

**RCAF — 1924 - 1968 —  
AND THE MEMORY  
LINGERS ON.**

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Winnipegs' Intrepid Antique Airmen, Flight Lustre and Uncle Vox, officially end their winter hibernation in the Old Airmens' Home on April 1st and join the staff of VOXAIR in saying Happy Birthday to all those who were in the R.C.A.F. (and to those who wish they were).

## EDITORIAL

April 1st is the anniversary of the founding of the RCAF. If Paul Hellyer and company had not played fast and loose with Canada's Armed Forces in the late 60's, we might be celebrating the real 58th birthday of that august organization. Ours however is not to question why, ours is but to press on and maintain that which has become tradition, total dedication to the belief that regardless of name and uniform colour, we are still the best damned Air Force around!

Our front page this time features SGT Shatterproof, probably the most famous NCO in RCAF history. A brainchild of Ray Tracy, former WOI, Shatterproof growled and grumbled his way into the hearts of countless thousands of airmen and airwomen. Wherever you are Ray, "Thanks".

Response to the appeal for VOXAIR help has been excellent. We'll be announcing the names of new staff members in the next Edition so stay tuned. We still need writers to submit news, views, reviews or whatever else writers do, so please don't be shy. Here's your chance to get into print.

(We will not make any more Editorial Staff Announcements on page one; That's a real Shooting Gallery out there!!!)

We have learned that some PMQ residents have not been receiving VOXAIR regularly. If you hear of a friend or neighbor who is being missed, please call the Editor or Assistant Editor and we'll get the problem sorted out.

Terrible month, March! Autopac renewal, Income tax coming due, still juggling the budget to pay for all those Christmas presents. Cheer up, we spotted one gent in the mess last weekend wearing white shoes... Spring can't be far behind.

## IT CAN'T HAPPEN HERE

We see it every morning,  
It happens every day,  
A double row of lovely ladies  
Meander on their way.

They march straight down the aisle  
They mount a flight of stairs  
Where the powder room awaits them  
And they always go in pairs.

Perhaps the trip is long enough  
Or the stairs are dark and lonely,  
But two by two they always go,  
To the room marked "Ladies Only."

The supervisors tear their hair,  
And the boss is torn with grief,  
The day's production goes to hell  
Whilst the girls go to relief.

At three o'clock each afternoon  
The parade begins once more,  
What goes on in that little room  
That cannot wait 'till four?

The only solution I can find  
That is fair to every man:  
Is to move the whole headquarters  
Into the ladies' can.

## ARMY REJECTS BAND UNIFORM OFFER EXCLUSIVE TO VOXAIR

Winnipeg—Usually Reliable Sources inform Voxair that the Army announced recently that an offer to provide distinctive uniforms for Army bands has been rejected.

The uniforms, to be patterned after those worn by the Canadian Expeditionary Force in World War I, were offered by a commercial concern, the Pacific Orange and Nectarine Growers Organization. Following weeks of negotiations, army officials regretfully rejected the offer when the organization pressed their insistence that their corporate initials appear prominently on the band shoulder badges and bass drum.



# HAVE YOU NOMINATED ANYONE YET?

COMMUNITY SERVICE AWARD  
NOMINATION FORM

19

MAJ B.D. Brennan  
Chairman  
Community Services Awards Committee  
Canadian Forces Base Winnipeg  
Westwin, Manitoba  
R2R 0T0

1. I/we nominate:

SIN NO RANK MR/MRS/MS SURNAME INITIALS

UNIT/PLACE OF EMPLOYMENT TELEPHONE YEAR

2. He/she is nominated for the following unpaid community service(s):

3. He/she has a voluntary ( ), appointed ( ), or elected ( ) position.

4. He/she has participated in the above activity for (length of time, hours per week, etc.).

5. Submitted by:

SIN NO RANK MR/MRS/MS SURNAME INITIALS

SIGNATURE UNIT/PLACE OF EMPLOYMENT TELEPHONE

PLEASE COMPLETE THIS FORM AS FULLY AS POSSIBLE. Remember, everyone may not be fully familiar with the activity. A clear description of the contribution of the nominee will assist the committee to select the award winners. Military personnel, DND employees and dependants of all ages are eligible for nomination. Completed nomination forms are to be mailed or delivered to the above address no later than 30 April 1982.

THANK YOU



# THE RCAF TARTAN

## HOW IT ALL BEGAN — A BIT OF RCAF HISTORY

(By S/L H.G. Williamson Ret.)  
(Submitted by CWO Bob Neve)

One of the most popular tartans in Canada today contains a lot of blue, a little maroon and some white. You will find it used as curtains in air force transport aircraft, and, made into drapes adding to the decor of many messes and institutes. It is also used in numerous articles of wearing apparel, among them the tie worn with the familiar blue blazer and grey slacks. Today it is known as the Royal Canadian Air Force tartan, officially registered on 15 Aug. 1942 by the Lord Lyon King of Arms of Scotland in his court archives.

The RCAF tartan and the first RCAF pipe band are almost synonymous historically. It all started at No. 9 SFTS Summerside on 25 Jan. 1942 at a Burns Night mess dinner. G/C E.G. Fullerton, a Nova Scotian of Scottish ancestry, was CO at the time.

Two pipers from Charlottetown piped in the traditional haggis that had been prepared by a French speaking flight sergeant cook. I cannot recall anything unusual about the pipers but certainly you needed a large measure of Scots (or scotch) ancestry to really enjoy the haggis.

No. 9 SFTS at that time had a volunteer drum and trumpet band led by SGT D.A. Engdahl, an airframe mechanic. I was president of the band committee whose members were mostly of Scottish descent. The CO was so pleased with the fine music provided by the pipers at our Burns Night dinner, he decided we should endeavour to incorporate one or two into our trumpet band — a task most difficult, as we were to discover. We were unable to find pipers from within the station complement so command was asked to help. The CO was authorized to enlist two pipers, if they could be found, as general duties airmen. Mr. Brennan, publisher of the Summerside newspaper, made known our need for pipers and bagpipes. From many applicants two were finally accepted as pipers and several

sets of pipes were received as gifts on duration-of-the-war-loans. Now we were in business.

### NO BLEND

Soon, Station Summerside resounded to the skirl of pipes, the rattle of drums and the notes of trumpets, as the airmen and airwomen of our band competed with the roar of Harvards doing circuits and bumps. Try as we might, we could not blend pipes and trumpets and the drummers could not cope with the changing tempo. This resulted in the CO's decision to try to establish a complete pipe band in Scottish regalia; their dress, if possible, to be as colourful as Scottish tartans but one that would be based on a design of air force colours of light blue, dark blue and maroon.

After fruitless efforts searching stores and catalogues, the Anderson tartan came the closest to being like the one G/C Fullerton had suggested, however it still lacked something. He then decided to design a tartan based on the colours he wanted. Using red and blue pencils he sketched his ideas on a scratch pad. This was the embryo of the now-popular tartan. A few years later there was a legal argument about who, in fact, did design the tartan. As far as I am concerned G/C Fullerton was the one!

