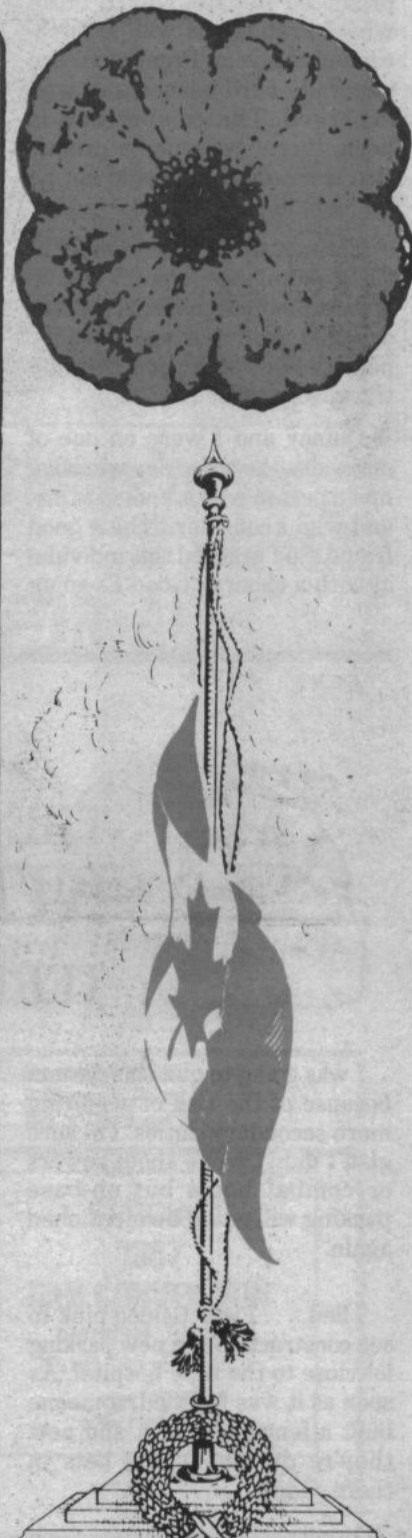
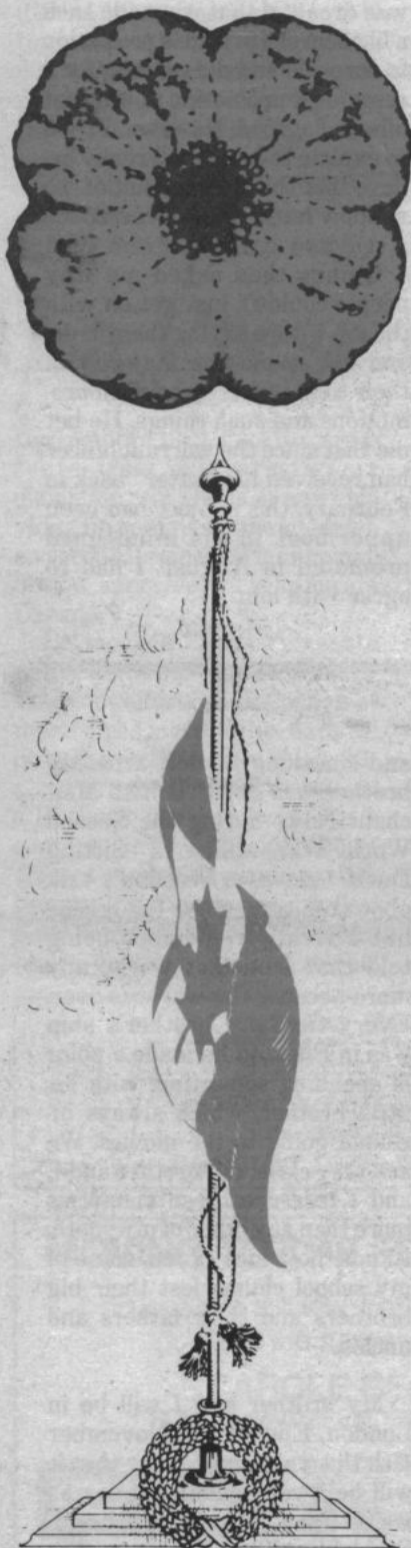




**Free**  
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CFB/BFC Winnipeg  
 1 November 1989

# In Remembrance



## In Flanders Fields

*In Flanders fields the poppies blow  
 Between the crosses, row on row,  
 That mark our place; and in the sky  
 The larks, still bravely singing, fly  
 Scarce heard amid the guns below.*

*We are the Dead. Short days ago  
 We lived, felt dawn, saw sunset glow,  
 Loved, and were loved, and now we lie  
 In Flanders fields.*

*Take up our quarrel with the foe:  
 To you from failing hands we throw  
 The torch; be yours to hold it high.  
 If ye break faith with us who die  
 We shall not sleep, though poppies grow  
 In Flanders fields*

Punch  
 Dec 8, 1915

John McCrae

# The story of the Poppy

Each November over fourteen million poppies bloom in Canada. Dotted the lapels of half of Canada's population, this symbol of remembrance makes its annual appearance as it has done every year since 1926.

Although everybody knows what the poppy means, no one is certain of how it all began; how the poppy became so closely associated with remembrance of the war dead.

The association was certainly not new when the poppy was adopted in Canada in 1921. At least a hundred and ten years before that time, a correspondent wrote of how thickly poppies grew over the graves of the dead.

He was speaking of the Napoleonic War and its campaigns in Flanders.

But a Canadian medical officer was chiefly responsible for this association, more so than any other single known factor.

John McCrae was a tall, boyish 43-year-old member of the Canadian Medical Corps from Guelph, Ontario. An artillery veteran of the Boer War, he had the eye of a gunner, the hand of a surgeon and the soul of a poet when he went into the line at Ypres on April 22, 1915.

That was the afternoon the enemy first used poison gas.

The first attack failed. So did the next and the next. For 17

days and nights the allies repulsed wave after wave of attackers.

During this period, McCrae wrote "One can see the dead lying there on the front field. And in places where the enemy threw in an attack, they lie very thick on the slopes of the German trenches."

Working from a dressing station on the bank of the Yser Canal, Lt.-Col. McCrae dressed hundreds of wounded, never taking off his clothes for the entire 17 days. Sometimes the dead or wounded actually rolled down the bank from above into his dugout. While awaiting the arrival of batches of wounded, he would watch the men at work in the

burial plots which were quickly filling up.

Then McCrae and his unit were relieved. "We are weary in body and wearier in mind. The general impression in my mind is one of a nightmare," he wrote home.

But McCrae came out of Ypres with 13 lines scrawled on a scrap of paper. The lines were the poem which started: "In Flanders field the poppies blow..."

There were the lines which are enshrined in the hearts of all soldiers who heard in them their innermost thoughts. McCrae was their voice. The poem circulated as does a folk song, by living word of mouth. Men learned it with their hearts.

In the United States, the poem inspired the American Legion to adopt the poppy as the symbol of Remembrance.

In Canada the poppy was officially adopted by the Great War Veterans Association in 1921 on the suggestion of a Mrs. E. Guerin of France. But there is little doubt that the impact of McCrae's poem influenced this decision.

The poem speaks of Flanders fields. But the subject is universal: the fear that in death we will be forgotten, that death will have been in vain.

The spirit of true Remembrance, as symbolized by the poppy, must be our eternal answer which belies those fears.



## The Base Chief Said...

I must say promotions have been pretty good this year at CFB Winnipeg. Therefore, I'll take this opportunity to pass on my personal congratulations to all members of the Base, Integral and Lodger units who have been promoted to-date, and to those whose promotions will be forthcoming this year. Promotions are generally hard earned and well deserved. The competition is keen, therefore, when a promotion is received, it should not be taken lightly.

The fact that a good number of CFB Winnipeg personnel have been promoted, confirms my theory that we have some quality people. Well done, and keep up the good work.

Quincy and I were on one of our walks the other day when we met a person who is known to me, and who I consider to be a good friend. So I greeted this individual with a cheery "Good Evening

Warrant." Quincy looked at me kind of surprised, and indicated to me that he always thought that this person was a sergeant.

I said, "Oh yes, he was promoted on 1 August 1989, along with a number of people." So then Quincy wanted to know why I had not mentioned it before. I told him that it had completely slipped my mind as we had known about it since February. His next query was, "How was it possible to know about a promotion so far in advance?" I then had to go through the whole promotion system including the Continuous Merit List, and "Window Letters".

