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Canadian Forces Base Winnipeg — Home of Air Command

Base des Forces canadiennes Winnipeg — Foyer du Commandement aérien

18 July 79

Issue No. 13

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(Militia Photo By MAJ W. West)

ALL RIGHT MEN. CHAAAARGE!

These four enthusiastic militia men from the Lake Superior Scottish Regiment in Thunder Bay and a thousand more from training units in Northwestern Ontario, Manitoba, Saskatchewan, and Alberta proceeded to Dundurn, Sask. to take part in MILCON 79, the annual military concentration for Prairie Area militia.

Of course, they didn't run or leap the entire distance to the Dundurn Militia Training Centre. They travelled by truck convoy, bus, car and Service Air.

At Dundurn, they participated in a week-long exercise to test their military skills, many will remain for the summer months to complete specialized rank and trade training before returning to their home units.

The militia men are under the command of BGEN O. Wagg of Calgary, the commander of Prairie Militia Forces.

MILCON 79

Seven senior officers from NDHQ and Mobile Command viewed militia training at the military camp near Dundurn, 28 Kilometers south of Saskatoon, recently. The visitors watched close to 1,000 militia men and women who attended both MILCON 79, the annual summer training for Militia Area Prairie, and the Area Rank and Trade School, which is located in the same camp.

The most senior officer to visit the camp was MGEN R. Rohmer, the chief of reserves, who watched the militia units during part of Exercise Quaker Reply III, and attended a

dinner with candidates taking part in a major qualifying course at the Militia Training Centre.

MGEN Rohmer was accompanied by BGEN John Dunn, the senior militia adviser at FMC.

BGEN Robert Baille, Chief of Staff (OPS) designate, viewed the live firing portion of Exercise Power Repulse, where militia personnel engaged a variety of pop-up and towed targets in both night and daytime conditions.

All the visitors to the camp were welcomed by the Commander of Militia Area Prairie, BGEN H.O.

Wagg of Calgary. The Area Headquarters is located at CFB Winnipeg.

Although many methods are used to transport militia personnel from their home units in locations that range from Marathon, Ontario in the east, to the Alberta-British Columbia border, the bulk are airlifted by Hercules aircraft operated by Air Command.

Once in camp, the units move immediately to field conditions. The first two days are spent in unit training, then the forces are divided into two groups, Attack and

Defence. For a little more than three days, Exercise Quaker Reply III tested the ability of the groups, and their commanders. Blank ammunition was used.

At the end of Quaker Reply III, the groups were regrouped into a single brigade for the live firing that was Exercise Power Repulse.

The exercise directors was COL Desmond Paine, the Commander of Saskatchewan Military District, who is a partner in an architectural firm in civilian life, and the deputy director was COL R.A. Jacobson, Commander of South Alberta

District, who in civilian life is a provincial court judge.

MGEN Rohmer said the exercises were good examples of the training available to the citizen soldiers of the reserves, a force the general said had been in existence since before Confederation.

While the general officers were visiting the units in the field, a number of senior staff officers of the regular force took the opportunity of discussing aims, objectives and problems with their contacts in the militia.

LETTER TO THE EDITOR

Dear Editor:

I and my two children wish to express gratitude to all the officers and men of Canadian Forces Base Winnipeg for all the assistance given to my late husband, CPL Melvin Gene Nelson, during the past two years and for their kindness and patience following his death.

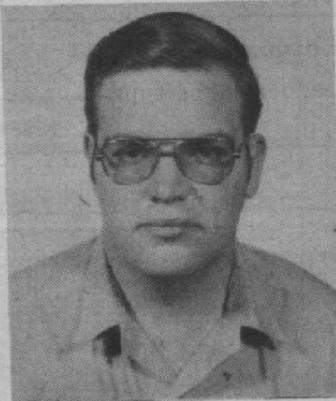
May I give a special thanks to the Base Commander, COL John Allingham, the Base Comptroller, MAJ J.C. Stager; WO Ed Emond; the Air Command Band; the Chaplains, MAJ Reginald McKenna (RC) and MAJ L.T. Barclay (Prot).

Also, I wish to specially thank MWO Bob Senger for all his hard work in organizing my husband's funeral parade particularly the escort guard, armed guard, pall bearers and flag party. And may I also express my thanks for his personal kindness and assistance to me and my family.

Finally, to LT Mike Weber, I wish to say thanks for all the personal assistance given and being given by him since my husband's death. His

assistance and kindness has been great, and I appreciate it.

Yours truly,
Monique Nelson



CPL M.G. NELSON

Cher éditeur;

Mes deux enfants et moi voulons exprimer notre reconnaissance à tous les officiers et gens sur la Base des Forces canadiennes de Winnipeg, qui, pendant les deux dernières années, sont venus en aide à mon

époux décédé, le CPL Melvin Gene Nelson, et, en plus de leur générosité et patience après sa mort.

Je veux remercier sincèrement le Commandant de la base, COL John Allingham, le contrôleur, MAJ J.C. Stager, l'Adjudant Ed Emond, la fanfare du Commandement aérien, les aumôniers, MAJs Réginald McKenna (ÉCR) et L.T. Barclay (Église protestante).

Je veux surtout remercier l'Adjudant-chef Bob Senger pour tous ses efforts dans la préparation du cortège funèbre de mon époux tout spécialement la garde d'escorte, la garde armée, les porteurs mortuaires et la garde d'honneur. Je veux aussi lui exprimer tous mes remerciements pour sa générosité et son dévouement consacrés à moi et ma famille.

Enfin, je veux remercier le LT Mike Weber qui nous est venu en aide et sans cesse depuis le décès de mon époux. Son dévouement et sa générosité ont été immenses et je l'apprecie.

Cordialement à vous,
Monique Nelson

TROPHY NOMINATIONS

The Royal Canadian Air Force Association is seeking nominations for its Gordon R. McGregor Memorial Trophy which was initiated in 1973 and is awarded annually "in recognition of outstanding and meritorious achievement by Canadians in the field of Air Transportation".

Any Canadian citizen of good character, engaged in the fields of military and civil air transportation, who has been recommended is eligible to be considered. The nomination of candidates may be made by any individual or group and should be made in writing, including a detailed and substantial statement of the achievement or achievements which prompt the proposal, before August 1st, 1979 to the Secretary, Screening and Selection Committee, National Headquarters, Royal Canadian Air Force Association, 424 Metcalfe Street, Ottawa, Ontario K2P 2C3.

THE NEW TANS

Wearing new tan summer uniforms are WO Dave McIsaac and PTE Glenda Farley of the Base Orderly Room staff. CFB Winnipeg and six other locations in Canada and the United States have been tasked to take part in this summer's user trial of the uniforms. The tan uniform is being worn at present by Canadian Forces personnel serving in the Middle East and the present trial will assess its suitability for wear at home in the summer months.

