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THE VOXAIR

The Winnipeg Military Community News Source Since 1952

New Fixed Wing Search And Rescue Aircraft Visits Winnipeg



A Spanish variant of the Airbus C295W Fixed Wing Search and Rescue Aircraft taxis to a parking spot at 17 Wing Winnipeg while on a cross country tour to showcase the new aircraft, on 03 February. See our story on page 2. Photo: Cpl Kyle Morris

Bell Let's Talk Day

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New FWSAR maintenance trainer arrives in Canada



Military personnel, DND employees, and invited guests check out the CC-295 Fixed Wing Search and Rescue (FWSAR) Air Maintenance Trainer (AMT) aircraft in 10 hangar, 17 Wing, on 03 February 2020. Photo: Sgt Daren Kraus

from Royal Canadian Air Force

On the evening of Sunday, Feb 2, the newest aircraft

to enter the RCAF fleet, a training variant of the CC-295, landed at 17 Wing Winnipeg. The next day Winnipeg RCAF members were given the opportunity to have a look at the aircraft in its new paint scheme.

The Aircraft Maintenance Trainer (AMT) departed Seville, Spain, to travel to Canada, where it is making its way across the country.

This specific aircraft is being flown by an Airbus Defence and Space flight crew as it makes its way to its new home in the soon-to-be search and rescue (SAR) training centre at 19 Wing, Comox, B.C.

The AMT will stop at all of the RCAF's fixed-wing search and rescue bases across Canada on its way to Comox, including 14 Wing Greenwood, N.S.; 8 Wing Trenton, Ont.; and 17 Wing Winnipeg, Man. These brief visits are meant to provide RCAF personnel with an advanced look at this important training tool for the FWSAR fleet.

"As with any program, the FWSAR project is one of milestones, and the arrival of the AMT is an important one on the overall journey towards operational implementation of the CC-295 fleet," said Ms. Isabelle Laturippe, FWSAR Project Manager.

The AMT is not designed nor equipped to conduct operational SAR missions, and as such, is not one of the

16 aircraft procured under the FWSAR project; rather, it is an important part of the training solution for the new fleet. It will be used to instruct technicians on the removal and installation of various aircraft parts and components, and other aspects of hands-on maintenance, before they conduct work on operational aircraft. The first of the standard Canadian version of the aircraft, which will be fully equipped to perform SAR missions, will begin arriving in Canada later this year.

When the maintenance trainer arrives in Comox, it will be disassembled, then reassembled inside the new training centre, which is a keystone step in building the CC-295's maintenance training program.

"Aircraft cannot fly without maintenance, and with that in mind, we are very excited that the AMT is on its way, so that we can continue building our maintenance community for the CC-295 fleet," said Colonel Dany Poiras, 19 Wing Commander. "While this is not an operational aircraft, it is a critical component of the overall FWSAR project and its arrival represents real progress."

In addition to the aircraft maintenance trainer, the new SAR training centre will use a variety of modern training devices such as full-motion flight simulators, sensor station simulators, and much more.

Winnipeg CAF Members Urged to Talk About Mental Health



Guests in Bell Let's Talk toques that attended the Bell Let's Talk National Panel held at 17 Wing, on 29 January 2020. Photo: Sgt Daren Kraus

by Martin Zeilig, Voxair Photojournalist

17 Wing Commander Colonel Eric Charron said that despite all the tools of mental resiliency and "pulling all the levers," he hit rock bottom last year before seeking help for mental health issues.

Despite putting on a brave face and looking happy and being energetic on the outside, Col Charron said he

was burning up inside with unresolved difficulties.

Col Charron made those remarks in his welcoming address to a full Netherlands Theatre at the Bell Let's Talk Day panel on January 29th.

Wing Chaplain Padre Kevin Olive was OPI for the panel while Health Promotion organized the displays and provided refreshments outside the theatre.

The panelists included: Commander of 2 Canadian Air Division, Brigadier-General Mario Leblanc; Colonel Rakesh Jetly, Senior Psychiatrist and Mental Health Advisor of the CAF Health Services Group; Bell Let's Talk ambassador, Bruno Guevremont, a retired CAF member who now provides high performance training for executives in Victoria, BC; Major Patti Louttit, Wing Surgeon 23 Health Services; Major Nathan Packer, Officer of Real Property Operations Unit (Atlantic); and Ms.

Alana Mahaney, who is currently on a Term Assignment for the Department of National Defence at 17 Wing.

The Bell Media moderator was Nicole Dubé, co-host of CTV Morning Live Winnipeg and Major Karyne Brown, Deputy Commanding Officer, CAF Transition Unit Manitoba and Saskatchewan, was the bilingual CAF Moderator.

The 10th Annual Bell Let's Talk Day invites all Canadians to join the world's biggest conversation about mental health, Ms. Dubé said.

The theme of this year's campaign is Mental Health: Every Action Counts.

"Throughout the month of January, Bell Let's Talk encourages everyone to join the discussion about how we can all take action to create positive change for Canadians who live with mental illness," Ms. Dubé said.

"This initiative by Bell is great, and the collaboration with the military is fantastic because it does allow us to talk about mental health," BGen Leblanc said. "It also allows our troops the opportunity to see that it's a subject that can be discussed. It will keep on breaking down barriers and helping people to come forward at this time of year because of the topic."

He also pointed out that the military has "the tools available" to assist those in need of help with their mental health.

Mr. Guevremont noted that he was a paratrooper and weapons technician.

"We went to Afghanistan. We had some losses there," he said. "After that I transferred over to the Navy and became a clearance diver. I finished my career dismantling roadside bombs in Afghanistan. It was pretty intense."

In 2014, he led an expedition of 12 ill and injured sol-

diers and business leaders to the North Pole with True Patriot Love – a Canadian national Toronto-based charity dedicated to supporting Canadian military members, veterans and their families.

"When I came out of there, there was talk about the Bell Let's Talk platform," he said. "I said that would be really awesome to integrate that within the military. Within the next year, they gave me a call to be an ambassador for the CAF while representing Bell Let's Talk as an ambassador. I've done Halifax, Ottawa and now Winnipeg. It opens a conversation and gives us an opportunity to start thinking about mental health issues."

