



# Operation Nunalivut 2009



A CC-138 Twin Otter from 440 Transport Squadron Yellowknife flies low over a Canadian Ranger patrol after dropping fuel and food at a forward cache location during Operation Nunalivut 2009. The Ranger Patrol is headed towards Eetookashoo Bay on the north tip of Axel Heiberg Island; the first leg of their patrol to circumnavigate the island. Operation Nunalivut 2009 is one of three sovereignty operations conducted annually by the CF in Canada's North.

Capt Chevy Major: PAffO

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# Three sisters receive their Canadian Decorations

By Capt Yvonne DeCaire  
Wing Public Affairs

It's not every day that all the children of one family, representing all three branches of the Air Force, receive a Bar to their Canadian Decorations at the same time. Yet alone receive it on the 85th Anniversary of the founding of the Royal Canadian Air Force (RCAF) from the Deputy Commander Force Generation, 1 Canadian Air Division, Brigadier General Yvan Blondin, but that's exactly what occurred during a ceremony held here at 17 Wing.

"When I joined the military in 1985 there weren't a lot of jobs in the area I came from," said MCpl Rita McNeil, a native of Crowsnest Pass, Alta. "I thought I was too old to get in (at that time there was an age restriction that recruits could not be older than 25), so I just went along to the recruiting centre

with my youngest sister Tina to offer her some moral support."

"I started recruit training in Cornwallis, N.S. exactly one week before my 26th birthday," says MCpl McNeil with a smile on her face. "I haven't looked back since.... its the lifestyle that really keeps me interested in my career."

The eldest of three children, here two younger sisters were involved in 859 Crowsnest Air Cadet Squadron and had already decided upon a career with the Canadian Forces (CF) long before she enrolled.

"Our parents (Armie and Joe McNeil) were very supportive of our choice to enter the CF," said MCpl McNeil. "We would be getting an education and a guarantee of a rewarding career, one that would let us travel the country and the world while we did something we enjoyed."

2Lt Anna-Marie McNeil spent two-and-a-half years

with the Crowsnest Air Cadet Squadron but knew she would spend a lifetime involved with the organization. Over the years since then she has worked as a civilian volunteer with the Cadet movement, eventually joining the Cadet Instructor Cadre (CIC) as an officer.

Now with 573 (Andrew Mynarski VC) Royal Canadian Air Cadet Squadron based at the McGregor Armouries here in Winnipeg, 2Lt McNeil says that there are times when it's very frustrating, but also very rewarding.

"If I can keep one kid off the streets and away from drugs it's worth it," says 2Lt McNeil. "We have a lot of kids from broken homes and at risk so we do our best to keep them involved and focused on more productive things. Hopefully some of them will be able to move on to better lives as a result of our efforts," she says.

The youngest sister, Cpl



BGen Blondin presents Cpl Tina Wilhelm, 2Lt Anna-Marie McNeil and MCpl Rita McNeil with the bar to their CDs.

Tina Wilhelm (nee McNeil), got involved with cadets at 13 and when she turned 19 she went to the recruiting centre in Calgary, taking Rita along with her.

"My first choice was cook, but there weren't any openings. My second interest was as a clerk, so that was what I chose and I have had a great career," says Cpl

Wilhelm, who will be retiring from the CF this summer and returning to Crowsnest Pass.

"I've enjoyed it, but I'm ready to be a civilian now," she says with a chuckle. "I know I will miss the people, the lifestyle and the pace of work, but it's time to go home."

The Canadian Forces'

Decoration is awarded to officers and non-commissioned members of the Canadian Forces who have completed twelve years of service. The decoration is awarded to all ranks who have a good record of conduct.

A clasp (bar) is awarded for every subsequent period of ten years of qualifying service.

## Trois soeurs reçoivent la Décoration des Forces canadiennes

Par Capt Yvonne DeCaire  
Affaires publiques de l'escadre

Ce n'est pas tous les jours que tous les enfants d'une famille, représentant les trois grands services de la Force aérienne, reçoivent

en même temps une barrette à ajouter à leurs décos des Forces canadiennes. Le phénomène est certes rare, d'autant plus que, dans le cas en question, trois sœurs ont reçu leurs barrettes des mains du Brigadier-général

Yvan Blondin, commandant adjoint – Mise sur pied de la force, 1re Division aérienne du Canada/Région canadienne du NORAD, lors d'une cérémonie marquant le 85e anniversaire de la fondation de l'Aviation royale du Canada (ARC), qui a eu lieu ici à la 17e Escadre.

« Lorsque je me suis enrôlée dans les Forces canadiennes en 1985, les emplois étaient rares dans mon coin de pays », a déclaré le Caporal chef (Cplc) Rita McNeil, qui est originaire de Crowsnest Pass (Alberta). « Je me croyais trop vieille pour pouvoir devenir militaire (à l'époque, on imposait une limite d'âge aux recrues, qui ne devaient pas avoir plus de 25 ans); j'ai donc accompagné ma sœur cadette Tina au centre de recrutement afin de lui apporter un soutien moral. »

« J'ai commencé à suivre l'instruction des recrues à Cornwallis, en Nouvelle

Écosse, exactement une semaine avant mon 26e anniversaire de naissance, a précisé le Cplc McNeil toute souriante. Je n'ai jamais regretté ma décision... C'est le mode de vie qui fait que je continue d'aimer ma carrière. »

Les deux sœurs cadettes de cette aînée de famille étaient membres de l'escadron no 859 (Crowsnest), et elles avaient déjà décidé qu'elles feraient carrière dans les Forces canadiennes bien avant que le Cplc McNeil s'enrôle.

« Nos parents (Armie et Joe McNeil) ont appuyé sans réserve notre choix, a affirmé le Cplc McNeil. Ils savaient que nous allions recevoir une éducation et qu'une fructueuse carrière nous attendait, que nous aurions l'occasion de voir le pays et le monde tout en faisant ce qui nous plairait. »

Le Sous lieutenant (Slt) Anna Marie McNeil avait été membre de l'escadron

Crowsnest des Cadets de l'Air pendant deux ans et demi, mais elle savait qu'elle continuerait de jouer un rôle dans l'organisation pendant toute sa vie. Depuis l'époque où elle était membre de l'escadron, elle a travaillé en tant que bénévole civile au sein du Mouvement des cadets et est ensuite devenue officier du Cadre des instructeurs de cadet (CIC).

Aujourd'hui instructrice à l'escadron no 573 (Andrew Mynarski VC) des Cadets de l'Aviation royale du Canada, situé au Manège militaire McGregor, à Winnipeg, le Slt McNeil avoue qu'elle

en avait 19 au moment où elle s'est présentée au centre de recrutement à Calgary, accompagnée de Rita.

« Mon premier choix était de devenir cuisinière, mais aucun poste n'était vacant. Mon deuxième choix était de devenir commis, ce que je suis devenue, et j'ai eu le privilège de mener une carrière magnifique », a fait savoir le Cpl Wilhelm, qui se retire des FC cet été et retourne à Crowsnest Pass.

« J'y ai pris plaisir, mais je suis maintenant prête à devenir civile, a-t-elle déclaré en riant. Les gens, le mode de vie et le rythme de travail me manqueront, mais le moment est venu pour moi de retourner chez moi. »

La Décoration des Forces canadiennes est décernée aux officiers et aux militaires du rang des Forces canadiennes qui comptent douze années de bons et loyaux services.

Elle est destinée aux personnes ayant de bons états de services, sans égard au grade.

Une agrafe (barrette) est remise par la suite pour chaque période subséquente de dix années d'ancienneté.

Pour en savoir plus sur les possibilités de carrière offertes par les Forces canadiennes, visitez le site <http://www.forces.ca/html/index.aspx?m=0&sid=0&content=0&lang=fr>.

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Ad Sales/Main Office (204) 833-2500 ext 4120  
Accounting (204) 833-2500 ext 4121

Submissions/Reporter (204) 833-2500 ext 6976  
voxair@mts.net  
+VOXAIR@PersSvcs@Winnipeg

#### VOXAIR STAFF

LCol L. Brodeur  
Editor-In-Chief  
(204) 833-2500 ext 5281

Rick Harris  
Managing Editor  
(204) 833-2500 ext 4299

Maureen Walls  
Office Supervisor  
Sales Manager

Andrea Estensen  
Production Coordinator/  
Layout

Misra Yakut  
Accounting

John Towns  
Reporter

Traci Wright  
Proofreading

Jim Holland  
Advertising Sales

204 832-0115

Printed By  
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(204) 857-3427

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# Cdr Josée Kurtz takes over HALIFAX

By Virginia Beaton  
Trident staff

**C**dr Josée Kurtz became the 11th commanding officer of HMCS Halifax during a change of command ceremony on the ship's flight deck on Monday, April 6, 2009.