### NEEDED WEAVERS

Having this rough sketch, I then had to find someone who would weave a sample. I wrote to the Chambers of Commerce of several large cities and they were all helpful; but finally we contacted a firm in Gagetown, N.B. which had a small handloom studio operating under the Dominion-Provincial Youth Training Program. After a good deal of discussion with Miss Muriel Lawrence who was in charge, a small sample was made up from our description. The weavers also made up a sample which incorporated a white line in the design. The CO liked the improvement and ordered a larger piece of the material to be sent

through the proper channels to AFHQ for approval.

The AOC and AMP had discussed the proposal made by G/C Fullerton to form a pipe band and design a distinctive tartan when they had visited the station previously; therefore, when the official submission arrived in Ottawa it was not unexpected. On 21 May 1942 the Air Council viewed the sample, accepted it with minor changes relating to the shades of blue and commended No. 9 SFTS for its fine effort. On 28 May a new sample, changed to comply with Air Council's suggestions, was sent to Ottawa. A/V/M J.A. Sully, (AMP) then requested the Lord Lyon King of Arms of Scotland to register the tartan in his Court. This was done and on 15 Aug 1942 it was named the official Royal Canadian Air Force Tartan, becoming as far as is known the only tartan approved for any Commonwealth air force. Pipe bands were authorized for some Scottish RAF squadrons and some wore the kilt while serving. They did not, however, use a special air force tartan. We were very proud when the RNZAF asked the RCAF for samples of its tartan in 1948. (That same year Air Ministry told an English tartan manufacturer that there was no such thing as an air force tartan!)

There is much more to pipers' uniforms than the tartan kilt. There is the question of doublets, glengarries, hose tops, spats, sporrans, etc. and G/C Fullerton tackled this problem next. Doublets were improvised by cutting away the front skirts of airman's jackets. Glengarries were obtained by modifying field service hats through the use of ribbons and a hawk feather. Mrs. Fullerton and the officers' wives knitted hose tops in the required colours, and spats, sporrans and cairngorm broches were purchased with non-public funds. By midsummer 1942 our two pipers were resplendent in their outfits which were approved by AFHQ. Later a more sophisticated uniform was developed

and more articles of Highland regalia were purchased with NPF.

### TO CENTRALIA

On 5 July 1942 No. 9 SFTS was moved to Centralia, Ont. One of our two pipers remained behind at Summerside but at our new location we persisted in our efforts to form a pipe band. The CO was authorized to recruit six additional piper GDs. Among them was John Ross of London, Ont. Mr. Ross, a Scot who, in addition to being a good piper, had experience as a bagpipe instructor. He was accepted as a corporal and certainly was the technical mainstay in the early days of the Air Force Pipe Band. Fully kitted in Scottish regalia he was presented to A/M G.M. Croil, himself a Scot, who expressed his approval of the regalia.

New problems arose when the loomcrafters informed us that they could no longer fill our orders. They referred us to Paton and Baldwin Limited, who were the suppliers. They in turn advised us to make representation to the Wool Controller of the Wartime Prices and Trade board. Arrangements were made for me to see the Controller personally at his office in Toronto. Besides according me a courteous reception, he approved the release of more yarn for the uniforms of the members of the band because they were part of the armed forces. This was my last effort on behalf of the pipe band as soon I was posted to duties elsewhere.

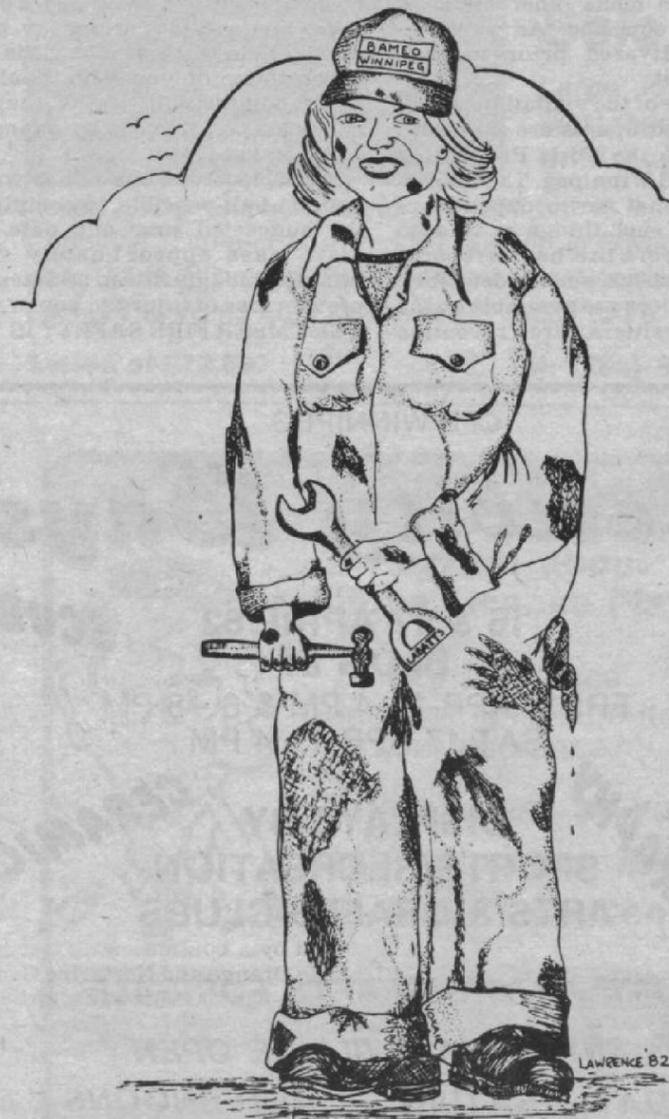
Records show that the band was increased in size and in June 1943 19 bandmen were approved for the establishment as pipers and drummers. Thus the band changed from its volunteer status and No. 9 SFTS was reimbursed from public funds for its previous expenditures. By the autumn of 1943 the pipe band was fully manned, equipped with highland uniforms of air force tartan, and even had a WD drum majorette in kilt, busby and doublet.

## THERE'S NO LIFE LIKE IT

(by Terry Lawrence)

### No. 10 THE FITTER

I'm happy, I'm a Fitter;  
(That's an Aero Engine Tech.)  
I'm happy when I'm dirty  
From my boots up to my neck.  
They call us grubby Greasy Paws  
That's the price we have to pay.  
We're the ones who keep 'em flying  
So the Pilots get to play.





## POLICE POINTERS

### NEIGHBOURHOOD WATCH (MCPL Dale)

Experience shows that crime can be prevented. Your help is needed because police cannot reduce crime without the active participation of citizens in the community.

The Military Police in this area are committed to building a partnership in crime prevention between police and the public. Many communities have lower than expected crime rates, because ordinary citizens, working with their police, have taken some of the common sense steps designed to curb crime.

The future submissions have been designed with the safety of you and your property in mind, and the crime prevention measures have been drawn from years of police experience. They Do Work. It is hoped that you take them seriously to help stop crime the MOST Effective Way — "BEFORE IT STARTS."