He wanted to know if I thought it was a good system. I indicated that in some cases yes, and in some cases no. Certainly those people who have an interest and are involved in promotion projections, such as DMMD and Career Managers may have a need to know such things.

Then he wanted to know what this sort of information does to the individual. I could only tell him what I know from talking to people who have received their "Window Letters". For example my friend who had just received his promotion. As I mentioned, he was informed in February that he had entered the promotion window indicating that he could expect to be promoted between February 1989 and December 1990. Quincy chuckled! "A two year window?" "That's really pinning it down, eh?" To his mind it's called CYA.

His next question was, "Doesn't a promotion mean a posting?" I indicated that normally it does. "Doesn't this play on people's minds?" "Of course it does," I answered. In the case of my friend, because the Career Manager did not have an exact date of promotion back in February, he was in no position to say when my friend might be promoted, or where he might be posted. As a matter of fact, the answer to those questions was not forthcoming until June. Quincy shook his head, and became a bit incensed at that point. This is only because he is a compassionate puppy. He then wanted to know if the system realized the anxiety this would cause the individual.

All I could say was that in the case of my friend, he went through a great deal of anxiety. It's the uncertainty of the situation. But I suppose in the end he was greatly relieved to learn that he would be staying in Winnipeg to attend the Continuous French Language Course.

Quincy then asked me if the news that one will be promoted affects his job? From my personal experience, and from conversations with others, the answer is that it does. The little guy wouldn't let me quit there, and wanted to know what the effects were. I guess it depends on the individual. For most, you know that you are going to be promoted, therefore, you would like to get on with doing the job of the next higher rank. In my friend's case, he had been doing a sergeant's job for some time, and couldn't wait to get going. He agreed that this had something to do with job satisfaction, and challenges.

Quincy then wanted to know what happened to my friend when the promotion message finally came in. I related what happened! Nothing, zilch!

As everyone knew it was coming, when it did arrive there was

no fuss made. As a matter of fact, we were witness to a private's accelerated promotion to corporal just the day before. There was a photographer present, everyone was gathered, and a big deal was made of this event. When my friend's promotion message came in, there was no announcement. The message was handed to him and it ended there.

Quincy thought that this was awful, as I had led him to believe that a promotion to warrant officer was a major milestone for an individual, and we treated it as if it was nothing. He thought it was dreadful that we made such a big deal of a private's promotion to corporal and did nothing for a sergeant's promotion to warrant officer. I agreed. However, I tried to explain to him that I really believe that this was a result of the window letter. He concurred.

Quincy then asked me why people couldn't just get on with the job we are paying them to do, and not spend the majority of their time preoccupied with promotions and such things. He bet me that since the warrant officer had received his "letter" back in February, this subject had been uppermost in his mind until promoted in August. I had to agree with him.



## THE KIT BAG II TERRY LAWRENCE

party plans. I think the owner of the "Christmas Store" in Osborne Village has the right idea, keep it going all year!

We 14 Training "Groupies" had a mob photograph taken this summer. You know the kind, senior officers in front, clenched fists on knees and everyone squinting into the morning sun. When I saw the print I was absolutely amazed to see my Grandfather seated in the second row! I know; everyone says it's me but it sure looks like my Grandad, and I don't feel that old.

We all think it can only happen to the "Other Guy" but when it happens to us, we are caught up in a confusing web of emotions, all bad. I'm speaking of being a victim of theft. We recently experienced our third theft of personal property within a nine month period and if you think that doesn't damage the sense of domestic well-being, guess again. The last occurrence, the theft of contents of my van, does have a slight comedic note. One of the items stolen was a sport bag which contained my costume and accessories for my occasional job as "Lord Of The Medieval Feast" at a local hotel. The costume consisted of a purple velvet knee

length tunic, several pairs of tights, a leather belt and a leather pouch plus several other items. Picture me at the local police station telling a very large constable that I had lost my velvet dress, several pairs of panty hose and my purse! Believe me, I made sure that my voice was pitched very low. It is a damned nuisance though, I mean, what possible use could anyone make of such loot? Chances are that the culprit wanted only the bag, which was a gift from a son-in-law. It was a Canadian Football League Players Association bag given to me by one Mr Chris Walby of the Bombers! Too bad he wasn't standing guard.

Remembrance Day is fast approaching and each year on that day I take a few minutes, whether it be at home or at a cenotaph service to offer a private "Thank You". My father and my Uncle Charlie were tank drivers in WWI and thankfully made it through. My Dad was unscathed but Uncle Charlie was the sole survivor in his tank when an armoured piercing shell rattled around inside killing his crew

and smashing his left arm. My brother was in the British Merchant Navy during the Second World War, sailing in "Sitting Duck" convoys. We don't talk about the torpedo or the rescue but I vividly remember being told that I needn't worry any more because the war was over. Every time my brother's ship was in England he made a point of spending some time with his little brother, which always included going to the movies. We are very close, my brother and I, and I treasure those memories more than any other of my youth. I know how lucky I am, some of my school chums lost their big brothers and their fathers and uncles.

My brother and I will be in London, England on November 11th this year and I know that it will be a very emotional day as we both say "Thanks" and he unavoidably will sadly remember his lost shipmates.

by Terry Lawrence

I was going to quit this column because of the risk of acquiring more secondary duties. I'm sure glad I didn't write about sewers or combat boots but on-base parking will never be mentioned again.

I lied... I was tickled pink to see construction of a new parking lot close to the base hospital. As soon as it was finished, someone built a fence around it and now they're drying fishing nets in there. Odd!

I couldn't resist the Air Canada ticket deal which was recently announced. Winnipeg to London, England return for \$545. My brother and I are booked and are leaving really soon. Sure, the weather is unpredictable at this time of year but we're reasonably

sure that we won't need a snow shovel. We are planning some historical research on British pubs(!) and the weather is always good inside. One odd situation is that the excursion is by way of Calgary. It seems that Air Canada can't fill trans-Atlantic flights from here and has to rely on the big spenders in Alberta to fill the load.

As you have noticed, we are well into the Christmas shopping season. Christmas decorations were on display in July and record companies were pushing their Yuletide collections in early September. Children have been poring over the Sears Wish Book for several weeks, photographers have been flogging their Christmas card deals and most sections have announced their Xmas



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# RCAFA Presentations

by LGen Sutherland

On 5 October 1989 the RCAFA presented three very prestigious aviation awards to Air Command Units and individuals in recognition of their contribution to Canadian Aviation.

The Bishop Trophy presented annually, "In recognition of outstanding and meritorious achievement in any field of aviation," was presented to the Rotary Wing Aviation Unit (RWAU) at El Gorah (all four of 10 tags tactical helicopter sqns: 403, 408, 427, 430 have and continue to participate in the semi-annual rotations) for its consistent exemplary performance of its many duties in extremely difficult conditions.

The distinguished service

award (Airman of the Year) to any individual, male or female, commissioned or non commissioned, who is deemed to have rendered unique and most distinguished service to Canadian Aviation, was awarded to LCol K Allen of CFB Winnipeg for exemplary contribution to maritime aviation and for his efforts in identifying and solving problems in the area of pilot training.

The Mynarski trophy, to an individual/unit/organization engaged in search and rescue in recognition of a specific event or a contribution to aviation in Canada, awarded to 413 Sqn in recognition of their actions in SAR Katia in which they rescue 27 crewmen from the sinking ship

in extremely hazardous conditions.

I had the honour of personally attending the dinner at which these awards were presented and I can assure you that it was both a heart warming and inspiring experience to be part of the very moving and memorable tribute to these most deserving airmen and airwomen.

As I emphasized in my remarks to the RCAFA, the dedication, professionalism and courage demonstrated by our recipients exemplify the qualities which characterize all members of today's Air Force — an Air Force which I am extremely proud, honoured and privileged to command.

# La Présentations de L'AARC

par Lgén Sutherland

Le 5 octobre 1989, l'AARC a présenté trois prix prestigieux d'aviation aux unités et aux individus du commandement aérien en reconnaissance de leur contribution apportée à l'aviation du Canada.

Le trophée Bishop, présente annuellement, "en reconnaissance des efforts exceptionnels et méritoires accomplis dans le domaine de l'aviation, a été présenté à l'unité d'hélicoptères (UH) a El Garah (les escadrons d'hélicoptères du Gat: 403, 408, 427, et 430 ont et continuent de participer aux rotations semestrielles) pour leur performance exemplaire continue de leur devoir

dans des conditions extrêmement difficiles.

