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CFB/BFC Winnipeg
 1 May 1991

ATG completes Gulf redeployment

Canadian Forces Air Transport Group is in the last stages of redeployment from the Persian Gulf. Its role in the withdrawal of personnel and equipment from various locations in the Gulf region is expected to be completed by mid-April.

Aircrew from Canadian Forces Bases Trenton, Edmonton, and Winnipeg, operating CC130 Hercules and CC137 Boeing 707 aircraft, are instrumental in the redeployment missions. Air Transport Group personnel are also working at temporary command control sites established in Lahr, Germany, and in Qatar to oversee the coordination and smooth implementation of those operations.

As well, a CC144 Challenger aircraft, based at Canadian Forces Base Ottawa (Uplands), is involved with communications and liaison flights in the Middle East. This includes the re-establishing of the Canadian Embassy in Kuwait.

A proud Brigadier-General Gordon Diamond, Commander Air Transport Group, recently emphasized the heavy taskings which fell upon ATG throughout the Middle East crisis as well as ongoing national airlift commitments.

"It's a credit to the men and women involved that we maintained such an excellent safety record."

La fin du redéploiement du Golfe

Le Groupe Transport aérien est aux dernières étapes du redéploiement des militaires canadiens depuis le golfe Persique. Le rapatriement du personnel et de l'équipement devrait être complété vers la mi-avril.

Des équipages des bases de Trenton, Edmonton et Winnipeg, à bord d'appareils CC130 Hercules et CC137 Boeing 707, jouent un rôle essentiel dans ce redéploiement. Du personnel du Groupe Transport aérien travaille également à des postes de contrôle temporaires établis à Lahr et au Qatar, où il assure le bon déroulement de l'opération.

Un appareil CC144 Challenger de la base d'Ottawa participe aussi à cette opération, effectuant

des vols de liaison et fournissant des communications au Moyen-Orient. Cet avion contribue en outre à la ré-ouverture de l'Ambassade du Canada au Koweït.

Le brigadier-général Gordon Diamond, commandant du Groupe Transport aérien, a récemment souligné les nombreuses missions qui ont été assumées par son organisation autant au Moyen-Orient, pendant la crise du Golfe, qu'au Canada dans le cadre d'engagements purement nationaux.

"L'excellente fiche de sécurité que nous avons maintenue est tout à l'honneur des hommes et femmes qui ont participé à ces missions."



CC130 Hercules number 340 is the first of five such aircraft recently acquired by the Department of National Defence for Air Transport Group operations. The aircraft from CFB Edmonton was on one of its first missions when this photograph was taken in Qatar of the loading equipment for the Airlift Command Control Element (ALCE). Photo by Cpl Kevin Oliver TNC 91-230-99



HAPPY MOTHER'S Day - May 12



The Kidney Foundation of Canada - 17th Annual Cyclothon

The Kidney Foundation of Canada is a national, voluntary, health organization dedicated to the eradication of kidney diseases and related disorders and is committed to promoting and supporting excellence in research and to playing a leadership role in promoting organ donation.

Annually The Kidney Foundation of Canada, Winnipeg Chapter has held a CYCLOTHON in order to raise funds to provide patients, families and friends with emotional, educational and material support, to advocate patients' rights to high quality care and treatment, and to provide the public at risk with information on prevention, diagnosis and treatment of kidney diseases and related disorders.

CYCLOTHON '90 was a tremendous success with 705 riders collecting pledges in excess of \$87,025.00.

CYCLOTHON '91 will be held on Saturday May 25, 1991 from 7:30 am until 12:00 noon at As-

siniboine Park. The Honorary Family is the Joe Poplawski Family. The registration site will be in the large parking lot just west of the Pavilion. The Official Opening and Celebrity Ride will commence at 9:00 am. The maximum distance of the CYCLOTHON is 25 kilometers which is five times around the enclosed route within the park (see reverse side). It is not necessary to ride the complete 25 kilometer route. Pledges are usually made in the form of a fixed pledge or a pledge per kilometer completed. Rider awards, for individual riders, will be awarded based on one rider per pledge form(s) and total monies received. From a safety stand point, the route is monitored on a regular basis by the Winnipeg Citizens Radio Club. There is a medical team in attendance. Minor bicycle repairs are available courtesy of Lifesport Shops Ltd. In the event of inclement weather, cancellation notices will be broadcast on local radio stations. This is not a race — it is a leisurely family fun day with radio, television and sports

personalities celebrities, prizes and refreshments.

Annually "The Top Toot Award" is presented to honor the radio or television station for the highest media pledge collection.

Pledge forms are available at the following locations: Advance Electronics, Bonanza Restaurants, Burger King Restaurants, Canada Safeway Stores, Chicken Delight Stores, City of Winnipeg Swimming Pools & Arenas, Corydon Cycle & Sports, Lifesport Shops, Perth Services Outlets, Petro-Canada Stations, Pizza Hut Restaurants, Robin's Donuts, 7-Eleven Food Stores, YM-YWCA Branches. Additional pledge forms and Cyclothon '91 posters (12" x 15", or 24" x 30") are available by phoning 949-1858.

HAPPY Homecoming



Cpl Barry Mackay, Traffic Tech, returns home on 5 April 91 from the Gulf War, greeted by his wife Kathryn.

Letter to the Editor

Dear Editor,

Telephone operators are some of my favourite people. Back in '62, when I worked as a Radar Tech in RCAF St Sylvestre, our night-time operators were Fighter Cops. These were young ladies (for the most part) who were given the job of answering the calls for the station during their regular shift in the Operations room. I guess it's enough to say that the radar techs (who were all men) visited occasionally (after all, we had to deliver coffee and stuff). Although the PBX room was out-of-bounds, sometimes it was more out-of-bounds than other times. Thus I got my first insight into the ways of the switchboard. I must have done something right, I'm still married to a Fighter Cop.