On April 7, Cdr Kurtz gave a press conference on Halifax's bridge.

"I feel great," stated Cdr Kurtz. "This is probably one of the best days of my life. I can't wait to take the ship to sea today."

Though she is the first woman to command a major Canadian Navy warship, Cdr Kurtz emphasized that in terms of career progres-

pursue greater things within their own Naval careers."

Cdr Kurtz stated she was honoured to take command of Halifax at this time for several reasons.

First, she noted. "Command is the moment in a Naval officer's career."

As well, the ship is based in its namesake city "which to me is a very special opportunity to do great things with this crew and with the city" and to showcase what the Navy can do, she stated.

Finally, as the Navy moves toward its centennial year in 2010, Cdr Kurtz stated she looked forward to the events this year leading up to the centennial.

Halifax currently is go-

Art McDonald described his time as the ship's CO as "a tremendously rewarding experience."

He listed activities from the past two years, including Halifax's contribution to force generation, as consort for submarine work-ups, hosting visits from the prime minister and the Minister of National Defence and as well, participation in community events such as the annual cross-province fundraising run for the Children's Wish Foundation.

Cdr McDonald concluded by stating his gratitude to the ship's company, saying "Thanks for everything you do every day to make this ship what it is---first class."

and noted he was confident Cdr Kurtz would carry on those traditions.

In her address, Cdr Kurtz also thanked Cdr McDonald for his service, stating "You have left a tremendous positive impact on the ship's company."

Addressing the ship's company directly, she told them "I look forward to executing this operational schedule with you, together."

Cdr Josée Kurtz is a native of Joliette, Québec, where she was a sea cadet.

She joined the CF in 1988 and after receiving her bridge watchkeeping certificate in 1991, she specialized in navigation and completed the Destroyer Navigation Officer Course in 1992, the Maritime Advanced Navigation Officer Course in 1995 and the Operations Room Officer Course in 1997.

Cdr Kurtz navigated HMC Ships Nipigon, Ville de Québec and Protecteur and was twice posted to the Naval Officer Training Centre VENTURE, first as navigation instructor, then as Fleet Navigation Instructor and Head of the Navigation Department from 2000 to 2002.

Cdr Kurtz was Weapons Officer and Combat Officer in Vancouver and served as Executive Officer in Ville de Québec from 2007 to 2009, during which time the ship deployed with the Standing NATO Maritime Group 1 and participated in an anti-piracy escort mission in support of the World Food Programme in Somalia.

Cdr Kurtz has a BA from the University of Ottawa, a Masters in Defence Studies from RMC and is a graduate of the Joint Command and Staff Program at Canadian Forces College in Toronto.

In July 2003 LCDR Marta Mulkins became the first woman to command a Canadian Navy ship when she took command of the MCDV Kingston.



From the left, Commander Josée Kurtz CD, incoming commanding officer, Commodore Mark Norman, CD, Commander Canadian Fleet Atlantic, as witness and Commander Art McDonald, CD, outgoing commanding officer, signing the change of command certificates of HMCS Halifax.

sion and as compared to her peers, "I see myself as no different from my other colleagues in the fleet."

Yet because of her place and time, "My position is significant to many women, and to young and talented officers and sailors who are coming astern of me... Hopefully it is a positive role model to them, in wanting to

ing through a technical, operational and personnel readiness program culminating in work-ups this fall. The ship will be the lead ship in the frigate modernization program, starting in October 2010.

During the change of command ceremony on April 6, Halifax's outgoing commanding officer Cdr

As a departure gift, the ship's company presented Cdr McDonald with a naval officer's sword, presented in a shadow box made by members of the ship's company.

Cmdre Mark Norman, Commander Canadian Fleet Atlantic, acknowledged Cdr McDonald for his accomplishments as Halifax's CO



**Depart with Dignity ceremony**

BGen Yvan Blondin, Deputy Commander Force Generation for 1 Cdn Air Div/CANR (left), officiated the Depart with Dignity ceremony in Mynarski Hall for WO Duane "Dewy" MacLeod, who retired from the Canadian Forces after 25 years of dedicated service on April 1. WO MacLeod originally enrolled in the CF as a Marine Engineering Mechanic in 1983, but switched over to the Air Force a few years later and was trained as an Airborne Electronic Sensor Operator. Some of his career highlights include serving with all four Long Range Patrol Squadrons in Greenwood and Comox, and working as an instructor for 404 Squadron and CFANS.



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# New DND mentoring program looking for mentors

By Primrose Knazan  
Learning Assistant

The Winnipeg Learning and Career Centre will be hosting a video conference on the new DND Mentoring Program, broadcasted live from Edmonton, on Thursday, April 30, 2009.

For more information or to register, contact Primrose Knazan, Learning Assistant, at Local 4636 or e-mail at [LCCshare@forces.gc.ca](mailto:LCCshare@forces.gc.ca)

Obi-wan Kenobi and Luke Skywalker could easily be considered the most famous mentor-mentee relationship of all time.

While the adventures of most mentors and mentees rarely reach the epic scope of our Star Wars heroes, mentoring within the workplace can be a useful tool to develop leadership skills and share corporate knowledge.

Mentoring is a profes-

sional relationship where an experienced person voluntarily shares knowledge, insights and experiences with a less-experienced person.

While informal mentoring relationships often occur in the workplace, DND launched a new program on December 10, 2008 to facilitate the process of matching mentors and mentees.

The DND Mentoring Program is a leadership competency development initiative that will ensure the transfer of knowledge from senior staff to those that are less experienced.

Organizationally, this initiative will further DND's reputation as an employer of choice that develops its talent from within.

The Program will also help achieve results for both employee recruitment and retention.

The DND Mentoring Program is an excellent

learning opportunity for both military and civilian participants that focuses on practical real-world skills.

Rather than in-class or on-line courses that focus on theory, mentors share their experiences and guide mentees using work-related examples.

Mentors can advise mentees on decision-making and career development from a manager's perspective.

Most importantly, corporate knowledge is shared between both the mentor and mentee, strengthening the organization as a whole.

Mentoring teaches both the mentor and mentee about interpersonal communication, improving leadership competencies, increasing confidence, building organizational knowledge, and creating trusted relationships.

Mentees can develop management skills, be exposed to leadership styles,

observe decision-making processes, discover new career opportunities, increase career satisfaction, and acquire new skills and knowledge.

Mentors can develop coaching skills, improve leadership and communication abilities, and become familiar with different levels within the organization.

The DND Mentoring Program uses an electronic matching system to establish the best match of mentors and mentees, based on the information provided by interested participants.

Both the mentor and mentee can choose the specific leadership competencies they wish to focus and build on.

Technology enables the mentoring relationship to be carried out at a distance.

Video conference, telephone, e-mail and other communication methods al-

low for mentoring relationships to be very flexible and effective.

The DND Mentoring Program maximizes the use of these technologies in order to provide many different kinds of mentoring environments throughout DND on a national level.

Many mentees in the Prairie region have been matched up with mentors from different locations across the country.

Civilian indeterminate employees can register to participate as a mentee. Mentees are matched with a mentor who is at least two levels above them and with whom they have no direct reporting relationship.

Both civilian employees and military members are encouraged to participate as mentors.

The qualifications are as follows: All civilian DND employees at the EX

minus 3 level and above; Military officers: Captains, Lieutenant(N) and up; Non-commissioned officers: Chief Warrant Officer, Master Warrant Officer, Chief Petty Officer 1st class, Chief Petty Officer 2nd class.

According to the current statistics available regarding the DND Mentoring Program, no mentors are available for the Prairie Region.

Due to the strict guidelines for civilian participation, 17 Wing has very few employees eligible to participate as mentors.

However, many military personnel are eligible to register as mentors. Hopefully the numbers of interested personnel will increase as this program is more widely advertised.

For more information or to register as a mentor or mentee, go to: <http://hr.ottawa-hull.mil.ca/DND-Mentoring-MentoratMDN>

## Learn to prevent and resolve harassment issues

By Leah Bannister  
Learning Advisor

effectiveness, productivity, team cohesion and morale are placed at risk.

The CF and DND affirm that a work environment that fosters teamwork and encourages individuals to contribute their best effort in order to achieve Canada's defence objectives is essential. Mutual trust, support and respect for the dignity and rights of every person are essential characteristics of this environment. Not only is harassment in certain forms against the law, but it erodes mutual confidence and respect for individuals and can lead to a poisoned work environment. As a result, operational

physical assault. It can result from personality differences or from a lack of communication skills, including the inability to understand different points of view.

