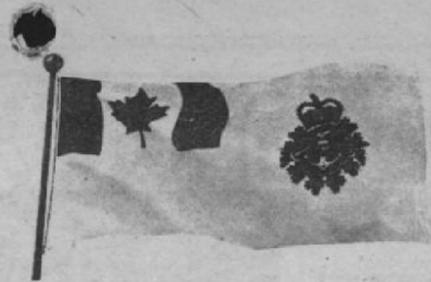




# Prosair



Following the Canadian Forces

FEBRUARY 9, 1977

CANADIAN FORCES BASE, WINNIPEG

VOL. 26 NO. 5

## MINISTER OF NATIONAL DEFENCE VISITS CFB WINNIPEG

### CDS COMMENDATIONS AWARDED

OTTAWA—Four Canadian Forces search and rescue specialists have been commended for exceptional performance while serving with 442 Transport and Rescue Squadron in Comox, B.C.

General J. A. Dextraze, chief of the defence staff, awarded commendations to Captain Douglas B. Wilkinson, 41, of Vancouver, now stationed at CFB Esquimalt, B.C.; Sergeant Ingo J. Meider, 30, Kipling, Sask., now with 405 Maritime Patrol Squadron at Greenwood, N.S.; Sergeant James S. Kennedy, 31, RR 1, Drumbo, Ont., with 424 Transport and Rescue Squadron at Trenton, Ont., and Corporal Gavin Maclean, 37, Victoria, B.C., with 442 Squadron.

CAPT. Wilkinson's commendation said, "In recognition of his personal example of initiative, professionalism and leadership which he displayed as aircraft commander of a Labrador helicopter during intensive day-long rescue operations in the Georgia Straits area of British Columbia on March 30, 1975. CAPT. Wilkinson's exceptional performance in coordinating the activities of his crew in very hazardous flying conditions is indicative of his courage, dedication and outstanding flying skill."

The Honourable Danson paid a courtesy visit to CFB Winnipeg and Air Command Headquarters on Thursday and Friday 28 and 28 Jan 77. On arrival on Thursday evening, he was greeted by a 50 person Guard of Honour and the Air Command Band. Later on the Minister attended a Mess Dinner in company of the Air Command Base Commanders. Friday morning he visited Air Command Headquarters where he was briefed on Air Command Operations.

The Senior NCOs and Warrant Officers had the privilege of hosting the Minister in their Mess for lunch.

In the afternoon the Honourable Danson attended a briefing at CFANS given by the Commandant, LCOL. RH Sparling. After a short press conference, he terminated his official visit with a tour of the C-130 Navigation Trainer aircraft on static display.



The Honourable Barnett J Danson, Minister of National Defence, sitting at the console of the C-130 Navigation Trainer module, during a visit of the Base on Friday 28 Jan 77. On his left is CAPT. Glenn Nelson, the Navigation Trainer Project Officer for CFANS. (CANADIAN FORCES PHOTO)

**MORE PICTURES Page 3**

BECAUSE YOU GIVE



SOMEONE WILL LIVE

**Awarded U.S. Legion of Merit**



LGEN. Richard C. Stovel, 55, of Winnipeg, deputy commander-in-chief of North American Air Defence Command (NORAD) in Colorado Springs, Col. before his retirement in September, 1976, has been awarded the United States Legion of Merit. (CANADIAN FORCES PHOTO)



**CPL. G. McLEAN**

Citations for both SGTS. Meider and Kennedy read: "In recognition of the dedicated professional manner in which he performed as a flight engineer of a Labrador helicopter during intensive day-long rescue operations in the Georgia Straits area of British Columbia on March 30, 1975. Sergeant Meider and Sergeant Kennedy played a vital part in the safe conduct of several rescue sorties during particularly

hazardous flying conditions in a severe storm."

CPL. Maclean is an aircraft technician employed on helicopter maintenance. He was commended for "outstanding

initiative and dedication demonstrated during the period February, 1975 to April, 1976, at CFB Comox, when on three occasions he discovered obscure component malfunctions on Labrador helicopters.

"The malfunctions, if undetected, would have presented serious hazards to aircraft and human safety. CPL. Maclean's attention to detail and sense of responsibility exemplify the contributions to the flight safety program by conscientious and skillful technicians."

Chief of the defence staff commendations are awarded to members of the Canadian Forces who, beyond the call of normal duty, perform a deed or an action worthy of commendation.



**SGT. I.J. MEIDER**



**See Page 8 and 9 For BUCK DAY!**

## WINTER MANOEUVRES



Gunner PTE. Glenn Johnston of Winnipeg, Man. Radio Operator in Armoured Personnel Carrier during winter manoeuvres at Camp Wainwright, Alta., in January. PTE. Johnston, son of LGEN. and Mrs. W. Johnston, 39 Haultain Crescent, serves with the 3rd Regiment, Royal Canadian Horse Artillery, home-based at Canadian Forces Base, Shilo, Man. (CANADIAN FORCES PHOTO)

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**EDITORIAL  
EDITORIAL  
EDITORIAL**



**"THE TIME HAS COME"**

"The time has come", the Walrus said, "to speak of many things". One of those things my friends, is Energy Conservation. I know, I know, you're saying to yourself, "Self, here comes another dude with a motherhood message". Only this time lads, you'd better listen to this message. Unfortunately, mother, her family and friends in some American States are a little cold right now. And that's disturbing! In fact what is occurring in parts of the U.S. as a result of severe storms, cold weather, and heating fuel shortages is downright shocking. All American and Canadian radio and TV news reports have and are giving extensive coverage to factories shut down, unemployment rolls swollen, and children's faces and hands turning blue from the cold in unheated homes.

It couldn't happen here? But it just might. A very pessimistic report just released by a major oil company states that Canada may run short of the natural gas and oil deposits necessary for heating in the early 1980s. That is not far away. It's easy I suppose, for Canadians to be somewhat blasé and even a little smug about the whole matter. After all, as we're constantly told, Canada possesses the richest deposits of fossil fuels in the world. But the point is, the resources are limited. Energy conservation is a must to husband those scarce resources until alternate forms of energy are found. Energy Conservation shouldn't be just a slogan, but a way of life. Support Energy Conservation Week, otherwise next time around, it may be you and yours who are in an unheated home.

**BCEO PROMOTION**



MAJ. J.R. Orlando, BCEO and LT. N.L. Wagner, ENGO congratulate WO. B. W. Sherritt on his recent promotion to that rank. WO. Sherritt is employed on Contract Insepctions and is presently attending a CM Tech Course at CFSME. (BASE PHOTO)

**Letter To The Editor**

Dear Sir:

In your editorial of January 26, 1977, you chastised two Catholic bishops (one Roman and one Anglican) from Toronto, because their clarion call to arms failed to encompass all that you judge to be obscene in life. In doing so, you displayed considerable ignorance of the social and moral positions taken by the majority of churches in Canada on a very wide range of issues that are and should be of interest and important to all Christian soldiers.

Although I do not personally agree with all of the positions adopted, you would do well to consult the public record of the churches as a whole, with regard to such issues on birth control, abortion, capital punishment, nuclear arms limitation, native people's land claims, northern development, racism, minority rights, outreach, women's rights, freedom of information, guaranteed annual income, foreign aid, ad infinitum.

You might also like to take a walk through the core area of Winnipeg, or of any other metropolitan area in Canada. You'll see the church and churchmen working and living with the poor, the disadvantaged and the exploited day in and day out. There's more to ministry than just preaching, a rule, Mr. Editor, applicable to newspapers.

The attack on pornography is only one facet of our struggle against all that is obscene around us, and I can only regret that your editorial depreciates a whole programme because you would appear to misunderstand or disagree with one part, or the emphasis given to it. Pornography is a multi-million dollar industry in Canada, with the profits flowing almost directly into the pockets of organized crime. Ask Norm Stewart if it is really only a matter of cultural taste or personal values.

Those millions would buy a lot of dog food, and the shut down of the industry would eliminate at least one dehumanizing aspect of our society.

W. J. McCullough

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# MINISTER'S VISIT CONTINUED FROM PAGE 1



The Honourable Barnett J. Danson inspecting the "Flag Party" upon his arrival, thursday 27 Jan 77. The parade was held in 16 Hangar. From left to right, the Guard of Honour Commander LT. (Tom) Duffin TC (CE), and the members of the Flag Party PTE. (W). (Sharon) Wilson SM (Base Air Maintenance), WO. (W) (Margaret) Hamilton ME (RSS Prairie) and PTE. (W). (Donna) Friedrich DA (Base Pers ADM).  
(CANADIAN FORCES PHOTO)



The Base Commander, COL. MD Gates, welcoming the Honourable Barnett J. Danson MND, to CFB Winnipeg.  
(CANADIAN FORCES PHOTO)



The Minister conversing with SGT. Barry Tyson AirCom Band during inspection.  
(CANADIAN FORCES PHOTO)



The Minister chatting with PTE. Degalan (BTNO) during inspection of Guard of Honour.  
(CANADIAN FORCES PHOTO)

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\*\*\*\*\*  
 Red-Faced Navy  
 An American destroyer caught up with a Soviet cruiser in Mediterranean waters. The Russian ship flashed, "How is the second biggest Navy?" "Just fine," the American signalman blinked back. "How is the second best?"  
 \*\*\*\*\*

# "THE FAMILY TRADITION LIVES ON"



Pictured above is PTE. Catherine Anne Hilton being congratulated by her father CAPT. Hilton, during recent enrolment ceremonies at C.F.R.C. Winnipeg. PTE. Hilton will spend 11 weeks at Canadian Forces Recruit School in Cornwallis, Nova Scotia prior to her training as a Medical Assistant. CAPT. Hilton is the Protestant Chaplain at CFB Winnipeg.

