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Following the Canadian Forces

October 15, 1976

CANADIAN FORCES BASE WINNIPEG

Vol. 25, No. 18



Winnipeg — There's a new girl in CPL. Bill Divins' life. His wife Brenda is happy with the arrangement, however, because the new girl is their daughter Rebecca who was born while he was serving a six-month tour of duty with Canada's Peacekeeping Force on Cyprus. CPL. Divins returned to Winnipeg Thursday with the advance party of the 2nd Battalion Princess Patricia's Canadian Light Infantry.

(CANADIAN FORCES PHOTO)

Waincon '76 a Joint Effort With U.S. Troops

WAINWRIGHT, Alta.—Annual tactical training for 1300 western-based soldiers and airmen got underway in Wainwright, Alberta.

WAINCON 76 assembled 1 Combat Group units and supporting air squadrons from Edmonton, Calgary, Victoria, Chilliwack, B.C. and Shilo, Man., at this large training area, 120 miles east of Edmonton, for two weeks of sub-unit battle exercises.

Troops will practice infantry, artillery and helicopter battle procedures as well as reconnaissance and support tasks.

Live firing for mortars, machine guns and anti-tank weapons will be conducted and everyone will also spend time on the ranges with their personal weapons.

Units will set up their base camps in the field, using tents and shelters.

In charge of the training is

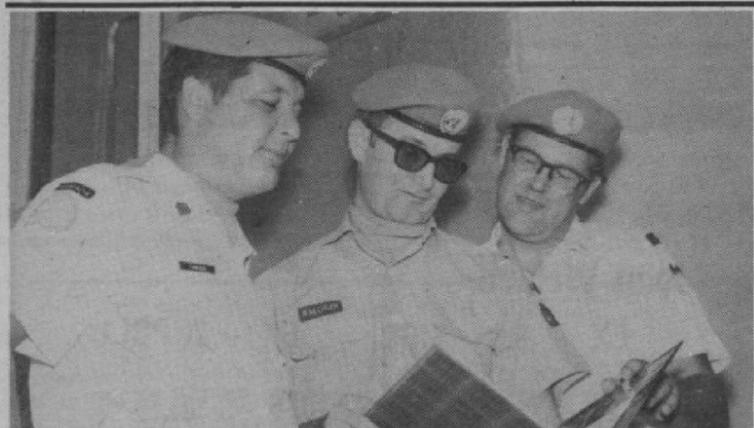
Brigadier-General J. A. St. Aubin, 1 Combat Group commander.

Two U.S. Army units will undergo exchange training with their Canadian counterparts. Sixty cavalymen from Texas will familiarize themselves on Canadian armored vehicles while 120 Alaska-based infantrymen try out Canadian infantry weapons and equipment.

As in the past, Alberta units are moving here mainly by road, while units from other provinces use a combination of road convoys and aircraft, a squadron of Hercules transports from Edmonton.

Tactical air support will be handled by 10 helicopters from two Edmonton squadrons. Heavy-lift twin-rotor Chinooks and medium-lift Hueys will be used for rapid battlefield deployment of troops.

Redeployment to home stations started Oct 1.



SGT. Bill Ferguson, 36, Pender Island, B.C., WO. Dale Kaechler, 34, of Bon Accord, Alta., and MCPL. Joseph Poirier, 38, of St. Nicholas, P.E.I., check the visitor register at United Nations Disengagement Observer Force Headquarters in Damascus. All are serving six-month tours at the multi-national headquarters of the U.N. Forces. WO. Kaechler is the son-in-law of J. C. Ferguson of Bon Accord, his home station is CFB Winnipeg.

(CANADIAN FORCES PHOTO)



Winnipeg — The Princess Patricia's are coming back from Cyprus.

The first flight of 105 of the 430 soliders of the Second Battalion, Princess Patricia's Canadian Light Infantry returned to Canadian Forces Base Winnipeg Thursday Sept 30.

The second flight of 170 Princess Pats arrives at eight p.m. Monday, October 11 and the final flight of 155 soldiers arrives at 8:15 p.m. Wednesday October 13.

The Second Battalion PPCLI is completing six months of United Nations duty in Cyprus. Replacing the PPCLI in Cyprus are soldiers of the Third Battalion, The Royal Canadian Regiment, based at CFB Petawawa, Ont.

Manitoba's Lieutenant-Governor, the Honourable F. L. Jobin, was at the air base to welcome the soldiers returning on the third flight Wednesday October 13. On that flight was the Commanding Officer of the Second Battalion, PPCLI, Lieutenant-Colonel J.E.L. (Larry) Gollner. The Regimental Colours were brought home on this flight too. The Air Command Band was on hand for the October 13 arrival as was Lieutenant-General W. K. Carr, Commander of Air Command; Brigadier-General J. A. St. Aubin, Commander of 1 Combat Group, Calgary; and Colonel M. D. Gates, Commander of Canadian Forces Base Winnipeg.



"Yes Mom, Fred got home from Cyprus a week ago... no, he hasn't had any trouble getting adjusted to a 'home-life' routine..."

Taking part in Waincon 76 are: From Calgary — 1 Combat Group Headquarters and Signal Squadron; Lord Strathcona's Horse (Royal Canadians); 1st Battalion, Princess Patricia's Canadian Light Infantry; 1st Field Ambulance and 1st Military Police Platoon.

From Edmonton — 435 Transport Squadron; 408 Tactical Helicopter Squadron; and 450 Helicopter Transport Squadron.

From Victoria — 3rd Bn, PPCLI. From Chilliwack, B.C. — 3rd Field Engineer Squadron. From Shilo, Man. — 3rd Regiment, Royal Canadian Horse Artillery.

The two American units are: a troop from 1st U.S. Cavalry Regiment; Fort Hood, Texas and an infantry company from 172nd Infantry Brigade, Alaska.



Sergeant Frank Richards, 48, of Regina checks out the base of a new antenna installation at Camp Ziouani on the Golan Heights. SGT. Richards is a member of 73 Canadian Signals Squadron and is one of 150 Canadians serving with the United Nations Disengagement Observer Force which separates the Syrian and Israeli armies. He is stationed at Canadian Forces Base Winnipeg.

(CANADIAN FORCES PHOTO)

Minister Supports Canada Savings Bonds



The 1976/77 Series of Canada Savings Bonds are now on sale through pay allotment/payroll deduction plans. Cash and instalment sales will commence on 12 October. I wish to take this opportunity to recommend that you give consideration to this excellent method of augmenting your personal savings and investment programme.

Canada savings bonds are always Canada's most popular personal investment. This new series offers a yield of 8.5 per cent of the first year and 9.25 per cent annually for the remaining eight years to maturity on 1 November 1985.

This year's issue is again tailored for the smaller investor and bonds are available in amounts commencing from 50 dollars.

Canada savings bonds are a method of financing which is indispensable to the Government and I am confident that the Department of National Defence will reach its objective.

