

Remembrance Of Things Past



Thirty-five years ago Britain survived her darkest hours by hurling back the German Luftwaffe in the Battle of Britain, fighting in the skies of England from June through October, 1940, and causing Winston Churchill to utter his immortal words:

"Never in the field of human conflict was so much owed by so many to so few."

Numbered among the "few" were Canadians who served as aircrew and groundcrew in Fighter, Bomber and Coastal Commands. Most of these Canadians had crossed the Atlantic in pre-war days to enroll in the RAF. There were, however, two fighter squadrons identified as Canadian. One was No. 242 (Canadian) Squadron, composed

of Canadian fighter pilots of the RAF; the other was No. 1 (Fighter) Squadron of the RCAF (later changed to No. 401) which had arrived in Britain on the eve of battle.

Among them, Canadians scored some 120 victories in aerial combat, with about 100 more enemy aircraft counted as probably destroyed or damaged. These victories were not without cost: 47 Canadian airmen gave their lives in the Battle of Britain.

The Battle was not fought solely in the air: the groundcrews were engaged in it as well as the pilots. After each sortie the aircraft had to be immediately re-armed, re-fuelled, the equipment checked and tested, and the machines generally made ready to take off on the next

"scramble". Damage to engine, airframe and equipment had to be repaired in desperate haste to keep the maximum number of aircraft (mostly Spitfires and Hurricanes) in the air to meet the German onslaught.

The mechanics kept them flying only by round-the-clock maintenance, snatching sleep in flight shacks and bunkers beside the aircraft. The finest tribute to the efficiency of these "erks", performing under extremely trying conditions, was found in the daily reports of aircraft serviceability.

For the RCAF, the Battle of Britain had special significance. It was the force's baptism of fire. It was then that Canadian airmen flew into action as a force for the first time against an enemy, won their first victories, and suffered their first casualties.

married and single personnel expected April, 1976.

The current consumer price index for fuels and utilities is \$2.68 a month for 100 sq. ft. of living-space. Charges to families in government housing will be adjusted in terms of this formula. While utilities for most houses will be increased, this increase will not exceed \$19.20 a month and charges for smaller units will be reduced. Utilities for houses larger than 1,500 sq. ft. will be further considered under the new policy. There are approximately 27,000 government-owned houses on bases and stations in Canada and Germany.

Forces Personnel Praised By RCMP

NEWCASTLE, N.B. (CFP)—"Excellent, just excellent." RCMP sergeant in this Miramichi valley town said about the work of nearby Canadian Forces Base Cnatham's rescue unit and CFB Gagetown's 403 Helicopter Operational Training Squadron.

June was a bad month for New Brunswick highway traffic fatalities and injuries, and a busy one for the helicopters, and several provincial RCMP detachments.

Quick action by an alert helicopter crew from CFB Gagetown June 11 aided Glenn Williston, 51, of nearby Baie Ste. Anne, following a near-fatal traffic accident.

A twin-engine CH-135 "Huey" helicopter was on a routine training flight from Gagetown to

See PRAISE Page 7 Col. 3

Corair

SEPTEMBER 24, 1975

CANADIAN FORCES BASE, WINNIPEG

VOL. 24, NO. 18

Battle Of Britain Commemorated

MND

Messages

CDS

Sunday, 21 September, 1975 marked the Thirty-fifth anniversary of the Battle of Britain. Annually Canadians pay tribute to the courage, skill and dedication of the Canadian and allied airmen who took part in this epic struggle. The battle which saw the first turning of the hitherto irresistible tide of Axis conquest, will be forever commemorated by free men.

We Canadians salute these events and these men.

B&B Recalled

Nobody Knows The Trouble I've Seen

By CAPT. B. E. STEPHENSON
Directorate-General,
Bilingualism and Biculturalism

OTTAWA (CFP)—I mean, there I was, just minding my own unilingual business out in the wretched boondocks of Wainwright, when I saw a soldier approach me. I could see that sickening smirk on his face, the kind that only an orderly room clerk can display when he knows he is going to traumatize his supervisor.

Your posting, sir," he snickered.

B&B had finally caught up with me! Here it was, continuous French course, Ottawa, up to one year. Why me? Of course I looked to my CO for guidance. He was very encouraging. "Hmm, if the General finds out about this he'll probably cancel it. But, if you really think you should go, I'll see that it doesn't come to his attent." Ha! the insidious, lava-flow of Bilingualism had finally reached the "Army of the West." CHEVALIER DE LA TABLE RONDE...

Being a complete neophyte in things B&B, I nevertheless happily trundled my family and belongings to Ottawa - that prodigious enclave of bureaucracy and rub-clubs - to muddle through nine months of continuous, intensive, five-days-a-week, six-hours-a-day French-language instruction, all the while being thoroughly confused with the fuzzy tidbits of B&B that filtered down from that incredible solemn pinnacle of CF officialdom, NDHQ.

ALLON VOIR SI LE VIN EST BON...

During my sojourn at the school we said, "Let's find out first hand what this Quebecois

On Sunday 21 September, 1975 ceremonies took place throughout Canada to mark the thirty-fifth anniversary of The Battle of Britain. At the ceremonies Canadians will remember with pride those Canadian and allied airmen whose gallantry and self-sacrifice in the dark days of 1940 served as a glorious example for free men everywhere. Defeat of the axis air forces in this epic air battle provided to the allied peoples a first assurance of ultimate victory. This battle and these men shall ever be remembered.

mystique is all about." And so, our jaunt through the audi-visual world of francais saw us practising our new skills in Montreal. We toured la Maison de Seagrams, under the watchful eye of an old fellow who was a unilingual franglais. I can vividly recall the aroma of le gin, le whiskey and le rum. But what better way to enrich my vocabulary?

UNE FEMME SUR MES GENOUX...

Then there was the waitress in the hotel who, when taking our order for breakfast - "deux oeufs, roties e jus d'orange, s'il vous plait." - communicated that she did not speak French or English and we would have to order by number - "un numero quatre, s'il vous plait." Not to be undaunted, our next field trip to study the diversity of our country took us to les Cantons de l'Est - Sherbrooke to be exact.

Very rewarding indeed, although it truly amazed me how easily I was identified as an anglophone. It was there that one evening I decided to partake of

See B&B Page 13 Col. 3



The
United Way

MQ Utilities Charges To Increase

OTTAWA—Monthly charges for utilities in quarters for married personnel at military bases and stations in Canada and overseas will be adjusted Dec. 1. The national consumer price index for fuel and utilities will be used as a basis to determine the adjustment.

Families living in government housing have been paying fixed \$21 monthly charges for utilities since 1968. This is considered inequitable both from the various sizes of accommodation occupied by different ranks and in relation to the economic rise in the cost of fuel and utilities. The current change is preparatory to introduction of a revised policy on charges for quarters for

Learn Not To Burn

**FIRE
PREVENTION WEEK**
5 - 11 OCTOBER

A Message From The Base Commander



Next Wednesday the United Way Campaign begins here on the Base. Captain Jim Anderson of 429 (Composite) Squadron is doing the job of Base Co-ordinator assisted by Captain Ed Palmer of the Air Navigation School. Canvassers are established in every Unit and Section and they will be making contact with you for a contribution.

Notwithstanding anything you may have heard to the contrary, our military members and their dependents do receive benefits from agencies supported by the United Way. Some of these benefits are received directly and others indirectly. But benefit we do. Our civilian members of course benefit in the same way as do all members of the community in which they live.

Many of you may find that one or two of the agencies supported by United Way are not ones that you would cheerfully support. But it would be unfair to discredit all agencies because you are not sympathetic to one of them. I do not think anyone of us could read "facts about United Way" and say that there are no agencies worthy of our support.

The questions of "to give or not to give" and "how much" are emotional issues. Let your best emotions govern your contribution.

— Colonel M. D. Gates
Base Commander

What Is The United Way?

The United Way Is:

CARE FOR CHILDREN

CHILDREN'S AID SOCIETY OF EASTERN MANITOBA
CHILDREN'S AID SOCIETY OF WINNIPEG

Protect children from neglect, provide for placement of children under agency guardianship in foster homes or family group homes; adoption service; counselling.

DAY NURSERY CENTRES

Full day care for pre-school children; lunch and after school program for school age children of working parents - particularly for single parent families.

JEWISH CHILD AND FAMILY SERVICE

Counselling for families, children and aged; group and foster home care, adoption service.

VILLA ROSA

Residence for unwed mothers-to-be where they receive counselling and opportunity to continue school work and plan for the future.

CHILDREN'S SERVICES ALLOCATION: \$310,000

HELP TO FAMILIES AGE AND OPPORTUNITY CENTRE

Lobbies for improved conditions for senior citizens; consultative and referral services. CANADIAN ASSOCIATION FOR THE MENTALLY RETARDED - WINNIPEG

Activity centre to teach social and every day living skills. Workshop provides sheltered employment for 175 people.

INTERNATIONAL CENTRE

Meeting place for new Canadians; direction and advice on adjusting to Canadian ways; assistance in learning English; encourages participation in the community.

CHRISTMAS CHEER BOARD

Clearing house to coordinate Christmas giving to families and senior citizens.

FAMILY BUREAU OF WINNIPEG

Counselling in times of crisis, particularly for marital and financial problems, homemaker service for families; family day care.

FAMILY PLANNING ASSOCIATION

Information service; consultation to community groups interested in establishing family planning programs.

HOME WELFARE ASSOCIATION

Daily meals-on-wheels service for elderly, physically handicapped people unable to prepare meals.

INDIAN AND METIS FRIENDSHIP CENTRE

Meeting place for Indian and Metis; native leadership development, information, referral and counselling services. JOHN HOWARD AND ELIZABETH FRY SOCIETY

Promotes the study of crime, its causes, prevention and penal reform. Counselling for inmates and ex-inmates and their families. FAMILY SERVICES ALLOCATION: \$546,530

HELP FOR THE HANDICAPPED THE ARTHRITIS SOCIETY

Extensive physio and occupational therapy programs, medical research, development of preventive methods; public education programs.

CANADIAN DIABETIC SOCIETY

Information centre to teach diabetics how to care for their illness through control of diet, insulin and exercise research and public education.

CANADIAN RED CROSS SOCIETY

Blood transfusion service; aid in time of emergency; water safety instruction; care-in-the-home course, loan service of sickroom supplies, wheelchairs, etc.

CANADIAN MENTAL HEALTH ASSOCIATION

Conducts programs to prevent mental illness and to promote mental health, operates an "Open Door" Club where former patients are helped to find their way back into the mainstream of society. C.N.I.B.

Research into the causes and effects of blindness; rehabilitation and adjustment training for newly-blinded persons; public education programs; eye bank; residence for the blind.

MANITOBA HEART FOUNDATION

Research into the causes and effects of the disease; development of preventive methods; public education programs.

MOUNT CARMEL CLINIC

Community Health Centre including full range of medical and dental service and a day hospital for children.

MULTIPLE SCLEROSIS OF CANADA

Research into the causes and effects of disease; development of preventive methods; public education programs.

ST. JOHN COUNCIL

First aid course for all segments of the community; promotes accident prevention; provides first aid at public gatherings.

SOCIETY FOR CRIPPLED CHILDREN AND ADULTS

Rehabilitation, social and recreation programs for physically handicapped persons of all ages; operates industrial workshop to develop skills which may lead to employment.

