



Prosair



Following the Canadian Forces

July 12, 1978

CANADIAN FORCES BASE, WINNIPEG

Issue No. 12

Vol. 27

AIR COMMAND AT THE MANITOBA BUSINESS AND INDUSTRIAL SHOW



Command Headquarters with support provided by Canadian Forces Base Winnipeg Staff.

One might question the relevance of an Air Command display at a show basically designed to display saleable wares. Indeed we were somewhat apprehensive on opening night. Our apprehension was short lived, however, as businessmen and visitors alike crowded around our booth displaying genuine interest in Air Command activities. Many people were surprised at the

extent of our community involvement and the amount of money that the military puts into the Manitoba economy.

One of the most surprising aspects to us was the amount of knowledge displayed about the state of our present equipment. The general opinion was that the sooner new equipment is put into operation the better. Considering the possible off-sets to local industry this might appear understandable but, for the most part, the line of questioning did

not follow this vein. On the contrary, most people voiced concern about our ability to maintain credibility, both nationally and internationally, with our present equipment. It was gratifying indeed to hear the civilian population voice the opinion that Canada's integrity as a state depends a great deal on the military having the resources to carry out its global commitments.

To all Base and Air Command personnel who helped make this display a success, THANK YOU.

The Manitoba Business and Industrial Show was staged at the Winnipeg Convention Centre from 13 to 15 June. Appearing at the show was a display organized by several staff members of Air

RETIREMENTS



V/ADM Robert St-G. Stephens
— 37 years service
Canada's military representative to the NATO military committee Brussels.

(Canadian Forces Photo)



Part of the Air Command display.

(Canadian Forces Photo)



MGEN Gordon F. Ockenden
— 36 years service
Commander CDLS Washington

(Canadian Forces Photo)



This scale model of a CF104 Starfighter and energizer highlighted the display. Steve Pajot, a student at the University of Manitoba created the model, an excellent replica.

(Canadian Forces Photo)



MGEN K. C. (Ken) Lett
— 34 years service
DCOS operations NORAD HQ
Colorado Springs

(Canadian Forces Photo)

CHANGE OF COMMAND PARADE



COL. D.M. McNAUGHTON

On 14 July 1978 Colonel D. M. McNaughton, CD, will relinquish command of CFB Winnipeg to Colonel J. R. Allingham, CD.

The parade will be held at Stevenson Park followed by a reception for invited guests, all ranks of CFB Winnipeg and their families.

Parade: 1400 Hours

Note: Spectators to be seated by 1330 hours.

In the event of inclement weather the parade, followed by refreshments, will be held in Hangar 16.



COL. J.R. ALLINGHAM

MOVING UP TO CAP AND GOWN 1978

The 1974 agreement between the University of Manitoba and the Department of National Defence establishing a program to assist service personnel and their dependants in the pursuit of a University degree was renewed in 1977 for a second three-year period extending to August 31, 1980.

This successful program after almost four years of operation can boast that over 900 service personnel and dependants have established University of Manitoba student records (paid tuition fees and undertaken studies). During the first three years, 31 students received their Baccalaureate degree and five students received their Certificate in Education. By the end of the fourth year, an additional 14 students are expected to receive

their Baccalaureate degrees; another received a Master of Arts (MA) degree in February, bringing the total number of degree graduates and Certificate in Education graduates to 51. Congratulations are extended to all graduates on a job well done.

For those of you who are reluctant to get started because you are not sure you could succeed, the success rate of Canadian Forces students is higher than the University average. The final examination results for 1976-77 showed that 69% of the program participants received grades of B or higher. Only 4% were shown as failures and the majority of those failures were because students had not bothered to write the final examination. These are commendable results, particularly

when the fact is taken into account that approximately 60% of the participants were admitted to the University as Mature students because they had not completed Senior Matriculation. University courses are not give aways; a lot of hard work and perseverance went into the above results. You too could be successful, but you must take the first step by applying for admission and registering for studies.

During the 1976-77 term, officers made up 42% of the student population, other ranks 38% and dependants 20%. Fifteen officers, eight other ranks and nine spouses received their degrees during the first three years; the ranks held by graduates ranged from Corporal to Colonel.

The University of Manitoba has made Off-Campus classes available to students in Winnipeg and Europe where the largest concentration of students are located; approximately 150 students live in Winnipeg and over 125 are with the Canadian Forces in Europe. During 1977-78, an Introductory economics course was given at CFB Winnipeg during the lunch hour, with lectures scheduled two days per week. The 1978 Summer Session program in Europe during May and June is now in its third year; two courses were offered, one each at Lahr and Baden. The Regular Session Off-Campus program at Lahr will be entering its third year in 1978-79 when an Introductory Geography course will be offered with lectures one evening per week commencing in early October.

Evaluation of military training programs continued through the year. Approximately 100 individual university course credits have been approved for military training already evaluated. A listing of the evaluated programs is included in the latest program information brochure available from the Program Co-ordinator or your Base Education/Training Officer. Courses are evaluated on receipt of a course syllabus/training

manual, etc. If you want a course evaluated send the course material to the Program Co-ordinator.

For further information on this highly recommended program write to:

Mr. M.J. Piercy,
Co-ordinator, Canadian
Forces Program,
Continuing Education

Division,
Room 300, Fletcher
Argue Building,
The University
of Manitoba,
WINNIPEG,
Manitoba,
R3T 2N2



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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

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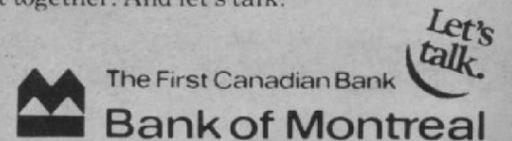
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COMMONWEALTH GAMES UPDATE

Edmonton — When the Commonwealth Games Foundation people decided to make a pitch to hold the Games in Edmonton, they first had to decide what sports facilities they needed and what facilities they already had in existence.