Also attending the ceremonies with Catherine is her uncle, CWO. Bert Hilton from Air Command Headquarters. (BASE PHOTO)



Pictured above is PTE. Elizabeth Dunsmore being congratulated by her father, CAPT. J. Dunsmore, during enrolment ceremonies recently held at C.F.R.C. Winnipeg. PTE. Dunsmore will spend 11 weeks at Canadian Forces Recruit School in Cornwallis, Nova Scotia prior to her transfer to CFB Camp Broden where she will train to become a Machinist. CAPT. Dunsmore is the Base Maintenance (Land) Officer at CFB Winnipeg. (BASE PHOTO)

## Television In Review

By Ken Bernard

### "LIVE YOU SAY!"

The television talk show is a common format which has been used for some time. A version particular to the U.S.A. is the late night TV talk show, hosted by a celebrity, having celebrities as guests, for the purpose of unscripted entertainment.

With some justification will many late-night-TV-fans cheer that there is, at last, a Canadian talk show every weekday night after the late news on the CBC. The content will be Canadian. The guests will be Canadian. The talk will be Canadian. Well... yes and no... watch the CBC's NINETY MINUTES LIVE with host Peter Gzowski (at 11:35 pm on CBWT, Channel 6, Winnipeg)... you will see that the cheering need not be too loud nor too long.

NINETY MINUTES was piloted for several weeks last year by the CBC, originating from various Canadian cities. At that point they interrupted the late evening news package; which interruption proved to be unacceptable to the news fans. Other than rescheduling NINETY MINUTES after the news, little else seems to have been touched in the original format or style.

The name of the program may cause some problems, because NINETY MINUTES LIVE indicates something to the viewing audience which is not really happening. You see, on television there is "live" and then there is "live". There is the live of hockey and football... and that is live!... you are watching it as it happens through the electronic magic of TV. The other live means that the program hasn't been edited too much on video tape, or that it is carried out before a live audience. Viewers are familiar with this as well.

It took quite a few phone calls to CBC to get that "live" element cleared up. Had they really tied up the whole network with this talk show? Was it really live?... well... in fact, no. Like most of network TV in this country (with the exception of sports), programs are aired according to the local time zones. Fair enough. Would that Peter Gzowski had explained that during the first week of the show, by way of general introduction. Oh well. We're only the audience on the receiving end. We don't need to know.

As a host, Peter Gzowski is a friendly, somewhat timid fellow. He will be familiar by voice to many people, for he hosted a very popular radio program on the CBC. Strange though... he didn't seem to be so inarticulate on radio... he didn't seem to fumble and bumble so much. Oh well. He dresses neat. Even a vest.

The stage setting which the program producers seem to have accepted for NINETY MINUTES is a desk-like podium behind which Peter seems to hide and from which he seems to gain some security; and a long bench for the guests who sit out in the open as it were, made vulnerable by the bright TV lights. It is not the most successful of settings. Not much imagination. Oh well.

There is no doubt that this kind of talk show will serve a purpose. It will indeed give some Canadian figures from various fields a little more public exposure on a national scale. If that is what they want and need than NINETY MINUTES will do that for them. Only a full season's experience will indicate just how well that will work.

There have been other talk shows on Canadian TV. Two successful ones which readily come to mind are the Lise Payette show from Montreal on Radio-Canada and the Tommy Banks show from Edmonton. Both these were very good. But... they were not from Toronto.

NINETY MINUTES is itself evidence of some politicking within the CBC: the tension is between the pro-Toronto centralizers, and the pro-other-CBC-centres regionalizers. Hosting the program from various Canadian cities may seem to be a regional approach... however, it is still Toronto.

Perhaps the major difficulty with the talk show NINETY MINUTES LIVE is that it is built on the premise of a star system, and not on people who are just interesting. In the U.S.A. the star system works, for it is their system. It doesn't work too well here. In that sense the whole format doesn't quite fit. It is as if the CBC is saying, "See, we in Canada can do the kind of TV the U.S.A. is doing and do it just as well." Maybe not. Oh well.

That is a tell-tale sign of yet another problem with CBC Toronto, namely its recent courtship with U.S.A. television, both in taking it as a model and in using its personnel as advisors. Now, there once existed an English language TV network in the CBC which used to... well, that may have been the good old day... any way, that is another story.

As for NINETY MINUTES... it will be with us for a whole season... we may just get used to Peter Gzowski's stuttering style... and the program may yet turn out to be entertaining.

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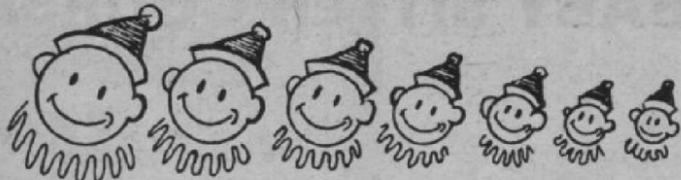
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LAUGHING AT OURSELVES



by John Semeniuk

THIRST THINGS FIRST - Two old Scotsmen had been friends for 50 years; now one was dying. "Jock," gasped the dying one, "I want ye to take the bottle of Scotch that I've been savin' for fifty years and pour it over ma grave after I'm gone." "Angus," replied Jock in a grief stricken tone; "Would ye mind very much if I strained it through my kidneys first?"

\*\*\*

MIND OVER MATTRESS(?) - During an adult education class, a professor asked the class the total number of different ways there are of kissing. One student answered, "Four"; a Latin at the back of the class shouted, "Nineteen". Another student answered, "Six"; the Latin shouted, "Nineteen". A plain-looking girl stated, "Professor, I know of only one way of kissing, and that is on the lips; the Latin paused for a moment and then shouted, "Twenty"!

\*\*\*

THE WRECKTORY - One Padre to another as they watched the Sunday morning rain, "Once again, the golfers have been delivered onto us!"

\*\*\*

STRAPPED(?) - A lady was on trial for indecent exposure and was explaining her actions to the Judge. "Your Honour," stated the lady, "I'm a \$40.00 a week secretary and when this handsome man asked me if I wanted to have dinner with him at one of the most-expensive night clubs in the city, naturally I said yes. After dinner when he asked me to go for a ride in his Cadillac, I again said yes - on \$40.00 a week, you don't ride in Cadilacs. When he suggested that we park on the road overlooking the ocean (a place that I'd never get to on my salary), I agreed. Then he suggested that we play games. He said that if I'd get in the back seat and put one of my legs through one of the straps hanging from the roof, he'd give me \$40.00. Well, your Honour, that's a whole week's pay, so I did and he gave me \$40.00. Then he said that if I'd put my other leg through the other strap on the opposite side, he'd give me \$100.00 - I did and he gave me \$100.00. That's when the policeman shone his flashlight into the car and arrested me for indecent exposure. The Judge was

unmoved by the lady's story and fined her \$200.00 or two months in jail. A Texan at the rail immediately came forward and paid the lady's fine. The Texan was asked if he knew the lady, he replied, "No, but I've been driving a Cadillac for 25 years and that's the first time that I've found out what those damn straps are for!"

\*\*\*

RIGHT UP THE RIDDLE

Q. What do you call a cow who's had an abortion?

A. DE-CALF-IN-ATED

Q. What goes putt, putt, putt, putt?

A. AN OVER-PAR GOLFER.

\*\*\*

DOCTOR'S DIAGNOSIS -

"To be very basic with you, Sir, you have a bad case of too much Birds and Bees."

\*\*\*

FAMILY FABLES -

Youngster explaining the ice bag on his father's head to a friend: "Mom says that it's a special hat the Canadian Forces wear to show that they've attended a Mess Dinner!"

\*\*\*

APPOINTMENT



MGEN. (Ret'd) John W. B. Barr, CMM, of Ottawa has been appointed colonel commandant of the Forces' medical branch, it has been announced by GEN. J. A. Dextraze, Chief of the defence staff.

(CANADIAN FORCES PHOTO)

PATRICIA REPORT



The last two weeks have been, for some reason or another, very quiet. Part of this is the result of the absence of all the Senior NCOs for a two day period of training, but it is mainly the result of the PCF course which are occupying us all. At the time of writing most of these courses are preparing to go to Shilo for a period of live firing, which will confirm the theoretical training which has been given.

Also on the training side, the warriors have returned from Exercise Rapier Thrust V, looking none the worse for their stay in Arctic tents.

Saturday the 29th of January was a busy day in Garrison. Three hundred cubs were our guests for a day of APC rides, movies and static displays. From all reports they enjoyed themselves. That

night the WOs and SGTS Mess held a successful seafood dinner and the Officers' Mess held a formal mixed dining in. Special mention must be made of the excellent stick drill demonstration put on at this event by the Corps of Drums.

A number of upsets occurred in the sports scene, also. Support Company suffered a freak loss to C Company in hockey. Rumor has it that this loss is attributable to CAPT. "Redlight" Brigden, who has been told to pull up his socks or he would be traded to B Company. There could be worse fates, however, as the B Company hockey team come through with an unexpected victory over A Company.

Hopefully by the next issue there will be more news to report. Until then, hang in there, and wait for new developments.



ENTERTAINMENT SCHEDULE

FEBRUARY - 1977

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\*NOTE - Due to the size of the Junior Ranks Mess membership, we will be split up into two teams; Team No. 1 being from "A to L" and Team No. 2 being from "M to Z". Sign up for the events on the posters on the Mess bulletin boards.

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# If you think seat belts are uncomfortable...

A news release coming from the Ministry of Transportation and Communications, Ontario, shows that in the first nine months of mandatory seat belt law, 808 drivers and passengers were killed in traffic accidents — a decrease of 14 per cent from 937 killed in the same period the year before.

