control. On recovery he found himself being again attacked heavily by a large formation and singling out one machine, he deliberately charged and drove it down in flames.

"During this fight his left elbow was shattered, and he again fainted, and on regaining consciousness he found himself still being attacked, but, notwithstanding that he was now severely wounded in both legs and his left arm shattered, he dived on the nearest machine and shot it down.

"Being greatly exhausted, he dived out of the fight to regain our lines, but was met by

another formation which attacked and endeavoured to cut him off but after a hard fight he succeeded in breaking up this formation and reached our lines, where he crashed on landing.

"This combat, in which Major Barker destroyed four enemy machines (three of them in flames), brought his total successes up to fifty enemy machines destroyed, and is a notable example of the exceptional bravery and disregard which this very gallant officer has always displayed throughout his distinguished career.

"Major Barker was awarded the Military Cross on 10 January, 1917; first Bar on 18th July, 1917; the Distinguished Service Order on 18th February, 1918; second Bar to Military Cross on 16th September, 1918; and Bar to Distinguished Service Order on 2nd November, 1918."

W/C Barker's continued efforts to fight and survive in the face of a much stronger enemy force demonstrated the fighting spirit that many other soldiers and airmen wished to emulate, LCol Snyder said.

Due to W/C Barker's extensive wounds, he had been unable to attend an official ceremony between October 1918 and March 1919, spending that time convalescing in hospitals in France and England, he added.

"By the time March 1 arrived, Barker was able to walk only short distances," he continued.

"Our intention with this ceremony today is to celebrate the bravery and courage shown by W/C Barker that led to his Victoria Cross, but at the same time to ask you to think about the sacrifices that are behind the award. Barker returned from the war a different man. He left arm was practically useless, though his hand still worked. Somehow he continued to fly by using his right hand to move his left to where it was needed in the cockpit, controlling the yoke with his knees when required. He also lived with chronic pain from his hip wounds which no doubt led to some form of what we now recognize as PTSD."

LCol Snyder added that although that aren't any serving members with VC medals still alive, there are serving members with many other decorations for bravery.

"Some of these decorations were presented in recognition of service in a combat region, such as our recent experiences in Afghanistan, or in non-combat or domestic operations, such as Search and Rescue," he said. "I think it's important we recognize the situations that these people endured, with courage and bravery, often have a cost. Many times the people wearing the decoration were injured in the accomplishment of the mission, or others were killed or severely injured around them. These have enduring and long lasting effects."

As military members we live a life of "service before self" and acts like those of W/C Barker exemplify the standard we all wish to emulate," LCol Snyder stressed.

He also thanked Honorary Colonel John Wright for donating replicas of W/C Barker's medals, Major Ron Shaw for "his investment of hundreds of hours of work" to build two model displays of the Sopwith Camel and Snipe aircraft flown by W/C Barker during the First World War, and Captain Glenn Dean for developing the mount to display the medals and for purchasing a "time correct collar dog and button."

After leaving the military and starting an unsuccessful airplane charter, maintenance, and sales business with Billy Bishop, who was also awarded a VC, Barker joined the fledgling Canadian Air Force in 1922, commissioning as a Wing Commander in charge of the air station at Camp Borden. The CAF became the RCAF in 1924 and Barker resigned in 1926. He was killed in an air crash at Rockcliffe airfield in January 1930, while demonstrating a Fairchild KR-21 for the Department of National Defence.

**baldwinson**  
INSURANCE BROKERS

**HOME INSURANCE!  
TENANTS INSURANCE!  
CAR INSURANCE!  
DRIVERS LICENSES!**

**204-889-2204**

**17 WING WINNIPEG  
in the CANEX BUILDING**

**autopac**

A Manitoba Public Insurance product

**HABING LAVIOLETTE**  
BARRISTERS, SOLICITORS & NOTARIES



**RONALD HABING**  
BA. LL.B.  
and  
**SIDNEY LAVIOLETTE**  
BA. LL.B.  
**KENNY S.R. COSTA**  
BA.(HON) J.D.

**REAL ESTATE & MORTGAGES • WILLS & ESTATES  
FAMILY LAW • BUSINESS LAW**

**2643 Portage Avenue**  
Phone: (204) 832.8322 • Fax: 832.3906  
info@habinglaviolette.com

## PERSONAL CLASSIFIEDS

### CARPOOL

Looking for a ride from downtown (near the Hotel Fort Garry) to building 62 I need to be at work at 0700 and leave at 1545 or 1600 which ever works. I am willing to pay half the gas.  
**Contact Dawn at 204-833-2500 ext 4534 or Dawn.Aisenstat@forces.gc.ca**

Send us an e-mail today to place your FREE Classified ad (of 50 words or less) at: voxair@mymts.net. Classified ads will run for one month (two issues) unless space permits or specified otherwise.

