



# THE VOXAIR

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FREE



Photo by Cpl. Bern LeBlanc

## MSS Send Off

After saying good-bye to friends and family, troops lined up to board their plane to Camp Mirage. MSS from 17 Wing Winnipeg were joined by personnel from 4 Wing, who are also deploying to the camp.

By Avery Wolaniuk

After months of preparation, the first-of-its-kind Mission Support Squadron (MSS) loaded their bags, waved goodbye from the tarmac, and departed for their inaugural overseas mission.

"They're all very, very excited," said the OC of the MSS, Maj Stephane Parent, three days before the unit headed out. "Just the fact that we're leaving as a unit is really making this one very special." A crowd of loved ones and co-workers gathered at Building 129 on 17 June to say good-bye to the members, who will be deployed for six months. MGen Charles Bouchard, Commander of 1 Cdn Air Div, and Col Ken O'Brien, Wing Commander, both addressed the troops before they departed. Mr. Steven Fletcher, MP for Charleswood St James Assiniboia, also spoke to the crowd, and St.

James MLA Ms. Bonnie Korzeniowski gave a presentation to the unit at the reception.

The 70 members from Winnipeg, joined by personnel from Comox and Cold Lake who also deployed to Camp Mirage, departed 17 Wing at 1400 hours on 17 June, had stops in Trenton to pick up more troops and Budapest for refuelling, and landed at their final destination around supper time (local time, a nine-hour difference) on 18 June.

After arriving at the camp, the unit was processed by the administrative clerks and given a brief orientation before heading to bed to catch up on much needed rest after the long flight and to get their internal clocks aligned before they started up full speed the next day.

Before they headed overseas, the MSS had a chance to

show what they were made of at Exercise Maple Flag in Cold Lake, Alberta. It was the first time that the unit, who until then had been in training, worked together as a team.

"It was a phenomenal exercise," said Maj Parent. "All the planning that we did — all the prep and training and everything — all worked out. Everything went according to plan and we impressed a lot of people with the quality of the exercise we had."

The first group left for Cold Lake on 5 May. Everyone left camp together after three weeks of work on 29 May. "It was a lot of long hours, long days. It was flat out from the moment we got on the ground to the moment we tore down and loaded the last box on the truck. You're working together

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Minister of National Defence addresses the crowd of military personnel and media gathered in the Officers' Mess on 10 July.

## MND Visits Winnipeg

By Avery Wolaniuk

On 10 July, the Minister of National Defence (MND) the Honourable Gordon O'Connor visited 17 Wing Winnipeg and 1 Canadian Air Division. His stop here landed between his northern visit to investigate possible CF expansion in the arctic, and announcements at bases across the country, totalling \$17.1 billion spending on new equipment across the Forces.

"I've had the pleasure of bringing a lot of good news to the Canadian Forces," the Minister said in an address to military personnel and media guests in the Officer's Mess. New purchases include \$1.8 billion on four strategic aircraft designed to carry heavy cargo, 17 tactical aircraft at a cost of \$3.2 billion that will eventually replace the Hercules aircraft, \$2 billion on 16 military helicopters, 2,300 new high-tech trucks, and a \$2.1 billion plan to build three navy supply ships. The new equipment is expected to start arriving over the next two years.

"The purchases are part of the government's plan to revitalize the Air Force," Minister O'Connor said. "These purchases will have a great impact here in Winnipeg. Considering the age, serviceability and operational limitations on a number of Canada's existing air craft fleets, 1 Canadian Air Division Headquarters will be relieved to have these new helicopter and fixed wing assets under its command. And I'm sure that 435 Sqn will be particularly happy about the new tactical aircraft."

The minister also spoke about the significance of these purchases for the Air Force's continued capability to serve its country. "The members of (435) Squadron know better than anyone

that their aircraft desperately need to be replaced so that they can keep doing their jobs. Their planes are old, overburdened and nearing the end of their useful lives," he said. "If we hadn't moved on this project and moved now, the capacity of the Canadian Forces to provide tactical air lift beyond the year 2010 would have been almost eliminated."

The MND spent the morning at 1 Cdn Air Div, touring the facilities and participating in briefings with MGen Charlie Bouchard, Comd 1 Cdn Air Div. After the address in the Officer's Mess, Minister O'Connor toured 17 Wing facilities with WComd Col Ken O'Brien, including a static display at 435 Search and Rescue Squadron and a walk through of the multitude of services offered in the Wing Logistics Building. The Minister then met with the staff and several spouses of deployed personnel at the MFRC.

From Winnipeg, the Minister travelled up north on a fact-finding tour to determine the feasibility of several new arctic projects. "During that trip I will meet with local populations and officials to talk about how the Canadian Forces can best serve their vast region of the country." On the trip the MND plans to look at expanding Air Force capabilities in the arctic, options for a Navy deep water docking facility in the north, and the possibility of an army arctic warfare training centre.

"Our Canada-first defence strategy seeks to make Canada more secure at home and more influential abroad," Mr. O'Connor said. "To that end we are committed to supporting the people here at 17 Wing and in every region in the country."



The Honourable Mr. O'Connor speaks to MFRC staff and spouses of personnel on deployed operations.



Maj Anthony Dunkerley, Wing Supply Officer, talks with Minister O'Connor about the staff and operations under his command on a walk-through Building 129.



The Minister tours Building 129 and meets 17 Wing staff.

## The Brooklyn Bridge

By Alf Brooks

On June 8 Germany issued a stamp picturing the Brooklyn Bridge with the skyline of Manhattan in the background. Why?

Johann August Röbling (John Roebling in the USA), a German civil engineer, was born 200 years ago. In 1831 he emigrated to the USA, where he designed many bridges and perfected steel cable suspension. In 1867 he was appointed chief engineer for the Brooklyn Bridge. In 1869, while making observations to determine the exact location of the Brooklyn tower his foot was crushed and he died of tetanus 16 days later. His son Washington was appointed chief engineer after his father's death. He too suffered injury during the project: in 1872 he was stricken by caisson disease and then supervised the project from his bedroom window overlooking the East River.

The Bridge was opened in May 1883; its main span measured 1,595 feet, 6 inches, the world's longest at the time.



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# Aerospace Power Review 2006

Submitted by LCol (Ret'd) T.A. Bailey

On June 27 and 28, the Canadian Forces School of Aerospace Studies and Aerospace Systems Course 58 presented a symposium focus on aerospace power with its Aerospace Power Review 2006 – Canada's Expeditionary Air Force – Exploiting Aerospace Power in Support of Special Operations. Two stimulating days were spent looking at emerging aerospace technologies, and assessing their potential impact on Canada's future Air Force.

Colonel S.A. Howden, A/DCOMD FG, 1 Canadian Air Division, opened the Symposium Tuesday morning, emphasising transformation in the Air Force and that the ASC graduates have the ability to make certain that the Air Force can meet the challenges of the future. He reaffirmed the importance of ASC training to the Air Force, saying that we need trained personnel in defining requirements, managing projects, and performing test and evaluation. We are on the verge of obtaining significant new equipments and it behooves us

to get them into service effectively.

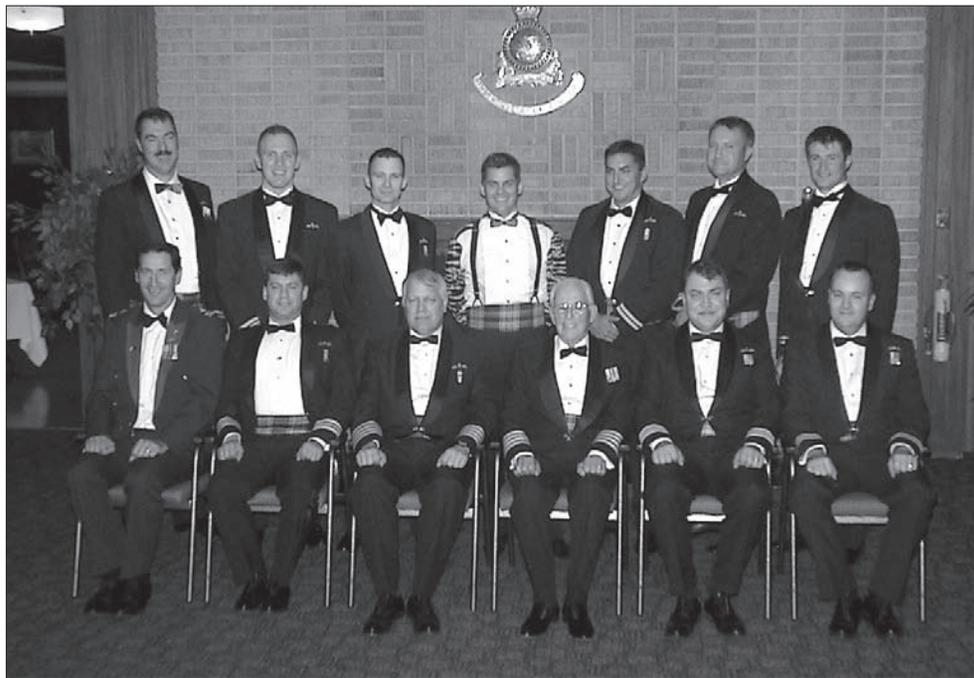
Throughout the 10½ month program, the course members are given the opportunity to develop their abilities to express themselves, logically and concisely, on operational and technical matters — both in writing and verbally. Syndicate Projects and Technical Papers permit the course members to conduct research on assigned topics, to demonstrate their ability to collect and analyze data on a complex technical subject, and then to present the findings to a select and knowledgeable audience. This year's topics covered a wide range of technically challenging aerospace technologies: two syndicate projects — Canadian Search and Rescue Capability, and Special Operations Group C4ISR UAV Project (SCUP); and individual papers - Nano-Technology in Aerospace Applications; Advances in Helicopter Noise Reduction Technology; GPS Guided Weapons and Overland Operations for Maritime Patrol Aircraft, Alternate Employment of Missile Approach Warning Systems for Domestic Search and Rescue Operations; Electromagnetic Interference and Compatibility Issues With Respect to Digital Flight Control Systems; Laser Propulsion; Target Recognition Using Inverse Synthetic Aperture Radar; Aircraft Control and Communication Utilizing Datalink; Hyperspectral Imaging and Multi-Sensor Data Fusion for the Detection and Classification of Non-Cooperative Military Targets.

Symposium attendees were impressed with the quality and technical content of the presentations and many pointed questions were asked and well answered by the course members.

Throughout the past year, ASC 58 course members gained significant experience with national and foreign government and commercial agencies during aerospace focused military and industrial visits. These visits included departments and companies in Canada, the U.S., France and the United Kingdom: Canada - NDHQ/CAS; CFEC; CFEWC; DRDC Ottawa, and Toronto; DGAPEM; L3 Communications Electronic Systems Canada; Bombardier Aerospace; Washington, DC - Defense Modeling and Simulation Office; Naval Research Laboratory; Raytheon International; AAI Corporation; Northrop Grumman Electronic Systems; Boston – Air Force Electronic Systems Center, Hanscom AFB; MITRE; Sikorsky; Pratt and Whitney; Lincoln Laboratory, MIT; L3 Communications ESSCO; France – SNECMA Motors; EADS Space Transportation; Dassault Aviation; UK – Thales Training and Simulation; Thales Aerospace; BAE Systems Future Systems; QinetiQ Farnborough; Thales Optronics; and, MBDA Stevenage.

A Graduation Dinner was held in the Officers' Mess Wednesday night with Colonel K.S. O'Brien the guest of honour and dinner speaker. Following dinner, Col O'Brien presented the three major awards given on the course: the Commandant's Trophy for overall best student, the General Paul Manson Award for the overall best individual project paper, and the Award of Excellence for the best symposium presentation, all to one individual – Sqn Ldr (RNZAF) David Lampen-Smith.