Conflict and harassment are not synonymous terms. Workplace conflict and harassment may exist independently, together, or one can lead to the other. The exact nature of each situation will depend upon its own facts and circumstances. Harassment and workplace conflict are serious and must be immediately addressed to improve the working environment. A strong effort must be made to address conflict situations that could lead to harassment.

Conflict in the workplace can range from private verbal disagreements to extreme behaviours such as yelling and shouting, threats and even

Every member of Canada's defence team has the right to work in a healthy and safe environment, as well as the responsibility to shape that environment. Every member of Canada's defence team can prevent problems before they occur!

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# Visitors get a behind-the-scenes look at museum

By John Towns  
Voxair staff

On Sunday March 29, visitors to the Western Canada Aviation Museum got the unique opportunity to see some previously unseen areas of the museum as part of its Behind Closed Doors event, which allowed museum goers to tour some of the behind-the-scenes areas of the museum and even to climb into a few of the cockpits of some of the museum's aircraft.

"Behind Closed Doors featured a number of things that the public could look at that aren't normally open to visitors to the museum," said museum Programs and Archives Coordinator Kim Feher. "Admission was half price, and people could come in and see things like our aircraft restoration area, where they could speak to some of the volunteers and learn a little bit more about what they do and they could also get into our library, where our volunteers there

told them a little bit about our archives and collections."

"Probably the most exciting part for a lot of people were the open cockpits of the [F 86] Sabre, the Beech Musketeer and our [CF 101] Voodoo simulator where they could actually climb up and get in to the cockpits and see what it's like in there."

There were even former pilots of the Voodoo on hand to take museum goers through the cockpits and teach them a little bit about what flying the aircraft was like.

That was, according to museum attendee Nicole Carpentier, one of the most interesting parts of the day. "My favourite part was sitting in the Sabre. That was definitely an experience that I'm glad I got to have," she said. "Going down there for this event was a great experience all around because it was fun, it's always nice to do something different and



Chris Madden

For the Behind Closed Doors event, museum goers were allowed unprecedented access to certain aircraft, like the F-86 Sabre, above.

to learn about our history."

Behind Closed Doors, according to Feher, is just one of several events and programs that the museum is running this year to commemorate the Centenary of Powered Flight in Canada.

"This is just a part of events that we have going on all year to commemorate

the 100th anniversary of powered flight in Canada," she said. "We have a number of other events, we had Al Simmons come in and perform one day in February, in May we're going to have the Hawk 1 Sabre Jet visiting, in July we'll be doing an event where we ask the public to bring in donations for

Winnipeg Harvest to fill our Bristol Freighter, and one of the really big things we're doing this year is bringing in the Lancaster in August."

The Lancaster Feher mentions is one of only two flyable World War Two Lancaster Bombers left in the world, and will be visiting the museum August 3-4.



Submitted by Nicole Carpentier

Nicole Carpentier sitting in the cockpit of the F-86 Sabre Jet.

## Sacrifices part-and-parcel for deploying members

By Capt Yvonne DeCaire  
Wing Public Affairs

If you are a member of the Canadian Force (CF) you are likely to deploy overseas during your career. These deployments are part-and-parcel of the job. But they also often involve sacrifices that are sometimes unexpected.

"I knew I would miss out on things during the deployment," says Sgt Dave Kopp, a supply technician with 17 Wing Mission Support Squadron. "I'm ready for this, I've been overseas before."

What he hadn't counted on were some of the things he missed during the pre-deployment training.

"It was hard not being home to take my little guy out trick-or-treating last year," says Sgt Kopp. "He's only three and really gets into it. What makes it worse is I may not get to take him out this Halloween either."

But Kopp realizes that although he will miss much during the deployment, he is one of the lucky ones as his wife and family are very supportive of him and his role on this mission.



Sgt Dave Kopp will be deploying with MSS.

"My wife knew when she married me that I was a member of the CF and what that involved," he says. "We pretty much knew coming here to Winnipeg meant I would deploy and she was ready for that. But it will be tough as everything at home falls on her, which is

more than we realized."

As for trick-or-treating, his in-laws have already volunteered to take his little boy if he doesn't get his leave for that period says Sgt Koop. "But it sure is hard not to be there myself.... just to see his little face during all the excitement."

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Live Music during dinner by the Air Command Band

High Flight and Airman's Prayer

Loyal Toast

Tribute to the Manitoba Aviation Pioneers Billy Barker, Frederick Stevenson,  
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Tribute to the Founders of the Western Canada Aviation Museum

Tribute to the Wartime Pilots' and Observers' Association

Tribute to the Honourary Life Members of the  
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# In The Service of Canada: The Seventh Book of Remembrance

By Richard E. Gower  
Air Force communications staff,  
NDHQ Ottawa

**C**anada Remembers. Just two words, but fraught with meaning. The phrase names a Veterans Affairs Canada program dedicated to keeping the achievements and sacrifices made by military members and others who died in the service of Canada, close to the hearts and minds of Canadians.

Visitors to the Memorial Chapel in the Peace Tower on Parliament Hill in Ottawa can see immediately that the two words also represent a dedicated commemorative will and spiritual energy. Canada does indeed remember those who died in war and in the service of this country, and aims every day to ensure that their names remain solid and unfaded in the Canadian consciousness.

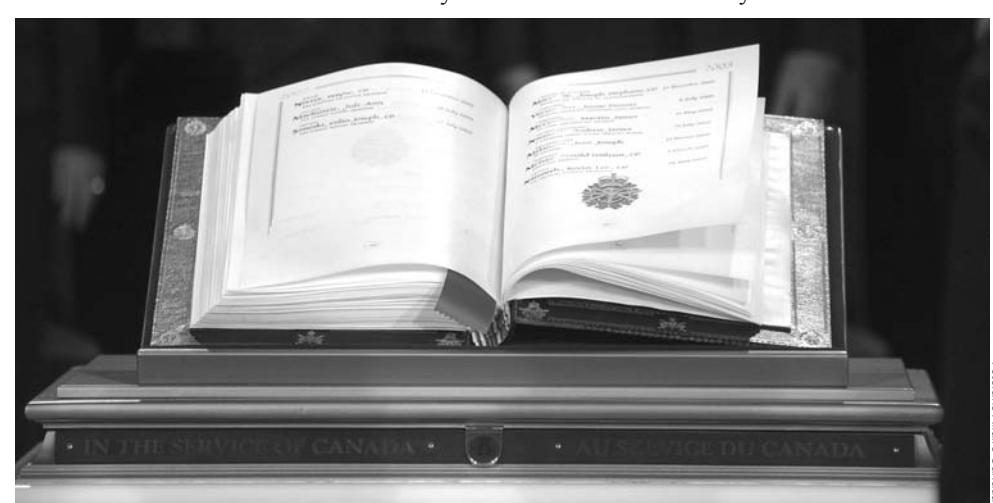
One of the visible manifestations of this effort is the Books of Remembrance that are kept in the Memorial Chapel. There are seven of them. They are produced from materials like birds-eye maple, kidskin leather and manuscript vellum and the fasteners in at least one are made from sterling silver in the form of maple leaves. The art in them is original, some of the decoration is done in gold leaf and the calligraphy was inscribed by hand. They have been crafted to last for more than five hundred years. And collectively, they record the names of more than 118,000 Canadians who have died in wars and major conflicts, going back to 1884.

In The Service of Canada: The Seventh Book of Remembrance is the most current of these unique records. The Seventh Book commemorates the names of Canadians who died in the service of their country, from after the Second World War to the present day, except those who died in the Korean War, who are recorded in a separate Book.

The Seventh Book of Re-

membrance was unveiled in the Hall of Honour on Parliament Hill and officially dedicated by the Governor General of Canada, Michaëlle Jean, on November 11, 2005, the Year of the Veteran.

Legion Magazine published coverage of that ceremony by writer Adam Day, who reported that the Governor General made a "...fine and eloquent dedication speech..." and quoted her words:



**In the Service of Canada: The Seventh Book of Remembrance is shown here open, on the top of the altar where it is kept, in the Memorial Chapel in the Peace Tower on Parliament Hill in Ottawa.**

"This book is unique in that it will never close. It will be used to commemorate those who have given their lives for Canada for generations to come," she said. "This (book) also carries an underlying note of hope, because it is a testament to the willingness of our military women and men to help bring peace and security to a troubled world."

New names continue to be verified and recorded to the addenda of the Books as records and files of military personnel and others who died "in the service of Canada" are located.

