

7 MARS 1984





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HISTORY OF THE R.C.A.F.

The growth and development of the RCAF have been credited by historians as a remarkable one. From the inauspicious Canadian Aviation Corps of 1914 — consisting of two officers and one Burgess-Dunne biplane — the RCAF expanded during the Second World War to become the fourth largest of the Allied air powers.

EARLY DAYS

The Canadian Air Force, charged with the air defence of Canada, and furnished with British equipment, began in 1920 as a non-permanent organization to provide refresher training for the many Canadians who had flown with Britain's Royal Flying Corps during the First World War. During that war, 10 Canadian pilots had placed in the 27 leading RFC "aces," all credited with 30 or more kills. Heading the list was Major W. A. (Billy) Bishop, with 72 victories. Another Canadian, Major Raymond Collishaw, was second with 60 victories.

The RCAF officially came into being April 1, 1924, 60 years ago, as a permanent service. Its role between the 1914-18 and 1939-45 wars primarily was a non-military one, a unique circumstance among the world's air forces.

Its tasks included communications and transportation work, forest fire patrols, aerial photography, antismuggling patrols, and experimental crop dusting. This non-military emphasis followed naturally from the government's requirement for surveys, control and communication throughout a huge domain, when communications were only beginning to develop sophistication.

In 1936, the Canadian government formed the Department of Transport, releasing the Department of National Defence from responsibility for civil aviation.

SECOND WORLD WAR OPERATIONS

As the political situation in Europe deteriorated, the Minister of National Defence introduced an expansion program to give the RCAF 11 permanent and 12 auxiliary squadrons. On the eve of the Second World War, only eight of the 11 permanent squadrons had been formed, and of these only three could be spared immediately for overseas service. The remainder were assigned to home defence, and to provide personnel to the Commonwealth air forces.

In the course of the war, RCAF schools across Canada trained 131,533 Commonwealth aircrew.

Canada's overall contribution to the air war, at home and overseas, rose steadily until at its peak of wartime expansion, the RCAF numbered just under 250,000 men and women. Eighty-eight operational squadrons were in action at home and overseas, and many thousands of Canadians were serving in various Royal Air Force units in every conceivable kind of mission.

Ultimately, the RCAF had 14 daytime, four night-time and three reconnaissance fighter squadrons in action. In their first sustained operations, the Battle of Britain, Canadian fighters accounted for 31 kills and 43 "probables." On a record day over the continent, June 28, 1944, RCAF Spitfire pilots shot down 26 enemy aircraft and damaged a dozen more.

By 1943, in the RAF Bomber Command, the RCAF provided an entire bomber group, comprising 11 squadrons. Eventually, four more squadrons were added. More RCAF personnel served in Bomber Command than in any other operational command during the war. It was also the most costly operation, in that 9,980 Canadians lost their lives.

By 1944, three Canadian squadrons were flying for the RAF Transport Command. Two of these, operating in the Far East, were the last RCAF units in action against the enemy.

At one time or another, seven Canadian squadrons fought with the RAF Coastal Command, protecting Allied maritime routes while harrassing the enemy's. At home in Canada, RCAF squadrons based on the east coast flew thousands of hours in the wearisome but vital Battle of the Atlantic.

Of the 232,632 men and 17,032 women that served in the RCAF during the Secnd Wrold War, 17,000 lost their lives, and 5,200 have no known grave.

POST-WAR

Following a heavy cut-back of bases and personnel at the end of the Second Wrold War, the RCAF again was steered along a path of gradual expansion, because of Canadian commitments to NATO, the United Nations and North American defence.

The Korean conflict saw an RCAF transport squadron flying North Star aircraft back and forth across the Pacific Ocean, which fostered a new long-range transport potential for the peacetime force. This was further developed as new equipment became available, and Canada's international commitments expanded.

The RCAF was presented with its Colours June 5, 1950, on Parliament Hill in Ottawa by Governor-General Viscount Alexander of Tunis.

Joint recognition by the United States and Canada that the air defence of North America could be most effectively accomplished through a combined effort, brought about the formation of the North American Air Defence Command (NORAD) in 1958.

Canada's contribution, through the RCAF, consisted of fighter interception squadrons, detection networks, command and control agencies and missile squadrons, as well as RCAF personnel in the joint command structure.

Canada's commitment to NATO called for the RCAF to return to Europe in the early 1950s with F-86 Sabre fighters. Although later augmented by CF-100 Canuck-all weather interceptors, the role eventually was changed to that of strike reconnaissance, with the introduction of the CF-104 Starfighter.

The RCAF's maritime patrol organization, reactivated in 1950s, also was partially committed to NATO. Long-range, anti-submarine operations were to come under the senior Allied commander, Atlantic, in the event of an emergency.

In addition to international roles, the air force performed the domestic tasks of air support in disaster areas, search and rescue, both at sea and in Canada's huge land mass, and the resupply of Arctic stations.

UNIFICATION In February, 1968, the 45,000 of-

Community Service Award



Certificat de Alérite

It's that time again — time to begin thinking about Community Service Awards. As many will recall, the award program was initiated in early 1982 as a means of recognizing outstanding voluntary services to the Winnipeg Military Community. The program has proven to be extremely popular. Over the past two years 77 awards have been presented to deserving personnel. This year's awards will be presented by the B Comd at a special ceremony in the WOs' and Sgts' Mess on 10 June 1984.

WHO IS ELIGIBLE

All members of the CFB Winnipeg Military Community are eligible to submit names of those they feel deserving an award. Members of the Canadain Forces, DND civilians and their dependants are eligible for this award. Personnel may be appointed, elected or volunteered for the activity for which they are nominated, however, they should not have received any remuneration for performing that activity. Work performed must be totally voluntary and benevolent and outside the individual's normal work responsibility. Some suggested activities are scouts, guides, brownies, minor hockey, baseball, church activities, social clubs and family assistance groups, benevolent work for the community, etc. A person may receive more than one award during each tour at CFB Winnipeg. Groups may also be nominated for an award as well.

NOMINATION PROCEDURES

Eligible personnel will be nominated by the community at large through the completion of a nomination form. Nomination forms appear in this issue and will appear again in the 21 March edition. Forms will also be available through the Base Exchange outlets and Bldg 90 Recreation Centre. Simply complete the form and return it to the Chairman of the Selection Committee by the deadline date.

SELECTION COMMITTEE

The Chairman of the Selection Committee again this year will be Major B. D. Brennan, Base Personnel Administrative Officer. A representative from the two community councils and one from the recreation council will be on the Selection Committee. The remaining members of the Committee will be chosen by the Chairman and will be representative of the community at large.

Please fill out a nomination form and give a deserving member of the community a "pat on the back".

A sample nomination form is printed on page 4.

AIR COMMAND BAND GIVES CONCERT 16 MARCH 84



Performers and sponsors ham-it up over congo drums at the Air Command Band rehearsal room. From left to right are: Capt. Dave Jones, MWO Keith Chapman, Pauline Lamoureux, WO Don Leppard, Ron Paley, CWO Cor Gordi and Capt Lloyd Bailey. (CP Photo by Sgt. J. Blouin). More info page 7.

ficers, men and women of the RCAF, including 19 types of aircraft and support material, were incorporated into the single Canadian Armed Forces. This transformation initially fragmented the air force as it then was known. Air activities were carried out by a number of functional components, and support to land forces was performed by tactical air units under Mobile Command (army). Additionally, the air conributgion to NATO comprised No. 1 Air Division, plus the tactical air units attached to the 4th Canadian Infantry Brigade Group in Europe. CREATION OF AIR COMMAND

It became evident that a central

focus was required to restore unity of command, as well as an air identity for Canadian airmen. This led to the formation of Air Command, Sept. 2, 1975, which gave the commander of the new organization jurisdiction for all Canadian Forces air activities.

The newly-formed Command adopted the motto "Sir Itur ad Astra" (Such is the Path to the Stars).

Air Command was presented its Colours July 31, 1982, by Governor-Edward Schreyer, in Winnipeg.

April 1, 1984, will mark the 60th anniversary of the formation of the Royal Canadian Air Force as a permanent force.

Vosair



"Serving the Winnipeg Military Community" "Desservant la communauté militaire de Winnipeg"

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SCAN CORNER TEN STEPS IN YOUR JOB

TEN STEPS IN YOUR JOB CAMPAIGN

1. Make it known that you are available. Tell your friends and seek the advice of knowledgeable civilians.
2. Join clubs, become known, get to

know people who do the hiring.

3. Register with Employment and

3. Register with Employment and Immigration Canada. Remember, however, only 20% of employment opportunities are listed with the Canada Employment Centre.

4. Search the newspapers for attractive job advertisements. Look at both the career pages and the want ad section. If you find a tempting position offered by one university, for example, consider that other universities (although not advertised) might have the same position available.

5. Do not neglect job opportunities offered in specialist publications such as Trade Journals and in-house publications of professional organizations or groups.

6. Remember appropriate reputable Management Consultants firms. These firms keep an employment

bank of prospective applicants.

7. Professional organizations also have knowledge of employment opportunities and act as a clearing house for their members, so these contacts must not be neglected in your campaign.