CANADA SAVINGS BONDS



Letter To The Editor

Having read a certain Nav. School column, I am compelled to write in defence of my section. During the past months this writer has generally lambasted and slammed just about every section on the Hangar Line. Now that the Herc NT module systems are in a reasonable state of repair, he has the nerve to claim the major part of the credit for his section. Now this is not borne out by facts;

Fact - The Avionics Servicing Section does all the DESNAGING of the modules, including the computer.

Fact - All changes or repairs to the module equipment are done by the Avionics Shops.

Fact - The accredited person in the column is a programmer and not a computer tech. So he is unable or unqualified to carry out computer servicing.

Fact - Most of the "bugs" in the module, including the computer, were rectified by Avionics Techs.

Regardless of whether there was intent or not, the Techs of the Avionics Section were dealt a low blow by that column and hopefully this will give credit where it's due.

- Avionics Tech.
M/CPL. Gillich H. F.

Promotions



SGT. W.D. Debow, Finck, is shown receiving congratulations on his recent promotion to that rank from CAPT. W.R. Kingsbury Base Accounting Services Officer. (BASE PHOTO)

CDN Serviceman Gets Medal For Valour

OTTAWA—Defence minister James Richardson has announced that a Canadian Forces helicopter pilot, who died last May 16 while flying a mercy mission over earthquake-battered northern Italy, has been awarded that country's highest civil decoration. His two injured crewmen have received the second highest award.

Captain Robert McBride, 42, of Toronto, has been posthumously awarded the Gold Medal of Civil Valor, Italy's most prized civil decoration for bravery.

Captain Raymond Massey, 41, of Winnipeg and Sergeant Robert Abar, 33, of Flin Flon, Man., received the silver medal of valor.

The fatal crash occurred when their helicopter slammed into a cable-car pylon in the Friuli region of northeastern Italy.

The airmen, members of 444 Tactical Helicopter Squadron, were part of a 400-man relief contingent from the Canadian Forces base at Lahr that remained in the devastated region for five weeks.

The three airmen were trapped in the wreckage of their helicopter until rescued by an Italian squad.

The two crewmen were taken to hospital in Udine in serious condition, and later transferred to Lahr.

CAPT. Massey is still recuperating from his injuries, and SGT. Abar, recently released from hospital, has returned to take up new duties in Canada.

Italy's minister for foreign affairs, Arnaldo Forlani, paid tribute to the Canadian airmen at the recent NATO defence ministers' conference in Brussels:

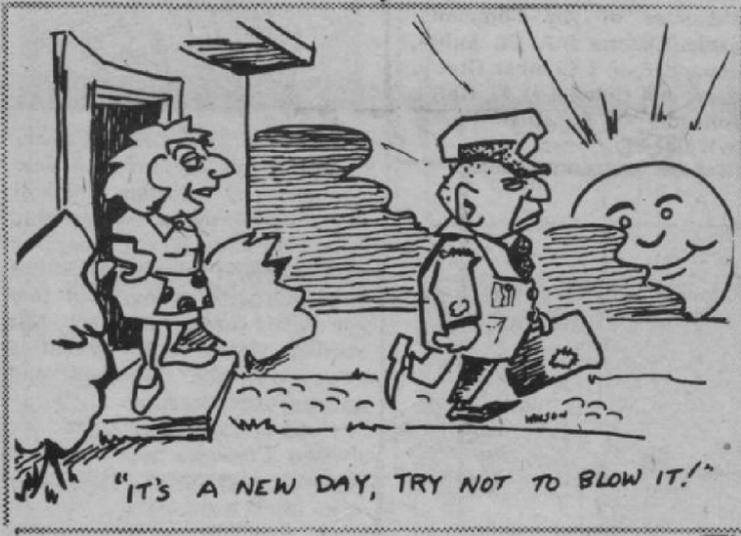
"The Italian people and I consider with emotion the memory of... Captain Ronald George McBride, who died in an accident which took place during the rescue operation."

"The sacrifice of this airman, and dedication of all those involved, will always be appreciated by our people with gratitude and great admiration.

Both injured airmen have been reluctant to comment about their brush with death.

"We're just fortunate to be alive," is all they say.

Mrs. Eleanor McBride, widow of the pilot, went to Toronto in June to accept a specially-struck gold medallion honoring her husband. It was presented by the local chapter of the Associazione Nazionale Alpini, a veteran's organization for Italy's mountain soldiers.



HELP US NAME THE ALL RANKS LOUNGE

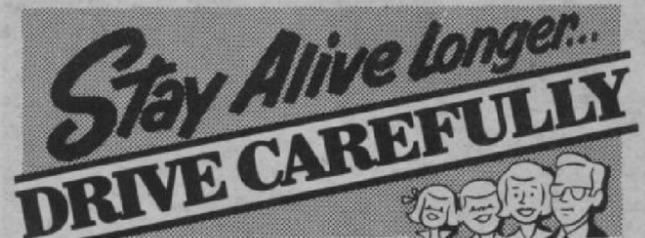
Help us name the new all ranks lounge Bldg 90 (former BX). Write your suggestion down and drop it off at the Base Exchange or mail it in - if that's too difficult, phone 832-0787 or local 580. Some of the suggestions to date are: Westwin lounge, The Westsider, The NorWester, Hercules Lounge, Astra Lounge. (Prizes will be awarded)

The lounge will be officially opened at 1200 hrs Friday 15 Oct 76 at which time a brief ribbon cutting ceremony will take place. COL. M. D. Gates, Base Commander and LCOL. E. J. Kirby B Adm O will subsequently declare the room operational.

Initially, the lounge will be open from 1200-1330 hrs Mon thru Thurs; Fridays will feature a food special and extended hours - 1200 hrs to 2300 hrs (also a music man if warranted). Sections may reserve tables or floor space for mug parties etc. at no cost during these times. The entire lounge may also be reserved for section/unit parties; minimal cleaning costs will be levied only when necessary.

Eventually, the hours of operation will increase to full daily service as required, (including a Sunday Smorgasborg). However adequate furnishings and equipment will be necessary beforehand.

In due course the intention is to develop the new lounge into a fine all ranks environment where our military community can gather and take advantage of the most economical prices possible.



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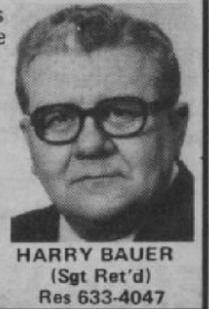
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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

VOXAIR offices are located in Building 52 at CFB Winnipeg. Correspondence and copy should be addressed to: VOXAIR, CFB Winnipeg, Westwin, Manitoba R2R 0T0. Telephone 832-1311

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Winnipeg Servicemen's Sons Selected For ROTP.



