

Awarded Wings



EDMONTON (CFP) — Officer Cadet Nancy-Jean Monseler, received congratulations here recently from CFB Edmonton base commander Colonel K. C. Lee. She is the first woman to be awarded parachutist wings in the Canadian Forces since seven RCAF nurses took para-rescue jump courses in 1951 and 52.

The 19-year old third year physics student from the University of Saskatchewan took the same 3-week course as the 40 male officer cadets in her class.

Five-foot Nancy-Jean, who hails from Saskatoon, has great stamina say her instructors at the Canadian Airborne Centre and regularly did fifty fingertip pushups during the course to prove the point.

After graduation, Nancy-Jean would like to be an electrical engineer in the Forces.

Canadian Airborne Regiment Photo

CF Members Best Aids For Recruiting

By Cpl (W) E. M. Liddell
CFRSU Edmonton

EDMONTON (CFP) — It does not take a crystal ball or Ottawa connections these days to know that recruiting for the Canadian Forces is in serious trouble. The profession of arms is not a popular occupation with today's youth in this country.

It is also a sad but outstanding fact that the recruiting aid, which should be our most important weapon against this trend, may be turning more people away from a military career than it attracts. The most important aid is the serving member of the Canadian Forces.

Servicemen, dissatisfied with their own situation, traditionally have been known to bleat their tales of woe, usually in the confines of their club. This situation is so traditional and expected that great concern and suspicion is expressed for the service member who accepts all in a gracious and forgiving manner. On all bases, the lack of sob's and chest beating is a serious sign

of morale problems. It has also been said that a "bitch in time saves nine," the "nine" being service members saved from the luring lights of "civie" street.

As concerned members of the Canadian Forces, recruiters have no active involvement in the research for the cure of that dreaded disease, "release-itis", with which we seem to be afflicted, save the preventive medicine of not offering a diet of "pie in the sky with the moon on the side." We are, however, concerned with the information that a prospective recruit may receive from the well-intentioned, but temporarily disgruntled, or the well-intentioned, but misinformed service member.

Serving members often counsel prospective recruits in perfect conscience, as most service members either doubt a recruiter's honesty in this regard or the recruiter's sanity. Recruiters are generally thought of as being rather shady propagandists who compound their guilt from lying

See AID
Page 16 Col. 4

Capt. Cantley Runs For CFB Winnipeg

Two forty-year-old runners took top honours at the 1974 Canadian Forces Marathon, held Wednesday, 18 Sep., at BFC St. Jean, Que. This year's race also saw the first woman participant in a Forces Marathon.

Sgt. Yvon Dumont cantered to a convincing victory over the 26 mile 385 yards course in a time of 2 hrs. 44 mins. 35 secs. Second was MCpl Chuck Davenport in 2.46.02 and third was Sgt Fen Gray, 32, of CFB Halifax, in 2.46.44. Top Winnipeg runner was Capt Doug Cantley, fifth in 2.51.55.

Dumont, a finance clerk based at CFB Montreal, finished second in 1973. Davenport, running in his first Forces marathon, is based at CFB Shearwater.

Thirty-nine runners, representing 20 bases, started the grueling race after an appropriate send-off by base commander Col J.J. Veronneau. Nine runners finished in under three hours and a total of 18 were under three and a half hours.

See RUN
Page 14, Col. 3

New Liaison Office Opens In Germany

LAHR, West Germany (CFP) — Canadian Forces in Europe has announced the appointment of Lieutenant-Colonel A. H. Klassen, 46, of Hague, Sask., as head of the first integrated liaison office at the 2nd German Corps Headquarters in Ulm, north of Munich, Germany.

The office, under the auspices of Major-General J. W. Quinn, commander, Canadian Forces Europe and the commander of the German Corps, Lt.-Gen. Doctor Schienfeld, will maintain constant liaison between the Germans and the four Canadian Mechanized Brigade Group.

His duties will be to advise the commander of 2nd German Corps on the organization and employment of the Canadian Mechanized Brigade Group, as well as act as advisor to the Canadian commander during military exercises involving the two headquarters.

Major A. H. Walinsky, 33, Regina, Sask., now studying at the German Staff College in Hamburg, will take up the number two position in the new office.

Sergeant K. H. Gotthardt, from CFB Edmonton, is chief clerk and Corporal H. J. Loukert is the administrative clerk.

German will be the working language in this fully bilingual office which will coincide with the already existing liaison staffs of the United States and French armies.



Fire Prevention
Week
6 - 13 October

The United Way

The United Way of Winnipeg goal for the 1974 Campaign is \$3,865,000 — ten per cent more than was raised last year. Included in the goal are tentative allocations to agencies for 1975 which take into account the cost of living increase from February 1973 to February 1974. Therefore, allocations reflect only services provided in the current year and which will continue to be offered in 1975.

Last year, total donations from 100,000 contributors and 5,500 businesses represented the largest dollar increase since the beginning of the United Way. Winnipeggers can be proud of the facts that their per capita giving is the second highest in Canada and year round costs are the second lowest.

The goal for CFB Winnipeg this year is \$17,600. It is hoped that a great deal more will be collected and that participation will be at least as good as that of our civilian counterparts in Winnipeg.

In attempting to create a further interest in the United, we are continuing with our question and answer series. We cannot tell people how much to give or even tell them they should give. Support for the United Way should be from the heart. It is hoped that these questions and answers will help to clear up many of the misunderstandings associated with the United Way.

The following are questions written or phoned in to Capt. D. Cantley (CFANS) phone 597.

4. I have recently heard, via "the grapevine" that over 40% of all contributions are utilized for administrative purposes. Would you please comment on this and if untrue, advise what percentage of the funds are used for administration.

The "grapevine" figure is out by a factor of about five. United Way costs for 1973 were less than 8 per cent of the total contributions. The 92% that went to services was divided as follows:

Health services	34%
Youth and Recreation services	26%
Family services	21%
Children's services	7%
Planning and Coordinating services	4%

"Facts about the United Way" lists the agencies supported by the Way.

5. During the recent incident near Kenora, how much United Way money was spent to aid the Indians in the park?

Representatives of the United Way state that none of the agencies supporting the Indians at Kenora had access to United Way funds for this purpose. The principal agency involved, St. John Bosco, is not a member of the United Way.

6. Many of the Services financed by the United Way have other sources of income. Why does the United Way support them if they seem capable of looking after themselves?

United Way allocates funds for operating purposes only. Therefore an agency can conduct a campaign for capital expenditures after it has been approved by the Way. They are able to canvass in their own constituency and among members. All allocations are made on the recommendations of the agency relations committee who base their decisions on the needs of the community, how agency services meet them, and the agency's other sources of income.

CF/U Of M Coordinator

OTTAWA (CFP) — A recent agreement between the Department of National Defence and the University of Manitoba, to open the doors to formal education for Canadian Forces personnel and their dependents, has gone a step further.

A Canadian Forces program co-ordinator now has been named

to provide academic counselling to applicants. He is Major Michael J. Piercy (retired), appointed to the position September 1.

His office is in the process of forwarding the University's general calendar and information pamphlets to base-unit education officers and university liaison officers.



THE WINNIPEG CENTENNIAL SYMPOSIUM: DILEMMAS OF MODERN MAN

PURPOSE OF CENTENNIAL SYMPOSIUM

When the centennial committee of The Great-West Life Assurance Company began to look at possible centennial projects for the company many months ago, they went through dozens of ideas, many of them concerned with physical projects. According to Dr. Bob Beamish, chairman of the company's symposium committee, all these projects were finally rejected in favour of something "in the realm of the mind."

The Dilemmas of Modern Man was born. In an interview, Dr. Beamish said the Dilemmas of Modern Man symposium was chosen for three reasons other than the simple desire to honor the City of Winnipeg's Centennial.

"We thought an international symposium of leading thinkers would stimulate the intellectual life of the community. On top of that it will, we hope, lead to increased inter-communication between the business and academic communities. And finally, it demonstrates the company's concern for the welfare and aspirations of people without concern for company self-interest."

Dr. Beamish said the stature of all those invited to speak is impeccable and their fame is, in most cases, global. He said increased inter-communication between the business and academic communities is of vital concern to everyone today and the symposium will afford an opportunity for great minds in both these fields to get together.

"The modern world is confronted with major problems in every aspect of existence," he said. "We know the problems but we don't have too many solutions and these must be found more rapidly than in the past if Man is to enjoy the benefits of his ingenuity and productivity."

"There is a real need to bring together leading thinkers from many disciplines in order to find out where the solutions to world problems might lie. We are optimistic that our symposium

will help in some measure to do this."

REGISTRATION

Registration for the entire symposium, which includes seven sessions, three luncheons, and a special Red River Night social evening, is \$50.00 (\$75.00 if spouse is included) for all Manitoba residents. Registered delegates will receive a copy of the proceedings of the symposium. A question period from the audience will follow each session. Simultaneous translation into French will be available.

Tickets for individual sessions may be purchased for \$1.00. This, of course, does not include the luncheons or the social evening.

Patrons for this centennial event are The Honourable W. John McKeag, Lieutenant-Governor of Manitoba; The Honourable Edward Schreyer, Premier of Manitoba; His Worship Stephen Juba, Mayor of Winnipeg; Dr. H. E. Duckworth, President of the University of Winnipeg; and Dr. Ernest Sirluck, President of the University of Manitoba.

For further information and registration forms write The Winnipeg Centennial Symposium, 60 Osborne Street North, Winnipeg, Manitoba, R3C 3A5, or phone 946-9757, or Peter Carlyle-Gordge at 947-0371.

Editor's Note:

A series of articles has been released by the Winnipeg Centennial Symposium Committee, and Voxair will publish these as a regular series in the next seven issues. Although the symposium will be completed while the series continues to be published, the articles are extremely thought-provoking and provide for stimulating reading and contemplation.

The Editors acknowledge Great-West Life Assurance Company for the opportunity to provide you, the reader, with these extremely interesting articles, and congratulate them on a most worthwhile Centennial Project.

LEGAL RAMBLINGS

By LCOL ARTHUR K. SWAINSON
Assistant Judge Advocate General
Headquarters - Air Defence Command

(NOTE: Generally, these articles are valid throughout Canada, although some are based on Ontario Law. If acting on the contents of an article outside Ontario, ensure that the applicable provincial law is the same.)

