



**Free**

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CFB/BFC Winnipeg

31 August 1988

# En route to Iran

Communications Reservists support United Nations peace tasking



Cpl Ian Arnett, loading his bags for departure, is looking forward to Gulf tour.

*Photo by Ken Gigliotti/Winnipeg Free Press*

735 (Winnipeg) Communication Regiment has provided 3 soldiers for this UN tasking.

The Regiment was deploying to CFB Det Wainwright for Prairie Militia Area Milcon 88 on 10 Aug 88 when the RCMP tracked down the CO at Foam Lake, Saskatchewan with a call from 73 Comm Gp Headquarters. Several personnel had been nominated for the UN tasking and were to return to Winnipeg as soon as possible. The personnel

returned to Winnipeg via road by 0200 hrs the next day and were briefed by LCol E.J. Sim, the Comm Gp Comd, the next morning.

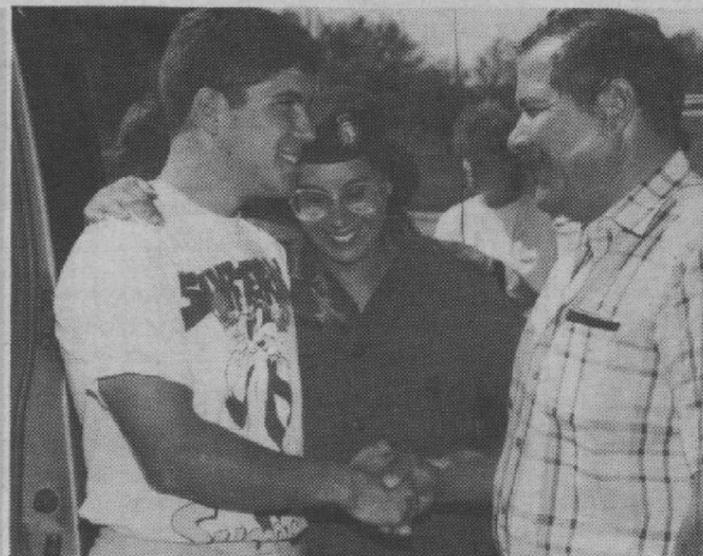
Another member of the unit was already in Wainwright and was flown back.

The 735 Comm Regt soldiers participating are Sgt James Sutton, MCpl Sean Davoren and Cpl Ian Arnett.



## "Good luck in Iran, son."

Warrant Officer George Pambrun, right, a radio operator serving as regular force training advisor with 745 (Edmonton) Communication Squadron, and Private Nikki Pambrun, centre, bid goodbye to his son and her brother, MCpl Trevor Pambrun. Father and radio teletype operator Nikki Pambrun were seeing Trevor off to peacekeeping duty with the United Nations Military Observer Group in Iran-Iraq. Trevor, a lineman with the Edmonton reserve unit, is looking forward to serving in the first wave of troops. A veteran of two UN peacekeeping missions himself, WO Pambrun is proud of his son. "I think it's a great experience that very few Canadians get. For young reserve soldiers to respond so quickly to several days notice is good to see." MCpl Pambrun has taken a year off his schoolwork to go on this mission. He was about to start his second year of para-medical technician study at Northern Institute of Technology. "I'm going to have to go back and finish it but an opportunity like this to see different countries only comes once in a lifetime so I hope it's worth it!" Trevor says.



*DND/Edmonton photo by Sgt Beau Loeffler*



## The Base Chief Said...

What a perceptive little guy that Quincy is! Of course you must understand that he is well trained. For instance, he knows that Ann and I are very concerned about his safety, and will not permit him off his lead when on walks because of the heavy traffic in the Ness/Sharp area of the PMQs. He is the reason that I had to fork over \$400.00 to build a fence in our back garden, not to mention erect the damn thing during all that heat we had in late May/early June. However, we love our little dog, and it would be very sad, and senseless if something were to happen to him because of our carelessness.

I guess that's why he got so worked up not too long ago when he was witness to an incident which could have had unforgivable consequences. We were walking in the area of the Whytewold gate of the Base, he had just stopped to use a bush for one of his jobs, when we observed the following.

A lady on a bicycle was heading South on Whytewold by the MDRs. On the back of her bike was a small child in a proper seat, and wearing a helmet. Following closely behind were two small children riding their bikes. From a first glance, this group to us, represented the epitome of safety.

At that time of the day there were a number of vehicles entering and exiting the Base. I would say quite busy for that intersection. So what did this adult on her

bike do? You guessed it. She rode right through the stop sign, followed closely by the two small tykes. I don't have to tell you what could have happened, what I can tell you is that Quincy and I are thankful that nothing happened. But that's only because of good luck. Now lady if you happen to read this, I want you to know that Quincy was not amused with your move. As a matter of fact, there were all kinds of funny noises coming from him. I think it went something like this: "\$#@% %\*#? woman". Your ears should have been burning. You should also thank your lucky stars that nothing serious happened. Please be more careful, and please as an adult try to be a bit more aware of the example that you are setting for those young children. We love you all, and it would be very sad if anything were to happen to you, or those precious kids. Think about it! Not just that lady, but all of you adults who ride bicycles.

I have received some comments about my last article. No they were not all bad. However, I do appreciate you taking the time to call, and pass on your comments, good and bad. I've become fireproof, so it won't hurt me. I'll include a bit of a cartoon with this issue. I want to thank the person who did the illustrations for CFP 265, The Dress Manual, because I borrowed a bit of your work. It's entitled "THE AIRMAN OF THE 1990's".

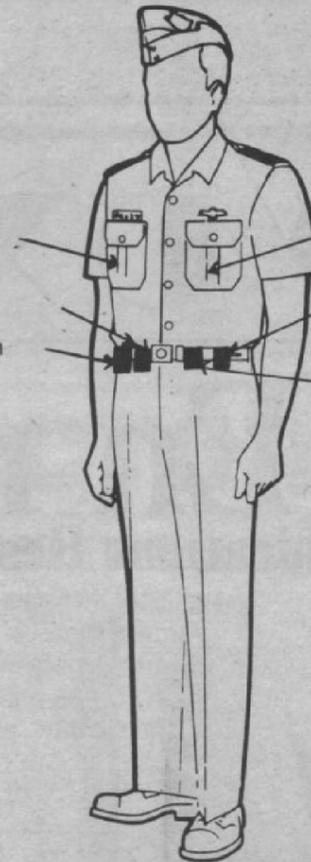
I was sitting around thinking about that article the other day, and at the same time there was a Rodger Whittaker song on the radio entitled "IF". There's a line in the song which goes: "I don't believe in ifs anymore, it's an illusion". I kind of subscribe to that view as well. I don't believe in ifs either. However, while I was analyzing the words, a funny thought occurred to me, what if? For example, what if some of those health nuts out there targeted those of us who drink regular coffee, and had someone pushing the fact that regular coffee is not good for us, and had the Surgeon General declare it a health hazard? What if, someone in the government picked-up on this, and began to apply pressure, for example a bill in the House of Commons to ban advertising of regular coffee on TV and in magazines? We would never know what happened to poor old Juan trying to climb that mountain in Colombia. Or what kind of beans he is really dealing in, coffee or something else!

I can see it now. Initially there would be a move in the Federal government to ensure that "employers" provided, both regular and decaffeinated coffee to its employees. This would be an interim measure only, effective 1 October 88. Those people who enjoy regular coffee would rebel, and demand their rights to be free to enjoy their choice of coffee. These protests would fall on deaf ears.

