



# THE VOXAIR

Our Military Community Newspaper, 17 Wing Winnipeg

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FREE



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# 1 Canadian Air Division member participates in Army Run

By Col Harry Kowal

The recently released Canadian Forces Strategy for Health and Fitness challenges each member of the military to lead an active lifestyle so as to be prepared to meet the rigours of military service.

Operation Connection also challenges our military organizations to connect with Canadians through community-based activities in an effort to increase the public's understanding of their military. What could be a better opportunity to combine together both of these great initiatives than a beautiful fall day in Ottawa participating in the inaugural Canada Army Run. Maj Don Hamilton, member of the A4 Maintenance Directorate of 1 Canadian Air Division, did just that.

The event was held on Sunday 21 September 2008. It was the showcase event for Army week and sold-out, with 6700 runners entered

to run 5km or a half-marathon. The event, co-sponsored by the Running Room and other sponsors, was an outstanding success that created a new destination running event that raises funds and awareness to support the Canadian Forces Personnel Support programs (including Soldier On and Military Families fund).

Maj Hamilton signed up for the Canada Army Run back in July and was ready for the challenge of the half-marathon. His finishing time for the 21.1 km race was an impressive 1:31:31.

"The weekend in Ottawa was gorgeous and full of emotions. The check-in, expo, military demos, speakers, and pre-race dinner brought people together and contributed to the anticipation of the upcoming races. Participants and supporters eagerly discussed preparations and personal goals. The starts of the races were accentuated with military bands playing and the par-

ticipation of soldiers who had been injured in combat," said Maj Hamilton. "The challenge of the half marathon, as expected, generated a rush of competitive juices, with runners battling determination and doubt with the positive support of spectators all along the Rideau Canal. After I crossed the finish line, the post race area was a buzz with everyone sharing the experience of their athletic performance either having met personal goals or gaining a renewed confidence to race again.

"Although the 5 km race started under a bright morning sun, race conditions were cool and cloudy right up until the half-marathon participants started finishing," he sated. "As the sun returned, I, like many others enjoyed that sense of pride and accomplishment that come with achieving your goal. Whether you have what it takes to run a personal best or simply the commitment to get out and support a great



Maj Don Hamilton with a post race bagel after successfully completing the half-marathon.

cause, everyone is encouraged to find their individual passion for fitness and to share their sense of being part of the community. My participation in the Canada Army Run exceeded those goals and I will be looking ahead for other similar events."

Registration for next year's Canada Army Run is already open at [www.army-run.ca](http://www.army-run.ca).

# SISIP Manager receives Award of Excellence

By 2Lt Travis Smyth

The Chief Executive Officer's Award of Excellence was awarded to John Clarey on October 22, at a special luncheon in his honour at the CFB Shilo Officer's Mess.

Clarey is the Branch Manager of SISIP Financial Services for 17 Wing and CFB Shilo.

"It's a rewarding feeling to be able to help our soldiers after sustaining injury while serving their country," said Clarey. "It is important to me that they are taken care of once they get back home."

For over seven years,

Clarey has worked tirelessly to ensure that injured service members and families of fallen members receive appropriate SISIP benefits.

After serving 30 years in the Canadian Forces, Clarey feels that he understands the needs of our members and families, and is widely respected by those whom he has served.

To publicly recognize Clarey's dedication to fallen or injured service members and their families, BGen (Ret'd) David Martin, Director General Personnel and Family Support Services, arrived from Ottawa to present the award.



John Clarey, left, receives the CEO's Award of Excellence from BGen (Ret'd) David Martin.



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# Advanced SERE course proves to be no walk in the park

By 2Lt Travis Smyth

*The Canadian Forces Advanced SERE course contains classified instruction that for security reasons, is not made available to the general public.*

We were taught to know and remember it well, for if we were captured while evading helicopters, police dogs, and enemy forces—it will be used in resistance to enemy interrogation.

Big 6 I CAT Q: “I Can’t Answer That Question, Sir/Ma’am,” was to be our given response to interrogation questioning aside from name, rank, service number, date of birth, if asked you may give religion and blood type.

The Advanced SERE (Survival, Evade, Resistance, Escape) is a five-day

course conducted by the Canadian Forces School of Survival and Aeromedical Training (CFSSAT) at Springer Lake in Nopiming Provincial Park.

With most survival techniques being taught on the Basic SERE course (nine days in duration), the advanced curriculum places special emphasis on evading enemy forces, resisting interrogation if caught, and escaping from the enemy after capture.

I was invited to attend the Advanced SERE as a candidate to experience this famed course first-hand, in order to best learn what CFSSAT is all about. Let me tell you—this is no coffee course.

The course consisted of numerous lectures on survival, camouflage and con-

cealment, evasion plans of action and resistance to interrogation.

We perfected our navigation skills under the mindset of evading/escaping capture, conducted water crossings, and even learned how to vector Combat Search and Rescue aircraft onto an extraction point from a concealed position.

All of our training was put to the test on a final 36-hour escape and evasion exercise.

Let me start off with a brief description of Springer Lake. It is a dense forest surrounded by a never-ending supply of swamps, uneven ground, mosquitoes, and Canadian Shield.

Depending on one’s perspective, this can be the worst or best terrain for SERE training.

For safety reasons, students are paired together for the exercise.

I was paired with Maj Jean Bernier, the incoming Commandant of CFSSAT.

I’m still trying to figure out if Maj Bernier was a good partnership or not, as it seems we were considered high value targets by the CFSSAT course staff.

During the exercise, every attempt is made to incorporate as much realism as possible.

We had to employ learned survival skills, as food and water were not provided.

Evading the difficult terrain on the way to our extraction point proved to be physically taxing, especially after the first 24 hours.

In order to maintain my energy, I grazed the terrain for berries every opportunity

that presented itself.

Thinking there was a chance I might stay relatively warm and dry during the exercise was miscalculated, to say the least.

With police dogs, 38 CBG Hunter Force, and a CH-146 Griffon Helicopter from 408 Squadron giving chase—being wet and cold was more of a requirement.

Eventually, we were captured by the enemy force, and taken to their camp.

At the most opportune moment, we escaped the enemy camp and continued to evade until we were extracted via a Combat Search and Rescue helicopter.

Upon returning to the main camp at Springer Lake, we were debriefed on our performance during the exercise, and directed to our first meal in over 36 hours—tur-

key sausage vegetable soup. It might as well have been a gourmet feast.

The next morning, we boarded the bus back to Winnipeg, but not before an all-too-famous ride to a restaurant in Lac du Bonnet. A pizza and a plate of poutine later—I was stuffed.

Once we were back in Winnipeg, we turned in kit, and signed our course reports.

In spite of getting approximately eight hours of sleep in five days, most course-mates found their way over to the Officers’ Mess for a few pints of beverage.

After a long week, we had a chance to reflect on our highs and lows, but all in all—Advanced SERE proved to be a challenging, yet excellent course.

## Intermediate Air Environmental Qualification Course

By Sgt Andreas Tickenheinrich  
Military Police - 17 Wing Winnipeg

Formerly known as the Sergeant’s Seminar, the IAEQ course is a more focused criterion to aid newly promoted Sergeants during this period of career development - DP3.

During the week of 15-19 Sep 2008, 17 Wing hosted the IAEQ course where thirty-two Sergeants, including personnel from Geilenkirchen, 15 Wing Moose Jaw, 440 Squadron Yellowknife and Detachment Dundurn attended.

With CF transformation and a greater focus on leadership training, the Air Force continues to face many challenges in the future, but its strength as a team and its ongoing commitment to quality leadership training and education to ensure non-

commissioned members are prepared for all future challenges.

Instructors from various local units presented a variety of topics including: How to Supervise Subordinate Supervisors; Address Subordinates Training Needs; Conduct Investigations; Apply Principles of Leadership and the Role and Main Activities of the CF and the Air Force.

One of the added benefits of this course was the opportunity to interact with other members of the military community, from different occupational trades, to network and discuss relevant topics. Representation and overall responsiveness of staff was great.

The open discussion forums and smaller syndicate groups were conducive in the exchange of ideas and

experiences with other Sergeants.

The Intermediate Air Environmental Qualification is a benefit because it allows newly promoted Sergeants the opportunity to refresh previous skills learned from the Primary Leadership Qualification. Furthermore, it enhances the knowledge required at the Sergeant level by reinforcing Air Force core values of Professionalism, Excellence & Teamwork.



Students and staff of the Intermediate Air Environmental Qualification Course 117449.