### COMMUNITY CO-OPERATION

What is the concept of Community Co-operation? By yourself you have little control over your environment or your life. By yourself, you are just barely capable of providing for your physical needs, but in co-operation with other men, there is virtually NO LIMIT TO WHAT you can accomplish.

Co-operative Community Effort is still Society's most effective tool in accomplishing objectives too large for the individual. But, we must as individuals, do what we can, in a co-operative effort, to achieve & maintain the common objective of community security.

The Military Police, in conjunction with the Base Authorities, are introducing a three-part program, which will with your co-operation, drastically reduce the incidence of Burglary

and vandalism in your area. When implemented, it will provide greater Security for your family, your home, your property & your community as a whole. The Three Elements of the Program are:

**1. NEIGHBOURHOOD WATCH** — A program of co-operation among families in your area to make your entire neighbourhood more secure.

**2. PROPERTY IDENTIFICATION** — A method of safe guarding your valuable property with non-removable identification.

**3. HOME SECURITY** — A program to protect your home & family through upgrading of security of the home, itself, and tips on personal security within the home.

Very few people are in a position to protect their homes 100% of the time, thus leaving it vulnerable to burglary.

Neighbourhood watch is a program of mutual assistance among neighbours aimed at reducing crime in our communities. Get to know your neighbours, introduce them to the concept of neighbourhood watch. Get Involved. A Neighbourhood where people are alert to the potential of crime & willing to look out for one another's interests is a neighbourhood where crimes are least likely to occur.

If a neighbour is away and you notice an obvious oversight in his home security that might attract a burglar, correct it — close that open garage door; pick up his mail or paper for him and hold them for his return; Keep his yard in good condition; and be alert for suspicious people around his property. Good neighbours working together through Neighbourhood Watch can prevent crimes in their area the most effective way — BEFORE IT STARTS.

## FIRE PREVENTION NEWS

### PMQ VISITATION

The Fire Prevention Bureau is required by regulations to visit all new occupants shortly after their arrival and to make other visits as required or requested. Advance notices are delivered prior to each scheduled visit.

The purpose of the visitation is two-fold. Firstly, occupants are welcomed on behalf of the Fire Prevention Bureau of CFB Winnipeg. The inspectors ensures that new occupants are familiar with such things as what to do in the event of a fire, how to report a fire, how to check smoke detectors, and what services are available on the Base; i.e. Babysitters, Fire Prevention instruction.

Secondly, he ensures that new occupants are aware of the contents of MQ FIRE ORDERS regarding such things as construction of a basement room or partition, erection of a private radio antenna, and generally how to avoid or eliminate fire hazards.

For those of you who would feel more comfortable if the inspector spoke French, this can be arranged by phoning Local 501.

If you received one notice we urge you, if at all possible, to comply with the suggested time and date. Each visit takes approximately fifteen minutes and this fifteen minutes could prevent loss of injury to you or yours. REMEMBER FIRE SAFETY IS YOUR JOB.

CFB WINNIPEG

# "Activity Days"

ART 16 & 17 APRIL 82 SCUBA  
BLDG 21

FRI 16 APR 1 - 4 PM & 6 - 8 PM  
SAT 17 APR 1 - 4 PM

PHOTOGRAPHY DISPLAYS BY CERAMICS  
SPORTS/RECREATION  
ARTS & CRAFTS CLUBS

SOME ARTS & CRAFTS FOR SALE !

SNACK BAR WILL BE OPEN

FRIDAY & SATURDAY AFTERNOONS

## CHAPEL SERVICES

### ROMAN CATHOLIC

#### Our Lady of The Airways (N)

**Masses:**  
Sunday: 7:00 on Saturday  
11:00 on Sunday

**Masses**  
Daily:  
4:45 Tuesday & Thursday  
10:00 Wednesday & Friday

**Confession:**  
Before and after each mass on request.  
A vant et après chaque messe, et sur demande.

**C.W.L.:**  
Meetings every 2nd Monday of the Month.

**Sunday School:**  
Every Sunday from October to June, for Grades 1-9 inclusive at the Air Nav School from 9:45 to 10:30.

**Baptism:**  
On request. Give us a "One Month Notice".

**Choir:**  
Every Thursday evening at 7:00  
Tous les jeudi soirs — 7:00.

#### Marriage:

It is absolutely necessary to give us a "Three Month Notice" and to follow a course of preparation.  
Nous exigeons de connitre vos intentions au moins 3 mois avant le mariage. Un cours de préparation est nécessaire aussi.

#### St. George's Chapel (S)

**Masses:**  
Sunday: 11:00  
Daily: Thursday at 7:00 p.m.  
Friday at 9:30 a.m.

**Baptism:**  
On request. Give us a "One Month Notice."

**Marriage:**  
It is absolutely necessary to give a "Three Month Notice" and to follow a course of preparation.

To contact a Chaplain  
Just ask our Switchboard  
Operators

### SEMAINE SAINTE ET PA'QUE HOLY WEEK AND EASTER

**4 APRIL**  
**Palm Sunday**  
— Blessing of the Palms — 11:00 hours  
— Benediction des Rameaux

**5 - 6 - 7 APRIL**  
— Daily Mass at 19:00 hours  
— Messe Quotidienne

**8 APRIL**  
**Holy Thursday**  
— Last Supper — 19:00 hours  
— Washing of the Feet  
Adoration of Eucharist —  
20:00 - 24:00 hours

**9 APRIL**  
**Good Friday**  
— Service of the Death of Christ —  
— 15:00 hours  
Way of the Cross (Live) — 20:00 hours  
— La mort du Christ

**10 APRIL**  
**Holy Saturday**  
— Easter Vigil Service — 20:00 hours  
— Blessing of new fire

— Blessing of new water  
— Baptism  
— Celebration of the Eucharist  
"Le Feu nouveau"

**11 APRIL**  
— Service de P+ques  
— Service of the Risen Christ —  
11:00 hours  
GOD BLESS YOU ALL

**CONFESSIONS**  
— Evenings of April - 5 - 6 - 7  
From 18:00 - 20:00 hours.  
— Holy Thursday — April 8  
From 20:00 - 22:00 hours.  
— Good Friday — April 9  
From 13:00 - 15:00 hours.  
— Holy Saturday — April 10  
From 18:00 - 20:00 hours.  
There will not be any Confession on  
Easter Sunday.

QUE LE SEIGNEUR VOUS BENISSE  
TOUS

### PROTESTANT CHAPEL SERVICES

#### Chapel of the Good Shepherd (N)

**Church Service:**  
11:00 on Sunday  
**Sunday School:**  
11:00 on Sunday  
**Chapel Groups:**  
Baptisms and Weddings as arranged.

#### Chapel of St. Andrew (S)

**Church Services:**  
10:30 on Sunday  
**Sunday School:**  
10:30 on Sunday  
**Chapel Activities:**  
Weddings and Baptisms as arranged.  
To contact a Chapel  
Just ask our Switchboard  
Operators



## SKY PILOTS CORNER

(Fr. Gagnon)

### CARING LENT

LENT — A WALKING WITH JESUS TO JERUSALEM

A one time Lent seemed so easy. All I had to do was follow the Church rules on fast and abstinence. My parents followed these rules and as a result I did too. I grew up doing, but not understanding the purpose behind the action.