There would be those who say that they are addicted to regular coffee, and quitting would not be easy. Some regular coffee drinkers would resort to hypnosis and acupuncture, which would prove unsuccessful in the majority of cases.

The commanders of commands/groups/bases/stations would put out messages in support of the Federal Government's

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List of Base Counselling Personnel  
BMI Calculating Chart  
English/French French/English Electronic Translator

THE AIRMAN OF THE 1990's.....

initiative to ban regular coffee in all government workplaces by 1 Jan 90. They would encourage all personnel to cease drinking regular coffee in the workplace, by promoting educational programs for all ranks, more physical fitness through exercise schedules such as the CF EXPRES programme. There would be defined workplaces. Married quarters would be exempt from the policy, 50% of dining rooms in mess would be designated as regular coffee areas. Single quarters would also be exempt, except that they would be work places for cleaners, so they could not have regular coffee at their workplace.

All coffee machines would be converted to decaffeinated coffee

only as of 1 Oct 88. Private offices would not be exempt, however. As of 1 Dec 88, drinking of regular coffee on CF air craft would not be permitted. There would be an exception on flights in excess of four hours, but only until 1 Jul 89, when all flight would be designated as decaffeinated flights.

There would be resignations by COs who could not support such a policy, aircrew would be quitting because of it, claiming that regular coffee is what keeps them sharp. Then the do-gooders would turn their attention to some other matter...I'm glad I don't believe in IF's anymore...because, what if Quincy could ride a bike?

## Base Orderly Room News

'Did you wish to speak to Cpl Gallant or Sgt Gallant?'

'Well, I'm not sure if she was a Cpl or Sgt, but I know her last name was Gallant.'

Well to tell you the truth, we have Sgt Lynne Gallant who is NCOi/c Adm Cell and we have Cpl Julie Gallant who is 2i/c Adm Cell. Only, now, Cpl Gallant has been promoted to MCpl effective 1 Aug 88. It would seem that most of the BOR NEWS articles lately keep mentioning Cpl Julie Gallant, we are indeed still talking about the same person. At one time in early APS 88, rumour was that Julie was heading out to Shilo, but not anymore. Due to her efficiency we decided she would stay for yet another year.

When we decided to publish a BOR personality of the month, we chose her as she, so far, has spent her whole military career in Winnipeg. But even though the picture read 'MCpl' Julie Gallant, she was in fact a Cpl. So next time we mention MCpl Julie Gallant in a BOR NEWS article, no matter what the print reads, she is a MCpl and will be in Winnipeg for sure till APS 89. Should you have any questions regarding this information on MCpl Gallant, please contact Sgt Gallant at 5230.

Congratulations are also in order to Cpl Laura Taylor who

was promoted to that rank on 15 Jul 88. Well done, Laura, keep up the hard work.

Remember Cpl Monica Albert, who was posted to CFB St Jean this summer. We just received some wonderful news about her. On 29 Jul 88, Monica and Lt Mario Morneau tied the knot as Mr and Mrs. Congratulations to both of you; we wish you both all the best in your new life together. PS. Be nice to your career managers, APS 89 is not too far away. Good Luck.

'Nuff said til next time, have a great week.



Cpl Monica 'Morneau' enjoying her last day of work at CFB Winnipeg.



MCpl Julie Gallant promoted to that rank 1 Aug 88.

**Voxair**

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# The combat arms challenge! Les armes de combat: un défi

Imagine the challenge! Navigating at 80 miles per hour just feet above the ground! Evading the enemy as you dart around the battlefield, advising ground commanders, directing attack helicopters to their targets, controlling fighter aircraft as they bomb and strafe the enemy, calling down artillery fire on enemy positions or leading airmobile troops to their landing zones!

Imagine the satisfaction of flying 'home' at the end of the day, knowing that because of your actions, the soldiers on the ground have been able to secure their objectives.

This challenge and satisfaction can be more than just a day-dream! Because of a current shortage of observers (many have been promoted beyond the base working rank of senior master corporal/sergeant), there are several openings for qualified personnel at most tactical helicopter squadrons.

The trade speciality, tactical helicopter observer, is open to infantry, artillery, and armored corps NCMs who have enough experience to become an integral part of a light observation helicopter crew.

Before being placed on a qualifying course, a candidate must first meet medical requirements and pass a screening which is conducted at the helicopter squadron nearest the home unit. Although physically and mentally demanding, the speciality course taught at 403 Operational Training Squadron at CFB Gagetown, New Brunswick, prepares the observer for employment in an operational squadron.

When qualified, the NCM will be posted to a tactical helicopter squadron in Canada or Lahr, Germany where he will gain valuable experience in tactical operations while employed in the speciality. On completion of a 'tour' of two to



The challenge! An observation helicopter crew provides tactical support to combat troops during a training exercise.

Le challenge! L'équipage d'un hélicoptère d'observation apporte son support technique aux troupes de combat au cours d'un exercice d'entraînement.

four years, the observer will return to his unit with knowledge and skills that will benefit both him and his unit.

Combat arms supervisors are encouraged to inform their soldiers about this challenging speciality. By providing highly trained and well-motivated candidates, units make an investment in their future. For further information contact the training officer at the tactical helicopter squadron nearest you.

*(From an article by Sgt Gary Naylor.)*

Faire des rase-mottes à 130 km/h, vous vous rendez compte?! Et au-dessus d'un champ de

bataille par surcroît! Imaginez ça un peu...Vous survolez le champ de bataille, surveillant le commandant au sol, guidant les hélicoptères d'attaque vers leurs objectifs, contrôlant les avions de chasse qui bombardent et mitraillant l'ennemi, dirigeant le tir de l'artillerie sur les positions ennemies, guidant les troupes mobiles vers leurs zones de largage... tout ça en esquivant les coups de l'ennemi! Quelle satisfaction au retour de mission, car c'est en grande partie grâce à vous que les soldats au sol ont réussi à atteindre leurs objectifs.

Vous pourrez vivre cette expérience et en goûter toute la satisfaction. Il y a actuellement une

pénurie d'observateurs, plusieurs d'entre eux ayant été promus au-delà de leur grade de travail, (caporal-chef ou sergent principal).

Les non-officiers de l'infanterie, de l'artillerie et des blindés qui ont suffisamment d'expérience pour se joindre à l'équipage d'un hélicoptère léger d'observation peuvent être admis

dans la spécialité d'observateur travaillant à bord d'hélicoptères tactiques.

Pour pouvoir s'inscrire au cours de qualification, le candidat doit satisfaire aux exigences médicales et subir avec succès une épreuve de sélection à l'escadron d'hélicoptères le plus près de son unité d'appartenance. Le cours que donne le 403<sup>e</sup> Escadron d'entraînement opérationnel à la BFC Gagetown est très exigeant, physiquement et mentalement. Il prépare les candidats à remplir leurs fonctions d'observateurs dans un escadron opérationnel.

Après avoir obtenu sa qualification, le sous-officier est affecté à un escadron tactique d'hélicoptères basé au Canada ou à Lahr (R.F.A.), et au sein duquel il pourra acquérir une expérience précieuse des opérations tactiques en remplissant des fonctions propres à sa spécialité. À la fin d'une période de service de deux à quatre ans, l'observateur retourne dans son unité, enrichi de connaissances et de compétences qui lui seront utiles, et dont profitera son unité.