8. The Public Service Commission of the Federal Government and the various Provincial Governments operate employment banks in which applications are kept current on file for a reasonable length of time.

9. Be creative in your job campaign. Use the broadcast letter approach by sending unsolicited letters which replace the resume to firms in which you are interested or to public institutions such as universities or hospitals. Interviews can result from this approach.

10. Finally, do not neglect knocking on doors and actually talking to people. Follow up every lead and always strive for a personal interview at the decision-making level.



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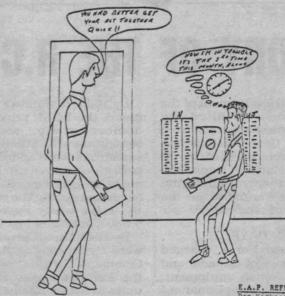
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Specifically, those that affect an employee's performance while on the job; physical, emotional, or mental illness; problems of a financial, marital, or legal nature; or problems relating to alcohol or drug abuse.

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Maggie Armstrong --698

Jamie Robinson ---595

Austin Coopar 889 9173

898 1331

SAFE PERFORMANCE DRIVING CHECK LIST

The following practices have been proven to have significant accident-preventive value. Consciously or unconsciously, you probably observe many or most of them already. Check yourself as you drive over the next few days. As you become more aware of your habitual driving procedures, see-how many of the following are among them; practice those that are not. We can all enhance our driving performance.

The expert driver . . .

a) constantly monitors his/her physical and mental fitness to drive and decides accordingly.

b) habitually anticipates the errors of other drivers and their response to impending hazards on the road.

c) includes the equivalent of a 12-second visual lead check in his scanning pattern so as to give himself more time to react.

d) includes a rear-view mirror check in his scanning pattern every five to eight seconds.

e) maintains a good erect driving posture and a balanced (9 & 3 o'clock) hand position which allows a steering input of up to 180° in emergencies. f) covers the brake approaching a stale green light.

g) checks for cross-traffic before proceeding on a green light.

h) covers the brake when overtaking a vehicle whose lane is about to be blocked. j) checks the rear-view mirror

k) maintains an adequate following distance and increases it if the driver immediately ahead is tailgating.

whenever the brakes are applied.

m) stays in his lane with wheels straight ahead when yielding to through traffic on a left turn.

n) approaching an occupied crosswalk where pedestrian traffic is not controlled, stops 20 meters or so from the crosswalk to allow drivers in adjacent lanes a clear view of the pedestrians. p) always "shoulder checks" before turns and lane changes.

q) seek eye contact with drivers whose path of travel is about to conflict with his/hers.

r) is never caught in an intersection even in heavily congested traffic. s) used the horn only as a warning device. t) always turns around as far as possible when backing.

u) recognizes that, on the road, courtesy - and discourtesy - are contagious.

v) manages his/her tension level to avoid premature fatigue.

w) plans manoeuvres well in advance to assure the safest, most efficient trip possible.

POMV SAFETY GET THE BIG PICTURE

Train your eyes to scan the scene. Eyes can focus on only one thing at a time, they can also move very rapidly — between several scenes. Actual reading and assimilating of information is accomplished during that fraction of a second when the eyes are fixating (stationary). Training the eyes, therefore, becomes a most necessary ingradient in driving.

ingredient in driving. Learn to scan continuously roadway conditions, traffic and potential traffic movement, signs, signals, roadside objects, and your instrument panel Scanning e the total traffic scene, to the front, the sides and the rear. Never allow your eyes to gaze for over two seconds on any single object. You often do not get all the information needed in the very first glance. It may require three or four glances to read a road sign or direction notice. Never let your attention be captured by any one event. Learn to make each look count. Consciously build your powers of observation.

Get the big picture. Your ability to see everything is controlled by determined efforts.







From the beach to the bleak! It's not great to be back. We enjoyed the sun and the beach with the associated relaxation and changing colour. We, like most "Whiteys", overdid the exposure to the sun on the first couple of days but what's a little peeling between friends. A Winter Vacation was a new experience for us and now we're wondering why it took so long to get smart. Of course, you don't do it, for a dollar and a half but once tried, it's bound to be repeated. Two weeks went by very quickly (except for the day I had montezumais Revenge!) and visiting Puerto Vallarta and Mazatlan gave us a good look at two very different holiday resorts.

One of the highlights of the holiday was establishing new friendships with vacationers from all across North America. We had our "craziest" fun with a gang from St. Malo (Manitoba). Between the Margaritas, Tequila Sunrises, a mixture of English, French, and Spanish we probably did more to further the cause of cultural unity than any provincial government could do in two hundred years.

We weren't thrilled with our first hotel room in Puerto Vallarta but that's a story for another column after we give the Tour Company a chance to explain.

Jane has a dreadful fear of heights. Standing on a chair to water a plant is a noteworthy event and the memory of crossing the Capilano Suspension bridge in Vancouver gives her nightmares.

Believe it or not, Jane actually went on the Parachute Ride in Mazatlan. That's the chute towed behind a boat on about 400 feet of rope. Somehome or other we convinced her that the holiday just wouldn't be complete without the experience so on our second last day she strapped in and got dragged around the sky. I'm really proud of her. Of course, she still doesn't like standing on a chair, but

Everybody has taken great delight in reporting how mild the weather was in Winnipeg while we were away but I haven't noticed any Made in Manitoba Suntans.

day after we got home I had a visit from number two daughters' boy friend who very courteously asked for approval to marry her. I'm tickled pink, pleased for the young couple and proud to have this young man as a prospective son-in-law. He's a professional football player and will obviously be inviting some of his CFL friends - have you ever seen those guys eat??!

I wanted to get a new pair of boots in Mexico. The prices were right, the styles were super but the sizes were wrong. It seems that Double E is the widest available and unless you have three weeks to allow custom building for wider feet, you're out of luck. Ordinarily leather is cheap in Mexico but the more exotic stuff, such as Boa, lizard, shark and rattler are very expensive. I guess it's back to the North Main discount houses for old big-foot!

By Paul Quinn

Automobile problems can be deceiving, it often takes a good mechanic with the right equipment to track down such problems. I am assuming your not a mechanic and ask you to try your hand with this quiz.

- 1. If the tread on your tires is wearing unevenly, it could be because?
- A. the tire pressure is incorrect B. the car has binding ball joints
- C. the frame is out of line
- D. there is a sagging spring
- E. the wheels need alignement
- F. the wheels are out of balance
- 2. If your car turn signal doesn't flash properly, the reason could be?
- A. A burned out bulb
- B. A bad connection
- C. A burned out fuse
- D. The flasher doesn't work
- E. the ignition switch is defective
- F. A defective turn signal switch
- 3. The reasons your car maybe a gasoline guzzler are
- A. Low tire pressure
- B. Dirty carburator and air filter
- C. Improper brake adjustment
- D. The engine needs a major tune up
- E. There is incorrect belt tension There are worn piston rings or
- burnt valves. 4. The reason your cars brakes grab
- or pull are?
- A. You ride the brake pedal
- B. Theres oil on the linings
- C. Tire pressure is incorrect
- There is a faulty wheel cylinder E. There is a restriction in a brake
- F. There is incorrect wheel alignment
- 5. The reason a car battery goes dead
- is because?
- A. Old age
- B. The alternator has failed
- C. You run it down with the starter
- D. The alternator belt is loose E. You drive too fast too long
- F. There is a short circuit
- 1. All correct except B.
- 2. All correct except E.
- 3. All correct except E.
- 4. All correct except A.
- 5. All correct except E.

Note: Drop in for free brake and shock inspection but make sure to phone 889-6394 or Loc 620 for an appointment, so we can serve you better. Watch for specials coming soon, and before you buy tires see us for good prices.

I sure could use a 649 Jackpot. The Flowers in my heart in rich profusion

bloom:

For one faultless kind, that is love's single rose

Dedicated to constancy, ere it close.

This fair rose must wither on its stem Before I foresake you. Lovers must

say goodbye, Hyacinths must pale, before my love grows cold

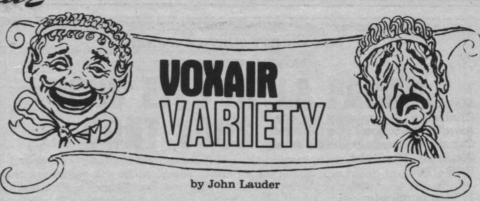
And perishes. Your beauty will not slack its hold

On me till petals/fall . . . Come, let's right a wrong

Since flowers are stuff which do not last for long, And seek in pleasure love's true and

lawful sway Which shall not end before the clear dawn of day.

Ann Elizabeth Carson



The big event upcoming is of course the Aid Command Band Gala Concert. which will be at the Centennial Concert Hall next Friday, March 16th at 8:00 p.m. Proceeds will go to the MP Fund for Blind Children. Guest articles are Ron Paley of big band fame at the piano, and singer Pauline Lamoureux. Let's all get out and support this show.