"The CAF is a subsection of the Canadian population and, like everybody in Canada, they're at risk of developing mental health problems," said Col Jetly.

"In addition to that, some of the unique stresses of the CAF may add to that risk," he said. "I want to encourage people to seek help and others that are suffering to get help. Timely access to evidence based care is here. There's nobody else in Canadian society that can get the kind of care that we can offer our members."

Maj Packer, who's spent 27 years in CAF and is based in Halifax, NS, echoed the other panelists.

"My main message is that we need to get help early," he stressed. "We need to accept that we are hurt and injured."

"You need to treat mental health issues before you get to the stage where it becomes the mental health equivalent of septic."



Colonel Eric Charron, Commander 17 Wing Winnipeg, gives opening remarks during the Bell Let's Talk National Panel held at 17 Wing, on 29 January 2020. Photo: Sgt Daren Kraus

Col Charron emphasized that he's a stronger person today because he sought help.

"I owe it to others to share my experience," he said. "There's no rank, no stigma, and no shame. That's my message."

Please see page 11 for more photos.

THE VOXAIR

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CAF-DND Sexual misconduct class action lawsuit settlement approved by Federal Court

On 25 November 2019, the Federal Court of Canada approved the Final Settlement Agreement (FSA) of a class action lawsuit related to sexual misconduct in the Canadian Armed Forces (CAF)-Department of National Defence (DND). The settlement includes all former and current CAF members, DND employees, and Staff of the Non-Public Funds, Canadian Forces who experienced sexual assault, sexual harassment, and/ or discrimination based on gender, sex, gender identity or sexual orientation in connection with their military service and/or employment.

“The approval of this settlement represents a significant milestone. We recognize how incredibly difficult it is to share such painful and personal experiences. We assure you that these stories have made an important and lasting impact on us, and have further strengthened our dedication to change,” stated the Chief of the Defence Staff, General Jonathan Vance and Deputy Minister, Jody Thomas, in a joint message to all Defence Team members.

The range of individual compensation for most eligible class members is \$5,000 to \$55,000. Compensation will depend on the type of sexual misconduct, an assessment of the harm suffered, and the number of class members that submit claims. Class members who experienced exceptional harm (and those who have previously been denied VAC benefits in respect of that harm) may be eligible for amounts up to \$155,000. The settlement also outlines changes to CAF and Veterans Affairs Canada policies and provides an opportunity for individuals to share their experiences with senior DND-CAF representatives through a facilitated restorative engagement process.

Eligible class members can learn more about their legal rights and options, as well as details about the settlement and the claims process, by checking the administrator’s website where they can find a copy of the final settlement agreement and other relevant documents. They can also contact the administrator:

Epiq Class Action Services Canada Inc.
1-888-626-2611
info@caf-dndsexualmisconductclassaction.ca
By mail:
CAF-DND Sexual Misconduct Class Action
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Ottawa, Ontario, K1P 5P6

La Cour fédérale approuve le règlement du recours collectif sur l'inconduite sexuelle dans les FAC et au MDN

Le 25 novembre 2019, la Cour fédérale du Canada a approuvé l'Entente de règlement définitive (ERD) du recours collectif sur l'inconduite sexuelle dans les Forces armées canadiennes (FAC) et au ministère de la Défense nationale (MDN). Le règlement inclut tous les anciens ou actuels membres des FAC, ainsi que tous les anciens et actuels fonctionnaires du MDN et employés du Personnel des fonds non publics, qui ont vécu du harcèlement sexuel, des agressions sexuelles ou de la discrimination fondée sur le sexe, le genre ou l'orientation sexuelle, lors de leur service ou emploi dans le milieu de travail militaire.

« L'approbation du règlement est un tournant important. Nous savons à quel point il est difficile de relater des expériences aussi douloureuses et tellement personnelles. Nous vous rassurons que ces histoires nous ont affectés fortement et durablement, et elles n'ont fait que renforcer notre engagement en faveur du changement », ont dit le Chef d'état-major de la défense, le Général Jonathan Vance et Mme Jody Thomas, la Sous-ministre, dans un message à l'Équipe de la Défense.

L'échelle d'indemnisation individuelle pour la plupart des membres du groupe admissibles se situe entre cinq mille dollars (5 000 \$) et cinquante-cinq mille dollars (55 000 \$). Le paiement dépendra du type d'inconduite sexuelle vécue, de l'évaluation du préjudice subi et du nombre de membres du groupe qui présentent des réclamations. Les membres du groupe qui ont subi un préjudice exceptionnel (et ceux qui se sont déjà vu refuser des prestations d'Anciens Combattants Canada à l'égard de ce préjudice) peuvent être admissibles à des montants pouvant atteindre 155 000 \$.

Le règlement présente également les modifications à apporter aux politiques des FAC et d'Anciens Combattants Canada et offre aux particuliers la possibilité de partager leurs expériences avec des représentants supérieurs du MDN et des FAC dans le cadre d'un programme de démarches réparatrices facilité par des professionnels.

Les membres du groupe admissibles peuvent avoir plus de renseignements concernant leurs droits et leurs options en consultant le site de l'administrateur, où ils trouveront l'Entente de règlement définitive et d'autres documents connexes. Ils peuvent également contacter l'administrateur :

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info@fac-mdnrecourscollectifinconduitesexuelle.ca
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College Corner



Training Development Officer (TDO): What is a TDO and what do they do?

The Training Development Officer (TDO) branch is a specialist officer occupation of the Canadian Armed Forces (CAF). We provide guidance and advice on the systematic approach to training and education via the Canadian Forces Individual Training and Education System (CFITES).

As experts in military training, education, and professional development programs, Training Development Officers are responsible for ensuring quality and quantity control of training. This includes guiding the analysis, design, development, conduct, evaluation and validation of training solutions, as well as managing learning resources. We also analyze operational job performance requirements, identify organizational needs, and recommend and facilitate solutions to performance problems.