## New champion for DAAG group

By LCol Leo Brodeur  
Wing AdminO & DAAG Champion

As the newly named Champion for the 17 Wing Defence Aboriginal Advisory Group (DAAG), I am proud to take on this role.

The 17 Wing Defence Team is stronger because of our diversity and interactions between DND/CF and Aboriginal individuals, groups and our respective communities.



The reputation of the Wing with the local community is strong and much of this credit goes to the great people of the Wing that see themselves in every group that makes up this vibrant society we call Winnipeg.

From the Habitat for Hu-

manity work to the recent Learn To Earn program for high school students, personnel from the Wing are actively promoting the culture of sharing - Because We Live Here!

The mandate of the DAAG is to provide participants (military and civilian) with an opportunity to support DND employees who are Aboriginal, to share information on Aboriginal issues and provide input on DND issues that impact Ab-

original members of DND or the Aboriginal Peoples of Canada.

The 17 Wing DAAG meets regularly on the second Thursday of the month at noon in the LCC, bldg 135, and all interested personnel are open to attend.

Each one of us has a role to play in creating a strong and diverse culture that is inclusive of all peoples for the common goals of the Department and our Country.

### Attention PMQ occupants

*Recently there have been two fires in the South Site PMQ area. The fires involved debris in and around personal property.*

*The 17 Wing Fire Department would like to stress to PMQ occupants how important it is to ensure that housekeeping in and around the PMQ area is of the highest standard and practiced at all times to help prevent further instances from occurring.*

*One way you can help is to put trash/recycle material out for pick up the morning of or the night before.*

*These high standards will not necessarily prevent all fires from occurring, but will contribute to reducing the possibility of future fires.*

*Thank you.*

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# The technical side of the Training and Education Centre

## WPSO Corner

By Bev Knight

The Training and Education Centre is a state-of-the-art training facility, where employees from units all over DND and the country come to train their staff.

From hands-on training in our computer labs; lectures in our lecture rooms; training to larger audiences in our Netherlands Theatre, or video-conferencing in our VTC Room; the building is new and provides multi-level training and services to students and trainers.

The staff here are trained professionals who are pleased to provide a valuable service to all our clients.

The lecture rooms include Rooms 111, (our tiered room), 113 and 132, all of which provide SMART Symposiums, with touch-sensitive screens, where users or trainers touch the cen-

tre of the screen twice to turn on the equipment and for the projector and screen to come down.

They then select whatever type of equipment they wish to use, such as the Main computer, located inside the podium, laptop (if they wish to connect a laptop to the video cable on the top of the podium, or VCR/DVD player. The DVDs play in either the combo units' players, inside the upper podium, or the DVD players inside computers themselves.

We have experienced a few problems with VCR/DVDs in the past, only because the video settings used when they were recorded, were not necessarily compatible with our JVC players or our projectors.

So from time-to-time we run into a problem with the video being distorted. But this only happens periodically. Otherwise, we have had many compliments on both our facility and the services we provide from the Learn-

ing Centre, Wing Ground Training, technical support, career counselling and professional support services offered from staff here at the TEC.

Rooms 117 and 118 are our computer labs, where hands-on training on computers in various software, such as MS Office, internal DND software, administrative and financial training, web-design software, AutoCAD training, operational training, such as Falcon View, and other professional computer training.

The instructors can be contracted from outside agencies, or inside DND trainers, depending on the software used.

Wing Ground Training is able to purchase in-house training through various training organizations for staff at reasonable rates, for all DND employees.

In this way, not only are we able to provide professional and up-to-date training, but each student re-

ceives a certificate that can be used on their resumes, should they wish to further their careers outside the military, DND or the Federal Public Service.

In fact, we offer training on resume writing and Portfolio writing, to assist people with furthering their careers and applying their acquired training and skills with the military, to future outside career opportunities.

The LCC Learning Advisors have brought their training skills with them from other departments and educational facilities to provide excellent professional training at 17 Wing to military and civilian personnel.

Room 119 is our DWAN Room, where visiting DND staff from other bases can go to read their email; work with files on their personal and shared drives, while Room 120 is our GPNet classroom, providing internet services and on-line testing.

Our video-conference room is used not only for

video-conferencing between various units and components across Canada and DND, but more recently for career interviews between career managers and military staff.

As well it is used for on-line interviews with both military staff and civilian human resources.

It has a Smart Symposium as well with two large video TV screens at the front of the room.

This can be divided to show any number of call connections, and conferencing viewers.

The system can also be used for power point presentations and as a board room for twelve or less to meet in a round-table meeting room, with two large video screens for them to view their presentation, at the front of the room.

The Netherlands Theatre, is a lecture/theatre, which holds up to 170 people (including two wheel chairs), and you could add more at

the back of the room, if required.

It has a huge screen and everything can be controlled from the front podium, including the lighting, which makes it very nice for large audiences, when the audience isn't large enough to look at booking the Base Theatre in Building 90.

The Training and Education Centre is coming up five years old, now and therefore, some of our equipment has required changing and the various units have built replacement of projectors, VCR/DVD players, chairs, tables and other furnishings into their future business plans.

However, if you have never experienced training in this beautiful training facility, the TEC, Building 135, we hope that you will sometime in the near future.

We try our best to meet your requirements for education and training. And we don't think you'll be disappointed.

## Winnipeg CF members participate in the World's Largest Truck Convoy

The World's Largest Truck Convoy was founded in Florida in 2001 with a few dozen trucks by a member of the Orange County Sheriff's Department. This event is a combined effort between law enforcement and truck drivers to raise money and awareness for Special Olympics. This annual event is a project of the Law Enforcement Torch Run that takes place all across the United States and Canada.

For a minimum donation of \$100 each participant can enter their truck in the convoy.

Most drivers and companies try to raise more money through pledges so that they can have the lead truck position. This position is given to the driver that raises the most funds for Special Olympics.

The Manitoba Convoy took place on September 13 2008.

It started from the Red River Exhibition grounds. The drivers and their trucks were welcomed Friday night and offered a place to park

for the night in anticipation of the Big Day.

On Saturday, the drivers were greeted by Special Olympic Athletes and their families, law enforcement personnel and event organizers for breakfast.

After everyone was fed, and the Lead truck was determined, the vehicles were marshalled to get started.

Canadian Forces Recruiting Center Winnipeg with 17 Wing Transport entered two Tractor-trailer units, 1 Highway Coach and the Mobile Recruiting Office in the convoy to show our support for this event and to showcase the professional drivers that the military has.

Sgt Glen Stuart from CFRC was present for the duration of the event as the lead military member with his mobile recruiting office being positioned as second vehicle in the convoy.

He was joined by Cpl Mark LaViolette, Cpl Sylvain Leboeuf and Cpl Jason Fortin from 17 Wing Transport.

With full police escort, the World's Largest Truck

Convoy (Manitoba) departed the Red River Exhibition Grounds on its way around the perimeter highway.

After the slow moving, but very excited participants completed the circuit, the drivers were invited to participate in one more event.

The drivers of the convoy were challenged to a soccer game against the Special Olympic Athletes.

With all the festivities completed and smiling happy faces on all the Athletes and drivers, this year's event came to a close.

With the commitment of law enforcement and professional drivers across the US and Canada, money and awareness has been raised to promote and continue the Special Olympic Athlete program.

What started as a small convoy in Florida has grown into that The World's Largest Truck Convoy and continues to grow annually for this worthy cause.

17 Wing Transport and CFRC Winnipeg are proud to have been part of this event.



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# RCSU (Pra) undergoing restructuring to improve support

## Feature unit

By Lt(N) Sandra Olson  
Public Affairs Officer

Regional Cadet Support Unit (Prairie) (RCSU (Pra)) heads in a new direction this fall as a restructured organization designed to improve support to cadet corps and squadrons within Prairie Region. RCSU (Pra) will establish a single level of management.

It is a major shift away from the current structure with the regional headquarters in Winnipeg and three

operational detachments located in Winnipeg, Regina and Edmonton.

“The primary role of RCSU (Pra) is the delivery of the cadet training program,” says LCol Mike Milligan, Commanding Officer RCSU (Pra).

“An effective re-organization will streamline work processes providing more efficient support to meet the needs of the local corps and squadrons within the region.”

As the result of funding pressures, increased workload, a redundant command

and control structure and a smaller staff establishment compared to other regions, the CO RCSU (Pra), created a project team in 2007 to review the overall establishment and make a recommendation for the best structure to maximize leadership and support to cadet training operations within the region.