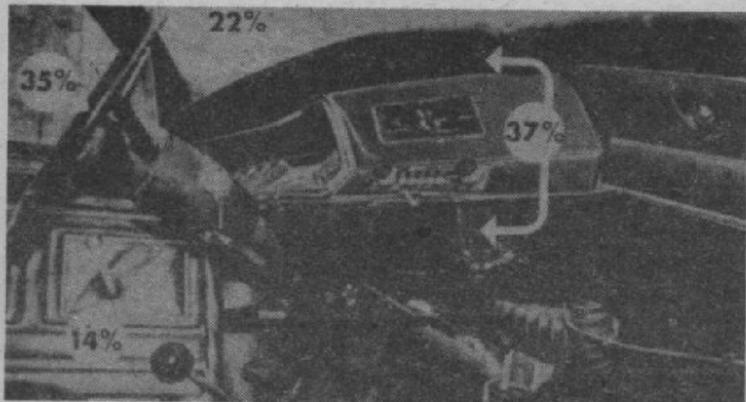
There was also a decline of 17 per cent in the number injured from the same cause. In more human terms, that is almost ten thousand fewer injuries among Ontario vehicle occupants!

However, there is another figure we have learned, that is even more interesting:

Of those 808 who died, 464 were drivers (the remainder passengers and others). Of those 464, 110 were known to be killed while wearing safety belts. That is worth repeating in another form: Less than 24% of drivers killed in Ontario in the period Jan.-Sept. 1976 were known to be wearing safety belts at the time of death.

Another 56.5 per cent were known to be not wearing belts that were available, or were in vehicles not equipped with belts. In the remaining instances, accident reports did not include detail on belt use.

We are also cognizant of the probable impact on statistics of the simultaneous speed limit reduction that came into effect along with the belt-use legislation. Nevertheless, and allowing for the relatively short period covered in this analysis, the results should be impressive enough to convince the doubtful. (There will always be a few who will stoutly maintain it could never happen to them anyway.)



Almost coinciding with the arrival of the above information in our offices, another study report came from the Highway Safety Research Centre of the University of North Carolina, that produced more facts supporting safety belt values.

The Research Centre studied 183 fatal crashes in North Carolina, and reported that the instrument panel was the most frequent interior source of injury (37%), followed closely by the steering assembly (35%) and the windshield (22%). About 30% were reported ejected.

The reader can rapidly see that these particular hazards are those against which the safety belt system offers the most protection.

As a matter of interest, the North-Carolina study also revealed that Fridays were the worst days for accidents, although more people were killed in accidents on Saturdays. City streets were the most frequently cited locales for all accidents, and rural paved roads were the scene of the most fatalities. They also discovered that while a greater number of accidents happened during the working day of 7 am to 6 pm, more fatal accidents happened in the alternate time periods of 6 pm to 7 am.

Titled "Fatal Case Study Analysis", the full North Carolina report is available for \$4 from H.S.R.C., Chapel Hill, N.C. 27514, U.S.A.

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## FIRE PREVENTION IS OUR BUSINESS



The Fire Prevention Section, along with the able assistance of LT. Creamer, Base Hospital, conducted a very successful Baby Sitter Course of instruction which was held on the 6 - 7 Dec 76.

The twelve teenagers who completed this course which consisted of Fire Prevention, Child Care and Security in the home, are your assurance of a baby sitter who knows what to do if and when a problem arises while looking after the safety of your children. The successful students named below were presented their Baby Sitter Identification cards by the BCEO, MAJ. J.R. Orlando, who wished the students success in their babysitting duties:

- Diane Riendeau
- Rachel Riendeau
- Susan Vathever
- Sandy MacFarlane
- Diane Chouinard
- Barbara Kaechler
- Dona Pelley
- Brenda Tomlinson
- Corinne Crossman
- Barbara Ziola
- Kerry Duffin
- Tammy Duffin

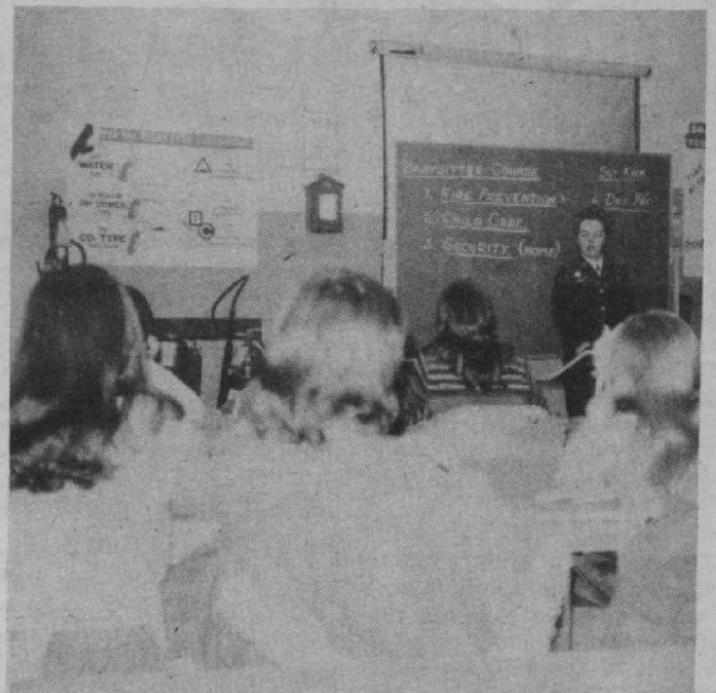
REMEMBER: Don't leave your children to "Lady Luck", hire a qualified Baby Sitter.

The next Baby Sitter Course will be conducted on the 1st - 2nd March 77 at 1900 hrs in Bldg 81 East side of airfield. Names of students will be accepted by phone at Loc 501.

## AirCom Detachment Winnipeg

AIRCOM Detachment Winnipeg is a new lodger unit on CFB Winnipeg. The new Detachment, which is similar to other units at Regina and Edmonton, was created by combining some of the roles and personnel of the regional operations staff of Air Command Headquarters with those of the already existent Provincial Cadet Office Manitoba/Northwestern Ontario. Located in the YPRES Building, of Kapyong Barracks and commanded by LCOL. J.P.R.E. Beauregard, the Detachment is manned by Regulars and CIL personnel of all three environments plus DND civil servants. A sub-detachment controls the Provincial Warning Centre at CFB Shilo. It is responsible to Air Command Headquarters for the planning and execution of regional operations such as internal security, civil assistance, and survival operations in Manitoba and for the training and administration of cadets in Manitoba and Northwestern Ontario. Its mission is normally accomplished by the maintenance of continuous liaison between the Canadian Forces and civil governments of all levels or other appropriate civil agencies and between the military and civil organizations that support the cadet movement.

## BABY SITTER COURSE



LT. Creamer, base hospital, gives instruction to baby sitters on child care. (BASE PHOTO)

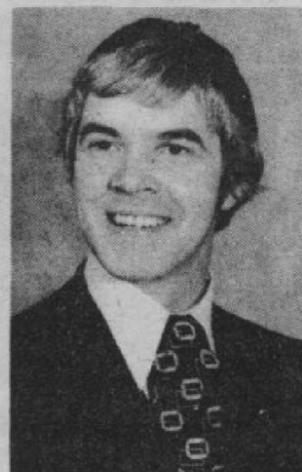


Presentation of baby sitter I.D. cards by MAJ. Orlando, BCEO, and SGT. Kirk, fire prevention instructor. Five young ladies are missing from the photo. (BASE PHOTO)

### NOTICE

"The 430 ETAH Silver Falcon Squadron will have a Standard Presentation and Squadron Reunion on 24-26 June 77. All past members of the Squadron are invited to attend and it is indeed hoped that most will do so. Former members are asked to forward their names and addresses to me and detailed information on the reunion will be mailed to you."

## ARE YOU INTERESTED IN SAVING MONEY AND PAYING LESS INCOME TAX?



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THE MONARCH LIFE ASSURANCE COMPANY



## FOUR SEASONS OF LOVE

Donna Summer, recently hailed as the new queen of sex-rock, has already picked up a gold record for her new album, "Four Seasons of Love" (Casablanca NBLP 7038-V) and the album hasn't yet reached top forty. Which is like saying, there's nothing that can stop this set from picking up a double platinum award.

### BOSTON TO MUNICH

Born in September 1950, Donna was the third of seven children in a working-class family. As a youngster, she idolized the singing of Mahalia Jackson and started singing while in church vocal groups. As she was growing up, all she really wanted was a career in music. She practised her music all the time in school (which ended abruptly when she took a high school teacher to task for bigotry) and landed her first professional gig as a member of the Munich, Germany cast of 'Hair'.



Donna Summer

She stayed with 'Hair' for over a year, joined the Vienna Folk Opera and worked their productions of 'Porgy & Bess' and 'Showboat' and took part in the German stagings of 'Godspell' and 'The Me That Nobody Knows'. She worked as a background vocalist and it was during a session when Donna was singing back-up for the Three Dog Night's demo at Musicland Studios in Munich, that she was 'discovered'.

Producer Pete Bellotte liked her voice and asked her to sing a few songs. Donna recorded three songs, Bellotte took them to MIDEM. One of them, "Hostage" suddenly exploded and went to number one in Holland and Belgium, number two in France and broke top ten in Spain and throughout the Scandinavian countries.

### ENTER BOGART

To try and keep the story short enough to fit a column, here are the highlights of what happened to propel Ms. Summer into the super-star category... Donna Summer cut, "Love To Love You, Baby" which was just under four minutes long and the song just didn't come off as a hit. Pete Bellotte and his partner Giorgio Moroder took the song to the States, looking for a company that would distribute it. Neil Bogart, president of Casablanca records and resident genius to the record industry thought enough of the song, bought it, but for some reason didn't release it immediately. Legend has it, that during a party he played the song and everyone wanted to hear the tune a few more times. Bogart,



## The Joke's On Us

Didn't most of us gloat for a moment or two when we heard about the freezing spell in the southern parts of the United States? Didn't we say (or think) - Now they know what we are going through for seven months (okay - five) out of every year? Didn't we take some satisfaction in the fact that somebody we know just went on his winter vacation to Florida and now won't be able to come back with a great suntan - the envy of everyone in the office?

If we have harbored such fleeting feelings of mirth at their misfortunes, the laugh is now on us, and the gloating smiles have been wiped off our faces.