The recent offering of the Manitoba Opera Association, Lielisir D'Amore, was a nice light snack of an opera. It was fine as a cure for the February blahs, and a good contrast to the next opera, the tragedy Aida, which comes up in May. Bright scenery, (borrowed from Kansas City, of all places) fine singing by the five leads and the chorus, and lively dances made for a most pleasant evening. The story of a phoney love potion, which was really only Bordeaux wine, and of the travelling medicine man to sold it wide to a love-sick peasant was even more convoluted than your average opera. But a fast pace and a happy ending combined with sentimental humour overcome the difficulties

A new twist, apparently appreciated by the audience, was the introduction of "surtitles", where the English translation of the Italian words were flushed on a screen above the stage. This Canadian technique allowed us to follow the story with ease, and should be most helpful in the future.

To-night, March 7th, marks the opening of the Royal Winnipeg Ballet home performance named Catch The Dance, a set of four ballets, including one Winnipeg premiere. This will be choroegrapher John Cranko's L'Estra Armonico, a classical work, which the other numbers on the program include the comic Pas D'Action, Les Patineurs, and Lento a tempo e Appassionato, a firely South American number with many lifts and balances. The shows run until March

The Winnipeg Symphony is getting the jump on everyone by announcing its 1984-85 season at this early date. There will be five series in all, Masterworks, Musically Speaking, Family Pops, Seagram Pops and Concerts for Kids. Although ticket prices will increase marginally, there will still be discounts for season subscriptions, students and seniors.

Meanwhile, at this year's prices, two concerts are offered next week. These will be a Musically Speaking set of mainly Tchaikovsky numbers on Saturday at 8:00 p.m.; and on Sunday afternoon a Family Pops mixture, with violinist Arthur Polson featured as solist.

Other events upcoming at the Concert Hall are the Manitoba Music Festival which runs from 9 to 5 daily from the 12th to the 15th, Carlos Montoya, flamenco guitarist, on the evening of the 12th, the travel film "Switzerland - Fantasia" on the 13th, and the "Grand Ole Opry" with Porter Wagoner, Kitty Wells, Tex Williams and others on the 14th. Finally, the Shandong Chinese Acrobats and Martial Arts Troupe will perform on the 19th and 20th.

The Gas Station Theatre on Osborne Street is also busy. On Friday the 9th South African folk singer Tony Bird will give shows at 7:00 and 9:00 p.m. On he 17th through to the 22nd, the Townhouse 9/Kildonan Players wil over a musical comedy "Dear World". This is the first part of a Manitoba Multicultural Theatre Association Festival, which will later feature Caribbean, Irish, Native Indian and East Indian productions.

Finally, some late-breaking good news from the Manitoba Theatre Centre. Their next production, which opens on March 8th is Bedroom Farce, by British writer Alan Ayckbourn, who has had amny comic hits, including Relatively Speaking, How The Other Half Loves, and Absurd Person Singular, all of which were successful here in past years. Should be real fun, with director Anemones, lady-slippers. Still there's Donald Ewer coming back to Winnipeg after 12 years in the East and on Broadway.

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COMMUNITY SERVICE AWARD NOMINATION FORM

Major B.D. Brennan, Base HQs Chairman, Community Service Awards Selection Committee Canadian Forces Base Winnipeg Westwin, Manitoba R2R 0T0

1. I/we nominate:

SIN

Rank

Unit/Place of Employment

Mr/Mrs/Ms

Surname

Telephone

2. He/She is nominated for the following unpaid community service(s):

- 3. He/she has a voluntary (), appointed (), or elected () position.
- 4. He/she has participated in the above activity for (length of time, hours per week, etc.).

5. Submitted by:

SIN

Rank

Mr/Mrs/Ms

Surname

First Name

First Name

Year

Signature

Unit/Place of Employment

Telephone

PLEASE COMPLETE THIS FORM AS FULLY AS POSSIBLE. Remember, everyone may not be fully familiar with the activity. A clear description of the contribution of the nominee will assist the Committee to select the award winners. Military personnel, DND employees and dependants of all ages are eligible for nomination.

Completed nomination forms are to be mailed or delivered to the above address no later than 27 April 1984.



RECOMPENSES POUR SERVICES RENDUS A LA COMMUNAUTE FORMULE DE NOMINATION

19_

Le Major B.D. Brennan, QG (B) Président, Comité des récompenses pour services rendus à la communauté Base des Forces canadiennes, Winnipeg Westin, Manitoba R2R 0T0

1. Je propose:

NAS

Grade

M/Mme/Mlle

Nom de famille Prénom

Unité/lieu de travail

Téléphone

Ans

2. Le/la candidat(e) est proposé(e) pour le(s) service(s) non rémunéré(s) suivant(s) rendu(s) à la communauté:

- 3. Le/la candidat(e) est volontaire (), nommé(e) (), ou élu(e) (), au sein de son activité.
- 4. Il/elle a pris part à l'activité susmentionnée durant (préciser la durée, le nombre d'heures par semaine, etc., etc.).
- 5. Proposé par:

NAS

Grade

M/Mme/Mlle

Nom de

Prénom

Signature

Unit/lieu de travail Téléphone

PIERRE DE REMPLIR LA PRESENTE FORMULE DE LA FACON LA PLUS COMPLETE POSSIBLE. Rappelez-vous que tous les membres du comité en question ne connaissent pas à fond toutes les activités. Une description détaillée de la contribution du candidat aidera le comité à choisir les gagnants. Les militaires, les employés civils du MDN et leurs personnes à charge de tout âge peuvent être propòsés comme candidats.

Faites parvenir les formules de nomination à l'adresse susmentionée, avant le 27 avril 1984.



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CARNET FRANCOPHONE

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LE CALENDRIER

• SPECTACLE

9 et 10 mars "Je persiste et Signe . . . Brel" avec Danielle Oddera et Jean

Marchand, au CCFM à 2000h.

Homme de coeur, homme de scène, rebelle, poète; on l'a appelé toutes ces choses. Mais Danielle Oderra l'appelait simplement "ami". Danielle Oderra a rencontré Brel au cabaret de sa soeur Clairette à Montréal en 1961. Ils se rencontraient à chaque fois que Brel venait à Montréal et ils se sont écrits jusqu'à sa mort. C'est là que Danielle a décidé de célébrer l'homme et son oeuvre. Son spectacle est une véritable célébration de ce géant de la poésie et de la chanson qui croyait surtout dans la fidelité entre amis! Le spectacle vous fait connaître le Brel qu'ont connu ses amis.

• FILMS EN FRANÇAIS

- La CINESERIE, les lundi soir à 2000h au Cinéma Main, 243 rue Main. \$2.00 (étudiants \$1.00).

- 12 mars. "La Belle Emmerdeuse" de Roger Coggio

— 19 mars. "Le Vieux Fusil" de Robert Enrico - 26 mars. "L'Argent" de Robert Brisson

2 avril. "Cousin, Cousine" de Jean-Charles Tacchella.

Pour savoir la classification du film, veuillez appeler au CCFM au 233-8972, après 1300h le jour de la présentation.

- 7 mars au 31 mars. "Mythes et Mystères", Peintures de Robert Freynet. Au CCFM, 1000h à 2200h lundi au samedi, 13h à 22h dimanche. Vernissage le 7 mars à 2000h.

• THEATRE

- 23 au 30 mars, le Cercle Molière présente: "Ah, les Hommes!" de Françoise Dorin (adaptation de Claude Dorge et Irène Mahé). Mise en scène de Roland Mahé.

Deux femmes d'un certain âge, toujours gamines, fatiguées des hommes et de l'amour, vivent en solitaires jusqu'à l'arrivée de leur voisin, déserté par

Personnages comiques, situations drôles, petits complots amusants dans la lutte pour la domination entre les sexes, le tout servi avec verve et piquant. Au CCFM à 20000h. Réservations: 233-8972.

- Pour ceux (comme nous) qui s'aperçoivent que le vocabulaire français nous laisse, il y a une émission à CKSB qui est une excellente leçon de français. Il s'agit du "Marché aux Puces", de 1104h à 1130h du lundi au vendredi, où les auditeurs peuvent appeler pour offrir ou demander de divers articles usagers à vendre. C'est un marché "pouilleux" mais l'animatrice s'en sert pour corriger le mauvais usage de français et surtout des mots anglicisés. Par exemple madame veut vendre son "vaccum cleaner" et ses "blinds venitiens"; l'animatrice très habile vous répète ça tout de suite, mais en bon français. On se rend compte bien vite que la dame veut vendre son "aspirateur" et ses "jalousies (à lames mobiles)" ou "ses stores à l'italienne, ses abat-jours, etc". En tout c'est une émission bien éducationnelle.

• ASSEMBLEE ANNUELLE DE LA SFM

— "Vivre en français chez-nous" est le thème de la 15e assemblée annuelle de la Société franco-manitobaine, les 10 et 11 mars 1984. Choix de congrès (samedi et dimanche), ateliers (Nouvelle technologie, Politique, Education, Développement économique à base communautaire), banquet et soirée, pour membres et observateurs. Appeler la SFM 233-4915.