Mr. Robert Gottschalk is congratulated by BGEN. J. T. West of Air Command Headquarters of his enrolment in the Regular Officer Training Plan. The parents of Robert, SGT. and Mrs. Gottschalk of Winnipeg look on with approval.

(BASE PHOTO)



Mr. Fred Lewis is congratulated by his father LCOL. Lewis of Air Command Headquarters on his enrolment in the Regular Officer Training Plan. Fred's mother and BGEN. J.T. West of Air Command Headquarters also attended the ceremony.

(BASE PHOTO)



Mr. Robert Lehman is congratulated by BGEN. J.T. West of Air Command Headquarters on his enrolment in the Regular Officer Training Plan. CAPT. and Mrs. Lehman of Winnipeg, parents of Robert, were present at the ceremony.

(BASE PHOTO)

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429 SQN BISON BREW



Howdy Herd! The Bison Brew is being penned by a new author for the next little while so please notice that I will refrain from casting disparaging remarks in the direction of CFANS. I refuse to kick an organization that's down!

PEOPLE IN THE NEWS: Welcome to the Squadron CAPT. Bob Hawes, WO Lew Llewellyn, MCPL. Wayne Harker and MCPL. John MacFarlane.

Bob Hawes joins us from 449 Squadron in Greenwood and with his wife Pat and kids Vicki and Bruce has recently settled into a PMQ on Braintree.

Lew Llewellyn joins the Squadron from Trenton. Lew joins our overworked and underpaid Flight Engineer Section.

429 finally got its long awaited loadmaster complement in the persons of Wayne Harker and John MacFarlane. Wayne and family have recently moved into a PMQ on Blanche Ave. Early this month Wayne received "The Above and Beyond the Call of Duty" Award when he came to work while on leave to help the Squadron complete an airlift to Cape Dorset and back. John (The Great Root Bear) MacFarlane was grounded recently because of a minor eye infection. (He says he slipped and fell on a bottle.) John was probably airborne more than anyone else in 429 Sqn. during the month of Sept.

Wally Prokuda is back from some sick leave and looking "chipper". Brian Fritsch spent six tough days in Edmonton fighting for CFB Winnipeg in the "Golf War". (CFB Winnipeg - 2nd place.) Brian will be leaving the Squadron to take up his new job near the end of October and his presence will be sadly missed. (He used to write this article for the Voxair.) LCOL. Tettelaar is still away in Trenton on his C130 Course although he pops up in Winnipeg occasionally. "Chub" Hezely is still away improving his lot in life at the Ecole de Francais in St. Jean, K-bec and John Lumley is still at Staff School in

Toronto learning how to read and write (militarily that is!). Bob McCreadie and Don McDonald have just arrived back from Trenton after enjoying the fun and sun in the "Pacific Theatre". Ernie Canivet recently flew his 1000th hour in the ol' Herc. Congratulations! Ernie and Bonnie and family are leaving us at the end of the month for good times at 436 Squadron in Trenton. Good Luck!

JAM TRIP OF THE MONTH: A tie for jam trip of the month! Claude Mikkelson flew on SF506 to Lahr Germany recently. He says it seemed odd to fly in a straight line instead of a triangle. Ray Moore, Hal Steffler, Hart Kelley and Glen Morgan did good work at the Moncton Airshow and on an Arctic Airfield Tour.

RUMOURS: "Pappy" Paproski being posted to fly T-33 or Voodoos. Claude Mikkelson being posted as a crewman on an Army chopper. The rumour that Warren Everett has lost his voice is not true!

SQUADRON HAPPENINGS: The pilots of 429 were recently visited by their career managers. One pilot was heard to mutter, "We both threw darts then we split the difference." Another was heard to say, "I wanted to fly the CF104 in Germany so we compromised. I think it's Trackers in Shearwater." All in all a successful visit. In September MAJ. MacIntyre was to drop the Skyhawks in Churchill. Weather bad -- Drop cancelled. Skyhawks aren't cleared to fly in cloud, 429 Sqn's SF 93-94 to Churchill began recently and will run on the first Tuesday and Friday of each month. That's about it! P.S. Sharon wanted her name mentioned.

LADIES DAZE: A Winnipeg policeman waved a lady motorist over to the curb and complained, "Madam, why have you no red light on the rear of your car?" "Officer", she replied, "It is not that kind of a car."

Locally Yours- UNDE

Notice to all members of Local 705 The Annual Dinner Meeting and election of officers for 1977 will be held in November. Please take note that your President, Frank Martens will be retiring from his present position and will be assuming the duties as the Regional Vice-President. A new President will have to be elected - and here we need the co-operation of all members.

Military Contracts Awarded To Civilian Firms

OTTAWA—Defence minister James Richardson has announced that more than \$13 million in military construction and repair contracts were awarded in July.

Defence Construction (1951) Ltd., reported that the 50 contracts approved totalled \$13,069,418, and varied from a \$14,000 installation of range guarding equipment at CFB Halifax, to a \$5,793,000 contract for the construction of the Canadian Forces officer candidate school in Chilliwack, B.C.

British Columbia firms were awarded six contracts valued at \$6,057,672. Quebec received 12 contracts valued at \$3,681,475; Ontario, 15 at \$2,288,038; Alberta, eight at \$632,959; Nova Scotia, seven at \$384,154, and Manitoba, two at \$75,120.

Next in size to the contract for the cadet school were \$1,594,000 for concrete formwork at CFB St. Jean, Que., and \$578,500 for renovations to the Fleet School in Halifax.

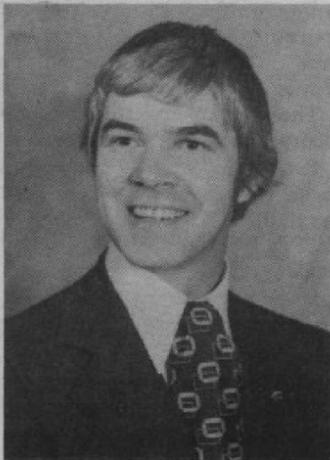
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DIVINE WORSHIP 10:30 a.m. 1st, 2nd, 3rd and 5th Sunday	SUNDAY SCHOOL Sunday 9:30 to 10:30 at CFANS Bldg. 86 (North) Saturday 4:00 to 5:00 p.m. StGeorge's Chapel
HOLY COMMUNION 9:15 a.m. 2nd and 5th Sundays 10:30 a.m. 4th Sunday	BAPTISMS and MARRIAGES by appointment (Marriage courses are taken whenever possible, contact your pastor four months ahead of time.)
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Capt. G. W. Shields Chaplain (P) Tel: 889-9173	
For duty Chaplain call Base Operator 832-1311.	

A little girl and her mother were having lunch in a restaurant. During the meal, the mother said: "I've told you, dear — don't talk when your mouth is full."

"But Mommy," said the child, "what can I do? When I talk with my mouth empty, you say: 'Be quiet and eat.'"