Today, I see Lent through a very different pair of glasses. I like the concept of walking with Jesus to Jerusalem. Lent invites me to do exactly that, it is an invitation for me to respond to the call to follow Jesus — to journey as he did — to make his mission my mission. It is a time when the Church asks me, as a Christian, to remember Jesus' journey and to pause and look at myself — how I as an individual person and as a member of the whole Church, measure up in responding to the call to follow him. I sometimes forget that Jesus' journey wasn't easy, that, He too, had a human side to him and He too suffered on the journey to Jerusalem. His journey did actually involve suffering and sacrifice.

It is good to remember that I don't begin and end my journey with Jesus only during the season of Lent. Simply, I am called, at this time, to focus more intensely on the call to follow him.

You may be asking — what does it all mean in a practical sense? For me, it means that I am asked to pause and review my life thus far. What has my journey been like? I think you will agree with me that the road we've walked hasn't always been smooth and straight. If we take an honest look, you and I could have made many different choices along our journey. It is important to remember though that, having this awareness we don't condemn ourselves but rather begin anew.

As we are cruising along in our Lenten season, let us focus on Jesus and reflect on how he walked to Jerusalem. May our daily walking with him lead us towards a more wholistic life.

The following is the schedule for the Holy Week and Easter. You are very welcome to join us.



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Jim Ryan CD — Residence 687-6145  
Office — 735-1054



SGT Dave Breese Assistant BWO, (left) is presented with the Royal Canadian Legion Certificate of Merit by Mr. Alf Lundy representing the Manitoba and Northwestern Ontario Command. The presentation was made in recognition of SGT Breese's outstanding contributions in time and effort to the Joint Veterans Day Parade Committee of Winnipeg

### FEBRUARY 1982 PROMOTIONS

SIN NO.	RANK	NAME	INIT DATE	SECTION
<b>TO MAJOR</b>				
615 870 797	MAJ	LEWIS	D.T. 01 FEB 82	CFANS
612 195 834	MAJ	WINMILL	D.R. 01 FEB 82	CFRC
431 059 484	MAJ	VANROOYEN	O.E. 01 FEB 82	AIRCOM HQ
437 262-470	MAJ	DOBSON	R.L. 01 JAN 81	1CEU
707 808 002	MAJ	CAMPBELL	R.A. 01 FEB 82	AIRCOM
<b>TO CAPTAIN</b>				
609 067 269	CAPT	PAYETTE	T.A. 01 FEB 82	733 COMM SQN
431 375 435	CAPT	KEMP	W.L. 01 FEB 82	AIRCOM
431 236 041	CAPT	CLAREY	J.A. 01 FEB 82	AIRCOM
429 581 630	CAPT	HOWE	R.G. 01 FEB 82	AIRCOM
<b>TO LT</b>				
449 839 687	LT	SALADANA	K.J. 31 OCT 81	BTL
<b>TO CORPORAL</b>				
236 994 364	CPL	DUPONT	F.J. 12 FEB 82	BAMEO
470 482 787	CPL	KAEHLER	M.R. 08 JAN 82	BAMEO
114 198 633	CPL	BAILEY	L.E. 13 AUG 81	2PPCLI
456 564 277	CPL	PIGEAU	R.J. 11 FEB 82	2PPCLI
465 174 084	CPL	BOULTON	M.K. 11 DEC 81	2PPCLI
<b>TO CORPORAL/AL</b>				
116 248 170	CPL/AL	DESPRES	D.A. 13 JAN 82	BSVCS
253 459 358	CPL/AL	COUTURE	R.M. 15 JAN 82	BPHOTO
459 947 750	CPL/AL	DRYDEN	P. 07 MAR 80	BTNO



## Private House Sale

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## New Arrivals

Puzzled about  
Manitoba License Plates?

Fire Insurance  
-Contents? -Pleasure Items?  
Life Insurance?

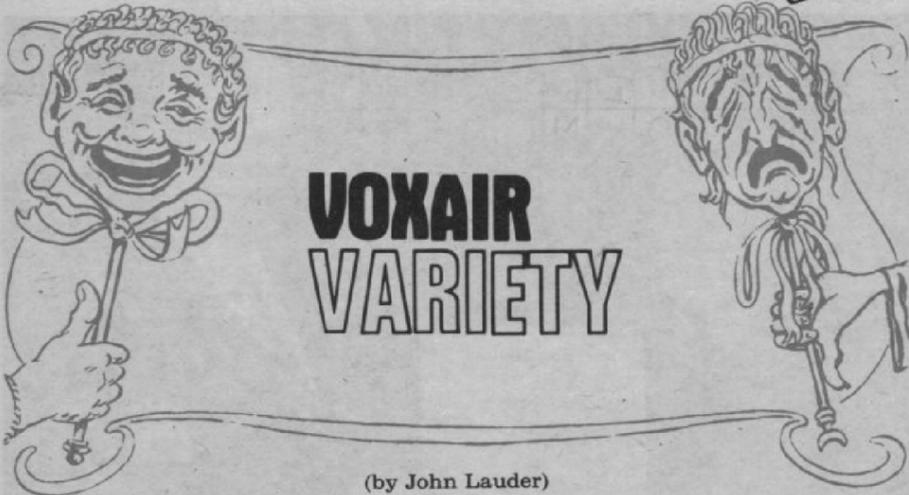
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**Baldwinson Agency**



(by John Lauder)

Maybe you would not agree that the greatest invention of the Chinese was the circus, but the recent appearance of the Great Circus to China has made me believe it. The land element guys probably think that gunpowder was a fine invention, and both air and maritime navigators would be lost without another Chinese invention, the magnetic compass, but the circus is best.

With some 2000 years to get their act together, this gang of acrobats, gymnasts, high wire artists, jugglers and clowns demonstrate that experience is the best teacher. The show is fast paced, colourful and set to lively music. Rather than the three-ring acts of North American circuses, this one relied on only one ring, but kept it active at all times.

For the high wire and balancing acts — such as six people on a pyramid of nine chairs built on four bottles standing on a table — the performers were hooked to safety wires. This in no way cut the effectiveness of the act, as the crowd knew that no one would be hurt, and as the performers were such nice people, no one wanted them to be hurt.

A good show, from the opening act where a pair of dragons were fashioned from smoke and paper, through guys jumping through hoops, girls juggling plates and or vases, usually while standing on their heads or turning summersaults, a young contortionist who held bowls on her feet while balancing upsidedown on a walking stick held in her mouth, to the final number where 14 girls climbed on and rode on one bicycle.

The Royal Winnipeg Ballet staged a group of old and new ballets under the general title of "That's Dance" early in the month. On balance, they seemed to be winners. In particular the pas de deux with the high sounding name of Lento a Tempo e Apassionatto, choreographed by Venezuelan Vicente Nebrada, was excellent. Dancers were our own Evelyne Hart, and Zane Wilson from the Caracas Company, with a special mention to Tony Tucci who designed the lighting, and to Earl Stafford who provided the piano accompaniment. Another highlight of the program was the pas de deux "Le Corsaire" danced by David Peregrine and Teresa Bacall, one of the great classical numbers.