Le prix de service distingué (aviateur/aviatrice de l'année) à une personne, male ou femelle, officier ou non-officier, qui est jugé(e) d'avoir accompli des services uniques et distingués pour l'aviation du Canada fut décerné au LCol K. Allen, de la BFC Winnipeg pour sa contribution exemplaire à l'aviation maritime et pour ses efforts à identifier et résoudre les problèmes dans le domaine de l'entraînement des pilotes.

Le trophée Mynarski a une personne/unité/organisation engagée dans une opération de

recherche et de sauvetage en reconnaissance d'un événement spécifique ou à une contribution de recherche et de sauvetage de l'aviation du Canada. Présenté à l'escadron 413 en reconnaissance de leurs activités dans des conditions extrêmement hasardeuses durant la mission de recherche et de sauvetage du Katia durant laquelle ils ont secouru 27 membres d'équipage d'un navire en naufrage.

J'ai personnellement eu l'honneur d'assister au diner durant lequel ces prix ont été présentés et je vous assure que ce fut une expérience à la fois inspirante et vivifiante de rendre hommage aux aviateurs et aviatrices les plus méritants.

## Base Commander's General Safety Award



Base Commander Col H.C. Armstrong presents the Base Commander's General Safety Award "for best performance in reduction of accidents" for the 1st qtr of FY 89/90 to Lt. G. Hervé, Base Aircraft Maintenance Engineering section UGSO and Chairman of the BAME Safety and Health Committee.

Parmi mes commentaires à l'AARC, j'ai attiré l'attention sur le dévouement, professionnalisme et le courage des personnes qui ont reçu ces prix. Ces personnes démontrent vraiment les qualités qui caractérisent chaque membre de notre aviation, cette aviation dont je suis extrêmement fier, honoré et privilégié de commander.



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# CFANS Update

The Canadian Forces Air Navigation School (CFANS) trains air navigators to wings standard for eventual employment by either Maritime Air Group or Air Transport Group. In the next few editions, this column will describe how CFANS is organized to carry out its primary role.

The Commandant of the school is LCol T.F. Watt, who flew as an airborne intercept navigator with 409 and 410 OT Squadrons. A previous posting at CFANS between 1982 and 1986 saw LCol Watt serve as a navigator instructor, then flight commander and finally deputy commandant for the school.

The staff and students at CFANS are organized in the following manner. Staff personnel belong to one of four flights; Training and Standards, Operations, Basic and Advanced. The Basic and Advanced Flights are subdivided into cells or sections corresponding to subjects of in-

struction. The students are organized into course serials with optimum loading of eight students per course. At any one time there are six or seven serials in house, each one at a different spot in the course curriculum.

The Basic Air Navigator Course is approximately ten months in duration and is broken down into a basic and advanced phase. The basic phase lasts for 6 months. Here students receive instruction in basic navigation procedures, aircraft electronics, meteorology and officer development. In the advanced phase each student enters either the maritime or transport stream for further training geared to that particular air group.

At present all training flights are done aboard the three Hercules aircraft of 429 Squadron in Winnipeg. Pilots and flight engineers of 429 make up the front end crew for these flights, a role to be taken over by 402 Reserve Squadron upon the arrival of the Dash 8 navigation trainer aircraft.

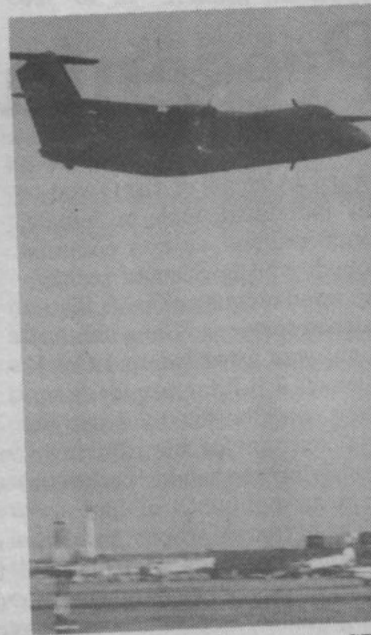
Upon successful completion of the course, the graduate receives his or her navigator wings and is posted to one of three operational training units or OTU's; 404 Squadron in Greenwood, N.S. (OTU for the CP-140 Aurora), 406 Squadron in Shearwater, N.S. (OTU for CH-124 Sea King) or 426

Squadron in Trenton, N.S. (OTU for the C-130 Hercules). The OTU's provide the new navigator with the additional skills and knowledge required to fly as an effective crew member in a first operational tour. In the next edition, we will describe the Basic Flight at CFANS and its contribution to training navigators.

On the sports scene, the weekly student/staff Saturday night hockey games at Vimy Arena have begun. The two teams are now a mixture of students and instructors to prevent the students from suffering the weekly embarrassment of a sound thrashing. One instructor (who paid the reporter to remain nameless) was so exhausted after his first shift on the ice that a bout of nausea forced him to leave the bench. He treated the entire team to a repeat performance in the dressing room after the game. When asked to comment, the player attributed his problem to his relaxed lifestyle of late.

The recently held pistol shooting qualifications were a resounding success. All ammunition ended up "down range" although OCdt Lecompte insisted on shooting at the feet of her cardboard adversary.

Events are progressing normally at the school. Course 8905 took to the air for the first time on 18 Oct, a turbulent low level tour of the lakes region north of Winnipeg. That same week Course 8903 underwent their first check flights. Indications are good that the course will still be in existence for further training. Also Captains Joy and Sannes re-



CC 142 arrives at CFB Winnipeg.

cently completed astronaut training by attending the one week Basic Space Operations Course offered by the Canadian Forces School of Aerospace Studies (CFSAS). Don't book your seats on the space shuttle yet gentlemen.

Congratulations go out to Capt Richard and Cindy MacKinnon on the birth of their first child, Richard Kyle, on 12 Oct 1989. Another potential big league navigator enters the diaper league.

Finally, some good news for the pilots at CFANS. The CC-142 Dash 8 from Europe arrived in Winnipeg on 18 Oct 89. The pilots will now be able to train on the Dash 8 in preparation for the arrival of the first CT-142 Dash 8 scheduled for Oct 1990. The bad news is that the pilots will have to wait a little longer yet since the aircraft has gone into periodic inspection.

## Mont Apica Closure

CFS Mont Apica will be closing its domestic site in the summer of 1990. To celebrate this occasion, festivities are scheduled for the Friday, Saturday and Sunday, 13, 14, 15 April 1990.

All military and civilian personnel having stayed in CFS Mont Apica since 1952 are invited to participate in these celebrations and to renew friendship with old acquaintances.

Even if limited, lodging should be available at the station for a more than reasonable cost or in region hotels at normal cost. (Mont Apica is 45 minutes away from the nearest town.) First come, first served.

To commemorate the closure of CFS Mont Apica a souvenir album will be prepared. To this end, photos or anecdotes would be appreciated and welcomed. If you can help, please send the latter to the attention of the Station Controller as soon as possible.

The OPI for the closing ceremonies is the station Adm Officer, Capt Daniel Migneault. He can be reached at GP Line 621-4305, NTAS Line 269-4305 or commercial line 418-467-3411, ext 305.

Thank you in advance for your attention and collaboration.

The Jameswood Women's Friendship Centre extends a warm thanks to everyone who helped make the "Conference for Women" a success — the volunteers, participants and speakers. Congratulations to Lorie Boychuk, Braintree Crescent, winner of the autumn silk flower arrangement.

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# A Coy, 2PPCLI at FallCon '89

"A" Coy deployed to FALLCON '89 with 2 Platoons of 1-18, the 3rd consisting of personnel to assist with Coy Trg and the Live Fire Ranges.

After a short flight, yes flight, (the Airforce actually came through), we arrived at Wainwright to somewhat cooler temperatures. Everyone had visions of 2 feet of snow on the ground before we were to finish this exercise; however, this was not to be so as Fallcon '89 will be remembered as the exercise of the Indian Summer. With our feet firmly on the ground (in most cases) the first day was spent settling in.

Over the next few days APCs were turned over, cleaned up and made ready for "Battle". The 20th of September found the training Cadre in preparation for an individual Battle Skills Training Exercise scheduled for the following day. The idea behind this exercise was to refresh the individual soldier in basic skills.

The 22nd to 24th found Lt Rubisch and 2Lt MacKenzie off with their Platoons practicing drills and establishing SOP's at the Section and Platoon Level.