YOUR MONARCH MEN AT CFB WINNIPEG

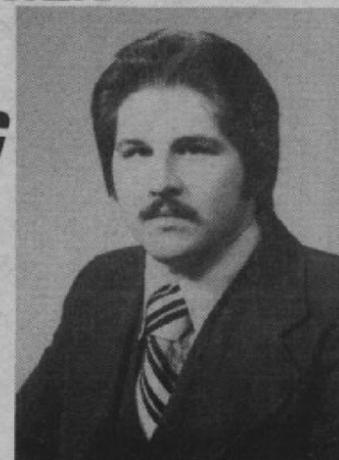


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PATRICIA REPORT



B GEN. Beattie Hands Over Command In Cyprus

Brigadier-General C. E. Beattie CMM, CD completed four years and three months of service with the United Nations Force in Cyprus on 27 September 1976. He has served in Cyprus in the rank of Colonel and Brigadier-General as Commander of the Canadian Contingent and has held the positions of Deputy Chief of Staff and Chief of Staff

of Headquarters United Nations Force in Cyprus.

The end of his tour of UN duty as Commander of the Canadian Contingent which was highlighted by the Cyprus War of 1974 was marked by a change of command parade at which Lieutenant General D. Prem Chand, PVSM commander of United Nations Force in Cyprus officiated.

Command of the Canadian Contingent was taken over by Colonel A.J.G.D. de Chastelain, CD who has also taken over the position of Deputy Chief of Staff of Headquarters United Nations Force in Cyprus.

Brigadier General Beattie will return to Canada to become Commander of Canadian Forces Base Borden.



Brigadier General C. E. Beattie CMM, CD inspects soldiers of the Canadian Contingent prior to handing over command to Colonel A.J.G.D. De Chastelain, CD (Centre rear). Lieutenant-Colonel J.E.L. Gollner (right) Commanding Officer of 2 PPCLI accompanies the inspection party.



Lieutenant-General D. Premchand, PVSM officiates at the change of command ceremonies.



The dedication of this Memorial Cross was officiated by Captain L. R. Roy, Roman Catholic Padre and Captain M. G. Cole, Protestant Padre serving with the Second Battalion Princess Patricia's Canadian Light Infantry in Cyprus.

Cyprus Memorial Cross Dedicated

The Second Battalion Princess Patricia's Canadian Light Infantry has erected a Memorial Cross at the Canadian Contingent Headquarters in Nicosia to commemorate those Canadian servicemen who have lost their lives while on United Nations duty in Cyprus.

The cross bears the names of twenty Canadians who have died in the service of peace in Cyprus since 1964. The most recent death was that of Private D. R. Kreigher of 2PPCLI who died in a vehicle accident while on duty on 17 August 1976.

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On a church poster proclaiming "Drink Is Thine Enemy," someone had added the comforting words, "Love Thine Enemy."

No news is bad news: The beautiful secretary hurried to the boss' office to tell him she had some good news and some bad news. "Only the good," he said, "I don't think I could take any more bad news today."

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PLEASE NOTE

Effective Nov. 1st Your Base Exchange Hours Will Be

Mon - Friday 10 a.m. - 9 p.m.
Sat 10 a.m. - 5:30 p.m.



Basketball Team

A Base basketball team has been formed and will be playing in the Manitoba Intermediate Men's League. Games will be every Sunday morning at various gymnasiums throughout the City of Winnipeg commencing 17 Oct 76. Practice times for the team are every Mon. and Thurs. from 4:30 - 6:00 p.m. in the Westwin gymnasium.

Contact the BPERO local 509 for more information.

Inter-Section Broomball

A Noon Hour League
Tue at St. James
Wed at Vimy
Fri at St. James

Teams:
BAMEO*CFANS*-ICEU and Alpines (the French connection)
If you wish to play contact MWO. White at the Rec. Centre, local 509

Inter-section Hockey
A Noon Hour League
Mon. & Wed.
St. James Arena

Contact
Cpl. Ray Boulanger
Rec. Centre 511.



Classes At The Westwin Gym.
Mon. & Thur.
8 - 10pm.

Curling Corner

ATTENTION CURLERS

Openings are still available in all leagues for the 76/77 season, application forms may be obtained from either rink or all Unit Orderly Rooms. For further information contact: Membership Chairman, Captain J. Vandusen at 888-0113 or 489-8011.

League commencement dates are as follows: Oct 17 - Mixed; Oct 18 - Men's (Monday) League; Oct 19 - Men's (Tuesday/Thursday) League; Oct 20 - Men's (Wednesday) League; Oct 22 - Ladies' Night League (Ladies' Daytime League commenced Oct 12 - Openings are still available.)

Junior Curlers contact Bob Nichol (Westwin) 837-6621 or Local 240 - Keith Carlson (F.O.B.) 489-9279.

Watch curling corner in Voxair for league standings, bonspiel dates etc. . .

2 Base Volleyball Teams Enter Manitoba Leagues.

CFB Winnipeg has entered two, yes that's two, teams in the Manitoba Volleyball Association. One will play "Double A" and the other "A". This is a good opportunity for our more experienced players to compete in top calibre volleyball to better their playing ability and prepare ourselves for the Prairie Region and in turn the CF National Volleyball Championships. By the way, there is a chance we may be hosting the CF Nationals in April 1977.

Base team practices will be held Wednesday evenings at Lipsett Hall from 7 pm - 9 pm.

All personnel are invited to come and try out.

For more information contact either MCPL. Reg Bonnar at the Rec Centre (511) or CAPT. Ken Benoit, BPERO (509).



CFB Winnipeg Ski Club

An organizational meeting of the Ski Club will be held on Wed 20 Oct at 1500 hrs. in Room 228A Bldg 84.

Anyone interested in joining the Ski Club is urged to attend. Membership fees for the club is \$5.00 family, \$3.00 single for the season with eight ski trips planned for this winter.

If you have any queries contact WO Gord Inglehart at loc 297 or at home 889-5141.