LEGAL FEES BY COMPUTER

It is always a bit of a mystery to the client to figure out how lawyers calculate their fees. What is not generally known is that the actual cost of legal services is something of a mystery to many lawyers. In fact, many of them cannot readily determine whether the fees they charge adequately cover the cost of the services provided, plus a reasonable profit for the lawyer.

Generally speaking, lawyers charge fees on the basis of a tariff published by the provincial or local law society. For example, in most provinces the tariff for the purchase of a medium size house is 1 per cent. Thus, the fee for a \$30,000.00 house is \$300.00, whereas the fee for a \$20,000.00 house is \$200.00. This may appear illogical, because the amount of work involved in either transaction may well be identical. However, traditionally, legal fees have been related to the amount of money involved.

Some firms are turning to computer billings. In this system, the law firm has calculated the cost per hour of operating the firm, and this includes office rent, salaries, equipment rental, taxes, miscellaneous expenses and a reasonable profit. This amount is then divided to reflect the amount that each lawyer should earn per hour so that the firm shows a reasonable profit. The firm then requires each lawyer to record, usually in tenths of an hour, every transaction he handles. This would cover everything from a telephone call to a meeting with clients.

This information is fed into a computer, and when the file is completed, the computer provides a print-out which shows the number of hours spent on that client, and thus the total fee that should be charged to that file to cover expenses and a reasonable profit. However, legal work being what it is, there are cases where the computer print-out is too high, either because a client cannot pay it, the case involved a small amount, or the lawyer's success was limited.

The alternative is also true that in some cases the success achieved is out of all proportion to the fee reflected by the computer print-out. Accordingly, in firms that use this system, it is necessary to determine whether the computerized fee or a lower or higher fee is charged.

This is a very simple example of how this form of fee structure operates, but it has the advantage, not only of providing the client with a clear statement of why the fee is what it is, but also of giving the lawyer a far better understanding of whether he is charging a fair and reasonable fee in relation to that particular client, and the actual work done for him.

The writer considers that most legal fees are reasonable, although the cost of some uncontested divorces may be a little high. The real difficulty with fees is that few lawyers take the time to explain to their client why the fee amounts to "X" dollars. The client is thus often left with the feeling that all the lawyer has done for his \$300.00, or whatever, was to see him on two occasions, each consisting of about 15 minutes. If lawyers made more effort to explain their fees, there would probably be far fewer complaints about them.

The next article will discuss a new idea in fee payment, namely, prepaid legal services.

Letter Of Appreciation

Colonel C. A. LaFrance,
Base Commander,
Canadian Forces Base, Winnipeg,
WESTWIN, Manitoba.

Dear Colonel LaFrance:

It is with sincere pleasure and a deep appreciation of your personal support that I am writing to extend a most hearty thank you to everyone concerned for the splendid response to our blood donor clinic held last Thursday, August 28, 1974.

We were, of course, most delighted with the excellent turnout of 271 donors during the day. This fine response certainly maintains the excellent records that have been established on our previous visits and reflects the fine effort put forth by Captain W. Chamberlain in arranging the promoting of the clinic throughout the station. We are most grateful for their personal efforts to make the clinic a success, also our appreciation is extended to all the section commanders and canvassers who co-operated in assuring that a maximum attendance was encouraged.

Once again, sir, our heartiest thanks for your valued personal interest and support. We trust we can look forward to your valued assistance again for our winter clinic next February.

Yours very truly,
D. W. Stewart,
Business Administrator.

A Message From The Chief of the Defence Staff

The United Appeal and Community Chest Campaigns for 1974 will soon be commencing in your community, if not yet already underway. As you know each year the Campaigns are held to gather the necessary funds to support the many volunteer

member agencies in their work for the Community.

The support of DND Military and Civilian employees is important, indeed vital, in assisting these agencies in making our communities better places to live. Our response in the past has

helped to assure the success of United Appeal Campaigns across the country and I would urge each and every one of you to once again contribute to these very worthwhile endeavours.

J. A. DEXTRAZE

A Message From The Base Commander

Colonel C. A. LaFrance

Fire Prevention is a year-round concern and, should we allow ourselves even a moments carelessness, it may mean disaster and personal grief. In the home, an overloaded electrical socket, forgotten oily rags, matches in the hands of a child, and smoking in bed all have the same dangerous potential. On the job, not following published regulations and common sense, not completing a post-job clean-up, not taking the special care required when handling acids, cleaning fluids and fuel, have an even greater potential for disaster.

At CFB Winnipeg, fires in the past year have caused minimal damage without loss of life. I hope that everyone will reflect on the significance of FIRE PREVENTION WEEK and endeavour to maintain and improve the present high standard of fire safety throughout the coming year.

**NEXT
DEADLINE
1200 HRS.
2nd OCTOBER**





VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published bi-monthly under the authority of the Base Commander, Colonel C.A. LaFrance, C.D.

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Opinions expressed by contributors do not necessarily reflect those of the Editor, the Canadian Armed Forces or the Department of National Defence. The Editor reserves the right to edit material in accordance with the regulations and guidelines governing a service newspaper as specified in CFAO 57-5. Copy may be submitted in either the English or French language and should be typewritten, double spaced, and bear the contributor's name and place of employment.

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CFANS news corner

ASC NEWS



Sunday was get acquainted day for ASC 27. For those who couldn't take advantage of Plaxtons, potable, provision while meeting the course, here is the picture we promised you in the last column.

Reading from left to right (front row first) I would like y'all (how's that Glen) to meet:

HARRY BARKER a Saskatchewanite who adopted the Maritimes as a second home (somewhere around Kensington PEI I hear);

MIKE GAREAU our guest from CELE branch. Michel hails from Ste-Agathe par gar and has spent most of his service career in radar sites. Welcome to the big city Mike.

DAVE MCCOUBREY, a Maritimer through and through (even if he did come from B.C.). Dave was a helicopter pilot on HS 50 and arrived with a magnificent nautical beard. However, Training Command being what it is (even if we do have an Admiral as boss) the beard has mysteriously shrunk to a moustache.

That stern looking fellow in the middle is **WAYNE GOUGH**, the course senior. Wayne has been career mangler for us Maritime Navs for the last 3 years, in DPCO at NDHQ. Any instructor wanting to get revenge on Wayne will have to do it before the first of December this year. Wayne gets promoted to Major then (a first for ASC). Congratulations Wayne.

The smiling redhead (sorry we can't supply colour prints) is **BILL SHERK**, a Transport Command Nav who doesn't think the Canadian Airborne Regiment should have parachutes (keeps 'em tougher that way says Bill).

WAYNE CROWELL should be familiar to all at CFANS. Wayne emigrated from downstairs and still has to get used to sitting behind desk.

RANDY PALMER, the man on the end, is another died-in-the-wool Maritimer. Born in Halifax, educated in Dartmouth, and brainwashed as a Maritime Navigator on VP 405 Greenwood, Randy loves the water so much he even coaches swimming.

And in the back row:

The man with the smug self-satisfied smile is **FRASER BARNES**, a Torontonion who has been a high-flying AI with 425 Squadron. Perhaps Fraser read ASC 26's project and is dreaming about the back seat of a TOMCAT.

Girls, here's your chance, **NOEL MARTIN** is ASC 27's swinging bachelor. An AERE by trade, Noel is so used to fixing CF-104's and CF-5's that we're going to make him responsible for keeping the course serviceable during the tours.

MURRAY MACDONALD is a Westerner who's flown on both coasts as a VP TACCO first with 407 Comox then with 449 Greenwood. To seal the Maritime loyalty Murray's wife is from The Island. That's right Summerside PEI.

If **FINN KNUTSEN**'s name hasn't convinced you of his Viking ancestry, the fact that he was born in Stavanger, Norway and that he was TACCO of the crew that won the VP ASW trophy in 71, should. The course is going to need that seafaring spirit when they examine the problems of Search & Rescue.

DES RAMSAY, our other

driver/airframe, already holds a Master's Degree in Electrical Engineering. Oh well, it should keep Plaxton and Weiss honest when they teach Electronics Systems.

The big tall guy with the ultra bright smile is **CLAUDE NAUD**. He's smiling because Winnipeg is home for Kathy.

AIVARS PONE is the third Latvian in a row we've had on ASC. Funny thing, they've all been Maritime Navs too. Perhaps we should set up a recruiting office in Riga (the Mounties probably wouldn't approve). Bet we'd get a lot of good recruits though.

Finally, **GORDIE MOSCRIP** is known by all, another emigré from downstairs. Gordie's claim to fame are the gallons of homemade wine he brews. That was a good week that was.

So now you know them all folks, and since writing is tiring I think I'll retire to the teapot.

DORMOUSE P.S. Some Mad Hatter left this notice on my desk.

A usually reliable source, who attended the Mess Dinner following the Annual Base Inspection, reports that CFANS has maintained its supremacy at the CRUD TABLE by skillfully defeating all challengers, including the Buffalo Buffoons, even when assisted by an eagle-eyed pilot and a master of the seas. For those who need to improve their game, E6B lessons on intercept techniques are available at the Navigation Squadron and lessons on strategy and acting will be given by the Aerospace Squadron.

P.P.S. Don't ask me to confirm it, I was asleep.

ANS Family Day

Once again, CFANS, ably assisted by 429 Squadron, treated wives and children to a look at what hubby does.

The program began with a briefing at 9 a.m. At 10:00, three Dakotas full of excited dependents took off for the first of two scheduled familiarization flights around the city. In all, 102 people participated in the flights. These mini Berlin airlifts were undoubtedly the highlight of the day, and we thank all those 429 Drivers who gave up a precious Sunday morning sleep-in to help out.

While one group was flying, the other toured the Nav School. Everyone had the opportunity to play with the controls of radars, computers, and a plethora of other navigation equipment.

The afternoon program centered around a picnic in Assiniboine Park. Unfortunately, due to the threatening weather, attendance was below that expected. This caused a few logistic problems. If anyone wants to buy some melted ice cream see Dick Caya.

Family Day was again a success. See you there next year.



Several enthusiastic dependents board one of the three C-47's flown by 429 at the CFANS Family Day. Base Photo



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429 Sqn.

Bison Brew



Howdy herd! Over the last two weeks, we saw cross-training Course 7402 complete their check rides and say farewell to the old gooney bird and to Winnipeg. George, however, skulked around for an extra week completing his HAI enroute to ADC where he will put his star gazing to good use.