Individual Battle Shooting Ranges were the order of the day on the 25th. A section attack, a close quarter battle and a Grenade assault were run for the

Coy. The men enjoyed the different ranges as they afforded a rare opportunity to hone those particular skills.

On the 26th the men were in Camp for Track Maintenance and some deserved rest, especially important as the Platoons were off for a demanding Airmobile Exercise the next day.

The exercise consisted of an Air Insertion followed by a raid and ambush of some local arms dealers. The Patrols were successful and the Wainwright area is once again safe from the local paramilitary presence thanks to "A" Coy.

A few days later had the men firing the .50 Cal and 9mm pistol. There was no problem firing off the allotment of ammo as practically everyone was eagerly awaiting a second chance to fire the .50.

A couple of days of track maintenance, rest and a barbeque and "A" Coy was advancing to contact on KH 1 ran by Capt Bell and Cadre personnel. Four objectives over 1600M proved demanding for both soldier and commander. This was an excellent opportunity for Comds at all levels to see first hand how their men reacted with live rounds, objectives in depth and consolidation in preparation for the impending counter-attack.

The final week of FallCon culminated in a series of live fire ranges. Upon leaving the Advance to Contact Range "A" Coy continued with the range round robin channeling their aggression in trench clearing, two very successful ambushes, Adv to contact 2, Woods clearing and trench clearing #2. The following is a blow by blow account of an attack on a Soviet trench system through the eyes of Lt. H. Rubisch.

### Trench Clearing

"Dismount, dismount, dismount!", the excited order breaks over the radio and four Armoured Personnel Carriers (APC's) come to an abrupt halt. Machine gun fire rattles overhead as the troops take up pre-planned and well rehearsed fire positions, engaging the enemy with a hail of deadly bullets. The "Whoosh" and "Crump" of an 84mm High Explosive Anti-tank (HEAT) round into a Soviet BMP signals the lead section to make its mad dash to the trench system. With luck and a well placed hand grenade, enough room is created for the section to be pushed forward. The rest of the Platoon is drawn into the trench system like a tail following the snake's head, and the dirty work of trench clearing begins.



Pte K.J. Mead on the advance.

Photo by Cpl Gomm

It becomes a Section Commanders game as only two troops are fighting through at any given time. Orders must be obeyed to the word, executed with such speed and brutality that the enemy has no time to think or react.

There is much confusion in the trenches. Dust and clods of soil are kicked up by the numerous hand grenades used. Commands are screamed up and down the line, decisions have to be made, "Turn left! Turn right! No, leave it, we'll have to come back for it later." (but don't spread yourself too thin, you still have hundreds of meters to clear and you don't

want the enemy to appear behind you). Finally, you come to the end of the trench system. You have exploited and "rooted out" every last niche and hole in which the enemy could have hidden in. Now the Platoon Commander must quickly consolidate his position, fearing a counter-attack. Sections are assigned areas which they must watch and defend, and remaining ammunition is divided equally among the survivors (for that is what has kept him alive so far). Consolidation is finished and the wait begins.

Article by 2Lt Rubisch

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# Fall Con '89 B Coy 2PPCLI



The dirty job of "trench clearing".  
Photo by Cpl Gomm

"And in the end, when the smoke had cleared, there standing on the objective was the infanter." Darkness was setting in quickly as each platoon moved into its jump-off point for operations into the backyard of the notorious 91st (the 91st Motor Rifle Regiment, that is). This was to be the beginning of a month long campaign for B Company, which would finally end gloriously in a small bush somewhere in that vast wasteland known as . . . Redland. Each platoon having divided itself into several four or five man patrol dets, under the cover of darkness slipped across the forward edge of the battle area and into bandit country. There we would remain for five days. Laying up during the day and operating only at night, each platoon conducted a series of reconnaissance patrols, ambushes and raids. Highlights of this five day patrol

ex include a particularly effective demonstration by Pte Stephen "Siesta" Champion on camouflage and concealment while acting as a guide. Cpl Billy "Pathfinder" Pranteau lead a patrol that gleaned a great amount of intelligence: "Hey, those guys smoke Canadian cigarettes, wear Greb boots . . . size 8 & 10, and are all fluent in English as well as Fantasian." (the official language of Redland). Six platoon demonstrated that the French Foreign Legion are not the only ones who "March or die" as they had their own 15km "death march" to the north end of the training area. And finally, who in five platoon can forget MCpl Jerry "Swamp" Fisher's scenic tour of the flood plains of the Battle River enroute to a belated recee of the Tac HQ of the 91st. Having made it back to friendly lines, it was time for a hot shower and a cold beer. Sensing

our relaxed vigilance, the 91st launched a new offensive and B Coy was once again called forth to defend democracy — this time via the iron coffin (the APC). Notable during this phase of the battle was 4 platoon "life is like a pipeline" commander's attempt at leading the advance and that ever timely contact report from 55, "Contact!, 6 o'clock my position, am receiving small arms fire, over." Fall Con '89 training culminated in a week long live fire exercise which was marked by several heroic performances by members of B Company and a unique special effects demonstration during the night ambush. Commended for his gallant reaction under fire, Pte Victor Desormeaux was awarded the close battle medal by his appreciative platoon commander. Desormeaux, having spotted

three enemy trenches on the advance to contact range, ensured that the platoon commander was in no danger and then disregarded his own well being to single-handedly close with and destroy the enemy. On a sad note, 6 Platoon mourns the passing of Pte Tim Yakabowich's driving companion, Beetle Bailey, who died in a valiant counter attack by the 91st against 6 Platoon Trench Rats. Four platoon's "Children of Fire" were given a 9 for their artistic illumination of the ambush site as they set ablaze several fires in the immediate area. Steven Spielberg, look out! Finally, with the fires out, a hot shower and a good meal, B Coy returned to Kapyong Barracks with that warm fuzzy feeling of having completed a job well done. Article by 2Lt Attrux, B Coy

## Students: Apply Now for High School Year Abroad



Interculture Canada, the country's leading international student exchange organization, is eager to select next year's class of young Canadians, aged 15 to 18, who will study abroad for a full school year. This not-for-profit, charitable organization specialized in intercultural learning is approaching its November deadline for student recruitment across Canada. It urges students interested in

living the cultural and personal challenge of a lifetime to apply now for one of 250 home and study stays available in any one of 28 different countries. "We want to give these students the opportunity to enrich themselves by living and learning in an environment completely different to their own," says an area volunteer for Interculture Canada. "The more students we recruit, the more we'll feel we're doing for young Canadians." While a few popular winter departure destinations remain open, such as Brazil, Australia and Japan, Interculture Canada is now pushing to fill its many summer departure placements available around the world, from Colombia to Indonesia, France and the U.S.S.R. Participants, who live with a carefully selected family and complete a full year of studies in the

language of the host country, benefit from the support of a local volunteer counsellor throughout their experience. The discovery of another country turns into the discovery of self, whose effects are said to last a lifetime. Participation fees are comparable to the amount often spent on an adolescent over an 11-month period. For financially disadvantaged families, assistance is available. Interculture Canada is a member of AFS Intercultural Programs, the world's largest high school exchange network. Established in 1947 and currently operating in 67 countries, this educational movement promotes intercultural understanding and international development. For more information, please call Interculture Canada's national office, toll-free, at 1-800-361-7248.

## 402 Sqn Promotion



WO Frederick received his promotion to that rank on 15 Oct 89.

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# Royal Roads receives first coat of arms

Next year marks the 50th anniversary of Royal Roads Military College (RRMC) and in celebration, the Governor General and Commander-in-Chief of the Canadian Forces, Her Excellency the Honourable Jeanne Sauv , has granted the college its first coat of arms.

The presentation was made on Sept 12 as part of a special fall convocation for the conferring of degrees.

Royal Roads was founded in 1940 and although originally intended for the navy, it has since become a tri-service military college. Its charter, granted by the government of British Columbia in 1975, authorizes it to confer academic degrees in the fields of physics, oceanography, applied military psychology, arts, history, political science and economics.

### Truth, Duty, Valour

Royal Roads is the first military college to be granted arms by the commander-in-chief of the Canadian Forces, also acting in the capacity of head of the Canadian Heraldic Authority.

"Getting this coat of arms is a

very important milestone for us," said Col. Claude Naud, commandant at RRMC. "Its presentation by the Governor General is particularly significant to the college as we enter the 50th year of the founding of this institution."