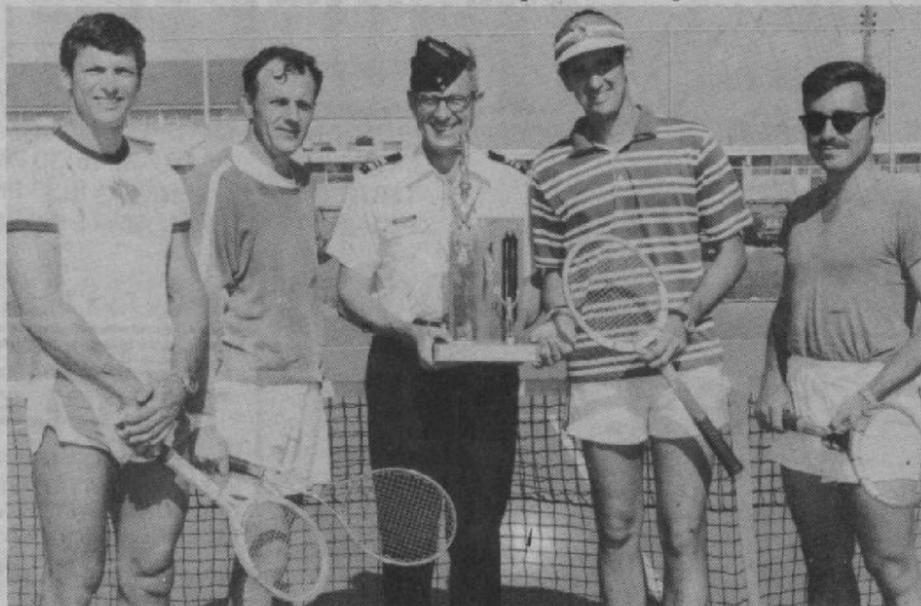
Family Fun

Westwin Gymnasium
Sundays

1:30 to 3:30

Parents must be accompanied by their children

CFB Winnipeg Sweeps Prairie Region Tennis Championship



Prairie Region Tennis Champions - CFB Winnipeg won the Prairie Region Tennis Championship held here at CFB Winnipeg 14, 15 and 16 of Sep. 76. Shown in the photo are: (1 to r) CAPT. Benoit, LCOL. Popham, MAJ. Pinsonneault BPSVCO, CAPT. Boulé and CAPT. Granger.

CFB Winnipeg played host to 79 tennis players from the Prairie Region from the 12 to 14 September 1976. There were four players representing Winnipeg, Moose Jaw and Portage la Prairie while Cold Lake and Edmonton each had three. Captain Bob Milburne made the trip all the way from Yellowknife to participate.

Back in August, the PERI section organized a Base Winnipeg tennis competition to select our

four representatives, Captain Boulé, Lieutenant-Colonel Popham, Captain Granger and Colonel Van Ek were the four winners. Unfortunately Colonel Van Ek was unable to get away from his work for the Prairie Region competition so Captain Benoit who was the fifth seed replaced him. The CFB Winnipeg team's hours of practice paid off as they took first and second in singles and first in doubles.

Captain Boulé defeated LCOL.

Popham 5 - 7, 7 - 6 and 7 - 5 in a closely contested singles final. In doubles Granger Boulé and Captain Granger defeated LT. Folkmann and Lieutenant Berthelot of CFB Portage La Prairie 7 - 6, 5 - 7, 6 - 2.

Mr. L. Borland of the Wildwood Tennis Club who officiated the finals in both doubles and singles congratulated the competitors on the high calibre of their play.



Goldeyes Treasure Dive '76 - Hillock Lake L-R Front - Glen Milne, Derek Leblanc, Ron Kimmel, Robert Paquet. L-R Rear - Dick Robertson, John Tytgat, Brian Stevenson, Al Roulston, Art Dillion, John Walton.

By CAPT. WIN KOCH

The Skin diver training is now in its fourth week at the Westwin Pool. The twelve novices are turning out to be real eager students. The conditioning still leaves something to be desired but they're all working hard on it. The novices are now using the basic skin diver equipment of masks, fins and snorkel plus bouyancy compensators and weight belts. Because of the great concern for safety that the Goldeyes have, our

chief instructor, Gord Hornbeck, is introducing the novices to the bouyancy compensators and weight belts at a much earlier stage than in previous years.

The club membership now stands at over 50 new and renewal members. Once our Cyprus divers return from their "vacation" in the Mediterranean, we will be near the 100-member mark. There should be lots of stories to listen to once Herm Coullard, Ed Laas and the rest of the PPCLI divers

return to Winnipeg.

Recreational swimming is still going on every Tuesday and Thursady night at the Westwin Pool from 8-11 p.m. If you are a diver and want to join and visit us on either night. If you want to become a diver and posses a current Bronze Medallion or equivalent, there will be a Scuba Diver course commencing on 6 Jan. 1977. Further details can be obtained by phoning CAPT. Win Koch at local 454 or SGT. Barry Abram at local 307. Safe diving!

COMPETITIVE SWIMMING

If interested, please contact CPL. Jim Wallace at the Westwin Rec Centre loc 509 or MCPL. Priest at Lipsett Hall 888-7887.

NOTE: We're also looking for coaches. Not qualified? We'll arrange clinics with the Canadian Amateur Swimming Association.

Smile if you think you're in shape.



**Air Command
100 Hour Swim**

Last year CFB Winnipeg captured the Trophy awarded to the greatest number of 12 mile swimmers. It's a real challenge for us to compete with other Bases on a strength ratio basis but we can be proud of and hope to keep the trophy we won last year. However, we would like to give a much better showing in the competition in 1976 by getting more swimmers out.

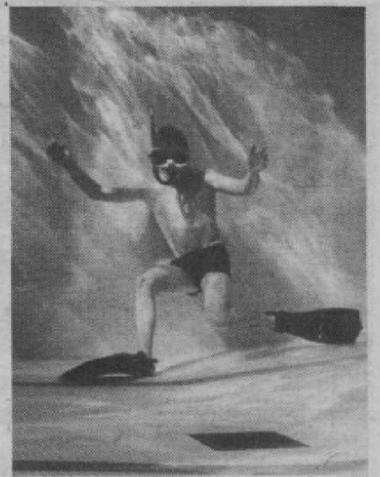
Remember, you don't have to be a long distance swimmer. Every "single" lap counts. Leave the 12 mile swims to the pros. The majority of us are "waders" but we can win the competition for CFB Winnipeg by contributing on a one-lap-at-a-time basis.

Air Command 100 Hour Swim

1300 HRS TUE 2 NOV - 1700 HRS SAT 6 NOV

AWARDS:

- AIR COMMAND TROPHY - FOR BASE/STN WITH MOST LENGTHS
$$\frac{\text{No. Lengths} \times 100}{\text{Base/Stn. Strength}}$$
 - BASE/STN WITH MOST 12 MILE SWIMMERS
 - CFB WINNIPEG INTER-UNIT TROPHY FOR UNIT/SECTION WITH MOST LENGTHS (USE SAME FORMULA)
 - DIPLOMA FOR EVERY 12 MILE SWIMMER
- NOTE - WE'LL BE OPEN 'TIL 2400 EACH NIGHT



CPL WES QUIN SHOWS
OFF BASIC SKIN DIVER
GEAR IN UNDERWATER
PHOTO TAKEN
IN WESTWIN POOL

LIPSETT HALL NEWS

**SWIMMING
REGISTRATION**

The next swim registration for Lipsett Hall Mon. and Wed, Tue and Thu classes will be 6 Mov:
- Military registration 1000 - 1200 hrs at \$6.00 per session.
- Civilian registration is from 1200 - 1400 hrs at \$8.00 per session.

All classes offered will be advertised in the 27 October Voxair.