CHANSON FRANCAISE

 La Féderation culturelle des Canadiens-français vous invite au spectacle clôturant une semaine intensive de formation offerte à plus de 30 artistes de huit provinces canadiennes lorsque l'Ecole nationale de la Chanson populaire présente "En Spectacle" au Playhouse Theatre, 180, rue Market le samedi 24 mars à 2000h. Billets \$5.00 au CCFM, 247-4780, La Maison du Disque, 233-2169, et AECUSB, 247-5094. Pour de plus amples renseignements, téléphoner à Louis Paquin ou Lorraine Arel au 247-4780.

NOTE AUX FRANCOPHONES

On sait bien que notre Calendrier n'est pas toujours complet; il est loin de nous annoncer ou de nous tenir au courant de tout ce qui intéresserait les francophones. On reçoit très peu de participation ou même de commentaires de nos 300 francophones et leurs familles. Ne vous gênez pas; c'est votre calendrier, votre page cinq. Les rédacteurs aimeraient bien savoir s'il y a des lecteurs au sein de notre communauté. A bientôt!

MESURER VOS

• Combien de carreaux y a-t-il sur un cube de Rubik?

· Qui détenait le record pour le plus de points en séries éliminatoires avant Wayne Gretzky?

• Quelle est toujours la somme des faces opposées d'un dé?

· Quelle est la carte symbole de l'amour?

• Dans quelle ville se trouve le plus haut édifice d'Europe? · Combien de carreaux y a-t-il dans

un jeu de dames? · Quel journal exposa la conspiration

du Watergate? Quel sport exige le plus grand ter-rain de jeu de tous?

• Qui fut la première oborigène australienne à jouer au Tennis? Les solutions/réponses vous seront communiquées dans la prochaine édition de Voxair.

Je vais vous dire comment: Mon amant me dit que je suis belle Mais il me trahit comme un tel Menteur, avec une autre Plus belle. Faux apôtre!

Ann Elizabeth Carson



REFLEXION

La curiosité: voilà qui aide a identifier le courage.

VOUS ETES DE LA FACON

Les mots verbalisés sont symboles de l'expression mentale; les mots écrits sont symboles des mots parlés. Tous les gens ont une façon individuelle et personnelle d'expression verbale; tous les gens ont aussi une façon par-

ticulière et spéciale à eux pour écrire. L'écriture est donc le reflet de la personnalité. Elle est une projection de nos processus mentaux, de nos habiletés sur du papier. Le principle en est simple: le cerveau commande, le corps agit, exécute. La main ou, pour certains handicapés physiques, la bouche, les dents ou les orteils, tiennent le

crayon qui transmet les idées sur le papier.

Les spécialistes des sciences humaines, tels les médecins, les psychologues, reconnaissent aujourd'hui qu'il y a une corrélation, un lien certain entre la personnalité mentale, émotive et constitutionnelle d'un individu et sa façon d'écrire. Plus encore, ils y voient un degré de précision et d'objectivité plus élevé que dans les résultats des traditionnels tests psychologiques. Le Graphoanalyste n'est pas influencé par l'apparence et l'attitude extérieures d'une personne. Il est en mesure de déterminer la personnalité sans avoir jamais vu ou rencontrer ou même parlé avec cette personne. Il travaille uniquement à partir des traits de l'écriture.

Une question commune: quelle est la différence entre la graphologie et la Graphoanalyse? La graphologie est le nom générique donné à l'analyse de l'écriture. La Graphoanalyse est le nom de marque enregistré de l'étude scientifique des traits de l'écriture permettant de déterminer, d'identifier les traits

de personnalité d'une personne.

Il n'existe au monde qu'une seule organisation offrant le cours de Graphoanalyses, la seule aussi à avoir un code d'éthique ainsi qu'un centre permanent de recherche: c'est l'International Graphoanalysis Society (IGAS). Cette société autorisait en 1965 la Société canadienne de Graphoanalyse (SCG) (par contrat d'affiliation) à donner le cours de formation aux personnes de langue française. Toutes deux contrôlent la qualité de la pratique de ses membres.

La graphologie se limite à étudier la formation des mots alors que la Graphoanalyse s'attarde à étudier chaque trait, chaque crochet, chaque degré d'inclinaison d'une lettre de l'écriture. Nombreux sont les ouvrages de référence sur la graphologie, écrit par différents auteurs; il est facile de se les procurer dans une librairie ou une biliothèque. Cela amène un risque élevé d'erreurs puisque ces ouvrages se contredisent et manquent de précision. Par ailleurs, il n'est pas possible de trouver des volumes de Graphoanalyse dans des magasins publics. C'est tout simplement parce que seules l'IGAS et la SCG les fournissent à ceux qui en sont membres. Pourquoi? Pour protéger le public; pour assurer l'intégrité de la pratique professionnelle des Graphoanlystes. Lorsque vous consultez un professionnel, tels un avocat, un psycholoque, un notaire, vous vérifierez sa compétence en la matière. Comme consommateur de services, vous vous assurez que ce professionnel possède une accréditation valide. Le Graphoanalyste a sa carte de compétence. Demandez-la lui et exigez des références.

Cette science de la Graphoanalyse vous est accessible soit en recevant le cours de formation par la SCG ou en l'utilisant pour l'analyse de votre propre écriture. La rédactrice du "Carnet francophone" est en mesure de vous en dire plus long.

Don Quichotte a dit un jour: "La plume est la langue de l'âme".

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COMMANDANT CFANS KINDAPPED (THE FINAL SAGA)

As the Adjutant looked around the dimly lit bar he could see several camouflage clothed men, glasses in hand, but no sign of the Commandant. "First things first," he thought as he ambled over to the bar. "Let me have a Millers, please." The liquid felt cool and refreshing as he took a mouthful, then turned to face the Commandos. At that moment the Commandant emerged from the washroom, a sheepish grin punctuating his features. His face was probably flushed, but it was hard to tell under all that makeup. "Are you all right, Colonel?" quered the Adjutant as he approached his superior. "Of course I am, Keen," slurred the Commandant as he wrapped his arm around the neck of his trusted assistant. "I'd like you to meet the Lieutenant-Colonel here, the Boss Man of the PPCLI, and the Major here, the PMC of this mess, mess, ha, ha, get it, MESS," Gourd chortled as his glass slipped between his fingers and shattered on the floor.

The PMC of this alien mess soon got to the point. "You may have your Commandant back, but first he and yourselves must pass a test of strength and stamina. His eyes swept upward and came to rest on a rather strange piece of equipment. It looked much like an old wagon wheel which was suspended horizontally from the ceiling by a %-inch steel rod that passed through the centre hub and was secured by counter-torqued bolts. Radiating outward from the centre hub to the steel banded rim of the wagon wheel were eight heavy wooden spokes.

"You first, Commandant," rasped the evil looking Major, "but first I'll show you how it's done." He grabbed two of the spokes with his hands, then swung his legs skyward wedging them between two spokes on either side of the central hub. He then released his hands and hung vertically, suspended by his feet, his head a mere 6 inches from the floor. One of the Commandos placed a full glass beneath the Major's head, then reached up and spun the rim, causing the Major to rotate in an inverted position. He then reached up (down), grasped the glass in his hand and proceeded to drink the contents down (up). Upon completion, the Major reached down (up), grasped the spokes, released his ankles and stood "Your turn Commandant."

The wily Adjutant was tempted to end the whole thing now, but sensed that this may not be the best time. After all he could not let his Commandant be bested by a Major Grunt. He remained back, biding his time.

Soon the Commandant was in place, giggling gleefully, as he hung upside down from this bizarre contraption. The glass was in place and the rim given a spin. Even in his drugged state, the professionalism of the Commandant shone through. "Northern hemisphere, coriolis causes a force to the right so to counter it pour to the left," he thought as the liquid filled his earhole. "No, wait, I am spinning clockwise like a gyroscope, so, according to the right hand rule I must attempt to pour the liquid into my nose to get it into my mouth." Once again his aerospace systems training came into use. "Darn," he said as the liquid filled his nostrils. But the medication and spinning torture had taken their toll. Suspended inverted like that allowed the force of gravity to act on

his stomach in a most unusual manner. The stomach contents were being forced against the bottom (top) of his stomach instead of the top (bottom) and was creating an almost uncontrollable urge to throw up (down). The Commandos were quick to spot this developing problem and quickly freed him from his imprisonment.

The festivities continued fro the next four hours. The wheel now became a challenge to overcome and many of the mess visitors jostled with others to get a shot at it. Major Blue Serge strained the fluid through his bushy mustache before filling up his sinus cavities. "Get me down (up)," he sputtered as several rushed to his aid. Capt. Konan MacFerinand experienced little difficulty in quaffing the liquid in an inverted position for he had considerable experience in drinking in various postures. It looked as if the game would end there as MacFerinand quite liked hanging by his ankles and wouldn't come down. It was only when he tried to light his pipe as he hung there dropping burning pipe tobacco everywhere that he could be convinced to remove himself from the wheel.

While some entertained themselves at the wheel, Capt Pale Pelican was busy practising pool shots. He successfully combination an Officer Cadet into Maj Tom What who in turn nicely caromed into the buy a-round bell. The cheerful sound reverberated through the Mess as several dozen happy revellers bellied up to the bar. As he reached for his change purse, Maj What looked over at Capt Pelican and communicated visually some holy words. Capt Pelican understood, for he could read lips.