There is fun to be had during ASC, but it comes with a price tag — much hard work! And what is ASC you ask? In its 58-year history, ASC has earned the reputation of being one of the most challenging and advanced, technology-oriented courses within the Air Force. The aim of the ASC is to provide selected air operations and direct support of officers with advanced education and training that will enable



Aerospace Systems Course 58 Course Photo



Sqn Ldr David Lampen Smith, RNZAF, receiving the Commandant's trophy.

them to fill appointments associated with the definition of operational requirements, and the acquisition, analysis and evaluation of aerospace systems. Its reputation extends to recognition amongst NATO and other air forces (USAF, RAF, RAAF, RNZAF) and indeed, among the international aerospace industrial community. Candidates are typically at the rank level of Captain and have completed one operational tour, with members occasionally being promoted during the course. There is also an international "flavour" with attendance of officers from Australia and New Zealand.

One thing is certain: the skills acquired on ASC can only benefit the individuals and the Air Force itself. There is no substitute for education, except perhaps some experience to go along with it. The students of ASC 58 have graduated and headed off to their new units to put their "education" to work and gain that experience.

### ASC 58 GRADUATE EMPLOYMENT

Capt Rob Clark	ASC Instructor, CFSAS, 17 Wing Winnipeg
Capt Tony Duplante	HOTEF, 12 Wing Shearwater
Capt James Hawthorne	HOTEF, 12 Wing Shearwater
Capt Art Jordan	426(T) Training Sqn, 8 Wing Trenton
S/L David Lampen-Smith	Orion Upgrade Project, New Zealand
Capt Duncan Rand	HOTEF, 12 Wing Shearwater
Capt Gregg Steele	426 (T) Training Sqn, 8 Wing Trenton
Capt Keith Tagg	404 (MP&T) Sqn, 14 Wing Greenwood
Capt Joris Wood	CFSAS, 17 Wing Winnipeg

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Wing Orderly Room staff (from left) OCdt Kevin Forhan, Cpl Brett Riddell, and Cpl Wolf Brecheisen take a break at the WOR barbeque.



Civilian and military staff of the Wing Admin Branch are often the first people new arrivals meet at 17 Wing.

# 17 Wing Administration

By CPOI Simon Blaikie

The Wing Administration Branch is uniquely situated in its mission to provide quality support to military personnel and their families. Though every Unit, Branch and Section bear responsibility for the welfare of the personnel within their lines, the Wing Admin Branch is specifically tasked with supporting personnel at multiple points in their careers. Indeed, it would be difficult, if not impossible, for the airmen, soldiers or sailors of today's forces to focus on their primary mission if they were excessively concerned about the welfare of their families or themselves. The Wing Admin Branch is charged with the care, both short and long term, of each and every member at 17 Wing Winnipeg.

One of the first people new arrivals to the Wing meet is the reception clerk in the Wing Orderly Room. The WOR will remain the primary provider of pay and administrative support to the majority of military personnel during their tour in Winnipeg. Recently reported in Voxair was the move to an increased civilian presence in the WOR as many of our RMS Clks have deployed with the MSS to Camp Mirage. The success of this initiative is due largely to the efforts of the WPersAdminO, Capt Mary Ann Beaugrand, WO Ivan Groulx and Sgt Craig Mantle.

This section also includes the final clearance we all do, i.e. the Release Section. Sgt Thompkins and her team ensure that the transition to civilian life is as smooth as possible. Their expertise in all release matters is well respected throughout the Wing and if one is contemplating their retirement it is in their best interest to make that preliminary call sooner rather than later. Other components of Capt Beaugrand's team are the Wing Central Registry (Mrs. Nadia Alix), the Post Office (Sgt Claude Roy), the Cashier (WO Marc Michaud), and the Furniture and Effects Section (Mrs. Karen Packer). Royal LePage and the team of IRP professionals also work closely with the WPersAdmin section.

During one's posting a member may decide to change careers, perhaps to an occupation that would lead her/him to the balmy seas of the North Atlantic. In such a circumstance, Maj Paddy Douglass and his crew at the Personnel Selection Office would be more than happy to provide the guidance through those often-murky waters. Should this possibility prove too rough, the PSO staff is very adept at navigating us through occupational reassignments as well as the numerous commissioning and education programs available. The Training and Selection staff also includes the Language Training Centre, Wing Ground Training and the Wing Publishing Office. Of note is the new lecture theatre in the TEC that will soon be open and which will seat approximately 170 people.

The Wing Chaplain, LCdr Bruce MacKenzie and his ecumenical team, remain devoted to providing the necessary pastoral care to the military community and their families. The peace and joy they bring to many of us is available to all and they look forward to walking the road with you.

Many of the residents of 17 Wing are here for only a short period of time. Thanks to teams led by the Wing Personnel Services Officer Maj John Mahon and CPO2 Mike Fairfax, the quality of life for both long and short-term inhabitants is greatly enhanced by the quality of our Single Quarters, Transient Quarters and the accompanying Messes. Our Mess life, of course, is an important facet of military life for all of us in Winnipeg, and our Messes continue to undergo renovations to ensure they can provide the excellent service we have come to expect. The WPersSvcs section is also responsible for cleaning services on the Wing. We all sincerely appreciate this team's tireless efforts at keeping our environment a pleasant place to work.

One of our greatest challenges as we grow older is to maintain the physical fitness of our youth. The PSP manager, Mr. Rick Harris, and his team of experts at the Base Gym are here to help us maintain and in some cases regain our fighting form. Rick is particularly proud of the four squash courts at S-90, which are among the finest in the city. Under the PSP mandate we also enjoy an excellent Health Promotion service and an outstanding Community Recreation program.

All is not work and recently the Branch, along with several guests, assembled for a Mess Dinner. Among the guests were Q97's Paul Wheeler and Loughlin Cross. Their ongoing efforts in arranging a 'Slurpee' machine to send overseas for our deployed troops was celebrated, and it appears that two new 'Crud' players have been recruited. The evening was an entire success as many who have worked so hard took the opportunity to relax and pass the port. As well, recently many of the WOR and affiliated staff took part in lunchtime BBQ. During a hectic posting season the break was a welcome diversion.

This article reflects only a portion of the entire branch and I encourage everyone to peruse the newly designed website at <http://17wing.winnipeg.mil.ca/WAdmin/>. The many links that the Branch has with Air Reserves, the MFRC and a host of other agencies is fully explored. The Branch's many responsibilities in support of our personnel attest to the value we place in our Defence Team, both military and civilian. We at the Wing Administration Branch remain focussed on providing quality service and support that will enable 17 Wing to fulfill its mission.

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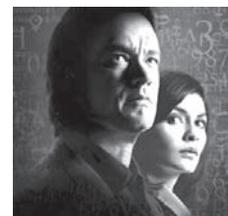
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# Statement By The Prime Minister On The Passing Of Corporal Anthony Joseph Boneca

OTTAWA — Prime Minister Stephen Harper issued the following statement on the passing of Corporal Anthony Joseph Boneca.

“On behalf of the Government of Canada, it is with deep sadness that I send my sincere condolences to the family, friends, and comrades of Corporal Anthony Joseph Boneca who was killed this morning in Afghanistan during a combined Afghan National Army and Coalition security operation.

“Our prayers are with the loved-ones of Corporal Boneca in these difficult times and we stand proudly as a nation knowing that his sacrifice was not in vain; that he

laid down his life for the safety of citizens in both Canada and Afghanistan.

“On behalf of Canadians, I praise Corporal Boneca’s courage and self-sacrifice and I take comfort knowing that his memory will live on in the spirit of fellow CF soldiers serving around the world, and in the hearts of his countrymen who pray for their safe return.

“As this tragic moment has illustrated, there are risks to our mission in Afghanistan and I want to thank the men and women still serving there for their unwavering commitment to their mission in spite of these risks. As a country we stand proudly behind you.”



## Welcome To Construction Season

By Avery Wolaniuk

It is widely understood that there are two seasons in Manitoba: winter and construction. Now that the snow has melted, Construction and Engineering (CE) is pulling out the pylons.

17 Wing CE is responsible for the upkeep and development of all 17 Wing assets; that means OC Maj Cambridge and his crew are planning and overseeing projects from Thunder Bay to Moose Jaw to Yellowknife.

And there are plenty of projects in the works this summer. At the top of the list is the Junior Ranks lower level lounge, an ongoing renovation that has encountered several hiccups along the way. “It was delayed due to structural and engineering problems, and then there became a financial problem because the project exceeded one million dollars, and once you exceed a million, there’s more approval required,” said Maj Cambridge. That approval came back to CE with unusual haste, and the construction is back on track. After completion of this last project Building 61 will have been completely redone, down to cracking the floors and replacing some sewer pipes. “That’s a complete gut and replace,” said the Major. “Mechanical, electrical, you name it, it’s all there. It’s been two years of very hard slogging of large projects to get this one going.”

There are plans for outside the building as well. On the junior ranks side there will be a barbeque gazebo, and both outdoor mess areas will be fenced in for a little bit of private green space. The front of the facility is going to get dressed up, and you’ll see drop off lanes out front similar to the one put in outside Building 62 last year.

Work will be happening to clean up the outside all over the base. Because it was such an early spring this year, grass was ready to be cut before there were landscaping contractors lined up to cut it. And because money has not been readily available for grounds-keeping the past couple of years, there is extra work to be done prun-

ing trees and tidying paths. “We’re excited about getting all the yard work, so to speak, done — getting all the sidewalks and jogging trails up to par,” Maj Cambridge said.

Then there are the projects that many people don’t see. Three to four million dollars in repairs to the Apron will be done this year, part of an ongoing upgrade. Inside Hangar 16, they’re getting new flooring and, separately, there is a modernization of the facility and rearrangement of office space in the works.

“I realize that for many people, it’s the small jobs that are going to make the difference. The three million dollar ramp job for someone working on the Wing may not be as important as a \$60 000 fix to the back of the junior ranks mess or fixing that one pothole,” said the Major. And there are, indeed, potholes getting fixed. Though road construction (and traffic delays) will not be nearly as extensive as last year — when CE dedicated more than twice the normal road budget to a smoother ride — there is always a little paving after a Manitoba winter.

In Saskatchewan, Hugh Cairns Armoury is getting an addition that will replace some older buildings that need to come down. Dundurn will see its range control building replaced and a couple of new pole barns for storage, as well as paving in areas that have never been down before. Closer to home, Minto will see a new three-bay service garage, and CE is replacing the drill deck ventilation, which has been on the list for a while but has only recently been approved because there is more infrastructure funding available now. There’s work to be done in Moose Jaw, Thunder Bay and Yellowknife, as well.

All the while they are putting out projects, CE is running on a reduced staff. In the summer of 2004, there were five Officers and 80 NCOs, along with a dedicated Civilian staff helping to plan, oversee and implement projects along with all the Fire Hall Staff. In the summer of 2006, there’s one, occasionally two Officers, 63 NCOs and a

slightly increased Civilian staff of just over 100. The rest are off on deployment, have moved on or are still on rout from other units. The planning cell is one of the key sections to getting projects off the ground, but has been all but closed due to staffing deficiencies. “It’s the planning cells who will help the user figure out exactly what they need,” Maj Cambridge said. “When they need to make some office space adjustments, it’s great to make plans on the board, but the planning guy is going to help make sure you’ve looked at the HVAC system, the power requirements, and all the building codes that people aren’t aware of.” The long range forecast for CE staffing is good, and they are hoping to see some of the military positions that have been empty for the past year filled come September. They also have a couple new civilian staff on board. They won’t be up to full strength of about 92 until the MSS returns after Christmas, however by then more deployments may have already depleted staff numbers.