(BASE PHOTO)

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ROLLING RECRUITERS

The Canadian Forces Recruiting Centre, located in the main Post Office building in Winnipeg, recently took delivery of a shiny new mobile recruiting van. This vehicle is expected to become a familiar sight around Manitoba and Northern Ontario in the coming years.

The van is a specially built version of a mobile home built by Travel Mate Motor Homes Ltd. of Owen Sound, Ontario. According to military specifications the interior is designed as a reception area and office space. There are facilities for the showing of movies either inside the van or to the outside through a wall mounted screen. In addition the vehicle is capable of making public announcements through its sound system. An on-board 110V generator, propane gas system and storage batteries allow the unit to operate independent of ground power.

The new recruiting van will replace the 1954 vintage "Deuce and a half" (a reference to its 2½ ton capacity). The old Deuce was "lumpy" and the new van will be a veritable Rolls Royce in comparison. It joins a fleet of eleven similar vehicles in use by Recruiting Centres across Canada.

The Canadian Forces Recruiting Centre in Winnipeg is responsible for recruiting from Thunder Bay, Ontario to the Manitoba western border. It is hoped that this Task will be made much easier by the availability of the "rolling billboard" to attend fairs and exhibitions providing information about careers in the Canadian Forces.

Any organization who can see a use for such a vehicle, such as for fairs or high school special events can contact the Recruiting Centre in Winnipeg (949-3680) with their request for further information.



MAJ Gilles Bonenfant, Commanding Officer of the Recruiting Centre in Winnipeg hands over the keys of the "rolling billboard" to career counsellor CAPT Roger Pyper who is obviously pleased and proud to receive such a fine machine to use in his mobile recruiting duties. (BASE PHOTO)

SSF UNIT WINS MARKSMANSHIP TROPHY

Ottawa (CFP) — The 2nd Airborne Commando of the Canadian Airborne Regiment stationed at CFB Petawawa, Ont., as part of the Special Service Force, has won the 1978-79 A. Hamilton Gault trophy for rifle marksmanship.

Throughout each year, the nine Regular Force infantry battalions and the two Airborne Commandos compete for the highly-coveted trophy. Units hold individual shoots and the trophy is awarded to the unit with the highest annual score.

Competition includes range firing

from 100 to 1,000 yards by each member of the unit. The purpose is to foster interest in and improve the standard of rifle marksmanship in the infantry.

The trophy was donated by the late BGEN A. Hamilton Gault, DSO, CD, who raised and equipped the Princess Patricia's Canadian Light Infantry in 1914. The trophy has a silver figure of a prone soldier holding a rifle in firing position and is mounted on a walnut base. The name of the winning unit for each year is inscribed on a silver maple leaf on the base.

Are you planning a trip north... To alert or one of the DEW LINE sites? Are you counting the days until you embark for Europe or Bermuda? Are you leaving Canada to serve with our U.N. Peacekeeping Forces in the Middle East, Or planning holidays outside of Canada?

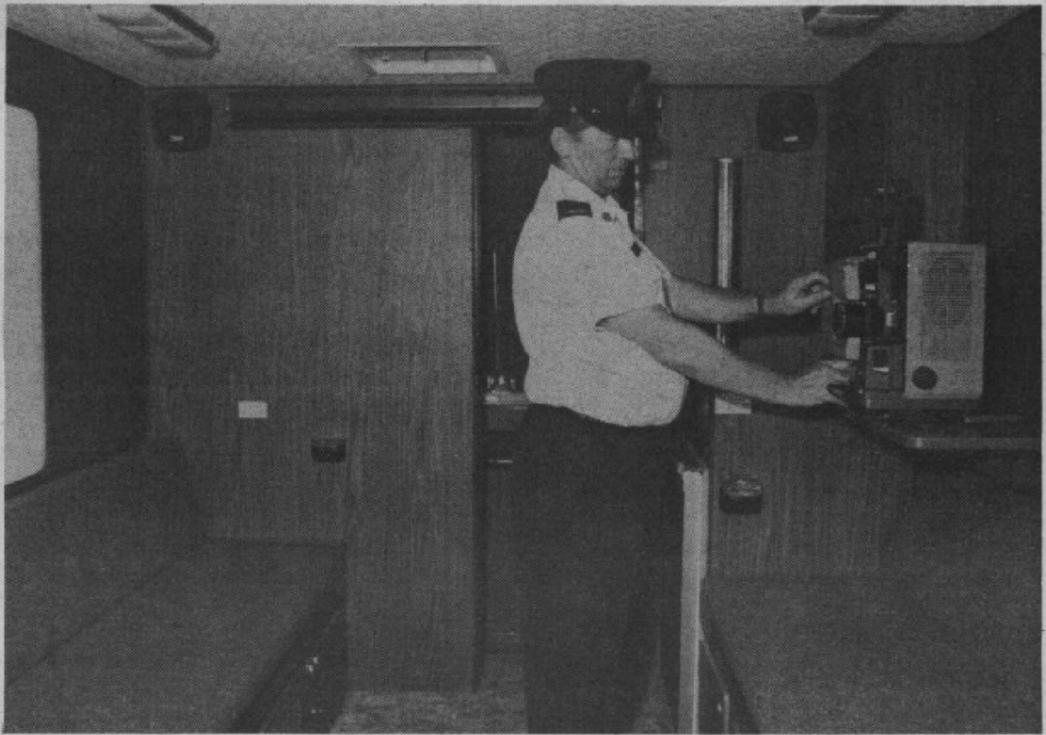
If your answer to one or more of the above questions is affirmative then you ought to visit the immunization room at the base hospital during normal working hours.

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CPO Scotty Jackson, career counsellor at Winnipeg's Recruiting Centre sets up a projector inside the new mobile recruiting office. The projector is equipped with a right-angled lens for projection to the outside through the screen at left. (BASE PHOTO)



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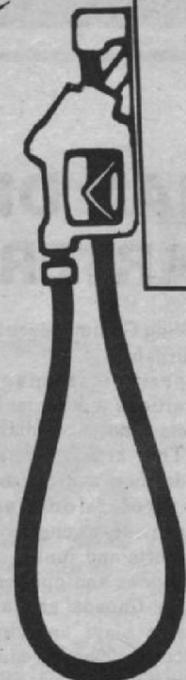
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SPRING FEVER

The coming spring often causes people to do strange things. This phenomena is usually referred to as "Spring Fever", and this year a large number of CFB Winnipeg personnel seemed to contract the disease. Many of the affected were seen running around Base carrying rifles and wearing helmets, and generally causing hardship to others by barring entrances to buildings and asking for personal identification. However, they seemed to quickly tire of that game, and rumor had it that they headed west to seek the wide open spaces. Shortly afterward, a rumbling could be heard in the west.