Nous encourageons les chefs d'unités des armes de combat à faire savoir à leurs soldats que des possibilités d'emploi existent dans cette spécialité. Les unités qui détachent des candidats entraînés et motivés investissent dans leur avenir. Pour de plus amples renseignements, communiquez avec l'officier responsable de l'entraînement de l'escadron tactique d'hélicoptères le plus près de chez vous.

*(Extrait d'un article du sergent Gary Naylor.)*



## GOLF CLUB — SEASON PASS RATES

The CFB Winnipeg Golf Club is now open and pleased to announce new season pass rates for the remainder of the 1988 golfing season. They are as follows:

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## 3 month Pacific cruise for Naval Reservist



Qingdao, PRC...Leading Seaman Chris McColm (left) talks about a gyro compass with Zhang Yan Ming, a sailor in the North China Sea Fleet, People's Liberation Army during a recent visit to HMCS HURON. A Naval Reservist with HMCS CHIPPAWA, Leading Seaman McColm is the son of Mr. and Mrs. Bob McColm who reside in Oak Bank Manitoba.

Leading Seaman McColm accompanied HMCS HURON on a goodwill visit to Qingdao, People's Republic of China June 3-8, 1988. HMCS HURON is the flagship of the Canadian Task Group Pacific which is currently on a three month Pacific Ocean deployment.

(Canadian Forces photo by Corporal D. Prost)

# A farewell to a Major

by CWO F.P. Smith

You know there are people who claim to be without prejudice. They would have us believe that everyone is equal, and should be treated as such. If that is the case, then I guess Quincy and I will have to plead guilty to being prejudiced. Oh, I don't mean colour of skin, ethnic origin, or religious beliefs prejudice. I simply mean that we are not all equal in most cases, and everyone is different to some degree. I consider myself to be human, and the simple truth is there are some people I like more than others.

Let me give you an example. I know this major who is different from a lot of majors I've met. This major is, first of all, a patient, caring, enthusiastic person, who has as much time for you as you need, to talk out a problem, or answer a question. There is never any rush to get you in and out. Ask a question, you'll get a straightforward answer, or if the answer

takes awhile, and this major tells you that she'll get back to you, please believe me she will. This major inspires confidence.

This major is well educated, probably more than most, however, she never tries to impress you with the knowledge that she has. This major is as comfortable talking to generals as she is to privates. Using big words is not this officer's style.

Oh sure, this major is human too, sometimes getting a name tag on upside down, or wearing incorrect accoutrements with the uniform. But one thing I've noticed is, that when corrected, no offence was taken, indeed, very often, thanks was given for drawing it to her attention.

I remember asking the BAdmO if he could supply me with a major to act as a squadron commander for a parade. Half jokingly my favourite major's name was mentioned. My reaction was, that as inexperienced as she might be

on the parade square, there was no doubt in my military mind that she could do the job.

I just asked a MCpl a moment ago, if she had had any dealings with my major. She said yes she had. Then I asked her what her impressions were. Without hesitation she replied, "In my mind, pretty wonderful." Those sentiments pretty well sum up the way I feel about Major Jane MacNaughton, our former Base Surgeon.

I know this Base has benefited because she was here to serve us. Her contribution to all base personnel has been outstanding, and I think I can speak on behalf of all members of CFB Winnipeg, when I say, thank you, and wish you, your husband, and daughter Kaitlin well in Kingston, Ontario. CFB Kingston is getting an outstanding doctor, who in my mind has proven herself to be one of the finest officers and Base Surgeons in the Canadian Forces. Good luck Ma'am.

### "ATTENTION SERVICEMEN WIVES"

A group of servicemen wives have got together to collect and record our side of service life: the good, the not so good, the sad, but mostly the happy, comical errors we live or lived with while in the services. We hope to edit and publish a small book within two years.

Any small item you send could be the one to make the book enjoyable. We need volunteers to act as a collector in your area or as an editor to help put the book together. We need volunteers as soon as possible. Maybe a group such as Servicemens Wives Club may take it as a project. Please contact us as soon as possible so that we can set up a contact person or organization in your area.

Winnie Roach - 3839 Azalea Place, Port Coquitlam, BC V3B 4A1

### 416 SQUADRON STAND-UP

416 LYNX Squadron will reactivate on Friday 9 December, 1988 and stand-up festivities will continue throughout the weekend. The festivities will celebrate not only the reactivation of a purebred fighter squadron, but also the culmination of the CF-18 acquisition. Any ex 416 Squadron members or other persons interested in attending are asked to contact the 416 Squadron Stand-up Committee at post office box 1809, Medley, Alberta, T0A 2M0 or Major D.C. Burt at Cold Lake local 7611, commercial 403-594-7611. Come celebrate with us! AD SALTUM PARATUS.

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# Service Air Travel Tips

The fall travel season is fast approaching and the Air Movements Section of CFB Winnipeg would like to take the opportunity to provide information on Service Air travel regulations.

1. Passengers must check-in for eastbound flights between 1445 and 1525 hrs. For westbound flights the check-in is from 1525 to 1605 hrs. These times are normally one hour prior to flight departure but, passengers should note that check-in times do not change when a flight is delayed. As well, it is the responsibility of every passenger to contact the AMS if they expect to be later

than the normal reporting time. Failure to notify the AMS may result in a lost seat.

2. It is advisable to check on your flight ahead of time for possible changes. The AMS Winnipeg phone number is 895-5623. After hours dial 895-5622 to get a recording that provides information for scheduled and unscheduled flights on a daily basis.

3. For security reasons all baggage is x-rayed at check-in and passengers are required to pass through a metal detector as they enter the departure lounge.

4. The baggage entitlement for service air is 50 lbs. Those travelling duty can get permission in advance for an extra 50 lbs but those travelling on leave cannot. All passengers are allowed one piece of carry-on luggage that conforms to the 18" x 16" x 7" size restriction. The exception to this rule are garment bags which cannot be carried in the passenger cabin even if they are within the size limits.

5. A position on the priority 5 or opportunity list does not ensure a seat to the individual concerned.

6. Service Air is not guaranteed, so those who use it should be prepared to travel by commercial means in the event of flight delays or cancellations.

7. Passports are required by Service members and their dependents when travelling overseas on leave. Dependents up to the age of 10 are to be listed on the Mother's passport.

8. Military members travelling on Service Air have to travel in uniform but there is also a dress code for civilians and dependents over the age of 16. The pictures below are part of a display that will be placed in

the AMS to provide examples of suitable dress. Generally speaking windbreakers, jeans, T-shirts, athletic/jogging clothes or other casual attire are not acceptable for Service Air travel. It is important to note that passengers who are improperly dressed may be refused boarding.

All of us in the passenger section of AMS Winnipeg wish you happy, trouble-free travelling and hope this information clarifies some confusing areas. If you have any questions about your flight or about Service Air regulations in general don't hesitate to contact us. We are here to help.



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7:00 pm  
No dogs that night please.

**T.O.P.S.**  
T.O.P.S. (Take Off Pounds Sensibly) meets every Monday evening. Please call 832-8477 or 255-2147 between 5:00 and 9:00 p.m.

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## The Facts About High Blood Pressure



What is blood pressure? Let's put it this way, if you're alive, you have it. Blood pressure is the pressure of the blood in your arteries. While your blood pressure may vary, when it goes up, and stays up, it's known as high blood pressure or hypertension.

**What causes high blood pressure?**

While the actual cause of high blood pressure is unknown, factors such as heredity, diet, lack of exercise and obesity may contribute to the condition.

**What are the consequences of untreated high blood pressure?**

If left untreated, the consequences of high blood pressure can be quite serious. Untreated or uncontrolled, high blood pressure can lead to kidney failure, blood clot, stroke, angina, heart attack or even heart failure.