233-ALLÔ

CENTRE D'INFORMATION

233-2556 1-800-665-4443

CALENDRIER COMMUNAUTAIRE

- 14 mars • Naviguer le spectre de l'autisme • USB
- 15 et 22 mars • Ligue d'improvisation du Manitoba • CCFM
- 15 mars • Festival de Film Africain • The Winnipeg Film Group
- 15 mars • Minuit au Musée... une soirée énigmatique • CJP
- 15 au 17 mars • Festival International de Films pour enfants de tous âges • Freeze Frame
- 16 mars • Tournée d'humour des Rendez-vous de la francophonie • CCFM
- 16 mars • Jour J • Accueil francophone
- 16 mars • Le Défi Parasport • USB
- 21 mars • Lancement du programme – Artistes à l'école • Maison des artistes visuels
- 21 mars • La dictée Gabrielle Roy • La Maison Gabrielle-Roy
- 25 mars • Camplus sur campus printemps • USB

Pour plus d'informations et pour voir le calendrier au complet, visitez le <http://www.sfm.mb.ca/calendrier>

First Interim Fighter Jets Arrive in Cold Lake



Aircrew members of the Royal Australian Air Force and the Royal Canadian Air Force work outside the Aerospace Engineering Test Establishment after the arrival of the first F/A-18A Hornet from Australia at 4 Wing Cold Lake, Alberta, on February 16, 2019. PHOTO : Able Seaman Darren McDonald

National Defence / Canadian Armed Forces

On February 17, 2019, the Royal Canadian Air Force (RCAF) marked the arrival of the first two interim fighter aircraft, an important milestone and investment in sustaining our current CF-18 Hornet fleet.

Through Canada's defence policy, "Strong, Secure Engaged," the Government of Canada is ensuring we have the mission ready aircraft we need to meet our domestic and international obligations in advance of the arrival of jets to replace the entire CF-18 fleet.

"The interim fighter fleet is key to ensuring the Royal Canadian Air Force can continue to fulfill their missions and ensure the safety of Canadians and Canada," said Defence Minister Harjit S. Sajjan. "We are familiar with these aircraft and are

confident that they can provide the additional support our current fleet requires. They were flown in yesterday by the Royal Australian Air Force and I look forward to seeing them fly again soon in our Canadian colours."

Canada is procuring 18 fighter aircraft and parts from the Government of Australia to rapidly increase availability of the CF-18 fleet in order to ensure the RCAF can meet all obligations simultaneously.

These aircraft are the same type as Canada's current CF-18 fleet and can be integrated quickly into our fleet. Modifications and technical work will begin immediately so they can be brought to a similar configuration to Canada's CF-18 aircraft. The work will continue to be done by Canadian companies.

Deliveries will continue at regular intervals for the next three years, and aircraft will be integrated into the CF-18 fleet as modifications are completed. The final aircraft are expected to arrive by the end of 2021.

The first two aircraft are the F/A-18A model, which means they are single-seat aircraft. They were flown to Cold Lake, Alberta, from Nellis, Nevada, where they were participating in Exercise Red Flag, and will be employed at 3 Wing Bagotville and 4 Wing Cold Lake.

Modifications and maintenance of the current CF-18 fleet will continue to be required until the RCAF transitions to a future fighter. A review of combat capability improvements is currently underway.

Canada continues to make progress toward replacing its fighter fleet. The formal request for proposals for the future fighter fleet is expected to be released in spring 2019, with a contract award in 2021-22 and deliveries to begin in 2025.

College Corner



Space Operations Course 1805

During 11-15 February 2019, Barker College graduated 18 candidates from the Space Operation Course (SOC) 1805. The SOC is designed to provide students the necessary space knowledge and building blocks to be employed in space. This course had two students from Brazil's Space Operation Center as part of the exchange program associated with the purchase of the Airbus C295 Fixed Wing SAR aircraft. They provided a very interesting brief on Brazil's space program and echoed the importance of bringing the education they acquired on the course home to improve their operations.

The SOC teaches the students a variety of space related topics such as space environment, electromagnetic spectrum, orbital mechanics, space intelligence surveillance and reconnaissance or remote sensing, missile warning, missile tracking systems, space communications, space-based global navigation systems such as GPS, Glonass, Galileo, Beidou.

The week long SOC is taught five times a year and this course had five students who are destined for exchange tours in missile warning at Thule, Greenland, Clear, AFS in Alaska, Cavalier AFS in North Dakota and Space Based Infrared System (SIBRS) in Aurora, CO.

The Space Instructor cadre consists of Major Kelly Freitag whose background is in Search and Rescue with education in computer science, economics and space science. Captain Glenn Dean is the course director with an air traffic control background and extensive missile warning experience. Sergeant Steve Gillis also has an air traffic control background and extensive missile warning and space related overseas deployments.

RCAF Barker College News

award winning  
**Assiniboia  
 Animal  
 Hospital**

Gentle with  
 Pets & Prices

**889-5570**  
 3050 Portage Avenue

# cafconnection.ca/winnipeg

17 WING WINNIPEG  
**COMMUNITY RECREATION**  
**MARCH BREAK DAY CAMP**  
 FUN-FILLED DAYS OF GYM, SWIM, MOVIE, HOT LUNCH, ACTIVITIES AND A TRIP!  
**MONDAY, MARCH 25 to FRIDAY, MARCH 29**  
 Drop-off 0730 - 0900 hrs  
 Pick-up 1600 - 1715 hrs  
 Membership \$140/child  
 Non-Membership \$160/child  
 Ages 6 to 13 yrs  
 For more information, contact:  
 Colleen Preston • colleen.preston@forces.gc.ca • 204-833-2500 ext. 2057  
 Community Recreation Coordinator - Children & Youth Recreation, Aquatics, Outdoor Adventures, Clubs, Events  
[www.cafconnection.ca/Winnipeg](http://www.cafconnection.ca/Winnipeg)