Away on an extended long range trip, which are few and far between these days, were Csaba Hezsely, Bill Learmond, and Gerry Yackabowski, in support of a Snowbird engine change in Moncton, New Brunswick. Also away on ILS (Instrument Landing System) training were the refresher students from the last Conversion course to go through 429. Now that Pete is on loan

from Standards and is instructing, the ILS trips are somewhat closer to home and don't quite make it as far as Saskatoon.

Congratulations are in order for **DAVE TOWNS** and **GEORGE HAMILTON**, both of whom achieved long range captain status on a navigation/pilot trainer to Newfoundland.

Anyone looking at the squadron Ops board will see a major shuffle in personnel as all pilots are now in two flights with Major Brown and Major Farnham as the flight commanders. Major Farnham is a familiar face on the Squadron as he has been flying with us over the past year whenever he could spare time from his duties as Base Services Officer. He is now with 429 on a permanent basis until he retires

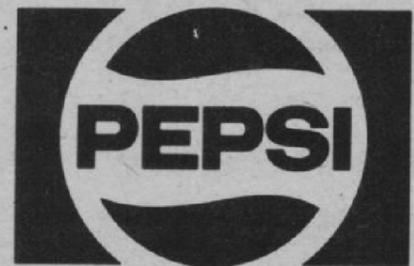
next summer. 'C' Flight, now the crewmen's flight headed by Sgt. Dave Cuninghame, is the new home for Harold 'Bugs' MacDonald, who is also a welcome addition to the Squadron.

Bruno Schenk, in conjunction with the medical staff, has done a study on "Eye Strain Theory," and, as a result, the Ops board is getting away from the psychedelic look, and will be toned down to an eye-soothing blue for details.

Overheard: Col. Brittain saying something about the remote possibility of his navigators building up the courage to challenge the champion crud players of 429.

Seen About: ANS purchasing pool tables.

So long.



You've got a lot to live
Pepsi's got a lot to give



Patricia report



The month of September sees 2PPCLI starting to return to normal, if one may use that word. Members of the unit are finishing off a few weeks of well deserved annual leave and are now getting back into the old routine.

Wainwright and Shilo are familiar names and, as in the past, the battalion is well represented at both places, sending instructional staff, support staff and students. For those who are still around the barracks, the daily routine starts off with a two-mile run and some PT. It is then off to our various tasks.

On September 23 the Recce Platoon leaves for a week at Bird Lake. They will conduct a week of training to include bridging, rock climbing, and rappelling. The next major item on the training calendar is the fall concentration at Camp Dundurn, Saskatchewan, during the period 30 September to 11 October. Training to be conducted will include field firing exercises, weapons classification and the Battle Physical Efficiency Testing. A substantial amount of time will be spent on the basics. Hopefully this two-week period

will allow the new faces in the unit to work their way into the machine.

2 PPCLI GOLF CLASSIC

Friday the 13th is a day when the superstitious stick close to home and hide from the black cats. Displaying the leadership for which they are well known, the officers and senior NCO's took part in their annual "Golf Tournament" at the Tuxedo Golf Course.

Proving every bit the gracious hosts, the officers permitted the NCO's to squeak out a victory. The officer's team had the good sense not to beat the CO, and WO D. J. MacDonell posted the best score amongst the senior NCO's. The most honest "golfer" was Capt Mike McKeown who carded a 208 and will long be remembered by the grounds crew who must now repair all 208 divots. It must be said that he got more shots per dollar than did the others and obviously got his money's worth. All in all, it was a most enjoyable day with only a few duffers blaming their score on Friday the 13th.



Once again news of 116 ATU's exploits leaves the Ismailia sand dunes for the outside world. First a few special interest notes about the column. Russ Wright of Cairo Caper fame has taken the long flight home and is currently enjoying the last remaining days of summer in Comox. At the helm of this article now are Capt "Fuzz" Davies and the incumbent Bruce Dickson. You may notice that few pictures accompany this edition. We are currently suffering a film shortage which hopefully will be alleviated soon so that you may witness desert drama unfold in breathtaking black and white. Now for the main news items.

We are currently having a warm spell with the daytime highs climbing up to 115 in the tents and 120 - 125 outside. It is the warmest weather we have had for a long time. So far it has lasted 5 days and no let up appears on the horizon. Lately we have seen quite a few of our members depart for green grass country, the latest being Al Michaud. At his going away party, Al had written down his farewell speech on a 750 sheet toilet roll and proceeded to talk at length on the where and why fors of his stay over here. (Can't remember now if he said he enjoyed it or not. Seems that was missing in his speech.

Aircraft serviceability has been very good the past while. Warm weather and Buffalos seem to go together very well. All the major

inspections have been completed, (with only one Major in the Unit, they did not take long). Now it is just a matter of keeping up with the checks as they come due.

Sights to be seen around the camp; John Oliver trying to get a suntan from the 60 watt bulb in his tent; Gary English moving back into his tent after a short stay in Cairo; Ray Lamontagne moving out of his tent, heading for Tel Aviv for the remainder of his tour; Pat Coburn finally taking off his Blue Beret; taking it down for reasons only known to them; and Al Kelly doing his morning jog around the camp while everyone else sweats for him.

BGen R. Husch from ATCHQ Trenton paid us a surprise visit as a crew member on a recent C130 flight and graciously accepted our hospitality at the 116 "Ismailia Hilton". He was apparently

By PETE DAVIES
BRUCE DICKSON

impressed with the "Blue Jobs" camp site and derelative comfort in our tents. We understand that the General wished to remain a few extra days but the Aircraft Commander wouldn't let him. All Herc crew are remaining overnight here as well and with three flights a week, we will have no shortage of news from the far distant shores.

Our Unit shower is at the point of readiness and I must say a welcome addition. Now hopefully our long dusty walk to the main shower will be over.

Rotation time will be quickly upon us again with it's batch of new "Pinkies". With thoughts of Air Contitioned comfort lurking somewhere in the world we once again say Ma Salaam.



Newly constructed shelves are a welcome addition to local buildings in Ismailia, Egypt, as they are assembled by Canadian servicemen Master Corporal R.G. Kapusta, 25, formerly from Canadian Forces Base Moose Jaw, and Private R.W. McNaughton, 21, formerly of CFB Winnipeg. Both men are now stationed with the Canadian contingent, United Nations Emergency Force, Middle East. Cpl. Kapusta is the son of Mr. Val Kapusta, 3276 East 7th Street, Vancouver. Pte McNaughton is the son of Robert McNaughton, 1607 5th Ave., Grand Mere, P.Q.

Canadian Forces Photo

BY LAND —
BY SEA —
BY AIR —



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5. Show evidence of having made contribution to the furtherance of effective administrative management ideas and principles through oral and/or written communications such as speeches, articles, books, moderating seminars or workshops. In lieu of the above, the candidate may be required to submit an original research study, management report, or analysis on a subject approved by the Professional Accreditation Commission that contributes to the state of the art of management.

Registration — University of Winnipeg — Room 1C15 — October 2, 7:30 p.m.
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VOXAIR SPORTS

Clear Lake Golf

Well, it's over again for another year and most people who took part went away with good thoughts and smiles looking towards 1975.

Representation in the form of golfers and duffers was made from all Western provinces.

No less than 129 people, male and female, teed off under clear sunny skies on the 7 September on the first leg of the 36-hole tournament.

Saturday evening, Labatts Company, under the watchful eye of Peter Langel, their representative, provided the usual great social event in the form of a corn roast and refreshments. Thanks Peter and thanks Labatts - it was just great.

Then it was back to golf on Sunday and another record. Surprisingly enough all the golfers who played Saturday went off on Sunday.

Sunday evening presentations were made to all the winners by Captain J. Johnson and Master Warrant Officer D. Nutley.

CFB Winnipeg was victorious in the service part of the tournament with Warrant Officer B. Shearer leading the way. Warrant Officer Shearer also captured the overall low gross with scores of 75 and 72.

There were too many golf winners to mention at this time but congratulations to all and we hope to see you in the spring.

The success of any Canadian Forces Physical Education and Recreation event depends largely on volunteers and members of the CFB Winnipeg Golf Club added to the success of this tournament.

Last but not least, we wish to thank all the donors throughout the City of Winnipeg. Without their donations the tournament would not be possible.

See you in the spring.

Prairie Region Golf Championship



During the last days of August CFB Winnipeg played host to 90 of the best golfers in Western Canada.

Pictured above Lt Col Lewis hits the first ball at Bel Acres Golf and Country Club to officially open the 1974 championship.

Although the weatherman did not co-operate and blessed us with rain for two of the three days of the competition, all who attended feel it was one of the best

competitions run in the Region in some time.

The tournament consisted of 54 holes and took place on three different courses: Bel Acres on Wednesday, Rossmere on Thursday and Pine Ridge on the final day.

The following is a list of winners and the representative team which will represent the Prairie Region at the Nationals in Camp Borden in September.

PRAIRIE REGION GOLF CHAMPIONSHIP PRAIRIE REGION TEAM

B. Shearer	CFB Winnipeg
D. Lett	CFB Moose Jaw
A. Moroz	CFS Yorkton
E. Razzell	CFB Winnipeg
W. Andrews	CFB Penhold
G. Hamilton	CFB Winnipeg
F. King	CFB Edmonton
J. Bellerose	CFB Edmonton

TEAM CHAMPIONSHIP

Winnipeg	1741
Cold Lake	1841
Edmonton	1842
Yorkton	766
Penhold	780

LOW GROSS

237	B. Shearer
237	D. Lett

CFB Winnipeg Indoor Soccer League

Soccer at CFB Winnipeg is almost non-existent. With the population being what it is on this Base we should be able to field six teams instead of six teams.

It is because of the lack of interest on large Bases such as CFB Winnipeg that tremendous fitness sports such as soccer has become questionable as to its worth as a Canadian Forces National sport.

In past years CFB Winnipeg was noted for its competitiveness in sports. One had to fight to be a member of a Base representative team. Now the base has to dig into the "has been" file to produce a team. Where are all the "young men?"

This 74/75 season we would like to begin an Indoor Soccer League; the end result being CFB Winnipeg soccer team to represent this Base in the Prairie Region competition.