No, CFB Winnipeg had not been the object of some devious, biological plot. Actually, the somewhat strange antics were all part of the Base Defence Force's Exercise Spring Fever. The Exercise was designed to mobilize a platoon-sized group of the BDF each day, and to have it occupy its on-base Vital Points. Following this deployment, the Unit was then transported to the St. Charles Range to complete annual qualification on the FN Rifle. The Exercise proved to be a success, and all members of the force received valuable refresher training and become much more familiar with the people and the organization of the BDF.

At the range, all force members fired the FN Rifle, with varying degrees of success. Those that were more proficient than others helped greatly to improve their unit's score. The scores worthy of note are as follows:

Top Individual Score

First — PTE M. Hupel; 3 Section, 2 Platoon, A Company

Second — CPL S.F. Downes; 2 Section, 3 Platoon, B Company

Top Section Score

3 Section, 2 Platoon, B Company

Top Platoon Score

(Tie) 2 Platoon, A Company

3 Platoon, A Company

Top Company Score

A Company

Exercise Spring Fever was the first step in this year's training of the BDF. Many lessons were learned due to the relatively small size of the units being exercised, and these lessons will be put into effect to ensure success with OP EVAL 79. However, much more training is still required so it can be expected that many other strange happenings will occur at CFB Winnipeg.

by CAPT C.G. Carbert



MCPL S.A. Martin adjusts the sights for PTE J.R. Caron (5 Platoon, A Company) during FN Rifle qualifications at the St. Charles Range. (BASE PHOTO)



A masked member of B Company takes aim.

(BASE PHOTO)

CANADIAN DEFENCE QUARTERLY

Ottawa (CFP) — Do you see yourself as a budding author?

If so, Canadian Defence Quarterly (CDQ) awaits your literary efforts. Editor John Gellner needs articles on any defence subject in either French or English.

Topics of particular interest to CDQ include Canadian engineers in the Arctic, surveillance of the 200-mile economic zone, Airborne Warning and Control System in NATO and satellite reconnaissance.

CDQ is a commercial publication published by W.H. Baxter of Toronto. The editor, Mr. Gellner, is

a retired Wing Commander and well known journalist.

This periodical magazine publishes articles written mainly by CF officers and Canadian academics. The articles relate to national defence matters and the military profession and the magazine provides a vehicle for both defence experts and junior officers to air their views and opinions.

Known in Canada and abroad, the magazine plays an important role in officer professional education and development and contributes to a more informed general public.

The editor maintains a close working relationship with DND through National Defence Information Services.

Prospective authors may submit articles or ideas to the editor or through the nearest DND Office of Information. To contact the editor, write to:

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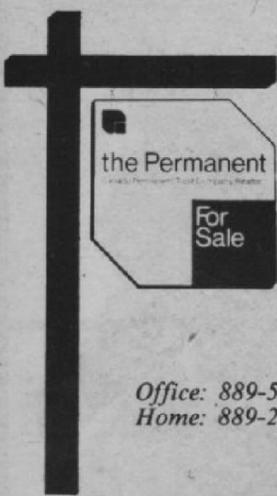
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A smiling mother, Mrs. J.F. Casey and her husband, WO Jack Casey witness BGEN de Chastelaine enrol their son in the R.O.T.P. of the Canadian Forces. Officer Cadet Casey will be studying engineering at RMC.



BGEN de Chastelaine enrolls Mr. C.R. King, 17, as an officer cadet as his father, Air Reserve CWO H.E. King and Mrs. King look on. Officer Cadet King will attend RMC in a program leading to a degree in Arts.

Winnipeg

- D.A. Brown, 18, John Taylor Collegiate, son of Mr. and Mrs. T.A. Brown, 313 Lakeridge Road.
- S.B. Carruthers, 17, Sturgeon Creek Collegiate, son of Mr. and Mrs. W.J. Carruthers, 776 Setter Avenue.
- R.J. Casey, 17, Charleswood Collegiate, son of Mr. and Mrs. J.F. Casey, 675 Laxdal Road.
- R.M. Caspick, 17, Westwood Collegiate, son of Mr. and Mrs. N.W. Caspick, 19 Allard Avenue.
- Alan Cuthbertson, 19, Windsor Park Collegiate, son of Mr. and Mrs. Bruce Cuthbertson, 10 Penrose Place.
- J.W. Davidson, 16, Silver Heights Collegiate, son of Mr. and Mrs. R.A. Davidson, 126 Bruce Avenue.
- K.J. Downey, 17, Silver Heights Collegiate, daughter of Mr. and Mrs. J.M. Downey, 1159 Buchanan Blvd.
- G.S. Galletti, 18, Kildonan East Regional Secondary School, son of Mrs. P.I. Russell, 241 Jamison Avenue.

- P.E. Hudson, 20, University of Winnipeg, son of Mr. and Mrs. J.A. Hudson, 1002 Buchanan Blvd.
 - K.J. Kelly, 17, Windsor Park Collegiate, son of Mr. and Mrs. J.S. Kelly, 359 Drake Blvd.
 - C.R. King, 17, West Kildonan, son of Mr. and Mrs. H.E. King, 258 Kilbride Avenue.
 - J.M. Klymchuk, 19, University of Manitoba, son of Mr. and Mrs. P.N. Klymchuk, 360 Centennial Street.
 - D.K. McCracken, 16, St. John's Ravenscourt, son of Mr. and Mrs. H.T. McCracken, 38 University Cres.
 - R.M. McPherson, 17, J.H. Bruns Collegiate, son of Mrs. Judy McPherson, 52 Southmoor Road and Mr. C.B. McPherson, 135 The Glen.
 - D.S. Woywitka, 16, Silver Heights Collegiate, son of Mr. and Mrs. Peter Woywitka, 108A Canso Street.
- Thunder Bay**
- D.G. Laderoute, 17, Westgate Collegiate, son of Mr. and Mrs. W.J. Laderoute, 716 Grey Cres.