17 WING WINNIPEG  
**COMMUNITY RECREATION**  
**REDCROSS AQUATIC SPORTS & GAMES CAMP**  
 Includes cooperative games, LOG, relays and a regatta along with swim sport workout - water polo - boating - triathlon training  
**MONDAY, MARCH 25 TO FRIDAY, MARCH 29**  
 DROP-OFF 0730 - 0900 hrs • PICK-UP 1600 - 1715 hrs  
 Membership \$140 • Non-Membership \$160  
 10 to 14 years  
 An action-packed week of aquatic sports & games for youth who love the water!  
 For more information, contact:  
 Colleen Preston • colleen.preston@forces.gc.ca • 204-833-2500 ext. 2057  
 Community Recreation Coordinator - Children & Youth Recreation, Aquatics, Outdoor Adventures, Clubs, Events  
[www.cafconnection.ca/Winnipeg](http://www.cafconnection.ca/Winnipeg)

**NUTRITION MONTH POTLUCK**  
**MOIS DE NUTRITION POTLUCK**  
**THURSDAY, MARCH 14, 2019** JEUDI 14 MARS 2019  
 1200 - 1300 hrs 12h00 à 13h00  
 ROOM 220, BLDG 139 PIÈCE 220, BÂT. 139  
**Introducing Canada's new food guide.**  
 Le nouveau guide alimentaire canadien.  
**Bring a recipe and dish from Canada's new food guide or bring your own.**  
 Apportez une recette et un plat du nouveau guide alimentaire canadien ou apportez le vôtre.  
**Share recipes with others and try new foods.**  
 Partagez des recettes avec d'autres et essayez de nouveaux aliments.  
**For recipe ideas, visit:**  
 Pour des idées de recettes, visitez :  
<https://www.canada.ca/en/health-canada/services/canada-food-guide/tips-healthy-eating/meal-planning-cooking-healthy-choices/recipes.html>  
**For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca**  
 Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca  
 Health Promotion in the Canadian Forces  
**STRENGTHENING THE FORCES**  
 Promotion de la santé dans les Forces canadiennes

**Alcohol, Other Drugs, Gambling and Gaming Awareness Training**  
 Formation de sensibilisation aux problèmes liés à l'alcool, aux autres drogues, au jeu excessif et au jeu électronique  
**11 & 12 April 2019** 11 et 12 avril 2019  
 0800 - 1600 hrs 08h00 à 16h00  
 & 0800 - 1200 hrs et 08h00 à 12h00  
 Recognize and respond to early warning signs and develop effective interview skills. This training is course coded and is required for all military in a supervisory role. DAOD 5019-7  
 Reconnaître les premiers symptômes et savoir y réagir. Apprendre à faire des entrevues efficaces. Ces compétences seront bientôt obligatoires pour tous les grades à partir de celui de sergent. Ce cours aura un code. DAOD 5019-7  
 For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca  
 Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca  
 Health Promotion in the Canadian Forces  
**STRENGTHENING THE FORCES**  
 Promotion de la santé dans les Forces canadiennes

**Top Fuel for Top Performance**  
 Bouffe-santé pour un rendement assuré  
**8 & 15 March 2019** 8 et 15 mars 2019  
 0830 - 1600 hrs 08h30 à 16h00  
 Evaluate your eating patterns  
 Learn to read food labels to make better choices  
 Plan and prepare for training and competition  
 Learn how to adjust your eating to lose weight or bulk up  
 Évaluez vos habitudes alimentaires  
 Apprenez à lire les étiquettes des produits  
 Sachez vous préparer en vue d'un entraînement ou d'une compétition  
 Apprenez à modifier votre alimentation et vos exercices pour perdre du poids ou augmenter votre masse musculaire  
 For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca  
 Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca  
 Health Promotion in the Canadian Forces  
**STRENGTHENING THE FORCES**  
 Promotion de la santé dans les Forces canadiennes

**RESPECT IN THE CAF WORKSHOP**  
**RESPECT DANS LES FAC**  
**19 March 2019** 19 mars 2019  
 0800 - 1600 hrs 08h00 à 16h00  
 The "Respect in the CAF" workshop is intended to promote respect in the CAF through awareness and understanding, to empower CAF members to take a stand against sexual misconduct and to support victims.  
 L'atelier « Respect dans les FAC » vise à promouvoir le respect au sein des FAC en favorisant la prise de conscience et la compréhension pour encourager les membres à lutter contre l'inconduite sexuelle et à soutenir les victimes.  
 This course is Coded! Il s'agit d'un cours auquel on a attribué un code!  
 For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca  
 Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca  
 Health Promotion in the Canadian Forces  
**STRENGTHENING THE FORCES**  
 Promotion de la santé dans les Forces canadiennes

**Stressed? Take Charge!**  
 Le stress: Ça se combat!  
**4 & 5 April 2019** 4 et 5 avril 2019  
 0830 - 1600 hrs 08h30 à 16h00  
 Want to increase your stress hardness, enhance your performance, ramp up your resilience? Si vous voulez augmenter votre résistance au stress, améliorer votre performance, accroître votre résilience?  
 For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca  
 Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca  
 Health Promotion in the Canadian Forces  
**STRENGTHENING THE FORCES**  
 Promotion de la santé dans les Forces canadiennes

