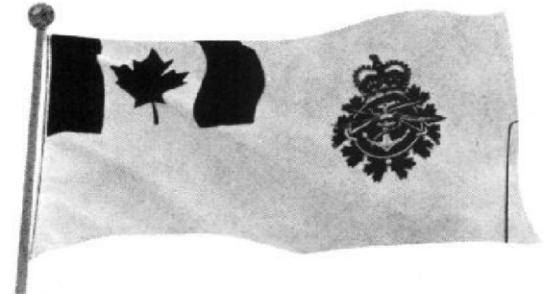


Voxair



THE CANADIAN FORCES NEWSPAPER

VOL. 17, No. 16

CANADIAN FORCES BASE, WINNIPEG

August 21, 1968

Strength cut to 25,000; 4 small combat units formed

MobCom regrouping units

Mobile Command is making fundamental changes in the organization of its land units as a result of declining personnel strength and rising costs.

Mobile Command's present three 6,000 infantry brigade groups in Canada are being replaced by four 3,500-man combat groups. This will mean a reduction of strength to about 25,000 men compared with 29,000 less than two years ago. However, it is estimated that the cost for the command will be \$260,000,000 this year compared with \$230,000,000 last year.

The overall strength of the Forces is now about 100,000, a decrease of some 23,000 in the last five years. This year's defence budget is \$1,724,000,000, the largest since the post-war high of \$1,759,000,000 in the fiscal year 1956-57.

French-speaking Units to form

French-speaking soldiers will have wider career opportunities in land-based units. Previously, the employment for soldiers who wished to work in the French language was generally limited to one infantry regiment.

Under the Mobile Command reorganization, Valcartier takes on a new significance for French-speaking soldiers. Valcartier will receive a new tank regiment, a new artillery regiment and a new engineering squadron, all predominantly French-speaking.

The defence department has said that the formation of four combat units out of three brigades "will be achieved without an overall increase in troop strength" and will result in a reduction of about 4,000 men.

The combat groups will have their headquarters at CFBs Calgary, Petawawa, Valcartier and Galetown. Canada's 4 CMI-BG with NATO in West Germany and the commando airborne regiment now being formed at Edmonton, will not be affected by the changes.

Each combat group will have two infantry battalions instead of the three in a brigade, a tank regiment, an artillery regiment and supporting units. The infantry battalions will have three instead of four rifle

companies, tank and artillery regiments will have two instead of three squadrons or batteries. The supporting units will be similarly reduced in size.

The number of infantry battalions in the army has been reduced to 11 from 13. The two battalions of the Canadian Guards have been amalgamated at Petawawa and the 2nd Battalion, Queen's Own Rifles of Canada has been disbanded.

The United Nations stand-by battalion and the peacekeeping battalion in Cyprus will be drawn from the eight infantry battalions in Canada.

The new combat units include these major components:

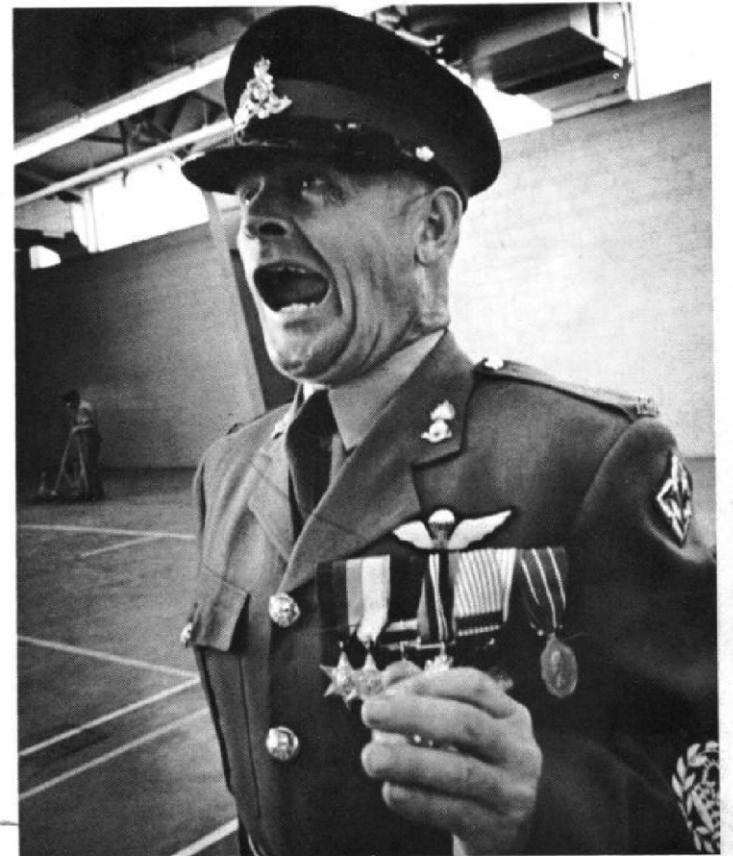
—*First, Calgary:*
1st Btn. Princess Patricia's Canadian Light Infantry and the Fort Garry Horse (Armor), both Calgary-based; 3rd Rgt. RCHA, Winnipeg; 1st Btn. Queen's Own Rifles, Esquimalt; 3rd Field Sqn. RCE, Chilliwack.

—*2nd, Petawawa:*
8th Canadian Hussars; 4 RCHA; 1st Canadian Guards, at Petawawa; 1st Royal Canadian Regiment, London; 1st Field Sqn. RCE.

—*3rd, Galetown:*
1st and 2nd Black Watch; Royal Canadian Dragoons; 2nd Field Sqn. RCE; and 2 RCHA.

—*5th, Valcartier:*
2nd and 3rd Royal 22nd Regiment; 12th Armored Regiment; 5th Light Artillery Regiment and 5th Field Sqn. RCE.

There is no fourth group in Canada to avoid an identity conflict with 4 CMI-BG in Germany.



Voxair photo by Hoover

"No. 1 Locating Battery . . . dis-miss!"

Battery Sergeant Major Tom Larkin issues the last command.

Two area gunner units disbanded

Two Manitoba based artillery units passed into history last week. A stand-down order reduced Winnipeg's No. 1 Locating Battery and the 2nd surface-to-surface missile battery, at Shilo, to nil strength, as a result of reorganization within mobile command.

About 190 men of 1 Loc. Bty. will be posted to other units in Winnipeg, the province, other parts of Canada and overseas with over half this number remaining in Manitoba.

Most of the 109-member Shilo SSM battery will be absorbed by other organizations within the western Manitoba base on dispersal.

Role of No. 1 Locating Battery, activated in Winnipeg in 1965, was to locate, observe and record

enemy positions and weapons by electronic means. It also supplied on-the-spot meteorological data to field gunners. Its functions now will be absorbed by regular artillery field regiments.

The battery, commanded by Captain Phillip Cheevers, formed the bulk of servicemen committed in the recent northern Manitoba search for two missing children.

Shilo's 2nd SSM Battery, formed in Picton, Ont., in 1960, trained gunners on the Honest John rocket for employment in Europe with the 1st SSM Battery. Its training function now will be absorbed by Shilo's Royal Canadian School of Artillery.

Col. J. P. Beer, chief of artillery at Mobile Command headquarters, was the inspecting officer at No. 1 Locating Battery's farewell parade held at the Selkirk Lines, Fort Osborne Barracks, last Friday.

coda comment

The last major operation of No. 1 Locating Battery is currently taking place, even though the unit no longer exists.

Capt. Al Harris, now named commander of the CL-89 Drone training unit at Shilo, and over 50 former Locating Battery men are engaged in a week-long survey project at Bisset, Man.

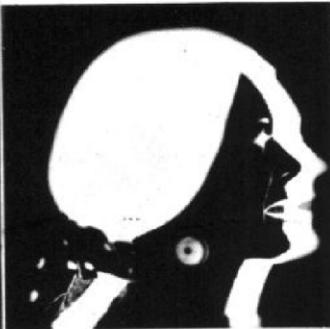
The men will be working in conjunction with the University of Manitoba to establish a cut line to aid in the survey of the Bisset area.

Top shot wins Queen's Medal

Cpl. L. M. Mercier, 3 R22R Valcartier, won the Queen's Medal — the top shooting prize at the annual Canadian Forces small arms competitions held near Ottawa last week. Capt. W. H. Molnar, Black Watch, a 1964 Queen's medal winner, placed second.

Voxair

The No. 1 Military Newspaper



and — here's . . . CATLIN

News of the Forces	2, 3
Editorial Page	4
Comment	5, 6
Catlin's Choice	7
Lightnin' len (two views)	8, 9
Sports	12, 13, 14
Community Chatter	15

Voxair Vacuity

A closed mouth gathers no feet.

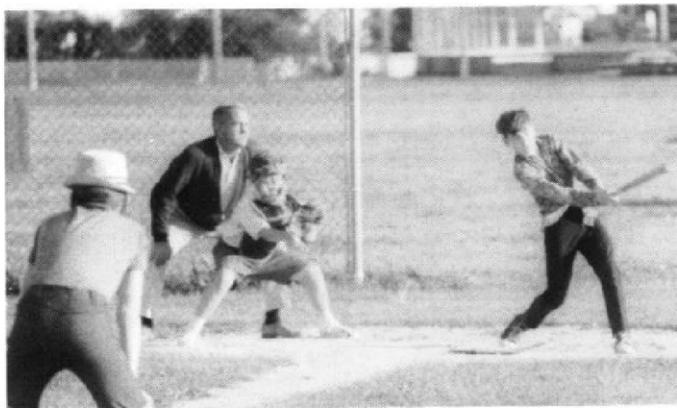
Tudor decor

Club 61 swings again

After a \$10,000 facelift, Club 61 re-opened its doors last Saturday to a large swinging crowd. The base commander Col. W. A. Hockney officiated at the ribbon-cutting ceremony which allowed guests to enter the Tudor-style lounge.

Other senior officers also attended the gala re-opening. The masters of ceremonies and hosts were the Club's ex-PMC, Pte. Paul Jenkins and the PMC, Pte. Glen Buchannan. Club 61 is the official lounge for all living-in privates at CFB Winnipeg and presently has 196 members on its rolls.

Forces Softball finals going full blast



Voxair Photo by Graham

Our youngsters demonstrate some of the action that takes place this week during the first forces softball championships.

The first Canadian Forces Softball Championships are now in full swing at the south site diamonds behind Lipsett Hall with nine teams battling for top national honors.

The teams represent the nine geographical forces zones and include players from ships on the Pacific and the Air Div. in Germany. The modified round-robin tournament continues until Saturday when the final championship game will be played.

A gala banquet has been planned for the players on Saturday evening when presentations will be made to the champions and finalists by base commander, Col. W. A. Hockney and other dignitaries.

on Spruceter!

Voxair Photo by Hoover

R. \$80.00. 18" GAS 5.00. 1 white kitchen bed and springs and 2 single beds with mats. One at \$10.00, one couch. Folds out to arolux vacuum cleaner. 2-6606.

ARIENNE. 2 DOOR ed. Fully loaded - les ur new tires, new ex- . What am I offered? or Local 635.

TO SUBLET
MENT FOR 2 WEEKS
ntact Capt. Scoles at

R RENT
SLEEPS 6. WILL SPOT
radius of Wpg. \$45.00
15.

BOAT TRAILER, C/W
boat. Phone 832-1291

COT \$4.00. CHILD'S
00. 832-5915.

H. OAK FINISH. GOOD
0. Phone Capt. Wright
ical 379 or 837-3020.

AGE INN

DR HOTEL

That Swings

GO GIRLS

and Evenings

Afternoon

JAMBOREE

Afternoon

Whistle Show

Smorgasbord

Afternoon and Evening

entertainment

at

That Swings

news roundup

Urge Guard for Winnipeg Cenotaph

WINNIPEG: The International War Veterans Alliance is urging civic action to stop young people from gathering on the Winnipeg cenotaph in Memorial Park. The alliance feels the young hippies congregating and sleeping on the shrine are degrading the memory of the war dead the cenotaph commemorates. In letters to both civic and provincial authorities, they have urged that commissioners be appointed to prevent any further disgrace.

New Russian delta jet goes Mach 3

MOSCOW: A new supersonic delta-wing jet fighter is reported to have gone into service with the Soviet Air Force. The labor union newspaper Trud described the plane as "similar to a triangle split into two by the fuselage," but gave few other details. A U.S. magazine, *Aviation Week* quoted secret congressional testimony that this new plane, the MiG-23, known as the "Foxbat", was "far superior" to any yet developed in the United States. It is reported that the Foxbat could maintain a speed nearly three times that of sound — more than 2,000 miles an hour — for 18 minutes with a load of 4,000 pounds.

Argus locates downed balloonists

HALIFAX: Two Toronto actors, Mark Winters and Jerry Kostar, who tried to cross the Atlantic in a balloon were returned to port the same day by a fishing trawler after being forced to ditch at sea when their supply of helium became insufficient to maintain a proper altitude. "We were a little short of helium," Mr. Winters, 35 said tersely as reporters clustered around the pair. "When we left we didn't think we had much chance . . . But there were a lot of people around."

USN ships and planes being mothballed

WASHINGTON: The U.S. Navy will inactivate 50 ships and eight naval air squadrons of approximately 100 planes to begin meeting spending cuts ordered by Congress for fiscal 1969. The Pentagon estimated the action will save \$118-million and cause a 13,500-man drop in the navy's present total strength of 764,572.

Spain negotiates U.S. military aid

MADRID: Spain has asked the United States for approximately \$1-billion in military aid over the next five years. In return, she has offered to negotiate a renewal for five years of U.S. military base rights, which expire Sept. 26. Sources suggest however, that Congress would resist transfers of such amounts of arms — at least until the Vietnam war ends. At present the United States base at Rota, near Cadiz, is the chief Polaris nuclear submarine base in the Mediterranean.

U.S. Nuclear Sub involved in freak accident

WASHINGTON: The nuclear submarine Von Steuben collided with a ship under tow in a freak accident 35 miles off the coast of Spain the U.S. Defense Department has announced. The sub was submerged on a training mission when it hit a tow cable connecting the tanker Sealady with the German tug Fairplay 10. The Von Steuben surfaced and collided with the Sealady. The sub received minor damage.

Minuteman test fire fails

GRAND FORKS, N.D.: A test crash of a \$2,800,000 unarmed Minuteman missile failed to get off the ground at a site about five miles southeast of Michigan, N.D., 140 miles south of Winnipeg. The launch, scheduled since 1965, was part of a program to test the crews and silos housing the 350 operational derrent missiles located in the state.

Canada's military past displayed in London

LONDON: A special exhibition commemorating the epic year 1918 and including mementoes of Canada's role in the First World War, will be on display in the Imperial Museum until next April. Highlight of the show is a series of vivid photographs showing Western Front battlefields as they were 50 years ago and as they appear in 1968.

Air Reserves Train at Winnipeg

For seven weeks this summer, Air Reserve Trade School hosted 74 students from units in Montreal, Toronto, Winnipeg and Edmonton. The course introduced the trainees, mostly high school students, to service life by integrating them into regular service activities.

Primary aim of the course is to qualify the students to write and pass group one examinations in the Aviation Technician, Adminis-

trative and Financial Clerk trades.

Physical fitness is also stressed with this program concluding with a cross country race.

Between classes and sports, there was time for the occasional stint of "K.P." duty. During their time in the kitchen, the three girls on the course learned to make some mighty fine goodies.



The well-fed Pte. Ray Robertson enjoys some of the goodies prepared by pretty bakers, Pte's Leslie Stogrin, Shirley Barefoot and Vickie Kent.

Voxair photo by Hoover

Largest non-nuclear explosion

Neptune crew gets shook up

It is surprising how quiet a P2V Neptune can be. The atmosphere inside the plane was electric, and the crew charged with tension.

Then it came. A terrific explosion scattered debris over two miles above ground and shook the aircraft violently. But it was soon over. The crew had their photos; mission completed.

The Neptune and crew were a vital part of the operation involving one of the largest non-nuclear explosions ever set off experimentally.

Over 500 tons of partly-buried TNT were detonated as part of the Forces - DRB experimental projects at the Defence Research Establishment at Suffield, Alta. As the charge of TNT burst into a slowly-growing orange ball of fire which eventually took on a mushroom-like shape over the barren prairie lands, cameras on the ground and in the air recorded the explosion.

On the ground, cameras from 40 different locations record-

ed the effects on various pieces of equipment, including a tank. Observers who witnessed the explosion from a bunker two miles away noted that debris was still falling over a large area more than five minutes after the detonation.

The recent explosion was the

result of nearly two-years work, and was attended by Canadian, British and U.S. defence scientists. The explosion crater and photographs are now being studied. The Neptune crew is back home, somewhat shook up, but none the worse for wear.

Forces Footnotes

Greenland sea ice contaminated last January by the crash of an American bomber bearing four hydrogen bombs is heading for Canadian waters. U.S. officials say they think the radioactive remains will melt, sink or become diluted . . . the West German Air Force lost its 86th Starfighter in a crash during a training flight near Luke AFB in Arizona, earlier this month . . . Selkirk College, Castlegar, B.C. will offer a course in Aviation Technology commencing September. . .

RAF Air Vice-Marshal James (Johnnie) Johnson recently renewed old acquaintances in

Toronto with some of the men who fought under him in a Canadian wing during the Second World War.

The Soviet Union is testing a longer-life spy satellite as part of the changed emphasis in its national space program. This newest eye in the sky can stay up in space half again as long as earlier versions . . . Russia has announced new military exercises along the Czechoslovakian border, the fourth series of Soviet-block troop manoeuvres since Moscow began its war of nerves against the liberal Prague government.

President Johnson is placing

(Continued on Page 3)

AGENTS FOR
NORTH AMERICAN
VAN LINES

GUARDIAN

MOVING & STORAGE
CO. LTD.

Canadian Owned and Operated
Long Term Storage

M. HAMILL
General Manager

Phone 786-3343

1000 Powell Ave.

Winnipeg 3

Man.

HAD A RAISE LATELY?
ARE YOU EARNING MORE THAN THREE YEARS AGO?
ARE YOU WORTH MORE? YOU SHOULD BE!