CFB Winnipeg United Way Military Campaign Chairman



Capt. J. Anderson

CANADIAN PARAPLEGIC ASSOCIATION

A program for wheelchair living. Improves the physical, social and economic welfare of paraplegics and quadriplegics. HEALTH AND REHABILITATION SERVICES ALLOCATION: \$1,306,070

YOUTH AND RECREATION

BOY SCOUTS OF CANADA
L'ASSOCIATION DES SCOUTS DU CANADA

Helps to build young boys into good citizens through character-building programs; promotion of self-reliance and community responsibility.

GIRL GUIDES OF CANADA
GUIDES CATHOLIQUE DU CANADA

Citizenship program for girls 7 to 18 to develop initiative self-reliance and leadership. Y.M.C.A.: Y.W.C.A.: Y.M.H.A.

Provides recreational, social and educational programs to promote character-building and develop leadership.

CAMPS:

Arnes, B'nai B'rith, Notre Dame, Ukrainian Park, Wapatek, YMCA, YMHA.

In 1975 more than 1200 young people will have the opportunity to experience camping because of United Way funding.

YOUTH ACTION PROJECT AND YOUTH ACTION CENTRE

Drop-in centres for youth in Dufferin and Logan and Main Street districts.

YOUTH AND RECREATION ALLOCATION: \$906,350

PLANNING AND COORDINATING UNITED WAY OF CANADA

A membership organization supported by and representative of the 100 United Way and 30 Social Planning Councils throughout Canada.

It funds the Canadian Council on Social Development, a national non-government organization that develops and promotes sound



CAMPAIGN
1 OCT - 15 NOV

GIVE
THE UNITED WAY

social policies based on research. Its goal is social justice and equity for Canadians.

SOCIAL PLANNING COUNCIL

Our community's research, planning and coordinating organization. The Council interprets social service needs and provides a continuing medium for communicating these activities to the community. Information and consultation services are part of its operation.

VOLUNTEER BUREAU

Operated by the Social Planning Council; recruits and refers thousands of volunteers for agencies.

NEIGHBOURHOOD SERVICE CENTRES

Assists community groups in identifying needs and finding effective channels for meeting them.

TOTAL PLANNING AND COORDINATION ALLOCATION: \$276,380

SPECIAL ALLOCATIONS/PROJECTS

They are reviewed annually and include an evaluation component. These projects are being funded in 1975:

- Central Audio Book Library
- Klinic
- Children's House (to June 30, 1975)
- Ft. Rouge Information and Resource Centre
- Ft. Rouge Child Care Programs
- Y.W.C.A. Crisis Centre
- Winnipeg Council of Self Help
- Alcoholic Family Services.

TOTAL ALLOCATION: \$123,000

The following member agencies are not receiving funding at present:

- Camp Robertson
- Children's Home of Winnipeg
- Knowles School for Boys
- St. Joseph's Day Nursery
- St. Joseph Vocational School
- Victorian Order of Nurses
- Westminster Child Care Centre



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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

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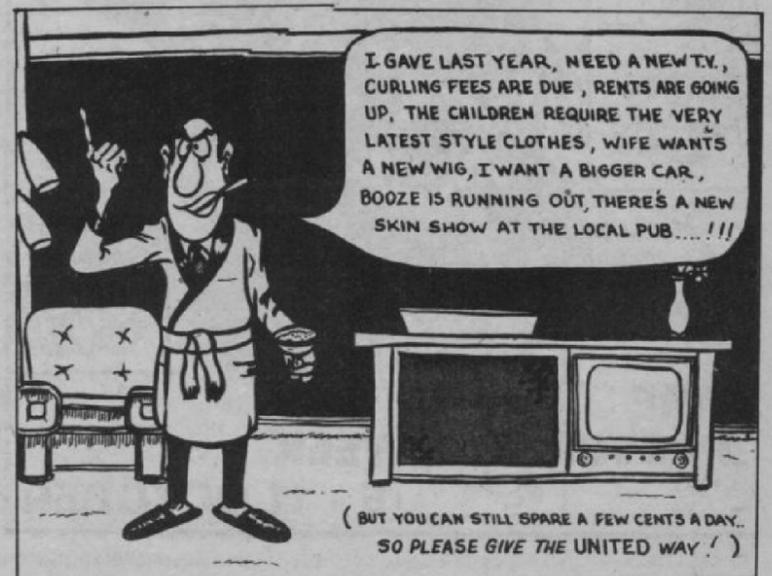
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MP Promotions

Militia MPs Change Status

OTTAWA(CFP)—Nineteen militia military police platoons across Canada have undergone organizational changes designed to make it easier for them to fit into regular force units for training or personnel augmentation.

The platoons, numbering from one to 20 members, have become separate components from their service battalions, and now align themselves closer with regular force MP units, while remaining under battalion administrative control.

At the same time, trade specifications for militia military policemen and support groups have been rewritten to upgrade their training and create additional mobility in training with the regular force.

The reorganized platoons are based at Victoria and Vancouver, B.C., Calgary and Edmonton, Alta., Regina, Sask., Winnipeg, Man., Thunder Bay, Windsor, London, Hamilton, Toronto, and Ottawa, Ont., Saint John and Moncton, N.B., Halifax and Sydney, N.S., and St. John's Nfld.

Two francophone platoons, 51 peloton de police militaire, and 55 peloton de police militaire, are stationed respectively at Montreal and Canadian Forces Base Valcartier, Que.

Regular force MP platoons also are separate from their service battalions, though battalion administered.



MCPL. R. B. Hall, is being congratulated by CAPT. A. A. Bell-Chambers, BSecurO on his recent promotion to Sgt.



CPL. J. E. Bignell, is being congratulated by CAPT. A. A. Bell-Chambers, BSecurO on his recent promotion to MCPL.

Two women were preparing to board the Boeing. One of them turned to the stewardess and whispered, "Please tell the pilot not to go faster than sound, Martha and I want to talk."

This may be the least guilt-ridden time of the year. It's too late to cut the grass and too early to shovel the walk.



SGT. J. D. KOKOCKI is congratulated on his promotion to SGT. effective 1 Jul 75 by CAPT. D. Olexa A/Detachment Commander WDSIU. (BASE PHOTO)



SGT. J. R. ABLETT is congratulated on his promotion to SGT. effective 1 Aug 75 by CAPT. D. Olexa A/Detachment Commander WDSIU. (BASE PHOTO)

Middle Age - When your narrow waist and broad mind begin to change places.

A committee is a group of the unfit, appointed by the unwilling to do the unnecessary.

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PATRICIA REPORT



THE REGIMENTAL AND QUEEN'S COLOUR OF 2 PPCLI

Left to right - CAPT. K. D. Arril carrying the Queen's Colour, WO G. P. Chisholm and LT. M. J. Goodspeed carrying the REgimental Colour.



Above left CAPT. (now Maj.) D. S. Martin as Aide-de-Camp and right CAPT. H. S. Bloom Adjutant of 2 PPCLI proceeding the inspection party.

INSPECTIONS and AIGUILLETES

Traditions of the Regiment

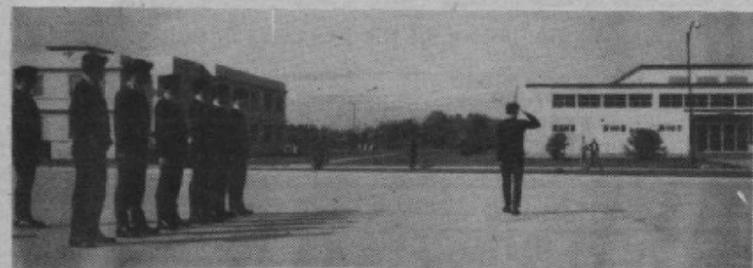
PART II

Inspections have been a party of the daily life of a soldier ever since we first got into the business. Generally speaking, the number of soldiers that like parades and inspections are equivalent in numbers with those who go cheerfully off to the dentist to have their teeth pulled. Nevertheless it is one of the few times when a commander can assure himself by the bearing and appearance of his men on parade that they know their business. The often-quoted statement, good in the field but sloppy on parade simply does not hold true. Both areas require a high degree of self discipline in order to turn our good performance.

the days of the British Army when the loyalty of some of the men in the ranks of the various line battalions, was to say the least, questionable. The Aide-De-Camp and the adjutant formed a protection party for the CO and the inspecting Officer, in case they were attacked by their own soldiers!

An interesting and virtually unknown tradition, (depicted on the accompanying photograph) is that of having the adjutant of the battalion and the visiting dignitary's Aide-De-Camp proceed the inspection party with swords drawn down the ranks of the battalion. This dates back to

The Aide-De-Camp in the accompanying photo is shown wearing the traditional mark of an Aide - Aiguillettes. Aiguillettes were originally iron spikes with a long cord formed into a loop attached. They were used by the Aide to ground-tether his generals horse while the general was dismounted. You'll notice he still carries two (presumably one for himself and one for the general). Today the Aiguillettes are gold plated with gold braided cord. As stated before they are used to readily distinguish an Aide-De-Camp from amongst a group of officers.



Combat Leaders Course Being Held

At present 2 PPCLI is conducting a combat leaders course for members of 2 PPCLI and 3RCHA in Shilo. The course, designed to produce section commanders, is seven weeks in length. The first four weeks of the course are being conducted in Kapyong Barracks and focus the

candidates attention on methods of instruction, drill, discipline, physical fitness and leadership training. The second phase of the course will be run at Camp Dundurn Saskatchewan and will cover basic tactics, patrolling, navigation and leadership assessment/training exercises.

The accompanying photos show the candidates giving lesson mutals in drill to their peers on the parade square at Kapyong Barracks. The course started with sixty-five candidates and at the present date has been reduced to forty seven, so the standards are high.



If Voxair were printed on green paper, it would still be worthless

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CFANS NEWS CORNER

NAV

SQN

By CAPT. W. KOCH

The C-130 Hercules are still grounded. Training at CFANS has ceased. All the students have been sent on leave or farmed out to other duties. The instructors are digging into lesson plans and other projects to put polish on our C-130 training program and to prepare for the Nav Trainee program coming next summer.

429 Squadron should receive a C-130 by the first of October in order to keep the pilots proficient. However the next aircraft is not scheduled to arrive until about the first of November. This aircraft will be the first to contain the Nav Trainer Module in the cargo compartment.

The Nav Trainer Module will change the C-130E designation of the aircraft to C-130 NT. The module itself consists of four consoles for students and two instructor positions between and behind every pair of students. Each student console will have the basic navigation instruments as well as computer or radar

terminals and indicators.

The modules will require several months to check out prior to coming into training use in the summer of 76. A detailed description of the C-130NT will be presented in a future article of the CFANS News Corner.

On Saturday, 13 Sep, CFANS had a BBQ and dance at the Officers' Mess. A vote of thanks for a splendid party goes to Gordie Dow and the organizers of the Thrash. Also thanks for the second helping of steak, salad and potatoes from a couple of single types.

Prior to the eating, LCol Brittain introduced the past summer's new arrivals at CFANS. Among those who have not been mentioned previously in this article is Capt. Al English, a newly-arrived C-130 navigator from 436 Squadron, Trenton. Al was a few days late getting to Winnipeg because of car troubles he said, but since he's a bachelor, I sort of wonder about that!



L COL. F. C. Brittain presents Major J. W. Schenk (USAF) with certificate for completion of the Air Command and Staff College Nonresident Seminar Program. The certificate was accompanied by a letter from the Commandant of the Air Command and Staff College which stated, "The non-resident program requires about two years to complete with considerable off-duty time and effort devoted to seminar meetings, reading, writing, research and speaking. Successful completion of this course of study represents a significant achievement in the career progression of Military Officers. Please extend my congratulations to Major Schenk for this noteworthy accomplishment." Signed, Frank M. Drew, Brigadier-General, USAF.