All personnel wishing to participate in this league please contact the Rec Centre local 511. The proposed evening will be Monday from 1800 - 2000 hrs. This is open to all servicemen and their dependents, DND employees and RCMP. Age limit for dependents is 16 years and over.

Ladies Fitness Classes

The fall session of Ladies Fitness Classes will commence Thursday 19 September at 1900 hrs. These classes will include calisthenics and a swim period from 1945 - 2030 hrs.

Cost per individual will be \$3.00 for the twelve-week session, payable on the 19 of September.

All interested female personnel and dependents are urged to attend.

Minor Hockey Registration

Once again it is time to think about winter and hockey. Registrations will be taking place at the Westwin Community Club at the following times:

13 Sep	1900-2100 hrs
14 Sep	1200-1600 hrs
18 Sep	1900-2100 hrs
20 Sep	1900-2100 hrs
21 Sep	1200-1600 hrs

All players must register that live in the Westwin area including those playing for Double A and Juvenile etc.

Minor Hockey Assistance

The Westwin Community Club Minor Hockey needs assistance for the 1974-75 season.

Volunteer help is needed to fill positions as coaches, managers, referees, club executives, canteen operators, and drivers.

Come out to the meeting at the Westwin Clubhouse (Silver Avenue next to the Catholic Chapel) at 7 p.m., 30 September 74 or call Fred Woodhouse 888-4526.

We need your support - don't disappoint the kids.

Westwin Badminton News

The badminton season is once again in full swing. This year we are playing at LIPSETT HALL Wednesday and Sunday evenings from 7 p.m. to 11 p.m.

Membership fee for this year is:

Servicemen, Dependents and Employees of DND	\$4.50
Civilians	\$9.00

Nightly fee is:

Guest	.50c
Members	25c

For further information phone Mike Semeniuk, 277 Ubique Cres. 489-6973 or 832-1311 local 287.

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3330 Portage Ave.

Dennis Coates, Mgr.
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Learn To Swim Classes

Learn To Swim Classes will be conducted at the Westwin Pool, Building 90. Maximum number of candidates will be 12 per class.

REGISTRATION	all classes
PLACE	Westwin Rec Centre
DATE	21 Oct 74
TIME	0900 - 1200-hrs
COST	\$3.50 per class

All candidates for the Beginner Class MUST stand the minimum height of 4'2".

Classes will commence as follows:

28 OCT - 27 NOV 74 - MON & WED	
Beginners	1700-1730 hrs
Juniors	1730-1800 hrs
29 OCT - 28 NOV 74 - TUE & THU	
Intermediates	1700-1745 hrs
Seniors	1745-1830 hrs

MIXED ADULT CLASS
28 OCT - 27 NOV - MON & WED
2000 - 2100 hrs

NOTE: Adult classes will range from Beginners to Senior level.

SURVIVAL SWIM CLASS

28 Oct - 27 Nov 74 MON & WED 1800 - 1830 hrs.

Candidates taking a Survival Swim class should be at least to the Junior Level of swimming.

PRE-SCHOOL LEARN TO SWIM CLASSES

REGISTRATION FEE \$3.00 per class
TIME & DATES 29 Oct - 5 Dec 74
Tue & Thu

MINNOW CLASSES up to 3 yrs of age
TIME 0930 - 1000 hrs
1000 - 1030 hrs

TADPOLE CLASSES 3 to 5 yrs of age
TIME 1400 - 1430 hrs
1430 - 1500 hrs

For further information contact Sgt Pattison 832-1311 local 511.



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...from the diary of a mod housewife

by R. Kay

SUCKED IN BY A VACUUM CLEANER?

When I received a mysterious message in the mail to the effect that I was to telephone a certain number and a surprise gift would be presented to me, I was about to dismiss this as the usual junk mail. You don't get anything for nothing, I reminded myself, as I, nevertheless, kept reading on. The message, however, stated that this was not a promotional gimmick or sales lead-on (I forget the exact words - they must have been a semantic masterpiece of psychological deception), and it implied that by merely dialling this number, an indispensable kitchen aid would be mine.

I have withstood encyclopedia salesmen (even when my kids were young and the ads implied you were a rotten parent if you didn't provide your offspring with all this education and knowledge at fingertip reach).

I have coldly dismissed brush salesmen at the door even if they waved a 'free' vegetable brush in my face.

I have sweetly told eager telephone salesladies what they could do with their magazine subscriptions (although many years ago, I once fell for the old 'please-help-to-put-me-through-college' pitch by subscribing to a bunch of never-read magazines).

And yet, despite all that cool, sophisticated, sales-resistant attitude, I was somehow intrigued and called the number. ('No Obligation' was, naturally, stressed.) When the answering voice suggested to arrange an appointment for a vacuum cleaner demonstration, I was almost speechless. I couldn't believe it. I thought that vacuum cleaner salesmen had gone out with 50-cent movies - years and years and years ago. I was told, however, that this, of course, was not your ordinary vacuum cleaner - this, indeed, was a completely new concept in vacuum cleaners.

Stunned, I agreed. (What could I lose? I was going to get this fantastic gift - remember? Absolutely free, etcetera.)

So, the salesman arrived. He was a slightly nervous young man, so obviously trained to exude confidence - in himself and especially in his product, the New

Concept in vacuum cleaners He looked a bit pained when I mentioned the GIFT ("Please - we will come to that"), and proceeded to show us all the incredible things his vacuum cleaner could do - like suck up dust through a layer of sand, and other useful techniques (just in case the housewife finds herself in the desert one day and has this urge to vacuum the place).

Then he really came up with a new one (on me, at least). He asked to vacuum a bed: this would show how much skin his machine extracts. Skin? Yes, we folks had no idea how much skin there is to be found on beds and chairs and sofas, but ask your friendly vacuum cleaner salesman, and he confronts you with a startling little greyish heap: your skin! Although he seemed somewhat disappointed in our case - apparently we had not shed as much skin as he had expected to find. Or perhaps our own vacuum cleaner, even though definitely of the old concept of vacuum cleaners, had actually evacuated all that skin, which old-style vacuum cleaners are not supposed to do, according to his sales talk.

I think it was at this point that he realized he wasn't going to sell me his miracle machine. Even before he finally (reluctantly) had to disclose the price (well over 300 dollars!).

The free gift? A small teflon-coated object you could insert in your frying pan in order to fry greaselessly. So far, I haven't found an occasion to use it.

Something for nothing? Not really. I gave up a good hour of my time, having expected something really new, interesting, perhaps worth knowing about. Instead, I was disappointed and bored.

Although, at least - not sucked in.

Some readers think that no HOUSEWIFE column is complete without a recipe. Here is one that presents a real challenge for the advanced gourmet cook. This culinary (and-it is claimed - aphrodisiac) concoction was published in 1814 in *Le Parfait Cuisinier* by A. T. Raimbault.

Sorry, I can't tell you where to obtain bec-figure.

ROTI SANS PAREIL

Take a large olive, stone it and stuff it with a paste made of anchovy, capers and oil.

Put the olive inside a trussed and boned bec-figure (garden warbler).

Put the bec-figure inside a fat ortolan.

Put the ortolan inside a boned thrush.

Put the thrush inside a fat quail.

Put the quail, wrapped in vine-leaves, inside a boned lap-wing.

Put the lap-wing inside a boned golden plover.

Put the partridge inside a young, boned, and well-hung woodcock.

Put the woodcock, rolled in bread-crumbs, inside a boned teal.

Put the teal inside a boned guinea-fowl.

Put the guinea-fowl, well larded, inside a young and boned tame duck.

Put the duck inside a boned and fat fowl.

Put the fowl inside a well-hung pheasant.

Put the pheasant inside a boned and fat wild goose.

Put the goose inside a fine turkey.

Put the turkey inside a boned bustard.

Having arranged your roast after this fashion, place it in a saucepan of proper size with onions stuffed with cloves, carrots, small squares of ham, celery, mignonette, several strips of bacon well seasoned, pepper, salt, spice, coriander seeds, and two cloves of garlic.

Seal the saucepan hermetically by closing it with pastry. Then put it for ten hours over a gentle fire, and arrange it so that the heat penetrates evenly. An oven moderately heated would suit better than the hearth.

Before serving, remove the pastry, put your roast on a hot dish after having removed the grease, if there is any, and serve.

Bon Appetit!

Voxair Variety

by John Lander

This year the honours go to the ROYAL WINNIPEG BALLET to open the cultural/artistic/anti-boredom/anti-cold weather season. This is the season when everyone goes out at night to support the arts, and for newcomers to Winnipeg it is considered to be the next best thing to whatever pilots do better - besides getting paid.

On October 2nd the Ballet will present as their headline attraction Mikhail Baryshnikov, the recently deflected Russian, who (whom?) is rather unashamedly referred to as "the greatest dancer in the world" in the press release. Maybe he really is, we can only go and see. In yet another world premiere he will be teamed with Gelsey Kirkland, star of the New York City Ballet. It is anticipated that the pair will equal or better the performances of the great Rudolf Nureyev and Margot Fonteyn.

Also on the program, and in keeping with the centennial revival theme the Ballet intends to follow this year will be Agnes de Mille's *Fall River Legend*, plus two brand new ballets - *Rigodon*, set to French Canadian folk music, and *Adagietto 1971*, choreographed by a young South American discovered on the recent tour to Buenos Aires. All in all it should be an outstanding show.

In the next issue I will try to give more detail on the upcoming seasons of the MANITOBA THEATRE CENTRE and the WINNIPEG SYMPHONY, as both get going in mid-October. So far I have no fight with their planned programs, although MTC proposes a new Canadian play in the New Year, which is always a risky financial undertaking. Certainly their first play, Neil Simon's *The Sunshine Boys*, should be a guaranteed hit. By the same token the Symphony has Canadian-born Steven Staryk as its guest artist for the opening show. He has given us enjoyable performances in the past, and no doubt will again.

If you are a ham at heart and wish to break into the acting business there are several ways to go. The Base drama club, Studio 22, is always looking for talent, and if someone from the club will contact me I can give out more info in the next issue. There are several schools in the city, including the semi-professional Manitoba Theatre Workshop - ph 943-5527, which offers courses in drama, stage design, speech, puppetry, direction and production; and also the Actor's Showcase group - ph 943-2689 - which gives on-job training in the theatre arts. Or if you merely wish to try out your act, the Manitoba Government is sponsoring a Centennial Search for Talent at the Concert Hall on Sept 29. This is being handled by the Dept. of Tourism, Recreation and Cultural Affairs.