Still on the drawing board for this summer are massive renovations to the soccer field that will bring it up to standard so that 17 Wing can host the nationals. Electronic signs are going up at each entrance to the base. At the same time, there are feasibility projects and planning underway for much more. There are proposals for office space for MPs, and changes to the gates. Next summer, we could see expansion to the daycare centre. Down the road a couple years is the immense overhaul to the exterior and mechanical systems of 1 Cdn Air Div, building 25. There also are major plans to upgrade the gym hopefully sooner than later.

While they aren’t looking for work, the folks at CE are open to suggestions. “If there is work that you see needs to be done, please make use of building OPIs and have work orders put in,” Maj Cambridge said.

And in the meantime, watch out for the potholes.



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# On The Wing This Week



On behalf of WComd Col Ken O'Brien, the Golf Club President WO Dennis Hendrickson donates a mountain of golf balls to the kids at the Community Recreation Golf Camp. The camp runs twice through the summer and is available to ages 7-13.



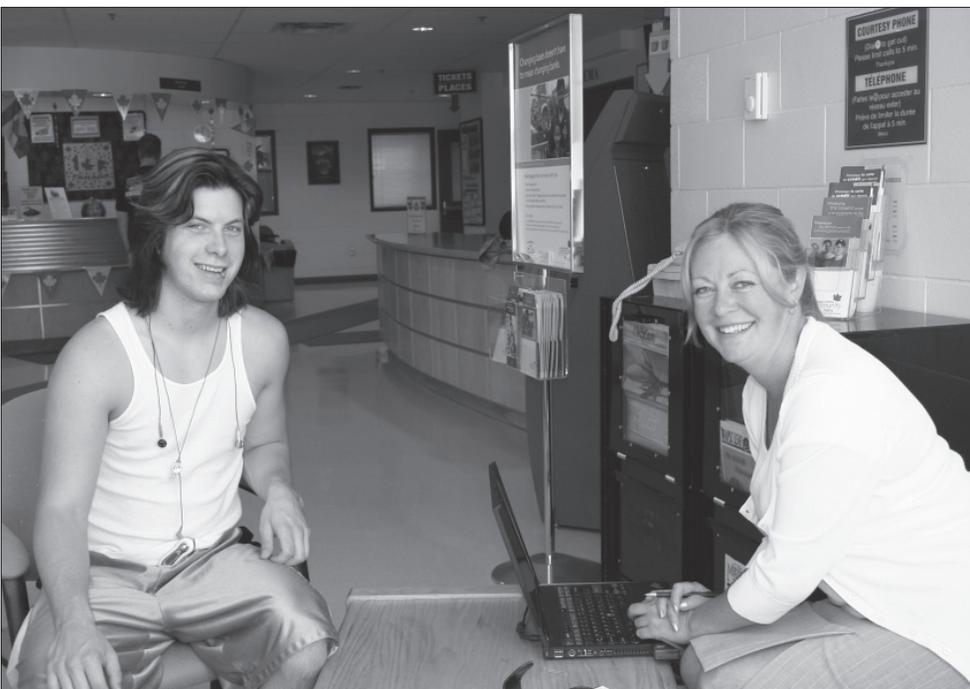
Cpl Steve Wong and Cpl Joe Calcutt from 402 Sqn man the grill at Hangar 16's weekly BBQ fundraiser. The grill is on every Wednesday at 11:30.



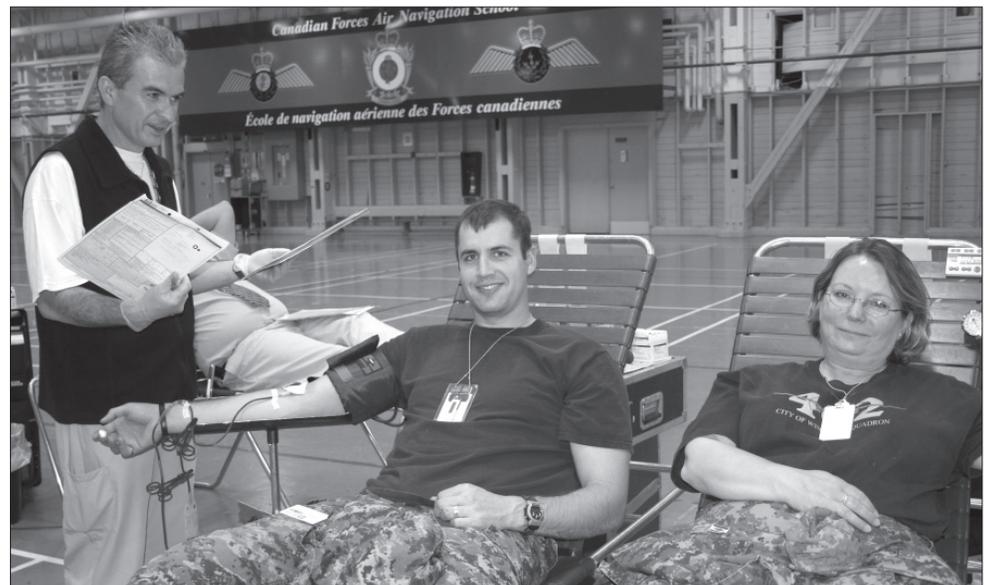
◀ The Union for National Defence Employees (UNDE) office has moved to Building 63. To book an appointment with an UNDE representative, call Vice-President Joyce Aquin (above) at 833-2500 ext 5822 or President Ed Kirby at 833-2500 ext 4337.



Supporting Our Troops: Yellow Ribbons are decorating trees across the base and outside the MFRC in a show of remembrance for all Canadians on deployed operations.



Caroline Nicholson, from the Canadian Defence Community Banking Program offered by CIBC, chats with Warren Smith at Building 90. The CDCB program is available to CF Regular and Reserve Force members, retired and former CF members, DND employees, NPF employees, and family members. Look for your CDCB representative every other Tuesday and Wednesday at Building 90 and 1 Cdn Air Div, or call 799-8762 to book an appointment. Email Caroline at [caroline.nicholson@cibc.com](mailto:caroline.nicholson@cibc.com) or Donna at [donnam.hart@cibc.com](mailto:donnam.hart@cibc.com) for more information or to set up an individual meeting.



The folks from Canadian Blood Services set up a donor clinic in Building 21 on 21 June. Capt Trevor Ludtke from A6, 1 Cdn Air Div, and MCpl Avril Van Aert from 402 Sqn (above) were two of the 60 donors the clinic was aiming at collecting from that day. Each person's donation equals one unit, which can be split into red cells, plasma and platelets. That means every donation can help up to three different people in medical emergencies.

Canadian Blood Services comes out to 17 Wing and 1 Cdn Air Div about four times a year. "We really appreciate coming to this venue and we appreciate all the donors who come out to us here. It's been steady all day," said Diane Oakley, the charge nurse.

Appointments take about an hour. The clinic will be back Friday, 8 Sept 06. To book your appointment call 1 888 2 DONATE.

# Afghanistan Roto 1 – Engineer’s Point of View

By Maj S.K. Beal

As the month of June unfolded, my thoughts focused more and more on my upcoming leave and a well-deserved break. Finally, 14 June arrived and I boarded the CC 130 for the three-hour trip to Camp Mirage. I am positive, I have never seen a happier bunch of soldiers as we landed at CM and turned in our weapons and ammo. It was as if a huge weight had been lifted from our shoulders. Regardless of the heat and humidity we were all walking around the camp two-feet off the ground and big smiles on our faces. Fortunately, on both lengthy legs of my flight home, there were numerous vacant seats and I was able to stretch out and make the best of the seven-eight hour flights. With the assistance of some Gravol, I was able to sleep for most of the trip. Upon arriving in Winnipeg, I was met by my spouse and children. I could not get over how my girls had changed. Both Robin and Morgan had become young ladies overnight. I guess I will have to start keeping a close eye on the boys in the neighborhood. Needless to say it was a moving experience to be reunited after being away for four and a half months.

To my surprise, a bunch of our neighbors had the small court that we live on decorated with ribbons and banners welcoming me home. I did not expect this and I was very moved. That evening we all sat around in the middle of the court and talked, consumed a couple beer and had a fire pit. At around 10:30 pm, I had to call it an evening. I was falling asleep sitting at the table.

Meanwhile, back at KAF, the base was subjected to a number of rocket attacks and unfortunately one rocket detonated next to the dining facility resulting in the serious injury of a Canadian soldier and minor injuries to some civilians and US service personnel. I had dinner at the facility yesterday and it was an eerie feeling to be there. Upon hearing the news of a Canadian being injured by a rocket attack, I immediately assumed the worst, that the rocket had landed in our tent lines, where my folks reside. As the Canadian Task Force Engineer, I have a significant role in the employment of force protection and I felt somewhat responsible for the injury. It nagged at me for the duration of my leave, could I have done more to protect us? The question continued to race through my mind. In addition, the event brought about a lot of tension within my family, knowing that in a few days I would be returning to this. I can only imagine the thoughts going through the minds of the families who had loved ones here at the time of the event. I am very confident that even when I am safely home in Canada a part of me will always be here in Afghanistan with the folks that follow on rotos.

In addition to the rocket attacks, the soldiers of the battle group were pushing into enemy strong holds. There were numerous TIC (troops in contact) as well as IED (improvised explosive device) strikes resulting in injuries. Fortunately, there were no deaths. However, some of the injuries were very serious. My hat goes off to the work the battle group is doing outside the wire. Not only is it extremely tough to fix and engage the enemy in this type of warfare, but add the 50 degrees Celsius weather and the troops carrying an additional 50-75 lbs on their back — a feat I do not envy.

Upon my return to KAF, I experienced 50 degrees for the first time. It was hot just standing on the ramp waiting for our luggage to be unloaded. I was very happy to see Capt Cumpsty with a vehicle so I could store my battle rattle. He was also glad to see me; while I have been on leave he was doing his job and mine. He did a very good job but was working very long days to achieve this and I fear he would not have lasted much longer. The rest of the engineers have surprising high morale and we will continue to keep it at a high level despite the events that are unfolding around us.

Upon arriving at work I was greeted with 300 e-mails that required my attention. It looks like I will be very busy for the next few days getting caught up. In addition, we had a number of TICs going on resulting in the injury of three soldiers. My first night back at KAF, we were subjected to another rocket attack. Fortunately, the rocket did not impact in the camp. Boy it is good to be home, not! The second day back we had another Canadian KIA (killed in action). It looks like the remainder of our tour will be a hectic pace with lots going on.

I can only hope that I can get all my folks home safe and sound. Time will tell!

Sgt Verne Wyatt of 1 Cdn Air Div, DDir Ops Branch receiving his CDI from Col LJ Russell, Dir Ops.



# Big Bike For Stroke



Team Wingin' It, made up of 29 folks from 17 Wing, raised money for the Heart and Stroke Foundation on 19 June.

What's the size of a school bus, travels almost twice the length of the Trans-Canada every year, and brings communities together for a good cause wherever it goes?

It's the Heart and Stroke Foundation's Big Bike For Stroke. On 19 June, 29 participants from 17 Wing piled on to the wheeled red mammoth and pedaled the 150 feet of bicycle chain for charity.

The team, 'Wingin' It,' raised \$2242.15 for the Heart and Stroke Foundation. The money goes towards research that is exploring the causes of heart disease and stroke. This year's national goal is for the 54 000 participants from nine provinces to raise \$7.0 million.