We advise the chain of command on how best to optimize their training programs while minimizing the resources (personnel, equipment and finances) devoted to individual training and education programs. Formal training is expensive and time consuming for CAF personnel, so the goal is provide only the training necessary to do their jobs.

Training Development Officers can be found within CAF training establishments and training headquarters, and employed within major capital acquisition project management offices. TDOs are also deployed in support of military operations or missions that have a training aspect. The TDO branch is constantly striving to improve CAF training and education, which is encapsulated in our branch motto, 'Semper Viam Meliorem Quaerentes': 'Always Seeking a Better Way'.

The TDO is an integral part of the Department of Learning Development and Delivery at RCAF Barker College. The Department fills a critical role of training and monitoring instructors, and ensuring that all training meets the highest standards.

For more information, contact the RCAF Barker College at InfoRCAFbarker@forces.gc.ca.

RCAF Barker College News



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Royal Canadian Logistics Service Celebrated at 17 Wing

by Martin Zeilig, Voxair Photojournalist

One hundred and fifty military and civilian personnel, including 17 Wing Commander Colonel Eric Charron, gathered in the dining room/lounge area of Building 129 in the early afternoon of January 31 to celebrate the 52nd anniversary of the Royal Canadian Logistics Service.

From 1968 to 2018, the organization was named the Logistics Branch. On October 16, 2018, on the occasion of its 50th anniversary, the logistics branch received its "royal" designation from Queen Elizabeth II becoming the RCLS.

A cake prepared by Wing Food Services contained a faux plaque with the wording 75 Years OP FAUST and the Canadian and Dutch flags joined together, as well as a mini-truck hauling supplies over a road next to which was a small tulip bed.

On 2 May 1945, just six days before Victory in Europe during the Second World War 75 years ago, 360 Canadian and British trucks began delivering food to the city of Rhenen, The Netherlands, behind German lines. This ground-based relief operation was named Operation FAUST.

To commemorate this Operation, which saved thousands of civilian lives, an event is being organised to recreate and remember Operation Faust by driving along the historic route from Den Bosch via Wageningen and Rhenen to Utrecht in May 2020.

Col Charron talked about the crucial role of 17 Mis-

sion Support Squadron.

"As Wing Commander here with a responsibility that stretches from Thunder Bay to the Saskatchewan-Alberta border, anything that needs to move, from personnel to cargo and ammunition out of the Canadian Forces Ammunition Depot at Dundurn, is the responsibility of Logistics," he said.

He also said that 17 MSS is responsible for refueling, food, and vehicle repairs, managing the largest fleet in the RCAF-- over 1400 cars, trucks, buses and other vehicles; "We have a huge warehouse to cover the requirements of all the units from Thunder Bay to the Saskatchewan-Alberta border."

"There's very little that goes on every day at 17 Wing writ-large where Mission Support Squadron and the big logistics family is not involved."

Lieutenant-Colonel Ken Mills, Commanding Officer 17 Mission Support Squadron, observed that people with the Logistics cap badge make up about 20 percent of the CAF.

"We have here approximately 550 people working at MSS, military and civilian, from the food services to REME staff, transport and more," he said.

"I'm always proud to see a large group of logisticians and all the people who support us. I'm humbled by seeing so many in the same room. We're very proud to contribute and support the CAF and operations and personnel every day."

Logistics had earlier held an All Ranks Dinner on



Cutting the cake during the 75th Anniversary of Operation Faust Commemorative celebration at 17 Wing on January 31, 2020. Left to right: Lieutenant-Colonel (LCol) Scott Ash, LCol Mills, Master Corporal Timothy Leamont and Chief Warrant Officer Tony Savard. Photo: Cpl Bryce Cooper, 17 OSS Imaging

Jan 24 at 17 Wing with guest of honour, Brigadier-General Zimmer, the Strategic J4 from Ottawa, along with Brigadier-General Rafter, of the Air Staff, and BGen Harding, Army Logistics, who works at CJOP Centre.

Prairie Logisticians Hold Professional Development and Mess Dinner at 17 Wing



Mess Dinner head table and esteemed guests at the RCLS Mess Dinner on Jan 23. First row, from left to right: Col Bourque, BGen Zimmer, BGen Harding, Col Spott, MGen (ret'd) McQuillan, BGen Rafter, BGen Huddleston, Col Johnson. Second row same order: CWO Amyoff, Col Charron, CWO Faucher, CWO Filliatrault, CWO Dufour, LCol Mills, CWO Savard, John Page, Maj Rochon. Photo: Cpl Angela Gore

by Lt Emily Rowlandson, 17 MSS, Transportation Officer

On 23 January 2020, Colonel Aaron Spott, 1 Canadian Air Division A4 Logistics / Director RCAF Logistics, hosted logisticians across the prairies as part of the 52nd Royal Canadian Logistics Service (RCLS) Anniversary including a logistics professional development (PD) session and a Mess Dinner. Among our esteemed guests were Brigadier-General Christopher Zimmer (DG Support, Strat J4 SJS), BGen Carla Harding (DG Support

CJOC), BGen Michael Rafter (DG Air Staff/DG Air Reserve), BGen Iain Huddleston (DComd 1 CAD) and Major-General (Ret'd) Mark McQuillan (RCLS Colonel Commandant). We were also honoured to welcome Col Bruce Johnson (RCLS Advisor/Integrator), Chief Warrant Officer Patrick Dufour, (RCLS CWO), Col Gwen Bourque (Comd 38 CBG) and Mr John Page (President of the Canadian Forces Logistics Association).

Representatives from a variety of organizations in Winnipeg were present for the afternoon Logistics PD session. As important as it was to see the collaboration between RCLS, SJS, and CJOC and to hear new initiatives from the Strategic-level, it was just as important to them that they receive feedback from the tactical level to influence change. Private Dimitri McKeown-Rodrigues, an MSE Operator who was present at the PD session, said, "It's nice to see the higher echelons come discuss what is going well and what challenges exist."