PHONE OR WRITE

GR 5-7310



ANDY GRIERSON

INVESTORS SYNDICATE LIMITED
DISTRIBUTOR FOR:
INVESTORS MUTUAL OF CANADA LTD.
INVESTORS GROWTH FUND OF CANADA LTD.
INVESTORS INTERNATIONAL MUTUAL FUND LTD.
GUARANTEED AND EQUITY INVESTMENTS

LET'S "TALK INVESTORS"

280 Broadway Ave.

Winnipeg 1, Manitoba.

Office

943-0361

JANSEN PRODUCE LIMITED

WHOLESALE
FRUITS & VEGETABLES

CATERERS TO CFB MESSES

191 Ellen St.

WINNIPEG, MANITOBA

WHitehall 3-8446

B
by Ba

Normally, explosive dis-
Joe Walker a
Lower, are o
three times
handle the ro
things like h
106 mm sh
asionally
Police D
they've been
sions in the
It must be
Their par
the waterwa
exploded last
in the River
received a
more than C
it rates. AF
"It had alrea
Safes full
bombs can b

"beep-b
Fo

Gen. Jean
the defence
augurated a
controlled
leased to th

Safes full
bombs can b

"beep-b
Fo

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Gen. Jean
the defence
augurated a
controlled
leased to th

Winnipeg

... with this cross country ... there was "K.P." duty. ... the three make some



pretty bakers, photo by Hoover

Book up

... two-years work, ... by Canadian, ... S. defence scien- ... osion crater and ... are now being ... Neptune crew is ... somewhat shook up, ... worse for wear.

Notes

... some of the men ... under him in a ... ing during the ... War. ... Union is testing ... spy satellite as ... changed emphasis ... l space program. ... ye in the sky can ... ace half again as ... er versions ... nounced new mili- ... along the Czech- ... order, the fourth ... viet-block troop ... ince Moscow be- ... of nerves against ... ague government. ... ohnson is placing ... d on Page 3)

PRODUCE

... SALE ... GETABLES

CFB MESSES

en St.

MANITOBA

3-8446

Bomb disposal experts don't take chances

by Barb Vedan

Normally, CFB Winnipeg's explosive disposal team, Capt. Joe Walker and CWO Dennis Lower, are called on two or three times a month. They handle the routine disposal of things like hand grenades and 106 mm shells and only occasionally assist the Winnipeg Police Department. But they've been out on 14 missions in the last four weeks. It must be the season!

Their part in investigating the waterworks trailer that exploded last Wednesday night in the River Heights area has received a lot of publicity; more than Capt. Walker thinks it rates. After all, he says, "It had already exploded."

Safes full of home-made bombs can be trickier he finds.

They tend to be less stable than those designed by the military. Two of the latest calls have been for safes.

The team travels in a standard 3/4 ton army truck that has been modified to carry their trunks of equipment. The truck tows a trailer containing a large steel bin fitted with a canvas sling and surrounded with sandbags to carry live explosives from the scene if necessary. However, they prefer to detonate on the spot whenever possible.

They also carry quantities of sawdust . . . to soak up leaking nitroglycerin and boxes of smelly chemicals like acetone, sodium sulphide, and alcohol to neutralize explosives when feasible. And

gasoline — to burn dynamite that has become sensitized with age . . . the nitro condenses. And fire fighting equipment.

For their own protection they wear rubber gloves, a mask like a welder's and padded jackets to cover the front torso. Most of their work is done with hand tools but they do have equipment that can be extended to handle explosives at a safer distance.

Capt. Walker and CWO Lower don't find their job dangerous . . . provided you know what you're doing and don't take any chances. They are a little modest though, for armed forces personnel have been seriously injured in public service of this kind.



Photo by Merrimen
Capt. Joe Walker checks out his explosives neutralizers.

"beep-boop" . . .

Forces get instantaneous electronic phone system

Gen. Jean V. Allard, chief of the defence staff, recently inaugurated a new electronically controlled telephone system leased to the armed services

by the Trans-Canada Telephone System.

Located at Smith Falls, Ont. the electronic switcher station completes an eastern network of three stations. Other stations are under way across Canada and are due to be in use by the middle of next year.

The electronic switching gear is a memory bank, storing in its electrical cells all the informa-

tion to assign priorities to various calls, reach desired numbers in fractions of a second and eliminate all the delays inherent in the usual point-to-point telephone system. Thousands of individual electronic circuits do the remembering for the switcher and store more than five-million bits of information.

A main use for the switched network now is air defense. It

. . . "Allard here"

Nav School name-sake dies

G/C F. J. Mawdesley

The man whose name graced the building housing the Air Navigation School died recently. G/C F. J. Mawdesley a colorful pioneer in Canadian aviation was buried at the Commonwealth Veterans Cemetery earlier this year.

G/C Mawdesley started his flying career as an observer with The Royal Flying Corps, and following World War I, was one of the hardy breed of fliers who operated in Canada's North and in the Arctic.

He held the position of Commanding Officer of the Air Navigation schools at Camp Borden and Trenton and played an important role in navigation training for aircrew in the British Commonwealth Air Training Plan. G/C Mawdesley retired from the RCAF with an AFC in 1945 after 20 years service.

The Air Navigation School was officially named "Mawdesley Hall" in a ceremony in which he officiated on October 7, 1958.

Footnotes

Cont'd from Page 2

great hopes in the newly developed MIRV (multiple-independently-targetable-re-entry vehicle) to dampen down the world's arms race . . . photographic evidence shows that the Soviets have slowed, if not called off, the construction of an anti-missile defence around Moscow . . . Congressional budget cuts have forced the federal space agency to condition itself for a single entry in the race to the moon — and little else.

Soviet Gen. Sergei Shtemenko has been appointed chief of staff for Warsaw Pact Forces . . . the Northwest Territories recently called for regulations that would prevent polar bear skins from being bootlegged to the USA through DEW line sites . . . Marshall Konstantin Rokossovsky, the Polish-born officer who survived the Stalin era purges to become a top Soviet Army commander in the Second World War, has been given a hero's burial in the Kremlin wall.

Designed originally to deliver nuclear bombs against an enemy's heartland, the B-52 has become in recent months a powerful new tactical weapon capable of concentrating, in a short space of time, explosive power exceeding that dropped on Hiroshima . . . a special two-man submarine has been flown from Washington to Thule, Greenland recently to help search for debris from a B-52 nuclear bomber which crashed 21 Jan.

Missile units to close

The U.S. Defence Department announced that they are closing 23 anti-bomber missile batteries in 12 states to save money. The missile is capable of knocking down 2,000-mile-an-hour bomber.

The action is the latest in a series of measures being taken to cut fiscal 1969 defense-spending by as much as \$3-billion.

Two multi-warhead missiles pass test run

The United States successfully tested two new missile systems at Cape Kennedy last Friday.

Early that morning the U.S. Navy's new Poseidon roared off from a new \$2.5-million launch complex leaving a contrail visible as far away as Miami, 200 miles to the south. Later in the day the U.S. Air Force launched a Minuteman III intercontinental ballistic missile

from an underground silo and sent it roaring out over the ocean to a planned splashdown near Ascension Island.

Both the Poseidon and Minuteman III have specially designed warheads that can contain several bombs and carry computers to aim them at targets hundred of miles apart.

The Poseidon will replace some of the Navy's Polaris mis-

siles starting about 1970. It has an eventual planned range of 2,500 miles, is twice as powerful as the Polaris and, according to its manufacture, twice as accurate. At full development, it may carry as many as 10 bombs.

The new missiles are known as MIRVs, or multiple-independently-targetable- re-entry vehicles.

After the Starfighter — what?

The final shape of a new combat aircraft for use by several NATO countries now employing the Starfighter depends on "whether the Canadians exercise their option to stay in the project", reports the British paper — The Guardian.

The paper reports that requirements differ considerably for each country involved, but that compromise agreements for military specifications and industrial development of the plane will be reached; but this consortium "may not include Canada".



PTE. MUFFLEPIPE, seated in the rumble seat of this grounded Vickers Gun Bus, grudgingly accepts a summons from the MP in the white prowl car. Cpl. Thunderclutch sneers at the driver of the prowl car and slowly edges his armour plated fender into the side of the MP vehicle. The two Canadian soldiers were charged with unlawful assembly and holding a parade without a permit. The two civic minded

boys pleaded innocent claiming that they were only showing these Turkish Cypriots the way to the local drive-in movie. The judge, a Greek himself, wouldn't buy their story on the grounds that the movie that was playing at the time was "Zorba, the Greek," and fined them 15 drachmas each.

Comox Totem Times

Canadian soldier saves two trapped in blaze

HEMER, Germany (CFP) — For his courageous rescue of two children from a burning house last April, citizens of the city have awarded an engraved bronze plaque to Corporal Norton Irwin.

Cpl. Irwin serves in Germany with the 1st SSM battery, RCA, part of Canada's NATO forces.

Cpl. Irwin was in a restaurant when he heard of a fire in the house behind. He rushed to the burning building and noticed a woman calling from a second-storey window. When he climbed up to the window, he also found a four-year-old boy, whom he handed down to friends on the ground.

The woman informed him that her baby was still in the building. Cpl. Irwin entered the flaming portion of the house four times before locating the unconscious child and carrying it to safety. He and a comrade gave the baby mouth-to-mouth artificial respiration until it revived.

CF-100 crashes; crew ejects

The crew of a CF-100 interceptor escaped with minor injuries just before their jet crashed into three houses in a development at St. Bruno, Que. on Tuesday. The pilot, Lt. F. L. Senechal and navigator, Capt. R. J. McPherson ejected and were thrown clear of the wreckage. Occupants of the houses were not hurt.



Authorized second-class mail, Post Office Dept., Ottawa and for payment of postage in cash at Altona Post Office.
 The VOXAIR is published twice a month with the kind permission of Col. W. A. Hockney, Base Commander, CFB Winnipeg.
 The VOXAIR is an unofficial publication of CFB Winnipeg. The editor reserves the right to edit copy to suit the needs of this publication. Views and opinions expressed are those of individual contributors unless expressly attributed to DND or other agencies. Articles may be reprinted by other publications providing credit is given to VOXAIR.
 EXECUTIVE AND EDITORIAL OFFICES: Canadian Forces Base, Winnipeg, Westwin, Manitoba, Telephone VE 2-1311, Local 446. Printed by D. W. Friesen & Sons Ltd., Altona, Manitoba.
 VOXAIR OFFICE — inquiries — Local 446.

ADVERTISING RATES: 15c per agate line; \$2.10 per column inch.
 VOXAIR is distributed to every Canadian Forces Mess, Lounge Reading Room and Library in the world. Subscriptions are priced at 1 year (24 issues) \$1.25; 3 years (72 issues) \$3.50. Postpaid anywhere.

Chairman of the Editorial Committee
 Editor-in-Chief—MAJ. C. W. KAIP
 Managing Editor—CAPT. J. L. KUBAS
 Executive Assistant and Business Manager—CPL. K. R. BOETTGER
 Sports Editor—CAPT. J. C. LYNCH
 Advertising Manager—CAPT. R. JACKSON
 Asst. Adv. Mgr.—MWO D. CHAPMAN
 Distribution Manager—LT. J. WEATHERBEE
 Asst. Dist. Mgr.—CPL. J. CURRY
 Westwin Distribution—CPL. A. BENNET
 F.O.B. Distribution—CPL. R. WATTIE
 Rédacteur Français—CAPT. R. ROBERT
 Women's Page Editor—PAT GRAHAM
 Community Editor—CPL. R. P. PHILLIPS
 Associate Editors—CPL. K. R. BOETTGER LOC. 446; LT. L. O. SPENCER LOCAL 257
 CAPT. J. M. MORTIMER LOC. 298; BARB VEDAN LOCAL 485; MWO R. JANZEN
 Cartoonists—MAJ. G. H. SHOREY LOCAL 309
 Photographers—CPL. J. HOOVER; CPL. L. PATEY, 489-4363; CPL. J. CURRY, LOCAL 309
 CAPT. D. GRAHAM LOCAL 532
 Le rédacteur sera heureux de recevoir des articles en français pour publication.



"Now I remember . . . Gimli 1961, you gave me my first familiarization trip in the T-33!"

A question of cost

Pity the poor Toronto "postie" for the corner he now finds himself in. Of course he voted against the return to work terms his union negotiated, on the valid grounds that the wage increase was inadequate to meet the rapidly rising living costs in Toronto.

But what could the union do? It is a national union and had to find a basis acceptable for settlement on a nation wide basis. It could not justify a country wide settlement based on living costs in Toronto. Nor, I think, could it have sold to the membership a contract based on a pay differential for Toronto and other high cost areas, which would have been just. Thus we see 96% from the Maritimes in favour of the settlement, and Toronto heavily opposed.

The real question raised here concerns the relationship between an individual, his employer and his union. Can he expect just treatment when a large union bargains with a large employer on a nation wide basis? Can the needs of all employees be catered to?

In this case, for many, the answer must be a definite NO! No, because the union seems unwilling to admit that a wage scale which makes allowance for high cost areas is right and proper, or else is unable to do anything about it. No again, because the government has apparently acquiesced.

Why should this concern us? We too are paid a standard amount, regardless of where in Canada we live. We have the same employer who

makes no provision for variance in living costs. Rentals for PMQ's and other government administered quarters have been freed from a fixed cost to find their own price level with respect to local housing.

This is a tacit admission that living costs do vary. Yet there is no indication that the government is prepared to admit that Winnipeg, for example, is a more expensive place to live than say, Chilliwack — and make some salary adjustment based on this fact.

Could you afford a posting to Toronto?

CWK

Le droit de faire la greve...?

Pour nous dans le service, la question ne devrait jamais se poser, et si elle se pose, la réponse est non! En premier lieu, nous rendons un service essentiel au public canadien (es-pérons que le public est encore de cet avis). Et puis, il y a nos sentiments de professionnels, nos traditions, notre loyauté et notre patriotisme qui nous font répudier une grève. Et ensuite, qu'est-ce que faire la grève dites-vous? Eh bien, faire la grève, c'est exprimer son mécontentement envers les conditions de travail et la rémunération de ce travail, et ça, d'une manière suprême.

Est-on mécontent? En général on ne l'est pas, mais on se gratte souvent la tête en signe de doute. De sa nature, chaque être humain juge son bien-être d'une façon relative. La position absolue de chacun a une tendance à perdre de l'importance quand on la compare avec celle de ses concitoyens.

Par exemple, le 1er octobre courant, certains membres de la poste, avec 3 ans d'ancienneté, gagneront \$562.00 par mois. En ce moment (avant l'augmentation cyclique), un sergent, dans le "pay field" 6, avec probablement une douzaine d'années dans le service, et plusieurs cours de qualification, ne gagne que \$559.00 par mois. Et, on peut aussi mentionner un Lieutenant avec possiblement 15 années d'éducation civile, et quelques cours militaires, qui gagne \$563 par mois.

En nos jours on se sert de qualification et d'analyse d'emploi pour déterminer les salaires, on se sent mal à l'aise en comparant ces figures. La situation demande un remède puissant.

Sans grève et sans pouvoir quelconque (autre que de travailler pour les postes) on met donc notre confiance entre les mains de nos représentants à Ottawa. C'est à eux que revient la tâche de trouver le remède en quantité suffisante, et non de revenir avec des miettes après que tous se soient rassasiés.

R.R.

Why not write to your M.P.?

A peculiar phenomenon afflicting base Winnipeg is that of unrealized expectations. Each August the platitudes and clichés concerning the great community activities planned for the coming winter spill forth; the following April we have an uneasy feeling that these unfulfilled promises were but empty words.

Why do community activities invariably seem to fizzle during the long winter and languish during the summer? Why has community council been so ineffectual in dealing with real and urgent community problems?

The fault lies not with the mayor and council members, for they have performed admirably despite many

obstacles. The problem rests in the composition of the council.

In the military forces a man is appointed to do a job and chances are he will do it well. But being a council member is not a military job; and enthusiasm and dedication cannot be legislated.

Until both sites are divided into wards, with interested volunteers standing for election to community council, the malaise will exist. Until community members feel they are represented by someone they know is interested in their welfare and recreation, community involvement will suffer.

Elected representatives form the basis of any democratic organization.

A newspaper's responsibility is to print the news and raise hell

A distinguished journalist, E. T. Rattray, maintains that "a newspaper's job is to print the news and raise hell." This catchy phrase is endorsed by the "muck-rakers" and deplored by the establishment. But does it apply to the Voxair and other service papers?

A service paper is unique. It is born of the necessity to communicate, but what it communicates is somewhat circumscribed. A base paper, to survive with the blessings and good will of the authorities, should resemble a company house journal.

However, most of these "company" magazines and newspapers are produced by full-time professionals, whose slick layouts help make the publication interesting. Part-time amateurs attempting the same task often meet with notably dull and drab results. Their publications are considered uninteresting and uninformative

at best; often they are not considered at all.

readers also count

But a publication must live from a reader's point of view — for isn't this the basis for publishing and communicating in the first place? To survive in this context, a base paper must be interesting and informative; there must be some meat and potatoes on the table as well as dessert. Richard Needhan aptly put it — "A newspaper that confined itself to reporting the virtuous deeds of virtuous men and women would not long survive." And this admonition is particularly important for the service paper.

... to print the news and raise hell" belief does not give the editors of a paper licence to dig out dirt and display it in banner headline form. For the Voxair it has meant keeping the reader directly and informatively involved with his own immediate

world by reporting on and criticizing the events which concern him as a Canadian serviceman at base Winnipeg.

To perform this task with integrity and conscience the Voxair must tread the narrow path separating irresponsible criticism and irresponsible boosterism. But many pitfalls await the walker.

On one side, the paper will be devoured by those who spring to the defence of the Forces in the face of any criticism, no matter how justified, and who tend to judge news by its imagined good or bad influence on the group. Excessive boosterism, which is frequently accompanied by a complete loss of perspective, will increase to tidal proportions "that surging wave of apathy" among the readers on the other side.

you are the judge and jury

The tightrope is shaky and often

obscured by fog. How well we've negotiated it depends on your point of view. We have tried to be informative and interesting. Voxair boasts of the most comprehensive and topical military news of any paper in the Forces. We have encouraged genuine pride and esprit de corps by featuring units and sections performing their tasks in a manner that is interesting and informative. Our editorials have been sincere expressions of beliefs; laudatory or critical, they have pointed out areas of concern and interest. And throughout all these weighty meditations, we've strived to maintain a sense of humor, perhaps the hardest job of all.