Health Promotions Director Christa Zappitelli, who coordinated the team with the help of the Strengthening the Forces (STF) unit reps, said the response was extremely positive across the base. "Everyone had a good time and said 'we're doing this again next year.' A couple people came on their day off, and on their leave," she said. "That shows a lot of commitment."

Teams from organizations across the city came out to the Polo Park location and, after donning matching shirts and helmets, rode for 20 minutes through the surrounding area with the guidance of their driver from the foundation.

The bike, with 29 nine seats for participants and one for the driver, is eight feet wide and 30 feet long. The Heart and Stroke website notes that teams put over 12 000 km on their bikes every year; in comparison, the Trans-Canada highway is just over 7600 km.

Health Promotions says a big thanks to the STF reps for all their work, and to the PSP sports staff for the team t-shirts.

# MSS Departs

By MCpl Gilmore

On June 17th 2006 members from the MSS departed CFB Winnipeg to embark on a seven month tour to Camp Mirage to support the war on terrorism. The picture following shows five members of TEME Squadron. From left to right, MCpl Jay Duford, Cpl Davey Powers, Cpl Bernie "The Bull" Starman, Cpl "Colonel" Kuras and last but, by no means least, the leader of this motley crew of maintainers, Sgt "Cheater" Roberts. Prior to departure they endured five months of pre-deployment training. During this training they honed many of the skills required to support the mission, including weapons, map and compass, and field craft. All of these skills were brought together when the MSS confirmed all of their training on the confirmation exercise to Cold Lake during Operation Maple Flag. With some well-earned leave behind them, all the members are biting at the bit to get going. With their combined experience they have left a massive hole in the 17 Wing EME establishment. We wish them well, and a healthy return.





WO N.A. Giroux receives her new rank from MGen C. Bouchard, Comd 1 Cdn Air Div.



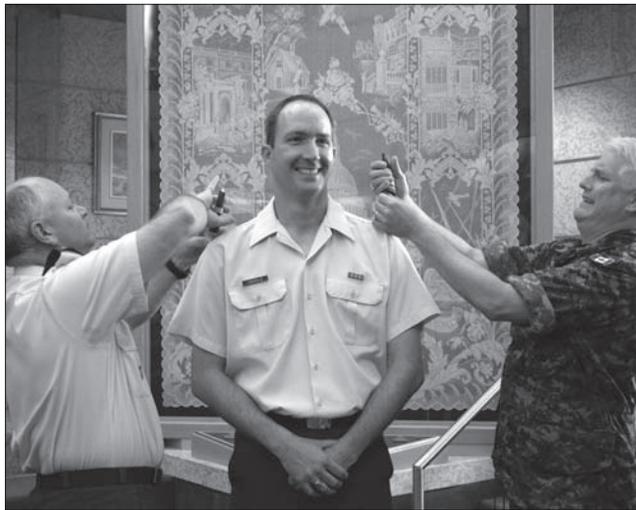
CWO K.C. West gets a hand with his new rank from MGen C. Bouchard, Comd 1 Cdn Air Div, and LCol D.G. Grimshaw.



Maj M.J. Lemire receives his new rank from MGen C. Bouchard with his wife Dee-Ann and children Marc and Alesha along to celebrate.



CWO S.J. Hynes receives his new rank from MGen C. Bouchard, Comd 1 Cdn Air Div.



Maj R.D. Harold receives his new rank from MGen C. Bouchard, Comd 1 Cdn Air Div.



Col R.D. Foster receives his new rank from MGen C. Bouchard with the help of his wife, Capt J.P. Foster.

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Col J.R.M.Y. Foucreault receives his new rank with the help of his wife Lorraine and his daughter, Julie.



Cpl Jay Lajoie receives his new rank of MCpl 6 July 06 from LCol Wayne Gauthier, Wing Log O. He also received his CD for 12 years of service. MCpl Lajoie will be posted to CFB Wainwright on 9 August.



Cpl Mike Mathieu receives his Certificate of Service from Lieutenant-Colonel Paul Conway, Wing Administration Officer, commemorating his 15 years service with the Canadian Forces and 2 PPCLI. Mike has moved on to work with the Operational Stress Injury Social Support Program.

# Retirements



CPO2 Jack Davis receives his Certificate of Appreciation from CPO1 Simon Bliakie upon his retirement from the CF after 26 years of service. His wife, Wendy Davis, also received a Certificate of Appreciation for her support of CPO2 Davis' years in the Navy. These presentations, as well as CPO2 Davis' Certificate of Retirement, were made at the Administration Branch's Annual Mess Dinner on 15 June 06.



Mr. Garry Lind, SISIP Insurance Representative, receives his Certificate of Retirement from Mr. Gord Moore, SISIP Branch Manager.

After 44 years of dedicated service to military — 30 in uniform and 14 as a civilian — Mr. Garry Lind has retired from his role as SISIP Insurance Representative.

Before his years with SISIP, Mr. Lind was in the artillery. "I joined the military when I was 17, and I always wanted to do something else before I retired. I read the competition — I was in Whitehorse at the time — and applied for it and won, and I thought it was a good opportunity to shift careers as opposed to something totally different," he said. "I was still connected with the military, I understood how the military works, so it was a very easy transfer of careers, for sure."

He joined as a private and worked his way up through the ranks. Mr. Lind took his commissioning as an MWO and was a Maj when he retired from the service. While the skills set connection between being an artilleryman and an insurance representative might not be readily apparent, he says they are there.

"When you CFR (commission from the ranks), you generally end up in administration, because you're older," he said. "Everything after I took my commission was on the administrative side, and all of it was applicable." After retiring the first time, from the military, Mr. Lind earned his level two insurance licence. He used that licence to work with SISIP clients, and was licensed to work in Manitoba, Saskatchewan and Alberta.

And even though "retire" might sound like slowing down, Mr. Lind's not really planning on that. He's got a lot to celebrate this summer, having just had his 60th birthday, coming up on his fortieth wedding anniversary with his wife Valerie, and having grandchild number three on the way. And after his wife retires in December, Mr. and Mrs. Lind are planning to stay warm in Mexico this winter. Happy retirement, Garry!

"I would like to say thank you to all the people that have been clients over the years," Mr. Lind said. "I certainly enjoyed working for them and meeting their families, and I guess I can say I'm going to miss the military, obviously after this many years, but I am looking forward to a little more leisure time."

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# Protect Yourself From West Nile Virus

Adapted by Sgt Brenot from Public Health Agency of Canada web site, [http://www.phac-aspc.gc.ca/wn-no/index\\_e.html](http://www.phac-aspc.gc.ca/wn-no/index_e.html)

West Nile virus (WNV) is a mosquito-borne virus that can cause encephalitis (inflammation of the brain) or meningitis (inflammation of the lining of the brain and spinal cord).

WNV is spread to humans via the bite of an infected mosquito. A mosquito can acquire the virus by biting a bird that is a carrier of WNV. You or your child cannot get WNV from a person who has the disease. WNV is not spread by person-to-person contact such as touching, kissing, or caring for someone who is infected. There is currently no evidence that WNV can be spread directly from birds to people.

Mosquitoes transmit the virus only after becoming infected through feeding on the blood of birds that carry the virus.

Most people infected with the virus have no symptoms or they have flu-like symptoms. However, sometimes the virus can cause severe illness, possibly resulting in hospitalization or even death. It is therefore important to know the symptoms of this illness and how to minimize your risk, especially when WNV activity is reported in an area near you.

## Potential Symptoms:

Many people infected with West Nile virus have no symptoms and do not get sick or have only mild symptoms. When infection does cause illness, symptoms will usually appear within two to 15 days. The extent and severity of symptoms vary widely from person to person.

In mild cases, there may be flu-like symptoms, including fever, headache and body aches. Some people may also develop a mild rash, or swollen lymph glands.

Some individuals have weaker immune systems and they are at greater risk of developing more serious symptoms and

health effects. These can include meningitis, encephalitis and acute flaccid paralysis. Meningitis is inflammation of the lining of the brain or spinal cord. Encephalitis is inflammation of the brain itself. Acute flaccid paralysis is a polio-like syndrome that can result in the loss of function of one or more limbs. These conditions can be fatal.

For people with more severe illness, symptoms could include the rapid onset of severe headache, high fever, stiff neck, nausea, difficulty swallowing, vomiting, drowsiness, confusion, loss of consciousness, lack of coordination, muscle weakness and paralysis. Other symptoms that have been identified include movement disorders, parkinsonism, poliomyelitis-like syndrome and muscle degeneration. Anyone who has a sudden onset of these symptoms should seek immediate medical attention.

## Protect Yourself and Your Family

The best way to avoid becoming infected with West Nile virus is to not get bitten by a mosquito. There are two ways to lessen the risk of mosquito bites for you and your family:

1. Protect yourself and your family from mosquito bites; and
2. Eliminate mosquito breeding sites around your home and vacation property.

By taking simple precautions to lessen your chance of being bitten by a mosquito, you can also lessen your chance of getting West Nile virus.

1. Protect yourself and your family from mosquito bites:
  - When going outdoors, use insect repellents that contain DEET or other approved ingredients.
  - Wear protective clothing such as long-sleeved shirts, long

pants and a hat. Light coloured clothing is best because mosquitoes tend to be attracted to dark colours.

- Make sure that door and window screens fit tightly and have no holes that may allow mosquitoes indoors.
1. Eliminate mosquito breeding sites around your home and vacation property:

Mosquitoes lay eggs in standing water and it takes about four days for the eggs to grow into adults that are ready to fly. Even a small amount of water, for example, in a saucer under a flower pot, is enough to act as a breeding ground. As a result, it is important to eliminate as much standing water around your property as possible by: Regularly (twice a week) draining standing water from items like pool covers, saucers under flower pots, recycle bins, garbage cans, etc.

- Remove old unused items from around your property (i.e., old tires) which have a tendency to collect water
- Change the water in wading pools, bird baths, pet bowls and livestock watering tanks twice a week
- Cover rain barrels with screens
- Clean out eaves troughs regularly to prevent clogs that can trap water.
- Purchase an aerator or ornamental pond. This will keep the surface water moving which will make the water inhospitable to mosquito larvae.



Le Général d'armée aérienne, Richard Wolsztynski (Chief of Air Staff from France), visited 1 Canadian Air Division on 4 July with LGen Lucas. (photo) He inspects the honour guard outside building 25.

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<sup>1</sup>Interest is calculated on each day's closing balance and is paid into your account monthly. For accounts with a balance of \$1,000 or less, a rate of 1% applies. Rates are annual and are current as of June 20, 2006, and are subject to change without notice. <sup>2</sup>Anniversary bonus interest is based on the average of your daily closing balances over the year and is paid into your account the next business day after your anniversary date. **NO PURCHASE NECESSARY.** There is 1 prize of \$10,000.00 (Cdn). Contest runs July 15 – Sept 15, 2006. You will receive (a) one entry when you open a new CDCB Savings Plus Account (an "account") anytime during the contest period; and (b) a bonus entry for every \$500.00 deposited into the account (up to \$2,000) and held on balance until 11:59 p.m. (ET) on September 15, 2006 (the "Contest closing date"). For example, if you open an account on July 20, 2006 with an initial deposit of \$1,500, but your balance is \$1,200 on the Contest closing date, you will receive 3 entries in total. Anyone may alternatively enter the Contest by writing a 100-word essay on the benefits of a CDCB Savings Plus Account and mailing it to: CDCB Savings Plus Account Contest, P.O. Box 4069, Paris, Ontario, N3L 3W9. Essays must be postmarked by Sept 15, 2006 and received by 11:59 p.m. (ET) on Sept 19, 2006. Limit 5 entries per account, regardless of the method of entry. Odds of winning depend on number of entries received. Skill-testing question required. Contest only open to Canadian Defence community individuals who qualify for the CDCB offer who are residents of Canada of the age of majority. For complete Contest Rules and eligibility requirements, send a self-addressed stamped envelope to: CDCB Savings Plus Account Contest, P.O. Box 4069, Paris, Ontario, N3L 3W9 or visit [www.cdcbanking.com](http://www.cdcbanking.com). <sup>3</sup>Trademark of CIBC. <sup>†</sup>Canadian Defence Community Banking services are provided by the direct banking division of CIBC. The Canadian Defence Community Banking program is brought to you in cooperation with the Canadian Forces Personnel Support Agency (CFPSA).