**Mental Fitness & Suicide Awareness: Supervisor Training**  
 Force Mentale et Sensibilisation au Suicide: Formation du Superviseur  
 It's one thing to look after your body. Just don't forget about your mind.  
 C'est bien de prendre soin de votre corps, mais n'oubliez pas votre esprit.  
**25 April 2019** 25 avril 2019  
 0800 - 1600 hrs 08h00 à 16h00  
 This course is Coded! Il s'agit d'un cours auquel on a attribué un code!  
 For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca  
 Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca  
 Health Promotion in the Canadian Forces  
**STRENGTHENING THE FORCES**  
 Promotion de la santé dans les Forces canadiennes

**Have you got a story you'd like to share with us?**  
**Drop us a line at 204-833-2500 (ext. 6976)**  
**or send us an e-mail at voxair@mymts.net**

**Recycle or pass along this newspaper when you're done.**



MILITARY FAMILY RESOURCE CENTRE  
CENTRE DES RESSOURCES POUR LES FAMILLES DE MILITAIRES

102 Comet Street | 102 rue Comet  
204-833-2500 ext. | poste 4500

WE ARE ON...



@WinnipegMFRC

www.CAFconection.ca/winnipeg

**ADULT PROGRAMS**

**EMPLOYMENT & EDUCATION SUPPORT GROUP**

This small group environment is dedicated to offering a socially supportive atmosphere for spouses who are looking for employment. Tuesdays, 0930 – 1130. Free. Drop-in.

**EMPLOYMENT SPEAKER SERIES**

New topic weekly. Follow us on Facebook to find out the topic. Tuesdays, 1300 – 1500 Free. Drop-in.

**CAFÉ FRANÇAIS**

Join us Wed. mornings for a coffee and chat in French. This is a perfect opportunity to practice your French. Wednesdays 930 - 1130. First and Second Wed. at MFRC. Fourth Wed. École Roméo Dallaire. Free. Drop-in.

**FRENCH LUNCH 'N CHAT**

Bring your lunch to the MFRC and enjoy French conversation. For confident, intermediate level and advanced level. Thursdays. 1230 - 1300 Free, Drop-in.

**TOURNEE « JUSTE POUR RIRE »**

C'est un spectacle d'humour présenté par cinq comédiens de stand-up venant de partout au Canada. Promotion spéciale pour les francophones et francophiles de l'Équipe de la Défense: 15 \$ au lieu de 25 \$.

Pour en profiter, inscrivez-vous le plus tôt possible auprès du CRFM (Brinda au poste 4519) pour obtenir le code promo. Ensuite, il vous suffit d'aller sur <http://bit.ly/justepourrirewpg> Le samedi 16 mars à 20 h, le Centre culturel franco-manitobain au 340 Provencher. \*\*\*Les premiers 80 participants qui se présenteront au CRFM entre le 18 mars et le 29 mars 2019 pourront profiter d'un autre rabais de 5\$ en montrant leur billet du spectacle.

**SPECIAL NEEDS CONVERSATION GROUP**

Meet with others in our community to discuss challenges and rewards of managing special needs, as well as networking and sharing information about services and resources. Thurs., March 21, 1900 - 2100. Free. Register by March 14

**CRAFT DROP-IN AT NIGHT**

Are you a knitter, scrap-booker, card maker or other crafter? Pack up your supplies and work on it in our space, in the company of other crafters. We have 8 ft. tables! You have room to work! Mon., March 18, 1830-2000. Free. Drop-in.

**RESTORATIVE YOGA**

Move, Stretch. Relax. Mon. 1900 - 2000 March 18 \$10 Register by March 13

**CRAFT DROP-IN AFTERNOON**

Are you a knitter, scrap-booker, card maker or other crafter? Pack up your supplies and work on it in our space, in the company of other crafters. We have 8 ft. tables. You have room to work! Wed., March 20, 1330-1500. Free. Drop-in.

**MATURE WOMEN'S GROUP**

Join us for an evening of coffee and conversation as we discuss topics geared to midlife. If you're a 45+ woman this is a great way to meet others while sharing your wisdom and expertise about navigating life's journey. Mon., March 25, 1900 - 2100. Free. Drop-in.

**PREPARING FOR DEPLOYMENT**

If your member is currently or soon-to-be deployed, come to this workshop to help make the time apart easier. Thurs. 28 March 1730 – 1930 Register by March 22

**CHILDREN & YOUTH PROGRAMS**

**OCCASIONAL CHILD CARE**

Casual child care for 6 months - 12 yrs. Call 204-833-2500 xt 2491 to for more information including cost and extended hours and to register MFRC Occasional Child Care Centre, 630 Wihuri Rd.

**KIDS CLUB**

Drop-in care for children 18 months to 5 years. \$2 per child per session, free with PSP membership Please send along a nut/peanut free snack and diapering supplies if required. Tues. & Thurs. 1630 - 1930, Sat. 0900 – 1200 No Kids Club March 18 – 30. See you April 2.

**CREATIVE TOTS**

Facilitated play group at our 'South Side'. Parents

are required to stay. Bilingual. South Side Youth Centre, 347 Doncaster St. Tues. and Thurs. 0900 - 1100. Free. Drop-in.