**FIR
ST**

First step leading to university officers in Canada's Armed Forces women from Manitoba and northw Friday June 29 at HMCS Chippa Before about 90 guests, including enrolled as officer cadets under th The plan provides the principal s particularly in the operational and Costs for university tuition, book the duration of the course of studi benefits applicable to Armed Forc Degrees are granted to the baccal and administration. Duration of co on academic qualifications on entr Canada's three military colleges B.C., and St. Jean, Que. Presiding over the ceremony wa Royal Military College of Cana Chastelaine. In the early 1970's, BGEN de Cha 2nd Battalion, Princess Patricia's Lieutenant-Colonel. The impressive ceremony beg introduction by MAJ A.G. Bonen Centre in Winnipeg. BGEN de Chastelaine gave a br reminded the audience of the hono Following the ceremony, two fil shown, and refreshments were serv

(Photos By WO J. Casey)



ST EP

degrees and careers as commissioned
was taken by 27 selected young men and
st Ontario in a Winnipeg ceremony on

parents, the candidates were formally
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re situated in Kingston, Ont., Victoria,

the commandant of the 103-year old
la, Kingston, Ont., BGEN A.J. de

elaine commanded the Winnipeg-based
Canadian Light Infantry, in the rank of

n with an inspiring welcome and
nt, CO of Canadian Forces Recruiting

of "pep" talk to the new enrollees and
it is to serve one's country in uniform.
s on life in the Canadian Forces were
d to all enrollees and guests.

and MCPL V. Tungstead)



Mr. D.A. Brown, 18, is enrolled as an officer cadet in the Canadian Forces regular officer training program by his father, CAPT T.A. Brown while Mrs. Brown watches. Officer Cadet Brown will attend RMC in studies leading to a degree in engineering and a commission.



MCPL Peter Woywitka watches solemnly as his son is enrolled as an officer cadet by BGEN de Chastelaine. Officer Cadet Woywitka will attend RMC in engineering.

D.S. Malejczuk, 19, Lakeview High, son of Mr. and Mrs. John Malejczuk, 252 Farand Street.

Portage la Prairie

B.L. Harder, 18, Portage Collegiate, daughter of Mrs. M.L. Pokornik, 617 4th Street N.W.

Kenora

A.N. Multamaki, 18, Beaver Brae Secondary School, son of Mr. and Mrs. E.N. Multamaki, RR 2 Gould Road.

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J.J. Ritchat, 19, Atikokan High, son of Mr. and Mrs. J.R. Ritchat, 16 Hogarth Blvd.

The Pas

L.A. Yarema, 17, Margaret Barbour Collegiate, son of Mr. and Mrs. Walter Yarema, Box 1701.

Pinawa

B.G. Bailey, 18, Pinawa Secondary School, son of Mr. and Mrs. M.G. Bailey, 18 Prescott Cres.

Whitemouth

I.A. Shewchuk, 17, Whitemouth School, son of Mr. and Mrs. A.J. Shewchuk, Box 187.

Elie

M.A. Legoff, 17, St. Pauls Collegiate, son of Mr. and Mrs. V.R. Legoff, Box 88.

St. Anne

K.C. Walpole, 17, Ecole St. Anne, son of Mr. and Mrs. J.W. Walpole, Box 115A RR 2.

Inglis

T.K. Wowk, 17, Major Pratt Collegiate, son of Mr. and Mrs. R.M. Wowk, Box 137.

Sandy Lake

P.G. Shindruk, 16, Erickson Collegiate, son of Mr. and Mrs. Sadley Shindruk, Box 43.

Valley River

J.R. Anderson, 17, Dauphin Region Collegiate, son of Mr. and Mrs. J.J. Anderson, Box 2.



THREE GENERATIONS

Ottawa — Three generations of artillery men were represented when a portrait of the late LGEN Guy Simonds, CC, CB, CBE, DSO, CD, was presented to the Ottawa Army Officer's Mess last May 24. Present at the donation by the Ottawa Gunner's Association were the late LGEN's son and grandson. His son, COL C.R. Simonds, CD, is commander of CFB Shilo and his grandson C.G. Simonds is an officer cadet at the Royal Military College in Kingston. Also present was the Director of Artillery COL H.J. Stein. Considered one of Canada's best field generals during World War II, GEN Simonds commanded the Second Canadian Corps in Northwestern Europe in 1944. In peacetime he served as chief of the army staff from 1951 to 1956, when he retired. LGEN Simonds died in 1974 at the age of 71.

(BASE PHOTO)

SAFE BOATING

An increasing number of Canadians are taking to boating as a source of recreational pleasure. Increasing use of boats means more enjoyment for more people but it carries with it an increased responsibility. Greater care must be taken to observe boating safety rules.

In 1977, drownings totalled 977 in Canada. The 13-21 age group was the hardest hit with 253 deaths. These cold and faceless statistics tell the story of men, women and children who were only looking for fun and recreation. Most of them would still be alive today if they had been more aware and respectful of safety.

For many years now DND in cooperation with the Canada Safety Council and Transport Canada has been sponsoring safe boating week DND wide. This year's campaign theme is: quote boating means floating! Stay afloat unquote. It is our belief that safety through information and education is the answer to the tragedy of death, pain and property damage resulting from accidents. Inform yourself — and stay afloat! Here are some safe boating tips:

A. Do not overload. Maintain adequate freeboard at all times; consider the sea conditions, the duration of the trip, the predicted weather and the experience of the operator.

B. Keep an alert lookout. Serious accidents have resulted from failure in this respect.

C. Be especially careful when operating in any area where swimmers might be. They are often difficult to see.

D. Watch your wake. It might capsize a small craft; it can damage boats or property along the shore. You are responsible. Pass through anchorages only at minimum speed.

E. Keep firefighting and life-saving equipment in good condition and readily available at all times.

F. Obey the rules of the road. Neglect of this is the greatest single cause of collision.

G. Always have children wear lifesaving devices. Never hesitate to have quote all hands unquote wear lifesaving devices whenever circumstances cause the slightest doubt of safety.

H. Know your fuel tank capacity and cruising radius. If necessary to

carry additional gasoline do so only in proper containers.

J. If you capsize, remember that if the boat continues to float it is usually best to remain with it — you are more easily located by search plane or boat.

K. Good housekeeping is even more important afloat than ashore. Cleanliness diminishes the probability of fire.

L. Know the meanings of the buoys. Never moor to one — it is a federal offence.

M. Consider what action you would take under various emergency conditions — man overboard, fog, fire, a stove-in plank or other bad leak, motor breakdown, bad storm or collision.

N. Have an adequate anchor and sufficient line to assure good holding in a blow (at least six times depth of water).

O. Know the various distress signals. A recognized distress signal used on small boats is to slowly and repeatedly raise and lower the arms outstretched to each side.

P. Storm signals are for your information and safety. Learn them and be guided accordingly.

Q. Water ski only when you are well clear of all other boats, bathers and obstructions and there are two persons in the boat to maintain a proper lookout.

R. Always instruct at least one other person on board of the rudiments of boat handling in case you are disabled — or fall overboard.