The Voxair has made every effort to be a responsible newspaper and takes its responsibilities to communicate seriously. Part of this obligation requires some "boat-rocking" and hell-raising. I.k.

Winnipeg

... with this cross country

... there was of "K.P." duty. ... the three to make some



pretty bakers, photo by Hoover

pick up

... two-years work, ... by Canadian, ... S. defence scien- ... osion crater and ... are now being ... Neptune crew is ... somewhat shook up, ... orse for wear.

notes

... some of the men ... under him in a ... ng during the War.

... Union is testing ... spy satellite as ... hanged emphasis ... space program. ... ve in the sky can ... ace half again as ... r versions ...

... announced new mili- ... along the Czech ... rder, the fourth ... viet-block troop ... nce Moscow be- ... of nerves against ... ague government. ... Johnson is placing ... on Page 3)

PRODUCE ED

... SALE ... GETABLES

... FB MESSES

... St.

... ANITOBA

... 3-8446

casualcausticcommentscommendationsfact COMMENT condemnationsconstructivecriticismopinionsviews

Letters to the Editor

Voxair, navigators and maps don't mix?

Being one who considers Win- nipeg his home, I was very in- terested in Ruth Ashmore's "Comment" on page 5 of the last edition. Her point was well taken, and her idea of suggest- ing sight-seeing routes sounded like an excellent way to silence the disbelievers. To see what her first route was I leafed over to page 9 as instructed, but there was nothing by Ashmore there. Flipping more pages I finally found the column on page 10. (I hoped Ruth's directions were better than the editor's).

here we go

After perusing the map and reading the directions, I sug- gested to the wife that maybe we should see what we'd missed. Sunday provided an excellent day for a ride so the family and I set out for a picnic. The drive down St. Mary's Road was indeed pleasant. The lightly undulating fields of grain and garden crops were a rich green from the recent rains, and the farm dwellings were generally neat and well kept.

Passing through St. Adolphe we couldn't help but notice that it too had a ferry and a park, but we couldn't stop now for St. Agathe was just ahead. After a short drive, it began to dawn on me that something was wrong. St. Agathe isn't on the east side of the River. Sure enough, on arrival an arrow directed us across a modern bridge to the little vil- lage of Ste. Agathe. After a complete search of the local area — no park!

Not to be so easily dis- couraged, I tried my best col- lege French on a passing youth who stared in wide-eyed amazement and walked on. Taking another look at the map and recalling the trip down, we surmised that maybe an error had been committed, maybe she meant St. Adolphe. Herding the hungry kinder back into the car, we did a quick one-eighty and started back up the high- way. With only three hours be- fore a dinner engagement, I had to find it soon! Finally, there it was! A narrow little roadway led between two small houses and out to the park. It looked rather inviting from the outside, but the \$1.25 entrance fee and only two hours left made me decide to pass it up until a future date. However, we had to take that ferry ride and see those ducks. Weaving our way back through the gardens and on to the highway, it was just a short drive to the ferry.

a few questions

My first impression was that the price was right at 15 cents, but a two-minute ride across the Red River could hardly be termed "exciting." Besides, there were no ducks. From here on, I could have used a very-experienced naviga- tor. I think Ruth's comment "try not to get lost" was a rather large understatement. The River Road isn't quite as regular as the map indicates, and where does one go after the River Road joins Pembina Highway? Where is the Municip- al Hospital downtown? In Riv- erview?

I think we saw most of the things Ruth indicated, but I'm a native! The idea Ruth has is commendable, but possibly a lit- tle more accuracy in map mak- ing and more description of facilities enroute would help. After that last trip, I can't wait for the next escapade!

Capt. E. I. Patrick

Any readers you have in St. Adolphe, Man., must be highly indignant at this point. You have removed them from the face of the earth and replaced them with Ste. Agathe which is miles up the river, on the opposite shore, and close to a bridge instead of a ferry. Pray what has replaced Ste. Agathe?

A. Traveller

Voxair pooches again. We've sent our map maker on a four- teen month course to study the features of the local terrain. Thanks for your comments. (Ed.)

Thanks Corporal!

My wife and I enjoy your paper very much. It is always a pleasure to read Voxair. Furthermore, I would like to say that we take pleasure in reading Russ Phillip's humor- istic notes. Also, I read with great interest Capt. Pilote's article "De tout ou de rien . . . Option Quebec". Very though provoking!

Voxair is an excellent Armed Forces paper, with the added feature of containing bilingual articles. Thank you very much for the excellent read- ing material.

Cpl. Guy Gagnon

Thank you. It is your paper too. (Ed.)

A two-time loser

I was shocked and ashamed to find that I have criminal tendencies. During my three years at CFB Winnipeg I have been awarded two citations from our ever alert military Police and Security Force for various hein- ous offences that, while they wouldn't make Bonnie or Clyde roll over in their graves, they would make my dear old mother blanch with horror.

The latest crime occurred during my BDO tour when it was noticed that I had not one but TWO expired station decals on the windshield of my whisky-runner. I had left them on the window as proof for all to see and admire that I had successfully survived three Winnipeg winters. Ig- norance of the law, however, is no excuse and I must pay the penalty.

The first offense was even more serious. The place: CFB Winnipeg, the date: early De- cember 1967, the time: Sun- day evening, 2030 hours, the weather: colder than an Eski- mo's instep. I'd just landed from a cross-country detail and had parked my bullet proof limousine in the Air Navigation School lot in a fashion unbecoming an of- ficer. It was left near the west entrance to the building, parallel to, instead of at right angles to the school, with the motor running and the park- ing lights on.

What could be more suspi- cious? Car running, only one in the lot, parking lights on — obviously ready for a quick get away. As I was sneaking out to my vehicle, what to my wondering eyes should appear but the law, melting snow (the better to freeze a ticket to my wind- shield). As I hid in the shad- dows he marched gaily off mumbling something about "quota" and "coffee".

What a warm feeling it must give the law abiding citizens of our base to realize that such a keen and effect- ive group of young men are defending their kith and kin from the criminal element. I'm giving serious consideration to going straight — for who knows, this year a traffic violation, next year Stony Mountain.

Capt. K. D. Munro

There must have been a slip- up if the service lets someone with your obvious criminal ten- dencies instruct our officer ca- dets. (Ed.)

Et, il y a aussi la Marme!

Table with 2 columns: English terms (destroyer, aircraft carrier, submarine, deck, bow, stern, set heading, helmsman, rudder, watch, cat-walk, sailor) and French equivalents (contre-torpilleur, porte-avions, sous-marin, pont, avant, poupe, mettre le cap sur, homme de barre, gouvernail, quart, passerelle, marin).

In Answer to Your

En parlant d'avion

Table with 2 columns: English terms (poste de pilotage, ailes, piste d'envol, hélice, membre d'équipage, aérobis) and French equivalents (Charlie's getting too old to fly, post him to a desk job, what TGIF is all about, to heck with the envelopes, better change our altitude, that new secretary is really built, but her figure is false).

Who said you have to study to learn French . . . just sound out the words to get the proper meaning!

G.H.S.

Someone reads Sports Editorials!

Who needs a hockey rink?

In Sports Fanfare the author apparently cannot see the wood for the trees. Obviously a hock- ey player, he wants an indoor rink but gives no reason to substantiate building one. If the facts are looked at there may well be no need for a rink at all.

It is a well known fact that the recreational facilities pres- ently available at CFB Win- nipeg are not fully utilized — so the need for many more should be questioned.

The bowling alleys and the curling rink — which I believe have not had any improvements made to them since they were built are the ones that are fully utilized and should therefore be as modern as possible.

With the number of golf courses available in the im- mediate area and the St. James Civic-Centre practically on the base, there should be no prob- lem obtaining the necessary ice time or the golf facilities required.

The author points out that Borden has two indoor hockey rinks but neglects to state why. This base has no other similar facilities in the immedi- ate area and consequently must supply them for the base.

It seems logical to me that the two facilities being im- proved are those that are fully utilized and that any ice time needed could be obtained at the St. James Civic-Centre.

Capt. D. E. Macleod

Is this a rebuttal or a frantic plea to justify a \$55,000 ex- penditure for improvements at the Westwin Curling Club? (Ed.)

(Ed.)

Sports Fanfare — Idle Chatter

In his latest sojourn as a sports writer, our influential, controversial, ignorant (by his own admission on recrea- tional financing) scribe indulges in some idle chatter regarding recre- ational facilities pro- jects, expenditures, pro- gramming, plus a few other tidbits. We can assume that his Sports Fanfare was must idle chattering, because so much of it bears very little semblance to fact and often borders on the ridiculous. However idle chatter such as it may be, has a tendency to be accepted as fact when presented by such a knowledgeable influential sport writer.

It might also be as- sumed that a rebuttal at this time in regards should be forthcoming to this idle chatter on the various projects by the mentioned honorable men. However realizing the influence our Sports Fanfare writer possesses it might be suggested that he acquaint himself with facts, not idle thought, of the projects he came to bury, and present a valid report to Voxair readers.

Capt. Ed. Wiebe B Rec O.

My ignorance is pretty well documented by now. It is heartening to see in the same paragraph that I am also both knowledgeable and influential. (Ed.)

UNISKINS by mac



Cpl. L. G. McCaffrey, Totem Times

casualcausticcommentscommendationsfact COMMENT condemnationsconstructivecriticismopinionsviews

mutterings from the Bat-Cave . . .

Not Lost Sir! — Just Temporarily Confused

Thank-you for the publicity on our new Sqn. identification in the last issue of Voxair. We realized of course that it was only a matter of time before someone made cross reference between the bat on our crest and the so called dynamic duo of TV and comic book fame. We should have known Voxair would want to be first.



Capt. McLeod and Lambette The Real Dynamic Duo

Just a few corrections to keep the record straight. Our motto, "Ka Ganawaitak Saguenay" means defense along the Saguenay. As soon as we locate it you can be certain we'll defend it. Next, the picture on page three which you said was a 440 Batcopter is either the tummy-side view of a CH 113 or that of an exotic snake charmer appearing in a local tavern. We have the good old H-21B. Finally, Major M. F. Tanglefoot is as you put it, the "Chief Bat Tamer". The undersigned looks after cave drawings (check the Bat-room walls).

Your "zap-oof-pow" editorial regarding the 440 Squadron dynamic duo reflects gross misinformation. This source wishes to assure you that the real Dynamic Duo carries the "communications" responsibility of 440 Squadron.

If you ever doubt our sincerity, just take a trip over to No. 3 hangar during an alert. As our Dakotas take off on a search or V.I.P. mission, (note the newly scalloped ailerons and rudder) you'll see that the 440 Sqn. crews in their new leotards are strictly business all the way and haven't time for these frivolities!

I'm referring to the two men entrusted with flying Winnipeg's Very Important People about the country, namely Captains Dave (the Scottish Chinaman) Lambette and J. H. (Shorty) McLeod. The Duo, having a total of over 17,000 hours experience, are able men in their job of transporting the good guys to and away from the forces of evil.

as always, in guano C.H.S.

une probléme

440 Squadron (nee 111 Rescue Unit) now has "Sauvetage" en francais on one side and "Rescue" in English on the other.

The Bat Squadron is revealing true identity of the Dynamic Duo only in order to allay any fears of future passengers that Dakota 913 have been hijacked by Mutt and Jeff.

Capt. Scotty Gibson 440 Squadron

Sgt. R. Boast

How is the pilot of the search airplane now to determine whether his rescue speaks French or English?

Forgive us our Trespassers . . .

The Lord's prayer probably gets more use after vacations than at any other time of the year. That's if you live in PMQs and you tend to misquote the Lord's prayer.

How did your gardens make out during the vacations? Did your trees, shrubs, flowers and vegetables all survive your vacation? Or did the "youth of our nation" carry on with their usual blatant disregard of property rights.

Young people must have an instinctive feeling for what is right and wrong, so why do they insist upon chopping down flowers, cutting across lawns, breaking trees and generally behaving badly on the land around PMQs?

I'm sure one of the reasons why a lot of PMQs, and especially the bulk leased housing, have the appearance of a disaster area instead of a park-land, is because of the apathetic approach of the adults in the way they treat the property, and in the way they don't bring up their children.

A question to you young monsters who desicrate the land you live on — and try to answer while parading with your placards blaming the wrongs of the world upon your elders "Are you changing the land to the form you wish it to be": If you are then it is about time we stopped forgiving us our trespassers. J. M. M.

The untimely departure of the Navigation Cadet from the CFB Winnipeg scene during the summer of '69 will be a heart rending experience for the fatherly and benevolent staff of the Air Navigation School. An exciting era draws to a close and a curtain of gloom falls on our little prairie town. We'll have to start watching Romper Room on the cretinizer to get our jollies. Can we rely on the old sweet Radio Officers and Airborne Interception Navigators, we'll be cross training to provide us with the warm moments and the headaches that any enterprising Cadet Course can supply without even trying? I think not.

miss his ramp time, as he chases his maps and charts down the middle of the active runway?

Who'll step on his Instructor's flight lunch during his first check ride?

Who'll spend an active and rewarding Saturday night rushing between the local chicken ranch and the Navigation School with garbage cans full of high grade fertilizer, that he gingerly deposits on the floor of his Course Director's office?

Who'll spend many warm summer evenings removing ample portions of his breakfast from the navigation table, the floor, and assorted parts of the poor old Gooney Bird?

Who'll get up to his kilt in hock with Hank, Frank and Charlie, the friendly sharks, and then insist that if his Course Director was any sort of a gentleman and if he really loved him, he'd do something about it.

Who'll we catch ambling around the Base with his hands in the pockets of his pants and his tunic undone (with the lucid explanation that his hands get cold but his tummy gets hot)?

What will we do without our summertime Military College students who'll continue to regale us with tales of heroism, and of their vast knowledge of things military, their innate intelligence, and their overpowering charm with the fair sex? (By grauation day they've generally succeeded in destroying the illusion they strive so hard to build.)

Who'll volunteer to become a civilian after four hours of classes because the dirty old man in the Recruiting Centre assured him has was a shoo-in to become a pilot and besides what he really joined for was to get rail fare from Victoria to Winnipeg?

Who else but our beloved cadet students! As we bid Bon Voyage to the last of them it will be with a lump in our throats, tears in our eyes and a thought that life will never be the same again.

Who'll drop his Nav Bag on the way to the aircraft and cause two Air Canada jets to overshoot and the Prime Minister's aircraft to

Who else but our beloved cadet students! As we bid Bon Voyage to the last of them it will be with a lump in our throats, tears in our eyes and a thought that life will never be the same again.

An ANS father-figure

Confligere — Watch Your Wife

by Bob Purvis

As a typical mother, she peruses the colourful handbill just received and mentally tabulates the savings listed. Although 75% of the items advertised will be of no immediate use to her family — "a sale's a sale".

No! Our heroine remains determined to take advantage of this sale and proceeds to fill her shopping cart with the essential goodies. Several items she cannot readily locate, so she seeks the assistance of one of the store attendants. She no sooner steps out of sight than she hears the shatter of broken glass. She freezes. She's almost certain she knows what has happened. Little Dennis has knocked from a shelf one bottle of the all new peanut butter and strawberry jam experiment. Ugh! What a mess! Although somewhat annoyed, she maintains her equilibrium, emitting a flawless barrage of admonition to Dennis and devoutly apologizes to the understanding attendant as he meticulously removes the remnants.

it's rightful owner. Once again, after regaining her lady-like composure, she proceeds to the cashier and has her purchases tallied up. During this process she notices several items that only Dennis could have added, however, rather than face embarrassment, she says nothing.

At last

With little Dennis (the five year old menace) as co-pilot, she embuses and discovers that she has no tickets, and nothing smaller than a twenty dollar bill. During this ticket-change transaction, little Dennis breaks loose on a reign of terror on the bus. There is a short period of pandemonium, but soon all is quiet on the home front (mother has a hammerlock on Dennis).

She opens her purse to obtain the necessary funds but cannot find her wallet. The contents are dumped on the cashier's counter, (all fifty bits and pieces). With the urge to (censored) she looks Dennis straight in the eye giving him the double-whammy of guilt. Meanwhile, the line of restless customers waiting to be checked out continues to grow.

The end

Mother realizes it is a calculated risk to open her purse (hold-all) in public (not because of the monetary or priceless possession content, but because it is jam-packed like Fibber McGee's closet); nevertheless, perhaps, just perhaps, the essential shopping list is among the rubble — sans pear et reproche. One by one she removes the articles and places them in a shopping cart, hmmm . . . wallet, one pocket novel, and forty-eight other articles ranging from a hair net to tooth picks, but as you may have guessed, no shopping list.

One hundred and thirty-seven items later we find our heroine free-wheeling up to a cashier. But what now? Instant panic! A repeat performance! She cannot find her purse, No! It is not in the bottom of the shopping cart under all the goodies!

About twenty minutes of searching time passes by when mother suddenly recalls that she had placed her purse on the shelf nearby where the broken bottle incident took place. Fortunately the purse is still there and reclaimed by

Suddenly, recollection, mother put the wallet in her pocket upon completion of the initial search for her shopping list. What else can happen? Insufficient funds, the necessity of making out a cheque to cover the remainder of the bill, and a longer, more aggravated, line of waiting customers.

To round out the day, a taxi is required to transport all those tremendous savings home. At home, mother totals her savings and then deducts the cost of the taxi, bus fare, wear and tear, and decides that it would have been cheaper to stay home.

Press on

Dejected? Yes! Undaunted?