For further information contact MCPL. Priest 888-5021.

**FITNESS PROGRAM
FOR MEN**

1900 - 2100 hours Thursdays
Fees:
Military Personnel - \$5.00
Civilian Personnel - \$10.00
Registration 1400 hours
16 Oct 76.

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Meets at:
Lipsett Hall * Sundays
Westwin * Wednesdays
7:00 to 11:00 p.m.
Phone: WO. Gary Wolfe for more information

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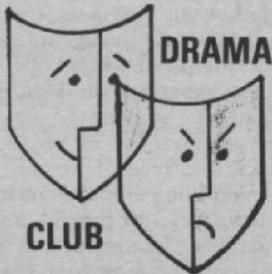
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1st - MOOSEJAW	16
2nd - COMOX/HOLBERG	14
3rd - COLDLAKE	12
4th - BEAUSEJOUR	6
4th - CHILLIWACK	6
4th - WINNIPEG	6
5th - EDMONTON	4
5th - ESQUIMALT	4
6th - PORTAGE	2

STUDIO 22



INTERESTED ?

CONTACT

MCPL MURIEL MYMKO

AT 985 - 368 OR
EVES 338 - 4320

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889 - 0248

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At Local 474 or
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Portage & Westwood Branch 3330 Portage Avenue	Blair Caithness, Mgr. 888-6770



MANITOBA JOURNAL

ROSMARIE KOHLBERG

FAREWELL TO SUMMER IN THE PARK

We watched the splendid summer culminate in a glorious autumn. Cycling through the City Park during the last days of September — and still on the first days of October — we savoured every curve in the path, discovering enchanting pictures painted by Nature from a rich palette of glowing colors: the oaks a dull copper brown, the willows still green, and the hawthorn a radiant red. As we were riding between two rows of majestic elms that had already shed some of their yellow leaves, their branches reaching up from either side became the arches of a gothic cathedral. . . .

The enthusiastic response to the bicycle path in Assiniboine Park must be gratifying to the City Fathers and Mothers. I don't know whether any of them ever cycled the four-and-a-half-mile course, but thousands of citizens — and their dogs — have walked, run, played, jogged, skated, skied, and cycled on it since it was first built in 1975. This summer the path was extended to wind between tall, cool trees, coming out along the north side of the English Garden, and running close to the river — dipping and rising occasionally — before it turns into the 'serious' stretch on the west end of the park and around the golf course.

It was a great season for cycling — especially Sunday mornings, with the reward of coffee or tea at the end or between rounds, but also on warm evenings when you could watch a dazzling sunset.

I remember the brisk May mornings when it was still too cool for wearing shorts, but apple-cheeked, hearty old gentlemen in their sporty bermudas would greet us in passing, their bright smiles suggesting, "Jolly good for us, eh? Still frisky at our age." Then there were the novices — wobbly-wheeled and wide-eyed; the couples on tandems; the little kids on little bikes, dutifully following daddy and mummy, sometimes rebelling: "I'm tired, I need a rest, I'm tired!"; the young, haughty ten-speeders who whizzed past everybody with a superior air and never a smile. . . . And the skier! Actually, he was making the motions of cross-country skiing while pushing himself along with the aid of a couple of ski poles on a foot-long boards like roller skates.

One Sunday morning my companion, who rode behind me, wondered why everybody was so friendly that day — more so than usual. I never told him that I was smiling at everyone first. (It works: almost everybody will smile back.)

People with dogs have taken a great liking to the Path. Has nobody ever told them that it was built for people? People on bicycles, to be specific! At times the Path becomes a frustrating obstacle course (not to mention the sanitary aspects), especially when you are just preparing to swoop elegantly down your favorite slope and there is this menacing brace of St. Bernards blocking your way, turning your graceful glide into an awkward lurch.

Lovers — of all ages — obviously arm in arm, strolling down the middle of the road, present a problem too. Who would want to disturb their blissful union by ringing a loud bell, shattering the tender romance? So you pull your brakes sharply and the screeching tires send the twosome scattering to the bushes. . . .

Sometimes, we would stop, at the English Garden to marvel at the luscious display of flowers and shrubs. Queen Victoria, at the Garden's north end, reigned serenely over a realm of roses and snapdragons; and later over a dominion of dahlias and Michelmas daisies. . . . An old man standing beside the sundial, alternately scowling at it and consulting his pocket watch, muttered, "It's thirty minutes late!" — disappointingly. . . .

Once I saw a boy, reclining precariously on the ledge of the footbridge, staring straight ahead, looking despondent, as though he was making up his mind to jump. (Should one go up to a perfect stranger and say, don't do it, you are so young, life is good, etc.?) One week later, he was in the same spot, wearing the same uniform — frizzled jeans and a radio — still looking melancholy. The week after that, he was not there. (Had he jumped? Should I have intervened?)

And the T-shirt inscriptions that flash by on every round: Gritty Grotto Club, Think About It, Voulez-vous coucher avec moi?, Remember Cyprus, San Francisco Rams, Brown's Hotel, La blouse qui parle, St. Louis 43, Comment t'appelle-tu?, HELP (with hearts around it — on the chest of a big-bosomed middle-aged mother). . . .

All things must end. One day we delighted in the still-warm autumn weather, and the next, a yellow blizzard of leaves swept us almost off our bikes as we rode through a deep carpet of rustling leaves.

So long, Queen Victoria, so long, Countess of Dufferin, It'll be a long winter. Maybe we'll see you skiing.

Cadenza

Tradition is today, for many, it would seem, something that rings of anachronism; the obsolete. These feelings are of course as old as tradition itself, yet there is something to be said for some of the newer attitudes in regard to certain traditions. One that needs a great deal of overhauling would seem to be the age-old "for men only" attitude that goes with so many jobs in the daily life we all apply ourselves to. Perhaps one of the last strongholds of this anachronistic attitude is our very employer, the Armed Forces. True, the day of the sword and lance or mace had little room for the efforts of the fairer sex . . . and even today's mechanized and computerized flareups, the girls might feel a little short on the beef it takes to manhandle awkward and heavy equipment around quickly so as not to get one's derrier unnecessarily perforated. But the day has arrived when the team that goes to battle is made up of a tremendous amount of rear echelon expertise, the kind which women are proving to be more than adequate at as technology changes the face of not just war, but everything else around us. On the action end of things a number of nations throughout the world have more than proved that the gals can do a helluva job when it gets right down to the nitty-gritty, too. However, it's peacetime (for us, at least) and we're finally getting around to more equal opportunity between the sexes. Better late than never, I suppose. And, so another Chauvenistic Fortress crumbles as we in the AirCom Band recognize and welcome our first female musician.

PTE. Lucie Furguson joins our trumpet section from the Forces School of Music in Esquimalt where she has been training and studying for the past two years. Hailing from Kenogami, P.Q., Lucie also is reunited with her husband, CPL. Scott Furguson, a member of our stalwart M.P.'s here at CFB Winnipeg. Welcome to our musical ranks, Lucie, and welcome to Winnipeg. Place aux dames, mes amis!