As is often the case, the review and reorganization process has been challenging. “On the surface, organization (org) may appear to be a simple process of juggling boxes on an org chart; however, to ensure the de-

sired result is achieved and residual side effects are minimized, a much deeper level of analysis is required,” says Maj Neville Head, project team leader.

“The team worked diligently to ensure an objective and compressive review of the current organization was completed before recommending a new structure.”

The review took nine months to complete.

The team solicited input from staff, interviewed subject matter experts, analyzed data and measured options against the Regional Mis-

sion statement and strategic planning goals.

The end result was a recommendation to transform the current geographically-based three detachment structure to a centralized, functional structure.

In September 2008, authorization was received from the Comd, 1 Cdn Air Div to proceed with the implementation of the new structure.

Closing the three detachments is the most significant aspect of this reorganization.

Most of the positions

will transfer to the regional HQ in Winnipeg.

In terms of support, there will be a marked increase in the number of Area Cadet Officers (ACO) throughout the region.

Their primary role is to provide the hands on training support to local corps and squadrons.

It is anticipated that there will be one ACO for every 12 cadet corps and squadrons.

The newly structured RCSU (Pra) is scheduled to stand up as a functional HQ in September 2009.



Capt Dallas West is presented with his promotion to the rank of Maj by LCol M. Milligan, CO RCSU (Pra). Maj West is the Region Cadet Training Services Officer at RCSU (Pra).



LCol M. Milligan presents Lt(N) Martin Lacaille with a certificate of achievement on successful completion of all components of Officer Professional Military Education (OPME) through the Canadian Defence Academy.



WO Marilyn Colwell is presented with her CD2 clasp by LCol M. Milligan on September 8, 2008. The CD2 clasp represents 22 years of dedicated service to the CF.

### Regional Cadet Support Unit (Prairie) presentations

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Cost for members is \$20; associate members welcome based on availability

Dress is DEU No.2 Mess Standard or DEU No. 2B Mess Service or equivalent civilian attire for associate members and non-military guests.

Dining entertainment will be provided by the Air Command Band.

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# Book is a tribute to military history

By Virginia Beaton  
Trident staff

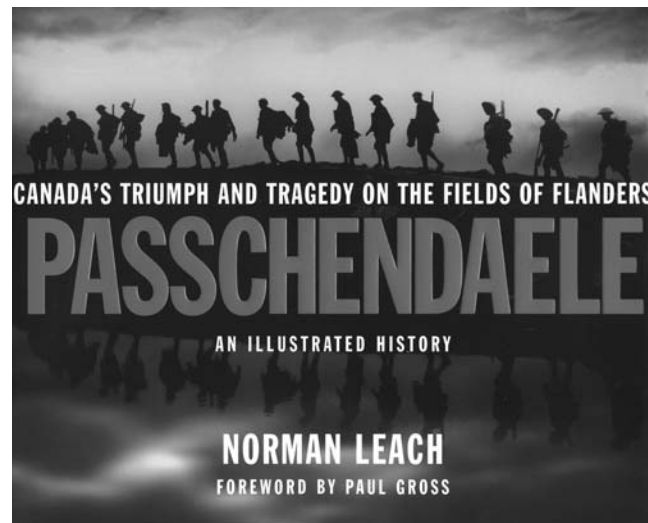
A new illustrated book about Passchendaele, written by historian Norman Leach, has just been released to coincide with the debut of Paul Gross' film of the same name.

The two met before Gross began shooting his film and Leach recalled "I loved his passion for the story and he loved my passion for history and the two of us knew we were going to work together." The author of three previous books about military history, Leach was historical advisor on the film.

Of his new book, Leach stated "It was essentially done for grades 10 to 12, though we think it has broken through and will speak to adults too."

He described Passchendaele as "one of the seminal battles" of that war. "Each one advances Canada's position not just in World War I, but also where we are in the world." Together with Vimy and the battle for Hill 70, Passchendaele is a historical marker for the nation, Leach believes.

Significantly, Field Marshal Haig requested, rather than ordered, Canada to attack Passchendaele, Leach noted. "If we were forged as



a nation at Vimy, we were certainly tempered at Passchendaele."

News regarding the battle was kept quiet at home because of the conscription debate that then was taking place.

"If conscription didn't go through, Canada's whole position in the Allied army and its position as a nation would have been threatened because volunteers weren't filling the gaps any more. We couldn't keep our commitments without conscription. So Passchendaele gets lost in the politics of the day."

Leach lectures about Canadian military history across Canada and around the world and commented "The one thing I keep hearing is we have no military history, we are a peacekeep-

ing nation. That's only true if you think Canada's military history starts in 1956, because prior to 1956 and peacekeeping in the Suez Canal crisis, we did have a military history. A significant one."

While the book focuses on Passchendaele, Leach provides background to the First World War and insight into the young Canadian men who joined the military, and the experiences they endured in trench warfare on the Western Front

Through photos and text, Leach sets up a picture of a battlefield with conditions that are almost unimaginable today.

There were chlorine gas attacks, constant artillery shelling and explosions, rain, and mud so deep both

men and horses drowned in it.

Leach quoted one Canadian soldier who wrote "The mud was waist-deep, and it rained almost continually. The engineers had laid wooden duck walks over the mud....If you stepped off the track you sank almost to the hips in mud...The troops were lying in open trenches wet to the skin, and the rain still came down."

Leach said when he speaks to school groups, audiences often ask him why so many Canadians volunteered for service.

Leach noted "It was a very different time. Your friends signed up, your brothers signed up.... Young men saw this as a grand adventure and they wanted to go. Not just to serve God and country, but also to impress girls and to tell the family they had done something important."

In addition to the text, the book contains many black and white photographs, vintage recruiting photos and maps. Many of the photos are not widely known, according to Leach.

*Passchendaele: An Illustrated History* is priced at \$19.95 hardcover and is available from Coteau Books.

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# Movie brings pivotal First World War battle to life

By Virginia Beaton  
Trident staff

His grandfather’s stories about the First World War sparked actor Paul Gross’s longtime interest in that conflict. The result is the film *Passchendaele*, Paul Gross’s new movie about that epic First World War battle.

“This is where we come from,” Gross noted. “What it means to be Canadian was forged in the slaughter yards of the Western Front.”

Gross still remembers how his grandfather first told him about his war experiences.

Gross was then in his mid-teens and during a fishing expedition, his grandfather began to talk about joining the Canadian Expeditionary Force in 1915 and in particular, an incident during a patrol in France after Vimy Ridge.

Gross stated “The story he told me is the opening scene in the film.” In addition to acting in the movie, Gross was the screenwriter, director and producer. In a nod to family history, the lead character, Michael Dunne, is named after Gross’s grandfather.



Paul Gross as Sgt Michael Dunne.

*Passchendaele* is set in 1917, as Sgt Michael Dunne is sent home from the battlefield to recuperate in a Calgary hospital. Though he recovers from his physical injuries, Sgt Dunne is troubled by what he has seen and done during the war.

While assigned to duties at the local recruiting centre, Sgt Dunne falls in love with a nurse named Sarah Mann. Complications arise when Sarah’s asthmatic younger brother lies about his health to join the Army and Sarah blames Sgt Dunne and rejects him.

Realizing he must protect Sarah’s brother, Sgt Dunne volunteers for active duty in Europe. Both men and Sarah find themselves in *Passchendaele* in November 1917 for the battle that will change everyone’s future.

While he was interested in the military history concerning *Passchendaele*, Gross noted he was also interested in what he called “the human geography, the intimate casualties of war and what it did to the home front. There’s a story my character [in the movie] tells about his mother dying of a broken heart. That’s my great-grandmother’s story. She did die of a broken heart when the news came to her of my grandfather being missing in action. She had lost three other sons.”

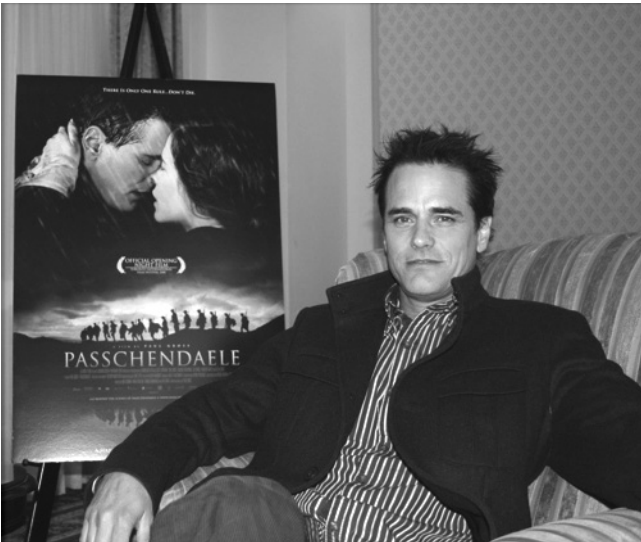
The love story between Sgt Dunne and Sarah Mann is completely fictional, Gross emphasized.