Throughout the merriment, the Adjutant remained unobtusively to the rear so as not to attract undue attention. Soon it would be time to depart, but first he would take advantage of the large platters of lasagne that had been brought into the outer anteroom by a white smocked Corporal and which were now being served. He located the Commandant who was busy trying to convince the PMC that he should be given another try at the wheel, and guided him into the anterom. A little food would undoubtedly dissipate the effects of the alcohol, and hopefully aid in a successful and timely departure.

It was obvious to LCol Grassland, CO of 2Bn PPCLI that things were not progressing as planned. During previous encounters with other units. a few hairs of merriment, and several encounters on the dreaded wheel discouraged even the most ardent. Why, just a few weeks ago they had lured the fiercesome 429th to the PPCLI mess and had vanquished them in a few short encounters on the wheeel. Of the several 429'ers who tried to mount the wheel, only the CO, LCol Mark Truro came close, and he managed only to wedge one leg in for a few seconds before it slipped free. Fortunately there was a large stack of prone pilots beneath the wheel to break his fall. But these navigators seemed to defy any previously established norm. Here, five hours later, they were going strong and seemed to be gaining momentum. Simply hanging from the wheel had long since lost its challenge and these demons from CFANS were looking for ways to make it more difficult. Grassland looked around frantically in search of a solution to this predicament. "Do you think that if we asked their Commandant nicely, he could convince his people to leave?," LCol Grassland queried hopefully of his 2i/c. "Not likely," the Maj replied glumly. "Just as their Adj was leading him from the bar to the anteroom for a little food, the LCol made me promise that we'd try a foursome on the wheel! But their Capt Edge seems a together sort of chap with some influence. Perhaps he'd help us."

It was rather ironic that at that very moment, as Edge sat finishing his lasagne he was thinking that he'd had enough of this. But it was apparent that the Commandant had not, as he sat smiling from ear to ear and commenced a third plate of lasagne.

Soon Grassland and his 2i/c found the Adj. "We admit that we underestimated your abilities, and ask of you that you end it. At the present rate of consumption there will be little food and refreshments left for our mixed TGIF this evening.

Edge was a compassionate person and this did suit his own plans, so he agreed to help. It was obvious that the key would be to remove the Commandant and the rest would follow. But how to convince the Commandant that it was time to go, for he still wanted to play? "Col," queried the Adj. "Do you still have the silk bag that you had placed over the Commandant's head?" The Adj knew that, above all else, LCol Orbes was an airman, and he would challenge those instincts to get him from the mess. Soon the Adj had silk bag in hand as he made his way to the Commandant. "Sir, these men believe that Navigators, like pigeons cannot operate at night. With your ASC background, I thought that you'd like to demonstrate a little IFR navigation "under the hood" for these sceptics." Gourd could not resist a challenge at the best of times and quickly accepted. He was turned several times with his eyes shut then the sack was placed over his head. "The object of the game is to mentally keep track of your motion so that you can tell where you are after being led around a little." Gourd had done this before and was confident that he could do as well again. He felt the coolness of the evening as his Adj led him out the front door to the waiting car.

'Aha," thought Gourd, "they're leading me through their walk-in freezer. Must be a large one to accommodate a car." A short time later, Capt Marque Goodlake, the Adj, and LCol Orbes were proceeding northbound on Kenaston Blvd and would soon stop in front of Bldg 84, where the Commandant's car was parked. LCol Orbes was busy calculating his position in the back seat. "Lucky that the moon is up which allows me to take continuous lines of position," he mused as the street lites under the overcast sky shone dimly through the hood. "... at this rate of speed, and given those turns, I calculate we are at Portage al Prairie," he concluded as Goodlake screeched to a halt in front of Bldg. 84. The hood was removed and Gourd's eyes came to rest on his gold colored oldsmobile. "Amazing. How did they get my car here? Well no matter, I best be on my way" Salutations were exchanged and the two automobiles departed for home. The older Buick turned west towards the homes of the Adj and Capt Goodlake, while the Olds turned east, towards Thunder Bay!



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AIR COMMAND BAND **GIVES CONCERT 16 MAR**

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Since its formation in 1947 the Air Command Band has had a varied and exciting existence.

It was originally formed in Edmonton as the North West Air Command Band and has since gone through a number of changes and moves.

The first of these came in 1954 when the band became the Tactical Air Command Band. Five years later it was designated as the Training Command Band in Edmonton. In 1964, the band moved to Winnipeg along with members of the former Air Transport Command Band from Ottawa. Four years later the Royal Canadian horse Artillery Band in Winnipeg was amalgamated with the band. On Sept. 2 1975, it was renamed the Air Command Band.

In the past decades the band has performed on numerous occasions for royalty and heads of state as well as performing at public concerts and military

ceremonies in Canada, the United States and Africa.

The band played at the Military Tattoo of the 1962 World's Fair in Seattle, Washington and participated in the Canadian Centennial Celebrations. They also assisted with the festivities at Expo '67 in Montreal and Pan American Games in Winnipeg in 1967.

In 1983, the band did a six-week tour of five European nations entertain-



WINNIPEG — Military Police and the Air Command Band will host a benefit concert at the Centennial Hall, Friday, March 16, 8:00 p.m., to raise money for blind and handicapped children.

Special guest stars for the concert will be Winnipeg's own big band man,

Ron Paley and celebrated soloist, Pauline Lamoureux.

The two-hour concert will feature martial music, pop, and swing tunes by the 38-member air force band as well as piano solos by Ron Paley and vocal medleys by Pauline Lamoureux. Proceeds from the concert will be administered by the Military Police Fund for Blind Children and will be used to: aid research into eye disease; provide specialized equipment for hospitals and clinics, and, to improve the quality of life for blind children.

Tickets to the performance are priced at \$7.50 and \$5.50 and are on sale at all ATO outlets. A limited number are available through the Military Police at Canadian Forces Base Winnipeg, telephone 832-1311 extension 565.

Canadian Military Police shoot from the heart in their attempts to improve the lives of blind children across the nation.

Each year the peacekeepers set their sights on fund-raisers which generate up to \$100,000 annually for research, equipment and improvement of social conditions for children suffering eye disease or blindness.

Efforts are made to distribute funds back into the regions where they were collected and the St. Amant Center in Winnipeg is an annual recipient of more

than \$3,000 in grants.

For the past three years, the Winnipeg military police have abandoned tag days and bingos as sources of revenue and sought the assistance of the Air Command Band in holding a Big Band Ball. Proceeds have ranged from \$1,500 to \$4,200 over the three years and Winnipeg agencies have benefitted greatly

In 1980 the Children's Hospital, Health Sciences Center, Winnipeg, received two special instruments vital in diagnosis and treatment of eye disease. The

Fund provided \$23,580.

In addition to the annual grant the St. Amant Center also received a grant of \$7,050 towards a new bus and \$600 for an environmental control switch which allows handicapped children to perform simple tasks like turning on

But money can't buy everything the children need, and so military police, men and women give of themselves to arrange outings for the children and add a dimension to their lives outside of the schools and institutions they attend.

RON PALEY

Composer/arranger, session musician, and band leader, RON PALEY'S credits include road-work with major big bands, album work, composition (including symphony orchestra commissions) and directing the stage band at his alma mater, the University of Manitoba.

After graduating from the U. of M.'s School of Music in 1971, RON spent a year studying jazz at Berklee College in Boston. His studies were interrupted by an invitation to join the BUDDY RICH BAND for their 1973 tour of the U.S., England and Australia. He was on the road for eight months.

After grabbing a little rest, he was back on the road again, this time with WOODY HERMAN. His year with the "THUNDERING HERD" included a two-month tour with FRANK SINATRA, as well as performance work on two albums. He also performed on one cut of SINATRA'S album, "THE MAIN

In 1975, RON returned to Winnipeg to form the RON PALEY BIG BAND, and to concentrate on writing and arranging. Two years later, his first album, BOXTON, was released by NEPTUNE RECORDS and sold to LONDON RECORDS OF CANADA.

His composition credits include many works for the RON PALEY BIG BAND, as well as two compositions for symphony and jazz ensemble commissioned by the WINNIPEG SYMPHONY ORCHESTRA.

Today, RON continues to lead a very active musical life from his Winnipeg base as a composer/arranger, session musician and band leader.

PAULINE LAMOUREUX — VOCALIST

Miss Pauline Lamoureux has been singing professionally for six years with numerous local bands including the RON PALEY BIG BAND. A regular singer in recording studios, she has been the featured guest vocalist on numerous local TV and radio shows, including JIMMY KING PRESENTS and THE PHIL

She was also the featured soloist on the local album MAINSTREAM which was produced by WORLDWIND PRODUCTIONS.







The Twenty Minute Workout

When a New York photographer named Ron Harris moved to Los Angeles, he decided he wanted to change more than his address he also wanted to change his

The first thing he did was quite smoking. The next thing he did was join an aerobics

So delighted was he by his improved physical condition and renewed vigor, he vowed to bring the aerobics story to everyone!