Bidinosti & Corona CUSTOM TAILORS SPECIALISTS IN R.C.A.F. OFFICERS' UNIFORMS AND ACCESSORIES 320 Smith St. Whitehall 2-4685

New Flight Signature for Canada's Central Regional Airline transair Winnipeg International Airport

views •

fused

his maps and active runway?

and rewarding green the local ion School with e fertilizer, that or of his Course

local tent maker and order a com- with Major's rank due to graduate sows how rapidly Junior ranks)? It in hock with friendly sharks, rse Director was f he really loved it.

our summertime o'll continue to m, and of their ary, their innate ering charm with day they've gen- the illusion they

adet students! As of them it will ats, tears in our e will never be

ANS father-figure

wner. Once again, ng her lady-like e proceeds to the. as her purchases uring this process several items that could have added, er than face em- she says nothing. her purse to ob- cessary funds but her wallet. The dumped on the nter, (all fifty bits With the urge to he looks Dennis he eye giving him vhammy of guilt. the line of restless waiting to be continues to grow.

he end recollection, mother let in her pocket etion of the initial her shopping list. an happen? Insuf- s, the necessity of a cheque to cover er of the bill, and ore aggravated, line ustomers.

out the day, a taxi to transport all ndous savings home. mother totals her then deducts the taxi, bus fare, wear and decides that it e been cheaper to

gional Airline

r



CATLIN'S CHOICE

Six In Search Of Five

- A successful man is one who can earn more money than his wife can spend. A successful woman is one who catches such a man.
- A woman prefers a man with a will of his own — provided it is made out in her favor.
- Tact is the art of letting someone else have your way.
- Almost everyone wants to live long, but no one wants to be old.
- Chivalry is the urge a man has to protect a woman from every man but himself.
- The road to hell is paved with good sensations.
- Life gives you what you want if you want it long enough, but not at the time you want it most.
- An inferiority complex would be a blessing, if only the right people had it.
- Absence makes the heart go wander.
- What can you expect of a day that begins with getting up in the morning.
- Don't question your wife's judgement — look whom she married.
- A clever woman knows how to give a man her own way.
- Next to the wound, what a woman makes best is the bandage.
- You can't clap hands with one palm.
- Reaching for high ideals keeps you on your toes.
- Anger is only one letter short of danger.
- Always dress to please the man — even if you haven't met him yet.
- Children may wreck a house, but they make a home.
- The husband who boasts that he never made a mistake has a wife who did.
- After a man says "I do", he discovers a long list of things he'd better not do.
- The smile that lights the face will also warm the heart.
- Tolerance is the oil which takes the friction out of life.
- The bigger the summer vacation, the harder the fall.



Catlin is Kathleen Kubas

Our Girl Catlin bids adieu

- "It's been grand!"
- I'll miss Winnipeg; the shopping at the Bay, the good Polish food, the wonderful zoo, the friendly people and the best 15-cent bus ride in Canada.
- Catlin's Choice has been my first venture in journalism, taken up in self-defence to spend some time with lightnin' len as he nursed the paper to bed each night.
- And now it's back to Ontario to resume teaching with my first kindergarten class.
- My favorite quote is — "the trouble with youth today is they are handed cut flowers instead of being shown how to grow their own."
- It's been grand. Au revoir.

—C.

Back-to-School Bets

by Rita

FAVORITES:

The Leather Looks, Fabulous Across the Board! Zipperjumpers! Vervy Vests! Gladplaid kilts! Bodyshirts! Nehru suits, Ascots, Fisherman knits!

LONGSHOTS:

Midi greatcoats with Napoleonic collars! Knickers! Maxi-plaid maxiskirts! Afghan coats!

WINNERS:

Broguish boots! Waggish-tongued, linky-clinky little shoes! Safari handbags! Bonnie Berets! Washable bonded knits and pow turtle-necks!

SCRATCHES:

Anything that is not your thing!

The fake leathers are groovy! The real leathers are groovier, but to buy them, like Mldas, man, Daddy needs a mint!

Most Winnipeg stores have both, but cater to the school set with leather-like vinyls and Vistram, a pliable, porous fabric that breathes, like leather, ergo, does not crack or stiffen in cold weather. Cleans with a damp cloth.

Zipperjumpers take the lead, followed closely by patch-pocketed vests teamed with back-zipped skirts or slims. Loop chains, gilded nailheads and other hardware often adorn the vests. Lace-ruffled blouses soften the ensembles. There are jackets and coats too. One department store boutique sells a true leather minicoat for \$110. The fashion coordinator of another store told me she had bought pretend leathers for preschoolers to ladies' half-sizes.

Plaids are very "in"; Kilts score first. For nursery school toddlers to college gals, they're belted, pinned or braided. Tartan plaid walkerjumpers (pleats on either side for walking ease) have real class worn with Nehru or Zhivago shirts. So do Tyrolean suspender skirts!

Bodyshirts are many-varied, many-coloured things. Fashioned to wed body shapes, they fit neatly 'neath jumpers,

skirts and hipsters. Originals had boy collars, three or four patch pockets. Styles now vary.

Bogart pants, (tapered and cuffed bell bottoms) and Elephant pants (like but wider than, bell bottoms) are still fashionable in Winnipeg. They're best-sellers in one Girls' Wear (7-14X) shop of a department store here. They're usually worn with Meditation (or Guru) shirts.

Country tweeds, Herringbones and salt-and-pepper Donegals have a Dirk Bogarde-in-the-movies appeal for young men . . . a look that makes young girls' hearts practically fibrillate!

Nehru suits are ultra-smart young men fashions in dark Donegals brightened with pastel turtle shirts and printed ascots. One Polo Park Haberdashery prophesies that pink will be an "in" shirt colour.

Boots are verry interesting! Dapper orange, pink and turquoise suedes are featured in one boutique "vitrine" I saw, and I am told they can be worn indoors or out. There are other boot stories: Skintight, long and shiny; pretend perforations, straps and buckles. Name it . . .

Fisherman knits are all the rage. A loose cable stitch, borrowed from real fisherman sweaters, it is carried out in natural cream-coloured wool pullovers, cardigans, maxisweaters and dresses, even.

Shoes are broad-toed and well-heeled. Many have curvy tongues and clinky hold-together hardware such as chains, rings, buckles. Some are studded and perforated.

Machine-washable bonded fabrics! That's news for Moms of the elementary grades. Permanent press fabrics and corduroys remain favorites. Washable wools (some Perma presses) are also in very strong.

Whatever your choices, "Know Thyself" . . . an old saying, I just made up.

JOHNSON AND HUTCHINSON LTD.

Jewellers

INVITES YOU TO OUR NEW LOCATION

253 Portage Ave. —
Corner of Garry and Portage Avenue

BUSINESS IN WINNIPEG FOR 40 YEARS

Inquire at Central Warehouse for Special Discounts

Phone 942-5236

Country Kitchen

(Air Conditioned)

Home of the Beefy Burger

2705 Portage Ave. at Ronald

Open 8 a.m. to 2 a.m.
Monday - Thursday
8 a.m. - 3 a.m.
Friday and Saturday
10 a.m. - 2 a.m. — Sunday

NOTICE

For all your Beauty Counsellor products, call your Representative, Mrs. Annette Heard, 113H Sabre Crescent, telephone 837-7910.

Here is the truth — a picture's worth a thousand words

My husband (lightnin'len) - the gardener?

by his fair frau

Usually I am a lady of considerable discretion, not given to criticizing the "chief". But when he boonswoggles half of Winnipeg with his outrageous tales of gardening expertise, and in the process, creates the impression that he is the "James Bond" of the garden world — then it is time to act.

His jungle of potatoes seemed to be flourishing. Clearly here was something we could use to prove our case, beyond any reasonable doubt, that "muddy-thumb" was faking. Christopher and I snuck (*sneaked — Ed.*) into the densest part of the patch and uprooted one of his gigantic "beauties". Realizing that there was little damage that even the "Jonah of the Garden" could do to hardy potatoes, we honestly expected to see a few plum-sized "gems" lying about.

But we searched in vain — for all we turned up was three or four marble-sized incipient potatoes. Being good sports, we decided that perhaps we didn't allow enough time for the potatoes to fully mature, and we wouldn't say a word at that time.



It was a momentous occasion several weeks later when he looked at his watch and authoritatively announced that at "2247 Zee" (*Greenwich Mean Time — Ed.*) the potatoes would be ready. We stood by breathlessly as he dug up his "bounteous beauties". Five scraggly marble-sized specimens emerged from his first plant. Undaunted, he proceeded to the next. It yielded six similar mishaps. After uncovering a row with no apparent success, he paled slightly and announced that "perhaps we'd better wait until next week".

At this rate, it will be November 1970 before they'll be the size of ping pong balls, so I thought I'd expose the fraud with an exclusive photo of his largest potatoes along with the two gnarled carrots that survived. The paring knife is real. Think snow!

This has been... Although slight reverses produce a bouquet that should last months to come...



"...Kerwin"

As a follow-up concerning investment it was approved while deriving from it at the I suggest the join or help club. By such preferably nu the start, who vest the mem a profit. Befo achieved, sele industry whic forward to co offers above on your capi capital gain through divid The first st is to agree on regarding the majority of th mixture of q gher with seem the ide stocks should term type in to your port side, barring should stay a performance short to me the members these stocks at each meet Meetings monthly ba situation and investing ne money can be a set monthly ber or thro number of sh ber periodic month appe tainty and equally inte formance a can be elect

Holiday Car Club

- Chevrolet Chevelle
- Camaro
- Corvair
- Chev. II
- Corvette

- Oldsmobile Cutlass
- Epics

Chevrolet Trucks

- ★ Car club prices
- ★ Local or factory delivery
- ★ Broad selection for immediate delivery
- ★ Trades taken at current market value
- ★ Low-rate GMAC financing
- ★ With extended warranties — Local service extremely important to protect your investment
- ★ Authorized GM franchised dealership



**HOLIDAY CHEVROLET
OLDSMOBILE**
3081 PORTAGE 837-8371



Canadians make presentation in Cyprus.

RSM Fred Dodd, of Winnipeg and Edmonton, presents color photographs of western Canadian scenes to Miss Hilda Button of the Red Cross Children's hospital in Kyrenia. The children seem more interested in climbing on and inspecting the Ferret Scout Car. (CFP)

CHAPEL SERVICES

Our Lady of the Airways

Chaplain
Col., Father R. Poirier—TCHQ.
Maj., Father John MacGillivray—Local 272.
Capt., Father Melvin Arsenault—Local 272.

Secretary
Mrs. Marie Mireault—Local 272.

MASSES
Sundays: 0830 1100 2000
Weekdays: 0715
Saturday: 1100
Baptisms: Prior arrangements with Chaplain at Local 272.

PENANCE
Before all Masses. Saturday — 1900
Catechism Classes: Sunday — 0930

St. George's Chapel

FORT OSBORNE BARRACKS

Chaplain

Maj. John MacGregor

Sunday Masses: 0900 1100
Weekday Mass: 0800
Confessions: Saturday—1900-2000
Baptisms: Every Sunday by appointment with Chaplain
Catechism Classes: Sunday—1400
Grades I and II in Chapel
Grades III-VIII in Lipsett Hall Lounge

AUGUST SCHEDULE FOR PROTESTANT CHAPELS

Protestant Chapel (NORTH SITE)

Chaplain
Cdr., The Rev. T. L. Jackson—Local 380
Maj., The Rev. O. Hopkins—284-0517.
Maj., The Rev. J. K. Goldie—837-5931.
Capt., The Rev. H. Bill

Secretary
Mrs. Marie Mireault—Local 417.

SERVICES — JULY-AUGUST
0930—Divine Worship (Family Service)
1030—Holy Communion (1st Sunday, UCC)
1030—Holy Communion (2nd Sunday, ACC)
Baptisms: by appointment.

Westwin Chapel (NORTH SITE)

Family Service: Every Sunday 0930 (Nursery in Attendance)

St. Andrew's Chapel (F.O.B. SOUTH SITE)

KENASTON BLVD. AT GRANT AVE.
Chaplain
Capt. John Klingbeil—489-3993.
Every Wednesday Evening 7:30 p.m.
It is our hope that those leaving town for the weekends will take advantage of the Wednesday Evening Services (7:30 p.m.). Those here on Sundays please attend Westwin Chapel at 0930 hours. You are most welcome to come and bring your friends.
(Padre Klingbeil, Padre Bill, Padre Goldie)

NOTICE

Effective September 1st, Church service times for Protestant Chapels will be as follows:

North Site — 1100 hours every Sunday morning
St. Andrew's Chapel — 1100 hours every Sunday morning

Kerwin Photo Ltd.



- CAMERAS
- PROJECTORS
- MOVIES
- TAPE RECORDERS
- FILMS
- DEVELOPING

Inquire at central warehouse for special discounts.

320 Garry St.
Phone 947-1445



Reverend Joseph Cardy

Cardy Appointed Chaplain-General

Colonel the Reverend Canon Joseph Cardy will be promoted to Brigadier-General Oct. 15 and appointed Protestant Chaplain-General for the Canadian Forces, succeeding Brig-Gen. E. S. Light.

Col. Cardy joined the Chaplain corps of the Canadian army in 1942 and has served in Great Britain and Northwest Europe during the Second World War. He was awarded the Military Cross in June 1945 while with the Essex Scottish Regiment in France.

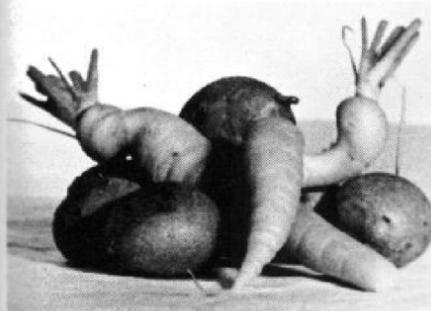
Col. Cardy has been Director of Chaplain Personnel (Protestant) since July, 1967.

mer?

occasion several
looked at his
vely announced
Greenwich Mean
atoes would be
reathlessly as he
s beauties". Five
specimens
plant. Undaunt-
e next. It yielded
ter uncovering a
success, he paled
ed that "perhaps
next week".
ll be November
the size of ping
ht I'd expose the
ive photo of his
g with the two
rived. The par-
k snow!

lightnin' len's green thumb

This has been a magnificent growing season. Although there were a few slight reverses in the field, I managed to produce a bountiful crop of vegetables that should provision our table for months to come.



I've also accumulated a splendid collection of superb radish and spinach seeds to use next year. I am planning to devote the winter preparing a handbook on gardening which will reveal a few of my more astonishing secrets.

Although a small photograph could hardly do justice to the magnificent specimens plucked from our garden, I feel it is an indication of true gardening prowess. You will notice that the carrots (of gargantuan size) are twisted somewhat near the top. This occurred when a large vice-wrench and lever were needed to twist them from the earth. One potato feeds our family for a week.

Happy harvesting lightnin' len.

"...Ken — what's an Investment Club?"

by Ken Arsenault

As a follow-up to the article concerning investment as a hobby, I felt it was appropriate to introduce one way of accomplishing such an aim while deriving some social benefits from it at the same time.

I suggest the beginner should either join or help to form an investment club. By such a club, I mean a group, preferably numbering at least six at the start, whose primary aim is to invest the members' money in return for a profit. Before such an aim can be achieved, select a firm within a choice industry which appears to be looking forward to continued growth and thus offers above average potential return on your capital, either in the form of capital gain or as a steady income through dividends.

The first step when forming a club is to agree on basic investment policies regarding the type of investments the majority of the members favor. A slight mixture of quality growth stocks together with some "businessman's risk," seem the ideal selection. The growth stocks should be of the medium to long term type in order to form a solid base to your portfolio. On the speculative side, barring penny stocks which a club should stay away from, the outlook for performance should be towards the short to medium term, thus allowing the members an opportunity to review these stocks as HOLD, SELL or BUY's at each meeting.

Meetings should be held on a monthly basis to analyse the club's situation and survey potential fields for investing new money coming in. Such money can be added in two ways; by a set monthly assessment of each member or through the purchase of any number of shares desired by each member periodically. A set amount each month appears more desirable for continuity and to keep every member equally interested in the club's performance and decisions. Executives can be elected on a rotation basis to

give everyone sound experience and the taste of power.

Above all, in forming a new club, sit down at first and write a constitution with solid policies.

Whether joining an already existing club or forming a new one, the aim is profit, and profit is derived from sound investment decisions whether emerging from a social gathering whilst drinking the neighbor's beer or from the loneliness of your hobby corner at home sipping your own wine.

Happy Returns!

Studio 22 prepares for new season

Studio 22, the Canadian Armed Forces Theatre Club, has acquired a new dimmer board. At a cost of \$1,800, the new Strand Sixpack board will provide backstage workers with a greater challenge in designing more professional lighting effects. If the Club can continue making a profit at last season's rate, the new board should be paid for in about two more years. The policy of Studio 22 is to be self supporting, and not to rely upon subsidization from the Station Fund.

A membership drive is planned for the Theatre Club, and a new and old members meeting will be held early in September, at which time the season's executive will be elected. A great deal of talent has been drained off by this summer's postings, so new arrivals at CFB Winnipeg interested and willing to commit some time to amateur theatre this winter will be welcomed with open arms, and perhaps even a kiss . . . depending, of course, on the sex of the new member. Nothing queer about Studio 22.

Please watch Voxair for further membership details. The name of our season's first production will be released shortly.

the new sound of music

Here is my Basic Repertoire

by Al Golding

The term "basic repertoire" was first used some years ago to describe those compositions that were, for a time, "musts" in the concert programs of symphony orchestras, the works that an audience could with confidence expect to be a part of any season's musical diet.

With the advent of high fidelity, stereo, and multi-track tape; plus the public's growing musical awareness — there is almost a continuous expansion in the selections added yearly to the "basic repertoire".

Most of the classical originals are still available from the Deutsche Gramophon Archive. However, newer variations continue to be produced by other recording companies. Some hi-fi stereo magazines annually list their own recommendations on which version they prefer and why. But each listener should choose his own selections. Here are a few to consider:

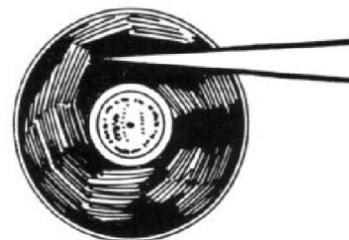
BACH — Chaconne in D Minor; Magnificat. BARTOK — Concerto for Orchestra. BEETHOVEN — Piano Concerto Nos. 3, 4 and 5 ("Emperor"); Piano Sonata No. 14 ("Moonlight"); Symphony Nos. 3 ("Eroica"), 5, 6 ("Pastoral"), 7 and 9; Trio in B-flat ("Archduke"); Violin Concerto. BERLIOZ — Symphony fantastique. BRAHMS — Piano Concerto Nos. 1 and 2; Double Concerto for Violin and Cello; Symphony Nos. 1, 2, 3 and 4; Violin Concerto.