So, when I have difficulty with my telephone calls now and then, I think I can offer an observation without fear of getting cut off (either literally or figuratively). It's not a big deal but I suspect that there are many telephone operators on Air Command bases out there who think that I'm deaf.

When most of us answer the telephone, we lift the receiver to our ear and say something. If you're me, you say, "Good morning, Individual Training, Air Command Headquarters", or the equivalent. If you're a telephone operator, you usually say, "CFB Nowhere, good morning, bonjour". Being an operator, you're wearing a headset and you don't have to lift the receiver to your ear. You start speaking as soon as you depress the button on your console. Unfortunately, the time it takes the telephone system to set itself to "on" (which sounds to me like about one-half second), swallows up "CFB Nowhere..." and all I hear is "...good morning, bonjour". Then I have to say to the operator, who just finished telling me the name of the Base, "Is that Nowhere?" and of course I get told, very politely, that, "Yes, it is." while probably thinking that this guy must be really old and deaf. Anyway, from the first paragraph, you know at least I'm really old.

So ladies, gentlemen, operators of our telephone system, take that deep breath *after* you press the button and let's hear where you're from. Keep up the good work.

Major Bill Cairns
Air Command Headquarters

POOL CLOSURE

Due to major repairs
Westwin Pool
is Closed until
Sep 91

Attention:

Ex RCAF/CAF-447 Squadron Members

447 Squadron of CFB Edmonton will be holding a "CLOSING OUT" weekend 07-09 June 1991.

All ex Squadron members and their guests are invited to attend the occasion of fellowship, merriment, lie-swapping and memory testing.

Write for details to:

Commanding Officer

447 Transport Helicopter Squadron

Canadian Forces Base Edmonton

P.O. Box 10500

Edmonton, Alberta T5J 4J5

or Telephone: **CSN 620-4352/4353/4355**

Commercial (403) 973-4352/4353/4355

REPLY DEADLINE — 15 May 91



Pour tout renseignement sur la vie française au Manitoba, signalez le 233-ALLO (233-2556), ou encore le 1-800-665-4443 (sans frais) si vous appelez de la campagne.

Le Centre d'Information possède les renseignements nécessaires qui vous permettront de bénéficier au maximum des ressources francophones de votre milieu.

Le personnel qualifié du Centre d'Information, à l'aide de sa banque de données informatisée et d'une bibliothèque, peut vous fournir bien des renseignements dans les domaines suivants: culture, patrimoine, économie, éducation, sports et loisirs, vie spirituelle et religieuse, santé, communications, agriculture, services communautaires, vie politique et services juridiques, formation et gestion.

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Barry Sweeney

Escape Club

In 1988, The Escape Club hit with "Wild, Wild West". The album was certified gold and yielded the Grammy-nominated, #1, title track. It's been a long wait for "Dollars & Sex" (Atlantic) and now Trevor Steel (lead vocals, guitar); John Holliday (guitars, backing vocals); Johnnie Christo (bass, backing vocals) and Milan Zekavica (drums, percussion) are poised to recreate the magic.

Their "Call It Poison" has vaulted top-40 but could well be over-shadowed by the tongue-in-cheek "So Fashionable" and the infectious rhythms of "The Edge of the Bed". The group wrote all



music reviews and syndicated columnist

the tracks and production by Peter Wolf (Starship, Lou Gramm) is on-target. "I'll Be There" is a beautifully understated ballad of powerful proportions and certainly has the strength to be culled for the singles market.

Crisp delivery on "Blast Off To Heaven", solid lyrics in "Looking For The Medicine Man" and rocking "Shout The Walls Down" all add up to a superbly crafted release.

Pendergrass

As lead vocalist for Harold Melvin & The Blue Notes in the 70s, Teddy Pendergrass' vocals served up one of the most stylized pop and soul hits including "The Love I Lost" and "If You Don't Know Me By Now". "Truly Blessed" (Elektra) once again couples

Teddy's romantic vocals with captivating rhythms.

He displays his sensual delivery on "It Should've Been You" and turns in a masterful cover on the Bee Gees' classic "How Can You Mend A Broken Heart", his debut single. Key tracks include a duet with Lisa Fisher on "Glad To Be Alive", which was featured in the Ford Fairlane soundtrack; the gospel fervor of "Truly Blessed" and the seductive invitation to "Spend The Night". Absolute knockout material from start to finish.

Forester Sisters Talkin' 'Bout Men

Cathy, Kim, June and Christy, The Forester Sisters, bounded out of Lookout Mountain, Georgia, and into the international

spotlight with the release of "That's What You Do When You're In Love". The quartet have had a virtually unbroken string of hit product and with the release of "Talkin' 'Bout Men" (Warner Bros.), their ninth album for the label, the hits should just keep on rollin'.

The debut single, "Men", had already cracked the top-10 and with such sprightly tracks as "Too Much Fun", the slow moving "That Makes One Of Us" and the sheer harmonic beauty of "You Take Me For Granted", "Somebody Else's Moon" and the set closing "What About Tonight" all poised to draw heavy consumer reaction, The Forester's are headed for more precious metal awards.



The Forester Sisters

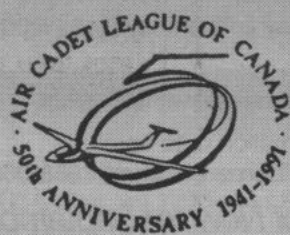
of the NBC sitcom Down Home. Travis will be playing the Maritimes next month... Good Brothers are nominated for a pair of awards (International Bluegrass and International Country Group of the Year) in the 1991 Dutch Country Music Awards... Elvis Costello, who co-wrote "Veronica" with Paul McCartney, also co-wrote two songs on Elvis' upcoming "Mighty Like A Rose", which is set for a mid-May release. You know you're getting old when you like M.C. Hammer singing "Feelings", as seen on a popular soft-drink commercial, rather than hearing him sing "You Can't Touch This".