S. Before departing on a boat trip, you should advise a responsible friend or relative about where you intend to cruise. Be sure that the person has a good description of your boat. Keep him advised of any changes in your cruise plans.



THRIFT SHOP — NEW HOURS

Mon. and Wed. 6:30 - 8:30 p.m.

Thurs. 1:30 - 3:30 p.m.

Every first Sat. of the month 1:30 - 3:30 p.m.

Reminder:

The Thrift Shop summer hours take effect the first week of July opening Wed. nights only, 6:30 - 8:30 pm., till the end of Sept. VOLUNTEERS needed to help work at the Thrift Shop, adults and teenagers welcome. Contact either:

Jeannette Farrell 13 Cornwall Blvd. 889-3535

Earla Sentner 2299 Ness Ave. 889-6387

or Sharon Desjardins 123 Bourkewood Pl. 888-6487

Donations may also be dropped off at one of the above addresses.

LOCATION? Bldg. 90 (Rec. Center) Next door to the Bowling Alley and Downstairs below the Base Gymnasium.

MANITOBA JOURNAL

ROSMARIE KOHLBERG

Ordering From A 'Priceless' Menu

I studied the menu with anticipation, noting all the promising goodies offered in English as well as in French: Duck à l'orange, filet mignon à la Béarnaise, quail Rohloff, pâté de fois gras with truffles, and so on. The choice would be difficult. Suddenly I noticed with a tinge of alarm that there were no prices. I checked the menu from top to bottom again, wondering whether they might have written them out in words (as I have seen in some other places) to give a touch of elegance and distract the diner from the vulgar considerations of money spelled out in cold numerals. Something like "Chef's Salad — four dollars and ninety-five cents . . ." But there was no hint at all on this menu.

Discreetly, I turned to one of my companions and drew his attention to the omission. Was this place so grand that you were expected not to care about the cost of your meal? Or did everybody pay by Diners' Club or Carte Blanche anyway? I was reassured: *His menu did* have prices, and I realized that *La Vieille Gare* Restaurant was merely following a 'chivalrous' continental tradition: a lady should not have to worry her pretty little head about the bill. Her husband (lover, friend, boss, or whatever) would look after the mundane affairs of paying.

Before my feminist hackles rose to indignant heights at such patronization, I thought that the practice might have its good side, too: How better to impress your out-of-town visitors, your mother-in-law, a business friend, than having them choose from an unmarked menu? Surely, for Winnipeg, this has to be an ultimate touch of sophistication.

La Vieille Gare in St. Boniface ("The Old Railway Station") provides other nice touches. Nobody seems to be afraid that the customers will steal the silverware: the cutlery matches the rest of the tasteful table settings — tablecloths, napkins, fresh carnation, good china, and appropriate glasses. I am mentioning this, because I have noticed the cheap, stainless steel knives and forks in some otherwise very high-class and expensive eating places in town, not to mention the ubiquitous all-purpose huge wine glasses. Here, we had the feeling that every detail was carefully thought out, and every knife and spoon was properly laid out and had its particular function.

But let's talk about important matters: food. The choice was varied and tempting. Shrimp cocktail, escargots, and goose liver paté with truffles were appetizers we could not resist, and they were all delectable. We also ordered the *salade maison*, which was good, but contained nothing more exotic than lettuce, radishes, and so on. As expected, though, it came with a house dressing. The waiter did not give us the usual boring choice of French, blue cheese, and Thousand Island, and that's the way it should be. A chef should have confidence in his own creation.

Somehow we did not get the *soupe du jour* that was listed as part of the meal. Perhaps the waiter assumed that we had ordered the salad *instead* of the soup. We had not. In a restaurant that recently served a twelve-course dinner with nine wines to selected guests, one can be forgiven to expect salad and soup. But when our main courses arrived, it was too late to complain.

We had chosen medallions of veal, sirloin steak, and filet mignon, respectively. With it, we had zucchini covered in a delicious sauce and a choice of pan-fried, baked, or french-fried potatoes. I am glad I picked the latter. These pommes frites turned out to be a far cry from the chips served in most places; they had that delicate balance of tender-crispness that eludes the makers of pre-cooked, mass-produced french fries.

My filet was done to perfection, exactly as I had ordered it, and my companions' dishes were equally exquisite. I am speaking for them with some confidence, even if we did not taste the food from each others' plates. Throughout the meal, the butter bowl and bread basket were discreetly replenished.

Although the choices for a sweet dessert were tempting, we settled for an assorted cheese plate to nibble with wine or brandy.

The waiters and waitresses are well-trained and give faultless service. They must have confidence in their work and their restaurant: not once did any of them hover over us and enquire anxiously, "Is everything all right?"

Everything was all right. Well, almost. I still would have liked to get the soup.

EMPLOYMENT OPPORTUNITIES

Areas: Winnipeg, Portage la Prairie, and Brandon. Possible expansion to Saskatchewan & Alberta.

Applicants: preferably with education & experience in tax, insurance & investments.

Position: Agent or Manager/ess for a company sincerely co-ordinating total financial planning for individuals, especially service personnel.

Training: provided at Head Office, locally, and through personal studies while actively working.

\$ Income: salary and/or commission negotiable.

Contact: Denzil Feinberg — Manager for UNIVERSAL SERVICES (FINANCIAL) LIMITED 307 Holiday Towers North, 170 Hargrave St., Winnipeg R3C 3H4 Phone 942-0904

COMMUNITY NOTES

Our open council meeting held at the Base Theatre on the evening of 14 Jun was a complete failure as far as attendance was concerned. The members of YOUR Community Council who had your interest at heart when the meeting was scheduled to say the least are disappointed.

Over 600 flyers were distributed to residents notifying them of the upcoming meeting and requesting they attend and air their views. Only about a dozen people had enough interest to show up. We also solicited in the flyers for names of community minded residents to assist the community council in their endeavours, again little or no response.

We have now been asked as members of the Community Council to knock on every door in our wards to solicit your assistance. I for one will not spend my time listening to all the excuses why a person is unwilling to volunteer but I speak for myself only and not any of the other council members, so those in ward five I will not be knocking on your doors so you can sigh with relief and can the excuses.

People complain to me that they do not know who their ward councillor is or what ward they are in, if they took the time to read this periodical they would know as it has been published enough times.

We are still in dire need of cub and scout leaders and may have to discontinue these programs if help cannot be obtained. If you wish to volunteer get in contact with your ward councillor.

Shortly there will be a big change of members on the Community Council due to postings, etc. on behalf of the president and members of the council we would like to thank

those leaving for a job well done.