Register Now For 104th Scout Group

Registration for the beavers, cubs, and scouts of the 104th group will take place following a general meeting of the parents at Lipsett Hall on Thurs 25 Sep 75 at 7 p.m. Groups will meet at the following times: Beavers - Thurs 5:30 - 7 p.m. Cubs - Tues 7 - 9 p.m.; Thurs - 7 - 9 p.m.

Scouts will meet Monday evening 7 - 9 p.m. Registration fee is \$8 per boy. The group committee will continue its practice of subsidizing the second boy in a family.

Parents will elect their group committee for 75/76. Parents are needed to work with the boys. Anyone interested will be provided with training courses and the assistance of experienced leaders.

Safe Backing Course so far here in Winnipeg. The course was divided into two phases; phase 1 being conducted with lectures in the classroom concerning the theory of proper backing techniques, and phase 2 featuring six driving exercises where the drivers were scored on their individual backing abilities.

The first course here proved to be very successful, as 70% of the whole of Base Transportation personnel attended, showing great interest and enthusiasm. Plans are presently being made to have all CFB Winnipeg 404 holders go through this course at some future date, so all concerned should be prepared.

(Power to the Podium).

Two other lucky chaps up here are the Chief Instructor, Maj. Chisholm who is going to the third Canadian Symposium on Remote Sensing, and Capt. Fraser Barnes (our real remote sensing instructor) who will be going to the tenth International Remote Sensing Conference at Ann Arbor, Michigan.

Plaxton does his thing tonight, in front of the wives. John's annual schtick is supposed to explain to ASC course members' wives why a Hewlett Packard 35 will be getting more attention than they will. This year John has 'something completely different from other years which weren't quite the same as this year' in the form of a video tape recorder. John intends to tape the proceedings, call them 'JP4 meets Hippolyte' (makes Lord of the Rings look like a trilogy) and sell it to the movie houses.

Since I still haven't got any stills I'll have to cut this column short. You know with the things backed up this far, I'll probably need the whole Voxair next column.

T.T.F.N.
D.G.

(Dipodidae Glliridae).
I decided to sign off formally this time.

YES...VOXAIR does try to print something for everyone. The mistakes you find in this addition have been left intentionally for those that are always looking for them.

Base TPT Holds Safe Backing Course

During the week of Sep. 8 - 12, the first step was taken in reducing the ever increasing backing accidents which are occurring throughout the Canadian Armed Forces.

This was accomplished by the MSE Safety Section with aid from the rest of the Transportation personnel, by holding the first

ASC NEWS

By CAPT. MEL WALKER

"The best laid plans O' mice and men, Gang aft' a gley.
- (Burns)

And somebody up there just ganged up on this mouse. The scenario went something like this:

ASC 28 were supposed to get course photographed one week after arriving but since Air Command arrived the same day as ASC 28, the Base Commander had to postpone his traditional greeting 'til the same day as the photo was scheduled. This meant in turn that the photo wasn't taken 'til the next week or more accurately 'til next week since John Conrad got sick and we can't take a course photo without the only ASC 28 member who owns

his own computer.
Got that?

Anyway, get well soon John, so I can tell all two of my readers (after all, Art and Janice Armstrong got transferred to sunny - and earthquakey California) about the course - complete with photo.

That last sentence was also a sneaky way of bringing Art's (one of our illustrious alumni) promotion to Mayor to everytwo's attention. With only two nav promotions on the list, it seems only fair that the second one should also go to Duane Daley, a course member on ASC 28. Duane however, is even shorter than I am so he can't intimidate me from his desk.

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429 SON BISON BREW



Howdy herd! If we don't get an airplane soon, we'll be the most qualified, fittest, best-educated, non-flying aircrew in the country. Every morning, ground school lectures on the various C-130 systems are presented by the Squadron first officers. Lou Paposki, our lecture organizer, is lobbying to send them on an instructional technique course so the aircraft commanders and flight engineers can see the diagrams from the back of the room. Unfortunately, Bill Stenberg, wearing his flying goggles and scarf - remember the good old days when we used to fly - (he's actually getting ready for the Edmonton simulator) has had to miss out on the lectures as he has been manning the nerve centre of the Squadron - the Ops Desk.

After our daily refresher on pilot monitored approaches, take-off and landing distance charts, propellers, fuel systems, emergencies, etc., we whip over to the gym for a mini-workout - (Ray McAnally loves it) - under the watchful eye of the Rec staff, followed by team sports. Ray Moore, our Squadron Sports Officer, was last seen leading the soccer team to the baseball diamond where "Slugger" Charlebois, "Home-Run" Everett, and "Rubber Arm" Hess wowed the crowds. (The crowd usually consists of Al Jopling and a few others taking a ten minute or so jog around the adjacent track). Admission is free. Ever hear of the Battle of Second Base? It had to do with mass Vs velocity and the participants were Cal Breum and Willy Williamson. . . Thud.

In our never ending quest to become highly trained aircrew, we recently spent a few rainy, windy, but pleasant (if you had a parka) hours firing at targets at the St. Charles Rifle Range. Jim Humphrey, the Squadron marksman is holding classes after hours to discuss the finer points of firing the pistol. Next on the agenda, is the first-aid course in late September. This one is in case the Boss shoots someone - on purpose or otherwise. And, just so everyone has a better chance of making it to work intact - it's actually for crew transport purposes away from Winnipeg for when we start flying again - eight or so Squadron members are taking the Defensive Drive Course in early October. The course is a prerequisite for a DND 404 (military driver's permit). (If you can't fly, you might as well drive).

Our thanks to the Entertainment Committee: Cal Breum, Brian Fritsch, and Don McDonald for the fine party they organized recently. An excellent time was had by all and there was even food left over for seconds. The feature of the evening had to be the "Leo Quinlan two step" (if you can call it that) on the dance floor. Leo is now resting in the hospital with a twisted arm, thrown shoulder, and broken back. A close second, by contrast, was Barracuda oozing his way across the 'liberally sprinkled

with shuffleboard powder" floor. Polka anyone?

In the Flight Engineer section, we are unfortunately losing a man with a wealth of knowledge about the Herc who did an outstanding job of setting up the Squadron FE Section - MWO Roy Wood, our favorite FE Leader. We would like to thank him for all his good work as he heads off to CFOCS in Chiliwack on the CFR course which begins near the end of September. Also leaving for a few weeks, is Claude Mikkelsen who will be attending the Junior Leaders' Course. Speaking of moving out, Cal Breum and his family are now living in their own home.

Welcome back to Marg who spent a week playing Miss Snowdon while the Base Commander's Secretary was away on leave.

In the flying department, the good old reliable Dak is still chugging along. It took the last ICP Course all the way out to the West Coast for their course visit - a remarkable feat as it was rumoured that the Dakota couldn't possibly fly across the Rockies as of this spring. What a few wing cracks in the Herc will do to renew faith in the Old Gooney!

Quotable Quotes from Linda (not from 429 Squadron): "This wine sure is great! Couldn't have done a better job if I had stomped on the grapes myself."

Seen about: Dan Jones being presented wings for his death-defying biplane journey from Edmonton to Winnipeg (see picture).

Overheard: Puppy dog barking in the word Processing Centre.

So long.

**NEXT VOXAIR
DEADLINE
2 P.M.
Wed 1 Oct**

RUSTPROOFING? CHECK FIRST

Shop around before having your car rustproofed, advises Consumers' Association of Canada. Check out a firm's reputation with the Better Business Bureau of your local consumer's association. Make sure the company you are going to deal with is well established. Read all the clauses of the warranty carefully before signing so that you understand all the terms and stipulations. For example, some companies will require each treated car to undergo a follow up inspection after a specified period or the warranty becomes void. Other guarantees must be registered within a certain time period to be valid. Warranties may only cover the cost of the initial application of rustproofing - not the cost of repairing rust damage. Find out if the warranty covers interior or exterior rusting.

F-14 Makes Debut In Canada



Ottawa, Canada.-An F-14 TOMCAT, designed and built by Grumman Aerospace Corporation participated in the Ottawa International Air Expo September 13 and 14 at Uplands Airport.

The F-14, newest and most sophisticated in a long line of fighter planes produced by Grumman, is now operational with United States Navy squadrons aboard the aircraft carriers USS ENTERPRISE and USS KENNEDY, in addition to several land-based squadrons located on the East and West Coasts.

The United States Navy

currently plans to purchase 390 of the variable sweep-wing, supersonic F-14's with 160 already delivered. In addition, the Imperial Iranian Air Force has purchased 80 of the aircraft with deliveries scheduled to begin in early 1976. Other foreign countries have expressed interest in the F-14.

Grumman officials attending the Ottawa International Air Expo have expressed their confidence that the F-14 is uniquely qualified to satisfy the Canadian Force's (CF) new fighter aircraft requirement. To date, the F-14 has completed over 37,000 flight hours.



51ST Group Boy Scouts Of Canada

The 51st Group Scout Troop and Cub Pack will continue accepting registrations for the Troop and Pack at Bldg. 81 Sharp Blvd (turn right before the gate towards Transair) on Tuesday evening for Cubs from 6:30 to 8 p.m. and Wednesday evenings for Scouts from 7 to 9 p.m.

Cubbing is a program of fun and activity for all boys 8 to 10 years of age. Scouting is a program where you learn to prepare yourself for manhood as a responsible, active citizen - willing and prepared to help your fellow man, neighbourhood, and country, for all boys between 11 and 14 years of age.

Ten Scouts and 23 Cubs are already registered with the 51st Group. The cub pack is off to an excellent start with 4 leaders and two group committee members in attendance on Tuesday night to welcome the Cubs. Cubmaster Gordon Sutherland and his assistant Cubmasters were busy checking out badge qualifications, sorting the boys into their sizes and generally getting to know their cubs. The enthusiasm of the boys towards cubbing is overwhelming. The Group accommodation in Building 81 is excellent and the leaders are busy getting the rooms fixed up to accommodate their needs. Parents are invited to inspect the accommodations at any time when they bring their sons for their cub and scout meetings; meet the leaders and your Group committee.

Cubs meet 6:30 to 8 p.m. Tuesdays

Scouts meet 7 to 9 p.m. Wednesdays

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in vino veritas

by R. KOHLBERG

Good news from France! It doesn't matter what you are suffering from - heart disease, gout, menopause, influenza, rheumatism, food poisoning, arthritis, eczema, hardening of the arteries - Dr. Emmeric Maury has a prescription for it: *a bottle of wine per day.*

The 73-year-old physician from Fontainebleau who specializes in acupuncture and homeopathy (a method of treating diseases by drugs in minute quantities), has published an instant bestseller in France, titled "Treat Yourself to a Good Drop of Wine". Dr. Maury claims to have used his wine treatment with 100 per cent success. He explains in his book that wine contains various amounts of minerals, such as calcium, potassium and sodium, metals such as magnesium and iron, vital organic substances, and vitamins B and C.

If ever some of us have needed justification for our fondness for a good bottle of wine, now we have it. That's why we are so healthy and full of life and vigor.

France, the good doctor's homeland, is famous for its good wines, especially red ones. But they produce some agreeable white ones as well. We tried a Schroder and Schyler *Entre-Deux Mers*, a full-bodied, dry wine, with the classic vinous flavour. This wine should be chilled, but not too much. At only \$2.15, it is a good idea to keep a couple of bottles on hand, to go with chicken, fish, or just for medicinal purposes.