In the evening, we were treated to a memorable Mess Dinner. While keeping with tradition, organizers Lieutenant Phillip Pageot and Major Isabelle Rochon, PMC for the evening, were able to incorporate fund-raising activities for the Op FAUST 2020 battlefield tour in commemoration of the 75th anniversary of the liberation of Holland. Guests from the head table, including the 17 Wing Command Team, Col Eric Charron and CWO Claude Faucher, switched seats with junior members. It was an unexpected pleasure for many

sitting within the table lines to have the opportunity to mingle with some of the distinguished guests. Col Spott noted, "The RCLS Prairie Region Mess Dinner 2020 showcased the esprit de corps of not only logisticians, but given the attendance of personnel from across the Support spectrum, that of the CAF Supporter Community writ large. The organizing committee, the kitchen, serving and bar staff, the piper and the RCAF Band made the evening a truly memorable one."

In the spirit of celebrating the logistics community, serving and retired, Regular and Reserve Force from all elements, and civilian equivalents also travelled from Cold Lake, Thunder Bay and Saskatoon. BGen Huddleston commented, "The camaraderie and morale on display throughout the evening amongst our most junior to our most senior logisticians from all the three services was simply outstanding." The Guest of Honour, BGen Zimmer, praised the esprit de corps among logisticians of all occupations and elements, describing the future of logistics as exciting times, with exceptional leaders at the highest levels of the RCLS, across all environments, collaboratively leading positive change and looking out for the well-being of all logisticians. SERVICE SECOND TO NONE!

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**Looking Forward
to the AF RUN**

Come Earn Your Wings at the Air Force Run

by Lt Becky Major, WPAO

Last May, the 2019 Air Force Run had more than 2000 enthusiastic runners despite the rainy weather. The annual race takes place at 17 Wing in Winnipeg as the base opens its doors to the community in support of fitness and fun. In true Air Force style, the race started with a Hercules aircraft fly past overhead to signal the beginning of the race. During this unique event, runners follow a route that takes them through the historic home of the Royal Canadian Air Force and past a variety of military aircraft from across Canada as participants race the runway. To cap off the aviation theme, runners receive their medal from an air force member at the finish line. Once participants have finished their event, they can hop on a shuttle with their family and head back to the flight line to tour each aircraft up close and chat with their crew members.

If you loved last year's race, the 2020 event on May 24th is set to be even better. The theme will celebrate

the 50th Anniversary of the Snowbirds, the iconic aerobatic flight demonstration team. You will also have a chance to learn more about the history of the Air Force, as this year marks the 80th anniversary of the Battle of Britain, one of the most important air campaigns of the Second World War. You can also meet the hardworking men and women of 17 Wing who will be side-by-side with you running the race! This year, the Air Force Run has revamped their medals to give you a chance to "Come Earn Your Wings" in four different events – half marathon, 10K, 5K and 3K Family Fun Run/Walk. The design for these highly anticipated medals will be released on our social media pages in the coming months. If you want to participate and are looking for a training plan, head to the Running Room for plans tailored specifically for the Air Force Run. For more information and to register for this event and take advantage of the early bird rates, head to www.airforcerun.ca. See you in May!

CFS Met Graduates Courses and Inaugurates Wall of Honour

by Sgt Christian Couture, CFS Met Instructor

The Canadian Forces School of Meteorology (CFS Met) recently concluded sessions of both Tactical Weather Specialist (TWS) course and Junior Meteorological Forecaster (JMF) course. Both courses graduated on the 13th of December. As a result, 11 new Met Techs have now joined the trade and 9 Met Techs have returned to their respective units with newly acquired forecasting skills.

The Tactical Weather Specialist (TWS) course is designed to teach entry level Meteorological Technicians the skills and knowledge required to perform weather observations, disseminate observed data, and brief current and forecast weather conditions in support of operations across all elements. Both the CAF and ECCC Forecasters rely on such weather observations to produce forecasts. Upon completion of the course, the TWS students head to the Joint Met Centre in Gagetown to begin their on the job training (OJT) and further solidify their knowledge and skills.

Avr H.M. Spicer was awarded the CFS Met Certificate of Merit.

Pte D.E. Espinosa received the CFS Met Certificate of Academic Distinction, awarded for the highest academic mark on course.

OS T.L. Carroll was elected by his peers to receive the Canadian Military Intelligence Association's Sgt An-

drew Domarchuk Award for his unparalleled display of 'Esprit de corps'.

The aim of the Junior Met Forecaster course is to train Met Techs capable of providing meteorological forecast support to operations in all three elements. These Met Forecasters will provide Commanders and operational personnel with weather information in the form of forecasts and/or advice on meteorological factors critical to their operations and mission.

MCpl D.C. Gervais was awarded the CFS Met Certificate of Merit.

Cpl K.L. Schultz received the CFS Met Certificate of Academic Distinction, awarded for the highest academic mark on course.

In addition to the graduation ceremony, CFS Met took the opportunity of the presence of the Commander and CWO of CF Int Gp along with the Int Branch CWO for a secondary event. Col Babij had the honour of inaugurating the Meteorological Wall of Honour alongside the School's Commandant, Maj Jones. Admittedly passionate about history, Col Babij was proud to be part of the ceremony that revealed the display meant to immortalize the most highly decorated members of the Meteorological trade.

Please see page 7 for photos.

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13 février • Dîner rencontre de la CCFSB
• Cathédrale de St-Boniface

13 février • Soirée Chansonnier • USB

14 et 15 février • Halka • CCFM

14 au 23 février • Festival du Voyageur
• Parc du Voyageur et Sites officiels

15 au 21 février • Relais des Pionniers
• Paroisse St-Martyrs-Canadiens

17 février • Rendez-vous des amis
• Paroisse St-Martyrs-Canadiens

18 février • Lever du drapeau franco-manitobain
• 219 Provencher

18 et 25 février • TROUPE EIFFEL
- Cours de danse folklorique • Collège Louis-Riel

26 février • Soirée spoken word
• Alliance Française du Manitoba

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• La Maison des artistes visuels

Jusqu'au 6 mars • Trouvailles • CCFM

Jusqu'au 14 mars • Retour au Paradis
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Around The Wing