Sweeney's Scene

Bee Gees' "High Civilization" set scheduled for release in May... Paul Simon, currently pulling big crowds on his Canadian tour, will have his children's book, At The Zoo, released in the fall. All royalties will go to the Children's Health Fund... Country heartthrob Randy Travis recently appeared in an episode

50th Anniversary Banquet

Air Cadet League of Canada and Royal Canadian Air Cadets



Guest Speaker

BGen "Izzy" Popowych OMM, CD Air Command Headquarters

Winnipeg Convention Centre - Sunday May 19, 1991

Reception 6:30 pm Dinner 7:00 pm

Tickets \$35.00 includes charitable donation \$15.00

To order tickets send cheque or money order to:

50th Anniversary Banquet

c/o 552 Rathgar Avenue - Winnipeg, MB, R3L 1GA

Cheques or money orders to be made payable to RCAC - 50th Anniversary

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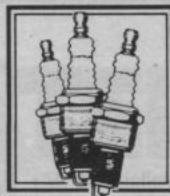
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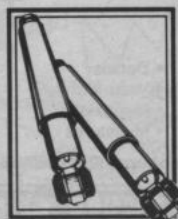
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EXPIRES: MAY 30th/91

48th HIGHLANDERS ANNIVERSARY



48th Highlanders of Canada

100th Anniversary Reunion

May 16th-19th, 1991

29 Leslie Street,
Toronto, Ontario M4M 3Z3

Toronto — The 48th Highlanders of Canada, one of the country's most decorated militia regiments, has announced it will be celebrating its 100th Anniversary at a Reunion to be held May 16-19, 1991, in Toronto.

The City of Toronto has also proclaimed May 13-20, 1991, as "48th Highlanders of Canada Week" to mark the occasion.

Colonel John M. Lowndes, Honorary Colonel of the 48th Highlanders and the Chairman of its Reunion Committee, said, "We have put out the call to all former 48th Highlanders from across Canada, the U.S., and overseas, including anyone who served at any time, to attend the 100th Anniversary celebrations."

"The Reunion promises to be a major milestone in our history and a fitting tribute to all who served with the unit, whether in war or peace time," he said.

Special events for the May 16-19 Reunion will include: a dinner-dance for 2,000 at the Royal York Hotel (Friday, May 17), a Presentation of Colours Parade at Varsity Stadium (Saturday, May 18), and a Church Parade to the Regimental Monument at Queen's Park (Sunday, May 19).

Later in the year there will be a special tribute to the 48th Highlanders at the Warriors Day Parade, C.N.E. (August 17) and a Toronto City Hall Reception (September 13).

Since its founding in 1891, the 48th Highlanders of Canada has provided front-line infantry soldiers who participated with great distinction in the Boer War (South Africa, 1899), World War I, and World War II. At present, the unit also has members who have also participated in various United Nations peacekeeping

missions around the world.

"We estimate that about 85,000 soldiers have served with the Regiment during our first 100 years," said Colonel Lowndes. "And we want to celebrate a century of faithful service to Canada with all those Highlanders who can attend the Reunion."

With its motto "Dileas Gu Brath" ("Faithful Forever"), the Regiment has won 49 battle honours, the most of any single militia unit in Canada. The 48th Highlanders Pipes & Drums has also won many international awards and recognition as one of the finest pipe bands this country has produced.

Information contact: Al Kowalenko (Sgt.) 48th Highlanders of Canada Reunion Committee. Tel: (416) 490-1871 (Office); (416) 751-6399 (Residence). FAX: (416) 490-9739.

MILITARY POLICE BAND BLIND FUND

On 22 Mar 91, members of the Military Police from CFB Winnipeg, Air Command HQ, 2 PPCLI, SIU Detachment and SIU Section, gathered at the St Amant Centre for disabled children, in order to present the Centre with a cheque in the amount of \$7500. This cheque was presented on behalf of the Military Police Fund for Blind Children and will be used by the Centre to assist them in their many programmes.

After the presentation, Mrs. Brenda Yost, took the MPs on a tour of the Centre during which MP representatives had the opportunity to meet and talk to some of the children. Mrs Yost also explained what programmes the donation would be used for.

Thanks to all those who made donations to the Military Police Fund for Blind children.



Pte Sheldon Lucas of CFB Winnipeg Military Police Section presenting the cheque on behalf of the Military Police Fund for Blind Children to Brent Borthistle, (student) who accepted the cheque on behalf of the St Amant Centre. Looking on (L to R): Mrs. Brenda Yost, Sgt Parsons, MWO Gosse, Matthew Foster, Mrs Cynthia Burrows, Sgt Verreault, MCpl Reid, Mr Michael Schumann and Sgt Rowlands.

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Next Voxair Deadline May 6

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Lt Coderre, Maj Stewart, LCol Brown, LCol Meindl, Lt Thomas, Lt Schnare.



Back Row — Sgt Bird, Sgt Wonnemberg, Sgt Matthews, Sgt Coyston.
 Middle Row — PO2 Cullen, Sgt McKinnon, Sgt Thomson, Sgt Fortier, Sgt Germain, Sgt Talbot, Sgt Addis.
 Front Row — MWO Scott, WO Cottenoir, CWO Munroe, CWO Scott, WO Monk, WO Langille.

Cops to run for Special Olympics

Up until 31 May 1991, many of the province's law enforcement agencies will be participating in a united effort to raise funds for a worthy cause, the Manitoba Special Olympics. The ultimate goal for the MSO is to ensure that all mentally handicapped Manitobans are provided the opportunity to participate in sport and related physical activities. Your tax deductible donations will assist Manitoba Special Olympics in the development of quality fitness, recreation of life for the province's mentally handicapped population.

In support of MSO, law enforcement officers of the RCMP, Winnipeg City Police, Military Police and many other departments will be participating in the Manitoba Law Enforcement Torch Run. During the Torch Run, each runner will take up the torch as part of a cross-province run which begins in the rural regions of Manitoba and will continue throughout the day until its dramatic conclusion at the Opening Ceremony of the Manitoba Special Olympics Variety Summer Games at the University of Manitoba.