**How is high blood pressure diagnosed?**

High blood pressure is also known as the "silent condition" because it doesn't show any symptoms in its early stages. In fact, if any, warning signals exist. When they do occur, however, these warning signals can be

frequent headaches, dizziness, fatigue, or shortness of breath. These symptoms may also be caused by other conditions.

Should you have any of these symptoms, see your company doctor or nurse or family physician. Having your blood pressure checked should be part of your examination.

**How is high blood pressure treated?**

Your family doctor should decide the most appropriate treatment for you. Suggestions may include relaxation techniques, a low salt and cholesterol diet, physical exercise, and in some cases, medication to control your hypertension.

The first step to better health is learning more about high blood pressure. Contact your doctor and arrange for a blood pressure checkup.

For further information on high blood pressure contact: Hypertension Information Centre 80 Bloor Street West Toronto, Ontario M5S 2V1

## Saluting the blues

Every man and woman in the Canadian Forces who wears air force blue will receive a free copy of the RCAF Association's 40th Anniversary issue of *Airforce* magazine in September. The special issue will also be a salute to Air Command.

By special arrangement with LGen Larry Ashley, commander Air Command, the magazines will be shipped to bases and

stations across Canada for distribution.

The Royal Canadian Air Force Association was founded by Air Chief Marshal L.S. Breadner, CB, DSC, to preserve the traditions of the RCAF and ensure continuing support for the RCAF from the civilian community. The association today continues these lofty aims, while promoting the cause of aviation in both the military

and civilian fields.

*Airforce* magazine provides something old, something new, something borrowed and all of it in air force blue. Profusely illustrated, the magazine carries tales of wartime derring-do, as well as articles about Canada's air arm today, and the future of aviation and aerospace.

Make sure you get your free copy in September.

## Hommage à l'aviation

Chaque militaire canadien, homme ou femme, qui porte l'uniforme bleu de l'aviation recevra un exemplaire gratuit du numéro spécial de septembre consacré par la revue *Airforce* au 40<sup>e</sup> anniversaire de l'Association de l'ARC. Ce numéro spécial constituera également un hommage au Commandement aérien.

En vertu d'une entente spéciale avec le lieutenant-général Larry Ashley, chef du Commandement aérien, toutes les bases et

stations au Canada recevront des exemplaires gratuits de ce numéro dont la distribution sera assurée par les commandants.

C'est le Maréchal en chef de l'Air L.S. Breadner, CB, DSC, qui a fondé l'Association de l'aviation royale du Canada afin de préserver les traditions de l'ARC et de favoriser le soutien continu de la communauté civile envers l'ARC. L'Association poursuit toujours ces nobles buts et assure la promotion de l'aviation à la fois dans les domaines civil et militaire.

La revue *Airforce* offre dans chaque numéro une touche d'ancien, une touche de nouveau et des éléments d'emprunt, le tout présenté sur fond bleu aviation. Abondamment illustrée, elle contient des récits d'actes de bravoure du temps de la guerre, des articles sur l'Aviation royale canadienne actuelle, ainsi que sur l'avenir de l'aviation et de l'aérospatiale.

Ne manquez pas le numéro gratuit de septembre!

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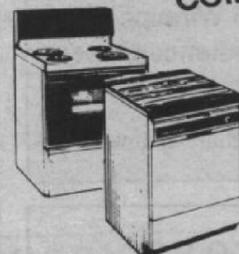


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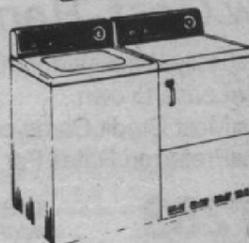


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## 2 PPCLI promotion



Cpl Cameron Simms is seen here being promoted to the rank of Cpl by LCol W.G.S. Sutherland, Commanding Officer of 2PPCLI.

### GIRL GUIDES OF CANADA

We have an active program for our girls in Brownies, Guides and Pathfinders at CFB Winnipeg North site.

The registration for the girls will be announced at the schools later, but we need Guiders.

If you are an old hand at playing the guiding game or would like to give it a try for the first time we have a place for you.

To find out more contact Margaret Horton at 888-6487. We'll be looking for you.

### ADULT DAY CLASSES

Wishing you had finished high school? Here is your chance to earn your high school diploma by mature program.

Base Training is trying to set up classes during lunch hour on base in order to give the opportunity to all members and their spouses to earn their high school diploma.

Classes would be run daily from 1130 to 1230 from Sep to Jun which will permit all the students to do two of the six credits required for the diploma.

If you are interested an information session will be held on Friday, 2 Sep 88 at 1130 at the conference room in Bldg 86.



## 2 PPCLI Adventure Training



Members of Bravo Company starting out on their 20 km paddle to Otter Falls.

2 PPCLI returns to Canada and immediately the adventure begins — adventure training that is — at Whiteshell Provincial Park.

During the period from 18 to 26 July, the Patricias conducted two day "Back to Nature" trips for three groups of 27 men each. Base camp was established at Opapiskaw Campground on the shore of the picturesque Dorothy Lake. This venue set the right tone for some much needed relaxation after our European tour of duty and a hectic in-clearance in Winnipeg.

Day One of each trip started with a road move from Kapyong Barracks to base camp in the morning. In the afternoon, the men received practical instruction in the care and control of a canoe; generally a refresher for them but a few still need more work. The real fun began in the early evening with the fishing derby. In all, 40 fish (Pike, Pickerel, and Bass) were caught. Derby Champions were MCpl Mellquist and Pte Tully, each with a three pound Pike and Cpl Averay-Jones with a three pound Pickerel. The first day was topped off by

a campfire, eating of the day's catch, and the traditional fishing yarns of the big one that got away.

Day Two started with an early rise and a tear-down of base camp. By 0800 hrs, paddles were in the water and the Patricias were off on a 20 km journey to Otter Falls. The sun was hot, the wind was against us and the waves rolled off the gunnells (well, a little exaggeration but you get the idea) but the men were ever persevering and returned to Winnipeg having had a good time and ready to return to soldiering in Canada.

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BINGO  
EVERY WED.-FRI. & SAT. 8 P.M.

DANCING  
TO LIVE BANDS  
EVERY THUR.-FRI. & SAT.  
9-1 A.M.

MEAT DRAWS  
EVERY SAT. 2 P.M.-5 P.M.



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# BASE TRANSPORT

## Driver of the Month July



Cpl. E. Simmons from Base Transport's Cargo Section is July's Driver of the Month. Cpl. Simmons has been at CFB Winnipeg since 1976. He is pictured here with a semi-trailer used by the Cargo Section.

Base Transport held its annual Roadeo (Safe and Skilled Driving Competition) on July 29. The Roadeo consisted of: a written test, a defect test, a road rally and an obstacle course for: Bus, 3-ton truck and tractor trailer.

This year's winners were:  
 Road Rally — Pte B.T. Costello and Pte M.W. Crotty  
 Bus Course — Cpl J.S. Costain  
 3-ton Course — Pte C.J.L. Desormeaux  
 Tractor Trailer Course — Cpl J.G. Turgeon

## Rodeo Winners



Road Rally winners Pte Costello & Pte Crotty with Capt R.F. Robillard, A/BTnO.

## AMS promotion



CWO Al Cox, with his new rank on the 1st of Aug. With the new rank is a posting to Air Command HQ effective 8 Aug 88. Congratulations CWO Cox!