17 Wing Mission Support Squadron (17 MSS) Commander, Lieutenant Colonel Kenneth Mills with assistance from 17 MSS Chief Warrant Officer (CWO), CWO Tony Savard (right) promote Aviator Ryan Le-gault during the 75th Anniversary of Operation Faust Commemorative celebration at 17 Wing on January 31, 2020. Photo: Cpl Bryce Cooper, 17 OSS Imaging



17 Wing Mission Support Squadron (17 MSS) Commander, LCol Kenneth Mills with assistance from 17 MSS Chief Warrant Officer (CWO), CWO Tony Savard (right) promote Corporal Shane Cummings during the 75th Anniversary of Operation Faust Commemorative celebration at 17 Wing on January 31, 2020. Photo: Cpl Bryce Cooper, 17 OSS Imaging



17 Operation Support Squadron (OSS) Commanding Officer Lieutenant Colonel Lonnie Fleischhacker (left) and OSS Squadron Chief Warrant Officer Master Warrant Officer Kevin Pugh (right) present Cpl Jordan Cardona his promotion to that rank. Photo: Cpl Bryce Cooper, 17 OSS Imaging



A Spanish variant of the Airbus C295W Fix Wing Search and Rescue Aircraft, on its parking spot, next to a 435 Squadron CC 130 Hercules, while on a cross country tour to showcase the new aircraft, on the 17 Wing Flight Line, on the 3rd of February 2020. Photo: Corporal Kyle Morris



17 Wing Commander, Col Eric Charron and 17 Wing Chief Warrant Officer, CWO Claude Faucher with the Women's Basketball team during the 2020 Canada West Men's Basketball Championship on January 31, 2020 at 17 Wing. Photo: MCpl Justin Ancelin



Lieutenant Colonel Lonnie Fleischhacker presents Second Lieutenant Lisa Nguyen with a promotion to Lieutenant on January 10, 2019 at 17 Wing. Photo: Cpl Angela Gore, 17 OSS Imaging Winnipeg

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CFS Met Graduates Courses and Inaugurates Wall of Honour



Tactical Weather Specialist course serial 1901, graduates and staff during the Graduation Ceremony at the Canadian Forces School of Meteorology on December 13, 2019. Photo: Cpl Bryce Cooper, 17 OSS Imaging



Meteorological Technician – Meteorological Forecaster Course Serial 1902 graduates and staff during the Graduation Ceremony at the Canadian Forces School of Meteorology on December 13, 2019. Photo: Cpl Bryce Cooper, 17 OSS Imaging

HOUSE GUARD HOUSESITTERS
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Going on a holiday checklist:

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The Unveiling of the Meteorology Wall of Honour at the Canadian Forces School of Meteorology on December 13, 2019. Left to right; CWO Jeffery Church, Col Orest Babij, Maj David Jones, CWO Andrew Knightly and Chief Warrant Officer Shayne Hopkin. Photo: Cpl Bryce Cooper, 17 OSS Imaging

PROGRAMMES DE SANTÉ ET DE BIEN-ÊTRE

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Esquimalt Beats Shilo to Win Canada West Men's Basketball



Team members of Comox and Wainwright, participate in the opening ceremonies, with the 17 Wing Commander, Colonel Eric Charron, and the 17 Wing Chief Warrant Officer, CWO Claude Faucher, at the Canada West Men's Basketball tournament, at building 90, 17 Wing, on 27 January 2020. Photo: OS Megan Sterritt.

by Martin Zeilig, Voxair Photojournalist

Canadian Forces Base Esquimalt defeated CFB Shilo 72-44 to capture the 2020 Canada West Men's Basketball Championship in the 17 Wing Fitness and Recreation Centre on January 31. A total of nine teams from throughout Canada West took part in the tournament, which began on January 27. Esquimalt will now participate in the CAF National Championship 20-24 April at 19 Wing Comox.

Lieutenant (N) Kevin Chung, coach/player with

the Esquimalt Tritons, said his team was very smart throughout the whole tournament. "I didn't have to rely on just myself to break down the plays, everyone had enough basketball intelligence to contribute in terms of offence and defence." Lt (N) Chung, whose team defeated CFB Moose Jaw in the semi-finals, said that his team is capable of winning the National Championship in April.

Master Seaman Simon Dakin, a forward with Esquimalt, was named Tournament MVP. "We worked our tails off and followed our game plan every game," he said. "I really feel that we were the best team here. Everyone was willing to put in the work to get us this victory. It was a team win."

Sergeant Bunthan Hing, player-coach for the 17 Wing team, said his goal was to ensure his team "put on a show" for the hometown crowd. "We've got some good players, and we were fortunate enough to win all the round-robin games," Sgt Hing said. "The games have been competitive. All the teams were good."

The tournament also featured a Canada West women's basketball development training camp.

Lieutenant Emily Rowlandson, the 17 Wing Transport Officer at 17 MSS, who was the manager and a player for the women's development squad, said the increase in participants for the camp over previous years was astounding.

"The positive attitude that everyone had enabled people to develop and create bonds with one another at the women's development camp," she said. "That's what sports is about, creating those bonds and working towards a common goal. We had women from all across Canada West. The intent is to eventually have each region submit a team to a national tournament, similar to the way women's soccer currently operates. We're not at that point now on the basketball side. So, we're hosting regional camps now to work on

skills development. This year was a complete success."

"I see a lot of excitement and enthusiasm from the women," 17 Wing Sports Coordinator Dawn Redahl remarked. "If that continues to grow, then we'll have a women's championship in the future. The tournament ran smoothly due to all the people who helped out-- score keepers, trainers, massage therapists, who volunteered their time, and PSP staff."

Redahl thanked the scorekeeping/shot clock/scoreboard volunteers MCpl Amanda Hattie, Lt Mary Valair, and Cpl Deven Savard; the 17 Wing Fitness and Sports Instructors; massage therapists Katelyn Adams and De-vein Beaudry, who volunteered their own time for the duration of the schedule; athletic trainers MCpl Simon Roy and Cpl Austin Demaere, who provided excellent care to all players; and referees Amber Fehr, Myles Hansen, and Cpl Josh Furtado, who kept the games in control. "We have the best volunteers, people in the community that come out and help," she emphasized. "It makes my job easier. I began preparing for this tournament four months ago. The level of play was very competitive with good sportsmanship. It was great to watch."