Well, for starters they decided they needed the following facilities:

(a) A Stadium	\$20,963,000
(b) An Aquatic Centre	8,675,000
(c) A Shooting range	901,000
(d) A Velodrome	680,000
(e) Improved bowling facility	505,000

The rest of the sports facilities required to put on the Games were already in place, being built either for hockey or to take care of sports activities at the University of Alberta.

FORMER FACILITIES

Badminton — The sport of badminton will hold forth at the University of Alberta Ice Arena. The arena itself accommodates about 3,000 spectators and is part of the huge physical education and recreation complex at the university.

Boxing — For the boxing events, Games officials decided upon the old Edmonton Gardens for their venue. This building which used to be the home of Edmonton's major hockey team was renovated in 1967. It seats 5,200 in the stands and another 1,200 on the arena floor for the boxing events.

Wrestling — The main gymnasium of the University of Alberta was chosen as the site of the Commonwealth Games wrestling events. Bleacher seating accommodates about 2,800 spectators. The gymnasium itself is only about 400 metres from the Lister Hall "Athlete's Village" complex and will make things handy for the wrestlers.

Gymnastics — The newest event on the Commonwealth Games program, gymnastics, will be staged in the modern indoor sports facility called the Coliseum. The Coliseum is the present home of the Edmonton Oilers hockey team. Opened in 1974, it seats 15,326 in upholstered comfort.

Weightlifting — Weightlifters will probably have the most exotic and unusual site to compete in. The Jubilee Auditorium, a beautiful concert hall built in 1956 to commemorate the 50th anniversary of Alberta as a province will be set aside for the weightlifters. A fan-shaped stage 120 feet wide and 50 feet deep will be blocked off for the working area. Weightlifters will face a capacity house of 2,760 spectators while they grunt and snatch.

NEW FACILITIES

Cycling — A 333.3 metre oval with a concrete surface, called the Argyll Velodrome, was built for the Games' cycling events. Edmonton's first velodrome has a minimum banking of 8 degrees to a maximum of 32 degrees. A control tower outside the oval guarantees cyclists a clear view of track activity. Lighting allows for night-time competition; there is room for 3,000 spectators.

Shooting — Located on the outskirts of Edmonton, the Strathcona Range embraces two international trap and skeet ranges, a 24 metre range, a 50 metre smallbore rifle range and a 100 metre range. The fullbore rifle "Queen's Prize" will be shot at the only venue outside of Edmonton. That will take place at the 1,000 yard Palomino Range located at CFB Calgary.

Lawn Bowling — The bowls program will take place on Coronation Greens, another new facility built for the 1978 Commonwealth Games. It has four greens described by authorities as among the most scientifically constructed bowl surfaces in the world. They were grown on a pure sand base which covers a network of pipes designed to both irrigate and drain the greens.

Swimming and Diving — An aquatic centre embracing four pools will greet swimmers and divers competing in the 1978 games. The complex features a diving tank, and a 51 metre warm-up pool with a moveable bulkhead to separate it from the main eight-lane 50 metre competitive pool. A small pool with hydrotherapy capability rounds out the swimming complex which is all housed under one roof. In addition to the pools, the aquatic centre also boasts saunas, exercise rooms, handball and squash courts.

Athletics — The new Commonwealth Stadium will house all athletic events and will be the scene for the opening and closing ceremonies. It is expected to be at its capacity seating of 42,400 for the ten-day Games. The depressed stadium infield will be enclosed by a 400 metre artificial track and will be the site of the 38 athletic program including the start and finish of the 30 kilometre walk and the marathon.

BISLEY TEAM

OTTAWA — Two months of rifle shooting in Ottawa and Bisley, England will fill the summer for 17 boys and girls of the Royal Canadian Army Cadet Bisley Team.

Selected from army cadet units across Canada, the team now is at Connaught Ranges in Ottawa for practice before leaving for the Bisley competition and tours from July 11-28.

The cadets also will participate in the Dominion of Canada Rifle Association national matches in Kingston, Ont. Aug. 6-12.

Team members are:

From B. C., Cadets P. E. Brule and D. N. Hughes, Victoria, C. D. Woiden, Vernon and D. D. Zeleny, Fort St. John.

From Alberta, J. S. Gyorgy, Calgary, N. Frank, Medicine Hat, A. W. Ganter, Lacombe and D. W. Weir, Medley.

From Ontario, M. M. Bellefeuille, Sault Ste. Marie, P. Betts, Aurora, E. Brabant, St. Bernadin, G. R. Cassidy and D. Mulder, Forest, R. Hersics, Cafield and A. Jasiak, Ottawa.

From Quebec, L. Tremblay, Trois-Rivières.

From Prince Edward Island, I. R. L. Hogg, Teahill.



— Canadian Forces communicators get a first hand look at the Commonwealth Games CBC Control Centre located atop of the Alberta Government Telephone Building.

The facility which cost \$2.3 million will monitor and relay television coverage of all nine Games' sites. Beaming Games' signals via satellite to numerous countries in North America and overseas, CBC, the host broadcaster estimates about 500 million people will view the Games via this facility.

(Canadian Forces Photo)



CPLS TOP RUNNERS

OTTAWA (CFP) — Of the 2,460 starters in the 4th Annual National Capital Marathon in Ottawa May 14, 60 were Canadian Forces runners from across Canada and Europe, ranging in rank from corporal to general.

CPL Guy Racine, 23, of CFB Ottawa South, led all military finishers and placed 25th overall with a time of two hours, 31 minutes.

CPL Roma Bouchard, 27, of CFB Europe was second at

2:42:59 and 84th overall and CAPT Tom McCarthy, 47, from Royal Roads Military College, Victoria, B. C., was third at 2:45:48 and 106th overall. CAPT McCarthy finished first among competitors in the 45 to 50 age group. BGEN R. N. Senior, 47, Commander of Canadian Forces Communication Command, finished in a time of four hours, one minute and 34 seconds to place 1,331 overall.

Brian Maxwell of Toronto beat Paul Bannon of Mississauga by a step for first place honors in two hours, 16 minutes, 2.6 seconds,

both beating the previous record and supplying an amazingly close finish for a marathon. Don Howieson of Niagara Falls was third. Course distance is 42.195 kilometres.