## CWO Scroll presented



"CWO Dauphinee recently received his CWO Scroll from MGen Ashley. Congratulations, Arnie."

## 402 Sqn — Cpl hooks



LCol R.W. Patrick, CO 402 Sqn, adjusts Cpl Jennifer Chambers' new hooks, effective 1 Jun 88. Cpl Chambers is an admin clerk at 402 Sqn. Congratulations!

## Accelerated promotion for Air Reservist



Cpl Carolyn Plourde received her accelerated promotion to that rank from Col Blaine G. Bartley, Deputy Commander of Air Reserve Group Headquarters. Cpl Plourde is a member of the Air Reserve Augmentation Flight and is currently employed at ARGHQ. Her new rank was effective 1 Aug 88. Congratulations, Carolyn!

# BAMEO

## Airman of the Month August



Ocdt Bernard Pepin receiving his new rank of Officer Cadet from Capt Reitmuller. He has been selected for the UTPM program. He will be attending Lakehead University, and will be studying toward a Bachelor in Social Work degree. We wish him, his wife, Johanne, and their two children, Tammy and Thomas, the best of luck.

Cpl Ouellette is presently employed as an Aero-Engine Technician on #1 Crew Herc & Daks Servicing in 10 Hgr.

Cpl Carey Ouellette's dedication and extensive technical knowledge came to light recently when he found excessive play on the thrust bearings of the propellers on two separate aircrafts. Further investigation revealed heavy metal contamination in both engines. Carey's professional expertise most certainly



Cpl Carey Ouellette.

prevented possible engine seizure and a serious flight incident.

For this thoroughness, Cpl Ouellette is BAMEO Airman of the Month for Aug 88, and use of 2Lt Hudon's exclusive parking spot will be his.

Cpl Ouellette is a member of the ground search team and a specialist in the "swamp" dept. He enjoys bike and horse back riding, chess, camping, and parties with pretty ladies, only serious inquiries please!

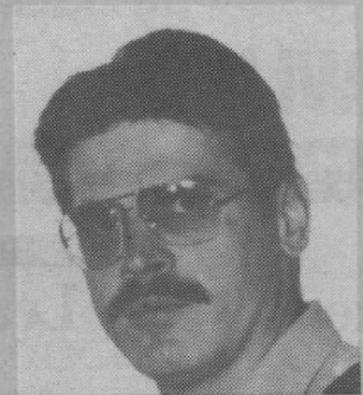
## PROMOTIONS



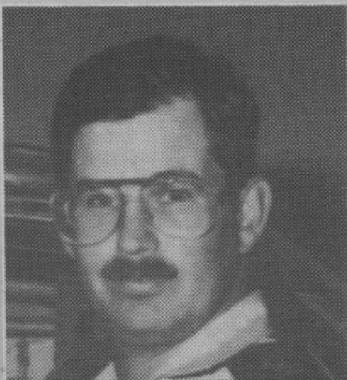
Congratulations MCpl Craig Baldwin on your promotion effective 1 Aug 88.



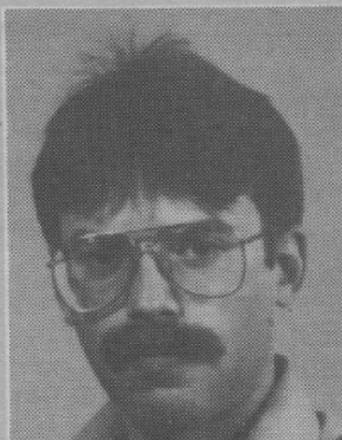
Cpl Alice Renwick, sporting her latest hairdo, cheerfully examines a Tutor intake upon her promotion on 10 Aug 88.



Sgt Bob Coates displays the stern, no-nonsense, look he will adopt in his new rank, effective 1 Aug 88.



Sgt Guy Perron received his new rank along with new responsibilities; he is now in charge of the Safety Systems Section. "Félicitation et bonne chance dans ta nouvelle position".



Sgt Roger Huggins was promoted to that rank 1 Aug 88.



Newly promoted MCpl Denis Ferron sports a big smile while performing his duties.



# SPORTS ANNOUNCEMENTS

## sports update..

### CFB Winnipeg Intersection Slo-Pitch

Final league standings prior to playoffs

POSITION	TEAM #	TEAM NAME	POINTS	WIN/LOSS/TIE
1.	17	CFANS STUDENTS	28	13/2/2
2.	7	MP/OPS	27	13/3/1
3.	2	OPS/PERS	26	13/4/0
4.	3	429/CFS	22	11/6/0
5.	12	BASE FOODS	22	10/5/2
6.	16	CFANS STAFF	21	10/6/1
7.	8	BSUP	21	9/5/3
8.	15	BEME	20	10/7/0
9.	14	733 COMMSQN	20	9/6/2
10.	13	BHQ	18	9/8/0
11.	18	CE	16	8/9/0
12.	11	BAMEO	14	7/10/0
13.	5	14 TRG GP	13	6/10/1
14.	10	1 CEU	10	5/12/0*
15.	4	DCOS MAINT	10	5/12/0*
16.	1	BASE COMPT	8	4/13/0
17.	6	73 COMMGP	2	1/16/0

\* In this tie the standings were decided by Win/Loss Ratio in favour of 1 CEU 1:1.48 to 1:1.6

Playoffs commenced on the 22nd August and final standings will be published in September.



### Aerobics award of excellence



MWO Larry Herrod receives his Aerobic Award of Excellence for completing 9600 Miles from Maj Brazeau and Capt Peet.

## BOWLING REGISTRATION



### Youth — YBC

Registration for YBC will take place 10 Sep 88 from 1:00 PM to 4:00 PM in the Bowling Alley, Bldg 90. Registration Fee is \$3.50. There are four divisions — Pee Wee (5-7); Bantams (8-10); Juniors (11-13); and Seniors (14-18). Bowling fees to be paid each week are \$2.25 for Pee Wees, \$3.00 for others.

MUST BE A MEMBER OF THE REC COUNCIL. CARD MUST BE PRODUCED UPON REGISTRATION.

### Ladies League

A meeting will be held at the Bowling Alley, Bldg 90, 13 Sep at 7:00 PM for those interested in the Ladies Bowling League.

MUST BE A MEMBER OF THE REC COUNCIL.

### Mixed League

Thursday Night Mixed Bowling League. Start-up night 15 September 1988. Call Doug Atkins at local 5733 if interested.

#### WANT TO KNOW MORE ABOUT SKATING?

The St. James Assiniboia Figure Skating Club Inc. will be participating in "Information Week" at Unicity Mall September 2 and 3. Come and ask us about our skating programs.

#### ST. JAMES-ASSINIBOIA SKATING CLUB INC. HOLDS REGISTRATION

Registration for Canskate, Canfigureskate, Canpower, the new Bridge Program, C.F.S.A. and Precision will be held at the Vimy arena on Tuesday, September 13 and Thursday, September 15 from 7 to 9 p.m.

A Skate and Dress Sale will be held during Registration. Please be sure skates are clean and all articles are tagged and clearly labelled with your name, phone number and asking price. For more information Contact Sue Peirson 889-6827.

#### CO-ED LOW IMPACT AEROBICS

45 min classes at Lipsett Hall  
Cardio Vascular conditioning  
Muscular Strength & Endurance, Stretching & Flexibility

MONDAY — WEDNESDAY — FRIDAY  
11:45-12:30

STARTS SEPT 19TH

Cost is \$20.00 for 6 weeks

Register at Lipsett Hall before Sept 15th

INSTRUCTOR — Marlene Loewen R.F.A., C.F.I.