**FRENCH WITH KIDS**

Lullabies Theme. No French experience needed. Offered in partnership with Creative Tots. Thurs. 14 March 0900 - 1000. Free. Register by: 8 March

**DEPLOYMENT ACTIVITY FOR KIDS**

You and your child/teen will create a memory box. Wed. 1700 – 1900 March. 27 Free. Register by March. 22 \$5 per family

**PARENT & FAMILY PROGRAMS**

**A PARENT COMMUNITY**

A 'community' of parents will discuss topics related to parenting children of all ages. Fridays 0930 - 1130. Free. Drop-in

**A PARENT GROUP**

Join us for parenting discussions and networking. Wed., March 13 & 27, 27, 0930 – 1130. Free. Drop-in.

**SOUTH SIDE COFFEE**

French or English, parent or not, kids at home or empty nest...everyone is welcome! Wed., Feb. 20, 0930 - 1100.

**PARENTING TOGETHER EVENING**

Join us for a parenting group in the evening. Wed., March 20, 1830 – 2030. Free. Drop-in.

**NEW RECRUITS PARENT CAFÉ**

Calling parents of a new military member! Come learn about the services the MFRC can offer you and your family. Light refreshments will be served. Sat., March 30, 1100 - 1200. Free. Drop-in.

**DEPLOYMENT DINNER DATE**

If you have a loved one preparing to deploy or is currently deployed or has recently returned from a deployment, allow us to organize dinner for you and your family. Tues., 1700 - 1900, March 26. Register by March 22. \$5 per adult and \$3 per child (5-12), under 4 free with a max \$20 per family.

**MFRC WINNIPEG CRFM**

**NOUVELLES HEURES POUR KIDS CLUB NEW HOURS**

TUESDAYS AND THURSDAYS : 16:30 - 19:00    LES MARDIS ET JEUDIS : 16 H 30 À 19 H  
SATURDAYS : 9:15 - 11:30    LES SAMEDIS : 9 H 15 À 11 H 30  
★ CLOSED MARCH 18 - 30 ★    ★ FERMÉ 18 À 30 MARS ★

MILITARY TIPS #101

**PREPARING FOR DEPLOYMENT**

Register by March 22 \* Space Limited  
Light refreshments provided.

If your CAF member is currently or soon-to-be deployed, come to this Road to Mental Readiness (R2MR) workshop to help make the time apart easier.

THURSDAY 29 MARCH 1730 - 1939

Contact Ana Vucic for more info 204 833 2500 ext. 2991

**MFRC WINNIPEG CRFM**



March 28 & March 29  
**BABYSITTER COURSE**

1000 - 1400 each day.  
Bring a nut free lunch on day one.  
Pizza provided day two.  
\$15 per child includes workbook  
Register by March 21 at the MFRC  
102 Comet St.



Ray Leveque of Premier Printing presents a cheque to Karen Hansen, Winnipeg MFRC Board Chair, at the MFRC Coffee Break on Mar 7, 2019. Photo: Bill McLeod, Voxair Manager

## Sports Trivia Answers

- 1927.
- "Brier" was a brand of tobacco sold by the event's first sponsor – the Macdonald Tobacco Company.
- Macdonald Tobacco Company (1927-1979), Labatt Brewing Company (1980-2000), Nokia (2001-2004), and Tim Hortons (2005-present).
- Nova Scotia, skipped by Murray Macneill.
- Alberta – 28.
- Ernie Richardson – Saskatchewan (1959, 1960, 1962, 1963); Randy Ferbey – Alberta (2001, 2002, 2003, 2005); and Kevin Martin – Alberta (1991, 1997, 2008, 2009).
- 2005 – Rexall Place in Edmonton, Alberta – 281,985 in attendance.
- Scotties Tournament of Hearts.
- 1960, between the eastern champions and western champions.
- Saskatchewan skipped by Joyce McKee. McKee also won in 1961 in the first tournament organized on the same format as the Brier.
- Dominion Stores Ltd, called the Diamond D Championship.
- Saskatchewan – 11.
- Colleen Jones – Nova Scotia – six. (1982, 1999, 2001, 2002, 2003, 2004). Jennifer Jones of Manitoba is second with five.
- 1959 for men; 1979 for women.
- Men – Sweden, seven; Women – Sweden, eight. Canada has won the greatest number of championships overall with 34 men's and 15 women's.
- 1998 – Nagano, Japan, for both men and women. Men's curling was included as a demonstration sport in 1924, 1932, 1988 and 1992, women's as a demonstration sport in 1988 and 1992.
- Mixed doubles.
- 2002 in Switzerland. Switzerland defeated Canada for the gold medal.
- 1975 for men; 1988 for women.
- Eve Muirhead – Scotland (2008, 2009, 2011).

# Taroscopes

BY  
NANCY

**Aries (March 21 – April 19):** Focus on raising your energy. Blend different methods and practices to find solutions for what isn't working in your life. Keeping track of your progress builds hope. Watch for small, incremental improvements. Rise above the day to day issues. Revel in the beauty that life offers.

**Taurus (April 20 – May 20):** You want to be recognized and appreciated for all the things you do behind the scenes. You've put a lot of effort into ensuring others feel safe and have a voice. Take pride in this even if others don't respect what you do. Stand firm with resolve and don't let little things irritate you.