This year's target is set at \$200,000 province-wide. This ambitious goal can be attained through your generous support. As part of the law enforcement community, the Security Branch will be actively participating in this commendable cause. Your donation is tax-deductible and receipts are given on the spot by members of SSO Secur at Air Command Headquarters, Military Police at building 95, the Special Investigation Unit at



Pictured above L-R Superintendent Lynn Silcox, RCMP 1991 Torch Run Vice Chairman, Chris Chapman, Superintendent John DeGroot, WPD 1991 Torch Run Chairman.

building C-3 and the MP/RP section at building B-2. As most of us are blessed with our health and comfortable lifestyle, please join in and help those who are less fortunate. Despite the daily hardships they endure, the Special

Olympics' Oath best summarizes their unbreakable spirit for achievement "LET ME WIN, BUT IF I CANNOT WIN, LET ME BE BRAVE IN THE ATTEMPT."

P.S. Please give generously.

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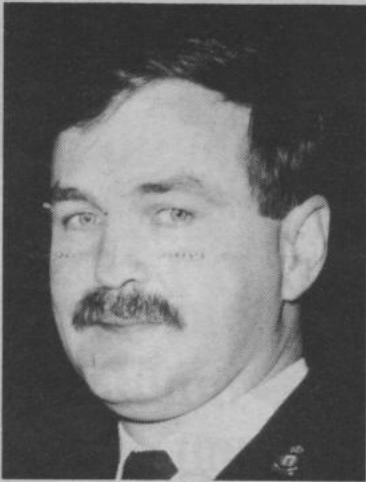
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Promotions and Presentations



73 Comm Gp HQ CD Presentation

Master Warrant Officer J.M. Isabelle, Administrative Officer, 73 Comm Gp HQ was presented his CD1 by LCol J.M. Coderre, Comd 73 Comm Gp during the Commanders Plenary.

Base Supply Retirement Cert. Presentation



Maj Stewart, BSupO, presents Retirement Certificate to Mr. Harry Asbell who retired after 16½ years on 15 Feb. 91.

Head Quarters Promotions



Pte (Holly) Rolfe with her First Hook, effective 30 Mar 91.



Pte (Twila) Letain was presented with her First Hook, effective 28 Mar 91. (What a profile! Twila, you must have been taking lessons from Dan.)



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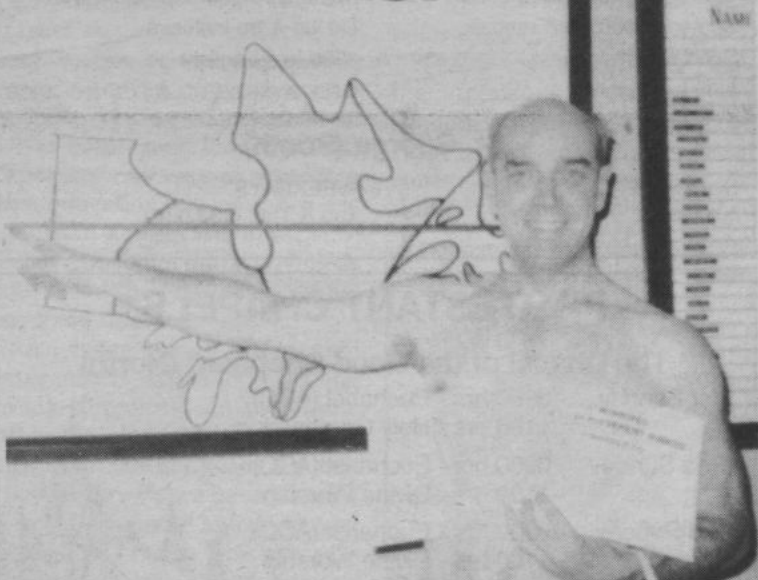


Sgt. Glen Macleod Ambassador's Trophy



Sgt. Glen Macleod — Ambassador's Trophy
Shown above is Mrs. Sharon Macleod presenting the "First" Sgt Glen Macleod Ambassador's Trophy to Pte Marc Beaudoin. The trophy will be awarded annually to a member of the CFB Winnipeg Inter-Section Hockey League who best displays the qualities of sportsmanship, dedication, enthusiasm and love for the game of hockey.

BASE SWIM PROGRAM COAST TO COAST



Captain E.J. (Speedy) Fast poses with his 100 and 150 Mile Swimming Certificates, awarded to him for swimming 150 miles towards the Base Swimming Program and its goal to swim Coast to Coast. It looks like Capt Fast is pointing to Saskatchewan. Now, is that where he is in the Coast to Coast swim, or is that where he wants to be posted? Whichever it is, congratulations Capt Fast and continued success with your fitness through swimming.

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BCOMDs Golf Tournaments

"FORE"

The following is a list of the 1991 Base Commander's Golf Tournaments for the upcoming season:

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Tee Off: 0900 Cost: \$25.00

Wed 19 Jun 91 — Carman
Tee Off: 1000 Cost: \$23.00

Wed 10 Jul 91 — Teulon
Tee Off: 0900 Cost: \$25.00

Wed 21 Aug 91 — Carman
Tee Off: 1000 Cost: \$23.00

Wed 18 Sep 91 — Teulon
Tee Off: 0900 Cost: \$25.00

Flyers/information will be published in respect to each tournament.

Looking forward to a "SWINGING" season.

PERI STAFF

GOLF GOLF GOLF

ATTENTION: ALL GOLFERS, HACKERS & DUFFERS

The Sports Store at Building 90 no longer has golf clubs for rent. We are out of the golf club rental business. All clubs have been turned over to the Base Golf Club and will be rented out from the club house.