The true Moselle wines at one time had a reputation for extreme dryness, which some connoisseurs appreciated greatly, but many other people considered downright sour. In recent years, the Moselles seem to have mellowed, and those real dry ones are not too easy to find. Whether the Vintners process them differently to cater to popular taste, or whether the grape varieties themselves have undergone a mellowing phase, I don't know. However, we came across one Moselle called *Moselmaid*, bottled by the well-known Deinhard firm, that was a true Moselle in the old sense. It was decidedly dry and tart, yet pleasant - a lively wine, not harsh at all. If you like emphatically dry wines, you may want to try it (\$2.60).

People who went overseas as soldiers or visitors years ago (before Canadians became a wine-producing and wine-consuming people) always raved about the fantastic "Hock" wine they drank there. The actual name is *Hochheimer*, but the producer (Langenbach) puts the popular anglicized *Hock* in brackets after it. I wonder if this 1973 vintage lives up to the nostalgia value of, say, the forties or fifties. To me this wine had a delicate mustiness, suggesting a faintly agreeable quality of decadence. Whether it is worth \$3.80 to try to recapture those happy old days, only those who

tasted it then can tell.

I have only tried one wine lately that approached the five-dollar range. This was called *Wollsteiner Affchen Auslese*, 1971, a Rheinhessen wine. (Where they get some of these names I often wonder: "Affchen" means little monkey - where is the connection to wine?) It is graded as 2, deservedly, and has a sweet, grapey taste. For \$4.60, a good wine, definitely to be recommended, although I can imagine some people wondering why this one costs so much more than others.

Someone recently complained that I only discussed "expensive" wines, in my last column, the \$2.50-and-up price range, and that there are some good ones around for less than that. I agree - up to a point. There are a few acceptable lower-priced wines from the Mediterranean regions, I just hadn't had any the last time I wrote about wines...

When we went to Greece two summers ago, we became well acquainted with the "national" wine that is served practically everywhere and any time for lunch or supper: the famous *Retsina*. This is a dry white wine to which resin has been added that gives this wine its peculiar strong pine flavour, loved by all Greeks and found weird and odd by many others. It is the kind of thing that you have to *want* to like - that you like, perhaps, because of happy associations. I remember the first time I tried it years ago right here in Winnipeg, and I couldn't see how anybody could drink it. But when you sit in an open-air restaurant with the Mediterranean at your feet, basking in the hot Greek sun, it is quite another matter. And when you are in the company of friends and share a meal of local food, everything seems to be in harmony. Afterwards you remember those enjoyable occasions, and everything that went with them becomes a beautiful memory, too.

This is a long way of saying that I have become very fond of the Greek *Retsina* wine. For a long time, it sold here at \$1.65, but has now gone up to \$1.90, which is still reasonable. In Greece, several wineries make it, bottle it and sell it, and the quality, even there, varies greatly. I remember one Greek friend complaining at one occasion, "this wine is full of water!" The one exported to Manitoba is by Cambas, and its flavor and quality is fairly constant, although some people claim that it doesn't "travel" well. I only recommend *Retsina* to the adventurous.

Another Greek white wine, this one new to Manitoba, is *Achaia Demestica*. It is one of those robust peasant wines that take you by surprise by their positive flavour. Nothing odd or wishy washy about this one. It is assertive, but not rough as some of the Mediterranean wines sometimes are. You can almost taste the sun beating down on the ripening grapes. It is only \$1.80. Serve well chilled.



FLIGHT ENGINEER WINGS PRESENTATION. Col. Henry, Base Commander CFB Trenton, recently (last October) presented WO Dan G. Jones with Flight Engineers' Wings upon successful completion of the Hercules course at 426(T) Training Squadron. WO Jones is presently posted to 429 (Composite) Squadron as a Flight Engineer.

PRAISE

Continued from page 1

CFB Chatham, across the Miramichi River from Newcastle, when a crew-member noticed an oil-tank-truck and half-ton pickup truck, driven by Williston, collide and both vehicles overturn in a ditch.

When Lt. Cnuck Brunet, 21, of Ottawa, noticed the accident the pilot Maj. George Zvanitajs, 33, of Toronto, immediately set the helicopter down in a field next to the truck.

Lt. Brunet and Sgt. Gordon McLeod, an air traffic controller from New Glasgow, N.S. jumped out, taking a fire extinguisher.

The motor of the tanker, loaded with fuel oil, burst into flames as they arrived. Sgt. McLeod extinguished the fire while Lt. Brunet organized part of the rescue.

The co-pilot, Capt. James Stith, of Regina, jumped out and helped the two prepare the injured Williston for evacuation. After notifying CFB Chatham control tower, the helicopter flew Williston from the accident site to the base, and an ambulance took him to Chatham's Hotel Dieu hospital where he recovered from chest and back injuries.

The driver of the tank-truck was not seriously injured.

Three persons were killed and five others seriously injured June 20 in a three-car collision at Millerton, just outside Newcastle.

Chatham's base rescue unit quickly answered an urgent call

Price is a relative factor: Recently in B.C. I was appalled by their wine prices. A cheap wine for them - I am talking about imports - is about \$3.50 to \$4.00, wines that sell in Manitoba for much less. The reason seems to be that B.C. vintners put pressure on their government to keep the imports high-priced so they can sell their own home-grown product. And the selection is even worse. When I look over the multitude of wines in the shelves in my favourite wine store on Ainslie and Portage, I can only hope nobody will attempt to grow grapes in a big way in sunny Manitoba, and that we can continue to enjoy a large variety of imported and domestic wines side by side to satisfy everyone's taste and budget.

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Contact Mrs. Granger
837-3468**

SPEED LIMIT: What many motorists observe when driving behind a police car.

There were just as many careless drivers 60 years ago, but the horses had more sense.

"A man in a small boat was trapped in some out-going ice-floes in Baie du Vin, just east of Chatham, on Miramichi Bay, late one night. The ice was moving, and it looked like his boat was going to be crushed. There was no way we could get to him, so we called base rescue and one of their "Hueys" was 'johnny-on-the-spot.' It plucked him right out of the ice... saved his life. (Capt. Clarke was the pilot for that rescue as well). There was a similar incident and rescue a week later, he said.

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Welcome From The Base Chaplains (P)

To all the new arrivals to CFB Winnipeg and Air Command, the Chaplains extend to you and your family a warm welcome. This month marks the beginning of the various chapel programs and we would welcome your participation in any of these activities, there has been a very large group of new families come to the Base and of course, we have lost just as many. You are invited to participate in our Sunday worship services and in any of the activities listed on this page.

We, who are members of the Armed Forces, realize only too well the disrupting effects of moving around can have on the family structure. There are many concerns that face a move, housing, schooling, medical and dental services. These concerns must be attended to in order that the family can become established in the new environment. But the pressure we encounter sometimes gets us down, and we may have the sense of feeling that no one really cares about us or our difficulties getting settled. These pressures, this sense of being alone, this rootlessness is one of the greatest scourges of our generation—and its effects can cause breakdown between husband and wife, between parents and children and even a breakdown in the ability of the individual to cope with life and all its changes. This is part of the concern that the Chaplains share with you and your family, and we hope that we can be the person



INTERIOR RC CHAPEL

Speak Gently

Speak gently! — It is better far
To rule by love than fear —
Speak gently — let not harsh words mar
The good we might do here!

Speak gently! — love doth whisper low
The vows that true hearts bind;
And gently Friendship's accents flow —
Affection's voice is kind.

Speak gently to the little child!
Its love be sure to gain;
Teach it in accents soft and mild,
It may not long remain.
Speak gently to the young, for they
Will have enough to bear;
Pass through this life as best they may,
Tis full of anxious care!
Speak gently to the aged one,
Grieve not the careworn heart;
The sands of life are nearly run,
Let such in peace depart.
Speak gently, kindly to the poor—
Let no harsh tone be heard;
They have enough they must endure
Without an unkind word!

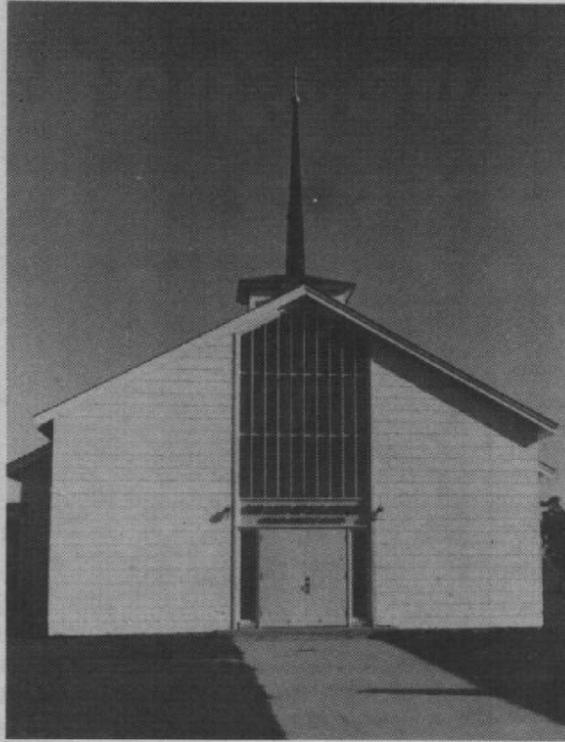
Speak gently to the erring — know
They may have toiled in vain;
Perchance unkindness made them so;
Oh, win them back again!

You can always tell a well-informed person — his ideas are the same as yours.

There is hardly any limit to the good a man can do if he doesn't care who gets the credit.

—Children and fools tell the truth.

ROMAN CATHOLIC



CHAPEL

you can count on to assist you through the crises of family life.

We also would like you to feel that the Chapels on the Base are your own, and that wherever you may roam throughout the Forces, you can count on the fact that you will find a welcome and a fulfillment of your needs. Within the framework of the Chaplaincy Service (P) there is represented five of the denominations of the Canadian Council of Churches; the Anglican, Baptist, Lutheran, Presbyterian and United Churches. It is not the intention of the Chapel program to be "all things to all men". This would be an impossible task. However, the compromise of the ecumenical approach has certainly proven itself over the past thirty years. We would welcome your assistance in our attempts to put meaning back into the confusion of our times, and we hope that the year ahead for the Chapels will be moulded to the needs of the community and the family.

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BE A SUNDAY
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LOCAL 417**

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FOR CHAPEL
COMMITTEES
CONTACT YOUR
CHAPEL**

PROTESTANT



CHAPEL

The Christian Community

CFB Winnipeg

Bid You

Welcome In

The Name

Of Jesus

Welcome From The Base Chaplains (RC)

Every morning people ask me "what's new today, Father?" I say, "It's a brand new day, it was never here." This time I have to say, "Guess what?" "We have a brand new chaplain at St. George's (south site)." They say, "Finally you got somebody to help you..." I say, "It's more

Chapel Services

RC CHAPELS

SERVICES SCHEDULE

St. George's Chapel (RC)
Kenaston Ave.
Tel: 889-1331
Masses: 5:00 p. m. Saturday;
11:00 a. m. Sunday; 4:45 p. m.
Wednesday & Fridays.

Our Lady of The Airways (RC)
Silver St.
Tel: 832-1311 Loc. 272.
Masses: 7:00 p. m. Saturday;
11:00 a. m. Sunday; 4:45 p. m.
Tuesdays & Thursdays.

Occasional services and sacraments are arranged by contacting one of your Chaplains.
Capt. Father E. Cremona
Base Chaplain (RC)
Telephone: 885-2715

Capt. Father H.E. Nowakowski
Chaplain (RC)
Telephone: 889-1331.