The arms represent the three elements of the military and since the college is located on the west coast of Canada, the colour blue represents the ocean. The cougar stands for the enterprising spirit and fortitude essential to a life of discipline and service. The motto identifies the college's vocation and lists the virtues of a soldier: truth, duty and valour.

"Those who have made these concepts a reality in the past have contributed to the survival and progress of nations," said Madame Sauv . "It is not without reason that the Royal Roads Military College has made these qualities the goal of young people who wish to dedicate themselves to promoting peace."

### Honorary Degree

During the convocation ceremony, Madame Sauv  also received a special honour: a Doc-

tor of Laws (Honoris Causa). The honorary degree was conferred on the Governor General by Col. Naud in his capacity as vice chancellor of the college.

"We awarded Madame Sauv  this honorary degree to mark the end of her tour as Governor General and to honour her long association in advancing and promoting Canadian culture," explained Col. Naud.

### Masters Degrees Awarded

As well, master's degrees were conferred for the first time on three graduate students. Frank Moger, Stephen Newton and David Williams were all admitted to the degree of Master of Science. Currently, this two-year program is the only master's degree program available at RRMC.

"Our master's program contributes significantly to filling the void and producing officers with that kind of qualification," said Col. Naud. He added that the program is the culmination of many years of hard work by both professors and officers at the college.



Students at Royal Roads Military College gather to examine their new coat of arms, presented by the Governor General in September.

Des  tudiants du Royal Roads Military College examinent les nouvelles armoiries du Coll ge. Ces derni res leur ont  t  pr sent es en septembre par le gouverneur g n ral.

(Photo Sgt Ed Dickson)

Currently, there are nine students working on their Master of Science degrees.

With a new coat of arms and

the introduction of a master's program, Royal Roads is making history in this, the 50th year of its existence.

# Le Royal Roads obtient ses premi res armoiries

En 1990, le Royal Roads Military College (RRMC) c l brera le cinquanti me anniversaire de sa fondation, et c'est pour souligner cette occasion que Son Excellence le Gouverneur g n ral et Commandant en chef des Forces canadiennes, l'honorable Jeanne Sauv , a accord  ses premi res armoiries   cet  tablissement d'enseignement.

La pr sentation de ces derni res a eu lieu lors d'une c r monie sp ciale de remise des dipl mes, le 12 septembre.

Le Royal Roads Military College a  t  fond  en 1940, et, bien qu'il ait d'abord  t  destin    la marine, il offre maintenant des cours aux membres des trois  l ments des Forces canadiennes. En vertu de la charte que lui a conf r e le gouvernement de la Colombie-Britannique en 1975, il peut d cerner des grades universitaires dans les disciplines suivantes: physique, oc anographie, psychologie militaire appliqu e, arts, histoire, sciences politiques et  conomie.

### V rit , devoir, vaillance

Le Royal Roads est le premier coll ge militaire   se voir remettre des armoiries par le commandant en chef des Forces canadiennes, qui remplit aussi les fonctions de chef de l'Autorit  h raldique du Canada.

«L'obtention de ces armoiries marque une  tape importante dans l'histoire du Coll ge», a d clar  le colonel Claude Naud, commandant du RRMC. «Et, le fait qu'elles nous soient pr sent es par le gouverneur g n ral, au moment o  le Coll ge entre dans sa cinquanti me ann e, donne   cet  v nement une signification toute particuli re.

Les armoiries illustrent les trois  l ments des forces arm es et, comme le Coll ge se trouve sur la c te ouest du Canada, le bleu symbolise l'oc an. Le cougar repr sente l'esprit d'initiative et

la force d' me indispensables   une vie de discipline et de service. La devise rappelle la vocation du Coll ge et souligne les qualit s militaires: v rit , devoir et vaillance.

«Ceux qui ont su incarner ces qualit s ont contribu    la survie et au progr s des nations», a affirm  madame Sauv . «Ce n'est pas sans raison que le Royal Roads Military College a fait des attributs en question un id al que se proposent d'atteindre les jeunes gens qui d sirent consacrer leur vie   promouvoir la paix», a-t-elle expliqu .

### Grade honorifique

Au cours de la c r monie de remise des dipl mes, le gouverneur g n ral a re u un honneur sp cial. En effet, le colonel Naud, en sa qualit  de vice-chancelier du Coll ge, lui a conf r  un doctorat honorifique en droit.

«Nous avons conf r  ce grade honorifique   madame Sauv  pour marquer la fin de son mandat en tant que gouverneur g n ral et souligner son importante contribution au progr s et   la diffusion de la culture canadienne», a expliqu  le colonel Naud.

### Grades de ma trise conf r s

De plus, on a d cern  des ma trises pour la premi re fois. Trois  tudiants dipl m s, Frank Moger, Stephen Newton et David Williams, se sont vu conf rer le titre de ma tre  s sciences. Ce programme de deux ans est le seul programme de ma trise actuellement offert au Coll ge.

«Notre programme de ma -

trise contribue de fa on significative   former des officiers qui poss dent ce genre de comp tence», a affirm  le colonel Naud. Il a ajout  que le programme est le r sultat de nombreuses ann es de travail de la part des professeurs et des officiers du Coll ge.

Il y a pr sentement neuf  tudiants qui poursuivent des  tudes de ma trise  s sciences au RRMC.

Par suite de l'obtention de ses armoiries et de la mise sur pied d'un programme de ma trise, le Royal Roads Military Coll ge continue de se distinguer en cette ann e qui marque son cinquanti me anniversaire de fondation.

texte capitaine Darlene Blakeley



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## On Parting

Last seen the winged messenger  
Who, soaring on the fickle wind,  
Is caught between conflict on earth and in sky  
By the fading eye.

A shattered tree's accusing trunk  
That, stabbing at the air,  
Cries out at man's injustice against man  
As it grays and dies.

The flare bursts of exploding flak  
Leaves, in its shattering wake,  
A myriad slashing sharp-edged metal pieces,  
White lines against blue.

The whine of passing shells,  
Thunder of nearby explosions,  
Or a soft word of comfort from a companion  
Are the final thought.

Parting of any relation or friend  
Is, by the nature of the moment,  
A tearing at one's heart,  
An emptiness within,  
Which is never filled.

But in the heat of combat,  
Where man strikes out at man,  
Lie poor images to impress  
Upon the shattered mind of a dying soldier,  
Or worse, in the memories of those left behind.

Cpl C.A. Conder



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## We honour them

Armistice Day reminds us each year of the Canadians who gave their life during the first World War in the service of freedom and justice. We also remember all those who since then were called to serve the cause of peace in Europe or in other parts of the world. Our thoughts reach first those who died on the battle

fields, but also those who came back and help us keep the memory of those sad moments in our history. We are proud to think that so many people, most of them will never be known, showed courage and dedication for their fellow men and women. Our prayer for them is the expression of our will to share the same commitment to our country and to such important values as justice and freedom: in times of peace, we can also be dedicated to the growth of a more human world, and it is what gives its meaning to our daily occupations. Our world rests on the efforts of everyone to make life not only possible but enjoyable because it allows each and all of us to grow and develop harmony and unity among all the members of the human family.

The Christian family also honours all those who achieved something by living according to the ideal of the Gospel. We call them saints, because they let grow in their existence that gift of God which makes us part of His world. We see this feast as a family celebration. There may be great names in this family, as

there are some in our political societies, but we want also to honour all those myriads of brothers and sisters who contributed to build a Kingdom of life, hope and peace. God's will on His human children is that we should make our world a place where the real meaning of our life will be honoured, thus bringing everyone and all of us real happiness. We are all called to become one family. The profile of Christ's disciples, as outlined in the Gospel, calls us to cooperate with God in bringing a new existence. God has first touched our hearts, made us free from the power of sin, and calls us now to let this new life grow. We are, like those who dedicated their life to their fellow men and women in the years of war which Armistice Day reminds us, called to be active members of this new world as we trust the power and grace of God and commit ourselves to His will. The best way to honour all those Christians who lived before us and found peace and achievement in their wholehearted answer to the Gospel is to imitate them and share with all the life and hope offered by God to all His children.

## News from the RC Chapel

As the edition of October was on the press, our Parish began its third session of Renew, with special emphasis on the presence and action of the Spirit in God's Church and our response to it. Some small faith sharing groups were formed. Any person interested in sharing what is not

strictly a Roman Catholic aspect of our Christian faith can join one of these groups, at his/her convenience.

The RC population was happy to welcome, this August, a new Chaplain on our Base: Fr. Paul K. Murphy, from Cape Breton Island. Fr. Murphy will work

with the RC members of St. George's Chapel.