FOR FURTHER INFORMATION CALL 895-6185

OR CONTACT CPL M SCOTT AT LOC 6185



## BROOMBALL

### CFB WINNIPEG MENS BROOMBALL MEETING

19 Sept 88

Base Gym Blg 90

1800 Hrs

Contact MCpl Pearce — Loc 5514

### LADIES! LADIES! LADIES! MOODY BLUES BROOMBALL MEETING

19 Sept 88

Base Gym Blg 90

1700 Hrs

OPEN TO ALL

Contact MCpl Pearce — Loc 5514

REC CENTRE



### CFB WINNIPEG GOLF CLUB AUTUMN GOLD GOLF TOURNAMENT WASAGAMING GOLF CLUB — RIDING MOUNTAIN NAT'L PARK 10 & 11 SEP 88.

Name \_\_\_\_\_ Bus Phone \_\_\_\_\_

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Base, Organization or Sponsor \_\_\_\_\_ Avg Score \_\_\_\_\_

ENTRY FEES CHECK ( ) APPLICABLE

A. Golf — 2 days (includes BBQ & Meet and Greet) \$50.00 \_\_\_\_\_

B. BBQ & Meet and Greet only \$ 7.00 \_\_\_\_\_

C. Mail entries to: Autumn Gold Tournament  
CFB Winnipeg Golf Club  
PO Box 151  
Westwin, Man R3J 0T0

or  
Hand Deliver to: CFB Winnipeg Curling Club (s)

D. Contacts at CFB Wpg are: Mr. Earl Linn 837-4982  
CWO C Shaddock 895-6678  
WO B Graham 895-5857  
Maj C McFate 895-6312  
Capt R Schwartz 895-5145

E. Reservations: Doners Lodge and Motel (284) 848-2404  
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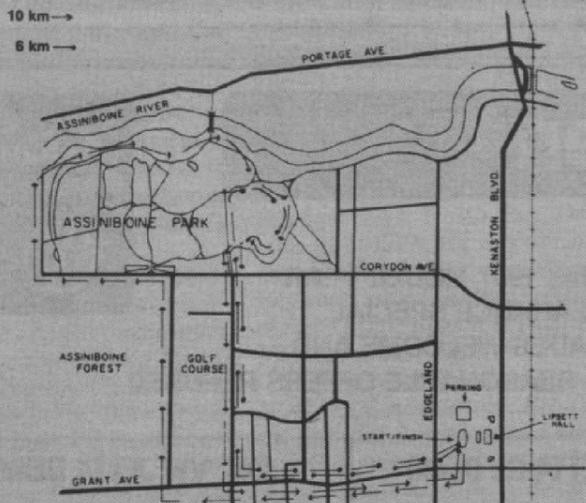
# CANADIAN FORCES BASE WINNIPEG



## THE 8TH HOSTS ANNUAL Terry Fox Run SUNDAY SEPT 18

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HAVE A PICNIC IN THE PARK



# 14 Trg Grp Change in Command



BGen Scott Eichel, former Commander 14 Training Group, exchanges parting words with CWO Fred Smith, the BCWO. In his additional capacity as 14 Training Group CWO, Mr Smith presented BGen Eichel with his Group Commander's pennant.

Wanted: Well-known hockey player, former resident of Edmonton, now located in Los Angeles, wishes to hire a string ensemble of 99 violinists. Duties limited to playing background music at press conferences. Repertoire limited to two selections: 'Theme Song from Love Story' and 'There's No Business Like Show Business'. Serious enquiries only.

### News Item: ROYAL VIEWS DIFFER SHARPLY

Diplomatic tempers are expected to flare on both sides of the Atlantic as the battle of opinions continues over the advantages of cloth diapers versus disposables. Opposing sides are said to be held by Sarah, Duchess of York, and Janet, Duchess of Gretzky.

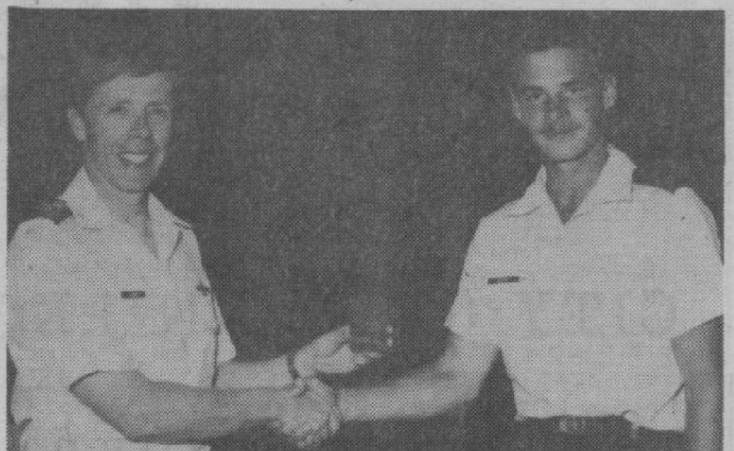
In other hot August news, just as peace breaks out in one part of the world, war resurfaces in another. The Great Patriotic Doughnut War of 1988 recently made its reappearance at 14 Trg Gp HQ.

Capt Darrell McKinstry, who was posted to NDHQ in June, returned on TD this month only to find himself on the Duty Roster for Doughnut Wednesday. Again, the memos started flying and soon the coffee room resembled a battlefield. Most victims suffered from paper cuts and smoke inhalation.

This may be one sticky bun fight that even the UN can't handle.



LGen Larry Ashley, Commander of Air Command, welcomes BGen David Kinsman as Commander 14 Training Group during recent Change of Command ceremonies. Looking on with approval is BGen Scott Eichel, the departing Commander, accompanied by his Executive Assistant, Maj Jim Fowler.



Cpl Tony Irving of 14 Trg Gp HQ receives congratulations on his accelerated promotion from BGen David Kinsman, Group Commander.

Base Photo

## Group Gossip

### FEET, DON'T FAIL ME NOW!

Congratulations go out to Cpl Tony Irving of the Grp HQ Admin Staff on his accelerated promotion and his receipt of the blue and bronze seals to his certificate of aerobic fitness. Since he started working on his certificate program in Nov 85 Tony has run a total of 8,000 km and worn out

about eight pairs of shoes.

As a teen, Tony took up running in 1979 and estimates that since that time has amassed a grand total of 17,000 km. That's equivalent to running from Newfoundland to Vancouver Island, then down the West Coast as far as Colombia, South America.