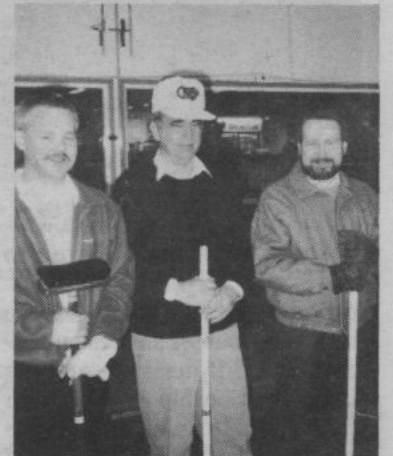
AIR COMMAND CURLING FUNSPIEL



LCol Boudreau, A/C Compt prepares to throw the opening stone, flanked by the organizing committee, from left, WO Dale Ell, Capt Ken O'Brien and Capt Pat Carroll.



FUNSPIEL WINNERS
From left Neil McIntyre, Ken O'Brien and George Kunz.



RUNNERS UP
From left Craig Mensforth, Bert Leblanc and Tom Beggs.

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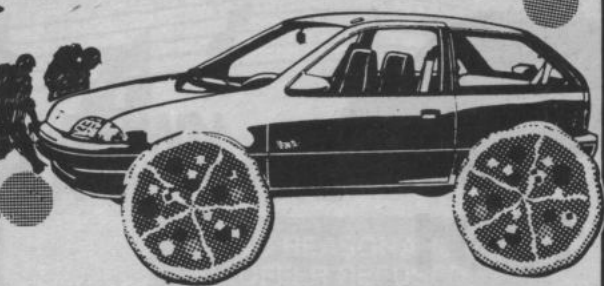
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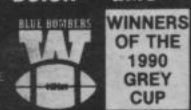
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Padre L. A. Roy

Greetings from the Chapels

9 Ways to Raise a Self-Confident Child

We all want our children to grow up strong and self-confident. We know that what we think of ourselves shapes our behavior, our life decisions and the kind of relationship we form with others. What can a parent do to help build a child's self-esteem? Here are some suggestions:

1. Be a parent of high self-esteem yourself.

You cannot give what you do not have. Insecure parents often pressure their offspring to accomplish what they could not quite achieve — athletic stardom, popularity or professional success etc. What an unfair burden! What pressure to be pushed into a role that fails to match the child's own talents and dreams!

2. Communicate love by touch, especially in the early years.

If we want our children to know they are loved, physical af-

fection — cuddling, hugging, a goodnight or hello kiss and other touching — says it powerfully. As children mature, they continue to need such affection, though how it is offered will change. And Dad, do not be afraid to be physically demonstrative towards your sons — it will not turn them into sissies or homosexuals.

3. Give children opportunity to build competence and skills.

From infancy on, all children need realistic opportunities to "do" and to succeed. Learning to ride a two-wheeler, to venture alone to a friend's house, to operate a computer — all such activity strengthens a child's self-worth. If unsuccessful, praise the effort that was made; remind the child that failing does not make the person a failure.

4. Affirm your child for "being" as well as "doing".

It is important to recognize good deeds and accomplishments: "Thanks for helping"; "That was hard; you are really a capable person". But affirmation for doing these things needs to be balanced by positive messages just for "being". "I really enjoy you. You are

fun to have around." "You are important to me."

5. Help your child develop decision-making skills.

Very early in life, children experience the need to have the opportunity to make choices. It begins with the choice of shirt to wear and the kind of juice she wants for breakfast. As we grow, decisions grow more complicated. We can help by pointing out possible good and bad consequences, moral values that are involved. We can encourage our children to ask for God's help in important decisions. As we show confidence, children will begin to trust in their own power to make responsible choices.

6. Accept the uniqueness of each child.

Sometimes it is hard to appreciate the mix of children in a family. The jabbering, non-stop 3-year-old may drive a quiet Mom crazy. A shy son who prefers music to sports may unsettle an athletic Dad. When a child senses that he is not accepted wholeheartedly or is compared to others, he will grow up feeling inadequate, unloved. Words — negatively or positively — leave a permanent mark on

the way a child thinks of himself.

7. Give the gift of time to your children.

When you do, the message is clear: "You matter to me." Quality time is when Parents and Children share fun things together — hobbies, bikes, sports, chores around the house. Perhaps the most valuable time is spent listening — to a joke, a story, a problem at school. Being present to our children requires time and energy. But the payoff is that they will know they are important to us. By the way, watching television together, all eyes glued to the set, does not really count.

8. Do not be a perfectionist.

Nothing destroys confidence as quickly as parents who can never be satisfied. A parent who feels compelled to comment on every error of grammar, mismatched outfit and boyfriend or girlfriend who comes to visit is playing a heart-shrinker role.

Perfectionists cannot be pleased and children who have to live with them grow up feeling like failures.

9. Let your children know that God loves them — no matter what!

When all else fails and people let us down, what a consoling thought it is that the God who made us still loves us! We need to convey this truth to our children. As the poster says: "God made me — and God does not make junk!" As parents, you may do your best to foster your children's self-confidence. But the fact that God will always love and care for them is the ultimate strength.





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SUNDAYS	WEEKDAYS
10:00 a.m.	Tue & Thu: 6:30 p.m.

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1st Sunday	- 0900 hrs - Eucharist (ACC)
	- 1100 hrs - Holy Communion
2nd Sunday	- 0900 hrs - Eucharist (ACC)
	- 1100 hrs - Divine Worship
3rd Sunday	- 0900 hrs - Eucharist (ACC)
	- 1100 hrs - Divine Worship
4th Sunday	- 0900 hrs - Eucharist (ACC)
	- 1100 hrs - Divine Worship
5th Sunday	- 0900 hrs - Eucharist (ACC)
	- 1100 hrs - Divine Worship



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Sunday Service 10:00 a.m.



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Who Is Doing What?



IS THE ANSWER

The Military Christian Fellowship of Canada

We meet every Wednesday at noon in the Protestant Chapel (N) Annex.

"Now then," said Joshua, "throw away the foreign gods that are among you and yield your hearts to the Lord the God of Israel." Joshua 24:23

- The work of:
- telling is ours,
 - inclining the heart to hear is the Lord's,
 - responding is the individual's.