**Gemini (May 21 – June 21):** You sense that things are about to pick up. You'll have to make quick decisions and possibly change plans fast. All that you dreamed of seems to be happening. Never doubt that it is possible to rise above challenging circumstances. Express your true feelings. Trust your intuition.

**Cancer (June 22 – July 22):** Memories of the good times bring joy and give you strength when you need to persevere. Honor others but also yourself and your dreams for the future. You want to leave a legacy. Be an example of one who has followed their own north star. The changing seasons affect you deeply.

**Leo (July 23 – August 22):** Take pride in what you've attained. Thank those who helped you achieve your goals. A partner can provide constant support and encouragement and should be cherished. Envision the perfect partner. And then be that person to another. Loving, positive energy profoundly affects you.

**Virgo (August 23 – September 22):** You may feel restless because you see what others are doing. There is more going on beneath the surface than you know. If you want to experience all that life has to offer, then do something you've always wanted to. Interact more with life enriching people. Create the life you love.

**Libra (September 23 – October 23):** Take the lead. Show others how things can be improved. There are ways to change things for the better, and ways to work through challenging situations so you come out ahead. Teamwork helps build hope. There is strength in numbers but a leader is needed. Take charge.

**Scorpio (October 24 – November 21):** You're eager to give back because you've received so much. You are deeply moved by those around you. Though on the surface nothing appears to have changed for you, inside you have been transformed. You're doing good work because your heart is in the right place.

**Sagittarius (November 22 – December 21):** It's not constructive to keep carrying old emotional baggage. The past cannot be changed no matter how much you wish it or worry about it. Live and learn then leave it behind. You'll feel free and full of energy living in the present. Be fully engaged in your own life.

**Capricorn (December 22 – January 19):** A surprise event leads to the awareness that you've put your emotions on hold for a while. You've held yourself apart from others. It's time to find a balance between physical reality and emotional desire. Get in touch with the parts of yourself you've shut down. Have fun.

**Aquarius (January 20 – February 18):** A situation you are enmeshed in is having a negative effect on you. If you dream of something better, start planning for it now. Released from negative thoughts and feelings you are able to touch the part of you that is inspired, creative, adaptable and unstoppable.

**Pisces (February 19 – March 20):** Address unexpected troubles promptly. You have the courage and resolve to deal with anything. Find the root cause of the problem and you'll know what steps need to be taken. Pay attention to what keeps you stuck. Labeling your emotions makes it easier to work with them.

**FOR APPOINTMENTS with NANCY CALL 204-775-8368**

**"Even before you've earned it, treat yourself and your career with the level of respect that you hope to one day deserve."**

**- Catherine O'Hara**

## THE VOXAIR

Give us a call:  
204-833-2500 ext. 4120

Find out the benefits of advertising with us



**Ralph's Custom Tailors**

**Military Messkit**

CANEX No Interest  
Credit Program Available

Text or email for measurement appointments  
Text: 204-298-5019  
Email: rc5139@shaw.ca



**ANAVETS - ROCKWOOD 303**  
341 Wilton Street • (204) 475-5852

**CHASE THE KING & 50/50**

Every Thursday @ 5:30 PM • Draw @ approx 7:00 PM

**HAPPY HOUR**

Every Friday & Saturday 4:00 PM — 7:00 PM

**MEAT DRAWS**

Friday Night — 7:00 PM

Saturday Afternoon — 3:30 PM

**LIVE BANDS**

Mar. 15 & 16

Dance in UR Pantz

Mar. 22 & 23

The Marvells

www.303rockwood.ca



PROUD OF OUR PAST



PROTECTING OUR FUTURE

Welcome...

**ST. JAMES LEGION**

Branch No. 4

Royal Canadian Legion  
1755 Portage Avenue  
Winnipeg, Manitoba

**CHASE THE ACE**

Monday 6 pm

**TEXAS HOLD 'EM**

Tuesday 7 pm

**ZUMBA**

Tuesday / Thursday 10-11 am

**LINE DANCING**

Wednesday 1 pm & 7 pm

**DANCE TO LIVE BANDS**

Friday 8pm-1am June-August

Every Saturday 7-11 pm

**MEAT DRAWS**

Friday 5-7 pm

Saturday 2-5 pm

*Healthy Pets for Happy Families*

**Charleswood**

**Veterinary**

**Hospital**

889-3110

3717 Roblin Blvd.

(Just East of the Charleswood Bridge)



**Crestview**

**Veterinary**

**Hospital**

888-7463

3025 Ness Ave.

(Corner of Ness and Sturgeon Rd.)



*Associated Veterinary Hospitals*

- ◆ Medicine
- ◆ Surgery
- ◆ Ultrasound
- ◆ Dentistry
- ◆ Vaccinations



**Barala Kennels**

YOUR PET'S HOME AWAY FROM HOME

- BOARDING ALL BREEDS OF CATS & DOGS
- INDIVIDUAL QUARTERS AND OUTDOOR RUN
- PET EXERCISE AND PLAY AREA • SEPARATE CAT FACILITIES
- CENTRAL AIR CONDITIONED AND HEATED KENNELS
- AIRPORT PICKUP & DELIVERY

OWNERS: GARTH AND SARA GRANT

barala@mts.net www.baralakennels.com **633-2629**





# Chaplain's Corner

## Spiritual or Religious? Chaplains are both

by Padre Captain Laura Coxworth

One area of whole, healthy living which gets overlooked is that of spiritual health and wholeness. This word "spiritual" can be a confusing one. Generally, people understand religion and spirituality as being interconnected. While they are connected, this understanding is also incomplete. Many people don't believe in any religious system, and yet they still have a 'spiritual' aspect to their person which must be maintained and attended to. Ben Atwood in his article "5 Ways Atheism can be Spiritual" offers this definition: Spirituality is simply an adjective that is used to describe the search for one's place in the universe.