So, using his considerable skills as a cinematographer, he created a video cassette entitled "Aerobicise" which readers of this column will remember from a review we did a few months back.

"Aerobicise" created an instant impact: it was fresh, visually stunning, and very, very sexy! And while it was perfectly suitable for the home rental market, it was little too much for public broadcast.

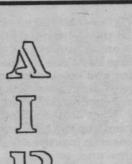
But Harris wanted to spread the aerobics message to the widest possible audience. Thus, he decided to create a toned-down version TV stations could air with both confidence and impunity.

The show would be called "The Twenty Minute Workout", would retain the distinctive visual and musical styles that helped make "Aerobicise" so appealing but would concentrate more on demonstrating exercises than exploiting the beautiful bodies that result.

Harris called Dalton/Fenske and Friends Ltd., a well-known television production company in Toronto and asked if they'd take on the job of producing 65 half-hour programs in 15 days in conjunc-tion with Orion Television in

Los Angeles.
"It's probably impossible to produce 65 of anything in 15 days," laughs Chris Dalton, but his company, known for bringing projects in on-time and on-budget, took the assign-ment - and did it!

"I must say we had some difficulty getting girls to audition for the show with our story that we were doing a program called 'The Twenty Minute Workout' that was 30 minutes long. And after we did audition over 150 girls, we had to find 9 who would be physically able to do the job in our production schedule."





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"Some people complain that the show is still too sexy," says Dalton "but it isn't at all. It is a very good aerobics workout."

I agree. When you see the three slim women who lead each show in their colourful but very conservative exercise outfits highlighted against a white background, your first reaction is "My-oh-my!"

But on closer examination and you will give it closer examination - you'll see the program offers nothing suggestive or offensive.

The program's exercise value: excellent! You warm up, exercise every major muscle group, jog through the commercials, and cool down.

Many women have written the producers to say the show has helped them a great deal. And while many men would feel a bit sheepish doing "The Twenty Minute Workout", I know some who have tried and but full of respect for the trim women stars of the show.

And for aerobics. Russ Kisby is President of PARTICIPaction, the Canadian movement for personal fitness.

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The above offer is not available for services such as Video Membership, Movie, drycleaning and photo finishing.

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NAVIGATORS SURVIVE THE ELEMENTS



WINTER SURVIVAL — Officer Cadet Larry Arnold, 24, of King City, Ont. prepares a signal fire during winter land survival training in the Rocky Mountain foothills. He is one of 29 American and Canadian air force personnel to attend the two-week course near Hinton, Alta. Officer Cadet Arnold is stationed at Winnipeg as an air navigator. His mother, Marie Arnold resides at 103 Keele St., King City. (CANADIAN FORCES PHOTO by Sgt. Dennis Mah)

OLD BUT NOT OUT



PRACTICING THE BASICS — Chief Warrant Officer Paul Gregoire, 53, currently serving at Air Command Headquarters in Winnipeg, learns how to pull on a "rear slip" which while parachuting will slow down the rate of descent during a practice session in the flight trainer at the Canadian Airborne Centre in Edmonton. Thirty-eight members of the Canadian Forces, regular and reserve, are taking part in a special three-week intensive basic parachute course at the Canadian Airborne Centre. (CANADIAN FORCES PHOTO by Sgt. Dennis Mah)



PROUD JUMPER — Lieutenant-Colonel Terry Senft, 40, of Hodgeville, Sask., Commander at 73 Communication Group, Winnipeg, prepares himself for landing during parachute manoeuvres on the 11 metre Mock tower at the Canadian Airborne Centre, CFB Edmonton.

Thirty-eight members of the Canadian Forces, regular and reserve, are undergoing a three-week intensive basic parachute course. L Col Senft is the son of Mr. and Mrs. Wally Senft of Hodgeville.



WINTER SURVIVAL — Officer Cadet Peter Lipohar, 23, of Port Dover, Ont. dons his snowshoes during winter land survival training in the Rocky Mountain foothills. Lipohar is one of 29 American and Canadian airforce personnel to attend the two-week course near Hinton, Alta. He is stationed in Winnipeg as an air navigator. His father, Stefan Lipohar, resides at 8 Drayton St. in Port Dover. (CANADIAN FORCES PHOTO by Sgt. Dennis Mah)



SURVIVAL TRAINING — Second Lieutenant Trent Morrisey, 26, left, receives instruction on the construction of a shelter from Captain Chris Smith. Capt. Smith is a Canadian Forces Survival Training School instructor at Canadian Forces Base Edmonton. 2Lt. Morrisey is currently in training as an air navigator at CFB Winnipeg. The winter survival program is held near Hinton, Alta. in the Rocky Mountain foothills. It is normally given to all aircrew members to help them survive in the event of an aircraft crash.

Captain Smith is the son of Mrs. Jean Smith, Park Street, Truro, and 2Lt. Morrisey is the son of Mr. and Mrs. Robert Morrisey, 8 Royalty Street, Truro. (CANADIAN FORCES PHOTO by Sgt. Dennis Mah)



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IN MEMORIUM



An honour guard from H.M.C.S. Chippawa in Winnipeg remove the White Ensign from the casket of Lieutenant Commander John Pegg. John Pegg had over 40 years of active service in the Royal and Royal Canadian Navies. Lieutenant Commander Pegg started his career in the Royal Navy as a boy seaman, at age 15.

> JOHN PEGG January 27, 1897 - January 23, 1984 Burial Service - January 27, 1984 Holy Trinity Church

Lieutenant Commander John Pegg was born in Sheffield, England, in 1897. He joined the Royal Navy when he was 15 years old and remained in the British Navy for 25 years. In 1937, after retiring from the Royal Navy, he and his wife Doris and his four children were invited to come to Canada, so that he could become a member of the Royal Canadian Navy.

He recruited and trained over 7,000 young men for the Canadian Navy during the Second World War.

He was and continued to be well respected by the Canadian armed forces.

He was decorated many times during his navy career. He is survived by his wife Doris, and his children Sheila, David, Barbara

and Marilyn, 12 grandchildren and 3 great-grandchildren.

He was a member of Holy Trinity and St. Bede's Churches. His faith was strong and through his life he served his Lord well.

Well done good and faithful servant.

R.I.P

"I have fought a good fight I have finished my course I have kept the faith.'

2 Timothy 4:7

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DRESSING

Creamy Garlic Dressing 1/2 cup evaporated milk

1-1/4 cups unflavored yogurt 1 tsp each Club House garlic powder, rosemary,

oregano, basil, dill seed and sage

Combine all ingredients in a blender jar and puree until smooth. This is delicious on baked potatoes, cooked vegetables or as a fresh vegetable dip, as well as on crispy salad greens. Makes about 1-3/4 cups.

Creamy Onion Dressing

Substitute 1 tsp Club House onion powder for the garlic powder. Try this as a substitute for traditional mayonnaise.

Get an early start on your lawn and garden planning. Our outdoor store opens Friday March 9th.

CANEX SERVICE STATION HITS TOP TEN IN MANITOBA



1. to r. Eric Brown, Louise Belliveau, Ike Friesen, John Fenn (Gulk Sales Rep), Paul Quinn, and Roger Ryplanski. Missing from the photograph is Mike

During a Service Station Seminar hosted by Gulf Oil Company at the Birchwood Inn, Mr. Paul Quinn, the Service Station Manager for Canex, was pesented with Gulf's BRONZE "50 PLUS" plaque for achievement in sales of Gulf products. According to Mr. Quinn the high sales figure was due to the over 400 Gulf Tires sold and installed this year by Canex. Mr. Quinn candidly quipped, "When you got a real good product at the best price in town, how can you miss?"

SADIE HAWKINS WINNER ANNOUNCED

Mrs. Carol Matthews of Listowell Drive, Westwin, is the lucky winner of Canex's Sadie Hawkins Video Tape draw.

For the next twelve months, Carol has won a free movie tape with every tape rental.

The contest, featured with a full page ad in the last Voxair and promoted within the Store attracted over two hundred entries.

A PLEASANT TASK



Shown above is a happy MCpl Louise Gauthier being presented her Sergeant chevrons by Col Thatcher, Command Surgeon Air Command. Louise has been Chief Clerk, in Command Surgeon Division, since her arrival in Jul 83. She is being transferred within the Division to a Sergeant's position in Medical Finance. Louise is presently on her TQ6A Course in Borden. Well done Louise.

ST. PATRICK'S DAY 17 MARCH 84.





2 PPCLI





TO THE KITCHEN STAFF (2 PPCLI) WITH THANKS

The President of the South side Community Council, SGT J. P. JOLIN (Left), presents a plaque to the kitchen staff of Kapyong Barracks - 2 PPCLI represented by the QMS WO R. G. MacFarlane and Sgt J. J. G. Hipson in the presence of the CO 2 PPCLI LCOL B. W. Ashton. The presentation was to outline the fine efforts and support by the kitchen staff towards the South side Community activities during the past year.