PROTESTANT CHAPELS

St. Andrews Chapel (P)
Corner Grant & Kenaston
Tel: 889-9173

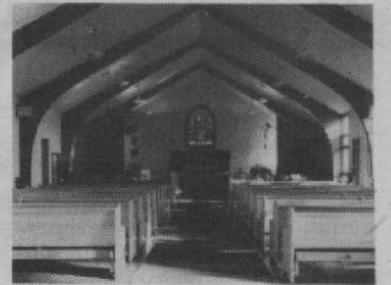
than somebody, it's a big man, six foot two..." "Wow, watch it Father, because you look like two foot six beside him." Well, remember I answered you, "Look from the neck up."

We sincerely welcome CAPT. Father Henry Ernest Nowakowski from the Diocese of Edmonton, Alberta. He is a new Chaplain and has been assigned to the Base since 2 Sep. 75. You will find him at St. George's Chapel. He will work for the Base and will be particularly busy with the 2 PPCLI. He has already been introduced to the CO, LCol R. Stewart, his officers and some of his men. Father Nowakowski worked in Alberta and Ontario in different parishes and is a man of great experience. We will benefit from his experience and share with him his new responsibilities.

Welcome to all parishioners and friends on the Base and as in the past, we'll work together for the spiritual and temporal welfare of all. We would like you to get interested and involved in all the organizations established for you in our Chapels.

Sunday School has just started and with the generosity of some of you who offered their services as volunteer teachers, or as we call them, "Catechists", we will succeed in teaching the love of God to the children entrusted to our care.

A questionnaire was handed to you on the 7 Sep. Those who missed it are requested to fill it in on Sunday after Mass. The questionnaire deals with all the activities of your parishes.



INTERIOR PROT. CHAPEL

10:30 a. m. — each Sunday,
DIVINE WORSHIP
4th Sunday — COMMUNION.

9:15 a. m. — 2nd Sunday —
Holy Communion (Anglican).

Chapel of The Good Shepherd (P)
Corner Whytewold & Silver
Tel: 832-1311 Loc. 417.

11:00 a. m. — each Sunday,
DIVINE WORSHIP
4th Sunday — COMMUNION.

9:15 a. m. — 1st & 3rd Sundays —
HOLY COMMUNION (Anglican)

Occasional services are to be arranged by contacting one of your chaplains and making the proper arrangements.

Maj. J.P. MacLean
Base Chaplain (P)
Tel: 832-1311 Loc. 417

Capt. J.I. Mills
Chaplain (P)
Tel: 889-9173

Capt. J.J.A. Tyrrell
Chaplain (P)
Tel: 832-1311 Loc. 417

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voxair sports

Comment On Sports

By CAPT. J. LORING

Physical Fitness Testing! Do we really need it? The problem is a very complex one and not likely to be solved in the near future. There are people who are for the testing and many more against it.

Those who are for the testing usually have no problem with it, as they are already active in running or some sport. On the other side of the coin, those who are against the testing; and in most cases the latter are a majority group; go through torture in order to pass. In a considerable number of cases the

testing is harmful because of lack of preparation.

Ask any armed forces doctor and he will usually indicate that (a) there are a goodly number of people who should never do the test; (b) those who do, should build up to passing the test; (c) those who try it cold, could be just that - Cold!!

It comes down to a few simple facts. Everyone able to, is directed to run, walk, or swim a particular distance in a given amount of time twice a year. Problem: How to accomplish the feat. Solution: Work baby work!!

By CAPT D. CANTLEY



The Base Recreation Staff has come up with a novel idea for making our semi-annual fitness evaluation a little more interesting. For those with a competitive spirit, you can race the 1 1/2 mile run, 2 mile walk or 750 yard swim. The rules are as laid down in CFAO 50-1, but to qualify in this competition, one must be tested by a PERI. Awards will be presented to the winner of each age classification, in each type of test and for each (I hate to use the word) sex. In addition, there will be a special award for the fastest 1 1/2 miler on the base. For those ambitious souls who have already completed their test for this period, your times, if taken by a PERI, will be submitted. Times may be improved upon and best times automatically become official times. Also, for each event (run, walk, or swim), there will be a special award for the most improvement over the time achieved in the last testing period.

While on the subject of competitive spirits, welcome to CFB Winnipeg to LCol. Cy Allan from Halifax and Capt. Les Putland from Cold Lake. Les represented Cold Lake in the CF

Marathon Championship last year and placed in the top 1/3 of the 50 runners. He also led the Cold Lake team to a decisive victory in the regional 3 mile championship last June.

LCol. Allan brings us a lot of running experience and a very impressive record. He established a new Canadian Marathon age group record for 45 year olds by running the Virginia Beach marathon in a time of 2 hours, 40 minutes and 56 seconds. In the World Masters Championships, held in Toronto in August, LCol. Allan finished 9th in 2:46:12. In addition, he finished 7th in the 10,000 meter cross country with a time of 38:28.

Our two newcomers demonstrated their abilities in the Masters 10,000 meter race held at the U of M on 7 Sep. LCol. Allan finished first in the masters (over 40) and fourth overall with a time of 35:46. Seventh overall and fifth in the sub-masters (30-39) was Capt. Les Putland with a time of 38:05. Fifth overall and fourth in the sub-masters was Capt. Doug Cantley in 37:13. This was quite a good meet with 21 runners over the age of 30 competing.

The one hour track race, held 14 Sep at the U of M track, attracted a large field (23 runners of various ages and abilities). The winner, in a class by himself, was Chris McCubbins who covered 11 miles 1,612 yards in the one hour time limit. The only runner from the Base was Capt. Doug Cantley who finished fifth after covering 9 miles, 1,172 yards.

These two events were the last of the competitive runs for the Manitoba Runners' Association season. We will be having some less competitive fun runs in the near future: a ten kilometer run on the 5th of October at 1 p. m. starting at the Assiniboine Park Pavilion.



I think we should get an electric golf cart, put a steeple on it, follow them around and offer a 'pray as you play service.'

Totem Times.

Prairie Golf Championships

CFB Winnipeg's golfers were successful in taking top honours and winning the 1975 Prairie Region Golf Championships recently held at CFB Shilo. We congratulate the CFB Winnipeg team which posted the following results from a field of 100 golfers: Cpl. P. St. Marie rounds of 74, 79, 79; Capt. B. Fritsch rounds of 82, 78, 75; Sgt. E. Rainbroth rounds of 83, 79, 81; Capt. E. Razzel rounds of 80, 84, 85; WO. W. Reid rounds of 79, 82, 89; Sgt. F. Marsh rounds of 85, 90, 86; Capt. A. Brabant rounds of 87, 89, 89 and MWO. V. Ramsbottom rounds of 85, 89, 94.

Goldeyes Scuba Club

The fall and winter session of the Base Scuba Club has commenced. We have something to offer both the experienced and the novice diver. For the Novice, SCUBA classes begin Thursday evening 16 Oct at 8 p. m. and will continue throughout the winter with checkout dives in June.

Prerequisites:

16 years of age or over upon completion of course and possess good water skills.

Registration:

Westwin Pool, any Thursday 8 - 10 p. m. (except 25 Sep) till 16 Oct. Register now and avoid disappointment.

To the qualified diver (ACUC, NAUI or equivalent certification) we offer courses for the advanced diver, reasonable rentals, air fills, and involvement in an active club.

Sunday morning family swim is available to all club members.

Reduced membership fees are available to members of the Canadian Forces (regular) and dependants (\$20).

We invite you to come out and participate in an exciting and rewarding Sport.

For further information contact Sergeant Barry Abram Loc 243 or 888-5427.

Intersection Curling

There will be a meeting in the Base Theatre Bldg. 90 at 11 a. m. Thu 2 Oct 75 for personnel interested in the Inter-Section Curling this season.

Inter-Section curling is expected to start late in Oct. Support your league and attend the meeting - we need your ideas.

For further information contact the Rec Centre loc 511.

ACTION NEWS

Indoor Soccer

The Indoor Soccer team will have regular practices each Mon from 7 - 10 p. m. commencing 22 Sep 75.

This team will compete over the winter months with local teams in an organized league.

The intention is to form a nucleus for the CF National Soccer Championships in 1976.

Contact Cpl. Thompson at 370 or your Rec. Staff at 511 if you are interested.

WEIGHT LIFTING CLUB

Anyone (including dependents) interested in joining a weight lifting club? If so, contact Sgt Jones at 889-0833 after 5 pm.

Mens' Intermediate Basketball League

There will be a meeting in the Westwin gymnasium Bldg. 90 4:30 p. m. Wed 1 Oct 75 for personnel interested in playing basketball this 75 - 76 season.

All personnel interested are urged to attend.

Broomball

A meeting was held in Bldg 90 on 17 Sep, to organize the intersection Broomball league for the coming season. Five teams have so far been formed consisting of CFANS, BAMEO, ACHQ, Alpines (French Connection) and CEU. Two representatives from each team were appointed and from the representatives an executive was formed. President - Maj. Frank Birch, Vice President - Capt. Glen Nelson,

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HANDY TO CFB WINNIPEG
NORTH SITE

Lipsett Bowling

Bowling Alleys are now open. Make up a gang and bowl Saturdays or Sundays from 1 p. m. until 4 p. m. ADULTS 40-cents Shoes 20-cents; Children 30-cents Shoes 10-cents.

Afternoons are available for ladies leagues. Weekdays we are trying to establish.

Last year's leagues if you want to bowl get in touch with the league president either where you work or at the lanes on the night of your choice.

Manager - Ken Wardell - 832-1161, work number - 832-1311 Local 404. Lipsett Bowling Alley - 888-5021.

Badminton

The Westwin Badminton Club will operate from the Westwin gym on Sunday and Wednesday evenings at 7 p. m.

Membership fees are \$6 per person, for the year.

Open to all military personnel, DND employees, and dependants 16 years of age and over.

Secretary/Statistician - MWO Les White. Further details such as officiating, schedule, playoffs, etc. were worked out in a meeting of the representatives on 22 Sep. League will start sometime after 6 Oct. Anyone interested in playing and who hasn't been approached by any team, can get information from MWO White at the Rec Centre.

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Lipsett Hall Summer Program

The second summer program running out of Lipsett Hall Recreation Centre came to a close on Aug. 29.

A wind-up party was held for all the children and their parents at which time special awards were presented for outstanding team competition and art.

LCOL. G. Whitten was present representing the Base Commander Col. M. D. Gates. Capt. Harrison the BPERO was also present. Special guests for the evening included such personalities as Father Cremona, the RC Chaplain, and Mr. Mike Ford of the Winnipeg Jets.

The program which ran for three weeks, covered some 15 different activities in which, as teams and individuals they participated and were awarded points. There were between 75

and 100 children active each night for 2 hours.

If the children's faces and parents comments were our only measure of success - then the program was certainly worthwhile.

Much of the credit for any program must be given to the volunteers, and this program had its share. Topping the list were the Teen-agers who were present every night to help. The parents who assisted when they could, and last but not least our special guests, especially Mike Ford, for devoting his time to come down on the final night and give our kids a special treat.

For anyone who I may have forgotten to thank, I extend my congratulations for all your hard work and we hope to have another such program very soon.

Lipsett Hall Family Night

Family night will again be a highlight of the program at Lipsett Hall in the 75-76 season.

It will start to operate each Monday night from 7 - 8:30 p. m.

This program is open to all and all Lipsett Hall facilities will be available to users.

The program is designed for families as a unit and no children

will be admitted unless accompanied by their parents.

Time has been set aside to allow the use of the pool and sauna to families from 8 - 8:30 p. m. on these nights. (Children are not allowed in the sauna unaccompanied).

PROGRAM WILL START ON MONDAY SEP. 29.

OVERALL TEAM WINNERS



Back Row - L-R- Mike Ford, LCOL G. Whitten, CAPT. W. Harrison with members of The Winning Team.