The ballets which involved large numbers of people were possibly not as effective, but the long-time favourite, Rodeo, did get lots of applause, as did John Kaminsski as the matador in Bolero — another place where very effective use of lighting was made, and where the costumes were spectacular.

The Manitoba Theatre Centre opens two plays to greet the spring. That at the Warehouse is a true salute to the season, as it will be Side by Side by Sondheim, the musical revue made up of bits and pieces from hit shows composed by Stephen Sondheim, who will be remembered for West Side Story, A Funny Thing Happened On the Way to the Forum, Company, A Little Night Music and Sweeney Todd to name a few.

The performers are an all-Winnipeg cast, including Richard Ouzounian, MTC's artistic director, who will also direct the production. The show runs from March 22nd to April 10th.

On the main stage is a somewhat different collection of animals, where Lillian Hellman's The Little Foxes is running until April 10th. This drama deals with life in the deep south, where it seems to be a family tradition to struggle for power and money, and nasty characters abound. Liz Taylor has recently revived this play on Broadway and has now taken it to London. If Liz can make it a hit, I am sure that MTC can, also.

Upcoming events in the Centennial Concert Hall include the George Shearing Duo on March 24th, B.B. King in Concert on the 25th, and on the 26th and 27th the Winnipeg Symphony in concert with guest artist violinist Elmar Oliveira and guest conductor Uri Mayer. Then on the 28th our own Air Command Band will perform, beginning at 7:30 p.m. Glen Yarborough will sing on the 29th, with the World Adventure film "China After Mau" rounding out the month on the 30th and 31st.

A note to reader Gray — many thanks for your comments in a letter to Voxair printed in February. Keep up the criticism, we need it. The point I was trying to make (but did not with you) re the Christmas ballet was that I saw the second string dancers (went on the second night) and as they were very good I assumed that the first string people had been really good. But, as often, was wrong.



More nostalgia to get the war stories started. The Fairchild C119 Flying Boxcar in service with the RCAF from 1952-1965.

APR. Program

Fri. - Mon. 8:30 Sat. 20:00 hrs.  
Sat. Matinee 14:00 hrs.  
Sun. Evening 20:00 hrs.

Cinema Theatre  
CANADIAN FORCES BASE

Telephone 888-6290  
WINNIPEG

SUN	MON	TUE	WED	THU	FRI	SAT(mat)	SAT(eve)
COMING ATTRACTIONS				Apr. 1	Fri. 2	Sat. 3	Sat. 3
NETS	TAPS	NOBODY WALKS ON SHARK'S MACHINE BURT REYNOLDS SHARK'S MACHINE	NO SHOW	NO SHOW	NOBODY'S PERFECT	Magic Sword	NOBODY'S PERFECT
Apr. 4	Apr. 5	Apr. 6	Apr. 7	Apr. 8	Apr. 9	Apr. 10	Apr. 10
ROGER MOORE JAMES BOND DOPE FOR YOUR EYES ONLY	NO SHOW	The most erotic thing in their world was money. ROLLOVER	NO SHOW	NO SHOW	PAUL SALLY NEWMAN FIELD ABSENCE OF MALICE	PAUL SALLY NEWMAN FIELD ABSENCE OF MALICE	PAUL SALLY NEWMAN FIELD ABSENCE OF MALICE
Apr. 11	Apr. 12	Apr. 13	Apr. 14	Apr. 15	Apr. 16	Apr. 17	Apr. 17
PAUL SALLY NEWMAN FIELD ABSENCE OF MALICE	BO DEREK RICHARD HARRIS TARZAN	CLYDE TAYLOR THUNDERBOLT AND LIGHTFOOT	NO SHOW	NO SHOW	JOHN BELUSHI DAN AYKROYD Neighbors A Comic-Nightmare	Treasure Island	Neighbors A Comic-Nightmare
Apr. 18	Apr. 19	Apr. 20	Apr. 21	Apr. 22	Apr. 23	Apr. 24	Apr. 24
DENIRO-DUVALLE True Confessions	THE WORLD'S FAVORITE BED-TIME STORY IS FINALLY A BED-TIME STORY Alice in Wonderland	NO SHOW	NO SHOW	NO SHOW	NO SHOW	SNOPY, COME HOME!	Cherry has the power to make the leaves turn brown in color.
Apr. 25	Apr. 26	Apr. 27	Apr. 28	Apr. 29	Apr. 30	Apr. 30	Apr. 30
NO SHOW	NO SHOW	Cinderella	NO SHOW	NO SHOW	I HEART BEEPS	Get a husband who ought to forget the office? Take him out to the MOVIES!	NO SHOW

SUBJECT TO UNAVOIDABLE CHANGE WITHOUT NOTIFICATION

**CLOTHING STORES (NORTH)  
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CEREMONY  
08:00 HRS 01 APR 82  
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**1 APRIL, 1982**

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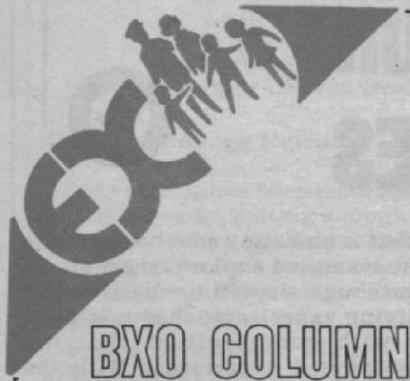
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At Canex you can now buy that T.V. using our new 180 day interest-free credit plan up to a maximum of \$1,000. Heres how it works. If you have a CFB Winnipeg PLCC card and are a member of the Canadian Forces or a fulltime permanent Public Service employee you may qualify. At date of purchase bring your PLCC card with you, give us 10% down and the balance in two equal post-dated cheques, one dated 90 days hence, the other dated 180 days hence. Now put your money in the bank or credit union and earn between 15%-17% on it until you have to honour your cheques. The plan is also available on parts and labour on major work done at the service station. That's got to be the best deal west of the Pic River — enjoy life's little luxuries and pleasures and make money using Canex's money at the same time. Now I ask you — when was the last time you got something free from Canex?

Each application is subject to approval by the BXO at the time of

sale, and the plan is not portable, i.e. it is valid only in Winnipeg and must be settled here before posting to another base.

Believe it or not Summer is just around the corner, and we now have all our summer merchandise in — patio furniture, propane barbecues, camping and sports equipment, bicycles, and a fine line of women's clothes. Come in and check out our four seasons area now located at the back of the store.

The CANEX NATIONAL SPRING SALE is on Mar 31 - Apr 3. Watch for our flyer which is being mailed out for some exceptional buys. If you don't receive a flyer give me a call at 580 and I'll see that one is forwarded.

And finally, for all you sailors I can obtain issues of "The Ships of Canada's Naval Forces 1910-1981" by Ken Macpherson and John Burgess for \$40.00. Regular retail price is \$59.95. If you're interested give me a call at 580 and I'll place an order.