May He turn our hearts to Him in all His ways and to keep the commands, decrees and regulations He gave our fathers. 1 Kings 8:58

These people come near to me with their mouth and honor me with their lips but their hearts are far from me. Isaiah 29:13

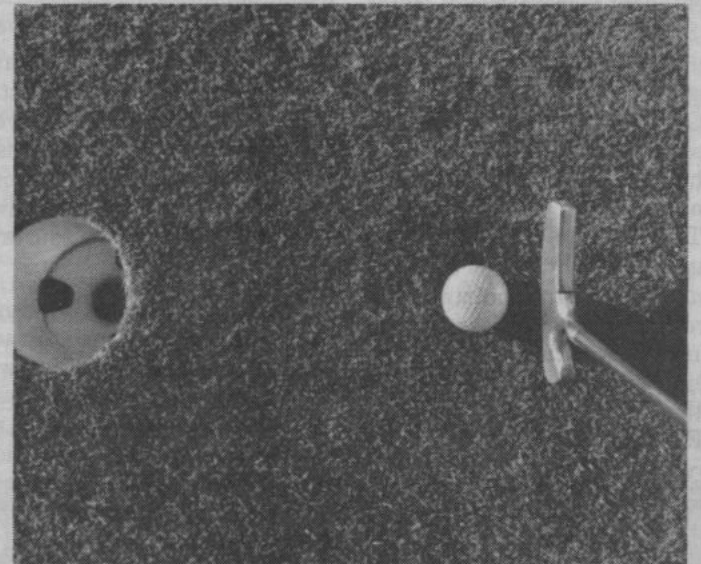
La Création
Le printemps qui approche à

grand pas est d'après moi la plus belle saison de l'année. La vie recommence après un long sommeil; il y a de la vie dans l'air. Je ne peux pas m'empêcher de méditer sur le premier chapitre de la bible, le genèse où l'histoire de la création nous est contée.

"Au commencement, Dieu créa le ciel et la terre (vs. 1), la lumière (vs. 3), le ciel (vs. 6), la terre et les mers (vs. 10), la verdure, les plantes et les arbres fruitiers (vs. 11), la soleil, la lune et les étoiles (vs. 16), les animaux marins, les poissons et les oiseaux (vs. 21), les animaux terrestres (vs. 25), et enfin les êtres humains (vs. 26).

Non seulement Dieu a créé tout ce qui existe, mais il constata que tout ce qu'il avait fait était vraiment une très belle chose (vs. 31). Donc, lorsque vous sortirez dehors et que vous admirerez le renouvellement de la nature, souvenez-vous que notre Dieu a créé notre environnement et que c'est vraiment une très belle chose. Remercions notre Dieu et chantons ses louanges.

Is this where you pray on Sunday morning?



We know an even better place to experience joy and fellowship than the golf course. Our place. This Sunday experience the miracle of Jesus Christ on our turf.

DISBANDMENT 409 TAC (F) SQN

409 TAC (F) Sqn will conduct close-out ceremonies 21-25 Jun 91. All former members are invited to attend these festivities.

Please contact event OPI, Maj B. Degagne.
Tel. no. (work) 011-49-7229-678167.
(home) 011-49-7229-5388, FAX 011-49-7229-678836.
Media Nox Meridies Noster.

Police Beat


The Military Police are hoping to reduce the number of security violations for 1991. To date there has been a total of 25 violations at CFB Winnipeg. These types of infractions can be reduced by each section or unit implementing a security program which includes security education for all DND employees. The MOSAIC tapes are one way of providing this education. These tapes are available at the Military Police Security section and if anyone is interested they can call local 5104 for more information.

An issue which has drawn international attention is Driving While Impaired, an indictable offence under section 253 of the Criminal Code of Canada. To date the Military Police have issued 1,600 suspension and processed 4 impaired drivers. This matter is not only a social issue but one

that can remain on your record for the rest of your life. The Military Police will be doing their part to ensure that drunk drivers are off the road. So THINK before you DRINK.

Traffic enforcement and Parking violations, found in Base Standing Orders 22-10 and 22-08 respectively, are other areas of concern. Moving traffic violations are governed under the

Government Property Traffic Regulations (GPTR), where an appearance notice would be issued by an MP and a fine levied by a magistrate. Parking violations on the other hand are registered at the MP section and even though there is no fine in effect you could lose your parking privilege on Base. So obey all traffic signals and regulations.



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Appointment of Colonel Commandant, Logistics

Ottawa — The Chief of the Defence Staff, General John de Chastelain, has announced the honorary appointment of Lieutenant-General (ret'd) James C. Smith, CMM, O St J, CD, as Colonel Commandant of the Logistics Branch.

Gen. Smith, of Lloydminster, Sask., succeeded Rear-Admiral John B. Tucker, CD, effective Jan. 31, 1991.

The position of colonel commandant of a branch is a prestigious three-year appointment of a retired senior officer by the Minister of National Defence on the recommendation of the Chief of the Defence Staff.

Following his enrollment in the Royal Canadian Air Force (RCAF) in 1943 as an air gunner, he was employed on flying duties until the end of the Second World War, earning the rank of flying officer prior to his release in March 1946.

Gen. Smith joined the Canadian Army Ordnance Corps in 1949 and was posted to the Regional Ordnance Depot in Regina one year later. He rejoined the RCAF in 1951 and upon completion of training in 1952, was transferred

to Air Material Command Headquarters, Rockcliffe (Ont.), as Staff Officer, Aircraft Plans and Control. In January 1953, he was promoted flight lieutenant.

In 1957 he was posted to Air Force Headquarters in Ottawa and for two years worked as staff officer on the AVRO Arrow project as well as Deputy Assistant Director Supply Inventory. During this time frame he was promoted to the rank of squadron leader.

Following studies at the Royal Air Force Staff College at Bracknell, England, Gen. Smith was posted to 1 Air Division Headquarters in France as Staff Officer Supply Administration. Promoted wing commander in 1963, he returned to Air Material Command Headquarters, as Branch Head, Propulsion Systems and Accessories.