“But love, in a sense, is the only thing that can counter-balance the brutality of a war as devastating. That, and the acts of self-sacrifice... It’s about our capacity to care for each other in the midst of the worst of conditions.”

The movie begins and ends with battle scenes and Gross did extensive research to ensure they would be historically accurate, right down to the muddy trenches and the rats. He commented “I spent a lot of time in the War Museum and in the archives.”

Shot entirely in Alberta, the movie had CF members cast as extra performers and Brigadier General Greg Gillespie, now retired but at that time the Deputy Commander LFWA, appeared briefly onscreen as General Sir Arthur Currie.

“They were all fantastic,” Gross stated. “It’s not an exaggeration to say we could not have made the film without the participation of the CF... They were committed to the proj-



Canadian actor Paul Gross brought his passion for military history of *Passchendaele* to the big screen.

ect to the level that all of us were and in some cases, more.”

During pivotal battle scenes, “They staged their own fights. They didn’t want to sit around so they’d get up and help if we needed heavy equipment moved.” Rather than stay in hotels, the CF members stayed on the set and established a camp they named Camp Hornberg in honour of a colleague who had recently fallen in Afghanistan.

During the film’s premiere in Ottawa, Gross spoke to General Andrew Leslie. “I’ve come to know him fairly well and he said, ‘Just to let you know,’ and he looked at his watch, ‘Some of the boys in your film are in a firefight right now in Afghanistan.’”

The son of an Army colonel who commanded the Royal Canadian Dragoons, Gross grew up on military bases.

A link to his family history came with the primary location of the film set, which was on the T’suu Tina First Nations Reserve.

This was the battlefield set and Gross stated “It used to be called Sarsi and it was the live fire range for my dad’s regiment, the Lord Strathconas, when I was born.” Furthermore, he notes, that range was where some of the soldiers who fought at *Passchendaele* did their formation training.



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# CFSAS staff visit European World War battle sites

By Maj Steven Nagy

Every November, members of the military gather to pay their respects to those who gave their all.

Every year, we stand at a cenotaph, listen to the Last Post, and, if we are lucky, share a warm drink afterwards with a vet from the Second World War. But remembering those who have gone before us should be more than a one day event. And the Cenotaph in the local park should not be the only place to remember.

In April 2008, officers from the Professional Development section of the Air Force Officer's Development (AFOD) program at the CF School of Aerospace Studies (CFSAS) went on a twelve-day tour of European battlefields to learn more on how air power is used in war, and to remember.

CFSAS's teaching mandate includes Space, Electronic Warfare, the year-long Aerospace Systems Course, and officer Professional De-



The D-Day landing site code named Gold Beach.

velopment (PD). Junior officers receive their air force-specific PD through the AFOD program.

It provides air force specific knowledge not covered elsewhere in CF PD programs such as OPME.

By visiting the major World War battle sites, studying the ground, and seeing what air power brought to

the battle, CFSAS staff better understand where the air force fits in the fight, and we can pass this knowledge on to our students. It is exactly this train-the-trainer approach that led to this year's Battlefield Tour.

Six instructors from the AFOD program left Winnipeg on 13 April for an overnight flight to Paris. There,

a driver from the Belgium military picked us up, and our 12 day whirlwind tour began.

The very first stop was perhaps the most poignant of all.

At a small cemetery near Brettville-sur-Laize, France, we visited the tombstone of Lt Ray Allard.

While this name means

little to most people, he was Maj Jamie Davidson's uncle, who was cut down by a sniper's bullet just outside Falaise in 1944. Standing by this tombstone reminded us of the lives behind the names on the cenotaphs, a life that Maj Davidson shared with us through stories about his uncle.

The next day, we arrived at Dieppe, site of the disastrous raid of 19 August, 1942.

Climbing out of the van near one of the German defensive positions located on the cliffs overlooking the beach, it was incredibly easy to see why this raid was doomed to failure.

One little-known fact about the Dieppe raid is that it was the single largest one-day air battle of the war.

We discussed this before heading down to the beaches, a gently-sloping mass of water-rounded rocks all about six inches in diameter.

As a challenge, several of us tried to Leopard Crawl up the beach. It was the clas-

sic case of one step forward, two steps back as none of us could make any headway.

Afterwards, we visited the Canadian cemetery nearby, quietly reading the names on the tombstones.

We devoted the next three days to studying the First World War near the area of Ypres in Belgium.

Here, we gained new insights into remembrance.

On the edge of the village lies an arch known as the Menin Gate. Opened in 1927, it lists the names of Allied servicemen who died near Ypres during the First World War, and who have no known grave.

More than 55,000 names adorn the walls inside and out.

As a tribute to those who died in the defence of their village, the citizens of Ypres gather at the Menin Gate every night to play the Last Post and honour those who gave their lives for Belgian freedom.

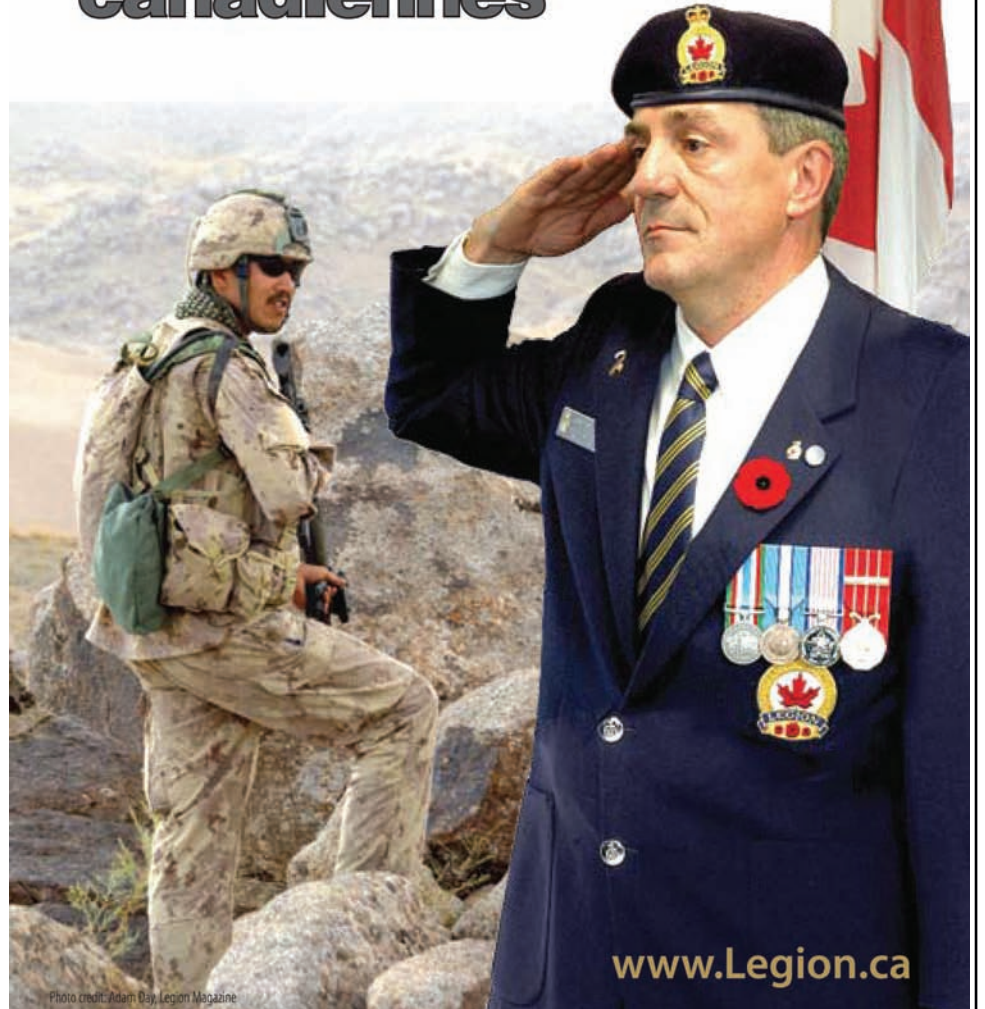
Dressed in S3s, our group laid a wreath on be-

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Photo credit: Adam Day, Legion Magazine

Photo credit: Adam Day, Legion Magazine



# to learn about air power and remember the past

half of CFSAS and 17 Wing, in remembrance of those who fought and died in the Ypres Salient.