# MSS Continued from page 1

24 hours a day, seven days a week, in close proximity— you can't go anywhere without bumping into somebody," the OC said. The experience at Maple Flag helped prepare the group for their next mission. "The biggest thing for the upcoming deployment is that it got us to work as a team. It brought it all together at the exercise, where everybody got to perform and got to demonstrate the skills that they've learned."

And now, after two weeks leave between the exercise in Cold Lake and their departure, those skills are being put to the test in Mirage. The arrival of the MSS and the other personnel travelling with them signalled the departure of everyone else who had been manning Camp Mirage. Hand-offs between counterparts took two weeks for some, a day for others, and by the end of June there was a total change in personnel at the camp.

The squadron is the first of six units standing up across the country that will deploy in rotation to support operations in theatre. The goal, as part of the Air Force's focus on a readiness to deploy anywhere in the world at a moment's

notice, is a better use of deployed personnel who are fully trained units arrive overseas as a team, instead of having members meet in theatre.

"It's been tremendous, tremendous team work on everybody's part — on the MSS and on the Wing — to get us out to this point. I think there were a lot of huge lessons that everybody will have learned to implement to make it a smoother process in the future," said Maj Parent. "It was a change of focus to the standing up of a deployed unit and launching them to an operation, and it's very exciting to see how the team came together."



Capt Bryan Manson and his wife pose for a quick picture at the departure reception for the MSS.



LCol Paul Conway presents a commemorative MSS poster to Maj Stephane Parent, OC of the MSS, and Capt Dion Spencer, Res Mgt O (Admin Ft).



Cpl Bryce Hooper says goodbye to his son, Xavier, before boarding the plane to Camp Mirage.

Photo by Cpl Bern LeBlanc



MCpl Jeff Johnson spends a few last minutes with his girls Hunter (left) and Heather, and his wife Nicole, MFRC Deployment Coordinator.



## Hello From The Sandbox

By MCpl Mario Simard

A quick hello from Camp Mirage. Let me take a few seconds to tell you how our journey to Camp Mirage went from a cook's perspective.

After three and a half months of training, it was finally time for 17 MSS to deploy on its mission. So, on Saturday June 17th I made my way to 17 MSS headquarters, Bldg 129 along with my spouse Anne Marie and my 13-year-old son Cole for the departure ceremonies. In my 20 odd years in the service I have to admit, it was a very nice touch for our send-off to have a gathering including the families, the personnel leaving and the brass at the same time, instead of a simple crying fest at the airport. We got to mingle and meet each other's better halves, and dependants. We quickly got up to speed about what everyone did during our two week break coming back from Cold Lake. We then

had a quick snack and a few speeches from the dignitaries and before we knew it, it was time for us to move to the hangar lines, signifying that we were one step closer to the Sand Box.

You could tell who already went through these steps before, a sense of déjà-vu and an "I'll be fine, just be careful expression," but for others, it was a bit more demanding and you could tell by looking at their faces that these would be trying times. I've been through this three times already and it

never gets any easier, but it's part of the game. Once all personnel had gone through the metal detector, the only contact left was visual, and, before anyone had a chance to realize, it was time to proceed to the plane. As I took my last breath of Manitoban air, I had time for a last wave to my loved ones and proceeded to enter the aircraft. It was only a short hop to Trenton and we were up again, destination Budapest, Hungary. The flight was pretty uneventful and the reception in Budapest airport was, to



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Sgt Tanya Rideout came out to see off Sgt Sandi Shemko and LS Cynthia Gaudet (R-L).



Capt Lavoie poses for a picture with his wife, Samee, and kids Sarah, Alex (left) and Sebastien.



Fitness and Sports instructor Kim Plett, one of the civilian employees deploying with the MSS, chats with MGen Bouchard (left) and HCol Ben Van Ruiten in the terminal prior to departure.



Last good goodbyes at the reception for the departure of CF members that are part of the Mission Support Squadron (MSS).

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say the least, short and easily forgettable. So back in the plane we go for the last leg of our journey, only to find out that I knew the chief steward on board, having been on our cook's QL-3's together.

I will never forget our final approach to Camp Mirage, as I had the opportunity to sit in the cockpit right between the pilot and co-pilot in what is referred to as the jump seat. Needless to say, I had a hard time keeping my mouth shut and not drooling all over the equipment as I was trying — in vain — to find one single blade of green grass amongst the desert sands. By this time everyone is messed up due to jetlag, but finally the wheels touched down on the burning tarmac. After a few minutes we came to a full stop and from the window I could see a comforting sign saying "WELCOME TO 17 MSS ROTO 2." As I made my way back to my seat

to gather my belongings, I looked at the passengers on board and I could barely see a face, as everyone was trying to see this new and foreign land through the small window ports.

The moment I'll definitely remember the most is when the craft's doors opened. It was just like the Mirage veterans were saying; "It's like being hit by a wall of heat." Let me assure you, they weren't kidding. It was very hot and quite humid, definitely not the typical Winnipeg weather we are all so used to. It has been now almost three weeks since our arrival and most of us have adapted to the jetlag and the humidity, routines are starting to be established and slowly but surely each day that goes by is one day closer to be able to say "MISSION ACCOMPLISHED." So, from the sandbox we say, talk to you soon, take care and keep your chins up.

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Left to right is Maj Sabourin (sitting), Cpl McNab, CWO Dierickse and Cpl Gravel.

# Greetings From WTIS

By MWO Gérard Marcil-Dallaire

Well summer is here and there is no shortage of work for the Squadron. The Mission Support Squadron (MSS) personnel came back from Maple Flag 39 in Cold Lake, where they setup a 250 men camp as a proof of concept for the AFSC. The CIS flight was responsible to provide all the necessary communications and networks to support the HQ and flying squadron. They learned a lot during this exercise and lessons learned will help in future deployments by all Air Force units. By the time you read this, they will have had their two weeks of rest, deployed, and settled in at

Camp Mirage, where they relieved the CIS crew from 19 Wing Comox.

For the last few weeks, the Telecommunication

Maintenance Flight (TM Flt) technicians have been so busy that if I missed them first thing in the morning, I won't see them again in the shop till lunchtime.

The Area of Responsibility (AOR) for 17 Wing extends to Yellowknife. We paid a visit to 440 Squadron in Yellowknife as well as Joint Task Force North (JTFN) Head Quarters and the Forward Operating Location (FOL). We managed to get a lot accomplished in three days and our OC found a few minutes before our return flight to introduce a few Sqn members to a fairly new hobby called "geocaching," which can best be summed up as a high tech treasure hunt.

In parting, to our personnel going to Camp Mirage we wish them a safe and happy deployment and best of luck in all their endeavours.

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*Only candidates selected for an interview will be contacted. Please note that your résumé may be circulated to other Bombardier Divisions. Bombardier Aerospace, Military Aviation Training, is an equal opportunity employer.*

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MCpl JJA Taschereau receiving his promotion from LCol WH Gauthier, WLog O.

Photo by MCpl WA Boudreau



Sgt MA Dow TEME receiving his promotion from LCol WH Gauthier, WLog O.

Photo by MCpl WA Boudreau



Mr. Jeff Mager of the Manitoba Moose presents Wing Comd Col Ken O'Brien with a framed Military Pattern Jersey on 31 May. The Moose wore the jerseys on Military Appreciation Night at the Moose game on 25 March, an event that 1400 members of the 17 Wing community attended.



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# Farewell To The First & Finest

By Avery Wolaniuk

After 51 years of operation, 1 Air Movements Squadron (1AMS) has been disbanded. In its place, 17 Air Movements Section has been created under the Supply Flight in the Wing Supply and Food Services Squadron.

On 28 June 06, a formal ceremony commemorated the history and achievements of the first and finest Air Movements Squadron. "Today marks the formal ceremony to close a squadron that has clearly made its impact on CF operations since its formation," said WComd Col Ken O'Brien to the crowd gathered in the terminal.

Personnel from the squadron will be shifted within the air movements community across the country. Fourteen will remain in Winnipeg with the new section, some will head to Petawawa, Montreal, Halifax or Edmonton, and many have been posted to Trenton to join 2 AMS, to create a more robust air movements organization.



WComd Col Ken O'Brien (right) and 1 AMS CO Maj Steve Dewar sign off on the closing of 1 Air Movements Squadron.

In October 1947, a small detachment from 901 Air Traffic Handling Unit started operating from RCAF Edmonton. In April 1951, 1 Air Movements Unit (1 AMU) officially formed. The unit spent most of its early years in Edmonton supporting domestic operations. It became 1 AMS in 1993, a year before the squadron relocated to Winnipeg with 435 Squadron.

With the move, the focus of the squadron shifted to international operations. The squadron provides critically important airlift support for the Air Force; they process all types of strategic, tactical or administrative airlift traffic. Personnel deployed 4600 man-days per year, an average of 200 (for some, 230) days per year. "That is singularly impressive. They've supported every operation (the CF) has been involved in," said Col O'Brien. He spoke about some of the history of the squadron, and listed just several of the many places 1 AMS personnel have travelled to and served in: Croatia, Bosnia, Haiti, Turkey, Sierra Leone, Somalia and Afghanistan. "And they did all of those in sterling fashion. 1 AMS, you folks have always been there when I've called. You've always been ready to do the work at home and deployed, you've always excelled. You've brought credit to yourselves and to the Wing."

On behalf of his unit, the CO of 1 AMS Maj S. Dewar, presented a plaque to the Wing Commander and the Wing that lists the many operations the squadron has supported in its 51 years of operation. He also spoke to those under his command one last time. "I am thoroughly honoured to be called the last of the first," he said. "To the first and finest AMS, farewell; your proud history will live on in the memories of all who have served."

# Padre's Corner

By Padre Bob Brinn

The two chapel communities have been planning and preparing for the 2006 Vacation Bible School program since March of this year. This year marks the 10th anniversary of the 17 Wing Community Chapel holding a joint VBS program. After looking at the available programs, the steering committee decided to run the 2006 "Fiesta" program.

On 10 July, 46 eager children, ranging in age from four through 12, arrived at the 17 Wing Community Chapel to begin five mornings of fun, crafts, songs, snacks and adventure. The volunteer support staff of 17 people, ranging in age from 14 - 70, was waiting for their charges. The staff had been busy painting the classrooms with Mexican, Central American and South American images, creating caves, houses, cacti, towns and other images designed to transport the children into a Latin American setting.

The children are learning about the people and culture of Latin America, as well as learning core values of the Christian faith.

The five themes for this week are; "Jesus is our Friend", "Jesus is our Helper", "Jesus is our Leader", "Jesus is our Saviour", and "Jesus is our Life." Each day all involved with the program learn about certain challenges people who live in these areas of the world face. As well, they learn suggested responses to these issues, which a Christian faith base would suggest to assist people facing these challenges. These basic life challenges, stories and decisions are designed to equip our youth with the tools to make choices in their lives, which will positively affect them and those around them.