In 1965, Gen. Smith was promoted to the rank of group captain and moved to Canadian Forces Headquarters, Ottawa. He became the first Director of Supply Administration following unification of the Canadian Forces in 1968.

In September, 1968, Gen. Smith attended National Defence College in Kingston, Ont. On his return to Ottawa the following year, he served as Assistant Deputy Chief Logistics Services, Chief Technical Service Branch and Director General Logistics Services.

Upon promotion to the rank of brigadier-general in October 1970, he became Director of Supply.

In 1972, he joined Mobile Command Headquarters as Chief of Staff Administration. He returned to National Defence Headquarters in 1974 when promoted major-general and was appointed Chief of Programs. Promoted lieutenant-general in 1977, he was named Assistant Deputy Minister Personnel and served in that position until his retirement in 1981.

In his civilian career, Gen. Smith served as Assistant Deputy Minister, Department of Veterans Affairs from 1980 to 1984 and as Assistant Secretary, Federal Treasury Board from 1984 to 1988. He currently works as a consultant and resides with his wife, Patricia, in Ottawa.



Lieutenant-General (ret'd) James C. Smith, CMM, O St J, CD.

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Un nouveau Colonel Commandant pour la logistique

OTTAWA — Le Chef d'état-major de la Défense, le général John de Chastelain, a annoncé la nomination du lieutenant-général (à la retraite) James C. Smith, CMM, CD, de Lloydminster (Sask.), au poste de colonel commandant de la Branche de la logistique. Nommé pour trois ans, le lieutenant-général Smith est entré en fonction le 31 janvier. Il succède au contre-amiral John B. Tucker, CD.

Le poste de colonel commandant d'une branche est un poste honorifique dont le titulaire est un officier à la retraite nommé par le ministre de la Défense nationale, sur la recommandation du Chef d'état-major de la Défense.

La carrière militaire du lieutenant-général Smith s'étend sur 38 ans. Elle débute en 1943, lorsqu'il s'engage dans l'Aviation royale du Canada (ARC) en tant que mitrailleur de bord. Après son cours d'officier, il est affecté à des fonctions de vol jusqu'à la fin de la guerre. Il accède au grade d'officier d'aviation avant sa libération en 1946.

Trois ans plus tard, soit en 1949, le lieutenant-général Smith se joint au Corps du service du matériel de l'Armée canadienne. En 1950, il est affecté au Dépôt régional du matériel militaire, à Regina, à titre d'officier d'administration et de contrôleur-adjoint des stocks. L'année suivante, il retourne dans l'ARC et, en 1952, après sa période de formation, il est muté au quartier général du commandement du matériel aérien, à Rockcliffe (Ont.), en tant qu'officier d'état-major, plans et contrôle (aéronautiques). En 1953, il est promu lieutenant de section.

De 1957 à 1959, il est au sein du Commandement des forces aériennes, à Ottawa, comme officier d'état-major affecté au projet de l'AVRO Arrow et à titre de sous-directeur adjoint, stocks d'approvisionnement. Durant cette affectation, soit en 1958, il est promu chef d'escadrille.

À la fin de 1960, après avoir étudié un an au Royal Air Force Staff College, à Bracknell, en Angleterre, le lieutenant-général

Smith est muté au quartier général de la 1^{re} Division aérienne, à Metz, en France, où il exerce les fonctions d'officier d'état-major, administration des approvisionnements.

En 1963, il est promu commandant d'escadre et revient au quartier général du Commandement du matériel aérien, cette fois à titre de chef de service, Systèmes de propulsion et accessoires. Deux ans plus tard, il est promu capitaine de groupe et muté au Quartier général des Forces canadiennes, à Ottawa où, à la suite de l'unification des Forces canadiennes, il devient le premier directeur de l'Administration de l'approvisionnement,

poste qu'il occupe jusqu'en 1968.

Le lieutenant-général Smith est ensuite affecté au Collège de la Défense nationale, à Kingston (Ont.), où il étudie pendant un an. Il revient alors au Quartier général des Forces canadiennes, à Ottawa, où il occupe d'abord le poste de sous-chef adjoint, Service de la logistique, puis celui de chef, Services techniques et enfin, celui de directeur général, Service de la logistique. En 1970, il est promu brigadier-général et nommé directeur général, Approvisionnement, toujours à Ottawa.

Deux ans plus tard, il est muté au quartier général de la Force mobile, à Saint-Hubert (Qué.) à titre de chef d'état-major, Administration, poste qu'il occupe jusqu'en 1974. Il est alors promu major-général et revient au Quartier général de la Défense nationale, à Ottawa, cette fois

comme chef des Programs. En 1977, il est promu à son grade actuel et nommé sous-ministre adjoint, Personnel, poste qu'il occupera jusqu'à sa retraite des Forces canadiennes en 1981.

Depuis sa retraite, le lieutenant-général Smith a occupé deux postes à la Fonction publique fédérale. Il a d'abord été sous-ministre adjoint au ministère des Affaires des anciens combattants jusqu'en 1984, puis secrétaire adjoint au Conseil de Trésor jusqu'en 1988. Depuis, il travaille à son propre compte comme expert-conseil. Il demeure à Ottawa avec son épouse, Patricia.

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89 CAMRY LE Auto, air, loaded. WAS \$19,995	\$16,999	90 CAMRY Auto, air. WAS \$17,995	\$16,234
87 NISSAN 300ZX 2+2 Turbo, leather WAS \$18,985	\$16,789	88 NISSAN MULTI Auto, loaded. WAS \$11,995	\$10,796
87 SUPRA TURBO 5 speed, fully loaded	\$18,995	86 BUICK RIVIERA Loaded, roof. WAS \$13,750	\$10,345
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Wanted — Incoming Exchange Officer desires 3 bdrm. accommodation 3 yr. lease starting August 1. Ph: Ext. 5407.



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Babysitting — Will babysit in my home week days. Ph: 889-6583. Ask for Jean.