Base Photo

## St. James Volkswagen



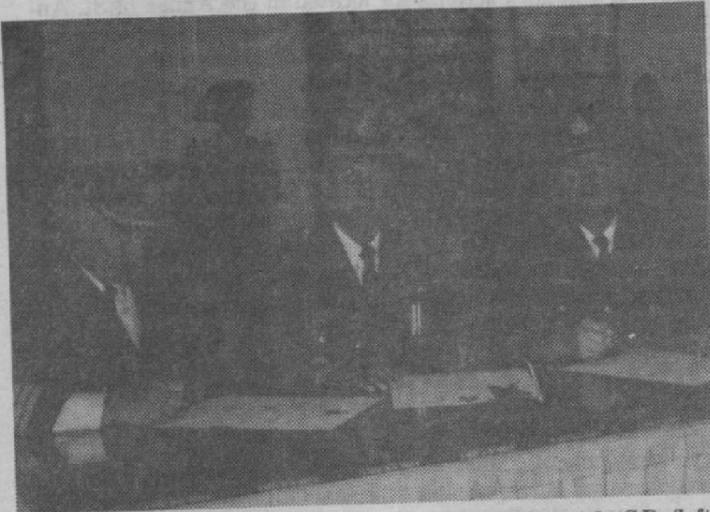
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<p><b>1985 AUDI AVANT</b> 4 door auto. Completely loaded. Luxury sport wgn.</p> <p><b>Special \$16,900</b></p>	<p><b>1986 CUTLASS CIERA</b> 4 door automatic, with p/s, p/b, air, tilt, cruise, split 60/40 front seats. Metallic brown.</p> <p><b>Special \$10,900</b></p>	<p><b>1987 VW GOLF DIESEL DEMO</b> 4 door, 5 speed, p. steering, theft protected, am/fm st. cassette, stratos blue metallic.</p> <p><b>Special \$12,980</b></p>	<p><b>1987 AUDI COUPE NEW</b> Fully loaded, black metallic, 3 year Audi card benefits. <b>Regular Price \$28,950</b></p> <p><b>Special \$25,840</b></p>
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# 402 Sqn Change of Command



Incoming Commanding Officer LCol Robert W. Patrick, C.D. (left), places his signature on the hand-over certificate for 402 "City of Winnipeg" Squadron, while BGen Paul A. Hayes, O.M.M., C.D., Commander of Air Reserve Group (centre), and LCol J. Malcolm Symonds, C.D., outgoing Commanding Officer (right), take their turn as well in finalizing the formalities.



As the crowd of anxious on-lookers fearfully fixed their gazes seaward, the forlorn figure steadily drifted further from shore and safety. With sunset only hours away, no one could help but wonder if salvation was within the realms of possibility. Hadn't they all exchanged furtive glances when he left them scant moments ago, mentally debating the wisdom of his decision to defy the forces of nature. Alas, none had given voice to these concerns and now they all shared the dread of impending doom.

Suddenly spurred to action, two brave souls, their faces set with grim determination, challenged the glassy surface in an aging but sensible vessel. Onward they plunged across the rapidly rippling surface, steadfast in their pursuit. Drawing upon days if not weeks of experience with water, they located their quarry, drew near and heroically brought aboard the enervated and bedraggled windsurfer.

Thus started the first annual CFSAS Family Beach Day, with this spectacular rescue of Commandant LCol Joe Sharpe. The festivities, the brainchild of Capt Fred Takagi, were held at Faloma Beach in Whiteshell Provincial Park amidst the warmth of the August sun and featured a host of water activities. Thanks to Barb and Steve Teatro and their nearby cottage, all participants had the opportunity to try their hands at water skiing, canoeing and rowing.

CFSAS lost some stalwart members during the 1988 posting season, with the departures of LCol Ben Dennis (AIRCOM), Maj George Arajs (Summerside) and Capt Mike Campbell (Cold Lake). Also leaving us were Maj Pierre Chevrier who retired to join the Air Reserves, and Capt Nick Mykitiuk who has headed for Comox with hopes of working for the Reserves as well. To all the

ferred to the RCAF Regular in 1958.

During his Regular Force career he flew with 410 All Weather Fighter Squadron at Uplands, Ontario (1959-1961), Central Experimental and Proving Establishment at Cold Lake, Alberta (1961-1965), and instructed on the T-33 and CF-5 aircraft (1969-1973). His final flying tour was as Squadron Operations Officer/Crew Commander with 405 Maritime Patrol Squadron from 1981 to 1985 at Greenwood, Nova Scotia.

LCol Patrick served as Executive Assistant to the Chief of Staff at the 4th Allied Tactical Air Force at the Ramstein Air Force Base, Germany (1965-1969), Staff Officer Plans at Air Defence Command and Staff Officer Operations at Air Defence Group Headquarters, North Bay, Ontario (1974-1977). He was Senior Director and later Assistant Regional Control Centre Director of 23 NORAD Region at Duluth, Minnesota (1977-1981).

In 1985, he was posted to NORAD Headquarters, Colorado, and first served as an Assistant Command Director; then assumed the position of Assistant Chief of Staff in 1987.

LCol Patrick is married to the former Marion Black of Fergus, Ontario and has four children: Heather, Rebecca, Adrienne and Bobbie.

LCol Robert W. Patrick, C.D., recently came back home to the Winnipeg Air Reserves he had joined in the early fifties.

In a traditional Change of Command ceremony June 26, the outgoing Commanding Officer of 402 "City of Winnipeg" Squadron, LCol J. Malcolm Symonds, C.D., handed over the Squadron's Standard to incoming Commanding Officer LCol Patrick, while families, friends, dignitaries and Squadron personnel looked on. In the background was the Squadron's venerable Dakota aircraft, and a Chipmunk which had been the first aircraft flown by LCol Patrick in 1956.

Following the signing of the hand-over certificate marking the official transfer of command, a sentimental air revoir was bid to LCol Symonds with a rendition of "Heart of Oak" by the Squadron's Pipes and Drums Band.

Special guests at the hand-over parade included: Brigadier-General P.A. Hayes Commander of Air Reserve Group Headquarters, Brigadier-General E.I. Patrick, Chief of Staff for Operations Air Command Headquarters, Colonel E.J. Harris, former Commanding Officer of 3 Air Reserve Wing Headquarters, Colonel E.W. Linden Chief of Staff Operations and Plans of Air Reserve Group Headquarters, LCol J.C. Haip, L.E. Olson and M.S. Joyce, former Commanding Officers of 402 Squadron, and LCol L.A. Vermeersch.

LCol Patrick was born in St. John's, Newfoundland and moved with his family to Winnipeg in 1948. He attended Lord Roberts Junior High School, Gordon Bell High School and the University of Manitoba.

He began his Air Reservist career in 1952 as a Communications Operator with 2402 Aircraft Control and Warning Squadron (RCAF Auxiliary) in Winnipeg. Later, in 1956, he joined 402 Squadron as a pilot, and then trans-

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Capt Nick Mykitiuk is shown receiving his retirement pin from LCol Sharpe after completing over 31 years of service. After joining the RCAF as a communications technician, Capt Mykitiuk took his commission and earned his Navigator's wings before joining the world of maritime aviation. Following tours at 407 Sqn, MP & EU and MARCOM HQ, he took the Aerospace Systems Course (ASC) and headed south to work on the Aurora project in Burbank, California. Another tour at 407 Sqn followed before he returned to Winnipeg to instruct at CFANS and CFSAS. Nick is retiring to Comox with his wife Jeannine and daughter Julie.

departed and their families, we wish our very best.

Freshly graduated from the Aerospace Systems Course, Maj Rene Vezina has joined CFSAS to be the new ASC course director, and Maj Len Campaigne has arrived from Colorado Springs to assume control of the Space course. Capts Lynn Paddick and Bob Griechen have reported in from CFANS and retirement in Kelowna respectively to handle administrative, coordination and training support duties for the unit, and WO Don Cook has been

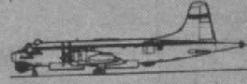
aboard for a few months replacing the retired MWO Warren Allisch.

The academic year starts 22 August, heralding the customary influx of 400-500 students instructed by CFSAS each year. With our selection of established, changing, new and developing courses, the coming year promises to be as interesting and challenging as last. Twelve months from now we should be able to look back upon a year of accomplishment and achievement...if only we can keep the Commandant on shore.

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## CHAPLAINS CORNER



### News from the RC Chapel North

The activities of our normal year are resuming, with many of our parishioners posted out to other bases, and many newcomers.