Officials with NDHQ's Directorate of Physical Education, Recreation and Amenities here were very satisfied with the performance of the Forces' runners and pointed out that all but one of the 60 entries finished the race within the five-hour cutoff. Overall, 1,719 of the 2,460 starters made it to the finish line.

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MANITOBA JOURNAL

ROSMARIE KOHLBERG

IN PRAISE OF FAMILY RESTAURANTS

People go out to dinner for various reasons: to celebrate an occasion (a birthday, an anniversary, the end of a diet), to save time, to treat out-of-town guests, to treat themselves, to escape the heat of the kitchen, or to try a new place and foreign cuisine.

Whatever the reason, when I dine out, I expect to eat a meal that is prepared and cooked at least as well as I would do it myself, but preferably better. I want to be surprised by a chef's culinary skill, but not too much. I want to be served by people who know their own menu and can explain foreign-sounding terms, who are attentive, but don't hover and interrupt my meal every five minutes with a mechanical, solicitous "IS EVERYTHING ALL RIGHT?"

This is obviously asking too much of some eating establishments here, but, fortunately, Winnipeg has some excellent restaurants that are owned and run by individual families rather than by big chains.

One of the most pleasant meals I had in such a place was on the first visit to the *Nazaré* on Portage Avenue near Vaughan Street. It was newly open then, and Winnipeggers hadn't found out yet how good it was, so we got special attention. (I hasten to confirm though that on repeat visits we always received excellent service and were recognized, no matter how crowded and busy it was.) Our waiter, who turned out to be the proprietor himself, had that natural charm of the Mediterranean people, and he served us with skill and expert timing. We consulted at length with him on the selection of food, and he patiently explained everything we wanted to know.

The *Nazaré's* specialty is Portuguese food, mainly sea food. Since they import fresh — not frozen — fish from Portugal and the surrounding islands, they may feature certain specials on some days. On that first visit, the specials were *Sargo*, translated as *Sea Bream*, and another fish named *Besugo*, for which there is no English name. When I expressed doubt as to what kind of fish these were (large? small? lots of bones?), our friendly host offered to show us how to dissect it, which he accomplished with great finesse. Both varieties were delicious, pickerel — or perch-sized fish, accompanied by pan-roasted potatoes and a generous helping of fresh vegetables. We had *Grao Vasco*, a white Portuguese wine with it, which we found somewhat salty on the first try. On later occasions, it was okay — probably a different lot. When we revisited the *Nazaré* during the next months, we tried other items on and off the menu, like the Filet of Sole (the best my dinner companion had ever eaten), Veal Portuguese Style (tender and succulent), and Rack of Lamb (juicy and savory). They always serve plenty of fresh buns and butter, and even when the place is filled, the service is expertly deft. They give you proper wine glasses (not the all-purpose giant size), and they pour the right amount into them. Needless to say, they know how to open a bottle with the least amount of fuss, and they will let a lady do the tasting if it is she who chooses the wine. Best of all, they will ask you only once or twice if everything is all right, and when they do, they mean it.

All the dishes on the menu are well prepared and served, but I advise asking for the daily specials. The last three times they had Sea Bream and Rack of Lamb, so maybe those have become a standard special. Make reservations ahead of time.

The *Dubrovnik* is a Yugoslav restaurant on Assiniboine Avenue. It looks almost like another house in this residential district of sprawling old homes and apartment blocks. The front yard has been made into a parking lot that just accommodates the numbers of diners present.

Inside, there are several rooms that lead into each other, which gives an impression of privacy. Cut-glass windows and real fireplaces enhance the cozy "at-home" atmosphere.

While the people at *Nazaré* almost apologized that they had no name for one of their fish, the *Dubrovnik* owners have no such compunctions. Several dishes on the menu have unpronounceable names, some of them translated or interpreted in small print underneath. But the waiter will tell you what you are going to get. Appetizers or soup are included in the meals. My companion ordered a Hunter's Schnitzel, and I decided on another veal dish that sounded, by its ingredients, like a cordon-bleu-type of thing. Only this one had the meat and the cheese rolled up like a jelly roll. A delectable mushroom-wine sauce accompanied it, together with fresh vegetables. The *Dubrovnik* owners import some of their own wine: they offer several labels that can't be bought at the liquor stores. We tried the *Zilavka Mostar*, a dry white wine that went well with the veal and didn't overpower the delicate sauces.

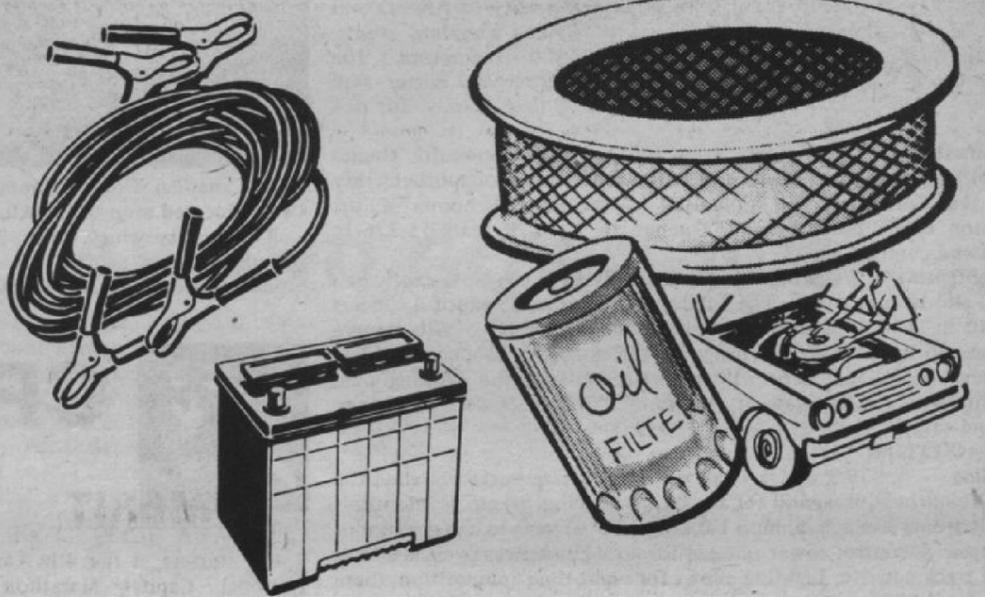
Nice, rich desserts are carried around to the table on a pastry tray, defying the will power of the average greedy diner. Here, too, the service is first-class, and the timing perfect. Even though the *Dubrovnik* is a busy restaurant, the customers are not rushed. I don't know how much time they allow per dining group, but the flow is smooth and comfortable. Reservations are mandatory.