In 2009 five names will be added to the First World War Book and four names will be added to the Second World War Book. The most recent names to be added to The Seventh Book, which commemorates more than 1600 Canadians, are those who have died in service to Canada, in Afghanistan.

In addition to the names that have been verified for

addition to the Books, there are occasional corrections to be made. This was taken into consideration during the planning stages for the Seventh Book, which began in 2004. The pages of the Book are made from manuscript vellum, which, according to an expert, is essential if changes or corrections are to be made after the original paint or lettering has been applied.

Nancy Ellis is the lead

War Book eight years, and the Book to commemorate Korean War deaths took five years. One of the reasons that the Seventh Book was ready in time for the dedication was because the calligrapher and artist were able to work on the pages independently before the Book was bound. But no detail was spared.

"All pages of the Seventh Book are hand lettered, even the pages of history," said Nancy Ellis. "The names are

1947. They were also added to the leather edging of the Book.

No distinction is made between military branches, however, when it comes to the arrangement of names on a given page.

"Every Book is a little bit different," said Ian Burgess, a Program Officer with Veterans Affairs Canada, the organization responsible for the Books. "But the standard format would be their rank,

their name, post-nominals, date of death and the regiment. One of the founding principles of the Seventh Book of Remembrance is that there isn't one fatality that is more important than another."

A ceremony takes place in the Memorial Chapel at 11:00 every morning where a page of the Seventh Book is formally turned. Michel Villeneuve is the Assistant Deputy Sergeant-at-Arms for security operations on Parliament Hill. "Family members of the deceased may arrange to attend this ceremony in private," he said. "We give them quiet time, with no other people around."

Other countries have memorials to honour those who died in military service, but Ian Burgess spoke about Canada's Books of Remembrance this way. "I believe that they are unique to Canada," he said. "There are other memorial types, honour roles and monuments, but those don't catalogue all war dead. The Books of Remembrance actually commemorate all Canada's war dead that we know about."

The lettering was done with this in mind to allow for easy viewing in this medium. The nature of vellum is that there is show-through of the lettering from page to page so the text arrangement was made on the pages so that it wouldn't appear higgledy piggley."

Artist Debra MacGarvie hand-painted all the artwork for the pages of the Seventh Book of Remembrance. Graphics called illuminations were added throughout the pages that show the evolution of the command structure and different branches of the Canadian Forces since

he said. "As many of us can attest, particularly those of us with the greying hair and obvious mileage on our faces, such service demands the acceptance of hardship and risk. We can equally talk about sacrifice, having earned this right through the solemn ceremonies in which we parted with our comrades-in-arms, and comforted their families, following those many tragic events over the years."

"For the most part, these Cold War era events passed almost without a ripple in the consciousness of Canada, unobserved and unremarked; they were a family affair, a part of the Air Force life. This changed on November 11, 2005, when Canadians acted to recognize, in perpetuity, this ultimate price paid on their behalf by our fellow air warriors. In listing them in the Seventh Book of Remembrance, Canada has fittingly honoured them, and assured their permanent recognition."

BGen Davies also had a message to currently serving Air Force personnel as well as veterans, regarding the deaths of people who have served. This can apply to all Canadian Forces members, in all environments.

"I urge you to take the time to look them up, and reflect back on the times you shared, the challenges you faced together. They shall never be forgotten."

You may now take virtual tours of the Books of Remembrance and the Memorial Chapel at: <http://www.virtualmemorial.gc.ca/> and [www.parl.gc.ca/memorial-souvenir](http://www.parl.gc.ca/memorial-souvenir).

In spite of best intentions there may still be omissions of some names, even from The Seventh Book. Those who visit the Books and find the names of family members, comrades or friends missing should contact the Canada Remembers program at: <http://www.vac-acc.gc.ca/remembers/sub.cfm?source=collection/books/7thbook>

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# Observe and brief is the mantra for Met Techs

By Capt Jeff Noel  
Wing Public Affairs Officer

From a training exercise in the arctic to deployed operations in Afghanistan, Canadian Forces Meteorological Technicians, Met Techs for short, provide Commanders with information essential to the success of any Canadian Forces mission.

Once the domain of sea-

soned Sergeants and Warrant Officers, the task of observing and briefing has now been passed on to eleven Privates and Corporals from across our nation who have successfully graduated from the CF's first ever Met Tech Basic Occupation Qualification (BOQ) course in Winnipeg on April 3.

"This BOQ is not simply an amalgamation of two pre-

vious courses," says CWO David Hutchinson, the CF Meteorological School's CWO. "It is a completely new course designed to provide our junior members with the skill sets they need so our occupation can better support CF deployed operations."

For the graduates however, receiving their graduation certificates from the Direc-

tor General Air Personnel, BGen T.F.J. Leversedge did not signify the end of their training.

Now they will head to the Interim Joint Meteorological Centre (IJMC) at Canadian Forces Base Gagetown, NB where - depending on their specialty - they will spend another six to 18 months training.

"This new course struc-

ture has brought us more inline with the forward thinking of the Air Force and the CF," stated CWO Hutchinson. "We will soon be sitting the Training Plan Writing Board to develop our CF Forecasting ability."

Once the BOQ graduates finally complete their training, they will then deploy as members of an artillery bat-

tery, a tactical air element or in a tactical headquarters.

For more information on The Canadian Forces School of Meteorology please visit <http://www.airforce.forces.gc.ca/17w-17e/schools-ecoles/page-eng.asp?id=456>

For more information on how to become a Canadian Forces Met Tech please visit <http://www.forces.ca>



Participants and instructors of the QL3 Basic Occupation Qualification (BOQ) Met Tech Course Session 0001.

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# Springtime is SCAN time

## WPSO Corner

By Lt Helen MacDonald

"Change should be a friend. It should happen by plan, not by accident", (Philip Crosby, 1926-2001). After investing 10, 15, 20 or more years in your CF career, the last thing you want to do is head into retirement without a plan.

Like many things in life, your retirement can only benefit from preparation.

To assist you in this planning, the 17 Wing Personnel Selection Office (PSO) will be hosting the Spring session of the Second Career Assistance Network (SCAN) on May 13 and 14 from 0800-1600 hrs in the Wing Theatre, Building 90.

Spouses are welcome to accompany military members provided space is available. Prior registration is required.

The SCAN seminar is designed to provide CF members with a broad overview of the services available and to increase awareness of various aspects of

retirement.

Ideally, every member should attend a SCAN seminar at least twice during their career, the first time at about 15 years service and then again during the last year or two prior to retirement/ release from the Canadian Forces.

For the first time in Winnipeg, there will be a dedicated time block for those personnel undergoing or potentially facing the medical release process.

SCAN presentations from 1300-1600 on 14 May will focus on issues pertaining to medical release.

The Spring session of SCAN will feature speakers on varied topics such as Job Placement Partnership and Education Reimbursement, all designed to assist in the search for employment in the civilian world.

There will be information on Reserve employment, Veteran's Affairs Canada (VAC), wills and estates and SISIP retirement planning, insurance and rehabilitation services.

Of importance to every CF member when planning

for retirement/release are administration, compensation and benefits

Other topics include transitional effects of retirement on the family and relocation benefits available

If you have questions or concerns or just want to gather information about the programs, benefits and services available to you as you come to the end of your CF career, then SCAN is the place for you.

"It is not the strongest of the species that survives, nor the most intelligent, but the one most responsive to change", (Charles Darwin, 1809-1882)

Planning for what may be one of the biggest changes in your life just makes sense.

Register today for the SCAN seminar, May 13 and 14 from 0800-1600 hrs in the Wing Theatre, Building 90.

General release presentations 0800-1600 hrs May 13 and 0800-1200 hrs May 14; medical release presentations 1300-1600 hrs May 14. A link for registration forms is on the 17 Wing Message Board.



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Jennifer Doering-Keiver

# The weapon of the artillery is the projectile

By Cpl Bill Gomm  
38 CBG photojournalist

**T**he gun detachment (det) Second in Command (2IC) is the glue that holds the det together," said MWO Dan Sembalerus, the Battery Sergeant Major (BSM). "Depending how they perform, he or she can make or break a good gun det."

Soldiers of 38 Canadian Brigade Group (38 CBG) Artillery Tactical Group (ATG) took part in Exercise PROWLING GUNNER VI 21-22 March.

The role of a gun det 2IC is quite similar to an infantry section with some noticeable exceptions. Unlike an infantry section 2IC, a gun det 2IC is primarily on the gun and his or her first responsibility lies with the ammunition, the count and making sure the ammunition is being handled properly.

"The C32 fuse is what we're working with mostly today," said MBdr Michael Hague, 2IC of number 3 gun. "Putting them on the right projectile, ensuring the fuse gets set properly and

gets locked into place."