- | | | |
|-----------------|----------------|-------------------|
| Andrea Cuthbert | Kim Doyle | Joel Woznica |
| Terry MacDonald | Karen Hicks | Liz Robinson |
| Ronald Bellemar | David Revoy | Denise Westcott |
| Rachael Swift | Sherry Mallard | Jamie Stevenson |
| Chris Carson | Pamella Nolan | Rolland MacDonald |
| Jody Woznica | Ross MacDonald | Huey Westcott |
| | Doug Cook | Robbie Grant |

TEAM COACH GLEN ANTONIAC

ART CONTEST WINNERS



Rear - L-R- CAPT. W. Harrison, LCOL. G. Whitten, Mike Ford with winners of awards in art contest.

NOTICE

FIGURE SKATING - WESTWIN



Did you miss the registration for the Figure Skating classes offered by our Community Club through the St. James-Assiniboia Figure Skating Club? Classes for the Westwin group at the Badge 1-8 level (age 6 and up) commence Friday October 10, 1975, from 5:15 to 6:00 p.m. at the Civic Centre. Cost is \$10.00 for 20 weeks. The Westwin convenors for this group are Mrs. Helen McSween, 30 Cornwall, 889-0248, and Mrs. Rosemary Butler, 451 Moorgate, 837-3722. If you would like to register your child, please contact one of the convenors before September 30, 1975.

Curling Corner

The 1975-76 Curling season goes into full swing commencing with Open curling on 6 Oct 75. The period of 6 - 12 Oct will give everyone a chance to limber-up and hopefully be ready for the popular Harvest Spiel which starts on 14 October. OPEN CURLING (both sites) 6 - 12 OCT.

The Harvest Bonspiel is scheduled to commence on 14 October and will run through to the 18 October inclusive. This year the Harvest Spiel will accommodate the first 64 rinks to enter, so skips are urged to get with it and get their rinks together and enter soon. Entry fee will be \$16 per rink. This spiel is not billed as a mixed, however, the ladies are more than welcome in this one. A rink will be given a bonus point to start each game for each lady on the rink, up to a maximum of two points. Entrees may be phoned to MWO Don Nutley at local 369. Further details are posted at both clubs.

Regular league play will commence on the following date: Mixed League - 19 Oct (Sunday)

- Men's Monday - 20 Oct
- Men's Tues/Thurs - 21 Oct
- Men's Wednesday - 22 Oct

Ladies Friday Night - 24 Oct Final arrangements for Junior curling is underway, it is hoped that curling for the Juniors will commence on Tuesday, 21 October. Further details will be announced shortly.

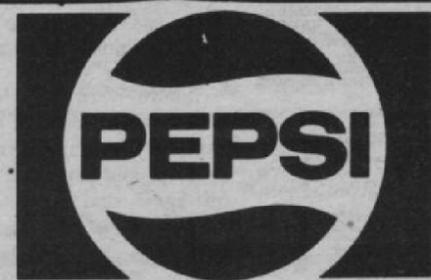
Membership Applications are available at both rinks or from all Orderly Rooms. Curling Applications must be in to the Membership no later than 1 October. For further details contact the Membership Chairman Captain P. J. Graves at local 562.

A "Get acquainted" night will be held on Thursday, 9 October commencing at 8 p. m. in the North Site Rink (Westwin). A music man will be in attendance and a light lunch will be provided. Members are urged to come and meet this years members and executive.

The Curling Club still require key Committee Chairman. If you are a Regular or Ordinary curling club member and are interested in serving on the committee please contact the President Major George Baker at local 381. REMEMBER CURLING APPLICATIONS MUST BE IN BY 1 OCTOBER, ACCOMPANIED WITH FEES.

Individual Winners Art Contest

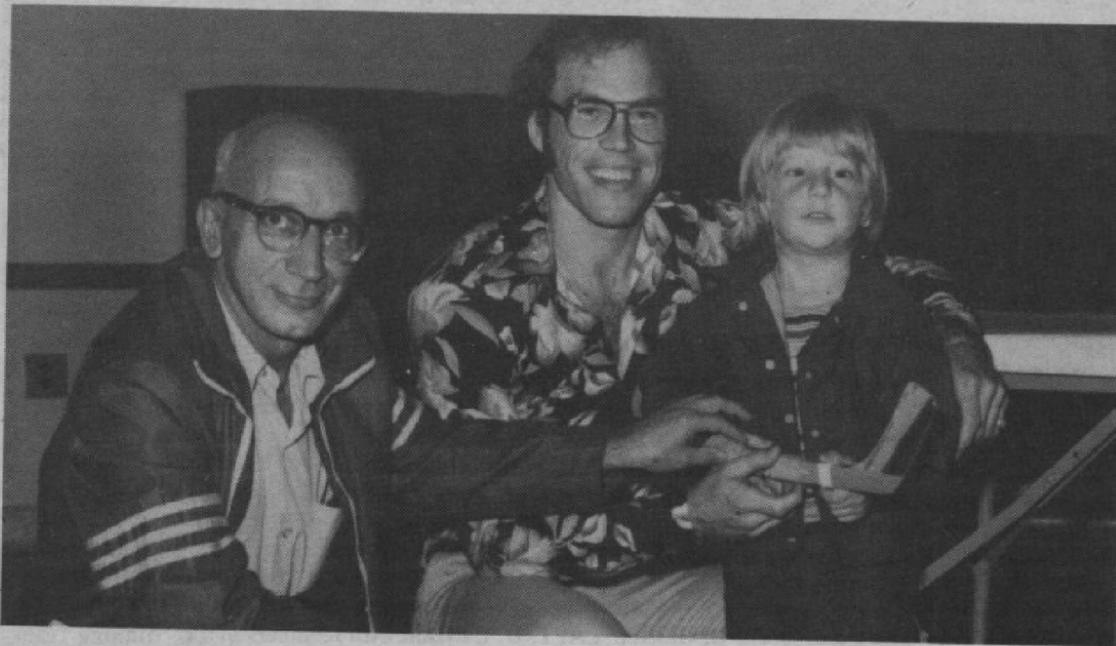
- | | |
|-----------------|--------------------|
| Ages - 6-7 | 1. Doug Cook |
| | 2. Brent Stevens |
| | 3. Jill Scott |
| Ages - 8-9 | 1. Debbie Cuthbert |
| | 2. Jody Carson |
| | 3. Rodney Hudson |
| Ages - 10-11-12 | 1. Terry McDonald |
| | 2. Ronney Bellemar |
| | 3. Heather Colffen |
| Ages - 13-up | 1. Kelly Morgan |
| | 2. Doug Hermiston |
| | 3. Gary Merritt |



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SUMMER PROGRAM CONT'D

Special Presentation



L-R-Father Cremona, Mike Ford, Doug Cook. Special presentation for the boy, who most enjoyed the program.

Volunteer Workers



Back - L-R- CPL. Dobson, Dave Duncan, Rick Gibson, Greg Gellart - MCPL. Brown. Front - L-R- Beth Cuthbert, Tony Scaleta, Glen Antoniak, Pete Torris, Tina Brown, Dougie Cook, and Lorraine. Missing from picture - Fred Mattson.

Inter-Section Curling 75/76 Season

A meeting for all personal interested in Inter-Section curling this season will be held in the Base Theatre, Bldg. 90 at 1100 hrs., 2 Oct. 75. Support your league and attend the meeting. For further information contact the Rec Centre local 511.

ATTENTION NORTH SITE MQ RESIDENTS (INCLUDING BLHUs AND MDPRes)

DON'T FORGET THE "HOWDY NEIGHBOUR NIGHT" BLDG 21 NORTH SITE, 8:30 PM to 1:00 AM, SAT 27 SEPT 75 "FREE ADMISSION" "FREE FOOD AND DANCING" Come out and meet your Community Councillor, air your views for community improvement, and at the same time, meet your neighbour and have a "FUN NIGHT"

MILITARY POLICE CASH PRIZE CHARITY BINGO

8 p.m. WED., 15 OCT 75 NORTH SITE OLD REC HALL (BLDG. 21) Thirteen \$50. Bingos plus - \$300. and \$150. Jackpots. ADMISSION \$2. with extra cards selling for .25 cents ea. DOOR PRIZE/DOOR PRIZE/DOOR PRIZE 20 inch COLOR TV will be raffled at the BINGO (Tickets are available for the TVs at the MP Station on Whytewold Road.) Help the MPs help a blind child

CFB WINNIPEG CERAMIC CLUB

The second course for this season is due to commence on September 30, 1975 at 7 p.m. Bldg. No. 81 (Recreation Centre). INTERESTED? Call Jan Thompson 888-8653 or Marlene Wiess 889-0754 for further information. TEENAGERS - If enough Teenagers (13-16) are interested, a Friday night session will be held. Otherwise, Teens will be omitted from the membership list. Contact the above for further information.

Prairie Region Sports Calendar

Table with 3 columns: Date, Sport, Location. Includes events like Skiing (Nordic), Bowling, Curling, etc. at various CFB locations like Sioux Lookout, Cold Lake, Shilo, Calgary, Moose Jaw, Edmonton, and Moose Jaw.

BOWLING

Westwin Lanes are ready for another year of operation. Hours of operation are as follows:

- Sunday Afternoon - Open Bowling 1 to 5
Sunday Evening - Mixed League 7 to 11
Monday Evening - Y.B.C. Seniors 6:30 to 8:30
Monday Evening - Y.B.C. Major 8:30 to 10:30
Tuesday Evening - Ladies League 6:30 to 11 p.m.
Wednesday Evening - Mixed League 7 to 9
Thursday Evening - Intersection League 7 to 11
Friday Evening - Open Bowling 7 to 9
Saturday - Y.B.C. Juniors 11 to 1 p.m.
Saturday - Y.B.C. Bantams 1 to 3, 3 to 5

We are also thinking of a Pee Wee League on Saturday morning. Anyone interested in Bowling in the above leagues please contact the Bowling Lanes at 889-2059 evenings and weekends or call Ron Dupuis at Base Local 259.

Table with 2 columns: Category and Price. Open Bowling Rates: Adults 40 cents, Youngsters 30 cents. Shoe Rental: 20 cents, 10 cents. Mailing Address: C.F.B. Winnipeg Bowling Club, P.O. Box 5, Westwin, Manitoba, R2R 0T0

WO & SGTs mess

with the high mess dues. The answer to this is that the entertainment has nothing to do with the rise in mess dues. The additional dues are required to offset a loan, being negotiated, to renovate the mess and make it more habitable. Entertainment functions try to be self supporting but without your support entertainment will have to cease.

Where were all the members that complain about nothing going on in the Mess? Apart from many other occasions, the night of 6 September was a good example. What happened? Well, for the information of the many that were not there, there was a dance with good food and good music. It certainly makes your entertainment committee wonder whether it is worth the trouble arranging these functions. It has been mentioned to members of the committee that the cost was too high. Surely six dollars a couple for food (a choice of cold meats and salads, rolls and coffee) plus a good orchestra to dance to is a reasonable price. Some members have even questioned why there is a charge for dances

WO & SGTs' MESS ENTERTAINMENT CALENDAR

26 Sept. General Mess Meeting Bosses night at Junior Ranks Club OKTOBERFEST 27 Sept. Music by Ernie Fink starting at 9 p.m. German style food...Free draft beer Admission (Pay as you enter) \$8.00 per couple. SECOND ANNUAL MEMBERS NIGHT 4 Oct. Dancing from 9 p.m. to 1 a.m. to the music of BAD BARRY AND THE BIG BAND Vocal stylings by VICKY KNIGHT An evening sponsored by Our Associate Members. For members only...No Guests. Admission is by Free ticket which can be obtained between 6 and 8 p.m. from 29 Sept. to 3 Oct. in the lower bar. First come...First served. BINGO AND DANCE 11 Oct. Starts at 8 p.m. Admission \$2.00 and a box lunch (sandwiches) per couple. Bingo games include Snare the Wealth, Garbage (can a card) and Jackpot.