Approximately 45,000 acres of tomatoes, cucumbers, squash, peppers, and watermelons have recently been ravaged by frost in South Florida. The sudden price leaps in our supermarkets that are the result of the disaster tell the story: tomatoes 79 cents; English cucumbers \$1.29 for one; green peppers \$1.19 a pound; cauliflower 99 cents a head (rather small heads, too); parsley 35 cents for a tiny bunch; and so on. Wait till the losses and shortages have been assessed and the 'needs' of the Northerners established! These increases are probably only the beginning. The coffee price hike might have warned us, but people are still wishy-washy about deciding if they should really switch to tea. (An eight-ounce jar of freeze-dried coffee now costs \$4.29 in Dominion!)

And what is the reaction of the shoppers? They grumble and gripe, they wail and whine - after all, we are so conditioned to inflation and are expected to complain - but they still buy what they've always been buying. They don't boycott coffee, they don't do without tomatoes.

And yet, when it comes to vegetables, we do have a choice: What's wrong with (Canada-grown) carrots (33 cents a pound), parsnips (39 cents a pound)? Does anyone remember the times when we ate the fruit and vegetables that happened to be in season, and in the winter we lived on those that could be stored or were preserved? If you don't remember, maybe your mother or your grandfather does.

Progress has spoiled us. We want tomatoes all the time - not just in the summer when they ripen in the hot healthy prairie sun - even though everyone agrees that those store tomatoes you get in the winter have no taste at all. And for that you are willing to pay those outrageous prices? Shred a couple of carrots in your salad instead!

The theory is that if a commodity becomes scarce, it also becomes expensive, and consequently, so the idea goes, fewer people can buy it. Thereby, a healthy balance of supply and demand should be restored. In our affluent society, however, many people still seem to have the money to buy, and the result should be - theoretically - severe shortages. So far, there are no visible shortages, just higher prices. Everybody buys and pays. Somebody must be making huge profits.

We could restore the healthy balance by refusing to buy ridiculously expensive out-of-season vegetables and, instead, rediscovering our home-grown produce.

- RUTABAGA IS BEAUTIFUL -

played the song over and over and came up with another stroke of genius. He phoned Moroder in Germany and told him to cut a twenty minute version of the song and he'd turn it into one of the all-time hits. Of course, everyone concerned figured that Bogart had flipped out, but... "if he wants it, we'll give it to him". The actual record turned out to be sixteen minutes and fifty seconds.

About a week after Bogart's request for the lengthened version, he received the record and Casablanca released it as the "A" side of Donna's debut album. In less than two weeks the song had exploded in every disco in the 'Big Apple'. By the time the extra-long version had been cut and released as a single, the album had already picked up RIAA certification as a gold record. The record sparked a controversy with its sex-rock orientation and Donna became news in such magazines, as: Time, People, Oui and many others.

She has recently won about every award available from the trade magazines (Billboard, Record World and Cashbox) as they honoured her with: number one - new Female Artist, New

Female Vocalist, Top Disco Artist, pop single awards, R&B awards and pop album awards, all went her way.

### FOUR SEASONS OF LOVE

With her new album leaping up the charts, Donna has taken the concept of the four seasons and coupled them with love and backed by a disco beat accompanied by the 'Munich Machine' and turned it into gold, (soon to be platinum). The album features four songs: "Spring Affair", "Summer Fever", "Autumn Changes", "Winter Melody" and wraps up with a reprise of the "Spring Affair". Set also contains a 1977 calendar.

Absolutely excellent.

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Courts of St. James Branch 2727 Portage Avenue	Henry Mayer, Mgr. 889-8850
Portage & Westwood Branch 3330 Portage Avenue	Blair Caitness, Mgr. 888-6770

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MON THRU SAT

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THURSDAY TO - 2100 HRS

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coffee made the drip-filter way!

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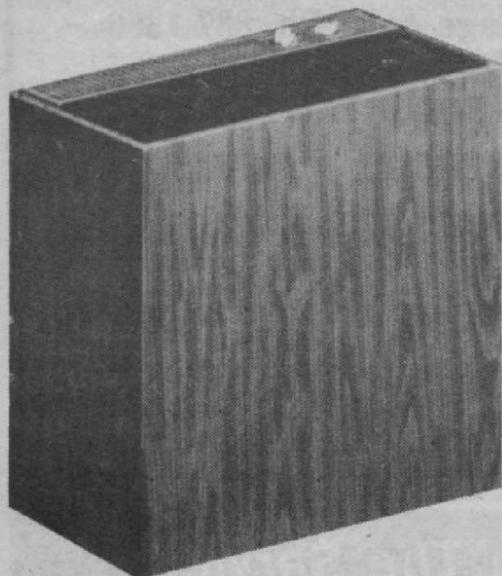


## BABY BONUS DRAW

This Month's  
WINNERS  
**MARIAN ASH  
&  
PENNY GARRISON**

## ELECTROHOME HUMIDIFIER

5 GAL. CAP. PAD STYLE H85



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LOW PRICE  
\$61.99**

**BX  
SALE PRICE  
ONLY  
\$55.77**

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450 ml SIZE  
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MOUTHWASH  
17oz.  
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ALL YOUR POTTING  
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LOOK**

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- To always provide courteous, efficient service at your Base Exchange
- To service or have serviced what we sell



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SATISFACTION  
OR MONEY  
REFUNDED**

**BEST  
PRICES**

# EXCHANGES EXCHANGE



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DAY

ONE DAY ONLY  
THURSDAY  
17 FEB 77

SAVE  
\$

# BX



# BUCK



# DAY

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WE WILL GIVE YOU ONE BX BUCK . THIS BX BUCK IS  
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NO CHANGE WILL BE GIVEN ON BX BUCKS

Make *THINGS HAPPEN...*  
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**PLEASE NOTE**  
*The BX BUCK DAY does NOT  
apply to SPECIAL orders*





**CANADIAN FORCES NATIONAL  
CURLING  
CHAMPIONSHIPS  
28 FEB - 4 MAR  
AT THE  
WESTWIN CURLING RINK**

**WESTWIN LEARN TO SWIM PROGRAM  
NOTE THE CHANGE!**

A Learn To Swim program will be conducted in the Westwin pool offering the following classes:

Pre Beginners	8 candidates per class
Beginners	8 candidates per class
Junior	10 candidates per class
Intermédiaire	12 candidates per class
Senior	15 candidates per class

Candidates will be accepted on a first come first serve basis. Registration fees are military \$6.00 and civilians \$8.00 per candidate. Registration date Saturday 12 February 77 at the Westwin gymnasium 10:00 am to 2:00 pm.

**PROGRAM A - START 21 FEB**

12 sessions of two exposures per week Monday and Wednesday

5:00 - 5:30	Pre Beginner
5:30 - 6:00	Beginner
5:00 - 6:00	Intermediate

**PROGRAM B - START 22 FEB**

12 sessions of two exposures per week Tuesday and Thursday

5:00 - 5:30	Pre Beginner
5:30 - 6:00	Beginner
5:00 - 6:00	Junior
6:00 - 6:30	Pre Beginner
6:30 - 7:00	Beginner
6:00 - 7:00	Senior
7:00 - 8:00	Adult Learn to Swim

**PROGRAM C - START 19 FEB**

12 sessions Saturday only

10:00 - 10:30	Pre Beginner
10:30 - 11:00	Beginner
10:00 - 11:00	Junior
11:00 - 11:30	Pre Beginner
11:30 - 12:00	Beginner
11:00 - 12:00	Intermediate
12:00 - 12:30	Pre Beginner
12:30 - 1:00	Beginner
12:00 - 1:00	Senior
1:00 - 1:30	Pre Beginner
1:30 - 2:00	Beginner
1:00 - 2:00	Junior

For further information contact Reg Bonnar 832-1311 Local 511.



**THINK!  
DON'T  
SINK!  
BE WATER  
WISE!**

**How do you  
feel today?**

**STAY  
ON TOP  
OF WINTER  
PARTICIPATION**

Fitness. In your heart you know it's right.

**WINTER CARNIVAL  
SCHEDULE**

WEDNESDAY - 16 FEB	TIME	EVENT	LOCATION
	1630	Judging Sculptures	Messes & Sections
	1630	Ladies Blowball	Jr Ranks Mess
	2000	Opening Dance	All Messes
THURSDAY - 17 FEB			
	1930	Cards	Officers Mess
	1930	Mens Blowball	Jr Ranks Mess
FRIDAY - 18 FEB			
	1200	Mixed Curling	Westwin Curling Club
	1300	Mens & Ladies Volleyball	Gym - North Side
	1930	Skating Party	Outdoor Rink
	2030	Log Sawing	Adjacent to Rink
	2130	Novelty Skating Race	Outdoor Rink
SATURDAY - 19 FEB			
	0930	Float Parade	
	1000	Judging of Floats	
	1000	Mens & Ladies Darts	WO & SGTs Mess
	1300	Mens & Ladies Tug-O-War	Between Building 63 & 64
	1500	Mixed Snowshoe Race	Between Building 63 & 64
	1500	Blind Darts	Jr Ranks Mess
	1600	Swooshing	Jr Ranks Mess
	1930	Skooner Race	Building 21
	2000	Closing Dance	Building 21
	2000	Nail Driving	Building 21
	2030	Alarm Race	Building 21
	2200	Presentation of Trophies & Crowning of Queen	Building 21

**Contact Your Mess Carnival Committee  
GET INVOLVED!**



**THE LITTLE OLD LADY WHO WORE TENNIS SHOES**

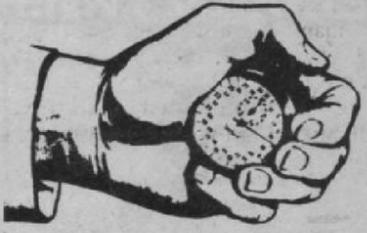
Mrs. Eula Weaver, aged 85, won two gold medals in the 1974 Senior Olympics held at Irvine, California. If that doesn't impress you, her background will. At the age of 67, Mrs. Weaver was treated for angina. At 75 she suffered a severe myocardial infarction. At 81, she was treated for congestive heart failure, hypertension, intermittent claudication, arthritis, angina, and arteriosclerosis. Then, at age 82, she joined the LFC (low fat and cholesterol) Study group and has been without drugs and without symptoms since. The LFC Study is comprised of (37) physicians who are treating their diabetic patients with diet and exercise - hopefully, patients with other conditions, such as Mrs. Weaver's, will also be enrolled in the program. Mrs. Weaver's workout includes running 1½ miles and pedalling the equivalent of 10 to 15 miles on a stationary bike each day. In addition, she works out in a gym twice a week.