"We use the Multi Ordnance Fuse Artillery (MOFA) fuse setter," said MBdr Hague. "It's an electronic fuse setter, which is a lot different from the previous ones we've had in the past which were all manual."

Besides the handling of the ammunition, the det 2IC is the one individual that probably has the most contact with the rest of the det. He or she will fill in when the det commander is absent.

"It's fun taking over for the number one," said MBdr Hague. "You are the man in the moment; you're in the trails and you're in control."

MBdr Hague is starting his sixth year in the artillery and considers it to be a great job and is looking to going overseas in the near future.

When asked about what it is like to be in the artillery, he said: "The best part about being in the artillery is the knowledge that everyone you're working with knows their job to perfection.

So that rounds will be on target, on time."



Bdr Richard Casement, Sgt Lejla Imamovic and Gunner Chris Ferguson (pulling the lanyard on the C3 105mm Howitzer).



Bdr Richard Casement aligns the Telescopic Panoramic Sight as MBdr Michael Hague, centre, and Gunner Chris Ferguson work on the C3 105mm Howitzer.



Sgt Lejla Imamovic sets up the Multi Option Fuse Artillery (MOFA) Electronic Fuse Setter while MBdr Michael Hague removes fuse plugs from the tips of 105mm rounds.

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# CSA candidate details astronaut selection process

By John Towns  
Voxair staff

**W**hile Capt Keith Wilson always dreamed of flying, even he never realized how close he would eventually come to flying somewhere that only a handful of people have ever been.

Capt Wilson, who was born and raised in Winnipeg, was recently among 16 of the top candidates for the latest Canadian Space Agency astronaut recruitment campaign, which began with more than 5,000 applicants in May 2008.

Unfortunately Capt Wilson was disqualified from continuing with the selection process over a medical concern, which he says is mild enough that it won't really affect his life in any way, but

was just enough to keep him earth-bound.

Although, perhaps earth-bound is not the right way to describe Capt Wilson, who spent a large chunk of his life flying with the Canadian Forces in both a SAR capacity and later as a test pilot at the Aerospace Engineering Test Establishment in Cold Lake.

For now, Capt Wilson has elected to put flying onto the backburner as he attends Medical School at the University of Manitoba as part of the Military Medical Training Plan, although he only made the choice to do so after he first satisfied his desire to fly.

"[Becoming a doctor is] something that I always wanted to do for a long time, but I've always been pas-

sionate about flying. I grew up dreaming about airplanes, and building model airplanes, and doing a lot of things that pilots in the air force do, and just that pilots in general do," he said. "So even though I always wanted to go to medical school, I wanted to fly, you know, I'm just passionate about aviation, and I always will be."

It was only after a long career as an aviator that he even considered that he could actually apply to become an astronaut.

"I didn't grow up with it like some of the other 15 people who were there, who grew up dreaming about becoming astronauts," said Capt Wilson. "Certainly if you'd have asked me when I was a child if I wanted to be an

astronaut, I would have said 'yeah, that sounds fantastic' like any child would, but initially it seemed like kind of an unrealistic dream to me. You have to do so much to get to that point that I didn't really think seriously about it until probably the point that I became a test pilot, because I had seen other test pilots take that route."

So, when the CSA announced that they had two slots to fill and would be conducting an open recruiting call last May, Capt Wilson put forward his name and, after a series of down selections, traveled to Montreal in January.

There, he and 39 others who had made it through the selection process so far underwent a week of aptitude tests.

"It was a lot of spatial orientation type of testing – mental gymnastics," recalled Capt Wilson. "Unfolding cubes in your head, tak-

ing shapes and turning them in your head, that type of thing."

From there, the training became a little more stressful as 31 of the remaining applicants met the next month in Halifax at the Navy's Damage Control School to assess how the candidates would perform under pressure during environmental and stress testing.

"It's meant to simulate a ship, so you're down in flooded compartments trying to patch holes and doing hazardous material handling, and stuff like that," said Capt Wilson. "It was three full days of testing doing that kind of stuff, and you were either very hot, or very cold, exhausted, and always under time pressure and trying to accomplish tasks and think and that kind of thing."

"So it was about thinking under stress, performing as a team, and performing under environmentally uncomfor-

able situations. It was also a lot of fun, though, because working with those people, who were a great group of people, was a good experience."

Even though he was eliminated in the next phase, which was a series of medical tests in Toronto, Capt Wilson says that having been allowed to meet and work with his fellow candidates was enough to have made the whole experience worthwhile.

"Even if I knew the end result again, I'd do it all again. I had a ton of fun, I met a great group of people, and out of the people that are left now, they were just such a fantastic group of people that just getting to know them and work with them was enough to make the whole thing worthwhile," he said.

"Even though the end result wasn't something I was hoping for, it's something I'd certainly do all over again."



Capt Keith Wilson, foreground, is fitted for a respirator as part of the selection process.

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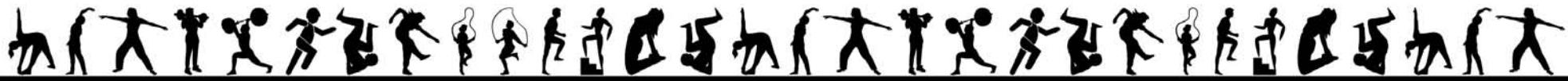


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## HEALTH AND PHYSICAL FITNESS FOR LIFE / SANTÉ ET CONDITION PHYSIQUE POUR LA VIE

# Activity camps keep children busy during holidays

By John Towns  
Voxair staff

Keeping kids busy during school holidays can be a monumental task for parents, which is why Community Recreation has stepped up to offer a number of programs for school-age kids who are on vacation.

The most recent of these programs was the week-long PSP Spring Break Camp, which was offered from 30 March to 3 April when schools in Winnipeg shut down for Spring Break.

The idea, said Community Recreation Supervisor Lindsay Chmilnisky, is to offer whatever support they can to military families when their kids are on holidays.

"These types of programs are designed to support military families by providing their kids with recreational programs to stay active, healthy and, of course, to have some fun," she said.

Spring break camps have been attempted in the

past, but this year was by far the best registration we've had in years."

The camp offered a number of activities, including indoor rock climbing, mini-golfing, an egg-drop and a visit to Fort Whyte Centre, as well as swimming, crafts and some time spent in the gym every day.

Twenty-five youths registered for the camp, anywhere in age from five to 12 years old. By and large, they loved it, according to Chmil-

nisky.

"We had very positive comments from the kids and parents at the end of the week," she said.

"The kids decided to make the counselors and other units on base that supported us thank-you cards for all the help they provided through the week."

With the Spring Break Camp barely over, Community Recreation is already gearing up for their summer camps, the Sport Camp

Guides are already available at Building 90.

"We're going to have two groups of summer camps – we offer school age camps which are for kids from five to 12 years old, and 'Pre-School' camps which are for kids ages three to five," said Chmilnisky.

"The camps are all sport-

based, and each week we'll have a different theme –

golf, ball hockey, volleyball, soccer, ultimate Frisbee and a number of other ones until the last week, when we will end the summer with a fun camp called Mix It Up," she said.

"For the preschool camps we have more introductory

level camps for example mini-soccer and t-ball."

Registration for the summer camps, which run from July 6 to September 4, will start Monday, 27 April at 0730 at Building 90 Fitness and Recreation Centre in the Community Recreation Office.



Richard Bell, foreground, participates in the orienteering activity at Fort Whyte Centre.



Chantelle Mackie and Molly Porter play in the pool during the Spring Break Camp.

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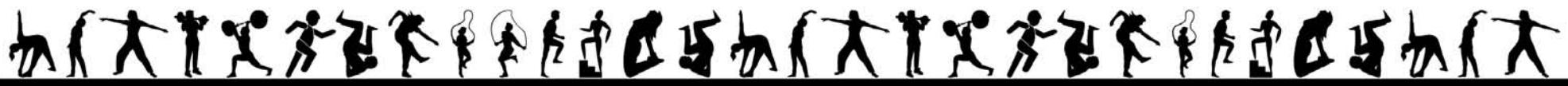
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# 17 Wing Golf Club is getting ready for the season

By MWO Greg Fleet  
Club President

The 17 Wing Winnipeg Golf Club is busy preparing for the 2009 season and looking for new members both on and off the Wing. Our membership rates for this year remain unchanged.

**Course** – The course has a nine hole maximum yardage of 2245 yards with four par threes, four par fours, and a monster par five (602 yards from the Blue tees).

This year we will be opening up a new back tee box on the second hole to give this tough par three an even greater challenge.