**GRAND OPENING — KAPYONG DRY CANTEEN/STORE**

On 12 March the long awaited opening of the new Kapyong Dry Canteen and Store took place. The ribbon was cut at 1000 hrs. by the Base Commander, COL B.L. Smith and the CO 2 PPCLI LCOL J.S. Bremner.

The outlet is intended to provide a quiet atmosphere where unit personnel can go to have a snack, non-alcoholic drink, play a few games, read or just plain relax. It also contains a Canex retail store annex and unit kit shop.

The second stage of the project will take place in the near future with the refurbishment and opening of the snack bar.

The winners of the grand opening door prizes were:  
PTL Goencz 12" B&W T.V.  
MCPL Weinraugh AM/FM Cassette Radio  
PTE Duchesne Clock/Radio

**AIRCRAFT PUZZLE**



LAWRENCE '82

There are 53 Aircraft names hidden in the 400 squares. Names are printed horizontally, vertically and diagonally, backwards frontwards and upside-down. Good Luck! (All Aircraft have seen service with Canadian Forces — WWI and Subsequent.)

- |           |           |            |            |
|-----------|-----------|------------|------------|
| Albatross | Cosmo     | Jenny      | Sea Fury   |
| Anson     | Comet     | Lancaster  | Shark      |
| Argus     | Crane     | Lysander   | Snipe      |
| Arrow     |           |            | Spitfire   |
| Atlas     | Dakota    | Meteor     | T. Bird    |
| Aurora    | Digby     | Mitchell   | Tiger Moth |
| Auster    |           | Mosquito   | Tracker    |
| Avenger   | Expiditor | Mustang    | Tutor      |
| Bomarc    | Goblin    | Neptune    | Vampire    |
| Buffalo   | Goose     | North Star | Ventura    |
| Camel     | Halifax   | Otter      | Voodoo     |
| Canso     | Harvard   |            |            |
| Caribou   | Hercules  | Sabre      | Wellington |
| Chinook   | Hudson    | Sea King   | Yukon      |
| Chipmunk  | Hurricane |            |            |



The Base Commander COL B.L. Smith ably supervised by LCOL J.S. Bremner CO 2 PPCLI and CAPT R.D. Hanson, BXO, cuts the ribbon to officially open the new dry canteen store outlet.

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FOR THE LADIES



WOMEN IN CANADA'S ARMED FORCES



(Jane Lawrence)

With the anniversary of the RCAF drawing near, I thought it only appropriate that the Voxair Ladies Page carry an article on women in the Service.

We can go back as far as World War I to show that women played an active and important role in the Canadian Armed Forces.

After World War II women were released from Service but in 1951 were re-recruited for trades such as communications, transport and medical administration.

A Sub-Committee was formed in June 1980 by the Canadian Parliament, many of its members being former service people, to make an assessment of the Canadian Armed Forces, because it was felt that Parliament for some time had shown little interest and support to the CAF. Some interesting observations were made as far as women were concerned:

The percentage of women in the Forces has increased from 1.8% in 1971 to 7.6% as of January 31, 1981. The Sub Committee shows that attrition is higher than with men and this presents problems in assigning women to military duties.

Women are not at this moment being trained for combat roles. In 1981 the study showed that at the officer level, women were employed in 21 of 34 classifications being introduced to women are pilot training, flight engineers and navigators, but these areas again do not involve combat training.

Service women are now being accepted to military colleges and are filling in some isolated areas such as CFS Alert.

In this article I will make an attempt to show the difference in opinions and

attitudes for someone who has been in the Service for 24 years (RCAF and CF) and some who has been in approximately ten years (after amalgamation). The people I interviewed asked that their names not be used, so I will substitute with fictitious ones.

Brenda is a medical assistant entering her tenth year in the CAF. Before she joined, she trained as a Licensed Practical Nurse at Red River Community College and Swan River, Man. and was later employed at St. Boniface Hospital. Her basic training was a terrifying experience but she feels she benefited from it because she met 60 girls from all walks of life, from British Columbia to Nova Scotia. These girls couldn't have cared less about each other on their first meeting, but after nine weeks of gruelling training they came through it with a closeness that they won't find again.

With her experience at a civilian hospital, Brenda had the advantage of eighteen months seniority once she completed her basic training. On interviewing her, I got a definite impression that she is very keen and really likes her job, feeling the only place to go is up. Obviously her superiors and peers alike, felt the same because at Basic Training she was awarded the Commandant Shield for top recruit. Brenda feels that her contributions and achievements are many because she takes pride in caring for the sick and feels confident that she is a good tradesperson. Her opinion on women in the service is that they have a very promising future if they decide to stay with it.

Brenda doesn't feel slighted because she is a female but with her rank feels she has earned respect of subordinates and superiors alike.

Susan was my second choice to be interviewed. She joined the RCAF in August 1957. She had nine weeks of what she calls a terrifying experience of basic training. The trainees were not allowed to wear civilian clothes during these nine weeks with the exception of the graduation dance. If Susan and her friends were given a pass, they would go and throw their civilian clothes over the fence where they would later be retrieved. Can you imagine the scramble once they were outside limits? But Susan's career hasn't all been fun. She has been charged on eleven bases for her social life activities and has been thrown off two others. Even though she has had a number of unfortunate experiences she would like to forget, she has enjoyed the Service and feels she has done a good job. She has travelled extensively, met many interesting and knowledgeable people and has had a number of jobs that she has liked. But she has seen changes over the years. She doesn't feel that there is the pride in the Service that there was once.

If any opinions were to be made Brenda would say that she wishes the women would have better staying power. Don't quit because you get a posting you don't like. Move on and make the best of it.

Thus far, I have spoken to service women that are single, one at the peak of her career and the second nearing the end. To create a balanced picture I wanted to speak to a member who was married to a serviceman and had small children to see if these points made any difference in her career.

Linda joined up in 1972 and at the time had to sign up for a five year period. She joined the Canadian Armed Forces because working as a legal secretary in her home town, she

felt that to make any advancement she had to leave and explore larger cities. Even though she felt her basic was a terrifying experience, she looks back now with good feelings that the closeness she experienced with the other girls is a one time thing.

As was mentioned earlier, she is also married to a serviceman. Her career has been effected by this because she has been turned down for several postings because it would not benefit her husband's career at this particular time. She doesn't necessarily agree with this but feels quite fortunate that she has been able to acquire postings so that she can follow him. Linda has a 2 year old daughter and at times this presents a bit of a problem if he is away and she has to cover Base Duty. This means up to \$30 in babysitters. Again she accepts this as "one of those things" that has to be accepted when you want to be a career woman as well as a parent.

Linda has enjoyed her ten years in service but feels that it has changed a great amount since her days in Cornwallis.

Her opinion is that there is a great opportunity for women joining the CAF now but feels that there is not enough discipline and that penalties are not stiff enough. She feels that the Human Rights Commission has a lot to do with women having it easier now as compared to previous years.

Linda has received a lot of self satisfaction from her career and her goal is to be the first Regimental Quartermaster in the Army.

Not only are there advantages in the service but this opens up a whole new field for someone retiring because of connections made over the years outside the service.



First Meteorology (Met Observer) Course for RCAF Women, 1942.