Again this year both Chapels offer Sunday School to students of Grades 1 to 6, and some special activities for students of higher Grades. Parents can get more information by contacting one of the Chaplains (for the South Site, Fr. Murphy, 895-6023; for the North Site, Fr. Marcoux, 895-5272).

The C.W.L. has a council in each Chapel now and welcomes all the women of the parishes who would like to share their preoccupations and talents.

The Chaplains will be glad to contact any of the members of the RC population that would like to meet them. They are happy with the very friendly climate that develops in each of the two communities.



### PROTESTANT CHAPELS

#### CHAPEL OF THE GOOD SHEPHERD (NORTH)

0900 hrs. Eucharist (ACC)  
1100 hrs. Divine Worship

#### CHAPEL OF ST. ANDREW (SOUTH)

1000 hrs. Divine Worship  
1115 hrs. Intergenerational Sunday School

Holy Communion, conducted according to the rites of one of the five supporting denominations, will be held at the regular service on the first Sunday in each month. Nursery is provided for children during Divine Worship.

Baptism and Marriage are to be arranged by appointment and seven weeks advanced notice is required prior to the solemnization of Holy Matrimony. Please contact the Chaplains Secretary at (North) 895-5087, (South) 895-6024 for an appointment.

The Sunday School program for each chapel is held during the main service. St. Andrews Women's Centre Begins 12 September at 9:30 am at the chapel annex at Kenaston and Grant. Everyone is cordially invited to attend our services.

Padres: W.G. Shields, V.C. Guntley, P.G. Day.

### RC CHAPELS

#### OUR LADIES OF THE AIRWAYS (NORTH)

Sat. 1700 hrs. English Mass  
1900 hrs. Messe française  
Sun. 1115 hrs. English Mass  
Confessions upon request, until 15 minutes before each Mass.  
During the 1115 hr Mass, there is a Nursery program for children under the age of 5.  
Sunday School: 1000-1100 hrs.  
Weekday Masses: Mondays through Thursdays, 1900 hrs.

#### ST. GEORGE (SOUTH)

Sun. 1000 hrs. English Mass  
Chaplain is available for Confessions at any time.  
Sunday School: 0900-0945 hrs.  
Weekday Masses: Mondays through Thursdays, 1830 hrs.

Arrangements for Baptisms are to be made at least two months before the intended date. The preparation that has to take place can be conducted before the birth of the child.

Arrangements for Marriages have to be made at least three months before the intended date of wedding. A Marriage Preparation session is mandatory.

Please contact the Chaplains through the Secretary: (895-5087, North or 895-6024, South).

Father J. Marcoux and Father P. Murphy.

## Family Information Series

### SESSION 2

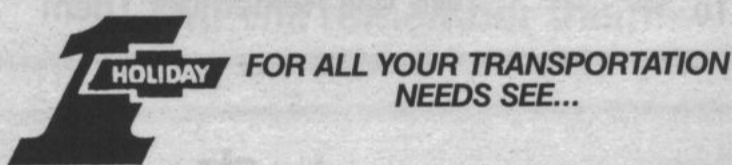
"HELPING FAMILIES COPE WITH SEPARATION AND DIVORCE"

THURSDAY NOV. 16th  
STRATHMILLAN SCHOOL  
(339 Strathmillan St. 1 block south of Ness)  
7:30 P.M.

This session will cover a number of the many sensitive issues evolving from family break-up. Special consideration will focus on: How children may be affected; How they might adjust; Legal issues of access and custody; and Coping with grief and loneliness.

SPEAKER: Ms. Marilyn Wortley is a well known Lecturer and Family counsellor presently with the Interfaith Pastoral Institute at University of Winnipeg.

For more information contact Bryan Edmond at 944-4456.



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# Community News



## A view from a military wife



### Conference for women a great experience

The "Women Seeking Solutions", Conference for Women, was a three day event held at the Rec Centre on October 17 to 19. Although the Conference (Health Fair) was well publicized (even flyers were personally delivered to all PMQ residents), the workshops were not as well attended as hoped. However, I would say the Health Fair was a success.

The displays of pamphlets and information from the Community Health Nurses home economist and Planned Parenthood, were excellent. Professionals from several Winnipeg agencies such as the Women's Health Clinic, Child and Family Services — West, and Planned Parenthood,

as well as a few speakers from our military community presented informative and interesting workshops.

The Conference for Women was organized by the women from the Jameswood Women's Friendship Centre, with support from the Community Public Health Nurses. To each of those women, who worked hours, days and months on all aspects of the Conference, from decorating, hostessing, child care, and so on, I applaud you for a job well done. And, to all of you who did not attend any of the workshops, you missed out on something positive for yourself and our community. It was a valuable experience for everyone involved.

As a military wife I recently had a wonderful opportunity to attend the "Conference for Women" held at C.F.B. Winnipeg. I was impressed with the professionalism in which the conference was set up. There were friendly coordinators greeting you at the door, helping you with name tags, directing you to the different seminars, and introducing you to other women. The day care that was provided was excellent not to mention FREE! There were no less than three care givers at a time. Also there were toys, stories, and a large play area, even cookies and juice were provided. In fact the whole conference was FREE! Which is why I couldn't understand the miserable attendance.

The women and health officials that organized this conference did a lot of work, bringing in excellent guest speakers who covered a wide range of topics. The advertising was also exceptional. Attractive informative brochures were delivered to each home both at the South and North Site P.M.Q.'s. Also the Voxair carried notices.

I actually felt embarrassed by the lack of interest, and sorry that the women of the military

community who aren't already committed to self growth and improvement didn't take the time to attend.

I hear a lot of complaining going on about the way we're treated as military wives, the hardships of moving, the long separations we must endure while our spouses are away on U.N. duties and not to forget the T.D. trips, the trials and tribulations of our children, our loneliness, anger, and even boredom. Well ladies you missed a perfect opportunity to come and give your input to the newly opened Family Support Center.

The Family Support Center is an organization being backed by the military that can be of great benefit. It can help us get through the military red tape, also give us information and support about anything from pay guides to death benefits, from local day care to hair care, from schools for our children to adult education facilities, from women's resources to clubs and organizations.

There were many seminars some of which were: children's issues and childhood sexuality, domestic abuse, employment counselling, adult education op-

portunities, personal health interests such as P.M.S., myths of weight control and how stress affects all of our lives and how to cope. The conference ended with a panel discussion concerning the family as a unit.

The guest speakers were great and I came away, even though I couldn't make it to all seminars, feeling informed and happy I made the effort to attend. I met some wonderful people and was full of the energy of having gained some insight to many issues that concern me as a military wife, mother, and woman.

By sharing my feelings I may shake up the fence riders and those women who say we're not treated well by the military. Thanks to C.F.B. Winnipeg there were all kinds of facilities at the disposal of the conference. The rest was up to us.

Perhaps if there is a next time you ladies out there will consider this a priority. After all, the more educated and informed you become about the military ways and yourself as a woman, the happier you'll be.

Thanks to all those who made this conference available to us.

Judith Gaudet

#### Grand Opening!

The time has come to celebrate the "Grand Opening" of the "FAMILY SUPPORT CENTRES". Bring a friend, share some refreshments, tour the centre and meet Marla Kaposvary, the Director.

The opening dates and times are as follows: Tuesday, 7 Nov 89 \*1300-1530 1822 Corydon Ave and Wednesday, 8 Nov 89 \*1300-1530 54 Bourkewood Place.

\*The official ribbon cutting ceremony will be at 1400 hrs. Come share the fun!!! See you there!

#### MOVING?

For certification of appliances call Dwight at 668-2937 after 5 PM and weekends.

## Next Voxair Deadline November 3

### Posting season is here!

We specialize in appliance servicing for your move, we offer a flat rate of \$40.00 plus tax for all your major and electrical appliances. Satisfying Winnipeg and the Military community for over 22 years.

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# The Wrath of Safety

OK! all you DND 404 holders — wake up! MSE Safety knows who you are and where you work, so there's no place to hide. The Safety Section at Base Transport has put in effect (since July) a backfile system, which is used to seek and destroy any foreign spies driving around in our military vehicles (no, just kidding — we simply seek and destroy any DND 404's which are no longer up-to-date. I realize that this is not as exciting as foreign spies, but please bear with me...).