Service station

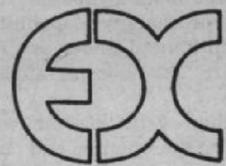
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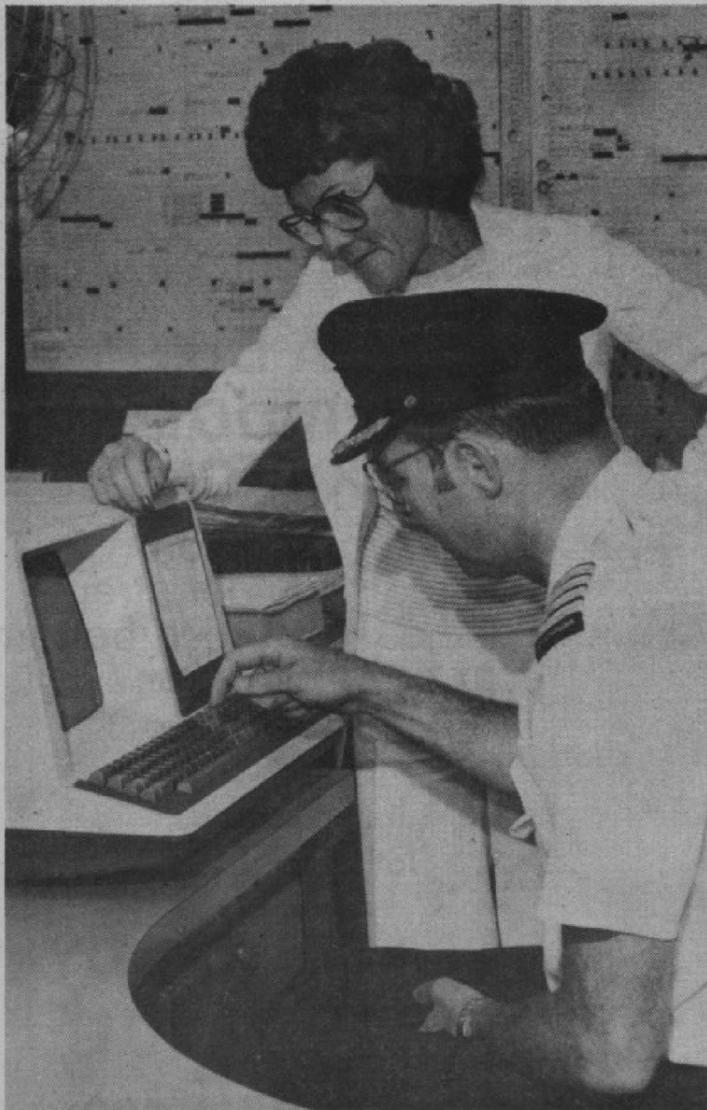
JULY 13th and 25th

CE CEMIS MK II HANDOVER



The Base Commander cuts the ribbon to mark the official opening of CE's new computer, CEMIS MK II. The BTSO is assisting the BCOMD on the right while CAPT Joe Burke, Installation Team Leader, looks on. Viewing the proceedings in the background are the BCEO, MAJ Orlando, and the other installation team members CAPT Buzz McFadden, MWO Joe Gallant.

(Base Photo)



CE's Work Receptionist, Thelma LaFontaine, instructing COL McNaughton on the procedure to record an incoming work request.

(Base Photo)

**NEXT:
VOXAIR DEADLINE
8 Aug 78**

LATER THAN YOU THINK

By Dan Hodgert

Directorate of Social Development Services

During the past year the old Dapper has had the pleasure of participating in the Civilian Employment Assistance Program retirement seminars held at many bases and stations. There has been a great deal of interest generated by these seminars and my next few articles will deal with the preparation for retirement, particularly the financial side.

When you are in the midst of pursuing your career it's easy to ignore the cold fact that your retirement years are going to amount to roughly one-third the span of your working years. I suppose the idea of preparing for retirement probably seems a bit premature if you are just starting out in your career. In fact, even if you are half way along to retirement, you may feel there is plenty of time before you need to start making plans. Well, the record indicates otherwise.

In study after study of retirees in Canada and the United States it was found that the happiest are those who started to plan early in their career for the day when they get the gold watch or as we might say in the military, the "golden handshake".

Those who don't plan often fall victim to what some doctors call the "retirement syndrome". That's a variety of symptoms ranging from headache and fatigue to backache and chest pains, traceable to the feelings of lack of worth and rejection rather than to a specific physiological disorder.

To further complicate the picture, recent studies show that most people don't know how to arrange their finances so that they

will have sufficient income for their retirement years. This means that a retiree would undoubtedly aggravate his retirement syndrome condition if he suffers a drop in prestige because of his sudden inability to make ends meet financially.

I have found that some people are liable to let retirement planning ride until they absolutely must make decisions, and usually at that point the decisions are not likely to be the best ones or it may be too late. Many people don't really know what income they will have to live on after retirement.

To counter these problems, I believe this is one project that can be accomplished successfully on a do-it-yourself basis if you give it the time and attention it deserves.

I believe you have to begin by thinking about answers to the three big questions of retirement. How much money will you have? Where will you live? What will you do?

In my humble opinion, it is impossible to get even a clue to the last two answers until you have nailed down the first. That is why it is so important to learn as much as you can about your sources of income, especially when Canadian Forces members are retired much earlier than the normal retiree working until 65 years of age.