SUPER DAILY **SPECIALS** AT CANEX

SNACK BARS 90 - 21 - 16 - 12

Mon — Hot Beef Sandwich & Fries	Reg. 2.80	Special 2.20
Tue — Grilled Cheese & Fries	Reg. 2.05	Special 1.50
Wed — Trudy Special	Reg. 2.40	Special 1.90
Thur — Fish & Chips	Reg. 2.85	Special 2.25
Fri — Hamburger & Fries	Reg. 2.20	Special 1.60

SNACK BAR #90 DAILY BREAKFAST SPECIAL

EGGS & BACON, HASH BROWNS, TOAST LETTUCE & TOMATO, **COFFEE & REFILLS**

\$1.90

KITCHEN STAFF RECOGNIZED WINTER TRAIN

Christmas cheer is gone, thats why BHQ is back and at'em in the new year. Since the Battalion is in it's Germany configuration (THATS ARMY FOR PRE-ROTATION SLUMP), BHQ has undergone a total change. Redistribution of personnel means new faces for BHQ. Winter indoctrination in Shilo from 04 to 14 December 83, has made everyone aware of what they can do with the equipment provided, so discovered Pte "WHERE ARE THOSE MILITIA TYPES" Hamilton, who found out that, yes, the skidoos do have a reverse gear. The 10 day training period in Shilo proved to be a cold one, but even through all the snow and shivering winds, a few members of Sigs Pl found themselves quite at home in their tent, complete with TV, radio, and electrical heater. A lot was taken in during this training phase as BHQ personnel got themselves sorted out in preparation for Rapier Thrust

Rapier Thrust 84 proved to be a good exercise. The majority of BHQ found themselves in their home away from home, Camp Wainwright, Alberta, for three weeks. Week one went by very quickly with new personnel involved in high speed heliborne winter operations. The second week of the training cycle was highlighted when a handful of elite troops from BHQ did a knock-em-down-drag-em-outcloak and dagger type patrol against 1 PPCLI and came home singing, "Has Anyone Seen The Colonel. Soldiers sometimes do profit from war, as the few elite troops collected their prizes with happy faces. Other personnel from BHQ did some skijouring and MCpl Conway thought it to be more fun to be pulled through the snow without skis. Warrant Officer Decoste had a great idea for the lumber industry, but discovered that a rope dragged behind a skidoo in the woods does not pull down trees. Brightly colored toques with Pom-Poms were the fanfare of the third week. The RSM thought it wise to have a couple of bodyguards, so Cpl "I'LL HAVE TO ASK THE RSM" Boone and Cpl "DO YOU HAVE AN APPOINTMENT TO SEE THE RSM" Davies, thought it their duties. The whole three weeks in Wainwright has made BHQ into a tight working team. On returning home to Winnipeg, BHQ personnel are now looking forward to learning new skills during the Primary Combat Function cycle.



2 PPCLI Armoured Defence Platoon on maneouvers - Ex Rapier Thrust



Gee it sure is a funny looking ski-doo you have here" — Enemy force vehicle of 2 PPCLI on Exercise Rapier Thrust 84.



2 PPCLI on the move on winter



A Company, 2 PPCLI conduct air ing during Exer cise Rapier Thrust 84.

MILITARY ENGINEERS

After a good showing in the Kelly Corporate 25km Realy last fall the Mike Whitty and Capt Don Lovell of Military Engineers Running Team DCOS MILE. The Cabin Fever Cup Corporate 25km Realy last fall the was out in force on Saturday, 18 February to compete in the 2nd Annual Great Grain Relay. 83 teams consisting of 5 members each gathered at the Max Bell Centre indoor track at the University of Manitoba to compete in the grueling two hour run.

The object of the race was not to be the first team across the finish line but rather to be the team which completed the most number of laps. Running for the engineers were MWO Nelson Porteous, WO Earl Hughes

and Capt Jim Waite of 1 CEU and Maj was captured by the Arctco Canada Ltd. team who completed 183% laps. The engineers running squad finished 15th overall with 168% laps. Registration fees and other monies collected were donated to the Ronald MacDonald House.

The next challenge for the engineers will be the Manitoba Marathon relay. A challenge is presented to any other unit to a field a team.

School Notice

Registration of pre-school children will take place at Jameswood School on:

Thursday, March 8, 1984 9:00 a.m. - 12:00 noon and 1:30 - 4:00 p.m.

Children five years of age before January 1, 1985 (those born in 1979) will be eligible to register for kindergarten.

It is necessary to present a birth certificate or baptismal certificate at the time of registration. Birth certificates for children born in Manitoba may be obtained from:

> The Division of Vital Statistics 104 Norquay Building 401 York Avenue Winnipeg, Manitoba **R3C 0P8**

Please have the child's immunization record along at the time of registration. The local health unit will assign a school nurse or volunteer aide to assist parents in completing the health record forms.

> Mr. G. Brown Principal

DEFENSIVE DRIVING COURSES (DDC) CFB WINNIPEG DEPENDAN

Every Wednesday

at 8:00 p.m.

in Building 21

50¢ a Card

\$1,000 Jackpot

Again this year as in the past years, the Base Transportation Safety Section is conducting Defensive Driving courses for dependants of both Military and Civilian employees of CFB Winnipeg

We are hoping that advertising via ROs and the Voxair will generate enough interest to conduct several courses through the winter months. CFB Winnipeg is fortunate in having an ample number of well qualified DDC Instructors who are more than anxious to pass on their knowledge. Here are the details about the upcoming courses:

Dates - 27-28-29 March 84 Times - 1900 hrs till 2200 hrs Location — DDC classroom Bldg 87 CFB Winnipeg

The course consists of eight one hour sessions, with the first 3 hours being taught the first night, the next three hours the second night and the final two hours the third night.

A student must attend all eight sessions to receive his/her graduation card. See you in Class!

Students - Maximum of 20 students per course Fee — Your enthusiasm is all that is required Canteen Dry - Coffee, cigarettes, etc are available Registration -Please contact the MSE Section at 832-1311 Loc 742 between 0800-1600 hrs on week days

SOUTH SIDE

Part of the responsibilities of the Community Council(S) is to support youth activities such as the Scouts, the Beavers, the Cubs, and the Guides and Brownies within our community. Presently, the Scouts group has very few members participating in their activities, thus making it more difficult to run an interesting and challenging organization. A special request is made to the residents of the south side married quarters who have dependants interested in any of these groups to go out and attend their meetings and support their organizations. The meetings for these groups are held at the Rec Centre(S)/Lipsett Hall early in the evening during the week.

Necessarilly, along with the young participants, there is always a constant need for leaders to coordinate their activities; without them there is no hope such organization can survive, and they are important for the youth of our Community. Personnel interested to join any one of these groups as participants or leader are encouraged to contact the following:

Scouts: Sgt L. E. Jollimore, 489-9125/888-3189.

Cubs & Beavers: Sgt Tweed, Loc. 517.

Guides & Brownies: MCpl D. O'Brien, 489-2905/889-0848.

104th Scouting Group FLEA MARKET March 31, 1984 LIPSETT HALL

Check off your reason for being there:

- ☐ The kids got so much for Christmas some of the old stuff has got to go.
- ☐ The car hasn't fit into the garage since August.
- You're moving (overseas?) so its "clean out time."
- You're not moving and the 'junque' is backing up the basement stairs.
 - write in your own special reason.

OTHER FEATURES

- Kids tables \$2.50.
- "Too big to bring" list for those dishwashers, boats or vehicles.
- Free babysitting.
- City-wide publicity draws a large buying crowd.
- Raffles; games; contests.
- Free pick-up on donations.

RENT YOUR TABLE NOW!!

only - \$10.00

call Barb Miller - 489-7077 - Ed Masiuk - 489-9566

PROTESTANT CHAPELS

THE CHAPEL OF THE GOOD SHEPHERD,

corner Whytewold and Silver - North Side:

- Divine Worship: 11:00 a.m. Sundays Sunday School : 11:00 a.m. Sunday
- Nursery
- Choir Practice: 7:00 p.m. Thursdays

THE CHAPEL OF ST. ANDREW, corner Grant and Kenaston

- Divine Worship: 10:30 a.m. Sundays
- Sunday School : 10:30 a.m. Sundays
- Nursery - Choir Practice: 7:00 p.m. Thursdays

BAPTISMS: By appointment, 832-1311, Loc 417.

MARRIAGES: By appointment, 30 days notice required.

BIBLE STUDIES:— 7:00 p.m. Mondays — Chapel of the Good Shepherd — 10:00 a.m. Fridays — Chapel of the Good Shepherd

LADIES GUILD: — 1st Monday each month at 7:00 p.m. — Chapel of the Good Shepherd

COUPLES CLUB: — 4th Friday each month at 7:00 p.m. — Chapel of

the Good Shepherd

CHAPLAINS:

G.E. Tonks — Base Chaplain (P) — 832-1311, Loc 417

S.C. Fowke — Chaplain (P) (North) — 888-5175 G.W. Lanctôt - Chaplain (P) (South) - 888-9036

Our Lady of the Airways CWL Shamrock Tea & Bazaar March 17 from 12:00 - 3:00, CFB Westwin -Hercules Lounge.

NOTICE

We will have a fish pond, childrens' table, plants, crafts, baking, tea room, white elephant table & door prizes.