We are not simply machines with circuits and mechanical parts that work together. We are thoughts and feelings, we are hopes and dreams, joys and sorrows. These intangible things in our lives make up the very essence of who we are. All over the world, in every society these aspects of our being are addressed as our "spiritual" side.

Spiritual Wellbeing and Resilience is a growing area of study within our culture, and within the cultures of Armed Forces around the world. Studies are helping us to realize that a healthy CAF member needs health in their Body, Mind, and Spirit, and spiritual resilience assists with that overall health.

Chaplains have the opportunity to be utilized as the Subject Matter experts on things spiritual.

The Royal Canadian Chaplain Service is evolving.



In years gone by when many (if not most) people held some sort of structured religious practice, Chaplains spent most of their time in religious direction, practice and instruction to those from their own faith groups. However our culture is changing and fewer people than ever before claim a specific religion. Chaplains, are all by definition people of religious faith. This means they each have a deeply held belief system that is formed into a vocation. They are, as a result, people in tune with their own spirituality no matter what religious practice they claim.

A person can be deeply spiritual without being religious.

When it comes to spiritual things, the list is almost endless as to what that entails. Some people paint, hike,

play music, or give to charity, some embrace nature and others find fulfillment cruising on their bike. Though traditionally we think of connecting with spirituality through religious observance with the temple, synagogue, mosque or cathedral as the centre pin, how we each access our spirituality is as unique as we are.

When you engage with a chaplain about the challenges you are facing in life, they will likely ask you about your spiritual wellbeing. This isn't to check your church attendance, or lack thereof. It isn't to pigeonhole you into a religion. We ask these questions because we understand the importance of spiritual wellness. Questions such as: how do you manage stress, how is your relationship with your family, are you sleeping well, where do you turn to in times of trouble, these are all questions about things spiritual. No matter what your current situation, or what your answers are to those questions, the chaplain is trained and postured to guide you into a deeper connection to your spiritual self.

Chaplains have three mandates. The main one is "Care for All". That means everyone who comes through our door; religious or non-religious. We believe in the deep impact of spirituality on each person's health and well-being and we are passionate about helping each member find ways to express that in the way that meets their personal needs best.

Contact a member of your chaplain team to inquire about workshops, activities, and resources that support your spiritual journey toward health and wholeness.

## Faith and Life

### PROTESTANT

GOOD SHEPHERD PROTESTANT CHAPEL COMMUNITY

**SUNDAY SERVICE:** (English Only) 1100 hrs

**COMMUNITY SERVICES:**

**Sunday School:** It is held during the service for children ages 3 to 12. Childcare is provided on an as-required basis for children under 3 years of age.

**Marriage:** Contact the chaplain at least six months in advance if possible. A marriage preparation course is a requirement. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

**Baptism:** The Sacrament of Holy Baptism is available by contacting a Chaplain. Baptism Preparation is a requirement. *Please contact the Chaplain before setting the date for the baptism or arranging family travel.*

**Protestant Chapel Guild:** It meets the first Wednesday of the month at 1300 hrs in the Chapel Annex. All women are welcome.

**CHAPLAINS**

**Padre Laura Coxworth**  
(Pentecostal)  
- Protestant Faith  
Community Coordinator  
ext 5785

**Padre Greg Girard**  
(Christian Reformed)  
- Det. Dundurn  
306-492-2135 ext 4299

TBD  
ext 6914

### JEWISH

**CHAPLAIN**

**Padre Noteh Glogauer**  
(Rabbi)  
ext 5272



17 Wing Military  
Community Chapel  
2235 Silver Ave  
(west off  
Whytefold/  
Wihuri Road)

### CATHOLIC

STE MARGUERITE BOURGEOYS RC CHAPEL COMMUNITY

**SUNDAY MASS:** (Bilingual)  
Spring/Summer Liturgy Timings: 9am  
(Sunday after Easter - Thanksgiving Weekend)  
Autumn/Winter Liturgy Timings: 4pm  
(Sunday after Thanksgiving to Easter Sunday)

**COMMUNITY SERVICES:**

**Religious Education:** Classes can be available to children from Preschool to Grade 6.

**Sacrament of Reconciliation:** It is available by request and at special times of the year. Contact Padre Gemmiti.

**Baptism:** We recommend that you contact the chaplain's office for an appointment six months in advance. *Please contact the Chaplain before setting the date for the Baptism or arranging family travel.*

**Marriage:** Six months notice (1 year preferred) is required for weddings, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

**MAIN OFFICES**  
Administrative Assistant  
204-833-2500 ext. 5087  
Building 64,  
Lower Level, North End.

**EMERGENCY DUTY CHAPLAIN**  
Contact MP Dispatch ext 2633.

**INFO PHONE NUMBER**  
For chaplaincy services and related information, phone ext 6800 and follow the prompts.

**WEBSITE**  
Those with access to the DIN can visit 17Wing.winnipeg.mil.ca, then click '17 Wing', then 'Services'.

**CARE & SHARE BENEVOLENT FUND**  
Contact Wing Chaplain Office for further information.

Proudly assisting military members and their families for over 24 years.