We also plan on enlarging the green on the long par five sixth hole this year, but this should not interfere with normal play.

The eventual plan for our course is to have at least two tee boxes on each hole along with well bunkered, fast greens.

**Tournaments** – There will four Club tournaments this season;

- Opening Scramble on Saturday 30 May
- Mid Season Scramble on Saturday 11 July

Green Fees	
18 Holes (all day)	\$18.00
9 Holes	\$12.00
Seniors (65 plus)	
18 Holes (all day)	\$13.00
9 Holes	\$10.00
10 Pack (9 holes)	\$ 90.00
20 Pack (9 holes)	\$170.00
Cart & Clubs	
Club Rentals	\$ 3.00
Pull Carts	\$ 2.00
Power Carts - 18 Holes	\$18.00
Power Carts - 9 Holes	\$12.00

- Club Championships on Saturday/Sunday 15/16 August
- Closing Scramble on Saturday 05 September

There is also the weekly Ladies' Night every Tuesday beginning at 1700 hrs and Men's Night every Thursday beginning at 1630 hrs.

There will also be a Members only Handicap Match Play event beginning 01 June to be completed 30 September.

Tee times are required Saturday, Sunday and weekdays after 1600hrs. To book tee times please call the clubhouse at 832-8436.

Our Clubhouse Manager, Darlyne Fathers and

her able staff will be there to assist you for registration, golf club or power cart rentals and of course, beverages and snacks.

The clubhouse is also available for section functions and barbeques.

**Juniors** – Although we do not have our own Junior program, 17 Wing Community Recreation conducts two week-long camps in July and August that includes golfing every day. Please contact Community Recreation, ext 2057, for more information.

For more information including membership applications please check out our website at <http://www.mts.net/~8328436>

Membership Type	Cost
Regular- must be a serving member of the Regular Force, Primary Reserves, or a Charter member	\$285 / Season
Ordinary- serving RCMP or DND Civilian, Retired Military / NPF / DND Civilian	\$310 / Season
Associate- non-DND civilian, requires nomination by CFB Winnipeg Golf Club member in good standing, and executive approval	\$335 / Season
Family- any valid membership above + )	Spouse - \$160 / season Additional family member - \$100 / season



NOW  
OFFERING...



## Evening Casual Care

Wednesdays 1700-1930

Bldg 90 Fitness and Recreation Centre

\$4 Per Child (Members) / \$6 Per Child (Non-Members)

For more information call Lindsay,

Community Recreation Supervisor at 833-2500 ext 2057

# Lifeguards and fitness staff place first for second time

By Kendra Redekop  
Aquatic Supervisor

other members of the Life-saving Society.

17 Wing Winnipeg lifeguards and fitness staff recently competed in the 2009 Manitoba Lifeguard Competition coming in first place in Manitoba for the second year in a row.

Teams from across Canada came to the Cindy Klassen Recreation Complex to challenge their lifeguarding skills and intermingle with

Contestants had to swim under obstacles, tow and carry victims and perform the infamous rope toss.

Teams from across Canada came to the Cindy Klassen Recreation Complex to challenge their lifeguarding skills and intermingle with

The first aid portion of the competition was held on Saturday where the competitors enter the pool area with no prior information as to

what situation they are walking into. They then need to recognize their victims, assess their needs and treat accordingly.

Team Forces is proud of its accomplishments and look forward to competing next year. We are even looking at starting a year-round Lifeguard Club to continue to improve on our fitness, aptitude and proficiency and hopefully come in first place again next year.



Front: Kendra Redekop, Lindsay Chmilnisky, Joanna Jarrett, Deanne Bennett, Bri Fay. Back: Jeremy Lowe.

Canadian Forces Base - 17 Wing Winnipeg

# Summer Sport Camp

Stay ACTIVE this Summer!

Come join us for a week full of sports, fun, active and healthy living activities.

Our week will include sports, gym games, swimming, field trips and movies.

**Ages:** Ages 6-12 yrs

**Location:** Bldg 90 Fitness and Rec Centre

**Price:** \$80 Members / \$95 Non-Members

**Drop-Off:** 0715-0900

**Pick-Up:** 1600-1700

Summer Program Guide released: Friday 17 April 09

Registration: Monday 27 April 09 (Members) / Monday 11 May 09 (Non-Members)

To register or for more info call Lindsay, Com Rec Supervisor at 833-2500 ext 2057



# We need YOU

We've got the routes, the date and the time. All we're missing is YOU! We need YOU to help us reach Mach Speed by running May 31 at the inaugural Air Force Run.

# Band adds pipe and drum section

By 2Lt Greg Kuhn  
Wing Public Affairs

**F**or the past year Cpl MacKenzie Landry has stood as the lone regular force piper here at the Air Command Band in Winnipeg... but that is now changing.

"Over the last few years, the face of the music program in the Canadian Forces and the Air Command Band has

been transforming and will now include a regular force pipe and drum section," said the CF Supervisor of Music LCol Scott Attridge.

During the fall of 2008, LCol Attridge and the Air Command Band Commanding Officer Capt Ian Ferguson auditioned more than 50 talented musicians for the eight initial pipe and snare drum positions in the Cana-

dian Forces.

"There's absolutely no question that we've just recruited the top tier directly from the Canadian competitive community," said Capt Ferguson, Canada's only commissioned piper.

Joining Cpl Landry will be Cpl Terry Flick and Matt MacIssac of Halifax, a Scottish Silver Medalist and former tour musician with Canada's own Natalie Mac-

Master.

As a solo piper MacIssac has won every major amateur championship in Atlantic Canada and many others across Scotland.

Capt Ferguson noted that, "the interest these new positions have generated in the piping community has been overwhelming and this was only round one... there will be another round of auditions in the spring."



Cpl McDonald

Cpl Terry Flick will be one of the members of the Air Command Band's new pipe and drum section.

# Honours and awards



Col Lester McDonald

Patricia Alexander receives a certificate for 15 years of service from 17 Wing Commander Col Scott Howden.



MCpl Cindy Gaudet receives her promotion from WAdminO LCol Leo Brodeur.



Pte Garrett receives her first hook from WCompt Maj Carignan.



Karen Christiuk

Pte(R) Victoria Currie is sworn in by BG Gen Eldren Thuen, Deputy Commander Mission Support, 1 Cdn Air Div/CANR and Director General Air Reserve. Pte(R) Currie, is a Resource Management Support Clerk on April 9. BG Gen Thuen is currently the most senior ranking Air Reservist in Canada's Air Force and, at the time of her swearing in ceremony, Pte(R) Currie was the most junior-ranking.

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### Military personnel without PTSD

Healthy men with military trauma exposure wanted for a study

University of Manitoba research group, in collaboration with the Operational Stress Injury Clinic and the Institute of Biodiagnostics in Winnipeg, is seeking healthy volunteers with military service-related trauma exposure. Volunteers will participate in a project aimed at improving our understanding of how traumatic experiences of military personnel influence emotional responding when viewing positive, negative and neutral images.

**Your role:** participate in a psychological and trauma-experiences assessment (Session 1), receive training to control your emotional reactions (Session 2), and take part in a Magnetic Resonance Imaging (MRI) brain imaging experiment of emotional picture evaluations (Session 3).

**Benefits:** You will help us understand emotional processing in the brain and receive a research stipend for each session.

If interested, please call the study coordinator at 204-975-7728

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## SISIP Volunteer Appreciation 2009

Volunteering is a wonderful way to make a valuable contribution towards a strong community. Volunteers are the heart of all of the programs at the Winnipeg Military Family Resource Centre, and indeed play an integral role in the activities of 17 Wing Winnipeg and their local communities.

Every year, we are pleased to honour our volunteers, and show them how much they are appreciated. Later in the spring, we will hold a special event to do just that. At this event, we will recognize some of our outstanding volunteers for their contributions within their community with awards in the following categories:

Volunteer Family of the Year; Volunteer Male of the Year (Adult); Volunteer Female of the Year (Adult); Volunteer Male Teen of the Year (13-17 yrs.); Volunteer Female Teen of the Year (13-17 yrs.); Volunteer Male Youth of the Year (12 yrs. & under); Volunteer Female Youth of the Year (12 yrs. & under)

The Builder Award recognizes an individual or group effort towards building new community initiatives and recognizing long-term success.

This is your chance to nominate a deserving individual to be recognized by his/her peers for selfless dedication in helping others. Nomination forms are available at the Community Recreation Bldg.90 and the MFRC, 102 Comet.

Deadline for nominations is May 22, 2009. Please take this opportunity to honour those who give so much to our community.