Rick Pollock our president will be vacating his position and will be replaced by Gord Farrell who is also a ward councillor. To Rick, you can be satisfied with yourself for a job well done I know the frustrations have been plentiful and the pleasure few but you did yourself proud.

To Gord who is always doing something to help the Community, I wish you the best of luck and may the support be bountiful.

Our Community picnic held on Saturday 23 Jun was I am happy to announce a great success and after our creditors are paid we should still be operating in the black, it sure is a good feeling. We had over 350 people at the street dance that night which was a great turn out.

The President and members of the community council wishes to thank those 44 community conscious individuals who assisted in setting up the tents and all the other paraphernalia without their help we would still be working, I apologize for not getting their names and publishing them. We also wish to thank the 15 individuals who assisted Sunday on the clean up, some of these people worked both Saturday and Sunday, once again the president and the council thanks each and every one of you for your assistance.

The president would like to give thanks to the following persons who made an extra special effort to make the community day a success: Bill Spencer, Rick Martin, Mike Mihalus, Gord Farrell, SGT Adams and Carl Bungay, Brian Ross.

Next year we hope to make the Picnic and Dance even better than this year and with your help it can be accomplished.



R.C. CHAPEL NEWS

During the summer months it is possible that many people will have the time to read and even do some personal reflection. I am writing these few lines to remind our readers that even though some may go on holidays our chapels or churches are never on holidays.

Clovelly, in North Devon, clings to the side of a steep hill which descends abruptly into the sea. It is not the place for weak hearts or weak legs. Everything is either up or down and, whoever goes down, must sooner or later come up. The main (and almost only) street winds narrowly between the houses — so close to the perpendicular it would be literally impossible if North Devon had our kind of winter.

Clovelly is one of the main tourist attractions in that part of Britain. Because of this, large car and bus parks have been built at the top of the hill, for no vehicular traffic is possible through the town itself. No doubt the visitors come in such numbers because it is "quaint," "pretty" or "picturesque," but I wonder if there is not a further and

unrecognized appeal. Clovelly is a monument to the indomitable spirit of man. It reflects the courage, faith, patience and determination which will make living in the most unlikely places, and under the most difficult circumstances possible.

The same thing can happen to our personal and interior difficulties. Like the steep cliff they, too, can be transformed; where there was despair we find a victory. Rough impossible ground flowers into beauty, and we can live there, after all.

HOURS OF MASS ON SUNDAY "OUR LADY OF THE AIRWAYS" 1900 hrs Saturday Evening 1100 hrs on Sunday morning **Daily Masses:** Tuesday 1645 hrs; Wednesday 2000 hrs; Thursday 1645 hrs; Friday 0930 hrs. **CONFESSIONS:** Wednesday evening after the 2000 hrs Mass.

ST. GEORGE'S SUMMER SCHEDULE: SUNDAY 1100 hrs. Mass. Weekday Masses as announced.

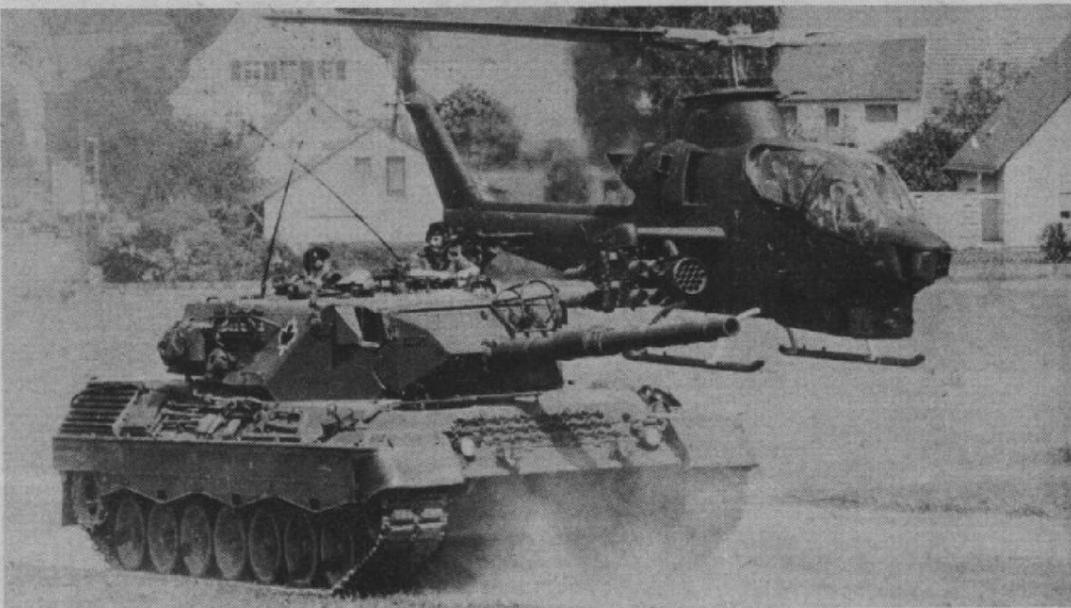
R.H. McKenna, BCHRC



TENTH ANNIVERSARY

4 Service Battalion at Lahr, Germany was founded in April 1969 and marked ten years service with 4 Canadian Mechanized Brigade Group on 14 June 1979. The five previous commanding officers joined the battalion for the birthday celebrations, including a ceremonial parade during which the new Service Battalion tri-color scarf was presented. LCOL R.N. Fischer (left), present commanding officer, displays the new scarf to LCOL F.W. Chapman, commanding officer 1969-70; COL C.S. Read, 1970-72; COL R.A. Allan, 1972-74; LCOL J.I. Hanson, 1974-76; LCOL J.W. Hatzhauer 1977-78.

(CANADIAN FORCES PHOTO by SGT J.C. Rodger)



COPTER POWER

WESTHEIM, GERMANY... A Cobra helicopter from United States 501st Aviation Battalion (Combat) from Ansbach, Germany, hovers over a Leopard tank from The Royal Canadian Dragoons during an anti-armour helicopter exercise with the Canadian Forces' 444 Tactical Helicopter Squadron. The ten-day exercise stressed the inter-operability aspect of the two NATO allies in an exercise where the 444 Squadron light observation helicopters searched for the "enemy" and guided the heavily armoured Cobras onto the target. The Royal Canadian Dragoons and 444 Tactical Helicopter Squadron are two units of the 4 Canadian Mechanized Brigade Group based at Lahr, Germany.

(CANADIAN FORCES PHOTO by SGT JC Rodger)

LE CHAMP DE BATAILLE

À la fin du crépuscule nautique du soir
Il est décidément très difficile à voir
La limite avancée de la zone de bataille
Mais le fantassin se meurt quand même d'une mitraille.