CHOPIN — Waltzes. COPLAND — Rodeo and Billy the Kid. DEBUSSY — Iberia; La Mer. DVORAK — Cello Concerto; Symphony in G Minor, Op 88; Symphony in E Minor ("The New World"). ELGAR — "Enigma" Variations. FRANCK — Violin and Piano Sonata; Symphony in D Minor.

GERSHWIN — An American In Paris Piano Concerto in F. GRIEG — Piano Concerto in A Minor. HANDEL — Messiah; The Water Music. HAYDN — Symphony No. 94 in G ("Surprise"). MAHLER — Symphony Nos. 4 in G and 9 in D. MENDELSSOHN — Violin Concerto in E Minor; Symphony Nos. 3 in A Minor ("Scottish"), and 4 in A ("Italian"). MOUSSORGSKY — RAVEL — Pictures of An Exhibition.

MOZART — Clarinet Quintet in A; Symphony Nos. 39 in E-flat, 40 in G Minor; and 41 in C ("Jupiter"). PROKOFIEV — Symphony No. 5 in B-flat; Peter and the Wolf. RACHMANINOFF — Piano Concerto Nos. 2 in C Minor and 3 in D Minor. RAVEL — Daphnis and Chloe.

RIMSKY-KORSAKOV — Schehera-



zade. ROSSINI — Overtures. SAINT-SAENS — Symphony No. 3 in C Minor; Carnival of the Animals. SCHUBERT — Symphony Nos. 8 in B Minor ("Unfinished"), and 9 in C; Quintet in A for Piano and Strings ("Trout"); Quintet in C for Strings ("Spring"). SHOSTAKOVICH — Symphony No. 5. SIBELIUS — Symphony Nos. 1 in E Minor, 2 in D, and 5 in E-flat. STRAUSS — Don Juan; Till Eulenspiegel; Der Rosenkavalier; STRAVINSKY — Petrouchka; Le Sacre du printemps.

TCHAIKOVSKY — Piano Concerto No 1 in B-flat Minor; Serenade for String Orchestra; Symphony Nos. 4 in F Minor, 5 in E Minor, and 6 in B Minor; Violin Concerto in D. VIVALDI — The Four Seasons.

Kirkfield Hotel

3315 Portage Ave.

DAILY ENTERTAINMENT
GO-GO GIRLS
Noon - 4 p.m. — Evenings

WESTERN MUSIC
Saturday 2 p.m. - 5 p.m.

MEET YOUR FRIENDS IN
THE JACK ROOM

Landmark in Kirkfield Park

Get more power



DATSUN

Most powerful economy import in Canada, the new Datsun gives you a choice of 77 and 96 h.p. with top speeds over 100 m.p.h., big safety package and standard features life fully independent suspension, interior air-circulation system and 100,000 mile dependability. See the more-for-your-money car. Test-drive the new Datsun.

from
\$1975.00 **DATSUN**
GLADSTONE MOTORS
Portage & Goulding
772-7985

oto Ltd.



RS
ORDERS
NG
warehouse for
y St.
7-1445



Joseph Cardy

Appointed General

end Canon Joseph noted to Brigadier- appointed Protestant for the Canadian Brig-Gen. E. S.

ed the Chaplain an army in 1942 Great Britain and during the Second was awarded the June 1945 while otish Regiment in

been Director of (Protestant) since

OWN YOUR OWN ART GALLERY

A LUCRATIVE FRANCHISE IN THE SCHERTLE ART GALLERY CHAIN IS NOW OPEN IN YOUR AREA.

CASH REQUIRED — \$9,500
NO EXPERIENCE NECESSARY

You get a complete gallery

- ✓ prime researched location
- ✓ largest source of original art
- ✓ top advertising/promotion program

EXCEPTIONALLY HIGH EARNINGS

For more information, contact

SCHERTLE INTERNATIONAL LTD.

3 Place Ville Marie, Montreal (514) 861-2604

MOVING TO TRENTON?



write for free map and information on

- HOMES
- RENTALS
- MORTGAGES

G. E. Forchuk

G. E.

FORCHUK

TRENTON REALTOR 392-1201

54 Market Square

"EVERYTHING IN HOUSING"

Seat Belts are better than wheel chairs

Several years ago Capt. John Allison, USAF was involved in a serious accident. Since that time, safety people have come to know Capt. Allison as the USAF's most enthusiastic advocate of seat belts. He has developed the following series of articles. The first article is the story of his own accident. This, and subsequent articles to be published in Voxair, are repeated for the benefit of all those who are not convinced of the usefulness of seat belts.

Rendezvous with a culvert

The woman swerved into the outside lane as I was passing her. Reflexes made me turn the wheel away for in that split second I saw what I was headed for, but too late. My car was demolished at 60 mph as it crashed head on into a very formidable cement culvert. In that quick moment there was no sound of exploding cement, only that of rending metal. My car was demolished, but not the culvert — it still stands.

A few minutes later I regained consciousness and my immediate concern was my inability to see. The shattering glass had cut the corner of my eyelid which, forming a pocket, filled with blood and halted vision. Too soon, though, I was able to see the terrible destruction about me. The dashboard was literally in my lap, the steering wheel was lodged in the roof and the steering column driven perpendicular by the impact, was between my legs.

I could not move those legs for the volume control knob of the radio was buried in my right kneecap. The emergency brake handle impaled my left knee to the door. Looking down to the floor I saw the heel of my left shoe where the toe should have been. My foot, backwards, was completely under the front seat.

a gaping nine-inch hole
The most serious injury was yet to be observed. The trouser legs were torn

away and I could see the spurting flow of blood from a gaping nine-inch hole in my left thigh. At three different parts of the thigh, bones protruded from the flesh like huge pieces of chalk.

Two hours later at the hospital I was vaguely aware of three doctors conversing at the foot of my bed. Their comments ranged from "He'll never last through the night" to "Removing that leg might possibly save him" to "I think he could be fixed up, but walking again would be out of the question."

Well, after ten total hours of surgery, two quarts of blood, five hundred stitches, a 20-inch long metal rod rammed through the thigh bone, four months in a hospital bed, and one long year of casts, wheelchairs, crutches and canes, I did walk again, and quite well, thank you very much. As you can probably guess, I was not wearing seat belts for I had not considered any restraining device necessary prior to that rendezvous with the culvert.

The above first-person account is not an attempt at sensationalism nor should it be construed to be publicity-seeking in nature. I present it only to identify myself with the field of traffic safety education and, specifically, auto seat belts. And it is with much pleasure that I look forward to presenting pertinent information to you in succeeding articles.

Kiddies' Korner



Christopher Patrick Kubas is a very happy fireman with his new truck.

Voxair photo by Graham

Aquaplaning can be fun, if....

Aquaplaning can be fun, if you do it on water skis behind a powerful motorboat.

But it will be no fun at all, says the Canadian Highway Safety Council, if you do it in a car on a wet road.

The word "aquaplane" means to ride on water — and an automobile will do just that if its tires are smooth.

As the vehicle moves along on a wet surface, the water seeks to force its way under the tires. A smooth tire allows this to happen; so much so that eventu-

ally the tire is riding on water, completely removed from the road surface and unable to provide any control to the vehicle.

A tire with a good tread does not allow this to happen as easily because the tread design drains off the water pushing under the tire.

In its annual Tire Safety Campaign, the Council urges drivers to check the treads on their tires and replace those tires if they are badly worn.

Save your aquaplaning for summer — on lakes — on skis.

ST. JAMES DRIVING ACADEMY
 "Fully Qualified Government Tested Instructors"
 CONFIDENCE BUILDING A SPECIALTY
 ■ A COMPLETE COURSE OR A BRUSH-UP LESSON ■
 ■ REASONABLE RATES ■
 ■ STANDARD or AUTOMATIC CARS ■
772-0626
 Serving The Entire Metro Area

Seatbelts may be needed just once!

But, which once?

NEED A CAR !!
 Either New Or Used
Ivan Blanchard . . .
 Will give you premium value on your car dollar
 Member of the
Holiday Chev Number One Team
 Phone 837-9440 or 837-8371

WESTWIN AUTO CLUB
 LOCATED IN BLDG. 31 — CFB WINNIPEG (NORTH SITE)

MINOR REPAIRS TUNE-UPS
 GREASE JOB OIL CHANGES
 TIRE REPAIRS

- Space Rental at 40c per hour including use of tools and equipment
- Tires, Batteries, and Accessories at wholesale plus 10%
- Imperial Esso Credit Cards may be used for all purchases
- Open to all Servicemen, Dependents, and Civilian Employees of DND

GASOLINE PRICES

Extra	46.9
Regular	41.9

OPERATING HOURS

MON. thru FRI. 0900 - 2200 HRS.
 SATURDAY 1000 - 1800 HRS.
 (CLOSED SUNDAYS AND HOLIDAYS)

- Gas Pumps Attended Mon. thru Fri. 1100 - 2130 Hrs.

PHONE 888-5982
 ● AUTHORIZED PERSONNEL ONLY ●

August 21,
 G
 e
 t
 t
 i
 H
 i
 g
 L
 Les Ledre
 check eject
 and emer
 Navigators
 course in H
 nation.
 The cour
 active parti
 gression c
 water entry
 tion chair
 check-out
 gear.
 Instructo
 environmen
 about their
 teaching air
 in the high
 important c
 Voxair
 by J
 Forem
 earned c
 such as,
 dry good
 to servin
 Forces a
 Reserve I
 CANE
 Leaf Ser
 Warehouse
 to the
 cleaners,
 operated
 deal dire
 medical
 The sy
 of the th
 systems

Getting High



Everyone is tense awaiting decompression with the chamber at 30,000 feet.

Local unit trains high fliers



Les Ledrew and Jack Schawlder check ejection seat cables.



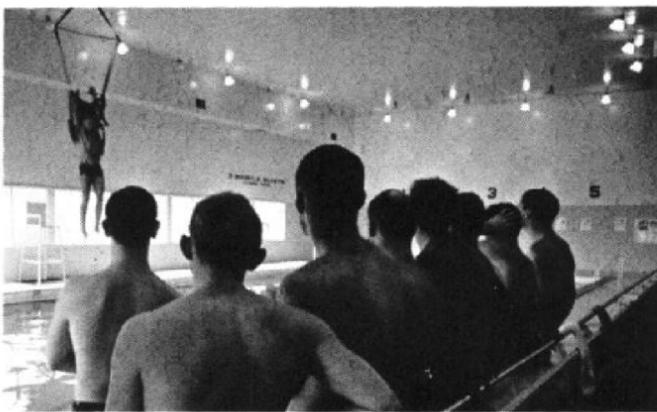
Cpl. Bob Feltham has an important story to tell. His students know this and they listen with special attention, for their lives may depend on how well they understand these words.

Bob is an instructor at a unique Canadian Forces school — Winnipeg's Aero Medical Training Unit. AMTU, under the direction of Capt. Bill Garrard with Lt. Frank Park provides high altitude indoctrination for all forces aircrew trainees.

Pilot trainees receive a five-day course in all aspects of physiology, high altitude flight



Les Ledrew and others steady Capt. Bob Lee as chair stops.



Ejection over water is an important part of HAI training.

and emergency procedures. Navigators take an abbreviated course in High Altitude Indoctrination.

The course includes lectures, active participation in the compression chamber, parachute water entry drills, a disorientation chair ride and a complete check-out on personal safety gear.

Instructors from the three environments are conscientious about their important task in teaching aircrew how to survive in the high altitudes. It is a most important course.

Voxair photo story by John Hoover

What does CANEX mean to you?

by Pat Graham and Larry Spencer

Foremost, it will mean a saving of hard-earned cash for a variety of household goods, such as, groceries, hardware, toiletries and dry goods. These savings will be available to serving and retired members of the Regular Forces and their dependents, members of the Reserve Force and civilian DND employees.

CANEX will absorb the former Army Maple Leaf Services and the Air Force Central Warehouse concept, and provide a service new to the Navy element. Barber shops, dry cleaners, and shoe repairs will continue to be operated by concessionaires. CANEX will not deal directly in prescription drugs, eyeglasses, medical or dental services.

The system is the result of an extensive study of the three former Canadian systems, similar systems in the U.S., Australian, and Israeli

forces. Brig. Gen. Tedlie describes CANEX as a marriage — "Everybody (the three services) brings to the system what each has". This comes about by consolidating the assets of all the former funds into the Canadian Forces Central Fund.

Initially, the money to stock CANEX outlets will come from this new Central Fund. Profits from CANEX outlets will go back into the Central Fund to maintain these outlets and to provide recreational facilities, such as curling rinks, swimming pools, hobby shops, and auto clubs.

CANEX is now operating on a full scale in many units and all military units at home and abroad will be under CANEX by October, 1969. CANEX has, as yet no definite plans for Winnipeg. Voxair will keep their readers posted.

East Wind

Four stabs at an article this week, and one momentous decision. The four discarded articles will probably appear in bits and pieces in subsequent issues.

The momentous decision was far more agonizing than the rejection of the four articles. It was the decision to discard the editorials 'we' and the impersonal third person in this column, and use 'I' wherever I feel like it.

It means, basically, that the writer can actually be accused of putting forth his own views and can no longer seek editorial sanctuary.

So much for the format of East Wind. Eventually it will settle down and bore you to tears if it hasn't done so already.

I made a remark in last week's column to the effect that newspapers present a biased view of the news at best, and it has been troubling me all week. It is not because I don't believe this to be true, but because there was no room for explanation. There are certain people which newspapers may not offend; for example, publishers and large advertisers. Otherwise they don't stay in business long. Furthermore, the papers report the news as individual reporters see it, and people see things in a way which depends to a large extent on their background. Reporting on the various strikes which occurred across the country this summer has been a case in point. While one of the locals mildly condemned Treasury Board for its procrastination, and took Bud Drury to task when he placed his foot firmly in his mouth and ran the fastest one legged mile on record, the impression one got from reading the newspapers was that the strikers were grasping for everything they could get at the expense of the Great Canadian Public. For me to say that this is nonsense is rather useless as well, because I am biased by my own background, but I commend to you a little experiment. Find somebody in a top management bracket or somebody whose income is from investments, and calculate their percentage increases in income over the last few years. You may find that the Seaway and Postal workers, to say nothing of the airline pilots are not that far out of line, by comparison, in their demands, and that the newspapers and perhaps even the Prime Minister may have been just a trifle biased in their editorializing. Time I stopped this article: I'm beginning to sound like Tommy Douglas . . . Horrors!

The Roving I

A Canadian newspaper not noted for profound reflections on human life, recently published an extraordinary article. The writer's argument, in brief, is that the crisis facing the United States today cannot be explained by the struggle in Vietnam or by the Negro struggle at home. Deeper and more dangerous currents are flowing. "Of all the complexities of this age", says the author, "the one we are least equipped to face is that of making moral choices without benefit either of a trust in the proper order of the universe or in the predictability of progress."

For a nation founded on the belief in "The Laws of Nature" and Nature's God, which prints on its coins "In God We Trust" and has long believed in a beneficent Providence, a Manifest Destiny and perpetual progress, these words represent a shocking heresy that questions the basis of the democratic system.

One is reminded of Nicholas Monsarrat's observation in "The Cruel Sea" when he has the Captain of the "Saltash" philosophize on the war to his First Lieutenant: "At the beginning (of the war) there was time for all sorts of things — making allowances for people, and joking, and treating people like sensible human beings, and wondering whether they were happy, and whether they liked it or not . . ."

But now, now the war doesn't seem to be a matter of men any more, it's just weapons and toughness. There's no margin for humanity left — humanity takes up too much room, it gets in the way of things."

The grievous problems of our time are not limited to the United States of America. They are common to us all.

It appears to this observer that the great questions with which we must wrestle are not basically the problem of race, the Canadian Indian, the teenage dropout, the war in South East Asia, the hungry people in underdeveloped lands, the price of cabbages and cars. The basic question, the answer to which will determine our reaction to all the other problems, is what is man's true status, does he dwell in a moral universe, under a beneficent Providence, with a reasonable hope for future progress?

Fundamentally the question is: Is there a margin for humanity?

Sports Fanfare

with
jack lynch

Well, the written comment at least was unanimous. Both letters received on the "pinsetter" editorial were uncomplimentary to say the least in their attitude towards SPORTS FANFARE. Both have been printed in "Letters to the Editor", and both bear a little analysis.

The first is obviously written in defense of the honor of the Base Recreation Officer. He has signed it himself. He feels maligned. If he does, it is purely by inference for I am not against automatic pinsetters and have said so. I am not against discussion and debate at NPF meetings and have said so. Words are only words. Their action to them comes from within, not without.

The other letter is an interesting one. It is clearly in favor of automatic pinsetters, as I am; it is against putting some sort of a roof over the heads of our young hockey players, a project I favor; and it favors spending tens of thousands of dollars to improve the drinking and eating facilities at Westwin Curling Club, a project I would have disapproved, given the opportunity.

"Leisure belongs to the personnel . . . Leisure time activities spring from the wishes and aspirations of the personnel who engage in them. Recreation is not something handed down by seniors; it is built on the declared interest of the personnel. It then follows that the control and administration of recreation should rest with the consumers . . . The essential consideration is that it be democratic."

The main point of the article seems to have been missed by both writers. Neither my personal feeling that the priorities are not perfect in the choice of NPF sports and recreational projects, nor their staunch support of the status quo, will have any effect on these projects — NOW. These are NPF undertakings which have been duly passed at NPF meetings. The only question asked on this subject was: HAS THE DEMOCRATIC PROCESS BEEN UPHELD IN THE VOTING OF THESE NON-PUBLIC FUNDS FOR LEISURE ACTIVITY? No written answer to that has arrived in the VOXAIR offices yet.

A second point that has received scant attention was the curiosity about priorities. It was nothing more than that — an interested curiosity. CFB Winnipeg has no Recreation Council to coordinate the efforts of all the leisure activity groups who are under the jurisdiction of the Base Recreation section. In its absence we are curious as to how a democratic long range recreational development plan is created for the Base.