THE CLEMENTS GROUP



Kelly Clements S.R.E.S., C.R.E.C. Sales Representative  
 Jeff Kulikowsky Manager Client Care

- Military Relocation Specialist
- Honorable, Trustworthy and Referable
- Assisted over 2000 buyers and sellers
- Comprehensive Relocation Package
- IRP Approved Realtor

realestate.clementsgroup

www.thedementsgroup.ca

204-987-9808

RE/MAX executives realty



Chapman Goddard Kagan

Barristers & Solicitors

1864 PORTAGE AVENUE, WINNIPEG, MANITOBA, R3J 0H2

PH: 204-888-7973

FAX: 204-832-3461

E-Mail: info@cgklaw.ca

Website: www.cgklaw.ca

George E. Chapman, Q.C., (Ret.)

Kelly P. Land, B.A., LL.B

Mindy R. Lofchick, LL.B

Alan R. Goddard, B.A., LL.B

Serge B. Couture, B.A., LL.B

Allan L. Dyker, B.A., LL.B

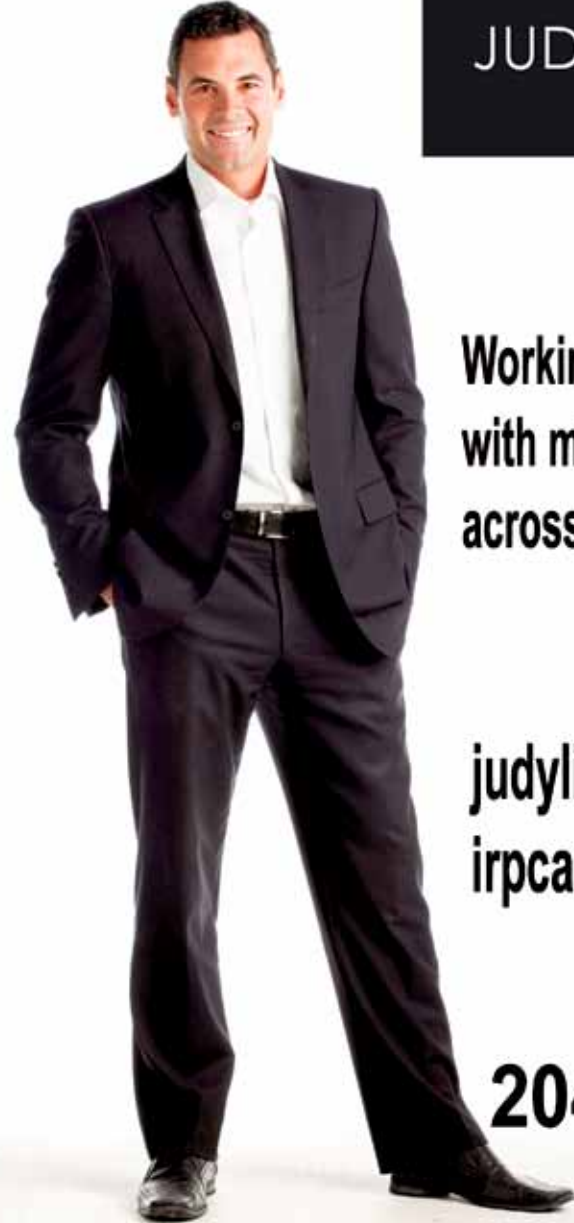
Almer Jacksteit, B.Comm., LL.B

Katherine C. Misko, B.A., J.D.

Our fees conform to the ERS guideline

A long established law firm conducting a general practice for all types of legal work.

JUDY LINDSAY  
Team Realty



Working with military clients across Canada since 1984

judy Lindsay.com  
irpcanada.ca

204-925-2900

THE VOXAIR

ADVERTISING OPPORTUNITY

Our ads get results with members buying and selling homes

YOUR AD COULD BE HERE

Call The Voxair Sales: 204-2500 ext 4120

Don't make a move without us.

Take advantage of special offers for Canadian Defence Community

Then start saving with BMO Employee Pricing on a wide range of Mortgage options

BMO Official bank of the Canadian Defence Community

Magdalena Weber  
BMO Mortgage Specialist  
204-229-0310 | magdalena.weber@bmo.com

SISIP Financial - 17 Wing Winnipeg  
204-984-3222 | Winnipeg.sisip@cfmws.com  
sisip.com

Trudy M Johnson, B.A.



Hall of Fame Relocation Specialist Lifetime Achievement Award

Cell: 204.981.1529

Email: trudyj@mts.net  
www.trudyj.com

40th year of Professional Success in the Winnipeg Real Estate Market



Joanne Gebauer

RE/MAX EXECUTIVES REALTY

(204) 889-9500

Award Winning Service



Proud to Assist Military Families Relocation Specialist

30 Years Experience in the Winnipeg Real Estate Market

www.joannegebauer.com

joanne@joannegebauer.com

Toll Free: 1-877-778-3388