"I have always preferred a good juggler to a bad Hamlet" ... "If at first you don't succeed - try acting" ... These are the kind of cute and wise quotations one finds in British theatre programs - cost of same 10p to 15p, i.e. 23 cents to 35 cents. Fortunately, along with the program is usually a very fine show. I can state this categorically, as I have had first-hand experience with the London stage in the past two weeks. It would be more dramatic if I could do a Gene Telpner and write it as "dateline London ... tonight I saw the show of the year and etc etc" but probably it is better to leave this approach to Gene, who does it so well. (Incidentally I am glad to see he is feuding with John Harvard of the CBC, re the criticism of criticism.)

What I did manage to see was about six London shows, all good, with some outstanding. The best was the new musical *Billy*, based on the book, play and movie *Billy Liar*. It was first class in every way - cast, music, sets and story. If you get a chance to see it, either in London, New York (next year) or Winnipeg (1979) then I would highly recommend it.

Of the rest, I finally got to see the 23-year-old *Mousetrap*, the Agatha Christie mystery which STUDIO 22 offered a few years back. Also two farces starring Robert Morley and Patrick Gargill, and a musical starring John Mills, who is a fine actor but not so good a singer. Best of the farces was *No Sex Please - We're British*, one I think MTC could do well, as a follow-up to their last season's *Black Comedy*.



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LAUGHING AT OURSELVES



by John Semeniuk

TEEN THEME: After a particularly disturbing argument with his father, a teenager shouted, "After all, I didn't ask to be born!" Dad snapped right back with, "If you had, the answer would have been NO!"

round because this same guy lost his ball in the ball washer on the first tee.

SIGN LANGUAGE:

Sign on a local tavern: "IF YOU DRIVE YOUR HUSBAND TO DRINK, DRIVE HIM HERE"

Sign in a restaurant: "WHAT FOODS THESE MORSELS BE" Night Club sign: "NOT RESPONSIBLE FOR LADIES LEFT OVER THIRTY SECONDS"

Sign on the back of a car: "WATCH MY REAR, NOT HERS"

Another restaurant sign: "ALL THE LOBSTER YOU CAN EAT - \$49.95"

PASTORIAL POSTSCRIPTS:

Policeman to clergyman stopped for speeding, "Sorry, Reverend, I'm afraid your speedometer runneth over."

DE-FUN-ITIONS:

Population Explosion: "LOVER IN BOOM"

Trespassing: "BREACH OF PREMISES"

Jaywalker: "FELLOW WHO EXPECTS TO GET THE BRAKES"

A KNIGHT WELL SPENT (?)

In days of old when Knights were bold, a lovely young lady in King Arthur's Court sneaked back into the castle in the wee hours of the morning, and whispered to one of her friends, "What a Knight!"

From the Grooves

by Mark Cyluck

Just a few years ago Manfred Mann was singing "Do-Wah-Diddy" and "Mighty Quinn," now Manfred Mann and his Earth Band are something different as they keep the same feeling of "Do-Wah-Diddy" but pursue the explorations of Pink Floyd in their latest album called "Solar Fire" (Polydor PD 6019) which is a topnotch trip into the semi-cosmic space sounds produced by the synthesizer that Manfred utilizes.

To listen to this and "Pluto the Dog, Saturn, Lord of the Ring, and Mercury The Winged Messenger," one would never believe that this was the same "Mann."

"Father of Day" is a very haunting nine-min. 53-sec. piece and is just the right length for the journey that you embark on when listening to this album. On the whole the LP is based on a planetary theme, but I can't help but feel that part of the inspiration for the work must have come from the "Ark 2" LP several years ago.

in its exploitation of space and cosmic imagery and energy. Very effective from the start to the end. Very effective two-part vocals. This piece even more convinces me that its idea came from "Ark 2." "Joy Bringer" is from "The Planets" "2001 Space Odyssey" by Holst - very impressive. Not heavy music of the metal groups, but truly heavy music in its softness and gentle touch.

Ask anyone to name you a living legend in the music industry of the last 40-50 years and you are liable to hear many names, some you never heard of or didn't remember. But undoubtedly the name of Frank Sinatra will come forth somewhere near the top.

Yes it looks like "Ole Blue Eyes" himself is back to stay for a while longer as Frank makes the scene again with "One More For The Road" by Capitol Records (ST11309) with a revisit of the old tunes. Herein are some of the greats such as Cole Porter's "I've Got You Under My Skin" and the Dorsey Bros. "Violets for Your Furs." Do you remember "On The Sunny Side of the Street" or "Come Fly With Me" and "All of Me"? These are just a few of the many tunes that our older members of society will remember, and the not just so old.

For those of you who made the "Croonin days," this, I am sure will be a must for you to remember those days of your happier times.

One For The Sceptic!

Contributed by Fr R. A. Gkofcheski BCHRC

On the streets of Chicago, on fire escapes and subway trains, in offices, churches and bathrooms - under the very windows of Mayor Daley's offices - people are praying like they've never prayed before. "Blessed Mother" prayed Mrs. Joseph Mariano in the Loop's St. Peter's church, "if this is what you want, so be it. If it's not the best thing for us, we don't want it."

Mrs. Mariano and her husband then received communion and walked to the Civic Center where the drawing for the Illinois State Lottery was to be held. She handed her purse to her husband and then held on to him. The purse contained a bottle of Lourdes water. Whammo! Our Lady must have wanted it because the Mariano's number came up for a soul-satisfying \$300,000.

The Mariano's prayer, duly reported in large headlines by the papers, inspired Roberto Fuentes to start praying for next week's drawing to come his way. He was still praying in his boss's office before the 11:30 a.m. drawing on Thursday, and at the appointed minute he went into the washroom and talked to God. "I told him, 'God, I don't want the \$300,000. Only give me one of the \$10,000 prizes so my kids can go to school.'"

God didn't answer directly, but he did the next best thing - he had Illinois Governor Dan Walker call Fuentes ten minutes later with the news that he had won not a modest \$10,000 but \$50,000.

"God, I don't want the \$300,000 prize, but just one of the little ones, say \$100,000? Please..."

Schedule Change

Due to a change in telecast scheduling the "On Location" series will be aired as follows: Manitoba Stampede Oct. 30/74 M. S. Lord Selkirk Nov. 6/74 RCMP Training Nov. 13/74 CFB Rescue Squad Nov. 20/74 (Instead of Oct. 9) Winnipeg By Bike Nov. 27/74 NOTE: The Series Will Be Telecast At 5:00 p.m. on the Above Dates.

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Calendrier Francais

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diapositives de la tournée en Europe, petit spectacle, et goûter avant de se quitter. Tous bienvenus. Billets \$1.50 et en vente au C.C.F.M. au bureau d'information. Pour plus de détails, appelez Pierrette Lesage à 257-3340, poste 33.

28 septembre Soirée Les Gais Manitobains au thème "Images de France" au gymnase du C.C.F.M. à 19 h. Vin-fromage, animation,

Il y aura cette année '74-'75, plusieurs cours au C.C.F.M. offerts par les différents groupes culturels et autres personnes de ressource compétentes et qualifiées. Entre autre, le yoga, la photographie, la garniture de gateaux, le dessin, la peinture, et la potterie, seront enseignés. Pour plus de détails, appelez 257-3340.

Officers' Wives Club

The October meeting will be held at 8 p.m. in the Officer's Mess, on Tuesday, October 1. The guest will be Mrs. Braun, from Contempo Fabrics. This

promises to be a very interesting evening. Come out and bring a friend. Refreshments will be served following the meeting.

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Wos & Sgts' Mess News

Cadenza

By Sergeant L. Crawford

The River Cruise was cancelled due to lack of numbers. The Corn Boil took place but during the early hours of the evening it looked as if there would be a lot of corn to spare. As the evening passed, the upper lounge became active, thanks largely to the associate members. Thanks to the two 'cooks' who prepared the corn, there were many comments on how good the hot succulent cobs tasted.

The guest speaker at the retiring Mess Dinner saying Bon Voyage to the retiring members was Gen Johnson. Col LaFrance was also in attendance.

On the casual evening, Saturday 14 Sept., about 35 people showed up to have a good time in the lower lounge with the music piped from the music box.

On Sunday, 15 Sept., a bingo was held for about 65 members and guests. *Where was everybody?* The jackpot did not go, so we will

add another \$25.00 for the next Sunday evening bingo on 29 Sept. Come out and support your mess.

Future events: Saturday 21 Sept. - a Wine and Cheese night; Saturday 28 Sept. - Candlelight Dinner starting with cocktails at 1930 and dinner at 2000. Come out and have a ball!

The October Entertainment has some dandies; for example:

- 4 Oct. is regular and associate members games night competition (prizes).

- 5 Oct. is a Hard Times Dance. Food will be "stew" - 50 cents a head. Music for dancing (it should be a surprise).

- 12 Oct. - Klondike Evening - period dress preferred - casual accepted - games and musical entertainment. Food - flapjacks - beans - etc. Admission \$1.50 per person.

- 19 Oct. - October Fest - costume or normal dress. Food - Bavarian (whatever that is). Entertainment - Ernie Fink and his group. Dancing 2100 to 0100 hrs. Admission \$2.50 per person.

- 26 Oct. - Halloween Dance. Dress - costume or casual - prizes for costume. Dancing to a live band - food is a surprise. Admission \$2.50 per person.
- 27 Oct. - Bingo - Don't forget your admission for the "garbage bingo" Jackpot to continue on from the previous Bingo, or start over at \$100. Admission - \$1.00 for entrance card. Food to be announced later.

For November - think Centennial Ball for the 16th - the extravaganza of the year - 2 orchestras and fabulous food. Advance ticket sales commence 7 Oct 74. Regular members \$12.00 per couple, guests - \$15.00 per couple.

A perfect Indian Summer day presented itself for the T.C. Band's "Battle of Britain" concert in Kildonan Park, Sunday, September 15th. Capt. Terry Barnes directed the concert with MWO Wilf Jones, our Assistant Director, conducting several selections. One of these, "Cuban Interlude," featuring our excellent trumpet soloist, Cpl. Dave Jones.

402 Air Reserve Sqdn.'s fine pipe band put on an impeccable performance during the concert band's intermission and another person who aided us most eloquently was our master of ceremonies, Capt. Gordon Kruger.