**LIPSETT HALL  
ARCHERY CLUB**

Were you thrilled by the tales of William Tell and Robin Hood; tales of their skill with Bow and Arrow? Now the opportunity to learn such skills is yours through the Lipsett Hall Archery Club. Every Sunday the club runs with the Juniors shooting from 10:00 to 12:00 am, and Seniors shooting from 12:00 to 3:00 pm. Registration for the club will be held on the 20th of February at Lipsett Hall from 1:00 to 3:00 pm. Come out and learn the fascinating sport of Archery and perhaps create your own legend. For more information contact SGT. Pyke 888-5021 at Lipsett Hall.



**PRAIRIE REGION  
BROOMBALL  
CHAMPIONSHIPS RESULTS  
IN NEXT ISSUE OF  
VOXAIR.**



**HOW'S YOUR TIME?**

**Tomorrow?**

That's the day you were going to START TRAINING -  
-REMEMBER!

**YOU'LL  
GET A  
GREAT DEAL**

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OR  
ALL 1976  
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## CROSS-COUNTRY SKIING



The latest news from the Cross Country Ski world is all snowy.

To all skiers who participated in the Winnipeg Ski Club classic tour on Sunday, 6 February, it was good to see you all out having a good time.

The trails north of the Rec Centre have seen lots of use in the past few weeks. It is good to see people joining me on the trails during lunch hour. The maintenance of the trails has been a little slow, but it is hoped that we can use the track setter on a more frequent basis in the future.

An upcoming event is the Manitoba Marathon Ski tour on 13 February. Starting time of the tour is 12:00 am from the St. Boniface Golf Club. Tours such as this are a family event. It is a very fun event and is not intended to be a race for those who are recreational skiers only. I hope to see you all on the 13 February.

The club has another bus for a trip on Saturday 12 February. This tour will be the Rae Trail which is 17 miles south of Austin (West of Winnipeg). The Rae Trail has many down hill runs on it, so it is wise to have some proficiency on down hill techniques.

If you are interested in this trip call Mike Cashin at local 394 or 889-4793.

## Bowling Alley News

By K.M. Benoit - CAPT. BPERO

During the past twelve months, the North and South Site bowling alleys together have lost close to \$2,000.00. As the bowling alleys are an NPF operation, Base Fund must absorb this deficit. Naturally, the Base Fund authorities, mainly the BADMO, BPSVCO, and the BCOMPT are concerned. Obviously, our alleys cannot continue to operate for long at a deficit. In fact, they should be making a substantial profit so that a regular amount can be put aside each month into a "sinking fund." This fund would eventually be used for capital expenditures such as the replacement of our outdated mechanical pin setters on the north site with the more modern, maintenance free, string setters.

A quick look into the financial aspects of the operation of our bowling alleys reveals important facts that most of the users don't realize.

Under current Canadian Forces Regulations (CFR 110), bowling is classified as a "specialty interest activity." At urban bases such as CFB Winnipeg, there is no public support for bowling alley operations. As an entirely NPF funded operation, the bowling alleys are required to pay for utilities and NPF accounting services which amount to \$100.00 per month and \$36.13 per month respectively for the north and south site lanes combined. This is in addition to all of the normal costs incurred in operating and managing the lanes such as routine maintenance, cleaning supplies, laundry, telephone, new equipment purchases, and salaries.

All of the above shows that it costs a great deal of money to operate bowling alleys. During the past twelve months the revenue produced by our alleys hasn't matched the expenses. Something had to be done.

As of 1 Mar 77 the BPERO will assume direct responsibility for the operation of both the north and south site bowling alleys. He and his staff will operate the lanes for military bowlers between 0800 and 1630 hrs Mon to Fri. The north and south site alley managers will be responsible to the BPERO for the operation of the alleys after normal working hours and on weekends. The cost of bowling will be standardized for all occasions at 50-cents for adults and 35-cents for the children per string with shoe rental being 20-cents for adults and 10-cents for children.

It is hoped that this reorganization of the alleys and the standardized price schedule along with the continuing support of our military bowling community will put our alleys back on a financially successful footing.

## CFB WINNIPEG BADMINTON CLUB



### PRESIDENT'S COMMENTS

"Patty MacKinnon," a truly class person who always brings credit to herself, our organization and the sport of badminton dominated the womens Zone 1 badminton competition here, winning the womens singles and joined with "Sylvia McKay" to win the doubles. Members of our club join with the rest of the Base in wishing these women the very best in the Nationals.

Our own club tournament that was so very ably organized by Shirley Cypruk and Sandie Isaac was a delightful success. It was meant to be a fun tournament and everyone enjoyed themselves, expressing a desire to have similar tournaments in the future. I think nearly everyone won a prize of some sort and all the prizes certainly produced a few laughs. I've said this before and I'll say it again, one of the basic principles of our club is to provide enjoyable recreation for those who wish to participate. If you are sitting at home on Wednesday or Sunday nights watching the old "Boob Tube" but not really enjoying it then you should be coming out, getting some exercise and making new friends. We more than welcome you. Remember Wednesday night we play at Westwin and Sunday at Lipsett Hall. Guest fees for those persons who can't make it regularly are a "dollar per person" and club membership is "ten dollars per person."

The most exciting event in the Manitoba Badminton world for February is the "Manitoba Open B and C" tournament. This tournament is being hosted by our club at Lipsett Hall on the 11, 12, and 13 of February. By the time you read this it will be too late to register however spectators are more than welcome.

Speaking of tournaments the time is drawing close to see who will represent our Base at the upcoming zones playdowns which will be hosted by Portage la Prairie this year. The Nationals are at Esquimalt. Our Base play-offs to determine representatives will be held on the 24 and 25 of February. **PLAY A LIFE SPORT - PLAY BADMINTON**

### SWIMMING BADGES

We have received several complaints concerning the greatly increased cost of casual swimming for large families over a year's period.

For example, one woman calculated that whereas her family of six children could attend casual swimming periods all year for \$14.00 previously, it would now cost her over \$100.00 at the rates of 25-cents per swimming session.

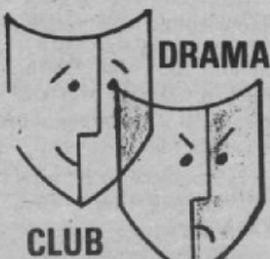
As a result we have obtained Base Fund approval to recommence selling swimming badges to be effective 1 Mar 77.

The new rates will be as follows:

	Military	Civilian
Individual badges	\$ 9.00	\$12.00
Family (3 or more)	\$18.00	\$24.00

Badges will be good from 1 Mar 77 until 28 Feb 78. The cost of purchasing them will decrease by 1/12 each month. Those who feel that it is not to their advantage to purchase a badge may still attend casual swimming periods by purchasing a ticket from the control attendant. The cost is 35-cents for adults and 25-cents for children under 18 years of age. Badges may be purchased at either Lipsett Hall or Westwin gym.

### STUDIO 22



CASTING FOR THE PLAY "UNDER THE YUM YUM TREE" (YOU REMEMBER JACK LEMON'S PRESENTATION)

Place - Bldg. 22 Monday 7 February and Tuesday 8 February but your never too late!

Contact MCPL. Muriel Mymko daily at 985-3680 if you would like to act or work back stage.

### COMPLAINT DEPT.

ENTER YOUR COMPLAINTS

HERE

## Curling Corner

CFB JUNIOR CURLING

Spares are required for regular curling draws. If you are interested phone Bob Nichol 837-6221 or 832-1311 local 240.

The first draw is now finished and shows Shelley Webber and crew of Ken Pelley, John Gillich and Mark Mikkelson and Randy Baker and his crew of Vicky Sutherland, Paul Aucoin and Mike Harrison tied for first place. But curlers beware, Cheryl Street is on a winning streak and is determined to prove herself in this second draw. Win or lose our curlers all have the most important ingredient - enthusiasm.

Parents are invited to come out and watch their children curl. Our Curling Club provides good ice times and has an excellent viewing area, so come, relax and enjoy the games.

The boys and girls City Interclub Round Robin is now completed for the CFB teams. These games are very competitive and gives all our Interclub teams a chance to play against other city Juniors and from this a great deal of experience is gained. Our Interclub teams do play with a certain amount of disadvantage, considering the age spread and length of time played together. All this considered, our Interclub Boys team of Alan Wilkinson, Dave Thompson, Greg Rice and Mike Redfern proved their capabilities by winning two of their three games!

A final note of importance to all Junior Curlers - remember a team consists of four players! If you cannot make a game please phone your skip in time for a spare to be contacted.

Have fun and good curling!

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**A FINE SHOWING BY WINNIPEG GIRLS AS HOSTESSES AND COMPETITORS IN THE AREA ONE CHAMPIONSHIPS**



**CURLING**

It was all Winnipeg with Skp Betty Jenkins' rink consisting of Lil Belliveau - Vice, San Lung - Second and Bonnie Ratushniak - Lead, winning the Area One Trophy and the A Division. Skip Gloria Gordon and her rink of Marlene Pringle, Denise Lebeau and Sylvia Thibodeau won the B Division. Both rinks will represent Area One at the Nationals this month.