Join the human race. We're all out running in the park.





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HELEN



ST. JAMES LIONS

Two generous donations have been made by the St. James Lions Club to the Health Sciences Centre.

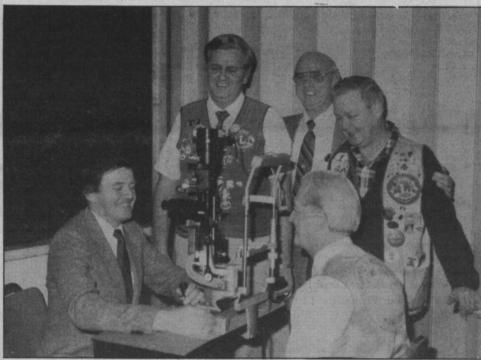
An apnea gas monitor valued at \$2,800.00, donated to the Children's Hospital Home Care Department for use in the home, is used to monitor breathing in babies with certain respiratory difficulties.

An Ophthalmic Bio-Microscope valued at \$11,000.00, donated to the General Hospital's Ophthalmology Department, is used in eye examinations, magnifying the eye and allowing the ophthalmologist to examine the eye surface and look inside the eye to detect problems.

The Health Science Centre is grateful to the St. James Lions Club for their continuing interest and support over the years.



Lion Fred Maher, Lion Jack Miller, Dr. Fergus Leahy, Neonatologist, Children's Hospital H.S.C., Lion Pres Pat Leroy, Lion Bob Hope.



Dr. Arni Laxdal, Acting Head of Ophthalmology H.S.C. Lion Bob Hope, Lion Fred Maher, Lion Jack Miller, Lion Pres Pat Leroy.

1. On 8 November 1983, the Winnipeg Area Military Police hosted a Prairie Region Military Police Mess Dinner in the South Side Combined Mess Hall. The Chief of Intelligence and Security, MGen Pickering, was the Guest Speaker. The dinner was attended by 128 military police personnel, including 68 junior ranks, representing 23 units from CFS Sioux Lookout to CFS Beaverlodge. For many of these personnel, it was their first mess dinner and their positive comments will no doubt result in this type of event becoming an annual event in Prairie Region.

2. With a little less than one month's notice to plan the event, it was only made possible by the excellent cooperation of the Base Commander, CO 2 PPCLI and the various base services involved.



Pictured above from left to right are LCol Stevenson, SSO SECUR, AIRCOM HQ, MGen Pickering, CIS, NDHQ OTTAWA, Pte(W) Stutt, Vice PMC, CFB Portage la Prairie, and CWO Lovoie, PMC, Western Detachment SIU, CFB Winnipeg. Enjoyin refreshments prior to the Mess Dinner.

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FOR SALE

1 flip-out sofa, exc cond \$60. Table with 2 shelves on casters, suitable for TV or stereo stand, wood-grain finish \$20. 9 x 12 green shag rug \$25. Wooden 4 shelf TV or stereo stand, gd cond \$30. Child's table with arborite top, \$10. Child's spring horse \$5. Ph. 889-4291

Wooden wardrobe dresser with small closet on one side, 3 ample dressers & cubbyhole on the other side, \$90. Ph. 889-4291

Two Bell helmets, sizes 6-7/8 and 7, \$60. ea. Ph. 489-5479.

1972 Oasis Cabin Trailer, fridge, stove, toilet, pressurized water system, sleeps 5, \$3,000. Ph. Gary at 489-8214 or loc 520.

Colour computer 64K, joy sticks, cassette, word processor, utilities, lots of games. Call Mark at loc 156.

Hotpoint Humidifier \$55. Dresser \$60. Bamboo Curtain \$15. Double Bed \$70. 2 Toyota 14" Wheels \$25. ea. 150 lbs weights \$35. Exercise Bench \$20. Size 8 goalie skates \$45. Phone 885-2980

Two young budgies (yellow & blue) with cage complete, all for \$15. Ph. 885-6805.

One Mummy-style sleeping bag, like new; backpack with frame, \$45. for both. 489-8575

1 pair of pull-on leather boots, brand new, never worn, mens 8 or ladies 10. Regular \$70. Will sell for \$35. 1 Clairol Mist Hairsetter, brand new, used twice, \$35. 1 Minolta Hi-Matic F 35mm camera, exc cond two years old, case and flash included will sell for half price, \$70. Ph. 888-1491

Two bugie birds & cage for sale. Price \$45. o.b.o. Ph. 837-1502.

14 x 10 aluminum slot wheels never used, \$70. for Chevy. Intake manifold for Chevy 250, \$25. Ph. 885-2591

Used S3 Uniforms, all as new:

1 greatcoat, size N12, \$20.

1 gab raincoat, size N12, \$17.25 1 pr pants, size N12, \$8.25

2 tunics, size N19, \$33./both

1 Jr. Officers cap, size 7-1/8, \$15.

Will sell separately or with 2 1/s shirts, size 16-33

2 s/s shirts, size 16

2 ties, the lot for \$95.

Call Tom at 1-882-2361.

LOST

Ladies gold watch, Westwin Curling Club on Monday, Feb. 27th. Reward \$50. Ph. loc. 788 or 895-1289 after 5 p.m.

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1978 Z28 Camero. 350 4 Barrel, 4 speed, Headers. P.S., P.B., All guages, clock, Rear window defogger. Cruise control. AM/FM Cassette Stereo with Equalizer. Gold Seat covers. The car has Green Metallic Paint/Black Interior. B.F. Goodrich 60 Series white letter Radials. 64,000 kms. This car is in very good condition. Asking \$5000. Please phone Rick at 888-5618 after 5 P.M.

1980 Pontiac Sunbird Sport V6 auto, buckets & counsel, 19,000 miles with new all-season radials, \$5195. o.b.o. Ph. Bill at 489-7515 after 5 p.m.

For sale 81 Chevette, 4-d, hatchback, a.t., AM radio, rear window defrost, new radials, one owner, like new, \$5,150 O.B.O. 895-0073.

1981 Suzuki Jeep 4 wd convertible, 36,000 km, exc. cond. \$4,000. Ph. 837-6001 after 5 p.m. or loc 277 and ask for Capt. Marcotte.

BABYSITTERS

Mother of three will babysit afternoons and evenings in my home. Phone: 489-3860.

Will babysit in my home Mon-Fri, 8-5. Apply in person at 26 Cornwall Blvd, north site. Ph. 885-1076.

Babysitter, 13 yr. old girl wishes to sit on south site, qualified. Call 489-4237.

Experienced and reliable 14 yr old girl, completed Babysitting Course, is looking for work on the north site. Ph. 837-6363 and ask for Laura.

Mother of two young children will care for infant/pre-schooler in her own home starting January 1984. Please call 888-4020.

BABYSITTERS WANTED. South Side married quarters for two boys. School age children. Oldest boy attends school all day, youngest in afternoon only. Hours vary however no later than 3 p.m. No week ends. Phone 489-9655 any week day after 3 p.m. or any time weekends.

Will babysit in my home, south site, days. Ask for Bev at 489-9129.

Wanted — mature woman needed to come into my home on a casual basis to sleep over from 10:30 PM to 8 AM. Occasionally Sundays 9:30 AM to 4:30 PM. Good salary. Ref. please. Ph. 489-5091 after 4 PM.

LOST

First week of Feb. one very special orange & white cat. Children miss him. If found, Please call 885-2404.

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April 1st

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Used vacuum cleaners of all types in good condition for sale. Please phone 489-3860.

WANTED

Aluminum 4-barrel intake for 383. Reasonable. Ph. 885-2591

PETS

Two budgie birds & cage for sale. Price \$45 Give-away to a good home, friendly male dog, 4 months old, house-trained, loves kids, has all its shots for the season. Ph 489-3415. "CLIPPERS" - Dog Grooming, 373 Strat-

Telephone 888-6290

millan Road, 889-6762



BASE THEATRE NOTICE

Theatre will be open Thursday evenings and closed Wednesday evenings effective March 1, 1984.

TUE THUR FRI SAT SUN MON WED 7 Bible 8 9 10 Military C Christian Study C Mail Calendar Base Fellowship Base F 12:00-1:00 Library Library VOXAIR 12:00-1:00 Every Wed. 6:00-8:30 1:00-3:30 Bldg. 10 Every Mon. Prot. Chapel (N) Drot. Chapel (N) Ceramics 7 pm Bingo 8 p.m. 13 15 11 12 14 16 17 MIL VOXAIR St. Patricks Pay Day DEADLINE Day Bingo 8 p.m. Ceramics 7 p.m. 23 2.4 18 20 22 19 21 First Day of Spring Ceramics 7 p.m. Bingo 8 p.m. 27 25 26 28 29 30 31 **RCAF** MIL VOXAIR

Bingo 8 p.m.

Ceramics 7 p.m.

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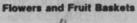


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- SPECIAL FEATURE The deposit may be redeemed, without penalty, to meet estate requirements.
- 5. Serving Manitoba and Manitobans for over 25 years.
- * By the Stabilization Fund of Manitoba.

For further information, please call:

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