Team Winnipeg, at the Canada West Men's Basketball Tournament, at building 90, in Winnipeg Manitoba, on 27-January-2020. Photo: OS Megan Sterritt.

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28 février et 2 mars 2020
08h30 à 16h00

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WE ARE ON...



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www.CAFconection.ca/winnipeg

PROGRAMS REQUIRING REGISTRATION

All events are at the MFRC-102 Comet St. unless otherwise noted.

PROGRAMS FOR ADULTS

Special Needs Discussion Group

Whether it is your needs or a loved one, come together for coffee and networking to share resources and support each other. Call about childcare. EVENING SESSION Thurs., Feb. 20, 1830 – 2030, Reg. By Feb. 17. For childcare call Sherri by at ext. 4056 two weeks before the session you are attending.

Restorative/Melt Yoga

These sessions are about self-care, relaxation, rejuvenation and awareness to your body. Mondays, Jan 28 – March 9, 1830 – 2030. Reg. By Jan 22. \$10 for individual sessions. No class on Feb. 17

Exceptional Fun

Games, activities and socializing for people with exceptional needs age 16 – 30 years. Must arrive by 1900. Thurs., Feb. 27, 1830 – 2030. Reg. By Feb. 24.

Preparing For Deployment and Reunion

If your member is often away for short or long periods of time, come to this workshop to help make the time apart easier. Fri., Feb. 21 1800-2000. Free. Reg. by Feb. 14

Make Ahead Meals

We will be making 4 family sized meals to stock your freezer, as well as a spice blend for your cupboard. Sat., Feb. 22 1230-1430 \$40. Reg. by Feb. 14

Sewing 101

Learn basic sewing skills while making a pillow. Bring a sewing machine if you have one. Thurs., Feb. 27, 1830-2100. \$10/person materials are included. Reg. by Feb. 19

FAMILY PROGRAMS

Deployment Dinner Date

If you have a loved one preparing to deploy, currently deployed or has recently returned from a deployment, allow us to organize dinner for you and your family. Wed., Feb. 26, 1700 - 1900. Register by Feb. 24. \$5 per adult.

Snowshoe and Photography

Meet at Living Prairie Museum 2795 Ness Ave. Sun., Feb. 23 1300-1500. Free. Reg. by Feb.17. Bring your own snowshoes, camera or phone and snow boots. You can also reserve snowshoes ahead of time at the gym (bldg 90) and pick them up on Fri., Feb 21.

CHILDREN UNDER 12

Kids In The Kitchen

A hands-on cooking class for youth aged 8-12. Fri., Mar. 6, 20, & 27 1700-1900. \$25 for all three sessions. Reg. by Feb 17 Must hand in permission slip

Occasional Child Care

The OCC is casual childcare for 6 months - 12 yrs. Open Monday to Friday for full or half days and third Saturday of the month. Call 204-833-2500 ext. 2491 for cost, hours and to register. MFRC Occasional Child Care Centre, 630 Wihuri Rd.

Couple Force

A NIGHT OUT WITH DINNER AND FUN WITH OTHER COUPLES. THERE WILL BE SOME FRIENDLY COMPETITION WITHIN AND BETWEEN COUPLES.



friday, march 20 - 1730 - 1930 - register by march 11
 \$10 per couple includes dinner - ask about childcare



DROP IN PROGRAMS AT THE MFRC

ADULT PROGRAMS

Café Français

Join us for a coffee and chat in French at the MFRC. This is a perfect opportunity to practice your French. Weds., Feb. 12 0930 – 1130

South Side Coffee

A social time open to everyone! Wed., Feb. 19, 0930 – 1130 at South Side Youth Centre, 347 Doncaster St

Mature Women's Group

Join us for an evening of coffee and conversation. If you're a 45+ woman this is a great way to meet others while sharing your wisdom and expertise about navigating life's journey. Mon., Feb. 24, 1900 -2100

Second Language Training - Lunch Meet Up

Bring your lunch to the MFRC and practice your second language conversation skills. For all levels. Thursdays 1230 – 1315

PARENT-CHILD PROGRAMS

Parent Community

A 'community' of parents will discuss topics related to parenting children of all ages. Fridays, 0930 - 1130.

Parent Group

Join us for parenting discussions and networking. Second and fourth Wednesdays 0930 - 1130.

Mother Goose In French

Adult-child program focusing on rhymes, songs and stories, introducing French to you and your little one. No knowledge of French required. Tuesdays, 0900 – 1000, February 11, 25, March 10, 24. At South Side Youth Centre.

Creative Tots

Facilitated play group at our 'South Side'. Parents are required to stay. Bilingual. South Side Youth Centre, 347 Doncaster St., Tues. And Thurs. 0900 - 1100.

CHILDREN'S AND YOUT PROGRAMS

Kids Club

Drop-in care for children 18 months to 5 years. \$2 per child per session, with PSP membership. Please send along a nut/peanut free snack and diapering supplies if required. Tues. & Thurs. 1630 - 1900, Sat. 0915 – 1130

Youth Centres

For youth age 6 to 12. Membership is only \$20 for 12 months. North Side Youth Centre – located in the MFRC Monday, Wednesday, Friday 1700 – 2000. South Side Youth Centre – located at 347 Doncaster St. Monday to Friday 1630 – 2000



Mature Women's Group

TOPIC: BRAIN HEALTH

WEDNESDAY
Feb. 26, 7 pm - 9 pm
102 Comet St.
Free. Drop in.

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MAKE AHEAD MEALS

SATURDAY, FEBRUARY 22
 1230 - 1430 REG. BY FEB 14
 \$40 REGISTER AT THE MFRC
 FOR INFO CALL 204-833-2500 EXT 4500

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 9:00 am - 11:30 am

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 Monday, Wednesday and Friday afternoons
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Westwin Nursery School is run by the Winnipeg Military Family Resource Centre. We serve Military Families as well as families in our surrounding community.