Anne Elizabeth Carson

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Fruit Baskets



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music reviews and syndicated columnist

VOULEZ-VOUS AVEC ABBA

Sweden's pop powerhouse, Abba, have already eclipsed many of the sales records set by The Beatles. Long established as Europe's prime pop group, Abba's record sales throughout the Continent, Asia and even behind the Iron Curtain are staggering. Already the most slickly merchandised groups, Abba and their record company, Atlantic, are currently tooling up for what should be the biggest promotional push ever for the group. Starting on September 15th, Abba will begin their first tour of the United States and Canada. While the group have sold over 53 million albums, they have not dominated the North American market in the same manner that they have done with the rest of the music world. All that just might change in the very near future.

surge of their current single "Does Your Mother Know", which is rapidly approaching gold. The 'mother' track is a current top ten hit. A song that rocks and rolls with an infectious feel and holds a lyric line loaded with hooks. Much of the guitar work throughout the set is by Janne Schaffer who is currently clicking with his own album, "Earmeal".

The usual Abba excellence is found in the uptempo "If It Wasn't For The Nights", a string and bass laden "Lovers" adds a romantic touch and Abba just might surprise some listeners with their sensuous lyrics on "Kiss Of Fire". This tune opens like a torchy ballad and suddenly explodes into a disco winner with solid keyboard and guitar workouts. Their rendition of

WAR TALES



"... and he said, take that, Red Baron", or so BGEN (ret'd) W.F.M. Newson seems to be saying to a group of fascinated Edmonton Air Cadets at a recent rap session here.

Former Air Commodore Newson (that uniform looks familiar!) continues to devote his time and energy to promoting and generating interest in aviation wherever he goes.

Besides being active with Air Cadet groups, BGEN Newson is also the executive vice president of Canada's Aviation Hall of Fame located in Edmonton. (CANADIAN FORCES PHOTO)



VOULEZ-VOUS

Their latest album, "Voulez-Vous" (Atlantic XSD 16000 — marketed in Canada by WEA Music) has just hit the stands, and it's this elpee that will be the forerunner of their concert tour.

The set contains ten songs, all written by Abba members Benny Anderson and Bjorn Ulvaeus, and is probably their best recorded effort to date. One song in the album, "Chiquitita", is already well known. It was Abba's donation to UNICEF's International Year of the Child and all royalties from that song will go to UNICEF. "Chiquitita" has received substantial North American airplay and although that song might be well known it will be eclipsed by the sales

"As Good As New" should endear them to the disco crowd, as will the title track "Voulez-Vous". Set rounds out with "I Have A Dream", "The King Has Lost His Crown" and the tune that ranks as the album highlights, "Angeleyes".

As usual, the vocal blending of Abba (Benny, Bjorn, Anna and Frida) borders on perfection. Album insert plugs the current ABBA merchandise available, including: T-shirts, caps, disco-visors, watches, belt buckles, bracelets, posters and other goodies, all emblazoned with the Abba logo. Fan club info available from: P.O. Box 000, Beverly Hills, California, USA 90210.

LAFF - A - DAY



"Forget the anesthetic... just tell me how much this is going to cost and I'll pass out."

UNIROYAL STEEL BELTED RADIALS
GR 78 x 15w/w
\$ 73.00 each

HR 78 x 15w/w
\$ 77.00 each

TIGER PAW BELTED
G 60 x 15
\$ 55.00 each
G 60 x 14
\$ 55.00 each

EX
Service Station

Air Cadet League of Canada

The Air Cadet League of Canada is a voluntary public service organization which cooperates with the Canadian Forces in providing citizenship and aviation training for young Canadians in the high school age bracket. The League works through a network of civilian committees at local, provincial and national levels, the committees being made up of public-spirited citizens whose only reward is the satisfaction that comes with rendering an important service to Canadian youth.



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BLDG 52

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1000 - 1730

KAPYONG ANNEX

MON - FRI

1130 - 1730

SAT

1200 - 1700

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SNACK BAR 16

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**SERVICE
STATION**

MON - FRI
0800 - 2045

SAT

0900 - 1700

SUN (Gas Bar Only)
1200 - 1700

ALL YOUR AUTO NEEDS

WHERE IS YOUR GAS CAN?

It has come to the attention of Fire Prevention Staff that a number of people in MDPs, BLHUs and PMQs are storing their gas cans outdoors adjacent to their homes. In most of the areas there are a large number of small children who play in the backyards where the gas cans have been noticed and there has been one instance where the unsecured can of gasoline had been tipped over and a quantity of the gas had been spilled. Although this problem is noticeable in all areas, MDPs are especially bad due to the close proximity of the homes and the number of small children playing in that confined area.

The possibilities of what could have taken place in the above instance are horrible to contemplate. A severely burned three or four year old child or a heavily damaged home are not the best things to think about as everyone gets ready for summer holidays.

Fire Prevention Staff recommend the storage of flammable liquids in approved safety cans placed in a storage shed or garage. However as this is not always possible, storage is then recommended in the basement in a secure cool ventilated area where children cannot readily come in contact with the flammables. It should also be noted that the National Fire Code of Canada Article 4.2.4.3 states: "NO PERSON SHALL STORE MORE THAN ONE GALLON OF FLAMMABLE LIQUID IN A DWELLING UNIT". Also remember DND prohibits the indoor storage of small motors (lawn mowers, outboard motors, etc.) unless the fuel system has been drained.

CFB Winnipeg has been very fortunate in the past as there has not been a loss of life due to fire for a very long time so LET'S KEEP IT THAT WAY!



3 CD'S FOR THE 3 SENIOR MILITARY POLICE

Col Allingham — Base Commander — presented CD's to MWO Stewart (2nd Clasp), CAPT Macquarrie (CD), and WO Little (1st Clasp). (BASE PHOTO)



**FIRE PREVENTION STARTS
IN THE HOME.**

**For Their Sake AND YOURS
...STOP FIRE!**

ELIMINATE ALL FIRE HAZARDS.

**HELP US TO PROTECT
...YOU and YOURS**

**CO-OPERATION IS HALF
THE BATTLE
AGAINST FIRE!**

BY LAND —
BY SEA —
BY AIR —



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better way
to handle
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When you put money in the bank, it's for your own good reasons. Which means that you want a savings plan that's tailored to your own needs and wants. And that's why we offer different accounts and investment certificates, each with its own interests, and each with its own unique features.

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If you want to get the most for your money, let's discuss the individual features of each. Let's get together. And let's talk.



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3330 Portage Avenue

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888-6770

CONTEST(E)

A Military Photo Contest open to amateur and professional military personnel and civilians alike, has been introduced by the Western Fair Photo Contest, held in London, Ontario early in September of each year.