One of the major projects of this Vacation Bible School is the decorating of warm blankets. Once the week's programming is completed, these blankets will be collected, packaged up and forwarded to the chaplains serving in Afghanistan. Care is being taken to ensure nothing culturally or religiously offensive is added to these blankets.

This project also allows our children and youth to further connect with the Afghan people, allowing them to receive a gift from the heart and helping to strengthen communication and ties with this nation.

Padres Brinn and Magdziak would like to thank Mr. Ken McLeod and Cpl Franco Ceccato, the co-directors of this year's VBS Program, as well as all the volunteers and children who have helped make this annual event a huge success.



The four-year-old class at VBS work at decorating a blanket both warm and beautiful for the people of Afghanistan who will receive it.

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# Summer Fun

By Stinky Chucklebutt



Amy throws her plane through the library's own talking toilet seat at the Captain Underpants Party. Join in the fun every Monday at 2:00 pm.

What are you doing on Monday afternoon? If you and your kids are looking for some fun, head on over to the library and join in their summer adventures.

There were talking toilets and superheroes galore at the kick-off on 10 July, when the kids helped Captain Underpants save the day and eat some cake. Everyone received their own silly name from Professor Poopypants' Name Change-a-Chart: for example, librarian Michelle Wohlgemuth led the fun as Pinky Chuckleshots.

Every week there is a new theme for readings and crafts. Next Monday, 24 July, local author Lauren Howell is coming out to read her book *If I was the Mayor*. This brightly illustrated children's book gives your kids a chance to dream about a town designed for children, by children. The author has asked us to give Mayor Katz a run for his money and bring along your own drawings and stories about what you would do if YOU were the mayor!

Sessions run Mondays at 2:00 p.m. and last about an hour. The 31 of July is Clothes day. What do heroes wear? Come on out and help us find out (bring a 100% white cotton t-shirt or pillow case to tie-dye). There is no session on the August long weekend, but meet back on 14 August with your favourite stuffed friend while we explore all about animals.

All the days are drop-in style, and if you can't make it out for all of them, come for the ones you can.

All summer long, the library is also participating in the national Quest for Heroes program, an initiative that's happening at all libraries across the country. "It helps kids to keep from falling behind," says Michelle Wohlgemuth. "If kids don't keep reading through the summer, then come the fall, they're set back. If they continue to read through the summer, they have fewer problems getting back into the

groove of things in school."

All you have to do is tell the librarian all about the book you just read. If they can tell me about the book, then they understood the book, and that's the biggest thing," says Mrs. Wohlgemuth. And there is no age restriction. "We had a two-year-old whose parents read to him. He could tell you word for word what was in the book — absolutely brilliant! That year he had read 102 books that summer; he was our highest reader."

Because it's a national initiative, you can start reading in Winnipeg and continue the program in any city, or even while you're on holidays. Drop by the library anytime to learn more about the program, or to tell the librarian all about your latest read.

The summer wraps up with the fourth annual Harry Potter Sleepover 25-26 August. "We've been asked again by Hogwarts to host the Owls and Newts for summer," explains Mrs. Wohlgemuth. "There's something happening at Hogwarts that's not safe for the kids to go there this year, so 17 Wing library will be hosting the Owls and Newts. You'll receive your divination, palm reading, magic class, teacup reading, and we're not sure on spells and potions yet. As you know, it's hard to find instructors for potions and magic."

To register for the Harry Potter sleep over, or for more information on any of the events, call Michelle at 833-2500 ext 2490. The cost for the Sleepover is \$25 for the first child and each sibling \$20 after that. Participants must be eight years of age. Spaces are limited and tend to fill quickly, so don't delay.

"You're required to bring your robe and your wand, cauldron optional, and brooms will be provided for the annual Quidditch game."

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Photo by MCpl Jo-Anne Verreault



Photo by DND-CF



Photo by MCpl Jo-Anne Verreault

Sgt Duane Brazil, Flight Engineer from Ganger, Newfoundland, died in the crash at sea.

MCpl Kirk Noel, Search and Rescue Technician from St Anthony, Newfoundland, died in the crash.

Cpl Trevor McDavid, Flight Engineer from Sudbury, Ontario, died in the crash at sea.

## Statement By The MND On The Death Of Three CF SAR Members

National Defence

OTTAWA —The Honourable Gordon O'Connor, Minister of National Defence, issued the following statement on the passing of three Canadian Forces members.

"I was deeply saddened to learn of the tragic death of three Canadian Forces members, who perished early this morning when their helicopter crashed during a search and rescue training exercise near Canso, Nova Scotia.

I extend my sincere condolences to the families and friends of these brave individuals who lost their lives, and to the families of their four crew mates who were also injured in the accident. My thoughts are with the members for their swift recovery.

While these tragic circumstances weigh heavily on our hearts, I am proud of the professionalism and dedication that these courageous men displayed daily while carrying out their duties for our country. They will be greatly missed by our Canadian Forces family.

On behalf of Canadians, I honour their memory and am humbled by their sacrifice."



## Truckin' With The Snowbirds

By Sgt Martin Latour

Good day 17 WING personnel. I'd like to bring to your attention that 17 WING

TEME SQN / Transport section have a new Public Relations tool within his lines. I'm please to introduce you to Cpl Daniel Guillemette. (Nick Name: BOOM BOOM!!!) Mobile Support Equipment Operator (MSE OP 935). He is originally from Abitibi, Quebec and joined the CF in 1987 as an MSE OP. Since his arrival in Winnipeg in 2005, Cpl Guillemette has been attached to Bus and Tractor Trailer section. He has been selected among his peers to become the official driver for the Snow Birds Show Tour this season. His supervisors have selected him because he's the most deserving and experienced Tractor Trailer driver in 17

WING Transport section.

He has been qualified on Tractor Trailers since 1988. During the last 18 years, he hauled countless loads from coast to coast in Canada and in the USA. Last March, he received formal training on public relations at 15 WING Moose Jaw Snow Birds Headquarters and has been introduced to the Snow Bird world! He'll be responsible to drive the Snow Bird's equipment around North America from July to October. In addition to hauling their equipment, he is assigned to an aircraft and will be responsible to keep it nice and shiny throughout the show tour. So, stay alert, you'll certainly have the chance to see him on TV or in the different papers in Canada!

KEEP ON TRUCKING!



Col O'Brien presenting MWO Janisse the Male Volunteer Of The Year Award.

## Working As A Civilian In The 17 Wing TIS Squadron COMCEN

By Miss Leslie Jones

My name is Leslie Jones and I am a new, full-time, term CM-04 (Communicator - Level 4), civilian employee within the 17 Wing TIS Squadron COMCEN. Initially intimidated at the prospect of working in a military environment, I have found it encouraging to find and work with professional Communicators who are extremely friendly, interesting and accommodating.

COMCEN personnel in particular are very skilled and knowledgeable in messaging and have been very helpful in assisting me in learning all the policies and procedures required, to send and receive both classified and unclassified messages (commonly referred to as "traffic"). The learning curve in the COMCEN is a constant up, particularly with the numerous military specific abbreviations and terminology. It can, at times, be very cryptic and confusing.

The working environment is something that I have never experienced before. When I explain to family and friends that I work

in a vault or a shielded room, I can see the lack of understanding on this point is lost on everyone. The facial expressions are pretty funny, especially when I tell them that I cannot elaborate any further because it's "Top Secret."

The most challenging task to date has been learning the military rank structure. On the non-commissioned side, the ranking goes from Private to Chief Warrant Officer and on the commissioned side, the ranking is Officer Cadet to General. At first I wasn't sure who to call Sir/Ma'am and who to call by their rank, but with the numerous calls and visitors to the COMCEN, this becomes easier with each passing day.

In closing, I would like to say thanks to those "Sigs" that have taken me under their wing, offered me their assistance and shared some of their military experiences. They have helped to make my first two months in the Public Service memorable ones and I look forward to a long and prosperous career with the Department of National Defence.





**QL3A 0601 Graduation**

Front Row L-R: WO Rivet (CC), CWO Roy (SCWO), Capt Skinner (COMDT DESIGNATE), MWO Carleton (STDS WO), Sgt Baulne (Instr)  
 Middle Row L-R: Cpl Johnen, Pte Mountain, Pte Ashley, Pte Gray, Pte Downey, Pte Shears, Pte Moser, Cpl Peddie, Sgt Vivian (Instr)  
 Back Row L-R: Sgt Fournier (Instr), Cpl Norgate, Pte Lindgren, Cpl Candow, Cpl Manning, Pte Klompstra, Pte Makischuk Cpl Yaniuk, MCpl Cleary (Instr)



**CFS Met Staff**

Front Row L-R: WO Rivet (CC), CWO Roy (SCWO), Capt Skinner (COMDT DESIGNATE), MWO Carleton (STDS MWO), Mrs Paola (TSU Lead)  
 Center Row L-R: Mrs. Rondeau (Admin Asst), Sgt Baulne (Instr), Sgt Fournier (Instr), MCpl Cleary (Instr), MCpl Dalman (OR Clerk), Mr. Richard (Instr)  
 Back Row L-R: Mr. Braun (CS), Mr. Gibson (CS), Sgt Vivian (Instr)  
 Missing: Mr. Konzelman (Instr), Ms. Hasell (Instr), Ms. White (Instr), Sgt Siegnerschmidt (Instr)

# CFS Met's Dog Days Of Summer

By CWO Rick Carleton

Summer has quickly come upon us; we're in the midst of posting season and CFS Met has unleashed another pack of 15 newly trained weather observers on the CF. The graduates of QL3 0601 will certainly have fond memories of the prairies, experiencing the ever-changing Winnipeg weather. Taking them from winter to summer in a relatively short time will surely leave a lasting impression.

The QL3 course — or the "Basic Weather Observer" course — began way back when we were still in our favourite season, winter, graduated on 8 June. This course is the first step in these new weather observers training that will eventually lead them to forecasting on future courses. The primary aim of this course is to train personnel to: take weather observations, disseminate observed data and provide technical meteorological information to support operations.

Once again we had a very interesting group consisting of a mix of new recruits and seasoned veterans, who wisely decided to change career paths. The "experienced" folks couldn't believe how good life on an Air Force Wing actually is and adapted quite easily.

We were extremely privileged to have our very own School Chief, CWO B. N. Roy as our Guest of Honour. CWO Roy provided many words of wisdom to the graduates, drawing from his vast experiences within the weather services. CWO Roy also assisted us in presenting Cpl Gillian Peddie, who is off to 4 Wing Cold Lake, with the Canadian Forces School of Meteorology "Certificate of Achievement" for obtaining the highest academic mark. All the students should be congratulated for their hard work and will no doubt make great additions to their respective offices.

This summer being no different than others will bring a few significant changes to our staff. After more than 37 years in the CF, our venerable School Chief, Bernie Roy will retire and commence his leave in August. Bernie, we wish you "fair winds and following seas" wherever your

retirement takes you. However, stay out of the water on the golf course.

The second person to flee the school this summer is yours truly as I head off to the Nation's Capital where a cubicle awaits me with the Chief of Maritime Staff. Although the new job will be challenging, I'll truly miss the memorable prairie winters but mostly the many friendships made here in Winnipeg.

Of course when you lose people, they must be replaced. We would like to take this opportunity to welcome the new members to the family. The first "newbie" to join our team is Major Dave Skinner coming to us from the Central Flying School as he slides into the Commandant's chair. It should prove very interesting to hear a pilot's perspective of the weather and I'm sure it will lead to many interesting if not enlightening conversations.

The next person to move in is MWO Yves Cinq-Mars who is coming to us from the Recruit School in St Jean. Going from one school to another should prove interesting, but I'm positive that Yves will find some similarities between the two as we welcome him to his new job as the Standards Warrant Officer. Although not a "Habs" fan, Yves will fit in quite well with the few who still believe in the "Leafs."