As always, local townsfolk as well as visitors from around the world stopped by to talk to the Canadians and to ask for the Canadian Flag stickers and pins that we just happened to have on hand. It is a truly humbling experience to see the respect the people of Ypres have for their Canadian military personnel.

After a day-long visit to the Royal Military Museum in Brussels, the group moved on to Fort Eben Emael on the German/Belgium border.

As an example on the use of air power in war, this supposedly-impregnable fortress serves well.

Unassailable from the ground, the Germans used airborne gliders in a daring pre-dawn raid to capture the fort in a matter of hours, and before it could fire a single shot. With less than 250 men,

the Germans completely surprised and overwhelmed the defenders, opening up a flank into Belgium that led to that country's downfall.

In the afternoon of that same day, we visited the Canada War Museum, near Maldagem.

This privately owned museum owes its origins to a unique incident in the spring of 1945.

At that time, a local resistance fighter captured by the Germans, was due to be

executed. When the Canadians liberated the town, they freed the grateful captive.

Little would come of this until the mid-1990s, when our friend, on his deathbed, told the story to his son.

Before dying, he made his son promise to commemorate the Canadians' part in saving his life.

The son built and opened the Canada War Museum three years later.

Such is the fame of this museum, that, when an addition was opened four years ago, the King of Belgium himself cut the ribbon for the opening ceremonies.

to see.

And so, on 26 April, we headed home. We had learned a lot about air power, lessons we will pass on to our AFOD students. By actually walking the battlefields, we gained an unbelievable understanding of the nature of war, the atrocities committed, and the sacrifices that Canadians made.

And as we stood at the Menin Gate, listening to the Last Post being played, we honoured our fallen.

And although none of us would ever admit it, it was almost impossible to fight back the tears that came to our eyes as we stood there silently, listening, and reading the names of those who had died for us.



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## Remembrance Day service locations

All personnel, military and civilian, are invited to attend one of the many services that will take place throughout the city. All the legions welcome the military presence at their services and the veterans thoroughly enjoy swapping war stories. Dress for military personnel is DEU 1 A (medals), headdress Navy – Service cap/bowler, Army – beret, Air Force – Wedge, (SAR Techs – beret). **PLEASE NOTE** - UN blue and MFO orange berets are not authorized for wear on Remembrance Day. Wear is authorized specifically on Peacekeeper's Day.

- Winnipeg Convention Centre. Service commences at 1045hrs; to be seated by 1030hrs
- 1885 Memorial St Service commences at 1045hrs, service by Royal Wpg Rifles
- Minto Armouries, 969 St Mathews St. Service will be held in the drill hall. Service commences at 1045hrs.
- Army, Navy, Air Force Assiniboia – Unit 283, 3584 Portage Ave. Service will be held in main hall. Service commences at 1040hrs, to be seated nlt 1030hrs.
- Sir Sam Steel Legion Branch 117, 376 Salter St. Service will be held at the Legion. Service commences at 1045hrs.
- St James Legion Branch 4, 1755 Portage Ave. Parade to march from Legion to the ceremony in Bruce Park. Service to commence at 1040Hrs.
- Charleswood Legion Branch 100, 820 Charleswood Rd Service to be held at Oak Park High School. Service to commence at 1030hrs.
- Fort Rouge Legion Branch 97, 426 Osborne St. Service to be held at the Legion. Service commences at 1045hrs.
- Transcona Legion Branch 7, 117 Regent Ave E. Service to be held on 09 Nov at Blessed Sacrament church. Service to commence at 1400hrs.
- Brooklands and Weston Legion 2, 1613 Logan Ave. Service to be held at the Legion in the upper lounge. Service to commence at 1045hrs.

- HMCS Chippawa. Service to commence at 1045hrs. To be seated nlt 1015hrs.
- McGregor Armouries, 551 Machray Ave. Service to be held in main drill hall. Service to commence at 1030hrs.
- 38 Bde – Lamp Post Memorial. Sergeant and Valour Rd Service to commence at 1045hrs.
- RWR Memorial, Vimy Park, Portage and Home St. Service to commence at 1045hrs
- Belgian Veterans Club Branch, 407 Provencher Service to be held at Belgian Cemetery, 09 Nov 08. Service to commence at 1045hrs.
- West Kildonan Branch, 1748 Main St Service to be held at the Legion. Service to commence at 1045hrs.
- Norwood St Boniface Branch 43, 134 Marion Service to be held at St Philips church. Members will march from Legion (1015hrs) for service at church starting at 1045hrs.
- Prince Edward Branch 81, 300 Trent, West Kildonan. Service to be held at the Legion. Service to commence at 1045hrs.
- Fort Garry Legion Branch 90, 1125 Pembina Hwy. Service to held at the Legion. Service to commence at 1030hrs.
- RM of Springfield. Service to be held at Oakbank Baptist Church.
- Elmwood Legion Branch 9, 920 Narin Meet at Cemetery (Henderson Hwy and Hespler) a service to follow at the Legion 1100hrs.

## 2008 Battlefield tour has personal connection

By Maj Jamie Davidson

*The following excerpt was taken from a briefing given during a recent battlefield tour of Normandy and Holland. The briefing was presented at the Bretteville-sur-Laize Canadian War Cemetery and covered the Normandy Invasion and the subsequent closing of the Falaise Gap. More specifically, it focused upon the actions of a participating regiment, the South Saskatchewan and one of its Platoon Commanders, Maj Davidson's late uncle, Lt Rheal Edward Allard.*

Rheal Edward Allard was raised with one brother and seven sisters in Port Arthur, Ontario (now Thunder Bay). He was well liked by friends and family, often the centre of attention and known as a daredevil.

Like many Canadians, his life would change in 1939 as on September 9, German U-Boats sunk an unarmed ocean liner, the SS Athena.

It was quickly learned that two Canadian women were aboard the Athena.

The following day, Canada independently declared war on Germany. Ten days later, at the age of 22 and eager to contribute to the war effort, Ray Allard joined the 4th Field Ambulance of the Royal Canadian Army Medical Corps. He was enlisted to become an army medic.

He embarked at Halifax for England in December.

While serving in England he met the love of his life, Joyce Evelyn Felton, an English servicewoman from Sussex.

He was granted permission to marry in September 1942, and a month later, they were husband and wife.

A year later he was commissioned-from-the-ranks, becoming an infantry officer in June 1943. On July 30, 1944, leaving his pregnant wife Joyce with her parents in Sussex, he disembarked at France.

He was assigned from 1 Canadian Scottish Regiment to the 13th Battalion and taken-on-strength by the South Saskatchewan Regiment (SSR) on August 8.

Recently, the South Saskatchewan Regiment, as part of 2 Cdn Inf Division, had

suffered heavy losses while pushing south of Caen to St. Andre-sur-Orne.

With the SSR sorely in need of more officers and men, Lt Allard became part of this replenishment effort.

On August 8, the Regimental War Diary records show that the SSR was advancing and meeting resistance at Rocquancourt as part of the opening days of Operation Totalize, placing him there, reporting for duty.

Next was the mopping up operation in which the SSR participated.

With the Seventh Army and Fifth Panzer Army almost completely encircled, Germans were surrendering en masse but there remained pockets of resistance and many snipers in the area.

Allied casualties continued to mount during this final phase of the Normandy Invasion.

The SSR was tasked to continue in their mopping up duties. They moved from Falaise to take the town of Orbec on the 23rd.

During that night they were under fire and were ordered to clear the woods to the north of Orbec.

At 0905 hours on the 24th, they received a one-hour warning order to move further northeast to Brionne.

Lt Allard would never see Brionne as it is believed he was killed near Orbec, most probably during the overnight clearing of the woods to the north.

He was buried at roadside not far from where he

fell, as was the practice at the time.

### Onward to Paris, Berlin...and Weyburn

The closing of the Falaise Gap marked the end of the Normandy Invasion.

Later in August, Paris would be liberated.

In the months that followed the SSR would return to Dieppe, participate in the liberation of Holland, and fight its way to Germany.

When the cease-fire was declared, the SSR was in Ofen, Germany celebrating a visit by a recently released prisoner of war, LCol Cec Merritt, VC. Soon afterward members of the South Saskatchewan Regiment made preparations for their return home.

In the weeks and months that followed, the SSR made the long trip home via Dover, a four-day crossing of the Atlantic, and another four-day journey by train. At 1030 hours, on November 24, the SSR arrived at Weyburn to a crowd of 15,000 cheering citizens.