The main new element of this year is the beginning of a process called **Renew**, which our parish, along with many others in the City and in the Province, are well into planning. The program begins in October, with the purpose of guiding the spiritual growth of individuals and communities and the development of a vibrant faith community. Focus has been placed on four areas of parish activity: 1) the celebration of Sunday Mass and the setting up of a prayer network; 2) large group events; 3) take home activities for families shut-ins, and 4) small sharing groups. Paul Deschambault is coordinator and directs the large group committee. Heading up the Prayer network and the take home committee is Peggy Deschambault. The Sunday Liturgy committee is led by Mary and Louis Richard. One of the keys of **Renew** is the small group coordinating committee headed by John MacPherson: this committee bears the overall responsibility for the selection, composition, training of small group leaders. Contact with the participants will be the responsibility of the Telephone, Sign Up Sunday and home Visit committees, led respectively by Leona MacPherson, Jenny and Paul Glass, Janet Williams and Jodeen Stewart. Ken McLeod will head up the publicity committee. Should you like more information on **Renew** or should you wish to help in the process, please contact



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## Protestant Chapels

Things have been a little quieter around the Chapels lately but have not been snoozing on these hot summer days. Plans have been made for a **Back to Chapel Sunday** on 11 Sep. This will be the time to register your sons and daughters for Sunday School but also a time when you can sign up for Choir, Bible Study, Couples

any of the above mentioned members of the Parish through the Chaplain's line (895-5272).

September will also be the moment when the parish initiates Sunday School for children of Kindergarten to Grade 6 levels. Registration has begun August 28, Wally and Janet Williams are in charge of that program for our young parishioners, together with many Religious Education volunteer teachers. They will be glad to help you if you have a child of age to attend Sunday School or to be prepared for either Communion or Confirmation.

The parish will also have a welcoming celebration for our new parishioners, most likely after a Sunday Mass. More information will be given soon. All the RC members of the base can consider themselves very cordially invited and welcome. For any need or for a visit do not hesitate to contact the RC Chaplain, Father Marcoux (895-5272 at the office; 831-7291 at home).

Father J. Marcoux

Club, or the Chapel Guild (if you missed the opportunity to sign up at Lipsett Hall last Saturday). Bring your children, your new neighbours and help us tailor the Chapel programmes this year to meet your tastes.

The collection of clothing for the North went very well and we thank all who have contributed. The clothing is now being packed and will be shipped shortly.

The St. Andrew's Women's Centre will be opening again next week on the South Side. The

coordinator is anxious to have a good turn out, so that plans can be made for the fall's activities and speakers.

The St. Andrew's Women's Centre held a closing out party on 16 June and said good-bye to all those leaving this summer. Presentations were made to the Director, Padre Wiley, and coordinator, Mary Lou Allard, in appreciation of the effort they put into the Centre.

The Centre reopens 6 Sep. It will be open on Tuesday and

Thursday mornings from 9:00 a.m. until 11:00 a.m. The Centre is located in the Annex of St. Andrew's Chapel at the corner of Kenaston Boulevard and Grant Avenue. It is available to all dependent wives and their children. Ladies, bring your pre-school children with you and come and join us for coffee and sweets. It's a great opportunity to meet new friends and possibly renew old friendships. If you have any questions, call Florence at 489-1634.

Padre R.E. Baker

## Greetings from the Chapels

### Nouvelles de la Chapelle Catholique du Nord

Septembre ramène la reprise des activités normales de la paroisse. Cette été a vu plusieurs membres de la paroisse affectés ailleurs, alors que plusieurs nouveaux venus nous sont arrivés.

L'événement le plus important de cette année sera certainement la mise en marche du mouvement **Renouveau** dans notre paroisse comme dans beaucoup d'autres paroisses de la ville et du Manitoba. Le programme commence en octobre, et se propose d'aider la croissance spirituelle des individus et la vitalité des communautés chrétiennes. L'accent est mis sur quatre types d'activités: 1) une célébration du dimanche particulièrement axée sur cette perspective, et l'organisation d'un réseau de prières; 2) des activités destinées à un groupe large; 3) des activités personnelles à faire à la maison pour les individus isolés; 4) la formation de petits groupes d'échange. Paul Deschambault est le coordinateur du mouvement. Le réseau de prières et les activités à la maison

sont sous la responsabilité de Peggy Deschambault. Mary et Louis Richard ont la responsabilité de la liturgie du dimanche. Mais ce qui est l'activité-clé de ce mouvement, la mise en place de petits groupes d'échange, est la responsabilité de John MacPherson, tant pour le choix, la composition, que pour la formation des responsables d'équipes. Le contact avec les participants sera assuré par un comité du téléphone, un comité de l'engagement, un comité des visites à domicile, dont les responsables respectifs sont Leona MacPherson, Jenny et Paul Glass, Janet Williams et Jodeen Stewart. Ken McLeod s'occupe du comité de la publicité. Un groupe semblable, plus réduit en nombre, sera mis sur pied du côté francophone, avec ses propres responsables. Vous pourrez avoir plus de renseignements ou vous porter volontaire pour ce programme en contactant l'un des responsables par la ligne de l'aumônier (895-5272).

Septembre est aussi le moment de mise en marche de l'école du dimanche, offerte aux enfants anglophones du jardin d'enfance à la 6ème année. Une première inscription s'est faite le 28 août. Wally et Janet Williams sont en charge de ce programme. Si vous avez des enfants d'âge de l'école élémentaire ou qui doivent se préparer à la Communion ou à la Confirmation, vous pouvez rejoindre les responsables par la ligne de l'aumônier.

La paroisse aura aussi bientôt un repas pour accueillir les nouveaux arrivants. Plus de détails seront bientôt disponibles. Tous les membres catholiques de la base peuvent déjà se considérer comme invités et bienvenus à cette rencontre, qui devrait avoir lieu en fin d'avant-midi, un dimanche, après une des messes. Si vous désirez une visite de l'aumônier ou voulez le rejoindre pour quelque raison que ce soit, vous pouvez le rejoindre au bureau (895-5272) ou chez lui (831-7291).

Père J. Marcoux

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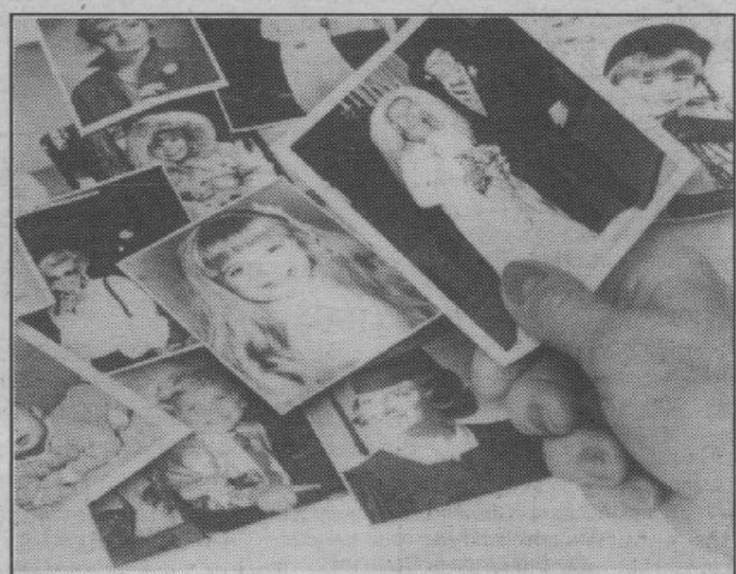
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