The third and final person to move into the School this summer is CWO Steve Hynes. Steve is moving all the way across the field from AF training into the School Chief's chair. I'm sure that Steve will fit in quite well and should have ample opportunity to improve his golf game. To all three of you, welcome to the team.

In closing, I wish everyone a great summer and all the best in their future endeavours. The weather is certainly interesting and always in everyone's daily conversation no matter where you are. Author John Ruskin captures this sentiment when he said: "Sunshine is delicious, rain is refreshing, wind braces up, snow is exhilarating; there is no such thing as bad weather, only different kinds of good weather." "Cognitio Caeli"



Corporal Tom Pich sews up "Jessica" for Shaynna Andrews.



Private Tanya Woroniuk treats an injured bear for Chantelle Marynuk-Moore.

## 20 Years Of Support To Children's Hospital Foundation

By Corporal Bill Gomm

WINNIPEG, Mb – Children from École Assiniboine lined up to have their injured teddy bears looked after by Army medics on May 24, 2006.

Soldiers from 17 (Winnipeg) Field Ambulance held their annual Teddy Bear MASH in support of the Children's Hospital Foundation. From May 23-26, the unit traveled to elementary schools in and around Winnipeg and set up a triage to bring medical treatment to injured stuffed animals.

For Cpl Tom Pich who is a Registered Nurse at the Deer Lodge Centre, it was quite rewarding.

"This is a good break from my job," said Cpl Tom Pich. "I get to deal with kids. Normally, I work with the elderly."

After the injured teddy bears were tended to, children were given tours of the triage and vehicles.

The Teddy Bear MASH event has supported the Children's Hospital Foundation since 1987.

### Logo Design Contest

August of 2007 marks the 75th Anniversary of 402 "City of Winnipeg" Squadron. Plans are currently underway for this momentous occasion. The planning committee is asking for designs to be used as the logo for this event, and is offering a prize for the winning submission.

Submissions must arrive prior to 15 September 2006 and can be in electronic or paper format and can be e-mailed to Vipond.RW@Forces.gc.ca or letter mailed to the address below.

The winner of the contest will be notified after the planning meeting on the 20th of September 2006. For further information, terms and conditions, the mentioned contact information can be used.

**Attn. MCpl Robert Vipond  
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# TAROSCOPES

BY  
NANCY

**Aries (March 21 - April 19):** You may forfeit an opportunity if you hesitate too long while trying to determine what the right course of action is. Focusing only on finances is restrictive. Decide to take note of the times when the "glass is at least half-full" and you'll develop a more realistic perspective.

**Taurus (April 20 - May 20):** You desire strong emotional connections so you work at figuring everything out from all angles before speaking. This limits your natural response and can leave you feeling crazy. Your sense of responsibility is inflated if you think you are in charge of how others react.

**Gemini (May 21 - June 21):** When you make contradictory statements, others will want an explanation. This can put you on the defensive. But the truth is you are entitled to change your mind and opinion. A relationship is fraught with conflict and games. Take a step back and you'll see what is really going on.

**Cancer (June 22 - July 22):** You are full of new ideas. Resolve to initiate conversations and work that will bring closure to outstanding issues. If you stop worrying about the judgment of others it will be easier to confidently call your own shots and act decisively. Put yourself and your needs first.

**Leo (July 23 - August 22):** Trying to make constructive, long range changes that will ensure steady growth and development in your life. Investigating ways to cover the future costs associated with children or a project you want to nurture over the next few years. Keep your options open and a few plans in play.

**Virgo (August 23 - September 22):** Set your sights high; strive to exceed your expectations. Think of creative ways to succeed then diligently apply yourself. Even if it's been a while since you really had to work hard at something, make the effort now. The value of this will be obvious, now and in the future.

**Libra (September 23 - October 23):** Current experiences result in your making a commitment to work through your feelings instead of getting upset. If you look at life as a bit of a game it's easier to maintain your equilibrium during conflicts; to act calmly and quickly. Set a standard of caring and good intentions.

**Scorpio (October 24 - November 21):** Go with your gut. Don't worry about the judgment of others or words that are meant to instigate uncertainty. Remain open to new ideas. Think outside the box. Others will eventually opt into your plans but don't let them hold you back if they are slow to follow your lead.

**Sagittarius (November 22 - December 21):** You're known for having flair and with one final push you succeed beyond your wildest dreams. You've handled a task very well but you need to be careful not to gloss over what needs to be dealt with at a deeper level. Let go of a futile hope you've been holding onto.

**Capricorn (December 22 - January 19):** When you are willing to be open with others they will seek you out. You impress people with your skills, abilities and relaxed attitude. If you want something too much though, you may fail to see there are limitations beyond your control. You can't fix everything.

**Aquarius (January 20 - February 18):** Get out and promote yourself. Make it fun. There's a world of possibilities waiting when you mix work, pleasure and possibly travel. Maintain your energy level by getting enough sleep as you'll want to appear professional, warm and approachable to others.

**Pisces (February 19 - March 20):** Changes you make may seem minor but they have a significant impact. Let go of anger and resentment even if someone close to you has been putting you down to serve their own purpose. Hard feelings will only hold you back and won't really affect the person who has hurt you.

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## Military Family Resource Centre

### We need your help...



Seeking volunteers to come out and help us on September 16, our annual Family Fun Day. Anyone willing to give up a couple of hours or the whole day would be greatly appreciate. It's your chance to help make a difference in your community, and of course have lots of FUN!!

Anyone interested, please call Louise at 833-2500 ext. 4515

### Parcel Packing Station



Drop off your already wrapped packages or wrap them up on site. We have supplies, addresses and CF postal regulation information; everything you need to get your parcel on its way. Postage is free to most theatres of operations.

**The Mission Information Line (MIL)** is a bilingual telephone service for families of Canadian military personnel serving in operations outside Canada. The toll-free, 24-hour service features detailed reports about Canadian Forces missions and operations from around the world and provides the kind of assurance and support family members depend on. **During business hours**, callers can speak directly to MIL staff for additional information or referral to other resources. MIL personnel are available to handle calls in confidence Monday to Friday, except on statutory holidays, from 8:00 to 16:30 Eastern Time. The Mission Information Line should not be considered a substitute for Military Family Resource Centres or Unit Rear Parties, but rather a complement to their services.

**MIL provides reliable**, thorough and comprehensive information, and gives families the chance to find out more about living conditions and unit activities. The recorded information also includes: periodic Situation Reports; messages from commanding officers; and confirmation of news releases and information on incidents or accidents.

**The Situation Reports** are provided directly by deployed military personnel from theatres of operation. MIL Staff receive the information from a number of sources at the Department of National Defence, including: units deployed on peacekeeping missions; the National Defence Command Centre; Peacekeeping authorities at National Headquarters in Ottawa; and rear parties. **A touch-tone telephone** is required to use the Automated System; pressing "0" will connect you with line personnel. Callers can use rotary phones by following the instructions given on the line.

### Winnipeg Deployment Support Information

For up-to-date information on services and programs available for families of deployed members  
Please call 1-800-866-4546 and enter box # 12821



The MFRC is excited to offer **RAINBOWS**

Rainbows is peer support program that offers groups for children, and adolescents who are grieving a loss or transition in their family. The MFRC will be offering the Rainbows program specifically to address loss or transition related to deployment. If you would like more information or would like to register your child please contact Haley Schroeder at ext. 4512. For more information you can also go to [www.rainbows.org](http://www.rainbows.org)

MFRC, 102 Comet St. Free Wednesdays, starting 13 September for 10 weeks 4:30 to 5:30 pm

### MFRC Lending Library CAMPING SEASON IS HERE!



Join the MFRC Lending Library and sign out the camping equipment! For just a \$10.00 year membership, you can sign out the Camping Equipment, which consists of a 6-man tent, battery operated lantern, 2 folding chairs, and 2 folding stools for 2 weeks (A \$50 refundable deposit is required). If you aren't into camping, sign out the Fort Whyte Centre or Manitoba Museum passes for 24 hours. We also have a variety of children's toys and videos you can sign out for two weeks. Also, check out our Resource Library.

Check out these new books:

- Knock 'em Dead 2006 – The Ultimate Job Seeker's Guide
- La série Petits et grands – Enfin réunie, la chronique préférée des lecteurs et lectrices du Magazine Enfants Québec!

For more information about the MFRC Lending Library, call ext. 4500.

### Teen Babysitters

We need you!



Parents at 17 Wing are searching for babysitters for their children while they are out. If you have completed a Babysitter's Course and would like your name to be added to our Babysitter's List, have your parents drop by the main office at 102 Comet Street and fill out the required form. For more information call the MFRC at ext. 4500.

### Casual Child Care

We provide care for children from 18 months to 6 years. Children must be registered at least 24 hours in advance; it is advisable to book a week in advance since this program is very popular. Cost: \$8 for the entire session for one child or \$12 per family for more than one child in the same family. Snack: Parents must provide a snack and a drink for their children; if the snack requires refrigeration, please pack it with an ice pack. Please remember that our centers are peanut free due to the large number of children with allergies and that Popcorn and nuts cannot be served to children under 5 in licensed care.

### Upcoming Schedule

13 July - 31 August  
MFRC, 102 Comet St.  
Thursday 9:30 am to noon  
1 - 5 September: Closed

Starting 6 September:  
Westwin Children's Centre  
Wednesday 1 to 3:30 pm  
Thursday 9:30 am to noon  
To register call 833-2500 ext. 2491.



### Deployment Respite Child Care

MFRC, 102 Comet  
Saturdays 1:30 to 4:30 pm



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WWW.MFRC.MB.CA



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  - The Newcomer Program
  - Employment & Education Assistance
  - Services Francophones/Second Language Services
- ✓ Prevention & Intervention Services
- ✓ Family Separation & Reunion
- ✓ Child & Youth Development
- ✓ Parenting Support

### MFRC Monthly Community Coffee Break

The 1st Thursday  
of EVERY month  
10-11 a.m.  
102 Comet St.



### Resources

The MFRC has Internet-ready community computers, a fax machine, tape recorders, digital camera, and video camera available for use on site during normal working hours.

### Other Numbers

MFRC: 833-2500 ext.4500  
Emergency Childcare: 935-7733  
MFRC Childcare Centre: 837-3653  
Youth Centre South: 488-8563  
Youth Centre North: 833-2500 Ext 4502

 CF Family Consumer  
Info Line: 989-9019

## Together in Church



### CATHOLIC

#### Chaplains

**Padre Lance Magdziak**  
Roman Catholic  
Office 833-2500 ext 5272

**Administrative Assistant**  
Carol Cochrane  
Office 833-2500 ext. 5087

#### Masses

(English only)  
Sunday 1100 hrs  
Saturday 1630 hrs

#### Religious Education

Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

#### Confessions

The sacrament of reconciliation is offered 20 minutes before mass and by appointment. Contact the chaplain's office.

#### Baptisms

We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

#### Weddings -Marriages

Contact the chaplain at least six months in advance. A marriage-preparation course is a requirement.

#### Catholic Women's League

Meets in the Chapel Annex the third Monday of each month at 1830hrs.

### Protestant

#### Chaplains

**Padre Bruce MacKenzie**  
(United Church)  
Office 833-2500 ext 5417

**Padre Bob Brinn**  
(United Church)  
Office 833-2500 ext 5349

**Padre Paul Southen**  
(United Church)  
Office 833-2500 ext 4277

**Administrative Assistant**  
Carol Cochrane  
Office 833-2500 ext. 5087

#### Sunday Services

(English Only) 0900 hrs

#### Sunday School

Sunday School is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

#### Marriages

Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A Marriage preparation course is also required.