"When a large number of activities are organized, some administrative problems arise. Some of these are:

- a) overlapping of activity and services;
- b) some activities get more than their share of NPF;
- c) some phase of recreation gets more attention and general assistance than others — resulting in a lopsided program;
- d) the recreation life of the (base) is, in some cases, managed by a "hodge podge" of unrelated committees — or little dictators — and no one is quite sure of what channels to follow to attain desired ends."

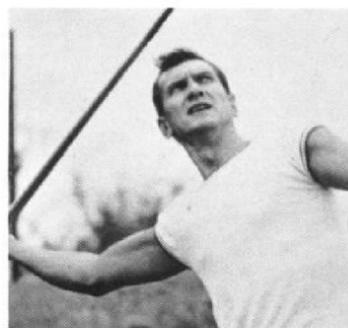
Without a Recreation Council at CFB Winnipeg, a person would seem to be justified in laying the "blame" for the exclusion of his pet activity or project at the feet of the Recreation Staff. They are at present the only coordinating agency for all of the multi-farious leisure activities now operating.

TRUMPET NOTES:

Bowling is really in the news these days. The Westwin Bowling Council is having their opening meetings in the Rec. Center on Sept. 9 for the Ladies, Sept. 10 for Intersection and Sept. 11 for the Mixed. All three meetings have the same 8:30 p.m. starting time . . . Meanwhile Sgt. Don Yamane wants all servicemen, RCMP personnel, and their dependents to know that a Lipsett Hall Mixed League will get underway at 7:00 p.m. on Thursday, September 12. All comers will bowl that evening and the results of the roll-off will determine the team make-up. Anyone interested may call Don at 774-2840 or Meg McRae at 489-3448 . . . Judo too is back in business and the "Gentle Art" people will be accepting members between 6:00 and 8:00 p.m. on Sept. 4 and 5 in the judo room in Bldg. 21 (the old Rec. Center — North site).

Laitar leads Zone III track team

Joe Laitar of Winnipeg led the qualifiers in the Zone III track and field meet held at CFB Portage La Prairie on the 9 and 10 August. Joe won both the discus and javelin events, and surpassed the national Armed Forces standard in both events. He also garnered a third place in the shot put.



Cpl. Joe Laitar

The meet saw two triple winners emerge, as Pte Bedurftig won the 100 yd, 220 yd., and 440 yd. races, and Lt. Kamphunis took the 1 mile, 3 mile, and 6 mile events. Both of these Portage-based competitors will most likely join Laitar on the team which will contest the national championships in Ottawa in September, although neither achieved the standard in his winning efforts at the Zone III meet.

The only other winner to match or better the standard

performance was a competitor from Gypsumville, Pte Volmecke, who soared 11 ft. 3 inches on his way to victory in the pole vault. Lt. Nelder of Portage, second place finisher in the event with a vault of 11 feet, also bettered the standard.

Other winners at the meet were Valade of Winnipeg in the long jump, Cochrane of Rivers in the

triple jump, Peters of Shilo in the high jump, and Doe of Portage in the shot put.

Vic McLeod of Winnipeg was the other point-getter for this base with third and second place finishes in the 100 yard and 220 yard dashes respectively.

All competitors who placed in the meet at Portage, regardless of whether or not they met the national standards, will be invited back to a training camp at CFB Portage commencing on September 12. The final Zone III team will then be chosen after a week of intensive training.

Interested personnel, who for some reason did not compete at Portage, are still eligible for the training camp, and can call Captain Wiebe at local 509 for further information.

Try Falcon Lake for trophy-size fish

(by Bob Mazey)

Falcon Lake, located in the Whiteshell forest reserve is known by most people for its famous golf course, beautiful beaches, and camping grounds. Few people however, are aware that it is one of the most productive lakes for trophy size fish all year round. Between 1965 and 1967, there were a total of 61 master angler fish caught in this lake. The total consisted of 17 Northern Pike ranging between 18 and 25 pounds, 13 Walleye (Pickerel) between 8 and 10 pounds, 11 White Fish (4 to 5 pounds in weight) and 20 Small Mouth Bass three to five pounds in weight. That is an average of more than 20 trophy fish per year. The only other lakes in Manitoba that can brag about producing 20 or more trophy fish over each of the past three years are Lake Katherine which is famous for its Rainbow Trout, Gods Lake, Gods River, Kissing Lake and Lake Athapaskow.

Where The Walleyes Are . . .

The best area for Walleye in Falcon Lake is between Faloma Beach and Toniata Beach. There are two prominent points jutting out into the lake, one just east of Faloma Beach, and the other just east of Toniata Beach. The 50 foot depth contour line lies about 50 yards off the shore between these two points. The most productive method for the big ones is to troll between the two points keeping a distance of about 50 to 75 yards away from the shore using a minnow strip on baited with a large minnow or a medium size smelt, bounc-

ing a jig along the bottom or deep trolling with a Canadian Wiggler.

And The Small Mouth Bass . . .

For the Small Mouth Bass, the best area is the shore line at the extreme south east end of the lake, near the portage to High Lake. One of the better Small Mouth Bass techniques is to position the boat one cast length away from the shore and as the boat drifts along the shore, cast towards it. Try to position your lure about three or four feet off the shore and retrieve it at a medium speed. Between the extreme ends of the shore line, there are shallow weedy bays, sand and gravel bars, cobble and boulder bottoms. In the weedy bays one

can usually catch some Pike; the sand and gravel will produce Walleye; and the cobble and boulder bottom brings Bass. The last quarter mile of the shore line is where the big

Bass sun themselves. The most productive lure for the Small Mouth Bass is a spinner like a number three mepps commet, lazy Ike brownish in color, or an Owens 377. It is best to use these lures without a leader. However, by not using a leader, one must be prepared to lose a few lures, because normally there is always a large Pike or two cruising around also looking for a feed off Bass.

So the the next time you wish to make a day of it in Falcon Lake or area I'd suggest a lot of fishing to go with the golf and swimming.

Sharks get All-American coach



Captain Lennie Lee

Captain Lennie Lee of the USAF, who was an All-American 200 yard free style swimmer in his senior year in high school, has accepted the coaching job with the CFB Winni-

peg Sharks Swim Club for the coming year. Len, a navigator, is on an exchange posting with CFNS as a Weapons System instructor.

The Sharks new coach hails from Maine and attended Bowdoin College where he was a member of the Eastern Inter-collegiate Relay champions. He coached swimming for one year while still in college, before joining the USAF and starting his exotic travels to places like CFB Winnipeg.

Len's main thesis is that work is the key to swimming success. He will be making use of weight training and long distance running in the program he plans for the Sharks, as well as lots of water time.

C. E. SIMONITE

(A Division of Montreal Trust)
2nd Floor 213 Notre Dame Ave.
LET US HELP YOU BUY OR SELL YOUR HOME
For Prompt and Courteous
Service Call Your
District Sales Representative
JIM STEVENS — Bus. Phone 942-8261
Res. Phone 832-0139

AMAZON MOTEL & RESTAURANT

2 Miles West of Airport on No. 1 Highway West
A HOME AWAY FROM HOME
TELEPHONE IN EACH UNIT FULL HOUSEKEEPING LOW WINTER RATES
Private Room for Weddings, Conventions and Group Catering
Open 8 a.m. - 12 Midnight Phone 832-1377
INSURANCE - CONSTRUCTION - REAL ESTATE



For Your Pontiac, Buick, Acadian,
Beaumont, Cadillac
or Reconditioned Used Car, See
JIMMY DUFF

at

TOWNE PONTIAC BUICK CADILLAC LTD.

634 Portage at Furby
786-3811
WHERE "ONLY OUR SERVICE
BEATS THE DEAL"

team

...ers of Shilo in
... and Doe of
... shot put.
... of Winnipeg was
... t-getter for this
... d and second
... n the 100 yard
... dashes respec-

...rs who placed
... Portage, regard-
... or not they met
... andards, will be
... a training camp
... ge commencing
... 12. The final
... will then be
... week of inten-

...rsonnel, who for
... id not compete
... re still eligible
... ng camp, and
... tain Wiebe at
... further informa-

fish

atch some Pike;
... vel will produce
... the cobble and
... m brings Bass.
... ter mile of the
... where the big
... selves. The most
... e for the Small
... a spinner like a
... mepps commet,
... ish in color, or
... It is best to use
... ithout a leader.
... ot using a lead-
... e prepared to lose
... ecause normally
... a large Pike or
... ound also look-
... ff Bass.

ext time you wish
... of it in Falcon
... d suggest a lot
... go with the golf

n coach

im Club for the
... en, a navigator,
... nge posting with
... Weapons System

new coach hails
... d attended Bow-
... where he was a
... e Eastern Inter-
... y champions. He
... aining for one year
... college, before
... AF and starting
... els to places like

thesis is that work
... swimming success.
... making use of
... g and long dis-
... in the program
... the Sharks, as
... water time.

RANT

INTER RATES
ring
77
E

Braves, Indians win softball titles

by Bud Durdin

The Westwin Community Sports Association Softball Leagues pushed through the summer (sometimes staggering because of the lack of parent interest) to their finals this past week. Success won out in the finals only through the diligent devotion to a thankless job by the coaches and the enjoyment and co-operation of the players.

The Squirt League semi-finals were played on Aug. 6 and 7 and were won two straight by the Braves (MDPR's) over the Bombers (Low Rentals west). The finals started on Aug. 12 with the Jets (Low Rentals-east) playing the Braves. The Braves, still fired-up after winning the semi-finals, took the first game in a real "cliff-hanger" — 22-21. The second game was taken by the Jets 48-11 (looks like the coach talked it up). The third game was played on Aug. 14 and it was a real thriller. The final score



The Indians: A happy team of Pee-wee softball champions smile for the camera and coach Frank Snell.

was Braves, 14; Jets, 12. Congratulations to the winners, the MDPK Braves and coaches Bill McKiegan and Arne Osborne — a very impressive comeback.

The Pee Wee League finals

were taken in two straight by the Indians in a one-sided series. The Tigers never were a threat in the series, although they played well during the schedule.

We would like to thank all the coaches and volunteer umpires who made the season successful for the players. The bank of volunteers was not very large, but it was certainly top quality.

Girls and Ladies Continue
At present action is slow in the girls' softball division but the season is planned to continue. The two teams in each age group have been slated for practices and attempts are being made to arrange more games like the trip to Gusse Isle.

The ladies' team has seemed on the verge of disbandment several times this summer, but Coach Burke hopes to have them out again on Monday and Thursday nights at 6:30 P.M.



Randy Snell of the Indians bounces a hot one toward shortstop.

Duck hunting dates and limits announced

Manitoba's minister of mines and natural resources, Hon. Donald W. Craik, has announced the dates for this year's duck season in Manitoba.

South of the 53rd parallel the season will run from noon Sept. 30 until Nov. 30. Between the 53rd and 57th parallels it will run from noon Sept. 9 until Nov. 30, and in the far north the season opens Sept. 2.

Daily bag limits will be five ducks with a possession limit of ten. Included in the limits is a restriction of two mallards a day in Manitoba,

three in Saskatchewan and eastern Alberta and four in western Alberta. Bag limit on redheads and canvasbacks is two a day in Ontario and Manitoba with a possession limit of four.

While there is concern regarding the duck population, geese and grouse are in plentiful supply. Upland game bird season has been extended this year and the limits raised due to the plentiful supply of birds.

Migratory bird hunters must carry a \$2 federal permit in addition to any provincial licences required.

YES!!

YOU CAN EAT YOUR CAKE AND HAVE IT TOO

Introducing the Talk of the Industry — North American Life Enhanced Protection Policy. Cash Value Assurance at Level Term Premiums (see Sept. 14, 1963 issue of Financial Post, copies available on request.)

WRITE, PHONE or SEE



AL CHAMISH
B. Comm. C.L.U.



A. (GUS) LALIBERTE



IKE CHAMISH

At your Rec. Centre Thursday Afternoon and Evening

Have you had our "Summary and Personal Security Program" service yet? This service is offered to all — no obligation. The Summary of Military Service Benefits explains and clarifies your benefits and your family's rights. The PSP correlates your service benefits with your personal assets to give you a clear picture. Every service man should know clearly where he stands today.

NORTH AMERICAN LIFE ASSURANCE COMPANY

A CANADIAN MUTUAL COMPANY
219 KENNEDY ST. WINNIPEG 1, MAN. WHItEhall 3-1526

RUN FOR YOUR LIFE

by Don MacLeod

Test your own fitness category

Cardiovascular fitness is true fitness but how is it determined? After four years of laboratory study a simple system has been developed which answers this question. There are two uses for the point system. First it can tell you what condition you're in; second, it provides a guide for keeping in condition.

Measuring the distance you cover in 12 minutes places you in one of five fitness categories ranging from very poor to excellent. It all depends on how far you can go. If you can cover 1 3/4 miles. (7 laps of the track. Ed) you are in excellent shape. Failure to make 1 1/2 miles puts you below the acceptable standard for 'good' condition, and if you can't make a mile and a quarter in twelve minutes you need help. Various programs are given in the book "Aerobics", for getting into condition.

Once in condition 30 points a

week are required spread over at least four days to retain your fitness. As an example all the following exercises are worth 5 points. Each is comparable in its aerobic training effect.

- Running 1 mile in less than 8 minutes
- Swimming 24 laps (600 yards) in less than 15 minutes
- Cycling 5 miles in less than 20 minutes
- Stationary running for a total of 12 1/2 minutes
- Handball played for a total of 35 minutes

It is evident that the most efficient exercise is running. It is inexpensive and requires only comfortable shoes and a place to run.

If maintaining 30 points a week seems like hard work don't become discouraged. Two very 'keen' runners CAPT. Sproule and CPL Logan average about 140 points a week! — so how can anyone complain about 30 points!

Fitness — What does it mean to you?

by Hank Tatarchuk

A London, England survey taken a few years ago, among 31,000 double-decker bus workers, revealed that active conductors, who frequently walked around the bus and climbed the stairs had a lower mortality rate and a faster recovery rate from heart attacks than did bus drivers, who sat throughout the day.

How do you fit the bill? Do you get home from the office all "pooped"? Do you get after the kids to let you have some rest after a hard day at the office? Does life feel like it is not worth living? Well, then, man — get up and do something about this. Otherwise you are joining the living dead — or the "one-eyed monster viewers."

Fitness means the ability to participate in activity, be it play or work. A common expression is *work capacity*; in physiological terms — the ability of the heart and lungs to provide the essential fuel elements to the body parts requiring same, and, at the same time, removal of the wastes produced during the energy

break-down process.

Since the basis for "work capacity" is the cardio-respiratory system that is, the heart and the lungs, you must begin by raising this system to a high level of fitness. You will thus develop a complementary strength increase. Then, you are ready to improve your muscles and develop the "body-Atlas".

Any program of running, walking, swimming, cycling or selected vigorous sport is suitable to increase efficiency of the cardio-respiratory system. It must, however, be of sufficient vigor to raise the heart rate in excess of 150 beats per minute and the longer it is maintained at this level the greater "the training effect". This rule of thumb is certainly a good average, however, it is different in all individuals. Therefore, be prepared to put the system under duress if you expect to see the merit of your work.

So fitness may mean active participation in a program of Aerobics or Jogging or orienteering, or cycling or swimming.

Both Coca-Cola and Coke are registered trade marks which identify only the product of Coca-Cola Ltd.

always refreshing



Softball Schedule of Games

	Diamond No. 1	Diamond No. 2
Wednesday, Aug. 21	0930 Greenwood vs. Gagetown 1400 Petawawa vs. Borden 1830 Gagetown vs. Penhold	St. Hubert vs. 4 Wing Moose Jaw vs. HMC Ships Greenwood vs. St. Hubert
Thursday, Aug. 22	0930 Borden vs. HMC Ships 1400 (Reserved for 1830 Petawawa vs. Moose Jaw	Penhold vs. 4 Wing postponements) Penhold vs. Greenwood
Friday, August 23	0930 4 Wing vs. Greenwood 1400 Moose Jaw vs. Borden 1830 St. Hubert vs. Penhold	Gagetown vs. St. Hubert HMC Ships vs. Petawawa 4 Wing vs. Gagetown
Saturday, August 24	1400 National Sudden-death Championship Final	
Sunday, August 25	1400 (Reserved for championship game if postponements dictate)	

Sharks plan banner season

What is "The Sharks"? "The Sharks" is CFB Winnipeg's Competitive Swim Club. Registered with the Manitoba Division of the Canadian Amateur Swimming Association, it can enter swimmers, who qualify, in any amateur meet.

The purpose of the club is not to teach children how to swim — for this is ably done through the Red Cross program directed by our Recreation Staff — but, to teach children who swim proficiently how to swim competitively.

Let not the word "proficiently" scare anyone away. Proficiently merely means that the child should be able to achieve at the Red Cross Intermediate level. Younger children, particularly 10 and under, may not have had formal training, but may well be proficient swimmers for their age, therefore, trainable for competitive purposes. If parents are in doubt, the coaches will have the children swim and advise accordingly. In keeping with this approach, coaches' decisions will be final.

It is sincerely hoped that parents who wish to register their children for competitive swimming will themselves be available from time to time to provide the much needed assistance. A constitution will be prepared and the club will operate within the parameters of this constitution. A copy of the constitution will be made available on request so that all are aware of the conditions, rules, and regula-

tions that are binding on the club members.

Full particulars on registration will be carried in the next edition of Voxair.

Carol Blais is our best again

A Manitoba Summer Age Groups (14 and under) Swim Meet was held on Aug. 10 at the Fort Garry Lion's Outdoor Pool. Dr. A. J. McGinnis of Manitoba Aquatics Swim Club was co-ordinator. The Meet consisted of 28 events, including all the recognized racing strokes.

The best showing made by Sharks competitors was Carol Blais' second place finishes in the 100 meter breaststroke and the 50 meter butterfly in the 10 and under class. Carol's time in the butterfly event was the same as the first place time, but she was given second on a judges' decision.

Beverly Henderson, competing in the girl's 11 and 12 class, placed third in her backstroke heat, but her time wasn't fast enough to get her into the final.

Also competing from the Sharks were Mike Hache, John Henderson and Mark Webster.