**BADMINTON**

They won the team trophy and the members were PTE. Pat MacKinnon, PTE. Sylvia MacKay, PTE. Lucy Ferguson and PTE. Janet Fedoruk. Pat and Sylvia were the Doubles winners and Pat also made a clean sweep by winning the Singles competition. Pat and Sylvia will advance to the National Championships.

CFB Winnipeg was host during the period 18 - 21 Jan 77 for the 1977 Area One Servicewomen's Badminton, Bowling and Curling Championships. Over one hundred servicewomen participated from Aldergrove, Sioux Lookout, Holberg, Penhold, Esquimalt, Calgary, Shilo, Portage la Prairie, Chilliwack, Edmonton, Comox, Alsask, Beausejour, Dana, Beaverlodge, Moose Jaw, HMCS Malahat and of course our own contingent from CFB Winnipeg.

The Air Command Band was present for the official march past of all competitors with the Base Commander COL. M.D. Gates taking the salute.

The tournament was then officially opened by the Base Commander. COL. M.D. Gates extended to all players a warm welcome to CFB Winnipeg and mentioned that a tournament of this kind does much towards fostering good sportsmanship and allows all to make new friends in the service.

Then it was off to the ice, courts and alleys to represent their respective Bases/Stations/Ships.

All participants deserve congratulations for their fine show of sportsmanship throughout the competition.

When it was all over our girls from CFB Winnipeg proved victorious in many ways.

A big bouquet to all girls from CFB Winnipeg and "Best of Luck" in Borden.

Special thanks go out to the Base RSM, CWO. Dodd and his good Sergeant.

MWO. Hart of BFOODS; MCPL. Bob Hull, Accommodations and CPL. Don Purdy of Base Transport for their support.

Also, never to be forgotten were MWO. Don Nutley, WO. Gary Wolfe and CPL. Guy Thibault who assisted with the various sports events in their usual expert manner.

To the Base and our Girls again - WELL DONE!



**BOWLING**

The Winnipeg team came close second however Janet Martinez from Winnipeg will represent Area One at the Nationals in Borden. Janet also won the Individual High Single award with a 295 and the High Triple Award with 714.

**PRAIRIE REGION CURLING CHAMPS**



MAJ. Don Scott - Lead, CAPT. Otto Krepps - Vice, CAPT. Earl Morris - Skip, missing - MAJ. Brian McKenzie - Second. In the back ground is CAPT. Trnavskis - BPE and RO CFB Shilo, and presenting the Prairie Region Trophy is COL. Calnan CO. of CFB Shilo.



**PUBLIC SERVICE ANNOUNCEMENT**

The Winnipeg Area Girl Guides of Canada will hold their Annual Coffee Party and Tea on Saturday, 12 Feb 77 at the Centennial Concert Hall, from 11:00 am to 4:00 pm.

Booths will include: Home Baking, Handwork and Handicrafts. Also White Elephant.

Babysitting will be available. Proceeds from the Tea help to support the Caddy Lake Guide Camp in the Whiteshell.

**ICE TIME For Fitness Training At St. James Arena...**

Available each Wed from 1400 - 1600 hrs for Unit/Section fitness training.

Units/Sections wishing to use the ice for Fitness Training, ie; hockey, broomball or skating may call the Rec Centre 511. Equipment arrangements may be made at that time as well.

**CFB Winnipeg Badminton Championships 24 - 25 FEB**

The ten-man team will be selected from this meet to represent CFB Winnipeg at the Prairie Regions which are to be hosted by CFB Portage la Prairie third week of March.

BUT - Even if you are not a top calibre Badminton player you are welcome to compete for the fun of it.

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The BASE THEATRE hours will be as follows:

SUN thru SAT 8p.m.

NO SHOW THURSDAY

SAT MATINEES 1:45 p.m.



**1977**



**Renewal**

**Stickers**

Our office in Bldg. 90 (Rec Centre) will be open from 9 A.M. to 5 P.M. Monday to Friday and from 9 A.M. to 12 noon on Saturday to take care of your 1977 renewal needs.



**Baldwinson Agency**

1010-220 PORTAGE AVENUE, 942-3006 or 943-2531

REC. CENTRE (WHYTEWOLD RD.) 889-2204



Classes At The Westwin Gym. Mon. & Thur. 8 pm.

**FIRST AIR COMMAND PROTESTANT CHAPLAINS CONFERENCE**



Anyone who saw some unfamiliar chaplains running around the Base can be forgiven if they thought the Base chaplains had brought in reinforcements. Sin is no more rampant now than it has ever been; those chaplains were simply gathering together for the First Annual Air Command Protestant Chaplains Conference. From radar site, fighter station and training squadron they came to be educated and enlightened and to enjoy the delights of the big city. The Conference opened on the 18 of January and until its close on the 20th, lectures, worship and socializing were the order of the day.

The Conference was convened by the Command Chaplain, COL. Stan Parkhouse, ably assisted by LCOL. Paul De Long, Assistant Command Chaplain. The Chaplain General (P), BGEN. Colin Nickerson was also in attendance to guide us with his wisdom and understanding. Lectures were given on Christian stewardship by a Vancouver Reserve Chaplain, Commander Ed Wallace, and a presentation given on scouting in the chapels.

It was a busy but enjoyable conference, and the opportunity to meet brother chaplains was not the least benefit of the gathering. Our thanks go to LGEN. Carr and to COL. Gates for sharing their thoughts and hospitality with us, and to CAPT. Peter Graves for his excellent administrative planning. As the chaplains made their way back to their stations the words of St. Paul rang in their ears, "That Christ may dwell in your hearts by faith" . . . "That Ye may be filled with all the fullness of God".

(BASE PHOTO)

printed here in hope that it will make your day a little brighter and happier.

**SHOPPING**

I must go shopping. I am completely out of generosity and want to get some. I also want to exchange the self-satisfaction that I picked up the other day for some real humility; they say it wears better.

I want to look for tolerance, which is worn as a wrap this season. I saw some samples of kindness, and I'm a little low on that right now; one can't get too much of it.

I must try to match some patience. I saw it on a friend and it was so becoming. I must remember to get my sense of humor mended, and keep my eyes open for inexpensive goodness.

Yes, I must go shopping today.  
- Anonymous

People of St. George's Chapel This Sunday." What do you suppose he would tell us? And, do you suppose he would go to other churches? What about the temples and synagogues? Would He go there as well?

And, after He had gone, people would start writing books about Him and what He said and did.

At the time Jesus actually lived, there were no daily newspapers. No Tribunes, no Free Presses or Voxairs. No radios or TV's. Only two ears and one mouth. There were few books around and these were mainly in the synagogues. It was only later that men started writing about Jesus. Luke's Gospel is a good example.

Let me tell you something about it and its author. Luke was no newspaper reporter. He was probably a doctor by profession and a companion of St. Paul. It is doubtful that Luke even met Jesus. He was probably a second generation Christian. However, he would have met and spoken to many older people who would have been eye-witnesses to the great works performed by Jesus.

Luke was probably a Gentile with a good command of the Greek language. He takes a keen interest in the Gentiles. He has great sympathy for the poor, the sick and the down and out. Women have a prominent place in his Gospel.

How did Luke go about writing? According to Biblical scholars, he took Mark's Gospel, which was already written, and oral tradition (accounts of eye-witnesses). He put them together and got what we know as the Gospel of St. Luke.

**From The Chaplain (R.C.)**

**LUKE - WHY WRITEST THOU? (BASED ON LK. 1:1-4; 4:14-21)**

Let us imagine for a few moments that Jesus were living now. Let us imagine him going about teaching and curing. Can you see the headlines in our local papers. The Free Press might carry the story under the heading - "Jesus Cures Blind Man - Portage and Main." Or, in a week-end edition, the Tribune might announce - "Jesus To Address



**Prot. Chapel South**  
**SOME THOUGHTS ON SELF**

There are times when it is good to pause and take stock of ourselves. Usually we are so busy doing all kinds of things, going to all kinds of places, and talking to all kinds of people, that it is very easy to lose our self in the shuffle. The self I am referring to is what the Church calls "soul", that thing whatever you call it which makes us uniquely us.

The two worst problems we come up against whenever we try to come to grips with ourself, is worry - that insidious disease which erodes our self-confidence; and our own ego - which leads us to believe that we are better than we are.

I recently ran across two small articles which zeroed in on both these problems; one is

**CHAPEL SERVICES**

**NORTH**  
(Whytewold & Silver)

**THE CHAPEL OF THE GOOD SHEPHERD (P)**

Sunday Worship 11:00 a.m. Sunday School 11:00 a.m.  
(Baby Sitting Provided)

Holy Communion as announced  
For information Call Loc. 417

**OUR LADY OF THE AIRWAYS (RC)**

Masses Sunday School 9:30 a.m.  
Saturday 7:00 a.m. at CFANS Bldg. 86  
Sunday 11:00 a.m. For information  
Tues. & Thurs. 4:45 p.m. Call Loc. 272

**SOUTH**  
(Grant & Kenaston)

**THE CHAPEL OF ST. ANDREW (P)**

Sunday Worship 10:30 a.m. Sunday School 11:30 a.m.  
(Baby Sitting Provided)

Holy Communion as announced For information  
Call 889-9173

Baptisms and Marriages are by appointment. (Marriage-Courses are recommended and six week notice required.) Call your Chaplain for further information

**THE CHAPEL OF ST. GEORGE (RC)**

Masses Sunday 10:00 a.m.  
Wed. & Fri. 4:45 p.m.

Sunday School 11:00 a.m.  
For information Call 889-9173

Baptisms and Marriages are by appointment. (Marriage Courses are taken whenever possible. Contact your Pastor four months ahead of time.)