In my next article we will discuss the financial problems one must anticipate with early retirement and how the retiree can use income from a second career to supplement the basic Canadian Forces Superannuation Act annuity.

ORDER OF MILITARY MERIT

OTTAWA — Fifty-four members of the Canadian Forces have been appointed to the Order of Military Merit.

Members of both the Regular and Reserve Force, they will receive their insignia of the Order from The Right Honourable Jules Léger, Governor General of Canada and Chancellor of the Order, at an investiture at a date to be announced.

The Order was created July 1, 1972 to recognize meritorious service and devotion to duty by members of the Canadian Forces. The Order has three grades of membership - commander, officer, and member.

The new appointments include three commanders, 20 officers, and 31 members.

BY LAND —
BY SEA —
BY AIR —



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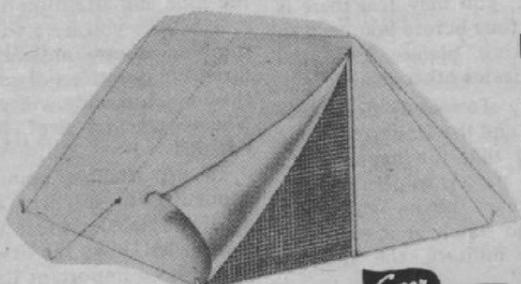
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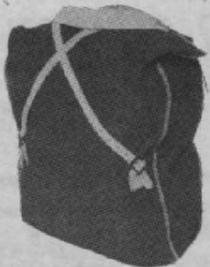
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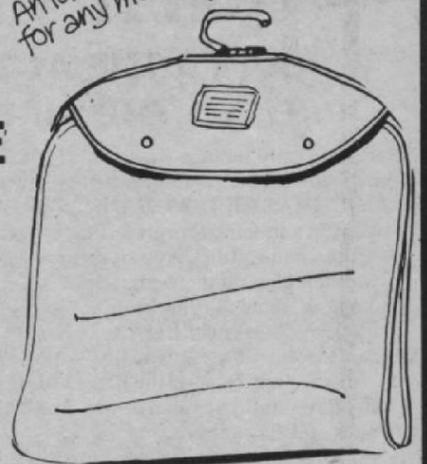
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"A" TO THE ACTRESS "E" TO THE DIRECTOR

Can a man really make a "woman's" film? Probably not. We can give New York filmmaker, Paul Mazursky, who produced, directed and wrote AN UNMARRIED WOMAN, "e" for effort, but that's about it. In general it is a much over-rated film, especially by eastern film critics. On the other hand, Jill Clayburgh does a super job in the role of a married woman becoming un-married.

So called "woman's" films are the "in" Hollywood mode, and that is not a bad thing. Mazursky's effort to show the marriage break-up from the woman's point of view is really quite a good idea for a film. Some women will so identify with the action on the screen that they may not notice the flaws and irregularities in AN UNMARRIED WOMAN. But irregularities and flaws there are.

The storyline develops rather abruptly, and this is disconcerting for the audience. While the dialogue is sometimes effective, and many lines are very clever (eg., "life is part Mary Hartman and part Ingmar Bergman"), generally the script is not outstanding. There is some suggestion of documentary in the "ordinary" language dialogue, but that is unconvincing. While many of the characters are very interesting (not all California beautiful people), there is not much development of them or of their relationships. While the camera work is generally above the trite, the incorrect camera angles and imprecise editing tend to give a less than masterful stroke to the final production. While New York may be an interesting city, a look at streets constantly filled with garbage is hardly complimentary. The end result of all this is that the audience has ambiguous feelings about AN UNMARRIED WOMAN.

One major problem with the film is that it has such local flavour, that it lacks the universality such a theme needs. What could have been an insightful look at a real North American problem, becomes a distant glance at the curious life-styles of New Yorkers. Interesting... but...

AN UNMARRIED WOMAN has just too many of the Hollywood cliches in the dialogue and story development to be totally believable. The whole film is thus highly predictable. As well, Mazursky includes the latest Hollywood annoyances: namely that of exaggerated use of earthy language to the point of "obscenity"; and the brand-new fad of vomiting on camera. Hardly milestones in cinema art.

On the other hand, there are some very effective scenes that are theatrical and cinema gems, for example: the sessions the heroine has with the therapist; the first out-of-marriage sexual encounter; some of the mother-daughter scenes; and some of the scenes with the woman's group. In these there is restraint of camera, intimate dialogue and personal involvement.

The value system which AN UNMARRIED WOMAN eventually portrays is perhaps the most disconcerting thing about the film. It seems to be on the "singles" bandwagon when that style has already been found wanting (eg., a recent issue of "MacLean's" had the cover article dealing with "The Singles Myth", pointing out that cracks are showing in that dream). As well, the shallow meaning placed on the woman-man bond not only defies the generally "romantic" notions our society has, but also is an affront to the reality of many people's lives.

No, AN UNMARRIED WOMAN is not a watershed film, as some movie critics would have us believe. It is a good try. It is extraordinary in spots. It generally misses the mark. Over it all rises Jill Clayburgh the super star.

(AN UNMARRIED WOMAN is currently playing at the Colony Cinema in downtown Winnipeg.)



music reviews and syndicated columnist
OF ONE-EYED JACKS

When Garland Jeffreys released his debut A&M album, "Ghost Writer", the Village Voice called it "the quintessential New York rock record (with) music so polished it threatens to turn street songs into art songs". "Ghost Writer" was critically acclaimed, but didn't turn into a big selling album. His latest album, "One-Eyed Jack" (A&M SP4681) has already received the critical acclaim and is also doing it in the sales and chart departments as well.

Garland wrote the words and music for the complete album and

capped it off by co-producing the set with David Spinozza. Its a package of tunes that show the street savvy that Jeffreys possesses. Mixing the set between laid-back slick style ballads, through mid-tempo shufflers and lively up-tempo rockers, Garland has put together an exceptionally smooth album that should pay off in chart numbers.