Clubs competing in the meet were Cardinal Swim Club, Manitoba Aquatics Swim Club, Winnipeg Synchronized Swim Club, Winnipeg Winter Club, Lethbridge Lion's Amateur Swim Club, St. James Y Seals Swim Club, and CFB Winnipeg Sharks.

Renegade Hockey League has eight teams

For the second time in three years the hockey players of Western Canada who have bona fide aspirations to win the Memorial Cup will be on the outside looking in right from the start of the season.

Sparked mainly by a dispute over junior age limits, the Western Canada Junior Hockey League has dropped the "Junior" from its title and broken off from the CAHA. It will still be an age-limit league, but will be open to players under 21 years of age rather than the 19½ year age limit set by the CAHA as part of their new agreement with the NHL. The CAHA rule says that a player is eligible for junior play only if he will not attain his 20th birthday by midnight December 31 of the current playing season. The age limit was changed as part of the cessation of NHL sponsorship of individual teams, and their agreement not to draft junior players.

Originally it was announced that ten of last year's eleven WCJHL members would join the new league, with Regina Pats being the lone CAHA supporter. More recent releases, however, admit that the Moose Jaw Canucks and Weyburn Red Wings have dropped from the WCHL to join Regina and Saskatoon Macs in a Saskatchewan Junior League under the aegis of the CAHA.

Eight teams are left to start the season in the WCHL. They are Winnipeg Jets, Brandon Wheat Kings, Flin Flon Bomb-

ers, Estevan Bruins, Saskatoon Blades, Swift Current Broncos, Calgary Centennials, and Edmonton Oil Kings.

To administer the new league and form a rallying point for hockey teams who wish to operate outside the CAHA, the Canada Hockey Association has been formed under the presidency of Ron Butlin of Calgary. An active recruiting campaign has brought the Western Ontario Juniors into the fold shortly after they were denied junior "A" status; but negotiations have so far proved unsuccessful in luring the B.C. and Northern Ontario Juniors into the CHA.

The CHA has plans to approach the National Fitness Council for a grant, using as a basis the fact that they receive no money from the professional hockey people. The CAHA still receives such a grant although they have been criticized for their close ties with the NHL, and continuation of the grants has been officially questioned.

For its part, the NHL seems to be siding with the CAHA. Clarence Campbell, president of the NHL, has stated flatly that the premier pro circuit has never had any agreement with the CHA and has no intention of promoting relations with it.

Nancy Greene helps Trudeau

The federal government has acted on an election campaign promise by Prime Minister Trudeau to study why Canadian sportsmen rarely match the international performance of skier Nancy Greene. She's the girl who has won the World Cup for both years of its existence, and took a gold and a silver medal during the 1968 Winter Olympics at Grenoble.

Health Minister Munro announced recently that a three member commission has been formed to study three major areas of sport in Canada. These are:

—Concepts and definitions of amateur and professional sport and the effect of professional sport on amateur sport;

—The role of the federal government in promoting and

developing participation in sport;

—Ways the government can improve the extent and quality of participation at home and abroad.

The \$5 million that the federal government gives annually to sport through Fitness and Amateur Sport grants will also be studied. It has been suggested that we concentrate on areas that hold promise for victory rather than continuing the present "broad brush" treatment.

Nancy Greene herself will be a member of the panel. She will be joined by chairman Harold Rea of Toronto (Carl Brewer's father-in-law) and Dr. Paul Des Ruisseaux, a prominent Quebec City physiologist and expert in treatment of athletic injuries.

HELP! Autumn is here and the summer trickle of sports copy is becoming a flood. The only way we will be able to guarantee printing your story is for it to be typewritten (preferably double spaced) and in the Voxair office by the stated deadline which we will start carrying here as well as on page 4 with the masthead.

NEXT DEADLINE: NOON, WEDNESDAY, AUGUST 28

Jean McKenzie heads Curling

Jean McKenzie will call a general meeting early in September to make plans for the coming curling season.

The ladies will have eight sheets of ice at their disposal this winter. Plans call for two afternoon sessions a week, on Tuesdays and Thursdays at 1:30 P.M.; plus a Friday evening league for business girls and ladies who may have babysitting problems and can't curl afternoons.

Training starts for Fitness tests

A voluntary program of supervised fitness training will start on September 3 in the Westwin Rec Center. Times for the daily classes will be 8:00 to 9:00 A.M. for the men, and 1:00 to 2:00 P.M. for the ladies.

The program is designed as a lead-up to the tests contained in CFAO 50-1. It will continue for eight weeks and will consist of a calisthenics work-out followed by fitness oriented games.

CHARLESWOOD MOTOR HOTEL

3425 Roblin Blvd.

THE MOST POPULAR MEETING PLACE IN TOWN

WHERE ENTERTAINMENT, FOOD, HOSPITALITY, IS THE GREATEST



Moving — Storage

is pleased to announce the opening of their New General Offices and Warehouse at

2190 Notre Dame Ave. Winnipeg 21, Manitoba

Phone 786-6081

Fireproof Palletized

Agents Allied Van Lines

SILVER HEIGHTS APTS.
2255 PORTAGE AVE.

PARK TOWERS APTS.
2300 PORTAGE AVE.

Beautiful furnished or unfurnished 3 and 4-room suites in new blocks. Modern appliances and many more features. Please contact.

Apex Agencies Ltd.

208 SILVER HEIGHTS

Shopping Centre 832-4888

HANDY TO RCAF STN.

season

binding on the
lars on registra-
rried in the next
ir.

Blais is st again

a Summer Age
nd under) Swim
d on Aug. 10 at
y Lion's Outdoor
McGinnis of Man-
Swim Club was
he Meet consisted
including all the
ing strokes.
nowing made by
titors was Carol
place finishes in
breaststroke and
utterfly in the 10
s. Carol's time in
vent was the same
ace time, but she
ond on a judges'

nderson, compet-
s 11 and 12 class,
n her backstroke
time wasn't fast
her into the final.
eting from the
Mike Hache, John
Mark Webster.

eting in the meet
al Swim Club,
atics Swim Club,
nchronized Swim
eg Winter Club,
n's Amateur Swim
es Y Seals Swim
Winnipeg Sharks.

rickle of sports
will be able to
be typewritten
r office by the
here as well as

AUGUST 28

starts for ss tests

y program of sus-
ess training will
ember 3 in the
Center. Times for
es will be 8:00 to
or the men, and
.M. for the ladies.
m is designed as a
ests contained in
It will continue
ks and will consist
ics work-out fol-
ss oriented games.

HTS APTS.
GE AVE.

RS APTS.
GE AVE.

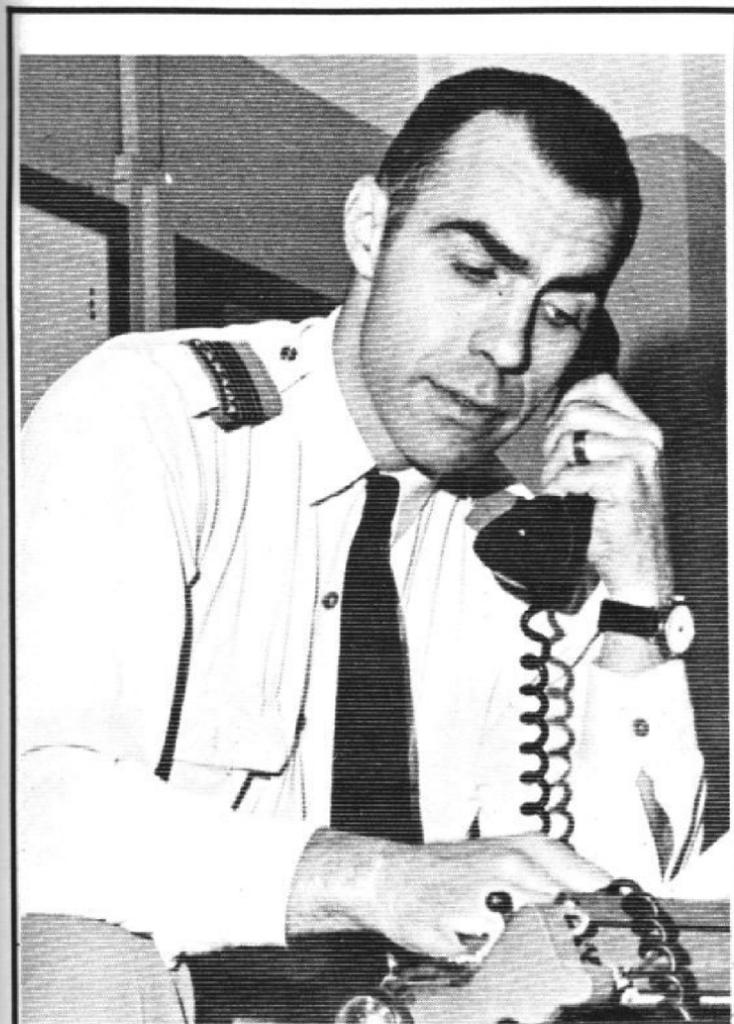
or unfurnished 3
in new blocks.
and many more
ruct.

cies Ltd.

HEIGHTS

832-4888

CAF STN.



lightnin' len packs his typewriter

by Catlin

Goodbye Voxair!

I'm not sorry and I won't miss you. I had to share my husband with you since December while you kept him up 'til all hours.

You had to have copy written and your pages had to be set-up so you would look your best. He wanted you to be attractive so people would like you when they read you. He gave a damn!

At last we can have supper together, and on time; and we won't discuss Voxair. I'll know len didn't eat his lunch with you; I'll know that he didn't miss lunch because you had a problem.

Gone are the rides across

town in snow and rain to the post office to make sure your pages were in the mail before midnight.

You were demanding Voxair. You made len work very hard; he worried about you, but he'll always have fond memories of his association with you. He'll miss meeting the deadlines, but I won't at all. I hate to admit though Voxair, I'm a little sentimental about you too.

We're off to Ontario — len to university for graduate work in mass communications; Chris and I to school; grade one and kindergarten.

"Cheerio my dearior: — there's still some dance left in the old dame yet!"

What's Cooking?

This past week or two have been eventful ones in the household of MWO. Robert Ashmore of SOCE.

Bob completed 27 years of service in the RCE while the number-one son Tom completed five years with the RCASC, and the younger son Gordon signed with the first unified group to train in Cornwallis next month.

Bob has served in Toronto, Long Branch, Oakville, Camp Borden, Fredericton, and Edmonton. He has been active in sports, Scouts, Cubs, Home and School activities; and taken church responsibilities, curling memberships and high scores in golf all in his stride.

The Ashmores also celebrated another wedding anniversary, too many to admit. Their daughter Marian flew in from Calgary and saved her mother much irksome travelling to visit the west.

Mrs. Ada Doak and daughter, family of Sgt. O.N. Doak, have just returned from a wonderful trip to her native Holland. Now she awaits the "Go" on a posting to Cold Lake, Alberta.

Shower for Bride-to-be

A delightful shower was held last week by Miss Barbara McMeelan of Niagara St. in honor of Donna Allen, daughter of MWO and Mrs. E. G. Allen, Ubique Cres. Conna will marry Doug Mulholland at Westworth United Church Saturday, August 24.

Betty Mills has now joined her parents near London, Ont. where WO and Mrs. Mills have located a house and seem to be engaged in settling down — permanently.

We are sorry to hear Capt. Art Ruddock was under the weather.

To visit the incoming planes at 16 hangar, often produces mixed feelings. Passing through were many ex-neighbors: MWO Darcy Langtree on his way to the Rifle shoot in Ottawa and returning from the Victoria Cross pilgrimage, was "Smokey" Smith on his way home to B.C.



Community Chatter

with

Russ Phillips

Phone 837-2681

I am not in a very good frame of mind these days, and I have good reason to feel dismal. About two weeks ago, I had a dream which centred around a lopsided green tree with a door handle hanging from the top branch. I knew it must mean something, and sure enough when I checked Service Publication DT 22 "Armed Forces Dreams, And The Meanings Thereof" my fears were confirmed. It's there all right, on page 41, quote — "To dream of a lopsided green tree with a door handle hanging from the top branch indicates that you will shortly receive as a lifetime gift, a large black and white elephant, live and in colour".

Now you can see the fix I'm in, can't you? What on earth am I going to feed it? Where can I keep the thing? Oh I can just hear the comments a month or so from now. "Did you hear about old Phillips: Wife and family left him, got the boot from the Service, seems he kept a big black and white elephant around the place. Always knew he was a little balmy".

I don't answer the phone any more, the same with the door. I'm even afraid to look out into my back yard in the morning. For all I know maybe the elephant donor got tired phoning and knocking and maybe he tethered the great fat thing in my back yard. Anyway, I'm afraid to look. So now I'm doing the only thing I can, under the circumstances. I'm moving. No one knows my new address except a young lady by the name of Miss Helen Hunt. So Mr. Smart Aleck elephant-giver, if you're wondering what my new address is, you'll just have to go to Helen Hunt for it!

W. O. Bill Jowett and wife, natives of Winnipeg, now in Kingston, were home for the funeral of Bill's mother.

Passing through on their way to Ottawa were WO F. N. Haire and wife Hope. Also around

Leave was grand, but . . .

On account of I just got back from two weeks leave, I don't have much news for this issue. Like everyone else, I was impressed very much with the results of the Beautification Contest. However I was a little disappointed at being passed by entirely by the judges. You see, I have a small patch on my lawn measuring six by five feet, which contains a variety of 161 different types of weeds.

Had a little chat with Cpl. Lorne Danielson to-day. "Danny" will be leaving for Edmonton in October, being posted to 429 Sqdn there. I asked him how long he had been in Winnipeg. A cold hard look came into his eyes, and his lip curled a little. "For your information," he said "I have been stationed in this here place for exactly 13 years, four months and seven days." I was about to ask him how he liked it after all that time but thought better of it. Seriously speaking, we will miss "Danny" when he leaves here at last. His cheerful disposition made him one of the best-liked people on the Base.

Cpl. George Bonazew (Army) of Ness Ave. has completed his tour of duty in Cyprus, and has returned to Canada. At the moment however, he and his family are holidaying so he was not available for comment.

I had hoped to have the collections for my Walkathon completed by now, but ye olde mail strike put a damper on the out of town pledges. Next issue should see it completed.

Late Bulletin — Cpl. G. "Bimbo" Greggain has been transferred to Ottawa. Best of luck in the big city, Bimbo.

town were WO Dedrick Fehr, RCAMC and family from Camp Borden trying vainly to locate his son Cpl. Greg Fehr, here on holiday from 4 TPT Coy, Calgary.

Ruth Ashmore.



"CECIL"

Salutes the Canadian Forces

and

reminds members that **SECURITY** is the answer to all your moving and storage problems.

CALL THE EXPERTS

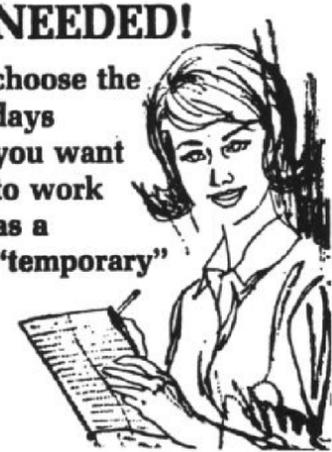
● MOVING ● STORING ● PACKING ● SHIPPING



Agents: ALLIED VAN LINES PH. 783-7171

OFFICE SKILLS URGENTLY NEEDED!

choose the days you want to work as a "temporary"



Manpower White Glove Girls get interesting assignments — Top Pay — We also have Jobs for SALESPOWER. White Glove Girls in a variety of assignments that do not require any special office skills — for full details apply to:

MAN POWER

455 Hargrave Street, Winnipeg 943-4457 W.L.T.H.S.



OF CANADA LIMITED
M. STEFANYSHYN
PRAIRIES AREA MANAGER
PYROTENAX OF CANADA LIMITED
1865 SARGENT AVENUE,
WINNIPEG 21, MANITOBA
TELEPHONE 774-1691

Be a MANPOWER "RELIABLE"



DO INTERESTING TEMPORARY WORK

We need men for temporary assignments. Trade skills of all types will be utilized but we can place men in temporary jobs in general work. Apply to:

MAN POWER

455 Hargrave St. Winnipeg 2. 943-4457



THE PROTEST must have a horse allowed him and some soldiers to attend him, and all the rest commanded to obey and assist, or else the Service will suffer, for he is but one man and must correct many, and therefore he cannot be beloved. And he must be riding from one garrison to another to see the soldiers do no outrage nor scathe the country.



Capt. Bill Brocklebank, Sgts. Harry Armstrong and Will Dreher use ultra-violet light to investigate fingerprints.



Your driver's licence, sir?



Looking for government gasoline.



A friend indeed!

Appearances do count

LETTERHEADS, ENVELOPES, BUSINESS CARDS, CATALOGUES, MAGAZINES OR BROCHURES ALL REFLECT YOUR COMPANY IMAGE . . .

BY USING LESS THAN TOP QUALITY PRINTING YOU MAY BE LOSING THOUSANDS OF OPPORTUNITIES TO BE IMPRESSIVE.

D. W. FRIESEN & SONS LTD.
FOR QUALITY PRINTING PHONE GL 2-5433

CORBETT MOTORS LTD.

NEW  USED

WINNIPEG'S LEADING VOLKSWAGEN DEALER
PHONE 888-2373
MADISON & NESS — NEAR POLO PARK

STANDARD AERO ENGINE LIMITED

No. 6 HANGAR
INTERNATIONAL AIRPORT, WINNIPEG, MAN.
PHONE SPruce 2-0461
Specializing in Overhaul and Supply of Aircraft Engines and Accessories
Contractors to the R.C.A.F.