Have You Attended A Mess Function Lately?

Voxair Variety

BY JOHN LAUDER

Do you have a seven year old child who is longing to get into show business? Or an eight year old who wants to learn play production? Or possibly a precocious three year old who wants to learn acrobatic dancing? No, this is not a recruiting pitch for STUDIO 22, but a look at the various courses in the performing arts offered for kids around town.

Incidentally, if you are a bit older, yet still yearn for a career on the boards, you can sign up with the Base Drama Club, Studio 22, by contacting W.O. Less Wood at local 362. The Club provides on-job training, and can use unskilled, semi-skilled or fully qualified actors, production assistants, stage hands, set designers and ticket sellers.

One local school, ACTORS' SHOWCASE, located at 322 Smith Street, Phone 943-2689, offers special workshops for children 7 to 12, with other courses for older kids. These will be conducted on Saturday mornings from September 13 to December 13, and will cover all aspects of creative and developmental drama.

For students eight to adult, the MANITOBA THEATRE WORKSHOP SCHOOL at 160 Princess Street is now accepting registrations for the 1975-76 season. Subjects offered are creative drama, improvisation, movement, stage design, play production puppetry and direction. Info can be had by calling 942-7291.

But if you have youngsters under the age of seven, possible the best training open is at the nearby School of Dance to be located in the Silver Heights United Church. Classes are to be given in Tap, Ballet, Jazz, Highland and Aerobic dancing, and information can be obtained by calling Connie at either 837-9247 or 837-4400.

The MANITOBA THEATRE CENTRE has announced what it calls the playbill for a "smash hit" 1975/76 season, "a cavalcade of exciting theatre," "among the best ever written" and/or "truly spans the immense and exciting range of world dramatic literature." Although it may not be all that super, they have chosen some fine plays for this winter, and undoubtedly there will be a number of hits develop.

Opening the season will be *Cyrano de Bergerac* - October 17 to November 8 - Edmund Rostland's classic comedy, translated and adapted by Anthony Burgess. The long nosed hero whose wit cuts as deeply as his sword has been an audience favourite since the turn of the century. The production, which will be directed by Jean Gascon, will star Len Cariou in the title role.

The Price by Arthur Miller is to be the second play of the season and will run from November 21 to December 13. This is a modern play on the family theme, and it demonstrates that Miller is both a born storyteller and an honest observer of the human condition.

The balance of the season, on which more will appear later, consists of *Equus*, followed by musical - either *Company* or the *New Cole Porter Revue* - then Steinbeck's *Of Mice and Men*, and last but not least, Moliere's *Tartuffe*.

The WINNIPEG SYMPHONY ORCHESTRA, having given a successful free concert in the park over the Labour Day weekend, will now get on with their regular season, which opens next month on October 10. For the opener, the orchestra will be joined by the Philharmonic Choir, performing excerpts from Handel's *Messiah*, Verdi's *The Force of Destiny*, and Mascagni's *Hymn to the Sun*.

For the second concert, at the end of October, the Symphony will welcome tenor Richard Kness and Canadian contralto Maureen Forrester as guest artists. And in the final concert before Christmas the world famous pianist Van Cliburn will perform with the orchestra.

This season, Contemporary Dancers is particularly exhilarated at the prospect of working with a live musician for the first time! Famed flutist, Paul Horn, along with his jazz quintet, will be appearing with the Company at its opening home performances on October 24 and 25, following which he will embark with the Company on a Western Canadian tour, encompassing major centres in Saskatchewan, Alberta and British Columbia. To honour International Women's Year, Artistic Director, Rachel Browne in collaboration with Paul Horn is creating a new work based on the writings of Canadian poets, Dorothy Livesay and Miriam Mandel. We know that this marriage between renowned jazz musician Paul Horn and modern dance will be as exciting and thrilling to the audiences as it is to the Company.

B & B

Continued from page 1

some of the parisian delights of the local MacDonalds, and I approached this very sexy-looking canadienne and said in my best Yves Montand voice "Un Big Mac, s'il vous plait." She immediately smiled and silkily remarked, "Do you mind if I practise my English? I seldom get a chance to, and I teach English here and..."

UN CANADIEN ERRANT...

Enough of reverie and more of reality, and my next escapade into the gaping jaws of bilingualis (I was having nightmares by this time). I want to ask you now. "Where would you post an officer who has just completed language training, bright-eyed and very prepossessed with his new francais?" Why not the Director General - Bilingualism and Biculturalism (DGBB)?" You must be kidding! I can't speak French well enough! Are you trying to bury me?

VIVE LA COMPAGNIE...

There I was, confronted by mountains of background documents on B&B, and told that I could "read in" for the next week. A week! There has been enough written of B&B to give historians nightmares. Funny thing, though, I said to myself about half way through, everything seems to date from the year 3 AP (After Pearson). How can I sit here and swallow all these policies and preachings about linguistic rights and equal partnership when I don't know if I can even accept the basis for it all. Only one thing to do - go along with all these fanatic B&B'ers, giving every outward appearance of being a convert, while furtively seeking information to rationalize the whole issue to myself.

I did it, and now I do accept the precepts of B&B in Canada. I bet I could boggle your mind with a lot of "didyouknowthats." It takes an open mind, time and good old fashioned curiosity to ferret out for oneself the history of linguistic rights of our nation; to be able to cast aside the cynicism and apathy built up by generations of Canadians content to accept a state morally negligent in its responsibilities to the French-speaking society, and other ethnic societies as well. By gosh, that's about as close to heresy for an anglophone as you can get these days. O well, you can't always sit on the fence, even if you are in the Forces.

THE GREAT TRUTH

You know, when I joined the Forces, I never thought twice about the question of choice of working language. I mean, everybody spoke English in the CF, didn't they? Besides, I doubt that I'll ever have to live in Quebec. Wait a minute! The Great Truth. A francophone doesn't take for granted that he can work in his own language. In fact, language problems may obscure his true ability and preclude him from feeling comfortable in his working environment. Come to think of it, I certainly wouldn't want my competence judged solely by my performance in French.

VOIR C'EST CROIRE

Now that I'm "in" the program, I get asked some downright embarrassing questions: cost of bilingualism, promotion policies, Bill 22 (no, Fred, that isn't the name of the new Pope). Hey, do I detect a ray of interest at last? Right!

OFFICER'S WIVES CLUB TEA

The officer's Wives Club are holding a tea on Saturday 27 September, 1975 from 2 p.m. - 4 p.m. Admission is \$1.75. Invitations have been sent to all wives - we hope. If you did not receive yours it was because your name didn't get on the Unit or Base List or we slipped up. Whatever the reason we are sorry and hope you will come and join in. If you wish to come please call Francie Gates at 837-9210.

help.

VOLUNTEERS URGENTLY REQUIRED TO HELP ORGANIZE SOUTH-SITE TEEN CLUB. IF INTERESTED CALL M/CPL D.A. BROWN 888-5021.



CFB COLD LAKE, Alta - Photo interpreter master corporal Roger Odekirk, right, and his commanding officer Lieutenant-Colonel Carl Bertrand, left, examine film taken during a reconnaissance mission at a CF-5 jet fighter competition here this week. Both are members of a 45-man air and ground team from 433e Escadrille tactique de combat, CFB Bagotville, Que which competed against Cold Lake's 434 Tactical Fighter Squadron team during Open Challenge 4. Trophies were awarded for weapons delivery, photo reconnaissance, interdicting long-range targets, maintenance, weapons loading and photo interpretation. This is the fourth time the competition has been held.

(CANADIAN FORCES PHOTO)

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HOT LINE CALENDAR PHOTO CONTEST

In order to produce an up to date 1976 Calendar, the Air Command Flight Safety Staff require photos of current CF Aircraft and related activities. Pictures may be black and white or colour and should include negatives if possible. Winning entrants will receive a Dangerman T Shirt and be acknowledged in the 1976 Calendar. If you missed winning a Dangerman T Shirt in the recent Poster Contest here is your chance.

Address all Photos to:
Air Command Headquarters
Westwin, Manitoba
R2R 0T0
Attn: SOFS 4.

This contest is open to all DND personnel and dependents.

There's nothing like adverse publicity to get you cornered at the bar and interrogated like a war criminal. It's like beating my head against a stack of Keith Spicer's annual reports, but I must confess to having a few successes.

I'm going to say it! We really lack imagination in our approach to you. Instead of 'filling vacuums with vacuities,' we should probably subject ourselves to the same foot-in-mouth disease which afflicts the Commissioner of Official Languages. Don't think of us here in DGBB as a bunch of

inflexible, obsessed mutants who shout bilingual dictums from the top of our modular furniture, trying to make life miserable. C'mon, we really work diligently to produce the most flexible and realistic policies within the restraints imposed by the "big-wigs."

If you don't know what we are trying to accomplish, why not find out, so you, too, can spew out some niceties about bilingualism and give me a break. As I say, go ahead and grumble, but grumble knowledgeably.



LCOL ARTHUR SWAINSON

(NOTE: Generally, these articles are valid throughout Canada, although some are based on Ontario law. If acting on the contents of an article outside Ontario, ensure that the applicable provincial law is the same.)

SELLING YOUR HOUSE (PART II)

If you have read "Selling Your House Part I" please note that the Ontario Land Speculation Tax is now much lower than 50 per cent, and Federal Income Tax Bulletin IT-120 dated 14 Sept 73, is out of date. Ontario residents - check with your lawyer.

This final article on houses will discuss briefly the wisdom of selling the house you are living in at the time you are posted to another unit.

The first thing to remember is that normally the home you are living in does not attract any provincial or federal tax at the time of sale. However, if you keep the house and rent it out, it will attract income tax, and possibly provincial tax (at present only in Ontario) when you later sell it.

When you sell, you are responsible for the real estate agent's fees and for the fees paid to your lawyer. Military regulations now provide that you will be reimbursed pretty well all of your expenses (QR & O) Article 209.96 and CFAO 209-35.)

Actual real estate fees up to the cost of multiple listing fees may be claimed, but the military

order encourages the use of exclusive listings if time permits. An exclusive listing is one where a single company or agent has the right, for a specified time (usually 90 days) to sell your house.

The system effectively discourages any other agents from becoming involved in selling your house, as they will get no part of the commission. A Multiple listing on the other hand, is one where one agent "lists" your house, but because of inter-company agreements, agents who are parties to the multiple listing agreement can try and sell your house. This type of listing costs more than exclusive listings, and its advantage is that you have almost every agent in town out working for you.

Another point about claiming real estate costs is that the agent must be licenced. Do not hire your buddy who sells real estate part time without a licence, because, while you may be legally responsible to pay him if he sells your house, you cannot claim back from the Canadian Forces. Also, remember that your house must be listed through a licenced realtor on or before the day that you actually move.

Carefully read the QR&O and CFAO references mentioned above, and speak to your Base Comptroller and Housing Officer so you thoroughly understand the whole order, all of which is not included in this article.

When deciding on the price to ask, it would not hurt to get unofficial appraisals from two real estate companies, or an appraiser. This will give you a better chance to get a good price. Some companies have been known to recommend a price a little low so it is easier for them to sell the house. However, many Toronto agents seem to list homes far higher than reasonable. In either case, you are not selling from a realistic price position.