Our play-based, emergent curriculum has a strong focus on nature with classes run by trained Early Childhood Educators and Child Care Assistants. All of our staff have current CPR/First Aid and we are a member of the Manitoba Child Care Association.

As we prioritize military families, the registration dates are:

Current families registration - February 17 - 28
DND community families - March 2-13
General public registration - March 16 onward

For more information please contact:
 cortney.sim@forces.gc.ca or 204-833-2500 ext 2491

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INFORMATION : 204-833-2500 poste 7013 ou 4511

Information about 2019 Novel Coronavirus

from Defence Stories

The following message is to provide Defence Team members with information related to the 2019 novel coronavirus (referred to as 2019-nCoV), which was first identified in Wuhan, China, in late December 2019.

Since then, the Public Health Agency of Canada has been working with international partners, including the World Health Organization, provincial and territorial counterparts, and other federal departments and agencies to monitor and respond to this evolving situation.

As you know, Canada has identified suspected cases of coronavirus. This was not unexpected and reflects that our health systems are on alert and taking appropriate steps to limit the spread of the novel coronavirus in Canada. Our healthcare systems are well prepared to handle the virus and the risk to Canadians continues to be low.

Health Canada's Public Service Occupational Health Program (PSOHP) has issued a general advisory to federal employees. It advises employees to continue to take general precautions to reduce their risk of infection, such as washing their hands often with soap and water, coughing or sneezing into their arm or tissue, avoiding touching their eyes, nose or mouth with unwashed hands, and avoiding close contact with people who are sick. The PSOHP continues to work with federal departments and agencies to provide occupational health advice for federal employees working at points of entry (e.g., airports) and other key workplace settings.

If you are concerned about a potential exposure to 2019-nCoV and have had fever and either cough or shortness of breath within the 14 days of travel to China since January 1, 2020, please seek medical care promptly. Similarly if you have been in close contact with a known 2019-nCoV patient and develop these symptoms, seek medical care promptly. In both cases, make sure to disclose your exposure to your health care provider as soon as possible after you get into care.

Since this is an evolving situation, visit Canada.ca/coronavirus for the latest information. You can also follow Canada's Chief Public Health Officer, Dr. Theresa Tam, on Twitter for up-to-date information.

Due to space constraints, Taroscopes by Nancy will not appear in this issue of The Voxair.

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RCAF Reserve Jr NCM of the Year



Brigadier General Michael Rafter, Director General Air Reserve, and Chief Warrant Officer (CWO) James McKenzie, D Air Reserve CWO, present the 2019 Deserving Air Reserve Junior NCM of the Year Award to Master Corporal Lindsey Sanders, 17 Air Reserve Flight Senior Human Resources Administrator, during the DG Air Reserve town hall, 17 Wing, on 24 January 2020. Photo: Sgt Daren Kraus

by Major Warren Hruska

Annually, the RCAF Reserve recognizes one Junior NCM for their outstanding work and performance with nominations submitted to the RCAF Reserve Chief Warrant Officer for selection. For 2019, Master Corporal Lindsey Sanders, Senior Human Resource Administrator with the 17 RCAF Reserve Flight in Winnipeg, Manitoba was awarded the RCAF Reserve Junior NCM of the year.

For the past year, Master Corporal Sanders completed the roles expected of her rank as well as fulfilling the roles of the Chief Clerk and covering the other vacant positions within the Reserve Flight Orderly Room. Her efforts ensured that the pay and administrative requirements of the RCAF Reservists at 17 Wing were always taken care of.

In the fall of 2019, the 17 RCAF Reserve Flight assumed administrative support for the Reserve members at 2 Canadian Air Division Headquarters and centralized the Reserve administration at 17 Wing by combin-

ing the existing 402 Sqn Reserve Flight into the 17 Wing RCAF Reserve Flight. In both instances, Master Corporal Sanders' dedication and Reserve Admin expertise were relied upon extensively to ensure a seamless transition into one RCAF Reserve Flight with no impact to members pay and benefits.

Master Corporal Sanders still managed to find the time to maintain a high level of fitness, volunteer for tasks, and organize social functions within the headquarters, all the while maintaining a high level of ethical standards and dress & deportment, ensuring that she always placed service before self.

It is for these reasons, and many more, that Master Corporal Sanders was recognized as the 2019 RCAF Reserve Junior NCM.

Photo Caption: MCpl Lindsey Sanders is presented the 2019 RCAF Reserve Junior NCM of the Year Award by BGen M. Rafter, Director General Air Reserve; and CWO J. McKenzie, RCAF Reserve CWO.

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- John Ralston Saul, philosopher



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Let's Talk

by Padre Laura Coxworth

January, oh January.... The long month that rolls quietly into February... a long month with fewer days. This time of year can be difficult. Many people struggle with what we used to call the "Winter Blues". It is no coincidence that right smack in the middle of this season we gather together for Bell Let's Talk, the campaign to get people talking about Mental Illness.

The theme was "Every Action Counts", and through the magic of social media and the large platform of a huge campaign, we shout the message wide and loud, and it saves lives. I am confident that with all the talk around the campaign, lives have been saved.

Mental Health is an issue with so many facets, and one that sometimes we are uncertain how to connect with people going through a difficult time. The Sentinel Program is the Peer-to Peer program through the Chaplain services that equips colleagues to better care for one another. As the name implies, they are the ones around us who are keeping an eye out on their environment and the people in their section.

If you or someone you know is having a difficult time, there are many tools to assist. The R2MR continuum is a great tool to help people see where they fall on the continuum. I love it when I hear people say "Padre, I'm feeling quite ORANGE these days." (more information can be found on this, simply Google "Mental Health R2MR Spectrum") I enjoy it when people are engaging with the resources available to them through the CAF.

In the spirit of the Let's Talk's theme this year: "Every Action Counts," we know there are many actions which can change people's lives. Often we see people around us who are hurting or in need but we don't quite know how to reach out. I know from my own story that there are people who wanted to reach out, but didn't quite know how, so they would genuinely invite me to call if I needed anything. While well intentioned, that is too big an offer. People who are struggling often don't even know what they need.