Have you e
what happens w
goes on surviv
Stewart has a
story to tell. (E



by Sgt. Gle
Thursday: A
camp and were
and don'ts" for
area. We are is
rations each. P
man tent using
and three long
ration and made
over our camp fi
in the evening b
sults; will try
morning. Built
fire inside our
into our sleepin
was the first day
Friday: Built
table by tying tw
trees and layin
them. Also, we
and learned how
trees and find
lunch, had a
densed chicken
delicious. Also
leaves. This a
big fish net ou
maybe a fish fe
we're lucky. I
make snares fo
squirrels and d
I had a small
and two cracker
hot chocolate. T
best meal so f
hard this eveni
small fire in ou
us share the tea
are getting al
Saturday: Ra
night and our
badly. Met my

HE
REAL ESTATE
Ph. 837-5800

M
Call
"The C
Mover
Phone 7
Ask for
Dave T
Sales M
Andy C
Mac Ly
Jim Jef
Represent



Have you ever wondered what happens when the "boss" goes on survival? Sgt. Glen Stewart has an interesting story to tell. (Ed.)



by Sgt. Glen Stewart

Thursday: Arrived at base camp and were given the "do's and don'ts" for this particular area. We are issued with two rations each. Put up a three-man tent using two parachutes and three long poles. No supration and made a cup of coffee over our camp fire. Went fishing in the evening but had poor results; will try again in the morning. Built a small camp fire inside our tent, climbed into our sleeping bags and that was the first day.

Friday: Built ourselves a table by tying two posts between trees and laying poles across them. Also, went into the bush and learned how to chop down trees and find dry wood. For lunch, had a packet of condensed chicken soup — tasted delicious. Also made tea out of leaves. This afternoon put a big fish net out in the lake so maybe a fish feast tomorrow, if we're lucky. Learned how to make snares for rabbits, birds, squirrels and deer. For supper I had a small tin of beef stew and two crackers and made some hot chocolate. This has been my best meal so far. It is raining hard this evening so we have a small fire in our tent. Three of us share the tent and so far we are getting along very well.

Saturday: Rained heavily all night and our tent is sagging badly. Met my first bear this

morning on the way to check the fish net. I came around a corner and there were two bear roughhousing with each other. I stopped and stood still. The mother bear was about fifty feet away and looking at me. She gave a sort of guttural grunt and those two cubs went up trees like lightning. I very slowly backed away and when I figured it was safe, I fled. Also saw a moose swimming in the lake.

Sunday 6 a.m.: Building the fire while my two room-mates check the fish net. Looks like a beautiful day. The sun is well up and there isn't a cloud in the sky. We have a huge pile of dry wood in our tent and are very popular, especially in the mornings. Our boots are quite still from being wet, so we are rubbing in "Dubbin". We have to keep our knife and axe razor sharp. I know mine is, as I have a cut on the thumb from testing my knife's sharpness. Took a five-hour hike into the bush today and learned how to make signal fires and a pine-branch shelter. Learned what edible roots and wild foliage can be eaten. Bear's root tastes a little like coconut, but lemon lichens taste like extra strong mushrooms. Stopped at an Indian ceremonial site and saw their sauna baths and the little houses which are placed over each grave to protect the spirit until it is ready to go to the "Happy Hunting Grounds". Some of the little houses had catholic crosses above them as well, so I guess those Indians figured if they missed their heaven, they might hit the white man's. Caught a three pound pike today, cleaned him, wrapped it in silver paper and put him under the coals of our fire to bake. The darn silver paper was too thin and our lovely fish burned to a crisp.

Monday: Got up at 5 a.m. this

morning and found a lovely four pound pike in our net. We fried it without anything in the pan but a little water and it was delicious. At nine o'clock we were taken thirty miles closer to the mountains and had to walk nearly two miles with full packs. They must weigh at least 100 pounds.

When we reached our camp we had to build two-man lean-tos to sleep in. Also, set out snares for rabbits and as we are right beside a river we are going fishing after supper. It has been a perfect day but I am so tired, bedtime can't come too soon. My ration for supper is four ounces of corned beef, two biscuits and a cup of hot chocolate. Sure could use some more food.

Tuesday: Found some wild onions growing along the river, so we are going to throw them into a can with our bully beef and make a stew. At 11 o'clock this morning a search and rescue aircraft from Edmonton is flying over to see if he can spot our signal fires. If he sees our signal fires, he is going to drop a few edible goodies. Sure hope that pilot has eyes like an eagle.

The air drop was successful. The pilot spotted our heliograph mirrors and fires and dropped a parachute with a bag attached. The bag contained five big potatoes, eight carrots and three onions, also a can of pears and a can of green beans. The nine of us in this camp are going to have a feast for supper.

Wednesday: This morning the instructor inspected our lean-tos, snares, and fish nets. Our nets are now strung in the river but the fish go around them. Guess they don't look attractive enough. This afternoon we hiked back into heavy timber and had to make two different types of fire under wet weather conditions. One of the students cut himself quite badly chopping

down a tree today, but they just patched him up and he is back in camp tonight. Tomorrow we go on further reduced rations. Any hoarded food has to be turned in at eight o'clock tonight.

Thursday: 7:45 a.m. Packed up and moved to another camp. My sunburned shoulders really suffered from the pack straps. Spent all day putting up our one man lean to shelters and laying in firewood. Tonight we are going fishing as our new rations consist of eight jelly candies, 6.6 grams of instant coffee and 6.6 grams of Pream. My stomach is certain that my throat is cut. This course is the finest crash diet program in existence.

Friday: Examined on our knot-tying ability, compass reading and had to build an all-weather signal fire. Picked a cap full of dandelion leaves this afternoon so will soon



light my fire and get them cooking. The mosquitoes and black flies had a feast on my face and neck last night, so I'll keep a smokey fire going this evening.

Saturday: Up at 5:30 a.m. Took down lean-tos and packed ready to trek out to the road. Got to the waiting trucks about eight-thirty and climbed in for the long ride back to Edmonton. Stopped at Hinton for breakfast. Ordered bacon and eggs and fried potatoes but was only able to eat about a quarter of that delicious food. Guess my stomach has shrunk.

Sunday: It's all over.

"... Cruising down the river"

by Ruth Ashnore

And if you got lost following the Voxair map in search of a ferry across the Red River at Ste. Agathe last week-end, you might try leaving the navigating to the crew on one of Winnipeg's paddlewheel riverboats on your next venture.

One dock is out Main Street north, just before you cross the Redwood bridge — behind Carling's. I see the afternoon trips are \$1.50 per person on one boat while children are half fare for all cruises. There is a snack bar and most have liquor licenses. On a warm, calm day — Tuesday to Friday — an afternoon trip with a visiting relative is a must.

The boat gives you a view of beautiful gardens at the

rear of the homes which line the river. There are comfortable chairs inside by the windows for the older folks and everything possible is done to accommodate the handicapped person.

This in itself, to me, is well worth the emphasis. So many places are inaccessible to handicapped or elderly people. The older folks can rest and relax and are allowed to move around freely. A fine wire fence along the railing for the safety of the little ones, eliminates the worry.

There are several other boats, that ply the Red, all offering basically the same good and safe service. I recommend a trip as one way of becoming better acquainted with the Winnipeg area.



Strong and Will fingerprints.



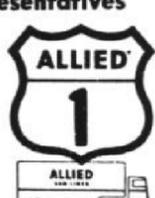
REAL ESTATE
HEARTH-N-HOME LTD.
 REAL ESTATE BROKERS — APPRAISALS ON REQUEST
 TRADES ACCEPTED
 Ph. 837-5801 2653 Portage Ave. 832-6393
 B. L. MEINDL, Mgr.
 (RCAF Retired)
 General Insurance



M... VING ?

Call "The Careful Movers"
 Phone 774-2435

Ask for:
 Dave Taylor,
 Sales Manager or
 Andy Coote,
 Mac Lynch,
 Jim Jefferies,
 Representatives

Agents For
ALLIED
 Van Lines

LESLIE'S
STORAGE LTD.
 A Division of Unicum-Leslie
 Moving and Storage

"PAY"
Pay Increases — Incentive Pay

ARE YOU SAVING ANY OF IT?
 JOIN

ASTRA CREDIT UNION

AND CONSIDER

- ☆ being a member owner.
- ☆ saving for Christmas, holidays, appliances, trailer, TV, children's education, emergencies, etc.
- ☆ if an emergency arises, you have a good place to obtain a loan which would cost you less than anywhere else — loans also for any deserving cause.
- ☆ assigning your pay to your checking account, no charge for cheques you can allot moneys for day to day necessities, repayments of loans for savings.



See Mr. R. J. Bradie your **ASTRA CREDIT UNION MANAGER** for further additional information.



See Mr. W. Chzyk **LOAN MANAGER** for Loans

TELEPHONE
 Loc. 628 or 832-5082
 Recreation Centre
WHYTEWOLD RD.

CLASSIFIED

All ads of a non-commercial nature will be free of charge to CFB Winnipeg personnel under the following conditions:
 Ads will be accepted by mail, or phone 707.
 All ads of a commercial nature will be 15c per agate line (5c per word).
 Minimum charge 50c.
 All ads must be paid in advance.
 Address all ads to:

ADVERTISING MANAGER
 VOXAIR
 Canadian Forces Base,
 Winnipeg, Westwin, Man.

LEGAL SERVICES

**CHAPMAN, CHAPMAN
 & CHAPMAN**

Geo. Thomas Chapman, Q.C.,
 Geo. E. Chapman, B.Sc., LL.B.
 Cecil A. Chapman, LL.B.
 1864 Portage Ave., TU 8-7973

A. H. MACKLING, B.A., LL.B.

Barrister and Solicitor

Phone:

TU 8-1977 — TU 8-1225

1849 Portage Avenue
 WINNIPEG 12, MAN.

MORTON H. NEMY, LL.B.

Barrister, Solicitor
 Notary Public

Stc. 206-2281 Portage Ave.

Silver Heights Shopping Centre

Phone

VE 2-1381 Res. VE 7-2297

BILL WALTON PHOTOS.

WEDDINGS, PORTRAITS.

PHONE 489-3597

Piano Instructions — Special classes for adult beginners.
 Please call 489-4605 after 6 p.m.

GOING PLACES?

You are entitled to the best . . . and the best is what you get when you call **SECURITY STORAGE** — the quality movers that cost no more. Ph. SU 3-7171 and ask for **PADDY FALLON** or **KEN IBBETSON**. You'll be glad you did.

Machine Engraving

Trophies, Plaques, Name Plates,
 Desk Plates, Metals, etc.

3305 Portage Ave. Ph. 888-5791

Rent New Furniture

Can't find a furnished suite? We rent furniture.

7 piece living room, including chesterfield and chair, 3 l.r. tables, 2 lamps.

5 piece kitchen set.

5 piece bedroom, including dresser and mirror, 4 drawer chest, 54" panel bed, box spring and mattress.

\$25.00 per month

Complete household furnishings and TV's. Rent or buy from the right guy

MODERN AGE FURNITURE LTD.

222 McDermot Ave. 942-3279

Open evenings, Mon., Thurs., and Fri.

After The Show

Try a

Cheeseburger

Rec Centre Snack Bar

m-m-m m-m-m Good!!

APPLIANCE REPAIRS
 SMALL APPLIANCES, IRONS, TOASTERS, kettles, etc. Also repairs to Washers and Dryers. Fully licensed. Call Keith Meers, 832-5648.

\$25.00 REWARD FOR INFORMATION leading to sale of any new or used car. Phone Al. Christie at Holiday Chev. Olds. Ltd. Bus. 837-8371, Res. 837-3940.

TRANSFERRED?
PLACE YOUR CONFIDENCE IN A COMPANY that is fully experienced in packing, moving and storage. Call **UNICUME STORAGE** at 775-1776 and ask for **MAC LYNCH** for prompt, courteous service.

TIRED OF RIDICULOUS PRICES in recovering furniture? Try me. Basement shop means lowest prices in town. Day 233-7217 evgs. 253-9365.

HELP WANTED
PENNY RICH BRA — LADIES NEEDED to sell the Fabulous Penny Rich Bra as advertised in Vogue and McCall's. High commission from small investment. For interview phone 837-7173.

STUDIO 22 NEEDS YOU. CARPENTERS, electricians, makeup artists, needlewomen, set designers, and actors. No experience necessary. Reasonable membership fees. Contact Bill Chaster at 339-1120.

FOR THE CYSTIC FIBROSIS SOCIETY, pledges not yet paid. Russ did his part; don't let him down! Send your pledge now to Russ Phillips at Voxair, 16 Hangar.

WANTED
WOULD LIKE A PASSENGER to accompany me to Vancouver. Leaving Winnipeg Aug. 27th. Phone: Chris at 832-5149 between 5:30 p.m. and 7:00 p.m.

CARPOOL WANTED IN THE VICINITY OF Bowman Ave. and Watt St. in East Kildonan. Please contact Miss C. Chelle, c/o 73 Comm Grp, Local 703.

WANTED TO SUBLET
 A PMQ OR APARTMENT FOR 2 WEEKS to 2 months, Contact Capt. Scoles at Local 463.

FOR SALE
 OWNER TRANSFERRED TO U.S.A. 1967 Mustang Convert. Must be sold quickly. Only 9,000 miles. Full warranty still in effect. 4-speed Manual trans., V-8, radio, whitewall 4 ply tires; center console, accent stripe, H.D. Suspension, Elect. Clock, in absolutely perfect cond. \$3,150.00. - Mr. Andrews. 943-8388.

62 PLYMOUTH BELVEDERE, 68,000 MILES, V-8, A.T., White with red trim, good condition, best offer. Call 837-6257.

1961 MERCEDES GAS. — \$500.00. CPL. Roenspiess. Call 681.

1960 FIAT 600. EXCELLENT CONDITION. - \$200.00. European Castel Tent with inner bedroom. Upholstered Hostess Chair. 837-7326.

1959 RAMBLER STATION WAGON. 102,000 miles. Good tires but otherwise poor condition. Drive it away for \$100. CWO Hurl, local 572.

2 WHEEL TENT TRAILER WITH MATTRESSES and Rug on floor — ALJON. Price — \$275.00. 837-7100.

PRIVATELY OWNED 1965 ACADIAN "Invader" — Excellent condition — 6 cyl. — Gear shift — No radio — \$1150. Phone 284-0186 or 284-0196 or loc. 634.

A NUMBER THAT IS SIMPLE FOR FOLK, BOTH YOUNG AND OLD IS

VERNON 2-3456

WHERE THE FINEST DRUGS ARE SOLD

Daily Delivery to Assiniboia, St. James and St. Charles 9 a.m. to 9 p.m.

JACK ANDREWS PHARMACY

DISPENSING CHEMISTS
 3223 Portage

VOXAIR VIXEN



Voxair photo by Hoover

Vixen Toni Marie is proof of the saying — "pretty as a picture".

HUDSON SEAL FUR COAT, SIZE 14-16, very good condition, moving to warmer climate, reasonable. Phone 832-3329.

GIRLS' COAT & OTHER CLOTHING. SIZE 12. All in good condition. Reasonable. Phone 837-5940.

BOAT — MOULDED PLYWOOD HULL — Scott 16 H.P. and trailer. Local 496 or 837-9631.

COMPLETE SET OF UNIFORMS AVAILABLE early September, will sell individually or as a package deal. Size 5'8", weight 150 lbs.

This excellent buy will carry one over until the availability of the new uniforms. Contact Capt. Chisholm at CFB Gimli — 642-5465 or 642-5151, Loc 115.

GARDEN OR PLAYHOUSE 7'x4'x6' HIGH — complete with window and window box. \$25 — 832-6714, Mrs. Tones.

1 — 54" BED COMPLETE LESS MATTRESS. 1 — 54" Slat Spring. Contact 837-7231.

1 DEEP FREEZE 21 SQ. FT., 1 WASHER with wringer. Phone 489-5968.

19,000 OLD DUTCH POINTS FOR KIDS Bids. Call Dena 837-1437.

2 CONTINENTAL BEDS — \$30.00 PH 832-3198.

LARGE COLDSPOT FRIDGE WITH FREEZER in excellent condition — \$75.00. Phone 837-3460 or W. Smith Loc. 547.

FUNK & WAGNALLS ENCYCLOPEDIA — 26 volumes — \$20.00 Tension pole divider book shelf — \$10.00. 837-8977.

FOR RENT

FOUR BEDROOM HOME, KIRKFIELD PARK. Available Sept. 1st. \$150.00 per month. Phone 888-2625.

ONE GIRL'S 20" BICYCLE. ONE SET OF red maple bunkbeds with bookshelf headboard. Phone 832-5674.

1961 VAUXHALL SEDAN, 4 CYL. IN GOOD shape. Will make excellent second car. Contact Sgt. Jeffrey at Local 506 or 837-8201 after 5:00.

BABYSITTING

WILL BABYSIT IN MY HOME. VICINITY — Ness and Whytewold. Phone 837-6286.

WILL BABYSIT WEEKDAYS FOR WORKING Mother. Ph. 832-3449.

WILL BABYSIT FOR WORKING MOTHERS or Shoppers. My home vicinity of M.D.-P.R. Ph. 888-2715.

RIDE AVAILABLE FOR ONE OR TWO passengers: Leave Toronto St. & Sargent Ave. 0728 a.m Mon. thru Friday. Return 1630 hrs. from stn. Whytewold gate. Via Ellice or Sargent depending on passenger coming via Ness & Sharpe - thru Station to Whytewold Road gate. Ph. loc. 417.

Buying or Selling a House???

LET US HELP YOU!

Specializing In Serving The Services

BARRY MORDEN REALTY

888-4871 — 837-7301

DAY OR NIGHT

VILLAGE INN

MOTOR HOTEL

The Inn That Swings

GO-GO GIRLS

Afternoon and Evenings

Friday Afternoon

GO-GO JAMBOREE

Saturday Afternoon

Pig 'N' Whistle Show

Daily Smorgasbord

Continuous Afternoon and Evening Entertainment

at The Inn That Swings

St

New faces at mand Headquarters official first app Winnipeg late las

Carr new

Maj.-Gen. W taken over comm General Carr, Banks, Nfld., M

the RCAF in ter his graduatio

Allison Universi

In 1952 he

(RAF) Sqn in with 684 Photo-

Squadron in th

For outstanding

and Malta he w

Distinguished F

Returning to C

he served on r

operations with

Rockcliffe, Ont.

In the near throughout the ay be appro their base educ member of the tion branch, a cuss various as formance. The sions is to pro for a study job motivation The study is ed by the Can sonnel Applied Toronto in cor Directorate of quirements and Results of t

Air Element been formed is with Headqua The addition to Mobile Co tions complet unique Canac mation of the recent announ of Mobile Con that Groups. I be composed aircraft princ Tactical Air Wing with he 8 with headq wing will co of CF-5 aircr ports, CH 113 coppers and li