As a result of this backfile system, some of you have surely experienced the Wrath of Safety. What is the Wrath of Safety, you

ask? It is the tracking down of DND 404 holders who have neglected to keep their licence up-to-date with the appropriate courses. Courses? What courses, you now ask ... Hmmm ... as respectable drivers of military vehicles you people are supposed to know these things! However, MSE Safety, being the understanding and considerate section we all know and love, will politely remind you, with a memorandum stating exactly what courses/tests are due and by what dates. It is then your responsibility as a DND 404 holder to contact MSE Safety, to get course loaded for these won-

derful classes which will shower you with a wealth of knowledge about defensive driving, safe backing, etc. IF for any reason you FAIL to do so, the Wrath of Safety will get you... At this point you might even wish you were a captured foreign spy, for the fate you are about to suffer is one worse than death... Yes, that's right. Stop trembling and face reality — the Wrath of Safety will... will... **REVOKE YOUR 404!** A nastygram will be sent, ordering you to wave good-bye to your military vehicle driving privileges. So don't let it happen to you! Many of you out there require your DND 404 to perform

your duties on base, therefore don't let a neglectful attitude stand in the way of your career. The Wrath of Safety cannot get you if you act first. Call your MSE Safety Section at local 5742 to get a head start and/or determine where you stand in view of mandatory courses. Your support of MSE Safety is appreciated.

L. Chaloux  
2 Lt  
VSaveO  
5742

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### Accommodation

Unfurnished house, 5 Rm. bungalow, D.T. area, Rugs main floor, 2 sets plumbing, finished basement. Mod. kit. Call x.6555 or 774-7732 after 4.

Large 1 BD apt located 10 min fr Kapyong on Pembina Hwy for sublet. W/W carpeting, dishwasher, air cond., balcony, pool, sauna and atrium. Rent \$425 inc. all utilities. Available Nov 15 - rent paid until Nov. 30. Damage deposit negotiable. Contact Sam at 895-5385 days and 275-2626 evenings.



### Babysitters

Mother of two will babysit in my home weekdays, Southside. Phone 489-8099. Ask for Cindy (anytime).



### Misc. For Sale

Ladies Norwegian Blue Fox jacket, size 10-12. New \$1100. Will sell for \$395 OBO. Call 831-8925.

Ladies large size winter coat for sale. \$30 O.B.O. Ph: 831-1721.

One pr. moulded MICRON skates size 2, used \$15. One pr. moulded MUNARI skates size 6, new \$30. Ph: 269-2181 after five or 895-5833 during the day.

For Sale - 8 cu ft freezer \$200 Call Greg at 489-8940 after 5 p.m.



### Vehicles For Sale

81 Buick Century Limited, original owner, low mileage. P.S., P.B., P.T., till wheel. \$2500. Ph: CWO Munroe 895-6102(w) or 488-4354(h).

82 Mercury Cougar XR7, V8, A/C, in excellent condition. Black exterior and burgundy velour interior: luxurious and classy car. Asking \$4600. Ph: 284-9674 or 895-6024.



### Wanted

Female looking for ride to Calgary 10-13 Nov 89. Phone Linda 589-8650.

## Le Monstre de la sécurité MMS

Ok — tout ceux qui ont leurs DND 404 : réveillez-vous! La section de la Sécurité du Matériel Mobile de Soutien (Sécurité MMS) sait où vous trouver, alors n'essayez même pas de vous cacher. Depuis juillet, la Sécurité MMS a opté pour un nouveau système "backfile", qui est utilisé afin de rechercher et détruire les espions étrangers qui se promènent dans nos véhicules militaires (non, c'est seulement une blague — on recherche et détruit simplement les permis de conduites DND 404 qui ne sont plus à jour. Je réalise que ceci n'est pas aussi excitant que des espions étrangers, mais continuez à lire afin d'en savoir encore plus...).

Dû à ce fameux système "backfile", je suis sûre que certains d'entre vous ont déjà vécu une expérience avec le Monstre de la Sécurité MMS. Qui est ce monstre et que fait-il, vous vous demandez? Tout simplement, il

est le représentant de la Sécurité MMS qui trouve les détenteurs des licences 404 qui ne sont plus à jour dans leurs cours. Cours? Quels cours, vous demandez maintenant... Eh bien, étant conducteurs responsables des véhicules militaires vous devriez savoir cela! Néanmoins, la Sécurité MMS, étant la section qui vous comprend et qui est toujours là pour vous servir, vous enverra une note de service afin de vous rappeler poliment les cours à suivre et quand ils sont dûs. Après cela c'est VOTRE responsabilité, étant détenteur de licence 404, de contacter la section de Sécurité MMS — afin d'obtenir une date à suivre le cours approprié, qui vous instruira sur la conduite préventive, etc. Si, pour n'importe quelle raison, vous NEGLIGEZ de faire ceci, le Monstre de la Sécurité MMS vous attrapera... A ce point vous aimerez mieux être espion

### Base Hockey Team News

This year's version of the Flyers has yet to name their roster or play their first game. However, the team has some new faces, most notably WO Randy Bonds who will be the head coach. The team is still looking for a manager at this time.

The Flyers are defending Prairie Region Champions defeating CFB Cold Lake in the finals. In order to prepare for the Regionals the team plays in the Super Labatts No-Contact League. The season's Home Opener (8:40 p.m.) is 1 Nov 89 at the Kirkfield Westwood Communityplex located at Portage and Rouge, near the Westwood High School. Schedules can be obtained from Bldg 90 (Rec Centre).

All players interested in trying out for the Flyers should contact WO Bonds local 6020 or MCpl Pearce loc 5148.

étranger capturé, parce que ce qui vous attend est notamment pire que la mort-même... Oui, c'est la vérité. Arrêtez de trembler et faites face à la réalité: le Monstre de la Sécurité MMS va ... va... **REVOQUER VOTRE 404!!!** Une méchante lettre vous sera envoyée, vous obligeant de dire salut à vos privilèges de véhicules militaires. Étant donné que ces licences militaires sont obligatoires pour une grande partie des détenteurs (afin qu'ils puissent faire leurs travaux respectifs sur la base), leur révocation pose un problème. Mais souvenez-vous que le Monstre de la Sécurité MMS ne peut point vous attraper si vous agissez avant lui. Cette histoire d'horreur ne doit pas nécessairement vous arriver! Appelez votre section de Sécurité MMS à 5742 afin de savoir si vos cours sont à jour. Votre coopération est grandement appréciée.

L. Chaloux  
2Lt

Officier de Sécurité des Véhicules

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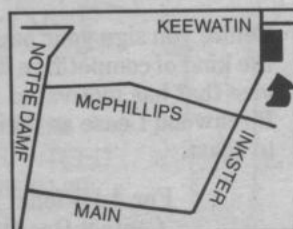
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# SPORTS ANNOUNCEMENTS

## CFB Wpg Inter-Section Hockey League Opens



Capt Gaboury (League President) performs the Opening Ceremonies of the Inter-Section Hockey League. Air Command Eagles skated to a 5-3 win over CE/1 CEU/DCOS MILE Beavers in the Opening Game  
L to R: LCol Rogers, Capt Gaboury, MCpl Langois.

This year the CFB Winnipeg Inter-Section Hockey season started off on a new attitude/altitude. Two new entries in the league started the season; the Aircom Eagles and the (CE/1 CEU/DCOS MILE) Beavers. The Beavers controlled the first and second period taking a 3-1 lead. But a late third period rally carried the Eagles to a 5-3 victory. Other winners in the first week were Braves 2-1 winners over Transport, BAMEO/Hawks 12-0 over AMSO Kings; Geriatrics/Oldtimer's 5-2 over Braves, and Arrows 7-3 over Supply. 2PPCLI were idle as they were just returning from the field.

### Inter-Section Standings as of 20 Oct 89

	W	L	T	PTS		W	L	T	PTS
Hawks	3	0	0	6	Beavers	1	2	0	2
Arrows	2	0	1	5	Braves	1	3	0	2
Eagles	2	1	0	4	Supply	1	1	0	2
Geriatrics	1	1	1	3	Kings	1	1	0	2
5th Wheel	1	2	0	2	2PPCLI	0	2	0	0

## Inter-Section Bowling

On Monday, 16 October, LCol Guidley, BTSO welcomed the six teams and then threw the first ball (resulting in a "Bad Break" split) to officially open the 1989-90 Inter-Section Bowling League.

The league is searching for more bowlers, so, if you are interested in participating Mon, Wed, and Fri at noon hour contact Capt Brown, local 5800.