Winnipeg's own Kathleen "Kay" Brown highlighted our afternoon by singing several of the more popular songs from WWII with the full band in accompaniment via the pen of Sgt. Fred Greenwood. All in all it was indeed a day to be remembered.

People gathered until our part of the park was filled with listeners and I'm sure those who read Jimmy King's column in the Free Press weren't too disappointed at finding out that the performance was by the Training Command Band and not the Training Command "Bank."

From time to time we in the band like to present little-known snatches of musical history, which, like a lot of other history,

never reaches the audience it perhaps should. The following represents one such saga.

During a particularly heavy air raid on the Japanese airfields on Biak Yukyuk in the south central Solomons during April of 1943 a Japanese Army Air Force corporal, Marvin Urikaze, who was also a fervent member of the base volunteer band, was experimenting in his air raid shelter with the natural harmonic properties of varying lengths of aircraft hydraulic hose. It was during these endeavours that his bunker took a direct hit from a USA-AF 5th AF B-25J-15-NC (Urikaze knew his aircraft) and the corporal was deluged by dirt and debris.

Upon recovering from his initial shock and extricating himself from the rubble, Urikaze noticed that the only remaining piece of hydraulic hose left was pierced liberally with shrapnel holes. Wasting no time Urikaze blew into the end of the hose at the same time fingering as many of the holes as he could. To his complete surprise he was able to reproduce the distinct and volumous sound of several diving Republic P-47C "Thunderbolts." It really wasn't what Cpl. Urikaze was looking for musically but more than once he was able to use his device with extremely great effect during Station parades.

The Reason

If anyone has wondered why the lights appear to be burning brightly in Hangar 16 on Tuesday nights or why there is an inordinate flurry of activity on the flight line every Sunday, the answer is simple - the air reserves are back in business for the fall/winter season.

Winnipeg's air reserves actually divide themselves into a regional headquarters called Three Air Reserve Regional HQ and a flying squadron called 402 Air Reserve Sqn. Colonel E. J. Harris is the boss man of the "headshed" while Lt. Col. R. D. Wilson looks after the flying activities.

All told the air reserves here boast 131 bodies, all ranks. Their primary roles are search and rescue, light transport, reconnaissance, aerial photo, para drops and support for the regular force and militia as required.

For equipment they have five single-engine Otters.

Air Reserves report direct to 10 TAG, a Mobile Command organization located at St. Hubert, Que.

Standardization

OTTAWA - Senior officers from Australia, Britain, the U.S. and Canada will meet at the Royal College of Defence Studies in London, England, Sept. 30 - Oct. 4. Their purpose is to review progress and issue guidance for future activities in the field of standardization of equipment, weapons and procedures among the armed forces of the member nations.

The meeting is the eighteenth in a series of annual discussions under the American, British, Canadian and Australian (ABCA) Armies Standardization Program, dating back to 1947. New Zealand, an associate member since 1965, will send an observer to the London conference.

The Canadian delegation will be headed by Major-General George G. Brown, chief of land operations at national defence headquarters here.

Each of the four nations hosts the conference in turn. Canada last hosted it in 1971 at Mobile Command headquarters, St. Hubert, Que.



Retiring members, honoured by the mess dinner on Fri. 13 Sept, are; REAR, L to R; WO R. F. Wilson, MWO J. T. Almdal, CWO H. K. Chapman, WO E. M. Flight, Sgt V. L. McLean. CENTRE, L to R, MWO R. S. Hicks, WO R. I. Cairns, WO C. G. Hall, WO J. W. Proulx, FRONT, L to R, WO H. G. McDougall, Sgt R. P. Langlotz, Sgt G. W. Walker,

Sgt M. Klyne, Sgt H. E. Ireland, Sgt H. Corbett, WO V. E. Erickson.

The reports received indicated that the Mess Dinner was a tremendous success and worthy of the occasion. All mess members wish a "Bon Voyage" to our retiring members.

Base Photo

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12. NEW FRIENDS from all over Winnipeg.

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The basement has been freshly painted. Possession can be early. To view please call Mrs. Peggy Walcot, days: 942-0931 or evenings: at 775-3984.



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Base Transportation News And Views

Wagon-Express



Cpl. J. Letendre - MSE's August 74 Driver of the Month recipient. Base Photo

Cpl Joe Letendre is the recipient of the "MSE Driver of the Month" Award for the month of Aug 1974.

Cpl Letendre has been employed in the C-1 Cargo sub section of Base Transportation since Oct 72 primarily as a tractor trailer and bus operator. In addition, he is a qualified driver examiner.

Cpl Letendre has been selected as the driver of the month for his outstanding contribution to MSE Safety. He demonstrates the necessary driving ability, courtesy, driving habits and all around professionalism in performing his duty. A most co-operative individual, Cpl Letendre demonstrates a willing and co-operative attitude and greatly contributes to the overall esprit de corps of the Cargo Section and Base Transportation as a whole.

Congratulations from all members of Base Transportation are extended to a most worthy recipient of the "Driver of the Month" - Cpl J. Letendre.

SAFETY SAM SEZ

Tragedy

Johnny's daddy won't be home tonight! That's what Johnny's mother told him after she talked to the policeman on the phone. The policeman said Johnny's dad smashed his car into another car and now the driver of the other car is dead. Johnny's dad is in jail - because he had too much to drink before he drove his car. He'll get out of jail because his lawyer will help him, but it will probably take a lot of money to get his dad cleared and free!

Johnny's mother cried for a long time, and Johnny cried too. He doesn't understand - he can't understand words like "intoxicated" and "negligent homicide" - all he knows is that he's confused and frightened - why does daddy drink so much? Could you be Johnny's dad? Think before you drink and drive!

Tragédie

Le papa de Jeannot ne rentrera pas ce soir! C'est ce que maman vient de lui annoncer après avoir parlé au téléphone avec le policier. Le policier a dit que le papa de Jeannot venait d'avoir un accident d'automobile et que le conducteur de l'autre véhicule était mort. Le papa de Jeannot est en prison - Parce qu'il avait trop bu avant de conduire. Certes, il recouvrera sa liberté parce que son avocat va l'aider. Mais cela va coûter cher et prendre beaucoup de temps avant que papa soit reconnu non coupable et libéré! La maman de Jeannot a beaucoup pleuré et Jeannot aussi. Il ne comprend pas - Il ne peut pas comprendre ce que veulent dire des mots comme "Intoxiqué" et "Négligence Criminelle" - Tout ce qu'il sait, c'est qu'il ne comprend pas et qu'il a peur. Pourquoi papa boit-il tant? Êtes-vous le père de Jeannot? Réfléchissez avant de boire et de prendre la route!

MQ Community Council (North) Nominations

As required by the Constitution, an election will be held in October to determine your 1974/75 Ward Councillors. Each ward will be represented by two councillors - they can be service personnel or dependants of 18 years or older - elected by residents of their respective wards. You are requested to suggest nominees for councillors who will then be contacted to determine if they will let their names stand for election. From this finalized list ballots will be produced and circulated within all wards.

VOXAIR will be used as the primary source of nominating and voting forms. Please fill in the form below and pass it to those performing door-to-door collections.

The present status of each ward is:

WARD 1

Incumbent - Cpl Burgessineligible
Vacant

BLHU's 2167 - 2191 Ness Avenue
58 - 155 Bourkewood Place
58 - 75 Jameswood Drive
34, 36, 38, 43, 45, 49, 53, 57, 61, 65 and 93 - 109 Leicester Square

WARD 2

Incumbent - Cpl Harrisonineligible
Vacant

BLHU's 2 - 57 Bourkewood Place
2 - 32, 40, 44, 48, 52, 56, 60, 64 and 68 - 89 Leicester Square

WARD 3

Incumbents - M/Cpl Albett will accept nomination
Cpl Morganineligible

BLHU's 2 - 55 Jameswood Drive
2 - 58 Paisley Place
East side of Whytewold Road

WARD 4

Incumbents - Sgt Coxineligible
M/Cpl McSweenineligible

BLHU's West side of Whytewold Road
2 - 105 Cornwall Boulevard

WARD 5

Incumbents - WO Nelson will accept nomination
Sgt Allisonineligible

BLHU's - 2271 - 2323 Ness Avenue
2 - 55, 59, 63, 67, 71 Braintree Crescent
2, 6, 10, 14, 18, 21, 51, 55 Listowel Bay
2 - 53 Silverwood Bay
2 - 43 Ladywood Drive

WARD 6

Incumbents - Capt Armstrong will accept nomination
WO Hindsineligible

BLHU's 2331 - 2355 Ness Avenue
62, 66, 70, 72 and 74 - 191 Braintree Crescent
24, 28, 32, 36, 40, 44, 48, 52, 56 Listowel Bay

WARD 7

Incumbents - Cpl Hopkinsineligible
Cpl Paineineligible

MDPR's 107-114, West of Canso Street

WARD 8

Incumbents - M/Cpl Matthewsineligible
Cpl Thibeault will accept nomination

MDPR's 101 - 106, East of Canso Street

WARD 9

Incumbents - Lt Petersonineligible
Sgt Spiritoineligible

PMQ's on Conway Street
West side of Moorgate Street

WARD 10

Incumbents - Mrs Nelsonineligible
Maj Stevensineligible
Capt Plaxton will accept nomination

PMQ's East side of Moorgate Street
on Sharpe Boulevard

MQ COMMUNITY COUNCIL (NORTH)

The following persons are nominated as candidates for councillor:

Ward Number

Nominee

Address

Telephone Number (if known)

Nominee

Address

Telephone Number (if known)

NOTE: Nominations will be picked up during the evening of Friday, 27 Sep or on Saturday, 28 Sep.

Southwood R/V Centre

2405 Pembina Hwy.

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'CHAPEL NEWS'

Protestant

Roman Catholic

By JIM KIRBY

On behalf of the members of our Protestant chapel, we would like to welcome everyone back to the base. We hope that after your holidays you will be looking forward to a new season of work and the fulfilment of dreams and aspirations. To those of you who are new to CFB Winnipeg, we extend a most hearty welcome and invitation to join in with our chapel and its activities. We also extend an open invitation to anyone who would like to join our choir, Ladies Guild, or Chapel Committee. Any and all help is most welcome.