Two more new faces have graced our midst as CPL. Randy Rempel joins us on French horn from his last band, that of the RCR's in CFB Gagetown, N.B., and PTE. Bruce Smale joins us from the School of Music. Randy is from the 'Royal City', New Westminster, B.C., and Bruce has returned to his hometown here in the 'Peg. Welcome to you both, Randy and Bruce. We hope you'll find the AirCom Band and Winnipeg as great a combination as the rest of us do.

The 'Commandairs', the AirCom Band's official five-piece dance combo, returned from a highly successful sortie to CFS Churchill, where we took part in that station's "Open House" festivities on Saturday, Sept. 25th. Let it never be said that we aren't treated in the best of service hospitality when we go up there. Our afternoon performance in the hangar may have been a bit cool but no one could ask for a better bunch of people to work for. Our old friends the 'Sky Hawks' were with us and they put

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on a most interesting show in spite of the weather not being good enough for a jump. Hope the weather in CFB Greenwood turned out better for you, fellas. And last, but far from least, our aircrew who got us up and back in great time and shape were, as always, second to none. Thank you one and all for making our job a helluva lot easier.

The entire AirCom Band sojourned out to the 'boonies' a couple of weeks ago to join CFB Shilo in a parade. Following this we played a concert in the base theatre for the school kids that was most well received. As this is read by "Cadenza's" avid fans we will be out there again providing

the music for yet another parade.

An apology is due here to MWO Orval Voakes, I misspelled his name in a recent column . . . not two brilliant ov mi! Sorry 'bout that, sir!

Fall has arrived by the feel of things outside and parade schedules give way to more indoor performances. Hunting fever is making its rounds too and the only prescription I know of, for those with bird fever at least, is to take two buddies, a shotgun and several decoys and get lots of rest in a field or marsh somewhere. As for you big game guys, you're on your own. But remember, don't use march cards to sight your rifles in with. That's a no-no!

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DRAW DATE 12 NOV 76

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Proceeds will help provide metallic castings of Heraldic crests representing present and former units at CFB Winnipeg for installation at the National Aviation Museum and Memorial in Ottawa.

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Notice

Auto Club — (East side of airfield) open Mon-Fri 0900-2100 hrs.
Gas Bar — Whytefold Road open Mon-Sat 1000-1730 hrs and
Sunday 1200-1730 hrs.
Take advantage of the low gasoline and oil prices (Regular gas at
77.9c).

MOVIE REVIEW

BY KEN BERNARD

"IT CAN HAPPEN HERE . . . AND IT DID"

It is night. The house is dark. There is loud banging at both the front and back doors . . . loud male voices as well. A woman in a nightgown is up, turning on lights, disturbed by the intrusion. A couple of the older children are up also, showing signs of fear. When the doors are opened the burly men burst in, pushing past the woman, rushing to various parts of the house. Some of the men are in uniform. It is the police. They ask for her husband. She doesn't know where he is. He is a taxi driver somewhere in the city. They arrest the woman. She must leave her children. She cannot even phone a relative to come to care for the children. There are no explanations given. The Police say that they are only "following orders".

This is a scene from the film LES ORDRES, by Canadian filmmaker Michel Brault. The context of the film is the "October Crisis" of 1970; the city is Montreal; the Parliament of Canada has just passed the War Measures Act; the Police can make arrests without warrant and imprison without trial.

LES ORDRES was carried recently on Winnipeg television (CBWFT) without commercial breaks (they can do it if they really want to!); it served as a kind of anniversary. It is six years this month since Canadians were interrupted in their late night TV viewing by the less than calm announcer reporting something was going on in Montreal: there were terrorists at work; there were kidnappings; there was fear; we were not sure just what was really happening. Then came the War Measures Act, and the Canadian Military in combat uniform with weapons, were on the streets in Ottawa and Montreal. We still didn't know what was happening.

Michel Brault, in his film LES ORDRES does not deal with the event from the political point of view, nor from the Federal or Quebec perspective. He does not make a judgemental social statement. He merely offers a glimpse of one aspect of the event. He pushes through the large backdrop of a major crisis and touches the stories of real people who were unwittingly caught up in the unfolding drama. He follows the stories of some half dozen people (Canadians all) from their early morning arrests, through their imprisonment (in Canadian prisons) to their release some 21 days later, all without explanation.

LES ORDRES is about ordinary men and women, husbands, wives, parents, professionals, workers, students, and their helplessness before the extreme power of our social machine. Once the machine is set in motion, everyone, in a sense, is a victim: those arrested do not know what is happening; those doing the arresting are only following orders (hence the title). We watch these people being stripped naked, literally and symbolically: their clothes, their rights, their identity are all taken from them. They are locked up in cells, and then undergo quiet terrorism by the guards, with midnight questionings, and subtle threats. And still no one has told them what is happening.

Director Brault does not use slick filmmaking to tell the story; rather his real-life cinema style approaches the documentary. There are no special effects, no endless car chases, no background music, no flippant editing. One very interesting aspect of his style is the introducing of the actors to the audience at the beginning of each sequence, so that we learn how they feel playing their roles. This binding of actors to audience to characters is more than effective filmmaking: it is eminently respectful of the audience.

LES ORDRES is an excellent example of Canadian cinema with its low key style, its realism, its lack of slick, its non-dependence on camera tricks, its dealing with the human element in overwhelming events, its look at ordinary people rather than heroes. It is these very qualities of Canadian cinema (common, by the way, to both English and French directors) which make up its distinctive character. These are the qualities which make Canadian cinema acceptable elsewhere but not at home.

This non-acceptance of Canadian films is not to be considered strange, for very little in Canada is particularly popular: neither painting, nor theatre, nor sculpture, nor poetry, nor novels, nor television, nor magazines . . . nor politicians, nor the military for that matter . . . the list could go on. The important thing to remember in this, is that lack of popularity at home does not invalidate the work and its importance; it does mean that people must learn to live without appreciation at home (and perhaps without sufficient payment as well).

Part of the reason for this particular phenomenon is that we are not a nation of heroes and honours and dignities. If a Canadian receives special recognition abroad, we will acknowledge it, but seldom grant it on our own. Another reason is that our popular tastes run to things that are non-Canadian, particularly to things from the U.S. of A. To use the metaphor of climate: in Canada we know winter, we understand it, we can handle it, we can cope and survive; but our preference is for the sand, sun and sea, not to mention palm trees and naked, sun-darkened bodies.