#### Baptisms

The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

#### Protestant Chapel Guild

The Guild meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

#### Food Bank

The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

#### Emergency Chaplain

After normal working hours, the Emergency Chaplain can be reached through WOps Duty Centre, 833-2700.

#### Other Phone Numbers:

For your convenience, a phone number has been set up to provide callers with info on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts. Those with access to the DIN visit the chaplains' Web Site at <http://17wing.winnipeg.mil.ca/main>, then click on 'Services.

#### Interfaith Prayer Room

Rm 305 in Bldg 62 is avail during reg working hrs for private prayer or meditation, or for small groups to worship in the manner of their faith.

# Sparky's Corner

Summer is now here, and it is a beautiful summer at that. Having said that, with the great weather comes the BBQ season as well. BBQ safety is vitally important, so a few safety tips are in order.

#### Propane And Barbecue Safety Tips

##### PROPANE INFORMATION & STORAGE

Propane is stored as a liquid, but used as a vapour. The cylinder must be kept upright at all times to prevent leakage and stored outdoors.

Propane, in its natural state, is a colourless odourless gas and is odorized at the refinery. The ethyl mercaptan which is added gives the propane a very strong boiling cabbage/burnt garlic smell which is detectable long before concentrations become dangerous.

An important thing to remember is that propane vapour is heavier than air and therefore, if a leak should occur, the invisible vapour will "pool" in low-lying areas. This is one of the main reasons that it is imperative that propane cylinders and tanks be used and stored outdoors only. Clause 9.5.1.2 of the Propane Installation Code (a national standard of Canada) states that "A cylinder which contains propane liquid, or vapour, shall not be stored or used inside any structure". Remember that a cylinder which seems empty is still full of propane vapour and still presents a hazard if it should leak.

##### PROPANE & NATURAL GAS BARBECUE MAINTENANCE

Make sure the burner holes and tubes connected to the burners are rust and debris free and that the burner throat, where the propane enters the burner, is free of dust or cobwebs.

All hoses and joints should be soap tested by using a solution of dish soap and water. Leave the barbecue valve off and the cylinder valve on. Spread the soapy solution generously on all fittings and the hose. If bubbles appear and become larger or increase in number, then you have a leak. Never check for leaks with an open flame. If you're not sure about something, take it back to the dealer for help or call a qualified propane technician.

The fitting that connects the barbecue hose to the cylinder has a left hand thread. Turn it counter-clockwise to tighten. If the fitting has an 'O' ring, check it every time you connect the cylinder. It should be replaced if it's bent or worn.

##### USE OF PROPANE BARBECUES

- Always use gas grills outdoors. Grilling in the garage with the door open does not allow for enough ventilation and could cause an accumulation of carbon monoxide.
- Only open your propane tank a quarter to one-half turn.



That's all the gas your barbecue needs to operate, and if you have a problem, then it's much easier to shut off.

- When lighting your barbecue, have the match or lighter already burning with the barbecue lid open before you turn on the propane.
- Always keep loose clothing away from a hot barbecue. Use long-handled tongs and brushes while grilling. It puts you at a safer distance away from the heat and flames.
- Make sure that the barbecue is at least 10 feet (3 metres) from the house, or any other objects that could catch fire. Never move a lit barbecue.
- After each use, turn off the propane tank cylinder valve first, then the "ON/OFF" valve on the barbecue. This way, propane does not get trapped in the hose when the barbecue is not in use.
- From the time you light the barbecue, until you finish cooking, stay with your fire - never leave a lit barbecue unattended.

##### CHARCOAL BARBECUES

- Never use gasoline to get the coals going. Use only charcoal lighting fluid.
- Let the lighter fluid soak into the coals for a minute or so before lighting it. That gives the explosive vapours a chance to dissipate. Before you light the coals, make sure that you put the lighter fluid at a safe distance away from the fire.
- Stand back from the coals when you ignite them, and make sure you didn't accidentally spill any fluid on yourself, or on any area surrounding the grill. If the coals start to die out on you, don't spray lighter fluid on the hot coals. You could end up with explosive results.
- Always extinguish the coals when you're finished barbecuing. While wearing oven mitts, take the coals out of the barbecue with tongs, and submerge them in a metal pail of water.
- Always ensure that you keep your barbecue and all fires safe from children and pets.

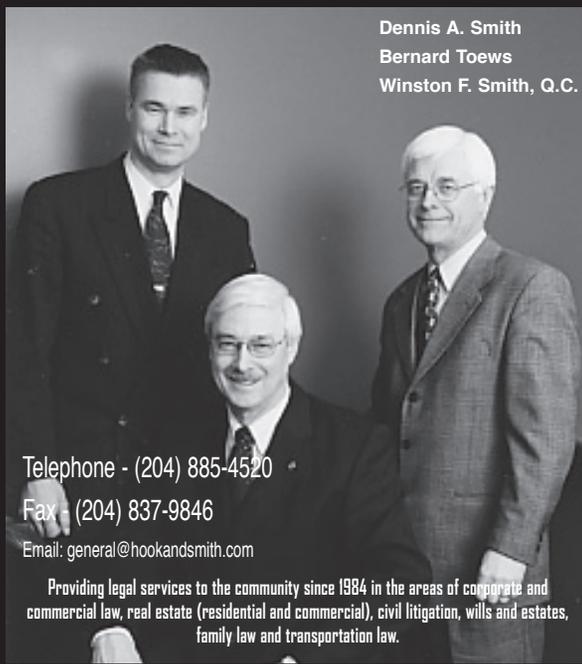
Have a wonderful summer.

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## Tim Hortons Brings A Taste Of Home To Troops In Kandahar

By Brenna Morell, CFPSA Media Relations Coordinator

OTTAWA (CFPSA) - Troops serving in Kandahar, Afghanistan, received a taste of home Canada Day morning when the Canadian Forces Personnel Support Agency (CFPSA) officially opened the first Tim Hortons outlet at a deployed mission.

At 10 a.m. Kandahar time, (1:30 a.m. EST), men and women of the Canadian Forces, along with military from other nations, joined CFPSA Chief Executive Officer (CEO) Major-General Doug Langton, Commander of Task Force Afghanistan (TFA) Brigadier-General David Fraser, and Tim Hortons Director of Business Development Doug Anthony on the Boardwalk at Kandahar Air Field (KAF) for the official opening ceremony.

Gathered around the 40-foot trailer for the ribbon cutting, troops were treated to words of encouragement, appreciation, and Canada Day wishes while enjoying coffee and donuts.

"This is about serving you as you continue to do the outstanding job Canada asks of you," MGen Langton said to the soldiers. "We hope this little piece of home will make your lives in Afghanistan just a little bit easier."

Located on the Boardwalk airstrip next to the American-managed concessions, the Tim Hortons outlet is managed by CFPSA staff. A Tim Hortons store opening crew will be on hand for two to four weeks to ensure that operations are running smoothly and that all products and services meet Tim Hortons standards.

"Our goal is to deliver the same great tasting coffee and baked goods that the troops enjoy at home; and we will," explained Mr. Anthony from Tim Hortons. "We also look forward to introducing the many soldiers from other nations stationed in Kandahar to the Tim Hortons experience."

The store will serve hot and cold beverages as well as baked goods to the approximately 2,200 CF members and 5,000 personnel from other countries at KAF. Personnel will pay prices comparable to those in Canada and profits made within this project will be reinvested in morale and welfare programs for Canadian Forces members.

The menu at the Tim Hortons at KAF includes:

- Hot beverages - coffee, tea, flavoured cappuccino and hot chocolate
- Cold beverages - Iced Cappuccino, water, juice, pop
- Baked goods - donuts, muffins, cookies, croissants and danishes
- Bagels and cream cheese

Mr. Anthony described how the idea of a Tim Hortons in KAF came about. "Several months ago, our President & CEO,



Paul House received a call from [Canadian Chief of Defence Staff] General Rick Hillier on behalf of the troops stationed in Kandahar. They had told the General that the one thing they would really like on the base is a Tim Hortons."

The CFPSA saw this as another opportunity to boost morale and welfare of the troops serving in Kandahar. "We have worked closely with Tim Hortons and the Canadian Forces to bring this operation to fruition. This opening in Kandahar is a significant achievement and a true partnership among our three organizations," added MGen Langton.

Since August 2000, the CFPSA has been providing civilian staff to manage programs and services to boost morale of the CF. From the moment the CF mission in Kabul, Afghanistan, began in July 2003, CFPSA has deployed approximately 50 civilian personnel per six-month rotation.

By delivering in-theatre support programs including retail operations, sports and fitness, show tours, and Home Leave Travel Assistance, CFPSA personnel contribute to the morale and welfare of CF members and their families.

Tim Hortons is Canada's largest coffee and baked goods chain with more than 2,900 stores in Canada and over 290 locations in the United States.

## Congrats BGen Thuen!



BGen Eldren Thuen officially receives his new rank from MGen Charlie Bouchard (left), Comd 1 Cdn Air Div, with his wife Mrs. Barbara Thuen.

With close friends and lots of family members in the audience, BGen Eldren Thuen officially received his promotion on Friday, 23 June. With his promotion came the new duties of the Deputy Commander Mission Support and Personnel at 1 Canadian Air Division.

BGen Thuen joined the CF in 1974 under the Regular Officer Training Plan. After graduating with his Bachelor of Arts from the Royal Military College, he headed to CFANS in Winnipeg for the Basic Air Navigation Course. Upon completion in 1979, he was posted to 407 Sqn in Comox, B.C. where he flew on the Argus and Aurora as navigator and navigator-communicator. Three years later, he returned to Winnipeg and to CFANS as an A1 Category Navigation Instructor and the Chief Officer Development Instructor. In 1985 he moved across the field to 1 Cdn Air Div as Executive Assistant to BGen John Woods.

BGen Thuen headed across the border to Tinker Air Force Base and the NORAD Airborne Warning and Control program in Oklahoma City in 1987. While there, he achieved an "Exceptionally Qualified" instructor category and was promoted to major. He returned to Air Command HQ in 1991, and after attending Staff College in Toronto, he was posted back to Winnipeg with 435 Sqn as the Navigator Leader and Aircrew Leader until his retirement from the Regular Forces in April 1997.

But he didn't go to far. He immediately joined the Primary Reserve as the 17 Wing Heritage Officer and Air Reserve Flight Commander. In 1999, with his promotion to LCol, he moved to 1 Cdn Air Div as the A1 Reserve Coordinator and subsequently became the A1 Reserve Personnel responsible for Air Reserve policy development and implementation. He added a bar to his shoulder on 15 Aug 01, becoming Col Thuen, and headed off to Toronto for the Advanced Military Studies course. He returned again to Winnipeg after completing the course, this time as A1 Reserve at 1 Cdn Air Div. In May 04, he assumed the duties of A3 Aviation, Patrol and Transport Readiness.

His promotion to Brigadier-General brings new responsibilities; as the Deputy Commander Mission Support and Personnel at 1 Cdn Air Div puts him charge of all the support functions (engineers, logistics, communications personnel and aircraft maintenance) for the Air Force. Additionally, as DG Air Reserves, he is the senior reserve advisor to the Chief of the Air Staff.

For BGen Thuen, the highlight of his promotion is the trust demonstrated by his commanding officers. "It's the confidence that the senior leaders of the Air Force have in me," he said. "Being an Air Reservist and getting a job supporting the regular force is an indicator of how integrated the Air Force has become."

His wife, Barbara, and daughters Danielle and Karen and their significant others, came to celebrate the day with him.



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