An open meeting will be held on 2 Oct. 74 at 1800 hrs, north site chapel, with a pot-luck supper to kick things off. This will be an opportune time for you to come and meet some of the members of our church. Single members of the force are most welcome to join us as well.

We are pleased to announce that our chapel has made a donation of (\$100.00) one hundred dollars to the Emergency Relief Fund. This money will help those in need as the result of disaster. We have met all of our commitments to the various funds which we support and are looking forward to a bigger and more successful year this coming year. **THOUGHT FOR THIS ISSUE**

Wisdom

There's wisdom in taking time to care.

There's wisdom in giving, and wanting to share.

There's wisdom in grace and making amends.

There's wisdom in having and keeping good friends. (author unknown).

We are looking forward to seeing you on the 2nd October at our Open Meeting. See you there!

Sunday School will begin on 6 October at both chapels. There will be pre-registration, forms are printed in this issue of Voxair. At the present teachers are needed and your help would be very much appreciated. This is an appeal to you to consider giving some of your time for this important task. Soon the heavy commitments of all seasonal activities will be in full swing, so don't forget to set aside time for your spiritual growth and Christian fellowship.

PROTESTANT CHAPEL CHOIRS (NORTH)

The first meeting of the Choirs will be held on Thursday, 19 Sept. Junior Choir (ages 7-14) at 7 p.m. and Senior Choir at 8 p.m. Everyone is invited.

Greetings!

The months of September and October, in the chaplain's office are something like a navigator, limited to eight thousand feet above sea level, while flying through nine thousand-foot mountains and picking his way among rocky cumulus. Everything must be preplanned, activated, and every different thing at the same time as the other. We are both fortunate and grateful that at our two chapels there are many willing persons to help get things going. Already some activities are beginning to form up.

The St. George's Chapel Committee with Fr Cremona, have altered their program somewhat from last year. The time of Sunday Community worship now takes place at 5:00 p.m. on Saturday, preceded by children's catechism classes from 4:00 p.m. The second Mass is at 11:00 a.m. on Sunday. This should afford a much greater number of people to take part in the Sunday Mass with their community.

The people who were at Mass in Our Lady of the Airways Chapel last Sunday (15 Sep 74) filled out a questionnaire indicating their wishes for this year's chapel activities program. At this time, I am not able to publish the results because only next Sunday (22 Sep 74) after the 11:00 a.m. Mass will the Parish Council/Chapel Committee meet to consider the outcome. In the next issue of Voxair we shall give you the whole picture.

There are a number of things, however, that we would like to pass on to you, as they stand at the moment. Catechism classes at St. George's Chapel began on Saturday, 14 Sep 74 at 4:00 p.m. At this time they are short of two teachers. Any volunteers please call Sgt G. A. Merritt, at 888-1784 or 489-2579, who is co-ordinator for the Catechism program.

The co-ordinators for the Catechism classes at Our Lady of the Airways Chapel are John and Liz Plaxton. They may be reached at 888-6726 or at local 597. At this time, we have requested the use of the CFANS classrooms and the Commandant of the school has kindly approved it. This means we have seven classrooms available at CFANS and we will try to arrange for more somewhere else depending on need.

Registration forms for Sunday School were passed out last Sunday and more are available from the co-ordinator or at the chapel. Registration Sunday is 22 Sep 74 and we hope to begin

classes on Sunday 29 Sep 74 at 0930 hrs and ending at 1030 hrs. Now friends, we need more teachers - please volunteer! Next month there will be sessions for catechism teachers organized by the Pastoral Centre with expert resource people to acquaint you with the Canadian Catechism and sample lesson plans.

Much has been said, written and done in recent years on prayer life; prayer movements, charismatic or pentecostal movements; all of which are the same, except for emphasis. When you think about it, it's not so unreasonable to note that the Holy Spirit should needle our minds to greater enlightenment every century or so. We have always recognized that God the Father was the creator. He set us up! Then, when we people got off the track. He sent the Son, his updater to set us straight again and finally He left the Holy Spirit, his worker to keep us going. So it was in early Christian times the Holy Spirit worked with man and God's Kingdom prospered, but unfortunately, arrogant man began to push the Holy Spirit aside and started to develop his own rule of law. To this day, we insist on this rule of law, in spite of the fact that history has repeatedly proven it as an inadequate medium for man's conduct and happiness. Historically one of the first things that happened was Christianity became fractured; a fact completely against Christ's teaching of the one fold, and one shepherd (John 10, 16). Social abuses are no less, but rather greater.

In recent years the prayer movement took hold. There are over two million people of all creeds and races who gather in small groups and in groups of thousands to pray together in North America, regularly. There are various prayer groups in Winnipeg. It would appear, perhaps, we should take serious note of this movement at CFB Winnipeg. This may well be the medium through which the Holy Spirit is pressing us back into the one fold and one shepherd as God wanted it. The ladies of the Catholic Women's League are taking steps to give us this opportunity.

Thursday, 26 Sep 74, at 8:30 p.m., people - Protestants, Catholics - from north and south sites, are invited to hear and inquire about the prayer movement from Fr Len Murphy in the Protestant Chapel annex. Think! Don't let the fullness of life pass you by!

Base Chapel Protestant (North)



The unveiling of a plaque by Col. C. A. La France, base commander CFB Winnipeg, on the occasion of laying-up the Canadian Ensign and the Royal Canadian Air Force Ensign in the Protestant Chapel (north) CFB Winnipeg on Sunday, 15 Sep 74. Left to right - Maj. J.P. MacLean, C.D. Base Chaplain, Col. C. A. La France, C.D. Base Commander, Sgt. W. J. Parsons, C. D. Chairman of Chapel committee.

Base Photo



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Thursday, 26 Sept 74, at 8:30 Movement From FR Len Murphy, p.m., People - Protestants, Catholics - From North and South Sites, Are Invited to Hear and Inquire About the Prayer

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A NIGHT TO REMEMBER

Commissioned



On Sep 4, LCol F. C. Brittain, CFANS Commandant, presented commissioning scrolls to Lt. B. Salmon (L) and Lr. R. Holden (r). Both young officers are presently on Navigation course 7405 ROTP and will graduate as full-fledged aircrew in January 1975. **Base Photo**

CD Presentation



Major J. Beaulne, Training Standards Squadron Commander, congratulates Captain Al Scott of the Nav Standards section upon receipt of his CD. Capt Scott has recently been posted to VP 407, Comox B. C. **Base Photo**

October Review

The weather pattern for October sets the trend toward Winter. The daily number of hours between sunrise and sunset decreases from 10.6 hours on the first of the month to 9.8 hours on the thirty-first of the month. Due to clouds, however, the amount of bright sunshine received in October at Winnipeg totals on the average only 152.9 hours - about 5 hours per day.

The average maximum temperature drops from 60 degrees Fahrenheit to 41 degrees Fahrenheit. The long term records show the average daily minimum drops from 38 degrees F. to 26 degrees F. during October. Frost occurs on an average of 15 days - that is you may see more than just the proverbial frost on the pumpkin one day out of two. The highest temperature ever recorded at Winnipeg in October is 86

degrees; the lowest on record is 5 degrees below zero on the Fahrenheit scale. The record temperatures occurred in 1922 and 1936, respectively.

Of all the wind speeds the prevailing direction is south. Winds over 30 miles per hour are from the northwest 71% of the time and from the south 13% of the time. The highest wind speed ever recorded in October is 71 mph.

Precipitation for October averages: rainfall slightly less than one inch and snowfall 2.7 inches. Frequently no snowfall occurs in October. In the year 1919, however, a record 15 inches of snow were received at Winnipeg in October. The average number of days with precipitation is only 8 and the amount of precipitation received is light compared to most other months.

Chapel Services

PROTESTANT

SUNDAY SERVICES
 South Site 10:00 a.m.
 North Site 11:30 a.m.

CHOIR PRACTICE
 (North Site only) - THURSDAY
 Junior, ages 7-14 7:00 p.m.
 Senior 8:00 p.m.

BAPTISMS
 May be arranged by calling the chapel office.

MARRIAGES
 Call the Chaplain well in advance.

CHAPLAINS
Padre J.P. MacLean
 Office: 832-1311, local 417
 Residence: 837-4986
Padre J.I. Mills
 Office: 889-9173
 Residence: 489-3231

ROMAN CATHOLIC

MASSES
North Site
 Saturday 7:00 p.m.
 Sunday 8:30 and 11:00 a.m.
 Monday - Thursday 7:30 a.m.
South Site
 Saturday, Folk Mass 5:00 p.m.
 Sunday 11:00 a.m.
 Weekdays, Tue. - Fri. 4:45 p.m.
Sunday School
 Saturday 4:00 - 5:00 p.m.

BAPTISMS
 By appointment.

MARRIAGES
 By appointment

CHAPLAINS
Father R.A. Glofcheski
 Office: 832-1311, local 272
 Residence: 832-2970
Father E. Cremona
 Office: 889-9173
 Residence: 888-1331

Another CF Rescue

WABUSH, NFLD (CFP)... "Popping canvas" in the stillness of Newfoundland's remote wilderness was a welcome sound to four survivors of a single engine light plane which crashed 30 miles north of here Sept. 12.

Within four hours of being alerted by the Rescue Co-ordination Center in Halifax, a para-rescue team from 413 Squadron, CFB Summerside, P. E. I., was jumping into the scene from a Buffalo aircraft. The air-borne rescue unit provided the necessary first aid treatment to the disabled pilot and his three passengers who were suffering from multiple injuries received in the crash of their Cessna 420 earlier that day.

The men, all American citizens, had been on a flight to Fort Chimo, Que., from Seven Islands, Que., when they were forced down because of icing conditions.

The para-rescue team remained with the injured until a chartered helicopter from Wabush was able to fly the men out of the crash site.

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Canada, The Enemy

OTTAWA - Canadians played the "friendly enemy" role as air defence forces of NATO's central European region tested their capabilities Sept. 9 - 11 as allied forces central Europe (AFCENT) conducted Exercise "Crack Force."

Mock air battles were held throughout the central region, including Belgium, the Federal Republic of Germany and the Netherlands, as well as parts of the Air Defence regions of the United Kingdom and Allied Forces Northern Europe. During "Crack Force" more than 2,000 sorties were flown. Nike-Hercules and Hawk missile units of the central region conducted

simulated air defence operations. Canada was represented by the 1 Canadian Air Group, stationed at Lahr and Baden-Soellingen, Germany. Canadian CF104 aircraft flew sorties and provided a target force for NATO interceptor and surface-to-air missile (SAM) units.