SCREAM IN THE NIGHT

Much of Jeffreys' street wise lyrics come together in "Scream In The Night" which is a basic blues number with softly muted horns and good electric guitar

VICTORIA - The Right Honourable Jules Leger, Governor-General of Canada, will review an assembly of 25 warships and government vessels from seven participating nations in Victoria on 1 August.

The 1978 naval review will be one of the largest assemblage of ships in British Columbia waters since the end of World War II.

Visiting ships include the frigate FN Amiral Charner from France; Korean destroyer ROK Chung Buck and the escort

transport ROK Kyong Nam; frigate ARM Coahuila from Mexico; HMS Birmingham, a destroyer, and the Royal Fleet Auxiliary Green Rover from the United Kingdom; New Zealand's frigate HMNZS Waikato; USS Agerholm, USS Grey from the United States Navy and United States Coast Guard Cutter Campbell.

Canadian destroyers, training ships and a fisheries patrol vessel comprise the remainder of the ships participating.

The review is scheduled to begin at 10:30 a.m. (PDT), with Their Excellencies and entourage aboard Canadian Forces Auxiliary Vessel Endeavour. On completion, the 25 ships will sail past Victoria's waterfront before re-entering Esquimalt Harbour.

The 1978 naval review and sailpast is a major nautical event of the province's Captain Cook Bi-Centennial Celebrations.

The last naval review to take place in Victoria was in 1967, Canada's Centennial year.



HMNZS Waikato, a New Zealand frigate, is one of 25 participants from seven countries in the 1978 naval review scheduled to be held in Victoria, August 1.

(CANADIAN FORCE PHOTO BY MCPL M. D. JOHNSON)

riffs. Tune deals with the street scene and how a guy can miss the action in New York City. The Brooklyn native works his way through a laid-back rendition of "No Woman No Cry" and shifts the tempo into high gear as he recalls his younger days in "Oh My Soul".

The album "One-Eyed Jack" is dedicated to the memory of Garland's childhood idol, Jackie Robinson. Much of what Jackie did are looked at through the lyrics of GF in "Been There And Back" which captures the spirit of the total elpee.

NO MORE DISCO KID

Growing up on a diet of Sinatra, Ella Fitzgerald and Nat 'King' Cole, Garland might have been influenced by them, but says that it wasn't until Franki Lymon's music came into his life that he started to pay any type of attention to rock and roll. By 1966 he joined Lou Reed and Eric Burdon and a new friend, John Cale, at the Balloon Farm, and the following year began putting together his own band.

In 1969, he founded Grinder's Switch and recorded his first album on Vanguard Records "Grinder's Switch featuring Garland Jeffreys". By the following year he had launched a solo career. He played the New York scene working everything from Gerde's Folk City and the Bitter End to Max's and the Castaways.

He later moved on to Atlantic Records where he recorded an album and the single "Wild In The Streets" which became an underground classic. Jeffreys signed with Arista, recorded "Disco Kid" and is currently pacted to A&M where "One-Eyed Jack" is doing heavy business. Best track: "Reelin".

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Energy is measured in kilowatt hours. Kilo means 1,000. The energy that one windmill produces in one 24 hour period would be:

$$200 \times 24 \text{ kWh} = 4.8 \text{ kWh } 1,000$$

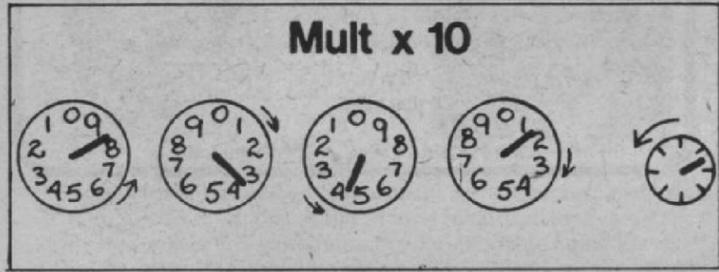
were used during the 24-hour period you record the two days' readings then subtract the first day from the second. The balance is the amount of energy used.

To find out how many windmills you would need to produce that much energy you divide the energy used per day by the output of one windmill which is 4.8 kWh.

Too many windmills?

Wait a minute! You are not finished yet.

Suppose the wind blows only half the time, twelve instead of twenty-four hours. You will need double the number of windmills plus a set of storage batteries to hold the energy until needed.



To find out how much electric energy is used in your house in one day you must read the meter on two consecutive days at the same time of the day.

The meter will either be in your basement or on an outside wall. If you live in an apartment ask your superintendent to help you.

Notice that some meter dials move anti-clockwise. When the pointer is between two numbers you read the lower number.

The above meter reads 83410 kWh. Since there is no dial for the units column you can easily estimate the amount on the 10's dial. With the pointer half way between 10 and 20 you are correct to read this as 83415 kWh.

To find out how many kWh

There is one solution.

The windmill we have been considering has a six-foot propeller.

How about increasing the size of the propeller and reducing the number of windmills?

It could work, but what about the amount of machinery you'd need on your roof or in your backyard?

It is not only going to be extensive it's going to be expensive.

Another suggestion would be to reduce the amount of electricity you use. It's a good idea because even if you decide to do away with the windmills and remain a customer of your local electric company energy conservation is always in style.

KEEPING SCORE

Now that you know how to read an electric meter (see windmill article), it's your turn to keep a daily record and see just how much electricity is being used in your home.

Read the meter each day at exactly the same time.

Record your findings carefully. A good idea is to use a bar graph. Have the days on the horizontal axis and the energy consumed on the vertical axis in Kilowatt hours.

Once you have established accurate figures it is time to begin your own energy conservation program. See if you can make any significant savings that will be reflected on your graph.

Inspect your own home and make a list of all areas where electricity is being used.

Next, consider ways to reduce the consumption of electricity in each area.

Remember that generally devices with motors such as freezers, refrigerators and furnaces use less power than those devices that produce heat such as artificial fireplaces or portable space heaters.

Time is also another consideration. The longer an

appliance is on the more energy it uses.