Two categories have been added to an already outstanding list. The first is a print competition, either black and white or color, any size, mounted on a 16 x 20 board. The second is color slides. Subject matter must be of some aspect readily recognizable pertaining to the armed forces. If enough entries in the print classification are forthcoming, the black and white will be separated from the color, and each section will be judged separately, and prizes awarded in both.

A special trophy has been put together by the Canadian Forces Recruiting Centre, London, which is on permanent display there, along with the prize winning picture. The overall winner's name will be suitably engraved each year and a smaller trophy sent to him/her.

The Western Fair will award three top prizes of \$20 in each section.

The other open categories which also may be entered by anyone are for both black and white and color sections in Pictorial, Human Interest, Portrait, Architectural Study, Spot News, Abstract, and Nature Study.

A special achievement trophy is presented for the Best All Round Photographer based on a point system. First, second and third prize winners get 5 points, Awards of Merit get 3 points, Accepted prints get 1 point, and Special awards get 5 points. To be eligible for the special achievement trophy an exhibitor must have entries in at least four sections.

Deadline for entry 3 August 1979. Anyone interested should write for an entry form and instructions to the Western Fair Photo Contest, P.O. Box 4550, Station "C", London, Ontario, N5W 5K3.

Un concours de photographie militaire est ouvert à tout le personnel militaire et au personnel civil. Il est introduit par "Western Fair Photo Contest", ayant lieu à chaque année au début du mois de septembre à London, Ontario. Tous les amateurs et professionnels sont éligibles au concours.

Deux catégories ont été ajoutées à la liste des catégories qui se trouve déjà abondante. La première est une compétition d'impression soit en noir et blanc ou en couleur, peut importe la grandeur de la photo en autant que la photo soit encadrée dans un cadre de 16" x 20". La deuxième catégorie consiste à des diapositives en couleur. Le sujet de l'impression doit être reconnu comme in aspect ayant attrait ou qui représente bien la valeur des Forces armées canadiennes. Si toutefois, dans la catégorie de l'impression il y aurait beaucoup d'entrées, cette classification sera alors séparée comme suit: le noir et blanc, puis la couleur; et en plus, chaque section distincte sera jugée séparément et des prix seront accordées dans chaque section.

Une trophée spécial a été mis en oeuvre par le Centre de recrutement des Forces armées canadiennes de London en Ontario, incluant la photographie gagnante. Le nom du grand champion sera gravé sur ce trophée et une réplique miniature lui sera envoyée.

La "Western Fair" donnera 3 prix de \$20.00 dans chaque section ou catégorie.

Les autres catégories ouvertes à toute le monde sont: le pitoresque, l'aspect humain, le portrait, l'archi-



CHEQUE PRESENTED

The Base Commander, COL J.R. Allingham, is shown presenting a cheque for \$175,681.00 to Mrs. M. Spivak, Chairwoman of the School Board for Winnipeg School Division No. 1. The cheque is DND's share, approximately 35%, of current renovations to Carpathia School which is located close to our South Site PMQs and where the majority of the dependent children living in Married Quarters attend elementary school.

The cheque helps to illustrate the long close relationship between Carpathia School and the Department of National Defence. The School was established in 1952 to cater for the dependent children of personnel serving at Fort Osborne Barracks and consisted of ten classrooms. Subsequent agreements in 1952, 1954, and 1960 have seen the school increased to the present twenty classrooms. The current renovations will update the school facilities to cater for the local children including DND dependents. Pictured with the Base Commander and Mrs. Spivak are Mr. J.R. Hayes, Acting Secretary-Treasurer, Mr. W.N. Donald, Associate Superintendent, and Mrs. E. Fenney, Principal of Carpathia School.

(BASE PHOTO)

BASE LIBRARY

Recreation Centre
Mon - Thurs, 608:30 p.m. Closed Holidays

NEW BOOKS

The Chancellor Manuscript	Robert Ludlum	Fiction
Amok	George Fox	Fiction
Devil's Gamble	Frank G. Slaughter	Fiction
Altered States	Paddy Chayefsky	Fiction
Evergreen	Belva Plain	Fiction
Everything You Always Wanted To Know About Nutrition		Medicine
From the Law of Victory		Military
Reptiles and Amphibians		Biology
The Mousetrap and Other Plays		Literature
The Illustrated History of Rock Music		Music
The Book of Jesus		Children's
Battlestar Galactic	Glen A. Larson	Children's
The Quest of the Missing Map (Nancy Drew Series)		Youth
The Star Trek Reader (4 Vol. Series)		Youth

teature, le journalisme, l'abstraction et la nature. Tous peuvent participer à ces catégories soit en noir et blanc ou en couleur.

Un trophée spécial pour la réussite sera présenté au meilleur photographe qui se sera mérité le plus de points. La répartition des points se fait comme suit: le premier, deuxième et troisième gagnants reçoivent 5 points; la mention de mérite vaut 3 points; impression acceptée vaut 1 point. Ce n'est pas

tout d'avoir obtenu le plus grand nombre de points car il faut avoir exhibé des pièces touchant au moins quatre (4) catégories ou sections.

La date limite de participation se termine le 3 août 1979.

Toutes personnes intéressées devraient écrire à "The Western Fair Photo Contest, P.O. Box 4550, Station C, London, Ontario, N5W 5k3 pour obtenir une formule de participation et les instructions nécessaires.

U of M FALL CLASSES

Over the last year, approximately 150 Winnipeg service members and their dependants participated in the special Canadian Forces Program at the University of Manitoba. These 150 were part of the 1100 CF members who have registered for studies at the U of M since the start of the program in 1974. Since that time 60 personnel have completed Baccalaureate degrees and 3 have received Masters degrees.

Again this year, the University of Manitoba has provided a special service to CFB Winnipeg personnel and their dependants. Two years ago "Economics 18.120" was taught on Base over lunch hours, while last year "Political Studies 19.156" was run one evening a week at Sturgeon Creek Secondary School. This year U of M will be offering "Introduction to Psychology" — Psychology 17.120 — at Sturgeon Creek on Tuesday evenings, 7-10 p.m., starting 11 September 1979.

Mr. Mike Piercy (the U of M CF Program co-ordinator) will be giving a briefing about the program on Wednesday, 25 July, at 1300 hours in the CFANS Theatre. At that time he will brief interested service personnel and their dependants about the CF program and will accept applications and take registrations for U of M Fall courses. New and returning students are welcome. Fees need not be paid at this briefing.

Take this opportunity to ask questions or submit registrations. For further information, contact the Base Training Office at local 531 or drop in to Room 206, Building 21. (By CAPT L.F.G. Malcolm)

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