For further information, contact Barbara Thuen, MFRC Coordinator of Volunteers local 4519 or Chris Merrithew, Community Recreation Director local 2059.

## National Volunteer Week

This year, National Volunteer Week takes place April 19 – 25. It is a week to celebrate, acknowledge and highlight the achievements of volunteers. It is an opportunity to celebrate important milestones and to promote the wonderful gift of giving and sharing.

Volunteers are key to the success of many non-profits, hospitals, schools and other community-based organizations. Serving without reward, they are committed to making a difference in their communities by contributing their considerable time and talents.

Please take time this week to acknowledge your co-workers, family, and friends and to let them know that you appreciate the integral role they play in the fabric of our community.

## Military discount

Enjoy Extreme Ballet for only \$25, exclusive to Canadian Military Forces personnel, family and friends, for opening night Wednesday, May 6 or Thursday May 7 for Sections B,C,D. That's over 60 per cent off the regular adult ticket price, plus \$2.75 per ticket service charge. Deadline for this offer is April 24.

For more information or to purchase your tickets for Canada's Royal Winnipeg Ballet today, please call (204) 957-3494 or e-mail groupsales@rwb.org and quote Canadian Military Forces offer.



## Stress-free childcare services

The Winnipeg MFRC is trying a new service on a six month trial basis for families of deployed military members. We are offering free childcare one Saturday morning and one Sunday afternoon per month for children ages birth to 12 years old at the MFRC Childcare Centre, 630 Wihuri Rd (formerly Whytewold).

This is a service that you will have to register for each time the service is used and a Short Term Care Form will have to be completed for each session requested. One form per child must be filled out. The form can be e-mailed to each participant by calling 833-2500 Ext 4500, and then dropped off at our centre or you can drop by and fill one out. Once you have signed up for a session, it is up to you to cancel the session if you can't make it. If you are a no show, you will not qualify for the next two sessions. Snack will be provided by the parent/caregiver, taking into consideration that the MFRC Childcare Centre is a peanut free facility.

Dates available for May: Saturday, May 2, 9 am to noon and Sunday, May 24 1 to 4 pm

## Emergency child care services

### What is Emergency Child Care?

Emergency Child Care is designed to assist CF members and their families during times of sudden and unforeseen circumstances. This service is intended to support and enhance the family care plan.

### How can Emergency Child Care help my family?

The following are examples of when emergency child care can help you: A family care plan fails; A CF member is away on duty and the spouse/caregiver is unavailable due to illness; When CF members is away on duty and the spouse/caregiver is unavailable due to a family emergency; When a single parent or both parents are CF members and CF duty requirements are such that the regular child care provider is unavailable; When a child is ill and the parent is unable to access their usual child care arrangement at a time when the CF member's presence at work is critical to military operation.

### Who do I contact for Emergency Child Care?

Please contact 833-2500 ext 4512 during regular business hours. After hours, please contact our contracted agency Complete Care at 949-5090.

If you have any questions or need assistance developing a family care plan for your family please contact 833-2500 ext 4512. The Winnipeg MFRC has many programs and services available to families which can assist you and your children at all times of the year.

## Kidventures – summer day camp for school aged children

This year Kidventures is opening its doors to discovery. Join us while we discover Winnipeg's history, its landmarks, its culture, and its traditions. Registration packages will be available April 6 from the front desk of the MFRC. Registration will begin May 6 at 7 pm in person at the MFRC.

## Exploration Explosion!

This is an exciting summer program for 3-5 year olds. Children can join Alex and Kim for a week of exploring sensory experiences, science and the great outdoors. July 13-17 1:00-3:30pm \$40/child. Space is limited so register early at: 833-2500 ext 2491

## Emergency respite child care services

### What is emergency respite child care?

Emergency respite child care services are designed to support family well-being during times when a CF member is deployed. The focus of this service is to temporarily relieve the caregiver while a more suitable long term care plan is implemented.

### What defines deployed?

A period of duty (away from home) exceeding 30 days.

### Do I need a long term child care plan while my spouse is deployed?

It is beneficial for families to develop a care plan that meets the needs of the family while the CF member is away. It is important to maintain routine child care arrangements such as daycare and/or before/after school programs. It is also recommended that a list of contacts for casual child care be kept on hand for the caregiver to access at a time when they may need self care or time away from the children.

### Who do I contact for respite child care?

Please contact 833-2500 ext 4512 during regular business hours. After hours, please contact our contracted agency Complete Care at 949-5090.

If you have any questions or need assistance developing a family care plan for your family please contact 833-2500 ext 4512.

*Emergency respite child care is an intervention based program.*

## Parent – Child Mother Goose Program

This is a wonderful program for parents to participate in with their young children. You will have a chance to get to know other parents in the community. You will also have the chance to experience the pleasure and power of rhyme and song with your young child. This program uses songs, fingerplay and movement to strengthen bonds between parent and child, to enhance speech and language and to foster brain development. But most of all, it is a lot of fun. We meet Thursday mornings from 9:30-11:00 am. The program is free of charge and runs on a drop in basis. We meet at Carpathia School (300 Carpathia Rd). This is close to the bridge on route 90 near Corydon Ave. For more information call Shannon at 833-2500 (ext 2491).

Sunday / Dimanche	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MAY 2009</b>						
<b>3</b>	<b>4</b> 3:45 pm - Drop-in Zone 7 pm - French Conversation	<b>5</b> 9:30 am - Creative Tot 1 pm - Casual Child care 2 pm - Volunteers' Coffee & Conversation 3:45 pm - Drop-in Zone 6 pm - Kool Kids 6 pm - Visit to Minto 8 pm - Teen Drop-in	<b>6</b> 3:45 pm - Drop-in Zone 6 pm - Kool Kids 7 pm - Kidventures Registration 8 pm - Teen Drop-in	<b>7</b> 9:30 am - Mother Goose 9:30 am - Casual Child care 10 am - MFRC Coffee Break 3:45 pm - Drop-in Zone 6 pm - Kool Kids 8 pm - Teen Drop-in	<b>8</b> 10 am - A Parent Community 3:45 pm - Drop-in Zone	<b>1</b> 10 am - A Parent Community 3:45 pm - Drop-in Zone
<b>10 Mother's Day -</b> 	<b>11</b> 3:45 pm - Drop-in Zone 6:30 pm - Mom's Night Out 7 pm - French Conversation	<b>12</b> 9:30 am - Creative Tot 1 pm - Casual Child care 2 pm - Volunteers' Coffee & Conversation 3:45 pm - Drop-in Zone 6 pm - Kool Kids 8 pm - Teen Drop-in	<b>13</b> 10 am - Parent Group 3:45 pm - Drop-in Zone 6 pm - Kool Kids 7 pm - Kids Have Stress Tool! 8 pm - Teen Drop-in	<b>14</b> 9:30 am - Mother Goose 9:30 am - Casual Child care 3:45 pm - Drop-in Zone 6 pm - Kool Kids 8 pm - Teen Drop-in	<b>15</b> 10 am - A Parent Community 3:45 pm - Drop-in Zone	<b>2</b> 1 pm - Underwraps 1:30 pm - Drop-in Zone
<b>17</b> 	<b>18 Victoria Day</b>  Closed	<b>19</b> 9:30 am - Creative Tot 1 pm - Casual Child care 2 pm - Volunteers' Coffee & Conversation 3:45 pm - Drop-in Zone 6 pm - Kool Kids 8 pm - Teen Drop-in	<b>20</b> 3:45 pm - Drop-in Zone 6 pm - Kool Kids 7 pm - Painted Wine Glasses & Coasters 8 pm - Teen Drop-in	<b>21</b> 9:30 am - Mother Goose 9:30 am - Casual Child care 3:45 pm - Drop-in Zone 6 pm - Kool Kids 8 pm - Teen Drop-in	<b>22</b> 10 am - A Parent Community 3:45 pm - Drop-in Zone	<b>16</b> 9 am - Kids in the Kitchen 1:30 pm - Drop-in Zone
<b>24</b> 	<b>25</b> 3:45 pm - Drop-in Zone 7 pm - French Conversation	<b>26</b> 9:30 am - Creative Tot 1 pm - Casual Child care 2 pm - Volunteers' Coffee & Conversation 3:45 pm - Drop-in Zone 6 pm - Kool Kids 8 pm - Teen Drop-in	<b>27</b> 10 am - Parent Group 3:45 pm - Drop-in Zone 6 pm - Kool Kids 7 pm - BOD Meeting 8 pm - Teen Drop-in	<b>28</b> 9:30 am - Mother Goose 9:30 am - Casual Child care 3:45 pm - Drop-in Zone 6 pm - Kool Kids 8 pm - Teen Drop-in	<b>29</b> 10 am - A Parent Community 3:45 pm - Drop-in Zone	<b>30</b> 1 pm - Bike Rodeo 1:30 pm - Drop-in Zone
<b>31</b>						

# Veteran of the Second World War thanks his guardian angel

By Capt Yvonne DeCaire  
Wing Public Affairs

**A**t the conclusion of my days as a member of the Canadian Air Force, I came to the realization that I was alive, not because of blind luck, but, simply put, because someone looked after me," says Edmund Wirth.