A good example is the

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0.36 KWH MOTOR	NIL
6.12 KWH TOTAL	1.28 KWH

MODEL "A" USES ALMOST 5 TIMES MORE ENERGY THAN MODEL "B"

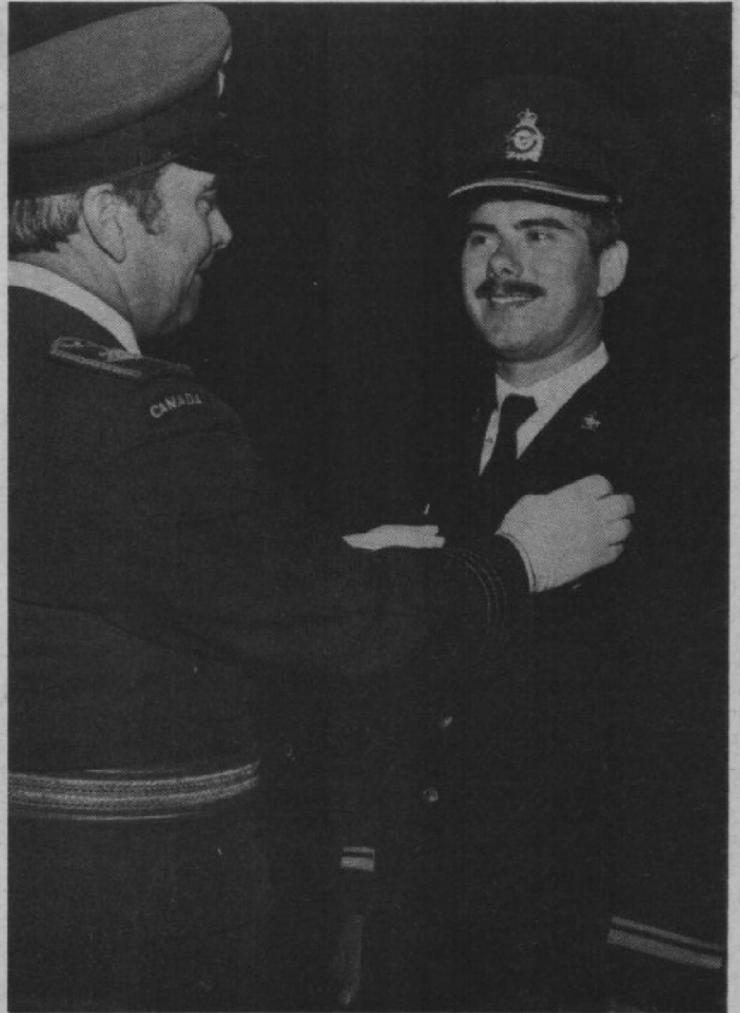
dishwasher. It is a machine. Do you really need the full drying cycle to get the dishes dry?

A FIRST FOR 402 SQUADRON

A historic event took place recently at 402 Air Reserve Squadron. The first direct entry commercial pilot LT N. Waitt was presented with his pilot's badge and received his commission as a LT in the Canadian Armed Forces Primary Reserve. The direct entry programme started a year ago making it possible for a civilian commercial pilot to be enrolled in the Air Reserve. Briefly, the programme permits a candidate who possesses the necessary educational and medical standards to apply for a position as a pilot in the Primary Reserve. The educational and medical standards are the same for both the Regular Force applicant and the Air Reservist. He must have a senior commercial licence and a Class One Instrument Rating. This means that he must have at least a minimum of 1000 flying hours.

The training given an applicant is provided by both his home unit and CFB Portage la Prairie. The candidate is enrolled as an officer cadet and given General Military and Basic Officer training at his unit. He then proceeds to CFB Portage la Prairie for a two week course which includes 16½ hours flying the Musketeer and Reserve Officer Familiarization and Assessment training. The final stage of training takes place at his home unit in a Conversion course on the type of aircraft flown by his squadron. He is then eligible for promotion to LT and has the qualifications that entitle him to wear the Canadian Forces Pilot's badge.

LT N. Waitt was presented



with his wings on a Wings Parade which was the first for 402 Air Reserve Squadron since World War II. W/C R. Waitt (ret) presented his son with his pilot's

badge. The reviewing officer for the Air Reserve Squadron Wings Parade was the Air Command Deputy Commander MGEN MacKenzie.

RESCUE OPERATION

VICTORIA — A combined rescue operation has resulted in three fishermen being saved after their 36' vessel Ebb Tide III, based in Vancouver, experienced difficulties off Bajo Point on the west coast of Vancouver Island.

The three crew members Randy Kerr, Ian Robertson and Lois Edwards were rescued by the combined efforts of HMCS Kootenay, an Esquimalt-based destroyer, an Argus aircraft from 407 Squadron, Comox, the fishing vessel Bar Bill and the Canadian Coast Guard Cutter Racer.

Ebb Tide III sent out a distress message shortly after 5 p.m. approximately 50 miles northwest of Tofino when she started taking on water. Winds were gusting to 30 knots with seas running 2-3 metres at the time.

The Argus on patrol in the area located the Ebb Tide III and assisted Kootenay, also exercising in the area, in locating the craft.

The Bar Bill, fishing in the area, attempted to take off the crew but experienced difficulties and Kootenay eventually took the three onboard shortly after 8:30 p.m. Racer, dispatched to the scene by the Rescue Co-ordination Centre, pumped out the vessel.

The Bar Bill towed the fishing vessel Ebb Tide III to Ahousat with one crew member onboard Bar Bill and two onboard Ebb Tide III.

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Voxair Variety

BY
JOHN
LAUDER

The summer live entertainment season got off to a flying start on July 4th, when RAINBOW STAGE opened its 1978 production of Lionel Bart's *Oliver*. This is the 24th season for musical theatre in the park, and the show is up to standard.

Rainbow Stage, for anyone who is a stranger to the city, operates at Kildonan Park. Originally an open-air setting, it now has a domed roof to prevent rain, hail and other meteors from interrupting the show. To get to the park one drives north on Main Street for several miles from Portage Ave., and eventually the gates show up on the east (left) side of the road. There is ample parking, free, inside the Park.