In addition to AFCENT's central region air defence forces, participating national elements included British, Danish, Italian and United States air units.

According to AFCENT exercise officials, "Crack Force" realistically demonstrated the degree of international integration and co-operation within the air defence system.

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Fleet Adds Tugs



Maritime Command's newest auxiliary vessels, the tugs Listerville, Merrickville and Marysville, are introduced to the east coast fleet during a sail-past up Halifax harbour Sept 11. **Canadian Forces Photo**

HALIFAX . . . Maritime Command officially accepted three modern harbour tugs into its auxiliary fleet in a signing ceremony and sail-past at HMC Dockyard, Sept. 11.

The tugs Listerville, Merrickville and Marysville replace four aging "Ville-class" tugs which have been in service with the Halifax-based auxiliary fleet since 1944. Built by Georgetown Shipyard, P. E. I., the new 45-ton vessels have a three-men crew and a power displacement of 365 horsepower compared to the older 18-ton boats that have an engine out-put of 106 horsepower.

The new Canadian Forces auxiliary vessels are among five

harbour tugs built at a cost of \$1,405,000 for operation in harbour and inland waters. Three tugs will operate with the eastern fleet and two, constructed on the west coast, will serve with the Maritime Command Pacific fleet.

The harbour tugs are the first of 13 auxiliary vessels to be built for the defence department in a five-year program announced by defence minister James Richardson last December.

The Canadian Forces auxiliary vessels include the Defence Research Board's research ships and assorted yardcraft. They comprise a fleet of 120 vessels employing 750 ship and shore civilians.

Two For One

OTTAWA (CFP) — A new rivalry was spawned in the world of Maritime Air, Sept. 3 when HSS0 anti-submarine squadron ceased to exist and her crews and equipment were assigned to the newly formed HS423 and HS443, based at Shearwater.

Defence Minister Richardson approved the recommendation that the squadron be split to provide improved control in the areas of flight safety and operational training.

"We Search and Strike" is the motto adopted by HS423, who wear the bald-headed eagle on their squadron badge. The fledgling eagles are commanded by Lieutenant-Colonel Larry Ashly, 36, of Simco, Ont., and Dartmouth, former CO of VT-406 in Shearwater. They provide helicopter detachments to the helicopter-destroyers Iroquois, Annapolis, Skeena and Saquenay.

The second new squadron, HS443, wears a hornet on their squadron badge, bearing the motto "Our Sting is Death." Lieutenant-Colonel G. B. (Barry) Montgomery, 38, of Montreal and Dartmouth, former CO of HSS0, commands 443, whose Sea King helicopters provide support to Algonquin, Huron, Assiniboine, Athabaskan and the fleet replenishment ship Protecteur.

Future plans call for an alignment of helicopter support, in that 423 squadron will provide detachments to Destroyer Squadron One (DESRON ONE) and 443 Squadron will provide detachments for Destroyer Squadron Five (DESRON FIVE).

Ceremonial dissolution of HSS0 is planned for Oct. 25, in conjunction with a reunion for all the former squadron members.

In its 19 year history HSS0 has had 10 commanding officers, and has flown anti-submarine patrols, mercy flights and search and rescue patrols in two types of aircraft. When formed in 1955 the squadron flew Sikorski HO4S3 (Horse), and between 1966 and 1969 retired the Horse in favor of the Sea King.

RUN

Continued from page 1

Eighteen-year-old Pte Debby Playford of CFB Borden was the lone female runner to tackle the race. Her participation, she said, was designed to encourage other women in the Forces to take part in long distance running. Debby was unable to finish the race, being pulled off the course by officials when she developed problems with her feet, but she vowed to be back next year.

Two runners represented Winnipeg. Capt Doug Cantley, 30, running in only his second marathon (his first being a mere

44 Years Service



Miss E. Marie Pierce receives a diploma of appreciation from Mr. T. G. Morry, associate assistant deputy minister of personnel for the department of national defence. The diploma, signed by the prime minister, thanked Miss Pierce for her 44 years of public service. **Canadian Forces Photo**

OTTAWA — When most of today's generals and senior civilian officials of the Department of National Defence still were in knee pants, Miss E. Marie Pierce started working for the Department.

Sept. 9, after 44 years service, all but three months of it with the Defence Department, Miss Pierce retired for what she termed "a well-earned rest."

Actually her total service would have been more than 45 years, except there was an 11-month break due to illness. On her retirement Miss Pierce was presented with a diploma by T. G. Morry, associate assistant deputy minister of personnel. The diploma, signed by Prime Minister Trudeau, thanked her for her long and faithful service to the department.

Born on a farm in the Smith Falls area, Miss Pierce received her high school and business college education in Carleton Place, where her family moved from the farm.

On Sept. 3, 1929, at the age of 19, she began with the civil service in the department of the interior and after gaining experience there transferred to the defence department in July, 1930. MacKenzie King was then prime minister, soon to be followed by Prime Ministers Bennet, King, again Louis St. Laurent, John Diefenbaker, L. B. Pearson and currently Pierre Elliott Trudeau. (two weeks earlier), led the race for several miles, but finally settled for fifth place overall and third in his age category. Maj Ben Rathbone, 37, finished 13th in 3.07.49.

Under 30

- 1 Lt AD Pettendrigh BFC Valcartier 2.56.28 (8)
- 2 Capt Babiuk CFB Ottawa 2.59.29 (9)
- 3 Cpl LD Roe CFB Esquimalt 3.07.38 (12)

30-39 Years

- 1 Sgt FA Gray CFB Halifax 2.46.44 (3)
- 2 MCpl G Rattai CFB Esquimalt 2.47.45 (4)
- 3 Capt D Cantley CFB Winnipeg 2.51.55 (5)

40-49 Years

- 1 Sgt JY Dumont CFB Montreal 2.44.35 (1)
- 2 MCpl CE Davenport CFB Shearwater 2.46.02 (2)
- 3 Cpl WL Ingman and Capt WE Buck CFB Kingston 2.52.46 (6,7)

Oldest runner in the race was Cpl Les Ingman, CFB Kingston, who is still breaking three hours at age 47.

Also held in conjunction with the marathon was a 13-mile race which incorporated the Quebec Regional Championship. Winner, in a time of 1 hr 19 mins 2 secs. was R Bouchard, BFC Valcartier. CFB Montreal won the team championship and forty four runner completed the course.

Is Also A Drug

ONCE UPON A TIME, in the early days of drug education, it was necessary to remind people that "Alcohol is a drug too." This effort to establish perspectives on the chemical age was not always successful as panic and anxiety tended to focus attention on what were felt to be REAL drugs.

Research in the alcohol field continued alongside the perhaps more newsworthy investigations into the drug phenomenon. Data emerging during the past year show that the abuse of alcohol remains our biggest drug problem. Judging by the renewed interest in alcohol education, treatment and prevention programs, past rhetoric has been endorsed by present evidence.

Nothing fails like success. As resistance to including alcohol in the spectrum of concern is overcome, the price of a vital balance of awareness and understanding may be paid.

The pendulum swing back to

alcohol can give birth to a new myth and a social deceit. One popular belief is that kids are switching from the new drugs to the old one. The strange comfort and reassurance this is supposed to offer is based on two assumptions. One is that the use of alcohol provides less cause for concern. The other assumption is that there is in fact, a switch. The first assumption must be tested against the mass of information about the dangers of alcohol consumption. As for the second, there are continued reports of stacking drugs, not just switching.

Programs focusing on substances as such may lead inevitably to chemically-specific conclusions. We should be looking into chemo-behavior in general as well as the prevalence and incidence of any single drug of choice.

(Addictions Winter '73 editorial)
By G. PAULINE

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AID
Continued from Page 2

with mental instability because they actually believe those lies.

So, before a potential candidate is completely fooled by the "recruiting fanatics," service members feel they have to prepare the unsuspecting soul with some good sound advice and the facts of service life. While recruiters may feel hurt at this concept of their professional prowess, their main emotions are frustration, anxiety and fear, as this advice is probably neither good, nor sound, and the "facts" may be in error.

Contrary to popular belief, we do realize service life is not good for everyone, and, by the same token, not everyone is good for the service. We realize that there are factors in a military career which may limit its attractiveness, and we do try to advise applicants to these factors.

It has been our experience, however, that some of these factors may not be liabilities but rather assets depending upon the goals and ambitions of the individual concerned. We try to give applicants the total package, both good and bad points, and let the applicant decide for himself under which column he wants to list those items.

It should be pointed out,

however, that this recruiting centre doesn't blame every service member for these problems, any more than you blame every recruiting centre for the "yo-yo" you may have to work with.

The recruiting motto these days is "Get Involved With the Canadian Forces." We would like to see serving members get involved with the recruiting program. It was a Met Tech and not a recruiter, who gave us the "Bring a Friend to Work" idea. Many of our applicants are member of service families or friends of serving members. We sincerely appreciate these efforts and realize we will rely more and more upon the participation of service members in the times ahead.

So, next time you talk to a prospective applicant, please treat that inquiry with respect. Remember that your own experiences are personal and may not be common to everyone. If you are a "gung-ho" enthusiast, remember that some of the opportunities you rave about may no longer be offered.

If there is any doubt, contact a recruiting centre or refer the inquiry. There is no more advantage in the contented servicemen selling a dream that recruiters cannot offer, than there is in the unhappy serviceman selling his personal nightmares.

Belafonte Canada



Harry Belafonte is back for a TV special on CBC Friday, September 27. Called Belafonte Canada, the hour-long show captures Mr. Bojangles and his international assembly of singers and musicians performing new and favorite material (from Empty Chairs to Going Down Jordan) in six Canadian cities this summer during the ensemble's cross-country tour.

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YOGA CLASSES, TUESDAY AFTERNOON 1345 hrs; Wednesday evening 2000 hrs. Room for beginners and intermediates. Registration at Silver Heights Community Club, 25 Sept. For more information call 888-9797.

REGISTRATION FOR BROWNIES and Guides - Stevenson District (Westwin) will be held Thursday, 26 Sept., 7 - 8 p.m. at The Jameswood School gym. Registration fee \$4.00. Mothers Committee \$1.00. Each child must accompanied by a parent.

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