After the festivities, the Prairie Men as they called themselves, dispersed throughout Canada.

Those who returned to the harvest fields of southern Saskatchewan quietly resumed a farming life.

Two years after the cessation of hostilities, the Commonwealth War Graves Commission arranged for the exhumation of my late uncle's remains and re-buried him at Bretteville-sur-Laize, bringing him to his final resting place.

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# Marianne et l'Europe Mascot hijinx for a worthy cause

By Alf Brooks

Marianne is a national Emblem of France, personifying Liberty and Reason; she represents France, as a State, and its values.

She is displayed in many places in France and holds a place of honour in town halls and law courts, where a bust of this female figure has a prominent place.

In the past Brigitte Bardot, Mireille Mathieu, Catherine Deneuve, Inès de la Fressange and Laetitia Casta have modeled for the statue; Évelyne Thomas is the current Marianne.

Her image also appears on definitive stamps of France, with changes made



every few years.

On July 1, to mark the occasion of Bernard Kouchner of France being named as President of the European Union, a new Marianne stamp was issued, Marianne et l'Europe. The stars are representing the European states.

Submitted by a former member of 435 Sqn

I had never heard of the custom of kidnapping squadron mascots until the year that my spouse went away on TD and helped to liberate another unit's mascot from its locked display case.

Once the mascot was in enemy hands, the actual torture began.

Notes and hints were dispatched to the owning unit, giving vague references as to where they could find their treasured friend.

I got to go on a trip with my old unit, and it turned out that we had a kidnapped mascot on board. (I plead total innocence in this dastardly deed).

On every leg of our journey, the mascot was placed in front of something prominent, and a photo was taken.

Most notable were the dozen or so giggling flight attendants in Hong Kong.

These photos were to be sent off to the owning unit, asking them if they knew where their mascot was.

I have to admit that the presence of that extra passenger made the trip a whole lot of fun.

Back to the original point of my story: I wanted to help raise some money for the GCWCC.

I found a bust of a grizzly bear, which is our unit's mascot. I bought the bear, donated it to the unit and organized the raffle for it.

We decided to display the bear on the counter of the orderly room.

This turned out to be too much for the pranksters in the building.

That bear had been sitting unprotected, out in the open, just waiting for someone to liberate him.

One of the clerks noticed that the bear had disappeared and a ransom note was left in its place.

It turns out that no ill intentions were meant.

The kidnappers thought that the ransom would be a great addition to their GCWCC gift total.

Before the ransom could be paid, however, our hero noticed that the bear was, once again, sitting out in the open, unprotected, this time,



Op Colin Aiken

The grizzly mascot is safely back where it belongs.

in enemy territory.

Showing great cunning and courage, our hero nonchalantly walked next door, and bold as you please, rescued our grizzly!

All's well that ends well. Our grizzly statue is

back home and now being watched more closely.

All that remains is for us to sell some more tickets, and hold the draw, so that the new owner can take his new friend home. Who says that fund-raising isn't fun?



Fitness test

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102 Comet Street PO Box 17000 Stn Forces, Winnipeg, MB R3J 3Y5



Casual child care

This program is for children aged 18 months to six years. Children must be registered at least 24 hours in advance, however one week notice is recommended. This program provides a break for parents perhaps to work out, attend appointments, shop or do other activities that are difficult to do with young children. Children have the opportunity to play and participate in craft activities, story and song. Please send a peanut free snack for your child and diaper supplies if applicable. Call 833-2500 ext. 2491 for info or to register MFRC, 102 Comet St Mondays 9:30 am to noon. Westwin Children’s Centre Thursdays 9:30 am to noon. Cost: \$8 for one child or \$12 for two or more children from the same family

MTYP Production of Snowflake

**Date change: November 8, 1 p.m.**  
Manitoba Theatre for Young People, Forks Market. This silent comedy follows the quirky antics of Snowflake, a childlike street character who lives on a vacant lot strewn with discarded objects. Bittersweet and touching, with a fine line between the sublime and the ridiculous, this silent comedy speaks to human nature in an eloquent and deeply moving way. Call 833-2500 ext 4500 to register or for more information.

Kids Have Stress Too!

A program of the Psychology Foundation of Canada offers parents teachable stress management strategies for children from pre-school to age nine. This three-part program is designed to help parents and caregivers better understand stress and to help them teach their children ways to manage it. Casual child care is available. Registration is required for this program. Minimum of five participants is required. 102 Comet Street. Mondays, November 17& 24 9:30 to 11 am, and Monday, December 1 9:30 to 11 am

MFRC Lending Library

Toys, Resource Materials, Entry Passes to Manitoba Museum and Fort Whyte Alive Open Monday - Friday, 8.30 am to 4 pm  
For more information call ext. 4500.

Holiday Hampers

As in past years the Winnipeg MFRC is partnering with the 17 Wing Care and Share program to provide Holiday Hampers. The MFRC and Care and Share program realize that the holiday season can be a difficult time. If your family is struggling financially and could use some assistance during this holiday season, please contact Haley Schroeder MFRC Social Worker at ext. 4512. Referrals are accepted starting November 1st until December 19: all calls are confidential.



Where’s Soldier Bear?

Like a newcomer posted into Winnipeg the MFRC’s Soldier Bear is exploring 17 Wing. Soldier Bear will be photographed at various locations around 17 Wing until the end of December, and his photo will be published in Voxair. If you think you know where Soldier Bear had his picture taken stop by the MFRC to fill out a ballot. Draws for your chance to win your very own Soldier Bear will be held on October 1, October 29, November 26 and December 23. A grand prize draw for the chance to win a \$100 gift certificate to the Keg will be held on December 23. Each person is eligible to enter twice a month and it is possible to win more than once.



Holiday ornaments

The MFRC is selling Yellow Ribbon ornaments during the holiday season, starting November 12, 2008. There are five designs in total, but there are limited quantities available. They are available for purchase from the MFRC or the Jerry Gallipeau Kit Shop at 1 Cdn Air Div for \$12 each or two for \$20.



New at the MFRC!!


The Winnipeg Military Family Resource Centre is proud to announce that we now accept payment via Interac. This makes registering for programs, purchasing Support our Forces merchandise or buying your tickets to the Yellow Ribbon Gala that much easier.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November 2008</b> November November For more information on these programs please contact the MFRC at 833-2500 ext 4500.						 1 1:30 pm - Kool Kids
2	3 9:30 am - Casual Care 3:45 pm - Afterschool Club 6:30 pm - Teen Drop in (S) 7 pm - French Conversation 7 pm - Hip Hop Class	4 9:30 am - Tot Shop 3:45 pm - Afterschool Club 6 pm - Kool Kids 8 pm - Teen Drop-in (N)	5 3:45 pm - Afterschool Club 6 pm - Kool Kids 6:30 pm - Teen Drop in (S)	6 9:30 am - Casual Care 9:30 am - Mother Goose 10 am - Coffee Break 9:45 am - Ideal Body Coaching 1:30 pm - Rock n' Read 3:45 pm - Afterschool Club 6 pm - Kool Kids 8 pm - Teen Drop-in (N)	7 10 am - Parent Community 3:45 pm - Afterschool Club 6:30 pm - MTYP Snowflake	8 1:30 pm - Kool Kids
9	10 9:30 am - Casual Care 3:45 pm - Afterschool Club 6:30 pm - Teen Drop in (S) 7 pm - French Conversation 7 pm - Hip Hop Class	11  CLOSED - FERMÉ	12 10 am - New Parent 3:45 pm - Afterschool Club 6 pm - Kool Kids 6:30 pm - Mom's night out 6:30 pm - Teen Drop in (S)	13 9:30 am - Casual Care 9:30 am - Mother Goose 9:45 am - Ideal Body Coaching 1:30 pm - Rock n' Read 3:45 pm - Afterschool Club 6 pm - Kool Kids 8 pm - Teen Drop-in (N)	14 10 am - Parent Community 3:45 pm - Afterschool Club	15 1:30 pm - Kool Kids Santa Claus Parade
16	17 9:30 am - Casual Care 9:30 am - Kids have stress too 3:45 pm - Afterschool Club 6:30 pm - Teen Drop in (S) 7 pm - French Conversation 7 pm - Hip Hop Class	18 9:30 am - Tot Shop 3:45 pm - Afterschool Club 6 pm - Kool Kids 6:30 - Deployment Discussion Group 8 pm - Teen Drop-in (N)	19 3:45 pm - Afterschool Club 6 pm - Kool Kids 6:30 pm - Teen Drop in (S)	20 9:30 am - Casual Care 9:30 am - Mother Goose 9:45 am - Ideal Body Coaching 1:30 pm - Rock n' Read 3:45 pm - Afterschool Club 6 pm - Kool Kids 8 pm - Teen Drop-in (N)	21 10 am - Parent Community 3:45 pm - Afterschool Club 6:30 pm - MTYP Rich	22 1:30 pm - Kool Kids
23 30	24 9:30 am - Casual Care 9:30 am - Kids have stress too 3:45 pm - Afterschool Club 6:30 pm - Teen Drop in (S)	25 9:30 am - Tot Shop 3:45 pm - Afterschool Club 6 pm - Kool Kids 8 pm - Teen Drop-in (N)	26 10 am - New Parent 3:45 pm - Afterschool Club 6 pm - Kool Kids 6:30 pm - Teen Drop in (S) 7 pm - BOD Meeting	27 9:30 am - Casual Care 9:30 am - Mother Goose 9:45 am - Ideal Body Coaching 1:30 pm - Rock n' Read 3:45 pm - Afterschool Club 6 pm - Kool Kids 8 pm - Teen Drop-in (N)	28 10 am - Parent Community 3:45 pm - Afterschool Club	29 1:30 pm - Kool Kids 6:30 pm - Family Night at the Movies