Here are some practical ideas of assistance you can offer:

- Offer to help them clean their house, or mow their lawn or shovel their snow.
- Drop off a meal (or gift cards to Skip the Dishes).
- Offer to add some of their quick errands while you are out.
- Swing by their desk at lunch and invite them to join you for a quick walk outside.
- Send them funny memes to make them laugh.
- Offer to accompany them to an appointment they may be worried about.

If you are struggling, reach out. Say something. There is a Duty Padre available 24/7 simply call ext 2700 and leave your name and phone number. If there is a crisis and you need immediate assistance call 911.



Panellists and guests during the Bell Let's Talk National Panel held at 17 Wing, on 29 January 2020. Photo: Sgt Daren Kraus



Nicole Dubé, Bell Media moderator and CTV Morning Live Winnipeg co-host, and panellists speak with guests during the Bell Let's Talk National Panel held at 17 Wing, on 29 January 2020. Photo: Sgt Daren Kraus



Brigadier General Mario Leblanc, Commander 2 Canadian Air Division, answers questions during the Bell Let's Talk National Panel held at 17 Wing on 29 January 2020. (L-R) Major Nathan Packer, Deputy Commander Real Property Operations Unit (Atlantic), Alana Mahaney, Department of National Defence Civilian Panellist, Brigadier General Mario Leblanc, Commander 2 Canadian Air Division. Photo: Sgt Daren Kraus

Faith and Life

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Baptism: The Sacrament of Holy Baptism is available by contacting a Chaplain. Baptism Preparation is a requirement. *Please contact the Chaplain before setting the date for the baptism or arranging family travel.*

Protestant Chapel Guild: It meets the first Wednesday of the month at 1300 hrs in the Chapel Annex. All women are welcome.

CHAPLAINS

Padre Kevin Olive
(Pentecostal)
- Wing Chaplain
ext 5417

Padre Laura Coxworth
(Pentecostal)
- Protestant Faith
Community Coordinator
ext 5785

Padre Joshua Falk
(Protestant)
ext 6914

Padre Greg Girard
(Christian Reformed)
- Det. Dundurn
306-492-2135 ext 4299

JEWISH

CHAPLAIN

Padre Noteh Glogauer
(Rabbi)
ext 5272



**17 Wing Military
Community Chapel**
2235 Silver Ave
(west off
Whytefold/
Wihuri Road)

CATHOLIC

STE MARGUERITE BOURGEOYS RC CHAPEL COMMUNITY

SUNDAY MASS: (Bilingual)

Spring/Summer Liturgy Timings: 1100 hrs
(Sunday after Easter - Thanksgiving Weekend)

Autumn/Winter Liturgy Timings: 1600 hrs
(Sunday after Thanksgiving to Easter Sunday)

COMMUNITY SERVICES:

Religious Education: Classes can be available to children from Preschool to Grade 6.

Sacrament of Reconciliation: It is available by request and at special times of the year. Contact Padre Gemmiti.

Baptism: We recommend that you contact the chaplain's office for an appointment six months in advance. *Please contact the Chaplain before setting the date for the Baptism or arranging family travel.*

Marriage: Six months notice (1 year preferred) is required for weddings, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

MAIN OFFICES
Administrative Assistant
204-833-2500 ext. 5087
Building 64,
Lower Level, North End.

EMERGENCY DUTY CHAPLAIN
Contact MP Dispatch ext 2633.

INFO PHONE NUMBER
For chaplaincy services and related information, phone ext 6800 and follow the prompts.

WEBSITE
Those with access to the DIN can visit 17Wing.winnipeg.mil.ca, then click '17 Wing', then 'Services'.

CARE & SHARE BENEVOLENT FUND
Contact Wing Chaplain Office for further information.



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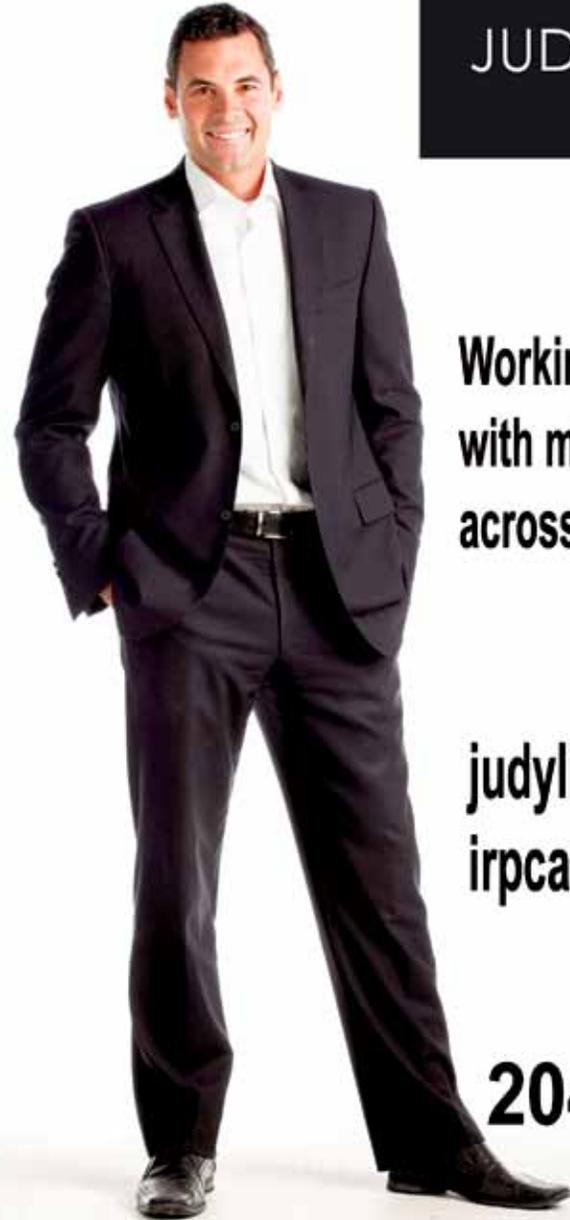
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