**Chaplains**

- Maj. J.P. McLean Loc 417
- Capt. D.W. Hilton Loc 417
- Capt. W.G. Shields 889-9173
- Maj. E. Cremona Loc. 272
- Capt. H.E. Nowakowski 889-9173

**FOR DUTY CHAPLAIN (Evenings & Weekends)**

Phone Base Operator 832-1311

Why did Luke write? What was his purpose in writing a Gospel? To answer this, we need a little background information. On the 18th of July in the year 64 A.D., there was a fire in Rome. It burned for a week and destroyed half the city. The rumor spread that the Emperor Nero was responsible for the fire. He had to find a scapegoat, someone to take the blame for the devastating fire. He decided to blame the Christians, a small sect at the time. The persecution of the Christians began.

Luke's Gospel is a response to this turn of events. He writes in order to put the record straight. He addresses his Gospel to Theophilus, apparently a high-ranking Roman official. He tells the truth about the sect known as Christians and the movement of Christianity. The other three Gospels were written for particular Christian communities; Luke's Gospel is intended for the outside world.

He wanted to show that Christianity was not as bad as it

was made out to be. He shows in his Gospel that Jesus came as He Himself proclaims:

- (1) To bring the good news to the poor.
- (2) To proclaim liberty to captives.
- (3) To give new sight to the blind.
- (4) To set the downtrodden free.

He means all this in a spiritual sense. In other words, Christians had no intention of overthrowing any empire, particularly not, the Roman empire. Rather, it was their intention to renew the mind and heart of each individual man, beginning with themselves. Should our intention be any different?

**Heavenly Inheritance**

The minister asked a group of children in a Sunday School class, "Why do you love God?"

He got a variety of answers, but the one he liked best was from a boy who said, "I don't know, sir. I guess it just runs in our family."



## Is there an alternative to future gasoline shortages?

**Yes, six of them.**

Our great Canadian love affair with the automobile is costing us a fortune. Energy reserves are shrinking and shortages are inevitable if we don't cut back on our consumption of gasoline. No, we don't have to abandon the automobile—just treat it differently.

**T**HE AUTOMOBILE—consuming about 15% of all energy used in Canada, or 25% of our oil—plays a big part in our energy problems. The obvious question is, *how can we bring about dramatic changes in our transportation methods and habits?*

In the long run, smaller and more efficient cars, as well as new engine designs, will mean substantial energy savings.

In the short run, it's up to each one of us. Here are six ways to cut your personal transportation costs and Canada's total energy bill.

**1**

### Stick to 55 maximum.

At 70 miles an hour, you use up to 25% more gasoline than at 55. Over a year, you could be wasting hundreds of gallons and a lot of money. That's why all Federal Government vehicles now have a 55 mile-an-hour limit. British Columbia and Ontario have lowered their highway speed limits. Hopefully all other provincial governments will soon do the same.

Slow down to 55. It saves energy, saves money and—because it's safer—it just might save your life.

Try radial tires; they cut gas consumption by 6% to 10% on the highway, and last much longer. Avoid jackrabbit starts, gunning the engine, frequent stops and starts.

This winter, use a block heater with a timer that comes on about 2 hours before you start up. Don't leave your motor idling to warm up; start off as soon as the engine is running smoothly.

Try not to use your trunk as a storage bin for things you never use. The heavier your car, the more gasoline you burn.

**2**

### Have a tune-up twice a year.

Many of us worry more about having a beautiful shine than an efficient engine.

It's the little things that steal gas: a dirty air filter, slow or stuck choke, poor spark plugs, wheels out of line, soft tires, brake drag. For every 100 miles you drive, you could be wasting enough gas to go another 25 miles.

To keep your car in reliable, efficient shape, have a good tune-up at least twice a year—one before winter and another in the spring.

**3**

### Look into a smaller, more economical car.

The decision to buy a big car with all the trimmings is often made with more emotion than reason. When the thrill wears off, hefty gas bills linger on.

Weight is the single biggest factor affecting mileage. Cars with 8 cylinders and weighing 3,000 pounds or more burn the most gas. Luxury models and station wagons are usually over 4,000 pounds.

How much does your car weigh? Check your owner's manual.

When you're shopping for a car, remember this chilling statistic: each additional 1,000 pounds of car weight requires, on average, an extra 150 to 170 gallons per year. That's about \$130 a year!

Many smaller, more economical models use

400 or 500 fewer gallons in an average year's driving. At today's prices you could save \$300 to \$400 a year. (You'll probably also save on the lower purchase price, plus lower costs of maintenance and insurance.)

Those "optional extras" are often gas guzzlers too. With every mile, you keep on paying for power steering, power brakes, power windows and air conditioning.

Think about it. What kind of driving do you do? How much car do you really need?

**4**

### Find a better way to go to work.

Improving your mileage is one way to save energy and money. The other side of the coin is to do less driving. Pollution, traffic jams and energy waste are three good reasons not to drive to work.

Have you given public transportation an honest trial? Have you looked into a car pool? Have you done anything more than talk about getting some exercise? Walking to the bus stop is a start.

**5**

### Get to know your neighbourhood.

Short trips account for 33% of all miles travelled—to the store for a paper, picking up the kids at school, visiting a neighbour.

Your car uses up to 70% more gas per mile on a short trip. Often the journey is over before the engine is warmed up.

Try walking to the corner store. Or riding a bicycle. When you must drive, combine several errands into the one trip.

**6**

### Raise your voice. Get involved.

Our energy problems in Canada won't be solved by ignoring them. Or by the efforts of a few. Everybody has a part to play.

Many communities are wrestling with traffic congestion and energy problems. Some are developing new concepts in public transit. What's happening where you live? Find out. Maybe there's something you can do to help.

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**Get Involved**

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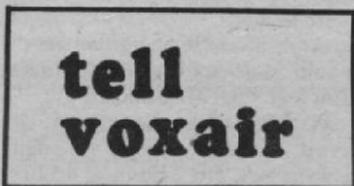
The following is the outline of tentatively scheduled education courses for Spring 1977. Members are asked to submit their names to Mr. Ev Ogren - 889-9174 for courses they intend to take. In order to complete arrangements for these courses, it is imperative that we be notified of the number interested in attending these courses and on what dates. Insufficient response for each course will result in course cancellation.

### COURSE SCHEDULE

General Membership	March 26
Steward Training	April 16-17
General Membership	May 14
Steward Training	April 23-24
Staffing in Public Service	May 21

The new Welfare Chairman is Linda Razmus and members are asked to notify Linda at Local 551 when a fellow member is ill or deceased.

The next General Meeting will be held in the Meeting Room - 2nd floor Mall Hotel on 21st March 1977.



If you think your provincial speed limits should be lowered—for reasons of safety and energy conservation—make your views known.

If you think your company could handle its transportation program more efficiently, speak up. Put the right people in touch with the Office of Energy Conservation in Ottawa.

If you think your friends and neighbours could do more to conserve our energy resources, tell them so. Gently.

### Energy waste is everybody's problem.

The automobile is an obvious place to save energy. But there are many, many others—in our homes, industries, commercial operations.

It's no longer a matter of choice. We must save energy to avoid future shortages.

Energy conservation: If you're not part of the solution, you're part of the problem.

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## WO'S & SGT'S MESS NEWS

ENTERTAINMENT CALENDAR  
FEBRUARY 1977

Fri-Feb 11  
RETIRING MESS DINNER

The Mess Dinner Tonight is in Honour of our Retiring Members who will be leaving us within the next two months. Assembly in the Lower Lounge at 1920 hrs. With Cocktails at 1930 hrs. Dinner at 8 followed by Dancing and LIVE Entertainment from 10 p.m. to 2 a.m. By way of change you will be permitted to bring your wife tonight. Cost of Dinner is \$10.00 for Members (wives free). Special Entertainment is programmed during the Dinner. Dress is S 5 for Service Members and Tuxedo for Civilians, Long Gowns for the Ladies. Please signify your attendance by picking up Advance Tickets at the Mess Office commencing 24 January.

Wed.-Sat. Feb. 16 to 19  
WINTER CARNIVAL

At press time we understand there will be some 16 events including such things as Swooshing, Three Legged Show Shoe Racing, Princess, Spike Driving contest etc. There will be a Parade, Ice Sculpture Contest, Floats etc., with Inter Mess activity throughout the carnival. Our mess will be known as "SHATTERPROOFS" and SGT. Shatterproof Badges will be available at the Mess. Maximum participation is expected if this First Annual Carnival is to be a success. We hope you are able to come out for registration night on the 5th of February.

If not, see one of your Committee reps, to get enrolled on a team. We will be sponsoring the Darts, Tug-o-war and the Volleyball Tournament, but will be participating in all events. Watch for your Carnival Booklet which will give details of Events, Times, Rules, etc. **THINK CARNIVAL!**

Sat.-26 Feb.  
BINGO & DANCE

Jackpot \$250.00 with \$50.00 added if it doesn't go in 52 numbers. Last months Bingo held some unexpected surprises what's good for tonight? Come out and find out! First game at 8:30 p.m. Entrance \$2.00. Don't forget the Garbage Can Bingo, a Can-a-card. New Clothes Line Bingo starts tonight. Food and Dancing follows last game.