Featuring our Honoured Speaker  
General W. Natynczyk,  
Chief of the Defence Staff

with Special Presentation of  
The Birchall Leadership Legacy Award  
to  
General R. Henault (Ret'd.)

Entertainment by  
The Air Command Band



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Family Resource Centre  
in partnership with  
the Manitoba Branch,  
Royal Military Colleges Club of Canada  
are proud to announce the

# Yellow Ribbon Gala

For ticket information contact  
204.833.2500 ext. 4500  
at the MFRC – 102 Comet Street  
Monday to Friday 8:30am - 4:30pm

**Saturday,  
February 21<sup>st</sup>, 2009**

Delta Winnipeg – 350 St. Mary Avenue

Cocktails 6:00pm ~ Program 6:45pm ~ Dinner 8:00pm

**\$85.<sup>00</sup> per person\***

\*Includes a charitable receipt for \$40.00  
Payment methods accepted are cash, interac & cheque

Dress:  
Mess Kit, Formal Attire

Ticket sales begin  
November 3, 2008



# It is up to us to remember them

By Padre Jean Johns

I have to confess, Remembrance Day was only a day off for me when I was in high school in the mid-1970s. I would hear of memorial services advertised over the radio at the Main Street Cenotaph in Vancouver. At that time, I wondered what it was about, only having immigrated to Canada from the Philippines at the age of 14.

There was no mention of Remembrance Day in our school and, frankly, nobody seemed to care. That was then!

Now, Remembrance Day has tremendous significance and meaning for me. When CFB Petawawa padres were tasked to do ramp ceremonies to receive the bodies of our fallen in 2006, it all changed for me. When members from my units were killed, it all changed for me. When I started to prepare for memorial services and funeral services for those in my unit, it all changed for me. When I had to accompany the CO and RSM to do a death notification, it all changed for me. When I had to provide

pastoral support for the widows who lost their husbands in this War on Terrorism, it all changed for. When I had engaged Vietnam Veterans to do professional development, in an effort to prepare our troops for war, it all changed for me.

When I heard the stories of our troops returning from war and seeing them suffer from Operational Stress Injury (OSI) and Post-Traumatic Stress Disorder (PTSD), it all changed for me.

I did not realize then the cost war exacts from our soldiers, their families and friends. When blood is spilled, everyone close to the fallen suffers.

I’ve had occasion to visit our veterans’ hospitals. The most memorable visit for me was at the Rideau Hospital in Ottawa.

Our squadron dispersed all over the hospital to visit veterans, some of whom were too sick to talk.

We knew a little about them from their caregivers, who would share something about them.

Without talking to them, we would know something about these veterans.

They had pictures of themselves in uniform.

Their medals and other military kit were displayed at the entrance of their rooms.

But the pictures only tell part of their stories. For most, these veterans kept their war stories to themselves, except perhaps sharing their wartime experiences with other veterans.

In those days, what they had seen, experienced, heard and suffered through their tour of duty would be silenced by the cultural norm of “forget about it.”

Yet, it is precisely our forgetting about it that diminishes the importance, significance and meaning of remembering them, those who have lost their lives and the veterans who survived the war but were forever changed by it.

When I see veterans on parade on Remembrance Day, I see them as soldiers who have stories to tell of the wars they have fought. My heart goes out to them.

Now, I have been with some veterans of our generation who share their pain and suffering of their own war.

Veterans are sometimes

tormented by tremendous grief, guilt and hopelessness: what it means to lose a buddy; the fear of losing one’s life by an IED, a convoy, a suicide bomber, or an ambush; the fear of killing; and, most profoundly, what their young lives hold for them in the future – for some a loss of a future they dreamed of.

The War on Terrorism has cost us in the mounting death toll.

This long war has affected greatly our soldiers who have been there.

I have felt their deep pain and their profound suffering. I take their stories and I can only imagine what it would have been for the others who fought in the First and Second World Wars and Korea.

Since 2006, Remembrance Day has never been the same.

For me, it took an up, close and personal encounter with our soldier casualties, and involvement in the lives of their families and the care of our veterans to make me appreciate this solemn day. It is up to us, the living, to remember them. Lest We Forget. Remember them well!

# Free parcel service

CANFORGEN 190/08 CANOSCOM 016 08 151252Z OCT 08

1. CANADA POST WILL AGAIN BE PROVIDING FREE REGULAR PARCEL SERVICE FOR FAMILY AND FRIENDS OF DEPLOYED CF MEMBERS FROM 20 OCT 08 TO 16 JAN 09. PARCELS WILL BE DELIVERED FREE OF CHARGE FROM ANY CANADA POST RETAIL OUTLET TO DESIGNATED CF BASES, WHERE THEY WILL BE FORWARDED THROUGH THE CF POSTAL SYSTEM TO CF MEMBERS OVERSEAS

2. ADDITIONALLY, CANADA POST WILL ALSO CONTINUE PROVIDING FREE DELIVERY OF LETTERS TO DEPLOYED TROOPS THROUGH 2009. AT THE END OF THAT PERIOD, CANADA POST AND THE DEPARTMENT OF NATIONAL DEFENSE WILL JOINTLY EVALUATE THE PROGRAM

3. DUE TO CARGO LIMITATIONS ON MILITARY FLIGHTS, THIS OFFER IS RESTRICTED TO THOSE OPERATIONS SERVED BY THE BELLEVILLE ONTARIO K8N 5W6 ADDRESS AND TO ANY DEPLOYED CDN SHIP

4. ADDITIONAL MAILING GUIDELINES ARE AVAILABLE AT THE WRITE TO THE TROOPS LINK FOUND AT WWW.FORCES.GC.CA

5. TO ENSURE THE PROPER CUSTOMS DECLARATION FORMS AND CORRECT ADDRESSING INFO, ALL LETTERS AND PARCELS MUST BE DEPOSITED AT A CANADA POST RETAIL OUTLET. MAIL DEPOSITED IN STREET LETTER BOXES WILL NOT BE DELIVERED

# Service gratuit pour la livraison des colis

CANFORGEN 190/08 CANOSCOM 016 08 151252Z OCT 08

1. DU 20 OCT 08 AU 16 JAN 09, POSTES CANADA OFFRIRADE NOUVEAU UN SERVICE REGULIER GRATUIT POUR LA LIVRAISON DES COLIS PROVENANT DES FAMILLES ET DES AMIS DES MEMBRES DES FC DEPLOYES. LES COLIS SERONT LIVRES SANS FRAIS DEPUIS TOUT BUREAU DE POSTES CANADA VERS LES BASES DESIGNEES DES FC, D OU ILS SERONT ENVOYES PAR LE BIAIS DU SYSTEME POSTAL

DES FC AUX MEMBRES DES FC OUTRE-MER

2. DE PLUS, POSTES CANADA CONTINURA D OFFRIR UN SERVICE REGULIER GRATUIT POUR LA LIVRAISON DE LETTRES ET DE CARTES POSTALES ADRESSEES AUX MEMBRES DES FC DEPLOYES, ET CE, PENDANT TOUTE L ANNEE 2009. A LA FIN DE CETTE PERIODE, POSTES CANADA ET LE MINISTERE DE LA DEFENSE NATIONALE REEVALUERONT LE PROGRAMME CONJOINTEMENT