For those interested in nostalgia, we are told that the first Met Tech entered the field in 1938. It also seems that these techs had to learn their trade by themselves on-the-job.

The first Met Tech course (Met Observers then) took place at the University of Toronto, during July/August 1942. Twenty-three single girls of the RCAF (Women's Division) were loaded on the course and twenty graduated. Their ages varied — the youngest was 19 years old and the oldest was 41 (she would now be 80 years old, if she is still alive). Their educational background lists only one with less than Junior Matriculation. Most had their senior matric, seven had university training of one or more years including three with degrees.

Of the twenty who graduated, four were posted to each of the following Service Flying Training Stations; #7 MacLeod, Alta; #8 Moncton, N.B., #9 Centralia, Ont.; #10 Dauphin, Man; and #16 Hagersville, Ont. These graduates were mainly girls from various towns in Ontario, but one was from California, two from Saskatchewan, one from Manitoba, and one from London, England.

Back Row — Left to Right: W300433 G.H. Jensen; W305064 M.A. Nixon; W304073 A. McFadden; W302967 D.M. Langstaff; W304898 L.M. Algren; W303496 W.E. Rudge; W300388 B.I. McLennan. Centre Row — Left to Right: W303968 M.J. Pryce; W303596 A.L. Grafton; W304782 E.M. Nedden; W303958 B.E.R. Todd; W303964 P.I. Whitefield; W303818 S.M.F. Playfair; W304904 C.E. Periard; W304190 M.R. Miller. Front Row — Left to Right: W303803 M.H.A. Potter; W304158 E.M. Cook; W303377 M.E. Elliot; W304781 L.M. Cooper; (W304903 I. Ponder or W301383 A. Penon or reverse) W304071 I. Menu; (from Winnipeg) W304900 D.V.M. Goodman.

TAX TIPS  
BABY-SITTERS

Did you know that for income tax purposes a baby-sitter may be considered self-employed?

To be self-employed you must have control over the number of hours you work, the premises and materials you use the way the work is done. If, as a baby-sitter, you meet those requirements, you could be considered self-employed and thus able to deduct the expenses you incur in earning income. These expenses may include the cost of certain supplies, such as food.

In addition, if you own your residence, or pay rent, you may be entitled to deduct a reasonable portion of such expenses as electricity, heating, taxes and insurance for the house or apartment. To qualify for these deductions, you must have one or more rooms set aside and used solely for the purpose of earning income.

You must then divide your expenses between the business and non-business use of your home, based on the

square footage. This is how they are calculated:

The number of square feet in the room  
the number of square feet in the house  
X total expenses

Keep in mind that the expenses must be supported by vouchers, bills, receipts or other relevant documents.

When Revenue Canada, Taxation examines your tax return, it requires proof that the expenses you are claiming are genuine and can be deducted legitimately.

Furthermore, as a self-employed worker, you must pay Canada Pension Plan contributions, or if you live in Quebec, Quebec Pension Plan contributions. These payments will entitle you to receive Canada Pension Plan benefits when you retire.

If you enjoy the responsibilities of being a baby-sitter and you wish to take on those of being self-employed, you can get more information from your District Office.

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# NUTRITION

Seven Health Practices Can Increase Longevity

Courtesy Kellogg Nutrition Council

For years, it has been theorized that eating properly, getting enough sleep and exercising regularly have been the foundation for a longer life. And a recent study indicates there's more to it than just theory.

Eating breakfast almost daily, getting between seven and eight hours of sleep a night and indulging in regular physical activity are three of seven health practices that may prolong one's life, according to a study conducted at the University of California at Los Angeles (UCLA) in the United States of America.

The UCLA study followed 6,928 adults in Alameda County, California U.S.A., from 1965 to 1974, exploring the relationship between seven personal health practices and longevity. The seven practices were: never smoking cigarettes; getting regular physical activity; using alcohol moderately or not at all; getting seven to eight hours of sleep regularly; maintaining proper weight; eating breakfast, and rarely eating between meals.

The results indicated that there is a strong relationship between those who followed the health practices and long life. In fact, at age 45, men who followed seven of the practices were expected to live an average of 11 years longer than those who practiced three or less. Women of the same age group who followed seven practices were expected to live seven years longer than women who practiced only three.

The study looked at several factors before concluding a strong link between the health practices and longevity. One was that the participants followed approximately the same number of practices in 1975 that they had followed in 1965. It also

discovered people's habits had changed little in the nine-and-one-half years. There was a slight trend toward obesity and also toward being underweight — that is, a trend away from most desirable weight — and cigarette smoking was down drastically, but most other habits remained stable.

Another aspect studied was the mortality rates of participants at various points during the nine-and-one-half years. The results showed a relatively high mortality rate during the first two-and-one-half years among men and women following three or fewer practices. The deaths may, however, have been due in part to sickness and impending death at the beginning of the survey, since those who are seriously ill have a tendency not to follow very many of the seven practices. Further adding to that theory is the fact that men following six to seven of the practices during the final four years of the study (after the influences of impending death on health habits would seem to have worn off) still had a mortality rate only 50 percent of that of men who had followed zero to three practices at the outset of the survey. The women's mortality rates were similar.

The survey concluded that it is following good health practices, and not the initial health status of survey respondents, that is largely responsible for longevity. As such, the Kellogg Nutrition Council recommends following as many of the seven good health practices as possible, including starting the day with a breakfast. Breakfast can be as simple as eating fruit or juice, ready-to-eat cereal with milk, bread or a roll with spread and a glass of milk to drink.

With survey results indicating good health habits tend to increase longevity, it is never too early to take preventive medicine to heart!



Chief Warrant Officer Julie Patterson receives her chief warrant officer's scroll from General Ramsey Withers, the Chief of Defence Staff. She is the first woman to reach the rank of CWO in the Canadian military. Chief Patterson is serving in Ottawa as the career manager for dental and postal trades. (CF Photo)



## LEARNING BEGINS AT HOME

(By William H. Nault)

Did you know that 50 per cent of intellectual development takes place between birth and 4 years of age?

That means that parents are important teachers. You provide the foundation for your child's learning skills right within your own home. You can help shape the course of your child's educational future by the quality of the learning experiences you provide before he or she ever goes to school.

Here are six watchwords designed to help you make the most of your child's early learning experiences.

**Listen** to your child. Pay attention to what he or she is saying.

**Talk** with your child. Take a walk together. Sing with your child.

**Read** to your child every day. Buy books that "belong" to your child. Provide a home library.

**Move:** Help your infant child roll over, crawl, stand, and walk.

**Interest:** Include your child in planning family activities. Give encouragement and praise when merited.

**Tune in:** Be involved with your child's TV viewing. Search out good programs and talk about them afterwards.

The importance of the parents' role in their children's education during preschool years cannot be stressed too

strongly. If your child is already in school, that role is still great. Plan to visit the child's classroom from time to time, listen to your child read, help with homework, and provide a comfortable place for study.

In your vitally important role as a teacher, may I suggest you keep in mind the following points:

- Do not nag your child or try to pressure him or her to achieve.
- Don't forget to praise your child's accomplishments.
- Do not compare your child's achievements with those of other children. He or she has the right to be an individual, not a carbon copy of an older brother or sister.