Babysitting — EXPERIENCED BABYSITTER will babysit in your home. References. Ph: 489-7210 or 488-6011. South side area.



Homes For Sale

Private Sale — Trenton, Great House, 3 mi. to Base Trenton, 3 or 4 bedroom, all brick raised bungalow, 80 x 191 country lot, mature trees, perennials and spring bulbs. New 15 yr. shingles, wall to wall carpet, oak renovation. 11 1/4% mortgage until Aug 93. Quality appliances available. Call Jeff Gibson 613-394-5339 or Autovon 270-5910. Possession May-July 91. \$129,900.



House Cleaning

Housecleaning — Will do house cleaning for individual or family. No house too big or too small. Reasonable rates. Call 831-1063.



Misc. For Sale

For Sale — Colonial COUCH & CHAIR \$50. Men's BIKE, 3 speed \$20. Call Ross Kellest 832-8218 local 6648.

For Sale — Large Black Leather GOLF BAG WITH CART AND CLUB HOOD, also assorted spalding executive golf clubs. Call Bert 488-1539.

For Sale — 8 x 10 STORAGE SHED, barn-style with cedar siding, electric light and plug-in. WORKBENCH, STORAGE CABINET \$600 OBO. Ph: 488-2281.

For Sale — 8 x 10 WOODEN SHED. Contact CWO Cox 888-5659 (H) or 833-5212 (W).

For Sale — 17' BIGFOOT TRAILER, excellent condition, 3 way fridge, fully equipped. Sleeps six. Tongue weight 1875 lbs. Ph: 831-7212.

For Sale — ATARI 2600 VIDEO GAME SYSTEM with point master controls. 11 games including TomCat F14 simulator, Chopper Command, Robot Tank, Star Voyager. \$75. Ph: 488-6910.

For Sale — USED BIKES, 3 adult (2 ladies', 1 men's), one jr. size girl's bike, one boy's jr. bike. One BABY CARRIAGE good condition. Ph: 488-6910.

FOR SALE. Leaving country MUST sell following items: Table Saw with removable saw \$120. Bench workmate (folds for storage) \$40. Jig saw with extra blades \$25. Black & Decker drill with drill bits \$25. Sander \$10. Glue gun \$15. Paint stripper (electric) \$25. Two Hand saws \$5 each. Shop craft 5" bench grinder \$25. Two Hand-wood planers, 1 block, 1 bench \$15. Tool Box \$5. OHM meter \$15. Engraver \$7. Tape measures, 12' \$2; 100' \$5; 200' \$10. Propane torch \$5. Carpenters level \$5. Intermatic all weather timer \$20. Weller soldering gun \$10. Four chrome mags (5 holes) \$60 each or \$200 for all four. Selection of do-it-yourself books \$1 each. Selection of hammers \$1 each. Stapler \$10. Other misc. tools at various prices. ALL PRICES ARE NEGOTIABLE. Please call John at 474-2703.

For Sale — Kenmore SOLID STATE MICROWAVE. Excellent condition, 3.75 cu ft., dimensions H 15 3/4 in., W 24 in, D 19 3/4 in. Wt. 68 lbs. Multi-power cooking/multi temperature settings. \$250. Call John Young at 832-5782 (W), 888-3776.

For Sale — Dry cleaned LR CUSTOM MADE med. weight ivory champagne SHEERS incl. hooks, 8 x 19' L. Very good condition \$450 neg. Black & Decker FINISHING SANDER never used \$30. CLAIRROL FOOT FIXER, Very good condition. \$20. Ph: 889-4442.

For Sale — GOLF CLUBS AND BAG, right hand. Under \$100. Call Chris 633-5817 or Loc 5465.

Moving Soon — Need to sell RATTAN DINING ROOM SET, ROLL-TOP DESK, and various kitchen ware. Call Chris at 633-5817 or Loc 5465.



Vehicles For Sale

For Sale — 1967 Mercury 1/4 T PICK UP, V8 Auto, some rust, cap included, \$1200 OBO. Ph: 888-6752 after 4 p.m.


For Sale — 1973 BMW 520 BAVARIA, 4 speed. \$7000 OBO. Ph: 889-6714.

For Sale — 88 NISSAN PULSAR SE, 5 spd., PS, PB, tilt, T-Tops, Power mirrors, AM/FM cass., Mag wheels, 52,000 km, champagne colour w/black "Heart Beat" on front and sides. Immaculate. \$11,300. Ph: 783-2717.



Wanted

Lafr Figure Skating Club urgently requires a FIGURE SKATING COACH, NCCP Level 2 qualified. Bilingual an asset. Employment to commence 1 Aug 91. Please forward resume to: Jennifer Armstrong, LFSC, Box 2236, CFPO 5000, Belleville, On. K0K 3R0, or fax to Kim Ethier, Fax #01149-7821-38729.



Odd Jobs

Odd Jobs — Do you need your lawn raked, your car washed, or in need of someone to walk your dog. You pick the price. Call 488-6752, or 489-1287 or 488-6695. Anthony, Kevin and Danny.

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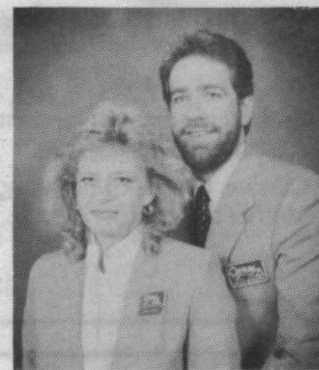


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Kids Count Run cont'd fr. pg. 9
CFB Portage and CFB Shilo as well as among the civilian communities along the route.

So far the Relay Team has contributed more than 65 Thousand dollars to the Children's Hospital Research Foundation.

This year's target is 16 thousand dollars. You can do your bit by donating when approached by a team member, or throwing something into the pot as the relay team passes by your base between 28 April and 2 June.

For further information as to how you can help make the "KIDS COUNT RELAY" a success, call the PAFFO office at Minto Armoury, 786-4314.