A Flight Lieutenant (F/L) with the Royal Canadian Air Force during the Second World War, his memoirs of getting through one scrape after another with never a moment to reflect or absorb all that happened to him during his wartime service took him many years to finally write down but they read like the script from the movie Saving Private Ryan.

"I couldn't talk about it for years," F/L Wirth said. "Despite the many questions from my children I just couldn't bring myself to go there until I wrote it all down on paper, and it seems to have been good therapy."

While serving as a crew member aboard Halifax bombers where he performed dual roles as both the co-pilot and bomb-aimer, he was forced to bailout when one of the gunners aboard his aircraft accidentally shot into their incendiary load.

Just as he got to the escape hatch F/L Wirth passed out from lack of oxygen; luckily his parachute opened, whereas the navigators did not.

From this point on F/L Wirth spent the next 14 months



Remembrance Day service at the National War Memorial in Ottawa.

as a Prisoner of War (POW).

"Germany's military were under the impression that they could negotiate a better peace settlement by using POWs as a bargaining tool," said F/L Wirth.

"Instead of allowing POWs

to remain at the camp to be liberated by Allied troops, they evacuated the prisoners ... in what became known as the Death March."

Shortly after that, the Second World War came to an end in Europe when all Nazi forces surrendered unconditionally to the Allies.

"When the war came to an end I, sick with dysentery, covered with body lice and weighing 100 pounds, was glad to see the end," said F/L Wirth.

"Thank you angel."

## Thank you

The family of late Sgt (Ret'd) Ken MacRae would like to thank everyone for the tremendous support during this difficult time. 14 Wing Greenwood and Queen of Heaven Chapel's support and service was, and is, excellent during this time of grief and need.

All of the prayers, condolences, and support by friends, family and Wings across the country as well as neighbours here in NS is also greatly appreciated.

I also want to thank the Honour Guard, Camp Aldershot, DGADR and 26 Field Regiment for their support. Please know that I would like to mention all of you individually, however the list is endless, which shows the large hearts of the CF, and our friends. Thank you again.

~ Tracey Everett and Family

## In Memoriam

### Trooper Karine Blais



On 13 April 2009, Trooper Karine Blais was killed when the armoured vehicle she was in struck an improvised explosive device north of Kandahar City in the Shah Wali Kot District.

Trooper Blais is with the 12e Régiment Blindé du Canada based at CFB Valcartier, and was serving with the 2nd Battalion, Royal 22e Régiment Battle Group. Our thoughts are with the friends and family of our fallen comrade during this difficult time.

All members of Task Force Kandahar are thinking of the family and friends of our fallen comrades during this sad time. We will not forget their sacrifice as we continue to bring security and hope to the people of Kandahar Province.

### Correction

In the April 8 issue of the Voxair, the rank of MCpl Francis Scott Francis Vernelli was incorrectly published. We apologize for the error.

## Together in Church

### Catholic

#### Chaplains

**Padre Lance Magdziak**  
Roman Catholic Office 833-2500 ext 5272

**Administrative Assistant**  
Carol Cochrane Office 833-2500 ext. 5087

**Masses** (English only)  
Sunday 1100 hrs

**Religious Education** classes are available to all students from Preschool to Grade 6. Please call the office for information.

**Confessions** The sacrament of reconciliation is offered 20 minutes before mass and by appointment. Contact the chaplain's office.

**Baptisms** We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

**Marriages** Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required.

**Catholic Women's League** meets in the Chapel Annex the third Monday of each month at 1830hrs.

### Protestant

#### Chaplains

**Chaplain Bonnie Mason**  
(Presbyterian) Office 833-2500 ext 5417

**Padre Bob Granholm**  
(Mennonite Brethren) Office 833-2500 ext 4885

**Padre Will Hubbard**  
(Anglican) Office 833-2500 ext 5349

**Padre Ken MacRae**  
(Presbyterian) Office 833-2500 ext 5057

**Padre Gord Mintz**  
(Anglican) Office 833-2500 ext 5785

**Padre David Stewart**  
(Presbyterian) Office 833-2500 ext 4277

**Padre Curtis Duclos** (Baptist)  
Det Dundurn Office (306) 492-2135 ext 4299

**Administrative Assistant**  
Carol Cochrane Office 833-2500 ext. 5087

**Sunday Services** (English Only) 0900 hrs

**Sunday School** is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

**Marriages** Contact the chaplain at least six months in advance. A marriage preparation course is a requirement.

**Baptisms** The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

**Protestant Chapel Guild** meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

#### Food Bank

The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

#### Emergency Chaplain

After normal working hours, the Emergency Chaplain can be reached through WOps Duty Centre, 833-2700.

#### Other Phone Numbers:

For your convenience, a phone number has been set up to provide callers with info on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts. Those with access to the DIN visit the chaplains' Web Site at <http://17wing.winnipeg.mil.ca/main>, then click on 'Services'.

#### Interfaith Prayer Room

Rm 305 in Bldg 62 is avail during reg working hrs for private prayer or meditation, or for small groups to worship in the manner of their faith.



## Classifieds

### For sale

**32" Sony TV - \$250,** 7 cu ft Freezer - \$150. Single Bed & matching Dresser - \$125, 3 Seat Couch - \$75. Phone 832-4792. (10)

**19 inch colour TV. \$75 OBO.** Desk with 2 drawers, \$40 OBO. Phone 885-2009. (10)

**Class 3 hitch, for 2008 GMC or CHEV ½ ton or extended cab.** Never used \$125 OBO. PhElna Carina electronic SU sewing machine, complete with 18 disks and cabinet. Good condition, \$150 OBO. Judo GI: Fits approx. ages 10 and up, \$25 OBO. Phone 339-2953. (10)

**TV, VCR and surround sound system:** Panasonic 27 inch flat screen TV, theatre Surround Sound DVD/CD player, Sharp VCR. All for \$325. Call: 889-1269. (9)

**Denim couch,** very good condition \$350, phone 488-2147 after 6 p.m. (7)

### Wanted

**Fence wanted.** I am looking to purchase/obtain one at a good price. Would prefer one that is not over five feet tall. Phone 832-4117 after 6 pm. (10)

### Coming events

**WINNIPEG FGBMFI Breakfast Meeting** 0900 – 1100 Sat 02 May 2009 Fellowship, worship and inspiring testimony. Men & women welcome Rudi Toews, Gimli MB businessman, will share how God has provided for and healed his family. Best Western Charterhouse Hotel, 330 York Ave (at Hargrave) \$9 — Reserve tickets at 2130 by Thu 30 Apr to ensure seating.

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## TAROSCOPES

BY  
NANCY

**Aries (March 21 - April 19):** No matter what life throws you, you have the ability to work out a solution. Focus on the needs of your loved ones right now. Minimize stress by staying detached when in situations that are harmful or disturb your peace of mind. Better yet, stay out of it or move on quickly.

**Taurus (April 20 - May 20):** Let go of the past and embrace that sense of possibilities that comes with Spring. You may feel isolated or sorry for yourself but really you have a lot, and more is to come. You have an opportunity to do something you've always wanted to do. Go ahead if it improves your life.

**Gemini (May 21 - June 21):** You're surprised to find you have abilities and talents you weren't even aware of. Look for a place where you can use these. Move if necessary. And keep in mind that if you are not happy you must find out for yourself what it would take and go after this. Now is the time to just do it.

**Cancer (June 22 - July 22):** You may feel uncomfortable speaking forcefully but that may be what is required. You'll be dealing with some of the less desirable aspects of life. Start slowly. Work up to bigger issues. If you don't resolve things now they will wear on you at a very deep level over time.

**Leo (July 23 - August 22):** You need to adhere to a lifestyle that makes you feel healthy, happy and secure. There is room for improvement but you must first believe it's possible. Hope can keep you fixed on a goal more surely than anything. Work outdoors to tap into the positive energy of Spring.

**Virgo (August 23 - September 22):** Too much introspection can lead to feelings of hopelessness. So, get to the heart of the matter. What is the problem? Why is it an issue? You release a tremendous amount of emotional energy once you let go of "stuff." Be logical when dealing with complex or disturbing things.

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