## Weight Training Clinic

When: 6 Nov 89.  
Where: Lipsett Hall (weight room).

Time: 0800-1600  
Dress: PT gear.  
The first 12 to register will participate in this session.

If enough interest is generated there will be another clinic at a later date.

Open to all CFB Winnipeg military personnel.

FREE

To register contact Cpl Shirley at local 6183.

## CFB Winnipeg Base Representative Team Curling Play-Off

The Prairie Region Curling Championship will be held at CFB Portage la Prairie in January 1990.

To select a Base representative team a play-off tournament will be conducted at the FOB Curling Rink on the following dates and times.

Mon, 13 Nov 1000-1600 hrs;  
Tue 14 Nov 0800-1600 hrs;  
Thu 16 Nov 0800-1200 hrs;  
Mon 20 Nov 1000-1600 hrs.

Depending on the number of teams entered all dates and times may not be used.

To enter your team or for further information contact Sgt Wallace local 6185, prior to 1200 hrs, 09 Nov 89.

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Happy Hours: Mon.-Sat. 2-6 p.m.

## CF National Golf



PRAIRIE REGION GOLF TEAM MEMBERS

L to R: Capt Bing Shearer, Wpg; Maj Fred Clark, Moose Jaw; Sgt Irma Piper, Winnipeg; Sgt Stu Nauss, Winnipeg; Cpl John Kelly, Edmonton; MCpl Ron McDonald, Edmonton.

The CF National Golf Championship was held 18-23 Oct 89 at the Hylands Golf Course (N) CFB Ottawa. The Canadian Forces six regions and the USA each had 6 competitors, 3 Open, 2 Seniors and 1 Female.

Following 3 days of play the Pacific Region captured the team

title with the Ontario and Prairie Region close on their heels.

Individually the Prairie Region team was quite successful with Cpl John Kelly, Edmonton, MCpl Dave Richardson, Edmonton, and Sgt Stu Nauss, Winnipeg, all placing in the top 5 and winning the right to represent Canada at the

CISM competitions in 1990 which are tentatively scheduled to be held in North Carolina.

Capt Bing Shearer, Winnipeg and Maj Fred Clark, Moose Jaw our seniors stayed competitive throughout and Sgt Irma Piper, Winnipeg, placed 3rd in the Female division.

## Inter-Section

On 12 Oct, at the Herc Lounge, presentations were made for the Inter-Section Slo Pitch and Golf Leagues.

The Inter-Section Slo Pitch League was made up of 17 teams who completed a round robin and then went to a double elimination play-off.

When the dust cleared off the ball diamonds, BSup evolved as the A division champion. The B division was won by the CFANS Student team with runner-up being the BEME team.

On the golf side, a first time Inter-Section league was enjoyed by 8 sections of "golfers" and "non-golfers" alike. The format was best ball and proved very enjoyable to all. The scene of action was the Base Golf Course.

Following round robin play and a play-off the BTNO team emerged victorious, stealing the victory from DCOS C & E, who had led throughout.

Thanks to all participants of our Inter-Section leagues — without you, we would not have enjoyed these events.

P.S. To the Golf Course Crew who have added sand traps and trees to the course, compliments.



Base Supply 1989 Inter-Section Slowpitch A Champs.

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## BAMEO Presentation



During its monthly "BAMEO Officers and Senior NCO's" club luncheon held on 5 Oct, MWO Young was presented with a token of appreciation by Major Kobayashi in the name of all BAMEO personnel for the excellent service he has provided the aircraft maintenance organization during his stay at CFB Winnipeg as Supply Officer (North). We wish him the best of luck in his new career.

## Preparing Your Vehicle for Winter

Once again the winter season is upon us. It is time to prepare your vehicle to get you safely through the trials and tribulations of winter. This is overwhelmingly important and is particularly emphasized by nature of the severe and bitter cold harshness of the Canadian Prairie winters, where temperatures and prevailing winds take their toll on many Canadian motorists left stranded by ill-prepared vehicles.

Helpful hints are to have your vehicle routinely serviced and tuned up at least twice yearly. Waiting until the last minute often proves to be, at best, a frigid inconvenience. Ensure all fluid levels are kept topped up; these include antifreeze, oil, power steering, brake, etc. Other hints are to have an emergency kit assembled in your car. Items

that should be found in the kit include a flashlight, at least two blankets (solar blankets are available at a minimal cost and are very compact). It is also wise to keep a couple of fresh candy bars in the kit, and one or two large slow-burning candles would be desirable as well. A complete and adequate survival kit can be put together for less than \$50.00 and could possibly be the difference in the outcome of a vehicle breakdown in extreme cold weather.

Don't forget that exhaust system! Have it checked for leaks and deterioration. Carbon monoxide poisoning claims many lives every winter by leaking into the passenger compartments of vehicles through faulty exhaust systems.

Have a safe and enjoyable winter season. Summer is just around the corner...

## Base Transport Promotions



MSE Op Pte Crotty received his first hook 15 Aug 89.



Pte Meisner, MSE Op at Base Transport received his first hook.



Traffic Tech MCpl Szmadyła received her promotion 1 Aug 89.



MSE Op MCpl Paradis received his promotion from Major Lupien 15 Aug 89.

## 14 Training Group



Capt Bob Hill receives his Administration Branch Certificate of Service from Col John Hannah, Deputy Commander, 14 Training Group.

Capt Hill began his career as an air navigator with Air Transport Command, subsequently reclassifying as an admin officer. He is now studying for a degree at the University of Manitoba.

Assisting with the presentation is PO2 Ted Scott, NCOIC Admin at 14 Trg Gp HQ.

Base Photo



Pte Ratti, MSE Op at Base Transport received his first hook.



Pte Duval, MSE Op at Base Transport received his first hook.

## Driver of the month




Pte Vandenbrul — driver of the month (Sept 89).

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### Baden "Rube" Band Reunion

It is proposed that a reunion for ex-members of the Baden "RUBE" Band (Baden Soellingen) be held in Ottawa, Ontario in the August-October period of 1990. Hopefully the present Rube Band will be in attendance.

Interested persons are requested to contact:

Major Ron McCallum  
Commanding Officer  
The Central Band of the  
Canadian Forces  
Building 16  
CFB Ottawa (S)  
Ottawa, Canada  
K1A 0K5  
Phone: (613) 991-2106

Please include address and phone number and mark correspondence "Baden Rube Band Reunion".

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### TOPS

Are you interested in losing weight? Meet with others who have a similar problem. There is a TOPS (Take Off Pounds Sensibly) Chapter near you.

TOPS is a non-profit support group to help people lose — and keep off — those unwanted pounds. With the help of each other, contests and other incentives, many pounds are shed for a healthier and more fit membership. Our fees are minimal, and lifetime friendships are often formed. There are TOPS groups throughout the world, and memberships are transferrable.

If you wish further information, please call: 832-8477 or 255-2147.



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(sides-hinds-quarter)  
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Manager

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# Base Lottery



## \$100 Winner



On 18 Oct 89, the South was where the lottery could be found, in the Commanding Officer 2PPCLF's office. The lucky winner was Gail Trépanier the Rations Clerk from the Base Orderly Room.



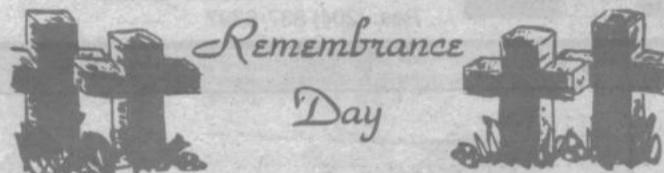
The Commander, LGen Sutherland, is pictured here being assisted by the B Adm O LCol Forestell and the Base Lottery Coordinator, Lisa Dreger.

On 11 Oct 89 the Base Lottery travelled to the far east, namely Air Command HQ, where the Commander LGen Sutherland made Cpl McDermid of Base Transport \$500 richer. When the Commander announced the winner to the brave few witnesses, he also mentioned that Cpl McDermid was his driver.

Next lottery draws will be:

08 November 1989	\$125 BPERO	Bldg 90	1000 hrs
15 November 1989	\$125 Comm Fac	Bldg 86	1000 hrs
22 November 1989	\$125 Family Support	54 Bourkewood	1000 hrs
		Centre (North)	Place

Just a reminder: Memberships are still available from the section OPIs or the Base Lottery Coordinator, Lisa Dreger, local 5862. Also, if your section/unit would like to host the lottery please contact Lisa Dreger (5862) as soon as possible.



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