FUTURE EVENTS  
19 March

St. Patricks Day Dance (Candlelight Dinner)  
DATE: of spring ball to be announced

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# Energy Conservation Week 5-11 February

**NOTICE  
SPECIAL COUNCIL MEETING ON HOUSING**

The North Site Community Council has invited CFB Winnipeg Housing Representatives to their next Meeting.  
 Representatives attending will be MAJ. J. R. Orlando (BCEO), CAPT. G. G. Montenko (ABPSVCO, representing BHOUSO), and Mr. Hartwig (representing Metropolitan Housing).  
 The meeting will take place at 0900 hrs., 16 Feb 77, in Room 124 of the Air Navigation School (Building 84).  
 If residents of of PMQs, BLHUs, and MDPs have any housing questions, ranging from policy to plumbing, this is an opportunity to ask.  
 Please attend the meeting if you wish (and ask in person), or pass your questions to your councillor. He'll ask on your behalf, and ensure you get an answer.  
 To make it easier for you to get in touch, the following list should help:

**More people  
light their  
fire with  
Voxair  
than any  
other paper**

**North Site Community Representatives**

NAME	USUAL FIRST NAME	WARD	COUNCIL POSITION	WORK PHONE	HOME ADDRESS	HOME PHONE
M/Cpl M.C. LAWRENCE	Michael	1		404	67 Jameswood Drive	885-3476
SGT. A.L. DELONG				622	38 Leicester Sq.	885-3444
CPL. R.A. Hay	Ron	2	Treasurer	513	30 Leicester Sq.	885-2448
M/CPL MacFARLANE	Doug				359	10 Jameswood Drive
SGT. H.G. PRITCHARD	Harold	3	Asst. Secretary	266	553 Whytewold Road	832-5054
CPL. M.J. LaFRANCE	Jim				404	90 Cornwall
CAPT. D. OLEXA	Dave	5	Pub. Dir.	837-6055	71 Braintree Cres.	889-3870
M/CPL D.S. HUNSINGER	Dave			Sports Dir.	511	101 Braintree Cres.
SGT. A.W. WATSON	Al	6	Welcoming Dir.	747	172 Braintree Cres.	885-1583
SGT. R. Hall	Rick			Vice President	204	107 H. Sabre
SGT. G.E. TANNER	George	8		888-3585	102 A. Comet	889-8371
M/CPL C.A. MIKKELSON	Claude			Coun. for Wards	349	105 B. Canso
CAPT. P.J. KENDELL	Pete	9	Cultural Activ.	504	493 Conway St.	885-4209
M.W.O.F.M. PELLEY	Milton			Teens & Playground Pre-Teen	611	448 Conway St.
CPL. B.J. VASS	Bonnie	10	Secretary	226	467 Moorgate St.	888-1875
CAPT. W.S. CROWELL	Wayne			President	474	424 Sharp Blvd.

- WARD 1:**
  - MQs 58 to 155 Bourkewood Place; MQs 34, 36, 38, 43, 45, 49, 53, 57, 61, 65 and 93 to 109 Leicester Square; MQs 58 to 75 Jameswood Drive.
- WARD 2:**
  - MQs 2 to 57 Bourkewood Place; MQs 2 to 32 and 40, 44, 48, 52, 56, 60, 64 and 68 to 89 Leicester Square.
- WARD 3:**
  - MQs 509 to 565 on the east side of Whytewold Road; all MQs on Paisley Place; MQs 2 to 55 Jameswood Drive.
- WARD 4:**
  - MQs 510 to 596 on the west side of Whytewold Road; all MQs on Cornwall Boulevard.
- WARD 5:**
  - MQs 2271 to 2323 Ness Avenue; MQs 2 to 55 and 59, 63, 67 and 71 Braintree Crescent; MQs 2, 6, 10, 14, 18, 22, 51 and 55 Listowel Bay; all MQs on Silverwood Bay; all MQs on Ladywood Drive.
- WARD 6:**
  - MQs 2331 to 2355 Ness Avenue; MQs 62, 66, 70, 72 and 74 to 191 Braintree Crescent; MQs 24, 28, 32, 36, 40, 44, 48, 52 and 56 Listowel Bay.
- WARD 7:**
  - 107, 109, 111, 113 and 114 Sabre Crescent; 108 Canso Street; 110 and 112 Argus Street.
- WARD 8:**
  - 101 and 104 Sabre Crescent; 102 and 103 Comet Street; 105 and 106 Canso Street.
- WARD 9:**
  - MQs 450 to 512 on the west side of Moorgate Street; all MQs on Conway Street.
- WARD 10:**
  - MQs 421 to 5111 on the east side of Moorgate Street; all MQs on Sharpe Boulevard.

**NOTICE**

**SERVICEMEN'S AUTOMOBILE CLUB (NEW CARS)**

**MCPL VECARSON IS NOW THE REPRESENTATIVE FOR THE SERVICEMAN'S AUTOMOBILE CLUB. INQUIRES MAY BE MADE AT BLDG - 21 VSAFETY OR PHONE LOCAL 742.**

**SERVICE EXTENDED TO SERVICE PERSONNEL AND AUTHORIZED PATRONS OF CANEX.**



**CE AT WORK**



Laying carpet in the CFTMPC Composing Room is Mr. John Hilbrand and Mr. Gus Ilg. (picture by Polaroid)



Cleaning up after finishing painting the CFTMPC Graphic Arts room is Mr. John Symaka and Mr. Stan Minch. (Picture by Polaroid)

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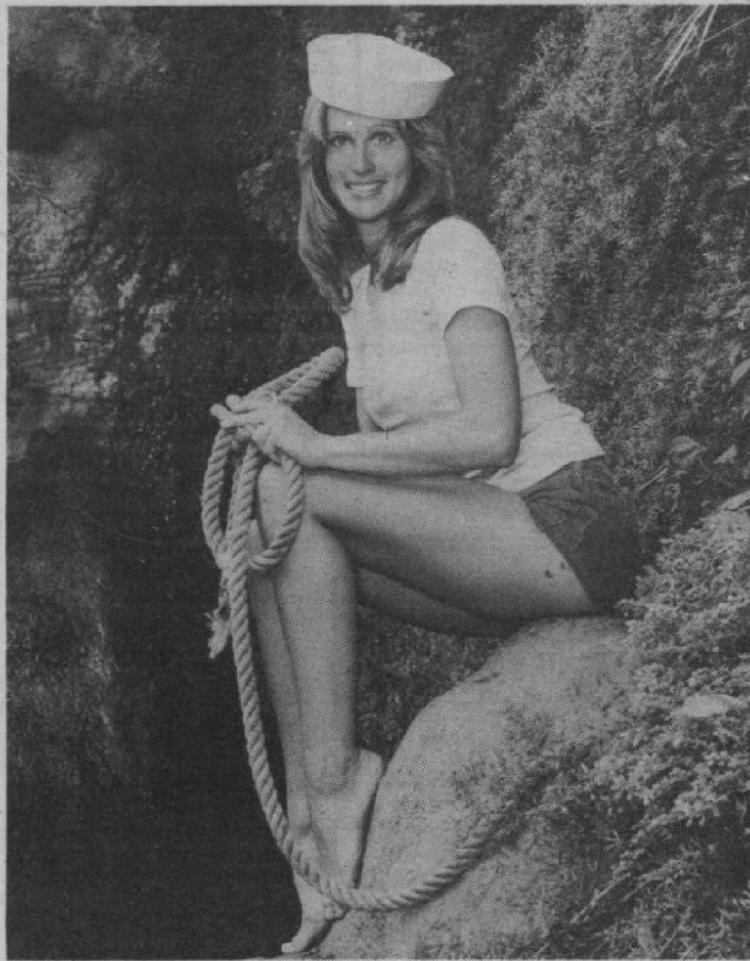
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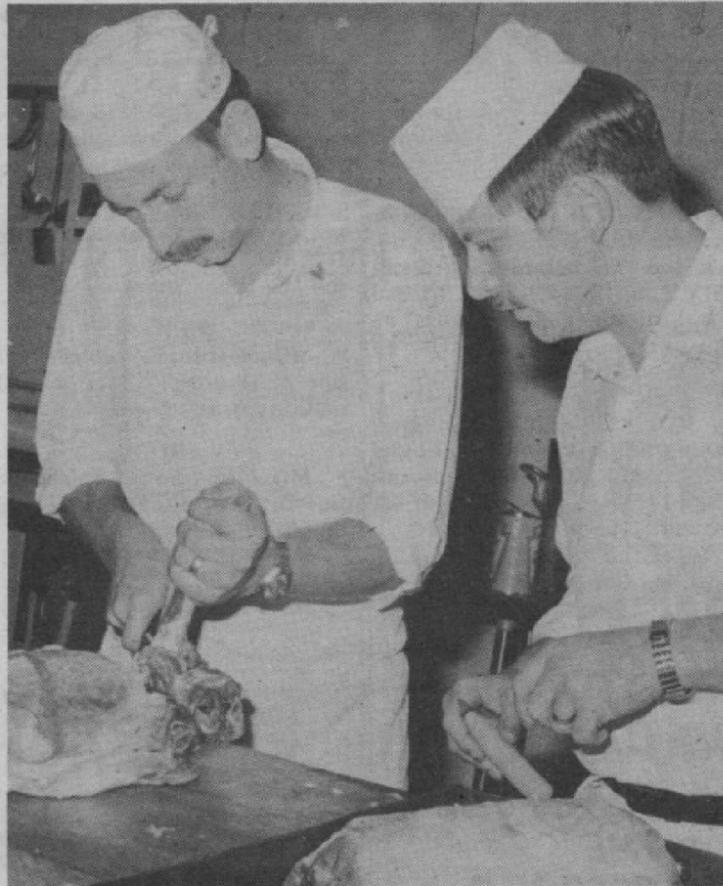
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Courtesy: Florida's Sunken Gardens

Lovely Sunken Gardens' sailor, Fran Martin, does not want National Safe Boating Week, July 4th through 10th, to go unnoticed. The shipshape St. Pete, Florida coed reminds America's 47 million boaters to use their heads when on the water or they may end up in the water. (BASE PHOTO)

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CPL. Bob Rivet, 23, of St.-Leolin, N.B. and MCPL. Mike Mihalus, 26, of Thunder Bay prepare dinner for the 130 Canadians who serve with the Canadian Contingent of the United Nations Disengagement Observer Force on the Golan Heights. They are members of 73 Canadian Service Battalion which provides the logistics support for the peacekeeping force which separates the Israeli and Syrian armies. CPL. Rivet is based on Canadian Forces Base St. Jean and is the son of Mrs. Yvon Rivet, 496 Bretagne St., Laval. MCPL. Mihalus is the son of Mr. Peter Mihalus and is based at Canadian Forces Base Winnipeg. (CANADIAN FORCES PHOTO)

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