In conclusion, the best advice I can give you is to examine all the orders, carefully decide on the best price, put the house up for sale as soon as possible with a possession date convenient to yourself, and before you accept an offer, study it carefully and know exactly what you are signing. Since you will probably hire a lawyer to act for you anyway, have him look at the offer before you sign it.

Aug. 15, 1975



met memos

With summer apparently behind us for another year and the cooler days approaching, one can notice the quickening pace in evidence all around us.

New Director Of Women Personnel Named

OTTAWA—Defence minister James Richardson has announced the appointment of Lieutenant-Colonel Marion Gay, 48, of Truro, N.S. as director of women personnel for the Canadian Armed Forces, effective Oct. 6.

She replaces Colonel Mary Vallance, 51, of Atwood, Ont., who is retiring after 21 years' service.

Lt.-Col. Gay joined the Royal Canadian Air Force in 1952 as a trained stenographer. Two years later she was commissioned as a pilot officer in the personnel administrative branch and posted to RCAF Station MacDonald, Manitoba.

In 1955, she was promoted to Flying Officer, and held various administrative posts, at RCAF Station Gimli, Man., and Maritime Air Command Headquarters. She then served three years as recruiting career counsellor for Nova Scotia before returning to the administrative field at various RCAF units.

After a three-year tour in Germany, Lt.-Col. Gay attended the Canadian Forces Staff College in Toronto, and since December, 1973 has been deputy director of women personnel. She was promoted to her current rank May 1, 1975.

Col. Vallance joined the RCAF in 1954, and six years later was appointed as a recruiting officer in Regina. Since then, she has done two tours of duty in Germany in personnel positions, and in 1971 was appointed women's personnel advisor in the chief of personnel branch at Canadian Forces Headquarters, and promoted to the rank of Lieutenant-Colonel.

The position was renamed director of women personnel, and Col. Vallance was promoted to her present rank Mar. 1, 1974.

She has been directly responsible for opening a wide new range of careers to women in the Forces, including the opportunity for women to serve for the first time with Canadian troops in the United Nations Emergency Force in the Middle East.

Colonel Vallance was appointed this year to the Order of Military Merit in the grade of Officer for her outstanding contribution to the betterment of women in the Armed Forces, and was also appointed the first woman Honorary Aide-de-Camp to the Governor General in recognition of her service.

Our two courses presently under way are moving along quickly. Met Tech TL6A Course 7501 is past the halfway mark and one can catch a gleam in the eyes of the students which indicates they are entertaining thoughts of late October when they will be returning to their home units and the usual joys of reunion with family and friends. Met Tech TL3 Course 7502 is getting down to the "nitty-gritty" portion of their training and lets hope that the "gleam" in their eyes is due, in some part at least, to the excitement of those great gobs of knowledge that they are accumulating.

The staff took advantage of yet another home-owner's skill at building Rec rooms when Ben and Ros Friesen invited us all down to "officiate" at the baptism of their

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cellar discotheque. A most enjoyable time was had and all will agree that the Friesen family are very warm hearted hosts.

Faithful readers (are there any) may recall a recent TL3 Course graduation photo gracing those pages which depicted a smiling young lady in a maternity gown! Happy to report that Pte. Foisy has since given birth to a voluptuous (8 lb 9 oz) baby girl. Félicitations à Louisa et Richard. Baby Foisy has been declared the first honorary graduate of a Met Tech course. Her course report reflects the fact that she attended all classes regularly, did not talk back to the instructors, caused no disturbances in class (save for an occasional mild kicking) and generally was a model student. Unfortunately we will not be able to take advantage of her training until 1993.

All work and no play can make life dull, so, sports has been on the upswing in September. The Veterans on the TL6A course whupped the "rookies" of the TL3s in a convincing manner in a softball game, before losing to the staff "Pros" in a Volleyball match. Then all hands combined to rattle the alleys in an awesome display of bowling.

Our over forty-fives (where I came from that's a card game) are batting .500 in that so called test of endurance - two-mile two-step. One old timer rated the excellent category while rumor has that our only representative from the ground pounder element threw in the towel (or was it his 50lb backpack) after a couple of laps.

A word of warning to CFANS;

In the two hours you've spent complaining about how good the Forces Used to be, you could have got your haircut, dropped your uniform at the cleaners and shined your shoes!

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LAUGHING AT OURSELVES

by John Semeniuk

PLANE TALK: An ex-air element jet jockey was able to attain a very lucrative flying job with one of our major airlines. Towards the end of a particularly trying trans-Atlantic flight, he gave the usual verbal information to the passengers; namely, "We will land in 10 minutes, the weather is 75 degrees and sunny, the local time is 10 a.m., etc." After completing this task, the pilot forgot to switch off the intercom; consequently everyone on the aircraft heard him say, "Now for a bottle of booze and some sex!" A stewardess immediately ran toward the cockpit to tell the pilot that the intercom was still on; however, she was stopped by a little old lady who slyly observed, "You forgot the booze, deary!"

SLIPS THAT PASS IN THE NIGHT - (Item from a United States newspaper) "Miss _____ reported to police the loss of \$20 today. She said the money was concealed in her stocking, and the loss was discovered soon after the departure of a vacuum cleaner salesman who had been demonstrating his line."

BARBED BANTER - A retired Admiral and his wife were soon to celebrate their fiftieth wedding anniversary. The Admiral felt that such an occasion required the presence of all their children; hence he sent invitations (plus adequate travelling expenses) to their offspring. Happily everyone attended, but the Admiral noted with dismay that not one of them brought a gift or even a card to commemorate this happy event. Consequently, this wily gentleman made the following announcement, "Ladies and Gentlemen, 50 years ago today, your mother and I started this wonderful union, but I regret to say that we never were legally married!" "Dad," do you mean to say that we are all bastards?" asked one of the astonished family. "Yes, and cheap ones at that," replied the old sea dog.

ENJOYING THE SIGNERY

Traffic warning in a small town - "GO SLOW. THIS IS A ONE HEARSE TOWN"

Sign in a chemical plant - "IF YOU INSIST ON SMOKING, PLEASE TELL US WHERE TO SEND YOUR ASHES"

Sign in a maternity ward - "LADIES' READY TO BEAR DEPARTMENT"

Inscription on a cigarette lighter - "TO MY MATCHLESS WIFE"

CREATURE FEATURES:

1. One dog asked another dog, "What is your name?" "I don't know," replied the other dog, "But I think it's DOWN BOY!"
2. Two gal dogs were exchanging gossip when they suddenly spotted another dog coming toward them. "Let's sit down," said one of the gossipers, "Here comes Wilbur and you know what a cold nose he has!"

HIGH WAYS - Recently, one of our tank jockeys (under the influence of alcohol) was stopped by a policeman for driving his car the wrong way down a one-way street. "Where do you think that you are going?" asked the officer. "Don't know," replied our drunken compatriot, "But I must be late, cause everybody is coming back!" "This is a one-way street," cautioned the policeman, "Didn't you see the arrows?" "Arrows?" replied the bombed one, "Hell, I didn't even see the Indians!"

NEVER SAY DIET - An overweight grandmother, despite many warnings, insisted upon cheating on her very strict diet. One time she went too far and had to be rushed to the hospital. The only bed that the hospital had available was in the maternity ward; hence granny was assigned it. Her wee granddaughter was waiting outside the maternity ward the next day, when a visitor inquired, "What are you doing here, little girl?" "It's my grandmother," explained the little girl brightly, "She's been cheating again!"

POLICE

Continued from page 15

to enter your home on any pretext.

When possible, choose your area of residence so that you will not have to walk long distances through dark areas alone.

Notify the Police immediately of all males observed loitering under suspicious circumstances, around hallways, laundry rooms, laundromats, residences, etc. It is better to have them checked than to have you or someone else attacked later.

DON'T HITCH HIKE

Know your associates. A lift from a casual "acquaintance" could lead to a tragic experience. Leaving a bar or party with someone you have just met and over consumption of liquor can create "trouble" situations.

Again: Avoid a Rape situation. If you are the victim of an attack and your life is threatened either verbally or by the show of some weapon, it may be a wise decision to submit to his demands.

Talking can be effective. If you are able to remain somewhat calm, in some instances this may dissuade or delay him sufficiently so that help can be reached.

Your best weapons in a struggle are parts of your own body, your voice (scream as loud as you can), your finger nails, teeth, feet and elbows, can be troublesome to your attacker and may allow your escape; but carrying a weapon such as a knife could create a situation where that same weapon is used against you.

Judo or Karate instruction may be helpful to a degree if you are proficient and maintain your ability but remember that your attacker is not following the same book of rules.

WHEN RAPE OCCURS:

1. Call the Police as soon as possible. If you are physically incapable of this, then the first person to whom you relate your experience may be called as a Crown witness.
2. A medical examination may be conducted to establish the extent of injuries if any.

Classified

HELP WANTED

EMPLOYMENT OPPORTUNITY extra cash for Xmas; The Officers' and Combined Mess (North Site) require a number of kitch helpers, male or female, full-time employment. Wages \$2.67 per hour. Contact your Local Manpower Office to register for work. 5183

KIDS BACK TO SCHOOL? - A few spare hours during the day? A good time to sell world famous Rawleigh Products. New sales plan - good part-time opportunities. Write Box 85, St. Vital, Manitoba R2M 4A5. 5185

WANTED TO RENT

WANTED TO RENT OCT. TO June; house/apartment near CFB 2/3 bedroom, dining room, basement. Have 2 children & 1 dog. Write Box 1111, CFB Greenwood, N.S. BOP 1N0. 5182

FOR RENT

TRANSFERRED TO GREENWOOD? Reasonable rent for reasonable tenant. Available 1 Oct. 75. Modern 3 bedroom split level home with fireplace and garage. Fridge, stove and lawn mower provided. For details write Maj J.C. Gignac, 312 Harvard Circle, Chibougamau, Que. G8P 1B4 or call 819-276-2607 Local 300 during working hours. 5181

FOR SALE

NEW CF UNIFORMS TO FIT 5-ft. 7-in. x 155 - 165 lb. man. 1 overcoat - size N11 - \$15. 1 top coat - size N11 - \$15. 2 tunics - size N12 - \$30. 1 pr. pants - size N7 - \$5. 2 shirts LS - size 15 1/2-33 - \$6. Plus some used items. Phone 889-4846. 5189

1969 BUICK LA SABRE CONVERT. 400 special series. Fully loaded. Asking \$1900. Phone after 6 p.m. 253-4565. 51810

1972 TOYOTA COROLLA 1600 2-door 4-spd. Heater, radio. \$1500. Phone 667-0156. 5188

REGULATION SIZE PING-PONG table. Fold up on castors. Better than new. After 5 p.m. Phone 888-8858. 5184

IDEAL STARTER OR retirement home in River Heights close to both North and South Base. Just completely painted and reroofed. Requires redecorating inside. 1000 sq. ft. 2 bedrooms, large living room, kitchen, kitchen eating area or 3rd bedroom. Price \$15,750 firm. Low down payment. Owner will take back mortgage. Phone 475-0042. 5186

1972 MODEL RCA AUTOMATIC dryer. Excellent condition. Has many features such as permanent press and cool down. Offers? Day: Phone 489-4511 Ext. 222 after 5:00 475-2672. 51811

WANTED

WANTED: SHARE DRIVING NORTH Site to U of M Mon, Tue, Thurs. Phone 885-2475 or contact Cpl. Hutton at Claims. 5187

3. Do NOT take a bath or wash your clothing prior to the medical examination. Certain important evidence may be destroyed as a result.
4. Do not do anything to alter your own appearance or disturb the scene where the attack took place.

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