OCT. Program

Eves. Mon. thru Sat. 19:00 hrs.
Sat. Mat. 13:00 - 15:00 hrs.
Sun. Eve. 19:00 - 21:00 hrs.
REGULAR ADMISSION:
ADULTS \$1.00 - CHILDREN to age 12 .50¢
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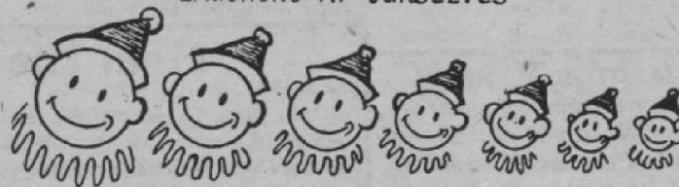
WINNIPEG

CANADIAN FORCES BASE

SUN	MON	TUE	WED	THU	FRI	SAT(mat)	SAT(eve)
 Sun. 17 Mon. 18 GEORGE SEGAL GOLDIE HAWN THE DUCHESS AND THE DIRTWATER FOX		Coming Sun. 19 THE MEN WHO FELL TO EARTH		Wed. 20 FAMILY PLOT		Fri. 15 GABLE and LOWARD Follow Me, Boys!	
Sun. 24 Mon. 25 The Blue Birds		Tue. 26 Wed. 27 BUTCH & THE KID ARE BACK! PAUL HENREMAN ROBERT REDFORD KATHARINE ROSS. "BUTCH CASSIDY AND THE SUNDANCE KID"		Thu. 21 NO SHOW		Fri. 22 GUS	
Sun. 24 Mon. 25 The Blue Birds		Tue. 26 Wed. 27 BUTCH & THE KID ARE BACK! PAUL HENREMAN ROBERT REDFORD KATHARINE ROSS. "BUTCH CASSIDY AND THE SUNDANCE KID"		Thu. 28 NO SHOW		Fri. 29 END OF THE GAME	

SUBJECT TO UNAVOIDABLE CHANGE WITHOUT NOTIFICATION

LAUGHING AT OURSELVES



by John Semeniuk

A TISSUE ISSUE - Three pigeons were flying around when they spotted some manure in a farmer's yard. Being hungry, they decided to land to have something to eat. After eating their fill of the manure, they decided to rest on the handle of an old of a pitchfork. After a few minutes, the first pigeon flew off. The first pigeon had only started to ascend when he suddenly plummeted to the ground - it was obvious that the bird was dead. The very same thing happened to the second pigeon. The third pigeon, however, was a wise old bird and stayed on the handle because he knew that one of the prime rules of life is "Don't fly off the handle when you are full of that flushable stuff."

EGO TWISTS - Conceited hubby to wife: "sweetheart, do you think I'd make a good cover boy. Annoyed wife: "Man hole or magazine?"

TOTAL RECOIL: A kangaroo suddenly leaped 12 feet over the zoo barrier that previously had never been cleared by any animal. The keeper dashed up the lady (standing inside the barrier) who was obviously responsible for the animal's sudden absence. "What on earth did you do to that kangaroo?", demanded the keeper. "Nothing much", purred the lady, "I just tickled him." "You'd better tickle me in the same place", suggested the keeper, "Because I've got to catch him!"

UPS & DOWNS - Two judges were taking a sea voyage. One judge became very sea sick and his travelling companion became quite concerned. "Is there anything I can do for you?" inquired the judge whom the sea sickness had not affected. "Yes", replied the very ill legal beagle, "Over-rule the motion!"

BARBED BANTER: Henny Youngman says that his wife has a very magnetic personality. Everything that she lays her hands on, she charges.

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Protestant Chapel News

THURSDAY AT THE AMU

My friend Harry was at the AMU three Thursdays ago when the first flight of Patricias returned from Cyprus. Here is his account:

"The place was full of excited kids and harrassed moms. Shouts of "When, Mommy", and "is it time yet?" echoed down the hangar corridor. The kids were assigned to whatever Hell distracted mothers conjure up, while the women turned to talk with each other of woman things - of sales, hair, other women. Each was avoiding what was on her own mind - will he still want me?"

The tension sounded from a hundred violins, was joined by the brass, then the percussions until, in a last symphonic crescendo, women, kids, daddys, husbands, lovers, MP's, hangers-on, burst forth with a loud outcry. The music faded, and the tinkle of a little bell filled the void.

This was the awkward time - the reaching out, are you really real, time. Some held tight to each other, afraid of being separated forever; for some, it was like the ending of another work-day-kiss the air in the vicinity of wifely cheek; pat the dog; pick up the kids, and so to home.

The waiting-room rapidly emptied, until only the casualties were left - the ones whom nobody met; the couples who were now further apart than at any time since their marriage. I wept home."

Harry gets carried away at times - but he is right on with his description of empty people. Most of us can't come to grips with our feelings. We think we are wired for sadness - and that happiness is the result of a short-circuit! Look inside yourself - both emotions are present in equal amounts - the power to bring them out is in your own hands. The only thing preventing it is your own answer to the question, do you want to?

From The Chaplain (R.C.)

The Base Chaplains (RC & P) would like to extend their thanks to the Community Council (North Site) for the help rendered to them by collecting the Census Cards from all the married quarters. These Census Cards are being studied at the Chapels so that a better way would exist to determine not only where people live but to see what religion they profess and that of their children.

The Chaplains are interested not only to be a close friend to the families but to see a spiritual revival in them as well. Thanks for your co-operation. Our Lady of the Airways "Sunday School" started to roll on 19 Sept. Classes are held at Bldg. 84 CFANS. So far we have 38 registered; we are expecting 25 more! Parents are reminded of their serious obligations towards God and society to nourish the soul of their children, with good example, teach them to pray and help them to attend Sunday School - Remember that the Public School System does not teach any religion. We have some volunteers as teachers, we need more workers and we like you to call at the Chapel and offer your services. A seminar was already attended by

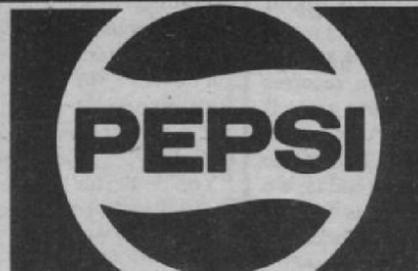
the Sunday School teachers, there will be more to come. Parents are encouraged to attend classes on Sundays to see what's going on. They should help their children not only to attend Sunday School but help them to understand the lessons at home, take care of the text book which is a Holy Book as is all Bible. Make them appreciate the book and explain the pictures to them. The Sunday School is there only to help you, help your child. A meeting will take place at the Chapel for teachers and parents on 21st October at 7:30 p.m. We urge all parents whose children are from Grade I to VI to attend. We need to get together and look at our priorities in life and share our experiences.

"Youth Club for God's People" will elect an executive and the response from Grade VII to XII students is very encouraging.

Both Chaplains are using each other's Chapel for services so that the community will know them both. This is being done to help you and to know you better. For more information read the weekly "Parish News" and call your Chaplains, make use of your phone. May God bless you.

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