It is difficult to choose between the cast and the sets as the most outstanding item in the current production. The musical is based on Charles Dickens "Oliver Twist" and the set is a most ingenious replica of the world of this fine author. Mobile sections provide a picture of both the underworld and the high society of London in the 1850s, with instant changes from one to the other.

The cast, dressed the colourful costumes, and well supported by some fine musicians, directed by Ruben Gurevich of the Winnipeg Symphony, is of a consistent high calibre. It is an all-Canadian group, mostly local talent, and well directed.

Rainbow Stage performers usually can either act or sing, but not do both. Luckily, for this production, young Christopher Keller, who has the lead role of the workhouse boy, is able to do equally well as a singer and an actor. Jan Kudelka, as Nancy, and Alan Crofoot, the Beadle, are also multi-talented, and what the rest of the cast may lack in voices they make up for in acting ability. Old favourite Cliff Gardner, as the super thief Fagin, acts up a storm, as does Kerry Shale in the role of the Artful Dodger. Others deserving of mention are Edward Greenhalgh as the old gentleman who rescues Oliver from the underworld, and Bill Copeland as the villain Bill Sikes. The supporting cast of adult and boy singers are well drilled and in good voice, and manage to overcome any sound problems of the outdoor stage.

I was lucky enough to see the original London production of *Oliver* some 15 years ago, with a smaller stage and higher priced talent. This show is close to par and well worth seeing. If you are a fan of Rainbow Stage, you will not be disappointed. If you have never been before, it is a good production to find out about summer theatre in the city. The show runs until July 22nd.

The Royal Winnipeg Ballet is deeply involved in the training business throughout the summer. A series of courses are now running at the School of the RWB for beginners and advanced students, adults and children alike. Topics covered are ballet, pointe, jazz, modern and character, with highly qualified instructors, most of whom are former or present members of the Company. The classes are given at the University of Manitoba, and aim to train people who want to make dance a full-time career. More information can be obtained from the Registrar of the Professional Program by phoning 956-0183.

Meanwhile, back at the MANITOBA THEATRE CENTRE, the press is having a field day in carrying on criticizing last year's season, and endeavouring to find out just what will be done next year. It is all a bit of a tempest in a teapot, as season tickets for the 78-79 season are selling well. Planning ahead for theatre in Canada is a bit like military planning, money is the major factor, and the use of Canadian people, facilities and skills is placed above procurement of the best. So the MTC must struggle along, with or without help from the media. As they have a good track record, there are bound to be some winners next season, and all that can be done is wish them Good Luck.

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AURORA SYSTEMS INTEGRATION LABORATORY

The venerable Argus has been flying on maritime patrols for Canada since 1959, but will be replaced by the CP-140 Aurora starting in 1980. The Aurora is a combination of the proven US Navy P-3 airframe and turbo-prop engines, improved avionics and sensor systems from the USN S-3A Viking, and new systems from Canada.

The heart of the new CP-140 Aurora aircraft will be its powerful general purpose digital computer which controls, co-ordinates and displays information from all the systems in the aircraft. The computer's capability is determined by the effectiveness of its programs or "software". Just like avionic

(worth some 8 million dollars) and this was achieved on 20 January 1978, two months ahead of schedule. The lab is currently used to support software engineering development and to test, integrate and debug the Aurora avionics systems. The major components of the SIL are the Integrated Avionics Trainer (IAT) which is designed primarily to train maintenance crews, and the Ground Support Computer Complex (GSCC). The GSCC is being used and will continue to be used in Greenwood as a program generation center in support of the air vehicle software, automatic test equipment software, and in support of the Data Interpretation

under simulated flight conditions. Thus newly generated aircraft programs will be tested and certified usable in the IAT before being released for flight test.

The Systems Integration Laboratory is extremely valuable since it provides the Contractor with a development tool that will be in use for two years before the aircraft systems become operational. Also, the Canadian Forces will have a good opportunity to determine the limitations and capabilities of the GSCC and the IAT before putting them into service in Canada for their own use.

The Integrated Avionics Trainer will be delivered to CFB



Mr. Dick Heppel, Lockheed Vice-President and General Manager for Government Programs discusses the Aurora's acoustic sensor station with Barney Danson, Canada's Minister of National Defence. Mr. Danson visited the CP-140 Systems Integration Laboratory during his recent tour of the Burbank facilities. The acoustic sensor station, part of the integrated avionics trainer, will be an exact duplicate of that which will be carried in the Aurora aircraft.

equipment or "hardware", software must be maintained and modified from time to time.

The "shop" that will maintain and modify the software is the Ground Support Computer Complex (GSCC) which will be located at CFB Greenwood, Nova Scotia. The GSCC will have two computers of its own for this purpose, a Univac UYK-7 and a Varian V-72. Co-located with the GSCC will be the Integrated Avionics Trainer (IAT) which will contain a complete set of avionics equipment laid out in the same way as in the aircraft and will be used to train CF technicians in proper maintenance procedures.

The GSCC and IAT are currently installed at Lockheed in Burbank and are being used for initial development and checkout of computer programs. This facility is known as the Systems Integration Laboratory or SIL and is a highlight of everyone's tour while visiting the Aurora Program Burbank Detachment.

What is so special about the SIL? Well, it has, or soon will have, every piece of avionics equipment that will be in the aircraft, and until we get an aircraft off the line in March 1979, this is the only opportunity a visitor has to see and touch some production hardware.

"SIL Operational" was a major contract milestone for Lockheed

and Analysis Centers (DIAC) at Comox and Greenwood. The GSCC can also perform as an Avionics Simulation Facility that can simulate a dynamic airborne environment for the IAT. When new or modified software for the aircraft computer is developed it must be checked out on the ground before it is flight tested. When the IAT is not in use for technician training, it can be connected to the GSCC and the computer program can be run

Greenwood in February 1980 and the Ground Support Computer Complex will follow in September 1980.

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