3. EN RAISON DES CONTRAINTES RELATIVES AU FRET A BORD DES AERONEFS MILITAIRES, CETTE OFFRE SE LIMITE AUX OPERATIONS DESSERVIES PAR L ADRESSE BELLEVILLE ONTARIO K8N 5W6 ET VERS TOUS LES NAVIRES CANADIENS DEPLOYES

4. DES DIRECTIVES CONCERNANT LES ENVOIS POSTAUX AUX MEMBRES DES FC DEPLOYES SONT DISPONIBLES EN SUIVANT LE LIEN ECRIVEZ AUX MILITAIRES SUR LE SITE DE LA DEFENSE WWW.FORCES.GC.CA

5. AFIN DE VEILLER A CE QUE LES ENVOIS SOIENT ACCOMPAGNES DES FORMULAIRES DE DECLARATION DE DOUANE APPROPRIES ET QUE LES ADRESSES SOIENT CORRECTES, TOUS LES COLIS ET TOUTES LES LETTRES DOIVENT ETRE DEPOSES A UN BUREAU DE POSTES CANADA. LES COLIS ET LES LETTRES DEPOSES DANS DES BOITES A COURRIER DANS LA RUE NE SERONT PAS LIVRES

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## Together in Church

### Catholic

#### Chaplains

**Padre Lance Magdziak**

Roman Catholic Office 833-2500 ext 5272

**Padre Jean Johns**

Roman Catholic Office 833-2500 ext 5349

**Padre Joe Johns**

Roman Catholic Office 833-2500 ext 5785

#### Administrative Assistant

Carol Cochrane Office 833-2500 ext. 5087

#### Masses (English only)

Sunday 1100 hrs

**Religious Education** classes are available to all students from Preschool to Grade 6. Please call the office for information.

**Confessions** The sacrament of reconciliation is offered 20 minutes before mass and by appointment. Contact the chaplain's office.

**Baptisms** We recommend that you contact the chaplain’s office for an appointment prior to the birth of your child.

**Marriages** Six months’ notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required.

**Catholic Women’s League** meets in the Chapel Annex the third Monday of each month at 1830hrs.



#### Food Bank

The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

#### Emergency Chaplain

After normal working hours, the Emergency Chaplain can be reached through WOps Duty Centre, 833-2700.

### Protestant

#### Chaplains

**Chaplain Bonnie Mason**

(Presbyterian) Office 833-2500 ext 5417

**Padre Bob Granholm**

(Mennonite Brethren) Office 833-2500 ext 4885

**Padre Ken MacRae**

(Presbyterian) Office 833-2500 ext 5087

**Padre Gord Mintz**

(Anglican) Office 833-2500 ext 5087

**Padre David Stewart**

(Presbyterian) Office 833-2500 ext 4277

**Padre Curtis Duclos** (Baptist)

Det Dundurn Office (306) 492-2135 ext 4299

#### Administrative Assistant

Carol Cochrane Office 833-2500 ext. 5087

**Sunday Services** (English Only) 0900 hrs

**Sunday School** is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

**Marriages** Contact the chaplain at least six months in advance. A marriage preparation course is a requirement.

**Baptisms** The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

**Protestant Chapel Guild** meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

#### Other Phone Numbers:

For your convenience, a phone number has been set up to provide callers with info on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts. Those with access to the DIN visit the chaplains' Web Site at <http://17wing.winnipeg.mil.ca/main>, then click on 'Services'.

#### Interfaith Prayer Room

Rm 305 in Bldg 62 is avail during reg working hrs for private prayer or meditation, or for small groups to worship in the manner of their faith.



# Classifieds

## For sale

**1995 Suzuki Sidekick**, 4 door, 4 wheel drive, 5 speed standard, dark green. Good condition. Low mileage. Asking \$2500. Phone 897-5495. <sup>(19)</sup>

**17' trampoline.** Replaced perimeter pad. Asking price of \$100 includes help with first assembly. Phone 897-5495. <sup>(19)</sup>

**Blanket chest.** Beautiful dark gold finish. Approx 5'Lx2'Wx2'H. Asking \$200. Phone 897-5495. <sup>(19)</sup>

**Boys' BMX bike (blue).** Suitable for ages 10-13. Asking \$50. Phone 897-5495

**Men's Air Force Mess Kit.** Excellent condition. Chest 40-42, waist 38 \$175. Includes, cummerbund, bow tie, suspenders, shirt buttons and jacket clasp. Phone 832-0155. <sup>(19)</sup>

**Evenflo Aura travel system** (car seat/stroller) \$150 obo; infant playmat/gym \$15; infant car ride on/ walker \$15; Graco playpen \$30. Call Janice at extension 5383 or 831-6194. <sup>(17)</sup>

## Coming events

Breakfast meeting of the Winnipeg Chapter of the Full Gospel Business Men's Fellowship International at 0900, Sat 08 Nov 08 at the Best Western Charterhouse Hotel, 330 York Ave (at Hargrave). Men & women welcome, but seating is limited. Call John at extension 2130 to reserve tickets.

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## Clerks needed

The 17 Wing Air Reserve Flight is seeking clerks to fill a severe shortage at 17 Wing. You can work full or part time, and people of all ages can apply.  
For more information or an interview, contact:

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17 Wing Air Reserve Flight  
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Baked goods and crafts

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Proceeds to make lives better.

# TAROSCOPES

BY  
NANCY

**Aries (March 21 - April 19):** You've taken a bit of a break from dealing with what must be done but it's time for action now. To ensure others are "with you all the way," create a plan that is doable. You thrive on group support. Speedy results re-ignite your sense of purpose and fuel your passion to persevere.

**Taurus (April 20 - May 20):** Watch you don't get caught up in a far-fetched idea or fad. Stick with what you've mastered. The tried and true prevails. Watching the clock, watching your finances, watching your waistline. Continue to establish sensible habits to safeguard yourself and your plans for the future.

**Gemini (May 21 - June 21):** Dive into a new experience. Shake up your routine this season. Your confidence grows as you see what must be done and get to it. Added excitement is just what you need to jump start your energy. Logically learn the basics. This is a period of prep work for what lies ahead.

**Cancer (June 22 - July 22):** You're amazed at what has transpired over the last little while. The outcome of your actions is not what you expected but that's going to happen sometimes. All things have positive and negative potential. Acknowledge both so you can deal realistically with a situation gone awry.

**Leo (July 23 - August 22):** Bored? Before you seek new interests to divert yourself, consider exploring some of the stuff you've been avoiding thinking about or dealing with. Work at a relationship if it has grown emotionally stale. Communicate maturely even when stressed. If you lose your temper, apologize.

**Virgo (August 23 – September 22):** You can stay on top of things by managing what comes along as it happens. Premature efforts or worry are pointless. Conflict may result from your request for compensation or acknowledgement of your efforts but stand firm. You deserve the respect.

**Libra (September 23 – October 23):** An invitation is coming your way but think twice before accepting. Though this could be a good outlet for pent up energy, large groups can be draining just now. Hook up with one or two good friends. Try some physical activities with slow motion moves to tone muscles.

**Scorpio (October 24 - November 21):** Spruce up your space. Move, decorate or put your personal stamp on your current work/home environment. Before you buy, check out what you've stored away. And, look for treasures in shops that are off the beaten path. You're in the right place at the right time.

**Sagittarius (November 22 - December 21):** You don't want to lose your advantage but watch you don't get stuck in a rut maintaining the status quo. You can gain a lot by making a move. Foil your fears about taking risks by communicating your desires honestly to create strong, equitable relationships.

**Capricorn (December 22 - January 19):** Who'd have thought that you'd get the chance to see so much? Opportunity is everywhere. As one door closes another opens - wide open. Look on the bright side – perspective is important. If something was broken, rest assured it's not beyond repair. Healing happens.

**Aquarius (January 20 - February 18):** Incorporate aspects of adventure and stability into your life. Though every day can feel random, patterns emerge. You've matured so that you are taking charge of your life and determining what you want. Dream big. Take the first step.

**Pisces (February 19 - March 20):** You've had your share of tough times and are tired of feeling you must always be alert to difficulties and obstacles. Try to keep an open heart and mind. Seek out environments and people who support you. Assert yourself and maintain boundaries with those who cross the line.

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**SENIOR'S BINGO:** Thursdays at 1:30 pm  
**CRIBBAGE:** Thursdays at 7:30 pm  
**DANCING:** Friday & Saturday evening 8:00-12:00 pm  
**MEAT DRAWS:** Friday at 6:30 pm Saturday at 3:00 pm

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