Your child's success in school depends on how your child feels about going to school. You should help your child develop a good attitude towards school. You should teach him or her that it is a place where children will be happy and will learn interesting things.

How well your child does in school is greatly dependent upon what you do before he or she ever enters the doors. You as a parent are the first and most important teacher your child will ever have.

Dr. William H. Nault is Editorial Director, The World Book Encyclopedia.

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Only the shoes remain the same  
Women of the R.C.A.F. all dressed up in summer finery 1963.

# VOXAIR SPORTS & RECREATION NEWS

## BASE COMMANDER'S FLOOR HOCKEY TOURNAMENT

On 26 Feb 82, twelve teams competed for the BCOMD Trophy, at the rousing, if somewhat sweaty, game of floor hockey. Figuring being a way of life, the stalwarts of the money shop figured a way to ace the tourney and leave the remaining eleven teams as "also-rans" (Had they not won, chances are that our claims would never get settled!) Congratulations to the Base Comptroller team pictured below.

Teams participating were:

- 1 BCOMPT
- 2 2PPCLI
- 3 733 COM SQN.
- 4 1CEU
- 5 BASE HOSP.
- 6 CFANS

- 7 AEROSPACE
- 8 MP'S
- 9 429 SQN
- 10 SUPPLY
- 11 MET
- 12 BML
- (WHAT? NO BAMEO?)



BASE COMMANDER'S FLOOR HOCKEY TOURNEY CHAMPS — BASE COMPTROLLER

FRONT ROW L — R: SGT WD Debow, PTE JPT St Laurent, PTE AJ Moore, SGT Dutchin. BACK ROW L — R: WO Manick, MAJ KJ Sinclair, CAPT HM WEBER, PTE SR Hawkins, CPL RA Embree, PTE ED Currie, CPL SE Buck.

## ACTIVITY DAYS

APRIL 16-17 1982

### BUILDING 21 AIR COMMAND SITE

Nothing to do? Nonsense! This base offers a wide variety of activities. Trouble is personnel don't know whom to contact, or where to go in order to pursue their favorite sport or activity. To answer all your questions, why not plan to attend CFB Winnipeg's Activity Days which will be held April 16-17 in Building 21, Air Command Site.

### HOURS OPEN TO THE PUBLIC

Friday 16 April 1:00-4:00 pm & 6:00-8:00 pm

Saturday 17 April 1:00-4:00 pm

Sports and recreational activities/clubs directly involving the military community as well as individual arts and crafts will be on display such as photos, art, ceramics, scuba and many others. Some arts and crafts will be for sale.

So why not come out and take advantage of what is being offered by your Base and community.



## BODY BUILDING SEMINAR

25 Mar 82  
1900 hrs

### Hercules Lounge

Being conducted by — Morris Bethellette (Mr Canada)

— Cathie Sauer (1st Runner Up Miss Red River Valley)

Sponsored by — CFB Winnipeg Weight Training Club

For more information or tickets contact:

CPL Rob Schwartz (236), MAJ Jim Jamieson (197), CAPT Lloyd Bailey (565) MCPL Rudy Kennedy (511).

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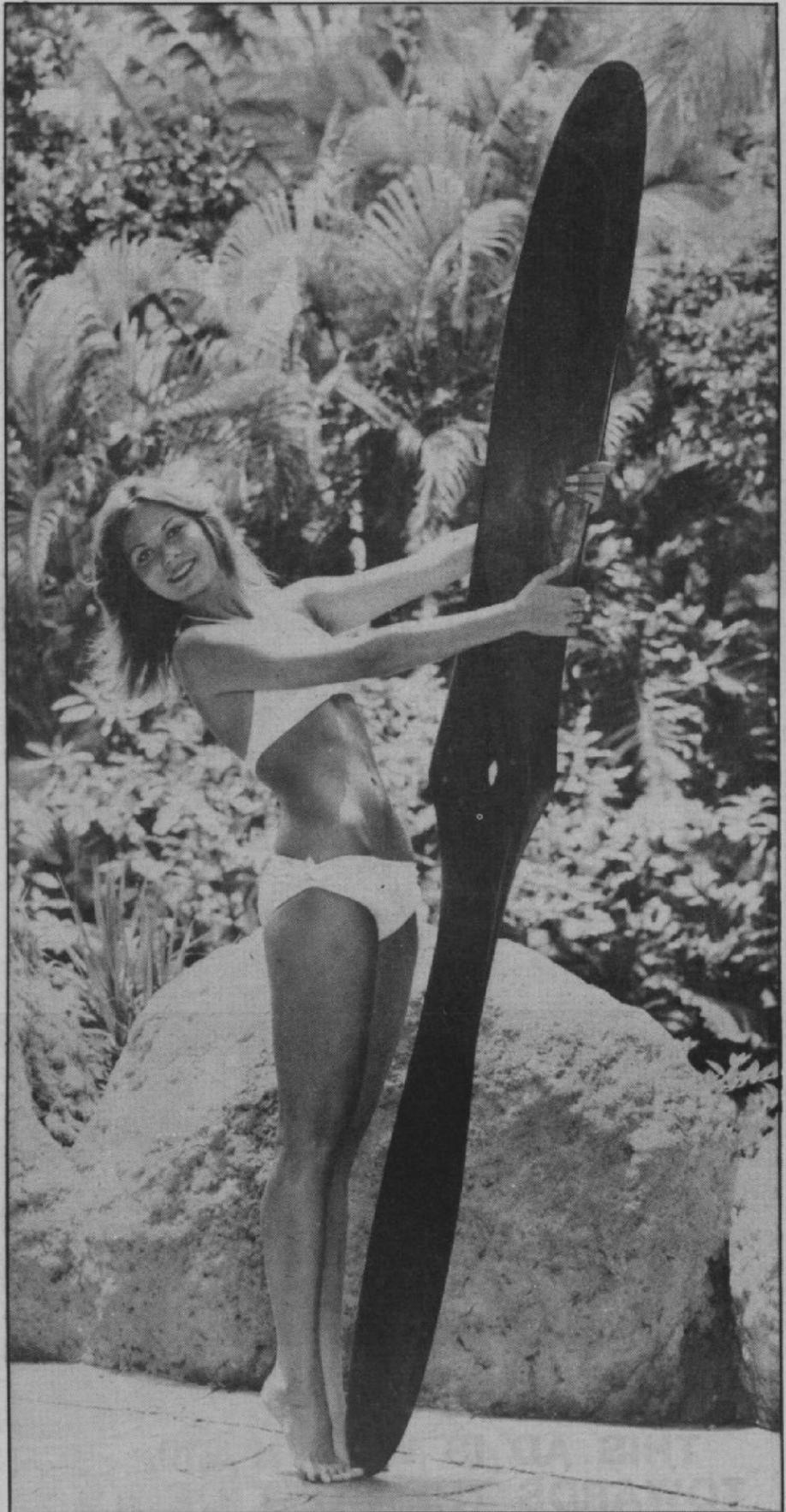
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